Ground breaking approval

University chapel is given the go-ahead

Carolyn Tavares
Staff Reporter

Sacred Heart's prayers have been answered.

The plans for a freestanding chapel in the quad area of campus have been put into motion with the recent Fairfield town approval, a new symbol of growth for the SHU community.

"I am very excited about this project," said Anthony Cernera, Ph.D, President of Sacred Heart University. "Last week, Fairfield Town Planning and Zoning voted to give us approval to build the chapel. We couldn't break ground until that happened."

Cernera explains that Sacred Heart has taken very careful steps to ensure that the University hires the proper construction company and contractor to execute the building of the chapel correctly. Through a process of interviewing different construction companies, Cernera and SHU's team had shortlisted three companies down their choices to three finalists.

"Very soon I will make a recommendation to the Board of Trustees to pick the contractor," said Cernera. "After the contractor is picked and all the paperwork is finished with the town, then there will be a groundbreaking ceremony. I am reasonably confident that this will happen before the summer is over."

According to Summer 2006 edition of Sacred Heart University magazine, the new chapel will form one of the borders of the new quad along with a substantially renovated and expanded library and a new building to house classrooms and academic offices within the Humanities Department.

"The chapel will have a huge impact on Sacred Heart and the need for a chapel is evident," said Jim Daly, Student Body President, senior, Hazel, N.J. "It will enrich the student body and create a bigger emphasis on the Catholic faith."

Cernera, like Daly, is confident that the new chapel will bring the religious values of Sacred Heart to a new level.

"I think that the chapel will have a tremendously positive effect on the University's Catholic community because it will provide us with a central place for worship," said Cernera. "When you look at any of the great Catholic universities up and down the coast and across the country, like Notre Dame, Georgetown and Boston College, they all have freestanding churches. We are doing what is appropriate for a residential campus."

Cernera acknowledges that the current daily chapel adjacent to Hawley Lounge was more appropriate to the Sacred Heart of the past, when it was a non-residential, See PRAYERS on page 2...

The future site of the chapel to be built soon.

Tune in and turn up Pioneer Sports

Jenna Rignanese
Staff Reporter

Get ready for game time!

Sacred Heart has signed a new agreement with WICC 600 AM in Bridgeport, the #1 AM radio station in southern Connecticut. WICC, in correlation with the Sacred Heart Athletic Department, will broadcast 38 Pioneer games throughout the winter season.

Last year, WICC aired 16 Pioneer men's basketball games, but the new arrangement will consist of men's basketball, along with hosting 14 men's hockey games, and eight women's basketball games.

Gene Gumbs, Sacred Heart's Assistant Athletic Director for Communications, and Associate AD for External Relations Mark Adzgian worked hard to make this agreement with WICC feasible.

"We started [broadcasting] on WICC last season," said Gumbs. "It was very well received and I believe it makes sense to expand that. Many Division I programs have commercial radio deals for their top teams and up until last year, we didn't have that."

Pioneer athletics were on top of their game last season.

Women's basketball had a Cinderella season by making it to the NCAA championship while the men's ice hockey team battled it out on the ice for numerous exciting and important wins. These two sports will be added to the mix of the Pioneer radioact.

"My hope is that the deal will create some new fans for the University athletic programs," said Gumbs. "Hopefully this will cause fans to want to attend games on campus and become even more involved."

See SLAP SHOT on page 2...

Women's basketball is one of the sports broadcast live on WICC.

Find your future at Jobtoberfest

Anne Dunne
Staff Reporter

Get your jobs and internships here!

This semester instead of our traditional Fall Career Fair, Jobtoberfest will be held in the University Commons on Oct. 24-25.

Jobtoberfest is designed to be a low-stress way to search for full-time jobs and internships. Students are able to walk through it when ever it is convenient for them throughout the day to look at the various jobs and internship opportunities.

"This is our first year for this style event, but we would like to see a solid showing of sophomores, Juniors and Seniors as there will be a great amount of internships and full-time jobs available," said Heather Manchand, career placement advisor for Career Development. "We would also encourage freshmen to check out this virtual job fair to preview what is to store for their future job search here.

"This job fair is not your normal fair, students do not have to walk through and physically speak to employers and representatives of each company. Instead, students will select the positions that they are interested in and write the numbers that are assigned to each position down on a piece of paper that is provided. Students will then turn in their resumes and the job numbers that they have chosen to Career Development, where they will electronically send your resumes to the correct employers for review.

"Previous fall fairs had employers physically on-campus at a booth, like we will have again in the spring," said Manchand. "This format is modeled after career fairs used successfully by Major League Baseball for over 20 years. It is designed to be a low-stress, and pain-free way to search for full-time jobs and internships."

Laura Johnson, Junior, Redhook, N.Y., said, "I think it's a great opportunity for us to see what jobs are out there for our major. It is also great to see what we can do out in the real world, and it helps those seniors and juniors get their foot in the door on their careers."

Manchand said it's convenient and it's low stress since there are no employers around and students are not required to be in a suit and to be at the top of their game to impress an employer.

"You can come at any time, in sweats or jeans and still find a great job," Manchand said. "There are a lot of excellent full-time opportunities, as well as, spring and summer internships available. Students looking for employment will have many options here that they won't find anywhere else."

See LOW STRESS on page 3...
News
SHU’s prayers have been answered

CONTINUED FROM PAGE 1

...continued institution.

“All these years since the residential program has developed, students have worshiped either in the Mahogany Room and/or University Commons and those were always temporary solutions,” said Cernera. “In one sense you can see the chapel as a further development of what the full residential Catholic university is all about.”

The new chapel will hold about 500 people and will include an outdoor area with a series of gardens.

The bell tower, a prominent feature of the new chapel, will be visible from most of the campus, capped with a glided cross. An outdoor terrace will be built outside of the chapel to provide another type of venue for worship, concerts, speakers and gatherings.

“I do not see where else the chapel will go,” said Lauren Macchio, senior, Lake Grove, N.Y. “I just hope that the campus doesn’t look cluttered with the chapel right smack in the middle.”

The new chapel will impact all faiths and religions of Sacred Heart.

“I hope the chapel will be another sign and symbol of the core values, the fundamental values, of the University,” said Cernera. “This building will invite everyone on the campus to reflect on his or her own religious beliefs, while the physical aspect of the new building will have symbolic value for people whether they are Catholic or not.”

“We need in every society to be reminded of fundamental religious values. Signs and symbols, like chapels, are some of the things that help remind us of what is most important.”

Students like Daly believe that the new chapel will help represent Sacred Heart’s Catholic identity, which the school was built upon.

“So many students like the fact that we do not force or require people to be Catholic,” said Daly. “Students just need to realize that if we are going to be considered a ‘Catholic school’ that we need a large enough chapel to hold those students who want to worship their religion.

“Some students are complaining about the location of the chapel and that we are losing the quad and such, but when you look down the road at the master plan, the chapel will now be the center of the University and the heart of our campus. It will not take up our whole quad.”

But does Sacred Heart really need a new chapel?

“Absolutely,” said Dr. Cernera. “Catholics pray together. That is who we are as a people. Having an appropriate place for us to come together is what’s really important to us.”

Support of this chapel has been well received.

“At the Mass of the Holy Spirit at the beginning of the year, I invited the attendees to grow as a community of faith,” said Cernera. “I also asked them to pray for the successful construction of the building.

“I want to extend that invitation to everyone in the SHU community to pray for the success of the project.”

A new year brings a new building and the bright future of Sacred Heart.

Slap shots and slam dunks broadcasted on WICC

CONTINUED FROM PAGE 1

Jeff Holtz, with the help of Gumbs, will announce the games. Holtz, the usual voice of the Pioneer athletics, will conduct post-game interviews, highlights and score updates via WICC 600.

WICC has served the Southern Connecticut area since 1926. The radio station broadcasts from Fairfield County to Hartford with up to the minute sports and news.

“Here at WICC, we have a long standing focus on community,” said Curt Hansen, Program Director of WICC 600 AM Radio. “Since we are a local radio station, we should be covering the local games.”

The first game broadcast on WICC was on Friday, October 13, at the men’s ice hockey opener at the University of Massachusetts. The live radio schedule will focus on covering away games, so that students and fans not attending can hear every swish of the basket and slide of the puck.

The games will be followed by interviews with coaches and players. Also, the coaches from both Pioneer hockey and basketball teams will frequently be on the WICC morning shows to give updates and expectations for the season.

Important men’s ice hockey games against teams like Michigan State, Air Force and Dartmouth will be broadcast on WICC.

Women’s basketball games against schools like Boston College, Providence College and Yale will also be live. The men’s basketball broadcasts include crucial games such as the NIT Season Tip-off Tournament against the University of North Carolina on Nov. 14.

WICC’s local coverage of college sports is available for all the loyal spectators, students, alumni, family and friends.

“The connection has been made not only for the college crowd, but most importantly the alumni who are living in and around the local area,” said Hansen.

“It is a beautiful thing that we can spread this live play-by-play action throughout the state.”

The growing connection with college students and WICC will soon be official.

“Now with the Pioneer games added to radio line-up of personalities and a full fledged talented news team during the day, WICC 600 offers a perfect menu of programs suited for all interests and entertainment needs,” said Brian Smith, WICC 600 AM Radio, The Afternoon Show with Brian Smith.

“Radio and media have changed greatly over the past few years, and I think the ability for an AM radio station like WICC to connect with people of all ages, including our college listeners, proves the value of live and responsive local broadcasting.”

The athletes at Sacred Heart practice many hours for games that only occur once or twice per week. The live broadcasts add a sense of fame for the athletes as well as connecting them to a wider range of fans and listeners.

Both the hockey and basketball teams on WICC have the statistics and skills to win conference titles and tournaments.

Women’s basketball guard Kerri Burke, senior, Sangum, Mass. is excited for the increased broadcasting and wider sports coverage of SHU athletics with WICC.

“I think the agreement with WICC is a great thing,” said Burke. “Its gets Sacred Heart’s Athletics out there and lets people get more involved with it.”

“This season Pioneer fans, players, radio personalities and sports enthusiasts change your dial to WICC 600 to tune into to each tip-off and slap shot. The continuous game coverage of your favorite SHU athletics is sure to be exhilarating.

Issues on campus? Exciting events? Persistent problems?

Breaking news in your dorm, club or job?

Anything you want the Spectrum to cover?

If so, please contact News Editor Brittany Raine at raineb@sacredheart.edu
Financial planning to the rescue

Lecture inspires students to make the most out of their money

Courtney Koloff
Staff Reporter

Financial freedom. Fantasy or reality?

College students deal with various concepts concerning money, from spending it on shopping and food to credit card bills and paying off their future.

Does any of this sound familiar to you? Do not panic. Financial planning may be your solution.

"Financial planning is arranging finances to get the most out of life and reach for your personal financial goals," said Frank Spencer, Certified Public Accountant.

Spencer, along with speakers from the FPA Greater Hudson Valley Chapter and FPA Connecticut-Fairfield Chapter spoke with students, faculty and friends on Wednesday, October 4, 2006 during Financial Planning Week on the importance of financial planning.

Financial issues concerning students have recently become a hot button topic in the fluctuating consumer driven college world.

According to the results of a nationwide online survey of college students conducted by the Chicago Tribune Media Services, more than 14 percent of students missed at least one payment on their credit cards. Over 40 percent of students said they skipped meals at least a few times because they ran out of money, while more than four percent did so several times a week and an additional seven percent missed a meal once a week.

"The purpose of this financial planning event is two-fold," said Richard J. Drew, CFP of Hayden Financial. "It gives people who have an interest in financial planning or see it as a possible career interest a chance to speak with financial planners."

Although most college students feel that they have everything under control and do not need to go to the extreme of having someone plan their finances, it can be very beneficial, especially during your college years.

"At any age, a financial planner can help," said Ann Herrero, CFP and President of the FPA Greater Hudson Valley Chapter. "Financial planning can help college students create a budget, put a salary together and even organize a payment plan for graduate school."

Students can prevent the stress of not having enough money to pay their bills on time and fulfill their wants and needs by realizing the various options available to save and control their spending.

Smaller things, like spending $5.00 off campus for food on a daily basis or buying a new outfit every time you go out can add up.

"It's tough when you are in college to save up money," said Paige Croce, sophomore, Wethersfield. "I was lucky enough to work a lot and save up money over the summer and throughout the school year, but some students don't work at all which makes it that much harder for them to do what they need to do concerning their finances."

Living off campus if you are not financially ready to be dependent and pay bills can be a problem. Even buying groceries can become a financial burden if you are not prepared.

"Before I decided to sign a lease and live off campus, I weighed out my monetary situations and figured out my income options for the year to come," said Lea Sofio, New York, N.Y. "I wanted to be able to pay my rent and bills without being stressed out and to be able to have extra money to go out with my friends."

Going out three to four times a week can easily add up to over $100.00 or more depending on your spending habits. Before you think of using that credit card or dishing out your cash next time, it would be wise to think twice about where your money is going.

"I usually go out about three times a week," said Samantha Ianello, junior, N.Y. "I don't spend that much money, but I know that down the road it will catch up to me. Having a financial planner to assist me in making monetary decisions will definitely be helpful in the future."

For some, this managing of money is a bit harder to do than for others.

"Before you spend, develop a plan," said Margaret Heydorn, CFP. "Ask yourself: what are you trying to accomplish? Where do you want to be? Do you see yourself going to grad school? Buying a car?"

"You need to learn to pay yourself because that is what will take you to the next level."

Though finances seem like something far into the future, responsibility with your spending starts now.

Low stress job fair with high expectations

Companies that will be available for students to view at the Joboberfest are General Electric, New York Life Insurance Company, IBM, CIGNA Healthcare, Cox Radio WCTZ-WFOX, St. Vincent's Special Needs Services, United States Marine Corp, and many more. There will be about 55 companies in attendance at this fair. 

"With a handful of companies all in one place, it is the perfect way for students to get a head start with the job search and finally get their name out there to companies," said Johnson.

Joe Romano, junior, Brooklyn, N.Y. said that it is important for students to attend the Joboberfest.

"It is important for you to have experience when applying for a job and this is a quick and easy way to get that done without the hassle of speaking to employers right away," he said. "This is a perfect opportunity for students to get their foot in the door and show companies what you can offer them."

Juniors, seniors and any sophomores planning on attending this event have some requirements that must be fulfilled beforehand. All students attending must have a SHU e-recruiting account set up and a resume that has been physically approved by the Career Development. This resume must be approved by Friday, Oct. 20, before the week of the Joboberfest begins. Once your resume has been approved you must upload it onto your account on SHU e-recruiting.

Don't have an account yet? Don't worry, it is very easy to get one, just log onto shu.recruiting.com and follow the steps that are given to you. It's fast and easy and will be very helpful in the end.

Joining this doesn't only approve you for the job fair, but this site will keep you updated through e-mail on any good job openings or internships that are compatible with you and your field.

"I received an account with e-recruiting and it has been helping me ever since," said Johnson. "It keeps me updated with events and such for my field. Career Development is also a huge help when it comes to your resume [and] making sure that it is presentable for a company to view."

Joboberfest will take off at the beginning of next week so get those resumes ready to find the perfect job or internship.
Global warming storms campus

Britany Price
Staff Reporter

From hurricanes to blizzards, tornadoes and blistering heat, extreme weather patterns are storming the globe.

On Wednesday, Oct. 4, Bob Reiss, author of the book "The Coming Storm," published in 2004, came to speak at the Edgerton Center for Performing Arts about the possibility of extreme weather resulting from global warming.

Reiss shared his personal experiences and expertise with students followed by a book signing, presented by the Center for Catholic Thought, Ethics, and Culture and The Hershlester Institute for Applied Ethics.

Reiss, a former Chicago Tribune reporter, and a writer for "GQ," "Rolling Stone" and the Washington Post explained that some people refer to global warming as a climate change, because in doing so, it makes the change seem as if it is in the future and not now.

"Issues of national sovereignty are at stake," said Reiss. "All over the world unprecedented weather is affecting us and we do not have enough time to react. If you believe in global warming then you believe that oil, gas, and coal cause it."

Reiss also discussed during his lecture that for the last 20 years, oil companies have accused scientists of changing the evidence concerning global warming. BP Global, a widely renowned oil company, announced that they thought global warming was "real," which caused controversy.

"This break in the 'armor' was important because if an oil company thinks this is huge then ordinary people start to get worried," said Reiss. "The oil company changed its mind because it finally looked at the science [of global warming] objectively."

Currently, the United States is debating about the vast contributions to greenhouse gases that are warming the Earth and making weather patterns more dangerous and threatening.

"It's a political problem as much as it is a scientific problem," said Reiss. "If we don't act now we will pay later, and some of us are already paying. What happened in New Orleans is inexcusable because it was predicted."

What can students do to help slow the effects of global warming? Reiss recommends contacting congressmen and senators because if enough people do it, it accomplishes something and calls attention to the urgency of global warming and its disastrous results.

Allison Teichman, junior, North Andover, Mass. attended the lecture for her nutrition and exercise testing class and ended up learning about how she can help.

"Everyone can do their part to help slow the effects of global warming," said Teichman. "This is not just a scare, it is real and little things like shutting off your computer or lights can make a big difference in the long run. You don't necessarily have to buy a hybrid car or anything that extreme."

Reiss discussed that by living a more frugal life we can all make a differ-

ence. "If you turn off your lights, if you don't drive your car, if you take only one trip to 7/11 instead of two, it all makes a difference," said Reiss.

Reiss explained that he believes we all have an effect on the people around us, and as individuals the way you help an idea expand affects the people around you.

"I hope I affect the people around me when I recycle or don't take a drive," said Reiss, said that he believes global warming could cause future problems.

"Anytime there is scarcity for any sort of resource, the likely hood that people are going to fight increases," said Ventimiglia.

"As natural resources become more obso-

lete, violence over these resources will de-

finitely multiply.

"According to Reiss, by the year 2020 there are a few theories as to what may happen concerning Earth and extreme weather and global warming.

There is more then one way you can conserve the planet. Every little bit helps.

The worst-case scenario Reiss discusses is that the ocean will rise approximately three feet. Mid-case scenario it will rise one foot, and low-case scenario, a few inches.

Reiss explained that the predictions are becoming more serious and they don't take everything into account.

"Tobacco companies didn't get sued because tobacco caused cancer they got sued because tobacco caused cancer and they knew about it," said Reiss.

His example of the tobacco industry correlates with the government's knowledge of how devastating the issue of global warming has become and the con-

sequences of not taking action now.

"Nothing goes on at the federal level because this particular White House administration does not believe it [global warming] is real," said Reiss.

Reiss suggested that the government implement a national program with new clean leadership programs, tax breaks for solar and wind power options, change the mileage rules on big cars and SUV's, cleaner fuels, clean up the coal plants and building codes that prevent heat loss.

Some government officials are taking action. U.S. Senators John McCain of Ariz. and Joseph Lieberman of Conn. have developed a Climate Control Act.

The Climate Control Act seeks out the resources to do something about global warming. According to Reiss, this Act has been dismissed every time someone has tried to implement it.

Reiss thinks as of right now there is no chance for the Climate Control Act.

"This Act's prospects are to quantify the amount of carbon dioxide we have put in the atmosphere," said Reiss. "McCain and Lieberman have been good on global warming but any act has been brought to a committee that has sought to figure out how much carbon dioxide has been put into the atmosphere has been shot down."

"Is any of the damage that we have done irreversible?"

Certain species that have gone extinct is one thing that is irreversible.

"The big problem is that we don't know the point we reach until things begin to become irreversible," said Reiss. "The situation is becoming worse; the atmosphere is changing more rapidly that originally predicted. There is a term called 'feedback' which refers to a fear that as things get worse they will trigger something that will make things even more terrible."

Reiss explained that one feedback relates to the melting of the tundra at the North Pole, where enormous quantities of methane are trapped in the frozen ground.

"The fear is that as the ice caps melt there could be large scale flooding," said Reiss.

"No, we haven't reached a point of no return, but scientists have begun talking about it."

Reiss' lecture helped students understand how global warming affects them on a long-term scale. He clarified the penalties if we may face if government officials and the human race do not take action.

"What I appreciated most about the lecture was the speakers practicality," said Ventimiglia. "His ability to put the consequences of global warming in practical terms so people can understand in what concrete ways global warming might affect them."

Scientists and experts like Reiss have done their part to inform people and now it is up to us as to bring about change. The fate of the world now lies on our shoulders. People who are born today and have grown up from man-made weather will not be done in the blink of an eye, but experts like Reiss are making strides in the betterment of our universe.
All eyes on alumni filmmaker: Justin Liberman

Lauren Confailone  
Staff Reporter

The phrase, "don't ever give up on your dreams" never rang more true than in the story of recently successful alumni filmmaker Justin Liberman.

Sacred Heart University welcomed Liberman as he gracced the campus with an Answer and Question session on Oct. 5. Liberman, a South Windsor native, is working on becoming quite the hometown success.

"I left SHU with the idea I'd 'take Hollywood by storm...I got my [exploitative] kicked," said Liberman. "I can remember thinking to myself, 'I don't know what the hell I'm doing!""

A short time after Liberman moved to Los Angeles, he had the incredible opportuniy to study under acclaimed filmmaker Michael Mann for two years, working on the film "Collateral."

He attributed learning the fundamentals of the romantic side, the responsibility to the viewer and the practical production of film to Media Studies professors by referring to those present for the event; like Sidney Gottlieb, James Castonguay, and Gregory Golda.

Liberman said that his "education" came from Michael Mann.

"Filmmaking is about happy accidents and striking up a good rapport with someone," said Liberman. "And life experience is what puts the school education into production."

When remembering Liberman as a student, Gottlieb said, "He tricked me as someone who was always taking things in during classes: not sitting back and letting the classes pass by, but reacting and responding and gathering."

"He did a lot to make his classes meaningful to him, something I wish more students did."

Liberman made his directorial debut at the 2005 Tribeca Film Festival, with his film "Y Nada Mas." Students and faculty had the opportunity to view the film, which was screened on the night of the Q&A. The film was awarded Best Cinematography at the 2006 Malibu Film Festival and has been featured at eight other international film festivals.

Filmed at the famous Venice Beach, Calif., handball courts, the film features four vignettes that capture the essence of Latino culture in the Venice Beach region.

Liberman, in fact, lived in the region. "I was naturally drawn [to Venice]," he said.

Many native friends of Liberman, who saw the film, were incredibly impressed with his "homeboy status" and his ability to present their culture with such authenticity.

Liberman said he attributes his cultural awareness to his "unorthodox" parents: As a child his father brought him into the depths of Harlem, N.Y. on business trips. Through observing the culture, reading books, and watching films such as "La Bamba" and "Crazy Beautiful," and of course living in Venice, he developed a deep appreciation for the Latino culture and a broader understanding and acceptance of various others as well.

You either embrace [the culture], or move," said Liberman.

The 30th Anniversary of the Montreal World Film Festival hosted the Canadian premiere of Liberman's second film, "Pretty Dead Flowers." Shot in Montreal, the debut drew two sold-out screenings.

The film was, however, supposed to be based in Paris and any filmmaker's task is to make the viewer believe they are in fact where the movie is set, he said.

"The musical element really led you to believe you were in Paris," said Danielle Thibault, junior, North Haven.

In the film, Samantha Kovacks is an aging supermodel. Immersed in popularity and fame she must come to answer the answer the timeless question, "What does

writer. I don't have the discipline."

Liberman's attitude was very refreshing and nothing seemed below him despite his success.

"It was very encouraging to have someone like Justin come back to our school with not only a success story but one that is far removed from the corporate and material terms that usually frame such stories," said Gottlieb.

Providing the audience of about 25 with key elements to filmmaking, Liberman also gave attending perspective filmmakers a look into the reality of the business. The insanity of getting rights and licenses to film; a cost of $8,000 to close those handball courts for five days while filming "Y Nada Mas"; plus an additional $3,000 in various fees.

"It is very difficult for short films to make money back," he said.

Liberman also had encouraging words..."Be yourself," and "Don't get discouraged," and "Utilize what you have here [at Sacred Heart University], Don't be limited to the dorms, get out there and take the time to tell the story you want to tell," he said.

"Overall, it is so encouraging to know he's coming from Sacred Heart," said Thibault.

Proving once again that Sacred Heart University continues to produce excellence, Justin Liberman is one in many graduates that is out there pursuing his dreams and making an impact in his field of interest.

"I feel very confident that Justin will continue to have this kind of success and go on to make very interesting and ambitious films," said Gottlieb. "Sacred Heart deserves to be known for a variety of things and people like Justin will add to our reputation as a school of the arts, a part of our reputation (and responsibility) that I think we at SHU should take very seriously.
Perspectives

SHU students prepare for November elections

Rachel Maresca
Staff Reporter

Vote or Die?
This was the slogan used by the popular singer "Sean P. Diddy Combs" promoting young adults to vote in the presidential election in 2004. Will the election on November 7, 2006, show that much interest even though a president is not running?

"It is definitely difficult to mobilize volunteers during an election year when the office of President is not at stake. And so, motivation and education become very important to the success of a campaign," said Jeff Barrett, senior, president of College Republicans, Wilcox.

The students here at Sacred Heart that belong to the College Republicans are getting involved in many campaign events, they have not been taking this years election lightly.

"The months leading up to Election Day are very exciting. Whether we're going door-to-door with candidates, making phone calls, or writing signs on street corners, there is certainly a great deal of excitement," said Barrett.

The local campaigns that these students are getting involved with include Congressman Christopher Shays, State Senator Bill Finch, Challenger Ned Lamont, Challenger Dan Farrell, Challenger Rob Russo, Governor Jodi Rell, Senator Joseph Lieberman and most importantly these students are volunteering for a Government and Politics Professor here at SHU, Chris DeSanctis, who is running for State Representative in Fairfield.

"I commend Sacred Heart University students for their commitment tocitizenship. From my perspective their level of involvement in the 2006 election cycle, on both congressional and state races, has been impressive, especially since this is a non-presidential election year," said Chris DeSanctis, Professor of Government and Politics, Fairfield.

Many Students have come together to help Professor DeSanctis with his campaign. They have reached out and lent a hand in helping his chances in winning State Representative.

"Since I announced my candidacy for State Representative last March many of my former students have volunteered on my campaign. Their roles varied from assisting with constituent communications, visiting the homes of voters, and helping with events," said DeSanctis.

The Students involved in College Republicans and Democrats are doing a lot to back their candidates in this year's midterm election. They do feel that a midterm election doesn't have as many supporters but its not affecting their determination and support of their candidates.

Caroline Saxe, senior, President of College Democrats, Westport said, "Students in the college Democrats are definitely excited and involved in the local districts congressional races because so much is at stake. For the first time in a long time there is a chance the democrats might take back a portion of the US congress which is huge, and we feel we are helping that to happen."

The state of Connecticut district was rated by the New York Times as one of the top six most important races in the nation. There are lots of people watching Connecticut right now and the students in College Democrats are working very hard on campaigning.

Saxe said, "In a bipartisan effort the students have been registering kids to vote in their dorms and that has been hugely successful. Over 100 students are now registered to vote because of College Democrats."

The College Democrats are providing transportation to the voting polls on November 7, 2006. They are making it very easy for SHU students to show they care and go out and vote this year.

Both presidents of College Republicans and Democrats are working very hard along with the students in their groups to show the student body here at SHU that their vote makes a difference and it doesn't matter that this year is not a Presidential election. Each individual student's vote still counts.

There are many issues that influence students each day but what they may not realize is that voting could resolve some of these problems.

"Voters need to be motivated and voters need to be informed about the issues that affect them everyday, the small problems that require common sense solutions to fix. Issues such as transportation, healthcare, quality of life, and energy costs," said Barrett.

Mid-term elections may not arise as much enthusiasm out of the students but the College Republicans and Democrats, along with all the students that have been putting lots of effort into campaigning are showing that their certainly is something to get ensnared about this November.

What are SHU Students doing to celebrate the end of midterms?

"Going home and sleeping for the night."  
Justin Schiavone ~ Junior  
Long Island, N.Y.

"Nothing."  
David Brede ~ Junior  
Carmel

"Going to play lots and lots of mario kart."  
Bridget Stekis  
Wading River, N.Y.

"Catching up on all of the TV I missed"  
Kim Doberg  
Stratfield
Genocide in Darfur is not getting any better
Zachary Giglio
Staff Reporter

With 300,000 dead and 2.5 million civilians from their homes, the genocidal occurrence not only created enough attention for the United Nations to take action. Darfur is located in the western part of Sudan in Africa. The ongoing conflict is between two tribes. One is called the Janjaweed and the other is the non-Bagarras people. While the government says it does not exist, it has supplied weapons and even assistance to the Janjaweed’s cause.

Once the tensions and attacks increased in August 2006, the UN passed a resolution to send 20,000 peacekeeping troops to supplement the African Union’s 7,000 troops that were already stationed in Darfur. Looking at the resolution, the UN troops sent to Rwanda in 1994 during their conflict with genocide, it seems that this will do little to deter the violence.

With the amount of deaths and people left homeless, people are beginning to question the morals of countries such as the United States and Great Britain that are not making any effort in resolving this conflict peacefully.

“The UN can’t ignore something like this. Sooner or later they are going to have to pay more attention to this,” said Matt Libasi, Junior, Sachem, N.Y.

“I found out about the situation in Darfur from a thing like Facebook and MySpace. Maybe if more people it knew about the conflict there would be more initiative taken,” said Libasi.

There is the common fear that the conflict in Darfur will accelerate to the point that Rwanda where in three months approximately 1 million people died from either gunfire or slaughterings from machetes.

A resolution by the UN has made their recognition of the issue official with their resolution, the problem lies with a realistic attempt to make this violence cease.

“In order to make this thing go away they need to start helping themselves,” said Tom Sarro, junior, Yorktown, N.Y.

“We should help as well by maybe giving what we have to them. Even though we should have learned our lesson from Rwanda, our troops are too stretched out to send them to another place that doesn’t involve our direct interest,” said Sarro.

Even with such little ability to make an immediate impact, students are still trying to help in any way they can. Sacred Heart publicized a concert event that was held in New York City to raise money for the cause.

“I would have loved to attend the concert but it was tough since it was in the city,” said Bridget Steckis, junior, Wading River, N.Y. I would definitely go to something on campus or donate money,” said Steckis.

“I think people would give money even if they didn’t know all the details,” said Steckis.

Should you date your friends ex, probably not, as there is a good chance it will lead to jealousy and it could ruin your friendship.

Nevertheless, there maybe a few circumstances where it is acceptable to date one of your friend’s ex boyfriends or girlfriend. However, I urge you to remember that even though there maybe one or two situations where it is appropriate to date your friend’s ex, I am totally against it, as I believe it will only harm your friendship. When in doubt, find someone other than your friend’s ex to date.

One acceptable situation would occur if the two only dated for a very short amount of time. For example, if the two dated for less than a month and the break was mutual with no hard feelings. This may be one circumstance where you could think about dating your friend’s ex.

Secondly, if you don’t really want to keep that person as a friend, then it may be alright to date his or her ex. If the friend is more of a say hi when you pass them in the corridor rather than close friendship it may be ok to date their ex. If you value the ability to date that person more than the friendship you have it may be acceptable to date the ex as you will most likely lose that person as a friend in the process.

Lastly, it could be alright to date the ex, if your friend is absolutely over her or him and their breakup was by your friend. However, be weary of the fact that the ex might only be dating you to get back at your friend. Furthermore, remember that if that boy/ girl wasn’t good enough for your friend then you really want to be with him or her.

There are obviously a few situations where no matter what your friend says it is not acceptable to date their ex. For example, if the person is one of your close friends (let’s face it we all have 5 - 6 friends who know the problems to you then all others). It is not worth ruining a great friendship just to see if you and an ex could work out. Besides, if that friend is that close they are most likely like a brother/ sister to you and you should want no part of their ex. To conclude, simply, it is not a good idea to date your friend’s ex as it will more then likely lead to fighting, jealousy and it could ruin your friendship.

It’s been months since your friend and her ex have broken up. She’s done crying over him and she’s even taken an interest in someone else. Her ex on the other hand, still talks to you and you’re friendly with him, because you know each other pretty well, and during their relationship, everyone hung out all together. You know he’s not a bad boy and it’s not like he was a complete ass to your friend, it was just their time was up.

This thing leads to another, and it is very possible that you could be interested in him. Most would hesitate at the thought of this, but, would and should you consider dating each other?

While some may disagree, I think the answer to this question is, absolutely not. No matter how much your friend may say they’re over their ex, there is always going to be some attachment, especially if this was a serious relationship that they were involved in. Maybe I think this way because I’m a girl, and we’re much more sentimental than dudes, most of the time at least.

I think about if it was the other way around. Would you like it if your friend was flirting with your ex? Especially after all you went through during the break up, and after the break up. She knows all about the tears you shed, how crappy you felt, and how many drinks you needed to forget about him.

I think real friendships are worth more than a relationship that will only last a meager amount of time anyway. I would like to believe that all of the memories and years you and your friend have been close would mean more than just throwing it all away for a boy. And who knows, you may be in love with more than just this friend. Other friends of yours may find what you’re doing irrational and take sides.

It all just sounds like a bigger mess than what it’s worth. Maybe I’m being a pessimist and ignoring the fact that what you and your friend’s ex could have is something that would actually work and last a while. But, come on. That rarely happens, especially if you’re feeling guilty about the relationship in the first place.

There are a lot of risks with a situation like this, and unless you’re really willing for friendship nightmares and a lot of drama, it would be one I would avoid.

Letter to the Editor
X-Men Rugby Team Supports Blood Drive

Teams often say they are “out for blood” when meeting a competitor, but I am glad to say this was literally the case recently when the Men’s Rugby team sponsored a blood drive in the Pit Center.

Darfur cont...

A concern expressed by students is how America has the capability of helping another country before fixing some of its own problems.

“It’s sad to say, but we need to focus our attention on the issues that are directly affecting us before we outsource more of our troops or even focus,” said Kristine Stisco, junior, Wood Ridge, N.J.

While the conflict in Darfur has been going on for three years without much notice, it seems that students are now going from talking about to taking action.

IT Department Update
Phising, Pharming and Social Engineering

Phising: Have you ever received an email claiming to be from your bank, Ebay or even PayPal? Internet scammers craft emails to look like they are valid. Instead of sending you to a trusted resource, via a link in the message, they send you to their own website. This bogs site will ask you to enter personal information and if you supply it, your sensitive data will be in the hands of crooks.

How do I protect myself? NEVER click a link received via email. Instead, open your browser and manually type the link.

Pharming: gives a crook the ability to control where you go on the Internet even if you manually type the address of a known and trusted site. Crooks do this by compromising serv- ers or personal computers and then by exploiting certain Internet related utili- ties.

How do I protect myself? Make sure you keep your computer free of adware and spyware. These are the tools crooks use to compromise your computer and exploit your system.

When a site asks for personal infor-mation (even a trusted and frequented site), make sure the browser is secure. Check the address bar to see HTTPS:// instead of HTTP://. If you do not see HTTPS://, do NOT provide personal information. If you do see the HTTPS://, then look in the lower right hand corner of your browser for a gold padlock.

Double click this padlock to verify that the SSL Certificate is valid.

Social Engineering: Crooks attempt to trick you into providing information that may help them access your computer or your account to a server. Social engineering works because it relies on our tendency to trust a person or organization. Often the crook—pretend-ing to be someone trustworthy—contacts an employee (someone they believe to be unavailable) and asks for information regarding a computer system. The helpful un-aware employee usually provides exactly what the crook needs.

How do I protect myself? Know who’s on the other end of the telephone or verify their identity before discussing sensitive information. Make sure the person you are talking to is authorized to know the information they are asking you to provide. Look for the caller’s refusal to give contact information, rushing, name-dropping, intimidation, small mistakes (e.g., spelling errors), and requesting forbidden information (PIN numbers). If something doesn’t add up and you don’t feel comfortable don’t provide any confidential information.

Questions or Comments?
Check out “The Spectrum” online at:
www.sacredheartspectrum.com
Take the poll: What's your favorite section in the paper
This Weeks Pop 10 Albums

Matt Brucato
Staff Reporter

The Billboard Top 200 albums for this past week included five brand new releases, while the chart experienced some shakeups at the expense of its debuts.

"Ludacris' new album is really tight and he has really matured with this CD," said Roy Bartolomeo, senior, Fairfield. "I love how Ludacris can be serious at one point and then just totally turn around and crack jokes."

Rap artist Ludacris, takes the "Number One Spot" this week according to The Billboard Top 200 albums with his newest album "Release Therapy." Ludacris' new album marks a shift in style for the popular "rhyme smith" as he has stated on MTV, "You're going to take me serious on this album, I guess.

Ludacris' new album replaced Justin Timberlake's "FutureSex/LoveSounds," whose album is down to number five.

I am a huge fan of Justin Timberlake and I like how the new album is different from any other album he has done," said Aliy Timex, senior, Wallingford. "It is more techno and has a really good beat.

Four albums released on September 26, including "Release therapy," put Timberlake's "FutureSex/LoveSounds" in the middle of the top 10 chart. Janet Jackson takes the number two spot with her newest album "20 Years Old." This is her first album since "Damita Jo" in 2004 and marks 20 years since her breakout album "Control" in 1986. Tony Bennett returns to the light with his new album "Duets: An American Classic."

At 80 years old, Bennett has teamed with popular artist such as John Legend, Billy Joel, Sting, Dixie Chicks, Bono, James Taylor, Paul McCartney, Elvis Costello, and Celine Dion to perform duets of his greatest hits.

Alan Jackson represents country music fans with his sixteenth album "Like Red On A Rose" debuting at number four on The Billboard Top 200. Jackson's new album is also number one on Billboards Top Country Albums sales chart.

John Mayer's newest "Continuum" slides down once again from number five to six. Mayer peaked at number two upon the debut of his third studio album. "I bought the new John Mayer album and I am really glad he has come out with a new album finally," said Kelly Linskey, junior, Seal Beach, Calif. "It is still very 'John Mayerish,' typical music he puts out, but it's new and it's nice to hear fresh songs from him after a few years."

Alternative band Hinder keeps going strong at number seven. This marks Hinder's thirty-fourth week in the top ten. Hinder's new single "Lips Of An Angel" was number three last weeks on Billboards Hot 100 list of singles.

Clay Aiken's fourth album, "A Thousand Different Ways" and Fergie's debut album "The Duchess" take the most significant drops in the charts. Aiken was at number two last week and has dropped to number eight, while Fergie rose at number three and dropped to number nine.

Weird Al Yankovic makes his triumphant return after a three year absence with his new album "Straight Outta Lynwood." Mixing music and comedy, Weird Al spoofs popular songs like Chamillionaire's "Ridin" with his song "White and Nerdy."

"Weird Al is great and I love the way he has been able to keep his schtick fresh over the years," said Bartolomeo. "His new song making fun of Chamillionaire is hilarious and I'm definitely going to pick up the new album."

This weeks new releases include Diddy's new album "Press Play" and a new album from Sarah McLachlan entitled "Wintersong."

With these two popular artists storming on to the scene, a battle for the number one spot seems inevitable. The Top Ten albums are updated every Friday on Entertainmentweekly.com.

Sacred Heart Pioneers

CELEBRITY REPORT

Megan Mullally: From Karen Walker to Daytime Talker

Holly Finneran
Staff Reporter

Emmy-award winning actress, Broadway star, comedian, and now talk show host: Megan Mullally is starring in her own talk show after spending eight years as Karen Walker on the NBC sitcom "Will & Grace."

"I loved her on Will & Grace, but it will be difficult to see [Megan] as herself, not as Karen," said Rachelle Murphy, junior, Berlin, Vt.

Mullally started her career guest starring in television shows such as "Seinfeld," "Frasier," and "Mad About You."

She also starred in the 1994 revival of "Grease" with Roni O'Donnell on Broadway, as well as "How to Succeed in Business Without Really Trying" with Matthew Broderick. She is heard on the cast albums of both musicals.

In 1998 Mullally started on "Will & Grace" playing high voiced Karen Walker, an assistant to lead character Grace Adler. She received five Emmy nominations and received the "Emmy Idol" award for singing the theme to "Green Acres" as her character Karen, next to Donald Trump.

Mullally started hosting her own talk show in the beginning of fall this year. It premiered in syndication on NBC networks on September 18.

The one hour talk show airs from Los Angeles. The first episode of the show featured actor Will Ferrell who came out on stage wearing nothing but his briefs, and Jenny McCarthy.

In the beginning of her show she did a large musical number from the musical "Hair."

The original commercials for the show featured Mullally as herself as well as her character Karen.

The response to the talk show has been mixed.

"I am personally a big fan of Megan Mullally, especially her work on Will & Grace. I have seen her talk show a few times, and I think that the reason that people aren't responding to it too well is that people are expecting it to be the Karen Walker Show, not the Megan Mullally Show.

No one is used to her being a normal person, not an outrageous character," said Kim Dolberg, junior, Mifflord.

The show opens with a monologue, similar to that of late night talk shows, as well as incorporating musical features, including her live band.

Her show is reminiscent of a variety show and talk show combined.

The show features segments, such as fifteen seconds of fame. The celebrity that she is interviewing could do whatever they wanted for fifteen seconds, except what they are known for.

For example Laila Washington from the primetime show "Gray's Anatomy," sang Home on the Range and put aside his acting skills for his fifteen seconds.

She doesn't stick to just interviewing celebrities, she has had funny animal acts as well as interesting children.

The show has just started and will be running through October for sixteen episodes. You can watch it Monday thru Friday, at noon on NBC.
TV Talk Show Disasters

The program drifted from topical beginnings to a second year of fictional guests such as Jolene the Trailer Park Queen. The show’s substance was lost between her crazy different personalities and her comedic attempts of using old material from her successful sitcom.

The last talk show disaster that lasted for only one season came out in 1998. It was “The Magic Hour” hosted by NBA basketball star Magic Johnson. His first mistake was not involving who he is famous for to begin with—basketball.

The shows cast included Johnson’s supposed funny sidekick Craig Shoemaker and Sheila E’s dreadful Latino music.

The only attention that the show received was probably from Howard Stern stirring up the hour by playing daily audio clips. The show’s cancellation was forthcoming with its mixture of humor and disrespect and Johnson’s unease at speaking to his audience.

Fearless: Jet Li’s Final Film

Laura Scagnione  
Staff Reporter

Jet Li, a man who has set the bar when it comes to martial arts films, says he is officially saying good-bye to movie making. Jet Li could not leave his fans without one more jaw opening performance like the one in his latest and final film, “Fearless.”

“It was a lot more than I thought it would be. You would think it would be a movie with all fighting but it took you much deeper into the struggle of Chinese people not allowing Westerners to fully take over their country,” said Samuel Brown, alumni, Prospect.

This may be Jet Li’s final martial arts movie but it is not his last action movie. As posted on IMDb’s website Jet Li is scheduled to shoot a new film called “Rogue” opposite transporter star Jason Stratham. Jet Li plays the real life character Huo Yuanjia, who is the founder of the Jingwu Sports Federation.

Huo, played by Jet Li, is a sickly boy who wins the son of a great Chinese fighter. His father throughout the movie refuses to teach Huo despite his wishes which fuels him to become a master of martial arts.

There is a scene where Li is in front of his father’s grave and he says, “Your heart wasn’t strong enough and your fist wasn’t fast enough, but I am.”

As an adult, Huo becomes a martial arts champion and several men began following him as his apprentices. Winning wasn’t enough.

When another martial arts master hurts one of his followers Huo challenges him to maintain the title of “Champion of Tianjin.” Huo’s pride and greediness lead to his own downfall.

“Stripped of everything, the Champion of Tianjin” wanders off into the countryside where no one knows him.

His grandmother and her blind granddaughter teach Huo how to have humility and simple honor. Huo decides it is time for him to go back and defend the honor of the Chinese people and reclaim his name.

“Fearless” isn’t your normal martial arts film where Jet Li faces twenty guys at once. Jet Li plays a real life figure that is renowned by the Chinese people.

This part is a dramatic role that requires more acting than a sim- pler role at some bad guy before kicking his butt.

Huo is a man who rises from the ashes of his own failures and becomes an inspiration to a nation. This isn’t the ordinary role usually played by Li. Li is an actor who is used to playing childlike heroes and kung-fu buffaloes.

Found on the Movie.com website the original movie which was over two hours has been cut down to 1:16 minute running time. Director Ronny Yu who also directed “Crouching Tiger, Hidden Dragon” fits Jet Li’s screen fighting career with class and entertainment.
Features

Studying abroad is an unforgettable opportunity

Cintrice Brown

The Study Abroad program here at Sacred Heart is booming. Students are excited about the possibility of continuing their college experience in a new and exotic place.

The Study Abroad office's main purpose is to help undergraduate students decide where they would like to study, what programs they should apply for, and get students ready for the application process.

Students are limited to only two semesters of participating in the program, but are strongly encouraged to consider gaining the experience.

Some of the study abroad programs that Sacred Heart sponsors include: the University of Notre Dame in Australia, Deree in Ireland, the American University of Rome in Italy, and the University of Granada in Spain.

Besides SHU sponsored programs students are also able to study in 30 additional countries including England, Argentina, Bulgaria and China.

Marylou Roef from the Study Abroad Office is an excellent resource if a student has any questions about studying abroad.

"The first question I ask students is 'Do you have a valid passport'? If they do not, obtaining one would be my first recommendation," said Roef.

"Sacred Heart University students who meet the eligibility requirements for their study abroad program of interest can apply. For sponsored programs, admissions decisions are made here on campus. For approved programs, students apply through the Study Abroad Office to the CCIS (College Consortium for International Studies) institution sponsoring the program," said Roef.

The majority of SHU students study abroad at the University of Notre Dame Australia in Fremantle and the American University of Rome during the fall and spring semesters.

For summer programs students seem to be traveling to Rome as well as the Centro de Lenguas Modernas in Granada. For the first time this past summer Sacred Heart sponsored a program in the Netherlands at Webster University in Leiden.

Students are given the opportunity and the freedom to explore themselves.

"It was the best two weeks of my life. The atmosphere there is the biggest difference; everyone gets along, they're all laid back, and don't have many cares in the world except for what will make them truly happy, and I like that philosophy to life," said Jenna Gallagher, sophomore, Newburgh, N.Y. who participated in the program in Dingle, Co. Kerry, Ireland at the Deree Institute of Education and Celtic Culture.

On daily fieldtrips, Gallagher and fellow students visited historical sites and took a boat trip to the deserted Blasket Islands. They also visited pubs to listen to live local music since the drinking age in ireland is 18 years old.

"I only went for two weeks in May, but I fell in love, so I am going back for the spring semester," said Gallagher.

"Many students speak of their abroad experience as 'enriching, life-altering, eye-opening, and unforgettable.' It is an important family decision that should work for all concerned on all levels," said Roef.

There are certain academic requirements students must meet to be considered. Most programs through CCIS require a cumulative of 2.5 GPA, to participate in SHU sponsored programs a student must have a 3.0 GPA minimum. Credits earned while abroad are considered SHU credits and will be factored into students GPA.

There is no penalty for applying to and participating in the program. There is also financial aid for those who qualify.

Application deadlines are as follows: all forms must be in no later than the last day of spring semester classes to travel for the following fall, and for the spring semester, applications must be in by the last day of fall semester classes.

A Musical face-off of rhythm and dance

Alyssa Ferdinando

On the week's Staff Writer

end of October 6th, the William H. Pitt Center filled with rhythm and sweat as the members of the Capoeira martial arts group, Esporao, prepared for their 5th annual baptismado.

"I was introduced to Capoeira when I was part of La Hispanidad," said Danyla Jimenez, a Sacred Heart '06 Alum and current member of Grupo Esporao.

"We planned a party where Grupo Esporao came to do a performance as part of the pre-show for the dance party. I was very impressed with the movements, the music and also the energy within the group." Esporao.

Capoeira is the Brazilian form of martial arts, its original intent was to disguise fighting tactics as dance moves and was said to have been used to defend the native Brazilian slaves from their oppressors. The baptizado is the moving-up ceremony.

"The belts differ from school to school and they are given by your professor at the Baptizado, which means baptismado. Although baptismados happen once a year, it does not mean that you will change belt every year. Your professor will determine if you are ready to move on to the next level according to the improvement of skills, your hard work and dedication to Capoeira throughout the year," said Jimenez.

In Capoeira the participants form a roda, or a circle, and take turns playing instruments, singing and sparring in pairs. Most of the action takes place in the center of the circle but the energy is felt all around.

Its fluidacrobatic movements, feints, subterfuge know this particular style of martial arts, and extensive floor work, including sweeps, kicks, and head butts.

Here, technique and strategy are the sole elements to a good game. In Capoeira there is no fighting, there is only play.

"I started actually practicing, last year at SHU when the intramurals program coordinator at that time, G.A. Naiara Azpiri (who is also part of our group), brought Professor Ubaldos to teach SHU students," said Jimenez.

Professor Ubaldos became the instructor at Sacred Heart after he spent time training with Mestre Marinaldo Martins Pereira, who began his own capoeira training in 1978 back in Eunapolis, Bahia. They are both highly respected figures in Grupo Esporao.

"Some of the students continue practicing and attending classes at Grupo Esporao's academy in Bridgeport as well as SHU," said Jimenez.

"After I graduated, Naiara and I went to travel to South America and one of our greatest interests was to go to Brazil and practice more and meet some of the people from Grupo Esporao in Brazil, which we did," said Jimenez.

"There are three basic kinds of songs in Capoeira. A ladinha, otherwise called a litany, is a narrative solo usually sung at the beginning of a roda. These ladinhas may be famous songs previously written by a Mestre, or they could be improvised on the spot.

"The songs are all in Portuguese and if you want to be a good Capoeirista you need to sing," said Jimenez.

"Capoeira is very much a part of me and I could not see myself ever not training, teaching or playing Capoeira," said Ubaldos.

"Being part of a group of Capoeira goes beyond physical exercise and competition. Staring by the fact that there are no competitions. We play for fun, to show our skills and to learn more. Most often the class will be over and we could stay for hours playing the drums, singing, or learning new movements from others. Your Capoeira group becomes a community, where we all help each other to keep learning the music, the movements, etc," said Jimenez.

Contributed Photos
GPS tracking on new laptop’s

Students are now putting their finger on security.

The Spectrum/ Kate Brienini

 acessed in the snap of a finger.

Speaking of fingers, there is also a new swipe bar on the new IBM’s.

“You don’t have to do it. I like it. It is a simple addition to technology. Turn it on and swipe it,” said Gabriel A. Gracia, Junior, Corn. N.Y.

One bit of controversy that comes with this idea is again the connection to the World Wide Web. Once attached, fluxes of information are passed. Including fingerprint.

“Anyone can know your password, if you use your fingerprint, they are unique and not everyone has the same fingerprint,” said Joe Merendino, Junior, Bronx, N.Y.

The transition from old obsolete dells to the new IBM’s was also an avenue of discussion worthy to be brought up.

“It’s good because all your software is upgraded, you can save all your files and transfer them from your old computer to your new one,” said Joe, Junior Merendino, Bronx, N.Y.

But while at Sacred Heart, there is a two year compromise in which old computers are replaced with new ones. The real world is not as conceptualized.

The fast-wave of technology is causing computers, and almost anything else technological related to become obsolete within six months.

Thus, a computer bought in January would be insignificant by the time Thanksgiving came around that fall.

After analyzing the student body and the IT department our next area of interest would be the faculty. Just as students, they also get upgrades each year.

“I would like to know that my laptop could be recovered, if I ever lost it or it was stolen,” said Dr. Dr. John Michniewicz, Music Department.

Besides, the reassurance of a safe recovery of laptops, Dr. J also proposed a more economic sound idea in correlation to the security cables.

“If nobody is using the security cables, why not invest money elsewhere in the university or within the laptops themselves,” said Dr. John Michniewicz.

Computers are inevitably the future of our social, economic, and personal lives.

We are now in a technological age where they have become the bare necessity.

Is this interdependency necessarily a positive thing? I leave that up to you the reader for interpretation.

Poker: Worth the Gamble?
Mark Weber
Staff writer

Is poker the new sport sweeping the country and college campuses?

With ESPN any-time and you’ll see professionals, as well as amateurs, competing on a green field, but in this sport there are no pads.

Since ESPN started airing the World Series of Poker, or WSOP, the numbers of players entering the online tournaments have grown exponentially.

The entrance fee for the tournament is usually $10,000; most amateur or part-time players don’t have that kind of cash to throw around. This is part of the reason online gambling has become so popular.

While walking through the halls of SHU you will come across posters and advertisements for the online gambling site PartyPoker.com. The site offers education for beginners and security for players investing real money.

Players who feel their game is up to par can venture over to virtual tables to play for real money.

Problem is, deposit money, a credit card must be used and most companies only allow minimum deposits of $50.

Every poker website holds tournaments and the winner gets their fee into the tournament paid for by the site. In return, the website gets advertisement by having the player wear their logo on a shirt or hat.

There also has not been a professional to win the WSOP since 2001.

The issue of legality has been in the news recently. On Oct. 13, President Bush, while discussing a last minute terrorism security bill, decided to pass a bill determining the legality of online gambling.

The bill was passed and put into action. It stated that the same programs that help to prevent organized crime and transferring money by terrorists will also help prevent online gambling.

Now if a European company wants to conduct business legally in the U.S. they will have to implement the new technology, which will prevent transactions from American locations that prohibit gambling.

EU or European Union law states that any nation that actually has their own lottery cannot prohibit gambling from another. Several European gambling companies have filed suit and believe that these measures are unlawful and discriminatory.

If these measures are taken, this law will remove almost all popular gambling sites to be shut out from conducting business in the states.

To all the online gamblers, make sure you are aware of the new procedures. The government is mandated to explain restrictions and reasons for them, within the next 2 months.

The EU’s main focus is towards France who blocks online gambling while their own online gambling market pulls in 17bn or over $20 billion U.S. dollars.

Through a survey conducted on students around campus, many of them explained that they don’t play for money just for fun. Like most students, money is tight.

“I don’t have money to lose,” said Kristen Tweed, senior, Smithtown, N.Y. who plays occasionally on yahoo games.com.

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Sports

Football falls short to Great Danes

Chris Morrow
Staff Reporter

Despite his team not chalkling another mark in the win column this past Saturday, Tyler Arciaga admitted just how well Albany played.

"You have to give a ton of credit to their defense and having a scheme that countered ours," the graduate student from Bonita, Calif. said after the 24-13 home defeat.

Arciaga completed 23 of 38 attempts for 206 yards and was sacked four times for a loss of 27-yards.

He also connected for two touchdowns with Jason Payne, junior, Cortlandt Manor, N.Y., in the second quarter and a 39-yard strike to junior Tedesco, freshman, Mission Viejo, Calif., in the following quarter.

However, the efficient Arciaga was picked off in the fourth quarter, draining any hopes of a comeback with less than three minutes remaining.

"They maintain discipline, block and they stick with it. You have to give them credit," said head coach Paul Grimsley referring to Albany's defense. "They're going to make you beat them."

Albany's offense seemed unstoppable. Running back Marcus Allen, senior, Fayetteville, N.C. carried the team with 149 yards in just 15 attempts, capping it off with two touchdowns.

The difference maker in the contest was so lopsided in favor of the Great Danes, the score seemed a little too close to be true.

Albany's rushing offense put up a staggering 300 yards while Sacred Heart was only able to come away with a disappointing 14 yards.

"With the way the college clock runs, you are forced to pass instead of run in most cases," said Arciaga.

Sacred Heart had a chance to attack Albany at the start of the second quarter after Albany drew first blood with a 31-yard scoring strike in the previous quarter. It was second and goal on the Sacred Heart 4-yard line and quarterback Frank Blasinsky, freshman, North Royalton, OH, threw a pass off the chest of linebacker Jon Corto and the opportunity was squandered.

"It was a blown opportunity, there's no reason I shouldn't make that play, maybe that makes the difference in the game," said Corto, senior, Orchard Park, N.Y. But Sacred Heart had another opportunity on fourth down.

Albany attempted the field goal which was blocked by Rolando Garcia, senior, Bronx, N.Y., and brought down at the 30-yard line.

Sacred Heart used this opportunity with a 30-yard pass to Payne from Arciaga. Albany countered that with an 11-yard run by Allen.

In the third quarter, Marcus Allen ran 65-yards for the touchdown putting Albany up 21-7 but following that dagger, Arciaga connected through the air with Tedesco for a 39-yard touchdown.

Tedesco finished the game with four receptions for 65 yards.

"It's tough to have a good game with a loss, the main thing we want to do is win," said Tedesco, commenting on his touchdown in the third quarter.

"We're missing the nail in the coffin, that one big play," said Arciaga, who feels Sacred Heart has what it takes to win an important conference game.

Arciaga found Alvin Franklin, senior, New Haven, through the air for eight receptions and 59 yards. This was after Franklin had only 18-yards against Wagner and 22-yards last week against Monmouth.

"The defense dictates I go with the ball," said Arciaga.

This is the second game Sacred Heart (2-5, 2-1 NEC) has dropped in as many weeks, both of which have been conference games. Last week Sacred Heart lost 24-0 at Monmouth (6-1, 2-1 NEC), with a total offense of only 88 yards.

Next Game: Sacred Heart at Stony Brook on October 21st.

Pioneers remember one of their own

Chris Morrow
Staff Reporter

There was not a sound to be heard from the crowd of over 3,000 spectators as family and friends of Eric Hernandez walked off the field.

Eric Hernandez was a Sacred Heart football player from 1999-2002, and part of the memorable 2001 undefeated I-AA mid-major national champions.

A native of White Plains, N.Y., Hernandez graduated from Sacred Heart earning a Bachelor of Science degree in Business. He then went on to become a New York City police officer.

His love for the game didn’t stop there. He continued to play football with the New York City Police Department.

"He was a very hard worker on and off the field," said Assistant Coach Mark Nofri.

"Always the first at practice and the last one to leave," added Nofri.

"He was genuine, very respectable," said Nofri.

In January of this year, while off duty, he was shot and killed in an unfortunate case of mistaken identity. He was 24-years old.

The department of athletics invited the family of Eric Hernandez and friends to Sacred Heart, along with honoring the 5th year anniversary of the championship team.

During half time against Albany, Hernandez’s family received a framed #20 jersey in memory of their son. Emotions were high as Don Cook, along with Sacred Heart President Dr. Anthony Censera presented the memoriam.

Eric’s mother, father, brother and sister were in attendance with the officers of the 52nd precinct and members of the NYPD football team.

As the family walked off the field, a blanket of silence came over, there was not a sound to be sought as Sacred Heart remembered Eric Hernandez.

Eric Hernandez was the second player from the 2001 championship team that has passed away. In September of 2005, Jayson Jarrett passed away unexpectedly.

In memory, Sacred Heart has set up the Eric Hernandez Scholarship Fund. If you would like to make a donation or find out more, please contact the department of athletics at Sacred Heart.

Injury Report: Offensive lineman Ryan Arroyo, sophomore, Roebling, N.J., re-aggravated a torn ACL during the game against Albany. Jon Corto, senior, Orchard Park, N.Y., suffered an injury to his ankle, when he planted his foot and twisted it. He should be ready for Saturday.
Reyes is all smiles

With the postseason reaching its high point, baseball fans across the world are getting the pleasure of seeing baseball's most exciting player take the field. His name is Jose Reyes.

With his slick fielding, blinding speed, and his impact on the game he has when he reaches base, Reyes has cemented himself as one of the leagues top shortstops this season.

During the year Reyes was the league leader in stolen bases with 64 and triples with 17. He also was among the leaders in runs scored all while batting .300 with 18 homeruns and 81 runs batted in.

He also hit for the cycle this season which is a very impressive accomplishment and also hit an inside the park homerun which he accomplished in about 14 seconds.

If those stats aren't a good enough reason to watch Reyes I don't know what is.

Sure there is nothing like watching him run, stretching an ordinary single into a double, or steal second base without so much as even a throw. There is something else there.

It is the fact that he plays the game with a sheer enjoyment like it is supposed to be played. Reyes is happy to be doing what he loves, and that’s baseball.

Remember when you were a kid and nothing made you happier than going out and playing catch with your dad or a pickup baseball game with your friends? Well that is the attitude Reyes still plays with.

When one watches a game, just look at him. He is always the first person to celebrate with a teammate after a big hit or play. He is dancing in the dugout with teammates doing anything to crack a smile and lighten the mood and he is certainly one of the main reasons the New York Mets have done so well this season.

His attitude has made an impression among Mets fans making him one of the most popular Mets. Chants of Jose Jose Jose reign down when he is at bat and when he makes a play in the field. His attitude electrifies the crowd putting them into a frenzy that hasn’t gone through Shea Stadium in years.

He is the type of player that baseball needs. One who just wants to play baseball everyday and not have to worry about anything else.

In a time when steroids overshadow the power hitters of the league and big time contracts are what most players strive for, Reyes is a welcome relief for the major leagues.

Yet the list doesn’t stop at Reyes. His teammate David Wright is the second part of the Mets all-star infield and is equally as talented. Chone Figgins of the Angels who is a multi talented player is much like Reyes in the fact he uses speed over power to influence the game and Chase Utley of the Phillies, who plays with an attitude and talent that makes him a great player.

With Reyes and company leading the way, a new time era of baseball has begun. A time when baseball is played for the reasons it should be not for money or publicity but for the love of the game.

And Jose Reyes couldn’t be happier to show the world why he is so excited this postseason. Win or Lose, Jose will be around for years to come showing off his speed and talent that has made him an all-star.

Top Performers: three stars for Sacred Heart

Adam Petrasovic

STATS:
This freshman finished second at the ECAC championships. He turned in a two day score of 148, which was just six over par.

Michelle Panella

STATS:
This senior recorded a hat trick in a 5-3 win over Robert Morris College. The women's hockey team is now 3-0 on the young season.

Evan Lasher

STATS:
This senior was named Most Valuable Player and Outstanding Field Performer when the NEC released thier All-Conference teams.
Michelle Panella waits to take a face off this past week at the Wonderland of Ice.

The Spectrum/Christie Giangruth

**Men’s Soccer Splits**

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Tessitore at the 53:33 marks. With a pass from Mendes on the right ride the ball flew up and over the CCSU goaltender Paul Armstrong.

The Blue Devils were unable to catch up to the Pioneers lead. The team took seven shots in the second half, but was unable to get them past the Pioneers goaltender. Alex Harrison was the closest taking a side shot that just skimmed the left top corner of the net.

Both teams played a very physical game with 25 total fouls and three yellow cards were used. Goal tender Armstrong made six saved of the day, four that came in the first half, ending the game with a final score of 2-1 in favor of the Pioneers.

After an intense victory over Central Connecticut Sacred Heart continued on their journey to the NEC tournament with a game at Quinnipiac on Sunday afternoon.

The game almost was a shut out in Hamden Conn., until sophomore Bobcat Graciano Brito scored the only goal of the game off an assist from Nicolae Popescu, giving Quinnipiac the victory over Sacred Heart.

The Quinnipiac Bobcats are now 1-8-4 overall and 1-2-3 in the NEC. Sacred Heart is 6-6-1 overall and 2-3 in the league.

The first half brought no score to the game. The Bobcats scored in the second half at 10:58 in the game when Popescu passed the ball to Brito at the top of the box and fired it right into the lower left corner of the net.

Sacred Heart did not give up. They continued to put pressure on the Bobcats and out shot them by a 14-8 margin in the second half. Tessitore led the Pioneers with seven shots while Mendes, and freshman Nemanja Filimonovic of Belgrade, Serbia each had four shots.

The Pioneers also made some impressive saves. Freshman goalkeeper Alexander Russell of Morrisville, VT came into the game in aid of injured starter Paul Fleck of Enfield Conn. Fleck made seven saves during the game and Russell made five saves with in the last 45 minutes of the game.

The game ended with a 1-0 victory for the Bobcats, but the Pioneers continue to look ahead.

"From our losses, we learn that it takes more than having 11 good players to win a game," said Netto Gustavo, Sao Paulo, Brazil. "What is really important is having the desire, the passion, and the trust in your teammates to win. We lose together as a team but we also win together as a team".

The Pioneers will continue their battle for the NEC title, returning home to campus field next weekend for two more big games. Sacred Heart will host Saint Francis PA. on Friday afternoon at 3:00 pm, and on Sunday the team will celebrate Senior Day when they host Robert Morris.

**Women’s ice hockey**

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Friday’s game but the whole weekend. When we lost one of our biggest defensemen Kristina Feliz to a knee injury, Devon really stepped up her game and played solid defense.”

Sacred Heart took on seven new freshmen that will help the team this year. The newcomers and returning players have started their season out better than last season with a streak of wins. Last year they started with one tie and three losses.

The Pioneers, who were swept by the Eagles last season, put the pressure on this year and grabbed two victories this time around. Robert Morris College finished second place in the national tournament last year.

"Looking at our schedule, we definitely have a challenging time ahead of us,” said Panella. “But we have a lot of people filling in key roles and scoring goals. In our first 4 games we’ve scored 28 goals which is amazing and shows what we can accomplish. The teams we’re playing (the next two weeks) are really tough and we’re going to have to work really hard in practice this week to prepare.”

The Pioneers will travel to New York to take on Union College and the University of Vermont during the next two weeks and hope to keep their winning streak alive.

**Men’s hockey takes the ice**

CONTINUED FROM BACK PAGE...

New Jersey Devils in 2003, posted a minuscole 2.24 goals against average and was well known around the league for his statistics.

“Our main goal is just to win in the playoffs,” said Smith, senior, Montreal. “We’re just going to go out there and play like it’s a matter of life or death.”

His services are very crucial to this team because the loss of top defensiveman Bernie Chmiel to graduation could result in one of two scenarios. One is that the rest of the defensive unit will step up, or the other is his loss will lead to more open looks for the opposing offense.

A selected few offenses are already targeted as must-win games simply because of how they post a threat to the Pioneers.

“The other two top teams in our conference are Holy Cross and Mercyhurst," said Marchesi. "But just as importantly, since we are always one of the best teams in the league, every team will be targeting us as well.”

The countdown to the season opener has begun, but the thought of what every player dreams of happening has been lurking in the minds of the Sacred Heart hockey team, ever since they watched the Huskies rejoice.

Entering the upcoming 2006-2007 season one thing is for sure. For such a talented team, a clean slate has never felt so good.

**Life is calling. How far will you go?**

Peace Corps will be on campus October 23. Come learn more and meet a recruiter and former Peace Corps volunteer.

Peace Corps Information Table
Monday, October 23rd
Lobby outside Faculty Lounge
11 am - 2 pm
www.peacecorps.gov

Peace Corps volunteers work in 75 countries around the world. To date, 20 Sacred Heart University graduates have served in the Peace Corps.
Why do we cheer?

I was in class the other day and we were having a discussion about sports. One of my classmates mentioned that he could not understand how people could be so passionate about men playing games in funny costumes.

I have been soul searching for the past couple weeks, after yet another humiliating and confusing early Yankee playoff departure about why I become so distraught when my favorite team loses a simple game.

In 2001, after the Yankees were defeated by the Arizona Diamondbacks in the World Series, I cried. I had become so attached to that team, and was so used to them incessantly winning that my emotion of losing and blowing the final game was more than I could handle.

In 2004, when the Yankees blew a 3-0 lead to the Boston Red Sox, I was miserable. No one could console me for the better part of a week. The euphoria of the fans of Boston was enough to make me feel sick and disgusted. I've been a fan of the New York Giants since birth. They have succumbed to blowing playoff games, being blown out of playoff games and near successes, such as the playoff loss in 1997 to the Vikings, or 2002 to the 49ers, which were enough to drive me to screaming at the television and crying all the next day.

So the question is, why do I do this to myself?

Why do the Yankees win do I feel a sense of purpose, it seems like all is right with the world?

Why do we cry when our team loses?

The question ultimately is why does my sister not talk to me during Project Runway or America's Next Top Model? Why do fans of the show Grey's Anatomy cry over a television show?

Everyone needs something to be passionate about in their free time. Television shows and movies are escapes that make us forget about the strain of our daily lives.

But, having sports as the escape makes more sense.

Sports are the perfect thing for fans to rally around and get passionate about. Games incorporate many real life elements such as failure, triumph, and the gamut of emotion that runs in between.

What makes sports greater than television or movies is that no one can script sports. Predictions are made and prognosticators make a lot of money, but ultimately what happens on the field is unpredictable.

Upsets occur, record breaking performances happen, weird and wild plays break out and what ultimately transpires is something that no one expects.

Sports is ultimately a cultural phenomenon. It is the common denominator that brings fathers and sons together on warm, spring days to play catch. Friends play wiffle ball or stickball for hours in the summer, dreaming of that moment where they can be the hero.

But it is more than just playing games. I have spoken with my father on countless occasions about the Yankees, the Giants, USC, Sacred Heart, or the Devils. It has been our common bond and brought us closer together than we ever have been.

Some of my closest friends are the ones with whom I have attended games. I have watched games with friends, talked sports with friends, I have had arguments with people over players, and coaches and teams.

Sports are the escape that people get the most crazy about. Because of media, fans feel they are closer to their favorite players than ever. This makes people more passionate about their favorite team as they can better relate to the players for whom they root.

Ultimately people get excited about sports because they were raised to be excited. Fandom has just increased as sports have become a bigger part of our culture.

There is a fine line between obsession and passion, and as long as that line does not get crossed too often, there is a healthiness about falling in love with something as innocent as sport.

Now if you will excuse me, I have a game to watch.

Are you Sacred Heart University's biggest sports fan? Send your thoughts and reasons to Pat Pickens at pickensp@sacredheart.edu. The results may be published in the next issue!
Tip your hats for Panella’s trick

Christie Gangnath
Staff Reporter

Michelle Panella, senior forward from Marlboro, N.J., added another hat trick to her stats and helped Sacred Heart to their third consecutive victory at the Wonderland of Ice in Bridgeport Friday.

With 11:54 remaining in the second period, Sacred Heart pulled away for good, when they received a goal scored by forward Kristen Oakland, sophomore, North Smithfield, R.I., to ensure the Pioneer win.

“The turning point of Friday’s game was when Kristen went out for her first or second shift of the game and scored the go ahead goal,” said Gina Arnone, sophomore forward from Bridgewater, N.J. “Even though we weren’t playing our best game, I knew we would come out on top. That goal gave us momentum.”

Sacred Heart took advantage of their slim lead and put another point on the board. It was Panella, who took only a few minutes to score two more goals. She grabbed her hat trick as well as a solid lead and ensured the win over Robert Morris.

“I was really excited to be able to help my team out so much,” said Panella.

Panella’s second goal came at 16:55 in the second period with an assist by Whitney Dziama. Dziama, a sophomore from Walpole, Mass., grabbed the puck and pushed it to Panella who was waiting in front of the goal for an opportunity.

It was minutes later on a power play that Panella grabbed her third goal and clinched the hat trick. The pass came from Arnone and Katelin McLaughlin, the junior forward from Hingham, Mass. The Pioneers ended the second period with a 3-1 lead.

The win was emphasized with another goal by forward Jaclyn Rideout, sophomore, Wilmington, Mass. She set herself up in front of the net and off a rebound, shot a goal past Eagles goalie Crystal Zace. In the closing minutes of the game the Eagles grabbed two more goals by freshman Justine Smith and Tricia Cain. However, it wasn’t enough to make a difference in the game.

It was the team’s defense that helped keep the Pioneers up the entire game. Pioneer’s goalie, Stephanie Boulay, a senior from Anchorage, Alaska, picked up 19 saves in the game and Devon Gaslin, junior, Augusta, Maine, dominated with solid defensive play.

“I think defensesman Devon Gaslin was our MVP,” said Arnone. “Not only

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Splitting headache for Men’s soccer

Bridget McGowan
Staff Reporter

The men’s soccer team split their contests Friday as the team came away with a major victory against Central Connecticut, while on Sunday they struggled against Quinnipiac.

Friday afternoon in New Britain, they ended with a 2-1 victory over the Blue Devils, as Jason Tessitore, sophomore, Ansonia CT, scored the game-winning goal in the 54th minute of the game.

The Blue Devils gained the lead in the first half when Joey Visconti scored his first goal of the season at the 43:09 mark of the game.

The Pioneers quickly responded less than two minutes later with a goal from junior Ricarti Mendes of Campinas, Brazil. Mendes received a pass from Jesper Fredriksson of Gothenburg, Sweden with just ten seconds left in the half. Mendes fired the ball from 18 yards out into the left corner of the goal, tying the game at half time.

In the second half, Sacred Heart, as Junior Ricarti Mendes said, “played with their hearts”. The Pioneers took the lead with a goal from Junior Jason

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Michelle Panella (above) has displayed leadership this season for the women’s ice hockey team.

The Spectrum/Christie Gangnath

Men’s Hockey looks to re-write the script from last season

Brian Fitzsimmons
Sports Editor

Scott Marchesi believed his team was still superior, regardless of what he witnessed that cold night at the Milford Ice Pavilion. After the final horn sounded, the record-breaking season ended too soon.

When the University of Connecticut clinched pulling off the upset over the heavily favored Sacred Heart hockey team, the Huskies piled on each other in triumph that created a burning feeling of disappointment that Marchesi was instilled with all summer. The mission this season is a simple one: write the script for the Pioneers in the Atlantic Hockey playoffs.

“This year’s returning players will be doing everything possible to make sure we don’t get the same feeling of being eliminated from the playoffs early and the disappointment that goes along with it,” said Marchesi, junior, Portland, Maine. “Especially knowing we were the best team in the league.”

The Pioneer hockey squad finished the 2005 season with a 21-12-2 overall record, and boasted an impressive 18-3-2 mark within their conference. The success was stemmed from the great play of goaltender Jason Smith and the three stars of the top line.

Sacred Heart’s first line of attack is led by senior Pierre-Luc O’Brien, who enjoyed a year where he broke the school’s record for points and assists in a season, in 2005. Junior Alexandre Parent was tied for second on the team in assists, but he also netted 11 goals. Sophomore Bear Trapp, who earned Atlantic Hockey rookie of the Year award last campaign, also recorded 27 assists and tallied 16 scores.

The offense returns those three leaders and scoring will come often for this rejuvenated unit, but the key to their will to have a date with destiny lies within Smith.

The senior goalie, who was drafted by the

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