Ariane Rasmussen  
Staff Reporter

Homecoming weekend ended with some unexpected turns when nine vehicle break-ins were reported to the Fairfield Police Department on Sunday night/ Monday morning raising questions about safety and security on campus.

According to Director of Public Safety Jack Fernandez, officers on patrol late Sunday night found the 9 vehicles that were broken into parked in the small North shuttle lot and in North lot. “On the main campus, we have not had any reported vehicle break-ins this year, until now,” Fernandez said.

All of the vehicles broken into were locked. Some vehicles had radios and stereo equipment taken while nothing was taken from others.

Jessica Hartley, junior, Westerly, R.I., who was one of the incident’s victims, said she never thought that a break-in would happen to her while on campus.

“I am nervous to keep my car on campus because of what happened, but the security and other public safety issue in that I personally will feel a lot better about,” Hartley said.

Victoria Walter, junior, East Northport, N.Y., said, “I never thought in a million years my car would get broken into. The thought never even crossed my mind especially on campus where there is constant patrolling of public safety.”

Despite the break-ins, Alessandro Lopes, junior, Bridgeport, said he feels that his car is safe. “It can happen anywhere.”

Hartley said that when she got to her car around 1 a.m., she found the passenger window of her car “completely smashed” and her glove compartment box’s belongings scattered on the seat and floor of the car. Her stereo was stolen and a ton of wires left hanging where it used to be, she said.

Walter, on the other hand, did not have her stereo stolen. She said that when she saw her car, her center console had been emptied onto her driver’s seat, glass was all over the passenger seat, the door handle lock had been tampered with so that it no longer unlocked from the outside, and the window frame of the car had gotten bent.

“Originally, they told me my stereo was taken, but upon arriving at the car it was still there,” said Walter.

“As to feeling safe and secure on campus, Hartley said, “I must say I do feel a little less safe on campus at night time now, but public safety has been really good about the whole situation.”

Walter said she felt the police was See DAMAGES on page 2.

The remains of this student's window now sits in the backseat after being shattered.

After a long absence, ATM’s appear on campus

Lauren Confalone  
Staff Reporter

If you have anxious about checking your cash flow, aggravated about accessing your money or just need some “dough” for a hot date or that parking ticket, worry no more.

As of last week, students, faculty and any visitors at SHU can get their hands on some cash without leaving campus.

At the beginning of the semester, the Wachovia Bank Automated Teller Machine (ATM) located in the hub of the Academic Building disappeared. With the removal of the ATM, a lot of the Sacred Heart community was left without an easy way to access their cash and account balances via credit and debit cards.

No meal card or out of cash? Then you will not be eating in FLIK because credit cards are not accepted as a form of payment for food.

Hoping the Sacred Heart University Bookstore can aid you with your cash woes? Too bad, they do not offer a “cash back” option.

Mobile money machine to the rescue!

Courtney Slater, junior, Vernon, N.J. lives off campus but still finds the removal of the ATM a problem for anyone that needs cash, fast.

“As if it wasn’t bad enough when the ATM would run out of money last year, it has definitely been a pain to drive to Main Street [in Bridgeport] to access any ATM,” said Slater. "It doesn’t matter where you go, it would still be easier to get money while on campus for class or activities.”

Monetary “issues” are slowly starting to be resolved. Last Tuesday, Sept. 26, two temporary Bank of America ATM’s were placed on the patio outside of University Commons.

See BANKRUPT on page 2...

The Spectrum/ Elyse Harrell

The remains of this student's window now sits in the backseat after being shattered.

Alumni and students tackle Tailgating

Anne Dunne  
Staff Reporter

Times have changed for the tailgater. Last Saturday, Homecoming party animals found many parking lots “dry” due to the recent crackdown of tailgating festivities by Public Safety.

With new rules and regulations set in place for the 2006 Homecoming/Alumni weekend, numerous students, fans and alumni did not agree with the strict tailgating stipulations.

The old Homecoming haven, more commonly known as North Lot, became an enforced parking zone. The Faculty Lot became the new designated “hot spot” for students and Alumni over the age of 21 to drink and celebrate one of Sacred Heart’s favorite fall weekends.

Public Safety wanted to make sure that the basic rules for a dry campus stayed intact,” said James Daly, senior, President of Student Senate, Hackat, N.J. “After last years craziness in North Lot, it was obvious there would be some restrictions this year.”

Although North Lot was closed down for tailgating with alcohol, parents, family, friends and students were still allowed to have non-alcohol related tailgating activities, like barbecues, in the parking lot before the start of the game.

“If you look at the big schools and even some small schools that have a lot of school spirit, they always have tailgating,” said Albert Garcia, junior, Cresskill, N.J. “It’s like a tradition. Tailgating gets students to come to the games who don’t usually attend and when more people go, the morale of the team is that much higher which brings a different type of success for Homecoming.

“It was a good idea that they separated alumni from the students, safety is always the number one priority. But I think that it was a little ridiculous at how hard they cracked down.”

With tailgating not accessible to attendees under 21, students found alternate ways to celebrate Homecoming.

Fans were able to show their true SHU spirit with face painting, purchasing a Pioneer pride raccoon skin hat and forming cheer groups; trying to prove who actually had the most school spirit.

“The stands were packed [at the football game],” said Kelly Atsick, junior, Seal Beach, Calif. “People were even sitting in the aisles. It was insane.”

Red and white Sacred Heart apparel overpowered the stands of the football stadium. Cheers of excitement and the rum-
Britany Price  
Staff Reporter

The Sacred Heart University Polling Institute wants to hear from you.

The design of the unique polling system is based on reports to provide SHU students and faculty with information on current issues before the November 2006 midterm election.

The report consists of issues such as the war in Iraq, the increasing cost of education, the economy and national security.

"I will be voting because of the war. Everyone is somehow connected to it which will bring out a lot more voters," said Kelly Parks, junior, Stoughton, Mass.  

"I have a friend in Iraq and others have loved ones that they want brought home. I think college students want to have a say in that."

With headquarters in the Oakview Building, Trumbull, SHU's polling system is used to illustrate students are paying attention to and whether candidates are addressing issues that affect them. The system polls current students on everything from politics to professors and issues and activities on campus. Basically, anything that students can respond to.

Out of 551 respondents between the ages of 18 and 30, the Sacred Heart poll found that most students are primarily concerned with politics, namely the war in Iraq. The students concerned with the war plan to vote on Nov. 7.

According to the Sacred Heart website, the survey was conducted by telephone from Sept. 4 to 16. Roughly 84 percent of students surveyed said they are registered to vote and 86 percent plan on voting in this coming election.

"I am not originally from Fairfield."

See NOVEMBER on page 3....

The SHU  
Shakedown  
Campus Police Beat

SHU student punched by older male

According to Bridgeport Police reports, Sarah Hickman, 20, sophomore, of Amberth, Mass. was pushed and punched hard in the chest by Edward Dowden, 45, while at the NHL hockey game at the Harbor Yard Arena Saturday night. Dowden claimed that the argument started because Hickman injured his seven year old nephew while trying to grab a t-shirt thrown out by the arena staff. According to police, Hickman said she never hurt anyone intentionally. He admitted to striking Hickman and to consuming alcohol during the game. Police said Dowden was arrested at the time and was released on a promise to appear in court.

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Looking for a way to shake off the ‘Poll’ar Effect...

Britany Price  
Staff Reporter

...Continued from Page 1

very helpful and arrived only ten minutes after being contacted about the incident. She explained that Public Safety did everything in their power to help alleviate the incident’s stress by having them move their cars to the faculty lot and helping them tape up their windows.

"Public Safety told us to call them anytime we get back after dark and they will be more than happy to give us a ride," Hartley said.

In terms of what is being done to make campus more secure for personal property, Fernandez said, “We have increased patrols in the North lot and changed our patrol procedures to better cover the entire campus and to ease any worries.”

He explained that main campus break-ins do not occur often and most of the ones reported to Public Safety happen on city streets.

Both Hartley and Walter said that more Public Safety officers, more cameras and more lights need to be installed into North lot to help in the prevention of such incidents.

Not leaving important things lying visible in your car and parking in a well-lit area where Public Safety can see it are a few of the precautions that can be taken.

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Broken windows, broken hearts.

As to whether there are any clues to who was responsible for the break-ins and whether or not the chain of incidents were connected, Fernandez said the incident is still under investigation by Public Safety and Fairfield Police.

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...Continued from Page 1

During the time of the ATM absence, the SHUuttle service was the only way that students who did not have vehicles on campus could access an ATM and deal with their personal finances. With frequent trips to the Stop and Shop strip mall, various locations on Main Street and the Westfield Trumbull Mall shopping center, students can have easy access to a variety of banks and ATM’s.

While using the SHUuttle to get to the bank was seen as an inconvenience to some students like Stalter, having an efficient shuttle service on campus is an amenity not many universities offer.

"Taking the SHUuttle freshmen and sophomore year was terrible, especially with the times it ran," said Stalter. "Thank God I have my car now!"

The new ATM’s means a change in banks. Many students switched to Wachovia Bank in the past so they could use the old ATM and prevent costly surcharges, which add up quickly.

It might be time to rethink your math and make another switch, a move to Bank of America if you want to avoid ATM fees.

"Payroll comes out of Bank of America so we figured it makes sense to choose the same bank [for the ATM]," said Michael Moylan, Director of Student Union. "For those without Bank of America, Bank of America will be on campus with incentives for students to switch to avoid costly ATM fees. This will occur sometime in the near future- watch for e-mails and announcements."

Students, like Erika Spadafora, sophomore, Saratoga Springs, N.Y., believe that ATM fees can sometimes get out of control.

"I have Adriodack Trust and the ATM charges for my bank are ridiculous," said Spadafora. "Not having an ATM on campus when I live here is pretty inconvenient."

Students with a Bank of America account or an account with its recent merger, Fleet Bank, and those that have “student advantages,” a new trend that refunds ATM surcharges, are in luck and will not have to pay any fees.

For ATM’s users without those advantages, the standard charge for all ATM withdrawals on campus will be $2.00.

I wouldn’t change [banks],” said Nick Allard, junior, Wakefield, R.I. “Just take out more money at one time and then you won’t have as many surcharges. I have no reason to switch; the only service charge is at the ATM.

"I am a customer at Citizens Bank and they are all over Rhode Island. It’s just easier for me to switch because I make the majority of my money at home during the summer. So I do my banking there."

Although originally expected to arrive in mid-October, the permanent Bank of America ATM arrived on the afternoon of Friday, September 29, almost two weeks ahead of schedule.

The permanent ATM will be installed this weekend and should be ready to use by Monday, October 2. The temporary ATM’s will remain on campus, located on the patio outside of University Commons until the new one is fully operational.

The new Bank of America ATM will be located outside of the ladies’ restroom facilities by the University Art Gallery, in the hallway straight out of PJLK.

Switching banks or need some dough? SHU is “bank”rupt no longer.

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Issues on campus? Exciting events? Persistent problems?

Breaking news in your dorm, club or job?

Anything you want the Spectrum to cover?

If so, please contact News Editor Brittany Raine at raineb@sacredheart.edu
Pioneer pride runs rampant on campus

...CONTINUED FROM PAGE 1

ble from the roar of fans could be heard past the Pitt Center. The music from the marching band and the chants from the cheerleaders reverberated across campus.

"The game was awesome and there weren't even places to sit," said Daly. "It was great to see that many people at the game. Some did stay in the parking lot but many went to the football game."

Even though the tailgating rules changed, students like Francesca Grasso, junior, Northwood, enjoyed the festivities.

"Tailgating is a lot of fun and I think they took one of the best parts of a football game away from us," said Grasso. "The game was great and we came out with a win in the end so it made Homecoming worthwhile."

With tailgating rules in full effect, Public Safety felt that some chaos may break out during the events of the day but everything went a lot smoother than they thought. Some students were asked to leave because of alcohol restrictions, but none of these occurrences caused a disturbance or the use of force.

"Tailgating is always associated with athletic events," Daly said. "Many students were hoping for an atmosphere similar to last years. However, once students understood why the rules were put into place, they changed their minds and didn't care as much."

The Faculty Lot was overflowing with tailgaters. Alumni came to catch up with old classmates, eat, drink and be merry. Past sorority and fraternity members came to the football game to reunite with fellow Greek Life members and meet with the new pledges.

"I was in the Faculty Lot all day and I had a blast," said Thomas Harper, class of 2006, Manchester, N.H. "Homecoming was great. Being limited with alcohol to certain areas made me skeptical at first, but in the end it all turned out fine."

With Pioneer Pride soaring throughout the day, a victorious win for the football team over Wagner and a successful reunion for students and alumni, Homecoming kicked off another exciting year at Sacred Heart.

Alumni and students, who were over 21, were all smiles as they tailgated in the Faculty Lot.

For more about the Pioneer's Homecoming victory over Wagner see the back page of Sports section.

November elections popular at student polls

...CONTINUED FROM PAGE 2

Connecticut so I don’t know enough about the congressional election here," said Sean Hilderbrand, junior, Pawling, N.Y. "I will definitely try to get home to vote though."

Amanda Aelteri, sophomore, North Haven, will not be voting this year. Aelteri will not vote because she is not registered in the Fairfield region and she will not be returning home in time for the elections.

"I don't really know enough about the political issues right now to make an educated decision," said Aelteri.

Approximately 37.9 percent of students involved in the poll were asked to list the issue that would most affect them the world votes. The participants named the war in Iraq as having the biggest impact on voting. The cost of education was close behind followed by gas prices, the state of the economy and health care.

The report showed that almost half of the students, roughly 44.7 percent, thought that the United States should withdraw from Iraq.

"The student's view of the war in Iraq was not different from the idea of using U.S. military force abroad. Almost two-thirds of students said they would not rule out using military force in North Korea or Iran to stop those nations from using and/ or developing nuclear weapons."

"The issue of national security ranks highly to me," said Nick Allard, junior, Wakefield, R.I. "It seems that not enough has been done since the events of 9/11 and it should concern all voters."

The Sacred Heart Polling Institute covers important education issues that affect numerous college students and applicants that directly relates to political candidates in the elections.

On the SHU website it states that 89.7 percent of respondents to the poll believe that a college education is more important today than ever before. 90.8 percent said they were concerned about the affordability of higher education.

"Loans and tuition go up every year," said Kristina Frassanito, junior, Queens N.Y. "That is the one issue that will get more students to vote in this election"

Faculty members, like Dr. Gary Rose, professor and chair of the Department of Government and Politics, Cheshire, find that the polls reveal issues that are important to the younger college generation of America who are the voters and future of politics.

"The polling results suggest a discerning, thoughtful and issue specific generation of young voters," said Rose. "The results suggest that both major parties will have to compete vigorously for the support of young voters as we approach the November election."

"Young voters are very security conscious. At the same time, however, many young voters seem to be disassociating the war in Iraq from our nation's broader and more immediate security concerns."

Whatever it is that promotes students to take action and vote, this election is promised to be a tight race with tough political campaigns right up to Nov. 7.

Looking for a job at SHU? The SHU Polling Institute wants YOU!

Part-time telephone researchers with good communication skills needed a.s.a.p.

Please call Marcus Rabovsky at (203) 374-5059 for more details.
The mysteries of the Middle East come to SHU.

The Middle Eastern program brings a new type of cultural diversity to the Sacred Heart academic program.

"We want to offer students and the SHU community courses of study, speaker forums, roundtable discussions, and cultural events that provide people with solid, thoughtful, informed, non-partisan and unbiased information," said Greely. "These ideas will allow opportunities to break through the 'noise' of the media and see much of that for what it is or is not worth, and thereby make informed and knowledgeable assessments."

The Middle East's history is diverse, splendid, and fundamental in similar ways to western and eastern culture. "Anyone who plans on being a citizen of the global as well as local village is responsible it seems to me, to become aware of the Middle East, in all its variety and complexities."

Dr. Saraha Chadli-Thomas, Fez, Morocco is confident in the new Middle Eastern studies program. "SHU is one of the leading universities proud to offer opportunities to students to communicate with the rest of the world and to be prepared to face challenges of the new era," said Chadli Thomas. "Language is a system of finite arbitrary symbols combined according to the rules of grammar for the purpose of exchanging information. This results in what is called communication." The exchanging of objects, concepts, emotions, ideas, and thought is essential to understanding another culture and will be strongly implemented in the Middle Eastern course.

"Learning languages in this century is a must and introducing the Arabic language to the program is as important as English, French, Spanish or Italian," said Chadli-Thomas.

Mary Danneker, sophomore, City Island, N.Y., thinks that this newly implemented program will benefit the University in various ways especially in expanding Sacred Heart's cultural boundaries.

"The Middle East is truly a fascinating world and culture especially today where it has become an integral part of America and its policies," said Danneker.

"It's wonderful because of the diversity involved in this course. I think in this day-and-age there is much tension between America and this Middle East. Maybe this will open our eyes."

The existence of different cultures and religions is a cause for concern today. "We must understand the history, politics, culture, and language of the Middle East," said Chadli-Thomas. "This course will help us understand the complexity of the Middle East."

Joseph Pezza
Staff Reporter

There is a world of mystery, exotic culture and compelling history and it can be experienced right here at Sacred Heart.

Welcome to SHU's new Middle Eastern studies undergraduate program.

This new program includes six different courses focusing on a variety of Middle Eastern culture and political subjects.

The two collaborators of the program are the Department of Government and Politics chair Gary Rose and Religious Studies chair, Dr. June-Anne Grealis.

The courses consist of a two-year Arabic course, studies of Islam, politics of the Middle East, and at least one course focusing on the history of the Arab world.

A concrete requirement of the program's completion is that every student studies at least one year of Arabic, a central part of the Middle Eastern culture.

"We hope to increase the course offerings," said Greely. "Since the creation of the minor, already two more courses are available, one on the Sufi Mystics of Islam and another on the History of Israel. The cultural development of the Arab world is equally as important as identifying and understanding socio-political issues.

The Middle Eastern program will include in-depth group discussions as well as guest speakers from Sacred Heart and other universities for further enrichment of the courses. There will be a Winter Intercession course on Mysticism in Islam, and next semester there will be a course in Judaism, the History of the State of Israel, and Arabic I.

The program hopes to become more diverse as it grows as a minor. Currently, there are six courses within the program; some are mandatory.

"The minor in Middle Eastern Studies was created by Dr. Gary Rose and myself in Religious Studies last year," said Greely. After talking together over a few months, and reflecting on where the world is and where it is going, we decided that we owed it to the students of Sacred Heart to make available the opportunity to study the religion, politics, history, culture and language of that [Middle Eastern] part of the world.

"The Middle East has always been important, but has really worked its way into American consciousness since, of course, September 11th."

The Freshman elections predict the future of SHU.

Jenna Rignanese
Staff Reporter

Student elections are a tense time of for many. New officers look for a way in, while the incumbents, if returning, look for ways to retain the stranglehold on the position they possess.

Unfortunately, it is a brand new time for everyone as freshman elections took place a week ago.

The candidates take a very strategic approach to campaigning and working the crowd is important.

The starting point, in any election, is the process of making your name out to the public. The new kids on the scene added a fresh yet original spin to their plans.

"For my campaigning, I basically just stayed out of my room and met the people that would be voting in the upcoming elections," said Steve Antonson, East Greenwich, R.I. the newly elected president of the class of 2010.

"I also posted flyers wherever I thought people would be able to see them the best. I basically just tossed myself out there and got to know everyone," said Antonson.

A different campaign strategy worked for Kaitlin Higgins.

"Mine was pretty straightforward. I made two simple, yet memorable flyers and put up copies in high traffic areas, like near the elevators, in bathroom stalls etc."

"I also made it a point to introduce myself to as many freshmen as possible. I wanted to let them know I was running, and explain why I wanted to be our class VP."

The new members are Antonson, Higgins, Danielle Cocks, treasurer, and Kerin Horgan, secretary. Members of the senate include Nick Dioso, Liz Kelly, and Vanessa Potts. These seven show a great enthusiasm for their class and its future.

What makes these individuals stand out? Much like a job, after the campaigning process, these new officers have a lot to do.

They attend Student Government meetings, plan events, fundraise for their class, and bring new ideas to the table. It is a job fit for only those that are responsible, organized, and willing to listen to their peers.

"My sincerity made me stand out from the other candidates," said Higgins. "Student Government is something I truly enjoy doing. I've heard that the most successful people really love their jobs. Student Government is something I take seriously, like a job, I genuinely love to go to everyday."

The newly elected officers have informally met to discuss their hopes for the future of their class. Their mutual goals for the year include community service trips to Habitat for Humanity, class fund raiser, class dances and more!

"My plans as the president of our freshmen class are to raise money, so that as a class, we can organize fun activities and start a fund for our senior year," said Antonson. "Most importantly, I want to raise school spirit among our class. I'm even hoping that we can get 75% to 100% attendance at big school events such as football games.

The officers work very hard to get into Student Government. Once they make it past the campaign and elections, the real responsibilities set in.

One of the most important aspects of the job is to make sure the class is happy. If they aren't happy it is the officers job to come up with new ideas to help change whatever is bothering the students. As an officer, I represent the people.

At the start of freshmen year, the furthest thing from one's mind is what you can do to help fundraise for the school. One's mind is in fifty different directions with books, classes, new friends, football games, homework, late bed times, and the list goes on.

"It was overwhelming at first. We had a ton of activities that we had to go to and so no one knew each other so there were a lot of awkward conversations consisting of 'hi where are you from?' said Amy Salvatore freshman, East Lyme, Conn. "I'm not going to lie, the first few days I did not like it, but once classes started I was so glad that I came here. I love it."

Students who really want to reach out and understand their peers are the kind of people that are on Student Government. The freshmen class members, who are new on the scene at Sacred Heart, are essential because of their young ideas.

The freshmen have not been at the school for very long, and unlike the upperclassmen, they are not seeing anything through rose-colored glasses. They see the school upon first impression.

Sometimes, first impressions are the best way to read a person, and also a good way to figure out a lot about a school.

"College is a new situation for all of us, and I don't want to see anyone 'fall off the bandwagon,'" said freshman Kerin Horgan, Walpole, Mass. "We're a class and we need to make sure everyone feels comfortable here and with each other."

The Sacred Heart Student Government is an extremely important part of the school's community. It enables students to have their voice heard through their peers who they have chosen to represent them.

This year's newly elected are just another addition to the already successful committee of students from the years before.
Habitat for Humanity raises the roof at annual Sleep Out

Carolyn Tavares
Staff Reporter

Home is where the heart is. But what happens when you do not have a place to call your home?

Many people in the local community struggle everyday to find a place to go home to.

The members of Sacred Heart University's Habitat for Humanity Club work hard at raising money and awareness of the housing crisis in the coastal Fairfield county region.

"If you try and get housing yourself, then it can get very expensive," said Phyllis Machledt, director of Service-Learning and Volunteer Programs.

To help with the physical aspect of becoming a homeowner, SHU's Habitat for Humanity schedules various Saturday workdays where volunteers and staff from the University community can work on houses, help in the warehouse with housing supplies or at the Habitat ReStore.

Habitat ReStores are retail outlets where quality used and surplus building materials are sold at bargain prices for those who need affordable yet quality building supplies. Proceeds from ReStores help fund the construction of local Habitat houses within the community.

Every year during Sacred Heart's Spring Break, Habitat for Humanity goes on trips to build with other Habitat chapters from across the country to unique locations, such as Wilmington, N.C. and Tuscaloosa, Ala.

To help with finances, Habitat collects money through many different fundraisers for the Habitat for Humanity of Coastal Fairfield County and to fund numerous trips to help those in need across the country and the world.

There are also activities on campus where students can participate in or donate money towards.

Last Friday, Habitat for Humanity hosted one of its most exciting fundraisers, a "Sleep Out" on FLIK’s patio lawn.

Club members and other volunteers gathered on the lawn to "camp out" from Friday night at 6 p.m. to Saturday morning at 6 a.m.

"It [Habitat Sleep Out] was a lot of fun," said Kaitlin Gerberville, junior, Hillsborough, N.J. "We had things like good soccer balls and a fire pit. Even though we had fun, we were attending the Sleep Out to promote the housing crisis and raise money for Habitat."

Students had the option of sponsoring a club member at the Sleep Out for an hour or for the entire night.

"This was my first year doing the Sleep Out," said Megan Wood, senior, Port Jefferson, N.Y. "I’m not sure I missed it previously years."

Even though it’s called a "Sleep Out", many did not expect to get much shut-eye during the 12 hours.

"How could you sleep?" said Rob Bristol, sophomore, East Rockaway, N.Y.

"We had an awesome time and it was a lot of fun staying up together."

Bristol and Wood are co-construction coordinators for SHU’s Habitat for Humanity.

"The turn-out for the Sleep Out usually depends on the weather," said Machledt. "With the fall temperatures setting in, a good amount of people showed up. We had some people bringing extra blankets to keep warm."

If construction and sleeping outside aren’t intriguing, there are other ways to get involved with Habitat for Humanity here on campus.

In addition to car washes, students can also volunteer to help out at local soup kitchens.

"There are a lot of more ways to help out than just building houses with nails and tools," said Machledt. "Not everyone wants to do construction, it depends on their interests."

But how bad is the housing crisis in Bridgeport? The numbers are alarming.

According to the Bridgeport Child Advocacy Coalition, it is stated that more than one in four Bridgeport renters pay 50 percent or more of their income for housing.

That means Bridgeport families would need to earn over $17.79 per hour to afford this rent, more than double the minimum wage.

The Bridgeport Child Advocacy Coalition also states that as of June 2005, there were 323 families on the Bridgeport Housing Authority’s public housing waiting list, with 72 percent of whom were families with children.

Habitat for Humanity also works with schools, coalitions and community agencies in Habitat neighborhoods to help improve the areas where these families live.

The volunteers from the SHU community are key to the success and dedication of Habitat and it's projects.

Club members, like Bristol and Gerberville, are pleased with volunteers from the incoming freshman class this year.

"At our meetings, I would say that around 40 percent of people who come are freshmen," said Gerberville. "Also, surprisingly enough, there are a lot of juniors and seniors coming back. They said they didn’t have the time in previous years, but now they really want to get involved."

Habitat for Humanity is a rewarding for all, from the builders to the families whose dreams of having a house come true. Habitat volunteers work directly with the future homeowners and form close relationships.

"If we have had Habitat homeowners come to the Sleep Out," said Machledt.

"Now we have a FLIK worker who will be receiving a home from Habitat for Humanity.

It’s moving to see how much a house can mean to someone. A Habitat house is not just a structure but is a start of a new life."
First, smoking was prohibited in bars and restaurants and now there is a possibility that New York City will ban trans fat acids in 26,400 of their restaurants. What is next?

Should N.Y.C. be aloud to interfere with our personal health decisions? So many major food corporations cook their food using grams of trans fat. Popular places such as McDonalds, Dunkin Donuts, Burger King, Kentucky Fried Chicken and other fast food restaurants that students know and love.

This means that there is a chance that McDonalds will not be able to serve their classic fries anymore. Just because they are they are cooked with trans fat, is what seemed to outrage the students interviewed.

When hearing this news, Jake Malkoon, junior, Southwick, Mass. said “It’s a tragedy. When I think of McDonalds, I think of their fries.”

The students seem to feel that their life without these greasy foods would be affected tremendously. However, the question is how bad are these fries for you?

According to the New York Times, the average American’s diet contains 5.8 grams of trans fat each day, and just one five ounce serving of French fries contains 8 grams of trans fat.

“What would McDonalds be without their fries, isn’t that what makes the arches?” said Bryan Gregor, junior, East Hampton, N.Y.

These students are aware that French fries are extremely bad for their health, however this kind of food has become comfort food for college kids today. It’s hard for them to imagine what it would be like not being able to eat this food. Or worse what if the fast food will still be available but will taste immensely different?

“How do you have a cheeseburger with out fries? What will be served with hamburgers now, a baked potato?” said Mike Cimmino, junior, Hampton, MASS.

The question that comes to mind is what is trans fat and what makes it so bad for you that N.Y.C. is proposing to ban it, just like they banned cigarette smoking in restaurants. A large amount of trans fat intake in people’s diets today is increasing the huge risk of heart disease.

The New York Times quoted Lynne D. Richardson, a board of health member, in the Wednesday, Sept. 27, issue.

“Restaurant owners might still see an advantage in the long shelf life of trans fat products. But human life is much more important than shelf life,” Richardson said. I would expect to see fewer people showing up in the emergency room with heart attacks if this policy is enacted.”

A hearing on this issue will take place on October 30. If this law is finalized, it will be decided in December 2006.

Rich McGraw, junior, Coltsneck, N.J. agrees with Richardson. McGraw is upset about the changing of fast food, but there will definitely not be as many over-weight people in the world.”

Without N.Y.C. passing this law, they felt as if restaurants would not take action on this issue. Unfortunately, without the law going into affect, chefs are not going to stop making their food with this heart disease causing fat.

Restaurant owners have much cause for concern in this issue. Not only are they concerned about the taste of their food, but they’re concerned about business. If people are not pleased with the way the food tastes, despite the fact that it might be a danger to their health, people are not going to buy the food.

If this law goes through it leaves restaurant owners and restaurant goers in for a big change. The New York Times quoted health officials on how it would be fair to these businesses; they said, “the restrictions would be phased in. Restaurants would be given until July to eliminate oils, margarines and shortening from the recipes that contain more than a half gram of trans fat per serving.”

SACRED HEART STUDENTS were left feeling very disappointed in this chance of the banning of trans fat. However, they are not alone, this decision affects every single American out there that loves this kind of food, especially fast food.

Mayor Bloomberg said, “The city has as much of a right to ban trans fats from restaurants as it imposes speed limits.”

“We will have to sit tight and wait to see the fate of so many love’s of trans fat is in fact fatal.”

There is not secret, a serious relationship will take work to maintain, and keeping the spark alive is one key factor in retaining a healthy relationship. There are always articles in magazines like Men’s Health and Maxim giving advice on how to keep your relationship fresh and alive. However, much of the time the writers of these columns are only writing to please the readers not actually giving real advice. I am not claiming to have all the answers, but I believe maintaining a relationship and keeping the spark alive, results simply from effort and hard work from both sides of the couple.

At the beginning of a relationship everything is new and exciting. You have hundreds of stories to share and everything is a new page in your life. However, after years have past and the new part of the relationship has ended, many relationships fail due to “losing its spark.”

The only way to maintain a relationship in my opinion is through hard work from both people. You need to make an active effort to spend time together and to do things which both of you enjoy. Each person must make a conscious effort to please the other person adapt to suit each other’s needs. In my opinion the only way to truly maintain a successful, long term relationship is through hard work and dedication from both people involved in the relationship.

Mundane relationships. If your relationship becomes as routine and perfunctory as brushing your teeth in the morning, it may be time to spice things up, just like Emeril would. I’m not talking about going for fiery Cajun dinner, or salsa dancing, but just trying new things. Like that bubble tea that’s supposedly changing lives. There usually comes a point and time when couples realize that their relationship is in a funk and they’re getting bored of each other. Solving this could become as challenging as a 500 piece jigsaw puzzle, but terribly worth it if the relationship is worth salvaging.

If both parties are getting bored and cranky. Red flag. Stop stressing out and start making moves on each other. Try to keep in mind all of the fun things that brought your relationship started in the first place.

Another therapeutic way for couples to feel better about their relationship, is bringing out a date that isn’t even more defunct than they are. Hopefully the two will realize that they’re not in as much trouble as they originally thought, and then appreciate their relationship even more, because they could have ended up with one of those clowns.
Letter to the Editor

Stress article doesn't sit well with all students

Dear Editor,

While looking through this past week's edition of the Spectrum, I was appalled to read the article entitled "How SHU Students Cope With the Stress of Challenging Courses." The article suggests a few ways to alleviate the stress associated with difficult coursework at college in general, but instead the article makes it seem as if difficult courses are something that a college student should not have to deal with as part of his or her academic career.

The first line of the article caused me to read on and to find out what could be more important in a college student’s life than their courses.

The rest of the article was a diatribe against challenging courses, stating that it is difficult to “juggle the workload of a demanding class with the pressure of a reasonable social life.” This statement makes it seem that Sacred Heart students should not have to deal with as part of their social lives than their academic success, an inaccurate portrayal that does nothing but hurt our student body's image.

Lindsay Halle, senior

Hollywood collectibles being auctioned for thousands

DALLAS - The white, cotton T-shirt with the $15,000 price tag has a Hollywood pedigree, having once belonged to actor James Dean during the filming of "Rebel Without a Cause.

That makes it a valuable collectible to some of the quarter million registered customers who could bid on it during online auctions scheduled for Friday and Saturday.

The shirt is one of more than 1,800 items up for sale in the latest pop culture offering from Heritage Auction Galleries. The Dallas-based auction house specializes in the trivia from Fred Astaire's top hat to Dean's undershirt.

Dean is the star attraction at this auction. An Indiana museum featuring all things Dean closed earlier this year, and the auction is part of the effort to put the memorabilia online.

Heritage's director of music and entertainment memorabilia said the Dean items should help the courses and auction match or exceed its last sale, which totaled nearly $1.2 million. "This auction, I think, trumps all the other ones," Doug Norwine said.

The Dean trophies range from the maudine to the macabre. The brown suit he wore in "East of Eden" reveals how slight the actor was -- just 5 feet and 8 inches. It could fetch $18,000. On the morbid side is a belt buckle-sized piece of the silver Porsche Spyder Dean was driving when he collided with a station wagon near rural Cholame, Calif., on Sept. 30, 1955. He died instantly at age 24.

The estimated worth of the car fragment is $5,000.

Norwine said some items are inappropriate to sell, such as pieces from the plane crash that killed baseball player Roberto Clemente.

"You do draw the line," Norwine said. "The big joke is I don't think I could sell Elvis' toe tag. I wouldn't want the plane that Buddy Holly died in.

In April, Heritage auctioned off the Charlie Chaplin was wearing when he died on Feb. 3, 1959, for more than $155,000.

Also on sale: guitars used by Elvis Presley, Eric Clapton and Kurt Cobain; a cane used by Charlie Chaplin; a night stand used by Marilyn Monroe.

Some items have historical value, such as a reel-to-reel recording of a Dylan singing four original songs with a high school buddy. He believed to be the earliest recording of Dylan singing and could fetch a six-figure sale price.

Another featured item is a script of "The Godfather" used by Marlon Brando. His signature is on the inside cover, and his handwritten notations can be seen throughout. Its estimated value is $35,000.

IT Department Updated keeping your computer safe

What are Phishing, Pharming and Social Engineering?

The previous terms are not spelled incorrectly; they are a malicious intent and techniques used to compromise your computer.

Phishing: Have you received an email asking you to log on to your bank, eBay or even PayPal? Internet scammers craft emails to look like they are valid. Instead of sending you a true email address, they send you to their own website. This bogus site will ask you to enter personal information and if you supply it, your sensitive data will be in the hands of the phisher.

How do I protect myself? NEVER click a link received via email. Instead, open your browser and manually type the link.

Did you know? That in the last year over 1.2 million computer users suffered losses caused by phishing, totaling $929 million USD. Businesses lost an estimated $2 billion USD.

Pharming: Is more serious and difficult to detect than phishing, and more difficult for the crook to perform. Basically Pharming gives a crook the ability to control where you go on the Internet even if you manually type the address of a known and trusted site. Crooks do this by compromising servers or personal computers and then by exploiting certain Internet related vulnerabilities.

How do I protect myself? First, make sure you keep your computer free of adware and spyware (those programs that capture sensitive information such as passwords). These are the tools crooks use to compromise your computer and exploit your applications.

Social Engineering (also called phishing): Is when a crook attempts to trick you into providing information that may help them access your computer or your account to a server. Social engineering works because it relies on our tendency to trust another person or organization. Often the crook --pretending to be someone trustworthy-- contacts you (whether they believe to be "unaware") and asks for information regarding a computer system. The helpful "unaware" employee more often than not, provides exactly what the crook needs.

How do you protect yourself? Stay alert to deceptive attacks. Know who's on the other end of the telephone or verify their identity beyond all doubt before discussing sensitive information. Make sure the person you are talking to is authorized to obtain this information before you provide. Look for the caller's refusal to give contact information, rushing, name-dropping, intimidation, small mistakes (misspellings, grammatical errors), and requesting forbidden information (such as PIN numbers). If something doesn't add up and you don't feel comfortable then don't provide any confidential information and contact a supervisor or the IT Department.
Ashton Kutcher

Holly Finneran
Staff Reporter

Sacred Heart’s Pioneer Marching Band has performed at many events around campus, such as home football games and high school expeditions, as well as the Columbus Day and St. Patrick’s Day Parades in New York City.

“Our first uniforms were conservative and were reflective of the University almost a decade ago. We are now in a position where we should be making big bold statements about the University and our achievements,” said Keith Johnston, Director of Bands. “Our new uniforms reflect the University’s growth and vision.”

In recent years, the University has updated its colors to a brighter red and changed to a new font. All these updates were concepts that needed to be included in the new uniform design.

“The University has also expanded its student body and needed more uniforms to compensate. We had 65 uniforms on hand, and projected a band of over 70. That combined with the age of our old design forced us to solicit new designs,” said Johnston.

The new uniforms designed by Fruhauf Uniforms in Wichita, Kansas replaced their 8-year-old ones. The design was simple, fulfilling the previous requirements, and to still have the traditional college marching band uniform look to them.

The debut of the new uniforms took place three weeks ago at the home game against Iona.

“The unique design and crisp colors make the band stylish and look quite professional,” said Amy Chase, senior, Middleboro, Mass. In contrast to the old black uniforms the band members’ uniforms are now bright red with a white cross on the back. The drum majors have the same uniform in white with a red cross on the back, allowing them to stand out in the sea of red.

“This new design is great,” said Johnston, “for years it’s felt like when we go somewhere people look at us and sometimes barely notice we’re there. We’re not blending into the scenery any longer, and we’re making people take notice.”

Moore’s three children quickly adapted to Kutcher being a part of their lives and even refer to him as “MOD” standing for “My Other Dad.” The couple shares beliefs in the religion of Kabbalah and is one of the keys to their blissful relationship.

Kutcher confessed on Oprah “I love being with her [Demi Moore]. She makes me a better person.”

Recently the couple just wed in their Beverly Hills abode. In front of 100 guests of their close family and friends they exchanged their vows.

His film career prior to “The Guardian” included films directed at a much younger, and more easily entertained audience. From “Dude, Where’s My Car” to “Just Married,” Kutcher has been entertaining the 15 to 25 age bracket.

With the new movie, “The Guardian,” he takes a much more serious role in the movie. He plays a troubled rebel who attempts to put his life together by joining the Coast Guard. As a Coast Guard Trainee, working under the wing of Kevin Costner, the older and more experienced Guard Officer.

“I don’t think that many people are going to like dramatic Ashton. He is known for his comedy and sense of humor. I don’t think that his audience will be able to take him seriously,” says Jacqueline Godfrey, junior, Bay Shore, NY.

We might just have to see how convincing Kutcher can be with his seriousness.

The most recent movie before this was “The Butterfly Effect,” a very dark and dramatic role. Kutcher shined as the protagonist of the film, a man with an emotionally unstable psyche, suffering from many delusions. This role was a stepping-stone for him, in moving up in the ranks to films of a much higher stature.

Released on the same day as “The Guardian,” Kutcher also starred in another movie, called “Open Season.” This movie is an animated family comedy about animals of the forest forming an army against hunters. He plays the voice of Elliot, a fast-talking mule deer. A totally new direction for Kutcher, he shows that his career is moving to broaden his audience.

Moving up in his career Kutcher has a lot more in store for his audience in the future with his movies, television, and new life with Demi Moore.

Sacred Heart Pioneers

CELEBRITY A REPORT

Ashton Kutcher

Sarah Hou
Staff Reporter

For the past several years, Ashton Kutcher has been in and out of the headlines, from his alma mater “That 70’s Show,” to his relationship with Demi Moore.

Now his new movie, “The Guardian” was just released this past week along with “Open Season.” The new film, costarring veteran actor Kevin Costner shows Kutcher’s more serious acting potential, as well as highlighting his progression to films of a more mature and broadened audience.

Christopher Ashton Kutcher started off with a modeling career where he was named Ashton. He won a “Fresh Faces of Iowa” competition and won a trip to New York City, getting him out of his small town.

It was the role of Michael Kelso that sent him to stardom. The series “That 70’s Show” debuted in 1998 and had an eight season run with 200 episodes total. Kutcher played a dim-witted, egotistic stud. This was the launching pad for the rest of his career.

“Kelso on ‘That 70’s Show’ is hilarious. I think that it really helped Kutcher jump off in his career. I think it will be interesting to see him venture off in other roles,” says Katherine Kane, junior, Manchester, Conn.

After playing the brainless, good-looking, comedic Kelso on “That 70’s Show,” Kutcher ventured off into his own production.

The clever MTV television series “Punk’d” was the result and fans were on the rise. The show consisted of Kutcher and a few crew members featuring a hidden candid camera.

The term “Punk’d” refers to having a prank played on oneself and the victims were Kutcher’s celebrity friends including Justin Timberlake, Pink, and other well known celebrities.

In 2003, Kutcher met Demi Moore at a casual dinner in New York City. After “That 70’s Show” they started seriously dating and hit the headlines of the tabloids shocking everyone with their 15-year age difference, Moore at 42 and Kutcher at 27.

Moore started a new movie this year. “The Guardian,” included films directed at a much younger, and more easily entertained audience. From “Dude, Where’s My Car” to “Just Married,” Kutcher has been entertaining the 15 to 25 age bracket.

With the new movie, “The Guardian,” he takes a much more serious role in the movie. He plays a troubled rebel who attempts to put his life together by joining the Coast Guard. As a Coast Guard Trainee, working under the wing of Kevin Costner, the older and more experienced Guard Officer.

“I don’t think that many people are going to like dramatic Ashton. He is known for his comedy and sense of humor. I don’t think that his audience will be able to take him seriously,” says Jacqueline Godfrey, junior, Bay Shore, NY.

We might just have to see how convincing Kutcher can be with his seriousness.

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South Park returns for 10th season

Matt Brucato
Staff Reporter

"South Park" makes its triumphant return this week on Comedy Central with the second half of its 10th season, and after 9 years the popular show continues to air.

"I think that the show has been so successful because it is so edgy and controversial, and people love controversy," said Tom Sarro, junior, York Town, N.Y. "South Park," the brainchild of creators Trey Parker and Matt Stone, has managed to survive despite all of the controversy the show has ignited over the years.

Last November one episode, "Trapped in the Closet," unmercifully mocked Tom Cruise, his religion of Scientology, and his sexuality.

It was believed that Cruise had the show pulled from rotation on Comedy Central. Supposedly Paramount Pictures had contacted its parent company Viacom, owner of Comedy Central, and demanded that the episode not be repeated; otherwise, Cruise would refuse to promote the film "Mission: Impossible 3."

Comedy Central refuses to admit that these allegations are true, but has since allowed the episode back on the air.

In what Parker and Stone believed to be a hypocritical move, Isaac Hayes quit his job as the voice of beloved character Chef last year because of the episode. A scientologist himself, Hayes did not agree with the mockery of people's religions.

However, "South Park" has taken on almost every religion in the past 9 years with no protest from Hayes until scientology became the target.

The show has come a long way since the early days of crude construction paper cut out animation. Now the show retains its look but is done entirely through modern computer animation.

This technology puts "South Park" at a distinct advantage because they can produce a 21-minute episode in only six days.

"They often incorporate current events into the show," said Jaclyn Costantino, freshman, Westvil, N.Y.

The crude animation allows the show to satire topical events. An episode of "The Simpsons" can take up to 9 months to produce.

"The show is so popular because it is made by normal guys that will say anything," said Dan Cypress, junior, Princeton, N.J.

In the episode "Best Friends Forever," which aired last March, one of the four boys, Kenny, is in a "persistent vegetative state" because of a coma and his friends and family cannot decide whether or not they should pull the plug. This episode aired only one week after the Terri Schiavo controversy ran rapid through the media.

“They don’t care, and that is what makes great comedy, seeing how far you can go," said Mike Gardner, class of 2005, Ossining, N.Y. "I definitely think they are going to make fun of Mel Gibson, I’m curious to see what they come up with."

"As horrible as it is they will probably make fun of the Crocodile Hunter this season," said Cheryl Huber, freshman, Westvil, N.Y.

"South Park" is Comedy Central’s highest rated show bringing more then 2.6 million viewers an episode.

On top of that, "South Park" seasons 1-8 on DVD have sold millions of copies worldwide and merchandising has not slowed down since 1997.

The show is making more money then ever before and Parker and Stone recently signed a three year contract to produce "South Park" through 2008 on Comedy Central.

"It’s too early to say how long "South Park" will last," said Sarro, "but if they keep being edgy and controversial they can last longer than "The Simpsons."

Blockbuster hits and misses

Laura Scaglione
Staff Reporter

Being a student may feel frustrating at times, and what better way to de-stress than to go see a movie? But the question is now: what movie is worth seeing?

This week’s new blockbusters like "Jackass: Number Two" and "Jet Li’s "Fearless" had to compete with already scoring films like "Gridiron Gang" and "Open Season." "Jackass: Number Two" has been the first movie to open up with well more than twenty million dollars since "Talladega Nights" in August, states the website Movies.com.

Compared to last years results during this week the box office has been slow.

"I pick wisely when I want to go to the movies," because it’s so expensive. You don’t want to go and end up wasting ten dollars on a movie that you weren’t excited to see," said Lisa Moray, junior, Hopwell Junction, N.Y.

This weekend’s top four movies at the box office, starting at number one, were "Jackass: Number Two," "Jet Li’s Fearless," "Gridiron Gang," and rounding out at number four was "Flyboys."

As stated on movies.com, "Jackass: Number Two" has pulled in twenty eight million to be the box office leader.

Don N.Y., the executive Vice president of Paramount pictures said "Jackass" was five or six million dollars better than they had expected.

"Going to see Jackass was funny, but a stupid kind of funny. The movie is a longer version of the show on MTV."

"I wouldn’t bring my lady to see this one, it’s definitely for going out with the boys," said Joseph Lavacca, junior, Staten Island, N.Y.

"Jet Li’s Fearless" grabbed $10.6 million dollars, while not too far behind came "Gridiron Gang" with a $9.5 million turn out. "Gridiron Gang" has been reported to make $27 million dollars in just ten days according to Movies.com.

"Jackass: Number Two" stars Johnny Knoxville, Steve-O and the rest of MTV’s cast of Jackass. The sequel to the first "Jackass" movie is basically a showing of all new wild stunts these guys can pull off and other gross outs to amuse the audience.

"Jet Li’s Fearless" is the latest martial arts movie that has been all over the media, as well as Jet Li’s final martial arts movie ever. The main character, Hau Hranja, played by Jet Li has to overcome personal and physical obstacles to become the most famous Chinese fighter at the turn of the 20th century.
To drink or not to drink?

Mark Weber  
Staff Reporter

A "dry campus" prohibits alcohol at any university-owned property, as well as at any school-sponsored event, be it on- or off-campus.

A conventional counter-argument to a dry campus policy has been: "If alcohol is banned on campus, then students will increase off-campus consumption." Sacred Heart University's Student Handbook states:

"Alcohol use is allowed for students of legal age (over 21) who reside in Parkridge, Taft, Park Royal, and Oakwood and only in apartments in which all the residents are over the legal drinking age of 21."

"All other residence halls and apartments in Parkridge, Taft, and Park Royal are considered 'dry' and no alcohol or alcohol containers are permitted in these areas."

"Open containers of alcohol are not permitted in community areas. Any student in resident hall room where alcohol is present will be considered in violation of policy for not leaving or reporting the situation."

"Public or obvious intoxication is unacceptable behavior at SHU and will result in disciplinary action. Residents are also responsible for their guests regarding this policy."

Looking at this policy gives the impression that SHU is not a "dry" or "wet" campus.

It appears that we fall into the "semi-dry" category. If you are of legal drinking age (over 21) alcohol consumption is permitted.

Certain privileges are then afforded you such as applying for permits with regard to tailgating and the availability of alcohol at some social events.

The question of "wet vs. dry" campuses is a hot issue nationwide.

Through some research this is a topic of discussion on college campuses worldwide as well as county-to-county within various states here in the continental United States.

With regard to "dry vs. wet" counties, five years of federal accident statistics show residents of Arkansas dry counties are no safer from death in a traffic accident involving someone who had been drinking than those in wet counties.

The fear of drunken driving is a rallying cry for opponents to the spread of restaurants licensed to serve alcohol in dry counties, but an analysis of the data shows that easier access to alcohol coincides with a lower risk of death in an alcohol-related crash.

One thing that makes the issue worse is at SHU and universities nationwide is that students do not recognize the consequences of problematic behavior around alcohol.

Dry campuses force students to drink privately and excessively at other locations or promote attempts to acquire and use fake IDs at bars.

This behavior is highly risky and dangerous to everyone, not just those who choose to drink.

If campus police eliminate some of these clandestine actions by students but do not get rid of alcohol related behaviors in total.

"I think that it shouldn't be a dry campus because we're already disregarding those rules so why not terminate them for people who are actually legal to drink. If it continues to stay a dry campus then the rules should be enforced the same for everyone regardless," said Quinlan.

"Sacred Heart is a dry campus. Resident Assistants enforce that policy, but residents do not agree with it," said Kelly Parks, junior, Stoughton, MA.

"Every day there are residents that bring alcohol on to campus- some get caught and some don't. But, I think it is worth being a dry campus because it promotes a healthy living environment and gives structure to the Residence Halls," said Parks.

"The rule is easy there is no alcohol allowed. It is a clear and concise rule, but it isn't necessarily followed," said Parks.

"Sacred heart is not a dry campus. It is only good for advertising because parents think it looks good," said Adam Slater, senior, Willington.

"They do not know what their children do here. I think, why stop something that the students are going to do regardless," said Slater.

"If they are going to [drink], we [Resident Assistants] should just make sure that the students are ok and make them aware of the problems of drinking instead of trying to stop them," said Slater.

Jack de Graffenried: SHU's own renowned artist

Alyssa Ferdinando  
Staff Reporter

On February 1, 1901 a group of nine artists and one businessman founded the Society of Illustrators, an exhibition ground for promoting the most prestigious illustrations.

Today, Sacred Heart's own Jack de Graffenried has found a place among their halls.

"I've shown individual pieces at the society, but this is the first time I have been offered my own show," said de Graffenried.

De Graffenried has been a member of the Society of Illustrators for some time.

He was originally invited into the society by S.O.I.s former president, Steven Stroud.

Some of the previous members of the society would include Frederic Remington, James Montgomery Flagg, (popularly known for his "I Want YOU" for U.S. Army war memorial) and special guests like Mark Twain.

De Graffenried's work is be displayed at the exhibit neighboring pieces by famously renowned artists such as Rockwell.

To know that my art work is right next to theirs, to show a little bit of my own history is an honor," said de Graffenried.

De Graffenried's poster piece for the S.O.I. show is titled "Dawn." It depicts a figure drawing of a bare woman illustrated in black and white.

De Graffenried said that the illustration is meant to show strength flowing into subtle beauty.

"I like what is beautiful and what is flawed about the human element," said de Graffenried.

"I prefer to touch things that are very personal to me, almost semi-autobiographical," said de Graffenried.

There are 14 pieces from de Graffenried's collection being featured at the exhibit at S.O.I.

These works, he said, were composed over a course of about 11 years.

It started in the field as an illustrator back in the 1980's doing everything from Paramount to Burger King," said de Graffenried.

Though a proportion of de Graffenried's background deals with advertising, nowadays he often prefers to work along the lines of composing highly figurative and emotional/psychological pieces.

"I like to draw upon things that are based upon my own personal experiences," said de Graffenried.

"For a number of years I have done work for a number of known clients but I missed out on what it was like to do it for me," said de Graffenried.

"I started to draw and paint on damaged surfaces because you can't control them as much and it led to variations in my work," said De Graffenried.

"I have to weigh what each show is about. I try to look at where it is being held, what is being judged and who is judging it," said De Graffenried.

That was his reply asked what to expect when submitting work to a national jury exhibit.

"I like to make sure there is something behind what I am doing," said de Graffenried.

Jack de Graffenried teaches illustration here at the university in the art department over at the Oakview campus and hopes to encourage his students with the exhibition.

"As an educator, I think that it is very helpful for them to see the work," said de Graffenried.

"It's just wonderful that they want to come. I have a handful former students coming as well. It really means a lot to me," said de Graffenried.

Over the past three years the N.Y. S.O.I. has admitted 13 different student pieces from Sacred Heart University.

"As an instructor I hope they know I want them to do their best," said de Graffenried.

"At the end of the day I want them to feel good about what they are doing," said de Graffenried.

"I feel a lot more satisfied when they accomplish something," said de Graffenried.

De Graffenried's work will be on display at the N.Y. S.O.I. Members Gallery at 128 East 63rd St. until the 15th of October.

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SHU Speakers: Who students want to see

Zachary Giglio
Staff Reporter

Traveling all over Fairfield and its neighboring cities can produce days filled with fun and activities. However, sometimes it is nice to just take a trip to Sacred Heart campus and let them provide the rest.

Over the years, SHU has provided its students as well as the public with events and entertainment from speakers such as Daniel "Rudy" Ruettiger to the thrilling athletics of the And 1 basketball team.

SHU has done especially well with guest speakers. They sold out their tickets in a timely fashion for both Daniel Ruettiger and Tiki Barber last year.

Last year's spring concert featuring The Pussycat Dolls and The Black Eyed Peas sold out immediately with high ticket prices.

The statistics of success speak for themselves.

But what are the responses to the speakers and concerts SHU has had in the past few years?

"I have been pretty impressed," said Daniel Santora, junior, Portchester, N.Y. "I thoroughly enjoyed 'Rudy. He was surprisingly entertaining and motivational at the same."

Santora saw listening to "Rudy" speak as a great opportunity since he is a big fan of both the movie "Rudy" and of Notre Dame, where Ruettiger lead his legendary football career.

If a student does not particularly know the scheduled speaker or concert performer, then SHU will usually do a tremendous job publicizing each event.

Tiki Barber was a huge hit with tickets selling out almost immediately. Sometimes a great event doesn't have to involve someone famous like Barber or Ruettiger.

Last week SHU held "The Sex Signals" which was mandatory for all freshmen but still had the attendance of students from other grades.

"They were young which made it easy for the audience to relate to them," said Erica Vassaturo, junior, Staten Island, N.Y. "I was able to laugh while getting some interesting insight of a relative topic to my age group," said Vassaturo.

People who are not familiar with Broadway may not have immediate interest in scheduled speaker, such as, Anthony Rapp who starred in the original cast of Rent.

SHU should not have much of a problem publicizing an event like this which is already presumed to be an immediate sell-out.

If it is not Anthony Rapp or newman Tim Russert, who is also scheduled to speak at SHU this year, that student are looking forward to seeing then who would strike their fancy?

Many people have spoken at this podium. Who will speak next?

"I would love to see either Hootie and the Blowfish or DMX," said Santora.

When asked about a speaker Santora said: "I'd enjoy going to see a young politician that has a lot to offer the college age group. Anything that would encourage us young people to vote."

"I would just like to see anything with an intellectual purpose. I was not a big fan of the Real World speakers although I can definitely see why any college would have them," said Vassaturo.

"I think SHU needs to experience the country music phenomenon," said Sara Adams, junior, Hamden.

"Tim McGraw as either a speaker or as a performer would be amazing," said Adams.

SHU does the best by trying to arrange for speakers and performers who would appeal to the majority of students.

"I saw Outkast at Madison Square Garden a couple years ago, and they put on a great show. I think they would be a great performance for SHU," said Eric Cruz, Manhattan, N.Y.

"I would definitely love to see The Fray here on campus," said Laura Angyal, junior, Levittown, N.Y.

"The Fray is used on Grey's Anatomy, the television show, and I know there are so many people that watch that show on campus, so a ton of people would come to see them," said Angyal.
The Sacred Heart alumni were treated to a tremendous performance by the football squad's offensive line and in turn, the Pioneers find themselves 1-0 in the NEC, writes Brian Fitzsimmons.

Terrell Owens is at it again. Only this time, he crossed the line, writes Pat Pickens.

The Chicago Bears' surprising play has distracted Mike Barrett from noticing how bad his Dolphins have played.

The Field Hockey team just keeps on rolling, and have established that they are the team to beat, writes Bridget McGowan.

Spectrum Sports

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Chris Morrow
Staff Reporter

There aren't enough words in the Sacred Heart locker room to sum up Alvin Franklin, as a player and person, but the word 'tough' seems to be a common similarity.

Alvin Franklin, senior, New Haven, is a wide receiver better known as AJ. He has stepped up in the first half of the season catching 25 passes for 223 yards and three of Franklin's catches have resulted in touchdowns.

"AJ is the toughest one I know," said running back Jason Payne, junior, Cortlandt Manor, N.Y. "Pound for pound he's one of our best receivers, he's always battling."

"Everyone looks up to him because he's the head receiver in the group," said wide receiver Corey Bundy, junior, Selden, N.Y. "Week in and week out we're going to need him," added Bundy.

Quarterback Tyler Arciaga, Graduate Student, San Diego, Calif., has found a common bond with AJ, connecting with him through the air 25 times.

"[Franklin] sparks our offense," said Arciaga. "He is an absolute gamer. When it comes to game time you can always count on him."

Once again Franklin's determination and drive came up when defensive back J.J. Wilson, senior, Bloomingfield, Conn., described him as a "tough competitor."

"He won't let injuries keep him off the field," said Wilson.

"He probably is going to need surgery after the season," said Head Coach Paul Gorham, speaking of Franklin's chronic shoulder injury.

But that hasn't seemed to slow down AJ on the field.

"In short, [Franklin] took a block to the shoulder and it dropped him, in the next series he's back out there running his routes again," said Gorham.

"He's not big, but he's physical," added Gorham. "He's tough, he sucks it up and he will go inside to make those catches for us," said Gorham.

"He doesn't use his shoulder as an excuse," said receivers coach Arthur Asselta. "There is no doubt it's sore, he's fighting through it. Nothing bothers him, he's a tough kid," added Asselta.

"[Franklin] wants to be out there to do whatever is good for the team," said Asselta. "He makes things happen when the ball is in his hands."

In 2004, AJ caught 11 passes for 152 yards and 4 touchdowns. The following he showed a major improvement in his numbers and got more of a chance to display his abilities. He caught 31 passes resulting in 405 yards with 3 touchdowns on the season.

Franklin came into the preseason focused.

"If I block better then [we] spring for the runs," said Franklin.

AJ added that they were working on the routes and focusing on "making them crispier."

This season Franklin is looking to finish his career at Sacred Heart on the top of his game.

"I just have to keep on playing hard," said Franklin.

Against Iona, Franklin caught a career-high seven passes, with a 35-yard reception resulting in a touchdown.

"If I'm not there physically making catches then I have to be there emotionally," said Franklin.

He doesn't focus too much on the condition of his shoulder simply saying, "it's getting better."

Sacred Heart (2-3, 1-0 NEC) will play Monmouth University on October 7th in hope of a second conference victory.

Injury report: Tyler Arciaga was feeling sick on Thursday afternoon, which peaked on Friday.

"I had a 103+ degree temperature and had flu-like symptoms," said Arciaga.

Coach Gorham sent him home from practice on Friday.

On Saturday against Wagner, Arciaga completed 20 of 29 passes for 186 yards throwing no interceptions and 2 touchdowns, despite not feeling 100 percent.

AJ Franklin (above) waits on the sideline as Sacred Heart captures their first conference win against Wagner on Saturday.
FOOTBALL continued from BACK PAGE...

112 yards and two scores on the game against a defense that only allowed an average of 6.2 points per game entering Saturday.

"The offensive line shows up every week, and they just came through again," said Bundy, junior, Selden, NY.

This offensive line allowed the Pioneers to come back with 10 second half points from being down 17-15 at the half mark courtesy of a Wagner kicker Piotr Czech 54-yard field goal to give them the one point advantage.

Arciaga hit senior Justin Jarry for a 12-yard strike with 10:37 left in the game, which eventually proved to be the game-clincher.

In a game where the Pioneer running corps out sprinted the Seahawks 150 yards to 72 from the ground, both lines proved to click.

"That is ultimately the recipe for success," said Gorham. "When you force people to do what they don't want to do, they end up forcing passes and become predictable."

That predictability is what gave Wilson his head start on picking off Abby to send the Campus Field faithful into a contained area of cheers and electricity.

"Our ground defense was great and hopefully we'll keep moving from here," said Bundy.

Sacred Heart, who improved to 2-3 overall, is 1-0 in the NEC for the first time under the Gorham era and showed no ill effects from last week's heartbreaker in Pittsburgh against the Duquesne Dukes.

"It feels good to start 1-0," said running back Jason Payne, junior, Cortland Manor, NY. "We just kept our heads up."

"We just put it behind us, and we moved on," added Bundy.

The Pioneers can now look ahead to next week's match-up in Southern New Jersey against NEC rival Monmouth on Saturday.

"This win was a relief," said Gorham. "When things don't go your way like they haven't for us in the last few weeks, you get very apprehensive. It's important to start turning negatives into positives and that was a big one right there."

STATISTICAL LEADERS:

PASSING YARDS: Arciaga, 982
RUSHING YARDS: Payne, 407
RECEIVING YARDS: Bundy, 292
TOUCHDOWN PASSES: Arciaga, 9
RUSHING TOUCHDOWNS: Payne, 3
RECEIVING TOUCHDOWNS: Bundy, 5
TACKLES: Corro, 47
SACKS: Corro, 3.5
TEAM OFFENSE PPG: 21.2
TEAM DEFENSE AFG: 22.0

Bears moving on up

Sunday night witnessed a changing of the guard in the NFC. Last year's surprise team the Chicago Bears proved they aren't going away after a 37-6 shellacking of the NFC Champion Seattle Seahawks.

The Bears now stand atop the NFC with a 4-0 record and have all of Chicago thinking one thing: The Bears!

Where are Chris Farley and the SNL Bears gang when you need them?

This change wasn't entirely unexpected. After a surprising year in 2005, many predicted that the Bears would be the prime team to overtake the Seahawks this season. By the way things looked in Sunday's blowout, the Bears have done just that.

Now this Chicago Bears team isn't winning games like last year with scores of 14-3 and 10-0. Now, these Bears have scored a combined 116 points in four games while letting up only 29 points.

The Bears defense is so good it's scary. The team has the best front four in football with monsters like Adewale Ogundeji and Alex Brown on the ends and Tommie Harris and Ian Scott on the inside.

Brian Urlacher, the team leader, anchors the linebacker corps. Maybe you have heard of him? He is last years defensive MVP, and he has gotten even better with age and fully commits himself to being in on every single play and tackle.

Then you have a secondary, which, after being burned by Steve Smith last year, made sure to never let that happen again this season. They added free agent Ricky Manning Jr. as a very serviceable backup at corner and they still have Mike Brown, who is one of the more underrated strong safeties in the league, holding down the secondary.

Then there is the offense. In the past years, Rex Grossman has been cut down by injuries never playing a full season and looking lost at the helm when he did play. Not this year, however. Grossman has come out like a man on fire, staying among the league leaders in all passing categories in this young season. He is stepping up as the leader of offense that has been searching for one since the days of Walter Payton.

On the receiving end for Grossman are Muhsin Muhammad, who is a monster of a target, and tight end Desmond Clark who was one of the most productive tight ends in the entire NFC last year. These are targets any quarterback would love to have running routes on their team.

In the backfield, Cedric Benson has been a pleasant waste of a first round draft pick two years ago but lucky for the Bears, Thomas Jones has proved that he can be one of the better backs in the NFC doing so both this year and last. Jones is on pace to break 1,100 yards this year and 8 touchdowns, but look for those numbers to jump up if teams start focusing more on shutting down Grossman.

The intangibles are also on the Bears side. They play in the NFC north or "Norris Division" which is one of the weaker leagues in the league. The also have some of the most dedicated fans in the

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Men's soccer splits against NEC foes

Field Hockey continued from BACK PAGE...

With 10:40 minutes left, Eye once again scored a goal with the assistance of junior mid-fielder Katie Bohren, junior, Hopewell Junction, N.Y., enabling her team to increase their lead.

Sophomore Jillian Carroll put a goal past Bobcat goaliekeeper Ashley Del Greco, senior, Merrimack, N.H. to put Quinnipiac on the board, but weren't able to catch up to the Pioneer advantage.

To cap the game, Carney once again scored. She was assisted by Erica Bena, freshman, Oakhurst, N.J., and Danielle Vasey, junior, Hopewell Junction, N.Y., sealing the Pioneers victory over the Bobcats.

"Our offense really clicked," said Vasey. "I think that is the reason why we've been winning so much, and were going to be really tough to beat if we keep working hard.

The Pioneers rested up to take on the St. Francis Pa on Sunday at Campus Field and once again Eye shined and the Pioneers had their seventh straight win.

The Red Flash, who are wireless this season with a record of 0-10 and 0-3 in the NEC, came out strongly on the offensive and ended in the first half but were unable to get the ball in the Pioneers net.

Kelsey Zeyher, freshman, Poughkeepsie, N.Y., had the first goal of the game with 11:12 minutes left in the first half. Junior Jenn Howley of North Salem, N.Y. assisted Zeyher and she picked up her fifth assist of the season.

brought the majority of players down in front of the Pioneer goal.

Carlos Moncada took the shot and fired into the box. The ball wasn't grabbed by anyone as it was juggled around for a few seconds. Terrier forward John Baptist Joseph finally took control of the ball and redirected a pass to Mathew Fraser who had positioned himself to the left. Matthew Jones, the Terrier goaliekeeper from Strokes-on-Trent, England, ran out to the ball, but Fraser was able to get past Jones and place the game winner in the right corner.

After the goal was scored by St. Francis, the Pioneers kept the ball on the Terriers side. It was David Backman, the sophomore from Gothenburg, Sweden, who got the Pioneers started with repeated opportunities. In the 70th minute, Backman blasted a shot from outside the box that looked good. The ball bounced off the cross bar and went out of play.

"We were confident going into the game after the performance we had at Connecticut and the win on Friday," said Backman. "Unfortunately we were not playing with our hearts today, and now we have to bounce back and look forward."

They came up dry with many attempts with shots by Jesper Fredriksson, Gothenburg, Sweden, Eric Victor of Bridgeport and Luke Gagliardi of North Branford all seemed to propel the Pioneers that much closer.

Jones made a number of key saves in the second half. At 8:43, Jones kicked the ball but did not go far out of the box and the Terriers attacked it. A shot came directly to Jones who grabbed the ball and cleared it out.

"We were all desperate to get a goal," said Backman.

"But we did not play to our full potential, that's for sure."

With few minutes left in the game, Fredriksson fired a shot that landed directly in the arms of Antonino. The Pioneers could not grab another chance and the Terriers won their first game of the season.

"Today's game was our worst game of the season," Allback said. "Almost everyone didn't reach up to normal standards."

It was a step back for the Pioneers after a great win on Friday. The team took on Long Island University Friday and came away with a win 2-0 and a shutout from Jones. Friday's game seemed to be full of teamwork and passing as well as the mentality to win. The Pioneers dominated the Blackbirds with goals by Tessitore and Svetozar Gladic, a freshman midfielder from Novi Sad, Serbia.

The Pioneers, who are now 1-1 in tournament play, will be on the road for the next four games in hopes of making the playoffs again.

"If it's an away game or not we need to believe we can win," said Backman. "We know we have the potential for it. We made it to the playoffs last year and our goal this year is to do the same."

The Pioneers soccer squad will travel to Hanover, N.H. to take on Dartmouth New Britian to challenge the Central Connecticut Blue Devils, and to Hadmen to face off against the Quinnipiac Bobcats in the next two weeks.

The Pioneers paddled their lead with the help of freshman Whitney Russo, Waterville, Maine, with her first career goal with 5:42 minutes remaining in the first half.

The dominating duo of Carney and Eye expanded the Pioneers lead and the sophomore tallied her 22nd goal of the season, which is tops in the nation.

Sara Yeaton of Hampton, N.H. and Russo would continue to add to the lead, when they both scored within 33 seconds of each other. Following the growing lead, Carney scored another goal off a penalty stroke.

Offensively, the Pioneers dominated the game but the shut out would have not been possible with out the saves of goalkeepers.

Senior Del Greco and Whitney Mills, sophomore, Harrisburg, Pa., who each played one half and made two saves a piece during the game.

The Pioneers have five more games left before the Northeast Conference tournament and with the help of thier high scorer and the recent streak of victories, signs are pointing that the Pioneers are on the right track to enter the tournament.

Sacred Heart has now won seven straight games and has a perfect record of 3-0 in the Northeast Conference. The Pioneers overall record is 10-2 and will hope to continue on their path of victory. They will travel to Lock Haven Pa. next weekend on October 6th.
The “T.O. Show” continues

2005 season, where Philadelphia finished with a 6-10 win/loss record.

Owens was traded to the Cowboys this year where he became the focus of off the field controversy in camp after he injured his hamstring.

If T.O. wants to create a mess around himself, that is his own prerogative. He earns his money, has the unquestioned work ethic, is clearly a gamer, and he proves this on a weekly basis.

But he continuously brings teams down. He has polarized himself from every locker room he has been a part of. The Eagles went from an elite team to finishing in last place one season ago, going back to being an elite team this season without the distraction Owens provides.

Too many receivers think that the ball deserves to be theirs no matter what. T.O. has spearheaded this egotistical movement that Randy Moss, Plaxico Burress, and other star receivers have that they are the show and the spotlight has to be theirs.

Marvin Harrison quietly goes about his business and no one says boo about it. But whenever T.O. does pushups it becomes a national headline.

Football is the most team oriented of the sports, and it seems that the majority of the players can play as a cohesive unit with their teammates, except receivers.

If star receivers want the ball, they should run crispier routes and stop giving up on deep balls. They should mirror Harrison, Santana Moss or Amani Toomer who have been star receivers in their own right, but have done so without saying anything to anyone.

Despite going to the emergency room last Wednesday and still having a broken hand, Owens responded in the game by catching five balls for 88 yards on Sunday.

His game skills are obviously unquestioned.

Now, if only he could learn how to shut his mouth.

Have a question or comment? Email your thoughts to Sports Editor Brian Fitzsimmons at FitzsimmonsB@sacredheart.edu

BARRY continued from page 13...

world on their side and play in the Chicago weather which can be the most brutal in the country.

With all these things going in Chicago’s favor, the Bears look like a threat to take on some of the better teams in the AFC, namely the Colts, Patriots, Bengals, and Ravens. They have the defense to shut down any team and an offense that can put up numbers in a big way. No doubt, the Bears are a team that can bring a championship back to the NFC.

So look out NFL, the Bears are back and as dangerous as ever. Now, if you would excuse me, I’m going to go pray that my Dolphins learn to play football.

Rex Grossman has been impressive so far, racking up 1,061 yards and 8 touchdown passes.

How do you think the Chicago Bears will fare this season? E-mail your thoughts to Mike Barrett at barrettB@sacredheart.edu. He might just give you a piece of his mind. If you’re lucky.

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Offensive line propels Pioneers on Homecoming

Brian Fitzsimmons
Sports Editor

Wagner College quarterback Matt Abbey floated the ball into the end zone targeting Chris Turner, who dissected the Sacred Heart secondary for 170 yards and two touchdowns, and hoped the wide receiver would come up big for the Seahawks one more time.

However, the 2,836 in attendance erupted as Pioneer safety JJ Wilson was there to out-jump Turner and intercept the potential game-tying score to secure a 25-17 victory for Sacred Heart during Homecoming Weekend.

"On that last play, I read the quarterback," said Wilson, senior, Bloomfield. "They were going to [Turner] all day, and he threw it over and I was able to get it."

Wilson and the rest of the Pioneer defense were able to shut out the Seahawks for the entire second half after giving up 17 first half points that were manufactured by Abbey and Turner.

"I talked to [the secondary] during halftime," said head coach Paul Gorham. "I reminded them that they are our last line of defense and we can’t afford to get beat."

Gorham’s speech sure did help.

After shutting out an opponent in the third quarter all season, the Pioneers also received big plays from cornerback Jeff Hodges. With 8:15 left in the game, he picked off Abbey, which engineered a drive that took off seven minutes from the clock. Later when there was just 14.5 seconds remaining, Hodges struck again for a tackle and forced the fourth down for Wagner.

"I told [the secondary] to carry themselves with pride," said Gorham. "They made plays."

Tyler Arciaga, who was efficient in completing 20 of his 29 passes for 186 yards and three touchdowns, acknowledged the defense, but praised the offensive line.

"I didn’t get touched all day," said Arciaga, graduate student, Bonita, Calif. "The line had a standout performance and allowed us to run and pass the ball on offense."

"What I do is just a byproduct of their efforts," added the 6’3’’ quarterback, who felt extremely ill all week.

Wide receivers Turner and Corey Bundy exchanged two touchdowns apiece and consisted of most points scored in the first half. Bundy ended with continued on page 13...

Players of the Game

The Starting Offensive Line

Field Hockey’s formula of teamwork is paying off

Bridget McGowan
Staff Reporter

The Pioneer field hockey team has needed the help of Carisa Eye, sophomore, Nesconset, N.Y.; all year long, and because of that aid, they have dominated in many ways.

On Friday, the Pioneers earned their sixth straight win by defeating the Quinnipiac Bobcats at Campus Field. Both Eye and Colleen Carney, senior, Yorktown Heights, N.Y., scored two goals a piece in a 4-1 victory.

"Both Sacred Heart and Quinnipiac had strong defense during the first half. It wasn’t until 19:12 minutes left when Eye had her first goal of the game, blasting a shot past the Bobcats goalkeeper Jenna Grossman. Neither team scored for the remainder of the half."

The Pioneers increased their lead with 24:56 elapsed time when Carney scored her seventh goal of the season after some quick passes between her and junior Leah Stoehr, junior, Hummelstown, Pa.; and was able to blast the ball into the net.

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