The Jewish Home for the Elderly is moving up and out... eventually.

For sale or not for sale? That is the question. Jewish Home for the Elderly is the talk of the town, and campus... check out the ‘Brief’case for update.

A fearful future because of Facebook?
Employers are watching you... online!

Brittany Price
Staff Reporter

Facebook.com is a school related social network. Think again.

Facebook.com is one of the premier social networks. But recently students have been deactivating their ever so popular Facebook.com accounts because employers have begun checking Facebook.com for the inside scoop on possible job applicants.

Some students have deactivated their accounts because of the News and Mini Feeds, which have become a target for controversial privacy issues. These “Feeds” can track everything from your online! (See JOBS on page 2...

Bringing it ‘Back to Basics’

‘Tis the season for the winter formal
Jenna Rignanese
Staff Reporter

Time to button up in black and white. We are going “Back to Basics.” This winter’s black and white cocktail affair will be one to remember. But you better get your tickets today between 8 a.m. and 6 p.m. in Hawley Lounge before they are “basic”ally sold out.

The Back to Basics Winter Formal will be held on Friday, Dec. 1 at Fantasia in North Haven. The festivities begin at 8 p.m. and will carry on until about 1 a.m. The event is open to students of... (See BLACK on page 5...
Online profiles under job watch

CONTINUED FROM PAGE 1

relationship status, to who are your new friends and what you wrote on another person’s virtual “wall.”

Other reasons for deactivation include the open availability to students in high school, as well as college, making this once strictly college network accessible to those not even close to graduation.

Lisa Baldwin, Junior, Mansfield Mass., finds it weird that her sister in high school, let alone employers, can track her every move.

“It made me think twice about what I was putting on the site,” said Baldwin.

“There are some things I just do not want my younger sister or employers to witness on my or any other college students Facebook profile.”

The large influx of deactivated Facebook accounts deal with employer access to a users personal profile, which has raised concerns about future job opportunities.

Are these students afraid for no reason? Not necessarily.

According to CNN.com privacy issues have really been “hitting home” with college students.

The stark reality is that what students post on their Facebook profiles can come back to haunt them in the internship and job industry.

“I am athlete, and I don’t want to post anything incriminating to my team or myself,” said Jessica Schnell, tennis team junior, Niskayuna, N.Y. “My actions are a reflection of the tennis team and I don’t want to put up a bad image for my coach or my teammates. I am completely cognizant of the things I post on Facebook.”

Employers hoping to gain information about the personalities of the job applicants are very likely to pursue Facebook.com.

This pursuit enables employers to “hang out” with job applicants prior to the interview. It is easier for employers to eliminate those who do not take their presentation seriously before they call them in for a meeting and interview.

The new phenomenon between Facebook and employers has instigated students to take action.

“I took down anything on my Facebook profile that could be seen as unprofessional to employers,” said Thomas Sands, junior, Newburgh, N.Y. “I am looking to get a credible job next year when I graduate and I don’t want my peers or possible employers to prejudice my character through misleading photos and comments.”

Adam Slater, senior, Willington has deactivated his account completely.

“Facebook has become outrageous, it is stalker-ish, and I don’t want everyone knowing my every little move,” said Slater.

“I don’t like putting my name online for any reason.”

In today’s technology driven world, anything from emails to online profiles, especially pertaining to students, can be open information to anyone and everyone.

“Everyone should think twice before posting anything online,” said Slater.

Some students think that looking on Facebook.com prior to meeting a job applicant is “cheating.”

“How will I act when out with my friends and how I act at work are two different things,” said Frederic Harland, junior, Rosemere Quebec. “Pre-searching to see what the person is like is judging a book by its cover.”

“If employers are removing those who party from their prospective hires then they are getting rid of practically all college students. There is no way they can be successful in finding and hiring workers like this.”

Harland is a self-proclaimed “Facebook aficionado.”

“Although there are drawbacks to having a Facebook account; I would never take it down. I love Facebook.”

But are employers being too strict over online profiles? Should they cut employees some slack?

Students like Harland argue yes, that employers were once young, too and everyone has had their wild days.

Either way, the fact that employers are checking online at their own discretion cannot be suddenly stopped and will not change in the blink of an eye.

So, before you put “tequila makes my clothes come off” or “obligated during Halloween weekend” as the title of your next photo album, think twice... Employers maybe watching you!
Professors light fire with PHOENIX
Local newspaper sparks inspiration and documents Bridgeport’s ‘rebirth’

Mary Treschitta (left), Harriet Hiller (far right) and the newspaper they helped create.

Anne Dunne
Staff Reporter

Look out locals. Bridgeport has a new newspaper.

A month ago, two Sacred Heart professors Mary Treschitta and Harriet Hiller, along with two others decided to begin a new paper for the Bridgeport area.

Releasing their first edition in September, the PHOENIX is looking to find a true voice for Bridgeport residents to rely on.

"The state of American journalism has changed drastically in the past decade," said Hiller, Sacred Heart art history professor. "Bridgeport used to be an area of ‘Ma and Pop’ newspapers with real concerns of what is going on. But this has changed because of big corporations that only care about the advertising dollar.

“We feel that Bridgeport deserves to have a paper that serves the hometown needs of the community.”

The PHOENIX is released monthly in the Bridgeport area with a circulation of about 15,000 newspapers. Each newspaper is 20 pages long and is distributed in the Black Rock area, Bridgeport City Hall and in the libraries around town.

Sections in the paper include “City Beat” which focuses on the politics of the city and "Mayors Corner," where readers can post questions for the mayor to answer and tell you what is on his mind. Other segments include “Good Life,” which involves arts and entertainment, a kids column, editorial and nonprofit sections.

“We want this paper to help improve the political, social and economical environment for Bridgeport," said Treschitta, visiting professor in the Art and Design Department. "We want to establish an awareness of what is truly happening in Bridgeport and have a true voice for this community.

Students find the PHOENIX is a great way to be inspired.

"I think it's great that two of our own professors have started a newspaper in the area," said Erin Anderson, junior Carle Place, N.Y. "It's exciting to be able to pick up a paper and think that you knew who started it. This paper isn’t just a normal paper but actually has a meaning behind it of what it wants to get across."

The hometown news aspect of the PHOENIX is what makes this publication unique.

The people who put together this newspaper, Rick, Marty and myself are people who are residents in the area of Bridgeport and who share the same concerns as fellow residents," said Hiller. "The government and what goes on in the city of Bridgeport directly affects our life and our readers. My grandchildren are being raised in the city and I want it as one of honesty, integrity, growth and potential."

The writers for the PHOENIX are all freelance and individuals who Hiller has worked with before and all live in or around the area of Bridgeport.

These are top notch, prize winning journalists from the Conn. area,” said Hiller. "We believe in investigative reporting and that the city of Bridgeport deserves a newspaper that will help build the communities in the city between all the different ethnicities."

Treschitta’s believes that the PHOENIX is the vehicle that will give Bridgeport a “true” voice.

“We want to know how people feel about issues and to express their feelings through the paper,” said Treschitta. "We want to cover all topics that are important to our residents such as economics, social, political, entertainment and sports.

“Our writers in every issue have one main goal, and that is to deliver all of the important information equally and truthfully to our readers. We want to make a difference in the city and establish an equal form."

The newspaper is free for all readers and until the end of the year, will be appearing monthly. After January, the PHOENIX will be printed as a weekly paper available for all of Bridgeport in your local convenient stores, laundromats, church halls and other downtown businesses.

The founders of the PHOENIX represent a cross section of political philosophies, from Conservative to Republican, Liberal, Democrat and Libertarian.

Each of the founders of the PHOENIX have been writing, editing and design newspapers for most of their adult lives, each with the same goal, to better the city of Bridgeport.

"Bridgeport deserves the opportunity to let people see the good that this city has so that it will be respected by everyone and looked at as a city to visit," said Hiller. "This to us is being looked at as the ‘rebirth of a great New England city.’ It is Bridgeport’s time to shine. It is our city’s renaissance."

This paper is ready to let the residents watch it shine.

The PHOENIX is the new start for Bridgeport.
Carolyn Tavarens
Staff Reporter

Instead of soaking up the sun on a beach on another spring break vacation this year, why not try something different?

How about being a part of the delegation headed to El Salvador to help build a community for underprivileged children.

"Not to sound cliché, but really it is a life altering experience," says Jessica Boy, '05 delegation to El Salvador, senior, Sutton, Mass. "I think the biggest thing you walk away with is just a worldly view, by speaking with these people and just seeing a kind of poverty that will never exist in the United States."

The rough lifestyle of El Salvador affects mainly the children.

"When we first got there, the children would be following our truck, barely clothed, with no shoes or sandals on," said Joe Churba, senior, Massapequa, N.Y.

"The children didn't have proper hygiene and their teeth were decaying."

Churba expressed that since he is a Business major, they thought that they could go down to El Salvador and look into starting up a non-profit business. The people in El Salvador would make something for them that they would sell at Sacred Heart and then give back the money made back to the native people of this Central American nation.

"The El Salvador Spring Break Trip has been an ongoing experience for roughly the last 13 years," said Michael Moylan, Director of Student Union, advisor for El Salvador, Meriden. "We [Sacred Heart] have a tightly knit relationship with the community we aid in El Salvador."

"We strongly encourage students to become involved with this program."

When it comes down to students expenses for the trip, food and housing costs are covered.

"The cost fluctuates, but all we had to pay for was our airfare," said Boy.

Space is limited for this popular trip and students and faculty have already witnessed an increase in interest.

Desti nation: El Salvador

The alternative spring break option to El Salvador helps the natives in need.

"The [El Salvador spring break] meeting I attended this year had 20 people show up who were interested and the one after about 40 students show up," said Boy. "It's great to see such a good turn out."

Aside from meeting the people of the community and interacting with the children, the students take the trip to mainly focus on the necessary construction.

"We made some trips here and there to run some errands, but mostly we worked construction," said Churba. "We were building a community center in a little town called Andres Chavez."

Some of the work Churba participated in included moving cement and putting together beams.

"There was no machinery, it was all manual labor," said Churba.

Students who attend the spring break trip to El Salvador witness a different and unique lifestyle.

"When we say 'town', it was a cooperative," said Boy. "It was probably about 12 or 15 houses, and that's it. That's the town."

"You see a quality of life that is so upbeat and it kind of gives you faith in life that even people that have nothing can still persevere."

The life of the children in El Salvador is different than the lives of our children here in more ways than the housing options.

"Children don't wear anything on their bottoms," said Boy. "They don't even have diapers of any sorts, because they don't want to waste clothes since they know it will just get soiled."

Entertainment for the children is anything but technologically advanced.

"When you watch the children play, they usually play with something as simple as a stick, or chasing a bug because they don't have material toys possessions like we do here," said Boy. "It's all about their imagination and their interactions with each other."

From manual labor to interactions with the locals, a spring break trip to El Salvador is anything but ordinary.

Thinking about going on spring break?
Try something new...

El Salvador applications due Nov. 10.

Buisness professor attracts national attention

Dr. Micu leaves her mark at major marketing conference in NYC

Lauren Coonfalone
Staff Reporter

Sacred Heart boasts a world-renowned name in front of the school of business. Now, Professor Micu can be added to the list of people drawing national attention to our campus.

Dr. Ana Micu, Assistant Professor of Management at the John F. Welch College of Business, was recently interviewed on video at a major marketing conference in New York City known as the 2006 Consumer Engagement Conference.

She was interviewed for the blog’s “Engagement Video Series,” which featured dialogues with marketing experts from across the United States.

“Having the opportunity to be interviewed brought SHU’s name in front of the eyes of many practitioners and academics from the advertising field, many of whom had probably never heard about Sacred Heart University before," Micu said.

Alongside Dr. Gerald Zaltman, Professor of Business Administration Emeritus at Harvard Business School, Micu brought Sacred Heart national recognition.

“The marketing industry is a complex place,” said Leah Fuhrbregt, junior, Riverhead, N.Y. “I think that’s why the techniques they use now, like marketing analytics to children and stuff. A changed definitely needs to be made.”

And that is just what The Consumer Engagement Conference has set out to do in a pioneering effort to change marketing strategies across the industry.

The event featured presentations from marketing leaders and experts, along with guidance for advertisers and agencies with the goal was to help research companies, advertisers and their agencies gain the confidence to change the way they approach developing, testing and measuring the effect of their marketing communications programs.

“The advertising, media, and marketing industries are facing a new generation of consumers as well as new knowledge about how the consumer’s mind works,” said Micu. “There is need for change in company practices to make good use of the new knowledge about how consumers create the meanings of brands using information placed in the media by marketers.”

The conference promoted connecting with your consumer.

While Micu’s contribution to the conference adds to her media portfolio and she considers her input toward the conference valuable, she places a greater value on the knowledge she brought from the conference in New York back to her classroom at Sacred Heart.

See MICU on page 5...
"Back and white formal is the place to be"

Black and white formal is the place to be...

CONTINUED FROM PAGE 1

all years.

Tickets for full-time undergraduate students are only $10 and part-time and non-SHU students can purchase tickets for $25.

The winter formal is Sacred Heart's way to celebrate the Christmas season. It gives students the chance to dance, socialize, dress up and have a great time in a safe and affordable manner.

The class of 2008 has carefully planned the event, with new and exciting ideas to ensure an enchanting evening for all.

Back to Basics has a roaring twenties theme, with the color scheme of black, white and a bit of red to tie in the holiday season.

The formal usually resembles a normal banquet style dinner/dance theme.

A sit down dinner and traditional party music will not cut it this year. In the past, this event has been referred to as the winter semi-formal but this year things will be very different.

Mica a star in video blog at consumer conference...

The conference exposes me even more to first-hand accounts of events happening within marketing departments and advertising agencies," said Mica.

"It's a way to make sure my students get the knowledge and skills that companies are looking for in their employees today."

Stephanie Sullivan, junior, Newton, N.H. said that she feels that Sacred Heart is definitely preparing her for her future by providing classes that teach business ethics and working in teams in the classroom like you would be in the real world.

In terms of how Mica's recognition will affect the future of Sacred Heart students, she said that the definitely thinks that companies will see that the school is at a higher standard than the year before.

"We are on the right track and such events speak about the increasingly higher standards we have," said Mica.

When it comes down to what type of advice she gives marketing students, Mica said, "Read beyond the textbook. While textbooks provide a good foundation of marketing knowledge, following current events, campaigns, technology-related company changes will give you a competitive edge."

But will the changes really make a difference?

This year will not be your average high school prom formal," said Amanda DeMatteis, President of junior class, junior, Hamden. "There will not be a sit down dinner and there will not be assigned seating. The main emphasis will be on the spectacular DJ that we hired for the event.

"As for food, there will be hot and cold hors' devours passed through the night as well as passed stations, bistro stations and a huge dessert table."

Transportation will be provided by Sacred Heart and will be mandatory for all those attending. A cash bar will be available for attendees who are 21 and over with two forms of identification.

The event is intended to be a classy affair for SHU students. Black and white cocktail attire is recommended, although this rule will not be strictly enforced. Do not be afraid to dress to the nines.

Students who have attended the event in the past like the tradition of the winter dance.

"It was one of the best nights of the year," said John Constantino, senior, Abington, Mass. "They played a lot of '80s music. It was a great time to rock out and live the dream."

Although there are no specific seating assignments, bistro tables will be scattered throughout the room, with extra seating for the convenience of those who want to take a break from dancing.

"Last year's winter formal was a blast," said Chase Macula, senior, River Edge, N.J. "The bus there was fun, followed by a great night with my friends."

The entertainment portion of the night will be taken care of by two DJ's. They will spin new and old music, with a light show and the distribution of party props.

"I am so excited for the winter formal this year, I already have my dress," said Amber Noviello, junior, Seafood, N.Y. "Dressing up and having a good time with my friends will be so much fun."

Students will also be given the chance to buy a $1 raffle ticket for a limousine ride to and from Fantasia, with 7 of their friends. Raffle tickets will only be available with a purchase of a regular ticket.

"We are looking to create a classy affair that all SHU students, regardless of class year, can enjoy," said DeMatteis. "It's going to be a lot of fun and we anticipate a very high turnout. The Class of 2008 Board has been working really hard on this and I know it's going to be a great time."

Tickets sell out fast due to limited space, so hurry up and get "Back To Basics."

Professor Mica's video at...


The Specturm's Kate Briender

Fairfield University
Jesuit, Personal, Powerful.

GRADUATE PROGRAMS INFORMATION SESSION

Wednesday, November 8
6:00 p.m. - 7:00 p.m.

 Held at the Charles F. Dolan School of Business

PROGRAM SCHEDULE
5:00 p.m. - 5:45 p.m. Check-in and refreshments
5:45 p.m. - 6:00 p.m. Welcome and opening remarks
6:00 p.m. - 7:00 p.m. Graduate program presentations

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Fairfield University
Jesuit, Personal, Powerful.
Class lectures bring technological temptations

Rachel Maresca
Staff Reporter

Today, lecturing is dead.
A simple lecture doesn’t hold most students attention for the entire class time. This generation of students listens to music on iPods, talks to friends through text and instant messages, and makes friends through Facebook and MySpace. All of these new technologies presents a great deal of distraction to students who should be paying attention in class.

The distraction is right there in front of these students and without any interest in being lectured, they give in to the technological temptation to sit in class checking Facebook and instant messaging friends.

In an article in a New Jersey newspaper, “The Star Ledger,” refers to college students today as “Millenials.” The Ledger says, “Millenials have more friends and contact them more frequently, usually through instant messaging or text messaging. They are the first generation of “digital natives” and have spent almost their whole lives using cell phones and the Internet.”

“People digest information when they can relate things to their own lives. Professors should teach in a way that students could relate too,” said Bridget Steckis, junior, Wading River, N.Y.

Having discussions where the students can raise their hand and feel like they are truly apart of the class makes it easier to forget about their connection to outside world for a moment and really learn something. It’s important for students to feel as if their opinions count in a class.

“I like when professor’s make you discuss controversial issues because you get different opinions from each student. It makes class more interesting,” said Elizabeth Aveni, sophomore, Milford.

R.I. talked specifically about an experience with a teacher here at Sacred Heart that doesn’t use lecture as his teaching approach. She said, “An English teacher that I have has us utilize the discussion board on web advisor pertaining to the reading assignments. It sparks great discussion and participation in class.”

This is an excellent way to get the students involved in something educational on their laptops as opposed to them talking on their screen name. It gives them a chance to use their knowledge and love of technology and apply it to their schoolwork.

The Star Ledger quoted Richard Sweeny, he specializes in researching Millennials, in last Saturday’s paper.

Sweeny said, “The traditional lecture, where a professor stands in front of the class and delivers a monologue, is among the least effective teaching methods for this generation.”

“Lecture and discussions, it never works, because it always ends up being that the teacher is lecturing the whole time. They never ask questions,” said Steckis.

Sweeny said, “Professors shouldn’t be surprised when they spot students multitasking through e-mailing, text messaging, listening to their iPods and working on other assignments while simultaneously listening to a lecture in class. Chances are they are able to absorb the lecture and do several other things at once.”

“We would even pay attention to just lecture, we need to interact and discuss. That’s how we learn,” said Hartman.

It is in fact possible to pay attention to the teacher while multi-tasking, however, it may not be the best way to get through to the students when they have other things on their mind. This generation is interested and ready to learn in college, it just may not be in the most traditional way.

Glowing laptops can be very alluring when your class isn’t.
He Said...  
She Said...  

Your partner’s past: To know or not to know?  

When a relationship begins there is a lot of excitement because everything is new. There are 4 hours long conversations which last long into the night. However, the majority of those conversations stem from the unknown. When two people come together they know nothing of each other past and the only way to find out is to ask. It is absolutely appropriate to ask your significant other about their past, from how many people they have slept with, their past relationships, who they have hooked up with to what they like to do and what their aspirations are.

When asked, most people simply stated that they don’t want to know about their significant other’s past. If you are indifferent to who your partner has been with or what type of relationship they have had then it is not necessary for you to ask. Many times couples believe that their new relationship starts a new part of their life and therefore they only significant history is the history they make together. For these people it is simply easier not to ask about the other person’s past.

However, if you new significant other wants to know about you past then they should simply ask. It is absolutely appropriate for your new boyfriend or girlfriend to want to know about your past. If you are going to have an intimate relationship then your partner should know about your past because it lets face it, if you were a past heroin junky who sold your body for sex that would be much different then if you had slept with you high school sweetheart when you were 18. When you begin a new relationship it is definitely acceptable to ask about the past of your new significant other.

I would like to believe that at some point throughout college, you like at least one person enough that you would actually consider being in a relationship with. Being someone like me is much too detrimental to be in a relationship during college than any other time in their lives. It’s a time of growing and understanding, more out of the classroom than in.

Based on all the failed relationships that I alone have been in, not to mention the close friends I’ve been in, it is easy to understand relationships during college just a waste of time.

Yes, and no. Yes, because while looking at the glass half empty you can add up all the times you were left crushed with that nauseous feeling in your stomach, wishing that you could just embrace that person who caused you all loss of hope.

No, because life is all about learning from living. And if you never allowed yourself to be completely involved with someone who you really liked and wanted to be in a relationship with, you would be holding yourself back, and not completely living.

Some may even question whether or not relationships can ruin your experience in college. That is a link that if you’re involved in a relationship that you feel is holding you back from doing the things you really want to do and feeling like a ball and chain, then yes, it is.

But if yours is a relationship that you feel completely fine about missing out on because hookups and drunk make-outs with someone you met 20 minutes ago, then it sounds like nothing being ruined. I think that at any time in life is possible to be in a meaningful relationship, even if it is while you’re in college.

Growing up is a stage that everyone experiences, and having someone to experience it with might make it easier.

Just because we are at an age where we are learning most about ourselves doesn’t mean that we can’t understand another person as well. We might even find that we are more like the other person than we ever expected.

The age we are at is a pretty pretentious one. We’re turning into starbucks drinking, train taking yuppies, and sometimes we just want someone to understand what it feels like when your ipod runs out of battery. And from there, that could turn into a meaningful relationship.

But meaningful or not, most of the relationships that start in college, end in college. That’s just not the pessimism talking, or the experience that I’ve had, it’s the realization that four years is a long time to commit to anything. Years go by and we realize the people that we dated during high school and our earlier years of college definitely wouldn’t be the person we could see our selves with now, seeing how much we have grown and changed.

Would you like to write an editorial?  

Please e-mail Jacqueline Boothby at Boothbyj@sacredheart.edu  
and  
Check out “The Spectrum” online at:  

www.sacredheartspectrum.com
On October 26, 2006, the fourth annual SHU Force Dance Ensemble, a show with non-stop energy and special guest performances, was held at the Edgeron Theater after classes.

SHU Force is the club dance team that stands for the fusion of rhythm, creativity, and energy. For the past four years the team has prepared a recital in order to raise money for their team and the end of the year performance.

“They are a great group of girls with promising new talent”, says Lisa Cavalli, junior, West Babylon, N.Y. “Force is made up of many different types of dance, including lyrical, hip hop, jazz, R&B tapping, etc.” This was the first actual fundraiser of the year for the squad. The money raised will be put towards costumes and renting out the theater. In addition the team is involved with different community service projects, such as a diabetes walk, that they must complete per semester.

The Edgeron Theater was packed with supporting fans and students waiting for the show to start. In store for the audience was five acts filled with active power and motivation.

“I know this is a great organization and they have a lot of fire. I want to show them love and support for their hard work”, says Lenahndem Tankeng, junior, Yonkers, N.Y. The show started off with the SHU Force “Kick-Off,” an act of the members kicking in an upbeat collective sequence. This acts purpose was to get the crowd pumped and raise money for the team. Each teammate asked people to sponsor money per kick or give a flat rate.

”I felt for the kicks”, says Jessica Hartley, junior, Westerly, R.I. “When we were doing them everyone was screaming and shouting. It kept me going a little longer. It was really exciting performing on the stage especially since the theater was full. It made it much more thrilling with everyone cheering for us.”

Victoria Walter prepared for the team kick-off by attending practices three times a week. “It was really exciting to perform in the kick-off because it was my first performance with SHU FORCE and our first performance of the year,” said Victoria Walter, East Northport, N.Y.

SHU Elite, the club gymnastics team, executed the next act. Physical calisthenics was the main attraction of this showpiece. Bumping Black Eyed Peas beats, the team members show cased their aerobics. Cartwheels, flips, and aerials compelled the stage with strength and power. The following act was performed by hip-hop R&B group 211 entertainment featuring Izzo. The musicians performed a series of songs with a rhythmic beat. The L.A. musical group are underground rap artists trying to successfully break out into the hip-hop scene.

“The Double Up Dance,” featuring Paul and Brian Herman were next on schedule for the audience to enjoy, delivering a cheerful and exhilarating step dance to a remix of popular rap and hip-hop tunes.

Everyone can catch Paul and Brian performing with the infamous Flava Flav on the BET television show “106 and Black” on Thursday, November 16, 2006. “I think that Paul and Brian Herman were my favorite part of the show. They did an excellent job and had a great presence and a lot of energy”, says Erika Sawyer, junior, South Deerfield, Mass.

The final act was all dance performance to Justin Timberlake’s hot single Sexy/Back. The dancers were dressed in a variety of red, black, and white costumes. With sexy appealing costumes and rapid expressive dance the finale left viewers joyful and applauding. You can catch another ecstatic SHU Force performance at the end of the school year.
SAW III slashes into the box office

Matt Brucato
Staff Reporter

If it's Halloween, then it is "SAW III." Last weekend the third installment of the successful "SAW" franchise arrived to like its predecessors, usher in the Halloween festivities with a $34.3 million domestic opening and a number one spot on the charts.

The franchise follows the serial killer Jigsaw and his victims' attempts to escape from his traps. It's a story that has been raised to the screen in recent years, with the previous films being successful at the box office. The new film will explore the villainous Jigsaw and his tormenting relationship with his pupils, who are fresh out of prison.

"SAW III" promises more gore, blood, and violence than its predecessors. The film was released on the first of October, just in time for the holiday weekend. It is expected to do well at the box office, especially since it is a Halloween-themed movie.

"Horror films, especially slasher films, are among the cheapest films to produce, and that has often been a factor in their production," said Andrew Miller, assistant Professor of Media Studies and Digital Culture. "In the late 1970s and early 80s, for example, the rise of the VHS and cable markets led to an increase in American independent production, and due to their low cost to produce, horror films are healthy part of this production.

The first "SAW" released around Halloween in 2004 was originally to be released straight to DVD. However, after successful test screening it was given a shot on the big screen and managed to bring in $18.3 million in its first weekend release. With only an estimated $1.2 million budget, the first film gave Lionsgate Films its highest-grossing weekend in the studio's history.

"I thought the first one was a really cool idea," said David Fous, junior, Fairfield. "The first ones has such a great and definite ending, I was really surprised to see how they continued the story.

The gore-fest will continue in 2005 with the release of "SAW IV." With more blood, an established audience, and a new director, Darren Lynn Bousman, "SAW III" became a franchise and brought in $31.7 million in its first weekend.

"I wish they were scarier, they are gory, but not scary" said Hannah Munson, freshman, Roxbury.

With the success of the third film already guaranteed, there are plans set in motion for the next installment of the series. Bousman bows out with the third film but encourages the franchise to continue.

"If a film succeeds, it is sure to imitated by others until that particular style is undone by overproduction," said Miller. "You might also think about how slashers movies were popular in the 70s and 80s, and that the current young filmmakers making the new wave of slashers films would have grown up on those films."

Horror films evolve just like anything else and "SAW III" is just another example of how extreme things can get. If audiences embrace Jigsaw as they once did Freddy, Jason, and Michael, "SAW III" truly will be synonymous with one another for many years to come.
Core classes lead to a solid education

Thomas Sands
Staff Reporter

"Immersion, Innovation, and Integrity," are the self-proclaimed roots of Sacred Heart University, Liberal Arts and Catholic intellectual tradition, that SHU provides bold fundamentals of not only a major, but a liberal arts establishment.

Core courses, offered to incoming freshman all the way up to graduating seniors, allows for the diversification of knowledge within classrooms no longer than 20 students.

To establish well-rounded individuals, Sacred Heart University provides strong core courses to set the standard and path to higher education.

Based on communication skills, the Liberal Arts section provides one of the most important skills needed as a college education: people skills and linguistics.

The intellectual Catholic background which is also offered by Sacred Heart enables a study of all historical religions and provides the student with a worldly view.

Thus freshman enrolled in core classes are not only experiencing a sound social atmosphere but also obtaining a higher education.

"The most essential skill today and for the future is learning how to learn," www.sacredheart.edu.

"Core classes will put me on the right track to being successful in whatever I choose as my career," said Jen Loncanto, freshman, Babylon, N.Y.

These courses not only give students an idea of what kind of education SHU provides but also help them to explore various education avenues.

"I haven't decided my major yet, but I'm taking art classes which I love and didn't think I would," said Loncanto.

One other asset of providing these core classes is the opportunity that it provides for new ideas to be instilled into a young mind at Sacred Heart University.

"It helps to make you well-rounded as a person and allows you to experience things that you didn't think were possible," said Loncanto.

Experience is one of the most vital assets we can have as human beings. It helps us to grow and nurture our higher education while still providing a college atmosphere.

The purpose of core classes and the university life are to allow students to flourish within an enlightened environment of thinking and learning.

"They help me to organize myself, prioritize and getting use to the college way of doing things," said Sherwood Fendryk, senior, Greene, N.Y.

"Core Courses help to block students together and allow them to establish relationships throughout their college career," said Fendryk.

Thus, not only do core courses provide a higher education but also allow for great friendships to unfold and develop life long comradeships.

All students must have basic core requirements for graduation.

Making campus friendly for all students

Cintreece Brown
Staff Reporter

SHU has put its heart and soul into becoming one of the top 10 Catholic Universities in the Northeast. Have they ever thought about whether or not the campus is fully accessible for the handicap?

There are specific services for those with learning disabilities on campus. The Jarvis Learning Center for instance is a great service for students with these disabilities.

But are there as many resources for students who have physical handicaps on the Sacred Heart campus?

The majority of Sacred Heart's campus is handicap friendly. While some buildings may be more convenient to access than others, all buildings are handicap accessible with at least one entrance to the building possessing a ground level entry, where there are no stairs to climb or elevated doorways.

In addition, all buildings on campus, including Academic, Residential, and Administrative buildings, are equipped with automatic doors, as well as elevators and area of refuge in case of a fire.

Also the Office of Residential Life will make special arrangements for students who are in need of handicap accessible living quarters, for those students with physical conditions.

Jill Angotta, Director of Special Services is in charge of helping out students with certain physical limitations on campus due to a physical disability.

Automatic doors are just one part of the accommodations available to handicap students.

Also available, academically, for handicap students are course substitutions.

"A course substitution policy enable physically and learning challenged students, on a case-by-case basis, to request previously approved alternatives in place of specific required courses, but only when it is clear that the required courses would severely dis-advantage students ability to successfully compete in those courses," www.sacredheart.edu.

In addition, the Department of Public Safety also will provide transportation for students that have physical set backs, injuries or disabilities, during inclement weather or other special circumstances.

One location that may prove to be an obstacle for students with disabilities is the hill leading up to Roncalli Hall.

"For locations not served by the University Shuttle service (and when not operating), from dusk to dawn, the Department of Public Safety Provides escorts upon request from, and to, any on-campus location," states Sacred Heart's website.

"Your post secondary school is required to provide appropriate academic adjustments as necessary to ensure that it does not discriminate on the basis of disability," states www.ed.gov.

"In addition, if you're postsecondary school provides housing to non-disabled students; it must provide comparable, convenient and accessible housing to students with disabilities at the same cost," states www.ed.gov.
Man’s best friend banned from campus

Alyssa Ferdinando
Staff Reporter

Man’s best friend; many students have them but most are forced to leave them behind.

Here’s the inside scoop on SHU’s regulations of pets on campus.

“I had a fish the last few years and I used to bring it to campus, because unfortunately I can not bring my dog,” said Nicole Denese.

“The only kind of animals allowed are fish or anything entirely aquatic,” said Gabriel Garcia, junior, Deer Park, N.Y. and a current Resident Assistant in Merton Hall.

The university policy does not allow for birds, cats, dogs, or land-based reptilian animals.

This is due to their care and maintenance needs as well as their potential issues regarding students living in the halls.

Concerning lizards especially, there have been infestation problems in the apartments before and lizards are known to favor the occasional cricket.

Students are not permitted to bring live bait to the halls.

“The biggest damage bill from last year was for an apartment in Taf,” said Garcia.

He was referring to an incident in which a resident had been keeping a pet cat against university policy.

“They had to have the carpets completely replaced due to cat urine/dander. It was a little over 4,000 dollars,” said Garcia.

“I think it’s good to have low maintenance pets on campus,” said Ferrucci, “otherwise it would get very expensive and very time consuming to take care of a dog or a cat,” said Ferrucci.

“We don’t have enough space to maintain higher mammalian animals,” said Garcia.

“Sometimes a roommate may be allergic to them, and not everyone that wants an animal is responsible enough to take care of them properly. Most of us cannot afford it to take care of one properly,” said Spinelli.

“If I could I would probably bring my dog to campus,” said Spinelli.

“But not to stay forever just for a visit occasionally. He’s really good for stress,” said Spinelli.

“I think [pets] are a good idea because it can help with homesickness,” said Denese.

“If dogs were allowed I would definitely bring my dog down on occasions because I miss her,” said Ferrucci.

“Sometimes you want to come back to your dorm and have a warm welcome with the happy eyes and the wagging tail, instead of coming back to an empty apartment,” said Ferruci.

The war of the gaming world

Mark Weber
Staff Reporter

We have been waiting for new game systems to arrive. Companies promise to have bigger and better technology than we ever could have imagined. But are they worth the wait and the price?

The Xbox 360 is out and readily available for purchase. The Sony PlayStation 3 (PS3) and Nintendo Revolution are still a mystery to the consumer.

Cnet.com and Arstechnica.com personnel have had some pre-release access to these consoles and have posted reviews.

Unfortunately, no one is yet in a position to compare hands-on performance of all three next generation systems.

Nintendo Wii projected release was March 2006 and PS3 was spring 2006 but it could have arrival on store shelves in 2007.

Now the question is should we buy the Xbox 360 because it is available now or is it better to hold off for the Wii or PS3?

Do you upgrade to 360 from your existing Xbox?

Have no fear all three systems will have backwards compatibility with the most popular existing games.

So, if you already have a stash of games, you should probably stick to that system unless you are ready to buy all new games.

This decision could be an expensive proposition at $50-$70 for each game.

If you want the best game system without worrying about cost, most reviews say to wait for PS3.

It is thought to be technologically superior to Xbox 360, with support for upcoming high definition Blu-ray DVDs.

It will also include a new gaming specific processor. Like 360, it can output 1080p high def resolution to a compatible HDTV, but the Xbox 360 doesn’t support hi def DVD playback.

For this luxury you will pay anywhere from $100 to $200 more for PS3. The decision is up to you.

If you want to upgrade to a new system right now, Xbox 360 is your best option. It has the best gaming experiences.

The new games such as the new “Fight Night” and “Need for Speed: Most Wanted” really look great especially if you have HDTV to hook it up to.

Many sports games are so realistic you can see sweat dripping off the players. Wireless controllers, as well as online gaming with Xbox Live and network capabilities are other options that will also come with the new PS3 ad Wii.

You can also download a free software emulator that allows you to play about 200 of the most popular original games, even in High Definition.

It is difficult to compare the three systems actual performance because the American version PS3 and Wii are not yet available for testing.

Experts and analysts are making some predictions based on specifications and early prototypes.

PS3 looks like it will be the system of choice but with a very expensive cost factor.

It by far has the best stats and can also run linx which will almost turn your TV into a total media center PC.

PS3’s claim to fame is the Blu-ray DVD compatibility. This will eliminate the need to purchase a separate unit to play Blu-ray DVD movies as well as standard DVDs.

A criticism is that PS3 will have less new games to choose from due to Microsoft’s involvement.

A plus for Xbox 360 and minus for PS3 is that 360 is predicted to drop in price to about half of PS3 by the time is available.

Little is known about Nintendo Wii to many American consumers without serious research and knowledge.

It will have a backwards compatibility with Game Cube games and download capability for older Nintendo games also.

This system will feature a wireless, motion sensor equipped controller with the ability to perform some gaming maneuvers by just moving the controller around.

That may sound like a great idea to actually involve the gamer not only by a controller but by using their entire body to play the games.

A disadvantage for Wii is that is will not support HD; so high-resolution games are not an option.

An advantage is that this system will be less expensive, almost half the price, than Xbox and PS3.

If you have a large number of games for a particular system, your best bet is to wait for the next generation of your current system.

If you don’t, then Xbox 360 is a great choice. It will cost less than PlayStation 3 and still have high definition resolution a definite advantage over Nintendo Wii.

But with money not being an issue, you should wait for PlayStation 3 with its all-around entertainment functions, PS3 together with an HDTV will be the gaming experience of tomorrow.

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Sports

Smith and co. ready

Brian Fitzsimmons
Sports Editor

Michigan State may have lit the lamp seven times against Pioneer goaltender Jason Smith, but a much-needed spark may have been lit just in time for the Mercyhurst series this weekend.

On Saturday in East Lansing, Mich., the Sacred Heart hockey team split the two game trip, defeating Wayne State, 2-1, and then falling short 7-5 against the Spartans, who are the ninth ranked team in the country.

"Playing a team like MSU was a great experience," said Smith, senior, St. Lambert, QC. "As a senior, I knew what to expect, but the freshmen really got a taste of what it was like to play a team that is found in the top ten."

Their execution was very good and they took advantage of opportunities. They also had seven players drafted to the NHL," said Smith.

Prior to the road trip, the Pioneers have failed to convert on the power play and capitalize on scoring chances.

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This Devil is tempting to cheer for

Pat Pickens
Spectrum Columnist

Jason Smith receives alot of offensive support from the top line members.

In the world of the Atlantic Hockey Association, there are the mediocre, the good, and the great.

And then there is Jason Smith.

The senior goalie from St. Lambert, Q.C. has been the most important reason why the Pioneers have been one of the most consistent teams in the AHA over the past two seasons.

As the Pioneers prepare to play their first home series of the season versus Mercyhurst this weekend, it is tough not to revel in Smith’s accomplishments, who has become the gold standard in the AHA in just one season as the starter.

In 2005, the 6-3 athlete was named AHA goalie of the year, leading the Pioneers to third place in the conference, and broke the school record for saves in a game last year with 54 against Mercyhurst.

Let’s not forget though, the man is human.

His 16 wins a year ago was tops in the conference, his 2.09 goals-against average was second. In addition to those great numbers, he logged the most minutes of any goalie in the AHA.

Smith also stopped the third most shots in the conference a year ago with 692, an average of almost 27 per game. He has been a rock of consistency in his play.

However, what Smith brings to the table over anything is the leadership and support that carries the hockey team over the top.

Smith has the calm and cool demeanor of a professional in net. He could be a pro, since he was drafted by the New Jersey Devils, but decided to go to college and play goals for the Pioneers instead.

He will play for the Devils or somewhere else in the NHL someday in the near future. For now it is our pleasure to sit back and enjoy watching Smith play goal this season.

It is not often that we at Sacred Heart get to watch a future professional athlete perform for our side. We should take time and revel in his brilliance.

Who knows when one like Jason Smith will come around to SHU again?

Chances are, there will never be a man whose mysterious aura graces our halls during the day, but then puts on a mask of the devil at night when he stares down his opponents between the pipes, like Jason.

BRIEFS

The women’s soccer team has clinched playoff berths for the sixth straight year. With the talent and willpower they possess, it’s not hard to see that this accomplishment is no accident, writes Denis McGuire.

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Brian Fitzsimmons and Pat Pickens have seen what the men’s hockey team can do. Now, it’s your turn.

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Sacred Heart sports have been recently making noise when it comes to getting on the national scene. Mike Barrett highlights the most unlikely heroes leading this charge.

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The field hockey team is ready to go hunting for Bobcats in the opening round of the NEC playoffs, writes Bridget McGowan.

PAGE 15

Spectrum Sports

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for Mercyhurst’s attack

continued from page 12...

Such faults led to the lackadaisical 1-2-2 record, but heading into one of the most important weekend sets in this young season, Sacred Heart feels they have the momentum to come out with a positive attitude that was boasted for the better part of last season.

"For the rest of the season, and especially this weekend, we need to be very disciplined and win every battle of the puck," said Smith. "From what we know of them, they like to play on Friday and battle on Saturday. We really need to be solid because there isn’t another option right now. We need to prepare accordingly.

This particular increase of confidence will show this weekend at the Milford Ice Pavilion and especially against Lakers’ goaltender Tyler Small. Small has struggled thus far, allowing 4.67 goals per game. Junior Ben Coutreau leads the team in points with 10, scoring eight goals and tallying two helpers. Their dynamic offense, that has carried them into the playoffs in recent years, runs through senior Scott Champagne who has five points.

"Mercyhurst always has a great offense," said Smith. "They are very aggressive on the power play and seem to play well against us all the time."

The Pioneers cannot allow the Lakers to capitalize on power plays, and avoid whistles.

"The Lakers, who are struggling as well with a 2-4 record, have split against their first two conference opponents, UConn and Holy Cross. A struggling squad will have a hard time finding the light when facing a goalie with the talent of Smith."

However, sources have not told the Spectrum if Smith will start in goal for both games.

The Spartans experienced the outcome of when the line of Pierre-Luc O’Brien, Alexandre Parent and Bear Trupp clicks with the surprising help of freshmen and the contributions of the other role players. Five different Pioneers accounted for the five goals scored and such distribution breeds chemistry on a team.

"Most of all we just need to shoot to score and play well defensively," said Smith. "We also need to have fun. When everything goes well, the game is fun to play. Hopefully they will have as much fun as the fans will.

Football drops fourth in a row

Chris Morrow
Staff Reporter

Once again Sacred Heart came up short of a win at Saint Francis in a desperate attempt to gain a little confidence.

Sacred Heart’s woes in their running attack from the previous weeks were left behind. Not to mention they brought back a little defense, but the results wouldn’t differ as Sacred Heart crumbled for a fourth consecutive loss.

Sacred Heart came out swinging, the determination was evident. Jeff Hodges broke through the defensive line to tip a punt at the end of Saint Francis’ first drive, allowing it to go 19 yards, and blocked a punt in the third quarter. "It’s big, it gives our offense momentum," said Assistant Head Coach Mark Nofri. Sacred Heart would attempt take advantage.

"We had the chance, but we didn’t convert," said Head Coach Paul Gorham, referring to Hodges’ blocked punt.

But with 6:14 left in the first quarter and the Pioneers still with their first possession, wide receiver Steve Tedesco would end Sacred Heart’s scoring drive by hauling in a 25-yard bullet from quarterback Tyler Arciaga.

"Offensively and defensively we feed off each other," said Nofri.

Saint Francis caught up quick on the final play of the first quarter. Quarterback Anthony Doria connected with Michael Capoto to tie it up with Sacred Heart.

Sacred Heart remained strong. On their second drive, Eric Jones worked magic on a third down with 19 yards to go, blowing through Saint Francis’ defensive line to gain 20 yards and the first down. "It started off as a pass play. [Arciaga] was getting pressured and bladded it back to him," said Gorham.

Sacred Heart seemed to have found the long lost running game when Jones followed it up with a 21-yard gain. Arciaga connected with Joey Henley on 5-yard lob for the touchdown, giving Sacred Heart the lead again.

Saint Francis would tie it up and eventually take a 21-14 lead early in the third quarter. Which was enough to hold off the Pioneers.

Penalties seemed to plague the game, in which Sacred Heart was called for 9 penalties resulting in 109 yards. "Two touchdowns were lost due to holding calls, “we should’ve scored at least 30 points against them,” said Gorham.

"It affected us a bunch, it was probably the most frustrating game I’ve had in 20 years in terms of the calls," said Gorham.

Saint Francis (2-7, 1-4 NEC) snapped a seven-game losing streak against Sacred Heart (2-7, 1-4 NEC).

Sacred Heart closes out their season with the final two games at home. This Saturday, November 4th, Sacred Heart will take on NEC rival Central Connecticut State University, 12:30 kickoff at Campus Field.

Injury Report: Wide receiver Alvin Franklin missed the game against St. Francis and will sit out the rest of the season. "My left shoulder has an acromioclavicular joint sprain and I tore my labrum in my right shoulder," said Franklin. "It’s just too much to continue with," added Franklin, who underwent surgery on Monday on the right shoulder. Franklin injury was unfortunately career ending since he was a senior.

"Now I’m trying to keep the team motivated," said Franklin.

Have a question or comment? Email your thoughts to Sports Editor Brian Fitzsimmons at FitzsimmonsB@sacredheart.edu
Sports

Women’s soccer makes it six

Denis McGuire
Staff Reporter

Coming off a 2005-2006 season of only eight wins, the men's soccer team felt they had a lot to prove this year. Despite all their hard work the Pioneers just happen to come up short again this season. The team has a rather young line up of mostly sophomores and juniors, so the room for development is still available for next year.

With in the first five games of the season the Pioneers were not off to a horrible start. With two wins, two losses and one tie, the team’s momentum was still high with hopes of improvement through out the season. The team played strongly at home two weeks straight. First a 1 – 0 win over Maine, followed by a 3 – 2 win in overtime against Holy Cross.

After winning four out of the next seven games their hopes of a decent season were slowly becoming a reality. With three huge wins away the team’s momentum continued to rise. Victories over Dartmouth and Central Connecticut proved to them what they had to contend in their division.

Sadly these hopes diminished when the team lost the last six out of the last seven games of the season. After the victory over Central Conn. the team lost the next two games against Quinnipiac and St. Francis. A 3 – 1 victory over Robert Morris gave the team what seemed to be some life. Unfortunately losses against Army and Mount St. Mary had left the team discouraged as they traveled into the last game of the season.

This past Sunday, the Pioneers made their way to West Long Branch, New Jersey to take on the Monmouth Hawks. This game would determine their play off fate. In the first half of the game no one could seem to capitalize and score to take the lead in the first with 45 minutes of play. It wasn’t until the 60th minute that Monmouth’s Steven Halloway scored the only goal of the game. Following the goal the Monmouth offense and defense kept the pressure on not allowing the Pioneers to score. Monmouth finished with a 12-11 advantage in shots and had a 3-1 lead in corner kicks. Goalender Daniel Schaukel helped Monmouth capture the win with three saves leading him to his 11th shutout of the season.

This loss eliminated Sacred Heart from playoff contention.

The Pioneers ended the season with 7 wins, 10 losses and 1 tie.

"This season has been a huge disappointment for everyone. I don’t like to pick out individuals but obviously with the new players coming in this year we were confident on building and improving on last season," said sophomore defender, Anthony Anzevi of Newcastle, England. "That wasn’t the case but hopefully we have learned some lessons and that will give us extra incentive next season. We have to come back refreshed, bounce back and that’s what it’s all about. Next season can’t come quick enough. We will look at what we need to work on and put it right before the next campaign." 

Unlikely leaders

Since the dawn of this century, Sacred Heart has grown into a university that has
had its fair share of success in sports.
The school has seen a football team that has won a Division IAA Mid-major title, an ECAC champion Women’s hockey team, and last years NEC Champion Men’s Baseball, Women’s Basketball, and Cross Country teams.

However, two teams have gone above and beyond for SHU’s sports teams and they are the Women’s Field Hockey and Soccer teams.

These two teams have set a standard for success over the years and in 2005-2006 season they are both having excellent seasons.

Winning 7-0 against the St. Francis Bobcats, the women’s soccer team shows how it has been doing since the 1997 season when they won their first conference title. With 14-4 record the team is in the finals of the NEC this year, which are coming on Saturday against the New Hampshire Wildcats.

The Field Hockey team is looking to mirror last year’s success, in which they were the NEC champs. They sport a 14-4 record which seeds them at second overall in the conference, behind only Lock Haven.

Leading the way for the Pioneers is sophomore Carissa Eye. The Nesconset, N.Y. native has a nation leading (yes, nation leading) 31 goals this year.

No Big Deal.

Look for her to do big things in this year’s playoffs and for years to come as a centerpiece for the team.

Helping out Eye is Colleen Carney, a senior from Yorktown Heights, N.Y. Carney has 12 goals this season, good enough for second on the team, in her final year and is focused on a repeat for Sacred Heart this year.

The Women’s soccer team closed out its seventh consecutive NEC playoff birth last week. Two weeks ago, the ladies were on the outside looking in. However after three straight wins over NEC opponents, the Pioneers were able to clinch the fourth and final seed in this year’s playoffs.

Carrying the girls into the playoffs this year are its trio of captains. They are seniors Lisa Burbige, a native of Babylon, N.Y., and Randie Quaglia from Manchester. Rounding out the group is Alyssa Long, a junior from Smithfield, R.I.

The girls will need the leadership of their tri-captains if the hope to have success over three very tough teams in Long Island, Monmouth, and Central Connecticut.

Over the past years, Sacred Heart has had some bad luck against these teams in the playoffs, but has a serious shot of getting past them with the momentum of finishing the season on a high note behind them.

As I said before, this success has not gone unnoticed. The teams have been able to maintain their consistency thanks to the recruiting their success has given them. For example, the women’s soccer team has the best recruiting class going into this year, as voted by he Northeast Conference.

A strong sports program has a lot to do with how a school is viewed. Look at all your big name schools like Notre Dame, UNC, UCONN, Michigan, and Texas. These schools are known across the country mainly because people have seen the success one of their sports teams has had.

With Sacred Heart on the rise as one of the better schools in the Northeast, a strong sports program is one of the necessary items needed to make it to the top.

And the Women’s Field Hockey and Soccer team are doing the best to get us there.

Henry, Duffy shine in NEC’s

Christie Gangnath
Staff Reporters

Sophomore standout runner Kathleen Henry, Basking Ridge, N.J. took fifth place in Friday’s Northeast Conference Championship helping the women’s team to a third place finish overall.

Henry, who took home All-NEC honors for her second straight season with her fifth place finish, has been a top runner all season breaking records and being Pioneer of the Week. She finished with a time of 18:43.1 on the 5K course at Van Cortland Park in the Bronx, N.Y.

Katie Duffy, senior, Monroe, finished fifteenth overall just missing her chance at an All-NEC honors. Duffy finished with a time of 19:12.4. Anne Duffy, the senior from Monroe and twin sister of Katie Duffy, finished seventeenth with a time of 19:26.1.

"I think the girls did a great job even though we came in third," said Anne Duffy. "It was tough competition this year and personally each girl ran great."

The Duffy sisters, who are co-captains this season along with seniors Kathryn O’Connor from Bellmore, N.Y. and Julia Mahoney from Topsfield, Mass, played key roles in the 2005 Championship this year as well, helping ensure the 3rd place victory for the women.

The Quinnipiac Bobcats took home both the men and women’s titles. For the second season, the women Bobcats took the NEC Cross Country Championships. Quinnipiac men have won their second title in the last three years.

On the men’s side, Sacred Heart’s top finisher was sophomore co-captain David Jones from Clifton, N.Y. who finished twenty-ninth with a time of 27:24.7. Shortly after Jones crossed the finish, freshman Brendan Rickert from Danbury, sophomore John Kenworthy from Glensville, N.Y. and senior Robert McDermott from Lindenhurst, N.Y. followed him in. The Pioneer men finished tenth overall in Friday’s competition.

"Basically everyone improved their season time from the previous meet at VCP. (Van Cortland Park) which is all we can ask for," Duffy said. "We have two more meets left in the season and to prepare for them we are going to work hard this week and then taper off to be rested for them." Finishing times for the rest of the top runners allowed both teams to finish without pressure. Rounding out the Pioneer field was freshman Sarah Trncza from Succasunna, N.J. in twenty-sixth with a time of 20:14.4, and O’Connor with a forty-sixth place finish and a time of 20:45.8.

Shortly behind them was Theresa Campbell the freshman from Colonia, N.J. with a forty-seventh place finish and a 20:52.2 and sophomore Mary Coukel from Plattsburgh, N.Y. in fifty-third with a 21:13.8 finish.

The Pacers are running again but this time for the NCAA Northeast Regional Championship at VCP in early November.

Congratulations to both Cross Country Squads from the Spectrum Sports Staff.
Field Hockey looks to go Bobcat hunting

Bridget McGowan
Staff Reporter

Despite the harsh rain and wind the Sacred Heart Field Hockey team dominated over the Siena Saints with a 4-0 victory.

On Sunday afternoon the Pioneers traveled to Schenectady, N.Y., to take on Siena for the last game of the regular season. Already having claimed a spot in the NEC tournament this was the last regular season game for both the Saints’ and the Pioneers’ seniors.

Despite already clinching a spot in the tournament, the game was still important in the preparations for it.

"It was our last chance to show the NEC what we were made of and how ready we are to play in the playoffs," said Senior Colleen Carney (Yorktown Heights, N.Y.).

The Pioneers had some of their best performances of the season both offensively and defensively. Carney and sophomore Melissa Mazin of Harrisburg, Pa., each had a vital goal and assist in the game and were major contributors to the win.

Pioneer sophomore goaltender Whitney Mills of Harrisburg, Pa., recorded her first career shutout game at Sacred Heart.

As the game began both teams struggled to handle the poor weather conditions. "As for the weather, it being frigid, cold, windy and some snow and rain we pushed through," said Carney.

The Pioneers did just that and showed their true strength by being the first and only team to score during the game.

Carney started off the win with the first goal of the game at the 17-minute mark. The rebound goal would be Carney’s 12th marker of the season and ended the half with a score of 1-0.

The weather was a factor, but Sacred Heart continued to push through. Early in the second half, Carney once again played a vital role in the Pioneers getting the win. She set up a shot for Mazin off a penalty corner and she was able to shoot past the Saints’ goaltender. It was Carney’s 12th helper of the year. She finished the regular season with 36 points.

As the Saints continued to struggle, the Pioneers pushed the lead further. Sophomore and team high-scorer Carissa Eye of Nesconset, N.Y., shined as usual scoring her national-leading 31st goal in the 60-minute mark of the game making the score 3-0. Mazin again played a part in the goal and assisted the goal by firing a shot that Eye was able to tip into the net.

The Pioneers did not stop there. They continued to push, even with only five seconds left in the game. Senior Becky Ford of Salem, N.H. scored the fourth goal of the game. Freshman Kelsey Zeyher of Poughkeepsie, N.Y. passed the ball to Ford who was able to slam the ball into the net for her 3rd goal of her last regular season as a Pioneer.

Ford ended the game with a final score of 4-0, the Pioneers shot out Siena 14-13. Sacred Heart goal tender Mills had a key role in the victory, having nine saves through out the game and her first shut out as a Pioneer.

"Today was truly a team effort, as four different people scored and everyone contributed to the victory" said Carney.

The Pioneers have come together as a team all season. As the regular season ends the Pioneers will begin their real challenge of defending last year’s Northeast Conference.

With the win, the Pioneers close out the regular season with a record of 14-4 overall and 6-2 in the NEC. The Pioneers will be a respectable number two seed going into the tournament, behind rival Lock Haven.

The 2006 Northeast Conference tournament begins on Friday November 3 with the semifinals, hosted by host team Lock Haven in PA. Sacred Heart will face Quinnipiac and Lock Haven will battle Rider. The winners will meet on Saturday in the championship game.

READ THE SPECTRUM FOR FULL COVERAGE OF THE WOMEN’S FIELD HOCKEY NEC TOURNAMENT.
HOCKEY COVERAGE INSIDE:
Brian Fitzsimmons looks from behind the boards and previews tomorrow's home opening series against Mercyhurst.

Pat Pickens explains why Jason Smith is so easy to root for.

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Seniors Leslie Morales and Ashley Mocarski helped the women's soccer team clinch a playoff berth.

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The football team traveled to Loretto, Pa. and came back with their fourth straight loss.

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