



Contact News Editor Mark "The Shadow" Stanczak at: m-stanczak@sacredheart.edu

## Construction to Close University Commons

By Mark Stanczak  
News Editor

In an email dated Monday, Oct. 27, Michael Giaquinto, Director of Facilities Management, confirmed that next week the doors of the University Commons will close and remain closed for months to come. When they reopen, the familiar space of the University Commons will be gone and in its place will emerge seven new classrooms, a single convocation/mass room, and storage space.

"The direction to create additional classrooms now while we are designing the humanities building was given by the Board of Trustees," explained

Giaquinto.

The new classrooms come on the heels of a new psychology lab constructed beyond the south wall of the University Commons. The lab, consisting of one classroom and several other rooms, opened this semester. Giaquinto described how the new rooms, like the psychology lab, will take advantage of previously unused space.

"The old locker room areas on the north and south side of the main assembly area will be renovated into classrooms," he wrote. "Those areas that are currently being used for storage will be reconfigured into storage rooms along the inside of... the north and south walls."

*Continued on page 2*

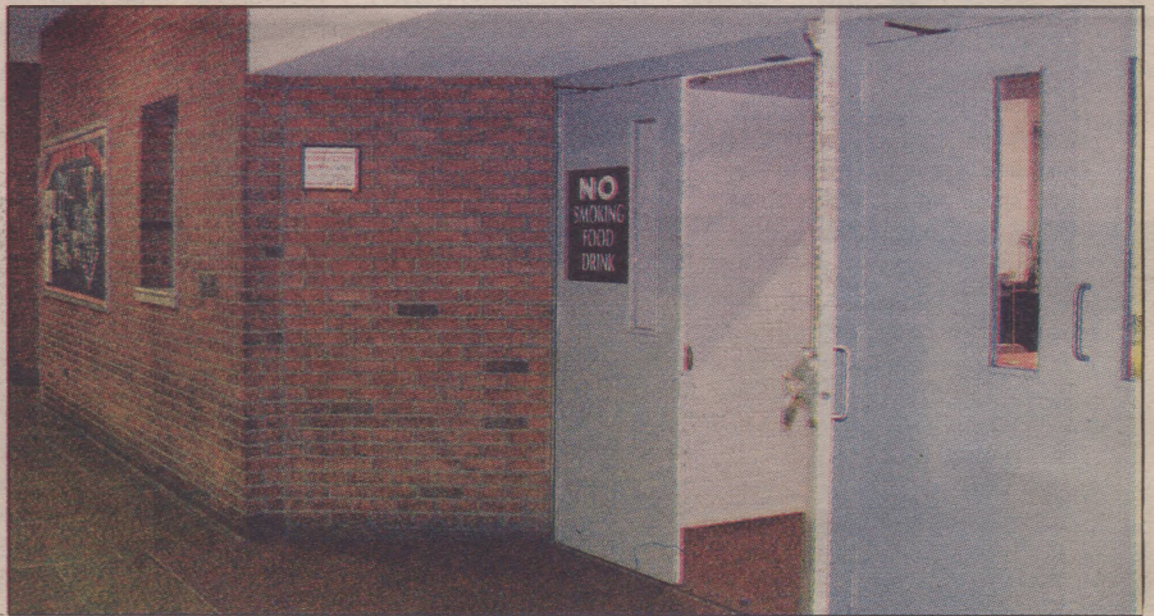


Photo by Robert Trenske

Next week these doors to the University Commons will close for several months while the construction of seven new classrooms progresses.

## Fair Trade Visits Campus

By Anthony Franciosa  
Staff Reporter

Last Thursday Campus Ministry; the Center for Catholic Thought, Ethics and Culture, and the Hersher Institute for Applied Ethics hosted a lecture given by Erbin Crowell, Director of the Interfaith Program at Equal Exchange, in the University Commons.

Equal Exchange is a fair organization that was founded in 1986 to offer, "consumers fairly traded gourmet coffee direct from small-scale

farmer co-ops in Latin America, Africa, and Asia," according to www.equalexchange.com.

At the lecture, Crowell discussed the affect consumer buyer habits have on coffee growers in developing Latin American countries. He also talked about how the fair trade movement may be used to bring about social change in third world agricultural communities.

"A cup of coffee in the morning is not just a cup of coffee," said Crowell. "It actually is [the consumer's] most direct link with some of the poorest people in the world today."

Coffee is the leading source

of income for the developing countries in Latin America. It is one of the largest export commodities in the world, behind only crude oil and steel. Unfortunately, the small-scale farmers who harvest the crops are paid below market price for their goods and as a result do not "reap the benefits" of the commodities trade, said Crowell.

"On the market, coffee cost 60 to 65 cents [per bag]," stated Crowell. "The small scale farmers...might receive as little as 15 to 25 cents [per bag]."

According to Crowell,

*Continued on page 4*

## Gunfire Clears Sports Page



Photo by Nick Sobanski

A gunman injured one patron and a bouncer last Tuesday at The Sports Page, a bar on Bridgeport's Park Ave. frequented by Sacred Heart and University of Bridgeport Students.

saw to the wounded.

By Steve Horvath  
Staff Reporter

Late at night on Oct. 21-at the Sports Page, multiple gunshots disturbed what was an otherwise quiet evening. According to eyewitnesses, an argument broke out among a group of local residents and in the resulting altercation a firearm was produced and discharged in the bar. The rounds struck the building as well as two victims. Patrons scrambled to exits in order to escape. Within minutes, law enforcement arrived as well as medical personnel who

The Sports Page, a popular hangout for SHU students, was hosting its weekly Tuesday Night Dance Party. The hip-hop style party attracts students from SHU and the University of Bridgeport as well as a cross section of the local population. It is unclear how many students were in attendance that particular evening. At least two Sacred Heart University students, who prefer to remain anonymous, were close at hand for the shooting.

"I was just coming back from the bar and I thought the

*Continued on page 3*

## SHU Volunteers Build Jubilee House

By Sharmila Munver  
Staff Reporter

This past Saturday Sacred Heart University's Habitat For Humanity group volunteered to work on a Jubilee House for the Diocese of Bridgeport for their Fiftieth anniversary. The group worked under the supervision of Phyllis Machledt, founder of Community Connections, and Emily Berna, President of SHU Habitat.

The students were split into two groups for the project. One group worked in the Habitat Warehouse to build walls and paint the siding for the house.

The second group was trained to build walls by Habitat employees at a location four blocks from the worksite. St. Aloysius' High School students provided lunch at the site for SHU students, and may work on the site at a later time.

Machledt said that even though other schools will be participating on the Jubilee House project, the Diocese primarily wanted SHU students.

"The house will be built by young adults. SHU is the leader," said Machledt.

Although the house will not be ready for move in until May of 2004, Habitat hopes to put a roof and windows in by Nov. 15.

"The organization has to raise \$ 70,000 to build a house. Bishop and Dioceses will ask other parishes for donations," said Machledt.

"Since September Sacred Heart has donated \$2625 to Jubilee House," said Berna.

"Families making \$22,000 to \$37,000 may qualify. [The house that is being built is] for a couple with two children," said Machledt.

She added that instead of families spending at least 50 percent of their salaries on rent, (typically \$850 a month in Bridgeport area), the Habitat program allows them to pay about half of that

*Continued on page 5*

## Classroom Construction

*Continued from page 1*

The University Commons was once Sacred Heart's gymnasium and is commonly referred to as "the old gym." After the opening of the William H. Pitt Recreation Center in 1997, the old gym became obsolete. From among several ideas to create offices or other facilities in the space, the old gym was eventually renovated to the state that it is in today.

After the future construction, the new area will be used for events just as the Commons is currently used. According to Giaquinto, a previous plan for the same space would have created classrooms on top of the convocation area. However, a revised plan places classes around the edge of that area, saving the convocation room but extending the expected construction time by several months.

"This work will take much longer to perform," stated Giaquinto. "Hopefully it will be completed by September 2004."

Meanwhile, groups that have used the University Commons in the past will need to seek other venues for their events. Campus Ministry, which holds Sunday mass every week in the Commons, finds itself in this situation.

"Through talking to a couple of staff members I had heard that (the Commons would be closing)," mentioned Noelle D'Agostino, a campus minister. "Also, mainly through room reservations since we always have to plan so far ahead."

"We'll likely resume mass in the Mahogany Room where we've been before," said Fr.

Barry Meehan, Director of Campus Ministry, referring to several years ago when Sunday mass was held there. "We understand that the greater good of the University is involved... The University needs classroom space, this project has come up and we have to move. But, we intend to continue celebrating [mass]."

Beyond the University Commons, Giaquinto explained how Sacred Heart is currently planning a permanent solution to the classroom crunch and other facilities issues. This includes the master plan developed last year in conjunction with Sasaki Associates, a renowned architectural consulting firm.

"Phase 1 of the master plan is under way now," wrote Giaquinto. "It includes the design of library renovations and expansion, as well as the creation of a humanities building that will house classrooms and faculty offices."

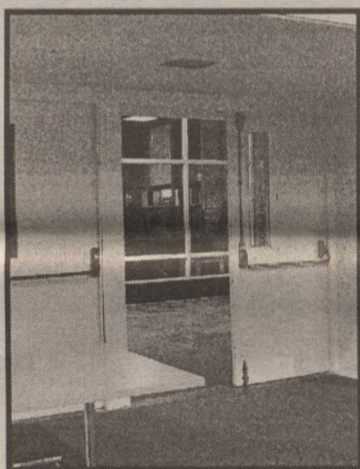


Photo by Robert Trenske

**A look into the academic building from inside the University Commons.**

## Beta Fights Breast Cancer

By **Teresa Diaz-Hennessey**  
Staff Reporter

"Two million women are living as breast cancer survivors in the United States today," states one of the many pink papers posted throughout the campus. If a person looks more closely at that paper, the bottom reads, "Sponsored by the Sisters of Beta Delta Phi."

Beta Delta Phi, a sorority on campus, advocates the issue of breast cancer awareness throughout the year, and especially during Breast Cancer Awareness month, October.

At the beginning of October, Beta ran several fundraisers to benefit the Susan G. Komen Breast Cancer Foundation, an organization dedicated to advancing the research, education, screening, and treatment of breast cancer. Members of the sorority dispersed balloons with facts on breast cancer and a schedule of the month's events tied to their strings. On Oct. 7 and 8 Beta sisters sat outside of FLIK and sold carnations to raise money for the foundation.

From Oct. 6 to 10 Beta sold pink ribbons to faculty and staff. The ribbons were \$1 for students and \$2 for faculty and staff members. The money from the ribbons bought also went to the Komen Foundation.

Lauren Walsh, a junior from Middletown and sister of Beta Delta Phi, said, "It was nice to see others outside of Greek life show their interest and support in our cause by buying pink ribbons."

On Oct. 19 was the "Making Strides Against Breast Cancer" by the American Cancer Society walk in Westport. Making Strides was a non-competitive walk designed to raise awareness and

they were to the cause," said Erin Bimbo a junior from New Rochelle, NY and a sister of Beta.

Later that evening at 10:10 p.m. the sisters held a candle light vigil in honor of breast cancer awareness month. At the vigil was a large wire replica of a breast cancer awareness ribbon created by the sisters of Beta which was placed in the middle of the circle in which everyone there tied smaller pink

made toward the big pink ribbons that are around trees on campus. Students donated \$1, faculty \$2, and other clubs and organizations \$15 for a ribbon. Afterwards, Beta placed the ribbons around various trees on campus.

Oct. 25 was "National Make a Difference Day." To celebrate the day, Bridgeport's Eastside Community Council held a day of activities at Luis Munoz Marin Elementary School geared towards making a difference;

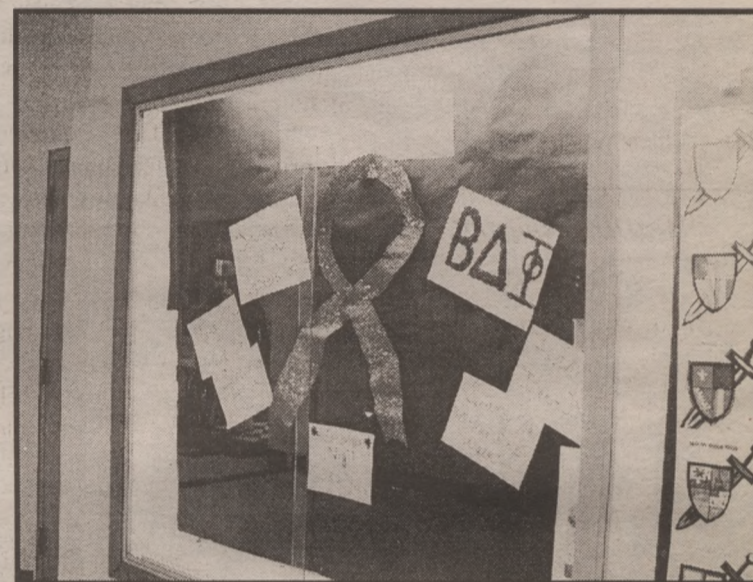


Photo by Robert Trenske

**This bulletin board in the hallway was used to spread the word about Breast Cancer Awareness Month.**

ribbons to; each small ribbon symbolizing something to that person concerning breast cancer; whether it be a ribbon dedicated to a survivor or someone who past away because of breast cancer, or just a supporter of breast cancer awareness.

They played an inspirational song about surviving hardships entitled, "To where you are," by Josh Groban. A sorority sister read an anonymous breast cancer survivor's story. And a moment of silence was held for those affected by breast cancer. Many students and faculty attended the

Beta sisters attended this event.

The week before attending this event, Beta co-sponsored with the Kappa Phi sorority a food drive in front of FLIK. Up to five boxes of food from this drive were brought to the event at Marin School, where the Beta sisters set up a table of "make your own beaded jewelry" for the children. An informative table on breast cancer, which included pamphlets that they made with information on breast cancer, was set up for the adults.

Leslie D'Addio, a junior from Sayreville, New Jersey and the president of Beta, said, "It was great to be able to interact with the kids while informing the adults about breast cancer." At the end of the event Beta received a recognition award for outstanding efforts from the Eastside Community Council.

On Oct. 27 and 28, Beta sold paper ribbons that will be hung up at school recognizing the people that bought them. The money will go to the "Y Me National Breast Cancer Organization."

Beta Delta Phi expressed thanks to everyone who donated money including Greek Life and other organizations, students, and staff. If anyone else is still interested in donating money towards programs related to breast cancer they should contact Beta sister Lauren O'Connell via email: L-Oconnell@sacredheart.edu.

**"Two million women are living as breast cancer survivors in the United States today"**  
**Beta Delta Phi flyer**

raise funds for breast cancer research, patient services, education, and advocacy. Beta and many of their alumni attended this event and volunteered throughout the day with parking, registration, handing out waters, and participation in the walk. After the day's event, Beta and their alumni raised a total of \$400 dollars.

"It was great to see both survivors and supporters united and how dedicated

vigil.

Jay Coderre, a junior from Putnam and a brother of Omega Phi Kappa, attended the vigil as he does every year.

"Beta does a great job with breast cancer awareness on campus as was shown by their vigil," said Coderre. "It's a time for my brothers and me to support Beta and their cause".

The Pink Ribbon Project was held on Oct. 21 to 24 and that was where donations could be

## Halloween Corrections

### Masthead

#### Issue 7, pg 1

Spooktrum should read Spectrum.

### Contact Information

#### Issue 7, pg 1

Mark "The Shadow" Stanczak should read Mark Stanczak.

### Contact Information

#### Issue 7, pg 6

Kerry "Frankenstein" Freel should read Kerry Freel.

### Contact Information

#### Issue 7, pg 8

Katie "Black Cat" Carroll should read Katie Carroll.

### Contact Information

#### Issue 7, pg 10

Patrick "The Scarecrow" Scalisi should read Patrick Scalisi.

### Contact Information

#### Issue 7, pg 16

Katie "Candy Apple" Atkins should read Katie Atkins.

### Inside Box

#### Issue 7, pg 16

Hank "The Ghost" Gargiulo should read Hank Gargiulo.

# Laptops Stolen from Leslie Road Apartment

By Brian Thorne  
Staff Reporter

Four Dell laptop computers were stolen from an off campus student residence on Leslie Road in Bridgeport. Juniors Chris Somers of West Nyack, NY, Brian Donovan of Milton, MA, Eric Mittelstadt of Carmel, NY and Matt Nemeth of Denville, NJ were the victims of a burglary on Oct. 13. Bridgeport police received a call at 4:43 p.m. and Officer Lawler responded to file the incident report.

***"Put the security cable on the computer because [then] you are less liable. We didn't have our security cables on and that's the big issue"***  
**Brian Donovan**

According to police, Somers stated that he had come home at approximately 3:30 p.m. and that the front door was unlocked. Somers went upstairs to his room, which he shares with Mittelstadt, and noticed that a laptop computer was missing. Somers left the apartment ten minutes later at approximately 3:40 p.m.

The police report states that when Somers left, the [inside] door was open, but the screen door was shut. When Somers returned to the apartment at approximately 4:30 p.m., the [inside] door was then shut. Somers then went upstairs to his room and noticed another laptop computer was missing. Somers immediately went downstairs to Donovan's room and noticed two computers were missing from that room as well.

Donovan was at the Leslie Road residence while Officer Lawlor was filing the report and acknowledged that one of the missing laptop computers belonged to him.

On Oct. 22 Officer Lawlor contacted Mittelstadt and Nemeth. The two students verified that each of them had owned a laptop computer that was stolen on Oct. 13. According to the police report, the four computers were valued at \$7000.

The Bridgeport Police Department has identified a possible suspect in this case. However, formal charges or an arrest warrant have not been

issued. One of the victims asked that the identity of the possible suspect remain confidential until further investigation.

"We lock our doors now", said Donovan after the burglary. "We got the locks changed and everything."

Sacred Heart University's Public Safety officials advise all students to take similar precautions.

"Always lock your door and make sure your roommates also keep the door locked," said Director of Public Safety Linda Maloney.

"Care should be exercised in privately rented homes off campus. You may know and trust your roommates, however, your roommate's friends may not be as trustworthy. If you leave your door open, you are providing them with an easy way to steal.

"Thieves look for such opportunities. Your laptop should be locked in a closet or drawer when not in use. Students should always lock their laptops...and I recommend purchasing an anti-theft device such as a portable locking device or motion sensor alarm.

"Put the security cable on the computer because you are less liable," Donovan advises students. "We didn't have our security cables on, and that's the big issue."

Students sign a computer license agreement before they are issued a university owned laptop. The ninth paragraph in the agreement pertains to stolen computers and states:

"I am responsible for loss, theft or damage to the equipment. I understand that I will be charged a fee for repair or replacement of lost stolen or damaged equipment up to \$1,000 per incident. The minimum deductible fee for all damage claims is \$100. I understand that any incident of loss, theft or damage must be reported to the university as soon as possible, but no later than 48 hours after the incident. All repairs must be made through the authorized Sacred Heart University service provider."

The four students have been issued new computers to replace the four that were burglarized earlier this month.

"We already got our [new] computers right now," said Donovan. "We had a meeting with [university officials] and they are charging us \$1000 each. Then we have to bring our cases up individually in front of [a committee]. But, you know how Sacred Heart is...so we will probably have to end up paying."

sound system was shorting circuits. It was not until I saw people diving for the floor that I realized they were gunshots," said one student.

According to another SHU student, "I was on the dance floor and I saw some people pushing around. Then I heard what sounded like a firecracker. All of a sudden everyone was screaming and running for the door."

***"I was just coming back from the bar and I thought the sound system was shorting circuits. It was not until I saw people diving for the floor that I realized they were gunshots"***

**Anonymous SHU student**

According to the Bridgeport Police Department, the suspect was found hiding behind a car with a gun on his person. Victims and eyewitnesses were interviewed extensively as Bridgeport law enforcement officers swarmed the bar.

Clearly marked on a board outside the bar is a ban on excessively baggy clothing, do-rags, and improper headwear. However there is no mention made of firearms. The state of Connecticut currently allows gun owners to carry their firearms into establishments of alcohol service as long as the establishment has no policy stating otherwise. According to owner Joe Lenzen, no firearms are allowed on the premises.

"I don't care if you do have a license to carry a gun. If so, lock the thing in your car or keep it at your home or you will not

be allowed inside the bar," said Lenzen.

All patrons are patted down at the door on non-college nights. On nights designated for college parties there is no frisking, but entrance to the bar requires a college ID, thus homogenizing the crowd.

Criminal possession of a firearm (having a firearm when not licensed to carry it) is a Class D felony that carries a mandatory two year sentence that cannot be

weapon, but independent sources confirm that the shooter was from out of town and the gun used was a small caliber .22 or .25 handgun. Sources also say that the gun was snuck into the bar by a female who kept it hidden in her purse and then passed on to the shooter during the altercation.

The shooting has affected both the bar and SHU students who go out to bars on the weekend. Representatives from the Sports Page estimate at least a 30 percent decrease in business since the incident.

"It'll be a tough couple of weeks, but we'll survive. We are hoping to attract the college crowd with our college Halloween party this weekend," said Lenzen.

"We always go out to bars and clubs, but we don't always think of the other people that will be there. Sometimes you see some real shady people," said one of the students.

In recent years the Sports Page has been the setting for at least one stabbing and a brawl that forced law enforcement officials to disperse the crowd with tear gas.

After the shooting incident, Lenzen has added a new security firm out of Stamford to help with security both inside the bar and outside in the parking area. There will be two uniformed guards who communicate by two-way radio. In addition to this security team there will continue to be at least one on duty Bridgeport officer as well bouncers in order to ensure the safety of the bar population.

While the Sports Page has been the scene of at least one stabbing, there have never been any shootings or fatalities reported from the bar.

## Are you artistically inclined?

*The Spectrum is holding a contest, open to SHU students to design*

*a new masthead for our front page. Entries should include the name of the newspaper, our slogan, and publication information (volume and issue number) and contact information.*

**Cash Prize to the winner selected: \$100**

**Bring your entries directly to the Spectrum office or drop**

**them off in our mailbox in Hawley Lounge.**

**Deadline EXTENDED: 5 p.m. on  
November 29, 2003**

## Equal Exchange Program Visits Campus

*Continued from page 1*

exporters, brokers, processors, and other middlemen depend on price fluctuations in the commodities market to earn a profit. Rather than purchasing the coffee from the farmers at a rate proportionate to the market rate, middlemen will exploit the farmers by falsely claiming that the market is down so they can acquire the goods at a more favorable price. Thereafter, the broker will sell the goods on the open market to the highest bidder.

"Middlemen will go to these villages and tell the farmers I'll give you such and such a price. Unfortunately, the farmers have no way of knowing [whether or not the offer is sufficient]," said Crowell.

Equal Exchange, on the other hand, buys their coffee directly from the small-scale co-ops rather than through middlemen so the profits benefit the farmers

"[During the early 1990s] Equal Exchange distributed 1.7 million dollars above the market price ... so these farmers had a sustainable base of income," explained Crowell.

Equal Exchange also offers

going into debt."

In addition, Equal Exchange also encourages farmers to grow organic coffee and offers a 15 cent premium to those who do. According to Crowell, the company promotes organic grown

***"A cup of coffee in the morning is not just a cup of coffee. It actually is [the consumer's] most direct link with some of the poorest people in the world today"***

***Erbin Crowell***

advanced credit to farmers to help them financially repare for the harvest.

According to Crowell, small-scale farmers often have to take out a loan on their farm so they can cover the cost of production. Unfortunately, if the harvest is unfruitful, they run the chance of going into debt and losing their

coffee because they are concerned about the health of the farmers and their families.

"Most studies show that roasting coffee burns off most of the chemicals [and pesticides], so if there is any contaminate, it will not get to the person drinking it," said Crowell. "What matters to me is, what happened to the person who was [spraying the crops with pesticides] and was their child going down to the creek below the farm to get a drink of water [from a contaminated water supply]?"

In response to the lecture, Sr. Donna Dodge, Vice President of Mission and Planning at Sacred Heart University, stated, "It was very informative and challenges us as individuals and members of different organizations to help bring justice to the coffee growers in third world countries."

According to Paul Sabio, FILK International Food Service Director, the company will begin serving Starbuck's Fair Traded coffee next week in the Sacred Heart University Market Place.

and their families. The company offers small-scale farmers five cents above the market price with a bare minimum of \$1.25 per bag to ensure farmers an efficient wage even when coffee market prices are too low to maintain acceptable living standards, said Crowell.

farm.

"[Equal Exchange] offers credit to the farmers so they can stay out of debt," said Crowell. "Up to ten months in advance ... we'll pay half of the contract for the coffee we're purchasing from the co-op so they have the capital to invest in their farms ... without

***"Middlemen will go to these village and tell the [coffee] farmers I'll give you such and such a price. Unfortunately, the farmers have no way of knowing [whether or not the offer is sufficient]"***

***Erbin Crowell***

## Public Safety Briefs

**October 22 - 10:32 p.m.** - A domestic disturbance was reported in Jefferson Hill. Two roommates were involved in a verbal altercation.

**11:31 p.m.** - A Fire Safety Violation was reported in South Hall. Fireworks were found in a room during a room search.

**October 23 - 12:12 a.m.** - A Fire Alarm was activated in South Hall. The alarm was activated due to a resident cooking. The Fairfield Fire Department was called.

**2:25 a.m.** - Disorderly conduct and an alcohol violation were reported in South Hall. An officer observed an intoxicated resident shoving his sibling.

**12:41 p.m.** - A fire alarm was activated due to contractors working. Fairfield Fire Department was called.

**3:30 p.m.** - Disorderly Conduct was reported in the Curtis Hall Parking Lot. A staff member was reportedly irate due to a parking violation. Fairfield Police were called.

**October 24 - 12:36 a.m.** - Two violations, a housing and alcohol violation, were reported in South Hall. Alcohol was found in a room during a room search. Pictures demonstrating students using drugs were also confiscated.

**2:25 p.m.** - Larceny was reported in the East Hall Parking Lot. A Student's University leased laptop computer was reported stolen from his vehicle. The Bridgeport Police were called.

**10:09 p.m.** - A fire alarm went off in South Hall. The alarm activated for no apparent reason.

**October 26 - 2:34 a.m.** - Vandalism was reported in the East Hall Parking Lot. A resident's vehicle was hit with a paintball.

**11:33 a.m.** - Harrassment was reported in Park Royal. A resident reported she was harassed by a non-SHU Park Royal resident. The Bridgeport Police were called.

**October 27 - 6:47 p.m.** - A fire alarm was activated in South Hall. The alarm was activated due to a resident spraying cologne.

## THE SPECTRUM VOLUNTEER NETWORK

### ***Making Strides Against Breast Cancer: The American Cancer Society***

- Sunday, October 19
- Sherwood Island Park, Westport

Help make breast cancer a thing of the past by volunteering. Last year, this 2.5 to 5.0 mile walk attracted 4,500 participants. Participate as a walker, or volunteer your time.

### ***DANBURY SOUP KITCHEN with Rob and Noel***

- Sunday, November 2
- Danbury

Located at the Dorothy Day Hospitality House. Please let us know if you can lend a hand. One hour is all that is needed.

### ***NATHANIEL WITHERELL***

- Saturday, November 8, 1:30 - 3:00 PM
- Greenwich

Senior's Birthday Party - every second Saturday of the month a celebration is set in the common room for all seniors at the home. Volunteers are needed to assist them back and forth to the party. If you can help out, or drop off some store bought or home made baked goods, please do let us know.

### ***AMERICAN CANCER SOCIETY***

- November 7-8, 2003
- Best Western Royal Plaza Hotel, Marlborough, MA

Are you interested in helping the Relay For Life of Wilton grow in 2004??? We are looking

Contact: carrarad@sacredheart.edu

for some interested members of the SHU community to step up and join the leadership team. If you think you're interested then you won't want to miss this year's Leadership Summit.

The Leadership Summit will provide all the necessary training which will focus on the development of leadership, survivorship, teams, fundraising and event development.

### ***SOUP KITCHEN WITH CHERIE***

- Saturday, November 8
- Stamford

Join Cherie in Stamford at the next soup kitchen. Volunteers need to spare only an hour of their time from 4:30 to 5:30. Got 60 minutes?

## Habitat

*Continued from page 1*

Families for whom the house is built are required to put in 500 hours of "sweat equity" on the house as down payment. Although, the family is not charged interest on their mortgage, which is loaned to them by Habitat, the family will pay city tax and insurance along with a portion of their mortgage to Habitat. The 0 percent interest is installed because of Biblical reasons, and is offered to people of all faiths.

Another requirement for a Habitat home is a job.

"These homes are not for the homeless; they must work," said Machledt.

In addition to the Jubilee House, during the Blitz week between Nov. 10 to Nov. 15, students will work on homes in Ogden and Orchard. Machledt added that during this week the workday will last from 8 a.m. through 4 p.m. Students are required to work a minimum of three hours, with the exception of Nov. 15, when they are required to work the whole day.

## Halloween: Ancient Holiday Survives at SHU

**By Kacey Semler**  
*Contributing Writer*

Halloween, a day of haunting and thrills, predated the coming of Christianity, originating during a time of Celtic practices. Today, it's become a national holiday, celebrated and anxiously awaited by those young and old. However, for some the frills and spooks have lost their candy-flavored appeal.

"It's all about the candy," said Colleen Murphy, a senior of Orangeburg, N.Y., who admitted she stopped trick-or-treating in the eighth grade. "Halloween just isn't the same unless you're a kid."

"I'm not doing anything for Halloween, I'll be home passing out candy to the little kids. I don't idolize the holiday anymore or look forward to getting dressed up all year," concurred Kelly Stritmater, a sophomore of Monroe, N.Y.

"But, I'm scared by the littlest things. It [Halloween] doesn't have the same meaning

anymore, but it's still scary at times," she added.

According to the History Channel, witches and other evil spirits were believed to roam the earth on the evening of Nov. 1, the first day of winter, and were known to "play tricks on human beings to mark the season of diminishing sunlight." Bonfires were lit; people offered the spirits various foods and sweets, and some even disguised themselves hoping to ward the spirits off. Hence the evolution of today's traditional Halloween practices—dressing up in costume and trick-or-treating from door to door.

In addition, these rituals added to traditional horror associated with this holiday. Oftentimes the term "Halloween," conjures up images of ghosts, goblins, and witches.

Vincent Wynne, a sophomore from Derby plans on spending the evening with his friends, watching "scary movies."

"It's a time to give out candy to youngsters, and I think it's scary and frightful for everyone, but it's a toss up. Once I got to college the experience died a little, but I've worked at a

haunted hayride for nine years overall, so it won't be completely extinguished," he said.

"I tend to be scared of my own shadow," said Beth Coyne, a junior of Rockland County, N.Y. "So, it doesn't take much to scare me. Even my best friend in a mask could probably do it."

"I've never gone into a haunted house. I've never been able to do it, I get too freaked out. And, scary movies I do watch, but usually with my hands near my face," she added.

One student, Danielle O'Mara, a freshman of Yorktown Heights, N.Y., takes delight in "ghost hunting," and is especially anxious about tomorrow.

"I'm actually going to ghost hunt the day after Halloween [All Souls Day, when the spirits are thought to return from the dead], but I think I might go to a graveyard tomorrow night," she said.

"I usually break into abandoned barns and buildings, and the cardinal rule of ghost hunting is to never move anything from its spot. I did one time, and that night freaked me out," she added.

O'Mara continued to explain

the consequent encounter while driving home. "There were seven black cats in the road staring at us, the car doors kept locking on my friend, and the radio turned on automatically with a man's voice that said, 'I'm coming for you,'" she said.

"The outcomes of a ghost hunt are usually how you want it to be. If you let your imagination go wild, you will have an awesome time. If you go there not believing in anything, it will be boring," she explained.

So, perhaps tomorrow will bring forth haunting for some, whether it be a horror film or haunted tour, or just the sheer enjoyment of reminiscing about childhood days of trick-or-treating.

"I think Halloween has a different element of scariness for me now, because when I was little I just thought of it as getting candy and dressing up. Now, I think of it as the night where the spirits come out and wreak havoc all over the area. Tomorrow is going to be awesome," concluded O'Mara.

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# EDITORIALS

## Writer Responds to Reader's Critique

To Whom It May Concern:

In response to last week's editorial, "Student Questions Campus Coverage," I would like to let people know that the Arts and Entertainment section of "The Spectrum" has always covered many on campus events.

My first article of the semester, in fact, was about the art exhibition in the Art Gallery. I personally have always incorporated quotes from students at Sacred Heart in any movie or music

reviews that I have written.

On the week of October 9 alone, the section featured an interview with Maria from "Sesame Street" as well as my own article about student anticipation over upcoming video releases. In a word, there have been several "on-campus" articles.

I have read every Arts and Entertainment section since the beginning of the semester and there has been at least one article per week featuring an on-campus

event.

This week a review was written about the SHU Players fall production "Quixotic Shakespeare II."

We cannot cover just one organization and give them a personal story or column every week, as this would certainly be unfair to all the other organizations on campus.

Thank you,

Staff A&E Writer Jess McCann



Nick Brown draws some fabulous cartoons to celebrate Halloween! (see also pages 8, 9 and 14)

## The Spectrum

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### Editorial Policy

The editorial pages are an open forum. Letters to the editor are encouraged. All submissions are subject to editing for spelling, punctuation and length. The Spectrum does not assume copyright for any published material.

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## The SHU Voices

Compiled by Robert Trenske

What is your craziest or most interesting Halloween costume?



"I dressed up as an illicit bassist for a rock star band in sophomore year of high school"

**Chris Crutchfield**  
Woodbury, CT  
Sophomore



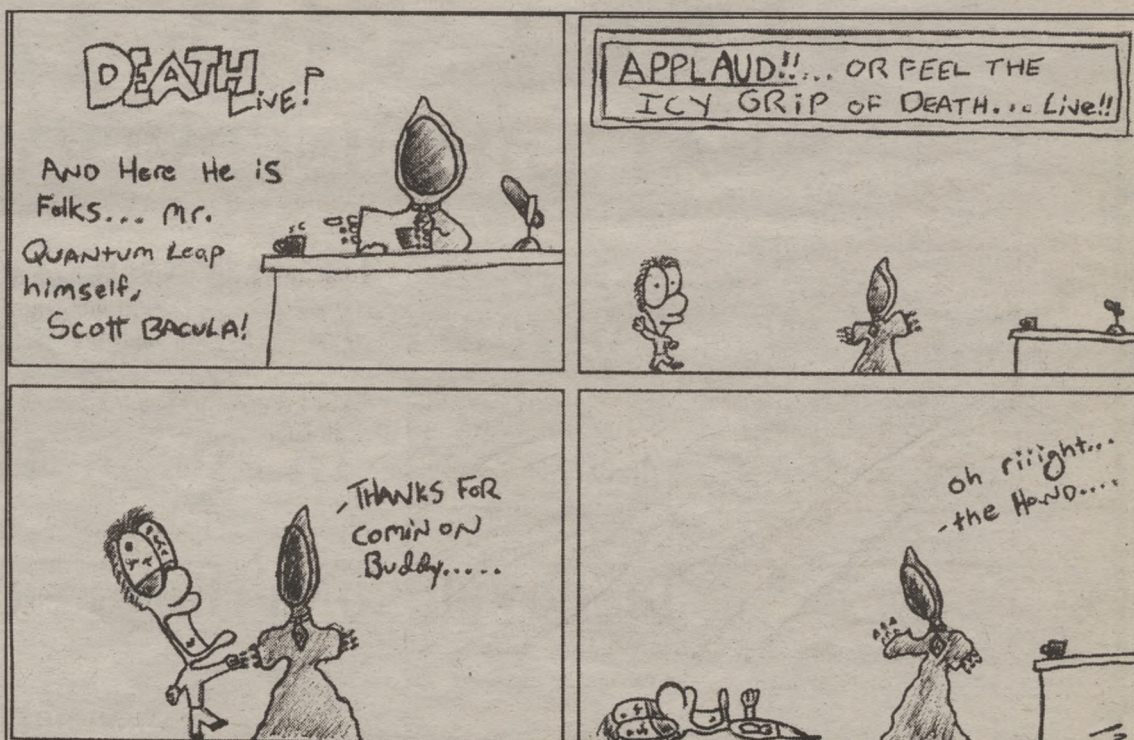
"Z Man, protector of frosty beverages."

**Keith Zdrojowy**  
Naugatuck, CT  
Staff



"My brother and I dressed up as a pair of dice when we were little."

**Melissa Christy**  
St. James, NY  
Senior



By Patrick Reinhart

# Editor Explains Newspaper Policies

Dear Editor :

It has recently come to my attention that some students have become distressed with what they feel is a lack of on-campus coverage in the A&E section of "The Spectrum." I would just like to take this opportunity to remind readers that no one group or club is permitted to dominate any one section of the newspaper and that this claim is completely untrue.

Below is a list of every article that has appeared in "The Spectrum" this semester concerning an on-campus event (back issues are available at the Spectrum Office):

September 11—an expose on the art gallery's upcoming exhibit. This week was slated to feature an article about the SHU Player auditions, but A&E writer Jess McCann was turned away when she inquired about setting up interviews.

September 18—an article about SHU Players Jeff Aldana

and Jenny Graham's performance in "The Miracle of Fatima" play that occurred at the Edgerton Center.

September 25—student reactions to the music industry lawsuits and the introduction of the SHU Cult Hits reader response article.

***The current staff of "The Spectrm" cannot be held accountable for the events of four years ago.***

October 2—an expose about the new dance organization, SHU FORCE, and a pictorial about the SHU student-based band The Lone Rangers.

October 9—an interview with Sonia Manzano during her visit to SHU in celebration of Latino Heritage Month and stu-

dent reactions to upcoming video releases.

October 23—student reactions to the controversy surrounding the NFL's stance on the ESPN 'dramatic series "Playmakers."

In addition, many of the articles about national film, television or CD releases, as well as media events usually feature reactions or quotes from SHU students themselves, despite the fact that they do not technically occur "on-campus." As a rule, A&E needs to find a balance of on-campus events that pertain to students, as well as national events that have the potential to impact their lives.

I would also like to address several other issues that Miss Thomas' editorial raised about the newspaper. The current staff of "The Spectrum" cannot be held accountable for the events of four years ago. The staff is, for the most part, completely new and I myself have only been attending SHU for three years.

Similarly, the current staff of "The Spectrum" has always promoted an open-door policy for contributing articles. If anyone would like to cover an event, they are more than welcome to submit

***... "The Spectrum" has always promoted an open-door policy for contributing articles. If anyone would like to cover an event, they are more than welcome to submit an article provided they are not involved with the organization for which they are writing.***

an article provided they are not involved with the organization for which they are writing.

Finally, it should be noted that "The Spectrum" is not composed entirely of "information for SHU students, by SHU students, about events happening at SHU." Other sections, namely Sports, are responsible for covering national events as well. On October 23, alone, there was an article about recent NBA player trades, in addition to Hank Gargiulo's weekly column about the national sports atmosphere (which, on this particular occasion, happened to focus on the recent defeat of the Red Sox in Game 7 of the play-offs).

I feel that an accusation that the A&E section is "either completely unaware of artistic events happening at SHU, or they simply don't care" has no base in reality. Perhaps those unsatisfied with this supposed lack of coverage should read the paper more carefully in the future.

Sincerely,  
Patrick Scalisi, A&E Editor

## Cures For the Boredom Blues: Homestarrunner and Typer Shark

By Kerry Freel  
Editor-in-Chief

Do you ever get really bored? Do you ever feel like looking at something really funny or playing a game that reminds you of your childhood on your laptop from SHU? Well you're in luck. You may have heard of these two things from your friends at other colleges, or just stumbled upon them yourself, you computer guru, you.

The website to go to for free laughs is homestarrunner.com. It doesn't sound like much, and if you can't appreciate wackiness

and humor that isn't exactly mainstream, this might not be the site for you. But you'll laugh, I can pretty much guarantee it... But then again, I'm an easily amused person, so maybe you wouldn't laugh.

The site familiarizes you with three brothers, Strong Bad, Strong Sad, and Strong Mad. Their names completely reflect their attitudes. Strong Bad is the guy who answers e-mails, raps, and has a very high opinion of himself. He is the ring-leader if you will of the whole group.

Then there's Strong Sad, who has one of those voices that always goes down; he always sounds depressed. He kind

of looks like the ghost from Ghostbusters in my humble opinion... Then there's the third brother, Strong Mad. He's just always mad about something.

that involves "cheating."

I remember playing a game on a computer in my elementary school that had a cat and these little white dots all over

it's one of those games that can stream as you play.

The basis of the game is that you are this little scuba diver man in an orange outfit and you have

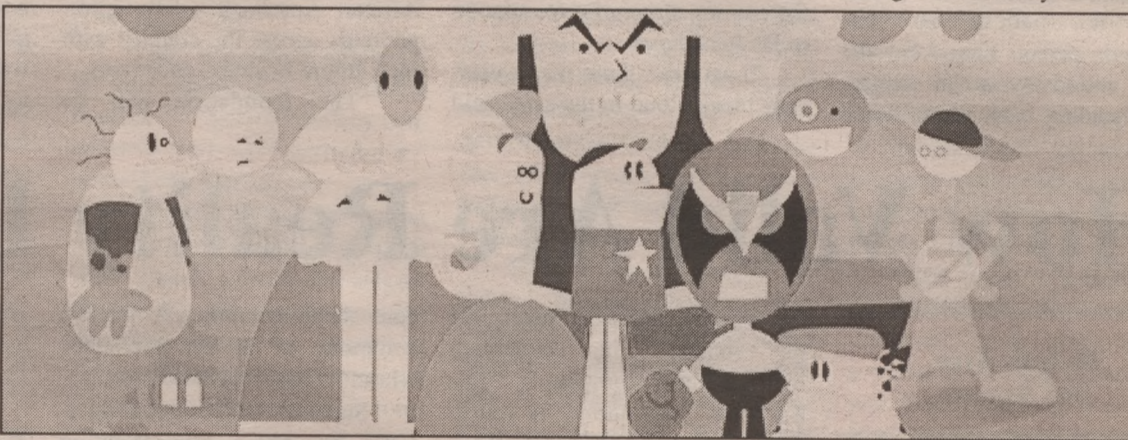


Photo Courtesy of Wired News Picture Database

The whole crew of homestarrunner.com, including the brothers Strong Sad, second from left, Strong Mad, in the middle, and Strong Bad second from the right in front, who happens to be standing next to The Cheat, my personal favorite character.

Sometimes he acts confused, but usually he just grunts and yells. He's pretty amusing, but he wouldn't do very well on the SATs. He doesn't even speak in complete sentences!

But those are not the only characters. There's also The Cheat, a yellow character that sort of resembles a cat, but isn't one, who has a gold tooth and a sharp attitude. He doesn't really use words, more grumbles than anything. But he is the funniest character of the whole bunch I think. I enjoy his antics. He helps Strong Bad in any endeavor

the screen. You had to type the sentence correctly and quickly in order to make the dots disappear and move on to the next level. I think the cat used to give you the sentence you needed to type. My memory is getting fuzzy in my quarter-life age here...

Well if you thought the days of typing fun were over, guess again. You can improve your WPM (word per minute) count for your resume, or just reminisce about your childhood with yahoo's game, Typer Shark. It, like homestarrunner.com, is free;

to type words, letters, or jumbles that appear on the sides of sharks before the sharks (or piranhas) can devour you! It's a cute idea, and it can really help you increase your ability to type quickly. Expert typing abilities can be put on your resume or even just help you maximize time when typing a paper for any class.

If you have any other websites you visit or games you enjoy playing and would like to share them with the SHU community, please contact the Spectrum at spectrum@sacredheart.edu.

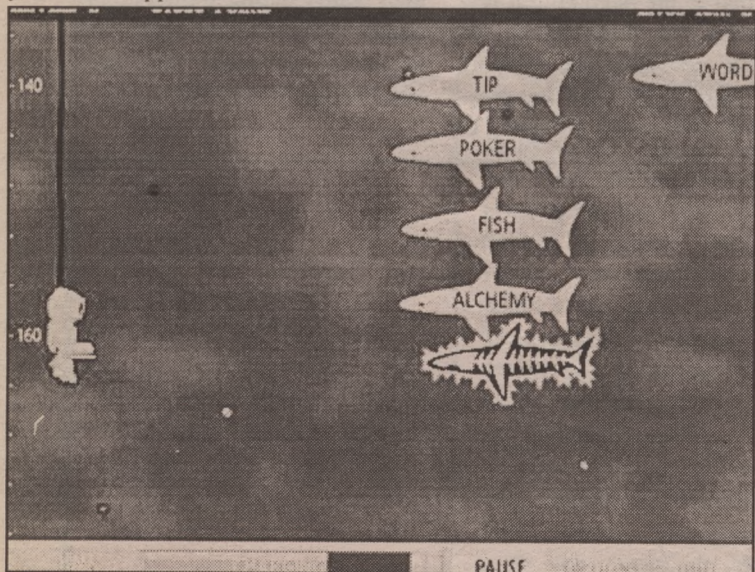


Photo Courtesy of gamezone picture database

The diver is the character players control by typing the words on the side of the shark quickly enough so they cannot eat him!

## Omar Wellington: More Than a Baller

By Brandon M. Graham  
Staff Reporter

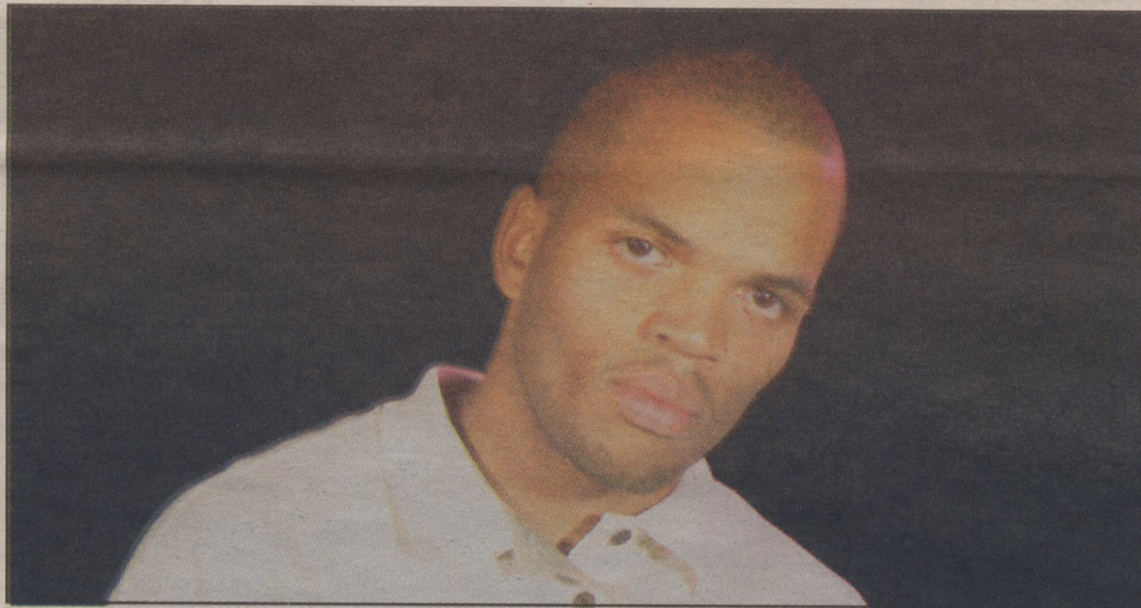


Photo by Robert Trenske

**Omar Wellington, a standout basketball player, who is co-captaining the team this year, strives to promote African American entrepreneurship in youth by supporting The Ken Bridges Foundation for Matah Youthpruneurs CQ.**

Tall, 6' foot athletic frame, excellent ball handling skills, great on-court vision, the ability to shoot the ball well from the perimeter, and take it to the hole with an incurable tenacity; in short, "a coach's dream". And that's not even half of what Omar Wellington is about.

"Omar is a special kid. He has solid character and is a good person. I think he has earned the respect of his teammates and he is not afraid to step up and take on responsibility," said Coach Bike, Head Coach of SHU Basketball Team.

Wellington not only wears the hats of starting point guard, stellar student, community service extraordinaire, but also business owner.

The 21 year old had just gotten out of basketball practice and was already en route home for what would be a meeting of minds and also one of remorse and remembrance for Ken Bridges.

Bridges, a graduate of the Wharton business school where he and Wellington's father met, was shot while at a Virginia gas station October 11, 2002. Authorities believe he was the tenth person shot, and the eighth killed by serial snipers while heading back to his home

in Philadelphia's Germantown section after a business trip. Al Wellington, Wellington's father, and Bridges co-founded Matah Networks, a distribution network for products made by African American manufacturers.

On the eve of the anniversary Ken Bridges' death, the Wellington and Bridges family and a select few family friends gathered. The discussion did not surround how to memorialize this day, but served as celebration for the coming about of a foundation in Bridges' name.

"Last year, there was a very, very bleak cloud in the sky," said

Bridges' widow, Jocelyn Bridges. "Today we have discovered the silver lining."

The focus was primarily on the national press conference about the formulation of The Ken Bridges Foundation for Matah Youthpruneurs CQ.

"What we're trying to do with this foundation is to capture the essence of Ken Bridges," said Wellington.

The non-profit foundation will be geared toward assisting African American youth entrepreneurs across the country with their future business endeavors.

"The foundation will be

extremely important to youth all over the country. Many African American seeking to become entrepreneurs encounter nearly impossible odds centrally because of the lack of seed capital," commented Wellington. "On a more national plane, the maldistribution of wealth in this country is highly detrimental to marginalized communities."

"Mr. Bridges was like a second father to my family and I. When he was killed last year it was an extremely hard time for all us," continued Wellington. "It was very demanding to continue to going to school and playing

basketball because I knew my family and the Bridges were having such a difficult time dealing with it all."

The Wellington and Bridges children are presently working on a city-wide project in Lawnside, NJ aimed toward both the elevation of social consciousness and the importance of economic empowerment in the African American community.

"I'm committed to the idea that African Americans should keep more of their earnings by spending them within their own community. That would be an example of blacks using their economic influence for 'internal reparations'," asserted Wellington.

The focus is on starting this in youth. Wellington's work with several youth sport leagues in assisting them with fundraising has fostered an environment for young people to gain an understanding of the significance of challenging the mainstream and of having economic fortitude.

In an era where basketball, from local youth leagues to the NBA, is dominated by hip-hop, gold chains, and the inability to wear pants around one's waist, the well shaven, well spoken, progressive leader is categorically the eccentric stepchild in the collegiate athletic family of student athletes.

"I'm very seriously com

**See "Beyond Basketball" Continued on page 9**

## How Valid Are Reality Dating Shows?

By Kelly Ryan  
Staff Reporter

"Joe Millionaire," "The Bachelor," "The Bachelorette," and "For Love or For Money" are just a few dating shows that have been aired on Americans' televisions over the past two years. While "Who Wants To Marry a Millionaire" seemingly started the reality-dating trend in 2000, three years later numerous shows are adding their own quirky ideas, intertwining them in new shows.

Some SHU students think they're ridiculous. Some even say they are unbelievable. Rachael Savarese, a junior from New Providence, NJ, feels, "It's hard to believe in the quality of the relationship on these shows."

Yet, in recent reality dat-

ing doesn't seem to have lost its steam. The American Broadcasting Company's "The Bachelor" has started its fourth edition of the show. After three seasons, the new bachelor has been chosen. His name is Bob Guiney and he's actually a former contestant on last winter's "The Bachelorette."

Last season Bob Guiney and 25 other men were trying to win the heart of Trista Rehn. Now, months later, Bob himself has women swooning all over him, in exchange for love or maybe even an engagement ring. Bob is basically in the same shoes Trista was in last winter, keeping and rejecting women until the final "Rose Ceremony."

At the end of each week, contestants leave the show. However, if a contestant gets a rose they're asked to stay and see the bachelor again on another date. This happens until there are only 2

contestants remaining. At the last ceremony, of course, Bob picks whom he has truly fallen for.

Students have mixed opinions on these reality-dating shows. "I don't watch them and personally I think a lot of them are fixed. But I guess it does make for good TV," says junior Julie Chouinard from Boston, Massachusetts.

"As pathetic as this sounds, I watch these shows religiously. I like watching things that seem real to me, I feel like I can relate to them in ways," says a freshman from Long Island, NY who wishes to remain anonymous.

"I think these reality dating is even more stupid than the World Wrestling Entertainment. It just shows how small minded Americans are," says Jonathan Twombly, a junior from Bedford, MA.

On the other hand, Senior Adam Vetrano from East

Hampton, NY thinks, "They're cool [but] its hard to gauge how spontaneous they really are."

Junior Dan Parella from Franklin Square, NY says, "I think that in the beginning it was interesting, but now that all the different networks are copying each others ideas. They are playing it out and people are going to

lose their interest."

Whether or not people have twisted addictions to these shows, if they plain old hate them, or if they have higher expectations than reality dating shows supply, reality television has definitely started a new trend that might stick around for a while.



# Graham's Poetry Colors Outside the Lines

By Vanessa Rubino  
Staff Reporter

Perhaps you have seen him reviewing resumes in Career Development. Maybe you have heard his rhythmic prose that he presents at open mic slam sessions like Shades of Poetry. Or maybe you just recognize his soulful demeanor and his smooth

speaking voice heard at UMOJA events around campus. Brandon Graham is a leader at Sacred Heart University and the community at large.

His poetry has achieved national recognition and provided him with a dedicated audience. Graham is an artist who doesn't mind coloring outside the lines. His poem "tracing" is just one of the many lyrical poems that grace the pages of his debut

publication, "A Love Supreme: Amputated Feelings & Prosthetic Apologies."

After graduating from Sacred Heart University with a bachelor's degree in English and a concentration in journalism, Graham set out to achieve his dream of becoming a professional writer. Driven by his own ambition and linguistic fortitude, Graham like many other aspiring artists, headed to New York City, manuscript in hand, looking for a publisher. He was turned down repeatedly.

"You're writing is too black. You're writing is not black enough. Random House told me to go out and prove myself," said Graham. And that is exactly what he did.

Graham started Brownstone Publishing, Inc., a literature and publishing company aimed at elevating social consciousness. He started the company in 2000 with money he earned during his internship at Liberty Mutual and with the help of select financial backers, including his two brothers and a few close friends. As the CEO and Chairman of Brownstone Publishing Inc. Graham is in charge of all execu-



Photo by Robert Trenske

Brandon Graham's new book of poetry called "A Love Supreme: Amputated Feelings and Prosthetic Apologies" debuts this week.

tracing (kindergarten love)  
those two things u call your hands  
in fact are not hands at tall  
but two delicate brown crayons  
softly tracing across the surface of my skin

and if I were a teacher  
and u were my student  
all that I would ask  
is that u please  
stay within the boundaries of my body,  
but love me outside the lines commonality

-Brandon Graham

tive decisions. The first book to be put out by Brownstone Publishing is his own.

Graham's debut, "A Love Supreme: Amputated Feelings and Prosthetic Apologies" is "about being 22, being young; it's about making mistakes and learning from them," said Graham.

"It's about love. Love is universal, it's written about, it's spoken about, its discussed, its been theorized about since the beginning of time. It is going to continue after I've gone. This is just my analysis of what love is. There is a common thread there, like the humanistic element that people can really grab onto. I want people to say that's me right there. I hope they can learn from my mistakes," commented Graham.

He uses love as the medium to address a variety of social issues including racism, social marginalization, and urban gentrification. Graham believes that some people may not want to face some of the issues that he explores in his poetry.

Graham thinks people are going to be somewhat resistant to some of the ideas in his book, but he believes that everyone will be able to relate to the love he discusses in his poetry. Once people are able to understand Graham's concept of love, he hopes that they will also be able to relate to deeper societal issues.

"It's the pinnacle of any relationship. It is the top. It is when you reach emotional bliss. It is where hate is no more and it transcends beyond happiness. Because happiness is so temporal. It is everlasting. It's true sustaining joy. If I can inspire people to love each other, that is the humanistic connection, that we can all love one another, then I am contributing to the greater good," said Graham.

Graham believes that if people can love each other and embrace diversity, people will be able to reach a heightened social consciousness.

"If you really start to begin

to appreciate diversity and diverse cultures and languages and shades and colors, then we really are better people. And it really begins with the love of self, but really loving yourself and then loving your family and then loving your community. And being willing to give to that community," said Graham.

He is committed to giving back to the community as is demonstrated by his volunteerism with various charitable organizations including Habitat for Humanity. This need to give back to the community is evident in his book.

"I hope people really take the time to what I call excavate the literature. Dig deeper. Dig beyond the text. And then don't be so over analytical at times. Accept the work for what it is. I hope I can actually touch people with the literature. I'm not concerned with moving books or selling books because good literature moves itself. I'm more concerned about moving the people," said Graham.

"The book is honest," continued Graham. "I'm not hiding anything. I think it takes a lot for a writer to do that because then you open yourself up to criticism. But I say bring it on."

Graham will start his national book tour this weekend at Sacred Heart and will also make appearances at other notable schools, such as Yale University, New York University, and University of New Hampshire.

Graham's book will be discounted for Sacred Heart students, faculty, and staff. It will be available exclusively for the Sacred Heart Community during family weekend at Brownstone Publishing Inc. booth, which will be set-up during this weekend's football game. Graham will also be available to sign copies and will have a signing table set-up after the football game in the Pitt Center. After this weekend, copies can be obtained at [www.brownstonepublishing.com](http://www.brownstonepublishing.com) and wherever books are sold.

## Beyond Basketball

Continued from page 8

mitted to my academics; however I'm not here to regurgitate information on a midterm or in a paper. I'm striving for something more authentic and more innovative, which is usually encountered along the road less traveled," added Wellington.

His leadership skills extend far beyond the lines of the basketball gym and his position as senior co-captain.

"Omar is very sensitive to other people. He appears from his responses in class to have

a strong moral fiber. His comments are never intimidating or judgmental," commented Dr. Nancy Frydman of the College of Business.

Wellington grew up eating, sleeping and breathing basketball. With two older brothers, several peers around the neighborhood, and good weather during the summer, Wellington was rarely off the basketball court.

"I'm basically a victim of circumstance. My father is an outstanding athlete who played hoop at Oberlin College in Ohio and all my siblings are athletes," mentioned the three-year basketball co-captain.

Over the course of his athletic career Wellington has nailed down a spot in the starting lineup and responded well, earning Second Team All-NEC honors as junior. Wellington strives to continue adding depth to his game. Last season he averaged 12.0 points and 4.6 assists per game and led the league in steals, all while nailing 58 three pointers.

In all, he has led his team by giving so much of his time, energy, and ultimately himself with his unselfish playing style.

"Omar is someone you can depend on both on and off the court. He has certainly elevated

my play over the years," adds senior teammate, Zach Spivey (Coronado, TX).

"I feel that we are approaching this season in a very mature manner. We have all the key contributors back from last season," pointed out Wellington.

Already adept at dishing out assists and stealing the ball from other guards around the league, Wellington will become an even bigger headache for opponents as he and his teammates continue to improve their on-and-off-court chemistry.

However, perhaps the most difficult problem now that faces Omar is not an upcoming basketball season, which opens on November 22 with UConn, Blue Ribbon College Basketball Yearbook's preseason number one team. The biggest challenge is how to use the diplomatic and economic gains that Matah Network, Inc. has made nationally and abroad to secure a peaceful and profitable democracy at home. It certainly won't be an easy task. Upon graduation, Wellington is willing to take his determination in the classroom and on the basketball court to his work.

"I'm young, up to all the new challenges, and ready to shock the world," commented Wellington.



# A & E

## Advertising Department's First Client Right in SHU's Back Yard

Jess McCann  
Staff Reporter

On 101 Oakview Drive, just minutes from campus, a building called Oakview houses the Sacred Heart University Art Department. For the past three weeks a large project has been in the hands of Professors Budda and Walker, as well as a class of seniors majoring in Graphic Design.

On October 19, the First Presbyterian Church of Fairfield held their One Hundred-Fiftieth anniversary. To mark the event as especially outstanding, the church needed to raise money and, in the past, has done so by putting together small books which contain the church's history and advertisements from local businesses.

It was Frederica Smith and husband Herb Smith who sought the Sacred Heart Art department to help them make the development of this year's book possible. The couple have been parishioners of the Presbyterian Church for twenty-two years now, and since 1981 have wanted to make this anniversary a memorable one.

Ms. Smith had originally contacted Class Printing but the



Contributed by the Sacred Heart University Art Department.

**The cover of the First Presbyterian Church of Fairfield's anniversary book. The interior of the book showcases the history of the church in addition to the various groups that it supports.**

church could not afford their prices to help put the anniversary book together. However, "One day, I thought, our church being right behind Sacred Heart University, maybe there was a department that would help us put this book together and in

return the students would get experience in their field," says Mrs. Smith.

It was then that she contacted the school and spoke with Terry Kowalski the secretary for the Arts Department at Oakview. Recalls Mrs. Smith, "Terry was

the one who began this whole project. She was so kind and did everything to speak to the right people to get this project going."

Kowalski agrees, "It was such a pleasure to work with the Smiths and it was a wonderful opportunity to assist their church and give this opportunity to the students."

Three weeks before the anniversary, ten seniors from Sacred Heart along with Professors Budda and Walker were hard at work designing the layout, pictures, and front cover of the anniversary booklet. After all was said and done, two books were produced. The first was a twenty-eight page book on the history of the church, and the second was a sixteen page book with paid advertisements that helped raise the money for the event.

"Everyone worked very hard the night before the 7 a.m. deadline to the printers. The next day, Professor Walker, the Smiths, Mrs. Kowalski, some students and myself were in the building until after 3 a.m.," says Professor Stefan Budda, the Chair of the Arts department as well as a professor of graphic design.

In addition to the professors, there were also ten seniors who worked on this very difficult and time-consuming proj-

ect. Callie Altomaro, Melissa Andros, Regina Cornelio, Emily Hargus, Thomas Lanzilli, Jared Montano, Tina Nguyen, Salvatore Randazzo, Ralph Ruta, and Elizabeth Spear put all their best efforts into the anniversary book.

"This project affected me and I think the whole class in a large way because it was our first time doing something one-on-one with a client," says Altomaro. "Our class had the opportunity to really come together."

"This was a great opportunity to get the art department recognized and give students some experience," agrees Randazzo. "Hopefully more projects like this one will come along in the future."

Evidently, there were many people who worked on this project and put a great amount of effort into it. These are the students who truly hold the future of mass media in their hands. The First Presbyterian Church project will hopefully show the community at large the things that the Sacred Heart Arts Department has to offer and the amazing work that they have the capacity to put forth. Who would have ever known that the Advertising Department's first client would be right in our own backyard?

## New Mix Tapes Hit the Streets

Matt Philipp  
Staff Reporter

Mix tapes are an essential part of hip-hop culture. Although they are still called *tapes*, they aren't actually cassette tapes anymore as CDs have taken over. Mix tapes include new songs and freestyles from both superstars and newcomers of rap and R&B mixed together by a DJ. These mix tapes can't be bought in regular music stores like FYE, but rather can be found in city streets and hip-hop music stores in cities across the United States.

While the tapes are technically bootlegged and hence illegal, record labels encourage mix tape circulation in order to create buzz on an artist. They typically cost about \$5 and the more one buys, the cheaper each CD gets. Upcoming rappers will do anything possible to get on any one

of the many available mix tapes and current rap stars look to get on the tapes in order to stay connected with the streets.

A prime example of the mix tape phenomenon is 50 Cent. He was featured on numerous tapes years before he rose to the level of popularity where he currently stands. The rapper recorded many albums and songs that his newer fans have probably never heard. Without mix tapes, 50 Cent may have never even been signed to a major record label. It has been said in numerous interviews that Eminem first heard 50 Cent on one of several tapes and liked what he was hearing so much that he signed the rapper right away.

There are currently many different DJ's making mix tapes all across the country. Each region of the country has a different feel to their mix tapes. The latest by some of the more popular DJ's of the New York area include Envy, Big Mike and Kayslay. Their

newest work has hit the streets in recent weeks.

"The Free Agent: Part One," is from Connecticut's own, Big Mike. The CD features twenty-five new tracks from some of hip-hop's biggest names including 2 Pac, 50 Cent and Missy Elliot.

The standout track is "Runnin' (Dying to Live)," produced by Eminem. The track features 2 Pac and Notorious B.I.G. and is off the upcoming soundtrack for the 2 Pac documentary film, "Tupac: Resurrection."

Biggie and 2 Pac each have one verse on the incredible track. According to MTV, the chorus also samples blues-rocker Edgar Winters. Winters sings, "Why am I fighting to live, if I'm just living to fight/Why am I trying to see, when there ain't nothing in sight/Why am I trying to give, when no one gives me a try/Why am I dying to live, if I'm just living to die."

G-Unit can be heard on four tracks on the CD including "Gangsta Sh--." G-Unit member Lloyd Banks also raps on the track entitled "Lloyd Banks Town" to the beat of Juelz Santana's "Dipset."

Big Mike also features "Pass the Dutch," the first song off Missy Elliot's forthcoming album "This is Not a Test!" "Pass the Dutch" is sure to be a big hit in clubs everywhere.

The second track on the CD, "In God's Hands," replays an interview Ja Rule recently had with Funkmaster Flex on radio station Hot 97. The interesting conversation has the rapper giving some insight on the possibilities of squashing the beef between himself, 50 Cent, Eminem and the whole Aftermath/Shady Records quarrel. Ja Rule explains how he first met 50 Cent and why he won't end the conflict.

Another mix tape by DJ Kayslay is entitled "The Drama

Hour Part 5: Respect the God" and has another new Missy Elliot song featured called "Wake Up." The original version of the track features Jay Z, but unfortunately Kayslay's version doesn't have his verse on the song.

Kayslay's mix tape also has new tracks from Memphis Bleek ("Hell No"), and a remix to "Outta Heaven" by Jagged Edge featuring Scarface. "All I Want is You" has 50 Cent featuring G-Unit and Olivia.

These latest mix tapes are just a sample of what is to come in the next few weeks. With many major upcoming releases slated for the month of November, mix tapes will surely feature a majority of the tracks off these albums. Creating a buzz like this is exactly what record execs had in mind, and it certainly shows in the excitement over these upcoming albums.

# Spooky Nights With Scary Movies

Nadia Korovesi  
Staff Reporter

A couple of friends gather in a house. The illumination is dim, a big bowl of popcorn is in the middle of the table, the wind is blowing outside and the candles in the corner of the room are magically extinguished. With no warning, a "magic" finger pushes the play button on the VCR, and the screaming begins!

As Halloween approaches, the desire to watch a scary movie is escalating. The setting for these viewings could be something like the above scenario, but what does it take to make someone really afraid of a movie? Is it a psychologically disturbed character

***"I will have to say that my favorite scary movie is 'Nightmare on Elm Street.' It is the scariest movie I have ever seen, and it is the only one that, after I have watched it, I was still scared of."***  
**Lillie Orellana, Senior**

whose goal is to kill everyone? Is it the feeling of the unexpected about what is going to happen? Or could it just be the creepy mood that always accompanies Halloween? In any case, it seems that most people enjoy watching horror films although they know they might be scared.

Students at Sacred Heart are no exception. They do not hesitate to share their scariest movie experiences and many are looking forward to Halloween when they can once again watch their favorite scary movies.

Apparently, some films create the same scary feelings for



Photo courtesy of Dreamworks Pictures

**Naomi Watts investigates some strange happenings in "The Ring," a film that SHU students claim is one of the spookiest films around.**

many different viewers. One such example is the all-time classic "A Nightmare on Elm Street."

"I will have to say that my favorite scary movie is 'Nightmare on Elm Street,'" says Lillie Orellana, a senior from Bronx, NY. "It is the scariest movie I have ever seen, and it is the only one that, after I have watched it, I was still scared of. The scariest part of Freddy is that he gets to you and your dreams. You cannot escape from him even in your dreams. I prefer watching scary movies instead of something else because it is definitely exciting."

"My favorite horror film is 'Nightmare On Elm Street'" agrees Tony Alaimo, a senior from Biddeford, ME. "It is a pretty scary movie, and keeps you on your feet. I don't really remember when I was most scared because I was very little when I saw it but I remember that I couldn't sleep at night."

Another film that evokes similar feelings and was played this past spring semester on the Sacred Heart campus is "The Ring."

"One of my favorite scary movies is 'The Ring' because it is out of the ordinary," explains Kevin Levandowski, a freshman from Derry, NH. "The moment I was most scared was at the end. I don't like watching a film alone, especially when it is a scary one I prefer watching it with friends."

Colleen Berdelli, a freshman from Albany, NY, expresses a similar opinion: "The 'Ring'" is my favorite scary movie because I believe it was really spooky. I was most scared at [the end] and at the well scene, where [Naomi Watts] was in the well with the girl."

Senior Christopher Turuta from Selden, NY has a different favorite. "The 'Omen' is a very scary movie. The scary part about that movie is that there is really an omen in it. I was more scared when it showed the pictures of people with a shadow pointing at the part of the body that they were going to be killed."

Of course, there are always those who prefer not to watch horror flicks and explain why.

"I really hate scary movies," whines Siobhan O'Hagan, a senior from Pearl River, NY. "I am such a baby because anything terrifies me and I have nightmares for weeks. I don't watch them often but the scariest movie I have ever seen is 'It.' I was more scared after the movie was over."

There are films for all kind of occasions. Some can make the viewer cry, laugh, or feel depressed. But at this time of the year, with Halloween getting closer, it is definitely the time for horror movies. So get ready, invite a few friends, rent a good scary movie and prepare to get spooked!

## Reminder!

Time is running out for the SHU Cult Hits deadline! As noted in earlier issues, the A&E section of The Spectrum is compiling a list of SHU's Top Cult Hits and now we need reader submissions! Entering your favorite cult film is easy and we need as many submissions as possible to make our list a success.

In order to submit an entry, please write to SHUCultHits@yahoo.com.

Is "Dead-Alive" your favorite campy horror flick? Did "Existenz" really mess with your head? Now you can enter all of your unsung favorites onto our list with one simple email.

Remember: each entry must include your full name, grade, title of the film you wish to enter, and a short explanation of why you feel the film belongs on The Spectrum's list of SHU's Top Cult Hits. The subject of your email

should read "SHU's Cult List."

All entries must be received by 8:00 a.m. on Thursday, November 13, so don't wait until the last minute to send in your submission. The list is slated to appear in the following week's issue of The Spectrum based solely on reader response. Please limit one entry per student and happy watching!

# "Quixotic" Sequel Looks More Promising than Original

Jayde Levesque  
Staff Reporter

This year's "Shakespearean Quixotic II" is sure to be an event you won't want to miss. The SHU Players have jam packed this two act show with something everyone will love. With mixed reviews still resonating from the last "Quixotic," this year's cast is set on wowing the crowd.

By using small excerpts from a few of Shakespeare's plays, director Jeff Guillot, a senior from Smithtown, NY has developed his own storyline. Included in the play are seven Shakespearean scenes and seven monologues to break up each scene. Some of the more exciting parts for audiences to look for are one of the three fight scenes, an actual food fight, and a school-girl dance number set to "I Love Rock and Roll." The rest of "Quixotic II" is loaded with creative interpretations of some of Shakespeare's best-known scenes such as the balcony scene of "Romeo and Juliet" and the assassination of Julius Caesar.

"[We wanted to] create the most entertaining product because people misconstrue Shakespeare as boring," says Guillot, "We're making it so that college students will enjoy it."

By that token, any college student will certainly enjoy the aforementioned school-girl dance

ly the entrance of the female lead into the play," notes Bross, who is very excited about the opening of the show. Also very excited are long-standing members of the SHU Players, many of whom were around for "Quixotic I."

"It's more fun, bigger, and it shows [the director's] creativity," explains Brian Gardner, a junior from Maynard, MA who helped co-direct the play and is also cast as both Petrarchio and the Ghost of Hamlet's father. "You still get a hint of Shakespeare without taking away from it or losing anything in the process."

The cast in its entirety is anxiously awaiting the show's opening. The first performance is slated October 30 at 9 p.m., with a second on November 1 at 9 p.m. and a final showing on November 2 at 8 p.m. The show will take place at the Edgerton Center for the Performing Arts and Sacred Heart students are allowed free admission with public admission set at \$5.

While admission for students is free, the Players kindly ask that audience members bring one or more canned goods with them. In addition to the effort to raise funds for themselves, the SHU Players are also giving back to the community by donating as many canned goods as possible to a local soup kitchen.

Overall, the SHU Players have complete confidence in this year's show.



Photo by Rob Trenske

**The SHU Players prepare the follow-up to 2001's "Quixotic Shakespeare."**

routine as well as all of the fight scenes. This year—as opposed to the previous production—SHU Players have added a new element. Rather than have only one lead role, the director has cast two leads, one male and one female. The two leads are Gordon Milne, a senior from Stratford and Jordana Bross, a sophomore from Rockland County, NY. The two actors play off each other with great chemistry, cast as the "good" character and the "evil" character, respectively.

"[The dance number] is real-

"I'm very pleased with the way it's all coming together considering the shorter amount of time we've had to do it," says Lori Coupe, president of the SHU Players and a senior from Cranston, RI. "We have great new faces, some returning members, and a lot of chemistry."

Be sure to catch all the on-stage chemistry between the actors of "Shakespearean Quixotic II" at the Edgerton Center, as it promises to be a much more fun and exciting way to look at Shakespeare.



## Sports Shorts

Compiled by Katie Atkins  
Sports Editor

### Women's Swimming

The women's swimming team competed in a tri-meet against Wagner and St. Francis (PA) at Wagner College this past weekend. Top finishers for the Pioneers include senior Christine DePierro (Cromwell, CT), who broke the school record for the 200 freestyle, senior Katie Dervan (W. Roxbury, MA), who broke the school record for the 200 breaststroke which she previously held, and freshman Krystina Eikeseth (Staten Island, NY), who had good finishes in the 1000 freestyle and 200 butterfly. In a complete team effort, SHU beat St. Francis (PA) but lost to Wagner to start their season with a 1-1 record (Contributed by junior Angela Koenig)

### Women's Equestrian

The Equestrian Team had another strong showing this weekend, finishing as Reserve Champion College (2nd place) at the Stony Brook IHSA Horse Show. This marks the 2nd consecutive Reserve Champion title for the team since the season opener -- a feat not accomplished since the 1999 - 2000 season. The SHU team has consistently outperformed 10 other teams enroute to their titles and only been bested by the SUNY team since the season started on 10/12/03.

Strong finishes for the Pioneers included wins by Lauren Pierce and Jessica Reynolds over Fences and Lauren O'Connell on the flat. 2nd place finishes on the flat by Ashley Coppolla, Jessica Reynolds and Crystal Taylor also contributed to the team's success.

The team will return to Smoke Run Farm in Stony Brook next weekend to compete in the 27th Annual Molloy College IHSA Show. (Contributed by Head Coach Alysia Cantelmo).

### Women's Bowling

The women's bowling team competed at their first conference tournament this past weekend at Bellerose Lanes in Bellerose, NY. The team went 7-0 in team games and took 47 1/2 points out of a possible 56. Points are accumulated according to team games (three points for a win) and individual head-to-head matches (one point for a win). Top finishers for Sacred Heart include junior Nicole Peloquin, who averaged 221 and junior Erin Gore, who averaged 216. The team averaged 1025 a game (205 average per person) and had a high game of 1147.

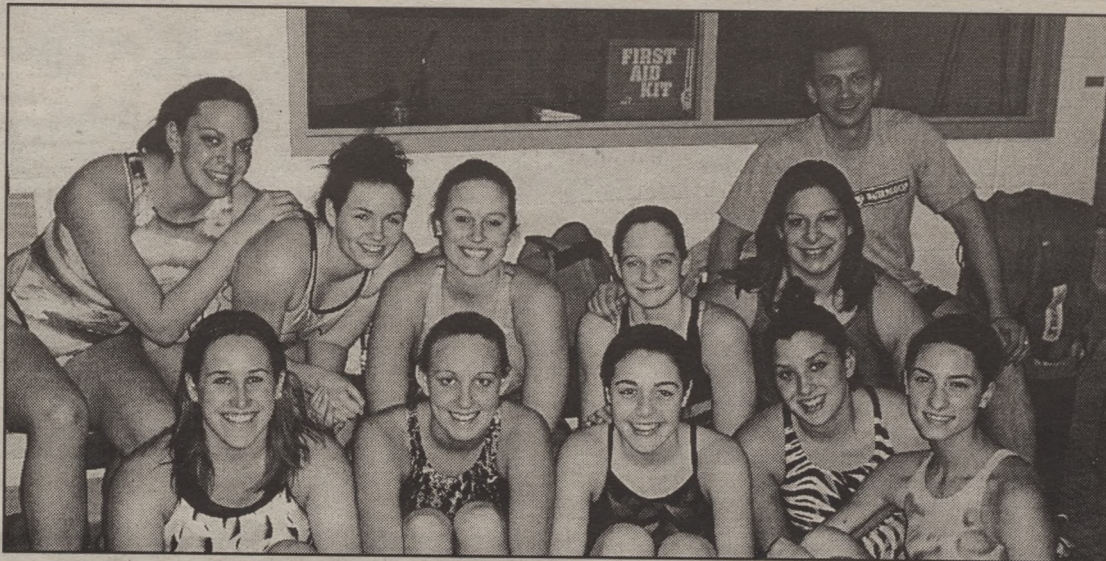
### Men's Soccer

The SHU men's soccer team saw their record fall to 1-8-5 overall and 0-4-2 in Northeast Conference matches with their 4-0 loss to Long Island University this past Saturday. The team will play their final games this weekend on Friday at Quinnipiac at 2:30 p.m. and Sunday against Mount St. Mary's at home at 1 p.m.

### Women's Rowing

The SHU Women's Crew competed on Fish Creek this weekend in the nation's largest one-day regatta. Schools and clubs from the East Coast and Canada converged on Saratoga Springs, New York, compiling 1100+ entries for rowing in 51 events.

Sacred Heart raced four boats (three eights and a four), with the entire roster competing. Results are pending for the last two races of the day (varsity eights), but the Novice 8+ beat twelve boats in a field of 39 and the Varsity 4+ beat eleven in a field of 40. (Contributed by Head Coach John Turner)



Last year the women's swim team placed fifth at the Northeast Conference Championships.

File photo



The women's bowling team swept their first conference tournament of the season going 7-0 in team games and taking 47 1/2 points out of a possible 56.

Photo by Chris Giarrusso



The men's soccer team's loss to Long Island University drops their record to 1-8-5 overall and 0-4-2 in the Northeast Conference.

Photo by Meghan O'Connor

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# Handing Out Midterm Grades

By Hank Gargiulo  
Staff Reporter

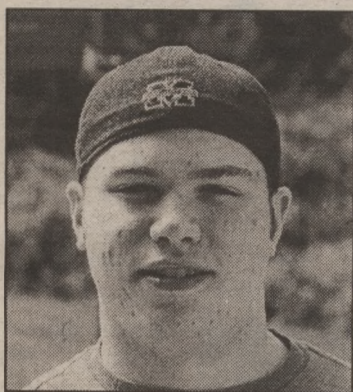


Photo by Robert Trenske

As the NFL has completed eight weeks of football, it is time for the harsh practice of handing out mid-season grades. We'll take care of the AFC this week and the NFC next week.

## AFC East

**New England Patriots (6-2):** The Pat's season started out more than a little shaky as division foe Buffalo pummeled them by the tune of 31-0. They have since rebounded to win five of their next six (the only loss being by a field goal to Washington) to sit atop the division. Now they still have questions surrounding their running game as they have yet to have a back hit the 100-yard mark in a game. **Grade: B+**

**Miami Dolphins (4-2):** Let's just go ahead and rename them the Miami Ricky William's, as he is leading the

league in rushing attempts, and is the key for their offense. Although he's only averaging a little over three yards a carry, he is getting a little over 26 carries a game, which, if he can keep it up, tires down the defense late in the games. **Grade: B**

**Buffalo Bills (4-4):** Now this team perplexes me. On one hand, they scored 69 points in their first two games, both wins. And in their next six games they have scored a combined 74 points, going 2-4 over that stretch. They haven't been able to consistently get the passing game going as Drew Bledsoe has only tossed for 300-yards once and their offense ranks 15 out of the 16 AFC teams. **Grade: C**

**New York Jets (2-5):** Probably one of the bigger disappointments of the young season has to be the Jets, whose season crashed and burned before the regular season started. With Chad Pennington going down in preseason, you could get the feeling that the Jets season wasn't exactly heading upward. Vinny Testaverde has been, well, Vinny Testaverde, which isn't too good. They have also had major struggles getting the running game going as perennial All-Pro Curtis Martin is averaging only 67-yards a game. **Grade: D**

## AFC Central

**Baltimore Ravens (4-3):** It looks as if the Ravens are

going back to the strategy that won them a Superbowl as they are using rookie quarterback Kyle Boeller in the Trent Dilfer role (i.e. "Just don't loose the game") and are thriving. That is in large part due to Jamal Lewis. Remember people, they let Priest Holmes go because of this guy, and with his performance this year, you can't really blame them. Lewis has hit the century mark in every game but one this year and broke the single game rushing mark as he torched the Browns for 295 yards. Their defense isn't nearly as good as the Superbowl team, but for now they are getting the job done. **Grade: B-**

**Cincinnati Bengals (3-4):** The good news is that the Bengals already won more games though seven game this season, than the did in all of last season, as they have won three of their last four. John Kitna has played well enough to keep top overall draft pick Carson Palmer on the bench watching and learning, which is a good thing. They do, however, need to take care of the Corey Dillon situation. He is one of the best running backs in the league and he is demanding a trade. Either rectify the situation and keep him, or deal him for draft picks, they can't keep playing this soap opera game with him. **Grade: C+**

**Cleveland Browns (3-5):** Ahh, the quarterback controversy. Is there a better story in

all of sports than this one? But in this situation, its almost as if neither guy wants the job. Both Tim Couch and Kelley Holcomb have not really played well enough to deserve to start, and with Couch's sprained thumb taking him out of action Sunday, it gives the reigns back to Holcomb, who was the starter on opening day. Maybe their problem isn't in the quarterback position, but rather at the wide out position. There isn't a guy on the roster that would make me think twice about manning up on. **Grade: C-**

**Pittsburgh Steelers (2-5):** Ok, maybe somebody out there can fill me in on how the Steelers have lost more games than the Bengals. Tommy Maddox is good enough to get the ball to one of the better receiving corps in the league, couple that with the number two defense in the conference and 2-5 is not an acceptable record. The running game has struggled, but that is still not justification for being at the bottom of the barrel.

## AFC South

**Indianapolis Colts (6-1):** Last season ended sour, very sour, for the Colts as they were promptly escorted out of the playoffs thanks to the Jets, but it looks as if they are back for more this year. Peyton Manning is again having a spectacular regular season and leading the number one offense in the conference. Add in a healthy Eggerin James and Marvin Harrison and you have the Colts well on their way to the playoffs again. **Grade: A-**

**Tennessee Titans (6-2):** When you have a quarterback with the heart and determination of Steve McNair, you are always going to contend, and this year it looks like he'll stay healthy enough to make a serious push with the Titans. Eddie George has yet to settle into a groove and they have no real "go to" guy at wide receiver, but every week there are the Titans and McNair, who by the way, is finally getting some much deserved credit.

**Houston Texans (2-5):** The second year franchise, while not being a pushover game, hasn't really been to threatening in some of their games either. They have statistically the worst defense in the AFC and their offence, while fourth in yardage, are only averaging a shade over 17 points a contest. You do the math and you can see why they are only 2-5. **Grade: C** (I'm being lenient, it is only their second year)

**Jacksonville Jaguars (1-6):** It took three games, nobody willing to take entrenched starting QB Mark Brunell in a trade, and then a subsequent injury to

said Brunell to get the rookie Byron Leftwich in the mix for the Jags. While their record is certainly disappointing, so is half back Fred Taylor's season. Granted he is actually healthy, though eight weeks at least, but he only topped 100-yards once, and hasn't been too close in any other game. **Grade: D**

## AFC West:

**Kansas City Chiefs (8-0):** What is Dick Vermeil's secret. How does his three-year plan work? He did it in Philly, he did it in St. Louis, and he has certainly done it with Kansas City. He took players nobody else wanted (Trent Green and Priest Holmes), added a solid but not great receiving unit, and a defense that, well gets the job done and turned them into the last undefeated team in the NFL. Holmes is a legit MVP candidate, as well as explosive punt and kick returner Dante Hall. Right now they are as good as any other team in the league. **Grade A+**

**Denver Broncos (5-3):** The Broncos started the year off in fine fashion winning their first four contests, but since have gone 1-3, in large part to starting QB Jake Plummer going down to injury. And if that's not bad enough, they lost their backup Steve Beurlien as well. Danny Kanell started for them last week with the flu. To say things have gone from bad to worse would be an understatement. But any team that can run has a chance, and in Clinton Portis they have one of the most explosive backs in the league. **Grade: B**

**Oakland Raiders (2-5):** This is the worst case of Superbowl hangover I have ever seen. Last season every pass Rich Gannon threw was on target and in the right spot, this year he has been pedestrian at best. I can't really point to what went wrong. The team is essentially the same except a year older, which might be the only explanation. Other than that their best chance at winning may come with backup QB Marquis Tuiasosopo, as Gannon isn't getting the job done. **Grade: D**

**San Diego Chargers (1-6):** They are probably up there with the most disappointing teams in the AFC. They have a capable QB in Drew Brees, a great running back in LaDanian Tomlinson, and a stud wide out in David Boston. Yet this trio is averaging less than 20 points a game and their young defense hasn't been able to hold. I still question letting go Junior Seau. He was the heart and soul of the defense, and they sorely miss him. **Grade: D-**

I'll be back next week to hand out grades to the NFC teams.

## THE PIONEER SCHEDULE

### Friday, October 31

Men's Soccer	at Quinnipiac	Hamden, CT 2:30 PM
Women's Ice Hockey	at Vermont	Burlington, VT 7 PM
Field Hockey	at NEC Tournament	TBA

### Saturday, November 1

Football	vs Stony Brook	Fairfield, CT 12:30 PM
Men's Cross Country	at NEC Championship	Holmdel, NJ 10 AM
Women's Cross Country	at NEC Championship	Holmdel, NJ 10 AM
Women's Swimming	vs Manhattan	Fairfield, Conn. 1 PM
Men's Ice Hockey	at Clarkson	Potsdam, NY 7 PM
Women's Ice Hockey	at RPI	Troy, NY 7 PM

### Sunday, November 2

Men's Soccer	vs Mt St Marys	Fairfield, CT 1 PM
Women's Equestrian	at Molloy	Stony Brook, NY 10 AM
Women's Rowing	at Dowling Invit	Oakdale, NY All Day
Field Hockey	at NEC Tournament	

# Pioneers One Step Closer to Conference Tournament

By Loren Aversa  
Staff Reporter

A few weeks ago while most students were preparing for midterms and the Columbus Day weekend, the Sacred Heart women's soccer team was handed a 3-0 loss against Northeastern University, a victory against Monmouth 2-0, and was defeated 1-0 in overtime by Central Connecticut, dropping their perfect Northeast Conference score to 4-1-1.

A week has gone by and the Pioneers prepared themselves to take on Fairleigh Dickinson and Quinnipiac as the season comes closer to an end. On Saturday afternoon at Sacred Heart's campus field, the Pioneers were defeated by Fairleigh Dickinson Knights 2-0.

The Pioneers' game on Saturday was a little different for the seniors from the rest of their home games, in the fact that it was their final home game of their soccer career at Sacred Heart University. Before the game, Sacred Heart took time out to recognize seniors Jill Bizeau (Suffield), Leslie Konsig (Milburn, NJ), Paula Pineda (Vigo, Spain), Erika Harrysson

(Stockholm, Sweden), and Colleen Attard (Bayport, NY).

"It didn't hit me until the warm-up before the game that this was actually going to be my last home game ever. All I wanted to do was play well and get a win for our team and us seniors. Unfortunately, things fell apart and we ended up losing, but our main goal as seniors and as a team were to go to the NEC championships and bring home that title and that is still on our shoulders. I think we will be able to do it and that is what is most important. I am determined to leave my senior year with another NEC championship title," said Bizeau.

From the beginning, the Knights controlled the majority of the game having five shots on goal within only the first half of the game. The Pioneers had a strong chance to put themselves on the scoreboard in the 55 minute when senior Pineda earned a free kick. Unfortunately, Pineda missed the goal when the ball hit high off the crossbar.

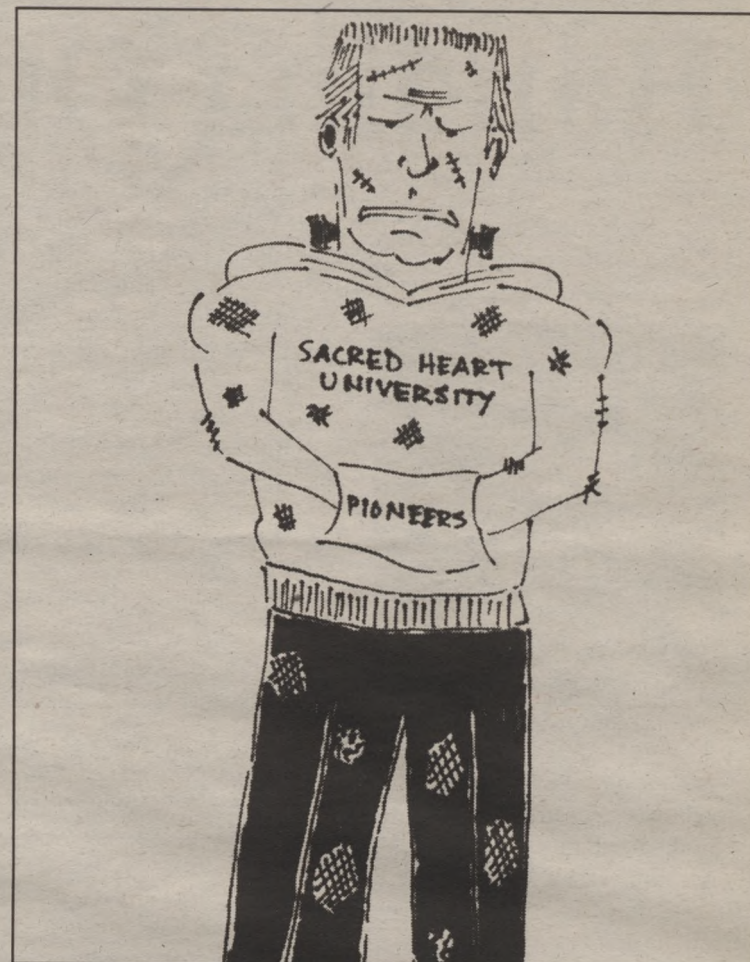
The Knights ended the game having two successful shots on senior goalkeeper Konsig and taking the victory over SHU. Konsig made a total of four saves for the Pioneers. Unfortunately, not enough to save SHU from the

Knights' dominate offense. The loss against Fairleigh Dickinson dropped the Pioneers to 7-5-3 overall and 5-2 in the Northeast Conference.

Despite their disappointing loss against Fairleigh Dickinson, the Pioneers traveled to Hamden to battle Quinnipiac on Sunday afternoon and came back with a 1-0 victory. The game was scoreless up until 1:29 left in the game when junior Ashleigh Bepko (Guildford) broke the tie after catching a cross pass from freshman Colleen Bardelli (Selkirk, NY) and hitting the back of the net to win the game.

"We knew it was going to be a tough game and that we would have to play hard. As a team we also knew that since it was raining and the field was presenting some mushy conditions, we would have to adjust and overcome them. Despite the conditions, we worked hard and reached our goal. We knew that as a team we could do it, so we worked together and did what we had wanted. It is always nice to beat Quinnipiac," said junior Kate Busam (Smithfield, RI).

The win against Quinnipiac allowed the Pioneers to return home with their six Northeastern Conference win and improved their overall to 8-5-3.



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## Cross Country Shows Heart Down in the Valley

By Ashleigh Bepko  
Staff Reporter

The Sacred Heart women and men's cross-country team drove down to Center Valley PA to compete in the collegiate track cross-country championships. The women's team showed well placing second and putting seven runners in the top 25.

As for the men's team, as a strategic move to prepare for the North East Conference Championships decided to keep their top runners out of the competition. They ended up placing tenth overall in the competition.

"We have been training since June with Nov. 1 in mind. All the 100 mile weeks are ready to be cashed in for this Saturday," said senior Matt Uzenski (Oceanside, NY). "We decided to take this week's race off to give us time to rest and mentally prepare for NEC's. We know that we can do really well but we will have to be focused to put in a big effort."

Once again senior Katie Wrinkle (Medford, NY) lead all

Pioneer runners finishing forth, her third top five of the year, and she has never finished outside the top 15 in any of her races this year. Her time in the 5K race was 19:11.

"Personally my race went well and although it hurt to lose to Hofstra, this race was good

**...although it hurt to  
lose to Hofstra, this  
race was good preparation for NECs this  
coming weekend"**  
**Katie Wrinkle**

preparation for NEC's this coming weekend," said Wrinkle.

The next Pioneer to cross the finish was senior Suzanne Neglia (Andover, NJ) who continued to help out her team with solid finishes throughout the year. In the championships she pulled in a ninth place finish and a time of 20:09. Freshman Anne Duffy (Monroe) finished in 12 place, which is one of her best performances of the season with a time of 20:15.

"I think I did pretty well at

the meet and I really liked the course," said Duffy. "I'm looking forward to NEC's, we already ran the course so we know what to expect and I think we will do well"

The next five runners to cross the finish were senior Christina Mendoza (Union City, NJ) who followed closely to Duffy with a 13 place finish and a time of 20:16, next was Erin Kulasewski (West Warwick, RI) who placed 16 with a time of 20:31.

Anne Duffy's sister Kathleen Duffy (Monroe) was the next freshmen to cross the line for the Pioneer's in 17 place and a time of 20:33, and the last of the top seven runners was senior Emily Marks (New Milford) who was 23 and had a time of 20:58.

"I think that the team has been doing great and its nice to see how hard the team works and encourages each other," said Kathleen Duffy "I think that the team should do well at NEC if we keep up the good work and go in to the race thinking positive"

On the men's side the first one to cross the finish line was junior Michael Hannon (Stony Point, NY) in 46 place and a time 29:28. "We had a strong team

performance despite not having the Varsity team running," said Hannon "It was a good opportunity to get ready for NEC's"

The next top six runners for the men's side were freshmen Robert McDermott (Lindenhurst, NY) who placed 53 with a time of 29:36.

Followed by freshmen Steven Wrinkle (Medford, NY) who is the younger brother

**"All the hard work  
has been done and the  
team knows what we  
need is 110 percent  
effort from everyone  
to be successful at the  
NECs"** Joe Zalak

of Katie Wrinkle, he finished in 71 place with a time of 30:19. Senior Michael Berluti (Northfield) was 75 overall with a time of 30:26, junior Ian Ferrara (Warwick, RI) was 86 at 31:00, "I feel we ran well and really put out a good performance and prepared ourselves for NEC's this coming weekend," said Ferrara

Sophomore Andrew Vaccaro (Larchmont, NY) was the next to finish for the men's side in 96 and had a time of 32:02, and the last of the top seven runners for the men's team was freshmen Clement Natale (Trumbull) in 107 with a time of 34:31.

Even though the men's team finished in tenth place this weekend they are prepared for a strong performance in the upcoming North East Conference Championships.

Their top runners will be back in the line up and will look to pick up some top places for the Pioneer's in the Championship.

"All the hard work has already been done and the team knows what we need is 110 percent effort from everyone to be successful at NEC's," said senior Joe Zalak (Middle Village, NY) "The varsity team didn't race this weekend because we want to keep our legs fresh and ready for the effort we will need on Saturday."

Both teams are back in action on November 1 at Monmouth University in Holmdel, NJ for the North East Conference Championships with a noon start time.

# Bye Bye Yankees, Hello Marlins!

By Greg Maurice  
Staff Reporter

The Florida Marlins became the first visiting team to drink champagne in the Yankees stadium since 1981 when they were victorious over the New York Yankees on Oct. 26. The 23 year old Josh Beckett was supposed to be tired, or intimidated, or overwhelmed.

Beckett, with 18 career victories in the major leagues, started Game 6 of the World Series on three days' rest, in Yankee Stadium, and turned out to be a complete mismatch for Beckett. He shut out the Yankees on five hits, 2-0, completing the Florida Marlins improbable small budget journey for a championship against baseball's richest franchise.

With two outs in the bottom of the ninth inning, the Yankees' Jorge Posada chopped at Beckett's 107th pitch and hit a grounder along the first base line, and Beckett reached down, gloved the ball and tagged Posada as he passed, before throwing his arms into the air. Beckett's teammates lifted the pitcher onto their shoulders; he was the first pitcher

since Jack Morris to pitch a complete game shutout in the deciding game of the World Series. Jack McKeon, the Florida manager who gambled in starting Beckett on three days' rest, threw his arms around pitcher Dontrelle Willis.

"Who is going to ask the first question about if Beckett can pitch on three days' rest?" McKeon asked a roomful of reporters. "I guess you will believe me now anything can happen," according to Buster Olney.

The unsung hero of the night was Alex Gonzalez, whose single to center with two outs in the top of the fifth inning began the Marlins' first scoring rally. He later scored on a single to right by Luis Castillo to give Florida a 1-0 lead. Gonzalez had a bunt single his next time up in the sixth and also played a flawless defensive game at shortstop.

"The Yankees' loss was a disappointment to all Yankees fans. As for other fans it was great to see a different team. I personally love the Yankees, and I am a die-hard fan.

Game six was a great battle between two great pitchers, the only thing we can hope is that the Yankees will come back with a fury and win another world series next year," said junior Sacred

Heart student Dave Morson from Ocean, NJ.

"That's what the Yankees get for beating the Red Sox and for having the highest payroll in the league. I am a Red Sox fan, the Yankees have 26 world championships because they buy them. They always have a high payroll, it's a good to see a team that has a regular payroll won the world series" said junior Jay Coderre.

"I'm not a baseball fan but I was waiting for the Red Sox to play the Cubs in the World Series. I did not pay attention to the World Series when they both blew their leads to their championship games. That would have been the best game for America to watch because they always talk about those teams and their curses. The Yankees won it every year and the Marlins are an expansion team that has won twice already in their ten years of being in the league. I just want to see an underdog wins it all said Bryan Smith from Long Island, NY.

Now it's time for teams to make some good transactions. The team that stays more active will win it next season. Every team has three months to get better. The 2004 baseball season will start up again on April 1.



Photo courtesy of MLB.com

The Marlins captured their second title in six years. The young franchise has only been in the league since 1993.

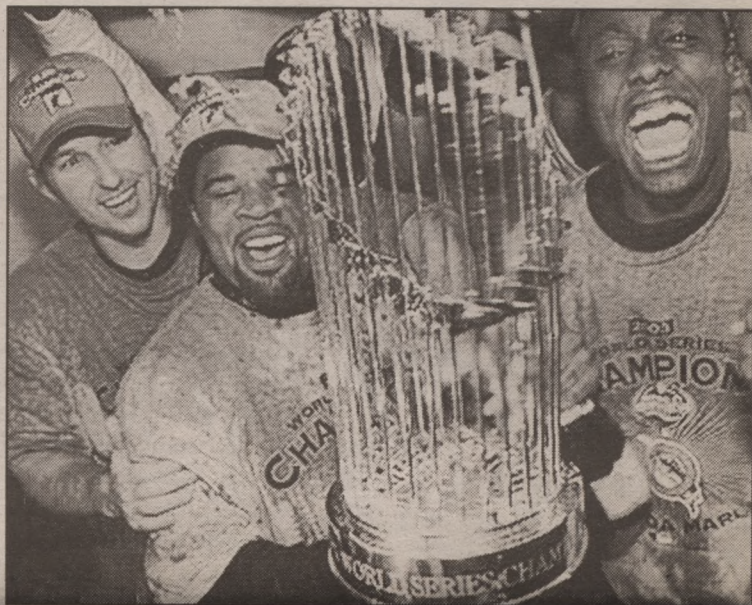


Photo courtesy of MLB.com

Dontrelle Willis and Co. celebrate after beating the Yankees.

## OT Loss Halts Win Streak

By Bryan Fogle  
Staff Reporter

Despite the fourth consecutive 100-yard rushing performance by senior running back Jason Bonadies (Southbridge, MA), the Pioneers couldn't manage to win their fourth straight contest with a 38-31 loss in overtime to non-conference opponent Iona College. With the loss, Sacred Heart falls to 6-2 on the season, and remains 3-1 in the Northeast Conference.

The Pioneers welcomed back senior quarterback Joe Kroells (Burbank, CA) to the lineup for this game after missing the last few weeks due to an injury. For the game, Kroells was 11-18 for 162 yards and one touchdown. Kroells also caught a pass for an 11-yard gain. Freshman quarterback Dan Ammel (White River Junction, VT) also saw action in the game, going 4-11 for 24 yards. In total, 15 of the attempted 29 passes were completed for 186 yards and one touchdown. When asked about Ammel's performance during the injury to Kroells, junior center Terrance White (New Haven) says, "he did

an excellent job... he handled the pressure like a pro."

Bonadies once again carried the work load for the Pioneer ground game, gaining 119 yards on 31 carries while finding the end zone three times. "[Jason] is a great back, he runs hard and makes good cuts... he'll take his hits to gain yards," states White. Also seeing carries for Sacred Heart was freshman wide receiver Alvin Franklin (New Haven). He had three carries for 38 yards.

Four receivers had multiple catches for the Pioneers including senior wide receiver Marlon Ward (Revere, MA) who had three catches for 40 yards. Also with three catches was junior tight end Mike Peshler (Hopkington, MA). Junior wide receiver Nick Savino (Newtown) and senior wide receiver Steve Clayton (Pontiac, MI) both had two catches. One of the Savino catches was a 43-yard touchdown strike from Kroells. Finally, freshman wide receiver James Wright (New Haven), Franklin, Kroells, and Bonadies, all had one catch a piece for 42, 14, 11, and four yards respectively.

Despite the loss, some defensive players turned out season highs in tackles for Sacred Heart. Sophomore defensive back Justin

Mucci (Staten Island, NY) led the way with 14 stops, as junior line backer Dave Morson (Ocean, NJ) tallied 12. With 10 tackles each were senior defensive back Ron St. Juste (Stamford) and senior defensive back Mike Scott (Groton).

Junior defensive back Briton Keel (Franklin, MA) had nine tackles as sophomore line backer Andrew Grant (New Hartford, NY) and sophomore defensive lineman David Mihalov (Bridgeport) both had six. Turning in his highest tackle total of the season was Rob Kinsley, a sophomore defensive lineman from Fairfield.

Senior kicker Greg Tonzola (Denville, NJ) was one for two for field goals on the day while making a 36-yard attempt and missing a 40-yard attempt.

The Pioneers return home to Campus Field this weekend for a 12:30 p.m. kickoff against SUNY Stony Brook. The game will be a featured part of Sacred Heart's Parents Weekend festivities. Following this game, the Pioneers will have just two games remaining, with only one more home contest as they face Monmouth next Saturday.

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# Field Hockey Captures Playoff Bid

By Megan Pompey  
Staff Reporter

The Sacred Heart University field hockey team has struggled on the road this season, but they got the wins when it really counted. Senior forward Julie Messenger (Hinsdale, NH) made a mark on Oct. 16, her senior day, the last home game of her career by netting two goals to lead the Pioneers to a 2-1 victory over NEC rival Quinnipiac.

"The key to the Quinnipiac win was confidence, although we have only had a few games at home we are undefeated and the girls came out with the mindset that nobody would take a game from us at home," said head coach Chris Blais.

SHU also clinched second place in the NEC tournament on Oct. 24, when junior forward Marie Aiello (Stamford) scored the game-winning goal with 11:32 remaining in the match. "I am

most proud of the team for pushing through and accomplishing what needed to be done," said senior captain Meghan Tucker.

**"The key to the Quinnipiac win was confidence...the girls came out with the mindset that nobody would take a game from us at home"**  
**Coach Blais**

Messenger got the Pioneers on the board at the 31:26 mark of the first half with a shot blasted past Quinnipiac's Erin McKay for a 1-0 lead. Messenger's goal came off a lead pass from junior mid-fielder Bryna Bailey (Barre, VT). The Bobcats would tie the score up at one when Cheryl Torino came on the field at the

twelfth minute mark and quickly made her presence known. Torino beat Pioneer junior goalie Robyn Breer (Montpelier, VT) off a feed from Jamie Cassese at 11:47 to send the game into halftime at 1-1.

SHU came out strong in the second half and put the pressure on at the start, keeping the ball in Quinnipiac's territory. Messenger scored again at 30:18. She buried a settled pass from junior forward Christy Bobe (Greenfield, MA) past McKay to the left side for the game-winning goal.

"Julie had a great game scoring both goals in the win. It was senior day and the seniors were definitely pumped for their last game at home. They stepped up and took responsibility for the team. "Both senior defenders Meghan Tucker (Carl Place, NY) and Andrea Marsden (Bennington, VT) were key to our defense. Andrea, as always, was extremely consistent and came up with several key tackles

as well as a defensive save and Tucker did a great job generating offense from the backfield," said Blais.

The game against Siena decided whether SHU would continue on to the NEC tournament or if their season would come to an end. Siena took a 1-0 lead at halftime thanks to a goal from Jessica Peluso, who was able to take the feed from Erin Mead and put it past Pioneers junior goalkeeper Robyn Breer (Montpelier, VT).

After halftime the Pioneers took control of the game and kept it that way. Junior Bryna Bailey (Barre, VT) got SHU on the board 16:13 into the second half as she netted a rebound and tied the game at 1-1. Aiello would give the Pioneers the lead just over ten minutes later.

Breer made five saves in recording the win, her eighth of the season and the twenty-second of her career. Kristen Heyde made eight saves for Siena in taking the

loss. SHU out shot the Saints 14-7 in the match. This game was the final of the regular season for the Pioneers.

Sacred Heart will be back in action when they take on Quinnipiac, the number three seeded team in the first round of

**"Someone call the future and tell 'em we're coming"**  
**Meghan Tucker**

the NEC Tournament, which is being held at Rider on Oct. 31.

"As for the NEC coming up, like the quote on our t-shirts say, 'somebody call the future and tell 'em we're coming,'" said Tucker. If the Pioneers win the game on Friday they will advance in the tournament to the finals and play on Nov. 2 against the winner of the match up between Rider and Siena.

## SHU, NEC Honor Top Athletes

By Nick Brown  
Staff Reporter

Sacred Heart University, along with the Northeast Conference, has recently honored several students as athletes of the week. These athletes have displayed impressive competition and have posted some big numbers in order to receive this recognition. Throughout this fall, these athletes have led their teams to reach goals, as well as achieve victory.

Pioneer football has produced some fine athletes this fall. Two players that have stood out to lead their team are Pete Athans (Ocean, NJ) and Dan Ammel (White River Junction, VT). Athans received the honor of being named NEC Conference Special Teams Player of the Week for the week of Oct. 13 through the 20.

The senior had an impressive game against Robert Morris University in Moon Township on Oct. 18. In addition to being named an athlete of the week, Athans is nationally ranked 15th punt returns and 17th in kickoff returns. Freshman Ammel took over the starting quarterback position and is providing the

Pioneers with a strong offense this season.

Ammel received the NEC's Rookie of the Week honor for his performance in the match against Robert Morris University. He threw for 127 yards and continues to play remarkable ball as the Pioneers prepare for the playoffs.

Some female athletes also received honors for their play during the week of Oct. 13 through the 20. Senior Julie Messenger (Hinsdale, NH) was named Athlete of the Week in field hockey for the second time this season.

Her play caught the attention of the NEC as she scored two goals in a win over Quinnipiac University on Oct. 16. This victory gives the field hockey team a playoff chance and places them in a possible second place finish for the season. Pioneer field hockey wraps up their regular season schedule at Siena.

Another remarkable female athlete that has had a strong season this fall is Lauren Galatie (Monroe, CT). Galatie has led the women's tennis team this fall in both singles and doubles. Recently, the sophomore finished third in both at the New England Championships. The women's tennis team concludes their season at the Championships but will return in their spring season



Photo by Mark Stanczak

Field hockey standout Julie Messenger was named the NEC athlete of the week for the second time this season.

when they host Holy Cross on Feb. 28, 2004.

Lauren Lamb, of Sacred Heart University's women's volleyball squad, also received an Athlete of the Week honor recently. The senior, from West Bloomfield, MI, has been leading her team all season with her significant role as one of the team's main point producers.

Lamb is the team leader in points and kills and is second in both blocks and service aces. Most recently, she had another

one of her super matches as the Pioneers defeated Wagner. Women's Volleyball has struggled this fall, but team dedication and leadership from Athlete of the Week Lauren Lamb may help improve their overall record this season.

Receiving an Athlete of the Week honor is certainly a valuable accomplishment. Congratulations to the athletes of the week and good luck with the rest of the season.

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