



Groundbreaking Marks 40 years of SHU



Photo by Robert Trenske

Senior RA Charlie Sousa, Student Body President Guy Savage and Senior RA Meghan Dodd break ground at this past Saturday's ceremony. For full story see "New Dorms" on page 3.

Board Questions Ed Prep

Issue Overblown by Press, Sacred Heart Claims

By Steve Horvath
Staff Reporter

Readers of The Connecticut Post were recently confronted with an article citing major concerns about the teacher preparation program at Sacred Heart. Just a few days later, the New Haven Register ran a similar article indicating that Sacred Heart "just clears the bar" set by the State Board of Education. But before education program hopefuls run to fill out transfer applications, they should be presented with another side of this issue.

According to Sacred Heart faculty and staff members, the teacher preparation program is not in jeopardy. It is not on probation, nor is it any less effective and esteemed than it was before the meeting of the State Board of Education this past week.

"The headlines are regrettable. They really are not true to the facts of the situation," stated Bernie Gilmore, Public Relations Director for SHU.

The facts of the matter are that of the 66 standards examined by the review committee for the Connecticut Board of Education,

Sacred Heart did not fail a single standard. Fifty-three of these standards were fully met, 10 were partially met, and three were met with distinction.

The results of the evaluation and the subsequent recommendation for provisional approval of the program for two years were neither unexpected nor unwelcome to the SHU community.

Based on the extremely positive exit interview by the visiting Board of Education team last spring, SHU faculty members were optimistic.

"According to the visiting (review) team, (meeting) more than one (standard) with distinction is rare," said Dr. Jane Gangi, Associate Professor of Education.

A partially met standard includes such mechanical differences as SHU's preference of having student transcripts in a digital file while the Board of Education wants hard copies in student files. One of the major curriculum standards that the board took issue with was the SHU sequence of course study. While Dr. Edward Malin, Chair of the Education Department, feels that students are advised of a proper order of courses to be taken, the mislabeling of course numbers in the SHU catalog can lead a visiting team to believe otherwise.

"One of the problems is that our student teaching courses are 400 level, while graduate

levels of intro courses such as Educational Psychology are labeled as 500 level. This might lead someone to believe that we allow students to intern or student teach before ever having taken introductory education courses, which we simply do not do," said Malin.

The good news from the Board of Education Review Team came in the form of three commendations for completing three standards "with distinction." The Education Department received special praise for its focus on educational technology, its close collaboration with other departments in the University and especially for its commitment and collaboration with surrounding school systems and communities.

So the question then remains, why the news stories?

According to Malin, the complication arose Wednesday morning when the resolution to put Sacred Heart University's teacher prep program on provisional status was presented to the nine member Board of Education Committee.

"Originally we were item one on the consent list, meaning the Commissioner of Education felt that the resolution could pass without board examination. However, one member asked that the resolution be opened to dis-

See "Education," page 2

University Opens Neuroscience Lab

By Melissa Petsitis
& Mark Stanczak
Staff Reporter & News Editor

The University has a new lab that allows Psychology and Biology majors to get hands-on experience in a modern neuroscience laboratory. Undergraduate research experience will help students get into graduate programs (PhD and MD) and use their learned knowledge in today's job market.

The idea for the neuroscience lab was developed under the support and effort of the Biology and Psychology departments and also the university. Dr. Mindy Miserendino, Dr. Rachel Bowman and Dr. Kathryn Lafontana of the Psychology Department are working hard to engage Sacred Heart's new research programs.

Dr. Bowman of the Psychology Department said, "I think that the neuroscience space is an amazing addition to the University community and a great benefit to both students and faculty. Please note that it meets all federally mandated guidelines - such as those set forth by the NIH (National Institutes of Health)."

Near the middle of the term, the lab will be getting rats and

students some hands-on experience with the research process."

Dr. Miserendino mentioned that one room in the new lab is devoted to "surgical histology," which would include examining the brain tissue of rats.

"The students would not be involved in that work. That would be for (the faculty's) own research purposes," she said.

Julia Paradis, senior class senator (Milford) said, "I think it's a good idea combining the Biology and Psychology Departments for the new lab because it allows both disciplines to experience aspects of different fields."

Amy Bova, a senior from Peekskill, NY, took an experimental psychology course in East Hall last year and is now in a course with Dr. Miserendino in the new lab.

"We were limited to what we could do in class," recalled Bova, "Three or four groups did the same type of assignment because there was no room to expand."

Senior Psychology major Kate Swords (Westfield, MA) said, "As long as the animals are not being harmed, I think that any time spent in the lab will give the students exposure to areas previously unavailable to them. It will broaden the Psychology program at Sacred Heart and allow students to have a hands-on experi-



Photo by Robert Trenske

Behind the University Commons is the new neuroscience lab.

students will learn how to handle them for the research studies. The rats will be running through mazes that Dr. Miserendino designed and students will record the rats' turning behavior and connecting their studies to certain abuse substances, the same structure used in human neurotransmitters, as stated by Dr. Rachel Bowman.

Dr. Miserendino said, "Using animals for research purposes has always been controversial. We're going to try very hard to keep our usage non-evasive, meaning we won't be hurting or damaging the animals in any way. It is primarily a pedagogical tool to give

ence, relating what they learn in the classroom."

Dr. Bowman said, "All projects taking place in the neuroscience facility are under direct supervision of faculty members and most will be instructional in nature and involve students enrolled in various psychology courses. The other projects will be primarily faculty programs of research that will involve a select group of independent studies students/research assistants."

Research experience is critical when applying to graduate programs, and the staff in charge of the lab hopes to facilitate the that growth.

Ganim Gone, Bridgeport Picks Through Primaries

By Teresa Diaz-Hennessey
Staff Reporter

Recently, the city of Bridgeport held primary elections for mayor on Sept. 9, 2003. Among the Democratic candidates were incumbent Mayor John Fabrizi, his chief rival State Representative Chris Caruso, and State Representative Bob Keeley. Republican candidates were Enrique Torres and Adrienne Farrar Houel. Commuters from Bridgeport had an opportunity to vote for a Democrat or Republican, depending on their

party affiliation, and many students worked on candidates' campaigns.

A major issue in the Bridgeport race is the corruption surrounding former Mayor Joseph P. Ganim's administration. According to the Bridgeport News, Ganim, convicted on 16 charges of corruption this past July, was scheduled to begin a nine year prison term on Tuesday.

Jen Paquette, a junior from Wethersfield, was asked to assist with Chris Caruso's campaign. During her sophomore year she interned in Hartford for State Representative Michael Christ. Chris Caruso having an office

only three doors down noticed Paquette and asked her to assist him with his campaign. As finance director of Caruso's campaign, Paquette said, "Granted we didn't win, it was an experience I'll clearly never forget. I never really knew what went into a campaign since I never worked on one before. You don't realize how much hard work, dedication, and time one puts into a campaign." Paquette gained a much larger respect for people that are in elected offices. She said that one can appreciate them much more because she knows what they had to do and go through in order to get there.

Dan Kristan, a junior from

Mahopac, NY got into his internship through Professor Michaels of the Political Science department at Sacred Heart University. Kristan worked as a campaign staff intern for about 4 months. His job entitled phone contact work, advertising and data processing. Kristan enjoyed his job and thought that Bridgeport politics were rather interesting due to all the recent corruption. "It's been really corrupted for about almost a decade I'd say with the Ganim/Fabrizi administration." Kristan said that Bob Keeley and his campaign staff were hoping to eliminate all the corruption.

Rui Rainho, a junior commuter from Bridgeport, com-

mented on his decision for the Democratic primary, "I decided to vote for the candidate that would benefit Sacred Heart the most. Some candidates were for the new resident hall while others opposed it." Rainho said that he is not interested very much in politics, but enjoys the right to vote. He said that the only thing that affected him about who received the democratic nomination was any issue or concern with Sacred Heart University.

Lucie Ferreira, a junior, commuter from Bridgeport, and also a democrat said, "I clearly did not vote for Fabrizi because I heard that he was in on all the corruption that went on with Ganim."

University Defends Education Program

continued from page 1

cussion and then recommended that SHU's program be downgraded to probationary status.

"That was completely unprecedented and shocked most of us in attendance," said Malin.

"Unfortunately the press was there and they heard Sacred Heart and probation and then ran with it," stated Gilmore.

After a defense by the Associate Commissioner of the Connecticut State Board of Education Betty Sternberg, the original resolution passed unanimously, including the one dissenting voice on the committee.

The only amendment to the original resolution was the addition of another report due to the state in five months, simply updating the Board of Education on the progress of implemented strategies.

Some newspapers reported that the Board of Education "gave

the teacher preparation program at Sacred Heart University in Fairfield five months to show improvement".

The process of program approval is a constant part of University life.

No program is granted more than a five year approval, thereby insuring that all programs are continually updated and held to the highest standards.

It is a process that Sacred Heart University embraces whole-heartedly.

"The opportunity to have respected colleagues examine and comment on one's program is invaluable. That's what has happened here with primarily a positive affirmation of current efforts," stated Dr. Thomas Forget, Vice President of Academic Affairs.

But the question still remains, are students being ill prepared for life in the educational community? Forget responded

with a resounding "no."

"I am more than confident in the abilities and caliber of teachers who have completed their teacher preparation programs at Sacred Heart University.

"I know many of them personally and see that they are at a very high level of professional practice and are deeply caring and dedicated teachers and administrators," stated Forget.

"I do not think this action will affect the hiring of teachers who've completed their preparation at Sacred Heart University.

"The educational community of the State affirms the preparation our students receive each year by their persistent hiring and re-hiring of our graduates; that will not change.

"Also, educators know well the experience of colleague review that has occurred here; a program's strengths are noted; 56 of 66 standards fully met or met with distinction," said Forget.

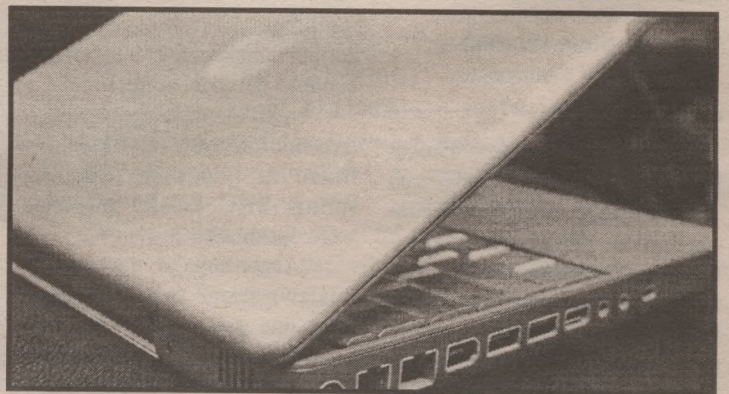
The Evolution of SHU Computing

By Melissa Petsitis
Staff Reporter

As Sacred Heart's student body increases each year, the laptop computers get smaller. As part of the University's tuition, students receive new laptop computers that have a wireless connection throughout the campus, which is used during certain graduate and undergraduate courses. After two years, students hand in their laptops and are issued smaller and improved computers.

Sacred Heart has not only upgraded the laptop computers for the student body but also in the computer lab. Flat screen Dells have taken over the computer lab for the entire student body to have full access to all computer programs and the internet. Alison Wagner, a Sacred Heart Senior said, "When I saw the new Dells, I just wished I was a freshman again!" As an Apple computer user, "I did not enjoy the new laptops at first because of the different desktop setup but I have become familiar with the iBook and I like it more than the IBMs.

Not only do the seniors like



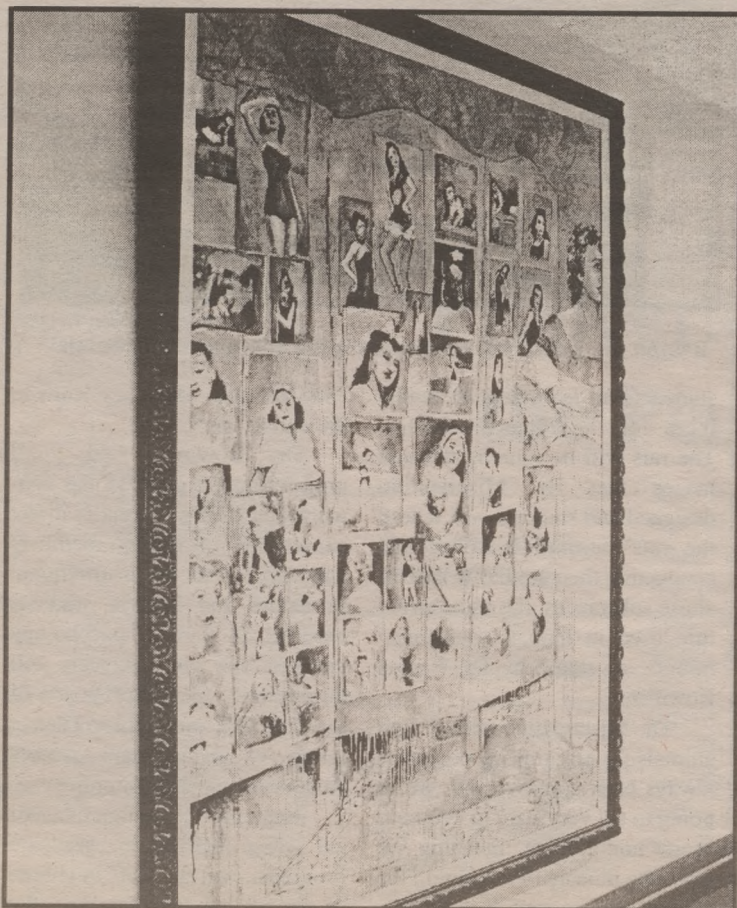
Shown above is the new Apple Powerbook that the media studies and art juniors received at the beginning of the semester.

Photo by Robert Trenske

**Pictured
left is one of
the newest
pictures
on campus
located right
near the
Registrar.**

(Artist Unknown)

Photo by Robert Trenske



The entire class of 2004 first became familiar with the IBM's; the Media Studies and Graphic Design majors received Apple computers after two years because of certain programs that will help educate the students with their major and the other students received Dell's. For the present and future classes of Sacred Heart University, the laptop computers are advancing each year and students are able to use their computer for future endeavors.

the new improvements to the University, the incoming freshman enjoy the computers as well. Freshman Josh Haberli stated, "They are pretty cool."

The new computers at Sacred Heart University are working wonders for the students because they have more programs focusing on certain majors, like the Apple computers focus on Media Studies. They have the same basic desktop setup in the current Dell's and, most importantly, they are a lot lighter to carry around!

Library Renovations Continue, Plans For Expansion

By Courtney Gotshall
Staff Reporter

During the past few months, while many students had the summer off to relax, Sacred Heart employees were hard at work. Among the various other changes on campus, the Ryan-Matura Library has undergone renovations and updates in order to make the library a better place for students to study and obtain information.

Dennis Benamati, University Librarian, explained much of what has been going on. Benamati explained that enhancements to the library began after he noticed, "underutilized space." There are at least six major changes that have occurred in the library. The "Technical Services Department" was added in the area across from the Jandresevit Learning Center. Also new is the "interlibrary loan office behind the reference

desk," and "archive space." Additionally, more electrical outlets were added to enable students to use their laptop computers and Administrative Services Coordinator, respectively. Also, two new staff members were hired. Nancy DelVecchio is



Ryan Matura Library is undergoing construction.
Contributed Photo

ers more conveniently.

Two staff members, Mary Ellen Bowen and Renata Cioffi, were promoted to Head of Automations Services

the Collection/Development Librarian, a new position at Sacred Heart. In this position, DelVecchio chooses what the library obtains for use by the

University as far as books and other such material. Another addition to the staff is Kathy Giotsas, who occupies the position now known as Head of Public Services. Giotsas is now responsible for circulation, reserves, interlibrary loan, reference, and instructional service.

Benamati also mentioned a possible "search for a Director of Instructional Technology," and hopes to fill this position sometime this fall.

On the technological scale, Benamati described six new databases on the library website, including "Project Muse," "StatUSA," "Cochrane," and others. Project Muse is a "database of full text, peer-reviewed journals in humanities, social sciences, and math," while "StatUSA is comprised of business statistics from the U.S. Department of Commerce." Cochrane is "a database for the health sciences."

Benamati added that the Ryan-Matura library is currently undergoing "renovation to the foyer of the building," which includes "an improved book security system and video monitoring system." In the future, the library hopes to gain a lab for instructional technology.

Of course, in order to have all of these changes occur there had to have been proper funding. According to Benamati, the library received a grant for a little over \$189 thousand from the Federal Government. Also, "we were given a very nice \$230 thousand increase in our budget this year," Benamati explained.

Although some of these renovations may not be immediately obvious to library patrons, they are intended to make needed materials more easily attainable for students. Benamati believes that, overall, "it's going to be quite a year."

New Dorms Rise with 40 Years of SHU

By Anthony Franciosa
Staff Reporter

Last week Sacred Heart University celebrated two significant events in the life of the college: the fortieth anniversary of its founding and the groundbreaking for a new student housing development that is scheduled to open by September 2004.

According to the University's

Church, which, prior to Vatican II (1962-1965), was under the impression that only formally educated clergy members were qualified to manage a university.

"Prior to the founding of Sacred Heart, a lay person could aspire to be a vice president or perhaps a dean, but certainly not the president," said the President of Sacred Heart University, Dr. Anthony J. Cernera, Ph.D. during a speech given at last Saturday's groundbreaking ceremony for the University's new residence halls.

The pioneering proposal that

Forty years after its doors opened, the University's enrollment has grown from the original 173 students to more than 6000 strong. In addition, the number of faculty members has risen from the initial 9 to 144 full-time professors and 300-plus adjuncts.

According to James Barquinero, the Vice President for Enrollment Planning and Student Activities, the University began as a commuter school and "for twenty-five years drew the members of its student body from within driving distance."



President of Sacred Heart University, Dr. Anthony Cernera, speaks at the groundbreaking ceremony.
Photo by Robert Trenske



Dr. Cernera and two members of the Board of Trustees at the ground breaking ceremony.
Photo by Robert Trenske

website, Sacred Heart was founded on September 11, 1963 by the Most Reverend Walter W. Curtis, the second Bishop of the Bridgeport Diocese, with the specific intention of being led and staffed by the laity.

This mission was a bold endeavor for the time because it contradicted the commonly accepted practices of the Catholic

Curtis put forth was also one of great risk. Prior to the opening of Sacred Heart, no Catholic institution of higher education in the United States had ever been solely administrated by the laity. The University may have been the first of its kind, but might have been the last if it failed.

Auspiciously, the venture proved to be a success.

Nonetheless, as early as the late sixties, students from Sacred Heart began renting apartments in the surrounding community so they could be closer to campus.

"By 1967 there were 245 Sacred Heart University students renting apartments at Park Ridge," said Cernera, "The only difference was that they were doing it on their own."

Sacred Heart did not provide their students with housing until 1990. Since then, the University has been transformed into a resident-based college.

More than 70 percent of their undergraduate students now live in University housing.

At Saturday's groundbreaking, Barquinero accredited Cernera, who is the University's fifth president, as the person most responsible for providing students with this opportunity.

Since Cernera's inauguration in 1988, Sacred Heart has acquired a total of seven residence halls, four that are owned by the University and three that are leased from private owners.

Once completed, the new housing complex being raised on 5252 Park Avenue will be the fifth on-campus dormitory built during Cernera's term in office.

At the groundbreaking ceremony held last Saturday, Cernera called the project "an important milestone in the life of the University."

He also said the new dorms would allow "the University to engage more fully and directly

with its students" because it will provide on-campus housing for 403 residents who "are now living scattered far and wide."

Following a blessing given by Rev. Andrew Garavel, the University's new campus minister, Cernera and two members of the University's Board of Trustees, Joseph D. Roxe and Christopher K. McLeod, ceremonially turned the soil at the site, officially inaugurating the project.

Thereafter, Student Government President Guy Savage and two senior Residence Hall Assistants, Charles Susa and Meghan Dodd, did the same.

According to Bernard Gilmore, the Director of Public Relations at Sacred Heart University, the administration decided to build the new housing complex, which will consist of three three-story buildings, because it needed another residence facility to help deal with growing student enrollment.

The new development is slated for completion and occupancy by the next fall semester.

Assault at South Hall

By Brian Thorne
Staff Reporter

In the early morning hours on September 6, an altercation broke out in Sacred Heart University's South Hall. During this fight between freshman Matthew McAloon (Garden City, NY) and Andrew Costa (Deer Park, NY), a campus visitor, Public Safety Officer Al Fernandez was notified, and at 3:02 a.m. the Fairfield Police Department was called. Fernandez told police that there was a suspicious person on campus. Officers Stansfield and Herrick responded to the call.

According to Stansfield's report, Fernandez stated that the situation was settled prior to Fairfield police arrival. The report also mentioned that Andrew Costa had been involved in an altercation with Matthew McAloon, and that the fight was broken up. No police action was requested by either party involved.

According to Officer Stansfield, Costa stated that he was on campus visiting a friend in South Hall. His friend left the room, and Costa stayed behind to talk to a few female

students. Costa then stated that a male student whom he had never met (McAloon), approached him and told him he had no business talking to the girls he was with. Costa alleged that McAloon then began a physical fight, and that during this altercation he had punched McAloon. He agreed to leave campus and was escorted to the Public Safety Office to wait for a taxi.

"I didn't even notice that my head was bleeding until after the fight... It only looked like two small scratches after I cleaned it up"
Matthew McAloon

Officer Stansfield then spoke with McAloon. According to the police report, McAloon stated that he was walking down the hall when a drunken male that did not belong at the school hit him for no reason.

He stated that he did not hit the man back, but did hold him in a headlock until Public Safety broke them up. Stansfield's

report claims that McAloon stated numerous times that he wanted to find Costa and continue the fight.

Police advised him against this and warned him not to make such threats.

"I didn't even notice that my head was bleeding until after the fight," said McAloon. "It only looked like two small scratches after I cleaned it up."

An eyewitness to the assault, South Hall resident Leea Vita, agreed with McAloon's account of the incident. "I was talking to [Costa] in the hallway when Matt [McAloon] walked between us. [Costa] took off his back pack and said, 'Are you trying to hit on my b****?'," and ran after Matt and started attacking him."

She and three other female South Hall residents, whom did not wish to be identified, said Costa landed a blow to McAloon's forehead during the attack and then McAloon easily held the assailant in a headlock until Public Safety arrived.

"Mr. Costa was intoxicated that evening," stated Linda Maloney, the Director of Public Safety, "and he was issued a verbal and written warning for trespassing and was advised that if he returned to campus he would

be arrested for criminal trespassing in the first degree."

"Mr. Costa was intoxicated that evening... and he was issued a verbal and written warning for trespassing and was advised that if he returned to campus he would be arrested for criminal trespassing in the first degree"

Linda Maloney
Director of Public Safety

"This behavior is very unlike Andrew [Costa], he is usually a very mellow person," said Andrew Misiano, the resident whom Costa was visiting. Eyewitnesses to the altercation later confirmed that Misiano was not present at any point during or after the fight.

Andrew Costa could not be reached for comment on this story.

Do you have a friend with a birthday coming up?

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Community Connections '03

By Sharmilla Munver
Staff Reporter

Community Connections, a service that allows freshmen to become involved with the Bridgeport community, ran successfully during the week of Aug. 23 through Aug. 29.

The program is in its eighth year and was organized and coordinated by Phyllis Machledt (Service Learning) and Noelle D'Agostino (Campus Ministry), with sponsorship from People's Bank.

The most important goals of the Community Connection are to teach the freshmen leadership and to break down the negative media stereotypes that the city of Bridgeport is often associated with.

"Crime has gone down, and the neighborhood is safer,"

said Machledt, founder of the Community Connections Organization. "I have heard some Sacred Heart students say that everyone in Bridgeport is a drug dealer. And this is sad."

She added that about ten or twelve years ago a gang rivalry in Bridgeport had left the community shell-shocked, but the community came together and worked with the police to clean up the crime and make their streets safer.

This year, five juniors and seniors led the group of 18 freshmen who participated in Community Connections.

The program involved much volunteer work, and this work centered around the themes of hunger, poverty and housing issues, as well as community development.

The community of Bridgeport requested various



Contributed Photo

SHU students, Meghan Feeley (right) and Megan Wood (left) read aloud to children.



Contributed Photo

Community Connections members help Bridgeport Community.

services from these themes, and the needs were met by the Sacred Heart students.

"The response from the Community has been very good. They are happy to have our students help out," said Machledt.

During the week of service, the students lived at St. Charles Urban Center and worked with people of different cultures.

The students tried to learn more about the Latino Community by attending a Spanish Mass, eating a Puerto Rican dinner, and learning Salsa and Meringue. Students volunteered their time at the Thomas Merton Center, a soup kitchen, where they prepared dinner, then served it and ate with the guests.

They also spent time at Carolyn House (a center for women to learn English), volun-

teered for Habitat for Humanity, and worked with children at John Winthrop, Luiz Munoz Marin, and Columbus schools.

Every evening during the week the leaders would hold about an hour of reflection. At this time students would talk about their experiences of that day, share what touched them, and ask questions. D'Agostino commented that it was important to know and understand why one would participate in social activity.

"Social action without reflection is irresponsible," said D'Agostino, quoting a friend.

The students involved with the program got a lot out of helping others.

"Honestly, all the experiences I had were great. I loved going to the school with the kids. They seemed to look up to all of

us. I also enjoyed reading out loud at John Winthrop. When the teacher told the students we were from Sacred Heart they were all shocked, in a good way," said Nicole Brignola, a freshman from CT.

"Giving myself to people, lending my help for people who needed it for something better than an hourly wage but for the knowledge that I was helping someone."

"The experience overall was really amazing," said Jessica Alvarez, a freshman from NY.

"We met some extraordinary people who shared their stories with us, and also got very close as a group. I really enjoyed knowing people this first couple of weeks into school, and it helped ease the transition into college."

SHU Remembers 9/11

By Dan Maloney
Staff Reporter

On the second anniversary of one of the most tragic days in American history, Sacred Heart University commemorated the events of September 11 with a daylong tribute to the victims that perished and the families they left behind. It was a day of prayer, solemn reflection, and most of all a renewed message of hope and prayer for peace throughout the world.

Ceremonies throughout the day included an 8:00 a.m. mass and a noontime Interfaith Prayer Service of Remembrance, both celebrated by Father Barry Meehan, Director of University Ministry. Other ceremonies included a heartfelt flag raising

ceremony conducted by Public Safety and a student led candlelight vigil held at just after at 10:10 p.m. in the Quad.

At 8:30 a.m. more than 100 people stood outside the entrance to the University. Two trumpet players from the Pioneer Band played the Star Spangled Banner and Taps as the US flag was raised and then lowered to half mast, heads bowed in silence and quite reflection as Officers of Public Safety stood at attention and saluted the flag. Two siren blasts signaled the times that planes crashed into the towers of the World Trade Center.

Public Safety Acting Supervisor Ed Crespo, who led the service, stated, "this is not a ceremony to remember the tragedy, but it is a ceremony to memorialize our fallen brothers and sisters."



Photo by Robert Trenske

The flag was lowered to half-mast in honor of the lives lost on 9/11 on the second anniversary.

When asked what type of special significance the day meant for him, Father Meehan replied, "today also marks the fortieth Anniversary of the University and several years since I became a U.S. citizen." Father Meehan also commented "Public Safety should be congratulated on an outstanding job with the ceremony."

At noon an Interfaith Prayer Service of Remembrance was held at University Commons and was equally attended. The service lasted about 15 minutes and was again solemn in nature, with each person privately reflecting on the significance of the day.

The last of the day's services was a candlelight vigil, held in the Quad. Approximately 200 people were in attendance. According to Lauren Wheeler, a junior from Southboro, MA,

"The vigil was a nice, moving experience. The show of unity was very impressive. What hit home the most was the amount of people that went up to the microphone and spoke about who they lost in the tragedy."

"The vigil was a nice, moving experience. The show of unity was very impressive"
Lauren Wheeler

Officer Crespo summed up the day by saying " God Bless our nation, our people; bless those who lost their lives and those who give their lives to help others."

What you didn't know about: Gene Sullivan

By Jason Bowza
Contributing writer

When most students walk into East Hall, they walk straight past the Public Safety station without giving it a second thought. But what we don't know about the people keeping us safe may astound us. Take, for instance, Eugene Sullivan, the man who guards East Hall most nights of the week between 4 p.m. and midnight.

Gene is in his third year working as a security guard here at Sacred Heart. Before joining our community, he worked for over 39 years at Perkin-Elmer, a scientific instrument manufacturer formerly based in Norwalk.

Gene and his wife, Kathy are

not just an everyday couple. Raising six kids of their own, ranging in ages from 45 to 21, the Sullivan's decided that they could do more. While attending church one Sunday around the time most of us were born, the Sullivan's saw an advertisement in the church bulletin asking for foster parents.

After discussing it with each other and their 6 children, the Sullivan's decided that they could offer a home to some of the needy children of Connecticut. Amazingly, Gene and Kathy Sullivan have been the proud parents of 53 foster children since 1984. That is roughly enough people to fill an entire floor of East Hall.

According to Gene, he and his wife "wanted to provide a lov-

ing and caring home for people who would be without that at this point. We like to think we give them a good start in life."

Gene also says that without the love and support of his own children, a total of 8 after having adopted two of their foster children, he and Kathy would not have been able to care for the children, mostly infants. Gene is quick to credit his kids with offering emotional and physical support, even changing diapers and babysitting when need be.

The life of a foster parent is not always easy though. Gene will readily admit that there are some trying times.

"The hardest part is having to give the children up after they have been a part of our family dynamic for a time" said

Sullivan. He also adds that having to watch the sick children suffer can be particularly difficult on his heart.

"A lot of the kids that we take in are the product of parents with some sort of drug abuse," he added.

When asked about what was the motivation for he and his wife to become foster parents, Gene said "we just felt we could offer these children a good start in life. We felt it was our responsibility to offer what we could."

There is relief for foster parents, called a respite, which means break. When a foster couple needs a little time off for a vacation or just an evening to themselves, the State finds licensed individuals to watch the kids. Gene and his family just

recently returned from a trip to Disneyland. It's just an every day life for a family that has touched dozens of children in a very loving way.

We walk through the halls of Sacred Heart and go about our business, and we may never know how special some of the people who work at this school are and how lucky we are to be surrounded by them. It makes you wonder if maybe we all should stop some day and ask one of the employees like the friendly security guard in East Hall how their day is going and get to know a little bit about them. Gene Sullivan may seem like the friendly guy who lets us into East Hall at night, but there is much more. As radio personality Paul Harvey says, now you know the REST of the story.



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Attention: Class of 2004!!

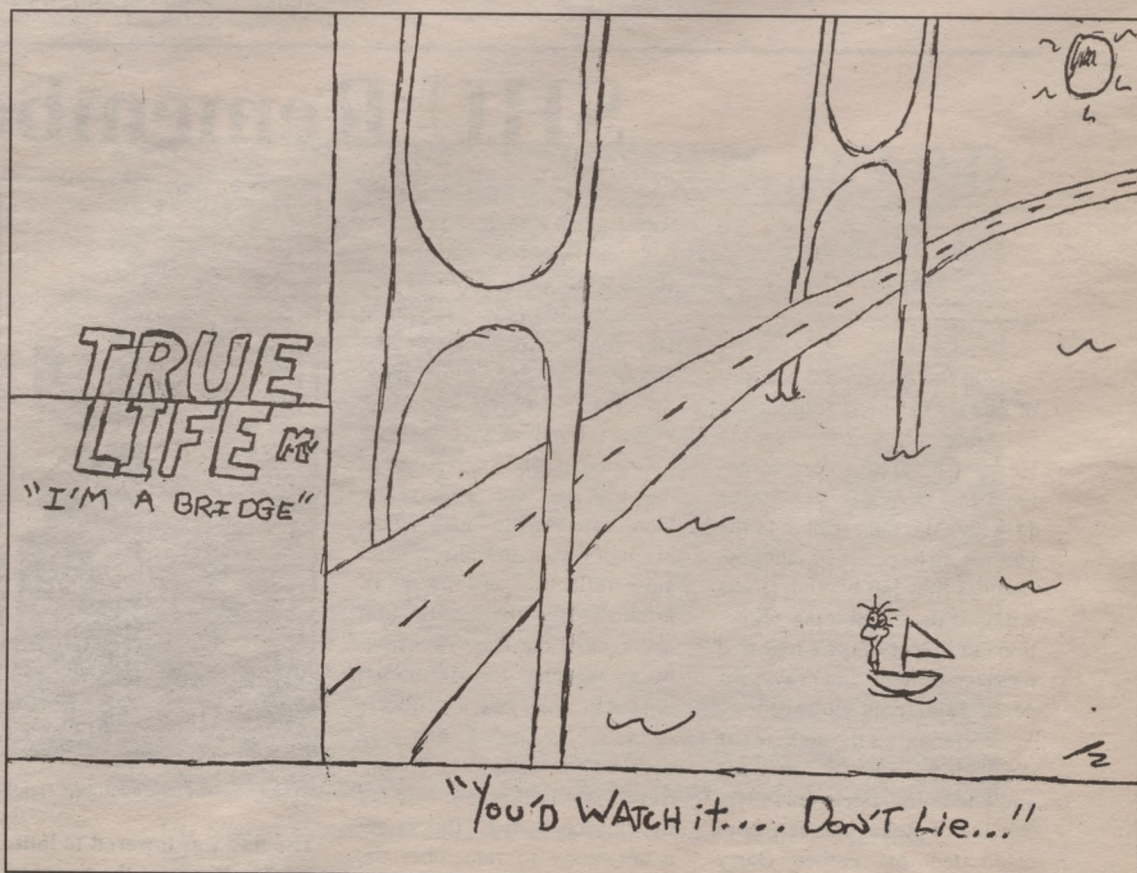
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By Patrick Reinhart

Student Senate Encourages Interaction

Dear Students,

The Student Senate would like to welcome you back to SHU! As the Senate, we are responsible for addressing your student concerns, questions, and suggestions with the administration to make our University a better place for all students.

In the past we have made such improvements as extending library hours, improving the quality and pricing of food in Flik, picking cable channels each semester based upon a student survey, advocating for online registration for classes, and much more.

The Senate consists of various committees such as Public Safety, Academics, Technology, and Buildings & Grounds. Each committee is headed by a member of the Student Senate who works with the administration in each area to make the improvements that students ask for.

To collect student feedback, we send out weekly emails, survey students, welcome you to meetings, and contact you personally. We also work to keep a positive relationship with all administration, so positive feedback about SHU is welcomed as well.

This year, we encourage you to get involved in Senate. If you are a first year student, it is still not too late to pick up your election packet and run for one of the four Freshman Class Senate positions open (due 9/17 and can be picked up in the Student Life Office in Hawley Lounge).

At least one Senator must be a commuter to ensure that commuter concerns are addressed as well. There is also an open position for the Junior Class.

If you decide you do not want to run for office, you can still become involved in one of our committees, respond to our emails, or come to our meetings – Tuesdays at 8

p.m. in the Faculty Lounge. Please also feel free to email StudentSenate@sacredheart.edu with any comments, questions, or ideas on concerns we should be addressing. Any feedback and help we receive is appreciated.

If you're interested in learning more about any of our committees or Senate in general, e-mail me, the Vice President of Senate, at jennifer-hradek@sacredheart.edu.

The Senate hopes to make this year at SHU the best ever, but we need your help in doing that. I hope to hear from you soon or see you at a meeting. Good luck this semester!

Sincerely,

Jen Hradek and the Student Senate

Students Speak Out: Housing and Global E-mails

To whom it may concern;

The one thing that I gripe about is the housing selection process. I think a student's GPA should determine his or her lottery number.

Sincerely,

Jessica Ciemniecki

Hi,

It's great that SHU uses the email system so effectively to communicate upcoming events. But NOTHING is more annoying than having 10 different people send out global emails for the SAME event and it's the SAME email. There should be a set procedure by the school on who is responsible for sending out global event emails.

Also all global emails should NOT have attachments unless absolutely necessary because trying to open attachments via webmail can be quite a chore. And because of this I know I personally ignore them.

David Harman

Blind Date Dilemma

By Kerry Freel
Editor-in-chief

I was nervous and excited simultaneously before I met this guy, on a blind date, the summer before my junior year at SHU. I'd been on a few set-ups before, and how they are portrayed on TV (horrible) is sometimes closer to reality than you'd expect...

So we had decided to meet in a bookstore, an educated choice (I guess). So I'm walking around near the entrance door looking at books but really just trying to figure out where he is.

As I'm looking around I spy a display of the "Dummies" series... "French For Dummies" and the like. And WHO is browsing through those books? Yeup. My date.

As I'm looking around I spy a display of the "Dummies" series. You know the kind, "French For Dummies" and the like. And WHO is browsing through those books? Yeup. My date. Thinking back, I probably should have just turned and ran, but that's just not the kind of girl I am.

So I say, "Hi" and he wants to know how I knew it was him. "Instinct," I answer sarcastically.

So we shake hands and talk for a few minutes (still in front of the "Dummies" display) when suddenly this old man approaches us. He looks at me then looks at my date, then back at me, shakes

his head. He is holding a book, which he gives to my date saying, "Here. It looks like you could use this one." The book title, "Dating for Dummies."

I know it's not THAT funny, but when I was in the situation, it honestly didn't feel like reality. I felt like I was part of a Saturday Night Live skit or something.

I definitely laughed, I laugh a lot, and even some people who overheard laughed. But don't worry, the guy wasn't offended, he proceeded to flip through the book...

Well, as you can tell that blind date didn't produce Mr. Right for me, so on I look. I

guess I always had a deluded image of college. You go to the Registrar to get your schedule, the bookstore to get your books and somewhere on campus there's a place where you meet the person of your dreams.... Nope.

Maybe you have been lucky enough to find that special someone in a class, club, or in just passing in the hallway here at SHU.

If so, good for you! But take it from me, if you're meeting someone on a blind date, don't stick around if he or she is over at the "Dummies" display.

East Hall Internet Issues

To whom it may concern,

The "Factory" or any other corny name you can think up to call the laptop repair place is by far the worst thing going. I reported the first day of classes that the internet jack in my East Hall room wasn't working. Just shy of two weeks later the only response that has been anywhere near helpful has been, "We're working as fast as we can!"

The true response should be "We have no idea who's in charge or who is supposed to fix that, so

we're just gonna shuffle you aside and hope this just blows over."

Two weeks later and there's still no sign of any kind of repair guy to come and fix this problem.

Now, I can live without instant messenger or constantly roaming the internet looking at stupid web sites, but the fact of the matter is that multiple classes of mine this semester require substantial amounts of internet related tasks; including online quizzes, updated notes and com

Now, I can live without instant messenger or constantly roaming the internet looking at stupid web sites, but the fact of the matter is that multiple classes of mine this semester require substantial amounts of internet related tasks including online quizzes, updated notes and communication between teachers and students.

munication between teachers and students.

Also since one of the major reasons I decided to stay on campus this year was so I would

still have a high speed internet connection, but instead I am paying for a service that the school promised but has not produced.

Sincerely,

Ryan P. Magovern

FEATURES

Sacred Heart Hotel Life: Vacation or Frustration?

By Kelly Ryan
Staff Reporter

"Hello, front desk, please send up an extra set of towels to room 610 right away." This is normally something you might hear someone saying while on vacation.

However, Sacred Heart students who reside in the Amerisuites, a hotel, use this line. While most students are living on campus or close to campus, other students are living a little further away in the Shelton hotels. Although living in a hotel seems a bit different from a normal college living situation, it appears that most students who have been placed in the hotel don't have too much to grumble about. Nonetheless, there are still some students who have their complaints.

Housekeeping, full beds, indoor pools, and free breakfast—what more could a student possibly ask for in a college housing situation? Many students do see it as a bargain; Jennifer Volpe from Staten Island, NY is enjoying her stay. She commented, "When else in your life will

you have an indoor pool, maid service, and free breakfast? I just don't think you can go wrong with this."

Vincent Miata a junior from Ryebrook, NY feels the same, "Living here is much more relaxed and it's a more comfortable environment."

As comfortable and luxurious as the Amerisuites are, there seems to be some other great benefits. Unlike other housing options, restaurants and laundry are all within walking distance. Plus, the SHU shuttle transports people to and from class.

Junior Bill Silvestri from Narragansett, RI stated, "The shuttle is always on time."

Senior, RA Pete Kuczynski, from South Windsor takes advantage of the housekeeping, private bathrooms and the breakfast. He noted, "There are many amenities [at the Amerisuites] you can't get anywhere else". As many students feel very strongly about living here, a lot of them have the usual mixed feelings. Sophomore, Sean Kammerer from Long Beach, NY said, "The living conditions are very nice but the distance to campus is just too far."

RA Chris Dunn, a junior from Stamford feels comfort-

able in the hotel environment as well. However, he said, "I wish I was closer to campus."

On the other hand, maybe

environment at the Amerisuites in Shelton, she remarked, "The commute is the worst part, I say that to everyone."



Photo by Robert Trenske

Due to the housing shortage plaguing the Sacred Heart campus, many students are living at Amerisuites and other hotels.

free breakfast and maid service just isn't enough for some students. While there are many perks, the drive in the morning could possibly put a damper on one of the hotel-dweller's days. Although Junior, Rachael Savarese of New Providence NJ feels comfortable in her living

Without traffic the commute definitely doesn't seem bad. However, "Traffic makes the commute so much more stressful," said sophomore Nathan Gardner of Manchester, NH.

Not only is traffic an issue with these residents, but room

size has also come to question. Since these students are occupying two floors in the Amerisuites, all rooms are not exactly all the same. Vanessa Mariacher, a junior from Queens, NY said, "The rooms are unfairly distributed and unequal in size."

Although room size is a main problem that has arisen, another complaint was the social scene. Socializing in the hotel seems a little more difficult. Eunyoung Park, a senior studying abroad from Korea said, "Living here is comfortable, but it's hard to get to know people."

Unlike living in a dorm or an apartment, most students' doors remained closed and pretty much quiet since it is a serious living environment, making it hard for everyone to get to mingle as much as they would in other housing.

As every situation has its downfalls, compared to other Sacred Heart living facilities, students residing in the Amerisuites definitely seem to be living a luxurious life style. The drive isn't as convenient as most drives to school, but a new toilet paper supply, fresh towels, and new sheets are only a phone call away. This living situation definitely seems to be way above average.

Study Suggests Teens Disregard Health Risks Associated With Tanning Salons

By Vanessa Rubino
Staff Reporter

Many college students bare the bright lights of the tanning salon to keep their bronze bodies glowing throughout the year, despite the risks of serious skin problems.

Some students argue that tanning makes skin look clearer, bodies thinner and muscles bigger, but dermatologists and other medical professionals are quick to point out the dangers of continuous sun and light exposure. Various studies have stated that tanning lights may increase the risk cancer, including melanoma, the most aggressive and deadly form of skin cancer.

A study recently released by the Case Western Reserve University (CARU) confirms that teenagers are using tanning beds despite the well-known risks. The study focused on a nationally representative sample of 6,903 non-hispanic white adolescents between the ages of 13 and 19. Of those in the study, over thirty-eight percent of female adolescents and 11.2 percent of male adolescents have used tanning parlors at least once.

The (CARU) study and an accompanying editorial appeared in the September issue of Archives of Pediatrics & Adolescent Medicine. The editorial analyzed data from a separate national survey, which also focused on adolescent health. With the data weighted to

reflect national levels, the editorial reported that nearly a third of white teenage girls in the United States have used tanning beds three times or more.

Becky Cameron, a junior from Youngstown, OH says that she has been tanning despite apparently knowing the health risks. She only uses tanning booths occasionally and feels that her "limited exposure" limits her risks.

The editorial showed that age and good tanning outcome also influence teenagers' willingness to overlook the dangers associated with frequent tanning. The percentage of female adolescents using tanning booths three or more times increased with age, from 11.2 percent in the 13-14 year old age group to 47.0

percent of 18-19 year old age group. Tanning also increased with greater tanning ability, from 12.6 percent of the poor tanners to 38.1 percent of those with a strong tan response.

Robyn Johnson, a senior from Warwick, RI questions the risks of frequent tanning, "Everybody likes being tan now, but what good will having a tan be when you are 35 and have the skin of a 50 year old?"

"The growing popularity of artificial tanning for non-medical reasons among adolescents and young adults is cause for concern," says Margaret R. Karagas, PhD, a DMS epidemiologist who is associate professor of community and family medicine and associate director of the Center for Environmental Health

Sciences at Dartmouth Medical School in a recent press release.

"We know that ultraviolet radiation (UVR) exposure that comes from the sun is a major cause of skin cancer. Tanning lamps mimic sunlight and provide such an intense, concentrated dose of UVR, we would predict that people who use these devices may get skin cancers," Karagas said. "Also, tanning lamp users often get a burn like a sunburn, and sunburns are linked to the risk of all three skin cancers: basal cell, squamous cell and melanoma."

Leslie Bolen, a senior from Hampstead, NH says that she has "never used a tanning bed." She

See "Tanning Salons"
Continued on page 9

MP3 Players For Everyone

By Deborah Carrara
Staff Reporter

Bob Dylan, Dave Matthews, Coldplay, Bob Marley, U2, 50 Cent, and Michelle Branch, all ready to go and conveniently in your pocket. Technology has not only made it easier than ever for consumers to customize exactly what they are listening to and where they can listen to it, but how many selections they can make and how convenient it is. Gone are the days of packing tapes and CDs into carrying folders and cases for travel. Today, small portable devices, known casually to the masses as MP3 players, are finding their way into the hands of just about everyone, including those who hadn't even planned on getting one.

One unsuspecting group can be found within the full time undergraduate student body at Sacred Heart University. Freshman and junior classes this year are enjoying an added bonus of participating in the Mobile Computing Program. The program, which has always provided a laptop or notebook to students for two years at a time, is now adding the convenience of a 128 MB memory key to the deal. What has that got to do with MP3s? Let's just say that with these memory keys you get more than you bargained for. Packaged with a pair of ear buds and an audio jack, these portable memory devices have the built in feature of MP3 playback. Students can easily begin to transfer their audio files and listen to the tunes of their choice with just a couple of mouse clicks.

Following the trend in the computer industry from the floppy format to the portable USB memory keys for data transfer was not really a difficult decision for the Mobile Computing Program. Issuing these keys to students and faculty addresses the problems that previous classes were encountering while transferring large data files back and forth from one computer to another, and from desktop to laptop. The real task at hand was to find a cost effective way to satisfy that need and the discovery of the additional MP3 feature was simply an unexpected pleasure.

Mike Trimble, Sacred Heart's Chief Information Officer and Assistant Vice President of Information Technology, had been made aware of this quest and was eager for his team to find a timely solution.

"Over the past few years I've seen consistent improvement in the level of technology

that we have been able to provide our students", said Marc Onofrio, Information Technology Procurement Manager at Sacred Heart University for the past three years. "With increased capacity and better pricing, the keys are now more affordable."



Photo by Robert Trenske

Incoming freshmen and juniors received new laptops and MP3 players as shown above.

"Student response to this added feature (of the MP3 playback) has been overall very positive, as was anticipated. Some people new to the technology were confused at first, but when they became familiar with what it was, and how it worked, they were very excited about it," confirmed Onofrio. "The current plan is for all students enrolled full time to enjoy this added convenience as early as next year."

Freshmen students, new to the Mobile Computing Program at Sacred Heart University, had the opportunity to sit in on a training class that was geared to help them become familiar with their new laptops and the 128 MB memory keys that they would be using. Each key would have the storage capacity of 88 floppy drives.

Melissa Doeiger and Adrienne Kupka, both freshmen at the University, felt that the memory keys were "a good idea and would be useful" to them, though they hadn't tried the MP3 players as of yet.

Mike Hougasin, a junior at Sacred Heart University, was already familiar with the use of the school laptops, and was not required to attend the training session earlier this month. He said that he has not only used the memory key for data transfer, but also for MP3 capacity, and found it "really easy to figure out".

We are watching the MP3 format ease its way into society as passively as it has on campus. Has it already happened?

Technology is rolling forward and the possibilities are endless. Move over Beethoven, we've still got room for Bach.

Infidelity is on the Rise

By Brandon M. Graham
Staff Reporter

Perhaps equally, if not more puzzling than the construction of the Egyptian Pyramids or the existence of God is the unrequited question of why do men and women cheat on one another?

"There is no single definitive answer for why we cheat. There is an array of reasons why people cheat from loneliness to sexual frustration," commented Marvin Royal, a native of Atlantic City, NJ who is entering his second year of Physical Therapy School at the University.

It should come as no surprise that a human's vested stock in ethics seems to have plummeted severely over the years. In fact, ethics have plummeted to the extent that there are now websites to actually aid men in stepping out on their partners. A Chilean website, www.todoespia, launched in 2000 by a group of private investigators aims to assist husbands and boyfriends to cheat on their partners by providing excuses to help men stray off the path of commitment. When such temptation exists, it can be difficult to sustain domestic values such as commitment in relationships, solidarity, camaraderie, and family structure.

With infidelity just one click away, it is no wonder why the number of people who cheat on their partner has increased over the years. According to a study conducted by Robert M. Schwartz, Ph.D., President and co-founder of Cognitive Dynamic Therapy Associates (CDTA), as many as 50 percent of people with higher education and income levels may be unfaithful.

The overall consensus from both on campus and off campus individuals is that men and women cheat mainly for sex, ego,

excitement, and reassurance.

In the New York Post, Susan Sharpiro Barash, a gender-studies professor, discusses a study on adulterous women and is the author of "A Passion for More: Wives Reveal the Affairs that Make or Break their Marriages." From conducting 120 interviews she stated that 90 percent of cheaters do not feel guilty but rather entitled to cheat on their partners.

"From a male student-athlete perspective, I think women cheat out of spite and men cheat because they can and because they objectify women like some kind of trophy. I don't necessary condone either behavior, but it does happen and on consistent basis," suggested former SHU football standout, Basil Mitchell of Waterbury.

Carol Brown, a noted expert on affairs, suggests that middle class men cheat less during their 20s but increase affairs through midlife and into their 50s. Women are more prone to cheat during their mid-30s to early 40s. Although some sex therapists note that affairs can enhance marital sex, this theory is unproven.

"I think people cheat as a result of a perceived ineptitude within themselves or their partner because they lack either the discipline or the morality to address the true underlying issues at hand," stated Christine Davin, M.Ed, who studied psychological counseling at Columbia University's Psychology Graduate Program in New York City.

According to poll conducted by Men's Health Magazine, one in three men say it's okay to cheat if the marriage stinks and divorce will be too hard on the kids or the wallet. The number of women who agree is one in two. The poll also reported that the average guy cheats most often with a co-worker and second

most often with a stranger. The average woman also cheats most often with a co-worker, which followed by one of her husband's friends. The percentage of married men who would cheat with a supermodel if they knew they wouldn't get caught is reported at 43 percent.

The poll suggests that there is not an absent of people's desire to cheat, but rather, a repression not to. Is this behavior a healthy for individuals? And relationships?

"Seemingly, society applauds individuals for being more narcissistic and concerned with the now and the self opposed to the community. So commitment loses its appeal of being highly regarding," said the Physical therapy student Marvin Royal.

So the question that may be still be lingering around your mind is, "Are humans necessarily wired for monogamy?" In this sense, Sigmund Freud argues that sexual desire begins in childhood and is, in its original form, polymorphously perverse. In Freud's "An Autobiographical Study," he writes that there exists a "constitutional bisexuality of all human beings."

He then implies that heterosexuality is brought about through nurture and it is not instinctual. Also discussed by Freud is that sexual repression is the consequence of laws of government and the church in their attempt to transform the social order of intimacy, relationships, and sexual relations.

"Some independent, successful women overcome their repressed sexual desire through what I refer to as a sexual emancipation and that may also include bisexual activity," commented (Mary Johnston), name changed to protect identity, a 22 year old Financial Analyst who works for Goldman Sachs in New York City.

Tanning Salons

Continued from page 8

added that she has a family history of skin cancer, and believes that it would increase her risk. With alternatives such as self-tanning creams and bronzing airbrush applications, she found it shocking that so many college students still flock to the tanning parlors.

Dan Humiston, who serves as the Indoor Tanning Association (ITA) and is the owner of Tanning

Bed Ltd. in New York made a public statement referring to the article published in the Archives of Pediatrics & Adolescent Medicine.

He said, "We could not disagree more [with the editorial]. It is hard to understand how such an important publication ignored a growing mountain of scientific evidence that proves regular and moderate exposure to ultraviolet (UV) light has a profound positive effect on health. Instead of taxing teens who participate in an activity which has proven health benefits, we should be educating them about responsible UV exposure."

Humiston also cites expert Dr. Michael F. Holick, a profes-

sor of medicine, dermatology, physiology and biophysics at the Boston University School of Medicine, as commenting "that relatively brief exposure to sunshine or its equivalent several times a week can help to ward off a host of debilitating and sometimes deadly diseases, including osteoporosis, hypertension, diabetes, depression, and cancer of the bladder, breast, colon, ovary, uterus, kidney, and prostate, as well as melanoma and non-Hodgkin's lymphoma."

But experts argue that the amount of UV exposure required for the positive benefits is far less than what the average tanning teen comes in contact with at tanning salons.

Mary J. Blige Returns with "Love & Life"

Matt Philipp
Staff Reporter

The Queen of Hip-Hop and Soul, Mary J. Blige, returns with her brand new CD, "Love & Life," which was released on Aug. 26. Blige's sixth studio LP reunites her with producer Sean "P. Diddy" Combs and features several guest appearances by the likes of 50 Cent and others.

"Love & Life" takes it all back to 1992, the beginning of Blige's recording career. Her first two albums, "What's the 411?" and "My Life" were also executive produced by Combs, a major force for this album as well. With the exception of one track—produced by Dr. Dre—Combs acts at executive producer for the whole album. Dre collaborates once again with Mary J. after producing her biggest hit, "Family Affair" on her previous album, 2001's "No More Drama."

The first single off of "Love & Life" features yet another



Mary J. Blige performs at the VMAs.

Photo courtesy of MTV.com

reunion: Blige teams up with Method Man for the track "Love @ First Sight." The fast paced

beat is sure to get listeners up and moving as Mary J. wonders if it could indeed be love at first sight.

The song is good, but not as good as their first duet together, the now-classic track "All I Need" from Method Man's "Tical" album in 1994. The results, however, of their collaboration are no different this time around. Just as in '94, "Love @ First Sight" has been a huge success for Blige and has propelled her to the number one spot on the Billboard charts. The album sold over 285,000 copies in the first week of release.

"Not Today," featuring Eve, is expected to be the next single off the album. This track is the only one produced by respected musician, Dr. Dre. In the song, Blige sings that she wants to believe all the promises that her man makes to her, but won't do so, "Not Today." The hook has Mary singing "Promises you told me everyday/that you made you never kept/By me I really want to believe/But not today."

"Love & Life" contains seventeen tracks with a good mix of hip-hop, R&B, and soul.

Another strong track off of the album is "Ooh!" Blige performed this song at the MTV Video Music Awards last month. "Ooh!" is about a man that Mary J. just can't live without, and was likely written for her new fiancé.

Likewise, track seven, "Let me Be the 1" features a guest appearance by 50 Cent. Blige sings "Let me be the 1 to give you everything/Let me be the 1 that's always in your dreams/Let me be the 1 who'd be right by your side/Let me be the 1." The P. Diddy-produced track contains a slow beat that is reminiscent of Method Man and Mary J.'s hit "All I Need." Jay Z also guests on the album along with Combs, himself, on the opening track "Love & Life Intro."

The first 500,000 copies of "Love & Life" include a bonus DVD, which contains a forty-five

minute short film with a behind-the-scenes look into the making of the album. The DVD gives insight into what inspires Blige to write, why she and Combs have decided to work together again, and the emotion that went into recording the album.

In addition, the DVD features a few creative disputes between Blige and Combs over producing the album, especially concerning sound mixing. In one particularly humorous dispute, Combs has tricked Mary J. into thinking that his mix is the one that she *really* enjoys.

Fans of Mary J. Blige will definitely enjoy "Love & Life." The CD contains seventeen tracks with a good mix of hip-hop, R&B, and soul. Be sure to get a copy before the CD/DVD limited edition pack runs out!

Sprite Liquid Mix Tour Sails into Jones Beach

Greg Cappello
Contributing Reporter

Jones Beach Theater couldn't have been more alive on Friday night, Sept. 12. Concert fans were treated to music of almost every genre as Blockbuster Video presented the Sprite Liquid Mix Tour. Acts such as Talib Kweli, O.A.R., The Roots and N.E.R.D. all made their presence felt in giving fans of all ages an experience like no other.

While the sun was still up Talib Kweli hit the stage and introduced himself to fans with his unmatched microphone skills. His energy, mixed with powerful lyrics, got fans on their feet and the crowd was truly his as he performed hit songs such as "Get By," "Waitin For the DJ," and "Where Do We Go." Kweli's blend of hip hop lyrics with fresh new beats kept the crowd singing and dancing along with him through an entire set.

As Talib Kweli left the stage there was a sense of anticipation

for the next band to perform. The band O.A.R. could certainly create a scene at any college dorm in the country. Jones Beach Theater was no exception as fans geared up for their underground heroes. Not one audience member felt the bottom of their seat from the time the band was introduced to

The Liquid Mix Tour did not just perform at Jones Beach, but truly took it over.

the time they said good night.

O.A.R., which stands for "Of A Revolution," provided a mix of sounds from rock, reggae and ska. The five members blend their personal styles to create a sound characterized as "rock island vibe." O.A.R. offered personal ballads as well as covers of popular songs like "Hey Girl." The show reached its climax as the band capped off their set with their famous track "Crazy Game of Poker." As the song was coming to an end, the band quickly



surprised the fans with a rendition of "No Women, No Cry." This Bob Marley cover pleased the fans and left them only wanting more. Their performance was the highlight of the night as they produced a near perfect version of the classic song.

As The Roots hit the stage, younger crowd members didn't quite know what was coming. Loyal followers of the group knew exactly what to expect of what is considered one of the best live hip-hop acts of the present day. Jamming out some of their old hits as well as several new tracks like "Break You Off" and "The Seed 2.0," The Roots were able to captivate the audience for their entire set. Throughout their time on stage, each member was given about ten minutes to show off their



Both Sprite and Blockbuster were huge sponsors for the Liquid Mix Tour

Photos & Graphics courtesy of Blockbuster.com

personal skills. It didn't take much for The Roots to keep the crowd on their feet and singing.

N.E.R.D., which stands for "No one Ever Really Dies," was the last band to take the stage. Front man, Pharrell William, did a fine job of getting the fans



into the show by demanding they all move to the front section; William would not sing a note until he had all the fans together and ready to party. As N.E.R.D. played hits as "Run to the Sun," "Lap Dance," and "Provider," the energy reached a new high, a second wind not thought capable by the now-exhausted audience. Before the completion of the night's last song, fans were invited on stage along with the other bands to dance one last time.

The Sprite Liquid Mix Tour did not just perform at Jones Beach, but truly took it over. Four different styles of music came together in one night to create a festival of harmony and sound. The bands had the fans where they wanted them, and the show's energy was high from start to finish.

Anticipation Rises for "Lord of the Rings" Conclusion

Nadia Korovesi
Staff Reporter

J.R.R. Tolkien's "Lord of the Rings" trilogy has been named some of the greatest and most popular books of the twentieth century, and, at one time, successfully introduced readers to the world of fantasy. In the third film adaptation, "The Return of the King," the epic legend will finally reach its conclusion. All-in-all, the plot revolves around one ring, or as the story explains: "One ring to rule them all, one ring to find them. One ring to bring them all and in the darkness bind them."

In the first film, "The Fellowship of the Ring," a young hobbit named Frodo Baggins inherits a very old and magical ring from his elderly cousin Bilbo. However, the Dark Lord, Sauron desires the power of the so-called "one ring" in order to rule the world in darkness. Frodo and his allies form a fellowship and begin a quest to destroy the ring by taking it back where it was created, at the volcanic Mount Doom.

The second installment, "The Two Towers," finds Frodo separated from his friends but continuing his journey with only one companion, another hobbit named Sam. Meanwhile, Sauron has joined forces with the evil

well-known from the book, the trailer for the film does not reveal too much information about the movie. Sauron is confronted by the heroic wizard Gandalf and Frodo is captured by the orcs. And while the armies of the Dark Lord Sauron mass, the one ring comes closer to its destruction.

The anticipation for the third installment of "The Lord of the Rings" is rising all around the world. As such, it is expected that for "The Return of the King's" opening weekend is going to set a new record in the the USA and Europe. Meanwhile, students at Sacred Heart University have their own opinion about "The



[Above] Frodo (Elijah Wood) continues his perilous journey.
[Below] Gandalf (Ian McKellen) contemplates the confrontations that still lie ahead.

Photos courtesy of New Line Cinemas

Return of the King."

Joshua Enos, a junior from Paulsboro, NJ said: "I liked both the first and the second movie so I think the third one is going to be all right as well. Personally I like the books better because with my imagination a lot of different things can happen. Although I don't remember the end of the book, I don't think that is going to be the same as the end of the movie. Maybe they are going to change it a little bit to be more special."

Pierre Luc O'Brian, a freshman from Quebec City, CA said: "I've seen the first two and I really liked the movie and everything. The story-line is really well done and...I think the third one will be better than the first two because the movies just getting better."

Another fan of the classic trilogy by J.R.R. Tolkien, Lucas Bernacki, a freshman from Pittsburgh, PA, said: "I've seen both of the movies and I think I liked the second one more. I know that there is a lot to cover from the book but I think 'The Return Of The King' will be even better. I prefer the books because you can get more details. I think they are doing a pretty good job so far."

the trilogy. Are the special effects going to be even better? Are the filmmakers going to surprise the audience with a different and possibly more dramatic conclusion? Will this film be better than the two previous installments? All these questions and more will be answered on Dec. 17, the day "The Lord of the Rings: The Return Of The King" is released in theaters across the

SHU Instructor Gives Audiences Something to Believe In With "The Miracle of Fatima"

Jayde Levesque
Staff Reporter

Two roles in the production are played by some of Sacred Heart's own students. Jeff Aldana, a junior from Port

As Christians everywhere seek to proclaim the mystery of their faith during this difficult time of year, Sacred Heart University adjunct professor, Barbara Oleynik-Dwyer, has found a way to express hers. "The Miracle of Fatima," a musical that she has written, directed, and produced herself, gives an insightful look into what faith really means. Playing from September 12-21 at The Edgerton Performing Arts Center at Sacred Heart, the cast of "Fatima" shows its audience the history of those who fought religious persecution.

When three children—Lucia dos Santos (Cristina DiMuro and Cassidy Regan), Jacinta Marto (Morgan Hopper and Eileen Cannon), and Fransico Marto (Rachel Louise Shulte and Georgia Feroce)—are contacted by the Virgin Mary in 1917, they begin to recognize that they are each being charged with a sacred task. Asked if they will sacrifice and suffer for God, the children begin a journey of faith against tremendous obstacles. Set in Portugal of the early twentieth century, a time when it was inappropriate to openly pray and proclaim one's faith, the three



Two cast members of "Fatima," Jenny Graham and Jeff Aldana after a performance.

Contributed Photo

Chester, NY and Jenny Graham, a sophomore from Sandown, NH portray Pedro and Ida, respectively. Graham also doubles as the voice of Mary. When asked

[T]he message contained in "Fatima" is rather enriched with ideas of loyalty, honesty, and, most importantly, faith in what one believes in.

children go against the strict rules of society and give their life to God.

Of course, the situation into which the three children have been placed throws them in the middle of a religious tug-of-war between those who have faith enough to believe such a miracle is possible and those who feel that the children are being dishonest. The news spreads and thousands begin to make pilgrimages to the small community of Fatima in the hope of the Blessed Mother healing all of their pain and suffering. While the country's anti-cleric leaders try to put a stop to the spreading of the children's story and force out the secrets told to them by this "Beautiful Lady from the Heavens," each child remains silent.

if it was different to play parts in this company rather than a school play, Jeff noted, "It's very different. Here you're trying to [deliver] a message..."

One can certainly agree that the message contained in "Fatima" is rather enriched with ideas of loyalty, honesty, and, most importantly, faith in what one believes in. Hailed by critics as a "deeply spiritual experience," "The Miracle of Fatima" is a production that is not to be missed! With original music and a script written, directed and produced by Oleynik-Dwyer, an alumnus of Sacred Heart University, "Fatima" inspires its audience and leaves them with a sense of hope and a new idea of their own faith.

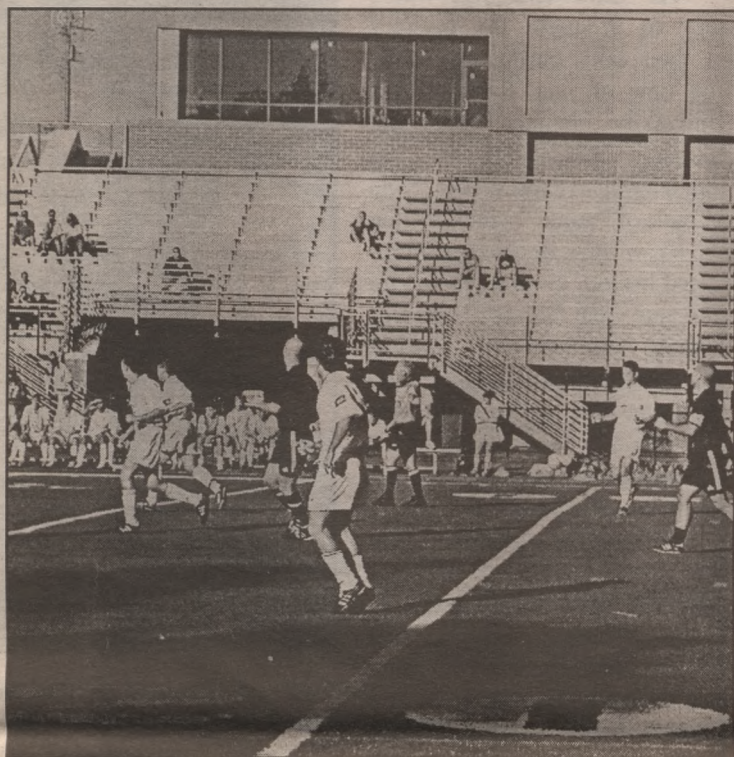
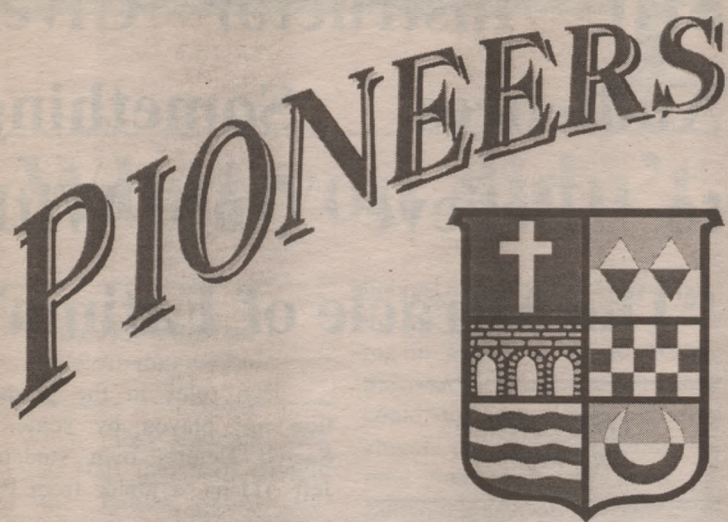


"The Return of the King" is due in theaters on Dec. 17.

Photo courtesy of New Line Cinemas

magician Saruman to create a powerful army and conquer Middle Earth.

Although the story for the third part of the trilogy, "The Return of the King," is fairly



Come out and see the men's soccer team this Saturday as they play host to Northeast University at 2 p.m.
Photo by Meghan O'Connor

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Men's Soccer Ties 3-Time Champion FDU

By Meghan O'Connor
Staff Reporter

Heading into the season, the outlook from other Northeast Conference coaches in the pre-season poll placed Sacred Heart men's soccer in last place. On Sunday, Sept. 14, the three-time Northeast Conference defending champion Fairleigh Dickinson University was surprised by the underdog. The game ended with a 0-0 tie after regulation play and two overtimes. Earlier in the week, the third place pre-season pick Central Connecticut State also failed to outlast the Pioneers. That game also stretched to double overtime, and ended in a 1-1 tie.

"I think this game will help our confidence," said senior captain Carlos Silva (East Haven). "Coming into the season, everyone had us counted out, but we proved this week that we are here to play by tying the number one and three teams," Silva added.

"I think this game will help our confidence"

Carlos Silva

Fairleigh Dickinson, who beat nationally ranked Boston College 1-0 on Sept. 6, primarily played the ball on the ground and outshot Sacred Heart 20-10. Despite the shot difference, the

Knights could not get anything past sophomore goalkeeper Chris Marchese (Middletown) who played brilliantly in goal, recording nine saves in the game. Fairleigh Dickinson senior Andrew Nucifora, who was named ECAC Goalkeeper of the Week for his performance against Boston College, had five saves for the Knights.

"Tying the three-time conference champion is really good for our program because we know we can compete with anyone in the conference, and it shows everyone else we're not going to be an easy team to beat," said Marchese.

Head Coach Joe McGuigan said his team did an excellent job frustrating Fairleigh Dickinson up front. Sophomore Glenn Wilken (Ridgefield) had a tough job in playing senior Aaron Paye, an All-American, and also a two-time All Northeast Conference player.

"Glenn played the best player in Paye, and shut him out for the second year in a row," Coach McGuigan said.

"I knew he was a good player from last year, and when I was told to mark him the whole game, I knew I was going to have an important job in order for us to do well," said Wilken. Paye was held by the Pioneer defense to three shots on goal.

On Sept. 10 Marchese helped his team overcome a very physical game verse Central Connecticut State, recording eight saves in goal. Junior Rui Rainho (Bridgeport) scored the lone Sacred Heart goal, assisted by freshman Ricarti Mendes

(Campinas, Brazil), giving the Pioneers a 1-0 halftime lead. Coach McGuigan pointed out that Central Connecticut was more direct with their attack, often sending the ball in the air. The Blue Devils evened the score in the second half on a corner kick that deflected off a player's head past Marchese, but no shots found the net in either overtime, forcing a 1-1 tie.

"We are not just the team at the bottom of the polls anymore"

Chris Arsi

"Chris Marchese is coming up big. Eric Bradley (freshman, Wexford, Ireland) is the glue that holds this team together, Sylvester Kaar (junior, Haward, CA) is working so hard up top, and Carlos Caracas (junior, West Haven) is playing well also. Tony Allegro (sophomore, Enfield) did a very nice job at midfield in his first game for such a huge opponent against Fairleigh Dickinson," McGuigan said.

"We are not just the team at the bottom of the polls anymore, we're a threat to all the teams in our conference," said sophomore Chris Arsi (Washington Township, NY). The team next takes Campus Field this Saturday, Sept. 20, when they host Northeastern University at 2 p.m. Their next conference game is Oct. 3 at Robert Morris



The Sacred Heart Men's Soccer team recorded two double-overtime ties this past week.

Photo by Meghan O'Connor



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UNIVERSITY of ST. THOMAS
MINNESOTA

Field Hockey Kicks Off Nine Game Road Trip

By Megan Pompey
By Staff Reporter

The Pioneers kicked off their nine game road trip at Brown University on Sept. 10. They fell behind early in the game and were unable to come back as they lost to the Bears 3-2. Brooke Townsend scored the game-winning goal for Brown with 9:29 remaining in the second half. The Bears took an early lead when Stacey Gugliotta scored just 3:07 into the match. Brown's lead grew to 2-0 when Laurel Pierpont scored just over 10 minutes into the match.

Sacred Heart tried to make a comeback that started with a goal from junior forward Christy Bobe (Greenfield, MA) mid way through the first half with an assist from freshman mid-fielder Colleen Carney (Yorktown Heights, NY) Bobe scored again with 6:30 remaining in the match to make it a one goal game. However, Brown held the lead for the remainder of the match for the win. Junior goalkeeper Robyn Breer (Montpelier, VT) made 12 saves in the loss.

"We need to play our game like we know how for the rest of the season"

Laura English

against St. Joseph's ended in a 5-4 loss for SHU. A 3-1-half-time lead slipped away from the Pioneers in the second half of play. Sophomore Nicole Falco (Ocean, NJ) scored thirteen minutes into the match answered just a few minutes later by Katelyn O'Brien to tie it at 1-1.

SHU however quickly grabbed the lead again just one minute later on Falco's second goal of the game. Freshman Becky Ford (Salem, NH) would add a goal in the closing minutes of the first half to give the Pioneers a 3-1-halftime lead. Just a few minutes into the second half Lauren Luft of St. Joseph's scored to cut the deficit in half at 3-2.

Antonini would tie the game at the 43:29 mark and then give St. Joseph's the lead with just under twenty minutes remaining in the game. Carney stepped up and scored for the Pioneers tying the game at 4-4 with 10:33 remaining in the game.

"It was a tough weekend but we are going to be looking ahead to our big match up vs. Hofstra on Wednesday"
Julie Messenger

Drexel defeated the Sacred Heart Field Hockey team in their first match up of their two-game away trip in Philadelphia, PA on Sept. 13. The Pioneers fell behind early and were not able to come back as they lost to the Dragons 2-1. Freshman Becky Ford (Salem, NH) scored her fourth goal of the season with 26:24 remaining in the second half. Drexel took the lead in the first half when Elizabeth Seidel scored in the far left corner of the Pioneers goal with 22:05 left in the first half. The Dragons increased their lead to 2-0 off a goal from Amanda Mouser 8:19 into the second half. Breer made three saves in taking the loss.

"I think that these games are a wake up call to our inconsistency, we just need to play our game like we know how for the rest of the season," said junior defender Laura English (New Milford).

In the Pioneers final game of their away trip to Pennsylvania

The Hawks, however, answered back quickly just 38 seconds later as Antonini scored her third goal of the game. The Hawks held on for a 5-4 win. The Pioneers freshman goalkeeper Ashley Del Greco (Merrimack, NH) made 10 saves, nine of which were in the second half, in her first start of the season. The Pioneers will return to action when they travel to Hofstra on Sept. 17 for a 7 p.m. game.

Senior captain Julie Messenger (Hinsdale, NH) commented on the weekend saying that "we didn't play to our potential this weekend; we are a fast, strong and skilled team and should have dominated these games but we didn't play with heart. It was a tough weekend but we are going to be looking ahead to our big match up vs. Hofstra on Wednesday." They will be returning home on Oct. 10 to host Colgate at Campus Field for a 10 a.m. match.

THE PIONEER SCHEDULE

Friday, September 19

Women's Soccer	at Siena	Albany, NY	2:00 PM
Men's Cross Country	at Monmouth Invit	Holmdel, NJ	4:00 PM
Women's Cross Country	at Monmouth Invit	Holmdel, NJ	4:00 PM
Field Hockey	at Columbia	New York, NY	7:00 PM-
Women's Volleyball	at Fordham	Lawrenceville, NJ	8:00 PM
Men's Tennis	at ECAC Champs	Poughkeepsie, NY	TBA

Saturday, September 20

Football	at CCSU	New Britain, CT	6:00 PM
Men's Soccer	vs Northeastern	Fairfield, CT	2:00 PM
Women's Volleyball	at Army	Lawrenceville, NJ	12:00 PM
Women's Volleyball	at Rider	Lawrenceville, NJ	2:00 PM
Men's Golf	at Dartmouth Invitational	Hanover, NH	
Men's Tennis	at ECAC Champs	Poughkeepsie, NY	TBA

Sunday, September 21

Women's Soccer	at Rider	Albany, NY	1:00 PM
Men's Golf	at Dartmouth Invitational	Hanover, NH	
Women's Golf	at Bryan Invitational	Smithfield, RI	

Women's Soccer

Continued from Pg 16

brought the pioneers to a record of 1-1-1 on the season.

On Tuesday night at 7 p.m., the Pioneers moved their competition to Providence, RI to battle Brown University.

The game ended with another scoreless tie 0-0, lasting through double overtime.

"It's always frustrating to tie a game after working hard for 110 minutes. But I'm confident that the team will keep working hard on the offensive end and put some goals in the back of the net. We have a lot of talent coming together upfront," said senior captain Colleen Attard.

Konsig (Milburn, NJ) contributed to the scoreless game making saves against Brown's offensive players' freshman Kathryn Moos and senior Michaela Sewall.

"We have a lot of talent coming together upfront"

Colleen Attard

This being Konsig's second scoreless game of the season, she ended the game with a high of nine saves topping her first shut out against Lafayette College. "The game against Brown was a big game for us. Last year we lost to them in the final seconds of double overtime," said Attard.

The Pioneers can be seen in action once again on Friday, Sept. 19 when they battle Siena in the Albany Tournament at 2 p.m.



Hank's beloved 49ers were dropped by the Rams this past Sunday by a score of 27-24.

Another Crazy Football Weekend

By Hank Gargiulo
Sports Columnist

Another weekend, another set of amazing finishes and performances. Have I mentioned yet that I love the NFL?

We'll start with my beloved Niners losing on an absolute bonehead play by Cedric Wilson. Coming off a game tying TD with less than a minute left, the Niners amazingly "recover" the botched squib kick to set them up for a field goal. But no, Wilson had to go for six.

"All Wilson had to do was go down, but no, he decided to go for the touchdown."

Quarterback Jeff Garcia hits Wilson after rolling out of the pocket. All Wilson had to do was go down, but no, he decided to go for the touchdown. If he had simply dropped on the ball and called timeout, the Niners would have had a chance at winning the game. But alas, it was not in the cards. After the game Garcia said, "It comes down to common sense." I know this, Garcia knows this, but apparently Cedric Wilson doesn't. Notice to the 49ers front office, CUT CEDRIC WILSON!

This takes me to the game of the year, well, so far. Granted the game had a lot, and I mean, A LOT, of penalties, it featured some flat out bad offense and took forever. But the defending champion Tampa Bay Buccaneers and the Carolina Panthers kept me at the television intrigued.

With the score 9-3 in the Panthers favor and the Buccaneers

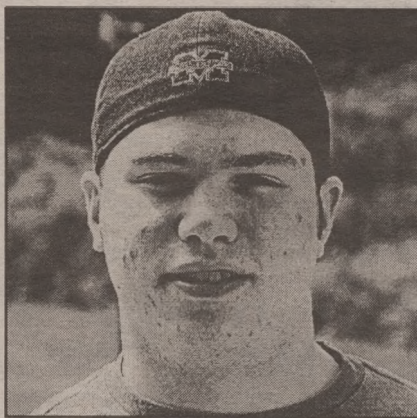


Photo by Robert Trenske

driving, Brad Johnson hit an open Keshawn Johnson in the end zone, only for him to drop it. No worries, Johnson would eventually hit Keenan McCardell in the back of the end zone to tie the game up. Now, you think the PAT is a slam-dunk, game over, right? Wrong.

The Panthers get to Gramattica's kick and the game is headed to overtime. Now this wasn't the Panthers first blocked kick of the day, oh no. It wasn't even their second. This was their third blocked kick of the day, which inadvertently took seven points off the board. And of course Carolina would hit the field goal in OT to win. So have I mentioned yet that I love the NFL?

Let's rewind quick to Saturday's college football action. Anyone else thinking that the Maurice Clarett saga at Ohio State is starting to take its toll? When you need triple overtime and a goal line stand to knock off N.C. State, you are starting to feel the heat. The interesting thing about this game is the end. Chuck Amato, usually a smart play caller, calls two, count them TWO, quarterback keepers within three plays.

This set up a fourth and goal from just outside the one-yard line. They decide to give the ball to star tailback T.A. McClendon, but he is unable to break the plane

and defending national champion OSU's winning streak is still kickin'.

Staying in the ACC we turn to look at Florida State and Georgia Tech. The Rambling Wreck went up early on the 'Noles and had a 13-0 lead in the fourth quarter. That's when FSU quarterback Chris Rix went to work. Rix, who's gone through more ups and downs than a rollercoaster, rallied the Seminoles all the way back for a 14-13 win.

"When you need triple overtime and a goal line stand to knock off N.C. State, you are starting to feel the heat."

Going into the weekend, the game I was most looking forward to was Michigan and Notre Dame. Now you might asking yourself "Why is he talking about an absolute blowout in a column all about close games?"

I'll tell you why. I cannot stand Notre Dame. If the Irish never win another game, I would be a happy man. And its not like I carry a grudge or anything, I'm not still mad from the '93 Florida State loss to ND. And I'm definitely still not mad about FSU's loss to ND last year at home. So lets just say seeing the maize and blue run over Ty Willingham's boys put a smile on my face ear to ear.

And just like any good football game, this weekend the column will end in a crazy fashion. Well, maybe not, but it will end right here. See you next week.

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Rough Start for Men's Golf

By Greg Maurice
Staff Reporter

The Sacred Heart Golf Team opened up their 2003 season this past weekend at the Blue Devils Golf Invitational, which was hosted by Central Connecticut State University. The Pioneers finished 12 out of the 12 teams in the tournament.

Michael Giaquinto, the head coach of the SHU men's golf team said, "we shot 664 for the two day event, we improved our score 18 shots in the second day."

Returning senior co-captain Dustin Ledda (Torrington) and Jon Moulchan, a sophomore transfer student from Mississippi State tied for the low score in the tournament for the Sacred Heart team, each shooting a two round total of 158.

"The weather over the weekend was bad, and some of the scores suffered because of it. The course was very wet," said Giaquinto. "The team is having a slow start, but it's a rebuilding year, we lost three seniors and two other players that transferred out. Four of the seven players on the roster haven't participated in

the intercollegiate tournament," he added.

Other players from Sacred Heart's roster who participated at the tournament are second year player, junior co-captain Mike Giaquinto (Fairfield), and junior Kevin Gordon (Floral Park, NY). Glen Zavorskis (Hartford) and Rob Thurston (Newton, MA) are first year members of the team.

"We don't have a dedicated practice facility like all the other schools in our conference. We have limited access to the Connecticut Golf Club. We choose not to practice at Fairchild Wheeler because of the course's horrendous conditions," said Coach Giaquinto. "Even so, the boys have a positive outlook for the season. They will play better when they get the experience," he added.

Giaquinto Jr. had this to say about the upcoming schedule; "Even though this is a rebuilding year for us, we hope to place well in the upcoming events."

The remaining fall schedule for the Sacred Heart Men's Gold team is as follows: Sept. 21-22 (Dartmouth invitational), Sept. 28-29 at the Toski invitational, Oct. 5 and 6 at Army, Oct. 18-19 at Hofstra University and Oct. 21-22 for the NEIGA.

Running With Heart in the Bronx

By Ashleigh Bepko
Staff Reporter

Saturday afternoon, the Sacred Heart men's and women's cross-country teams took to the races again in the Fordham Ram Invitational at VanCortland Park. The women's team placed fourth, while the men also had a strong ninth-place finish. "A very solid team effort on both sides," stated Coach Morrison. "Both teams are way ahead of where we were last season."

Leading the women's side once again was senior Katie Wrinkle, Medford, NY, this time with a top 15 finish and a time of 19:05. This is the fastest she has ever been at this time of year. "I'm really happy with such a fast finish this early in the season," said Wrinkle, "and the fact that I beat Cheptoo 'Terminator' from FDU, she can be a real monster of a runner," added Wrinkle.

The next runner for the women to finish was senior Suzanne Negli (Andover, NJ), with a time of 19:38 that put her in 24 place. "We really blew out

our competition because of the explosive fartlek (speed running drills) workouts we did this week," said Neglia.

Other top finishers on the women's side were the freshmen sisters Kathleen Duffy and Anne Duffy (Monroe), finishing 31 (19:48) and 50 (20:15) respectively.

The men's team also placed well with senior Matt Uzenski (Oceanside, NY), who finished 21st. He not only turned in his fastest time, but also a school record for the course with a time of 26:45.

"The team made a big jump too with ten guys breaking 30 minutes, which is the most we have ever had at VanCortland Park," said sophomore Tyler Arnett (Clinton Corners, NY), who finished 58 with a time of 27:51. "We were real close to a few NEC teams," said Arnett, "which we'll have to beat by the end of the season if we want to be top three at NEC's which is our biggest goal for the season."

Tomorrow the men's and women's teams are back in action once again at the Monmouth Invitational at 4 p.m.

PIONEER
ATHLETICS



Pioneer Offense "Rains Down" On St. Francis

By Bryan Fogle
Staff Reporter

In front of 2,502 loyal fans, the Pioneers braved the poor weather conditions on Saturday at Campus Field as they defeated St. Francis (PA) by a score of 37-12 to raise their record to 2-0 on the season.

St. Francis began the scoring on the first of two special team miscues by the Pioneers when senior defensive back Pete Athans (Ocean, NJ) fumbled a punt. The Red Flash capitalized on this turnover by pounding in their first of two touchdowns.

On the ensuing kickoff, Athans again fumbled the ball, turning it back over to the Red Flash. Less than three minutes later, St. Francis put another touchdown on the board to take a 12-0 lead.

That touchdown was the last for St. Francis.

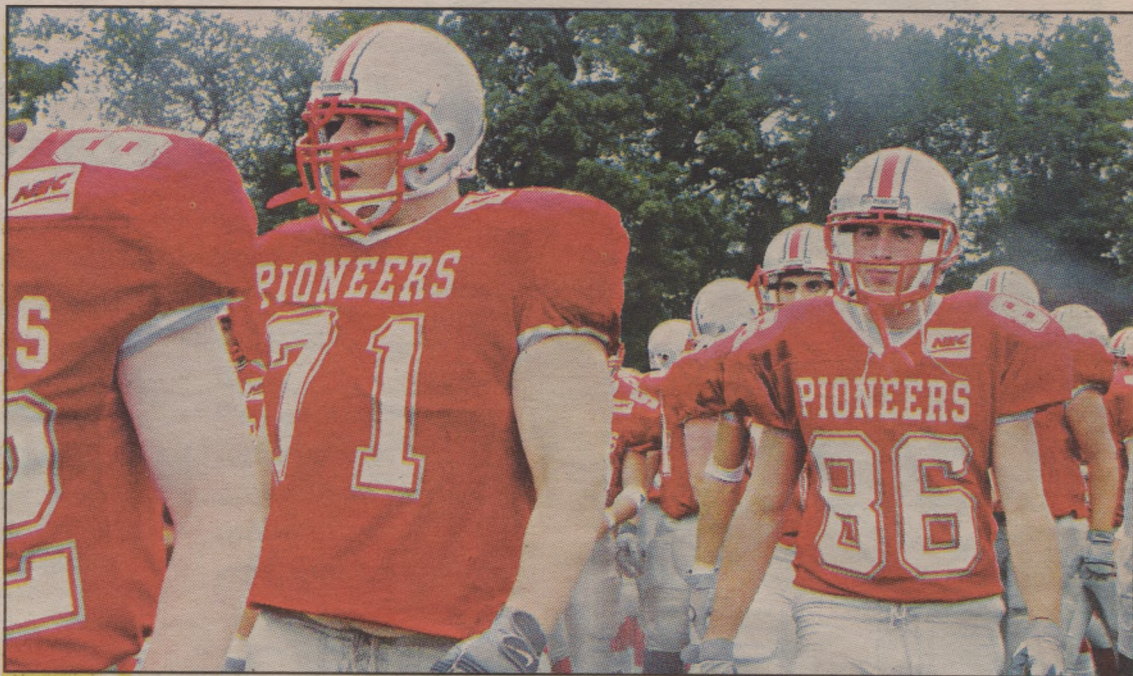
When asked about the mind-

set on the bench after the Pioneers went down 12-0, junior center Terrance White (New Haven), "we are a complete team and we hold each other up... the offense plays for the defense, the defense plays for the offense, and the special teams play for everybody."

Sacred Heart opened their scoring when senior defensive back Ron St. Juste (Stamford), intercepted a pass by St. Francis quarterback Anthony Doria and ran it back 22 yards for the first Pioneer touchdown at home this season. Senior kicker Greg Tonzola (Denville, NJ) converted on the extra point to cut the Pioneer deficit to 12-7.

The defensive touchdown seemed to spark the Pioneer offense. The next Pioneer possession got their offense going, scoring on a 61-yard touchdown drive.

Senior quarterback Joe Kroells (Burbank, CA) ran the ball in from 16 yards for the touchdown and the 13-12 lead. The big play on this drive was



The Pioneers take the field for the home opener against St. Francis (PA)

Photo by Robert Trenske

a 24-yard run by junior running back Jason Healy (New Milford).

With 4:43 remaining in the first half, Kroells hit senior wide receiver Marlon Ward (Revere,

MA) with a 21-yard touchdown pass. After the Tonzola extra point, the Pioneers had a 20-12 lead and held this lead as they went into halftime.

The Pioneers came out strong again in the third quarter when senior running back Jason Bonadies (Southington, MA) ran the ball in for the 14-yard touchdown capping a 73-yard drive. Later in the game, Bonadies broke the 1,000-yard plateau for career rushing yards.

The big story in this game, however, was the defense. The Pioneers intercepted four passes, two by senior defensive back Brian Pawlowski (Branchburg, NJ), and two by St. Juste, including the one he returned for a touchdown in the first quarter.

"When asked about the solid secondary, sophomore defensive lineman Rob Kinsley (Fairfield) states, "having such excellent and experienced players like Athans, Pawlowski, and St. Juste in the secondary makes me feel good about every game because the

defensive line and the linebackers can't get to the QB on every play, so knowing they're back there and are most definitely going to bat the ball down, or intercept it makes me feel secure."

Leading the defense with 10 tackles was junior line backer Dave Morson (Ocean, NJ). Also making an impact with seven tackles was sophomore line backer Andrew Grant (New Hartford, NY). With six tackles each were Athans, and sophomore defensive back Justin Mucci (Staten Island, NY). Brian Pawlowski had five tackles to go along with his two interceptions.

The offense was led by Kroells, who was 10 for 17 passing with 122 yards and one touchdown, to go along with 39 yards rushing and two touchdowns. Other key runs were made by Bonadies, who had 10 carries for 65 yards and one touchdown, sophomore running back Ed Procolo (Johnston, RI) had 13 carries for 56 yards, and Jason Healy had six carries for 34 yards.



Despite the rain, SHU sailed to a 37-12 victory

Photo by Robert Trenske

Pioneers Pound the Peacocks

By Loren Aversa
Staff Reporter

The Sacred Heart Women's soccer team had an intense week of game time with a victory against St. Peter's and yet another scoreless game of the season against Brown University.

"I believe that the win and the tie against

Brown shows us that we can play hard and that when we work together, we can accomplish any goal. We have a lot of talent and know how to use it," said Junior Kate Busam (Smithfield, RI).

The Pioneers received their first win of the season with a 4-0 shut out against St. Peter's College on Friday afternoon, Sept. 5 at Sacred Heart's Campus Field. Senior Paula Pineda (Vigo, Spain) and

juniors Ashleigh Bepko (Guilford), Samantha Leonard (Rockland, MA), and Christel Kalweit (West Barnstable, MA) all contributed to Friday's win by slamming the ball into the net.

"The game against St. Peter's was a good win. It was nice to put a few goals away and get a win. Our main goal now is to improve on the quickness of the game. I think that we have a great team

this year and just need to get used to playing with each other," said Bepko.

In the first half of the game, Pineda scored the first goal of the season followed by Leonard's goal three minutes later, which rebounded off a shot by senior Jill Bizeau (Suffield). The second half consisted of two additional goals, scored by Kalweit at the 52:36 minute and Bepko, who had the fourth and final

goal of the game with a shot to the right corner.

The help of two goalies for the Pioneers contributed to the win against St. Peter's. Freshman Ashley Mocarski (Manalapan, NJ) finished the game with one recorded save, while senior goalkeeper Leslie Konsig (Milburn, NJ) made a total of three saves. The win against St. Peter's SEE "Women's Soccer Page 14."

INSIDE SPORTS

COLUMN OF HANK GARGIULO
Hank takes a look at the past weekend of football (Pg. 14)

CROSS COUNTRY
Men and women have good showing at Fordham Invitational (Pg. 15)

MEN'S GOLF
Pioneers kick off their season at the Blue Devils Golf Invitational (Pg. 15)

FIELD HOCKEY
The team kicked off a nine game road trip this past week (Pg. 13)

MEN'S SOCCER
Ties 3-time champ FDU in double-overtime battle (Pg. 12)