



Contact News Editor Mark Stanczak at: m-stanczak@sacredheart.edu

SHU Art Students Win National Recognition

By Sharmila Munver
Staff Reporter

Five Sacred Heart University students won national recognition from the Society of Illustrators of Los Angeles (SILA, www.sila.org) this fall. The winners were Jim Davis for "Chuck Close," Jason Marcoux for "Reflective Self-Portrait" and "Takedown," Jared Montano for "Numbat," Ralph Ruta for "Iverson," and Paul Wronski for "Matisse/Picasso."

"Seven students and 11 slides were submitted [to SILA] from this department. Overall in the competition there are about 800 students nationally. Six illustrations by five [SHU] students were accepted," said Jack de

Graffenried, assistant professor of art, design, and illustration.

According to information issued on Nov. 10 in a press release by the Art Department, de Graffenried said, "The Society of Illustrators of Los Angeles is one of the most respected professional societies in the illustrations field and to have five Sacred Heart University students recognized in this way is quite impressive. I am extremely proud to be associated with these students and their work."

He said that the jurors who judge the illustrations are active professionals from companies like Disney, Dreamworks/SKG, The Los Angeles Times, and Highsmith, Inc.

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A collage of the Sacred Heart University student's nationally recognized artwork.

Photo Illustration by Robert Trenske

World Hunger Speaker Emphasizes Advocacy

By Anthony Franciosa
Staff Reporter

Standing next to a blank poster board on November 20, Jim Stipe asked the members of the audience: "What are some of the things we do to fight world hunger?"

"Volunteer at soup kitchens," responded one Sacred Heart student. "Give money to charities," said another. "Donate canned goods to food drives," stated a Sacred Heart staff member.

Stipe wrote down each response, along with some others, until the audience's thoughts were exhausted. He then removed the sheet from the board and pasted it to the front of the podium along side him.

Thereafter, he asked the audience: "Now, what are some of the things that cause world hunger?"

Poverty, unemployment, poor education, social inequality, and war were some of the replies.

Upon completing the second list, Stipe turned to the audience and told them to compare it to the prior. After the audience took note, he asked them whether or not the actions they'd performed to fight world hunger addressed its causes.

The crowd fell still. He made his point: most of the activities we take part in do not have the potential to end world hunger, but offer only temporary relief to a more detrimental problem.

"Direct service and advocacy are both necessary, but there is a time and a place for each," said Stipe. "Direct service helps feed people today, but it doesn't get at the real causes of hunger. If we want to start getting at the bigger issues, we have to start doing the advocacy stuff too."

Advocacy, as he described it, "is simply using your voice to impact decisions that are made by our government that effect poor people in the United States or internationally."

According to Stipe, the majority of the lobbyists in Washington are political representatives from large commercial organizations, such as sugar, tobacco, and crude oil industries. In contrast, there are not many people who lobby our country's lawmakers on behalf of the poor.

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AP's Former CEO Discusses Future of News

By Teresa Diaz-Hennessey
Staff Reporter

On Monday, former Chief Executive Officer and President of the Associated Press, Louis D. Boccardi, lectured on the topic "The New World of News." He discussed the impact of new technology on the gathering and consumption of news, combined with the enduring problems, issues, and opportunities facing journalism today.

The Forum was presented by the College of Arts and Sciences Lecture Series on Media and Society, in conjunction with the Department of Institutional Advancement.

The Associated Press is the largest and oldest news orga-

nization in the world, serving as a source of news, photos, graphics, audio, and video for more than one billion people a day. Boccardi led the Associated Press' worldwide operations for 18 years until his recent retirement in May of 2003. Boccardi also served for nine years on the Pulitzer Selection committee.

The Forum began with a welcome from Dr. James Castonguay, the Chairperson of the department of Media Studies and Digital Culture.

Following Dr. Castonguay's opening remarks, another introduction was given by Dr. Anthony J. Cernera, president of Sacred Heart. Dr. Cernera discussed how Boccardi's speech would be a wonderful opportuni-

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Former CEO of the Associated Press, Louis Boccardi addresses the SHU community in the Mahogany Room.

Photo by Robert Trenske

"Branding" Sacred Heart

By Greg Cappello
and Courtney Gotshall
Staff Reporters

Starting last month, a team including: Rob Cottle, Fr. Barry Meehan, Dr. David Coppola, Bonnie Figgatt, and Deanna Fiorentino have been seeking out participants in multiple three-hour branding workshops. The

group has been looking for "350 individuals ranging from faculty and administration employees and students to guidance counselors, alumni and parents" in order to help figure out Sacred Heart's "brand."

As an illustration on an e-mail sent out by Rob Cottle described, people sometimes associate certain things with others. Finding out what these connections are is known as "brand-

ing." For example, when most people hear the word "Disney," magical family entertainment comes to mind.

"At the direction of Dr. Cernera and the Cabinet, a branding core team, as well as a larger branding committee was formed. With the generous assistance provided by GE... the core team began to meet in October... to assist in clarifying and developing the Sacred Heart University

brand. Groups of approximately 25-30 people met for three-hour sessions which included discussions, word association activities, storytelling and individual writing opportunities," said Coppola, Executive Assistant to the President and Director of Programs and Publications at the Center for Christian-Jewish Understanding at Sacred Heart University.

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Associated Press CEO Explores Changing State of Media

Continued from page 1

ty for the students who attended. Dr. Cernera also discussed how both he and Boccardi attended Fordham University and how they are both from Bronx, NY. Dr. Cernera also touched on the fact that Monday was World AIDS day.

"Today the world community was asked to reflect [upon]

the tragic and dreadful disease, AIDS. We've come to a better appreciation of AIDS because of journalists...they have brought it to our general consciousness."

Dr. Cernera introduced Boccardi who said he was honored to be a part of the inauguration of the new Media Studies and Digital Culture department on campus.

"Bravo to the mission state-

ment," said Boccardi of the statement's ideal of contribution to the community.

Boccardi began by recounting the beginning of his journalism career as a reporter for the New York based World Telegram and Sun, a position he described as "about as low as a person can get" in the hierarchy of NY reporting. Ever since high school he knew he wanted to be a journalist. He had not thought then that one day he would lead the largest global news company, with bureaus in every state and correspondents in over 100 coun-

a total of eight people throughout the past ten years while covering the news. He said that they had struggled bravely against government control in other countries including Afghanistan, Morocco, Malaysia, and parts of the Soviet Union. He said that the staff continues to do so to this day to cover newsworthy events in other countries.

Before ending his speech, Boccardi named his top ten journalist pet peeves that drive him nuts (see sidebar at right).

He then closed with the statement:

"Newspaper publications are down, most newspapers have websites, and newspapers have been giving out flashy free tabloids to attract younger readers"

Louis Boccardi

tries across the world. His dream was to be an editor, not the editor of the AP, but an editor somewhere, and his dream came true.

"Work hard and dream...for those dreams can come true," Boccardi told the students that were in the audience.

He then discussed the impact of rapidly growing technology on the news industry. In 1967, the AP would receive news from correspondence in other countries at only 30 words per minute. Now in 2003, they receive news at 10,000 words per minute. Only a few years ago, it took the AP 30 minutes to send one colored photograph from location to another. Now in 2003, it takes six or seven seconds.

Their photographers currently use digital cameras and their international video operations, headquartered in London, has just gone digital.

Boccardi also discussed the impact of technology on readership and readers' consumption of the news.

"Newspaper publications are down, most newspapers have websites, and newspapers have been giving out flashy free tabloids to attract younger readers," he mentioned, adding that today is a time of "social change and international danger for journalists."

Boccardi noted that the Associated Press alone has lost

"There is a vital place in this dream for fair independent objective journalism."

A question and answer period then followed. Questions included Boccardi's opinion of the Internet, including advertising and paying for news sources on the Internet; difficult executive decisions; and the impact of technology on journalism.

"Every time something comes up on news shows or in the newspaper, you hear or see 'as provided by the associated press', and I came to see who was in charge of it all," said a citizen of Fairfield, Richard Maher who saw an advertisement in the Fairfield Citizen and attended the forum.

"It's important to get people to the university and discuss important issues. It's also important to get noteworthy business people to campus to enlighten our students. In the process we raise awareness about the university and encourage students to talk about issues. The more exposure students get from the business world, the better prepared they will be when they enter it," said Greg Bastek, Director of Major Gifts for the department of Institutional Advancement. He and his department presented the forum along with the College of Arts and Sciences' Lecture Series on Media and Society.

Louis Boccardi's Top Ten Journalistic Pet Peeves

10. Local news anchors who find humor in the weather forecast after they just reported three gruesome crime stories.

9. When a newspaper pulls one day's coverage of a continuing story, causing the reader to lose track of what is going on.

8. The endless running of the same 22-second clip on TV because the producer thinks that it is better than just showing it once.

7. Shout shows where reporters report in snow and windstorms.

6. When reporters feel free to editorialize on the weekends, yet still expect their readership to believe weekday content is objective.

5. Captions on a photo in a newspaper that tell you what your eyes have already seen.

4. When anonymous sources are allowed to argue and attack without the courage to say who they are.

3. When a story goes on and on because an editor didn't tell the reporter to put a sock on it.

2. When morning show hosts are cheery no matter how awful the news.

1. Any story that carries a comment about anything by O.J. Simpson.

SILA Contest Winners

Continued from page 1

"[SILA West 42] is a large professional exhibition. One component of this exhibition is a student portion," said de Graffenried. "[Professionals] compete against other professionals, but the students compete with each other."

He said that the recognized illustrations will be displayed in a January exhibition at the Creative Arts Gallery in Burbank, CA.

To showcase the art of past SHU participants in this and other competitions, de Graffenried has created a website at art-design.sacredheart.edu. The site lists all the national competitions in which SHU students have a history of entering, and all the honors SHU students have won. This website also lists all the illustrations since 1992 when de

Graffenried's students participated in particular competition.

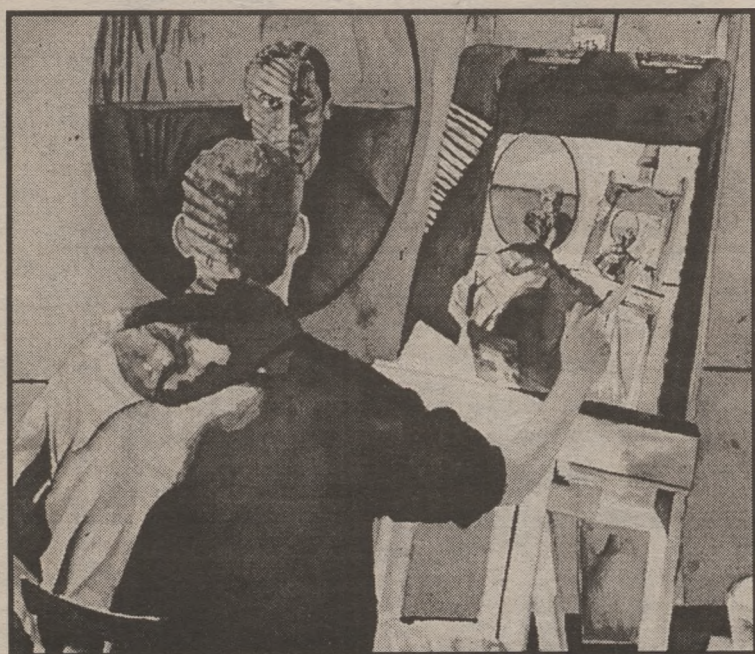
The illustrations recognized by SILA were created as a part of a class assignment, said Ruta. He had created "Iverson" for Art One.

"I finished the piece last April 2003 and [de Graffenried] had it over the summer. He made the slides and mailed it, I guess," mentioned Ruta, a senior from West Redding.

Ruta also added that he was not aware that his illustration had been submitted into the competition.

"It was a good surprise," said Ruta.

Davis, Marcoux, Montano, and Wronski were not available for comment.



Contributed Photo

A closer look at "Reflective Self Portrait" by Jason Marcoux.

Corrections

SHU VOICES
Issue 10, pp 7

One of the locations of one of the students interviewed is incorrect. Crystal Cassetori is not from the Cayman Islands but rather Jessup, PA.

Media Costs Examined

By Jennifer Motisi
Assistant News Editor

With the fall semester nearing its close and the spring semester just a few weeks away, the new lab fees charged to Media Studies and Communications students will be put to use. Although registration is over, questions still abound. Will the money paid for a class be used specifically for materials for that class? When and why was this decision made? And finally, will this deter non-media majors from taking media studies electives? Dr. Jim Castonguay, Chair of the Media Studies and Digital Culture department, has answers to these questions.

For those students who were shocked at the suddenness of the charges, it was rather surprising for Media Studies professors as well. Dr. Castonguay explained that he was not expecting the

"We have a regionally competitive program, but the supplies bought with the money from the lab fees will make us nationally competitive"
Dr. James Castonguay

fees to be instated so quickly. The proposal for these lab fees was written and approved years ago by Media Studies professors Dr. Sid Gottlieb and Dr. Louise Spence, and just recently were brought back up.

The money that students are paying for these classes will essentially be put into a pool, and this money will then be used to purchase the necessary materials. Dr. Castonguay explained that the lab fees only "defray a minor part of the media studies budget." Most production classes only allow between eight and twelve students, therefore a total of 750 dollars would be collected from those students. That money is not nearly enough for even one video camera, and so would be defraying a minor part of the Media Studies budget.

The main reason for these new fees is to keep the software and equipment new and up to date. According to Dr. Castonguay, equipment can be obsolete within just a few years of purchase. The fact that the department is going digital now also adds to the charge. The reason for the 15 dollar history and theory charge came about because the department needs to legally buy films for classes, which can cost upwards from 250 dollars per film.

While the 75 dollar production fee may seem a little steep, Dr. Castonguay points out that at other colleges lab fees for non-production classes are nearly that high. A college in Michigan charges lab fees of 50 dollars for non-production classes- the same type of classes that Sacred Heart will be charging 15 dollars for.

According to Dr. Castonguay, for Media Studies students, these fees are compared to a "cost benefit analysis, and are a no brainer." He believes that the knowledge and experience gained from spending these extra dollars will greatly benefit the students in the long run. "We have a regionally competitive program, but the supplies bought with the money from the lab fees will make us nationally competitive."

These lab fees may benefit film students, but what about those taking writing courses? Dr. Castonguay explains that the reason why there is currently no software or supplies for classes such as news writing and reporting or other writing classes is because there is not enough money for these supplies. He hopes that that the money from the lab fees assessed for these classes will be used to buy writing software and resources.

Alison Pohorylo, a junior, from Monroe, WHRT's Station Manager, has mixed feelings about the fees.

"As a Media Studies major, I don't think it's a bad thing. My one concern would be that the extra cost would discourage non-majors from taking Media Studies classes, causing them to miss out on a great learning experience."

Dr. Castonguay also believes that some students may be deterred from taking Media classes, but that it may ultimately be a good thing. "Students going in for the wrong reasons might be deterred," he said. Media majors are often locked out of classes because they are full due to the interest of non-majors. Dr. Castonguay thinks that the "deterrence may not hurt us badly, and will serve more majors earlier on." He also points out that the cost of Media Studies books is relatively inexpensive, and another option for the department was to essentially force students to individually buy the films screened in class rather than purchasing the films at the expense of the department. Therefore, in a way the price students will pay is similar to the price paid for books alone for some courses, according to Castonguay.

Students seem to have mixed feelings about these fees. Will they be beneficial, or just more extra money spent on schooling? Media Studies students and professors will just have to wait and see for themselves next semester.

October Sexual Assault Internet Related

By Brian Thorne
Staff Reporter

Additional details have been released regarding an alleged sexual assault involving a Sacred Heart University student. The incident, which was reported to the Fairfield Police Department on Oct. 29, took place off campus at the alleged assailant's residence in Bridgeport. The victim met the alleged assailant on the Internet.

"It is my understanding that [the victim] met this man through a friend who introduced [the victim to the assailant] through the Internet," said Director of Public Safety Linda Maloney. "It was an Internet relationship initially."

The alleged assailant is a resident of Bridgeport and is not a student at Sacred Heart University. Detective Sergeant Adaletta of the Bridgeport Police Department said that the suspect had not yet been questioned regarding the alleged incident.

"This is a pending investigation," said Adaletta, "and no arrests have been made."

"I am constantly advising female students to be extremely cautious with online Internet dating," said Maloney. "There are a lot of Internet stalkers and predators out there."

"I am so intent on it because I have investigated several [Internet] cases previous to coming to [Sacred Heart University]," said Maloney. "Some of my former clients that have been vic-

timized through the Internet and through Internet relationships have experienced a tremendous amount of injuries, psychological, physical, or otherwise as a result of it."

The Crime and Sexual Assault Support Services (CASAS) group at Western Washington University claims that 25 percent of the stalking incidents among college women involve cyber stalking.

The CASAS website www.wvu.edu/~casas also claims "online stalking is rising

"I am constantly advising female students to be extremely cautious with online Internet dating"
Linda Maloney

as technology continues to develop. Examples of online stalking include: unwanted/unsolicited email, unwanted/unsolicited talk requests in chat rooms, disturbing messages on bulletin boards, unsolicited communications about you, your family, and friends, ... identity theft, and sending or posting disturbing messages with your [pirated] username."

The incident, which is categorized as an alleged Internet acquaintance rape, was not found in the Public Safety incident reports on Oct. 29 because Public Safety had no knowledge

of the alleged incident until early November. The incident was reported to Assistant Director of Public Safety Jack Fernandez on Nov. 6, eight days after the alleged assault was reported. A resident hall director informed Fernandez.

The incident did appear in the Public Safety incident reports on Nov. 6 and was initially categorized as an assault.

"We were informed that the counseling center was contacted about the incident but had no details from the R.H.D.," said Maloney. "The Assistant Director (Fernandez) initiated an investigation and we were able to locate the victim the following day for an interview. The victim did not want to pursue the investigation with Public Safety"

Fairfield Police turned the investigation over to the Bridgeport Police Department because it allegedly occurred at the suspect's Bridgeport residence.

"Neither Police Department notified [Public Safety]," said Maloney.

"The reports we send out are only a very brief synopsis of the day's events," said Maloney. "We have to investigate many of the particular incidents before we can give them an exact classification."

"If I felt that any of our students were at risk because of this particular incident I would put out a security alert immediately" said Maloney. "I feel that education is essential to crime prevention."

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Assessing the Sacred Heart "Brand"

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Examples of these sessions include one that occurred on Wednesday, Nov. 12, in Uniondale, NY, and another that took place on Wednesday, Nov. 19 in Sacred Heart's President's Dining Room.

"We are being led by Richard Costello, a consultant. What he wants to do through the sessions is get people to talk about how they feel about Sacred Heart," explained Father Meehan.

Olia Yelner, a junior from Trumbull, participated in one of the branding sessions.

"The session was supposed to be in the President's Dining Room," mentioned Yelner. "But, there were so many people because they were handing out \$20 to the students that we went to the SC wing instead."

She described how the session began with a series of image and word association exercises. Costello presented images, including the Sacred Heart shield and religious icons, and asked that participants write down words that the images brought to mind. Yelner recalled that many of the original responses were negative or "strange." Students were then asked to write stories based on the words they came up with.

Yelner recalled that Costello also used role-playing during the sessions and once asked the participants to "pretend he was an alien" and to try to teach him about various things.

"Sacred Heart University has expanded a great deal in the past few years. And there is a dynamic community that is growing all the time," said Meehan. "Therefore, the idea of the branding is to step back a little bit. To look at what

we have come to, see what kind of university we are and what we offer. How we attract students. So, if you are looking at strengths you are going to look at weaknesses as well. That really is what it is about."

"SHU is trying to learn from this effort how we are perceived by the marketplace and the students we serve and what distinguishes us from other institutions," said Karen Fraser, Vice-President for Human Resources. "Our goals are to serve our students better and to make sure we have the most effective marketing efforts possible for the University. This is a very important and timely strategic initiative for the University."

With examples of branding such as soft drinks, fast food chains, and entertainment companies, it may be easy to see just how those results match up with the names. However, Sacred Heart University is not a profit-driven company, but instead an institution of education. The reasons for branding may not be as clear.

"We are trying to learn really what makes the university work, what attracts students here. What are they achieving while they are here. Why are the faculty working in a certain way, and the what is the program doing to further goals of our overall institution," said Meehan.

Another difference in these branding sessions happens to be within the focus groups.

"The branding exercise is still in progress. We have spoken with students, faculty, staff and guidance counselors," explained Meehan. "What we are doing is we are listening and we are trying to hear about the school from those different constituen-

cies. So, parents obviously have a different take on the school from a student and also the staff. Guidance councilors again have a different take because they look at Sacred Heart in terms of a lot of universities. So by listening to these different constituencies we're getting views we are trying to synthesize into a view on school."

"Students' views are essential to this process, and so far, more undergraduates have participated than people from any other group," said Bonnie Figgatt.

"By speaking to real people and hearing real problems the administration is a step closer to solving them and achieving a happier Sacred Heart community. In turn, this will bring higher enrollment and retention rates, and everyone will be better off for it."

Furthermore, another difference happens to also involve the student group. Participating students are now paid \$20.00 each to attend a three hour branding session.

"Well, simply, you are asking for three hours of a person's time and we felt it was reasonable to [compensate for that]. They are giving up time and time is valuable and students seem to respond to that," said Meehan.

"We all know what a great place this is and the information we gather will be enormously helpful as we continue our efforts to present the University in the most appropriate ways possible," said Coppola. "This process will help us to get the good word out that Sacred Heart University is a competitive, growing, caring and vibrant community of learners that continues to improve each year."

Bread for the World Speaker Advocates End for Hunger

Continued from page 1

"Poor people do not have much of [an influence] on the decisions that are made by Congress or by the president, which is why we need to become a voice for low-income people,"

a bill relating to hunger was being deliberated in Congress.

He then asked all of the audience members to write to their congressmen and request that they increase the funding of the Millennium Challenge Account (MCA), which is a US foreign aid program that aims to reduce

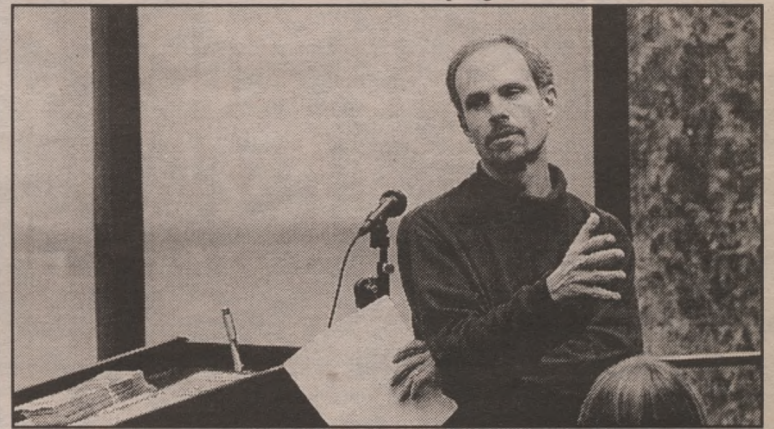


Photo by Robert Trenske

Jim Stipe discusses world hunger at a recent talk at Sacred Heart.

emphasized Stipe.

With this in mind, he called upon all of the members of the audience to take on a more active role in their country's politics by contacting their congressmen when the House and Senate are voting on important legislation relating to hunger.

"As advocates, we need to remind our congressmen to focus on these bills, which are sometimes overlooked because they are not the larger bills," said Stipe.

Thereafter, he invited the audience to join the cause of Bread for the World, which is a nationwide Christian institute that seeks justice by lobbying US lawmakers, according to the organization's information.

Noting that there were 4000 bills in Congress last year, Stipe told the audience that Bread for the World would track the bills in Congress and contact them when

poverty in developing nations.

"World hunger is something that is real. But it is also something that has been reduced in the past thirty years, which is a good thing because it means something can be done about it," he concluded.

Sponsored by Campus Ministry and the Sociology Program, the lecture given by Stipe was delivered as part of National Hunger Awareness week at SHU, which took place from Nov. 17-20.

According to Campus Minister Noel D'Agostino, Campus Ministry invited Stipe to give the talk because they wanted students to see the need for advocacy as well as direct service.

In collaboration with Bread for the World, Campus Ministry is currently orchestrating a letter writing campaign to support legislation that will increase MCA funding.

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News Briefs

The Fall Public Speaking Contest will be held on Wednesday, Dec. 10 at 1:45 - 3:15 in HC202.

Speakers vying for first, second, and third prize monetary awards are Tyler Williams, Floyd McIntyre, Lisa Isolde, Nicholas Silivance, Sarah Delagrasso, McKenzie Gray, and Lindsay Halle.

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The above illustration was created by Jared Montano. Seasons Greetings from "The Spectrum" staff. Happy Holidays! We look forward to bringing you SHU's News for the Spring Semester starting up again in January.

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Traffic Back-Up on Park Avenue

I would just like to agree with Motisi's article about our parking issue. On Tuesday morning (11/18) I was actually headed in early to my 9:30 class. Coming from Taft, the traffic was backed up past East Hall, Eckart Street, and the golf course. And that was only when I was going to SHU earlier than the morning traffic rush to get into the main entrance, so a few minutes more, and cars were probably backed up to Park Ridge!

On my long wait to get there, I had seen a number of possibilities for accidents to arise. People cutting in and out of the lanes to get a few cars ahead, or just driving aggressively. Not to mention the drivers who start the turn left into school, but hang their backends out blocking the opposing lane trying to go straight. Drivers make right on reds, even when oncoming traffic has the protected left hand turn signal, and drivers who are in that protected lane drive up so far when it is red that they can't see when the light turns green, so they wait there unknowingly of whether they have the right of way or not.

Now, we all know public safety cannot control the street traffic, as they are not the real city police force, however, this chaos could all be avoided if it weren't for their terrorist fighting cones forcing the entrance to go from two lanes to only one. If Public Safety really believes that a few cones will protect against non-SHU people entering our campus (as if they couldn't just walk in from any of the surrounding campus boundaries) then they should seriously consider converting the second one way only exit into another Public Safety manned and cone protected entrance at least during the heavy traffic of class beginning times.

The problem of the outside streets really could be solved quite easily this way, it is not rocket science. While this would ease the traffic on Park Avenue, maybe an email of apology from Public Safety to all teachers and students would also be a nice idea; the apology of course being for stealing their teaching time to students who try to be on time for their classes, and get all their money's worth.

However, once inside SHU, the parking situation sure seems to remain rocket science, since it is only growing worse every day. Maybe people should consider car-pooling?

-Contributed by senior Elizabeth Bialecki

On The First Day of Christmas...

In a very short time this semester will come to a close and the Sacred Heart University community will pack up and head home for the holidays. We will return to our hometowns and families, surrounded by warmth and cheer and all of the pleasant reminders of the holiday season.

But some are not so lucky. This year, while out shopping for that perfect sweater or getting together all the ingredients for a holiday feast, we should all try to remember that there are those less fortunate than ourselves. The holiday season for them is one more reminder of their unfortunate lot in life, or the unfortunate circumstances they find themselves in. Therefore I propose we all do a few small things to help bring holiday cheer to as many people as we can.

How can you do that? Start by following this updated, and much less ornithological rendition of the twelve days of Christmas.

On the first day of Christmas try volunteering at a local soup kitchen. Most communities have them. Stop down at a local church or get in touch with someone at town hall in order to find out where to sign up and what is expected of you. Giving time to help feed those less fortunate is a gift that cannot be measured by dollars.

On the second day of Christmas find a local food bank and give a donation. We all remember those canned food drives in elementary school where we raided our parents' cabinets for all those things we didn't want to eat ourselves (the food shelter always got at least five cans of peas from my house). Now we are all older and can understand that the spirit of donation is not getting rid of what we don't want, but providing what others need. So before you empty your shelves of expired canned goods and strange jars of pickled pig parts, stop in or call the local food bank

and find out what they need.

On the third day of Christmas, if food banks and soup kitchens are not your thing, donate money to a worthy cause. This time of year you will probably encounter men on the sidewalk in Santa outfits, waving a bell and standing next to a cast iron pot labeled Salvation Army. Make a point of giving something to every one you pass. However it is hard to make those excuses when you drive home from the supermarket with a full load of groceries, blasting one of your many CD's through your hundred dollar stereo.

On the fourth day of Christmas change your gift-giving ways. Everyone you know is going to be exchanging the usual holiday gifts: books, CD's, clothing, ugly ties. Do something different this year. Find charitable organizations that fit the persona of who you are buying for and, instead of that gross tie or cheap sweater, donate money in their name. Buy an acre of rainforest, or make a donation to the Red Cross for your aunt the nurse. The gift will serve the double purpose of being unique and thoughtful, as well as useful and charitable. You never know, you may start a trend.

On the fifth day of Christmas get in touch with your local chapter of Habitat for Humanity and give them a few hours of your Saturday (yeah, the one you were gonna spend getting drunk and watching college football).

So the song doesn't rhyme anymore and I only went to the fifth day of Christmas. That isn't the point. My challenge is to take the spirit of giving and go forth into this chilly commercial world and care for others. Make an effort to do at least one thing on the list, or do something that isn't on the list that is equally charitable. And once you do so, that feeling you get from it is my holiday gift to you.

-Contributed by Steve Horvath

Bad Language Use Inappropriate

I am a sophomore at SHU and I am from Bridgeport, CT. I agree that students should watch what they say. Bad language is called "bad language" for a reason. I remember not too long ago at work a fellow employee of mine said the "f" word out loud while I was helping a customer. I don't know how the customer felt, but I felt embarrassed because she couldn't watch her language in our working environment. It does not sound professional to use such words in a professional environment.

When I walk to my classes I always hear cursing. It is to the point where it's ridiculous. I'm not saying that there should be a rule against cursing, but if

people can at least be responsible for what they say and be aware that there are a lot of events that take place that consist of people from outside of SHU that come to those events.

There are also children who go to SHU because of trips and whatnot. My little brother went to SHU recently because he and his class had a trip to watch a play. I would be upset if he came home using bad language and find out that he heard it from someone at SHU. If I can speak without using curse words, why can't everyone else? You can do anything you set your mind to.

-Contributed by Wanda Aceveda

Professor Expresses Appreciation

Dear Nadia:

Thank you so much for the lovely article you wrote about the Tolkien class I will be teaching next semester. You beautifully captured the sense I have of this very special course and how thrilled I am to be teaching it and sharing Tolkien's literature with our students in the spring.

I deeply appreciate your energy, enthusiasm, and skills as a journalist.

Yours most sincerely,
Roberta Lynne Staples, Ph.D.
Professor of English

Dear Bob:

I just wanted to thank you for that really terrific picture you took of me that went into the Tolkien article in this week's [November 20] Spectrum. You and Pat worked some kind of magic of your own in this.

Thanks again...Dr. Staples

Student Opposition to Commuter Parking Fee

I am writing in response to the new parking pass fee imposed on commuters. With this new policy; Sacred Heart has decided to place a \$20 fee on parking passes for commuters only. As I drove in to school one day, security was kind enough to let me know that if I don't update my existing pass (in other words; pay for a new one) that I will be fined \$85.

How can this new fee be ethical? Students are given no other parking options, so there is no choice but to pay the fee or receive a fine. As it stands today, the parking facilities are completely inadequate. There have been times when I have had to drive around for 15 minutes to find a parking spot.

I read in SHU's newspaper that Linda Maloney and... [Sr. Donna Dodge] decided that it would be a great way to raise money but that it hadn't been decided where the funds will be applied. It did mention the possibility of the funds going toward added security; however any added security should be paid for by all students, not just the commuters who spend the least amount of time on campus and will benefit the least from it.

If the funds were going to help to fix the parking problem or in some way help the commuters then I would be all for it, assuming that everyone who drives is subjected to the fee including faculty and staff. However, in the

newspaper article they mentioned that the money collected would not go towards more or better parking facilities.

Students are already subjected to a multitude of fees but commuters must pay for additional costs such as: gas, wear and tear, food while at school and auto insurance just to attend school. I posted this subject on the discussion board in the computer ethics course and most people find this new fee discriminatory. Commuters should not be subjected to additional fees based on their means of getting on campus.

There is no reference to a parking fee in the student handbook and no notice was given prior to registering for classes this year. I understand the rules can and will change but the handbook is a type of contract between the school and students and to simply impose this fee without allowing some sort of rebuttal seems unethical.

I have looked at the parking policies of other local universities and they don't have a parking fee for part time students; which are commuters. Why would SHU choose to place an additional burden on its students and what are the commuters receiving in return?

-Contributed by Ken Trochsler

Semester Summary

Dear SHU Community:

The end of the semester has finally arrived. For some it's gone faster than others! We're in the mindset of crunching for finals and cramming as much fun into these stressful last few days as possible.

It's been a very interesting experience, being editor-in-chief this semester at SHU. I've met interesting people, heard many sides to many stories, and have a greater understanding than I thought I'd ever have of deadlines.

This semester brought us funny cartoons, parking fiascos, the groundbreaking of a new dorm, new staff, and even a "Shuperstation."

I look forward to all the spring events in store for us next semester, as students, and for some of us, as seniors! Graduation seemed like such a scary thing as a freshman, but

now I'm ready to embrace my diploma and wear the outfit I wore for the senior portraits (the cap and gown) "for real" as I walk down the graduation aisle!

Even if the semester has not brought you the best of luck, you're a stronger person for surviving it, so congratulations.

To those of you graduating this month, congratulations to you as well. "The Spectrum" staff sends our warmest wishes to you in all future endeavors.

I hope everyone stays fairly calm during finals week and "splurges" a little either by eating some chocolate, or cheesecake (or chocolate cheesecake!), or seeing extra movies or doing something enjoyable!

Happy holidays to you all and don't forget to pick up "The Spectrum" again when we return in January.

Sincerely,

Kerry Freel, editor-in-chief



5151 Park Ave.
Fairfield, CT 06825

Office: (203) 371-7963 or 7966 Fax: (203) 371-7828
http://spectrum.sacredheart.edu

Editor-in-Chief

Kerry Freel

Associate Editor

Ryan Farnsworth

Photography Editor

Robert Trenske

News Editor

Mark Stanczak

Copy Editor

Jennifer Martinetti

Sports Editor

Katie Atkins

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Katie Carroll

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Patrick Scalisi

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Editorial Policy

The editorial pages are an open forum. Letters to the editor are encouraged. All submissions are due by 5 p.m. on Mondays and are subject to editing for spelling, punctuation and length. The Spectrum does not assume copyright for any published material.

The Spectrum is a student-run newspaper of Sacred Heart University and is published every Thursday during the academic year. All mail should be sent to:

The Spectrum
Sacred Heart University
5151 Park Avenue
Fairfield, CT 06825

Our phone number is
203-371-7963 and our fax is: 203-371-7828.

No More Pencils, No More Books, No More Teachers' Dirty Looks

Adventures in Online Classes

The typical college class usually takes place inside a university classroom with four walls, seats for the students, a desk for the professor, and, of course, a blackboard. An online course, on the other hand, is completely different, especially at Sacred Heart University.

As I embarked on my first online class this summer, I was excited and nervous at the same time. No one can really prepare a college student for their first online class, although Sacred Heart University students are used to the technological advances of today because of the laptop program that we are so fortunate to have.

My heart raced a little bit while opening my laptop to sign on to class for the first time. I had submitted assignments online before through the school's website or what is known as "blackboard," but never had I actually taken a whole, semester class through the computer before. I did not know what to expect and did not know exactly how the two classes that I was taking were going to be conducted.

I logged on to the Sacred Heart "blackboard" with my username and password and my personal page came up on the screen. As I scrolled down, the two classes were printed on the screen as my "current courses." I clicked to my Advanced Composition class and it brought me to a different page that had a welcome from my professor.

On the side of that page I saw different tabs that would connect me to different aspects of the course. These included "assignments," "course documents," and "class discussions." I navigated my way through all of this just to get a taste of what the course was going to be like as well as how to get my assignments and find out how the courses were going to be held.

I found the syllabus under the "class documents" and read through it. It was helpful to find the syllabus on the class "web page" because it walked me through all of the things I needed to do for class. For my Advanced Composition class, I had assignments, which were called "class discussions" that were due every Saturday by twelve midnight. This meant I had to do the reading on my own and answer the question that my professor had posted each week by posting it under the "class discussions."

The activity that supplemented the actual "discussions" I would have in class with my peers was by being assigned, every week, to read three of my peers answers to the same question I had answered and respond to them. I liked this very much because it made me actually feel as though I was interacting with other's ideas as well as my own.

I think this was very important to the online class, because without it, all of the online students would miss out on different opinions and view points that might contribute to an enhancement or change of ideas. I also found the class intriguing because we also were assigned four major papers to hand in to our professor.

They were spread out through the eight weeks that the class was held. These papers were to be handed in on a certain date at a certain time, or they were not accepted. This was a way of the online professor making sure that everyone was on the same page and completing assignments.

Unfortunately, I did not keep up in my class and that made me fall behind. I was not prepared to handle two classes all on my own. Frankly, I am embarrassed about that fact simply because I thought I was a "mature" college kid that could handle not being supervised by physically attending class at Sacred Heart. I found that those one or two days of attending class during the actual school year really kept me from falling behind because I had to actually walk into class every week and see my professors and include myself in verbal class discussions with my peers every time I went to class.

After catching up, I have not only learned a lot academically from the two online courses that I took, but I also learned that in the real world, no one is going to be looking over your shoulder to see if you are doing the work that you are supposed to be doing. The two online classes taught me indeed all the curriculum that I needed to know in the two subjects in which I was studying, but it also gave me a good life lesson. That lesson is to never to procrastinate in the real world because it will not only affect your workmanship, but also the way others will perceive you as well as the way you will perceive yourself.

-Contributed by Stacey Fowler



Compiled by
Robert Trenske

What gifts would you like to receive this holiday season?



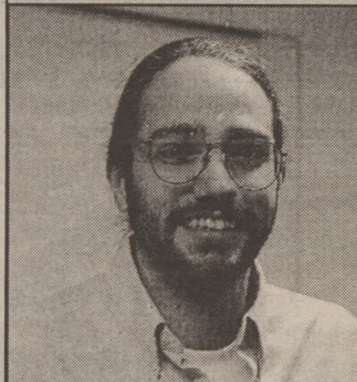
"I want a ride on Santa's Sled"

Rich Suarino
Senior
Rye, NY



"I would like to have the cockroaches removed from my apartment."

Kate Casaubon
Senior
Dudley, MA



"I would like a parking spot."

Jim Castonguay
Faculty
Middletown, CT

Students Wheel Through Exercise Class

By Katie Carroll
Features Editor

Two years ago, Sacred Heart students Sarah Given, Bridget Berran, and Abby Joseph created an uncommon exercise class at The Kennedy Center, Inc. in Bridgeport. Often, the class invades The Kennedy Center cafeteria, allowing the wheelchair bound participants to zoom around, chasing their instructors, who are members of the Pre-Physical Therapy (Pre-PT) Club. The service project involves not only physical exertion, but also mental creativity on the part of the instructors. When one member refused to participate in the class, the instructors made a crown and declared the member to be Queen of Exercise for the day. Another member showed her appreciation to the instructors by giving them a glittery craft, which leaked all over the documentation book.

The Kennedy Center is a rehabilitation facility that pro-

vides vocational, educational, residential, and recreational services for children and adults with disabilities, including mental retardation, autism, cerebral palsy, and psychiatric disabilities. Given, an exercise science major from New Hampshire, Berran, an exercise science major from Brooklyn, New York, and Joseph, a Physical Therapy graduate student from Williamstown, New Jersey, worked in conjunction with The Kennedy Center to spearhead the wheelchair exercise class. Recently, the trio was able to present the concepts of their class at the New England American College of Sports Medicine convention in Providence, Rhode Island.

Given, Berran, and Joseph turned to the Pre-PT Club and faculty advisor, Wendy Bjerke, to carry out the service project, which was nominated for a state community service award

last May. Three days a week, the instructors go to The Kennedy Center and conduct ninety-minute ses-

sions. The sessions are formatted as one-on-one interactions between an instructor and a member of The Kennedy Center. During each session, the instructor is required to document the exercises performed, as well as behavioral and physical changes.

The documents were collected by Given, Berran, and Joseph and compiled as a case study. Joseph, who was President of the Pre-PT Club at the start of the project, observed that at the beginning many of the individuals participating in the class lacked some combination of muscle strength, range of motion, and/or social skills. According to Joseph, "Our hope for these individuals was to improve their quality of life and help them stay independent or become more independent."

"This class is the only time these individuals participate in gross motor activities," continues Joseph. "Most of the day they are sitting in their chairs working on piece meal, or fine motor skills."

At the conference, Given, Berran, and Joseph were able to showcase the results of their project to exercise science professionals from large universities, including the University of Connecticut and the University of Massachusetts. The study showed participant improvement in strength, range of motion, and social skills.

The study also reported that the members found the class important. The participants were so enthusiastic about the class that they all learned their instructor's name (a notable cognitive task) and missed their instructors over Christmas and summer breaks. One mistaken participant cried because he was afraid the instructors were not



Photo Illustration by
Robert Trenske

See "Wheelchair
Exercise Class"
Continued on Page 9

Courage To Speak Foundation Reaches Out to Students

By Deborah Carrara
Staff Reporter

Over 100,000 people have heard her story; the story of an accident that no parent wants to imagine. The kind of story that adolescents believe will never happen to them or their friends. The story of a boy, cut down in his youth, with so many dreams and aspirations left undone.

Ginger Katz, founder of the Courage To Speak Foundation, along with her husband Larry, have shared the story of her son's accidental overdose in 1996 with many schools and organizations over the past seven years.

Speaking to seventh and eighth graders, her presentation is one of role-playing, appealing to each student in the hopes of teaching them how to avoid and speak out about drugs.

"We need to educate our children about drugs early on," Katz



Photo Courtesy of Ginger and Larry Katz

This picture was taken three days before Ian Katz died of a drug overdose. Ginger Katz, Ian's mother and founder of the Courage to Speak Foundation, now speaks to students of all ages about the dangers of drug abuse.

says. As much as she is there to do the talking, Katz is certainly there to hear the students when they speak.

"As I listen to the kids, it becomes clear that they are deeply concerned about drugs and are looking for guidance,"

says Katz. "Kids will write and email me, and share their experiences and ask advice. Sometimes they write just to hear words of support from someone who understands what is happening to them."

Ginger Katz has made her presentation to over 200 audiences, including parent organizations, middle schools, high schools and colleges. She has testified before the Connecticut General Assembly and the Federal Center for Substance Abuse in the hopes of helping to shape substance abuse policies and services that support prevention and treatment of drug and alcohol abuse.

This year The Courage To Speak Foundation has become a formal part of the curriculum at several middle schools in Fairfield County, but Katz's goals don't stop at middle or even high school level.

Katz feels her focus on colleges and universities is just as

important as her focus on the younger students. This college audience is a special one to Katz.

"Ian [Katz] was away at college when he called me and said that he had a problem. He realized that he needed help, and then it was too late," says Katz. "For any person who can hear my voice, it's not too late."

Sacred Heart is just one of many colleges at which Katz has spoken and she hopes that her message has meant more to the students than just another sad story. She hopes that by having other college students hear what it was like for her and for her son, the more they will realize that the gamble of an unexpected addiction that could create another sad story that doesn't have to happen.

Kate Casaubon, a senior, did not hear Katz speak this past

See "Speaking About
Drug Abuse"
Continued on page 9

Finals Survival Guide

By Vanessa Rubino
Staff Reporter

Starting to feel the crunch of the end of the semester? If you're like most other Sacred Heart students you are probably stressed to the max as you try to catch up on reading, finish up final presentations, and begin to study for final exams. It's hard enough to properly manage time during the semester, but finals mean an even tighter time

"You may have to curtail or eliminate some things you do for fun. This doesn't mean there should be no time for yourself, though."

Dean Bozzone

schedule. Instead of stressing out, getting sick, and pulling all-nighters, try following these 10 simple steps that can make your life easier as finals roll around. Michael Bozzone, Dean of Freshman, offers a few helpful pointers that will help alleviate the finals freak out mode.

1. Realize that finals week is a special (albeit stressful) time of year. This may mean cutting back on going out, putting in extra hours to study, or meeting with a CLA to review difficult concepts.

"Remember that this period is—or should be—different from the rest of the term. It has a different purpose. It should therefore have different activities," comments Bozzone.

2. Begin to prepare for exams now. Don't wait until the night before to cram for your cumulative biology exam.

"Conduct an organized and sensible review of the material. Go over your notes. Review any marked sections of your text. Look over the ends of chapters for definitions and/or questions. Check old quizzes," says Bozzone.

3. Make a study schedule.

"Adjust your time schedule. Divide your time into catching up time and reviewing time," suggests Bozzone.

4. Test yourself.

"More now than ever, be an active studier. Write things down. Talk out loud to yourself or others. Take practice exams. But just don't sit there and reread chapters or notes,"

suggests Bozzone.

5. Know your exam schedule. The registrar makes the final exam schedule available well in advance of finals week. Obtain a copy and begin to plot out what days and times your exams will be held on.

"This basic will help you to manage your time schedule. It will identify potential crunch times and show you where your breaks may lie," says Bozzone.

6. Minimize distractions. Find a distraction-free area to study, whether that means visiting the library, sitting down in the mahogany room, or camping out in your room.

"Don't put yourself in a situation that just isn't good for studying," notes Bozzone.

7. Take breaks.

"You may have to curtail or eliminate some things you do for fun. This doesn't mean there should be no time for yourself, though. That may do more harm than good. Take logical breaks as you study," says Bozzone.

8. Find out the exam format if you can. Ask if the exam is cumulative or will just cover a certain section of material. This will help you plan your time accordingly when studying and taking the exam.

"Read over the test briefly for content and point value, then plan your time accordingly. Don't spend a half-hour on a three-point question and leave a 50-point essay for the last minute," recommends Bozzone.

9. Don't sweat the small stuff.

"Right before the test be sure to take care of the variables. Get enough sleep. Take extra precautions that you don't oversleep. Have your materials ready the day before (clothes, stuff to write with, paper if you need it, and anything else for the exam)," suggests Bozzone.

10. Be confident and relaxed.

"Try your best to be confident. You've taken the course, and if you've done it correctly (been to class, taken notes, etc.), you should be familiar with the material. A little extra help, a little extra prep, and you should be ready," says Bozzone.

Following these ten steps may seem easier said than done. But if you begin to study and plan your time accordingly now (whether it means missing "Friends," or a night out with your own friends), you will avoid a lot of the last minute stress that comes with procrastination. Finals are never fun, but if you study, stay calm, and prepare, at least you can enjoy midnight breakfast.

Wheelchair Exercise Class



Photo Courtesy of Abby Joseph

Sarah Given, Bridget Berran, and Abby Joseph conducted a case study based on information compiled by the instructors of their exercise class and recently presented their findings at the New England American College of Sports Medicine convention in Providence, Rhode Island.

Continued from Page 8

coming back.

The instructors also benefited from their relationships with The Kennedy Center participants. Jodi Jandi, a senior from Sterling, Massachusetts and an exercise class instructor, explains, "I found I had to stretch my mind to come up with creative ways to show exercises. I couldn't just have them stretch their quad; I had to find a way to stretch so that they could and

would do it."

In addition to illustrating the physical and social skills that The Kennedy Center participants gained, the study showed that regardless of instructor education level, the participants improved their quality of life. The trio felt this was an important finding because it showed that whether the instructors were freshman or seniors, the exercise classes were successful.

"I was not only honored to be able to present at a professional conference," notes Joseph, "but more importantly [Given,

Berran, and I] were able to express to others the significance and importance of our program to the quality of life of these individuals."

Currently, the classes are still being run at The Kennedy Center. The trio hopes the program will continue to have a positive impact on the quality of life on the members of The Kennedy Center. Joseph simply has to open the glitter-drenched documentation book to realize the important influence her group's project has had on others.

Speaking About Drug Abuse

Continued from page 8

August on campus, but had much to say about the topic of drug abuse.

"I did hear about her and her story, and I think that her message is important for any age group; the more people that hear her, the better. Drug abuse doesn't just start in middle school or high school," says Casaubon. "It's important to speak to a variety of age groups about alcohol and drug abuse."

Assistant to the Dean at Fairfield University, Nancy Maitland, did not anticipate how far and how fast Katz's words would travel after speaking at her campus. Maitland was surprised to hear that students had started discussions among themselves and that a positive reaction could be felt by families and friends just

days after a presentation from the Courage To Speak Foundation.

"I believed that the benefits of the program would be the dis-

"For any person who can hear my voice, it's not too late"

Ginger Katz

cussion of drugs. What I didn't expect was the impact that [Katz] speaking to the students as a parent would have," wrote Maitland to the Katz's after their presentation.

Currently, Katz is working on her Basketball Classic, which is the foundation's biggest fundraiser. The event will be held in February and is a means for all

generations to come together in awareness and support her mission.

Additionally, Katz would like to revisit the idea of writing her son's story as an inspiration for others and as a means to share her words of wisdom and of pain.

"The night before I buried my son, I knew my future would be spent sharing his story. The reaction of young people to Ian's slide into drug addiction has inspired me to write," says Katz. "I'm hoping that a book will make it possible for me to reach even more people."

More information can be found about the Courage To Speak Foundation and their calendar of presentations and events, by visiting their web site address, www.couragetospeak.org, or by calling (203) 866-5282.

In Memoriam 2003

By Patrick Scalisi
A & E Editor

In 2003, the arts saw a surge of blockbusters and hit releases that made billions worldwide and entertained audiences during the bleakest days of war and conflict. But 2003 also winced in sorrow as it suffered the loss of some of the greatest personalities in entertainment. Whether in the realm of film, television, or music, the following entertainers may be gone, but they will certainly never be forgotten:

Charles Bronson (born 1920): The son of a Lithuanian coal miner, Charles Bronson claimed to have never spoken any English during his childhood in Pennsylvania. After returning home from service in World War II, Bronson wanted to pursue a career in the arts. He worked as a set designer at a Philadelphia theater and acted in a few minor roles. His love was soon acting and his first parts were bit roles in film and theater.

Bronson's first starring role came in the 1958 film "Gang War" and one of the biggest roles of his career came one year later in "The Magnificent Seven." Seeking to expand into a different market, Bronson moved to Europe in 1968 and had many hits. Upon returning to Hollywood, Bronson was already a huge international star. His most successful films of the 70s were "Death Wish" and its sequels.

Bronson starred alongside his second wife, Jill Ireland, in many films during the 70s. He passed away in August of pneumonia in Los Angeles.

Johnny R. Cash (born 1932): J.R. Cash was born on February 26, 1932 in rural Kingsland, Arkansas. The name "Johnny" wasn't coined until his recording days. Singing in a deep, profound voice that sounded less like a typical singer and more like a narrator of the American vision, Cash wrote about the blue-collar worker and his place in the county.

In 1958 Cash went to Columbia Records. He spent nearly thirty years with the company during which he recorded such classics as "Ring Of Fire," "Understand Your Man," "Man In Black" and "A Boy Named Sue." In 1969, Cash won multiple CMA awards including "Entertainer Of The Year" and "Album Of The Year." His album "A Boy

Named Sue" won five Grammy's between 1967 and 1970.

Johnny Cash released more than 70 albums throughout his career. He died on September 12, 2003 due to complications from diabetes.

Katharine Hepburn (born 1907): Katharine Hepburn was born in Hartford on May 12, 1907. After graduating college in 1928, Hepburn embarked on pursuing an acting career. In 1932 she appeared in the Broadway production "The Warriors Husband," which led to a film contract with RKO Studios. Her film debut was "A Bill of Divorcement."

In 1933, Hepburn won her first of four Academy Awards for



Photo courtesy of KatherineHepburn.com

her performance as Eva Lovelace in the film "Morning Glory." She subsequently starred in "Little Woman," "Alice Adams," and "Stage Door," and the Cary Grant comedy "Bringing up Baby." After a string of box-office failures, Hepburn left the screen in favor of the stage. Her turn in the film "The Philadelphia Story" in 1940 marked her triumphant return to Hollywood.

Hepburn starred alongside some of Hollywood's most legendary talent, including Spencer Tracy in "Guess Whose Coming to Dinner" and Peter O'Toole in "The Lion in Winter." In 1981, Hepburn won her fourth Oscar starring with legend Henry Fonda in "On Golden Pond." 1994 marked Hepburn's final on-screen appearance as Warren Beatty's feisty aunt in "Love Affair."

Hepburn passed away at age 96 on her family's estate in Connecticut.

Gregory Hines (born 1946): Although he is best known for his incredible tap-dancing skills that

won him national acclaim as well as a Tony Award in 1992, Gregory Hines will best be remembered by college students everywhere as the humorous, dancing, pot-smoking slave Josephus in Mel Brooks' "History of the World Part 1."

Hines' talent, however, stretched far beyond his comical side. A skilled dancer that could command both the audiences of Broadway and the big screen, Hines was truly a gem among the New York musical scene. He won the aforementioned Tony Award for his role in the musical "Jelly's Last Jam," but also garnered big laughs for his turn in films like "The Cotton Club" and "Running Scared"

Hines lost his noble fight with liver cancer in August at age 57.

Bob Hope (born 1903): The fifth of seven sons, Bob Hope was born Leslie Townes Hope in Eltham, England. In 1907 he moved to Cleveland, Ohio with his family and became known as Bob instead of Leslie. After leaving high school, Hope pursued his desire to dance and began taking lessons with entertainers King Rastus Brown and Johnny Root.

From there, Hope continued to dance in amateur shows until he landed a role in his first Broadway musical, "Sidewalks of New York." In 1933 Hope received his first major recognition by critics and the public in his comedic role of Huckleberry



Photo courtesy of Bobhope.com

Haines in the successful Broadway musical, "Roberta."

Hope landed his first feature film with Paramount Pictures in 1938 in a production of "The Big Broadcast Of 1938." Later

that year, NBC signed Hope for his own show, which was later rated number one in America. The movie "The Road Pictures," made Hope a box office hit.

Hope managed to master almost every form of mass-media in his lifetime, including television, theater, radio, and film. However, Hope will best be remembered as a USO entertainer who brought a brief, comic respite to the thousands of soldiers who fought overseas during World War II and Vietnam.

In his lifetime Bob Hope starred in over fifty feature films. He passed away at age 100 on July 27.

Robert Palmer (born 1949): Robert Palmer—born Alan Palmer in 1949—never saw a movie or watched TV until he was 12 years old. But he listened to a lot of music, and this would later influence a career that spanned almost thirty years.

Born to a navy father stationed in Malta, Palmer moved back to England in his late teens and began to get more involved in music. He was a member of three different groups before finally going solo. His first solo record, "Sneakin' Sally Through the Alley," was released in 1974 and, although the album was critically acclaimed, it sold only moderately well.

Palmer released two more luke-warm albums before joining the group Power Station in 1985. Despite two hit singles with the group, Palmer decided to quit and continue on with his solo career. In 1996, his song "Addicted to Love" became a worldwide smash, landing at the top of the U.S. charts and in the Top 5 in the UK.

Palmer is responsible for several other hit singles including "Bad Case of Loving You" and "Simply Irresistible" and collaborated successfully with Bob Dylan and UB40. A rock star who steered clear of vices, considered himself a gentleman, and kept out of the public eye, Palmer died of a heart attack in September.

Gregory Peck (born 1916): Born and raised in San Diego, Eldred Peck changed his name to Gregory during his early days in New York. In the spring of 1939, Peck skipped his graduation from UC Berkeley and, with \$160 dollars in his pocket, left for New York City to pursue his dream of acting.

In Manhattan, Peck waited on tables and modeled for pho-

tographers. He acted in theater stock companies hoping for a break. After performing in more than twenty shows, Broadway director Guthrie McClintic spotted Peck and offered him a small role in the Broadway show "The Doctors Dilemma." It was then that Hollywood called and in 1943 Peck became recognized



Photo courtesy of imdb.com

as one of America's most distinguished actors.

Peck made 55 films in his career. His most recognized work is, "Roman Holiday," "The Man in the Grey Flannel Suit," "Moby Dick," "Cape Fear," and "Arabesque." Despite five nominations, he won his only Academy Award for 1963's "To Kill a Mockingbird." Gregory Peck died at age 87 on June 13.

John Ritter (born 1948): Jonathan Southworth Ritter was born in Burbank, CA, on September 17, 1948. Ritter attended the University of Southern California and graduated in 1971 with a B.A. degree in Drama.

Between 1968 and 1969, Ritter appeared in a series of stage performances in England, Scotland, Holland, and Germany. Almost ten years later, Ritter gained national fame as Jack Tripp in the television show "Three's Company." He became known as an American icon and as a staple in sitcom television.

Despite boasting supporting roles in a multitude of films, Ritter best worked in the realm of television. In 2002, Ritter began shooting the ABC sitcom "Eight Simple Rules For Dating My Teenage Daughter." The show was a huge success, and had been commissioned for a second season. During shooting for the fourth episode of the second

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Celebrities Remembered In 2003

Continued from page 10

season, Ritter collapsed on set. Tragically, he passed away later that evening from a dissected aorta.

Rod Roddy (born 1937): Born in Fort Worth, Texas, Rod Roddy, later became the one of the most recognized announcers in television history. His thick voice with only a hint of a southern drawl gained Roddy announcing stunts on shows like "Love Connection" and "Press Your Luck." However, he is best known for his spot on "The Price is Right" as the flashy foil to Bob Barker's conservative host.

"The Price is Right" remains one of television's most popular game shows, and is currently the longest running game show ever. Roddy added charisma and style to the show not only with his notably loud, sequined outfits, but with his exciting voice, and his catch phrase "Come on Down!" He died after almost 20 years on "The Price is Right" after battling both colon and breast cancer.

Mr. Fred Rogers (born 1928): Born in Latrobe, Pennsylvania, Fred Rogers was a role model to children all over the country. The host of the popular public television children's show, "Mister Rogers' Neighborhood" for almost thirty years, Rogers influenced generations of American children.

After debuting in 1967, "Mr. Rogers' Neighborhood" was picked up by PBS the following year, becoming a staple of public TV stations around the United States. Rogers' mild manner, cardigan sweaters, and soft-spoken voice made him widely beloved.

Rogers ended production of his show in 2001, but reruns continue to be aired on many PBS stations. He died this year after a brave battle with stomach cancer.

Robert Stack (born 1919): His deep, booming voice introduced "Unsolved Mysteries" to households across the nation every week, and his handsome, clean-cut look solidified his portrayal of Eliot Ness in "The Untouchables." As an actor, Robert Stack was a versatile as the roles that he played on both sides of the Atlantic.

Born in L.A. but touted around Europe by his divorced mother, Stack learned to speak Italian and French before learning English. Back in California, Stack became a marquee name for the young Universal City Studios and starred in westerns, romances, and war dramas. He received an Academy Award nomination for 1956's "Written on the Wind" and acted for four seasons of the TV show "The Untouchables."

During the 1980s, Stack once again expanded his skills in the comedy classic "Airplane!" and in the animated "Transformers:

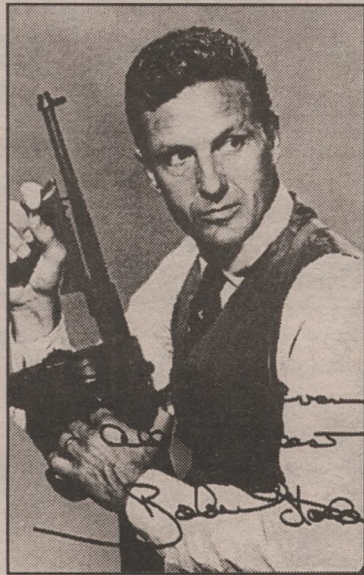


Photo courtesy of imdb.com

The Movie." He returned to television to host "Unsolved Mysteries" for more than ten years.

Robert Stack died of a heart attack on May 14, having starred in more than six decades worth of film and television.

Barry White (born 1944): Barry White was born in Texas and raised in the Watts section of Los Angeles, CA. He became involved with music at a very young age and learned to play the piano at age 11. In the early 60's, he made many records under the name Barry Lee and as a member of three different groups.

White also had talents behind the scenes and put together many successful groups. In 1969, he created the group, Love Unlimited as well as the Love Unlimited Orchestra. He was featured on two of Love Unlimited's successful singles which led him to restart his own singing career.

In 1973, he had two huge singles: "I'm Gonna Love You Just A Little More Baby" and "Never, Never Gonna Give Ya Up." The following year, "Can't Get Enough of Your Love, Babe" and "You're the First, the Last, my Everything" were released and gained instant popularity among young lovers and hopeless romantics.

White later went on to make several recordings with his wife, Glodean. He also made appearances on television shows such as "The Simpsons" and "Alley McBeal." In July of this year, he died as a result of kidney failure.

This year, we also remember: David Bloom, Jonathan Brandis, Nell Carter, Dolly the Sheep, Maurice Gibb, Bobby Hatfield, Elia Kazan, Strom Thurmond, and Warren Zevon. *Additional reporting by: Nadia Korovesi, Jayde Levesque, Jess McCann, and Matt Philipp.*

Holiday Movies Warm Even the Coldest Months of the Year

By Nadia Korovesi
Staff Reporter

As Christmas vacation approaches, the desire for a relaxing holiday movie is even greater. Maybe it is the nice feeling at the end of the semester that signals the coming of Christmas, or maybe it's just the decorations that accompany the season. In any case, the holidays inspire most students to watch their favorite holiday movies once more or go to the theaters and see the latest new releases.

Students at Sacred Heart University are happy to share their favorite holiday movies and are looking forward to Christmas vacation when they will have more time to relax and enjoy watching the newest releases. On such favorite is Jim Carey's "The Grinch."

"My favorite holiday movie is 'The Grinch' because it is funny but at the same time very cute," said Johanna Wilson, a freshman from Brooklyn, NY. "I am a kid at heart so I loved this movie. Jim Carrey was very good...too."

"I'd have to say that one of my favorite holiday movies is 'The Grinch,'" explains sophomore Jim Brennan from Marshfield, MA. "I believe it's a classic with a really good plot and pretty much everybody knows the story."

Carla Masopust, a senior from Fishkill, NY has a different favorite: "One holiday movie that I really like is 'The Santa Clause' with Tim Allen. I found it a sweet holiday-themed film, which is at



Photo Courtesy of Buena Vista
Tim Allen tackles the role of St. Nicholas in both "The Santa Clause" and its 2002 sequel.

the same time funny and non-stop entertaining. The entire family can enjoy it and it is very easy to watch."

"My favorite is 'White Christmas' because it is a classic holiday film," says Katie Loney, a sophomore from Bogota, NJ. "It's the type of movie that you can watch over

and over again with your family and your friends."

It also seems that there are students who have already seen some of the new releases and enthusiastically suggest them to the rest.

"I recently saw the film 'Elf' that just came out, and it was just hilarious," confesses senior Michelle Giammarino from Wilton. "It had very simple humor and I think that the viewer can relate to it because it is just so funny. I definitely suggest that everyone see it."

"Last night, I saw 'Love Actually,'" says Leann Combis, a freshman from Norwalk. "It's a Christmas movie that is very cute and sad. The whole movie follows the lives of eight very different couples in dealing with their love lives in various loosely and interrelated tales all set during a frantic week before Christmas in London," she explains. "I really liked it because the movie is all about love."

The temperature is going down and more and more Christmas trees are being decorated with ornaments, angels, and silver and gold pinecones. Families are getting together around the Christmas table and, most importantly, the semester is almost over! So what better way to start the holidays than with one of these movie rentals or with a visit to the nearest theater to check out the new releases?

Fins Up to the Best Film of the Year

By Jess McCann
Staff Reporter

"Finding Nemo" was proclaimed a hit from the start, garnering critical acclaim during its whirlwind theatrical release and selling an unprecedented number of copies when it was released on video almost one month ago. Entertainment Weekly named it one of the best films of the year and many feel that it will certainly be a shoo-in for Best Animated Film at this year's Academy Awards.

Indeed, "Finding Nemo" is a movie that can be enjoyed by all ages and audiences. Here at Sacred Heart, students also feel that "Finding Nemo" has earned the title of best movie of the year.

"At Thanksgiving my entire family watched 'Finding Nemo' after dinner," says junior Megan Wheeler from Oxford. "I could watch it over and over again. The script is very cleverly written and it doesn't matter how many times

I watch it."

"I personally think the animation is what really made the movie," explains sophomore Ryan Mitchell from Newport RI. "My favorite character was definitely Dory; Ellen DeGeneres did an awesome job."

Quick Fact: "Finding Nemo" sold 8 million DVDs on it's first day of sales!

It was Walt Disney and Pixar Animation Studios that jointly presented the film when it was released in July. On November 4 the DVD and video became available and was swimming its way onto millions of television screens everywhere.

"Finding Nemo" is a story of courage mixed with witty humor. The audience is taken into the stunning underwater world of Australia's Great Barrier Reef with fantastic results. Instantly, the eye is captivated by the


animation and how realistic the characters look. The music adds a sense of serenity and the water shimmers just as it would if the sea were captured in a photograph.

"Finding Nemo" follows Marlin (Albert Brooks), a clown fish raising his son, Nemo (Alexander Gould), alone. Marlin becomes a very over-protective father and believes the sea is a dangerous place where every precaution must be taken to keep his son Nemo safe.

Nemo, on the other hand, acts like any child would: he is entering the world for the first time and is captivated by everything he sees. The film accurately portrays human characteristics and has an educational moral attached to the adventure. Anyone can relate to these characters.

"Finding Nemo" doesn't let any fish joke swim away. With the incredible advances in CGI animation, Nemo was able to woo critics everywhere. "Finding Nemo" is a great catch for movie-buffs, Disney fans and everyone in between and has justly earned the title "Film of the Year."

PIONEERS



Sports Shorts

Compiled by **Katie Atkins**
Sports Editor

Football

Sacred Heart senior Pete Athans (Ocean, NJ) was named the Northeast Conference's top return specialist for the second straight season and was also named First Team All-NEC as a defensive back. Joining him on the first team is senior defensive back Brian Pawlowski (Branchburg, NJ) and senior kicker Greg Tonzola (Denville, NJ).

Senior wide receiver Marlon Ward was named to the All-NEC second team after leading the Pioneers with 34 receptions this season. Senior corner Ron St. Just was also named second team All-NEC after leading the conference in pass breakups this season with 20 (Courtesy of Sacred Heart Athletics website.)

Women's Basketball

Sacred Heart University women's basketball player Amanda Pape (Stamford, CT) was named Choice Hotels Northeast Conference Rookie of the Week for the week of November 24th through 30th. Pape was also named the Sacred Heart Athlete of the Week for the same week.

The Stamford, CT native averaged 18.0 points, 4.7 rebounds, 1.7 assists and 3.0 steals while shooting 21-of-35 from the field (.600) as the Pioneers pushed to a 2-1 record on the week including wins over Lafayette, 92-59, and Louisiana-Lafayette, 75-60, and a loss at Maryland, 90-49. In the three game stretch, Pape added a 23 and 24-point performance. She led the Pioneers with 23 points in a win against Lafayette on Tuesday before netting 24 points against the Ragin' Cajuns in the Maryland Terrapin Tournament consolation game. The 24 points marks the highest point total for a Sacred Heart freshman since the school joined Division I in 1999. For her efforts in the Maryland Tournament, Pape was named to the all-tournament team. She currently leads the Pioneers in scoring (16.5 ppg) and steals (3.0 spg.) (Courtesy of Sacred Heart Athletics website.)

Fencing

Junior Lea Ferland (Tiverton, RI) of the women's fencing team was named Sacred Heart University's Athlete of the Week for the week ending November 23. She is the first member of the fencing team to ever win this award.

Ferland, who is the team captain, was 5-1 in over the weekend, competing in foil for the fencing team. She was a perfect 3-0 against Cornell, and followed that up by winning two of her three matches against Harvard. The Pioneers lost to Cornell, 18-9, but Ferland's performance helped the team win the foil portion of the match.

She will lead the team into its next match on Saturday, December 5 at Hunter College in New York (Courtesy of Sacred Heart Athletics website.)

Let the Games Begin!

By **Hank Gargiulo**
Sports Columnist

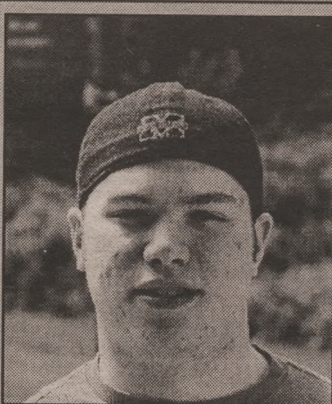


Photo by Robert Trenske

With a Thanksgiving weekend trade and free agent signing, the war between the Red Sox and Yankees has officially begun/ While most of us were at our homes enjoying a peaceful Thanksgiving meal with our families and friends, a 29 year old GM was far from his trying to persuade the best arm available in baseball to drop a no trade clause and move east for next season.

That's right, it was the Red Sox wonder-kid GM Theo Epstein who was involved in the largest trade thus far in the off-season, and not Brian "I have unlimited" Cashman of the Evil Empti... I mean New York Yankees.

This trade bolsters the Sox starting rotation to possibly the best 1-4 in the league. Pedro Martinez and Schilling are like a 1 and a 1A seeing either can be construed as a teams "ace" and both are big money guys.

Sliding into the three hole will be Derek Lowe, who is 38-15 as a starter over the last two seasons, and who recorded the series clinching strikeout against Oakland in the American League Division Series, followed by Time Wakefield who eats innings like a fat kid does candy.

Now some people are still probably bitter about Wakefield giving up the ALCS winning home run to Aaron Boone, but he's a knuckelballer and when one of those pitches doesn't "knuckle" I'm pretty sure I could knock one out of the park.

Both Martinez and Schilling didn't pitch full seasons for

various reasons, but a look at the numbers they put up during the time they did pitch, and you will see they are still impressive. Martinez was 14-4 in 29 starts, (don't forget the Sox bullpen blew about a million games for him) with a 2.22 ERA and 206 strikeouts.

Schilling, on the other hand, was a pedestrian 8-9 in 24 starts, however his ERA was only 2.95 and he struck out 194 batters. Even if you only figure to get about 30 starts between them, both of their numbers are bound to go up, that is if the Sox bullpen can be counted on to hold a lead or two this season. By my count the Red Sox bullpen straight out dropped five wins for Martinez. Add those five and you end with a 19-4 record and probably another Cy Young award.

"Those villians from the Bronx were not content to just sit back and see what was going to happen, they almost immediately stepped up their negotiations with power hitting outfielder Gary Sheffield..."

Now it's worth mentioning what the Sox gave up to get Schilling, other than a two-year contract extension worth just under \$26 million. In order to get the 37 year old power pitcher, the Sox gave up lefty starter Casey Fossum, who was less than impressive after he was touted by management as "untouchable."

Brandon Lyon, who is a righty that can throw strikes out of the pen, and Jorge de la Rosa, the Sox best pitching prospect and the ever popular player to be named later. Let's all be honest here, this deal was done for one reason, Arizona needed to cut payroll, and the Red Sox are in a "Win Now" mode, and coming off a season where they were five outs away from the

World Series, it might be the right approach

Those villians from the Bronx were not content to just sit back and see what was going to happen, they almost immediately stepped up their negotiations with power hitting outfielder Gary Sheffield, and reportedly signed him to a three-year deal worth upwards of \$38 million.

This will give the Yankees an immediate upgrade in the right field position that was questionable at best last year. Sheffield, 35, proved last season that he can still do it with his quick bat as he hit .330 with 39 home runs and 132 RBI's, which put Karim Garcia's totals to shame. The added offense will help the Yankees, but it might not be enough to fend off the Red Sox as there are questions regarding their pitching staff.

For now all we know is that Mike "Can't pitch in the playoffs" Mussina, Jose "One day I'm dominant the other I'm dominated" Contreras, Jon "Tommy John surgery" Leiber, and Jeff "I can't pitch in the New York spotlight" Weaver in their rotation.

Not exactly something a lot of teams are going to fear. To their defense, they are not all completely worthless. During the regular season Mussina is one of the best pitchers in baseball and a perennial Cy Young candidate.

Contreras has shown flashes of absolute brilliance, and flashes of being a fluke; the jury is still out on him. Jon Leiber was a 20 game winner two seasons ago, but he is coming off Tommy John surgery and nobody knows what he will be able to contribute, and Jeff Weaver, is well, Jeff Weaver.

Unless the Yankees add a top of the line starter such as Bartolo Colon or Javier Vazquez they better hope all of their question marks turn out for the best. Knowing Steinbrenner's ego and pocketbook, don't be surprised if he doesn't get at least one of those two, or resign Andy Pettite. Either way the Sox 1-4 starters will be ahead of the Yankees 1-4, and we all know that its pitching that wins championships, not offense.

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Pioneers Fall to Union in Split Weekend Series

By Nick Brown
Staff Reporter

This past Sunday, the Sacred Heart University women's hockey team traveled to Schenectady, NY to compete against the Dutchwomen of Union in a split weekend series.

The match resulted in a 5-2 loss for the Pioneers as their record dropped to 4-5-0 for the year. Sacred Heart's most recent win came on Nov. 25, when they defeated Connecticut College by a score of 3-1.

Although the weekend resulted in a defeat, the Pioneers displayed aggressive play that helps boost the team's confidence for future matches.

At the beginning of the match, Sacred Heart drew first blood as they scored a goal at 11:59 in the first period. The goal came from Michelle Panella (Marlboro, NJ) and was assisted by Kristina DeRita (West Collingswood, NJ).

The freshman, Panella and the junior, DeRita displayed the competitive edge the Pioneers needed early in the match, but couldn't hold on in the end. Sacred Heart closed out the scoring in the first period with the one goal and came storming out in the second hoping to dominate that period as well.

The first goal in the second

period came from Union as Courtney Riepenhoff hammered in a score past goaltender Jennifer Barris (Amherst, OH), who went on to have 47 saves in the match. The goal tied the score at 1-1 as Riepenhoff picked up her second goal of the season. However, the Pioneers would step up as they regained the lead again in the second period.

The goal came from the freshman, Panella, as she scored her second goal of the match with an assist from sophomore, Kylie Ammel (White River Junction, VT).

The second period continued to heat up as Union answered back with a goal from Jamie Laubish at 11:26 towards the end of the second period. Union would go on to score three more unanswered goals in the match.

In the third period, Sacred Heart's defense simply fell apart as they let up three goals to lose the match 5-2. The first goal that gave Union the lead in the third came from Gustafson in the opening minutes.

The other two scores came from Elise Nichols to give the Dutchwomen a nice cushion as the game winded down. The Pioneers will return as they play St. Michael's on Saturday at 6 p. m. and Sunday at 3:20 p. m.

Pioneer Defeat the Ragin' Cajuns 75-60

By Megan Pompey
Staff Reporter

The Sacred heart women's basketball team rebounded from their worst defeat in nine seasons as they handed the Louisiana-Lafayette Ragin' Cajuns a 75-60 defeat in the consolation game of the Maryland Terrapin Classic. Freshman guard Amanda Pape (Stamford) led all scorers with her second 20 plus point performance of the week as she tallied 24 to lead SHU to 3-1 on the year.

"Amanda can give us some easy buckets from the two spot, she's a great finisher," said head coach Ed Swanson. The Pioneers struggled from the field in the first half shooting just 30.6% while going 0-8 from behind the arc. The Pioneers did get to the free throw line 15 times in the half, converting on 13 attempts. LA-Lafayette had their own struggles, especially from long range where they were 0-11. SHU came out on fire to start the second half, ripping off a 13-3 run before the first media time out with Pape scoring six points over that stretch.

The closest LA-Lafayette would get in the second half was after a 9-0 run capped by an Anna Petrakova three-point play cut the lead to seven points, 53-46. The Pioneers came out

of the media timeout gunning as Pape converted a three-point play to start out a 22-14 run over the final 10 minutes of play that produced the 75-60 final. In addition to her season-high 24 points on 10 of 15 shooting, Pape also had seven rebounds, four offensive and three steals.

Junior forward Colleen Duggan (Newington) tied her

go with three rebounds, an assist and a block in 17 minutes of action.

"Mary is a very versatile, strong athletic player who can play at the two or three positions," stated Swanson. Senior forward Kate Maher (Waterford, Ireland) finished 0-8 from the field but made her presence felt on the glass grabbing 11 boards.

"Kate's a great defender and rebounder and can really run the floor and pass," said Swanson. Freshman guard Kerri Burke (Saugus, MA) continued to be a solid force off the bench, scoring eight and handing out four assists.

Louisiana-Lafayette got a double-double performance out of junior Anna Petrakova who scored 21 with 15 rebounds and was 11 of 12 at the charity stripe. Morgan Mayon netted 12 of her 14 points in the first half while handing out five assists and making two steals. As a team, the Ragin' Cajuns shots just 33.9% from the field and 21.1% from behind the three-point line.

Sacred Heart held the advantage on the boards, 41-39, while also outscoring LA-Lafayette 32-26 in the paint and converting 20 turnovers into 22 points. With the win, the Pioneers are off to a 3-1 start for the third-straight season. Sacred Heart is at home on Saturday, Dec. 6 to host Princeton at 2 p.m.

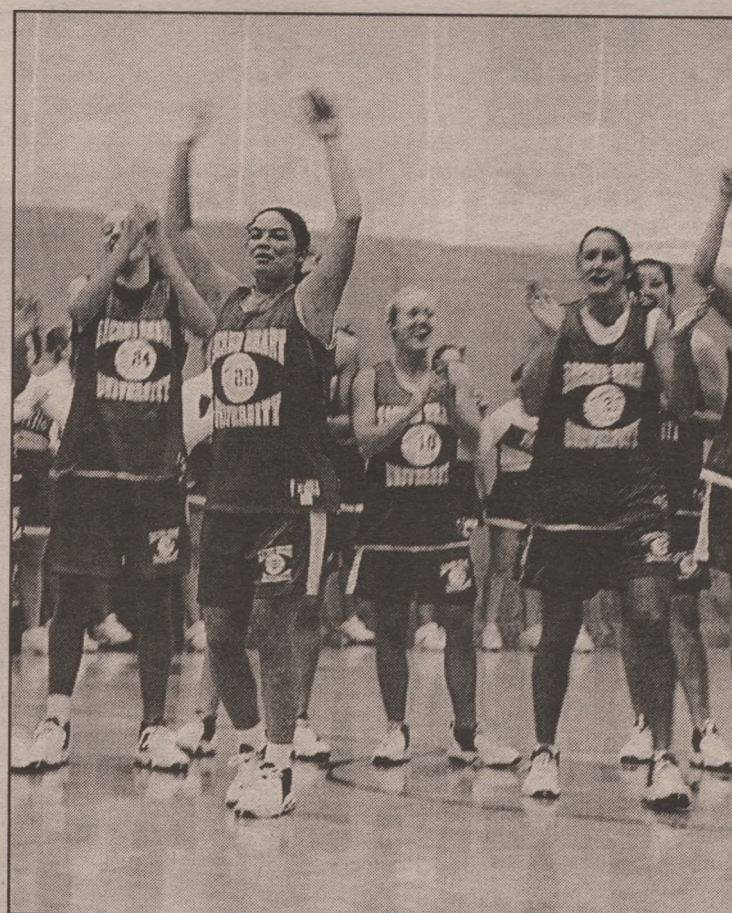


Photo Courtesy of SHU Athletics website

Freshman Amanda Pape of Stamford is the newest SHU Athlete of the Week.

career-high with 10 points, shooting a perfect eight-of-eight from the free throw line while also grabbing six rebounds. As a team, Sacred Heart shot a phenomenal 27 of 30 from the charity stripe in the game.

Also in double figures for the Pioneers was freshman guard/forward Mary Rush (Waterbury) who netted 14 to



File Photo

The women's basketball team plays at home this Saturday, Dec. 6, against Princeton at 2 p.m.

THE PIONEER SCHEDULE

Friday, December 5

Men's Fencing	at Hunter	New York, NY	12 PM
Men's Ice Hockey	at Bentley	Waltham, MA	7 PM

Saturday, December 6

Women's Basketball	vs Princeton	Fairfield, CT	2 PM
Women's Swimming	at Siena	Loudonville, NY	1 PM
Women's Ice Hockey	at St Michaels	Burlington, VT	6 PM
Men's Ice Hockey	vs Bentley	Milford, CT	7 PM

Sunday, December 7

Women's Ice Hockey	at St Michaels	Burlington, VT	3:20 PM
Wrestling	at Nittany Lion Open	University Park, PA	

Men's Ice Hockey Surges to Second Place in Conference

By Meghan O'Connor
Staff Reporter

The men's ice hockey team kept pace in the Atlantic Hockey Conference, moving themselves into second place after playing three games in five days to post two wins and an overtime loss.

According to head coach Shaun Hannah, the team's motto is they don't lose at home, and this is a very important aspect to the team. Going into their Nov. 21 showdown with Bentley College at the Milford Ice Pavilion, the men wanted to improve their win streak to three, and they did just that with a 3-2 victory over the visiting Falcons on home ice.

"We played a solid game. We outshot and outplayed them in most areas of the game," said Hannah.

Sacred Heart got on the board midway through the first period when freshman Drew Sanders (Modesto, CA) scored his first collegiate goal, assisted by sophomore Peter Giatrelis (Hamden) and junior Patrick Sullivan (Mullica Hill, NJ).

Less than a minute later, junior Barclay Folk (Westbank, BC) found the back of the net for the first time this season, giving his team a quick 2-0 lead. Assisting on that goal were junior Ryan Bremner (Williams Lake, BC) and freshman Pierre-Luc

"We didn't get the win, but we learned a lot about the team in the way we can come back" Coach Hannah

O'Brien (Nicolet, QC).

Bentley cut the Pioneer lead in half in the second period when a shot from Paul Markarian found its way past junior goaltender Kevin LaPointe (Quebec City, QC). Giatrelis then added his own goal 9:02 into the third for the eventual game winner, being assisted by teammates Sanders and senior Mike Reagan (Flin

Flon, MB)

"Peter Giatrelis, Mike Reagan, and Drew Sanders have been playing really well together. They lit Bentley up for two goals and had five points between them," said Sullivan.

Troy Wiebler of Bentley scored three minutes after Giatrelis, but LaPointe stopped

Larson (Rycroft, AB) tallied the Pioneers first goal of the game.

Shortly after, Giatrelis scored his second goal in two days, firing a shot off the crossbar and past Holy Cross goaltender Ben Conway, cutting the lead to 3-2. Sanders and Noel Henck (Long Beach, NY) assisted on the goal.

Two minutes before the sec-

four minutes remaining in the game, the score became tied at five goals apiece by Crusader Brian Bartlett, ending regulation that way. A deflected shot into the Pioneer net 2:43 into overtime ended Sacred Heart's quest for an upset of the first place team. Smith ended the game with 35 saves in goal in taking the loss.

"We showed some good character by coming back from a 3-0 deficit, even though we lost in over time. Pat Sullivan has been playing very good on defense and Marc Fournier played great despite having a bad cold," said senior assistant captain Konn Hawkes (Watrous, SK).

Sticking to their motto, the men took the ice at home the following Tuesday to host Holy Cross and try once again to get past the conference leader. The outcome was in favor of the Pioneers, winning their third straight at home, 2-1, handing the Crusaders their first conference loss.

"Holy Cross played aggressive in the first period, but we weathered that storm and played extremely well in the second and third periods," said Hannah.

Ferraro opened the scoring at 7:56 in the first after he roofed a rebound from O'Brien, who was credited with the assist. Giatrelis then scored in his fourth consecutive game as he buried a pass from sophomore Andrew Billingham (Fort Collins, CO). Folk was credited with an assist, along with Billingham. Both Ferraro and Giatrelis now have four goals apiece on the season.

The Pioneer lead remained at 2-0 until 11 minutes into the third period when Holy Cross found their way past LaPointe for the first and only time during the game. LaPointe ended with 34 saves.

"We came out a little slow but were lucky enough to come

out of the first period up by two goals. After that we were able to tighten up defensively and thanks to LaPointe's strong play, we were able to hand Holy Cross

"We showed some good character by coming back from a 3-0 deficit, even though we lost in overtime. Pat Sullivan has been playing very good on defense and Marc Fournier played great despite having a bad cold" Konn Hawkes

their first loss of the season," said Sullivan.

Also noted by Coach Hannah for their play during the penalty kill was sophomore Erik Roos (Milford), O'Brien, and Hawkes; for their play up front, Reagan and Sanders; and for his play on defense, sophomore Bernie Chmiel (Pittsburgh, PA).

"We knew what we had to do before the game thanks to the coaching staff, especially Lou Santini who really helped us on our penalty kill. Bernie Chmiel really stood out. He's been working on his conditioning and being strong on his skates. He really showed off his improvements in Tuesdays game," said Hawkes.

The men next take the ice on Friday at Bentley College, before bringing Bentley back home to Milford on Saturday to try to extend their win streak. On Dec. 12, the men will challenge Colgate at the Arena at Harbor Yard. Tickets are on sale for that game at Pitt Center, or call 396-TIXX.



Photo by Matthew Braley

The men's ice hockey team is back in action on Saturday against Bentley at the Milford Ice Pavillion.

the Falcons from there, recording 32 saves in his third win of the season.

The team traveled to Massachusetts the next day to take on Atlantic Hockey conference leader Holy Cross, who didn't have a loss in the conference going into the game. A tough fought game, the Pioneers eventually fell to the first place team in overtime, 6-5.

"We didn't get the win, but we learned a lot about the team in the way we can come back," said Coach Hannah.

Using their power play opportunities, the Crusaders capitalized in the first and second periods by scoring three goals on freshman goaltender Jason Smith (St. Lambert, QC) while Sacred Heart was shorthanded.

Midway through the second period, assisted by senior captain Chuck Metcalfe (Edmonton, AB) and senior assistant captain Marc-Andre Fournier (St. Nicholas, QC), junior Garrett

ond intermission, the game was tied when a shot from Fournier deflected off the skate of a Holy Cross defenseman and snuck past the Crusader goalie to make the game 3-3.

"The leadership shown by Metcalfe, Larson, and Fournier was great. When we were down 3-0, their line scored three of the four," said Hannah. "Their leadership and focus really put us back in the game."

Fifteen seconds into the last period, Fournier scored again, this time with the assist going to Metcalfe. Two minutes later, the Pioneers struck again to advance their lead to 5-3 on an unassisted goal by freshman Peter Ferraro (Pleasantville, NY), his third on the season.

The two goal lead didn't last long as the Crusaders pulled within one goal two minutes later when Pierre Napert-Frenette scored on Smith for the first Holy Cross goal since Sacred Heart scored their fifth. With just over

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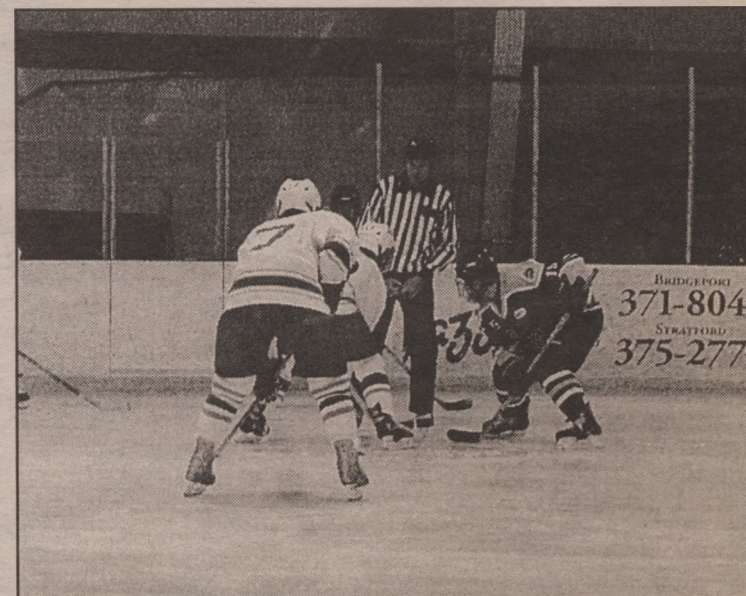


Photo by Matthew Braley

With their two recent wins, the men's ice hockey team has moved into second place in the Atlantic Hockey Conference.



Contributed photo

The women's bowling team placed ninth out of 35 teams at the Team Match Games in St. Louis over Thanksgiving break.

Men's and Women's Bowling Sacrifice Thanksgiving Break

By Loren Aversa
Staff Reporter

While the rest of us were spending time with our families and enjoying the festivities of Thanksgiving break, the Sacred Heart Men's and Women's Bowling team sacrificed their time off to participate in the 2003 National Collegiate Team Match Games in St. Louis, Missouri.

The National Collegiate Team Match Games began Friday, Nov. 28 at Strike 'N Spare Lanes in St. Louis, Missouri.

The event uses the Barnhart Bonus Match Play System over 9 qualifying games and 2 roll-off games. The winner is determined by total pinfall, plus bonus pins earned for each match won (50 per team beat for a chance of 150 bonus pins per game). In total, there were 46 men's teams and 36 women's teams participating

"Overall I would say that we did very well. The lanes weren't easy and we stepped up to the challenge. We bowled really well as a team"
Nicole Peloquin

in this event.

After the first day of competition, the Women's team were

ranked in fifth place in their squad, finished sixth placed in their squad after day two, and closed the weekend with an overall ranking in ninth place. As for the men, the Pioneers finished 33 with a total pinfall of 8877, which also included bonus pins for matches won and averaged 925 per game.

"St. Louis is one of the biggest tournaments of the year. We really worked together as a team this weekend, and the final result showed that. We really picked each other up all weekend and I was very proud of everyone," said sophomore Erin Gore (Woodbridge, VA).

The Sacred Heart Women's bowling team was at a disadvantage due to a twist in the rules within the competition. The top three teams from each squad plus, the next top two teams make the cut. In a twist that has never happened before in the Team Match Games Tournament, a team with a lesser pinfall than the Pioneers, Lindenwood University, made the cut because of this rule.

"Overall, I would say that we did very well. The lanes weren't easy and we stepped up to the challenge. We bowled really well as a team," said junior Nicole Peloquin (Enfield).

Freshman Chrissy Onderdonk (Albany, NY) finished 3 in the squad and 6 overall, missing the all-tournament team by just 8 pins. She had a total pinfall of 1799 and averaged 199.9 for the tournament. The next top finisher for SHU was junior Carolyn Rich (Little Falls, NY), who had a total pinfall of 1623 and averaged 180.3 for the tournament.

"St. Louis is one of the biggest tournaments of the year. We really worked together as a team this weekend, and the final result showed that" Erin Gore

"It was a difficult weekend for all of us, but we each contribute our scores to the team," Carolyn Rich (Little Falls, NY).

Overall, the women averaged 904 a game and finished with a total pinfall of 9091 which includes bonus pins for matches won. The Pioneers finished 8-2 in NCAA this weekend matches losing only to Nebraska and Fairleigh Dickinson University.

As for the men's team, the top two finishers for the men were junior transfer Tony Federici (West Chester County, NY) who had a total pinfall of 1734, averaged 192.6 per game, and finished 76 overall. Josh Gitto had a total pinfall of 1685 and averaged 187.3 overall.

"I am happy with our finish, I was doubtful about how our team would do, but we impressed ourselves as well as some others. We played the spoiler for one of the best teams in the nation, Morehead, which was a great feeling because they were not able to make the finals," said junior captain Steve Columbus (North Adams, MA).

SHU Athlete Of The Week Leanda Ferland



Photo by Robert Trenske

Leanda Ferland was named SHU Athlete of the week for the week of November 25. Ferland, a team captain of the fencing team at SHU, is a junior from Tiverton, RI who has been on the team since her freshman year.

"It's been a struggle to build up membership," Ferland explained. But as her coach, Erik Hansen, explained, Ferland is always in a positive mindset and exists as a source of encouragement for her teammates.

"She sets a good example for everyone around her. She brings the whole team together," Hansen said.

Ferland has won a large percentage of bouts at the three meets that have occurred so far this semester. She's also attended competitions at NYU and Columbia.

As a twelve-year old, Ferland used to watch her father and brother fence. After being encouraged by them to give fencing a try, she found she really enjoyed the sport. She had previously taken gymnastics classes which she explained helped her see quick results when she first started fencing in areas such as flexibility.

Another fun aspect of fencing for Ferland is travel. She's traveled to places like California and Texas during her fencing career.

The honor of becoming a SHU Athlete of the Week is something Ferland is excited about.

"My coaches and the other team captain told me," Ferland explained, and she proceeded to look online to read the announcement for herself.

Hansen mentioned that Ferland is talented but also has a very open mind and can alter techniques which is a necessity in order to excel in fencing.

-Compiled by Kery Freel

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Men's Basketball Off to a 2-1 Start

By Greg Maurice
Staff Reporter

The men's basketball team opened up their season with a loss against the number one team in the nation, UConn on Saturday, Nov. 22 as the Huskies defeated the Pioneers 111-64. Senior guards Maurice Bailey (Hempstead, NY) and Omar Wellington (Pennsauken, NJ), who scored 15 points each, led the Pioneers. Sacred Heart students and coach Bike had mixed feelings about the Pioneers' performance.

"I was disappointed that we didn't execute the way we've been doing in practice with aggressive defense and moving the ball on offense. I am not taking anything away from UConn. They are an excellent team. I just wish we had done some things a little better. I did see some positive things though, our big men played hard and we were able to rebound with UConn, and I thought Jarrid Frye

played very well," said coach Bike. Freshman Jarrid Frye from Maspeth, NY scored nine points and snatched six rebounds in just 16 minutes.

"It was embarrassing to see my school lose by 47 points on national television. I know that UConn is the best team in the country but Sacred Heart could have showed more heart than that. In my opinion, the only good thing we did in the whole game was have Zack Spivey foul hard the best player in the nation Okafor. Okafor has been seeing limited action since then because he has back spasms. That could prevent UConn from winning the national title," said Joe Sousa from Providence, RI.

The Pioneers had two games over the Thanksgiving break and came out victorious in both. In the first game, they defeated Army 55-51 away in West Point, NY. Bailey, who scored 16 points and junior center Kibwe Trim (San Juan, Trinidad), who scored 12 points, led Sacred Heart. In the second matchup, the Pioneers

defeated Lehigh University by a score of 58-56. Junior James Samuels from Uniondale, NY led the Pioneers with 21 points.

"It was understandable that we lost the first game against UConn, but our team is doing good so far this season. We had a pitiful season last year, but I think we are starting real well this season. Hopefully, we can stay victorious like that during the remaining of the season" said senior Paul Herman from Bronx, NY.

"It's good to see that we are winning games now but let's win them when they count like the televised games and more importantly the conference games. I have been following the Pioneers' team since I was a freshman, I think they have the best team on paper this year to win the NEC conference. It's time for us to play hard and go to the NCAA tournament," said senior Kyle Dayson from Queens, NY.

The Pioneers return to action this week as they take on Yale University on Thursday, Dec. 4.



Photo by Robert Trenske

On Nov. 22, the Sacred Heart men's basketball team lost to the #1 team in the country, the UConn Huskies, by a score of 110-64.

INSIDE SPORTS

COLUMN OF HANK GARGIULO

Hank discusses trades made over the Thanksgiving holiday weekend.
(Pg. 12)

WOMEN'S HOCKEY

The Pioneers split a week-end series with Union.
(Pg. 13)

WOMEN'S BASKETBALL

The women's b-ball team defeated the Ragin' Cajuns 75-60/
(Pg. 13.)

MEN'S HOCKEY

Two recent wins put the Pioneers in 2nd place in their conference.
(Pg. 14)

BOWLING

The men and women have a good showing in St. Louis.
(Pg. 15)



Photo by Robert Trenske

The games against Army and Lehigh were close but Sacred Heart came out victorious in both.



Photo by Robert Trenske

The Pioneers are off to a 2-1 start to the season after back-to-back victories against Army and Lehigh University.



Photo by Robert Trenske

The Pioneers are back in action tonight as they take on Yale University.