Fear no HIV patient

"A Boy, A Girl, A Virus" sheds light to life with HIV

Brittany Price
Staff Reporter

HIV...three letters that can change a life and have changed the world.

Last Wednesday, Sacred Heart's "Fear No People Series" kicked off with the lecture that students and faculty came to hear about the serious threat of HIV and AIDS.

"You don't normally associate HIV or AIDS with having a good time," said Decker. "But we are here to have a good time. Feel free to laugh, don't feel like you can't laugh at the guy with AIDS."

Decker and Barringer conducted the lecture with a degree of openness and had an amazing and available tone. Students seemed to respond well to the way the presentation was delivered.

"They [Barringer and Decker] presented a really serious topic in a more casual way than most probably would have," said Alex Composto, senior, Danbury. "They made the audience comfortable enough to ask questions about HIV and AIDS and learn about it instead of learning to be afraid."

Decker and Barringer came to SHU with the purpose to emphasize the importance of getting the truth. They wanted to tell students that there is no blueprint (for HIV).

"There is nothing to say how long you will live for, if the treatments will work or if it will become AIDS."

Decker, who is HIV positive, and Barringer, who is HIV negative, use their young age to associate the serious threat of HIV and AIDS with college students.

"We realized that we are young and people can relate to us so we thought we would be effective speakers," said Barringer.

Decker and Barringer use their relationship as a platform to educate people about prevention and how to keep themselves safe. Both Decker and Barringer spoke about why they became interested in HIV and AIDS activism and told their stories about their experiences to the audience.

"We started speaking about our relationship because I had a friend who taught a health class at a local college," said Barringer. "We went and spoke to her class and just realized what an impact we could make."

Over the limit, under the influence

Courtney Kohloff
Staff Reporter

Driving under the influence is no joke.

Alcoholism has become an epidemic on college campuses and is an important issue that needs to be addressed.

Sacred Heart proclaimed last week, from Oct. 16-20, as Alcohol Awareness Week.

During these designated days, faculty, teachers, students, parents and friends are urged to participate and promote alcohol awareness and the consequences of being under the influence.

The marque event of Alcohol Awareness Week is the hauntingly realistic mock crash.

Set up directly outside of the freshman dorms, Student Government organized their annual mock crash to show students first hand the dangers of drinking and driving.

"The message that Student Government wanted to portray was the dangers of drunk driving," said Jim Daly, president of Student Government, senior, Hazlet, N.J. "Most college students take part in drinking activities and it sometimes impairs their decisions. We do not want a student getting behind the wheel and potentially endangering their lives and the lives of others."

According to the National Institute for Alcohol Abuse and Alcoholism, approximately 40 percent of people experiencing violence related to alcohol are young adults ages 18-30.

Women's basketball is one of the sports broadcasted live on WICC.

Simulating a real accident, a car was pulled from the two vehicles to uncover a disturbing and frightening scene. Two totaled cars remained face down on the pavement, strategically placed, as if two people had died in a car accident.

The (RED) thing to do

Halloween fun & fright
Alcohol awareness runs rampant on campus

...CONTINUED FROM PAGE 1

When it was time to leave the "party," actors scattered away and the focus was on the four students who were drinking and driving. The four actors dispersed into different vehicles, two per car. Simulating a real accident, a tarp was pulled from the two vehicles to uncover a disturbing and frightening scene. Two totaled cars remained face down on the pavement, strategically placed, as if two drunk drivers were behind the wheel.

"Seeing the mock accident benefited students because they are visually involved," said Daly. "It was good this year because the night before was the lecture on the DUI. The mock accident really gives students the impression that this is an ongoing issue and it's reality." Just when the scene could not get any more realistic, faint noises of sirens were heard in the distance as they drew closer. Fairfield Police Accident Investigation arrived at the scene of the mock crash.

Seconds later, Fairfield Fire Rescue followed in response. When the police and firemen arrived on the scene, they treated the mock crash like a real tragedy; with precision and patience.

"It was scary to see an accident caused by drunk driving right in front of my face," said Sean Hilderbrand, junior, Pawling, N.Y. "It really makes me think it could happen to me or any of my friends because the actors are all my age."

One of the students was brought out on a stretcher and the infamous machine, the Laws of Life, was used to rescue a student from the damaged car.

"It makes you think twice about driving drunk," said Matt Tarro, junior, Rhode Island. "Even if I only had one drink.

The mock crash was one way to handle alcohol awareness, but Sacred Heart decided to take another approach.

The dangerous effects of being over the limit were portrayed in the short play entitled "Time to Live," performed by the

The Spectrum/ Kate Brandis

Think before you drink.

SHU Players.

The script was written and directed by Jared Fairclough. The performance was a fifteen minute piece with a cast of four, portraying the adverse effects of alcohol within relationships.

"The alcohol awareness show is sort of a SHU Players tradition," said Bridget Steckis, president of SHU Players, junior, Shoreham Wading River, N.Y. "It's something that we participate in every year and we're really proud to say that we can do this service for the school."

"Over 40 people attended the play in the Schine, compared to the 15 attendees last year. The SHU Players really appreciated the support of the student body in attending events such as this."

The mock crash and "Time to Live" portrayed the adverse effects of alcohol.

Whether drinking affects your relationship or threatens your life, Alcohol Awareness Week warns Sacred Heart that drinking is not just a game.

"This was a powerful event," said Daly. "And I hope students realize the dangers of drunk driving."
State-sponsored executions questioned

Joseph Pezza
Staff Reporter

On Oct. 23, Sacred Heart welcomed Sister Helen Prejean, a Roman Catholic nun and a powerful advocate for the abolition of the death penalty.

Sister Helen’s visit to Sacred Heart is made in attempt to raise discussions about state-sponsored executions, said Assistant Professor of Religious Studies and Director of CCTEC, Dr. June-Ann Greeley.

Does resorting to violence to counteract violence make sense at all, moral or otherwise?” said Greeley.

Sister Prejean, 67, began her crusade in 1981 with the death penalty case involving Emileonn Sonnier. Sonnier was a convicted murderer and rapist who sentenced to death by electrocution in 1984 to whom Sister Prejean became a spiritual advisor in the months preceding his death.


She was also awarded the Pax Christi USA Pope Paul VI Teacher of Peace Award in 1996 and the Peace Prize for the City of Ypres in 2005.

In an online article published in 1997 entitled, “Would Jesus Pull the Switch?” Prejean gives the audience an insight into what she feels.

“I cannot believe in a God who meets out hurt for hurt, pain for pain, torture for torture,” Prejean said. “Nor do I believe that God invests human representatives with such power to torture and kill.

“The paths of history are stained with the blood of those who have fallen victim to ‘God’s Avengers.’ Kings, popes, military generals, and heads of state have killed, claiming God’s authority and God’s blessing. I do not believe in such a God.”

Alexis Dedousis, sophomore, Scotch Plains, N.J. said she does believe that the death penalty is a necessity for our society as there are undoubtedly people with whom this world can do without.

Sister Prejean, however, made Dedousis look into at things a bit differently.

Sister Helen made me think, due to her experiences, especially with Sonnier,” Dedousis said. “I believe that she’s right in her stance preaching that violence doesn’t remedy violence. Where is the rationality there? Another human life is lost and even though proper punishment may well be deserved, wouldn’t the money spent to kill someone be better used if it went to the study of criminality and crime prevention?

CONTINUED FROM PAGE 1

From a young age, Decker knew that he wanted to help educate young adults about HIV and AIDS.

At age 20, I realized that I was going to be around for a while,” said Decker. “I had already been living for 10 years now with my diagnosis, so I decided to talk about HIV in my way.

Discovering that he wanted to travel the nation and educate about HIV and AIDS was not an overnight revelation.

As a child, Decker was infected with tainted blood products used to treat his Hemophilia. Hemophilia is a condition when the blood does not have the ability to clot on its own, so excessive bleeding occurs at the slightest scratch or open wound. It was not until Decker was in sixth grade that he got tested for HIV.

When the tests came back positive, his parents were told he only had two years or less to live.

“Hemophiliacs were in the initial high risk group in the 1980’s because of their need for so many blood transfusions and since HIV was a growing problem,” said Decker.

After Decker’s HIV tests came back positive, his sixth grade teacher asked to talk to the doctor about it.

“I didn’t know a lot about it and he also happened to be the mayor of the town,” said Decker. “Living in a small town in Virginia is difficult, because no one really knows enough information about HIV so I was expelled from school. My parents had to educate the school board to get me back into public school.”

Before deciding to join Campus Speak, a touring lecture group, to conduct safe-sex seminars full time with his wife, Decker became a columnist for “Poz Magazine.”

“Poz Magazine” is an AIDS and HIV magazine that chronicles the HIV epidemic and supports AIDS healthcare. Decker is unafraid to make a few jokes about HIV and AIDS to get his message out, so he wrote a book entitled My Pet Virus. The book sends an important message about safe sex and HIV and AIDS and is full of humorous tales about his life and experiences with HIV.

“It [My Pet Virus] is not a woeful account, it is a comical take on my life and my experiences,” said Decker. “That is the way I approach life in general and HIV is no exception.”

The book takes the reader through Decker’s life, from being diagnosed as a young age to living with HIV as an adult.

The purpose of Fear No People Week is to let students know that no-one should be alienated from society because of his or her differences.

Barringer and Decker were invited to conduct the opening ceremony because they are experienced lecturers and they know enough about HIV and AIDS to raise awareness on campus and to get an important message out on campus.

“People responded in different ways. Some responded with compassion, other people, like some family members and friends, turned away,” said Decker. “Having HIV came with a lot of societal issues, not just physical ones.

“Everyone in school knew the one thing I didn’t want people to know about. Realizing that people were going to be talking freaked me out. I missed a lot of school because I developed an addiction for soap operas. Watching shows like Days Of Our Lives and seeing those characters deal with their drama did not make HIV seem so bad. It was his temporary solution to a permanent problem.”

Student’s like Erica Vasaturo, junior, Staten Island, N.Y., agree with Decker and Barringer’s message about HIV and AIDS.

“I didn’t feel the HIV is a threat to myself but it’s a touchy subject,” said Vasaturo. “People with the virus shouldn’t be treated like threats, however the virus itself should.”

Vasaturo explained that if she had a friend like Decker she would never think of alienating him or her, like some of Decker’s closest friends and family members did.

“Sure the virus is scary but it doesn’t change who the person is,” said Vasaturo. “What really hit home was the realization that HIV and AIDS is a growing epidemic in the college-level age group.”

Health and wellness issues on campus are the world and students should feel safe knowing that Student Health Services is fully prepared and equipped to assist any student that should need help.

“If they [students] are symptomatic or are a symptomatic we can help them if they want anonymous testing or just education about STD’s and HIV,” said Brenda Dunlap, nurse practitioner, Student Health Services.

The Sacred Heart community should know that the problem of HIV, AIDS and STD’s is a real issue on campus.

According to Dunlap STD’s here are probably no different than the general population but probably greater than high school.

“The [problem of STD’s on campus] is a reality. The treatable people we can help,” said Dunlap. “I talk to people when they come in and try to direct them. We try to provide the best care and referral services we can, keeping in line with the Universities mission.”

Students that attended the ceremony took information away from the speakers.

“I realized that there are probably people in my life who are HIV positive,” said Decker. “I just want people that I thought got HIV or AIDS without participating in anything socially unacceptable.”

Decker and Barringer opened the flood gates to awareness.

Issues on campus? Exciting events? Persistent problems? Breaking news in your dorm, club or job?

Anything you want the Spectrum to cover?

If so, please contact News Editor Brittany Raine at rainebr@hsa.sacredheart.edu

October 26, 2006

News 3

Contact News Editor Brittany Raine: Rainebr@hsa.sacredheart.edu
Celebrate a ‘spook’tacular Halloween

Lauren Confalone
Staff Reporter

Trick or treat!
With Halloween rapidly approaching, fall festivities are getting under way. Break out the costumes and candy and get ready to celebrate the night of the living dead, safely.

Different events on and off campus are happening to insure you have a “spook”tacular time this Halloween holiday and to help keep Sacred Heart students out of trouble.

There are plenty of local bone rattling activities to give you all the Halloween thrills and chills you need.

The Discovery Museum, located past Angelo Roncolli Hall, will be hosting “Trails from the Crypt.” The museum promises that their haunted house will scare you out of your skin. “Trails of the Crypt” is not suggested for the faint of heart.

The event will take place on Oct. 27-28, with Friday and Saturday hours from dusk until 11 p.m. Sunday it is open until 10 p.m. Admission is $10, and it is only a short walking distance away.

Certainly not as close, but definitely worth it is a trip to Six Flags Great Adventure, N.J. Featuring its infamous “Fright Fest,” Six Flags is filled with ghouls, gobblins and frightening sights.

Hours of operation are Friday through Sunday, beginning at 6 p.m. But you better hurry, the last day of scares is Oct. 29.

General Admission is $59.95, but if you have a 2007 Season Pass, you can see Fright Fest for free, and the pass pays for itself within two visits. So grab your friends and your guts and go.

“I’ve been to Fright Fest in the past and it is totally worth the trip,” said Kayla Corbo, freshman, Lynbrook, N.J. “There are lines, but the sights and sounds will haunt you for a while.”

A little closer to campus awaits Graveyard Productions’ 16th annual “Haunted Graveyard.” Back for its seventh year at Lake Compounce in Bristol, the event boasts to be New England’s largest and scariest Halloween event sure to have you shaking in your boots.

From dusk until midnight on Fridays and until 10 p.m. on Saturdays, for $17.95, the park will feature seven special effects filled haunted houses.

“We add new things every year and even change up the old stuff,” said Ernie Romegialli, president of Graveyard Productions. “We never want our visitors to predict when they’re about to get scared.”

And of course, who could forget the crazy costume balls at local the nightclubs.

Sacred Heart NightHillie will be presenting The Pireo N’ Halloween Ball at 8:30 p.m. Halloween night at Harborside in Milford. Attendees must be 18 to party and 21 to drink. This event promises to be extremely entertaining, with music by Duane Waan. To deal with the crowds, Harborside will have two entrances open to avoid long lines.

“We’re gonna get dressed up in sweet costumes and go somewhere fun and have a rockin’ time,” said Ryan Howard, junior, Bronx, N.Y. “It’s the first year we’re going to dress up.”

But going out always raises concerns. Public Safety urges students to use their best judgment to make the night both fun and safe.

Public Safety recommends traveling in groups. Use the buddy system; do not let a friend wander off on his or her own. Also, for those of legal drinking age, designate a sober driver.

If and when you go out, go with people you know and trust. Designate a meeting time and place in case you should get separated amid the crowds, said Jack Fernandez, Public Safety. “Stay in a group and return home with the same people you left with. Check in with each other throughout the night, to make sure everyone arrived home safely.”

Fernandez also suggests to make sure you wear a costume that does not impair your ability to see, flee or resist an attacker.

“Make sure you are in an environment where you can easily get help or get away from someone who is threatening your safety,” said Fernandez. “Be careful. Some people may take advantage of being unrecognizable in a Halloween costume and always carry photo identification.”

Public Safety will be strictly enforcing the drinking policy and “dry campus” rules and regulations.

“There’s no use getting in trouble for something so stupid,” said Howard. “Think before you act.”

Keep your eyes, ears and emails open to find out more about upcoming Halloween events on and off campus.

Be festive. Be smart. Be safe this haunted holiday. The ghosts and gobblins just might be out to get you.

Halloween is a “boo”tiful holiday, despite the frights. Candy and pumpkins are symbolic of this holiday.

In addition to these speakers and Russert, keep an eye out for upcoming lectures headed Sacred Heart’s way such as Anthony Rapp from the musical Rent; Robin Roberts, a news anchor for NBC who will speak about Black History Month; and Matthew Kelly who will talk about how to become the best version of yourself.

“Russert is a great way for students who are not very knowledgeable and up to date with politics, a get a feel for what is going on in our government today. This speech will help students understand this better and maybe encourage them to pay more attention to important governmental issues,” said Margiotta.

Tickets are on sale in Hawley Lounge for all of the upcoming lectures for the 2006-2007 academic year. All lectures are held in the Edgerton Center for the Performing Arts right on campus.
The Bible: testing the truth

Carolyn Tavares
Staff Reporter

We, as Catholics, live by "The Word of God." But, what if God didn’t really say what we think?

Last Thursday, Oct. 19, Ron Miller, Ph.D., conducted a speech entitled "Did God Really Say That?" throughout which he introduced theories of how books written in the Bible can be misinterpreted.

Miller said that although he realizes that this topic isn’t the easiest to talk about, and it’s a relatively new subject matter, he feels that it is important.

“We learn from our students,” said Miller pointing out that the title for this speech was a suggestion from a former student of his.

“The Bible is not inherently true,” said Miller. "[The Bible] is inspired.”

Jessica Lessard, freshman, Milford.

“I believe that the speech would have been controversial to someone who isn’t open minded.

“They might say – ‘Muslims, Christians, and Jews have completely different beliefs, how could we get along with someone who doesn’t believe anything that we do?’”

Lessard said that Miller talked about wanting to find a way to break the boundaries and help people understand one another by looking past their differences to reach towards the common goal, which is God.

Throughout his speech, Miller also talked about people who tend to take the stories of the Bible literally.

There has always been controversy concerning the language barrier between the language the Bible was written in and the language somebody else would be reading it in.

“Every language has an interpretation,” said Miller. “You cannot live without bias, you can only be aware of it. To experience the world as a man would be different than living it as a woman.”

Language changes over time, for example, English words used in the past may have different meanings today, he said.

In the same way, in Christianity and all its different sects, there are many different interpretations of the Bible.

Some fundamentalists take the Bible to be the word of God and understand it as literal while there are people who believe the Bible is interpretive - full of metaphors and parables for life.

“If you don’t know how to hear a joke, don’t read the Bible,” said Miller. "For example, when you tell the story about The Garden of Eden, and people just start asking where the garden is specifically they’re missing the point.”

The Bible leaves many unanswered questions adding to the challenge of understanding.

Nancy Galdañez, senior, Portchester, N.Y., said, “Memory is sometimes unreliable, and therefore, history can be misconstrued if certain types of documentations are lacking - especially when the only records we are able to obtain, are written or oral.

“There is no evidence as to who actually wrote the Bible.”

But despite the difficult topic Miller addressed, Galdañez said that she really liked how Miller understood that we can’t take the Bible literally.

Lessard said, "I thought that the speech was amazing.”

Miller seemed very knowledgeable and insightful about the relationship between the Muslims, Christians and Jews and his passion about the Bible and the inner workings of relationships between the major religions really shined through, Lessard said.

People’s skeptical nature and tendency to use a scientific approach keeps people from relying on faith as much as our ancestors did,Miller said.

Miller’s speech shows us that we need to think for ourselves and interpret the Bible for ourselves.

The Spectrum/ Elyse Harrell

“The Word of God” is what you want it to be.

SHUper Stuff

Be a part of the
Book Drive!

A simple gesture can
add excitement to a
child’s education

Gather those in-shape games and gently used books that have been lingering at home forever or a few new ones to donate to children who are in need of your help.

In affiliation with Habitat for Humanity and the NCCC (National Civilian Community Corp.), the Service Learning & Volunteer Programs’ staff has been collecting books, puzzles and educational games to serve children in grades K-8.

“The schools are on a real tight budget because a lot of the budgets have been cut,” said Phyllis Machedot, director of Service Learning & Volunteer Programs.

“These are unfortunate kids who don’t have access to books at home – only at school.”

The donated items will also be used in the after-school programs of schools like John Winthrop, Maple Annex, and Garfield Elementary schools of Bridgeport.

Megan Wood, a senior of Port Jefferson, N.Y. who works with the children, said, “It’s really nice to know that things we’re not using can be put to good use giving these kids the chance to take the books home to read.”

Drop off the items in the box located in front of the Service Learning & Volunteer Programs office – next to the Faculty Lounge near the Bookstore until Nov. 28.

For more details, call 365-7622.

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Public Safety is not to blame

Zachary Giglio
Staff Reporter

In only one day nine cars were broken into on the SHU campus. This left students both angry and worried.

What was thought to be the work of professionals has stirred both questions and fears around campus.

Since the cars were parked near the North Lot exit, the thieves were able to time their attack as to elude public safety patrolmen. Not only were windows smashed leaving cars cluttered with broken glass, but stereo equipment was taken from the cars as well.

Some students felt vulnerable after hearing about the incident. Others began to wonder who was responsible while also wanting accountability.

"I don't understand how nine cars could have been robbed at one time without anyone noticing," said Eileen Connor, senior, Enfield. "It makes me nervous to know that my car is parked outside and there is a possibility of something happening to it," said Connor.

There is a concern that there is money being spent for tuition and parking decals that is not being put towards proper use.

"With all the money that we spend on tuition and decals, there should be more protection on campus," said Megan Diana, senior, Baldwin N.Y. "There should be more patrolmen and cameras on campus to ensure our safety," said Baldwin.

While both Diana and Connor held hostile feelings towards Public Safety, they both acknowledged the fact that they can only do so much with the money that is granted to them by the University.

Other students saw this as an unfortunate event that is always a possibility.

"It was one of those instances that happen where there is little that could have been done," said Jason Dalbeck, freshman, Princeton, Mass.

"Even though it causes me to think of some unsettling ideas, I still feel safe on campus," said Danny Rogate, freshman, Seaford, N.Y. "I feel like this is something that should be taken not only to Public Safety but to the university as well," said Rogate.

Another concern of some students is after this incident; they want to know what is going to be done to correct the loop in security that was discovered by the thieves.

The head of Public Safety, Jack Fernandez, paid a visit to the weekly Senate meeting on 10/18/06. He was open to all questions after he first gave his account of the incident.

Fernandez wanted to let the students know that their job is more difficult than it may sometimes convey.

Public safety is currently looking into a camera system to be set up in North lot. Before they can be installed however, they must survey the area to judge where lights should be in order for these cameras to capture clear visuals.

They recently added new digital camera systems in the Christian Witness and Park Ridge parking lots.

Public Safety is also switching the routine in which they patrol North lot in order to keep outsiders guessing.

Since Public Safety is only granted a certain amount of money to fund its officer's salaries as well other forms of security, the Senate asked Fernandez what students can do to keep themselves and other students as safe as possible.

He responded by explaining how students and Public Safety are part of the same team. The more eyes and ears working together, the better off, SHU will be in its efforts to stay secure.

More funding would improve Public Safety's ability to better serve the campus.

The Spectrum/Kate Brindisi

Kate Brindisi
Photography Editor

What are students being for Halloween?

"I'm not."
Frankee Oliva~ Sophomore
Stratford

"Wonder Woman."
Heather Moran ~ Freshman
Pine Bush, N.Y.

"Fant Girl."
Jimmy Muhlbaumer ~ Freshman
Massapequa, N.Y.

"Quail Man. It's original, it's not a vampire or anything."
Brandon Long ~ Freshman
Castleton, N.Y.

The editorial pages are an open forum. Letters to the editor are encouraged and are due by Monday at noon for consideration for each Thursday's issue. All submissions are subject to editing for spelling, punctuation and length. The Spectrum does not assume copyright for any published material. We are not responsible for the opinions of the writers voiced in this forum.

The Spectrum is a student-run newspaper of Sacred Heart University and is pub-
The Senate meeting was extremely busy this past Tuesday night with three main tasks they had to attend to. Jack Fernandez from Public Safety came to speak to the senators about fire safety issues, they were in the midst of planning for their annual Senate BBQ, and they approved 8 students to be the J-Board representatives.

This month’s Senator of the Month, nominated by his fellow senators, was Justin Schiavone, for all of his work with Jack regarding Public Safety issues.

There was a tie for this month’s Committee of the Month between Special Events Planning and STA. Both have been working extremely hard right off the bat and equally deserved this honor.

The senate also had two links of the month for the month of September. Mike Austin and Jack Fernandez have both been working closely with the senators and have really shown a large interest in improving this and previous years to come at SHU.

Being able to have Jack come to a Senate meeting was wonderful! Everyone thoroughly enjoyed hearing him as a part of this weeks meeting. Jack is the main “chief” of Public Safety as he likes to call himself. He began with the Senate meeting and the senators have really believed that his working relationship with them has improved the safety of our campus.

He feels that Public Safety is not just about himself and his coworkers, it involves everyone and without their help they cannot be successful.

The important notes from some committees were mentioned at this past meeting as well.

A reminder from Residential Life that we won’t have to prop open our doors! Many people have valuables or personal items that they would not want to lose, so please keep your doors shut.

The FLJK committee had this first meeting and it was a success. They were able to cover many topics regarding the hours that food is being served and the freshness, so we should be seeing improvements.

The senators are also in the process of creating a new tradition on campus. It will be a tug-of-war contest called the “Pioneer Purl”, and will take place during half times at sporting events such as the basketball games. Keep on the lookout for more news about this event! We are also proud to say that this years Homecoming Football Game had the highest attendance ever! A total of 3,336 people!

We hope that everyone was able to make it to the Senate BBQ and enjoyed the hamburgers and hot dogs that we were offering!

**SHU Students question alcohol facts**

**Rachel Maresca**  
Staff Reporter

Bright orange Frisbees and floating balloons, mock drinking and driving accidents all over the school board.

These are just some of the things that were appearing around the Sacred Heart campus in the past week. Alcohol Awareness. Some of the groups on campus that were behind these events were the Sacred Heart Student Government and Peer education. Mike Tarantino, sophomore, Student Government Executive for student honors council, Wantagh, N.Y. said, “I believe that such events as the mock-accident and the orange Frisbees are eye-opening events, not only because of the facts and situations expressed, but the eye-popping moments as well.”

The Frisbees all over campus are something students could just simply not ignore on their way to class last Tuesday morning.

Some of the Statistics that were provided by the Peer Educators that the students were reading on their walk to class were “41% of SHU students have 0-4 drinks when they go out. 9 out of 10 SHU students said it’s “not cool” to drink and drive. 8 out of 10 SHU students said it’s ‘not cool’ to drink heavy and get out of control.”

Shane Dolan, junior, Vice President of the Peer Education, Bristol, R.I. explained how these statistics were found, he said, “The polling for these statistics were from SHU students and some of our resources. Last year we surveyed a large number of people and compiled the responses into our club. Student’s interviewed commented on their thoughts when reading these stats.”

Noelle Wrobel, junior, Wappingers Falls, N.Y. said, “Not the entire school was polled, but these statistics could definitely be true, however, I have seen others.”

Francesca Grassi, junior, Northford said, “I think that most SHU students probably did say that they got polled, but I do not think they actually stand by what they said.”

Melissa Braga, junior, Quincy, Mass. said, “Some of these statistics may be true, but sometimes people say one thing and do another.”

“We are a group of students just like everyone else. We may have had a lot of training, but we still like to have fun just like everyone else. We are not against drinking, which many people misunderstand us; we are just trying to encourage people to be smart about it,” said Dolan.

Peer Education understands that people were going to have mixed feelings about reading these statistics, but they just wanted people to be aware of the effects of alcohol.

The students interviewed found that the facts provided on the Frisbees last week did not reflect the entire SHU community, however they definitely understood point the mock accident and the Frisbees were trying to make.
Juggling rehearsals, performances, and schoolwork, student musicians learn to balance their extracurricular activities.

"I am a track athlete at Sacred Heart, so I am used to juggling around a whole bunch of things with school included," said Arie Dixon, sophomore, Beacon, N.Y.

"Sometimes it can be a little hard trying to write or make new songs when I have a lot of schoolwork, but it all works out for the most part. If you want something bad enough you can make it work."

Arie "BeBe Boogz" Dixon and his brother, Semmi "Wa Peace" Walusimbi, formed the hip-hop group Physha P.

"We started doing the music thing seriously, since ninth grade," said Dixon.

Physha P had a performance at local club "R Bar" on Thursday, Oct. 19.

"It went really well, thanks to everyone who came through and showed their support, we really appreciate it," said Dixon.

They do not have any performances lined up for the future, but they are in the studio working on new songs and a new album.

Not only do musician's here at SHU have to juggle schoolwork and extracurricular activities, they also have to deal with not having their entire group available locally. Mike L'Homme, sophomore, Attleboro, Mass. and his band, Aston, struggle with this.

"With three members at different colleges and one member still in high school, gigging during the school year is really tough and sporadic," said L'Homme.

Ruck/punk/pop band Aston has been together for almost two years and recently released their debut album "Another Second Chance."

Getting the band together to practice for a show worked with careful planning.

"Usually we will arrange to go home a weekend before a show, or skip classes Friday and meet up then. We are only two hours from home so the trip is not too bad," said L'Homme.

These student artists turn to other bands to get their inspiration.

"The biggest influence on me has to be the local bands I grew up listening to and seeing at American Legions and Community Centers such as 34 Spoons, Fake ID and A New Beginning to name a few," said L'Homme. "They are the bands that I saw and told myself 'hey I want to be up there instead of here in the crowd' so one day I picked up a bass guitar and taught myself how to play."

Aston has two shows coming up in Massachusetts, a Battle of the Bands on Nov. 10 and a CD release show Nov. 24.

Musician Jimenez is also in a local pop-punk band called Changing Directions.

"Since I started school I haven't had a lot of time to write as much as I'd like, but I do my best. It's what I love to do, so it'll always have its place in my life," said Steven Jimenez, freshman, Bridgewater.

The band members are all local which makes practicing and working on songs easier.

Changing Directions has played all over New England and New York, they currently have a free show coming up at the Knights of Columbus on Main Street in Stratford. The show is Oct. 28 at 7 p.m.

You can check out these students and their bands on websites such as Myspace and PureVolume.

Myspace website for Physha P: http://www.myspace.com/physhap

Myspace website for Aston: http://www.myspace.com/aston

Myspace website for Changing Directions: http://www.myspace.com/changingdirections

Madonna has decided not to show that part of the concert. This angered Madonna who happens to be the executive producer of the special. The special was filmed during her tour in London at the Wembley Stadium.

In a statement made to Entertainment Weekly, Madonna backed up her crucifixion scene saying that it was not meant to be "anti-Christian, sacrilegious or blasphemous."

Madonna is also hitting news headlines lately through her continuous attempt to play "mommy." Mother of nine-year-old Lourdes and five-year-old Rocco is planning on adopting a one-year-old Malawian boy. The boy's mother died after she gave birth to him, according to media reports.

"I don't think it's wrong for Madonna to adopt the little boy. I think it's a good thing when celebrities like Madonna and Angelina Jolie adopt children because they are using their money in a positive way rather then throwing it away on material things. They actually are making a difference," said Christine Callen, sophomore, Carmel, N.Y.
Freestyle Club Presents Rap Battle and Dance Off

Matt Brucato
Staff Reporter

The Freestyle Club will be hosting its fourth open freestyle rap battle and dance-off on Nov. 1, at 10:10 p.m. in the Outpost (FLIK).

"This year, we have improved the dance-off format," said Rich Deeken, junior, Bridgeport, and founder of the SHU Freestyle Club. "Dancers will now face head-to-head in open freestyle competition."

The format for the rap battle portion of the event will stay consistent with head-to-head battles. The only difference is that now performers will be allotted an extended time limit for the final round of the competition.

Scheduled to appear so far are several returning rappers and dancers. Included are last years champions, rappers Bentley and dancer Sean "Fresh Cutz" Hilderbrand. Other past competitors, such as crowd favorite Randy Leedham, are also planning to return to compete. Rich "PR1MO" Deeken returns as the event "emcee" for the evening, while DJ Mo Niklz will be behind the turntables.

The idea to start a freestyle club came to Deeken after seeing the Eminem starring rap movie "8 Mile." The movie centers on the art of freestyle rapping, and inspired Deeken. Mekhi Phifer's role as the "emcee" in the film specifically motivated Deeken to get into the world of freestyle. "The club united those who wanted to take part of a real freestyle battle," said Deeken. "More than just sitting around rapping with buddies."

Starting a club at SHU centered on freestyle seemed to be the perfect way to make it happen according to Deeken. "I was at the first rap battle and I was impressed," said Anthony Muscarnara, senior, Dix Hills NY. "I could not believe the energy that was packed into FLIK. The performers and the audience really seemed to feed off of one another."

When the club was finally born in 2005 it was decided that besides freestyle rap, the club would embrace other "freestyles" such as dance and also basketball. "Finally, there was a club on campus for people who love freestyle music, dance, and sports" said Deeken.

The inaugural event took place in November of 2005 and the Freestyle Club was not expecting it to be a success. However, there apparently was an audience for freestyle at SHU. "During the setup the fans came in droves," said Deeken. "By the time the battle began, there wasn't an empty seat in the house, we had officially packed the Outpost with over 200 fans."

Consumer (Code) red helps fight AIDS in Africa

Matt Brucato
Staff Reporter

October 13, 2006 the campaign for (RED) was launched by U2 front man, Bono, appointing business and consumer power to abolish AIDS in Africa.

AIDS is the leading cause of death in Africa with nearly three million people dying from the disease each year.

Women make up almost 60% of adults living with HIV in Sub-Saharan Africa. This resulting in women and children being the hardest hit by the illness. Each time an adult caregiver begins AIDS treatment including anti-retroviral drugs, the survival of children becomes less precarious.

It has been estimated that 12 million children have been orphaned due to the sickness and the numbers are increasing. Nearly 2,000 children are infected with HIV/AIDS each day in sub-Saharan Africa.

Oprah has named Bono the reigning King of hope as he recently visited the host's talk show to inform the nation of his plan on changing the world.

"Lots of people here in the United States have been trying to deal with the problems of Africa in a very serious way," Bono says. "But not everybody has the time to be an activist or put on their marching boots. So we said, 'How are we going to get the shopping malls involved?' How are we going to get to where people live and shop?…"

"I think it's a great idea and it would give people another reason for purchasing things instead of just satisfying their own need," says Jessica Phelan, junior, Wantagh, N.Y.

(RED) is not a charity but a commercial initiative designed to create awareness and a sustainable flow of money from the private sector into the Global Fund to fight the AIDS pandemic in Africa.

The name is derived from the color's meaning of emergency and the color of blood, which is one way that HIV/AIDS can enter the body's system.

As first world consumers (Product) RED is calling out to the nation that we have a responsibility to do all that we can to stop this epidemic. Bono believes that our generation can be called to stop and say no to poverty.

Established brands license the (PRODUCT) RED and send a portion of the profits made on (PRODUCT) RED products directly to the Global Fund to fight AIDS in Africa. These established brands include Apple, Motorola, Gap, Converse, Giorgio Armani, and American Express (UK only).

By buying a (RED) t-shirt, ipod, sneakers, or cell phone you can be helping by donating money to help prevent and treat AIDS/HIV, tuberculosis, and malaria. Just by going shopping, 50% of all proceeds will be given to the Global Fund to Fight AIDS.

"The (RED) products have been selling very high and we made about 2 to 3 million in the first week of sales. Customers are buying the products and looking for more products that aren't available in stores but carried online. I think the campaign is going to be great and help a lot of people," says manager of a Gap, Armando Montanez, Bridgeport, Conn.

The Global Fund to Fight AIDS, Tuberculosis, and Malaria is a pioneering partnership including non-profit organizations, governments, and private sectors working mutually to rid the world of AIDS.

The partnership represents a new innovative approach to international health financing. Working in close collaboration with affected communities and other bilateral and multilateral organizations it is enhancing existing efforts dealing with the three diseases.

To date, the Global Fund has committed U.S. $5.2 billion to more than 363 programs in 131 countries. In May, $1.25 million of the first (RED) money received by the Global Fund flowed to Rwanda.

This has gone towards the Rwandan Ministry of Health's comprehensive HIV/AIDS programs, mainly to provide anti-retroviral treatment for children and adults in a third of the country.

Product (RED) is asking you to help and be a part of fighting and diminishing the disease of AIDS.

More information about the movement and products to purchase can be found on the website www.joined.com. The world is depending on this generation to help revolutionize today
Features

What lies beneath your sheets

Cintreec Brown
Staff Reporter

Night, night. Sleep tight. Don't let the bed bugs bite. We have heard that since we were young when our parents put us to bed, but who would have ever thought it could be true?

College students all across the country may have had the pleasure of dealing with the creepy crawlers referred to as bed bugs.

These small wingless insects are completely dependent on blood from warm-blooded animals for food.

Unfortunately Sacred Heart students are on the dinner plate for these pint size predators.

"Prominent in hotels, cruise ships, shelters, and residential halls, these bugs can be recognized as being light brown to deep brown color; bed bugs are about a quarter inch in length and have an oval shape," said Harvard School of Public Health.

"When I lived in campus housing I heard about large groups of people getting things like bed bugs or lice," said Carrie Marino, junior, Westbrook.

"Fortunately it never happened while I was living on campus. The halls were cleaned so often that I never really worried about it," said Marino.

Living in mainly dark places such as mattresses, bedsprings, cracks of floors, picture frames, stuffed furniture, and clothing, bed bugs are just waiting for their next meal.

"Bed bugs inject a fluid into their host to help them get their blood meal. This fluid makes some people sensitive to bites, causing irritation, itching and inflammation," said University of Maine.

Other people can live with bed bugs and not be aware of their presence. In spite of their feeding habits, bed bugs are not known to carry diseases.

Most people get little red bumps that look similar to insect bites, all over their body, normally when they are sleeping.

In order to get rid of bed bugs there are a variety of ways to oust the unwelcome visitors. It is best to scrub all surfaces that bed bugs may be living with a stiff brush to dislodge any eggs laid.

Then follow up with a through vacuuming of the area, including all cracks and crevices in the area.

Itchy skin is not only the side effect of bed bugs.

Mark Weber
Staff Reporter

Halloween is a day traditionally marked by costumes and trick or treating children. This year SHU offers a variety of other ways you can get your dose of fun and fright.

First, here is some background information about October 31st.

Halloween originated among the Celts in Ireland, Britain and France as the Pagan Celtic harvest festival. Immigrants brought versions of the traditions to North America in the 19th century.

The term Halloween, and its older spelling Hallowe'en, is shortened from All-hallow-even, as it is the evening before "All Hallows' Day" known as "All Saints' Day."

The holiday was a day of religious festivities in various northern European Pagan traditions.

Halloween is also called Pooky Night in some parts of Ireland, presumably named after the pica, a mischievous spirit.

Many European cultural traditions hold that Halloween is one of the luminal times of the year when the spiritual world can make contact with the physical world, and when magic is most potent.

This bit of history is all well and good, but what are SHU students doing to celebrate the occasion in 2006? Well, there are several campus happenings.

Halloween fun & fright at SHU

Tuesday, October 24, is the Halloween Party, for those seniors who are 21 or older, at the Outpost Pub. The party is from 10:10 until midnight.

On Friday, October 27th, the Halloween Concert is being held in University Commons. This event is scheduled from 7:00 to 9:00 p.m.

Bring your friends along, admission is only $5 for non-SHU students and free for students with their SHU ids.

So if you were wondering whether there will be some interesting costumes on campus and at these events the answer is yes.

With the day quickly approaching and talk all around campus, this year may have some of the best SHU has seen.

"I ordered my Stewie Griffin costume already and have worn it around town, I can not wait, people get a kick out of it," said Mike Salerno, junior, Pelham N.Y.

For the students who are looking to get off campus for bit, there are some trips they can take.

There is a trip to Salem, which is legendary for its spooky Halloween atmosphere. Salem is also noted for it's rich history of local witchcraft or witch-hunt, if you don't fall to the dark side.

Pumpkins have always been a popular part of Halloween. For only $5 students can take a trip to a local pumpkin and apple orchard to pick out their very own Jack-o'-lantern.

There are also events scheduled nearby.

The Bridgeport Discovery Museum will be hosting, "Trails from the Crypt," also advertised as, "Not for the Feint of Heart." It will take place Friday-Saturday, October 27-28, from dusk until 11:00 p.m. and the cost is $10 per victim.

Charles Island, located in Milford, also has a haunting story. It is said that Native American Indians put a curse on the island so that buildings could not be erected there.

Ok, ladies and gentlemen. Is this place really haunted or is this a bit of Halloween monkey business? Either way, have a hautniously fun time on campus.

The Spectra/ Kate Brindisi

The Spectra/ Elyse Harrell

Make sure that you throw away the vacuum bag once you're done.

Also using a pesticide spray on the infected articles is also an effective way of getting rid of bed bugs.

Another creepy crawl is head lice. Although it is not as common on college campuses, these bugs still make appearances.

About the size of a sesame seed, head lice live on people's heads and grasp to their hair follicles with their legs.

Just like bed bugs, lice feed off of warm blood to survive.

These tiny creatures live for only about thirty days but within that time can lay up to one hundred eggs, or technically known as nits.

It is possible to catch lice from direct contact of heads or hair with an infected person.

"Lice can also be spread through the sharing personal items like hats, towels, brushes, helmets, ties. There is also a possibility of spreading head lice via pillow, headrest or similar items," said Headlice.org.

And contrary to popular belief, lice cannot fly or jump.

Proper ways to check for lice are to comb through the hair with a wooden stick while wearing rubber gloves. The lice will be visible and living on the hair.

There are various treatments for getting rid of lice such as specialized shampoos that are over the counter pesticides; there are also natural solutions for head lice for those who want to take a more holistic approach.

Body lice are similar to head lice and also in the louse family are pubic lice or more commonly referred to as "crabs."

Often confused with Scabies, head lice, body lice and crabs, are not similar creatures and are completely different.

Solutions for any type of lice insects are all similar and use the same pesticide, most often in the form of a shampoo or wash.

Bed bugs and lice are not the only little creatures that are unfortunately a recurring problem in schools, work places, hotels, and universities.

Catching any of these has no reflec-
Drunk driving alternatives

Thomas Sands Staff Reporter

In 2004, in the United States alone, there were 16,694 alcohol related deaths. This accounts for 39% of the traffic fatalities for that year.

What then, as a country must we do to emphasize the severity of driving while intoxicated?

The statistics show that every thirty minutes someone is killed in an alcohol related accident.

Perhaps we can discuss some drunk-driving alternatives such as having a designated driver or D.D., or possibly taking one of the many busses to and from the bars.

Surprisingly, the state of Connecticut had only 127 alcohol related deaths in 2004.

The main issue that arises from a social aspect is the one so many want to be "that guy" or "that girl" who is not drinking. The college atmosphere puts a high emphasis on drinking and going out to have a good time.

The irony of drunk driving follows us this, being the driver, the responsibility of those in the car turns solely on you. In a United States court, it can be looked upon as manslaughter.

The school should provide some sort of discounted tax or bus, because people drive drunk when there is no other option," said Kyle Coffman, junior, Oviedo, Fl.

Whether it be some kind of late night phone call or an agenda for tomorrow, the pressure and idea to drive home tends to come into play when one thinks that they are O.K. to drive.

In reality, one does not realize the level of intoxication until one gets onto the road and does not realize that the task has already begun.

"Drunk-driving is a result of poor planning and not thinking long run people end up dead" said Coffman.

It is the responsibility of college students and their mentors to emphasize the dangers of driving drunk. It is something that can and should be prevented.

What is the shame in calling a taxi or a friend to pick you up? Unfortunately, human beings don’t realize the severity of things until it actually happens to a loved one.

"The school should offer transportation to and from bars," said John Parker, junior, Eastchester, N.Y.

The campus has put so much time and effort into the student's education; why not offer other modes of recreation such as transportation for students of legal age.

"The tragedy with drunk driving is that it ends lives, that don’t necessarily have to be ended," said Parker.

Is a life worth a good time or an inconvenience to be behind a little on your work because you responsibly decided to stay at a party or waited those extra two hours to sober up?

"The best way to prevent drunk driving is to call a cab or become friends with someone who does not drink," said Sean Thomas, junior, Cedar Grove, N.J.

If one was to become friends with someone who does not drink at all, transportation would never be an issue and neither would driving drunk.

Breast Cancer awareness

Sarah Hou Staff Reporter

The month of October is National Breast Cancer Awareness Month and the National Breast Cancer Foundation along with citizens across the country has the same mission to aid the cause.

The National Breast Cancer Foundation's delegation is calling to save lives by increasing breast cancer awareness through education and by providing mammograms for those in need.

Every two minutes there is another woman diagnosed with breast cancer and this year more than 211,000 cases are expected in the United States alone.

Breast cancer is also the leading cause of death for women between the ages of 40 and 55.

"My great aunt was a 2-time survivor and my aunt is a 2-time breast cancer survivor. I have a lot of respect for my aunt for being able to go through cancer twice and to be able to be the woman she is today. I’ve never met such a strong, determined woman in my life like my aunt. I try to give love and support to those who are going through it and I even donated 16 inches of my hair to Locks for Love," says Susan Patton, junior, Springfield, Ohio.

Our nation is trying to help inform and alert women to get regular check-ups and monthly breast self exams.

Not all lumps are detectable by touch and regular mammograms are recommended. When breast cancer is found it is the five-year survival rate is 96%.

At the moment over two million breast cancer survivors are alive today and hopefully the world will soon be able to fight the cancer and find a cure.

The sorority Beta Delta Phi's cause is breast cancer and is contributing much of their time and effort to make students more aware.

For three weeks they have had tables set up outside of FLK where you can donate money towards breast cancer and receive a pink ribbon.

A decorated the bulletin board hangs in the halls by L.T. which helps spread awareness and makes people think about Breast Cancer and early detection.

"Beta Delta Phi chose this cause because it hits home to almost every woman in some way by either knowing a friend, or a family member that is affected. Every one of us in Beta have had a very personal experience with Breast Cancer and would want in any way to help the cause," says Alana Hassell, junior, Manhasset, N.Y. when asked why the sorority chose this to be their cause.

"We contribute to our cause by raising money around campus and donating a hundred percent to breast cancer, we do fund-raising events such as the pink ribbon project, denim day, and we sell breast cancer ribbon chocolate lolipops. We also hold events to spread awareness like the breast Cancer Conference, which is held in the fall, and the dance-a-thon, which was the best event on campus last year raising a total of 3,000 dollars. We also sell a breast cancer vigil everyday, and volunteer at the annual breast cancer walk, Making Strides Against Breast Cancer, in Westport every year," said Hassell.

RISE with SHU: reaching out to the community

Alyssa Ferdinando Staff Reporter

In the spring of 2004 Sacred Heart University began their pilot run of the student benefit program, "The RISE Program."

"August, RISE was made an official part of Sacred Heart University. The RISE Program is a post-secondary transition program for students with disabilities. This program is based on the SHU campus to give the RISE Students the opportunity to interact with age-appropriate peers for peer buddy experiences, recreational experiences and daily living experiences," said Jodi Lovgrove, a SHU alumni from the class of 1999 and Special Education teacher for the RISE program.

"The RISE students are gaining the social and vocational skills needed to live as independently as their potential will allow, the progress they are making gives them increased confidence and competence in social situations," said John Buchbinder, a social worker and member of the RISE Program staff.

The importance and purpose of the RISE program here at SHU is to enhance the learning experience and social environment for the RISE students.

"I like the independence of RISE and the job sites," said Matt Fisher, 20, Monroe, member of the RISE program.

Many SHU departments and teams have participated in the RISE program.

Friendship is just one of the many aspects the programs participants experience.

They include Occupational and Physical Therapy, Social Work Club, SHU Football, Field Hockey, Zeta Sorority, and Best Buddies.

"Throughout the course of RISE, SHU students have volunteered their time with the RISE Students to participate in Fitness Buddies, Lunch Buddies, Cooking Buddies, Leisure Buddies, Wellness Buddies, and Best Buddies," said Lovgrove.

"RISE is a collaborative effort between SHU and a consortium of 6 school districts (Stratford, Bridgeport, Monroe, Fairfield, Region 9 (Easton/Redding) and Westport. Representatives from each of the districts as well as a representative from the university (Donna Bowers, Physical Therapy Department) worked on planning this program for about 18 months prior to its inception," said Lovgrove.

Those who are eligible to be a part of the RISE program are students between the ages of 18-21 that have completed all requirements from their high school program.

Once student referrals are submitted to the district representatives, they are reviewed and it is then determined if a student would benefit from entering the RISE program.

"From the RISE student perspective, what we hear from so many families, even after coming to the program for a few months, is the increase in confidence and independence that they see in their son or daughter. The feedback from SHU students who have participated has also been positive, with many reporting that they learned as much as about themselves, as they did about the students they volunteered with. These reciprocal learning opportunities are so valuable," said Lovgrove.

The students are achieving new limits with the RISE program.

"I like being a RISE student because I like being on campus and having time to talk to the SHU students," said Brandon Rothblatt, 20, Redding, member of the RISE program.

"The vocational skills they are learning increase their ability to take on more challenging and stimulating work assignments," said Buchbinder.

"I have been the special education teacher for the RISE Program since it's inception three years ago, and I think what has changed most about the program is the increase in SHU involvement, we feel so fortunate to be on this campus. As each year passes we have more and more productions with SHU students on campus," said Buchbinder.

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Sports

Seawolves’ ground game buries Pioneers

Brian Fitzsimmons
Sports Editor

Every element that was mixed into Saturday’s football game at Stony Brook seemed too familiar for Sacred Heart, but the result left them doomed once again.

The Seawolves gave the Pioneers the same treatment on the ground that Albany dished out last week, out-rushing them 257 to 20 in a back and forth affair which ultimately transpired into a 38-21 home victory.

Albany dominated the ground game with a 300 to 14 net rushing yards advantage and buried the Pioneers at home meanwhile, Stony Brook would add to the misery for the Sacred Heart defensive unit just one week later.

“Being out-rushed is a big problem,” said quarterback Tyler Arciaga, Graduate student, Bonita, Calif. “But in a perfect world, we would love to run the ball more because it gives us a lot more time of possession and keep the opposing defenses honest.”

After falling into a 14-point pit in the second quarter, the Pioneers cut the lead in half when Arciaga hit receiver Corey Bundy with a 32-yard scoring strike, which capped off a 73-yard drive. However, this wouldn’t be the last time the Pioneers would have to scrap together a desperate comeback.

Early in the fourth quarter, the Pioneers found themselves in a 21-7 hole, but Arciaga’s arm dissected the Stony Brook secondary for two scores within under three minutes. Joe Henley and Steve Tedesco each caught one of the touchdowns to pull Sacred Heart even with the home team at the 10:17 mark.

“If we believe bad things will happen, they tend to happen that way,” said Arciaga. “We can’t have a negative attitude [when down in the game].”

After three full quarters of battling and inching back, the Seawolves put the visiting squad away in a fashion that the Pioneers have seen too much of.

Two rushing touchdown runs, Von Bryant’s 9-yard run being the game winner with 8:18 left being the first, and a field goal all combined to create a massive blow to the Pioneers league record.

“Any time you come back from a considerable deficit and lose, it can be very tough on the team’s morale,” said Arciaga.

“In a contest where four Seawolves gained more rushing yards than Sacred Heart did combined, the let down of another failed comeback has haunted many of the Pioneers.”

“Looking back, there were a lot of defining moments of the game,” said Arciaga. “The biggest moment was my interception while we were down 28-21 in the fourth quarter. The interception stopped our momentum we had after our quick two touchdowns and they were able to drive 99-yards and take a lot of time off of the clock.”

The Pioneers will look to snap their three-game losing streak when they make a trip to Loretto, Penn to take on St. Francis. Pickens and the Pirates will look forward to St. Francis, said Arciaga.

“That game is a good opportunity for us to overcome some of our previous shortcomings.”

Full coverage of next week’s game against St. Francis will be found in the Spectrum!

Freshman Tedesco shining in spotlight

Chris Morrow
Staff Reporter

Freshman wide receiver Steven Tedesco’s ability to breakaway from defenders down field has allowed him to shine in the limelight.

Tedesco, from Mission Viejo, Calif., has made his presence felt on the field midway through the season despite the Pioneers dropping their last three games.

“He’s athletic, he’s mature, he’s intelligent,” said wide receivers coach Artie Asselta.

Tedesco attended Trabuco Hills High School.

“He feel through the cracks,” said Asselta, referring to Tedesco’s possible start at Hofstra.

Tedesco had his first action of the season in the wide receiver spot, Oct. 14th against Albany, in which he had caught four passes for 65 yards, and a touchdown.

He stepped up once again in Saturday’s game against Stony Brook, catching eight passes for 102 yards, with a touchdown.

“It’s well above average for his second college game at the position,” said Asselta.

“Against Albany, A.J. [Franklin] played, this week was a different role and he handled it great,” added Asselta.

“He’s earned their respect as a true freshman, coming here learning every single receiver formation, it’s pretty remarkable,” said Asselta. “I have to improve everything,” said Tedesco, following the game against Albany.

“Tedesco has already been established as the main punt return option. “He’s been the guy for us that we haven’t had in the past,” said Asselta.

In eight games, Tedesco has returned 11 out of 13 punts for 130 yards, averaging 11.8 yards a return.

“The speed of the game is faster, you got to be strong, fast and physical out here,” said Tedesco. “It’s no joke, it’s the real deal,” added Tedesco, describing his transition from high school to division one college football.

With the potential absence of Franklin from the rest of the season, Tedesco will potentially be seeing more playing time and pass attempts coming his way.

Sacred Heart (2-6, 1-3 NEC) finishes up their last three games of the regular season. Next week, they will continue their conference play at St. Francis in Pennsylvania.

Injury Report: Franklin, senior, New Haven, is questionable for the rest of the season, due to his ongoing shoulder injury. He did not play against Stony Brook.

Jon Corto, senior, Orchard Park, N.Y., played against Stony Brook, with seven tackles in total, after hurting his ankle against Albany. Corto should see regular playing time.
Dirty deeds in Detroit?

"It was dirt," said Kenny Rogers. "Just dirt."

Yet, this so-called dirt has set off a chain of events that has begun to overtake the postseason that has been one of the more memorable ones in history.

The Tigers have been the most talked about team in baseball all season. They came from the bottom of the American League to the top in a matter of one season, and it's no surprise why.

They have received great pitching from the trio of Justin Verlander, Nate Robertson, and Jeremy Bonderman. They have gotten great hitting from Magglio Ordonez, Placido Polanco, and Craig Monroe and have used it to carry them all the way to the ALCS.

Now one man and some unknown substance have unfortunately overshadowed all of that.

Rogers, one of the veteran leaders on the team, has become a suspect for doctoring with baseballs during his postseason starts. Pictures have shown what looks like pine tar on the inside of his pitching hand in his last two starts.

For those of you who do not know, doctoring a baseball is a term used when a pitcher does something to a ball that makes it do different things. Some pitchers have used nail files, Vinealine, and even oil in one case to mess with a baseball.

The infamous spitball is now illegal because it makes a baseball move unnaturally and is an old time method of doctoring up a baseball.

When I watched Rogers pitch this postseason, I saw something different. This pitcher had more movement on his fastball than ever and breaking ball that made batters looked lost.

This wasn't the same Kenny who had zero success in past postseason appearances with the Mets and Yankees. Who could forget when Rogers walked in the winning run during game 6 off the 1999 NLCS?

So is this newfound success for Rogers all thanks to a doctored up baseball? I am not the only one thinking this.

The Major Leagues are looking into this scandal. They are looking into how the Umpires mishandled the situation when it first came to light on Sunday's game.

Cardinals manager Tony La Russa has questioned if what Rogers did was a "violation of competition" or really just dirt.

So what happens if baseball does in fact think that Rogers committed a foul act? What punishment do they seek out? What about the New York Yankees and Oakland A's who were on the receiving end of two Kenny Rodgers outs-ings?

These questions are all one that need to be addressed.

In my opinion, it wasn't dirt. Dirt doesn't stick to your hand and appear in the same spot in two different pictures taken in separate games. It is defiantly something. So baseball should do what is needed. They should suspend Rogers for the rest of the postseason. Next season should also contain some sort of punishment for the starter.

Let's look at it this way. When the 1919 Chicago White Sox threw the World Series they were all kicked out of baseball. Is this on the same level as messing with a baseball, which is against the rules of baseball? Should Rogers be removed from the game he is paid to do, permanently?

Well, baseball will be left wondering what to do with the new found "Dispate" for some time. As for now, we will see how the playoffs finish up. But if the tigers do go on to Win the World Series, just be prepared to spend a solid 30 seconds trying to pry your hand away from Kenny's when you give him a congratulatory shake.

Do you think Kenny Rogers cheated throughout the 2006 playoffs? E-Mail your thoughts to Mike Barrett at barrett@fugedheart.edu. Maybe he'll give you a piece of his mind. If you're lucky.

Top Performers: three stars for Sacred Heart

Colleen Carney Pam Pillo Jason Tessitore

STATS:

This senior scored the game winning goal in a 3-2 win over Rider to clinch playoff berth.

STATS:

This senior was named the Prince/ Northeast Conference Player of the Week for tennis.

STATS:

This sophomore scored two goals, including the game winner, in a victory over Robert Morris. The win keeps the men's soccer team in the NEC playoff hunt.
Dear Diary, T.O. took on the Giants on Monday night football...

I can be so corny sometimes.

My beloved Giants and the hated Cowboys are playing on Monday Night Football, in their first head to head match of this season. Also in honor of the wonderful Bill Simmons, had to keep a running diary...

8:26 p.m. Welcome to my school sports haven! My seat of choice tonight is in my room. My co-workers tonight, are my editor Fitz, my co-writer Mick, and a cast of thousands. Maybe.

8:29- Has anyone else wondered why Dallas has had that silly hole in the roof for so long? I think that is ridiculous and they need to pick one or the other.

8:30- Brilliant montage by the original LT. Replaying old clips of past games, and displaying images of the current team. I already have goose bumps.

8:32- Samuel L. Jackson doing the initial take-off, wearing a Yankee cap no less. I knew I loved him.

8:34- Joe Theismann loves to hear himself talk (let’s call this the Tim McCarver disease).

8:38- Michelle Tafoya and Suzy Kolber are doing sideline reporting tonight. Kolber is thankfully far, far away from Joe Namath. Tafoya ages like a fine wine. I think she is hotter now than she was ten years ago. How is this possible?

8:42- Tirico says the weather is perfect. Of course it is, they are in a dome with a hole in it...

8:43- Shock, Tiki Barber is introducing the offense. He has to get more face time since he doesn’t get enough.

8:46- WOW! Eli Manning just ducked a defender to avoid a sack and Plaxico Burress went up through a defender (plus a little help from the Back Judge taking out Roy Williams), Feely bongs home the extra point and the Giants put a first quarter drive together and have the lead 7-0. Who is this team?

8:49- Is it possible for Plaxico Burress to wear his hat forward? Or does he have to look like a thing at all?

8:54- Strahan makes another tackle and the Cowboys have to punt. Fans are booing? Already? I can’t wait to see what they do when Tony Romo is in the game...

8:58- Tom Coughlin unveils the official Tom Coughlin look. Hands on hips, questioning scowl on face after Manning just called timeout before third and 1.

9:00- Is there a tougher, stronger one yard runner than Brandon Jacobs? Yea I don’t think so either. First down New York.

9:01- Manning just fumbled, causing the second “oh no!” of the night. Thankfully the Giants recover and lose 12 on the play.

9:13- The Giants, and LaVar Arrington just put more points on the board, sacking the shell-shocked Bledsoe in the end zone for a safety. 9-0.

9:21- Dallas looks anemic on offense. Arrington is dominating and Bledsoe continues to depress.

9:24- End of 1. Giants 9 Cowboys 0.

9:26- Just saw a nice montage of TO screaming at everyone on the sideline. What an idiot. Leading Mick to name five receivers better than him. Fitz said six.

9:28- I think Burress has 100 yards already. He is torching Terrance Newman.

9:29- Actually it is 94 yards he has thus far...

9:32- Feely sneaks one past the left upright. 12-0.

9:39- Osi Umenyiora just joined the sack party. The boos rain louder than Seattle in April. Cowboys punt yet again.

9:44- Manning is intercepted in the end zone, Dallas takes over on the 20.

9:48- Arrington is injured is being carted off on the golf cart. This doesn’t look good.

9:54- Owens has his second catch of the drive and gets jacked up by Brandon Short 1st and goal for Dallas.

9:55- I hate T.O.

9:56- I hate T.O.

9:57- Drew Bledsoe just ran for a touchdown. I think the apocalypse is upon us. Vanderjagt tacks on the extra point. 12-7.

9:58- Tirico makes a good point saying that Romo won’t be in the game any time soon. Kromheiser chimes in perfectly saying that blues is running wild in Dallas. Momentum is all over the Cowboys. It’s getting dicey here.

9:59- Tiki just fumbled and is down injured and the Cowboys recover. We lost the most dominant defensive player last drive and now Barber is hurt? This is not good.

10:11- First shot of meddling Jerry Jones on the field. It is amazing how fast he can get out of the skybox...

10:14- Yet another comment by Tirico of Barber’s imminent retirement. I feel ready to vomit.

10:17- Giants run out the clock and go into the locker room up 12-7.

10:31- Well, without half time I would have been correct, Tony Romo is in the game to start the second half.

10:32- I just called Tony Romo’s first interception on his first throw.


10:48- Emmett Smith appears via satellite and they are discussing Dancing with the Stars. I feel ready to vomit.

10:52- Amani Toomer is just about the classiest receiver in football. Just does his job. Meanwhile Jacobs, the wrecking ball just bulldozed about five Cowboys.

10:58- Bulldozer does it again barreling through about four Cowboys to get not only the first down but the end zone. Feely bungs home the extra point. 26-7 Giants. The air has escaped Texas Stadium.

11:06- End of 3, Giants 26 Cowboys 7

11:07- TO falls and Romo almost gets picked off. I bet Romo is ready to throw him under the bus now.


11:18- Manning is sacked by DeMarcus Ware leading Theismann to call him unblockable. Three and out, Feagles punts. Not two weeks in a row on Monday Night Football could it?

11:22- McQuarters just takes a 15-yarder on T.O. Dallas is on the move again.

11:25- Witten just converts a third and 13 from Romo. I’m having a conniption right now.

11:26- Fred Robbins intercepts a pass from Romo on a screen pass. Maybe I can breathe now?

11:35- Feely tacks on a field goal. The score is 29-15 with less than four minutes in the game.

11:41- TO drops another one. Cowered under a potential hit. Nice work by him tonight.

11:43- Tony Romo just turned into Drew Bledsoe. Kevin Dockery picks Romo and takes it to the house. 35-15. All is right in the world for the Giants. The Cowboys are on their way out. They have a QB controversy and were outclassed tonight.

11:55- Giants take kneel down and win 36-22.

12:00 a.m. - LaVar Arrington blew out his Achilles tendon. He is out for the season. Can’t win them all.

There you have it folks. Hope you enjoy this. I’m going to ice my eyes and fingers right now. I’m spent. Sleep well all.
Field Hockey earns chance to defend title

Bridget McGowan
Staff Reporter

The Sacred Heart Field Hockey team has found the right winning formula.

And because of it, The Pioneers can defend their Northeast Conference title in the playoffs.

On Sunday October 22, in Lawrenceville N.J., the Pioneers field hockey team battled Rider University into a double overtime. The Pioneers fought and battled coming out on top with a 3-2 victory over the NEC rivals.

Senior Colleen Carney of Yorktown Heights N.Y. scored the game-winning goal with 6:13 left in the second overtime. And goaltender Whitney Mills, a sophomore from Harrisburg, PA shined making a total of 19 saves through out the game.

The Pioneers were the first to score at the 9:24 mark of the game when junior Leah Stoecher of Hummelstown, PA tipped a shot by sophomore Melissa Mazin of Putnamtagally N.Y.

It was not long until Rider came back before the half was over with a shot by Mandy Hunter, assisted by teammate Tricia Crotty at the 28:58 mark, ending the first half of the game with a tie.

As the second half began Sacred Heart once again took the lead when Mazin tipped in an initial shot by high scoring sophomore Carissa Eye of Nescomyt N.Y. earning the Pioneers the lead once again.

The game went back and forth until Broncs Julie Vaccarelli was awarded a penalty shot at the 64:18 mark. Vaccarelli slammed the ball into the net past Pioneer goaltender Mills sending the game into overtime.

Both teams struggled through the first overtime, but the score remained the same sending the teams to battle it out in the second overtime of the game.

But, in the first minute of the second overtime she was disappointing sent off the field with a yellow card. After serving the penalty Carney came back with vengeance and scored the game-winning goal for the Pioneers.

Mazin, who had a role in each of the Pioneers goals, set up the game winner. Mazin slammed a shot and Carney was in front of the net to deflect it past Broncs goaltender Kristy Bearish for the goal.

Carney was a clutch player though out the entire game, and has been the entire season. It was Carney’s 11th goal of the year and team leading sixth game winner of the season.

Despite the fact that the Pioneers won, the Broncs controlled most of the game statistically. The Broncs out-shot the Pioneers 35-16 and earned 19 penalty corners to the Pioneers 10. However, the defense performed brilliantly and Mills dominated in goal.

Sacred Heart currently sits in second place in the field hockey standings, just a single game behind Lock Haven.

The Pioneers will finish the regular season next Sunday at 1:00pm when they travel to Londendale N.Y. to face off the Siena Saints. The Northeast Conference playoff's follow shortly after on November 3rd at the home of the highest seed.

The competition against the women’s field hockey team has yet to be determined, but look in future issues of the Spectrum for full coverage of the NEC field hockey tournament!

MIH splits with Canisius

Mike Harmo
The Spectrum

Momentum is the driving force behind all sports. Unfortunately for the Pioneers men’s ice hockey team, the momentum was not on their side as they lost to the Canisius Golden Griffins 5-2 Saturday night.

The Griffins traveled to Buffalo to face the 1-4 Griffins this past weekend but Saturday’s was simply not their game. Although they played as a team they were simply out played and were unable to shift the momentum back to their side.

The Griffins got on the board first on a goal by freshman Chris Fossman who was able to keep the Pioneers from clearing the puck and instead, put it past Pioneers goaltender Stefan Drew to take the lead.

It wasn’t until the second period that the game was tied on a goal by the TOP line. Senior, Pierre-Luc O’Brien of Nicolet, Q.C. scored a goal that was assisted by Alexandre Parent of Boisbriand, Q.C. and Bear Trapp of Regina, S.K. at the 3:18 mark of the second.

The game was not tied for long. In the second period freshman Josh Heidinger scored what would prove to be a very important goal. Then with only four seconds left in the second period the Griffins scored another goal to make the score 3-1.

It didn’t end there though. At the 7:03 mark of the third period Billy Baker put the rebound off a John Patera shot past the sophomore goaliekeeper to make the score 4-1. To put the final nail in the coffin the freshman Jason Weeks top shelfed a shot past Drew to make it 5-1.

Sophomore Eric Giosa Northville, Mich. scored with one second left in the third period to make the final score 5-2. Even though this goal meant nothing in the outcome of the game it showed that the Pioneers would not roll over and quit and play the game to the very end.

There was again strong goaltending on both sides with Drew blocking 25 shots and Adam Lawen blocking 33. The only difference once more were the power plays and the fact that the Pioneers cannot cash in on them as much as they should.

The Pioneers went one for 10 on the power play while this Griffins capitalized twice when up a man. This is proving to be a big problem for SHU because in the past two meetings they have fell victim to power play goals, in this situation losing 5-2 and their previous weekends game tying 2-2.

The team will look to do more as they travel to Michigan this weekend to play a couple of non-conference games, one against Wayne State on tomorrow and Michigan State on Saturday but games are at 7:00 p.m and they will be broadcast on WICC 600 AM.

Despite this loss, the Pioneer hockey team won 3-1 the previous night at Canisius. Freshman Eric Boisvert had a goal and an assist, while sophomore Eric Giosa added two helpers.

Sophomore Bear Trapp scored for the Pioneers courtesy of a nice pass from senior Todd Spencer.

Senior goaltender Jason Smith stopped 19 shots and picked up the win.

The Pioneers record now stands at 1-2-1.

Have a question or comment? Email your thoughts to Sports Editor Brian Fitzsimmons at FitzsimmonsB@sacredheart.edu
GROUND RULES FOR RUSHING ROULETTE

Lopsided rushing totals punish Pioneers

Chris Morrow highlights freshman Steve Tedesco

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Brian Fitzsimmons recaps the loss

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