



Contact News Editor Mark Stanczak at: m-stanczak@sacredheart.edu

Groups Plan for Black History Month



African American figures Martin Luther King, Jr., Rosa Parks, Malcolm X, and Nelson Mandela greatly influenced our world. This is a photo illustration by junior Kelly Johnson.

Cristina Baptista
Staff Reporter

February means a lot more than cards and candy on Valentine's Day, and at Sacred Heart, organizations including International and Multicultural Affairs, UMOJA, and the Omega Phi Kappa fraternity are working hard to ensure that the University does not forget that February is also Black History Month.

As Tina Shah, Coordinator of International and Multicultural Affairs, shares, Black History Month has evolved to be much

Continued on page 2

Off Campus Break-in Alarms Students

Michelle Bassi
Staff Reporter

Upperclassman, Peter Gallagher from Middletown, and four of his roommates, who wish to remain anonymous, were all victims of a burglary on Pearl Harbor Street in Bridgeport. Among the items stolen from their off-campus residence were the following: a Dell Laptop, a Lexmark printer, and computer speakers.

According to Bridgeport police, on Jan. 14 one of the

roommates had come home to find evidence of a forced entry through their kitchen window. Items were left behind in the kitchen that had been gathered from around the house. The costly belongings consisted of a stereo system, a television, a book-bag and two pillowcases filled with frozen meat packages. The police suspected that when the student had come home, he scared off his burglars.

These Sacred Heart students had been away over their winter vacation but claimed to have left their home on Pearl Harbor

Street locked up tight. Damage was done to four of the inside bedroom doors, which were all locked as well, and had all been kicked down.

Linda Maloney, the director of Public Safety, advises that "students should have taken their laptops with them over their vacation and really, the best thing to have is home-renter's insurance."

"We went down to Connecticut to check the house out and we found everything in the kitchen... then we went outside and found all of our jerseys

thrown on the ground, in a trash bag," recalls Gallagher.

The Bridgeport police questioned Gallagher's neighbors and all of them stated to not have seen or heard anything the night of the break-in. However, it is suspected that the burglars live close by in the area, yet there is not enough evidence to the point the finger in any direction.

"After that, we left the house again because we had no heat and when we came back, they had shattered the window and stolen our big television and our other stereo," Gallagher said.

Gallagher lets us know that only four days after the first incident, the burglars had come back to finish what they left off. "Now we feel really unsafe every time we leave the house," stated Gallagher and his roommates.

"What we can do is offer our advice in expertise and do a security survey of the apartment once it has been rented out and we can make recommendations for the students," proposes Maloney. "We can suggest places to hide their valuables and provide assessment if they suggest. All they have to do is call."

Faculty Senate Tackles Many Issues

Danielle Bachini
Staff Reporter

Although invisible to many students in the Sacred Heart community, the Faculty Senate is involved in many aspects of the university. This semester the Faculty Senate will be tackling issues regarding the University Budget, salaries, information technology, faculty evaluations by students, and Freshman Seminar.

"Many of the issues the Senate discusses have to do with the faculty or with the larger operation of the University," explained Professor Charlotte M. Gradie, Ph.D., current President of the Faculty Senate. "Some

have to do with students, however."

According to its constitution, the Faculty Senate "serve[s] as an advising body to the University President, to assist the President in fulfilling the responsibilities of University Governance and to provide a vehicle where the collective faculty voice may be heard."

Last semester the Faculty Senate revised the Constitution and by-laws, making them more up to date. The NEASC (New England Association of School and Colleges) accreditation report was discussed in depth after the findings of the report were released. The report was mostly positive and Sacred Heart was reaccredited for ten more

years. The Senate also discussed the Progress of the new Faculty handbook last semester. This is very important because it states the duties and responsibilities of the faculty as members of the University community and was very outdated, as it had not been updated in over ten years.

According to Gradie, any full-time faculty member can be elected to the Senate, and there are currently 23 Senators. The officers of the Senate (President, Vice-President, Secretary, and Archivist) are elected in May for the following academic year. Members are also elected to committees.

"The standing committees are Faculty Affairs, which deals with questions involving Faculty;

Academic Affairs, which advises on questions regarding academic issues; Budget, which advises on the University budget; Benefits Committee, which meets with the Vice-President for Human Resources regarding benefits for faculty; and finally the Steering Committee, which reviews questions brought before the Senate and forwards them to the proper committee for action," stated Gradie.

Faculty Senate meetings are held twice a month on the second and fourth Wednesdays of the month in the Faculty Lounge during convocation hour. Anyone can attend a meeting, although its Constitution requires that at least one meeting per semester be a closed meeting. If there is

an issue that a student would like to bring to the attention of the Faculty Senate it is always welcome, although it is recommended that a student first bring the issue to a member of the Student Senate who can then work with a member of the Faculty Senate on the issue. Faculty Senate is always working in the best interest of not only the faculty, but also the students.

"Faculty is always happy to work with students to make the University a better place for everyone," said Gradie.

For more information about Faculty Senate, turn to page 3, "Faculty Assembly Finds New Role in Faculty Governance."

Academic Services Aim to Cut Trend of High Dropout Rate

Jill Tomasz
Staff Reporter

According to the U.S. Department of Education, 26 percent of college students drop out before the start of their sophomore year. One of the most difficult tasks for college students to handle is managing their time. According to Tiffanie Cross-Monzo a junior from Thousand Oaks, California, "Students can easily become over-committed and forget the real reason why they are in college." Since students have more freedom now, and they aren't on the high school schedule anymore they believe they can handle more than they actually can.

"Managing time for school, studying, sports, friends and parties you can easily lose track of your priorities," stated Cross-Monzo. College students could be in class for as little as an hour and fifteen minutes a day, but that hour and fifteen minutes can lead to 3 hours of homework, that many students believe they can put off because they have so much spare time, but soon that spare time turns into last minute study sessions or no study session at all.

A majority of colleges today teach incoming students time management by requiring them to take a freshman seminar class. At this point in the college student's life it may be too late. Marie Merisca a sophomore from Stamford feels as though "my parents could have helped me

"Students can easily become over-committed and forget the real reason why they are in college"

Tiffanie Cross-Monzo

prepare myself better for college by requiring me to take more challenging class in high school, and pushed me to stay on track with my work." Experts say that parents can play a huge role in teaching their child time management, years before they attend college. Parents should allow their children to make mistakes and then redirect them in the right direction, rather than simply punishing them. Also, parents should gradually increase their freedom while they're still at home. Lastly, parents should make sure their child is really ready for college,

even if that means waiting a year or two to attend.

Sacred Heart University offers many different opportunities to struggling students. If a student feels that they are struggling in one class or multiple classes they should first talk to their professors, who are always willing to offer extra help. But, if your professor is unable to help you there are Classroom Learning Assistants (CLAs) for almost every class.

"We are there for the students and help them out as much as we can," states Erin Bimbo a junior from New Rochelle, New York who is the CLA for an accounting class. "As a CLA we encourage students to come to us with specific problems they are having and reteach what the professor has already taught, than we keep reviewing until they get it," explained Bimbo. Scribes are available mainly if a student has a learning disability. Kayla O'Brien a sophomore from Ossining, New York has been scribing for a year.

"We sit in on the classes with the particular student who is struggling and take in-depth notes for them. We are also here for them if they need extra help," explains O'Brien.

NEWS BRIEFS

- The Department of History and Political Science is sponsoring a play on Wednesday, February 11, the day before Abraham Lincoln's Birthday, titled "Portrait of Lincoln" in the Edgerton Theatre at 2 p.m. Lewis Dube is the re-enactor for the event.

- The Super Bowl will take place this Sunday evening, so be sure to stock up on chips, dips, and all the sandwich fixings you can fit between two pieces of bread!

- Groundhog Day is Monday, February 2nd....Will the groundhog see his shadow?

IMC, UMOJA, Omega Phi Kappa Promote Black History Month: Groups Focus on Discussion and Awareness for February

Continued from page 1

more than a series of programs run by the University's International and Multicultural Center. For nearly 10 years, Sacred Heart has attempted to "coordinate a University-wide initiative," says Shah. Throughout the month of February, numerous events related to the history of African Americans will take place on campus. These events are sponsored by organizations and various guests and lecturers, some of whom are faculty members.

At Sacred Heart, Shah has been involved with the University's Multicultural Program for about seven years and has served as coordinator for three years. She shares that, this year, there will be various aspects of the Black History Month festivities that are traditional features on campus. For example, there will be guest speakers, movies and plenty of opportunities for socialization.

Shah notes, however, that this February, there will be a particular focus on group discussions and there may even be a book signing. For students attending the events, there will be various

opportunities to interact, discuss and gain new perspectives, Shah insists. When asked if she feels that some students may have misconceptions about Black History Month, Shah admits that she does think so.

"The biggest misconception out there is that you have to be African American in order to celebrate or recognize the month," the coordinator says. In reality, Black History Month is about celebrating an American history, and those involved in the festivities are "trying to create an opportunity to make others aware that this is a part of everyone's history," notes Shah. African Americans are part of the fabric of a larger American history, and Shah stresses that such a point is what coordinators of Black History Month events are hoping Sacred Heart students will realize.

Shah asserts that this is not the case and that the month-long festivities are not only about celebrating the past, but also to recognize a heritage that has often been ignored today. Scheduled is a lecture by ex-Prisoner Of War, Shoshanna Johnson. While

in Iraq, Johnson was shot through both legs and was held captive for 22 days. The friend of the well-publicized ex-POW Jessica Lynch, Johnson was also discharged from the Army last year. While the white Lynch received an 80 percent disability benefit from the Army, Johnson, a 30-year-old black woman was granted only a 30 percent benefit for her injuries. Therefore, the issue of racial discrimination arises. Johnson and her family enlisted Jesse L. Jackson to make her case known.

"Race is clearly a factor [in why there is] an enormous contrast between how the military has handled these two cases," insists Jackson.

As Shah observes, it will be interesting, informative and provoking for students to hear first-hand Johnson's opinion of the circumstances, as well as her experience in the Army.

Although Shah is particularly excited to have guest speakers like Johnson who can talk about personal and current experiences, which students will be able to connect with more easily than lecturers discussing past events,

the coordinator is also enthusiastic about the entire series of programs to take place throughout February. Over all, the combination of both old and new activities during Black History Month will provide Sacred Heart students with plenty of opportunities to become aware of and involved in an often over-looked area of American history.

Sacred Heart has observed Black History Month for several years, but it was only in the mid-90s when the University began to celebrate the event to the extent it does now. Whereas past Black History Month events tended to be a series of separate activities coordinated by different organizations, this year's approach is to create a more integrated series of programs and opportunities at the University.

In the United States, Black History Month was initiated by Dr. Carter G. Woodson, a Harvard graduate and child of former slaves who was disturbed by the lack of information on African Americans in history books, finding instead that any references to the group tended to be derogatory in nature.

Although Dr. Woodson established the Association for the Study of African American Life (ASALH) in 1915, it was only in 1926 when the visionary launched a Negro History Week in an attempt to bring America's attention to the contributions of black people throughout history. Woodson chose the second week of February for Negro History Week because it included the birthdays of Abraham Lincoln and Frederick Douglass, two men who had influenced the African American population significantly.

In 1976, this weeklong celebration expanded to the full month of Black History awareness as part of the nation's Bicentennial. According to the ASALH's official website, the organization has been responsible for establishing a national theme for Black History Month each year. This year's theme is Brown v. Board of Education in honor of the 50th anniversary of the milestone case in which the Supreme Court ruled unanimously that segregation in public schools is unconstitutional.

“A Red Carpet Affair” Winter Semi-Formal

A Photo Montage of the 2004 Winter Semi-Formal by
Spectrum Photographer Robert Trenske



Faculty Assembly Finds New Role in Faculty Governance

Gillian Weisman
Staff Reporter

Established last spring by the President of the University, Dr. Anthony Cernera, the Faculty Assembly is somewhat new to Sacred Heart University. The Assembly is as an “interim step in progress toward a new academic governance structure,” says Dr. Gerald Reid, Associate Professor of Sociology and speaker of the Faculty Assembly. Although still in the process

“Faculty Assembly provides a forum for faculty members to raise concerns or issues, but these are only discussed and not voted on”
Dr. Gerald Reid

of being developed, one of the main focuses of the Faculty Assembly is overlooking resolutions passed onto them by the Faculty Senate.

Dr. Anne Baker of the Nursing program serves as the Secretary and Dr. Pamela Levangie of the Physical

Therapy program serves as the Parliamentarian.

The Faculty Senate, headed by Dr. Charlotte Gradie of the History department, discusses concerns and issues of importance to faculty members, such as the faculty handbook and faculty tenure. The Faculty Senate makes recommendations on academic and other matters to Cernera in form of resolutions. According to Reid, “with the creation of the interim Faculty Assembly, Dr. Cernera forwards Faculty Senate resolutions to this body for its consideration and vote before he will act on the resolution.” The Faculty Assembly does not make recommendations to Cernera.

“The Faculty Assembly provides a forum for faculty members to raise concerns or issues, but these are only discussed and not voted on,” Reid adds.

When explaining the resolutions, Reid states, “The Faculty Assembly holds regularly scheduled meetings, where Senate resolutions are discussed. Following this there is a voting period in which all full-time faculty members have an opportunity to express their support or lack of support for each resolution. The final vote is published to the faculty via email and sent formally to Dr. Cernera.”

On the original date for the annual Winter Semi-Formal, December 5, a snow storm forced the postponement of the event. More than a month later the Semi was held on Saturday, January 24th at the Omni Hotel in New Haven. Despite the wait, it was a great night for all.



"Pack the Pitt" Aims to Raise Spirit

Lori Coupe
Staff Reporter

Boys against girls is the age-old fight, but what about the rival between ages? Does seniority really rule? Students will soon find out at the "Battle of the Classes-Pack the Pitt," on Saturday, Jan. 31. Co-sponsored by Student Government and the Student Life Department, "Pack the Pitt" is a spirit competition between the classes. The class having the highest attendance at the men and women's basketball games will win prizes.

"We wanted to do it to hopefully get the basketball season off to a good start in the new semester and also because we

are aware there is a school spirit deficiency at Sacred Heart in the past few years," stated Vice President of Student Senate, Jen Hradek. The Student Government has been responsible for increasing attendance at athletic events through the adoption of a Spirit and Traditions Committee. The committee encourages school spirit and "Pioneer loyalty."

The athletics department is pleased and impressed with the students' support of their athletic peers.

"It has been great working with students who are so motivated to bring spirit to this school," explained Mark Adzigian, director of Athletic Marketing. The Senate has been working closely with the athletic department to

make students want to attend sporting events and support student athletes.

"We're hoping giveaways and prizes will attract students into this game, but will get them 'hooked' on coming to more home games for the future. Going to the games is a fun way to spend time with your friends, especially for the freshmen who can't always get off campus," stated Hradek. Senior Lindsey Gershkoff from Cranston, RI agrees.

"SHU games are a great way to support your friends and have good time too," said Gershkoff. "Free stuff is a nice bonus."

Students attending this event will have an opportunity to see the 11-4 women's team, ranked sec-

ond in the Northeast Conference, play Central Connecticut State University at 2 pm, followed by the 7-9 men's team against Quinnipiac University. Captain of the men's team, Omar Wellington, a senior from Lawnside, NJ stated, "I think the planned events that the student government have in place are great. Every fan helps to create an intense atmosphere that can impact the outcome of the game." Operation "Pack the Pit" will soon be underway, and everyone is invited. Students will not only be able to cheer on the Pioneer basketball teams, but will also have a chance to display their school spirit, and even be rewarded for it. "Battle of the Classes" will feature shootout

competitions and various games and prizes, even a chance to win airline tickets.

Great prizes make great incentives, and a little friendly competition never hurt anyone either. "Battle of the Classes" will provide a great way to let out your repressed school spirit, support pioneer athletics, and maybe even walk away with a few prizes. Will the freshman fire it up and pull through? Will the sophomores show enough SHU-love for the win? Will the juniors take the cake as the head of the class? Or will the seniors reign supreme in school spirit status? The battle will unfold soon enough, but only one class will be able to call themselves the champions.

SHU Meets Ireland: Students Study in Dingle



The seven students who are the first to study at Sacred Heart's new Study abroad site in Dingle, Ireland. Pictured above from front, left to right: Sarah Overton; Patrick Cannon; Kara Brady; Pam Manns (rear, l to r) Diarmuid O'Dalaich (Exec. Director of Disart); Michael Sheveland; Charlene Sliger, Brenna Kelleher.

Sacred Heart University - Public Safety Incident Briefs

Tuesday, January 20 to Monday, January 26

Incident No.	Date	Time	Incident	Location	Description
0312-1206	12/26/03	1327 hrs.	Vandalism	Jefferson Hill	Officer observed a discharged fire extinguisher in a bush.
0312-1207	12/28/03	1333 hrs.	Maintenance Concern	Main Building	Servers in the IT Dept. shut down due to extreme heat in the room. B&G was notified.
0401-1208	1/1/03	1314 hrs.	Property Damage	Jefferson Hill	Officer observed a broken window in an apartment.
0401-1209	1/2/03	1056 hrs.	Larceny	Pitt Center	Staff member reported items missing from his office.
0401-1210	1/5/03	0346 hrs.	Suspicious Odor	Taft Commons	Odor caused by rotten food.
0401-0004	1/5/03	1318 hrs.	Burglary	Off-Campus	Student's University leased laptop was stolen from her home. Bridgeport Police was called.
0401-0005	1/6/03	0030 hrs.	Medical Injury	Main Building	Staff member fell and was injured. He was transported to the hospital via another worker.
0401-0007	1/7/04	0827 hrs.	Larceny, Vandalism	Main Building	Staff member reported an automatic water faucet was stolen and another was damaged.
0401-0008	1/7/04	1913 hrs.	Larceny	Pitt Center	Staff member reported items stolen from an office.
0401-0009	1/9/03	1230 hrs.	Medical Injury	East Hall	Staff member injured his hand while working. He declined medical assistance.
0401-0010	1/9/03	1323 hrs.	Motor Vehicle Abandonment	Geduldig Street	Officer observed an abandoned vehicle. Bridgeport Police Dept. was called.
0401-0011	1/11/03	1137 hrs.	Property Damage, Maintenance Concern	Parkridge	A pipe burst causing water damage. B&G was called.
0401-0012	1/11/03	1417 hrs.	Drug Violation, Alcohol Violation, Housing Violation	Jefferson Hill	Drugs, alcohol, and an illegal knife were found in an apartment during a room search.
0401-0013	1/11/03	2315 hrs.	Maintenance Concern	Pitt Center	A pipe burst causing a flood. B&G was called.
0401-0014	1/12/03	0003 hrs.	Fire Alarm, Property Damage	Pitt Center	Sprinkler pipes were leaking causing water damage. B&G was called.
0401-0015	1/12/04	0850 hrs.	Property Damage	Taft Commons	A pipe broke causing water damage. B&G was called.
0401-0016	1/12/04	1903 hrs.	Fire Alarm	Pitt Center	Alarm activated for no apparent reason.
0401-0017	1/13/04	1040 hrs.	Larceny	East Hall	Resident reported her checkbook missing from her room.
0401-0018	1/13/04	1311 hrs.	Medical Injury	Pitt Center	Visitor tripped and fell on a rug causing injury. 911 was called. She was transported to the hospital via ambulance.
0401-0019	1/14/04	0820 hrs.	Property Damage	Pitt Center	A pipe broke causing water damage. B&G was called.
0401-0020	1/16/04	1411 hrs.	Medical Injury	Main Building	A Contractor slipped and fell on a stairwell causing injury. He declined medical assistance.
0401-0021	1/18/04	0215 hrs.	Medical Psychological – Fraudulent ID's	East Hall	Resident consumed drugs and became ill. 911 was called. She was transported to the hospital via ambulance. Fraudulent identifications were found in the room.
0401-0022	1/18/04	0310 hrs.	Disorderly Conduct	Park Royal	Residents were extremely loud in an apartment.
0401-0023	1/19/04	1326 hrs.	Motor Vehicle Accident	Off Campus	Shuttle driver was involved in a motor vehicle accident; no injuries. Bridgeport Police Dept. was called.

Welcome Back to SHU

Kerry Freel
Editor-in-chief

Welcome back Spectrum readers! Happy 2004 to you all. It's amazing to think this is the "spring" semester, with all the snow covering the ground. But here it is, a new semester, an opportunity for a new beginning.

"I hope this semester brings the Sacred Heart Community a lot of knowledge, snow, and happiness."

I've always liked that about college. Sure, you have to choose classes that fulfill major and core requirements, but it's a lot easier to face a class you're not crazy about when you know it's only a few months away from being over- instead of a whole year!

It's also nice to know that a teacher you enjoyed and admired may teach another class you'd like to take as an elective.

The Spectrum staff encourages you, the readers, to give us feedback, opinions, complaints,

and compliments about anything on campus this semester, from classes to food to parking to activities.

If you'd like to start writing for the Spectrum, even if that means one story per month or one story for the semester, we'd love to make you the newest addition! Simply e-mail the editor of the section you're interested in or come to our weekly

Spectrum meetings, Thursdays at 11 a.m. in room HC 205. You'll find the e-mails of the editors under the heading of each section of the newspaper.

I hope this semester brings the Sacred Heart Community a lot of knowledge, snow, and happiness.

As you dig out your planners and start figuring out your schedules for the spring, we've compiled a list of sometimes important, sometimes fun events, you may want to keep in mind!

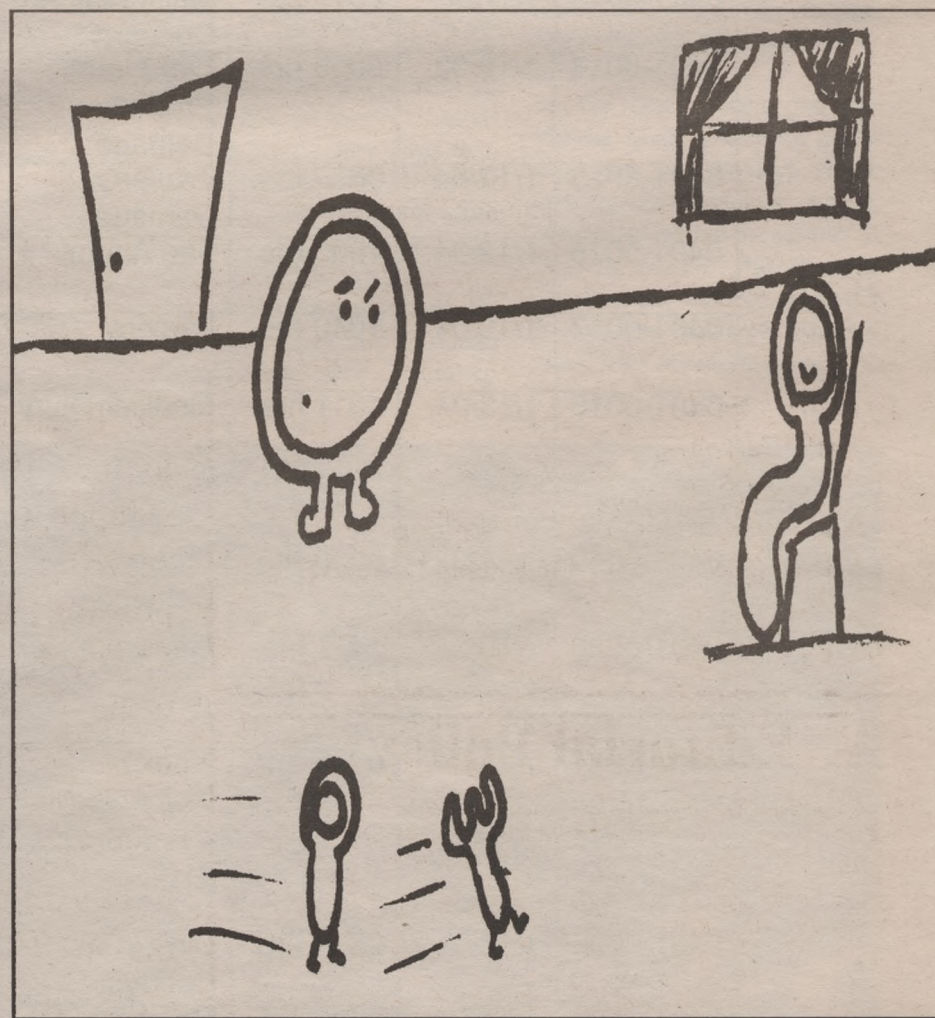
UPCOMING EVENTS

- Fencing Tournament- Sacred Heart Invitational- Sunday, February 1
- Friday the 13- February 13
- Leadership Day- Saturday, February 21
- Leap Year- Sunday, February 29 exists this year
- Spring Break- Saturday, March 6-Sunday March 14 (classes resume Monday the 15)
- St. Patrick's Day- Wednesday, March 17, the same night as the...
- John Mayer Concert- March 17 at 7:30 p.m. at the Arena at Harbor Yard.
- The First Sunday in April-April 4- Daylight Savings, "Spring Ahead," the clocks are put ahead one hour
- Easter Break- Wednesday, April 7-Tuesday, April 13 (classes resume Wednesday the 14)
- The last day of classes- Monday, May 3
- The last possible day of finals- Tuesday, May 11
- Commencement Weekend -Saturday and Sunday, May 15-16



Photographer's PICK
Grand Central Station, New York, NY

The Spectrum/ROBERT TRENSKE



"It wasn't until their second child that the dish became a little suspicious of the spoon."

The Spectrum/PATRICK REINHART - CARTOONIST

Shoppers Beware: Chameleon Nuisances

Kerry Freel
Editor-in-chief

Watch out telemarketers, you've got competition in the "most annoying people" category.

I'm walking through the mall the other day, as girls often do!, looking around in clothing stores and killing some time in between classes. As I leave one store and ponder where I'll go next, a tall man with glasses disturbs my thoughts.

"Excuse me, but I have a rather odd question for you," the stranger asks.

Thinking he's trying to get directions somewhere or wanting to know a clothing store his girlfriend or sister might like a gift from, I allow him to ask his question (being in a kind-hearted mood that day).

"I was wondering if you had been offered our special spa package?" he asks.

Boy is he barking up the wrong tree! All those herbs, wraps, and my allergies certainly would be a mixture for nothing but disaster!

I didn't yell at him, of course, but I felt he was putting me in an unfair situation. I paid money to fill up my gas tank to get me to the mall. I pay money for products I buy in certain stores. I don't want to be bothered when I'm in shopping mode!

At least with a telemarketer you can just not answer your phone, or buy caller ID and screen your calls.

So this winter, while trying to spot black ice blending in with the safe, dry roadway, also keep an eye out for random spa advertisers floating around the Trumbull mall, pretending to be ordinary shoppers!



5151 Park Ave.

Fairfield, CT 06825

Office: (203) 371-7963 or 7966 Fax: (203) 371-7828

http://spectrum.sacredheart.edu

Editor-in-Chief

Kerry Freel

Associate Editor

Ryan Farnsworth

Photography Editor

Robert Trenske

News Editor

Mark Stanczak

Copy Editor

Jennifer Martinetti

Sports Editor

Katie Atkins

Web Editor

Susan Pawlishen
Frank Schembari

Features Editor

Katie Carroll

A&E Editor

Patrick Scalisi

Advisor

Dr. Debbie Danowski

Editorial Policy

The editorial pages are an open forum. Letters to the editor are encouraged. All submissions are subject to editing for spelling, punctuation and length. The Spectrum does not assume copyright for any published material.

The Spectrum is a student-run newspaper of Sacred Heart University and is published every Thursday during the academic year. All mail should be sent to:

The Spectrum
Sacred Heart University
5151 Park Avenue
Fairfield, CT 06825

Our phone number is
203-371-7963 and our fax is: 203-371-7828.

Executive Voice SHU Elite Gymnastics Maria Crapanzano

The SHU Elite Gymnastics Club is a new club this year. It was started by Junior Maria Crapanzano. There are a great number of students at Sacred Heart University who did gymnastics their entire lives and were forced to quit the sport when they came to college because there was no program here. Well, that is not so anymore. Gymnastics is an amazing sport...it takes talent, speed, grace, strength, flexibility, determination, and guts.

The Gymnastics Club is advised by Dr. Joseph Mixie of the Philosophy department. President and founder of the club is Junior Maria Crapanzano.

Also leading the club as officers are Juniors Jene Commisso, Jayde Levesque, and Laura Tintle. As a club, we serve to promote the social, physical, intellectual, career, emotional, and spiritual interest of individual students, the student body collectively, and the University Community.

We strive to help students develop confidence, grace, strength, flexibility, and knowledge of gymnastics...and basically, just want to have a great time, doing what we love. Membership is open to all full time students at Sacred Heart University.

Membership varies from students who have no gymnastics experience, to students who have competed in high level gymnastics competitions.

First semester as a club, SHU Elite Gymnastics sponsored an event on Friday, November 14

in the Mahogany Room which included a gymnastics demonstration by the SHU Elite Gymnasts and a speech by 2004 Olympic hopeful and World Champion Gold (2003) and Bronze (1996) Medal Gymnast Annia Portuando Hatch and her coach Alan Hatch. As a club, we participated in hunger week collecting canned goods for the homeless and volunteering at the Bridgeport Rescue Mission Thanksgiving Dinner on Sunday, November 23. We held 4 fundraisers: a raffle, 2 bake sales, and a flip a thon.

We meet every Thursday night at 10:10 p.m. in SC 104 to discuss plans and responsibilities for the semester (all who are interested in joining the club, please come).

In February, we are planning to train at Stars Elite Gymnastics Academy with coaches Alan and Annia Hatch. On Tuesday, February 17 and Thursday, February 26, the SHU Elite Gymnastics Club will be holding bake sales in the Pitt Center Lobby at 7 p.m..

There will also be a gymnastics demonstration during half time at both of the basketball games on those days. On February 26, the SHU Elite Gymnasts will be participating in their 2nd flip a thon (please sponsor one of our gymnasts).

Contributed by:

Maria Crapanzano

SHU Elite Gymnastics Club
President

Let Your Executive Voice Be Heard

"Executive Voice" is the newest addition to the "Perspectives" section. This column is open to all club Leaders, Presidents, and Advisors who would like to express the purpose of their clubs, discuss upcoming events, and explain how people in the SHU community can get involved and join the clubs or activities. Pictures may be submitted to accompany the articles, but the Spectrum reserves the right to run what space allows only! Articles will be run on a first come, first serve basis, the earlier the articles are received, the more likely they are to run. We have 11 issues this semester, so send in your story today!

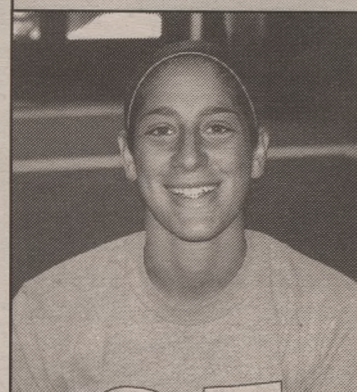
E-mail editor-in-chief, Kerry Freel;
kerry-freel@sacredheart.edu



Compiled by

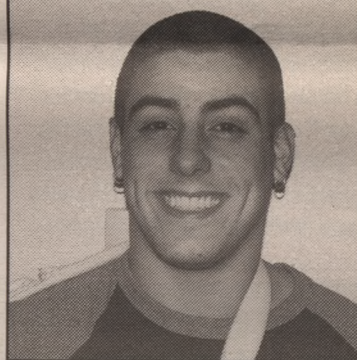
Suzanne McHale & Robert Trenske

What are your New Year's Resolutions?



"To live a healthy and happy lifestyle, and drink only light beer."

Eileen Gulian
Senior
Oceanport, NJ



"My new year's resolution is to be the Biggest P.I.M.P. (Publicly Informed Motivated Person) on campus."

Michael L. Galdieri
Sophomore
Palisades Park, New Jersey



"I don't make New Year's resolutions. They're lame."

Victoria Primiano
Senior
Queens, New York

Online Registration: Past, Present, and Future

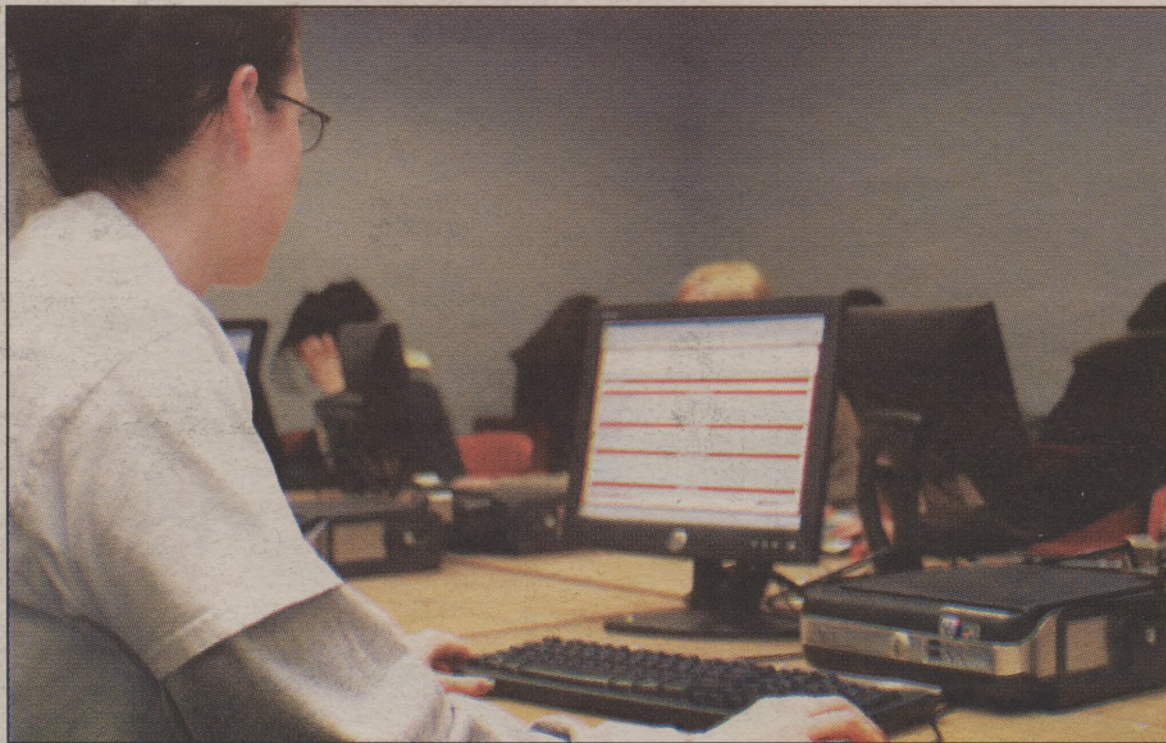
Jean Jastremski
Staff Reporters

Registration has always been a stressful time for students. Year after year students have had to deal with the long lines and closed courses, but this past semester Sacred Heart's Registrar's Office offered online registration.

To register for Spring 2004 classes, students simply had to go to the Sacred Heart's Registrar website and log in to their web advisor. The system guided students step by step to add or drop a course, to view their schedule and closed courses, or to register for all their classes. Since registration for the Spring 2004 semester was the first time that web advisor had been used, students were recommended by their advisors to take advantage of the new system.

The Registrar's Office is very confident with its new system and is satisfied with its results so far.

Douglas Bohn, University Registrar, says, "I thought it was a good start for the new system.



The Spectrum/ROBERT TRENSKE

While registering for the Spring 2004 semester, students were able to utilize online registration for the first time at Sacred Heart.

We had very good usage by full-time students from November to January 5 [the dates the online registration was available], at about 2,300 hits from students. Online registration was even

heavily used during the Christmas holiday."

"I think it is a beneficial tool, it is more convenient and self-serving," adds Joe Belezny, also from the Registrar's Office.

Many students agreed that online registration was off to a good start.

"Online registration is easier because it's less stressful," notes junior Alex Kantarelis from

Boston. "I didn't have to wait in line and check the list running on the television."

Although many students are satisfied with their experiences thus far, some claim they have had problems. "I like it, but it still has its flaws and I still ended up having to go to the Registrar's Office in person," says Erin Duffy, a junior from Staten Island, NY.

Other students simply don't trust the technology. Sophomore Dmitry Sheykhametov from Staten Island, NY notes, "I didn't register online because I would rather do it in person. I feel that going through online isn't as reliable."

"Much of the frustration associated with registration involves students not getting the classes they want or need," comments Bohn. "Course availability is not really an issue for the Registrar's Office, though, and students should approach their Deans or Department Heads to address these types of problems."

See "Online Registration" Continued on page 9

Top 5 Hottest Places Visited Over Break

Vanessa Mariacher
Staff Reporters

Who says winter intersession is for work and no play? Ever wonder where everyone goes over winter break? Although it is commonly assumed that winter break is rather less exciting than spring break, the students who visited these five interesting destinations might disagree.

Five SHU students share their most exciting experiences with visits to Moscow, Montreal, Las Vegas, West Palm Beach, and Atlantic City. These five different trips exemplify diversity and extremity within SHU students' vacations.

Perhaps a trip to Russia for a month is the most extreme winter vacation a student can think of. It was for sophomore Dmitry Sheykhametov, of Staten Island, NY.

"Russia was absolutely

great. Moscow is like the New York City of Russia," claims Sheykhametov.

Other cool destinations went beyond simply taking a drive to upstate New York or Massachusetts for a day of skiing. Alexandria Hatzipetros, a junior from Queens, NY, had the pleasure of visiting Montreal, Canada for a skiing trip.

Hatzipetros states, "I went up with a thousand people from New York, New Jersey, Chicago, Atlanta and Connecticut. It was a four day skiing trip in Montreal. I had a great time with all my close friends skiing and experiencing the nightlife."

From the coolness of winter break to the hottest spots visited, Jessica Barca's trip to West Palm Beach, Florida was the perfect climate change for her.

The junior from Port Jefferson, Long Island says, "It was the most spontaneous trip I ever took. I never would have thought I would be laying on a

Beach on New Year's Day. It was a much needed vacation."

Another hot spot visited this winter break was Las Vegas, Nevada. "I had a good time. I know why they call it Sin City!" exclaims David Day, a sophomore from Poughkeepsie, NY.

Although all of these trips were plane rides away and not exactly considered local fun, Jeffery Daddio, a senior from Southington, proves that you don't have to be distant to have a fun time. "Even though it is a poor man's Vegas, Atlantic City was a great time."

Despite the harshness of the cold winter weather, winter break can be just as enjoyable as the sunny days of spring break; it just takes a little creativity and sometimes spontaneity to have some fun. Either way, it is safe to say that most people, whether they went away or stayed local, would agree that winter intersession was a much-needed break.



The Spectrum/ROBERT TRENSKE

Winter Wallop: Missed classes because of snow can mean headaches for professors, but students always enjoy having a little time off to enjoy playing in the winter wonderland.

A Career Center For Everyone

Nicole Governale
Staff Reporter

Are you a freshman or sophomore who is confused about your major? Are you a junior looking for an internship? A senior looking for a job when you graduate? Well what you are looking for is right on campus, Sacred Heart's Career Center.

"They gave me quizzes to help show where my interests lie and help show which major I am interested in"

Laura Boes

Now that spring semester has arrived, graduation is closer than ever for seniors. So, what's next? The Career Center is available to help seniors looking for a job or to help them plan for getting into and moving onto graduate school.

Even if you are not a senior, the Career Center can provide useful tools. Christine Lavin, the Assistant Director of Career Development, states, "The goals of the Career Center are to help freshmen and sophomores understand where their interests lie in order to choose a major. Then, transfer that major into internships while they are students and then into full time

jobs and graduate school."

Therefore, the Career Center is open to and welcomes all students. It is never too early to visit to the Career Center.

Laura Boes, a sophomore from Scotch Plains, NJ, notes that the career center was very helpful for her. "They gave me quizzes to help show where my interests lie and help show which major I am interested in."

The Career Center also offers resume workshops. These workshops help all students to create the perfect resume in which they can use when applying for internships and jobs.

Senior, Jackie Neylon of Hadley, MA mentions how the career center has been very beneficial to her. "The Career Center has helped me with my resume and applications for graduate school."

For all of you students, even alumni, the Career Center is there to help you. Visit them Monday through Wednesday 8:30 a.m. to 6:30 p.m. or Thursday and Friday 9 a.m. to 5 p.m.

Also, Christine Lavin points out that the Career Center host special events throughout the year to help students transition into the working world.

This year's Etiquette Dinner is coming up on Monday, March 1. The cost is only seven dollars and the deadline to sign up is Wednesday, February 25. Also, spring recruiting is coming up, which is a resume or referral on campus interviewing program. The deadline to participate and have your resume approved is Friday, February 13.

Vinny Serves Students With A Smile



The Spectrum/ROBERT TRENSKE

FLIK employee, Vinny, always smiles while carefully crafting his delicious food creations.

Nicole Governale
Staff Reporter

When students walk into FLIK, they may find themselves wandering towards the station where a certain person is working. Perhaps this is due to the fact that this certain FLIK employee is always concerned about the presentation of the food, or maybe it's just the huge smile that is always on his face. This mystery man is none other than Vincent Richards, better known as "Vinny."

Vinny appreciates when students return the favor. "Whenever I see a friendly student, it always brings me up," he says.

The reason for his constantly friendly demeanor can be easily traced to Vinny's simple way of thinking, despite being a complex person. Born in November of 1962, this Bridgeport native grew up as one of 14 children. Although his family is extremely large, Vinny never felt left out of his close-knit family.

"My family always gave my siblings and myself tons of support and respect," Vinny recalls fondly.

The family support has translated into a tough work ethic for Vinny, as March will mark his ninth year working at the action stations and as a floater for FLIK.

Vinny notes, "I work very well under pressure."

When not working for FLIK,

if he were not working for FLIK, one might have found him running his very own arts and crafts establishment.

It is quite impressive to watch Vinny work his magic, carefully chopping up food

"My family always gave my siblings and myself tons of support and respect."
Vincent Richards

to create a visual masterpiece for the mouth. What is amazing is the fact that he was never formally trained or taught to do any of it.

So why would he feel the need to go out of his way for the students? The answer lies in one word: RESPECT.

Vinny believes, "It is important to me to treat the students with respect."

Vinny has a way of thinking which is above and beyond the average cafeteria employee. He does not feel it is right to just throw food on our plates with a frown on his face.

What does he get in return? Simply put, it is the joy of having his spirits lifted by seeing students' smiles. That is enough for him and he claims, "The students are the reason why I am here."

With this in mind, the next time you take a walk into the cafeteria, don't forget to smile.

"Whenever I see a friendly student, it always brings me up."
Vincent Richards

Vinny enjoys taking his art easel up to the woods with a refreshing drink and painting the birds and trees that surround him. His love for art shines through when he is at work making the beautiful food presentations for students everyday in the cafeteria. In fact,

Online Registration

Continued from 8

However, Bohn agrees that the process was not flawless, mentioning how several times the system was overtaxed and halted because of too much usage. Bohn claims, "Having too many people try and use the system was better than having no one use it. Still, I understand that delays were frustrating to students."

To address this issue, Bohn says the Information Technology Department is purchasing more licenses for the software and requesting that other offices in the University refrain from running large reports during heavy registration activity.

Other problems Bohn found were issues with students not

having accurate personal information in the system, not having active Sacred Heart e-mail

"Having too many people try and use the system was better than having no one use it. Still, I understand that delays were frustrating to students"

Douglas Bohn

accounts, and having trouble searching for the classes. Also, Bohn says a better payment plan

sheet will be available for Fall 2004 registration.

As for the future of online registration, Bohn hopes that students will utilize the other tools available through the website, like reviewing their degree audits to determine how far along they are in their coursework and reviewing their transcripts online. Also, he would like to leave open the online registration for the Fall 2004 add/drop week.

Overall, Bohn says, "We are now working to improve the system. Our hope is that more students will use the online registration, especially graduate students. I was disappointed that the graduate students did not utilize the technology when registering for the Spring 2004 semester."

Golden Globes Kick Off Promising Awards Season

Nadia Korovesi
Staff Reporter

The year 1944 saw the birth of what continues to be an enduring tradition in Hollywood. World War II was still raging overseas, but at home a star-studded event was in the works at the 20th Century Fox Studios. For the first time, a group known as the Hollywood Foreign Press Association (HFPA) was about to present awards to what they thought was the most impressive films and actors of the year.

This seemingly trivial event marked the humble beginnings of what is now a yearly media circus called the Golden Globe Awards. The awards, which are still presented traditionally before the Oscars, celebrated their sixtieth anniversary last year and continue to draw the biggest names in show business from around the world.

This year, the 61st annual Golden Globes took place on Jan. 25 and was broadcasted live on NBC. The event was, as expected, both star-studded and exciting.

For several weeks before the show, speculation about potential winners had been raging all over the media. Students at Sacred Heart University could not abstain from making their own predictions as the event drew closer and closer.

For the title of "Best Motion Picture-Drama" nominees were: "Cold Mountain," "The Lord of the Rings: The Return of the King," "Master and Commander: The Far Side of the World," "Mystic River," and "Seabiscuit."

"The first that came to my mind was Lord of the Rings," said Colleen Pray, a freshman from Stamford. "I saw it recently and it was not the best movie I have ever seen but I think though that is going to win the Golden Globe."

Kim Dick, a senior from Valley Stream, NY disagrees. She said, "I think Mystic River is going to win the award because it was suspenseful and kept you all the time on the edge of your seat. Also, the acting was amazing and overall it was a very good mystery film."

For the award "Best Performance by an Actress in a Motion Picture-Drama," nominees were: Cate Blanchett for "Veronica Guerin," Nicole Kidman for "Cold Mountain," Scarlett Johansson for "Girl with



a Pearl Earring," Charlize Theron for "Monster," Uma Thurman for "Kill Bill," and Evan Rachel Wood for "Thirteen."

"I believe Nicole Kidman is going to win because she is a very good actress and she played a great part in Cold Mountain," said Christine Sheridan, a junior from Edison, NJ.

For the Golden Globe "Best Motion Picture-Musical or Comedy" nominees were: "Bend it like Beckham," "Big Fish," "Finding Nemo," "Lost in Translation," and "Love Actually."

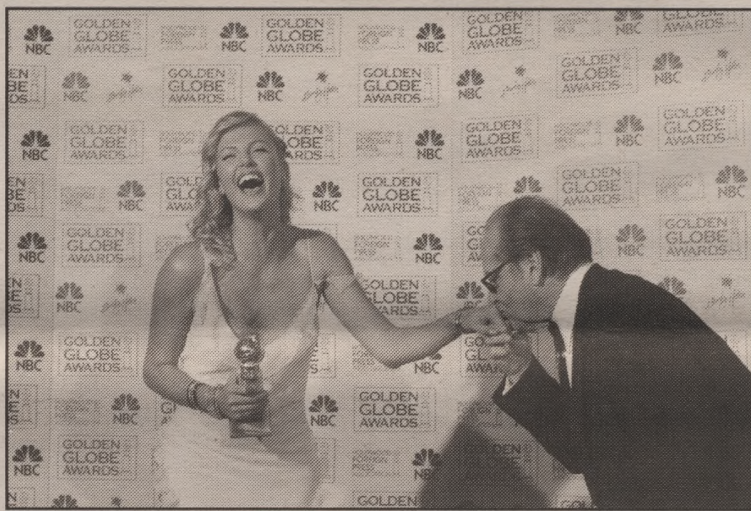
"I am positive that Big Fish is going to take the award because there has not been a movie like this ever before," predicts Jennifer Ridgwell, a senior from New Hyde Park, NY. "It is considered to be the next Wizard of Oz and it is something completely new and different."

Among others, there was also the award for "Best Original Song-Motion Picture," and nominees were: "The Heart Of Every Girl" from the movie "Mona Lisa Smile," "Into The West" from "The Lord of the Rings: The Return of the King," "Man

"Anything that has to do with Lord of the Rings I believe is Golden Globe worthy," Jasmine Urbas, junior

of the Hour" from "Big Fish," "Time Enough for Tears" from "In America," and "You Will Be My One True Love" from "Cold Mountain."

"Anything that has to do with Lord of the Rings I believe is Golden Globe worthy," explained



Photos courtesy of the Hollywood Foreign Press Association

[Above] Peter Jackson brings the cast and crew of "Lord of the Rings: The Return of the King" onstage to accept their award for "Best Motion Picture-Drama." [Below] Ever a gentleman, Jack Nicholson plants a congratulatory kiss on the hand of Charlize Theron. Theron had won a Golden Globe earlier that evening for her turn in "Monster."

Jasmine Urbas, a junior from Ontario, Canada. "I am a big fan of that movie, and I love the soundtrack. I've seen three of the other nominations, and I am sure Lord of the Rings is going to win because the music captured me in such a way and made me enjoy the movie even more."

There is no doubt that the winners of the Golden Globe Awards this year must have left some people feeling disappointed that their choice did not win. After all, only one winner is allowed!

On the other hand, the attraction of the Golden Globes is that everyone gets a chance to support their own predictions, to see his or her favorite movie star in glamorous outfits and to live with them the fantastic experience of the Golden Globes while sharing in their joy or disappointment at winning or losing an award.

These two extremes certainly shined through on Sunday night as favorites in categories that spanned television and film

competed for their own piece of cinematic history. Some, such as Al Pacino, were duly honored for their hard work over the past year while others were surely overlooked. However, garnering a nomination is, in and of itself, a huge honor and many award recipients also recognized their fellow nominees in their thank you speeches. (For more on this year's winners, see also the sidebar at right.)

What, then, is the secret to the Golden Globes enduring popularity? Perhaps it is the fact that celebrities from a variety of mediums from all around the world are invited to a massive dinner held in their honor. Or perhaps, the awards ceremony offers the best opportunity to share the mutual respect that exists between America's finest entertainers with the rest of the world. In either case, the Golden Globes have kept a feeling alive during the years of celebration rather than competition.



Photo courtesy of the Hollywood Foreign Press Association.

Highlights from the 61st Annual Golden Globe Awards

- Tim Robbins wins the first award of the night for "Mystic River" and proclaims that he can now start drinking.

- Renée Zellweger wins her third Golden Globe for "Cold Mountain."

- The award-winning play "Angels in America" becomes an award-winning movie when it wins "Best Made-for-TV Movie."

- Diane Keaton beats out women half her age for the "Best Actress in a Comedy" award.

- Bill Murray wins "Best Actor in a Comedy" for "Lost in Translation." He then holds an impromptu comedy session as he moves through his thank-you list.

- "The Office" and "24" are recognized as the best television shows of the year in comedy and drama, respectively.

- Michael Douglas is the recipient of the Cecil B. DeMille Award although we're still not sure why...

- Peter Jackson finally wins a "Best Director" award for "Lord of the Rings: The Return of the King."

- The "Angels in America" award sweep culminates with Al Pacino's win for "Best Actor in a Made-for-TV Movie."

- Sean Penn wins "Best Actor in a Drama" for "Mystic River." The real excitement, though, it watching presenter Nicole Kidman read Tom Cruise's name on the ballot.

- Charlize Theron, whose humble roots include "Children of the Corn III" wins "Best Actress in a Drama" for "Monster."

- Jim Carrey announces that "Elf" is the winner of "Best Motion Picture-Comedy" even though it is not nominated. He then announces the real winner: "Lost in Translation."

- It's about time: "Lord of the Rings: Return of the King" wins "Best Motion Picture-Drama"!

Prepare to Get Lost in Translation

Patrick Scalisi
A & E Editor

Billy Murray is best known for his comedic roles. The "Saturday Night Live" alum and veteran of nearly three decades of film has such classics to his credit as "Ghostbusters," "Groundhog Day," and "Rushmore." Why, then, has Murray seemingly traded in his everyman sense of humor for a more cerebral and (gasp!) dramatic role in the recent independent film, "Lost in Translation"?

In a word, it works.

Murray stars alongside indie golden girl Scarlett Johansson in Sophia Coppola's sophomore effort, which is due to hit rental shelves come Feb. 3. With buzz building for the film since its initial limited release in September of last year—it probably never even made it to a theater near you—chances are that an unusual amount of rental patrons will be vying for a copy.

"Lost in Translation" depicts a week in the life of Bob Harris

(Murray), an aging actor visiting Tokyo in order to cash in on a lucrative endorsement deal for a Japanese brand of whiskey. Bob is drowning in a tempest of his own making: his marriage is hardly satisfying anymore, his career is on the rocks, and he's stuck in a country where he doesn't speak the language or know how to go anywhere outside of his hotel.

Bob's storm, however, begins to subside upon meeting Charlotte (Johansson), a young American girl stuck in similar circumstances. Bob and Charlotte are slowly drawn into a touching relationship that hovers between a friendship of necessity and that of would-be lovers as they explore the staggering differences that Japan, as a country, has to offer.

Avoiding the same mistakes that made Coppola's "The Virgin



Photo courtesy of Focus Features

Americans Bob (Murray) and Charlotte (Johansson) rest outside of a Japanese karaoke lounge after a long night of partying in Tokyo.

Suicides" an obvious directorial debut, "Lost in Translation" uses its key players to the best of their ability, encouraging them to push the envelope with unexpected

and satisfying results. Anna Faris, an actress previously known only for her farcical roles in parodies such as "Scary Movie" or "The Hot Chick," is able to showcase real talent as an action movie heroine promoting her newest film to the Japanese market. And Giovanni Ribisi, who had seemingly fallen off the map after several high-profile appearances several years ago, displays real vulnerability as Charlotte's young husband.

Indeed, most of the film's power lies in the subtle direction of writer-director Coppola. "Lost in Translation" is never over the top, with the exotic and over-developed skylines of Tokyo conveying most of the energy. Whether Bob and Charlotte are running through a pachinko casino sprawling with lights and sound or are gazing

with awe at the massive advertisements that are projected onto the very sides of the skyscrapers themselves, the environment in which they are placed does all of the talking.

The "Lost in Translation" DVD release is almost as perfect as the film itself. While the special features are filled with the usual fare of deleted scenes and a behind-the-scenes featurette filmed by Coppola herself, a feature commentary is strangely missing from the mix. Surely the most well-reviewed independent film of the year should include this bonus track, but is instead not included in what could have otherwise been a perfect DVD release.

"Lost in Translation" is coming to video on Feb. 3 and should be available at the DVD rental machine located on-campus in the main academic building. For those curious about what all the hype is about, one will be well rewarded in renting out this strangely powerful and touching installment from one of America's most promising up-and-coming directors.

"Friends" Forever

Stacey Jackson
Staff Reporter

There has been much speculation over the last two years that the series "Friends" would finally be coming to an end. But each fall, another new season of the hit show would air and continue to be a success. That isn't the case this season as "Friends" is sadly coming to an end.

For the last ten years, television audiences could be guaranteed one thing: on Thursday nights at 8 o'clock, fans could turn on NBC and laugh at the six characters they've come to know so well.

Now, not only has each new episode captured the attention of loyal fans, but the reruns are just as popular. The WB was first to air "Friends" in syndication and after the success of airing reruns one night a week, the station went on to show the hit comedy twice a day. TBS quickly followed suit and they too syndicated the show.

SHU students are no strangers to the "Friends" phenomenon. Says Kristin Tack, a junior from Bristol, "I watch the reruns all the time and don't think I'll ever get sick of the show, even when the series ends."

Though "Friends" is ending, this isn't the last fans will see of these now-popular actors and



Photo courtesy of NBC

The Friends (pictured here: Courteney Cox, Lisa Kudrow and Matthew Perry) are up to more mischief in their final season. The show will complete its ten-year run in May.

actresses. Jennifer Aniston is starring in the new release "Along Came Polly" and Courtney Cox Arquette has already begun producing an apartment make-over show with husband David Arquette called "Mix It Up." Both women also want to start families and Arquette is now expecting her first child.

Joey fans, luckily, will defi-

nately not have seen the last of their favorite actor. Next fall Matt LeBlanc will star in a spin-off series as Joey himself but this season may be the last "How YOU doin'" that fans will hear for a while.

David Schwimmer, Lisa Kudrow, and Matthew Perry aren't left empty handed, either. Each star has a film in the works to be released within the next year.

After seeing these "Friends" each week, an important question remains: will it be difficult for these actors and actresses to successfully play new roles without constantly being looked upon as their "Friends" character?

"I think it will take some time, but eventually they will be able to be seen as different characters," explains Bethany Winchester, a junior from Niskayuna, New York.

The final episode of the series was taped on January 23 without an audience in attempt to keep the finale a secret and will air on May 6th. For now, there are a few more new episodes on the way and there's always the possibility of character cameos on Matt LeBlanc's new show next season.

When this final season comes to a close, "Friends" fans can continue consoling themselves by watching reruns or by purchasing the DVD sets, many of which are now available.

Ladies Will Likely Love a "Date with Tad Hamilton"

Heather Fogarty
Staff Reporter

Rosalee Futch (Kate Bosworth) dreams of the day she will meet her favorite actor in the new film "Win a Date with Tad Hamilton!" that opened last weekend. In the movie, from the director of "Legally Blonde," Rosalee enters a contest in which she has the opportunity to win a date with screen-crush Tad Hamilton (Josh Duhamel).

After winning the con-

a romantic relationship with her life-long friend.

Taking on the role of the girl next door, Kate Bosworth shows movie-goers a different side of her than was seen in her past films such as "Blue Crush." The New York Times compares Bosworth's acting to a younger Julia Roberts and, with this film, she demonstrates great potential for future works.

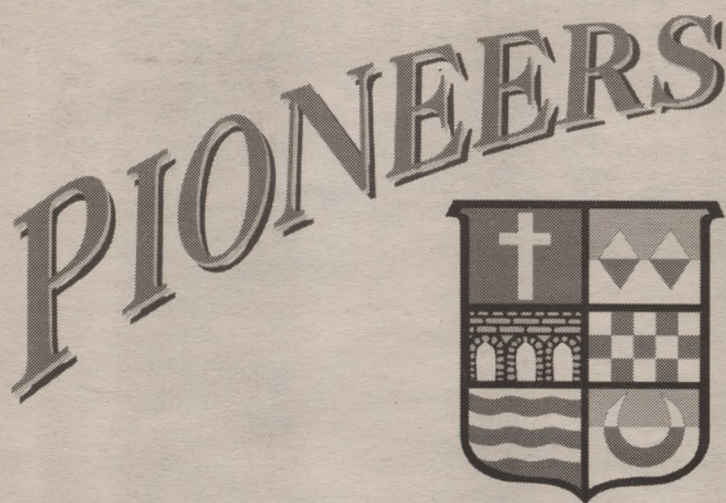
Topher Grace, too, shows a much more attractive side than audiences usually see in his most commonly known role of Eric in "That 70s Show." Grace becomes a heartthrob towards the end of the movie and truly proves his

"Win a Date with Tad Hamilton!" looks appealing in commercials but ladies may want to leave their boyfriends at home.

test and going on her fantasy date, Rosalee comes to find out that Tad has moved to her hometown of Fraziers Bottom, a small borough in West Virginia. This seems like a dream come true for Rosalee until her best friend Pete (Topher Grace) confesses his love for her. Rosalee is then stuck in a love triangle and faced with the decision to live her fantasy life or to continue

versatility as an actor.

"Win a Date with Tad Hamilton!" looks appealing in commercials but ladies may want to leave their boyfriends at home. Although the movie is full of the newest young stars and is supported by a good story line, it's not exactly "something for everyone." Make it a girl's night and take your gal pals to a date with one of 2004's first romantic hits.



Sports Shorts

*Compiled by Katie Atkins
Sports Editor*

Women's Swimming

Senior Christine DePierro (Cromwell, CT) was named the Sacred Heart University Athlete of the Week for the week ending January 25, 2004.

The Cromwell, CT native had an outstanding weekend as the women's swimming team competed at Siena and Vermont. On Saturday at Siena she won the 1,000-yard freestyle in a school record and ECAC qualifying time of 10:46.75 and placed second in the 100-yard freestyle in a time of 55.40. She then won the 500-yard freestyle in a time of 5:21.06, and was on the winning 200-yard freestyle relay that won in a time of 1:50.76.

On Sunday against the University of Vermont she won the 200-yard freestyle in a time of 1:58.82 breaking her own school record in hitting an ECAC B cut qualifying time. She then won the 100-yard freestyle in a time of 55.71, and then capped off the day with by again winning the 500-yard freestyle in a time of 5:22.19. DePierro is now eligible to swim in 4 events at the ECAC Championships, which will be held at the University of Pittsburgh the last weekend in February.

DePierro and the rest of the Pioneers will return to action when they host Central Connecticut and St. Francis (NY) on January 31, 2004 at the Wheeler Recreation Center on the campus of Bridgeport University. (Courtesy of Sacred Heart Athletics website.)

Wrestling

Sacred Heart University wrestling coach, Andy Seras, was selected as one of the three coaches for the 2004 U.S. Olympic Greco-Roman wrestling team that will participate in the Games in Athens next summer.

"I'm excited by this opportunity," says Seras. "I've worked hard to get to this level and think we have a great chance to make history. And I have to thank my wife. She is the one that makes it possible for me to volunteer as a coach."

Seras, who is in his second year as head wrestling coach with the Pioneers, has a wealth of international experience both as a wrestler and as a coach. He competed in the 1988 Olympic Games in Seoul, Korea and was an alternate on the 1992 and 1996 teams. He was a two-time Pan American Games champion, and won five championships in the National Open. He also participated in the World Championships five times, finishing as high as sixth in 1991.

Seras will join the Olympic Coaching staff along with National Greco-Roman coach Steve Fraser, who became the first USA Wrestler to ever win an Olympic gold in Greco-Roman Wrestling at the 1984 Olympics in Los Angeles, and Shon Lewis, the head coach of the U.S. Army team. Seras and Lewis were selected from a group of five finalists and their selection was approved by the USA Wrestling Executive Committee. (Courtesy of Sacred Heart Athletics website.)

The Best Show on Campus

By Hank Gargiulo
Sports Columnist

Coming off an extended break, I could have taken the easy road and given a recap of the plethora of action in the professional sports world that happened over break. I could even give a Superbowl preview, however, this would be the easy way out.

And we know I hate taking the easy way out, or something like that. But, this would ignore what has been going on atop the hill at the William H. Pitt Health and Recreation Center, a little something I like to call The Best show on Campus.

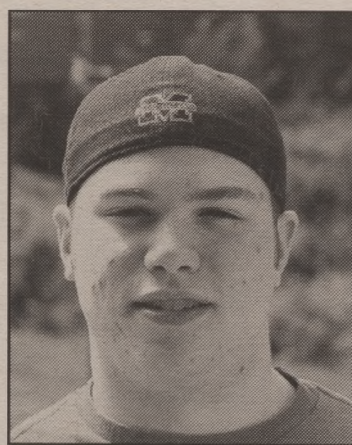
And what has been going on you ask? How about both the men's and women's basketball teams off to their best starts in Division I history.

The men, who should be renamed the Cardiac Kids, have played, and more importantly won, more close games this year than I can remember during my time here. And let's not forget about the women's squad. They are in the midst of a seven game overall winning streak, and they are a perfect 9-0 at home. Not too shabby.

The men are once again led by the backcourt play of seniors Maurice Bailey and Omar Wellington. The duo have been instrumental in just about every Pioneer win with their offensive and defensive contributions.

Lets not forget about the big men down low. The Patrollers of the Paint (I have to give an assist to my roommate Pete Barakos for that one) Kibwe Trim and Mading Mading have, at times, changed the course of games.

Trim for his production on the offensive end, and Mading



The Spectrum/ROBERT TRENSKE

for well, being a one-man block party denying anyone who comes into his domain. Freshman Joey Henley has also been a key cog in the Pioneer machine lately. After a sluggish start the frosh has been a solid contributor on both ends of the floor for head coach Dave Bike. He has shown a nose for the ball on the glass, and has proved an effective scorer down low.

This mixture and the ability to play both out on the perimeter and down on the blocks have the Pioneers at a more than respectable 8-9 (and remember three of those losses came against major conference opponents, two of which the Pioneers were in until the closing minutes) and 4-4 in conference, which currently sits them in fifth.

The women have been off to an even hotter start to the 03-04 season, as they are 12-4 on the season and 6-1 in conference, which has them behind only St. Francis (PA) in the NEC standings. They have been winning in style when they play at the Pitt Center, as each and every game played at home has been a win, and by 10 or more points.

Leading the charge for Ed Swanson's pack is freshman Amanda Pape, who's seeming-

ly endless supply of hustle and defense has her leading the team averaging an even 15 points a game. Last season's conference rookie of the year Nicole Rubino has also been a scoring threat for the Pioneers. She has shrugged off an early season shooting slump to raise her average to 13.4 points a game and re-establishes her as a scoring threat every night.

Down low, the tandem of Kate Maher and Colleen Duggan has proven effective when the Pioneers are unable to get out on the fast break. Duggan has put together a string of stellar games and is scoring 7.4 points a game; while Maher is pulling down 6.6 rebounds a game and dishing out a shade over three assists a game.

With Allie Bagnell returning to form after knee surgery, and just about every regular being able to contribute on any given night the Pioneers have put themselves in a strong position to make a run at the conference crown. Don't believe me? Check out Chris Elsberry's column in the January 25 edition of the Connecticut Post.

So this is the part of the column where I try to persuade you, the loyal and devoted Sacred Heart fan, to get up, hike up the hill, go to a Pioneer men's or women's game. And while you're there you might as well make some noise. Get on your feet when the Pios need a big defensive stop.

Go crazy when you see Mading Mading send an opponents shot 10 rows deep. Jingle your keys in the closing seconds of a win to remind the visitors to "start the busses". But whatever you do, make sure you check out at least one men's or women's game, trust me on this one.



The Spectrum/ROBERT TRENSKE

It is likely to see a large crowd supporting the men's and women's basketball teams, and who better to entertain that crowd than SHU's band.

Men's Hoops Team Loses a Heartbreaker

By Jason Chudoba
Staff Reporter

In the eighth career meeting between the schools, the Sacred Heart men's basketball team took on the Robert Morris Colonials.

Despite an impressive performance in the first half, the Pioneers lost 69-66 to the Colonials in front of a modest crowd at the Pitt Center. Sacred Heart is currently on a three game skid. They are 7-9 overall and 3-4 in the Northeast Conference.

"They played the zone, we needed to find a way to break the zone and penetrate the gaps," said senior captain guard Maurice Bailey (Hempstead, NY), who finished with 21 points. "We played good defense and had pressure, we needed to get more rebounds and hit our open shots."

The Pioneers started off the game on fire. Sacred Heart's aggressive defense forced Robert Morris to turn the ball over early and often. Then in stride they were able to turn the Colonials mistakes into points.

Freshman guard Jarrod Frye (Maspeth, NY) came up with a big steal early in the game giving the Pioneers a 14-5 lead. For most of the first half, the men were able to hold a solid 11-point lead over the Colonials. Sacred Heart went into the locker

room at halftime leading Robert Morris 29-26.

The Sacred Heart seniors dominated the first minutes of the second half. Senior guard, Omar Wellington (Pennsauken, NJ) hit a three-pointer to give

the Pioneers their first points of the second half. Bailey followed Wellington with a two-pointer. Then senior center Mading Mading (Khartoum, Sudan) hit a turn around jumper

"We revealed something today. We've proven we can overcome adversity. The positive thing is that we played hard. Sports doesn't build character, it reveals it" Coach Bike

to give Sacred Heart a 36-30 lead.

Sacred Heart's offense was halted when junior guard Maurice Carter (Richmond, VA) hit a three-pointer to cap an 11-4 run for the Colonials and give them their first lead of the game. "The turning point was when we stopped playing defense. Defense leads to our offense, so the lack of defense let them back into the game," said Wellington.

Bailey was able to provide

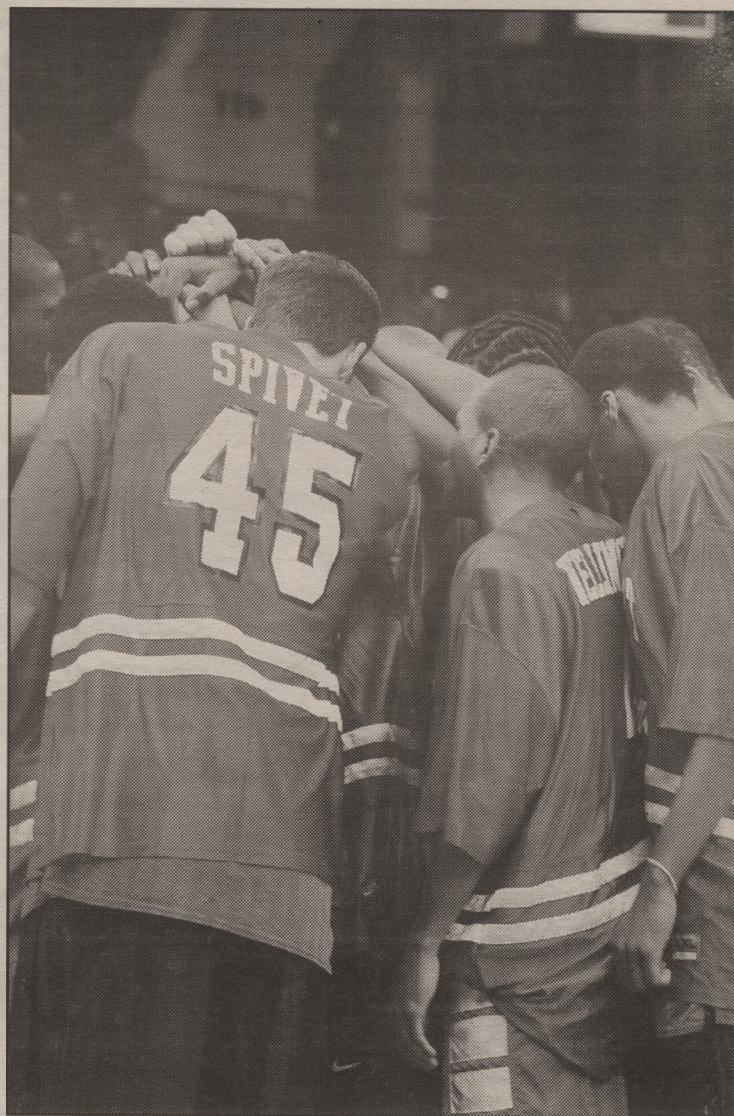
some quick offense for Sacred Heart. With 12:49 left in the second half, Bailey came up with a huge steal and finished with a one-handed dunk that put the Pioneers back in the lead 42-41. Robert Morris was not fazed by the dunk and responded by going on a 10-0 run to lead SHU 51-44.

The last eight minutes of the game was a constant battle between both teams. Robert Morris led the last eight minutes of the game, but Sacred Heart was always within striking distance. With 4:48 to play Mading's block enabled freshman forward, Joey Henley (Kent, WA) to get a quick layup to narrow the Robert Morris lead 53-51.

Robert Morris was able to regain a larger lead over the Pioneers and go up by eight points with :57 left in the game.

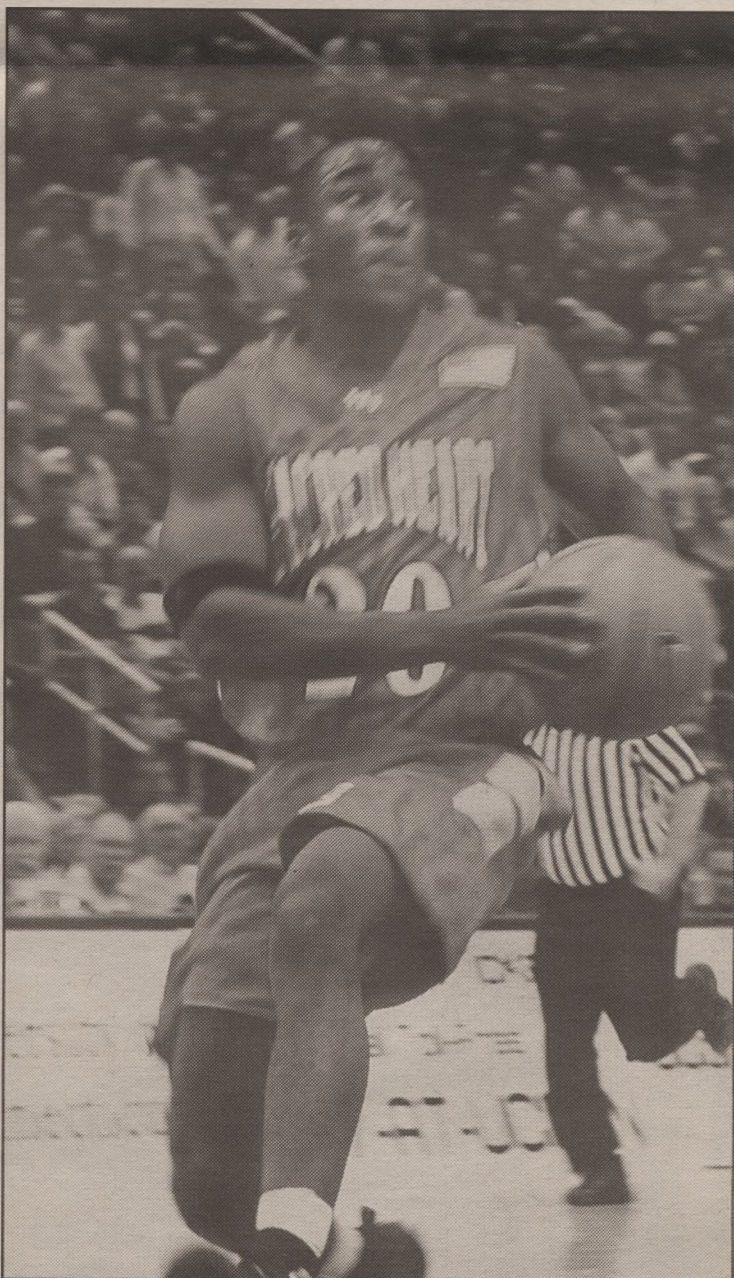
Despite a valiant effort by the Sacred Heart players to bring the game within two points with 11 seconds left, they were not able to take the lead and lost 69-66. Wellington finished the game with 16 points and Henley finished the game with 10 points.

"We weren't feeling good about the last two games. We revealed something today. We've proven we can overcome adversity. The positive thing is that we played hard. Sports doesn't build character, it reveals it," said coach Bike.



The Spectrum/ ROBERT TRENSKE

The SHU men's basketball team lost a heartbreaker 69-66 when they matched up against fellow NEC rival Robert Morris.



The Spectrum/ ROBERT TRENSKE

The team is now 7-9 overall for the season and have a 3-4 record in their games against fellow Northeast Conference teams.

THE PIONEER SCHEDULE

Friday, January 30

Wrestling	vs Harvard	Fairfield, CT	4:30
Men's Volleyball	vs Queens College	Fairfield, CT	7:00

Saturday, January 31

Men's Basketball	vs Quinnipiac	Fairfield, CT	4:00
Women's Basketball	vs CCSU	Fairfield, CT	2:00
M & W Track	John Covert Classic	Bethlehem, PA	12:00
Women's Swimming	vs CCSU/ St. Francis	Fairfield, CT	1:00
Men's Ice Hockey	at Connecticut	Storrs, CT	1:00

Sunday, February 1

Wrestling	at Hofstra	Hempstead, NY	1:00
Women's Ice Hockey	vs Cornell	Milford, CT	2:00
M & W Fencing	at SHU Invite	Fairfield, CT	7:00

Nick Giaquinto: Baseball Coach and Super Bowl Champ

By Nick Kelly
Staff Reporter

As the date of the Super Bowl approaches many football fans grow restless and impatient. Each year there is two-week absence of football after the AFC and NFC title games. This gives the NFL and press plenty of time to grant exposure to the game and in the process drives many fans crazy with anticipation. The most significant reasoning is that it allows players to heal after a long season and playoffs.

"They were very clear and honest when they were communicating with you. You know exactly what they wanted to get done"
Nick Giaquinto

While two teams and their fans are still focused on this season, others are already focused on the next. NFL teams have already been preparing by focusing on the draft, free agent signings and in several cases coaching changes.

Among those to have already taken place this off-season is the rehiring of NFL Hall of Fame Coach, Joe Gibbs after an 11-year absence. Even after more than a decade his legacy is not forgotten as he coached the Redskins into four Super Bowls in a 12-year span, winning three.

Unfortunately the same cannot be said for all of Joe Gibbs players on those standout teams that made back-to-back Super Bowl appearances. When asking a Redskins fan about their half-back from the early 1980s many will respond with ease and fondness on their memories of John Riggins.

Only after specifying that you meant Nick Giaquinto might they be unable to answer. This hesitation would not be necessary when asking one of Sacred Heart's baseball players about

Nick Giaquinto. To them he is still first and foremost the Sacred Heart head baseball coach. What not many people fail to recognize is his participation on several talented Redskins teams.

In many ways the Redskins team from 1982 that he participated on is similar to the 2001 Patriots team. Neither of these teams had particularly high expectations yet were led by coach in only his 2nd year with the team, to a Super Bowl victory. Sacred Heart Baseball Coach Nick Giaquinto stated, "We really didn't think about being an underdog, you just went out and played hard."

These Super Bowl victories led to heavy expectations that neither team could live up. The 1983 Redskins team came out strong, bolstering a higher ranked offense and the best record in the NFL and was the favorite going into the Super Bowl against the Raiders.

As Giaquinto speculated, "(As favorites)...we were confident that we could beat them (Raiders)...And having the year of experience I thought it would have helped us, but from the results of the game I guess it didn't." They had defeated the Raiders early in the season, yet

"(As favorites)...we were confident that we could beat them (Raiders)...And having the year of experience I thought it would have helped us, but from the results of the game, I guess it didn't" Giaquinto

it was not to be as they lost 38-9, the greatest margin in Super Bowl history at the time.

The Patriots did not even make it to the playoffs last year after their Super Bowl victory. This year they will enter the big game as favorites and carrying the best record in the NFL as

Nick Giaquinto and his team did 20 years ago. But he does not believe being an underdog or favorite has an influence on either team though. "I don't think an NFL team on any given day is overconfident against any other team."

Despite the similarities

"I'm at peace with my decision and always have been. It's funny, I never once thought for more than 30 seconds that I should have stayed longer"
Giaquinto

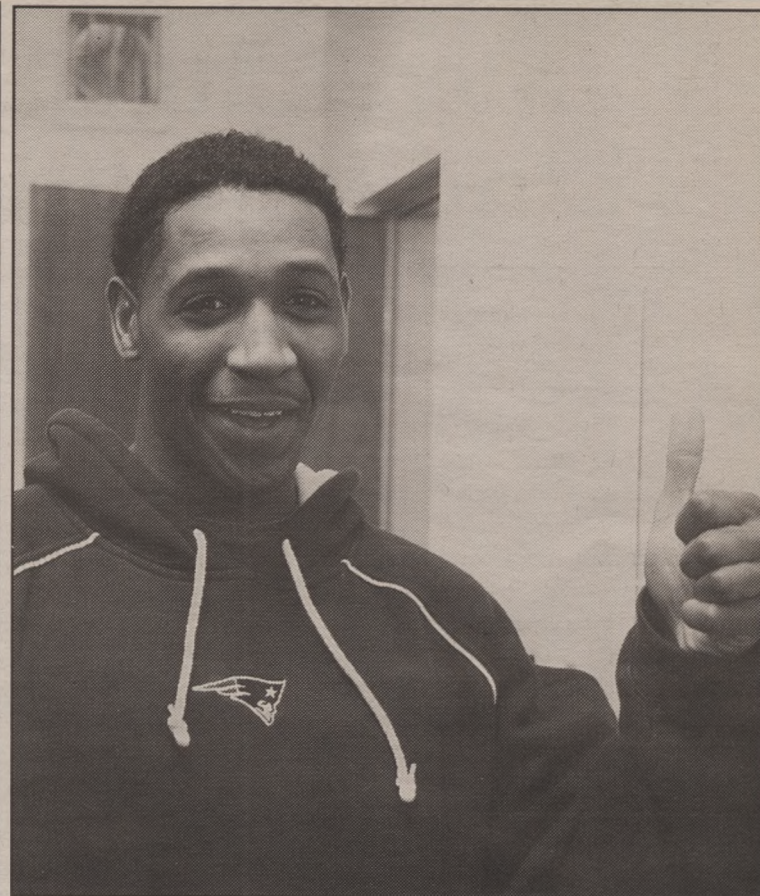
between his former team and the Patriots, Giaquinto is rooting for the Panthers. It is their offensive coordinator, Dan Henning that helped him get into the league and he understands how fortunate in his chance to play for two great coaches, Don Shula and Joe Gibbs.

As a former athlete himself, Giaquinto understands what his players want and stated, "They were very clear and honest when they were communicating with you. You know exactly what they wanted to get done."

Both of them taught him and were influential in how he coaches. It was Gibbs that taught him about "tweaking," so that your team fits the skills of the players and Shula that asked for his players to really reflect after each game.

Following the loss in Super Bowl XVIII, Coach Joe Gibbs would lead the Redskins to two more Super Bowl victories. Nick Giaquinto would no longer be a member though as he retired after the devastating loss to the Raiders.

Still Nick Giaquinto has no regrets and stated, "I'm at peace with my decision and always have been. It's funny, never once have I thought for more than 30 seconds that I should have stayed longer."



The Spectrum/ ROBERT TRENSKE

There's no doubt a bulk of Sacred Heart students will be cheering for the New England Patriots in this Sunday's Super Bowl.

Are You Ready For Some Football?!

By Megan Mooren
Staff Reporter

Break out the chips and dip, spice up those buffalo wings, and prepare yourself for insanely comedic beer commercials--it's Super Bowl time! Oh yes, that joyous time of Budweiser frogs, a sexy halftime show, and...I almost forgot, an action packed football game. This year's match up between the New England Patriots and the Carolina Panthers is predicted to be a heated one.

Bill Belichick and John Fox have led their teams victoriously this season, however, one team will be going home a winner, and the other will just be going home.

Which team will succeed this Sunday at Relian Stadium in Houston, TX? As with all unpredictable events that occur in life, no one can really know for sure. However, everyone's money seems to be on the New England Patriots, whose 14-game winning streak and triumphant win over Peyton Manning and the Indianapolis Colts has almost guaranteed them a seat in the winner's circle.

The Patriots have many good luck charms on their side, including Tom Brady's power arm and Ty Law's quick hands. The team may suffer a major blow if their second leading tackler Tedy Bruschi's leg injury has not

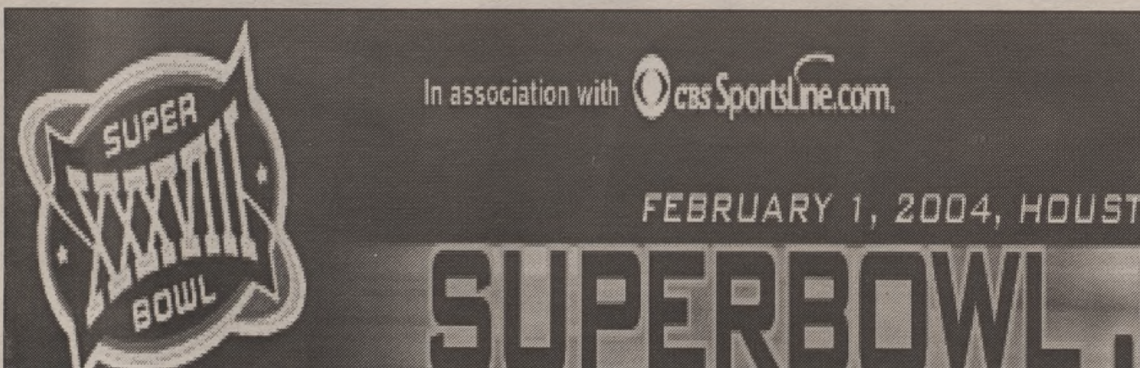
healed, but odds are they will be able to compensate nicely. The Patriots have been the most consistent team this season, and fans say they will continue to be in this year's Super Bowl game. Should all of this quiet down the

Which team will succeed this Sunday at Relian Stadium in Houston, TX?

roar of the Carolina Panthers? Highly doubtful. Known to have an equally competitive defense, the Panthers are sure to give Brady and the Patriots a run for their money.

Can Steve Davis, fresh off the injury list, and fellow running back DeShaun Foster conquer that New England Defense? Can quarterback Jake Delhomme escape the intercepting tendencies of Ty Law? The last thing the Panthers want is a repeat of the 2002 season, where the Patriots robbed them of the AFC East title game, and continued on to win the Super Bowl. Two years later, they have come back with a vengeance, and are ready to take on the best team in the NFL.

So put on that jersey, gather around your friends or that crazy fan at the bar down the street, and get ready for some football!



As in past years, the Super Bowl will prove to be one of the most viewed events of the year.

Men s Volleyball Hopes to Make Playoffs

By Kelly Dietz
Staff Reporter

As the temperatures drop to record lows, the Sacred Heart Men s volleyball team heats things up with the kickoff of their 2004 season.

On Jan 14, the Pioneers traveled to Massachusetts to take on Endicott College. SHU had an impressive 3-0 win to start off their season. In the opening match, two Pioneers posted double-digit kills. Junior Michael Gardner (Brookfield, WI) was the team leader with 14 kills and senior Doug Soviero (Huntington, NY) was not far behind with 11 kills.

In the men s home opener, the guys fell to Merchhurst College in three-straight. Soviero recorded nine kills and eight digs, a team high for the Pioneers. Senior libero Michael Maziarz (Wilbraham, MA) had seven digs.

The men s volleyball team is part of the Eastern Intercollegiate Volleyball Association and is selected to place 3rd in the Sweeny Division, which includes teams such as number one ranked Harvard, Vassar, Roger Williams and NJIT.

The Pioneers finished 13-10

last year and just 4-8 in the conference. Senior Michael Burns (East Providence, RI) says, "We are poised to take home the conference title because we have five seniors." Seniors include CJ Pinkney (Ringwood, NJ), Soviero, Chris Skelton (Westerly, RI), Maziarz, and Burns.

Both conference and non-conference games will prove to be a challenge for the Pioneers this season with the tough teams they are scheduled to play. They will take on teams such as Juniata College, Princeton University, and nationally ranked powerhouse Penn State University.

Burns says that "new additions to the team; sophomore transfer student Michael Ivers (Philadelphia, PA) and graduate student Robert Purslow (South Huntington, NY) should help us off the bench when needed." "Sophomores Alex Cantani (Larkspur, CA), Jake Pelletier (Coventry, RI), Tommy Karavas (Astoria, NY) and Rob Sturgess (Farmingville, NY) will also be seeing action on the court along with Junior started Michael Gardner (Brookfield, WI)," he added.

Coach Craig Boston says, "the team is physically talented, however they are not a mentally tough team." He believes that once the entire team gets on the

same page mentally, the team will be great. Overall, coach says that the team is going to have a good season although they are up against tough teams.

On Saturday, Jan 24, the guys took on the alumni in an annual exhibition match. Although they lost, they still all had fun. "We go out there with a competitive attitude and try to teach the older guys who s best," Burns said. However, the alumni proved to be the better team this year.

At the Pitt Center on Sunday afternoon, the guys swept Wentworth Tech in three straight games. Maziarz had six digs in the win, a team high.

Pinkney passed out 31 assists and had two service aces. Skelton had a good game recording seven kills, three assists, two service aces, a block and a dig. Soviero had 10 kills, four digs and a block. Sturgess led the team with three blocks, Burns had eight kills on the day.

The team s goal, like any other, is to make the playoffs. Coach Boston says that the teams to beat are number one ranked Harvard and number two Vassar. You can catch up with the Men s volleyball team on Friday Jan 30 at 7p.m. when they take on Queens College in the Pitt Center, and hope to improve to 3-1.

Women s B-Ball

Continued from Pg. 16

resulted in the opportunity for the Pioneers to outscore them 48-18 in the middle. Duggan netted 9 points before the half, and finished with 11 before fouling out with just over two minutes to play.

Rubino helped spark the win for the Pioneers with another strong performance, finishing with 18 points, three assists, and two steals.

"Nicolle was Rookie of the Year for the conference last year but didn t get the respect with Brooke Kelly in there, who would always draw the best defensive player," said Kappes.

"Now, she s gotten used to the adjustment and is making harder cuts, being tougher to guard, and is letting the team help get her open. She also has really raised her defense to another notch this year."

"I think individually I play well only because the team sees the court so well," said Rubino, "We know where everyone is on the court and that plays a big factor in our wins. Our big girls have been doing a great job rebounding."

Freshman standout Amanda Pape (Stamford) contributed 13 points, along with seven rebounds and four steals against the Blackbirds. Coming off an ankle injury earlier in the week forcing her to miss two games,

freshman Kerri Burke (Saugus, MA) bounced back nicely with an eight point, four rebound, and two assist performance.

"Another player that deserves credit is junior Allie Bagnell (Newtown, PA) who is coming back from knee surgery, but had the opportunity to play more with the injury to Kerri," said Kappes. "Allie does a tremendous job on the ball, and does a great job at drawing the defense, then finding the open player and setting others up."

With the wins, Sacred Heart finds themselves in second place in the Northeast Conference, one game behind St. Francis (PA). The only Pioneer loss in the conference came early in the season to Wagner. The women meet the current leading team for the first time on Feb 7.

"With the upcoming schedule, we can t have our girls playing 40 minutes a game. The most anyone has played was Nicolle with 32 minutes against Columbia, but we have been able to use our rotation and see the depth we have," said Kappes.

The Pioneers travel tonight to take on rival Quinnipiac University. Their next home game is Saturday against Central Connecticut State University at 2 p.m. to defend their perfect record.

Women s Bowling Takes Fifth in Maryland

By Meghann Longo
Staff Reporter

Coming off a weekend down in Baton Rouge, where they placed sixth, the women s bowling team was packing again. This time the team was headed for Odenton, Maryland to compete in the 2004 Bayside Collegiate Classic Bowling Tournament.

At the Classic, the Sacred Heart women would meet thirteen other teams, including their Northeast Conference rival Fairleigh Dickinson and New Jersey City University.

The tournament, which was hosted by Morgan State University, was held at Greenway Bowl this past Saturday and Sunday.

Morgan State was thrilled to finally be hosting an event of this magnitude; it is the largest tournament hosted by the school s bowling program and featured some of the best talent in the South and Mid-Atlantic region.

Some other top competi-

tors that were in attendance are Southern University and University of Maryland Eastern Shore.

The Sacred Heart women stepped up to the challenge and found themselves placed fifth at the end of the first day of competition. Bringing the same sense of intensity to the tournament on day two, the women were able to

"We bowled our best and we were always picking each other up when someone had a bad game"
Carolyn Rich

maintain their position and ended the competition in fifth place.

Sacred Heart fell short to their rivals, Fairleigh Dickinson, who won the tournament and were followed by Southern University who placed second, University of Maryland Eastern Shore who placed third, and New Jersey City

University took fourth.

"We bowled our best and we were always picking each other up when someone had a bad game," said junior Carolyn Rich from Little Falls, NY.

Rich, who recently made her first All-Tournament team when she finished third in Allentown with a 196.1 average over break at the Keystone Quaker Classic, finished 24th overall with a 200 average. However, the top bowlers at this tournament were freshman

Chrissy Onderdonk from Albany, NY, who lead the team with a 211.5 average, good for eleventh overall for six team games. Onderdonk was followed close behind by junior teammate Erin Gore from Woodbridge, VA, who finished twelfth overall and averaged 210.8.

The most pleasantly surprising high scorer was freshman transfer student from Staten Island University Alexandra Saladano from Staten Island, NY bowled games of 220 and 191 in her debut on the Sacred Heart team.

On Saturday, the women went 3-2 in the NCAA head-to-head matches. Sacred Heart went on to beat Bethune Cookman College, Southern University

"I think we do have potential to go very far this year, not only do we have a very talented team, but our chemistry and our ability to work together is the best I ve ever seen"
Nicole Peloquin

and Hampton University. They lost to University of Maryland Eastern Shore and New Jersey City University. Sacred Heart also went 3-2 in NCAA Baker matches.

Baker games involve each of the five team members bowling two frames each to combine for

a full game. For example, the leadoff bowler bowls the first and sixth frames. In the Baker matches, the women beat Coppin State, Morgan State, and Howard University and went on to lose to North Carolina A&T and Fairleigh Dickinson University. This performance led them to a fifth place finish out of a total of 14 teams.

The women s bowling team will next compete in their second conference tournament of the season at their home lanes on Feb 7 at Milford Lanes in Milford, CT. Their final conference tournament of the season will take place on Feb 14 in Jersey City.

"I think that we do have potential to go very far this year, not only do we have a very talented team, but our chemistry and our ability to work together is the best I ve seen," said junior Nicole Peloquin from Enfield, Ct.

So, between their performance thus far and the expectations for the future it appears that the remainder of their season, which runs until late April will be successful.



Women's B-Ball Extends Win Streak to Seven

By Meghan O Connor
Staff Reporter

Coming off a non-conference win against Colombia University on Tuesday, the women's basketball team demolished two fellow Northeast Conference teams this week, extending their win streak to seven, and defending their perfect home record at the Pitt Center.

Traveling to Brooklyn, NY on Thursday, the Pioneers took on St. Francis (NY), coming away with a 69-50 win behind junior Colleen Duggan's (Newington) career night of 22 points. Duggan hit her first five shots, and had already surpassed her previous career best of 15 at the break, making seven of ten for 17 points in the first half.

"We are very pleased with Colleen's performance," said Assistant Coach Heather Kappes. "We were expecting her to be dominant this year, and we're very excited for her and the team."

"We pretty much set the tone from the beginning of the game by

getting the ball inside to Colleen, she dominated in the game for us," said senior tri-captain Kate Maher (Waterford, Ireland).

The Pioneers took control and had notched a 12-point lead 10 minutes into the game. With the team never trailing on the night, freshman Jasmine Walker

for Sacred Heart.

"St. Francis had just come off a big win against Quinnipiac and we couldn't let them start off the game by hitting a couple shots and getting their confidence up," said Duggan.

"We got off to a great start, and continued to play with energy and intensity for the remainder of the game," said senior tri-captain Ashley Kohl (Palmyra, PA), "It was a total team effort, and everyone contributed."

Sophomore Nicolle Rubino (Port Jefferson Station, NY) had just eight points on the night, but pulled in four rebounds, handed out five assists, and had only two turnovers. Maher tied her career high in assists with six for the game.

"Kate and Nicolle did a great job finding the open people. Kate is really our unsung hero, always guarding the other team's top post player, and she leads the team in rebounds and assists," said Kappes.

"This is our sixth straight win and we play Long Island

University next. They ended our season last year so we are eager to

"It was the first game we were all dressed for. We came out strong and everyone was able to play and contribute" Senior Tri-Captain Shannon Quinlivan

play them, and it is at home where we are undefeated on the year," said senior tri-captain Shannon Quinlivan (Albany, NY) about the upcoming match-up against a team that has beaten Sacred Heart in the last five meetings between the two teams.

Long Island ended the Pioneers' hopes of a conference title last year knocking them out in the first round of the Northeast Conference tournament. They weren't as successful this time as

Sacred Heart rolled to an impressive 75-52 win on Saturday, keeping their perfect home record alive at nine games.

"Although a lot of our players are young and weren't around, I think they sensed what this game really meant to us. It was the first home game that we were all dressed for. We came out strong and everyone was able to play and contribute," said Quinlivan.

The Blackbirds never held a lead in the game, falling behind by double digits early and even though they got within 11 in the second half, the Pioneers answered with a 9-0 run that ended any chance of a comeback.

"They are good at slowing down the offense, but we controlled the tempo and played our game because we out rebounded them," said Kappes.

Long Island was a completely different type of team than Sacred Heart had faced in the past with the graduation of their all-conference post player, which

See "Women's B-Ball" Continued on Pg. 15

INSIDE SPORTS

COLUMN OF HANK GARGIULO
Hank shares his opinion of the "Best Show on Campus" (Pg. 12)

MEN'S B-BALL
The Pioneers lose a heart-breaker to NEC rival Robert Morris College (Pg. 13)

SPOTLIGHT
Nick Giaquinto- The Sacred Heart Baseball Coach and Super Bowl Champion! (Pg. 14.)

MEN'S VOLLEYBALL
Despite tough schedule, the men are hoping to make the playoffs. (Pg. 15)

BOWLING
The women place sixth in Baton Rouge and fifth in Maryland. (Pg. 15)



The Spectrum/ ROBERT TRENSKE

The Sacred Heart women's basketball team has now won seven games in a row.



The Spectrum/ ROBERT TRENSKE

The women are back at home this Saturday at 2 p.m. to take on Central Connecticut State University.



The Spectrum/ ROBERT TRENSKE

Last week the Pioneers traveled to Brooklyn to take on St. Francis (NY) and came away with a 69-50 win.