BOXOFFICETOPPER
Borat's weekend debut lands it at the top of the box office chart.

POCKETPICKINGSTUDENTS
Shouldn't $30,000 plus a year be enough for administration?

The tickets for the big dance sold out not long after going on sale.

The hot tickets
'Back to Basics' settles at 600
Courtney Kohloff
Staff Reporter

Sold out. Sound familiar? That is what was heard across campus by early afternoon last Thursday when it came down to "Back to Basics."

In less than five hours 600 tickets were gone. 500 tickets were purchased for SHU students and 100 for non-SHU students.

Big accomplishment for the Class of 2008. Big disappointment for the thousands of remaining hopeful ticket holders. Being waitlisted seemed to be the only option.

Many students, like Lea Sofio, see WINTER on page 4...

Media lab dedicated to an American 'Pioneer'
Anne Dunne
Staff Reporter

No one could be more appropriate to represent Sacred Heart's Media Studies building than an international telecommunications "pioneer."

The building's dedication took place on Nov. 1 in honor of American pioneer Hubert J. Schlafly, Jr.

Hubert J. Schlafly, Jr., known as "Hub" to his friends, was the inventor of the TelePrompTer. First made out of a suitcase with a whole cut into it, it was mainly used for television soap opera actors. Yet, in 1952 President Herbert Hoover found this great invention a very handy tool by using it for his
Student athletes deck the barracks

SACC working towards a better community and a better school

Lauren Confalone
Staff Reporter

'Tis the season to make a difference. That's exactly what SHU's athletes have been striving to do through the Student Athletic Advisory Committee (SAAC).

SAAC promotes the involvement and commitment of athletes to making an impact near and far through volunteer work.

"SAAC's purpose is to provide a communication line between the athletes and administration, as well as create awareness of SHU's sports teams and events," said Patrick Healy, vice president of SAAC, Towson, Md.

An example of such impact is the holiday cards SAAC will be sending overseas to active troops.

"We are distributing greeting cards to team representatives. These representatives will bring the cards back to their team and each member will write a card for a troop member," said SAAC President Heather McKillop, senior, Nashua, N.H.

[The cards] will be sent to troops all over the world during the holidays.

The university was recognized as the number one university in Connecticut in regards to the number of cards that were sent out last year as a result of the combined efforts of SAAC, other organizations, and the classes of Dr. Calabrese, said McKillop.

"I think it's a really good way for athletes to get involved in the community and make a difference. It definitely puts SHU in a good light as well," said Men's Basketball SAAC Representative Ryon Howard, junior of Bronx, N.Y.

According to Healy, another one of SAAC's goal is to "improve the daily life of SHU student athletes" through activities such as the upcoming student-athlete dance, "FLIK at the Pitt," and a newly formed mascot committee.

"I never even knew there was one until now," said Randy Steyert, junior, Sagharbor, N.Y. "But it sounds like it's a good idea."

Although SAAC is limited to participation by student athletes, their activities and goals are designed to impact Sacred Heart students as well as members outside of the SHU community.

"This year SAAC is trying to make a difference in the SHU community," said head of SAAC marketing, Ryan Mauro, junior, Southbury.

Participation in SAAC is on a voluntary basis although each team is required to have at least two representatives.

Upcoming issues of the Spectrum will feature announcements from SAAC about featured athletic activities occurring around campus and ways for you to get involved with community service.

Interest in writing a holiday card to the troops, athlete or not? please e-mail Heather McKillop at mckilloph@Sacredheart.edu.

Spring Break 2007 Celebration
20th Anniversary with SunSplash Tours Free Trip on Every 12 before Nov. 1 Free Meals & Parties, Hottest Deals Ever Group discounts on 6+ Hottest Spring Break Destinations 1-800-426-7710
ROTC flexes its muscles on campus

Salute your students. Show your American pride. Support the Army ROTC.

Jenna Rignanese
Staff Reporter

Our campus is being colored in camouflage.

The Army ROTC program trains more than 200 students in the Connecticut area, at Sacred Heart and the University of Connecticut.

At SHU, the ROTC program has grown in numbers from about eight to 31 students. ROTC classes are offered as an elective for freshmen and sophomores. ROTC members have the option as juniors and seniors to become an Army Officer.

Besides taking part in the weekly elective, students may attend leadership labs that enable them to get out of the classroom and do hands on training for the Army.

"For the last few years, officers would come down to Sacred Heart every Wednesday from UConn to teach the ROTC classes," said Eric Refsnider, Army Captain and ROTC instructor. "There was never a personal connection here at Sacred Heart until they gave me a permanent office in July in the Administration Building. It gave me the opportunity to show my face on campus and make a connection with students."

As freshmen and sophomores, the qualification process to become an Army officer is jump-started through training and attending a camp run conducted by the Army. Once students are qualified, they must sign a contract that commits them to the Army, the National Guard or the Army Reserve.

"During your freshmen and sophomore years, there is no commitment," said Refsnider. "The key thing is leadership. One can start the program as late as their sophomore year and finish their training at a summer camp in Kentucky. This can get you caught up to other students in the program."

The Leaders Training Course is not basic training but more of an introduction to being an Army officer.

Advanced programs are another option offered to those ambitious enough to attend all of the leadership labs. Additional training such as Airborne and Air Assault are also available to the cadets.

The important skills of leadership, ethics and learning the role of a platoon leader in the U.S. Army are implemented in the training of all cadets.

Extracurricular activities for ROTC members are also available to make the experience more adventurous.

Activities include a competition team called the Ranger Challenge Team, which competes in an annual contest against other ROTC programs in military tactics and techniques.

Christopher Gradione, freshmen, East Patchogue, N.Y. is on scholarship for ROTC and is proud to be a part of this program.

"I find that the Army ROTC program is a great opportunity for any individual," said Gradione. "Whether you are just a participant in the program, or for those of us, like myself who are contracted to enter the United States Army after schooling, [the ROTC] is a chance for individuals to come together."

"As one company, we learn about the Army values, discipline and overall, how to lead; while earning political science credits."

Some students on campus who are not part of the ROTC believe it is a very disciplined and a worthy cause, important to the future of the United States.

"I honestly don't know much about it," said Rob Trantin, senior, Odenton, Md. "My father did it though and it prepared him for 22 years of military service. He always spoke very highly of ROTC."

"From what I know, it's an excellent opportunity for students who don't attend the military academies to service their country, which is an admirable undertaking."

The Army ROTC program is available for all those interested in becoming involved in the Army and serving their country.

Sacred Heart's participation is growing and is expected to increase in numbers, as more students become aware of the ROTC benefits.

"Maybe your time is now... to join the Army ROTC."

Issues on campus? Exciting events? Persistent problems?

Breaking news in your dorm, club or job?

Anything you want the Spectrum to cover?

If so, please contact News Editor Brittany Raine at raineb@sacredheart.edu
Schlafly honored for inspiration and innovation

A jolly Mr. Schlafly at the dedication ceremony for the Media Lab.

...CONTINUED FROM PAGE 1

speech in front of the Republican National Convention.

"Hub Schlafly embodies in his personal life the values central to Sacred Heart University’s mission. He is an inspiration to the students and faculty in our Media Studies and Digital Culture Department, and we can think of no other person we would rather have associated with our programs," said James Castonguay, associate professor and chair of Media Studies & Digital Culture.

Students like Allie Coombs, junior, Yonkers, N.Y. are also proud of the building's dedication.

"It's not only important for Sacred Heart as a campus, but I feel that it is important to the students here as well," said Coombs. "To have a man who is as admired as Schlafly is - a building dedication in his name should make us that much prouder to attend this school."

Schlafly has transformed the television industry through his pioneering accomplishments which include inventing the teleprompter, developing the first pay TV system, and engineering the famous HBO satellite transmission of the "Thrilla in Manila" boxing match between Muhammad Ali and Joe Frazier.

"This dedication was well deserved. Schlafly's accomplishments are vital additions to our culture as we know it," said Danielle Thibault, Junior, North Haven.

Schlafly is a St. Louis native, and a proud alumnus of Notre Dame University, Class of 1941. Hub and his late wife Leona have been dear friends of Sacred Heart University for many years. He is a recipient of SHU’s Discovery Award, and in 2003 Sacred Heart awarded him an honorary Doctor of Humane Letters degree.

"Notre Dame will always be my first love, but Sacred Heart is my mistress," said Schlafly while speaking at his dedication ceremony.

"Meeting Schlafly was an inspiration. He has been an innovator for decades and still has such a fire and passion for his research that it is truly contagious," said Thibault.

"Hub Schlafly has done Sacred Heart University a great honor by lending us his name," said Castonguay.

Hubert Schlafly has truly been a great friend to Sacred Heart donating money to the media studies program to help buy equipment for their documentary on Hurricane Katrina and always willing to help out. He is a respected man on and off campus and is adored and admired by many.

"Schlafly’s words will stay with me. His combination of humility and genuine curiosity towards life has inspired me to re-examine my ambitions," said Thibault.

Winter semi-formal is a winner with ticket sales

...CONTINUED FROM PAGE 1

senior, Miller Place, N.Y. does not agree with having a dance that invites freshmen, sophomores, juniors and seniors but only selling 600 tickets.

"I think that seniors should have had priority with purchasing tickets, since it is our last chance to go to a dance at Sacred Heart," said Kent. "I do not think it is logical to only sell 600 hundred tick- ets when there are how many thousands of students that attend this school. The dance will be awesome, but next time, the committee and university should accommodate the increase in interest and rethink the popularity of ticket sales."

When the tickets were gone, the Class of 2008 did all they could to make more tickets available for students on the waiting list.

"After selling out on Thursday I called the venue (location of Back to Basics) and asked if there was any way I can push the attendance over 600," said Amanda DeMatteis, president of Class of 2008, junior, Hamden. "600 people is the local fire departments maximum capacity for this location, so printing more tickets and allowing more people to come would be illegal and cause a fire hazard."

"When booking the location over the summer, I called a tremendous amount of places to see where we could hold the expected amount of people. Fantasy had the highest occupancy rate of facilities available for that date."

One question students like Matt McClune, senior, Mass. raised, was why were tickets only on sale for one day?

"If the tickets were sold on different days, the possibility that the event wouldn't have sold out so quickly may have been minimized," said McClune.

But times have changed. Last years formal was not as popular as "Back to Basics."

"The Class of 2007 only sold about 500-550 tickets and sat in front of the dining hall for three weeks," said Denise Tiberio, Associate Dean of Students. "This year, the outcome was clearly much differ- ent."

The Student Government and Class of 2008 had a very clear reason for only selling tickets last Thursday.

"Tickets were sold in one day to get students really excited," said DeMatteis. "I intend to bring back the hype of the annual semi-formal dance this year and that's why we are bringing it 'Back to Basics'."

In 2000, about 1,200 people attended the winter formal. In the years that fol- lowed, attendance dropped. This year, the focus was on the Student Government getting back to where they were in the past.

The one-day ticket sale is a burden off of the back of the Class of 2008.

"It was a great goal to strive for and I am proud that they sold as many tickets as they did," said Tiberio.

"As for the students who did not get a chance to buy a ticket but are on the wait- ing list, there is still hope."

Although new tickets cannot be printed, if someone returns their previ- ously purchased ticket and decides not to go, the students on the waiting list will automatically receive it," said DeMatteis. "I have had two cases of this thus far and all others will be accommodated to the best of my ability."

When it comes to next year's win- ter formal, students will know what to expect.

"Next years class in charge of the dance can look for a bigger facility," said Tiberio. "The bigger the facility, the bigger the minimum guest attendance would be. Therefore, there is a bigger risk for a bigger facility."

Although not every student will be able to attend the dance, the Class of 2008 and Student Government thanks everyone who bought a ticket.

"As for those who did not get a ticket, I sincerely apologize," said DeMatteis. "Hope that you will purchase a ticket next year and keep you eyes open for other great events put on by the Sacred Heart University Student Government."

Keep your fingers crossed if you are on the waiting list and for those who have tickets, get ready to dance the night away.
An ‘inside view’ of the media

Author and media man, Jeff Cohen, gives SHU the real deal about the news

Britany Price
Staff Reporter

Unique perspective of news media? Jeff Cohen’s got that. Last Thursday Cohen, author of the book, “Cable News Confidential: My Misadventures in Corporate Media” came to speak at the Edgerton Center for Performing, educating and enticing students about the media that “rules our world.”

To some Cohen embodies something the major news networks should get a hold of.

“The media does more harm than good,” said Kristin Moliterno, sophomore, Harrison N.Y. “In this perilous media age that we live in it is difficult to differentiate between actual news and sugar coated stories.”

“Corporate media is all opinionated and it shouldn’t be. I think the news should be strictly the news, and no opinions should be involved whatsoever.”

Cohen began his lecture by pointing out palpable problems with today’s corporate media.

“What does it say about television news in our country when the two best programs about news and politics are on the comedy channel?” said Cohen.

With vast careers heavily involved in the media, he explained he was able to see news bias and news censorship at its peak. Cohen worked for media giants, like: News Watch, Fox News, Crossfire on CNN and MSNBC, to name a few.

“News outlets are so often weapons of mass distraction,” said Cohen. “They are known as cable news channels I prefer to look at them as reality based news channels.”

Christopher Yantz, junior, Setauket N.Y. attended the lecture for his Media and Democracy class.

“Much of what Jeff Cohen talked about is very similar to what we are discussing in class,” said Yantz. “He addressed topics such as the biased media and censorship performed by the corporate media itself.”

“There are a multitude of problems stemming from the corporate media, namely the media ability to broadcast ‘senseless stories for the sake of ratings.’ I am upset that we are not receiving meaningful news like balanced campaign wide ranging showing both right and left wing debates might actually help us solve them.”

Cohen explained that CNN’s Crossfire is not a right and left wing opinion it was biased and because he went a little too far with his opinion he was not asked to be a regular on the show.

According to Cohen, people wrongly blame Fox News for the standard news format; however this format was established many years earlier on PBS and CNN.

“Mark Shields is about as genuine of the left wing as Mel Gibson is for Judaism,” said Cohen. “TV shows away from certain points of view, but they don’t shy away from the far right.”

Shields was allowed to express his point of view but if Cohen went too far, he was not asked back.

“TV is a visual medium, dramatic video rules,” said Cohen. “The importance of footage and visuals is huge. Journalists spend so much time waving flags that they aren’t doing their jobs, that is, to ask the tough questions before our men and women are sent off to war.”

One of the fundamental problems with the corporate news is both points of view are rarely, if ever, presented.

“Nicole Ferry, sophomore, Duquesne Ferry, Penn. was surprised by what Cohen has to say about the media.

“I never would have imagined that they [the corporate media] would be so one sided,” said Myck. “It is the news, things people need to know. All news outlets have to do is just report what happened and they are even being one-sided with that.”

“So, will we be conscious of the media trying to deceive us?”

Next time you turn on the TV be aware of the “tabloid news.”

SHU Snapshots: Sunday’s National Honor Society Induction Ceremony

The Spectrum/ Rachelle Murphy

The senate committees have big plans for the students at Sacred Heart this year, and are working quickly to make these plans happen! At our meeting on October 26, we were able to be joined by our Co-Link of the Month, Mike Austin. Last year Mike, with us as our B&G link, he has done so much work with the Senators that we wanted him to know how much everyone appreciated it. After talking more with Mike Austin, the senators all felt as though their need to be a B&G committee this year. And so, the Senate has also decided to launch the Building & Ground sub-committee again this year. This year senators working on this committee will be junior, Kelly Parks and freshmen, Nick Diieso, both of whom are eager to get started on their new positions. In addition to the B&G sub-committee, all of our freshmen senators have joined a committee. Liz Kelly will be a part of STA, Vanessa Potts will be a part of SEIF, Nick Diieso will be a part of Academics and B&G, and Karlyn Grasso will be a part of Info-Tech. The STA committee informed their fellow senators that the Center is back on campus with its new name "The Red Wave". Their first meeting this past week was set to go off and it appears that the numbers in attendance high, but they have already appointed a secretary and a treasurer. "The Red Wave" is also trying to start a new competition among students. It will be a point value system and every time you go support Sacred Heart in a sporting event you will accumulate a point. Those with the highest points at the end will be awarded a prize. So keep your eyes out for globals from "The Red Wave" about their upcoming meetings and also look for them as the Red Wave, at SHU sporting events!

The FLIK committee has been talking to food’s services and mentioned the idea of putting a Mini-FLIK up at the Patt Center. There would be foods such as energy bars, smoothie drinks, and pre-made foods. This will take a lot of preparing and time, but senators feel that it will be a great addition to make. FLIK is also going to have a new station on Saturday mornings until 2pm. Where the pizza station is, their will be two Belgium Waffle makers for students to make their own waffles. Holy Grounds in North is going to start opening up around 12 or 1 in the afternoon instead of 3pm, which was just getting to be too late.

Jared Faircloth has been working closely with the Info-Tech workers and is in the process of having a worker available to help people with computer problems or a few hours on Sundays. Currently, there is no one available on the weekends to assist people with computer issues, and this is turning into a large inconvenience for students. The Info-Tech has also just received new batteries for students computers, so if needed they are currently available.

Once again, Senate meetings are open to anyone! Feel free to come, Tuesday nights at 7:40 in the Faculty Lounge.
Perspectives

$30,000 isn’t enough for SHU

Rachel Maresca
Staff Reporter

Tuition just doesn’t seem to be enough. The average Sacred Heart student pays over 30,000 dollars to attend this University. Paying that kind of money to go to college makes sense, but what doesn’t make sense is that we’re liable to pay for things like over-priced parking tickets, lost ID cards, and getting locked out of your own dorm room in addition to our tuition.

If you have a 12:30pm class on this campus it is close to impossible to find a parking spot. Even if your lucky enough to catch someone coming out of their morning classes you have to fight ten other people to get that spot, it makes me feel like I’m trying to get a spot at the mall during Christmas season, but for SHU students this is what its like everyday all year long. If there clearly are not enough parking spots for each student that goes here then why is it that we have to pay for over-priced parking tickets?

“I think the fact that they charge us 80 dollars a ticket is totally ridiculous, if they want to charge that much then they better make sure that there are enough spots for everyone,” said Joe LaVacca, junior, Staten Island, N.Y.

These tickets are overly expensive, and being college students, not all of us can afford to pay them at the time. The answer seems to be just park your supposed to, but its so hard because all of the lots are just so full. I know if I have to get to an important class and I can’t find a spot, I would park somewhere I wasn’t supposed to just because I don’t want to be late. Twenty minutes of driving around is enough, I don’t like the fact that some mornings its a toss up, be late for class or owe 80 dollars for a ticket?

“They don’t have any right to ticket us, let alone charge us 80 dollars a ticket,” said LaVacca.

Sal Caprino, junior, Syosset, N.Y. is a student has been greatly affected and in convinced by parking tickets. Caprino said, “It’s ridiculous that we pay $30,000+ a year and have to pay so much in parking tickets to a school that doesn’t offer nearly enough parking. The cost of the parking tickets is absurd. Between $45 and $90 is way too much to pay for parking without a sticker. That’s way too much profit for the school right there.”

Parking is a huge concern, but its not the only moneymaker SHU makes off of students. There are many small charges that add up, especially if you are a resident on campus. Things such as lost keys and door fees. Why is it if you get locked out of your room you need to pay your Resident Advisor five dollars to let you back in?

This is bound to happen when students are not used to living in dorms. The worst part about it is if you can’t locate your RA you have to go to public safety and pay them ten dollars to open you door.

“When I was a freshman I lost my fob for the door, I was forced to pay 50 dollars for it at the end of school when the fob scanner was not even in working order for the entire school year,” said Noelle Burch, junior, Kings Park, N.Y.

Cars get parked in spots they’re not supposed to be in, news get lost, and mistakes happen, students shouldn’t have to literally pay for them all the time.

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The Spectrum is a staff-run newspaper of Sacred Heart University and is published by the students. Website: http://www.sacredheartstudents.com

Overflowning parking lots and overpriced parking tickets have students steaming.

What characteristics do you look for in a boyfriend or girlfriend?

He Said... She Said...

In my opinion the only difference between a friend and a boyfriend or girlfriend is physical attraction. Friends are the people who you can turn to when you’re in trouble, people who you can laugh with and people who you tell everything to. A boyfriend or girlfriend will share many of the same characteristics as a close friend however that relationship will involve a physical attraction.

The general idea is that your really close friends possess the same characteristics as someone who you would date. I believe that it is safe to say that most people would say that they look for trust, commonality, humor and common goals in someone that you would consider beginning a relationship with.

It is impossible to have a relationship with someone who you cannot just spend time with or talk to. There has to be more then just a physical attraction, a couple needs to be friends as well. Take a step back and look at you closest friends of the opposite sex, and you will realize that besides a physical attraction, they contain many of the characteristics that you would look for in a relationship.

Girls sometimes prefer to have guy friends rather than girlfriends because most of the time they come with less baggage. Drama is practically non-existent, and they’re never complaining about how their hair, and how they wish they could fit into the same jeans they wore freshman year. Though it may be tough to get them to talk about feelings, guy friends are still pretty loyal. Actually, they could be just as loyal as most girl friends, if not more.

But there is a fine line that makes your guy friend remain as just a friend and not your boyfriend. I happen to believe that it is impossible for two members of the opposite sex to have a friendship, and not have one taking a liking to the other.

This occurs whether or not you ever had a crush on your friend. Most of the time what ends up happening is that one likes the other, but the other isn’t interested.

I say, if you’re compatible enough to be friends, you’re more than likely compatible enough to date. If dating your friend is something you want to attempt, just know what you’re getting yourself into.
Editorial: Sacred Heart squanders dreams of IMC
Alex Kantarelis

Three years ago, I was a junior at Sacred Heart. At the time, I played in a small band called The City, which tried to reach out to these local bands and artists that play in front of hundreds of kids for little or no money. I knew that Sacred Heart would serve as a perfect venue for such small up-and-coming musical acts. After shoveling ideas around for a while, my friend Jonathan Fishbery and I came up with a solution. We decided to start the Independent Music Club.

Just weeks later, the club was approved by the school, and we were up and running. Our first meeting had over fifty students. The idea was simple, help promote smaller bands, by giving them a place to perform, and we did just that.

We set up our first show for the fall of 2003, and it was a huge success. About a hundred people came, from both SHU and the community. The bands were thrilled, and more importantly everyone at the show loved it. The next year, I set up a show that almost 300 people attended.

Sacred Heart became the favorite Connecticut stop of bands from the Northeast while on tour, and things only improved with each show. After graduating in 2005, I was sad to say goodbye to the club that had put so much effort into it.

This past September I was thrilled when I heard that the IMC wanted me to do another show at SHU. I put all my effort into setting up a great show, and got 5 bands to come down to play on October 27, 2006. The show immediately sparked the interest of lots of people. Bands were very eager to come and play once they heard it would be taking place at SHU, SHU and the IMC had built such a good name for themselves that bands knew it was a special place to play.

Unfortunately, this particular show was in no way special. In fact, it was a downright disaster. Things started out well, but it typically is at a SHU show, people had to come in and run the fun for everyone. The bands playing were hardcore bands. They all have positive messages and are concerned with the well being of everyone at the show.

Throughout these shows, the crowd’s reaction can, at times, seem a bit aggressive, but everyone knows the boundaries and the risks involved in their actions. Over the years, I have been to shows that have become out of control, and this particular show was never out of control. The club even hired their own security to make sure that things stayed within reasonable boundaries the entire time.

The show on Friday October 27, had several problems. First of all, the school did not allow us to dim the lights in the University Commons. Every band asked if we could, but the school would not allow it. At shows in the past, dimming the lights to create a more appropriate concert atmosphere was fine. Not at this show.

Midway into the night, members of the IMC were informed that the show would be stopped because of the crowd’s response to the bands. The problem was the fact that kids were being “too rowdy.”

Had this really been a problem, the private security that was there would have done something about it, and the bands would have instantly stopped playing. The thing that boggles my mind is that this show was not even close to as “rowdy” as the shows the IMC had done in the past, and those shows went off without a hitch.

When one of the co-headlining bands went on, Public Safety decided to pull the plug, and force them off the stage. When I stepped in, I was told the incredibly insulting statement of, “Well, it’s ok, they’re still getting paid so it doesn’t matter.”

This band was not playing for money. When smaller bands play, they do it because they love playing. Making a band get off stage is a huge let down to them and everything they stand for, and it has several repercussions. In this instance, it gave the band a bad name, it gave me as a show-promoter a bad name, it gave the IMC a bad name, but most importantly, it gave Sacred Heart University a bad name.

Fans came from all over the northeast to see their favorite band play, and only got to see 5 minutes of their set. There were people from Connecticut, Rhode Island, Massachusetts, New York, and New Jersey. How do you explain to someone who drove over 4 hours to see their favorite band play, and paid to get in, that they won’t be able to see what they came for? No matter what words are used, it still comes as a major let down for any of them.

What I’ve noticed in my time at Sacred Heart is the fact that when something is going well, certain authorities have to step in and change it. More specifically, the student Activities Department always seems to hold things back. For example, when I graduated, WHRT, the school radio station, was broadcasted online to the entire world. Someone not associated with the club decided that this was an expense that the school didn’t need, and cut the funding to the WHRT website. As a result, the club has been struggling to survive ever since.

The bands at this performance were incredibly disappointed. Word has already spread around the local community that SHU is no longer a good place for bands to play. How can the Independent Music Club possibly survive now? Is it a club that I love and spent so much time creating, and now it is seen as a major disappointment. I see that absolute insult that my alma mater is responsible for something like this. I will recover, and continue setting up shows for bands in other places. The bands will recover and continue playing all over the C.T. area. But Sacred Heart University’s name will not recover.

Perhaps allowing the IMC to handle security at every show, and in turn take full responsibility for any actions that occur at upcoming shows could serve as a solution to the problem. I am proud that I went to Sacred Heart University, but when things like this happen, I become ashamed of my school. My only hope is that the Independent Music Club can recover and return to the glory it once had.

Various clubs and organizations from SHU spent time and money to make their floats look as festive as possible for the audience of their fellow pioneers who greeted them with smiles and cheers. It is an excellent time to be a part of the growing tradition of Pioneer Pride.
Winter trends warm up the cold months

Holly Finneran
Staff Reporter

Scarfes and hats and gloves, oh my! All the winter staples are back, and then some. This winter fashion is all about fur accents and chunky knits for both men and women.

“I love scarves and bubble coats because they are a warm staple for winter that always looks cute,” said Val Bellegarde, senior, East Meadow, N.Y.

Scarves are practical and stylish and aren’t just for wearing outside. All types of scarves are in, from the ones your grandmother knits for you to thin sheer cotton scarves.

As for this season’s coats, for both men and women it’s all about fur accents. Fur lined hoods, coats, and sweatshirts will not only keep you warm in the cold winter months but also to keep you in style.

Also, for coats, keep your military style coats from last year and wear them again this season. Military and pea coats are a classic look that are always in style.

So what about from the waist down?

“I like Uggs for the comfort and leggings to keep warm under skirts,” said Hannah McMahon, sophomore, Waltham, Mass.

Leggings are fashionable under both skirts and shorts, or even a long sweater. They come in various lengths from just below the knee to just below the ankle. With a variety of patterns and colors available, they are very handy to have.

Another big fashion trend this winter for girls is skinny pants. Skinny jeans, corderoys, and pant styles are available.

“I think skinny jeans are awesome because they look good with flats and pumps and even tucked into boots,” said Erica Vasaturo, junior, Staten Island, N.Y.

As for keeping your toes warm, Uggs are still very popular along with slouchy leather boots, flat boots, and wedges. Compliment any boot with a pair of skinny jeans.

For men this winter it is all about layering. Tee shirts under button down shirts, with sweaters on top. This trend also works for women as well.

Hats are also back this winter ranging from beanie’s to fedora’s. You can dress up or down with a hat, and still be in style.

The main colors for this season are grey, black, white, and red to add some brightness.

You can be at the height of fashion on campus this winter with basics that have been spiced up with fitted details such as fur and by layering your ensemble will complete your look and prepare you for the frosty fashion months ahead.
Borat travels to top spot at box office

Matt Brucato
Staff Reporter

Jagshemash, Borat here to make you laugh for benefit of Kazakhstan.

"Borat: Cultural Learnings of America for Make Benefit Glorious Nation of Kazakhstan" debuted last weekend to rave reviews, big box office numbers, and a new star in Sacha Baron Cohen.

"I can't wait to see Borat, it looks like the funniest movie ever," said Brigit Quagliarollo, senior, North Haven.

Originally set to open in 2,000 theatres across the country the film was scaled-back to 837 theatres. Studio heads feared that the film had not gotten enough buzz to pull in the amount of money to justify such a wide release. However, fears were squashed when "Borat..." brought in $10 million on its first day of release.

With a budget under $20 million, the film has already managed to reach profitability in just the first weekend.

Based on the character portrayed original by Cohen on his HBO show "Da Ali G Show," Borat is a journalist from Kazakhstan reporting in America for Kazakhstan television. He leaves his home country to film a documentary on behalf of the Kazakhstan Ministry of Information. Once in America, he goes on various meeting to experience American culture.

While in his hotel room Borat views and episode of Baywatch and falls in love with Pamela Anderson. His journey to America takes on a new objective as he is determined to go to California to make Pamela his bride. He and his producer, Azamat, must drive from New York to California and learn all about America in the process.

The humor of "Borat..." originates mainly from the mockumentary style in which the movie is filmed. Borat interviews people who are unaware that Cohen is playing a character meant to be a joke. Borat's unique views constantly shock and offend his interviewees and yet many seem to simply accept that he is a foreigner who does not know any better.

"The things that some of the people he interviews say

CD Review: Oasis- Stop the Clocks

Sarah Hou
Staff Reporter

On November 20, 2006, Oasis - the popular and critically acclaimed English rock band - will release its forth coming greatest hits album entitled "Stop the Clocks."

Starting from 1994, Oasis came from almost complete insignificance, to slowly become one of the most successful and infamous British rock bands. Oasis came about at a time where English rock was stereotypical towards sounds of bands like "The Who" and "The Rolling Stones."

"Oasis was influenced by great bands like the Beatles, and they still manage to be unique and edgy among their contemporaries. Their songwriting is simple, but very effective and catchy," says Carl Yacoub, junior, Cos Cob.

Front man Noel Gallagher, was able to bring are the funniest parts of the Borat character," said Christine Kaplan, senior, Warwick R.I. "It's funny to get an outsiders view on American culture, especially when it comes from someone as crazy as Borat."

Crude, rude, racist, blunt, and many times honest, Borat knows no limits or restraints. An open mind and a sense of humor are necessary for seeing "Borat..." as the film is not for everybody.

"I love the 'Ali G Show' and I think Borat is the funniest character on the show," said George LaMar, senior, Briarcliff, N.Y. "I can't wait to see if they will make a movie about the other character on the show, Bruno."

The movie will make Twentieth Century Fox even more money when "Borat..." opens in a standard wider release.

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The Spectrum/Kate Brindisi

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A & E
Alyssa Ferdinando
Staff Reporter

A persons eating habits may change over the years but there is something about the college lifestyle that sometimes causes students to dramatically alter their diets in a less than healthy manner.

"I don't cook here, nothing more than instant anyway," said Tiara Husain, sophomore, Chappaqua N.Y.

Due to many recent fire alarms going off in the dorms, some younger, classmen feel more comfortable staying out of the kitchens. They prefer going to the dining hall for their daily dose of nourishment, though some say that they are hesitant.

"I believe the dining hall is overpriced," said Stephanie Lawless, junior, Milford.

"I either order or order out, just thinking about FLIK food can make me sick sometimes," said Kevin Hannigan, senior, Floral Park N.Y.

Many students prefer to seek out or prepare their own meals rather than venture into the cafeteria. The close proximity of the mall to campus makes eating out rather convenient and the Stop n Shop down on Main St. makes grocery shopping a breeze.

"I don't know what a lot of the food FLIK makes even is, or I just do not like the way it looks," said Husain.

"I cook almost every night," said Danielle Rich, sophomore, Hartford.

"Sometimes we eat out, we had Chinese yesterday," said Husain.

"I cook at home when I don't feel like spending money on fast food," said Kris Singhaviraj, senior, Fairfield.

"I usually prefer simple foods, like meat and potatoes but occasionally I like something more spicy like burritos or stir fry," said Lawless.

According to recent surveys at SHU most students are not eating healthy. Whether you are ordering out or staying in and preparing dinner, a large majority of SHU students are finding it difficult to maintain a constant healthy diet.

Also, few actually keep a fully stocked fridge of nutritious foods. Many say this is due to their busy schedules.

"Many students that I know, though, do have refrigerators with everything they need," said Hussain. "I consider anything that has too many artificial colors, preservatives, or chemicals to be bad," said Lawless.

"I definitely say that food affects the learning environment," said Lawless.

Students who want to maintain a healthy life style and refrigerator need only insure that they are fully loaded with un-gressed foods and nutritious snacks.

Here is what some of the students said when asked about the status of their refrigerators:

"It's cluttered," said Rich.

"I organize my mini fridge for maximum holding capacity," said Singhaviraj.

"It's true, I do forget, so things usually go bad," said Hussain.

"Everything in there is frozen, so it's not that gross," said Garcia.

"On a particular item had mold growing on it but not the fridge itself as far as I know," said Denese.

"I consider anything that has too

Students refrigeres vary in size, content, and smell.
The hierarchy of higher education

Thomas Sands
Staff Reporter

"Remember that our nation's first great leaders were also our first great scholars," echoes the words of John F. Kennedy.

Education is a timeless, priceless tool that is appreciated by all generations. However, it is when judgment and superficialities get in the way that education is deprived. SHU classrooms are filled with students of all ages.

Classes range from the typical 20 year old junior to an older, closer to 30 year old junior. This age diversity in the classroom brings to SHU a sense of maturity and understanding of the value of education.

Nonetheless, are SHU students accepting and open-minded to the older generation and their years to learn?

A post scholar student can add depth and wisdom into an already building education processes.

"There is a difference of philosophy between the generations, but not necessarily the difference of opinion," said James Mercaldi, post-scholar junior, Bridgeport.

Knowledge is a vital part of life and it is said that with experience comes wisdom. Does this affect the general attitude and atmosphere of a classroom?

"Answering questions with previous understanding outside of the classroom creates a certain kind of tension," states Mercaldi.

Such tension between undergrad and post-scholar students may be created because undergraduates are placed not as experience outside of the class as post-scholar students are.

With this, undergrad students can feel as if they are being interrogated by professors to assimilate themselves to older students.

Not only could this possible turn students off but also intimidate them.

From a teacher's perspective students are; there is no bias, and education is a powerful tool available to everyone.

Post-scholars also have general life and social experience which when incorporated into the classroom helps to diversify education naturally.

With an older job as a bar, post-scholars have no dilemmas adapting to the variety of students.

Thus education is inevitable.

"There is a level of admiration and respect for students who already have families established and are still hungry for education," said Erin Bulvanoski, sophomore, Oceanport, N.J.

Education does not have limits, does not discriminate against students and is available to anyone who has the will and desire to learn.

"To be getting an education, to learn as a post-scholar is an accomplished achievement and respectable," said Bulvanoski.

Not only does it add to the vitality of the classroom but also expands the potential of a group project.

"When working on a project, the post scholar almost guides the group work, with pre-experience and helps to obtain the goal," said Steve Peshler, junior, Hopkinson, Mass.

"It adds depth and perception onto issues which where not always concise and as clear-cut," said Peshler.

So it is almost advantageous from a professional level to incorporate more post-scholars into the learning environment.

"One other strong-point is the ability to observe the knowledge being applied and experienced through the eyes of an undergraduate via the post-scholars," Steve Peshler.

"I think it is really great having post student scholars in the classroom. At first, I was a little confused as to why they were there. After some time, I became friends with some of them. Talking to students, who are older, helped me to come up with new ideas in classes and also helped me look at subjects from a different perspective. Overall, it's a helpful learning experience and definitely opened my mind more," said Rachelle Murphy, junior, Berlin, Vt.

Education is an on-going process and does not end outside of the classroom or after college.

Human interaction is a vital step towards wisdom, it starts within the individual.

A day in the life of Monica Concha

Mark Weber
Staff Reporter

It's New Years in Lima, Peru about 21 years ago when a child was born.

That child was named Monica Concha.

A strong-willed baby girl, Monica is strong-willed to this day. Monica grew up being influenced by both major female figures in her life, her mother and grandmother, Concha grew up having faith in everything she does as well as patience in her endeavors.

Concha's greatest memory was during freshman orientation.

The entire freshman class at the time was corralled into the theater for one of those Dean Bazzone talks when eight students were asked to the stage to answer questions.

The last question was, "If you could think of one question every student in this room would want to ask, what would it be?"

Monica unrelentingly grabbed the microphone and said, "Yo, where the party at?" and that's when the class of '07 president, Monica Concha was born.

Concha has been the class president for the class of 2007 since her freshmen year. She has been able to balance being President, her schoolwork, sorority life and a job.

"I'm not gonna lie, I definitely get stressed out, but I just try and take one day at a time," said Concha.

"If one were to have breakfast at Monica's, the menu would include 3/4 cup of original Quaker oatmeal with fat free milk and a protein bar.

This should keep her going for awhile especially if she wakes up one hour before class with the thought, "I hope I don't have a test today."

Luckily, Concha only has classes on Monday, Tuesday and Wednesday, leaving her a 4 day weekend to complete all of her homework.

After changing her major at Sacred Heart University nine times, Monica found her passion. Her current, and final major is criminal justice with a minor in sociology.

"Make sure your major is something that you are interested in. Don't do something just because it is easy, but don't do something that is going to deprive you of having a life," said Concha.

Once Conchas' classes for the morning are over you can find her in FLIK, getting some lunch and hanging out with her fellow classmates.

Following that Concha stops by the student government office in Hawley Lounge and checks her mailbox.

She then tries to get a start on her weekly 5 hours of required office hours.

"As senior class president I knew I had to be 150% committed and that I would be swamped with more work then ever in my 4 years here at SHU and I take my job seriously," said Concha.

By 1 or 2 pm it's time to do homework for her 5:10 class or possibly time for a nap.

"I tend to procrastinate alot, but I feel that only makes me completely normal," said Concha.

During her break she has dinner so that when class is over she can head to the gym for 2 hours, followed by a protein shake when she returns home.

Depending on the night, Concha showers and then either heads to the work as a bartender, which she does 3 nights a week, or she goes out with her friends.

"I'm not a job as a bar, undertakers don't really interfere with my work that much," said Concha.

Before she goes out Concha does one thing every night.

"I call my parents to say what's up to them because I love them and just to tell them how my day went," said Concha.

By 2 or 3 am it's finally bedtime.

Concha is motivated mostly by her continuous self determination.

"Once my adrenaline goes getting, there's nothing that can stop me," said Concha.

Concha hopes to head to law school after graduation but questions if she should get a masters degree in Criminal Justice before.

Her current goal is to either practice corporate law in New York City or Patent Law in California.

Based upon experience, Concha leaves these words of wisdom.

"The university is a fountain of knowledge, and the students are the drink... water. Seriously though, there are a few things I have learned throughout the years: just laugh, I promise it will keep you sane...always smile because it's an inexpensive way to look good...and one last thing, never let anyone belittle your dreams," said Concha.

A quick Q&A with Concha

Mark Weber
Staff Reporter

Mark Weber: What's your favorite class?

Monica Concha: "Jack Camardas's communication class, my final presentation was on course, it got me an A."

MW: What makes you mad?

MC: "Ignorance and those who lie"

MW: What is your most prized possession?

MC:"My heart and my cabbage patch doll, Dodo, laugh all you want but it is what makes me, me."

MW: What dont people know about you?

MC: "I am very sensitive"

MW: What's your advice for the underclassmen?

MC: "College is the best 4 years of your life and they go by quickly. Party wise, be smart; keep in mind your actions reflect who you are and your decisions will determine your future."

MW: What is some of the best advice you have ever gotten?

MC: "You might have lost the war Monica, but you haven't lost the battle," my mom.
The silver lining of extraordinary strength that comes with the captain’s letter “C” often creates a separation between that leader and the hockey world. This past Saturday, Pierre-Luc O’Brien broke that barrier.

The wide-eyed senior forward admitted he was stunned and couldn’t believe his team persevered through one of the most exciting games in school history. After tagging opposing goaltender Tyler Small for six goals in a 6-4 scoring fest of a win on Friday night against league rival Mercyhurst, Saturday found the Sacred Heart hockey team in a different predicament.

The Pioneers fell into a 4-0 pit entering the final six minutes of the third period looking very sluggish and belittled by the Lakers. The visiting team’s abilities to gain most rebounds from saves off backup goaltender Jordan Wakefield and the blitzkrieg attack from Ben Cottreau and Scott Champagne that seemed to leave Pioneer goalie Jason Smith in the dust helped them gain enough momentum to avoid a weekend series sweep.

That is, until the final four minutes of the game.

With 4:03 left in the game, O’Brien opened the floodgates with a power play goal and ultimately tied the contest with 13 seconds remaining, which caused the Milford Ice Pavilion fans to erupt in an array of overflowing feelings of disbelief and excitement.

In overtime, Alexandre Parent lit the lamp after receiving a rebound from a Kalen Wright slap shot against Wakefield to clinch the 5-4 comeback victory with 1:16 remaining and Pioneer bench cleared to pile on each other in joy.

“I can’t believe it,” said Smith, senior, St. Lambert, QC. “In my years here at Sacred Heart, I’ve never been a part of something like this.”

Smith rebounded from a less impressive Friday night and responded by becoming a big reason why the team won Saturday.

[“Smith] kept us in the game,” said O’Brien of Nicolet, QC. “He made a ton of huge saves for us and it always seems he’s the one who is the reason why we win.”

O’Brien, who scored three of the four clutch third period goals, couldn’t be more correct.

Smith saved 31 shots from the Lakers dynamic offense and despite his efforts being somewhat overshadowed due to the scoring plays from the Pioneer offense, the New Jersey Devils draftee shined in his usual outstanding manner.

“As I said before, Mercyhurst is very opportunistic,” said Smith. “They’re extremely good on the power play as they showed this weekend, but they haven’t been disciplined this season so far and we took advantage of that.”

However, the Pioneers took advantage of a lot more than what Smith mentioned. Only five games into Atlantic hockey play. Anytime this squad finds themselves down in the future, looking back at this game will create a warm feeling of realizing a comeback of any amount is by all means, feasible.

Parallel stories have fallen under this category already and it begins with O’Brien. The 5’8 forward entered this weekend with only two points, only to acquire five points on Friday’s game, and then record a hat trick on Saturday’s testament of the team’s character. His efforts were nothing short of heroic, and this is the O’Brien the Pioneers need in order to keep this wave of confidence running.

“My confidence is definitely back,” said O’Brien, who leads the team in points now. “I was able to help us out, but this was a team effort. A big part of this game was the way we killed penalties so well, which is a tribute to Kyle Ytll and Drew Sanders who came up huge for us.”

The question is, how long can this certain high last? Any sport fans knows momentum is only as strong as the next game’s result, and tomorrow’s series against Holy Cross will serve as another measuring stick in the early season.

“They’re a great team and they always well coached,” said O’Brien. “They lost a lot of key players to graduation (all-league forward Tyler McGregor and superstar goaltender Tony Quasada) but they’re still a quick and talented team. We just need to play our game and stay physical.”

Now, the Atlantic Hockey league knows exactly what their game consists of and we will see just how intimidated they are by it.
Pioneers can’t hold on against CCSU

Chris Morrow
Staff Reporter

After Saturday’s let down against Central Connecticut State, Assistant Head Coach Mark Nofri glanced at a final statistics sheet with mere frustration.

In the final quarter of the game, Central Connecticut (7-3, 7-5 NEC) put up three touchdowns for 21 points, not to mention a touchdown with 1:11 remaining in the third quarter. Which held up to be the difference in the 42-14 win over Sacred Heart (2-8, 1-5 NEC).

Central Connecticut’s ground attack is what destroyed Sacred Heart’s chances. All of the four Blue Devils touchdowns came from their rushing game, totaling 296 yards compared to the Pioneers 51 rushing yards.

Justise Hairston, senior, New Britain, became Sacred Heart’s main problem, completing his day with 168 yards, rushing for two touchdowns. In the process, Hairston set a Northeast Conference record, rushing for 1,630 yards in a single season.

Once again, problems plagued the Pioneers. Nothing seemed to go their way.

Tyler Arciaga threw two interceptions in the end zone taking away potential touchdowns, once in the second quarter and again in the third quarter, fortunately Central Connecticut didn’t capitalize.

A fumble late in the third quarter by Jason Payne, junior, Cortlandt Manor, N.Y., did result in a Blue Devils touchdown giving them a 21-14 edge.

There was no attraction between Sacred Heart receivers and the ball. Dropped passes mounted on to the already frustrated Pioneers. “We said that if we were going to win this game, we would have to do it from the receiving end and the drops were big momentum builders for them,” said Joey Henley, junior, Kent, Wash.

Sacred Heart showed sign of life showed at the end of the second quarter when Tyler Arciaga, Graduate Student, San Diego, Calif., lobbed a 4-yard pass to Henley in the middle of the end zone.

The Pioneers continued to make it interesting towards the end of the third quarter when Arciaga connected on an 11-yard pass to Steven Tedesco, freshman, Mission Viejo, Calif., which was followed by a successful two-point conversion to Henley to tie the game at 14.

It began to fall apart in the fourth quarter as Sacred Heart’s late game woes returned once again. “There was a lot of disappointment and it made it worse that we were tied up,” said Head Coach Paul Gorham.

Sacred Heart surrendered 28 unanswered points in the final 16:11 of the game. Sacred Heart forced of four fumbles in the fourth quarter, but was unable to recover any.

“Anytime you’re tied with a good team, and then all of sudden find yourself down by 28, it’s disappointing and it kills any positive attitude that may have happened,” said Arciaga.

Central Connecticut scored on three of their four possessions, putting together 179 yards in the final quarter.

“We need to positive even now.”

When things are going badly, you think negative thoughts and then bad things happen over and over again,” said Arciaga.

The Pioneers close up the 2006 season at home against conference rival Robert Morris this Saturday at Campus Field, with kickoff at 12:30.

Injury Report: Joe Schroeder, sophomore, Jackson, N.J., was taken out of the game on Saturday when he was hit late after attempting a 33-yard field goal. “I broke my fibula [leg] in my left plant foot,” said Schroeder.

Dutchwomen defeat WIH

Christie Gangnath
Staff Reporter

There was very little to celebrate this weekend after the Lady Pioneers Ice Hockey team fell short against the Dutchwomen of Union College at the Bridgeport Wonderland of Ice.

Gina Arnone, sophomore, Bridgewater, N.J., put two points on the board for Sacred Heart Friday night, but the Dutchwomen answered back with the help of their star forward, Sury Pocock. She scored a pair of goals in the first period and added two more late in the third period that helped grabbed the win.

Arnone scored on an unassisted power play just before the end of the first period that put Sacred Heart on the board. Arnone buried a rebound off the stick of junior defenceman Devon Gashin from Augusta, Maine again at the end of the second period.

Arnone is the leading scorer for the Pioneers, collecting six goals this season and two assists for a total of eight points.

During Saturday’s game the Pioneers tied the game with 3:41 left in the opening period. Arnone brought the puck down the ice and fired a shot that hit the crossbar. It was Whitney Dziama, the sophomore forward from Walpole, Mass. that picked up the loose puck that had rebound right to her and put it away.

Union came back and grabbed the lead 3:57 into the middle period when Dutchwomen Meghan O’Connor put a shot past Kristen Olychuck, the freshman goalie from Kelowna, British Columbia. Brenna Melnar and Josie McDermott scored goals for the Dutchwomen within four minutes putting them up by three.

The Pioneers could not find an opportunity to score again. Although the Pioneer defense worked hard to stop Union’s rookie, they managed to grab four more goals off of rebounds and finished the game with an 8-1 win.

Olychuck faced thirty-eight shots and made thirty-three saves on Friday. She finished well in goal for the second straight day making forty-eight saves. The Pioneers, who started out the season with four straight wins, lost both series of games against Union.

Lady’s Ice Hockey is off next weekend but will host a weekend series of games with RPI in two weeks. The Pioneers and the RPI Engineers will meet Friday, November 17th at the Bridgeport Wonderland of Ice.

FIELD HOCKEY cont’d from page 14

Lock haven seven goals against the Pioneers broke the single-game team record at the NEC tournament. The previous record was held by Rider who scored four goals twice once in ‘03 and once in ‘04. LHU’s nine goals in the tournament also broke the NEC record previously held by the 2004 Rider squad that scored seven.

“Everyone played till the end and despite the score we did not give up. We accomplished a lot of great things this season, we received many awards and we are proud of our season.” Said sophomore Andi Corio of Yorktown Heights N.Y.

The Pioneers ended the season with a 1-4-4 record and 6-2 mark in the NEC play. The Pioneers ran off a seven game winning streak in the middle of the season, lead by Coach Christine Blai 3-3 NEC was tops in total goals for the first time.

“She stood by us the entire game, reminding us that our best was all we could do, and that as long as we left it all out there we could walk out with our heads held high,” said Carney.

Although the Pioneers did not win the NEC title it was a season for many records and awards.

Have a question or comment?
Email your thoughts to Sports Editor Brian Fitzsimmons at FitzsimmonsB@sacredheart.edu
The Sacred Heart Field Hockey team beat Quinnipiac in the semi-finals of the Northeast Conference tournament but the championship game ended with an upset for the Pioneers against the former Lock Haven rivals.

On Friday afternoon the Pioneers traveled to Pa., and dominated the Quinnipiac Bobcats 4-2 in the semi-finals of the Northeast tournament. Junior Jenn Howley of North Salem N.Y scored two goals while sophomore goaltender Whitney Mills of Harrisburg Pa. made 19 saves through out the game.

“We didn’t play our best, but we proved we were the better team and overcame them,” said senior Colleen Carney of Yorktown Heights, N.Y.

In the constant back and forth shooting through out the game the Pioneers were out shot 23-16, but made the most of their chances.

Sacred Heart goaltender Mills was a major factor in the win her 13-save effort broke the NEC record for saves set two years ago by Fairfield’s Lauren Callahan.

Pioneers were the first to get on the scoreboard, with an unassisted effort by Melissa Mazin of Putnam Valley, N.Y. in the 20th minute of the first half. However Quinnipiac quickly lashed back as Jennifer Kinchla tipped in a shot by Bobcats Jaime Cassesse just minutes before the half ended.

Early in the second half senior Colleen Carney, the most prolific defensive player in the league, put the Pioneers back on top. Junior Leach Stober of Hammselsto, Pa., set Carney up on a penalty corner attempt and Carney put the ball past Grossman into the back of the cage.

Once again the Bobcats answered right back, as Kinchla found the net for the second time just 47 seconds after the Pioneers had taken the lead.

Sacred Heart’s Howley with just over 20 minutes to go in the game rebounded a shot. She continued to seal the deal for the Pioneers and with six minutes left in the game she broke out behind Quinnipiac’s defense and beat Grossman for an insurance goal.

The win would continue the journey into the tournament, and the Pioneers would go on the face Lock Haven for the championship, which had previously beaten Rider in the semi-finals.

Lock Haven University made a strong first appearance in their first ever postseason play at the Division I level. The Pioneers struggled to defend their former NEC championship title and fell behind 5-0 before getting a goal on the board. The Lady Eagles used a 3-0-halftime lead to get its first ever NEC title, 7-1.

“Lock Haven just played harder for 70 minutes,” said Carney.

Sophomore Carisa Eye of Nesconset, N.Y who was recently named the NEC field hockey Player of the year, scored the Pioneers only goal. While goaltender Mills continued to break the record with 20 saves through out the tournament. Eye, Carney and Howler each earned the All-Tournament team honors for Sacred Heart.

Early in the game both teams seem to be evenly matched as they both went scoreless in the first 17 minutes of the game. Than in the 17:46 minutes of the game LHU’s Nicole Dearnard sent a shot into the circle that was tipped past the keeper by Samantha Stoyer.

Lock Haven continued scoring and less than four minutes later Man Daschbach picked up a rebound off a Mills saved and buried it in the back of the cage.

The first half of the game would end with LHU’s Sarah Huber getting a breakaway and finished a one-on-one with the Pioneer’s goaltender. Huber would get the scoring started in the second half deflecting a Renee Kemmerer shot for her second goal of the contest tying the NEC single-tournament game record.

Finally in the 53rd minute of the game the Pioneers would get on the board. Eye wrapped a shot around Lock Haven’s goaltender to cut the lead of the game to four.

LHU continued to dominate the game, Daschbach would later get her second goal of the game and the scoring would end with a shot from the top of the circle by LHU’s Renee Kemmerer for the 7-1 lead.

CONTINUED ON PAGE 13.
Women chasing repeat and men turn to post-Trim era

Swanson craves repeat in '07

This week we will be showcasing our very own women’s basketball team. Do they have enough to repeat as NEC Champions and make it back to the tourney this year? Though it will be difficult, the future looks bright for the team to repeat.

Leading the way for girls this year will be the reigning NEC MVP and Stamford native, Amanda Pape. It isn’t a stretch to say that Pape will average about 20 points a game along with pulling down a couple rebounds and playing a stingy defense.

Look for another stellar year by the senior forward and another MVP trophy to put on the shelf.

Helping out Pape will be the teams other two captains, Jasmine Walker and Kerri Burke. Walker, a senior from Amityville, N.Y., will be the same inside presence for the Pioneers as she was last year and Burke, a senior from Saugus, Mass., will be the floor general for the girls, running the offense out of the point guard position.

Rounding out the starting four of seniors is Mary Rush from Waterbury. Rush will be a defensive wonder for the Pioneers this season, much like she was last.

One of the strong points for the Pioneers will be their bench. Coming off the bench will be the deadly outside shooter, Lisa Moray. Moray, a junior from Hopewell Junction, N.Y., Moray hit 34 treys last year including a 6-10 night against Fairleigh Dickinson.

Yet, as mentioned before, it won’t be easy for the Pioneers this season. The loss of their leader for the past four years in Nicolle Rubino will hurt. Rubino averaged 12 points a game last season. However, Rubino’s leadership on and off the court will be what is missed the most. The trio of Walker, Pape, and Burke will have big shoes to fill this season.

Also standing in their way is a very talented Quinnipiac University Bobcats team. The Bobcats were picked to finish second behind SHU this year and will remain a threat all year long. Also don’t count out the revenge factor, as the Bobcats will be playing with a chip on their shoulder after the Pioneer’s beat them to win the NEC title last year.

Yet, have no fear Pioneer faithful. It will be another season to remember, as fans will once again see a smiling Amanda Pape cutting down the net on their way to a second straight NCAA tournament appearance. Let the drive to March Madness begin. I’ll see ya there.

No Trim, no problem?

As the seconds ticked down on the snowy night in New Britain, it was a sign of how far Sacred Heart men’s basketball had come, and still how far they have to go.

With that 86-68 loss to Central Connecticut State University in the first round of the 2006 NEC Tournament, the Pioneers had a disappointing finish to one of the most successful seasons in the brief history of division 1 basketball at Sacred Heart.

As the 2006-2007 Pioneer basketball season begins at Fordham tomorrow night, there are many important and bright spots to look forward to.

Junior forward Joey Henley, Kent, Wash., returns to the starting lineup as a power forward. Henley missed the entire 2005-2006 season with a n ankle injury. Henley was a dominant force in the front line in the 2004-2005 season, averaging 12 points and six rebounds per game. Henley will be a major reason why the Pioneers are strong up front.

Senior guard Jarrod Frye, Maspeth, N.Y., has the ability to take over a game. Frye made a huge leap in 2005-2006 doubling his averages and rebounds by scoring 16 points and grabbing nine rebounds per game a year ago. Frye used his tenacity to get to the basket and created many match-up problems by taking the ball to the basket strongly and scoring from the foul line.

However, there are a lot of question marks still that one can point to this season.

Sacred Heart loses their leading scorer and one of the most dominant players in Sacred Heart history in Kwibe Trim. Trim averaged 19.2 points and 8.6 rebounds per game. Trim was a dominant force for the Pioneers and how the Pioneers replace his low post presence will be a huge reason why the Pioneers’ either excel or fail.

The Pioneers will need a huge boost from their bench as well. Sacred Heart’s bench play over the past few years has been suspect at best. In the Northeast Conference, depth is a huge issue. The team’s that have played well have had star players, but they have had the role players to go along.

Sacred Heart’s schedule begins difficulty over the first few games. They face a difficult trip to Fordham, then they go to Charlotte to take on #2 North Carolina in the Preseason NIT on Monday. They do not play at home until November 21, when they will host Albany.

The Pioneers will need help at home, fans should come out and enjoy and be rowdy at games. Every little bit helps, especially with a team such as Pioneers men’s basketball who could win against any team they play.

Let the season begin.
Pierre-Luc O'Brien's clutch third period helped the Pioneers come back to win 5-4 in an OT thriller against Mercyhurst on Saturday.

**READY FOR ACTION**

Mike Barrett previews the reigning NEC Champions

**FOURTH QUARTER FLOP**

Pat Pickens weighs in on how the Men's hoops team will fare