



Contact News Editor Mark Stanczak at: m-stanczak@sacredheart.edu

## "The Shuperstation" Channel 3 Hits Campus

By Courtney Gotshall  
Staff Reporter

Beginning just this past Monday, September 22, Sacred Heart University's Television Production two class began airing a brand new station on channel three called "The Shuperstation." It is the combination of not only a new station, but Television Production two, MS 314, which was first offered as a class this current fall semester, making it a recent addition to the school as well.

According to Greg Golda of the Media Studies and Digital Culture department, "The station is currently funded by the media

studies & digital culture (MSDC) department and IT. The Media Students Organization will also play a large role in the upbringing of the station." Golda is also Executive Producer of the station and Producers include students Mike Burns, Janna Hebert, Greg Cappello, Stacey Jackson, Andrew Osham, and Brooke Tonelli.

This station is one of three cable channels that belong to the IT department and it is "a campus station with all campus content," Golda said. On the station, Golda says viewers will be able to watch production work of the students, events on campus, a news round-up (that is in the works), and a sports talk-show. Also in the works is a running news magazine. Mike Burns,



Photo by Robert Trenske

Students check out the new channel three SHUperstation.

a senior from East Providence, Rhode Island, thinks that overall the show is a good idea because it gives everyone a chance to see what the students are doing. He said, "there's gonna be a lot of stuff shot on campus-student projects, senior projects, lectures" Since its start-date, students have been able to formulate opinions of their own on the station. Olia Yelner, a junior, from Trumbull says, "I think it's a great addition to SHU. Any school that is serious about having a media studies department needs an active television station in addition to radio and print media."

This station is a closed-circuit station, meaning it is not broadcast and will be able to be

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## Rushing Into Greek Life

By Melissa Petsitis  
Staff Reporter

ASY, BDF, ZIL, KF, SDC, FWT, WFK, NEW, DFK, LSF? It was all Greek to the new rushes of Sacred Heart until last Friday night. The individual Greek organizations acted out the importance of their organization through skits for the student body.

All the skits illustrated, in their own way, that Greek Life is not only about sisterhood and brotherhood, friendship and family, but also their contribution to the community. Each greek organization is committed to a specific charitable cause. Sigma Delta Chi advocates Environmental Awareness, whereas Beta Delta Phi and Kappa Phi are devoted to Breast Cancer and underprivileged children in Bridgeport, respectively.

"It's a rewarding feeling to help others," said Justin Baigert (Meriden) of Alpha Sigma Psi, "and Alpha Sigma Psi just started helping with diabetes."

"One of our greatest accomplishments and a moment that stands out it my head was volunteering at the Special Olympics Winter Games," said Senior Suzie McHale (Ronkonkoma, NY) of Zeta Iota Lambda Sorority. "You really see everything you stand for and have worked for come together... It makes us really appreciate the little things that we all take for granted."

Although the Rush skits were last Friday night, the Greek Rush continues this week. On Sunday, Sept. 27, all are welcome to see a

band perform on campus.

"I think that Greek Life does a lot for our community and the university and it's a shame that the sororities and the fraternities of Sacred Heart are not nationally recognized," said Senior Emily Swain (Walpole, NH).

On Friday's Rush Skit night, a fellow Kappa Phi sister returned to the event to cheer on her sisters.

of strong, dedicated people and they all deserve a fair look at how much they do for this campus before being stereotyped or judged. I wouldn't trade a moment of my past two years working towards Greek Life for anything in the world," said Suzie McHale (Ronkonkoma, NY).

"It [Greek Life] is a great way to meet people and to become part of a family. Also,



Photo Illustration by Robert Trenske

Greek Rock Collage

"Joining an organization was the best thing I ever did. You get to meet a lot of people, do a lot of things, and it keeps you active and busy. As an alumni, I support and love all my sisters. We are a close knit group of people," said alumna Lauren Pacello (Meriden) of Kappa Phi.

"They're all amazing groups

it's a great way to get involved in this school because Greek Life really does a bunch for the campus," said Junior Shannon Kinney (Port Jefferson, NY) who is also part of the organization.

## Pitt Hosts Class of '07 Convocation: Distinguished Faculty Awarded

By Greg Cappello  
Staff Reporter

On September 17 at 2 p.m. the class of 2007 was officially welcomed to Sacred Heart University. The Academic Convocation and University Induction saw teachers and faculty gathering to introduce the freshmen to Sacred Heart and also pay respect to some of their colleagues.

After a short welcome by the master of ceremonies Thomas V. Forget, Guy Savage, Student Government President, gave his advice to the new freshmen. He tried to welcome them with words he discovered as a freshman. He spoke about friendship, fashion, class and fun. He tried his best to describe each to the new class, but knew they would find out what he meant on their own.

"The main thing is to keep the main thing, the main thing; and that's your studies." Jane Gangi expressed this notion for the freshmen to carry with them through their four years at Sacred Heart. She told them school would make them discover their true passion in life. "You will

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#### Capoeira

The martial arts team kicks off the year with the art Capoeira which is very acrobatic and self-developing

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# Parking Problems

By Sharmila Munver  
Staff Reporter

Sacred Heart University is charging a \$20 mandatory parking fee for commuters starting this fall. Students are required to buy a parking decal, which will be valid from this month through the summer of 2004.

Parking fees vary depending on the specific parking lot

"If the choice was between building parking garages and classrooms, we would go with the classrooms because we are in the education business."

Dodge also mentioned that library renovations were of priority over parking lots. The only parking fee that is not going into the Public Safety budget is the fee collected from Jewish Community Center, or JCC. That money goes to the owner of the lot and this year JCC's fee has



Photo by Robert Trenske

Lots fill up very quickly every day here at SHU.

and each parking decal will be valid for only one lot. Students who have a parking sticker for a given lot cannot park in any other lot or they will be fined. The fine for this illegal parking has been raised to \$40 from last year's \$20.

Linda Maloney, Director of Public Safety, said that Public Safety is involved in collecting the fees and giving out decals, but not distributing the collected funds.

"We are not involved in that," Maloney said.

According to Sister Donna Dodge, Vice President of Mission & Planning, during a meeting between herself and Maloney the former made the decision to charge the commuters a mandatory parking fee. Dodge said that the money collected by selling the decals would be allocated to Public Safety's budget for

been increased to \$200.

"I have drafted a letter to JCC telling them that a 60% increase in parking fees is not acceptable and that we are looking for other possibilities," said Dodge, adding that she is ready for renegotiation with JCC.

"Everyone wants class at the same time; mid-morning to mid-afternoon. If you come here on a Friday afternoon, you will find parking because no one wants a class on a Friday. If the academic schedule was different, then parking would not be a problem," said Dodge.

No plans will go underway to reorganize academic schedules unless it will accommodate more classroom space. So far the freshmen have not been allowed to use campus parking unless in emergency situations. This year fewer freshmen received a parking waiver than last year.

**According to Dodge, the Public Safety Department will look into future alternatives such as parking in community lots, shopping centers, and garages.**

increasing security and patrols around campus.

The fee, however, will not in any way be allocated toward building additional parking facilities.

"Parking garages cost \$5 million. At this rate it will take us 30 years to build a garage," said Dodge.

According to Dodge, the Public Safety Department will look into future alternatives such as parking in community lots, shopping centers, and garages. A shuttle would be launched between the new parking areas and the campus.

Although none of the plans have been finalized as of yet,

# Class of 2007 Celebrates Convocation

Continued from page 1

make mistakes, and so will I." Knowing your mistakes and knowing they can be fixed will make school easier.

"Work hard, enjoy yourself and fall in love." That was the advice Dr. Cernera received from his father when he went off to school and what he wanted to pass onto the class 2007. He reminded the class the most important thing they will do at school is learn and they will always have the choice to do what they want. Before the President finished, he wanted to leave one last bit of advice with the freshmen; he wanted to remind them to always stay thoughtful during the next four years.

"I never met Dr. Cernera before. He was a lot more down to earth than I expected. He made me feel a little better about the faculty here at school," freshman Meghan Woodstock (Oyster Bay, NY) said after the ceremony was over.

This year's convocation was different than the ones in the past

because awards were given to teachers and staff. Usually the awards are given at the end of the school year, but this year the staff had something else in mind.

Eilene Bertsch, Asst. Vice President of Academic Affairs said the convocation gives students "a chance to see their excellent faculty members and join a community."

The winners of the Outstanding Service Award were Reata Cioffi, Linda Cortello and Loretta Winter. Each of these faculty members showed a commitment to quality and excellent service.

Also the John XXIII award was given out to a member of the faculty who showed outstanding leadership to the campus mission. This year's award was given to David Coppola and Brian Stiltner.

Sidney Gottlieb received the Faculty Scholarship Award. This award is given to the faculty member who shows outstanding scholarship of publication of the peers of faculty members.

The Teaching Excellence

Award was then given to David Cameron and Jane Gangi.

Both of these Professors showed excellence in teaching and made distinct improvements in SHU teaching.

The final award given out was the Joseph Grau Action for Justice Award.

This religious studies award is given to the faculty member who shows outstanding service in nurturing the community of Sacred Heart. This year the award went to Terry Neu.

The ceremony closed with Dean Bozzone making the official introduction and inviting the class of 2007 to join together and sing the school's Alma Mater. Afterward freshmen and faculty got to know each other better as they ate desserts provided by FLIK.

See award pictures on opposite page (page 3)

# Hurricane Isabel Passes Over Peacefully

By Steve Horvath  
Staff Reporter

The raging hurricane that the Sacred Heart University community expected this past Friday was a no-show, leaving the school with nothing more than elevated winds and a few rain showers.

Hurricane Isabel, downgraded to a category 2 storm as it worked its way inland, never got within 100 miles of Connecticut. After devastating coastal communities in North Carolina and Virginia, Isabel continued northward into western Pennsylvania before dying out on its way to Canada.

Here at Sacred Heart University, online bulletins were posted at the University website in order to keep the school updated and ready to deal with the storm. Extra stores were put in at the dining areas and students were urged to stock up on snacks and drinks in case of a serious power outage. Additional Public Safety officers were on call for any unforeseen incident.

Luckily, no such contingency

plans were necessary for the school or the surrounding area. Students arriving to school on Friday morning encountered nothing more than blown about debris and some tree limbs shaken loose by the elevated overnight winds.

Though the storm left Sacred Heart virtually untouched, some concerned students rearranged weekend activities and travel plans in anticipation of the storm.

"We were gonna have our annual Kuethapalooza party, but we thought the storm would keep people at home, so we had to postpone it to next week," said Chris Discordia, a senior from East Lyme.

"I was supposed to go New York, but I didn't want to get caught in the storm, so I stayed home and watched 'Rawhide' reruns," said Maggie Nemetz, a graduate student from Shelton.

One student was particularly disappointed with the lackluster appearance of the highly hyped storm.

"All I wanted was to sit on the beach and watch some roofs fly by," said Keith Morrissey, a senior from Yorktown Heights, NY.

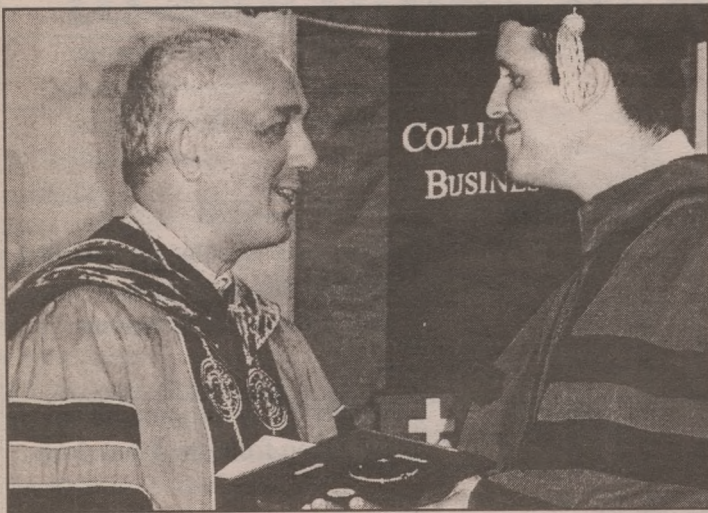


Photo courtesy of the Charlotte Observer

The southeastern states were directly in the path of Isabel.



# Convocation, Awards and Welcomes



## Student Government Armed With New Staff and Big Hopes for SHU

By Jason Bowza  
Contributing Writer

Upon his death in 1968, Senator Robert Kennedy was remembered as having said, "Some men see things as they are and ask, 'why?' I see things that never were and ask, 'why not?'" As the new school year gets rolling and student government begins again, will the new leadership of the student body look at things that are and ask why? Or will they look at things that have never been and ask why not?

Guy Savage, still working on moving into his new office, has been working over the summer to figure out what his priorities will be as the new Student Body President. The major project that Savage and the Executive Board will be undertaking initially is the renovation of the "T" area of the hallways, the area between Public Safety and the HC Wing, and from Flik to the Registrars office.

***"It's going to take a while to get accomplished totally, a big undertaking and all, but it's a good step in changing the look of the school to a more collegiate one"***  
Guy Savage

New display cases and bulletin boards are being installed, as well as possibly displaying students' works of art.

"It's going to take a while to get accomplished totally, a big undertaking and all, but it's a good step in changing the look of the school to a more collegiate one," Savage said. He also point-

ed out that he and the Executive Board are in the planning stages of the State of the University Address as well as the Mock Accident and Leadership Day.

When asked how the new Executive Board was doing, Savage said, "We are a very new board, which brings new ideas.

for students and our goal is to make this a better Sacred Heart for everyone."

Savage appears to be starting the year off with an attitude that intends to be proactive, even if the specific direction of his agenda has yet to form.

Returning in her capacity

and increase the voice of the student body by increasing committee membership, which would

the Junior Class.

Hougasian said that he is excited to be joining the Senate because it does the most for students, serving as a bridge between them and the administration. Hougasian is pushing for online registration, a difficult task for the senate academics committee.

Hoogz also added that he "has worked two years to get a position in student government, so hopefully we will get things going."

Senate and the Executive Board are now getting into the full swing of the school year. With Guy Savage as the new SG President and Jen Hradek returning as the VP of Senate, they both give the impression that they are ready to get to work.

But the question still remains, and will be proven over the course of the year, of whether or not they see things that have been in the past, or whether are looking to face the problems of the future.

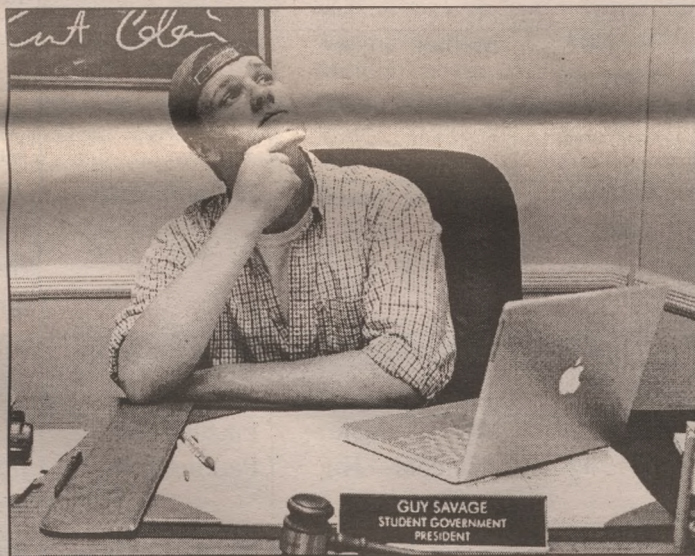


Photo by Robert Trenske

Student body President, Guy Savage, in deep thought as his desk in the Student Union.

At the same time, we are still trying to find our groove as a unit." He was quick to praise the Student Events Team, now under the leadership of Justin Gage, the new VP for SET.

"SET is the strongest that I've seen since I've been here," Savage commented.

Still ahead on Savage's goal list for the year is to continue to push for student representation on the board of trustees, the body responsible for making critical decisions such as technology issues and tuition fees. This is an old idea that has not yet been successfully implemented.

Savage also wants to see more student access to the Edgerton Center for the Performing Arts, more commonly known as the theater.

"To me, Student Government is a place where students work

as the Executive Vice President of Senate, Jen Hradek is ready to take on the coming year with Senate. A hurdle for Hradek this year will be a mostly new Senate. After the first Senate meeting of the year, goals were laid out for the year.

"Not everyone has such a proactive approach. The learning curve for new members makes it hard," Hradek said. She added that it is important for her to get everyone on the same page.

Senate is looking to take on the issues that face the student body on a few different levels, with housing, parking, and Flik leading the way.

This year student leaders and administration are coming together by holding monthly or bi-monthly meetings with different administrators.

The Senate is going to try

allow students not involved in Student Government to have more of an influence with how issues are approached.

"There seems to be a lack of time to actively pursue committee members while the Senators do the rest of their duties... but that comes back to students as well," Hradek added.

Increasing committee involvement is another priority for Senate this year.

"We need to build involvement before we can move ahead. Senate seems to be on top of that this year," added Mike "Hoogz" Hougasian, a first year senator for

***"We need to build involvement before we can move ahead. Senate seems to be on top of that this year"***  
Mike Hougasian

## Student Station Begins Broadcasting

Continued from Page 1

seen only in the Main Academic Building, South Hall, West Hall, and J-Hill. It is not a twenty-four hour service, but it can be viewed from 8 a.m. to 10 p.m. Golda said, "we're going to try to hit the morning run-time."

Because this station is so new, the finishing touches are still being placed and there are plenty of openings. The Television Production Two class, who are also running this station, would like people to think about joining. Producers are needed, as

are Graphic Designers "to create station identification and graphics for the shows," Production Assistants "to help shoot and edit shows-no experience needed," and Set Designers and Builders, "experience preferred." Also, anyone interested in reporting for the weekly news program should attend the organizational meetings on Thursdays at 7:30 p.m. in the Media Studies studio.

Additionally, if there are any suggestions, there is an email address supplied for use on the media studies website: mediastudies.sacredheart.edu/tv.



## Vehicle Vandalized at North Lot

By Brian Thorne  
Staff Reporter

A motor vehicle parked in Sacred Heart University's North Lot was vandalized between 12:30 p.m. on September 12 and 7:24 p.m. on September 13. Senior Meghan Eaton (Colorado Springs, CO) returned to campus from a sporting event and discovered her 1992 Honda Civic had been severely damaged. Officer Kalson of the Fairfield Police Department was dispatched to fill out the incident report.

According to the police report, Eaton's car had a smashed windshield, a cracked right headlight, and a cracked right side mirror. Eaton stated that she had parked her car intact on Friday afternoon before leaving campus for a volleyball game and found it in the damaged condition when she returned on Saturday night.

"[Kalson] and I both thought it had to have been a baseball bat," said Eaton. "It was serious, the whole windshield was done and there was glass all over the inside of my car."

**"We should have one in a major lot like North but they have no cameras out there"**  
Meghan Eaton

Eaton told police that she had problems with no one person in particular. Officer Kalson was unable to locate any witnesses.

"I think it ridiculous that Public Safety only has cameras at the circle of J-Hill. What is that going to do?" Eaton said. "We should have one in a major lot like North but they have no cameras out there."

Public Safety has no record of this particular incident.

In a separate incident, there was a small motor vehicle accident in North Lot the afternoon of September 10. Senior

**"[Kalson] and I both thought it had to have been a baseball bat. It was serious, the whole windshield was done and there was glass all over the inside of my car"**  
Meghan Eaton

Christopher Skelton (Westerly, RI) hit a parked car owned by senior Kathleen Crouse (N. Attleborough, MA).

According to police, Skelton was pulling into a parking space to the left of Crouse's vehicle and struck the left rear fender and rear door of her vehicle with the right front bumper of his jeep. Skelton stated that he misjudged the distance of Crouse's vehicle and hit it as he was attempting to park. The damage to Crouse's vehicle is estimated at \$1,200.

"I really think that most people would not report that," Crouse said. "But it was nice, [Skelton] reported it and came back and I appreciated that. Those [parking] spaces are so close together, it's an accident waiting to happen every day it's so overcrowded."

The Fairfield Police report stated that the crash was being reported for insurance purposes only. No enforcement action was taken.

"Whenever we have an accident in the parking lot and both parties request it, we call the police to conduct their investigation" said Linda Maloney, Director of Public Safety.

Skelton was unable to be reached for comment regarding the incident.

## Public Safety Reports

Date/Time	Incident	Location	Description
9/19/03 0805 hrs.	Suspicious Activity	Jefferson Hill	Resident reported someone attempted to enter her apartment through the rear door.
9/19/03 2058 hrs.	Alcohol Violation	South Hall	Officer observed visitors attempting to enter the building with alcohol beverages. They were told to leave campus.
9/20/03 2332 hrs.	Larceny	South Hall	Resident's identification card was taken from the front desk.
9/21/03 0133 hrs.	Alcohol and Drug Violation Fire Safety	South Hall	Res. Life staff member observed alcohol in a room. During a room search drugs, paraphernalia, candles, and incense were found. The resident had covered the smoke detector.
9/21/03 0719 hrs.	Medical Injury	Main Building	Flik employee injured her knee. 911 was called. She was transported to the hospital via ambulance.
9/21/03 1102 hrs.	Larceny	North Parking Lot	Visitor attempted to shoplift from a vendor at the flea market. He was issued a trespass notice.
9/21/03 1359 hrs.	Medical Injury	Softball Field	Athlete's head was injured during a rugby game. He was transported to the hospital via ambulance.
9/21/03 1409 hrs.	Medical Injury	Softball Field	Athlete's knee was injured during a rugby game. He was transported to the hospital via ambulance.
9/22/03 0830 hrs.	Medical Injury	Main Building	Flik employee injured his finger while working.
9/22/03 1719 hrs.	Motor Vehicle Accident - Hit and Run	Faculty/Staff Parking Lot	Staff member's vehicle was hit while parked. He declined police notification.
9/22/03 1738 hrs.	Motor Vehicle Accident - Hit and Run	North Parking Lot	Student's vehicle was hit while parked by another student. Both parties were located and declined police notification.
9/22/03 1912 hrs.	Student Concern	Main Building	Student found a foreign object in her food.
9/22/03 1925 hrs.	Motor Vehicle Accident - Hit and Run	North Parking Lot	Student's vehicle was hit while parked. She declined police notification.

## Volunteer Networking

### KICK IT - Bikers Beating Cancer

Sunday, September 28

Motorcyclists join together to "kick cancer" by riding from Danbury's Marcus Dairy to Indian Well State Park in Shelton. Volunteers are needed to assist during the course of the day along the route. Various opportunities available.

### The Light The Night® Walk - The Leukemia & Lymphoma Society

Thursday, Oct. 2 - Cove Island Park in Stamford

### Friday, Oct. 3 - Penfield Pavilion I in Fairfield

Against a twilight sky, a night walk of flickering red and white balloons wind through communities, creating a breathtaking sight. There will be refreshments, music and other festivities. Volunteers are needed at various times of the day for these events.

### Making Strides Against Breast Cancer - The American Cancer Society

Sunday, October 19

Sherwood Island Park, Westport

Help make breast cancer a thing of the past by volunteering. Last year, this 2.5 to 5.0 mile walk attracted 4,500 participants. Participate or volunteer your time.

### MMRF "Friends for Life" Fall Gala

Saturday, October 25

Hyatt Regency - Greenwich, CT

Honorary Corporate Chairman - Dave Burwick, CMO, Pepsi-Cola North America

Master of Ceremonies - Deborah Norville, "Inside Edition"

MMRF Spirit of Hope Award Recipient - Sharon Osbourne, Cancer Survivor/Talk Show Host.

Volunteers are needed for this year's black tie gala for the customary duties which include stations at the silent auction table, spotters for the live auction, raffle ticket sales, check out assistance and break down of the tables at the gala's end.



# Martial Arts Club Gets a Feel for Capoeira

By **Teresa Diaz-Hennessey**  
Staff Reporter

A fun yet meaningful workout can be obtained through the Martial Arts Club at Sacred Heart University. The Martial Arts club has now opened up their discipline of martial arts to include Capoeira, which is a Brazilian martial arts dance form that includes self-defense maneuvers.

The club has been active now for six years. "Everyone who has tried it here at Sacred Heart has enjoyed it right away and it's also an amazing aerobic work out," said president of the club, Gordon Milne, a senior from Roselle, New Jersey.

Milne has been doing martial arts since his sophomore year and has been doing Capoeira for eight months. After breaking his hand from martial arts, Milne began to have interest in Capoeira from his instructor, Ubaldo. Last year Ubaldo

came to Sacred Heart to give a free session of Capoeira to increase attendance at his school. He taught in Bridgeport. He

taught in Brazil for 16 years and has been teaching in the United States for two. Milne became quickly interested and decided it would be a great idea to add to the martial arts club. Milne and Ubaldo both teach Capoeira for the club.

In Capoeira there are various instruments that are played including drums and a string instrument called a berimbau. Milne and other members own instruments like the berimbau. "You get to learn about a whole new cultural through Capoeira. Since it's mainly done in Brazil, many people aren't aware of Capoeira and what it has to offer," said Paul Giordano of Leonia, New Jersey, a new member of the club.

"There is little to no contact in Capoeira, so anyone can enjoy it," said Giordano. Many of the members of La Hispanidad and the multicultural center have tried Capoeira and enjoyed it. Currently there are 14 members in the club.

The members meet on

Mondays from 7 p.m. to 9 p.m. in the aerobics room at the Pitt Center and anyone interested is encouraged and welcome to attend. Interested students should come dressed as if they were going to do aerobics.

**"Everyone who has tried it here at Sacred Heart has enjoyed it right away and it's also an amazing aerobic work out"**  
**Gordon Milne**

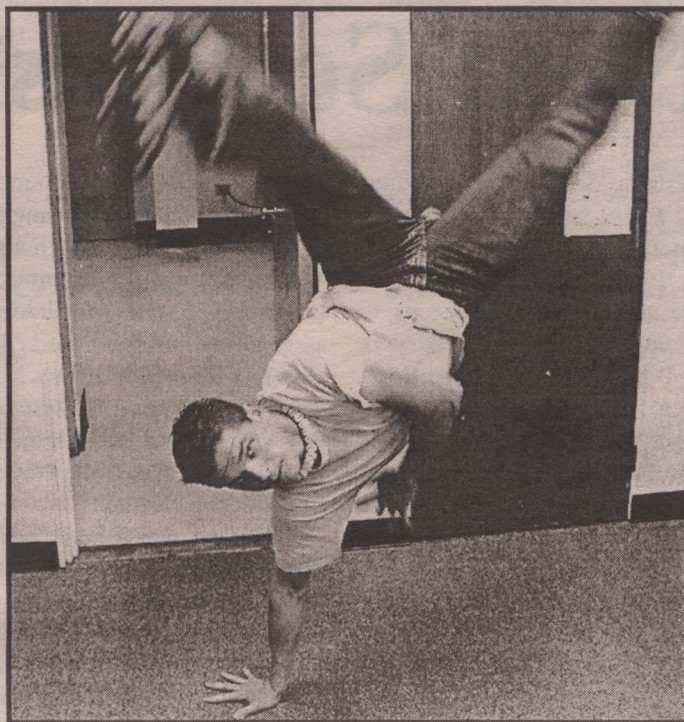


Photo by Robert Trenske

Gordon "olho de gato" Milne demonstrates a move of the art.

There is a uniform that is worn when doing Capoeira but is not required. The club plans on performing a demonstration during the weekend of October 16.

The Martial Arts Club looks forward to meeting with new members and can't wait for their debut performance.

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## Attention Seniors: Important Information About Your Senior Portrait!!

*The location for portraits has been changed. They are no longer in the University Commons. Please note where the photographer will be on your portrait date:*

Monday, September 29: Location TBA

Tuesday, September 30: East Hall Business Conference Room: Second Floor

Wednesday, October 1: East Hall Residential Life Conference Room: First Floor

Thursday, October 2: East Hall Residential Life Conference Room: First Floor

Friday, October 3: East Hall Residential Life Conference Room: First Floor

Please inform your friends of the new location!!! The Prologue staff apologizes for any inconveniences this change may cause.



## What's Next Seniors?

Seniors! Do you feel like a junior in high school again? Scrambling to build your resume, fill out applications, get better grades, or take important tests? It's amazing that we are going through this cycle again.

How many times will the past four years of our lives determine the next four? All I know is that things are getting tougher. The good life that we have all lived for the past four years is about to be over.

The real world is waiting for us, and it's time to put our theory to practice. SHU has done a great job of teaching us many things,

but there are certain things that we just have to learn on our own, the hard way.

For instance, the thought of spending my whole paycheck on things like insurance, car payments, utilities, rent, student loans, and food is enough to make me consider failing a class or changing my major so that I can stay in school another year!

With that thought in mind, I have recently found myself thinking about the past three years here at SHU. Sooner or later, every Senior goes through a similar process of reflection. During this time, I found myself asking many

questions. Some of the questions that I have been asking are quite important.

I recall during my freshman year, Dr. Cernera asking us to accomplish three things: To work hard, have fun, and fall in love. As a freshman, I thought nothing of these goals, but now, I see how important they are to me. Knowing that I only have a year to answer these questions, puts me under a lot of pressure and in some turmoil. They are not easy tasks, and for many of us, will take a good part of our time here at SHU to accomplish.

The second thing I thought

about was how I will be remembered once I leave campus? Have I been involved enough? Will the faculty, administrators, support staff, and graduate assistants, who I have worked so closely with remember my name when I come back to visit in a few years? What do I want my legacy to be? What will they say I have accomplished?

Leaving a legacy is not as easy as carving your name into a tree or writing your name on the wall. The tree can be cut down, or the wall washed. A person can be easily forgotten by many, but it is the few that

remember who carry the memory to their death. Who are these few? Who have we established a bond with? Who will we still talk to after we graduate? Who will be replaced? Seniors, I urge you all to think about what you want for yourselves after graduation. You have less than nine months to work on it. During that time, "make an impact, not an impression," go out of your way to make someone's day, repay all the favors people have done for you, and make someone laugh.

-Contributed by Peter Kuczynski



5151 Park Ave.  
Fairfield, CT 06432-1000  
Office: (203) 371-7963 or 7966 Fax: (203) 371-7828  
<http://spectrum.sacredheart.edu>

**Editor-in-Chief**  
Kerry Freel

**Associate Editor**  
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## The SHU Voices

Compiled by Robert Trenske

*How do you feel twenty dollar commuter parking fee?*



*"I feel like there should be an explanation of what the additional money is being used for."*

**Sarah Blumengarten**  
Methuen, MA  
Senior



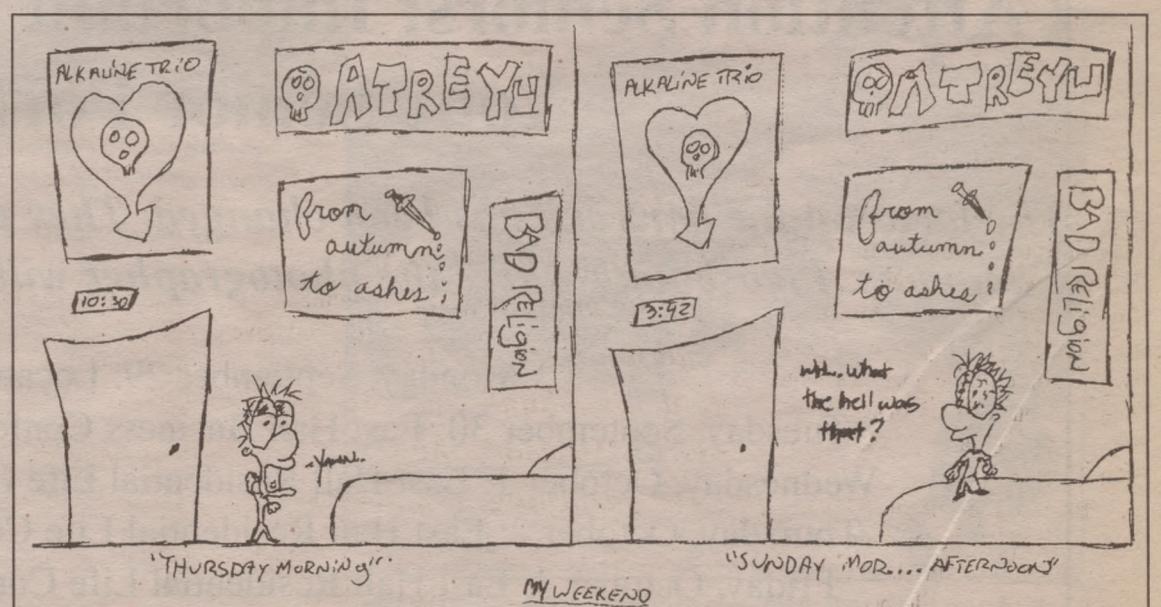
*"I think that it is ridiculous that commuter tuition is over 20k and we have to provide twenty dollars for what is being justified as being for our protection."*

**Brian Thorne**  
Fairfield, CT  
Junior



*"I feel that if we have to pay for parking, there should be available parking."*

**Charity Ferris**  
Ashland, NH  
Senior



By Patrick Reinhart



# Adjusting to College Life

I bet six months ago, you could not wait to get to college. You looked forward to the freedom and the independence, and you saw the social possibilities as endless.

So, here you are. The shiny newness has worn off. You have moved in and are ready to start the "best years of your life." So, "Why?" you ask yourself, "Am I so miserable?"

You feel overwhelmed and lonely. You probably miss the comforts and familiarity of home. You wonder how in the world you will get all the work done. You find yourself daydreaming about those summer nights with your age-old friends.

You feel as though you will never be a part of this community. You watch upper classmen and wonder how they developed such great relationships.

Any of this sound familiar? Well, you may be surprised to learn that many of your fellow students are feeling the exact same way!

No, you are definitely not alone. It is very common for first year college students to experience all these feelings and more. Read on and find some helpful tips and advice for dealing with your uneasiness.

The hurdles that many freshmen must overcome tend to break into three categories: handling responsibilities, missing old friends and making new ones, and missing the cozy and familiar comforts of home.

Let's start with handling the responsibilities of (ugh) adulthood. Many of you have a lot on your plates. Not only do you have academic responsibilities, but you have work, sports, self care and social responsibilities, as well.

In the past, your schedule was clearly laid out for you. But,

now, you must develop a schedule and a routine. Believe it or not, routine helps you to feel in control and less anxious.

The first piece of advice is this. Develop a schedule and use a calendar. Review your syllabi and note in your calendar due dates of projects. Also block out the hours that you devote to work study, athletic practice, club meetings, etc.

Then, figure out blocks of time each week when you will study. Don't forget to include time for fun, hanging out, going to church, taking a stroll, visiting the mall, or playing Grand Turismo 3. Keep a daily "to do"

not want to run out of deodorant or toothpaste!

The second rule of thumb is to prioritize. At the beginning of each week look at what needs to be done, and do the most important stuff first. You will feel so relieved when it is out of the way! And, at the end of each week look back and pat yourself on the back for managing a pretty hectic week!

Okay, so if you apply these rules, you should be on the road to handling your responsibilities. So, how do you deal with the loneliness?

I have one question for you. How long have you known your

Those relationships are all of varying levels of intimacy. I am sure you have a few friends that are your "closest and dearest" and that you trust with your deepest and darkest. You share values, interests, world views and a mutual agreement of what constitutes friendship.

Then there are those that you spend a lot of time with, but do not necessarily share secrets or private thoughts. As you review your collection of friendships, you realize that you have a lot of friends, but only a few very intimate relationships.

In short, do not expect to develop replicable relationships in your first few weeks of college. Accept the "acquaintance stage" of friendship and do not expect to jump into something more intense and, for lack of a better word, committed.

Give it time to work the kinks out of your relationships. Accept that friendships will not all look the same. You may connect with your roommate in a different way than you connect with your teammate.

So, what do you do if you are feeling dis-connected?

1.) Look inside yourself and find happiness there. Just because one is alone, does not make one lonely.

2.) Accept people who are different. Just because they are not like your friends from home does not mean you cannot have a very gratifying relationship with them.

3.) Give it time. True friendships usually take a year to develop.

4.) Stay on campus. Although it is tempting to rush home to the oh-so familiar, stay on campus and work on building social roots. You will be glad later in the year that you had done so.

5.) Don't wait for others to initiate. You can be the one that

arranges trips to the movies or Pioneer football game.

6.) Reach out to the wonderful resources here at SHU. Your R.A. staff is trained to help you with adjustment problems. Older classmen can normalize your feelings and help you to realize that you are not alone.

Okay, so you have followed the advice above, but you are still homesick. What should you do? Examine what it is that you miss from home. Is it the routine, the safety, the familiarity, the privacy, or the smell of Mom's kitchen? After you have done so, you can figure out a way to introduce it into your new life.

Post photos of your friends and family around the room. Surround yourself with items that make you feel comfortable and at home. Set up a schedule with family and friends to communicate.

Remember to communicate during both good times and bad, for you want to give your loved ones a true representation of your experience here. Invite friends and family for a weekend or even an afternoon. Remember that they miss you as much as you miss them.

Finally, remember that life is filled with challenges and this is one that you can manage. Be sure to reach out.

If you are feeling as though you need help dealing with your adjustment to college, contact the Counseling Center (371-7955 or <http://counseling.sacredheart.edu/>) for an appointment. The Counseling Center offers free, confidential counseling to all members of the SHU community.

Carpe Diem!

-Contributed by June Meyer, MA, NCC, LEPC Personal Counselor

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list and check off those items that are completed. On the same page keep a shopping list of items you need. At times like this you do

friends from home? Chances are, a very long time, if not your whole life. It probably took years to develop those relationships.

## SHU Snowline Needs Update

By Kerry Freel  
Editor-in-chief

So there was a huge link on our website up about Hurricane Isabel, which luckily didn't impact our area of Connecticut too badly. I hope everyone whose home was damaged gets a mansion built in its place, courtesy of the disaster relief funds that is.

Besides the link on our website, the SHU community also received global e-mails about the SNOW line that could be reached for class cancellations and whatnot. Did anyone try calling that number Friday morning?

My roommate did, to no avail, she got some sort of fax machine noise. When I dialed I got through, but what I heard was rather amusing...

**"Today, April 8, 2003, Sacred Heart University will be open at normal hours. There is no delay. Thank you" The SHU Snowline recording**

"Today, April 8, 2003, Sacred Heart University will be open at normal hours. There is no delay. [these two sentences

are repeated] Thank you," the recording states.

April 8, come on! Believe me, I know how hard it is to organize a lot of things, and I can't possibly fathom how much effort must go into running our University... But on the other hand, if you're going to post a number for students to call, it should have current information.

I just think it's funny that we get new computers on a yearly basis but updating something for free, a recorded message, doesn't happen until we get a foot of snow!

Maybe that snowline could be put to use for teachers and students on a more regular basis... Teachers could call in and push some buttons to cancel classes

if they felt the weather was bad, if they were ill or in some other kind of emergency.

**Students could call the number, every day before class, to check on their class status, "on as scheduled" or "cancelled."**

Students could call the number, every day before class, to check on their class status, "on as scheduled" or "cancelled." I'm sure commuter students would appreciate this because it's hard to travel to SHU from even

twenty minutes away in inclement weather only to find a class cancelled. (I've never personally had that problem, but I've heard some horror stories!)

The phone lines seem to me to be a very reliable source to receive and retrieve information. Even in a power outage, the phone lines are often operational. If the internet in general or SHU's network is down, the phone lines are still accessible. It just seems like a good idea to mill over.

For your reference, if you somehow deleted or lost the snow line, it's: (203) 365-SNOW. But, you might want to listen to WEBE 108 or Star 99.9 and other local radio stations for information on cancellations as well.



## Vertical Horizon: The Band Next Door

By Deborah Carrara  
Staff Reporter

Vertical Horizon, a name synonymous with "Everything You Want," is back with a new tour after their last album had the music industry doing cartwheels. Just two and half years ago, Vertical Horizon began a tour that changed their lives forever. They have toured domestically and overseas, including through England, France, Germany, Holland and Switzerland, with a name that began in 1991 as an acoustic set, but now has become an internationally appreciated band of four.

Where are they and what have they been up to? A recent interview with Ed Toth, the band's drummer, sheds light onto an otherwise private side of the band's evolution. "Go," Vertical Horizon's new album (released September 23), is without a doubt the best thing we've done. We are all very proud of it," says Toth.

The record is produced by John Shanks who has also produced Michelle Branch, Sheryl Crow, and Fleetwood Mac among others. The release of "Go" had been slightly delayed while their record label, RCA, had to deal with a changeover in some per-

sonnel.

"We're very comfortable with the new people that were put into place, and there are still a couple of holdovers from the old staff. Some new faces came out to a show back in the spring and

"I'm glad we waited until now to put the record out."

When asked about the new tour and what was in store for both veteran and new fans alike, Toth commented on how great it was going.

rial and probably dust off some of the older ones that we haven't played in a while too." Thursday, October 2, Vertical Horizon will be playing at Toad's Place in New Haven. Toth reflects on his earlier years

for years."

Will there be pyrotechnics and leather pants? "No," Toth reassures the concertgoers. "You won't see any pyro...what you'll see is a concert of a band of four guys, who work very hard at presenting their music to a live audience. We're playing our instruments, we're singing. You know, in this age it's hard to come by a band that goes out there, plays live and plays well. We take pride in that and work very hard to keep that in tact."

And what about the leather pants? Toth says, "I think we can all say that we're much happier playing in jeans and a T-shirt." As a hard working team of four, they want their music to be out there and they don't mind expending the energy that touring requires.

"We want our record to do well, and we're the type of band that has to put in the leg work insofar as touring. We're not poster boys or anything close to being 'hip' so we just do what we do and people sort of come along for the ride," says Toth.

When discussing the band's songwriting process, Ed reveals that he and other band members, Keith Kane, Matt Scannell, and Sean Hurley all contributed to the



Photo Courtesy of Verticalhorizon.com

The members of the band Vertical Horizon, Keith Kane, Matt Scannell, Ed Toth, and Sean Hurley will play Toad's Place in New Haven on Thursday, October 2. Their new album "Go" was produced by John Shanks and came out this past Tuesday.

we immediately felt good about it. They said, 'Look, there's no B.S., this is what we're thinking, this is how we want to do things' and it matched up with what we were thinking so we got pretty lucky," says Toth.

"We've done a month's worth of new shows already and we've been showcasing some of the new material which has been going over really well. Now, we're going to showcase even more of the new mate-

in Connecticut and shares his enthusiasm in playing at this venue. "One of the very first concerts I ever went to was at Toad's with my dad. It's going to be like coming home. You know, I grew up there, I worked in New Haven

See "Vertical Horizon"  
Continued on page 9

## Instant Messenger Cheap, Fast, and Easy Communication Tool for Students

By Vanessa Rubino  
Staff Reporter

TTYL, J, BRB, L, and LOL: all of these phrases have become familiar to almost every college student. Instant messaging has become an intricate part of the college experience; students have adapted this technology to fit their unique lifestyles. It is no surprise considering that computers, e-mail, and instant messaging have become as indispensable as television and telephones (the old land-line kind).

Interestingly, most current college students were born around the same time the first

personal computers were hitting the public market. Oregon Trail, a popular computer game from the early nineties has given way to instant chatting and the familiar, "You've got mail!"

Sacred Heart University, which offers a wireless campus for students that love to stay connected, is no stranger to this phenomenon. As a mandatory-laptop university, Sacred Heart's students use instant messenger to communicate with buddies from school, friends from home, and far-away family members.

Colleen Kilcoyne, a senior from Norwell, MA says that she uses instant messenger to stay connected with friends. She added that it is especially help-

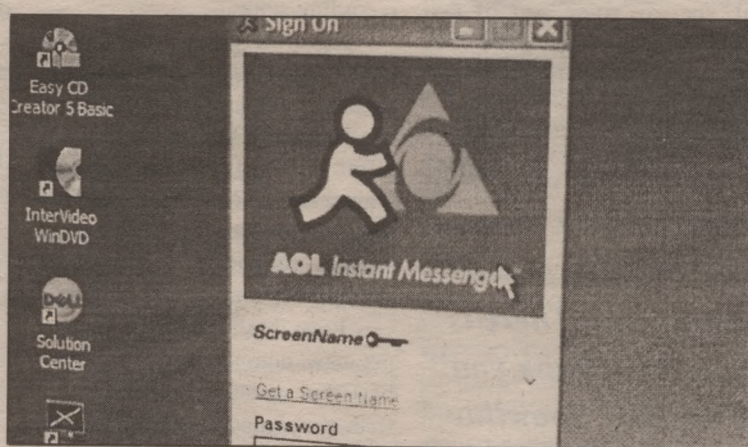


Photo by Robert Trenske

Instant messenger is so prevalent in students' lives that it has created a language all its own.

ful when friends are traveling abroad, "I can talk to friends that aren't in the country."

Instant messenger is also easy on the college budget. Kilcoyne noted, "It doesn't take

up all the minutes on my cell phone [so I am able to stay in touch with friends and family from home]."

Michelle Mikos, a senior from Darien, who is currently abroad in Rome, agreed that instant messenger is a helpful communication tool. She stated, "Because of instant messenger I am able to speak to my family, my friends, and the people I love."

Other students enjoy the ability to converse with multiple people at the same time. Michael Burns, a senior from

See "Instant Messenger"  
Continued on page 9



# The Truth About College Binge Drinking

By Kelly Ryan  
Staff Reporter

College binge drinking is the number one national health problem on all college campuses in our country. This isn't only a problem that affects students, but also a problem that affects a community as a whole.

Although a lot of students, both underage and of age, binge drink, the students are not the only people at fault.

"Many contribute to [college students binge drinking], from the people who sell alcohol to underage students, to the bars who promote drinking with cheap prices on drinks, to the students themselves," says Janet Kessler, a counselor for alcoholism and other drug addictions at Sacred Heart University.

She defines binge drinking as "five or more drinks in an hour for a male and four or more drinks in an hour for a woman, because as soon as you drink more than your body can process, this becomes binge drinking."

Binge drinking could become a problem for college students because alcohol is readily available to them. A recent 2003 Harvard University study reported that student binge drinking is the main problem. However, binge drinking begins with sales on large volumes of alcohol, sale prices and promotions at college bars, and liquor stores surrounding the college campus. If alcohol is cheap and easy to get, it's even easier to consume high amounts of it.

The study found a strong association between the presence of these promotions and higher rates of heavy drinking on college campuses. After interviewing a group of juniors, who wish to remain unnamed, leaving a local package store, they confessed that, "We get as much as we can for as less we can get it for."

"It's not only binge drinking that is the problem, it's the actions students take part in after they have consumed so much alcohol," says Janet.

After large consumptions of alcohol, there are noticeable behavior changes in students such as drunk driving, vandalism, rapes, and the break out of physical fights.

Since college binge drinking is the leading health issue, counselors, students, faculty, staff,

administrators, and local police departments are forming a task force.

Janet Kessler notes, "A task force is an environmental attempt to develop strategies to prevent underage drinking, alcohol abuse, and binge drinking."

Everyone in the college community and the surrounding community need to work together to fight this problem. As proof that community action and laws

**"Many contribute to [college students binge drinking], from the people who sell alcohol to underage students, to the bars who promote drinking with cheap prices on drinks, to the students themselves"**

Jane Kessler

matter, in the Harvard University study, drinking and driving was less prevalent on campuses in states that had more comprehensive laws and stronger enforcement capacity to restrict drinking and driving, underage drinking, and high volume consumption and sales of alcohol.

Although drinking is a problem, there is a large percent of students who don't participate in binge drinking. An Illinois study showed that 60 percent of college freshman either don't drink at all or drink very little, and if they do drink they said that they don't drive.

Janet Kessler discusses that students are not always aware that not everyone is taking part in over consumptions of alcohol. If students knew how low the percentages were of other students who don't drink or don't drink and drive, like this survey, they would probably be very surprised.

Students, community, faculty and counselors are getting together to fight binge drinking and its effects. Kessler says, "My main role is to help them, and educate them."

Binge drinking seems to be a problem that everyone contributes to, but also a problem that can be fixed, when everyone contributes to trying to solve it and prevent it.

# Vertical Horizon

Continued from page 8

album and have compatible techniques, but noted that Scannell is the better songwriter of them all.

"Nothing goes out without the approval of everybody," says Toth. "The bottom line is that there's not a song on the record before the four of us say, 'Yeah, we sign off on that, it's good to go'."

"Go", an album named for a less passive take on how to live life, was something that Toth came up with late one night. Reflecting on how some of his friends "hesitate to live their lives" Toth states that "Go" is more of an attitude to adopt in seeking your own path.

"Go" is described by all of the band members as "a very active word" and is about "taking control of your life and living it the way you see fit," says Toth. "The album cover was a concept my brother came up with. Here you see a kid who refuses to be stuck in the trappings of what your life is 'supposed' to be."

Says Toth, "Maybe where you're 'supposed' to be is a trap, so go, get out there and juggle. Get out there and live your life." The cover of the last album, "Everything You Want", is also very special to Ed. The photographer was Bunny Yeager, who Toth has not met. (Yeager was considered one of the premier "cheesecake" photographers of the 1950s and '60s.)

"I am a huge Bettie Page fan, and back in the day it was Bunny Yeager who helped make Bettie Page famous, so it was very exciting for me to be able to use one of her shots," says Toth.

"We (Vertical Horizon) had already decided we wanted to call the record "Everything You



Photo Courtesy of Verticalhorizon.com

Like their previous album cover for "Everything You Want" Vertical Horizon's new cover for "Go" has special meaning.

Want" and so we see this picture and ask ourselves 'Why is she flipping?' and we thought, 'Hey, maybe she has everything she wants'."

When asked if there would be a common thread or theme in the line up of songs on the new album as there was in their previous album, Toth replies, "Matt writes a lot about relationships, whether they're man/woman relationships or just human interaction...that's really what he likes to write about and he does it very well."

"I think the great thing about that is that it is very universal. The songs end up connecting with everybody. What a song might mean to one person may mean something else to another person, but at the same time, everybody can relate to the song with something in their own life."

"I think that's why our band has done so well. The songs are written from a perspective of 'Wow, I know that person' or 'That happened to me', or 'I'm

glad I'm not the only one',"

Toth adds. "Show me a person who hasn't lived the story in "Everything You Want". I mean, everybody on this planet knows where that's coming from."

So what is it that sets this band apart from the rest of the groups out there? What is it that we find in them that you might not find in the next group? Ed Toth feels it has to do with keeping it real, and keeping it genuine.

"There isn't any front. Everything is from the heart... everything from the music that we make, to the performances, to shaking some of these hands and looking them in the eye and saying 'Thank you, for being a part of it.' It's all honest and legit, and there's no posing that goes on with us."

"I think that's why people relate to us. I mean people walk away feeling like they know us. We're like the guys next door."

# Instant Messenger

Continued from page 8

East Providence, RI said, "Instant messenger is a quick and easy way to get in touch with a lot of people at once and I think that Sacred Heart students take advantage of this medium to get an idea of the on-goings around campus."

Sacred Heart students are similar to other tech-savvy, college students across the country. According to a report put out by the Pew Internet & American Life Project, more than 86 percent of college students use the internet. The report also concluded that college internet users are twice

**"Because of instant messenger I am able to speak to my family, my friends, and the people I love"**

Michelle Mikos

as likely to use instant messaging on any given day compared to the average internet user. On a typical day, 26 percent of college students use instant messaging compared with 12 percent for other internet users.

Kimberly Marcantonio, a senior from Portsmouth, RI thinks, "College students are more likely to use instant messenger than the general population due to the fact that we have grown up with computers and instant messenger is just another thing that comes as second nature."

Instant messenger has become another technology that students have adapted to their high-tech and high-paced world. Offering inexpensive and immediate connections, instant messenger is a college student's fast, fun, and easy way to stay in touch.



## Crazy in Love or Crazy about Press?

By Jennifer Motisi  
Contributing Reporter

Celebrity couples. Every magazine, entertainment program, and news channel concentrates so much on the love lives of stars. Americans—even those who claim to be disinterested in celebrities—know that Jennifer Aniston married Brad Pitt and that Ben Affleck and Jennifer Lopez may have recently split up. With all the emphasis the paparazzi places on these relationships, it seems as though many stars have been trying to keep their love lives under wraps. Is it better to hide it? Is it less of a strain to just go public? Or are these relationships just for the sake of publicity?

Take singer Justin Timberlake, for instance. He went from keeping his relationship with pop star Britney Spears a secret to having a very public relationship all in a matter of a few months. The two had apparently dated for several years

that they were in a serious relationship and have been hounded by the paparazzi ever since.

Possibly even more famous than the Kutcher-Moore romance is that of actor Ben Affleck and singer/actress Jennifer Lopez. The couple began dating soon after J. Lo's divorce to dancer Cris Judd. Lopez wrote a song for Ben on her album entitled, "Dear Ben," and Affleck appeared in Lopez's "Jenny from the Block" music video. The duo also starred in the box office flop, "Gigli," and will do so again in Kevin Smith's "Jersey Girl."

The paparazzi have followed the couple wherever they went and one photographer could even be seen hiding in bushes during the filming of a Barbara Walters interview. Nearly a year after their relationship went public, news of an alleged breakup has surfaced. The split has, quite possibly, caused more media attention than their relationship had to begin with. Access Hollywood has even gone so far as to feature an up-to-the-minute link on their



Affleck and Lopez in what has been called the summer's worst film.

Photo courtesy of Sony Pictures

information and both have told the press that they want their private lives to remain private.

Celebrity couples have always garnered constant media coverage and probably always will. As such, one has to wonder if some of these celebrity couples are simply fancy publicity stunts to gather attention.

Not long after her break from Timberlake, Britney Spears announced that she was taking a six month hiatus from the entertainment industry but was later seen at an event with actor Colin Farrell. Spears told the press that they were "just friends." Likewise, after rumors surfaced about Timberlake and Diaz, Spears was photographed with Jared Leto, Diaz's ex-boyfriend. These two relationships seem more like a cry for publicity than anything else.

Similarly, Demi Moore was out of the spotlight for years, and her relationship with Ashton Kutcher coincided with the release of her latest film, as well as the first season of Kutcher's MTV show, "Punk'd."

Also a bit of a coincidence is the fact that Ben Affleck and Jennifer Lopez began dating during the filming of "Gigli," but just two months after its release have seemingly ended their relationship. Are all of these celebrity couples really in love, or just part of a giant Hollywood publicity stunt? The public will probably never really know for sure, but everyone will stay tuned to find out who the next famous couple will be.



Kutcher's romance with Demi Moore coincided with his two big releases for 2003, including "My Boss' Daughter" (above).

Photo courtesy of Miramax Films.

before they revealed their relationship to their fans. This caused a media frenzy, and after about a year the couple announced their breakup. Afterwards both stars were linked to other celebrities. Recently though, Timberlake has been seen with actress Cameron Diaz. The two still haven't officially announced themselves as a couple, but pictures of them holding hands and spending time together have been on the covers of several publications.

One of the most public relationships of the year has been between actors Ashton Kutcher and Demi Moore. Moore is fifteen years older than teen-heartthrob Kutcher, which in itself created a lot of buzz around the couple. The two were quick to announce

website with "Bennifer" news.

While some stars speak openly about their relationships, others prefer to keep theirs under wraps. Rappers Ja Rule, DMX, and Fat Joe have all married high school sweethearts and while their wives are usually seen at various events with them, they are mostly kept out of the public eye.

On a similar note, rapper Jay-Z has been trying to keep his relationship with singer Beyonce Knowles out of the news. While the two have been featured on each other's recent albums, they have also been the talk of many entertainment shows and magazines. When questioned about their relationship, neither admit nor deny

## Mariah Charms New York

By Colleen Mitrano  
Contributing Reporter

Not even Hurricane Isabel could stop the most profitable female recording artist in history from putting on an amazing show at New York's famed Radio City Music Hall. On Thursday September 18, Mariah Carey proved that after a lengthy thirteen year career she still has what it takes to be the best in the music business. The Grammy Award-winning artist who has suffered more scrutiny than praise in the last three years showed everyone that she herself—like the title of her hit song—can make it through the rain as she performed for a sold-out show.

This tour, entitled "An Intimate Evening with Mariah," is the singer's first in over three years. The show, which lasted about ninety minutes, began with a special guest appearance by rap artist Da Brat. The rapper sang her part in Mariah's hit song "Heartbreaker" on stage while Carey appeared in the back of the auditorium and walked down the center aisle. Greeting fans along the way, she quickly made her way towards the stage. After finishing the duet "Heartbreaker" Carey continued to sing an array of songs including some old hits like "Dreamlover," "Honey," and "Fantasy," before moving onto some of her latest tracks like

"Through the Rain" and a cover of "Bringing on the Heartache."

During the show Carey kept the energy high as she made it a point to connect with the fans by constantly talking and joking around with the crowd. The singer also kept the show exciting with a bold, new stage setup which included sparkling lights that changed color and a circus-like set; at one point, the singer even came down from the top of the stage in a swing.

Another aspect that made the show lively was Carey's incorporation of a variety of fun, yet glamorous costume changes. Mariah, unlike a lot of performers today, actually sang her songs live, which added to the excitement of the concert because fans knew they were getting the real deal.

As if the opening of the concert did not enliven the fans enough, Carey closed the show with two of her biggest ballad hits: "Vision of Love" and "Hero." Upon hearing these songs fans cheered and sang along as the concert ended, literally, on a very high note. At the show's conclusion, fans found themselves leaving fulfilled and overjoyed. "An Intimate Evening with Mariah" proved to be nothing less than amazing, as the concert started and ended with vivacity and let everyone know that Mariah Carey can still sing like no one else.

## SHU's Top Cult Hits: We Want You!

By Patrick Scalisi  
A & E Editor

**Cult Hits** ('k&lt 'hitz): a film that probably did not receive a good amount of notoriety during its release but nonetheless has a strong, underground following. A cult hit is usually made for a small budget and may or may not have an all-star cast. Example: The film "Clerks" remains a cult hit even to this day.

This past summer Entertainment Weekly released its list of the top fifty cult hits of all time. Several weeks later, and in part due to the large amount of fan mail that was received over the publication of the initial list, a second list was published of the top eleven cult fan favorites. Now, we at The Spectrum want to know what cult films make our

university tick. We'll be compiling our own list of fan favorites to be put into an article before the end of the semester based on you, the reader's, response. Are you a huge "Donnie Darko" fan? Does "PCU" still make you laugh? Now you can nominate your favorites for the list!

In order to submit an entry, please write to SHUCultHits@yahoo.com. Each entry must include your full name, grade, title of the film you wish to enter, and a short explanation of why you feel the film belongs on our list. The subject of your email should read "SHU's Cult List." Remember, all entries must be in by 8:00 a.m. on Thursday, November 13 and the list will appear in the following week's issue of The Spectrum. Please limit one entry per student and happy watching!



# Students React to Recent Music Industry Lawsuits

By Jayde Levesque  
Staff Reporter

With the beginning of the school year just behind us, students are downloading increasing amounts of songs onto their new laptops. But are any worried that they are breaking ironclad copyright laws?

On September 8, the Recording Industry Association of America (RIAA) slammed down 261 copyright infringement-based lawsuits on internet users in the Northeast. On behalf of major companies BMG, EMI, Sony Music, Universal Music Group, and Warner Music, the RIAA targeted users not by the amount of songs downloaded, but simply by who was downloading music at the time. At this point, anyone is fair game, but students at Sacred Heart continue to download freely and unconcerned.

Laura Tintle, a junior from Levittown, NY says, "It's scary that I could be sued." But has this fact alone become a major deterrent against music sharing? The common response of students all over campus is a resounding "no."

It's highly understandable why some would not be swayed to stop all file-sharing on the internet. For one thing, using programs like Kazaa and iMesh

***The RIAA blames online downloading for the 31% decline in CD sales over the last three years.***

is pretty addicting and secondly, the RIAA lawsuits haven't quite hit home yet.

But if anyone is thinking that it can't happen to them, think again!

In fact, one of the first of the 261 to be sued was a twelve-year-old girl from New York. Brianna Lahara was subpoenaed for downloading Christina Aguilera, and, yes, the nursery rhyme, "If You're Happy and You Know It." Whatever the case may be, almost all music is protected by some form of copyright law, even seemingly insignificant nursery rhymes. And in case anyone was wondering what happened to

little Brianna Lahara, her mother was forced to settle out of court and pay a \$2,000 fine. Many fail to realize that music-sharing—in most cases—constitutes as theft.

Even those students who recognize that they are stealing music refuse to stop using their downloading programs. Albert Fera, a junior from Providence, RI notes that "[Using a program like] Kazaa is a lot easier than stealing the CD from the store." While this may be true, penalties for stealing a CD may only include a shoplifting fine, community service, and/or probation. But the penalties for stealing music over the internet are far greater, including fines up

***"It's scary that I could be sued"***  
***Laura Tintle, junior***

to tens of thousands of dollars.

The RIAA blames online downloading for the 31% decline in CD sales over the last three years. Since Napster made it possible to download almost any song or movie available on



Despite recent lawsuits, programs like Kazaa remain popular, especially among students.

Photo by Robert Trenske

the internet for free, who would want to actually go buy the entire CD? From a consumer point of view, this makes little sense.

While customers keep pressing for lower CD prices, the music industry is not taking the downloading subject lightly. One of the major differences between now and the earlier days of Napster is that this time the programmers are not being sued and the users are. Still, students maintain an invincible attitude

towards the recent lawsuits.

Hayley Petrillo, a junior from Lynnfield, MA said "I have no fear about being sued—there are too many people. They can't [catch] everybody." While many students feel this way, the RIAA lawsuits are a danger everyone should be worried about. It's highly possible that students are reacting too lightly to this, although it may be a very different story once the subpoenas start arriving in the mail.

## Adam Sandler needs "Anger Management"

By Matt Philipp  
Staff Reporter

Adam Sandler is known for his comedic movies such as "Happy Gilmore," and "The Waterboy" and one would think any movie he does will be absolutely hilarious. Unfortunately, despite having a good track record, Sandler's latest film "Anger Management" falls a little short of expectations.

"AngerManagement" opened nationwide in movie theaters on April 11, 2003 and premiered on DVD this past Tuesday. The film stars Adam Sandler as Dave Buznik, a timid businessman from New York who, while on a business trip, gets into a small misunderstanding with a flight attendant resulting in his arrest. After making a court appearance, Dave is ordered to serve 20 hours of anger management with anger specialist, Dr. Buddy Rydell (Jack Nicholson). However, the fun really begins after a second incident in which the judge places Dave in Dr. Rydell's so-called "intensive anger management control program," which leads to Rydell moving into Dave's apartment.

At first glance, the combina-



Sandler and Nicholson goof around in the sometimes-humorous "Anger Management."

Photo courtesy of Columbia Pictures.

tion of Adam Sandler and Jack Nicholson seems odd, yet intriguing. Sandler is known for playing mostly comedic characters, while Nicholson is more known for his largely dramatic roles. However, both do an excellent job in their unlikely shoes and Nicholson especially stands out as the seemingly-maniacal Rydell.

Sandler plays a different role that he usually does, but that doesn't stop him from still being very funny. Instead of the typically outspoken characters seen in his past films, Sandler is just the opposite this time around.

As a result of a childhood incident, he is scared to stand up for himself. Despite being a very insecure individual, though, Dave has landed a beautiful girlfriend, Linda (Marissa Tomei) and is working on an important assignment at work that may lead to a promotion.

John Turturro, who starred alongside Sandler in "Mr. Deeds," also makes an appearance as Dave's "anger ally," Chuck. Turturro, who arguably stole the spotlight in "Mr. Deeds," is a very comical New Yorker who seems to be more insane than angry.

The film also features many cameo appearances by "angry" people including Bobby Knight and tennis great John McEnroe. Also appearing for brief roles are Woody Harrelson, Heather Graham, most of the Yankees, and even former New York City mayor, Rudy Giuliani.

The DVD release contains several special features including a feature-length commentary by Director Peter Segal and Adam Sandler. Also included is a fun game called "Do You Have Anger Problems?" as well as deleted scenes and a hilarious bloopers reel.

Two more highlights of the special features include "Skull

***"Anger Management" is a humorous film at times, but in the end falls a bit short of expectations.***

Session," a behind-the-scenes look at the film, and a featurette on Jack Nicholson entitled "My Buddy, Jack."

"Anger Management" is a humorous film at times, but in the end falls a bit short of expectations. There are many



Marissa Tomei plays Dave's (Sandler) less-insecure girlfriend.

Photo courtesy of Columbia Pictures

scenes that contain funny lines here and there, but overall much of the movie is not as amusing as audiences have come to expect of Sandler's usual fare. Despite these few lackluster qualities, the movie is still enjoyable and fun to watch. Now available on VHS and DVD, be sure to pick it up for a laugh this weekend.





## Volleyball Struggles to Taste Victory

By Nick Brown  
Staff Reporter

The Sacred Heart University women's volleyball team has seen better days. Despite grand efforts, the Pioneers have failed to pick up their second win throughout the last couple weeks. Last weekend the Pioneers visited West Point, New York to compete in the Black Knight Invitational.

During the tournament, the girls were defeated in all three of their matches. The Pioneers battled Army, Marist, and Yale, which according to Junior Jill Frey (Meriden) were beatable teams. Frey also continued by saying that communication was poor and they failed to pick themselves up after foolish errors were made. Before the next game Frey desired to see more intensity and enthusiasm from her team on the court.

Hoping to wipe the slate clean and find a second victory, the Pioneers visited Worcester, Massachusetts and competed against the Holy Cross Crusaders on Wednesday, Sept. 17. Early in the match Sacred Heart lost two games in a row by scores of 30-18 and 30-22.

As the match continued, the Pioneers battled back and evened off the series by picking up two games of their own by scores of 30-20 and 31-29. Going into the fifth and final game it appeared that women's volleyball might be able to squeak out a victory. The girls came close but in the end they were defeated by a very narrow margin losing by a score of 17-15.

The victory could have gone either way according to spectators. Unfortunately this loss brought the Pioneers record to 1-10. After a couple of days of intense practice and reviewing game tapes, women's volleyball was ready to take on their next opponents at the Rider University Bronx Invitational in Lawrenceville, New Jersey.

Friday, Sept. 19, they fell to Fordham in three straight games. The match was certainly a discouraging one for the Pioneers as they lost by scores of 30-15, 30-14, and 30-20.

On Saturday Sept. 20, they battled Army for the third time this season and lost to them for the third time by scores of 30-26, 30-24, and 30-25. During the Army match, players Lauren Lamb (West Bloomfield, MI.), Meghan Eaton (Colorado Springs, CO.) and Michelle Clarke (Baltimore, MD.) shined, and were responsible for most of the team's achievements in the match.

Lamb, who had an excellent game in Worcester a few days earlier, kept her composure in the Army match as well. She had 12 digs during the game. Her teammate Eaton had the team high with 13 digs and sophomore setter Clarke contributed with 25 assists. The match brought their record to 1-12. Needless to say, the Pioneers will not be looking forward to playing the Army Black Knights anytime soon.

Hoping to regroup, Sacred Heart University women's volleyball forged ahead and were ready to face host Rider University. The Pioneers battled but failed to walk away from the invitational with a victory. In the match, Lamb, Eaton and Clarke showed signs of life with a little help from senior Caitlin Azhderian (Sebastopol, CA.). The California girl had 9 kills in the match. Lamb had 9 kills as well not to mention a team best .368 (9-2-19) hitting percentage. Eaton recorded 11 digs and Clarke had 36 assists. The loss brought their record to 1-13.

The girls had the week to prepare for their next match at the University of Hartford Tournament. Tomorrow, Friday Sept. 26, they play Central Connecticut at 5 p. m. and on Saturday they will take on Maryland-Eastern Shore University and University of Hartford at 10 a. m. and 3 p. m.

## Women's Soccer Adds One to Each Column

By Loren Aversa  
Staff Reporter

The Sacred Heart Women's Soccer team experienced an extensive week of traveling time with a disappointing loss against Yale and a road trip to Albany, New York, where they battled Rider and Siena in the University at Albany Governor's Cup Tournament.

On Wednesday evening, Sept. 17 in New Haven, the Pioneers lost to Yale University 3-2 in the final seconds of the game. The game was neck and neck when Pioneer's Christel Kalweit's (West Barnstable, MA) was able to tie the game up 2-2 after kicking in a rebound off of junior Nathalie Urbas (Pickering, Ontario). With only 34 seconds left in the game, Yale University's Laurel Karnes slammed the ball into the net, scoring the game winning goal.

"The loss against Yale University was a heartbreaker. We played very well and fought back twice but I guess the luck was on their side," said Head Coach Joe Barroso. The

loss against Yale dropped the Pioneer's to 1-2-2 on the year.

The loss against Yale did not stop the Pioneers from showing some intense game time in the University at Albany Governor's Cup Tournament. On Saturday, Sept. 20, the Pioneers came out with a 1-0 win in their first game of the tournament against Siena College. Both teams struggled with a scoreless tie up until the second half with Pioneers goalkeeper Leslie Konsig (Milburn, NJ) making six saves against the Saints.

In the last 62 seconds of the game, Kalweit pulled through once again with an offensive shot on goal after receiving a pass from freshman Lisa Burbige (Babylon, NY). The win against Siena improved the Pioneer's record to 2-2-2 on the year.

"We wanted to win and we did. You have to want it more than the other team and then you have to put one away. It took a lot of team work because it was so hot, everyone had to work together on the field to get the job done and we were successful," said junior Natalie Urbas (Pickering, Ontario).

The Pioneers ended their

road trip to New York with yet another scoreless 0-0 tie of the season after battling Rider. Not only did these two teams tie in their game at the Governor's Cup but they also tied for the tournament championship.

"I know our team definitely has the potential to win against any opponent and eventually our offense will be more productive. We're getting better every game and we are ready to play our two first conference games this coming weekend," said junior Ingrid Olsson.

Pioneer's goalkeeper Konsig recorded another season high of 12 saves during the game against Rider, leaving her with her fourth shut out of the year.

"Leslie Konsig is phenomenal and has potential to go pro in this country. She is by far one of the main reasons why we have done as well as we have so far in the season," said Barroso.

The Pioneers, who are 2-2-3 on the year following the Governor's Cup, are scheduled to travel to Robert Morris on Friday, Sept. 26 for their first Northeast Conference match of the season.



Women's Soccer defeated Siena at home by a score of 1-0

Photo by Meghan O'Connor



The women's soccer team will play their first NEC match of the season tomorrow at Robert Morris

Photo by Meghan O'Connor



# Women's Ice Hockey Last to Become Division I

By Brittany Hoole  
Staff Reporter

For the second year in a row, Sacred Heart's women's ice hockey team is facing a new season with a new coach. But that isn't the only change that they will be seeing. Aside from a new coach and obviously new freshman, there is another exciting change for returning players. This will be the first year that women's ice hockey will play as a Division I team.

In the past couple of years, the women's ice hockey team was the only varsity program that was not considered Division I. They played Division III in the ECAC. But the fact that Sacred Heart was not a Division III school overall was holding these Lady Pioneers back.

No matter how well they did in their conference, they could not play the conference championship. Because the College of the Holy Cross and Saint Michael's College were in the same predicament, the ECAC created what is called the ECAC Open, a championship tournament for these teams to participate in at the end of their season.

This year, however, this

will not hold true. The team is going its own way by becoming an independent Division I team. Hopefully, in the next few years, enough teams will be found to generate a new conference.

As for how the team will change this year, Coach Thomas O'Malley (Boston, MA) feels that if a player is going to play Division I hockey, she will have to learn how to balance academics, with hockey, with life in general. He does put an emphasis on the word "student" in the phrase "student athlete".

Academics are important, as well as dedication to the sport. Senior forward Rebecca Gelinas (South Windsor, CT) is taking on her second year as captain. "I'd like to see people take it more seriously," she answers when asked what changes she expects to see, "I'd like to see people step it up a level."

This is the first time in his coaching career that O'Malley has inherited a team. He comes to Sacred Heart from Wayne State University where he started the women's Division I hockey program back in 1999. Before that, he coached at Boston College where he fell into the assistant coach position through a work-study job, then moved to head coach in 1984. He helped get BC's program

off the ground and continued to coach it for fifteen years. He is thrilled to be at Sacred Heart, and has found everyone to be extremely helpful.

Coach O'Malley expects to see approximately 23 girls at tryouts as of now. But anyone who is still interested and has not done so as of yet is encouraged to get in contact with him. Tryouts will be held starting Oct. 1, and, according to Coach O'Malley, the only time a cut will be made is if a player is not contributing anything to the team overall, is not taking it seriously, or is hurting the team. Hopefully though, he will not have to deal with any of those scenarios.

The team will start its season with an away game at the University of Rhode Island on Oct. 26. Their schedule includes a good mix of games against both Division I and Division III teams. They hope for it to be a challenging, but not discouraging, season. Their first home game will be on Nov. 5 against Salve Regina University at Milford Ice Pavilion. They will finish off the season, also at home, on March 6, when they play Wayne State University, Coach O'Malley's previous school.

# Inter-National Basketball Association

By Greg Maurice  
Staff Reporter

The sport of basketball has become so diverse and globalized now. Just take a look of the 2003 National League Association (NBA) champions, the San Antonio Spurs. They have the league's most valuable player, power forward Tim Duncan who's from the Virgin Islands, point guard Tony Parker from France, and shooting guard Emmanuel Ginobili from Argentina. You can see that the impact has been incredible.

Think about all the recent NBA first drafts players, like Yao Ming from China, Dirk Nowitski from Germany, Paul Gasol from Spain, and Peja Stojakovic from Serbia. The league is getting a big input from overseas players. That's

type of game, but now we are seeing more of these athletes running all 94 feet of the court and having multifaceted skills. The new breed of foreign players can aggressively drive to the basket, shoot from the outside and handle the ball. These players have improved greatly, and they're learning at a fast pace.

Sylvester Kaar from Hayward, California, who is a transfer soccer player at Sacred Heart said, "the international players bring more competition to the league. It's a trend ever since they drafted Dirk Norwitski.. Every team is trying to find foreign players, but not all of them are going to be like Nowitski." Another reason why NBA teams are trying to draft international players is because American players are about flashy moves. American players are mostly doing it for the entertainment purposes. "It's



International players like Dirk Nowitski dominate the NBA with their combination of quickness and shooting skills.

Photo courtesy of nba.com

why most of the coaches are traveling to other continents to find their new super stars. Look at the recent NBA draft; seven out of the twenty-nine players picked in the first round were from other countries.

Trim Kibwe, a junior at Sacred Heart from Trinidad, and a player on the basketball team said, "international players are fundamental while players in the states are more "in your face."

The league is in the stage where they appreciate big players who can shoot, and international players fit that mold. Typical players in American are big and are about power. It's more marketable to find a seven feet tall player who can actually shoot. It's interesting to scout the players in the NBA now. The international players were used to playing an old-school

so much like street basketball, they don't play defense, it's all about putting on a show," said sophomore rugby player Nick McCallum from Bronx, NY. He also compares the invasion and impact of the international players in the NBA to the persistence of the African Americans in the past, who weren't allowed to play in the league.

No question, international players are getting better and better. They have the dedication and determination to get to a higher level. The rest of the world has definitely made strides in international competition, as evidenced by the U.S. team's weak showing at the 2002 World Basketball Championship in Indianapolis, where they finished 6th.

## THE PIONEER SCHEDULE

### Friday, September 26

Men's Soccer	at Brown	Providence, RI	7:00 PM
Women's Soccer	at Robert Morris	Moon Township, PA	4:00 PM
Women's Tennis	vs Long Island	Fairfield, CT	3:00 PM
Field Hockey	at Monmouth	W. Long Branch, NJ	4:00 PM
Women's Volleyball	at Central Conn	West Hartford, CT	5:00 PM

### Saturday, September 27

Football	at Albany	Albany, NY	1:00 PM
Men's Soccer	at Maine	Orono, ME	1:00 PM
Women's Volleyball	at Hartford	West Hartford, CT	10:00 AM
Men's Lacrosse	vs SHU Alumni Game	Fairfield, CT	12:30 PM
Women's Volleyball	at MD-East. Shore	Hartford, CT	3:00 PM
Men's Golf	at Toski Invitational	Amherst, MA	

### Sunday, September 28

Women's Soccer	at St Francis PA	Loretto, PA	2:00 PM
Field Hockey	at Rider	Lawrenceville, NJ	12:00 PM
Men's Golf	at Toski Invitational	Amherst, MA	

### Monday, September 29

Men's Tennis	vs. Fordham	Fairfield, CT	3:00 PM
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Katie Wrinkle heads to a fourth place finish. She was the first NEC runner across the line

Photo by Meghan O'Connor

## Running with the Winds

By Ashleigh Bepko  
Staff Reporter

Even after the winds and rains of hurricane Isabel delayed Saturday's cross-country meet at Monmouth University the Sacred Heart men's and women's teams came out strong on Monday to take home fifth and fourth places respectively. "It was a good opportunity for the team to see the conference course," said senior Andrew Renna, Danbury, "Running on it earlier into the season prepares us because we know what to expect, so we can run better when the time comes," he added.

Finishing first for the men once again was senior Matt Uzenski (Oceanside, NY) with a time of 27:20. "I believe this was the most difficult cross-country course that I have ever ran on," said Uzenski, "The team still had a good performance and we will be ready for November," he added. This was the first men's win over Seton Hall, who finished eighth, which is a triumph in itself, but this was also the first Big East Conference team they have ever beaten. With seven guys under the 30-minute mark the men's side is looking better than they ever have at this time of the year.

Senior Joe Zalak (Middle Village, NY) had a strong second half of the race to pull in a 43rd place finish with a time of 29:18. "It was a good team effort on a difficult course," said Zalak, "It was good to see the course because it will help us be more prepared for our return here later in the season," he added. The other top men's finishers were sophomore Tyler Arnett (Clinton Corners, NY), 29:20, sophomore

Bobby Howard, (Levittown, NY), 29:25, freshman Tim Larson, (Smithfield, RI), 29:39, and sophomore Rob Gill, (Braintree, MA), 29:52.

On the women's side there was another strong finish by senior Katie Wrinkle (Medford, NY), who broke into the top five this race with a fourth place finish and a time of 19:09. This is an excellent time for the Holmdel course since it runs much slower than other courses. "It was good to get a preview of the course that we will be running for NEC's," said Wrinkle.

"We have never had an opportunity to run here before so now that we know the course we will be able to return stronger, and come out on top," said senior Erin Roche, (Stony Point, NY). The women have also been improving their overall times this past year, now with seven runners under the 21-minute mark, this is an improvement on last week as well. The other top women's finishers were senior Suzan Neglia (Andover, NJ), 20:01, freshman Katie Duffy, (Monroe), 20:09, sophomore Erin Kulasewski (West Warwick, RI), 20:31, freshman Annie Duffy, (Monroe), 20:39, freshman Justine Fallon, (Strafford, NH), 20:45, junior Cheryl Beaulieu (East Hampton), 20:57.

"Holmdel Park is a course that will test your will," said coach Morrison. "I thought that our men and women ran well given it was the first time we ever competed here. Both teams are on target to finish the season well," he added. Both the men's and women's cross-country teams are back in action on Oct. 4th at the Fairfield Invitational that will start at noon.

## Pedro, the Wild Card, and Some Soccer

By Hank Gargiulo  
Sports Columnist

As the title of my column implies, I will cover the greatness of Pedro Martinez, the tension and drama of the wild card in both leagues and as a bonus, I'll throw in some English Premiere League soccer just for kicks (no pun intended).

This past Sunday, Pedro Martinez returned to his brilliant self once again freezing 11 Cleveland Indians en route to his fourteenth victory of the season and number 100 as a member of the Boston Red Sox. Now that 14 wins may be a little deceiving, as Pedro has pitched much better than that this year. On more occasions than I care to remember, the Sox bullpen has blown leads, and in doing so, wins for Pedro.

His performance down the stretch has been nothing short of dominant. During the month of September, Pedro is 4-0 with a minuscule 0.90 ERA. Throw in 35 strikeouts in 30 innings pitched and it's safe to say he's got his game face on. Would you want to face this guy right now?

Pedro's dominance has been a key factor in the Red Sox push for the playoffs. As of press time the Sox hold a two and a half game lead on the chasing Seattle Mariners, who have been usurped atop the A.L. West by the Oakland Athletics.

Now, it is easy for me to sit back and write that the Mariners will fall on their faces and let the Sox stroll into October, but when you look at the schedule, it is clearly in favor of the BoSox. While the Mariners are battling the defending champions Anaheim and division leading Oakland, the Sox get to take on A.L. East doormats Baltimore and Tampa Bay. Now, I'm not saying it's a lock, but I was in a panic trying to secure Red Sox playoff tickets to no avail Friday evening when they went on sale.



Photo by Robert Trenske

Changing leagues over to the senior circuit, we have a four horse race with the Florida Marlins leading by the narrowest of margins over the Philadelphia Phillies, who are chased by the Chicago Cubs, who have the L.A. Dodgers on their tails. And for all intents and purposes, we should include the Houston Astros, as



Martinez is 14-4 on the season with a 2.25 E.R.A.  
Contributed Internet Photo

they only hold a half game lead on the Cubs in the N.L. Central. Confused? Me too. Anyway, to try to call this race would be like predicting you're going to break the NFL single game rushing record, wait a second, scrap that. Lets just say it's close.

Now that the domestic is taken care of, lets move across the pond to the English Premiere League and some soccer. Sunday might have been a big NFL day if you like the Giants, Jets, Patriots or any other NFL team, but before the first game kicked off,

a match of epic proportions was going on in England. Manchester United was set to take on their archrivals Arsenal. The only comparison that I can think of is an Ohio State versus Michigan football game. It is that intense in England.

This match had all the making of a great one. Manchester was flying high after big win in their previous match, where Arsenal was down after being humiliated at home. Both teams came out ready for a fight, but neither one was really able to land that knockout punch. The match didn't get interesting till the 80 minute mark when Arsenal midfielder Patrick Viera was sent off, meaning Arsenal had to play down a man, 10 to 11, for the remaining ten minutes. This greatly stacked the odds in Manchester's favor. Their

attempts would fail, however, as the match went into injury time, setting up the games most crucial moment. After a foul on Diego Forlan in the box, Manchester was awarded a penalty kick. With the likes of the Danish star Ruud Van Nistelrooy ready to take it, everyone thought the match would be as good as over. Van Nistelrooy, who is a prolific goal scorer, blasted the ball toward the net, only to be turned away by the post. Game over.

And who says a 0-0 draw can't be exciting?



Joe Zalak had a strong performance at Monmouth, placing 3rd on the men's team and 43rd overall

Photo by Meghan O'Connor





Jeff Monaco frustrates a Northeastern player on Sept. 20

Photo by Meghan O'Connor



Neal Shapiro, Glen Wilken, and Eric Bradley have been pivotal in the Pioneers success so far

Photo by Meghan O'Connor

## Pioneers Return to their Winning Ways

By Megan Pompey  
Staff Reporter

The Sacred Heart field hockey team gave all their effort to overcome a two-goal deficit late in the game but they were unable to score the game tying goal that they needed as they lost to Hofstra 2-1. Amy Krysiwski scored both goals for the Pride in the win. This was the fourth loss for the Pioneers on their nine game road trip.

Krysiwski's first goal came with just 1:45 remaining in the first half to spot Hofstra a 1-0 halftime lead. She scored another to bring the lead to 2-0 5:21 into the second half. Sara Gonzalez and Kara McEneaney assisted on one goal each. Sacred Heart freshman forward Becky Ford (Salem, NH) made it a 2-1 game when she scored her sixth goal of the season with 13:36 remaining in regulation.

Junior Allison Enderly (Ocean, NJ) assisted on the goal. The Pioneers goalkeeper junior Robyn Breer (Montpelier, VT) made 4 saves in taking the loss and Hofstra's goalkeeper Jessica Cowperthwait made five saves in recording the win.

Coach Blais commented on

the game saying, "We came out strong immediately in the first 30 seconds of play. We maintained that tempo and controlled the play throughout most of the first half. Unfortunately, we were not able to maintain our focus in the second half and were taken out of our game. Although we were

**"Now we have to focus on this weekend...we have two important NEC games"**  
**Julie Messenger**

not playing our game I'm still very proud of the team because they didn't fold. They continued to play strong and fight right up to the end."

After a frustrating four-game losing streak in which each match was decided by one goal, the Sacred Heart University field hockey team returned with a 4-1 win against Columbia Sept. 19. Senior forward Julie Messenger (Hinsdale, NH) scored two-second half goals to seal the win for SHU.

Senior defender Andrea Marsden (Bennington, VT) got

things started for the Pioneers when she scored her first goal of the season just seven minutes into the match, giving SHU a 1-0 halftime lead. Columbia would answer back 10 minutes into the second half when Kate Mansur tied the game at 1-1. Ford put the Pioneers in the lead for good when she scored her team leading seventh goal of the season.

Fellow freshman midfielder Colleen Carney (Yorktown Heights, NY) assisted on the goal. Messenger would then score the final two goals of the game to defeat the Lions. Junior midfielder Bryna Bailey (Barre, VT) assisted on the first goal by Messenger. Goalkeeper Breer needed to make just two saves as she recorded her fourth win of the season. SHU out shot the Lions 21-7 in the match.

"Now we have to focus on this weekend...we have two very important NEC games" said Messenger. The Pioneers have two critical NEC games this weekend as they travel to Monmouth for a 4 p.m. match on Sept. 26 and then head to Rider on Sept. 28 for a 12 p.m. match. The Pioneers will be returning to Campus field on Oct. 10 at 10 a.m. when they host Colgate.

## Men's Soccer

Continued from Pg 16

Bradley pulls it together and the guys are working so hard around him. Glenn, Neal, and Eric are playing great," said McGuigan, optimistic that the team is showing progress from past years.

The tie against Northeastern demonstrates the team has improved, as the defending America East champions trounced the Pioneers 5-0 last season. Frustration was apparent in the Huskies this year, as they became more physical and tempers noticeable as the clock ticked down.

"Last year we went into the game missing some key players and they pretty much embarrassed us. We knew coming into the game that they would overlook us and that proved to be a little extra motivation," said Silva

Sophomore goalkeeper Jason Roeder (Independence, MN) played very well in his second start of the season, recording seven saves for the game.

Off the bench, McGuigan is seeing more depth than he thought he had, and the late substitution to bring in sophomore Mike Beecher (Brentwood, NY) proved helpful, as he played outstanding up front.

Said Tomczykowski, "All and all we are happy, but not satisfied with the result and are looking to start putting some wins together."

**"Carlos is an excellent penalty kicker, and we are nothing but confident when he steps to the ball for such a critical shot," said**  
**Glenn Wilken**

In other men's soccer news, following his performances against Northeast Conference rivals Central Connecticut and Fairleigh Dickinson, sophomore Chris Marchese (Middletown) was named Northeast Conference Player of the Week for Sept. 15. Recording 17 saves in two games, including a shut out, Marchese lead the team to a set of ties in the first conference games of the season.

The Pioneers visited Stony Brook University yesterday, however the results were not available at press time. Their next Northeast Conference game is Oct. 3 at Robert Morris, following

away trips to Brown University and University of Maine the last week of September.

**"All and all we are happy, but not satisfied with the result and are looking to start putting some wins together"**

**Alan Tomczykowski**

PIONEER ATHLETICS





# Pioneers "Steal" Victory from CCSU

By Bryan Fogle  
Staff Reporter

The Pioneers improved their record to 3-0 this past Saturday with a 27-24 victory over Central Connecticut State. In the seesaw battle, which saw the lead change hands on multiple occasions, the Pioneers needed a strong second half effort to earn the win, and they got it.

Sacred Heart only managed one offensive touchdown in the game, a 1-yard run by sophomore running back Ed Pricolo (Johnston, RI). This however didn't hurt the Pioneers, seeing as the defense and special teams

both put scores on the board.

All scoring in the game was done in spurts. Sacred Heart scored the first 10 points of the game, only to see Central Connecticut rally off 14 points in a row after that. The fourth quarter saw the Pioneers go on a scoring run again of 14 points. Sandwiched inside these spurts were field goals by both Sacred Heart and Central Connecticut.

For the third game in a row, the offense was led by senior quarterback Joe Kroells (Burbank, CA) who was 8-for-19 passing for 105 yards. Kroells threw completions to six different receivers including junior wide receiver Steve Clayton (Pontiac, MI), who caught two balls for 28 yards.

Other receptions were made by senior wide receiver Marlon Ward (Revere, MA) who had two catches for 15 yards, junior tight end Mike Peshler (Hopkington, MA), with 1 catch for 28 yards, freshman wide receiver James Wright (New Haven) who had one catch for 17 yards, and sophomore running back Brian Shalvoy (Danbury) who had one reception for 10 yards.

Gaining the yards on the ground for the Pioneers were senior running back Jason Bonadies (Southbridge, MA) who carried the ball 14 times for 79 yards, Pricolo, who had 14 carries for 73 yards and the only Pioneer offensive touchdown, junior running back Jason Healy who had three touches

for 15 yards, and Clayton with one carry for three yards. Senior kicker Greg Tonzola (Denville, NJ) had two field goals both from 28 yards out to help the Pioneer offense.

The defense turned in another strong effort forcing three fumbles, one of which was returned for the score by sophomore defensive back Justin Mucci (Staten Island, NY).

The rest of the defensive backfield turned in their usual strong performance. Senior defensive back Brian Pawlowski (Branchburg, NJ) had eight and one half tackles, senior defensive back Pete Athans (Ocean, NJ) had six tackles and senior defensive back Ron St. Juste (Stamford) had five stops.

Also turning in solid defensive efforts were sophomore line backer Tim Lee (North Syracuse, NY), who led the team on the day with nine and one half tackles, junior line backer Dave Morson (Ocean, NJ) had six and one half tackles, and Mucci had five tackles to go along with his fumble recovery for the score.

The big play in the game was on the special teams when Athans returned a punt for a school record 76-yard touchdown. This was the play that secured Sacred Heart's victory and a 3-0 start to the season.

The Pioneers play again at 1 p.m. this coming Saturday at the University at Albany.

## INSIDE SPORTS

**WOMEN'S HOCKEY**  
The team is the last to become a Division I sport at Sacred Heart (Pg. 13)

**COLUMN OF HANK GARGIULO**  
Hank discusses Pedro, the Wild Card Race and a little bit of soccer (Pg. 14)

**CROSS COUNTRY**  
Men and women have good showing at Monmouth meet (Pg. 14)

**FIELD HOCKEY**  
The Pioneers return to their winning ways (Pg. 15)

**MEN'S SOCCER**  
Ties 3-time champ FDU in double-overtime battle (Pg. 12)



Carlos Silva heads to the bench to celebrate as the referee motions his tying penalty kick good

Photo by Meghan O'Connor

## Fifth Consecutive OT For Men's Soccer

By Meghan O'Connor  
Staff Reporter

America East Conference powerhouse Northeastern University committed a foul in the box that cost them a victory over the men's soccer team as senior captain Carlos Silva (East Haven) nailed the penalty shot with 12:31 left in regulation.

Northeastern took the lead early in the Sept. 20 game on a goal by sophomore Jeff Gannon, but neither team could capitalize during double overtime, forcing a 1-1 tie.

"I'm sick of ties, but I'll take them," said Head Coach Joe McGuigan. "It shows the determination of this team. They are fighting to the end," added McGuigan.

"It was a very hard fought game, but with a minor adjustment to our formation by Coach McGuigan at halftime we were able to come back and equalize," said junior captain Alan Tomczykowski (Bedford, MA).

According to Coach McGuigan, junior Jeff Monaco (Carmel, NY) is great at drawing fouls, and that is what saved the game for the Pioneers. Monaco

got cut down late in the second half, setting up a penalty kick for Sacred Heart. Normally freshman Ricarti Mendes (Campinas, Brazil) is assigned the penalty kick by McGuigan, however he wasn't in the game at the time of the foul. Therefore, McGuigan went with his instinct and sent Silva in to finish the job.

"Carlos hits the ball solid, and isn't over-fancy. He does what is natural, and it was a gut feeling I had to have him take it," said McGuigan. "He made my decision look very good," he added.

"Carlos is an excellent penalty kicker, and we are nothing

but confident when he steps to the ball for such a critical shot," said sophomore Glenn Wilken (Ridgefield).

Playing another solid and dependable game for the Pioneers was the defensive trio of Wilken and fellow sophomore Neal Shapiro (Vernon, NJ), along with freshman Eric Bradley (Wexford, Ireland).

"We lost 10 games by one goal last year, due to our lack of experience in the back, but Eric

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The men's soccer team's next NEC game will be at Robert Morris on Oct. 3

Photo by Meghan O'Connor