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## Dealing with Winter Weather

Michelle Bassi  
Staff Reporter

Sacred Heart University students have been having a hard time dealing with Connecticut's poor weather conditions. Many have complained that Bridgeport doesn't clear roads quick enough, leaving bad conditions for them to drive in.

"Tuesday, when I had class canceled, I drove all the way to school because it wasn't listed on the snow service and when I got to school I found out we didn't have class so I had to drive back home in the worst part of the storm," shared a Sacred Heart commuter student who wishes to remain anonymous. "My car, which is a Neon, was sliding all over the place on Park Ave."

Recently the Department of Public Safety released its "Safety Tip of the Month" newsletter via e-mail to the SHU community. The newsletter describes tips on how to handle dangerous winter weather.

"If you must drive, match your speed to the road conditions," stated Public Safety Director Linda Maloney in the e-mail. "Stopping distances triple in snow so allow more distance between your vehicle and the vehicle in front of you. Some authorities say it takes cars up to nine times as long to stop on ice and snow."

"I was driving to the bank in that first snowstorm...it was icing a bit so I was going slow. I went to turn a corner and the car didn't turn. I slid on ice into the curb, causing a lot of internal damage to my car," claims Jill Hoffman, a junior from East Fishkill, NY.

"If you make a turn, slow down or you may find yourself in a skid if you wait until the last minute to brake. If you go into a skid don't hit the brakes. Instead ease off the accelerator and steer in the direction of the skid. Don't panic and keep in control!" suggested Maloney. A recent storm c

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## David Craig Brings A&E to SHU

Bill Silvestri  
Staff Reporter

"The television medium is one that is constantly re-inventing itself," David Craig said. David Craig is a professional in the cable television industry, and the first guest in a series of speaking events held by the Media Studies and Digital Culture Department (MSDC).

The event, formally titled "A Conversation About Cable Television," was held in the Schine Auditorium at 6 p.m. last Thursday. This series of speaking events are geared towards media studies students, as well as the entire student body.

"Besides media studies majors, students majoring in business will also benefit," said Dr. James Castonguay, chair of the department of MSDC. "We

need to focus on more practical career oriented advice... We teach skills here at SHU, however it is a highly competitive industry." Exposing students to professionals in the media industry is just one way that MSDC plans to better prepare its students.

Media Studies, which was previously under the umbrella of the Department of Language, Literature and Media Studies, has expanded to become what is

now known as the MSDC. "The department can afford to bring in speakers," Castonguay said. "It establishes our presence in the local community."

Professor Andrew Miller opened up the conversation by introducing David Craig to the student body.

"I find projects such as drama series that are developed

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## First Peace and Justice Week Begins

Amy Deschenes  
Staff Reporter

Honesty. Community. Liberty. Cooperation. All these words embody the spirit of Peace and Justice Week sponsored by the Office of Residential Life. The week's mission is to advocate the pursuit of social justice.

"This week is a commitment to human life and dignity, to human rights and solidarity. We will be looking at issues dealing with equality, economics, and social and political developments that may challenge the dignity of human rights in our country and around the world," said Allen Machielson, Director of Residential Life at Sacred Heart University. According to Machielson, Peace and Justice Week has evolved from Peace and Love Week that has been part of the spring semester since 1999. The Residential Life Human Resources Team planned the week's programming with assistance from Campus Ministry and the Office of Service Learning and Volunteer Programs.

The Opening Ceremonies of Peace and Justice Week, held in the Mahogany room, included a thought provoking speech delivered by Brian Stilner, Assistant Professor of Religious Studies/Director of the Center for Catholic Thought, Ethics and Culture. Stilner spoke about the three commitments of social justice. This triangle, as Stilner called it, includes liberty, equality and community. With the absence of one quality, the triangle of social justice is incomplete.

"Social justice is a vision that

can unite the Sacred Heart community and all people," Stilner said. Citing specific examples from the Bible, the Declaration of Independence, and the works of Dr. Martin Luther King Jr., Stilner showed exactly what individuals, as well as groups, can do to fight for peace and equality. Stilner concluded that social justice must take place on the local and national levels for it to be universal.

The Opening Ceremonies also included a Works of Peace and Justice Reading presented by Allen Machielson, Director of Residential Life at Sacred Heart University. These readings were selected from the homilies of Archbishop Oscar Romero, who preached the virtues of worked for social justice during his lifetime. The attendees were lead by West Hall Director Theresa Duffy in reciting the Campus Pledge of Non-Violence. This oath proclaims the intentions of the Sacred Heart Community to become a more peaceable, non-violent group of people.

Andre Keuck, an actor in the film Zero Day, gave a synopsis and presented the trailer of the movie. Zero Day deals with the reality of violence in public high schools.

"The movie is a little graphic at times and was controversial among the film festival circuit," Keuck said. The film documents the actions of two students who plan and carry out a brutal assault on their high school.

Stilner explained that the best way to work towards social justice is through seeing, judging, and acting on certain situations.

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The Spectrum/ ROBERT TRENSKE

New Student Government President, Jen Hradek, takes office.

## Savage Steps Down, Hradek Steps Up

Lori Coupe  
Staff Reporter

Daniel Guy Savage, former Student Government President, formally announced his removal from office on Wednesday, Feb. 4, via e-mail to the entire University community.

"It is with deep regret that I inform you that due to my failure to meet qualifications set out in the Student Government Constitution I have been removed from the position as Student Government President," stated Savage, a junior, from Taunton, MA, in the e-mail.

After being declared academically ineligible for the posi-

tion of President, due to a grade putting him below the academic requirements at the end of last semester, Savage was forced to step down from his position.

"I would never voluntarily resign from this position," said Savage.

Senior Jen Hradek, former vice president of Student Senate, has taken over the position of Student Government President for the remainder of the school year. Hradek is already planning ways to improve student attendance and participation at Student Government events, including the Student Leadership Conference and the spring elections.

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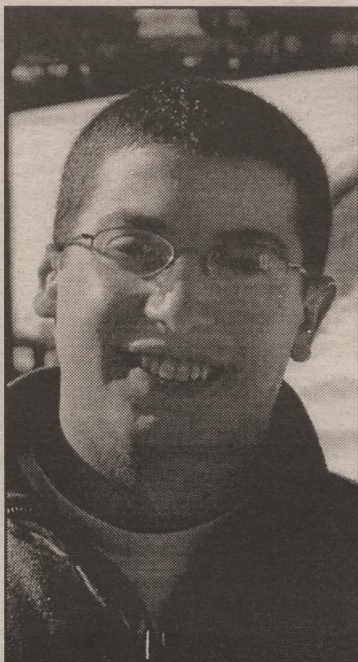
## Student Wins Cultural Scholarship

Danielle Bachini  
Staff Reporter

Frank Schembari, a senior from Montrose NY, has been awarded a National Italian American Foundation (NIAF) scholarship. This is a very prestigious scholarship that receives thousands of applications. According to the NIAF, "scholarships are awarded on the basis of academic performance, field of study, career objectives, and the potential, commitment, and abilities applicants have demonstrated that would enable them to make significant contributions to their chosen field of study."

In order to apply for this scholarship a student must submit two essays on the topic of The IAF's choice, an official transcript, an application, and a letter of recommendation. Schembari asked Jane Carlin, adjunct instructor of English, to write a recommendation for him. She was more than happy to do so.

"Frank had been my Junior Mentor in my Freshman Seminar class first semester last year and I was so impressed by his serious attention to all matters academic, in addition to being a great guy and a big help to the students in my group. He was a wonderful role model. It was clear then, as it is now, that academics meant a lot to him. He welcomed a



The Spectrum/ ROBERT TRENSKE  
**Frank Schembari, recipient of the NIAF scholarship.**

challenge! It would be difficult to imagine other students being more qualified for this scholarship than Frank is," Carlin said.

Another requirement for the scholarship is that the applicant must have at least one ancestor who has immigrated from Italy.

"My father is from Sicily and came to New York when he was eighteen and my mother is from a small town near Avellino, in the Campagna regio, and came to New York at the age of six. As a child I was always exposed to the Italian culture. I feel this has given me the oppor-

tunity to understand cultures better and the way people live in the United States, as well as abroad in Europe," Schembari said.

Schembari is a computer science major with a focus in information technology. He is also an Italian minor.

"I chose computer science as a major not only because I am interested in the different aspects of technology, such as networking and web applications, but also because computer science is a field that changes often and continues to change the way people perform their day-to-day tasks," said Schembari.

Not only is Schembari dedicated to his studies, but he is also involved on campus. He is currently a co-web editor for The Spectrum and works part time for the Student Union as a night manager.

In addition to being active on campus Schembari has many other interests. He enjoys playing soccer, skiing, watching TV, surfing the web, and hanging out with friends. His favorite hobby is developing new websites and helping other people with theirs. Frank also enjoys traveling.

After graduation Schembari hopes to obtain a full-time position in the IT field either as a systems analyst, or web or database developer and has a primary ambition of obtaining a graduate degree in Information Systems.



The Spectrum/ BRAD MAMALIS

**Robert Nave speaks about the death penalty as part of Sacred Heart's first Peace and Justice Week.**

## Hradek Replaces Savage as SG President

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"I couldn't think of a better person to be in charge of Student Government," stated Savage about Hradek. Hradek will be accepting applications for vice president of senate in the Student Government office. The position will be filled based on an interview with Hradek and must be approved by a two-thirds vote of the Student Senate.

"I hope to help keep Student Government positive and motivated and let the leadership we have shine through a little more," said Hradek.

"While I am unclear of the reason surrounding his resignation, I have always liked Guy Savage," said senior Eric Silvia, from Raynham, MA. "I felt he worked hard, was very welcoming and approachable, all qualities I feel are necessary for such a position."

His accomplishments this year, as president, included the

annual events of the State of the University Address and the Mock Accident, to name a couple.

As the leader of Student Government, Savage said he brought some new ideas that have trickled down to the other members who will continue to benefit the Sacred Heart campus and bring the Student Government together as a whole.

"Guy has done a great job during his tenure. Whoever takes his place has big shoes to fill and had better be up to the task," said Brian Gardner, a junior from Maynard, MA.

In spite of the removal, Savage says he will remain an active student on campus through his involvement with his fraternity, Lambda Sigma Phi, and his plans for a campus television show with fellow students.

"Just because I'm out doesn't mean I'll turn into a video game playing kid. Leadership is not just an appointed role," said Savage.

## Poetry Night Gives Students Creative Opportunities

Amy Deschenes  
Staff Reporter

Poetry can be rhymed or unrhymed, depressing or uplifting, but it is always honest. At the English Club's first Poetry Open Mic of the semester, students and professors shared works from their favorite poets and poetry they had composed themselves.

"The English club's expectations were mixed on how SHU would react to a poetry night. Gratefully, it went off without a hitch and all that attended had a great time," said sophomore English Club President, Chris Crutchfield from Woodbury. While the "Shades of Poetry" event has been held by UMOJA and other organizations for several semesters, this was the first poetry open mic hosted by the newly formed English Club.

On Thursday, Feb. 5, the Faculty Lounge was converted into a cafe-like atmosphere with

the addition of candlelit tables and a microphone setup where the readers could take center stage. Refreshments of oatmeal raisin cookies, coffee, and tea were served.

Attendees were anxious to begin their readings, but once the first poem was read, nerves dissolved and readers gained confidence. Junior Cristina Baptista read an original poem entitled "Stockade Fences" that recalled her childhood memories of climbing fences with her brother.

"This is the first time I've publicly read anything I've written," said freshman Michael Mastri of Milford. He shared his original poem entitled "Riding the Bus at Night." The night gave poets like Mastri the opportunity to face their fears of and share their works in front of a friendly audience. The group of about 25 responded enthusiastically after each poem and helped to provide a relaxed and comfortable atmosphere.

"I want to create a bond

between the faculty and the students beyond the academic realm and more into the social [and] philosophic," said Crutchfield. Two original poems of Dr. Dhia Habboush, a professor of chemistry at Sacred Heart University, were shared with the group. Dr. Robin McAllister, of the English department, read selections from Alan Dugan, a Pulitzer Prize winning poet.

"It was interesting to hear what others had to say and I thought everyone there was really talented," said Shannon Kinney a junior from Port Jefferson Station, NY. Kinney is not a poet herself but enjoys hearing the talents of others. Everyone is welcome at these Poetry Open Mic nights. If you missed this first Poetry Open Mic night and are interested in hearing original poems, or sharing your own, two more have been scheduled by the English club for this semester. The first will take place on Thursday, March 4, and then another on Thursday, April 1.



## NEWS BRIEFS

**Friday, Feb. 13:**

*Trip to Medieval Times leaves from Public Safety at 5:30. Signup in Hawley Lounge, \$10*

**Saturday, Feb. 14:**

*Independent Music Club hosts a band in the Mahogany Room at 7 p.m.*

**Sunday, Feb. 15:**

*AIDS Awareness Week opening ceremonies at 10 p.m. in the Mahogany Room*

**Monday, Feb. 16:**

*Student Senate Meeting at 8 p.m. in HC 101  
Service Auction 10 p.m. Outpost*

**Wednesday, Feb. 18:**

*"Political Ignorance in an Information-Soaked Society," 7 p.m. at the Edgerton Center*



Contributed Photo

The students who attended the Encounter with Christ Retreat this past weekend.

## Weather Brings Black Ice Hazard

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onsisted of sleet and rain this past week, causing SHU's campus to have large puddles in the parking-lots and walkways. This can be even more dangerous than the snowstorms due to the after-effect of black ice.

"My roommate and I were walking into Taft holding our

laundry and suddenly she fell forward on her hands and knees causing her clothes to fly everywhere and suffered damage to her knee. She was really shaken up. Since I was far enough behind her I saw that the entire stairway was covered with black ice," said Lindsey Wilson, a senior from Clifton Park, NY.

The sun might shine during the day, but temperatures drasti-

cally drop during the night causing those puddles to freeze. Ice on the roads and sidewalks is hard to see and has affected more than enough students this semester.

"I was running to try to catch up to my friend, and I saw her slip a little bit so I tried to slow down, but it was too slippery, and I fell back and dropped all of my books," said Lindsay Brophy, a sophomore from Peekskill, NY.

Supervisor of Buildings and Grounds, Tony Ferreira, explains how the Buildings and Grounds crews try to combat the problem.

"We salt regularly but the problem is we have melting during the day and freezing at night. So, we salt the areas we see that will be a problem with us at night time," claims Ferreira. "We do a daily inspection of walkways but unfortunately we can't catch them

all. We've gone through more salt this year than possible."

"See, I didn't see the ice at all. It totally caught me off guard. I didn't even realize what was happening when it happened," recalled Hoffman.

For more safety precautions, check public safety's tip of the month e-mails that are sent out regularly or check on their bulletin board across the main desk.

## David Craig Discusses TV with SHU students

*Continued From Page 1*

by producers," explained Craig. The job not only involves finding potential programming but also financing and developing the project. "We always have a new project co-financed," he said. "We supervise the production and marketing of the project." Craig went on to say that after a show airs they stay with it until the awards stage.

The cable television industry is a multi-million dollar industry. The work that Craig performs does involve being responsible for large sums of money.

"On average a television movie script costs about 100,000 dollars," said Craig.

Craig's position at A&E television allows him to influence the overall direction of the station. In his years at A&E, Craig has supervised over 25 original movies and three drama series. Craig also mentioned that documentary shows did extremely well on his station, and on the A&E sister network, the History channel.

The cable television industry has been good to David Craig,

however he did take the time to inform students on how he got his foot in the door.

"I went to Los Angeles with two pieces of luggage," said Craig. After receiving a master's certificate from NYU, Craig began working for a temp agency that specialized in the entertainment field. He also mentioned to the audience of students that even in the beginning he would read every script that he came into contact with.

"I learned how to be an executive and a development assistant... Within two years I was offered a position as an executive producer," said Craig.

Towards the end of the conversation, Craig allowed the mostly student audience to ask questions. The students in attendance were able to benefit immediately from the first hand knowledge passed down by Craig.

"The information and career advice was most interesting, and I was also interested in the fact that over 250 cable channels are owned by only five media conglomerates," said Andrew Oshan a senior from Huntington, NY.

## Nature Writing: An Unorthodox English Class

Jill Tomasz  
Staff Reporter

The first thoughts that comes to junior Meghan Sullivan's Milton, M.A. mind when discussing what English class consists of are "research papers, analyzing poems, Shakespeare, a lot of unnecessary reading, papers, papers and well, more papers." Everything a college student dreads. But don't jump to conclusions too fast, because one new course has just taken a turn to spice up that tedious English class legacy.

When Dr. Rick Magee arrived at the Sacred Heart English Department he introduced a new class called nature writing. This class is not the average English class you would think it would be.

"The important thing about this class is [society] tends not to think about nature. We forget in-general that we are a part of nature and by going out and experiencing nature it awakens us to know that we are natural," stated Magee.

"A Walk in the Woods" by Billy Bryson is a required book for his nature writing class. In

summary it is about an overweight middle-aged man who decides to hike the Appalachian Trail. "It gets deeply philosophical about nature," stated Magee "it's very narrative and novelistic" so the students can enjoy it.

"For an English teacher, he really wants to know our opinions and involve us in class discussions, which is different from any other English class," stated Alison Pohorylo, a junior from Monroe who is enrolled in the nature writing course.

Magee's main focus is geared to the students. He wants to get students involved and open their minds to a new way to learn. He does this by holding extremely hands on classes, especially in nature writing.

This semester he has two field trips planned for his nature writing class, the first is a trip into New York City to visit the Metropolitan Museum of Art and also Central Park. The second trip is to hike a part of the Appalachian Trail on the Northwest side of Connecticut. Also, he is planning one optional field trip for an overnight camping trip in the Appalachian Trail. Magee believes that: "We tend to pull ourselves out of nature to our own detriment," so these trips

are organized on letting students experience and absorb nature first hand.

One of the main assignments Magee has students complete is to keep a journal on a location outside. They are to visit this location once a week and write what that place makes them think, feel and any other reaction they may have. Magee encourages students to write poems or anything that could be shared with the class.

"He has a lot of discussions, class involvement and not just lectures, which holds the attention of the students and make them want to become involved," noted Christin Coyle, a junior for Centerport, NY.

This class crosses the discipline of two major concentrations, English and Environmental Science. Although students can only receive credit for this class as an English course, it is the type of class that could be beneficial to both areas of concentration. Since this is a fairly new program there is still a chance for the course to be crossed listed in both concentrations.

*See the Features Section,  
Page 9, for a profile on  
Professor Magee*



## First Frosh Speech Contest Awards \$100 Prize to Winner

Freshman Lindsay Halle of Storrs recently took a \$100 prize for winning the first freshman speech contest, sponsored by the Communications Department. The contest, open to students in Effective Communications classes (CA 021), judged the speaking skill of four students from different sections of the course.

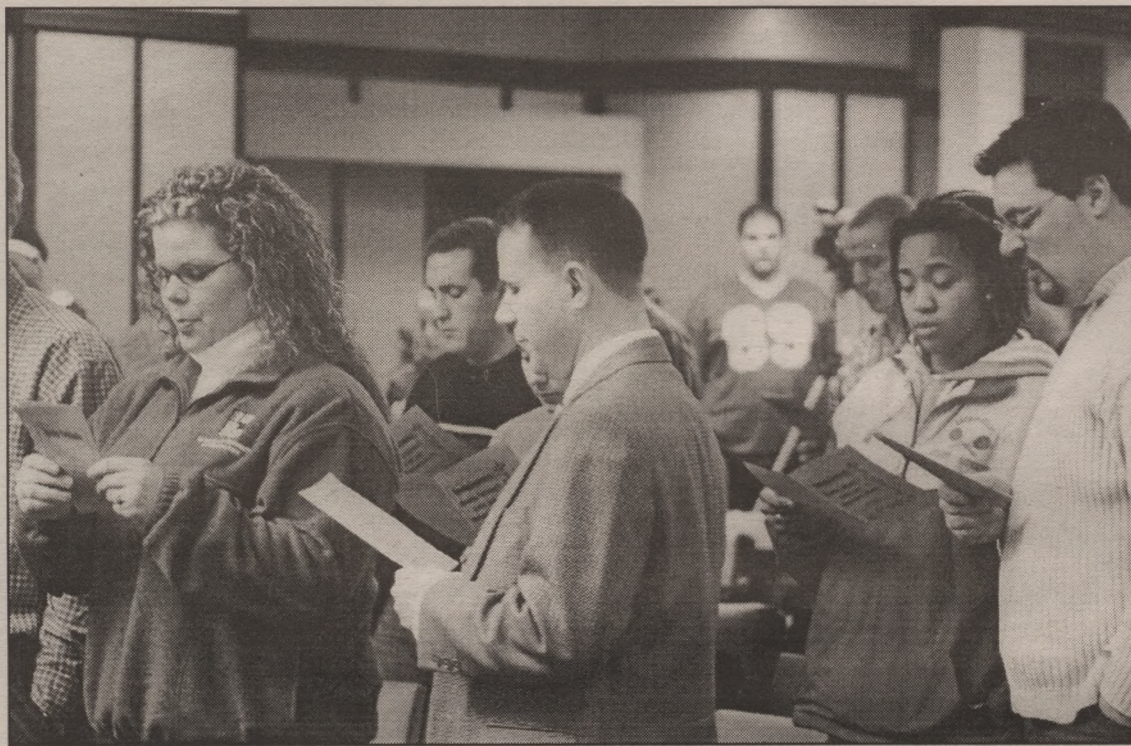
"Students were chosen to participate in the competition by their communications professor," explained Halle. "At the competition, I spoke about the Windham Area Relay for Life."

"I would hope that there are more speech contests in the future that are open to more students," said runner-up Jackie Boudria. "I think this was a great experience and I had a lot of fun."

Nicholas Silivanch and Mackenzie Gray, both participants in the contest, were unavailable for comment.

-Compiled by Mark Stanczak,  
News Editor

# Peace and Justice Week Focuses on Social Justice and Equality



Audience members at the opening ceremonies for Peace and Justice Week.

The Spectrum/ ROBERT TRENSKE



The Spectrum/ ROBERT TRENSKE  
Actor, Andre Keuck, speaks about Zero Day.

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The events held on campus this week allow students the opportunity to learn about the ideas and implications of social justice. Students will be given the opportunity to see and understand the experiences of others through the speech "Why the Death Penalty is Wrong" given by Robert Nave and films such as Erin Brokovich and Zero Day. Events like the All Day Read-Aloud on Wednesday and Friday give students the chance to act locally for social justice and peace.

"Our goal to make this week as strong as the 'Fear No People' that we do in the fall," said Machielson. The week is a sample of the opportunities to work for peace and equality that are available on campus all-year round. Those interested in participating in activities that work for social justice should contact the Office of Service Learning and Volunteer Programs, beside the Faculty Lounge, and the Office of Campus Ministry, located next to the Mahogany Room.

## African-American Woman POW to Speak at Edgerton Center

Danya Jimenez  
Staff Reporter

In 2003 Shoshana Johnson became the first African American woman POW in the history of U.S. warfare. Feb. 25, Johnson will be joining Sacred Heart University in its celebration of the Black History month.

Johnson was born in the Republic of Panama and lived in El Paso, Texas where she attended the University of Texas and later joined the army. In February of 2003 she was assigned to Iraq as a food service specialist. She was severely injured in her legs and was kept captured along with Jessica Lynch and five other members for 22 days.

On April 13, they were successfully rescued by the US Marines in the city of Samarra, Iraq and were cheerily received by a crowd of almost 3,000 people. She has now retired from the army and her awards include the US Army Service Ribbon, Army Commendation Ribbon, National Defense Ribbon, Good Conduct Medal, Bronze Star Medal, Purple Heart Medal, and the Prisoner of

War Medal.

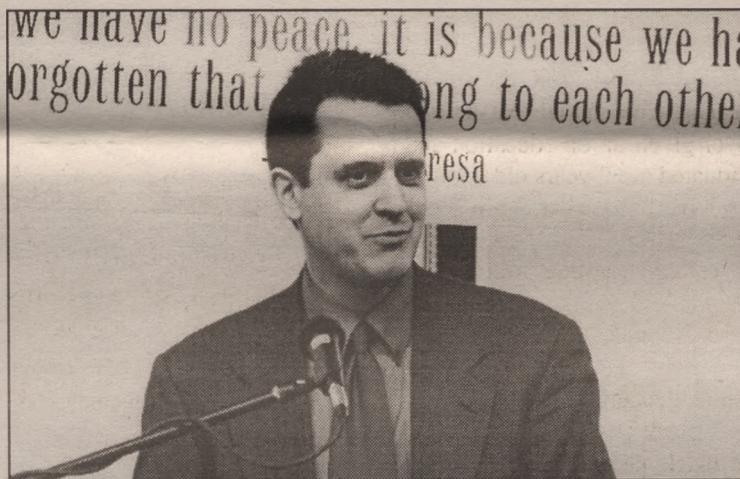
In her visit she will be talking about her training in the army, her experience as a prisoner of war in Iraq and the incredible warming welcome that America, as well as other countries have given her.

On the other hand, it has become a very controversial issue the fact that Jessica Lynch will receive a higher disability benefit than Johnson even though they were both severely injured. Many people have wondered if race is an issue in the decision.

"Did she ever question the decisions made by our political leaders and the consequences to follow?" asks Eduardo Cano a senior from Colombia.

"Did she go to war convinced that Iraq had weapons of mass destruction?" sophomore Fatima Moubchir from Morocco asked. These are some of the issues that many students are curious about. Many want to hear what she has to say about the sacrifice that so many soldiers do for a war that so many people are against.

Shoshana Johnson will be at the Edgerton Center for the Performing Arts on February 25 at 7:00pm. This event is free of charge and open to all the public.



The Spectrum/ ROBERT TRENSKE

Professor Brian Stiltner speaks at the opening ceremonies.

## Public Safety Reports

**On Thursday, Feb. 5, at 1:37 p.m.** an officer booted a vehicle in the library parking lot because it displayed a fraudulent handicap permit. Incident filed as fraudulent permit.

**On Friday, Feb. 6, at 7:59 a.m.** a student's car radio and CD's were reported stolen. Bridgeport Police was called. Incident filed as larceny.

**On Saturday, Feb. 7, at 5:19 a.m.** a contract security officer observed a male student climbing into a Taft Commons window. The student was told to leave the premises. Incident filed as housing violation.

**On Sunday, Feb. 8, at 1:36 a.m.** a visitor was arrested at West Hall for disorderly conduct towards a police officer. Incident filed as disorderly conduct, alcohol violation, and failure to comply.

**The same day at 3:03 a.m.** an officer observed alcohol in a South Hall room. Residents were instructed to dispose of the alcohol and visitors were issued trespass notices. Incident filed as an alcohol violation.

**On Monday, Feb. 9, at 4:25 a.m.** a student vehicle's tires were reported stolen from North Lot. The Fairfield Police Department was called. Incident filed as a larceny.

**The same day a larceny occurred at 11:38 a.m.** in the main building when a student refused to pay for postage on his mail.

**A resident was reported assaulted at 11:38 a.m.** at East Hall. An investigation is pending. Incident filed as assault.

**Later the same day** a resident in East Hall received threatening phone calls at 10:21 p.m. Incident filed as harassment, threatening.



## SHU Begins Black History Month Celebration

**Cristina Baptista**  
Staff Reporter

Sacred Heart's Black History Month Opening Ceremonies took place at 2 p.m. on February 4 in the Mahogany Room. Students, faculty and staff members partook in festivities sponsored by UMOJA and the International/Multicultural Club.

The celebration brought together members of the Sacred Heart community in order to celebrate the role of African Americans in the nation's overall history and heritage. Events began with an opening prayer and an invitation for the audience to stand up and sing James Weldon Johnson's song, "Lift Every Voice and Sing," also known as the black national anthem.

Brandon Graham, a graduate student from Waterbury, performed his poem, "i like... us (revisited)," a piece he read at Sacred Heart's Black History Month Opening Ceremony two years ago.

"I am always pleased to [participate in the Black History Month festivities] if I feel that I have something of worth to say to thriving intellectuals of the academic community," Graham says, "whether they're a bubbling freshman or a Chair of a department."

"I believe that if [members of the Sacred Heart community] are listening with open ears and even more so with an open heart perhaps we can [build] better race relations on this campus...dialoguing with each other is such a vital part to bridging gaps and restoring relationships," Graham says.

Graham's favorite part about the Opening Ceremonies was soloist Cassandra Raphael's a cappella rendition of "Amazing Grace."

Later in the program the sisters of Delta Phi Kappa and brothers of Omega Phi Kappa drew thundering applause and cheers from those in attendance by a performance of the intricate dance and art form known as Steps.

Other portions of the Opening Ceremonies focused on literary works by various African Americans. An excerpt from Nelson Mandela's Inaugural Speech, 1994 was read.

The afternoon's guest speaker was the Bishop Zebedee Stewart, who addressed the crowd saying, "I'm very happy today to see a group of people who have come together to celebrate Black history."

Using personal anecdotes about growing up in North Carolina and references to well-known African Americans, Stewart spoke about the importance of coming together in order to celebrate an American history that includes both blacks and whites.

"Because of some great men, we're together," the guest speaker said, urging the Sacred Heart students, faculty, and staff members in attendance to turn to their neighbor, shake hands and say, "we're together."

The Bishop also discussed the importance of education and how crucial it is for people of all races to become as knowledgeable as possible.

"Don't let anyone push you along without knowledge," Stewart said, going on to make connections between the importance of education and the ability to become respected.

"When you leave here, do your best to excel," Stewart told the audience at the conclusion of his speech. Those in attendance clapped loudly for the guest speaker, who shared that he had never given up on education and graduated at 50 years old.

Kivette Parkes, president of UMOJA, a club Parkes says serves "as a melting pot for people of all different backgrounds to share their culture as well as learn from others," was among organizational leaders in attendance.

"Black History Month is not for black people," Parkes says. "It is, rather, for everyone who recognizes the contributions of this particular group of people to the rich history of the country and the world."

For Parkes, Black History Month teaches a "lesson...of remembrance. I believe if you remember the past, not only do you show respect to those who lived back then but you will learn valuable lessons in order to make the present and the future [better] every day."

Thinking of February's subsequent activities, Parkes said, "I am looking forward to seeing the entire university take part in some aspect of BHM and [realizing] that these celebrations are for everyone because African American history is an integral part of American history; therefore, everyone has a reason to celebrate and there is so much to learn."

Subsequent events scheduled at Sacred Heart for Black History Month include a Shades of Poetry Night; a Soul Food lunch at Flik; a Gospel Festival; BHM Jeopardy; and a discussion on the writings of Mother Rebecca Jackson.

## Snow Cancels Class, but Medicare Forum Presses On

**Mel Knight**  
Staff Reporter

US Congressman Christopher Shays (R-4) and a few dedicated citizens defied snow, rain and class cancellations to attend a community forum discussing the recently passed Medicare prescription drug plan. Despite the weather, the forum took place as planned last Friday at 10 a.m. in the Pitt Center Board Room.

Should grandparents need to worry about the costs of the prescription drugs that they need to remain healthy? Should it be legal to import prescription drugs from Canada to save money? These issues and more are at the heart of the new bill passed by Congress, which will go into

effect in 2006.

Shays' goals for this drug plan are to give the elderly two prescription drug plans to choose from instead of one benefit regulated by the government. This plan would be strictly voluntary for Medicare recipients.

This forum was one of five which were held in Southern Connecticut as a chance for the public to voice their opinions, questions and concerns about prescription drug benefits. Michael O'Grady, Assistant Secretary for Planning and Evaluation at the US Department of Health and Human Services, and Michael Starkowski, Deputy Commissioner of the CT Department of Social Services, were both present with Shays.

"Although classes were canceled due to the snow day, an interested group of citizens

still came. The attendance was reduced significantly due to the inclement weather," said Bernard Gilmore, Director of Public Relations at SHU.

Shays is also a member of the House Select Committee on Homeland Security and chairman of a terrorism subcommittee. He has been the subject of some criticism due to a comment he made shortly before New Year's Eve; He suggested avoiding Times Square and said that he personally would not go there because of the possibility of a terrorist strike.

Shays was quoted on CNN.com, saying that he "wouldn't go into places when you're packed and where if there was panic, a lot of injuries would take place."

## "The Regurgitator" Returns To SHU

**Cortney Barbato**  
Staff Reporter

On February 25, at 10:10p.m., in the Mahogany Room, the Student Events Team (SET) will be welcoming back Stevie Starr, also known as "The Regurgitator." All students are welcome to come experience Starr's show and to be mystified by his unique talent.

"Stevie Starr is completely mind blowing," exclaimed Dan Marra, a sophomore from Brooklyn. "I was a little hesitant to see him at first because [his act] sounds disgusting, but I am extremely glad I did. I guarantee that anyone who goes to see him will be more than satisfied."

From coins to billiard balls,

Starr lives to share his extraordinary skills. Ashleigh Moore, a junior from Torrington, explained his unusual talent: "Starr swallowed a padlock with an audience member's ring locked in it and also a key to the lock... [He] proceeded to unlock the lock in his stomach and bring back each item into his mouth separately; the padlock, the key, and the ring."

Justin Gage, a sophomore from South Burlington, VT, VP of Student Government for SET said, "He did all kinds of different tricks like swallowing a goldfish and having it come back up alive. It's one of the most amazing things I've ever seen."

Starr has entertained audiences not only on college campuses but on television as well.

He has appeared on familiar shows such as the "Tonight Show with Jay Leno," and "Late Night with Dave Letterman." Students interested in checking Starr's show out before Feb. 25 can go to his website (<http://www.ukstars.co.uk/starr.htm>).

According to Molly Brennan, a senior from Syracuse, students can benefit from taking part in SET's events.

"Students should come to SET events because there is a built-in student activities [fee] in the tuition, so why not come and escape from the dorms for a little bit," said Brennan.

Any students interested in SET can attend the team's weekly meeting, held every Monday in the Faculty Lounge at 7:15 p.m.

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## Lyrics of Love

Dear Spectrum Readers:

Here are some great song lyrics to include in your Valentine's Day cards to that special someone this Saturday.

"Since the moment I spotted you, it's like walking around with little wings on my shoes, my stomach's filled with the butterflies.... Oooo and it's alright. Bouncing around from cloud to cloud, I've got the feeling that I'm never going to come down, if I said I didn't like it then you know I'd lied. Every time I try to talk to you, I get tongue-tied, it turns out, that everything I say to you, comes out wrong it never comes out right. So I said why don't you and I together, take on the world and be together forever? Heads we win, tails we'll try again," written by Chad Kroeger from the band Nickelback sung by him with Santana and also Alex from the band The Calling with Santana as well.

"I don't want to be famous in life. I don't want to be famous in the world, I just want to be famous, famous, I want to be famous in your heart," the song "Famous" by the band Vertical Horizon.

"I've got sunshine... On a cloudy day. When it's cold outside, I've got the month of May.

Well, I guess you'd say, what can make me feel this way? My girl, my girl, my girl, talking about, my girl," part of the song "My Girl."

"I'm falling even more in love with you, letting go of all of I've held onto, I'm standing here until you make me move, I'm hanging by a moment here with you," from the song "Hanging By A Moment" by the band Lifehouse.

"You'll be in my heart, yes you'll be in my heart, from this day on, now and forever more. You'll be in my heart, no matter what they say, you'll be here in my heart, always. Just look over your shoulder. Just look over your shoulder, I'll be there always," the song "You'll Be In My Heart," by Phil Collins.

"If I could fall into the sky, do you think time would pass us by? Because you know I'd walk a thousand miles if I could just see you, tonight. It's always times like these when I think of you and I wonder if you ever think of me," from the song "1000 miles" by Vanessa Carlton.

"You were meant for me, and I was meant for you," from the song "You Were Meant For Me" by Jewel.

"Please forgive me, I know not what I do. Please forgive me, I

can't stop loving you. Don't deny me, this pain I'm going through, please forgive me, I need you like I do," from the song "Please Forgive Me," by Bryan Adams.

"With you, I can wear my hair down, I can say anything crazy, I know you'd catch me right before I hit the ground," from the song "With You" by Jessica Simpson.

"Baby, you're amazing. I want to let you see. You are everything and more to me," in the song "Amazing" by Josh Kelly.

"I love the way you stand in my way, you won't move 'til you get a kiss. And how you tell me that my name tastes so sweet on your lips. I love the way you hold me with your eyes hold me so tight that I can't move. It's like everything I've ever known is a lie and you're the simple truth. Is it a dream or is it real? All I know is you make me feel so beautiful. I love how soft you touch my skin like you're touching the wings of a butterfly. I wish we could just lock ourselves away in a room where there was no such thing as time," from the song "Beautiful" by Faith Hill.

Enjoy! Sincerely,  
Kerry Freel, Spectrum  
editor-in-chief

## Meeting The Love Of Your Life

Dear Readers:

Last week I contacted some staff and administration to find out how they met their wives and husbands and how they proposed. The most interesting response came from Dr. Jeffrey Cain, a professor of English at SHU.

"I met my wife, Noel, when we were in graduate school together at the University of Connecticut. After her M.A., she decided to join the Peace Corps. The next summer (1994), I went to visit her for three months at the Rusununguko School in

Zimbabwe, where she was teaching English and Geography to rural children. I proposed to her when we were on a weekend trip to the town of Masvingo, at a hostel called Covelly Lodge. I had to sneak the engagement ring past customs on my way into the country. And yes, I got down on one knee," said Dr. Cain.

*Do you have an interesting story about how you met a boyfriend or girlfriend or best friend? Tell the SHU community all about it! E-mail the Spectrum today: kerry-freel@sacredheart.edu.*

## Uncomfortable Chairs Cause Students Distress

I think the school should invest in some new chairs for the computer lab. We have a 21st century computer lab with 19th century old plastic chairs that look like they were donated to Sacred Heart by the Salvation Army.

The library chairs need an update too. Cushions on the seats and backs. We can afford 5 million dollars for new dorms but cannot afford \$5000 for new chairs?

-Contributed by Gregory Nastu



Photographer's PICK

The Spectrum/ROBERT TRENSKE

A bright view of the campus in hopes that spring will soon be here.



The Spectrum/PATRICK REINHART - CARTOONIST

"We really need to clean our bathroom."



# What she doesn't know will kill you

By Matt Brochu

*Originally printed in the November 21, 2003 issue of "The Daily Collegian" from the UMASS at Amherst.*

You met her a few months ago, and somehow she managed to seep into your subconscious like that "Suga how you get so fly" song. Just like you have no clue who the hell sings it, you don't know why she's there. But she is, whether you like it or not. You know her cell phone, her room phone. You can dial her Aunt Doreen's house in West Springfield (where she goes to do her laundry every two weeks) faster than you can peck-out 911. But she doesn't know.

Her screenname, that generic one with her first name followed by three to five random numbers or UMass, has its own category at the top of your buddy list. Not only do you know what a "Buddy Alert" is, you've rigged your computer to play "Fat Guy in a Little Coat" from "Tommy Boy" every time her

screen name changes from gray to black. Then her away message comes down, and you have a decision to make. To IM or not to IM? These are the ridiculous games that you play on a daily basis. But she doesn't know.

She's it. All right, so maybe not "it" it. Not necessarily Ms. Right, but closer to Ms. Right-up-there-with-Anna-Kournikova-and-Lizzie-McGuire-on-your-list-of-people-you'd-give-anything-to-be-stranded-with-on-a-broken-down-elevator. But it's about more than that. When is it ever about more than that? Never. Not like frilly white dress, overpriced catering, embarrassing drunk in-laws more, but closer to UMass sweatpants, two D.P. Dough Roni Zonies, a futon and a movie you have no interest in seeing more. But she doesn't know.

She's gorgeous, but gorgeous is an understatement. More like you're startled every time you see her because you notice something new in a "Where's Waldo" sort of way. More like you can't stop writing third grade run-on sentences because you can't remotely begin to describe something ... some-

one ... so inherently amazing. But you're a writer. You can describe anything. That's what you do: pictures to words, events to words, words to even better words. But nothing seems right. More like you're afraid that if you stare at her for too long, you'll prove your parents right: that yes, your face will stick that way. But you wouldn't mind.

You wouldn't mind that the questioning, "Hello?" on the other end makes you want to smile and throw up at the same time. You wouldn't mind worrying about what to get her for her birthday and spending \$300 when you only have \$17.50 and a Triple-A card to your name. You wouldn't mind that she left your TV on and the blaring infomercials wake you up at 4 a.m. ... because it gives you a chance to watch her sleep. You don't mind that you've slipped up twice when you were hammered and hinted at how you feel, but she was too drunk to remember. So she doesn't know.

Sure, she's pretty, but it's about more than that. You two connect. Anything you throw at her, she can throw right back. You figured out what's going on in that predictable head of hers in under five minutes, but something tells you her heart would take about five years.

You remember everything she's ever said to you, and when that freaks her out you blame it on your photographic memory (which is a lie, you have a 2.7 GPA). You can't remember your teaching assistant's name, and you can't remember that your Puffton rent check was due four days ago, yet you remember the middle name of the kid who tripped her in fifth grade and gave her that cute little scar on her shoulder. Maybe it's because you actually listen when she talks. When do you actually listen? Never. But she doesn't know.

But she has a boyfriend. The kid is a tool, and you are not. He has no redeeming qualities, and you have about 38, even when you're hung over. You could kick his butt, and you've never been in a fight in your life. He treats her like crap, and you would treat her like the princess she believed herself to be on Halloween in 1988.

But she loves him. He wouldn't know what he had even if she slapped him across the face and dumped him, but somehow she still loves him. And somehow she still doesn't know.

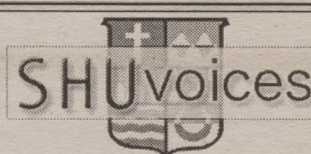
Then, out of nowhere, she slaps him across the face and dumps him. She comes to you. You've been there before, so you seem like the smartest guy on earth. She cries, but your corny half-joke, half-compliment somehow gets a smile out of her that almost makes you feel ashamed that you're the only one around who gets to witness it. It looks like you might make her realize that all guys don't deserve to have rocks thrown at them.

But nothing changes. She doesn't know. You get that library elevator feeling in your stomach that she'll never know. You get that feeling that you'll be forced to write a cheesy Collegian column about her that makes "Sleepless in Seattle" look like "Girls Gone Wild."

You go to sleep. You wake up. She doesn't know. You're not in love. You're not obsessed. You blame it on the fact that you just need to get some, but still, it's about more than that. It would just be nice if once in your life, things worked out the way you wanted them to.

So \_\_\_\_\_, it's about time you know\*.

Now cut this out, fill in her name, and give it to her, coward. Just let me know how it works out.



Compiled by  
Suzanne McHale & Robert Trenske

## What are your plans for Valentine's Day?



*"I don't know, my girlfriend hasn't told me yet."*

**Charles Sousa**  
Senior  
Fall River, MA



*"I have to work, it's just another day."*

**Marie Cetti (Left)**  
Junior  
Pittsfield, MA

*"I'm spending time with friends and family."*

**Adeline Scibelli (Right)**  
Junior  
Seaford, NY



*"I'm babysitting a dog and a house."*

**Kathleen Conger**  
Junior  
Seaford, NY



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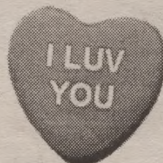
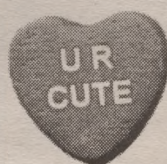
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## SHU Valentine's Day Messages: Heart to Heart



**DJ ADRIENNE KUPKA**  
*You're toxic!!!  
Love your roomie*

*To my baby Jamie,  
Nothing makes me happier than being with you.  
You are my everything and more.  
Happy Valentine's Day!  
With all my heart,  
Nichole*

*The Spectrum Staff would like to wish everyone a  
Happy Valentine's Day! Whether you're single or taken,  
have a great day and treat yourself to something fun!*



## Students Celebrate Valentine's Day A Day For Love, Not Just Lovers

**Diana Smith**  
Staff Reporter

For students with significant others, Valentine's Day is a time to express love and to celebrate the spirit of love. For those who do not have a significant other, this holiday is not about having a lover, but just having love in life. Whether it is for a boyfriend or girlfriend, best friend, or even family member, this day gives students the opportunity to express love. This leaves the big question of "What's the best way to express love to a Valentine?"

Students, who have no "special lover" in their life, often celebrate Valentine's Day with a good friend or a group of friends. Some make Valentine's Day a girl or guy's night out. Other students, like Amy Nardone, a sophomore from Bay Shore, NY, who has a good friend of the opposite sex, use this day to celebrate their special friendship.

"The best gift I ever got was roses from one of my guy friends. It was special because even though I did not have a special person in my life, it showed that this was a day for friendship



The Spectrum/MEL KNIGHT

**Sacred Heart students find many ways to celebrate their loved ones on Valentine's Day.**

also," remembered Nardone.

For students who do have a significant other in their life, presents are the big issue to think about. While some students are happy with the traditional gifts of flowers and a box of chocolates, freshman Drew Sanders of Modesto, CA believes a Valentine's gift should be more

personal.

"Flowers are too cliché, I would take my valentine out to a romantic dinner," he noted.

It is these more personal and thoughtful gifts that are the most memorable and the most desired.

Brandon Clark, a sophomore, from Randolph, MA recalled, "The best gift I ever got was a

handmade card and a collage. It was special because I knew that she really took the time out to make it."

"Having the one you love write a song for you would definitely be the ideal gift for that special day," said sophomore Jennifer Postiglione from West Islip, NY.

Even though the holiday is a special day that has developed into giving small gifts to the people you love, it is not always about the presents. Most students agreed the ideal gift for Valentine's Day is the gift of time.

Senior, Nick Sobanski from Preston said, "My ideal gift wouldn't be a gift. It would just be spending time with the person whom I am in love with."

Even students, who had Valentine's Day that were not really good ones, still have fun remembering. For Kurt McLoud of Plymouth, NH, one bad Valentine's Day took him back elementary school when students had to pass out those fun cards to everyone in their class.

McLoud, now a sophomore, recalled Valentine's Day in grade one and said, "A friend of mine wrote me a Valentine's Day card and it said 'I love you Krut.' To this day her mom still calls me Krut and thinks we are getting married."

February 14 is a day of love, not always with a significant other, but with friends and family. From phone calls with family to surprises for a loved one, students at Sacred Heart have found many ways to celebrate.

## The Darker Side of Valentine's Day

**Kelly Ryan**  
Staff Reporter

Ordinarily, the idea of Valentines Day provides thoughts of flowers, candy, cards, winning over someone's heart, spending time with a boyfriend or girlfriend and yes, even love. However, there are some who would rather sleep through it, boycott any romantic events, or even plain old skip the day as a whole.

"What makes Valentine's Day so special? If you love someone, you should show your affection every other day, and not just on Valentine's Day because you feel that it's requisite since it's a holiday," said Jenn Volpe, a junior from Staten Island, NY.

Sophomore Matt Looney from Maywood, NJ agreed that Valentine's Day is not worth cel-

ebrating. "Valentines Day is overrated. It rubs it in to the people who don't have anyone to spend the day with. Plus it's a waste of money."

Some students celebrating the holiday still see a negative aspect to it.

"Even though I have a Valentine this year, the down side is that I have to leave my friends for the weekend!" said Betsy Baker, a sophomore from Franklin Square, NY.

Though there are negative connotations related with Valentine's Day and lover's scorn, historical negativity also stems from the holiday. Valentine's Day is associated with one of the largest publicized mob events in the history of the United States and is described in the book "The St. Valentine's Day Massacre: The Untold Story of the Gangland Bloodbath that Brought Down Al

Capone" by William J. Helmer and Arthur J. Bilek.

On February 14, 1929 love was not in the air. In fact, love was the last thing on the minds of a group of mobsters, who killed seven men in a garage on

**"Only Capone  
kills like that"  
George "Bugs" Moran**

the North side of Chicago. Al Capone, who was coincidentally away in Miami at the time, allegedly organized this massacre.

One of Capone's top men, "Machinegun" Jack McGurn, and other members of his gang planned the massacre. They hired killers, who were sent to S.M.C. Cartage Company warehouse to kill George "Bugs" Moran who

was a rival to Capone.

Moran had possession of the lucrative Northside Booze Business, in which great deals of liquor had recently been hijacked, and supposedly had decided to take action against his rival. Capone, who had friends from Detroit inform him about arrangements for Moran to settle this issue of the stolen liquor, decided to strike first.

Capone's team obtained police cars by either theft or enticement and the police uniforms and proceeded to the garage on the morning of the massacre. Two of the men on the hit team dressed in police uniforms, while the others wore longer trench coats trying to pass as detectives in the group.

They pulled up to the garage as if it was some sort of police raid. Inside the garage stood six members of Moran's gang and

Dr. R. Schwimmer, who reasons for being at the garage have never been discovered. The hit team had all seven men stand up face against the wall. As the captives were being patted down for search weapons and identification, two of Capone's men opened up with machine guns, getting each victim numerous amounts of times.

The men disguised as cops ordered the gunmen to raise their hands above their heads and took the gunmen out of the garage. Instead of arresting the gunmen, the fake policemen and the gunmen all got into the police car and drove off.

Unfortunately for the hit men, they did not kill their main target: Moran. Curiously, Moran awoke late that morning, a few

**See "Valentine's Day  
Massacre"  
Continued on Page 9**



## a love supreme...revisited

(for she who is constantly exhausting the possibilities)

by Brandon M. Graham

love is knowing it's u  
without even having to look  
through the peephole whenever i hear a knock  
love is the scent of u that resides in the fabric  
of my clothing while hanging in my closet

love is i making u  
a warm bowl of campbell soup  
with saltine crackers on the side  
it's the softness of my hand  
rubbing vick's vapor rub  
on the center of your chest  
in an attempt to nurse u back to health  
it's i tucking u in  
and kissing u goodnight on your forehead  
no matter how many birthdays pass

love is the conversations we hold  
not necessarily for the words spoken  
but for those that are not needed  
love is u answering your phone  
but never talking too long  
while i silently nibble  
on the lower part of your neck  
and quietly arrange kisses  
on the crest of your collar bone  
while softly rubbing the small of your back  
and u do smile and make gentle faces  
and softly caress my ear lobe  
besides u and i both know  
there probably wasn't a need to  
because the hints held in your voice  
told him that i was there anyway

love is sweating out your braids, your perm,  
your twist, your mid-semester frustrations  
on a cold wintry evening  
love is what we make  
in the middle of a spring afternoon  
with the window blinds up  
or in the still hours of the night  
when i penetrate u  
and u so happily receive me  
and u and i become we  
and we us become one like the trinity

love is the way u fit so perfectly  
in the crook of my arm when we sleep  
love is awaking to u staring at me  
while resting in the ease of morning  
watching the sun creep over, into,  
and through the window sill  
planted kisses on our cheeks whispering to awake

in some cases right or wrong  
love is even understanding that  
loving you is not not loving her  
it's more along the lines of  
i loving to not have to not  
be away from you for moments at a time  
and some may think this stanza  
is about unfaithfulness and deceit  
or about word play  
but this has very little to do with charming words  
and trickery of either language or action  
and very much to do with divine purpose  
and ms. faubert, who just so happens  
to be my 3rd grade math teacher  
at the full gospel christian school  
taught me that the square root of 9  
plus the square root of 16 = 7  
and that 7 is a sign divinity  
then despite the "he said, she said"  
we actually could be onto something  
and i thought i ought  
to share that with you in case  
you ever wonder why  
i never wonder why  
and come so quickly whenever you call  
or say you need me

love is star gazing in the coolness  
of a summer breeze  
while resting on blankets of emotional security

loving u is realizing that i am  
simply because u are  
but also acknowledging  
that i am all that i am  
and all that i am yet to become  
because u are the embodiment  
of endless possibilities u enable me

love is u excavating the cave of my insecurities,  
exhausting the possibilities with the hope of  
finding one we fit

loving u is completeness

it's me in need of a something emotionally tangible  
one that can sustain this flawed existence  
as we embark on this tragic journey  
we call romance

i want to love u perfectly in all your imperfection

quite simply put: love is u [period]

## SHU Discovers Professor Magee

Vanessa Mariacher  
Staff Reporter

A new semester often times means new faces. From the commotion in the halls, through the activity in the faculty lounge and into the peaceful atmosphere in the English Department stands a man with great intelligence, enthusiasm and wit: Doctor Richard Magee, Assistant Professor of English.

Originally from the Golden State, Magee lived a somewhat nomadic life as a child, traveling up and down the West Coast. As a young adult, Magee attended Berkeley University of California where he began his college career as a Mechanical Engineering major.

Despite the time consuming and demanding hard work he put forth towards his Mechanical Engineer major, Magee's natural intuition was set on the world of

Magee did not feel as complete and accomplished as desired and decided to take the last step in fulfilling the education process.

After finishing his master's program, he grabbed onto the opportunity to move to the East Coast. Magee achieved a PhD in English at Fordham University in the Bronx.

Magee has taught at a range of several diverse schools before beginning at Sacred Heart University, including Cal Poly, Fordham, SUNY Maritime College, and high school.

Magee has traveled from a sunny atmosphere to a military environment right into SHU's lively and intoxicating community. He now teaches advanced composition, approaches to literature and nature writing here at SHU.

"I have enjoyed everything here. I have a longish commute, but it is very worthwhile. The students are great, interested... and prepared. I also really love

**"It really forced me to think about what I really wanted to do and I had to make some really complex decisions."**

English, long before he acted on it. Having two different interests did not allow for an easy time for Magee.

He remembered, "It really forced me to think about what I really wanted to do and I had to make some really complex decisions."

After his first semester at Berkeley, Magee made his decision and switched his major to English. He reflected, "It was one of the best changeovers I ever made."

Magee then devoted his time to many intensive writing courses, noting poetry as a course that was very special to him.

To further his knowledge of English and sustain his writing skills, Magee attended California Polytechnic State University, most commonly known as Cal Poly, where he received a master's degree in English. However,

— I can't even begin to [say] how much — the fact that I get to teach English majors!" exclaimed Magee.

It is quite safe to say that Magee is as welcomed here at SHU as he is excited to teach in these classrooms. His outstanding educational experiences and his ability to acclimate to new institutional surroundings are only few aspects of Magee's recognition in the SHU community of students and faculty.

"There is a greater sense of professionalism and collegiality, and I feel that my knowledge and talents are respected by my peers; that respect is definitely mutual," commented Magee on the English Department.

His instructive journeys have made him a well-established man who now contributes to and represents part of SHU's extraordinary community.

## Valentine's Day Massacre

Continued from Page 8

minutes after the murders. Moran and two of his men saw the police cars and decided to stay away from the garage while waiting for the police to leave.

Later in that day, he was picked up for questioning by the police about the occurrence. Moran was reported as saying, "Only Capone kills like that."

However, Capone denied all knowledge of the hit. He was actually in Florida at his condo while this took place and the members of his team were never identified.

The following day, newspapers conceded that it was actually police who performed these murders as retaliation for the theft of booze from crooked cops some

weeks in advance. The people in the city of Chicago did not find this very unusual since fraud in the police force was active in scheming during this time period. This declaration did call for more investigations, though.

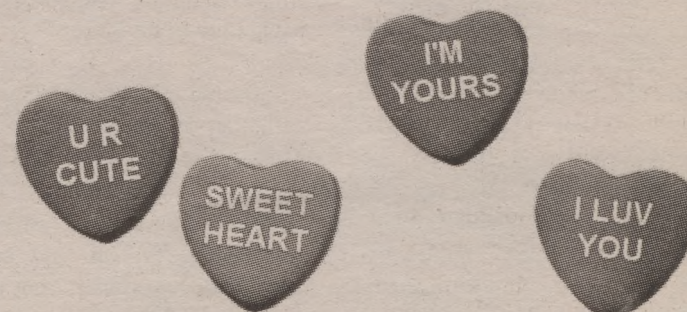
Calvin Goddard, a forensic scientist from New York tested all the machine guns in the police force's possession in order test the theory of police corruption. Goddard was never able to match up any of the police weapons with the bullets found at the scene.

Until four years after the murder, there wasn't much more evidence revealed. However, around the fourth anniversary of the massacre, Fred Burke, a professional killer who was associated with Capone, was called into suspicion. After police searched

his house, they came across the guns used in the St. Valentines Day Massacre.

Burke was never brought to be trial because he was, instead, convicted for the killing of a policeman in Michigan and was sentenced to life in jail. The rumors about this discovery were that Burke was never brought to Chicago since his testimony would incriminate the police for planting of the weapons.

So for the students who are feeling bummed about Valentines Day this year, it doesn't necessarily have to be associated with all heart-shaped cards and conversation hearts. Negative feelings also correlate with the infamous St. Valentines Day Massacre that will forever remain a mystery in so many ways.





## Pushing the Celebrity Envelope

*The rich and famous are getting wilder for publicity, but how far is too far?*

Colleen Mitrano  
Contributing Reporter

Whether as a publicity stunt or just another way to shock audiences, Janet Jackson's choice to expose her breast on national television sure captured a lot of attention.

It appeared to be the shock heard 'round the world when singer Justin Timberlake ripped Jackson's strap exposing her breast at the end of the Super Bowl halftime show. Though Timberlake was fast with his response, CBS, who aired the event, responded by calling the show "regrettable" and stated that MTV will not likely produce

the Super Bowl Half-time show again.

MTV, who is no stranger to controversy, denied knowing that Jackson and Timberlake were going to do anything controversial.

"The tearing of Janet Jackson's costume was unrehearsed, unplanned, completely unintentional and was inconsistent with assurances we had about the content of the performance," acknowledged MTV execs in a statement released by the cable network.

Although everyone denied knowing this was going to happen, Jackson herself finally came out of silence and admitted to planning the incident without CBS or MTV's approval.

"The decision to have a costume reveal at the end of my half-time show performance was made after final rehearsals," said Jackson in a statement. "MTV

was completely unaware of it. It was not my intention that it go as far as it did. I apologize to anyone offended—including the audience, MTV, CBS and the NFL."

Although Jackson and Timberlake have apologized, the incident begs the question on how far will celebrities go for publicity. This latest scandal coincides with the release of Jackson's first album in three years and she will certainly be looking for any way to create a buzz.

Though most people are already sick of hearing about it, the stunt did create a lot of talk. Jackson and Timberlake have been a constant topic of conversation for the past two weeks and Jackson even has the dubious honor of having one of the most searched items in internet history. With Jackson now in the spotlight, it is going to be very easy to publicize the release of her newest album.

Even though Jackson is taking a lot of heat for her breast exposure, she is not the first celebrity to pull a controversial stunt for publicity. In August 2003 (which indeed seemed like yesterday), Britney Spears locked lips with Madonna at the MTV Video Music Awards and immediately sent a shock around the country. The incident was one of the most talked about events of the year, creating a lot of publicity for Britney who had recently been out of the spotlight. The kiss also conveniently occurred right before the release of her fourth album, *In the Zone*.

Another "celebrity" to have a controversial incident create a lot of publicity is Paris Hilton. Hilton—although not technically an entertainer—was on the brink of television fame when she and pal Nicole Richie filmed the reality show "The Simple Life." Hilton, though, found her-

self in a whirlwind of publicity (and controversy) when, right before the first episode, a sex tape between her and ex-boyfriend Rick Solomon appeared on the internet. Although Hilton denied having anything to do with the incident and appeared upset, the tape created a lot of buzz around the starlet in her time of need.

With the mix of responses for Jackson's exposure ranging from voyeuristic to downright offensive, one is apt to wonder if Jackson went too far when she decided to show everyone her breast. The FCC has speculated that Jackson broke indecency regulations and a recent poll on Access Hollywood's website noted that 40 percent of respondents felt that Jackson went too far. Publicity stunt or not, though, Jackson's incident sure generated a lot of buzz and placed her right back in the public eye.

## Ani DiFranco Worth More Than Just an 'Educated Guess'

Patrick Scalisi  
A & E Editor

It has been less than a year since the release of Ani DiFranco's last studio album. To say that that's a shorter gap than most mainstream artists place between records is an understatement. In the formulaic world of today's music production, ten months is barely enough time to promote and tour, let alone to begin work on a follow-up effort.

But DiFranco is different and rather than squandering the last ten months on appeasing the masses, she has used her year-long hiatus to better herself and, more importantly, her music.

Ani DiFranco is the kind of musician that one would expect to perform in the beatnik poetry corners of Greenwich Village. Jazzy with a flavor that seems almost destined for a live performance, DiFranco's sound is always easy and never over the top. This is perhaps the finest characteristic of her latest album, *Educated Guess*, which was released by



Photo by Danny Clinch

Since her 1991 self-titled debut, DiFranco has released an astounding twenty-one records. Her latest release, *Educated Guess*, is now available nationwide.

Righteous Babe Records on Jan. 20.

Blending soft musical tracks with ones of simple, spoken poetry, *Educated Guess* is a rare work of power and potency. Some selections, such as "Origami," are merely topical and easily dismissed, but most, like both "Swim" and the title track are

mellow blends of rhetoric and acoustic guitar.

*Educated Guess* is obviously a labor of love. Not only did DiFranco write and sing her own material but she also played most of the instruments, helped mix the final product and provided all of the artwork for the CD's accompanying booklet. The

album includes candid moments throughout the purely poetic tracks and even a few outtakes.

Mesmerizing and somber, DiFranco tackles weighty issues that range from consumerism ("Animal") to patriotism ("Grand Canyon") in a way that is honest and non-threatening. Her influences are obvious and she even goes so far as to pay homage to the late John Lennon on the album's tenth track. While the feminist undertones that some of the songs carry may turn off some audiences, listening to the entire album is a worthwhile effort.

*Educated Guess* is just now making its way through college radio networks despite being released almost a month ago. Unlike many current artists, DiFranco is a singer/songwriter who still composes music for music's sake, and *Educated Guess* is an album that truly speaks from the heart. DiFranco's longtime fans are sure to appreciate this newest addition to her canon while the CD also offers newcomers the opportunity to experience some of her finest work to date.

### Same Old Song and Dance...

The 46th Annual Grammy Awards, held this past Sunday, were full of excitement and more than a few surprises. Here are some of the winners in the top categories:

- **Record Of The Year:** *Clocks*, Coldplay
- **Album Of The Year:** *Speakerboxxx/The Love Below*, OutKast
- **Song Of The Year:** "Dance With My Father," Richard Marx and Luther Vandross
- **Best New Artist:** Evanescence
- **Best Pop Vocal Album:** *Justified*, Justin Timberlake
- **Best Rock Album:** *One By One*, Foo Fighters
- **Best Alternative Music Album:** *Elephant*, The White Stripes
- **Best R&B Album:** *Dance With My Father*, Luther Vandross
- **Best Rap Album:** *Speakerboxxx/The Love Below*, OutKast

-Compiled by Jill Tomasz



# Free Time—Let's Do Anything But Read!

Nadia Korovesi  
Staff Reporter

Several weeks before mid-terms, students go crazy catching up with their studying and most complain that 24 hours are not enough to get everything done. But if there is a small chance to find an hour or two, what do most students choose to do?

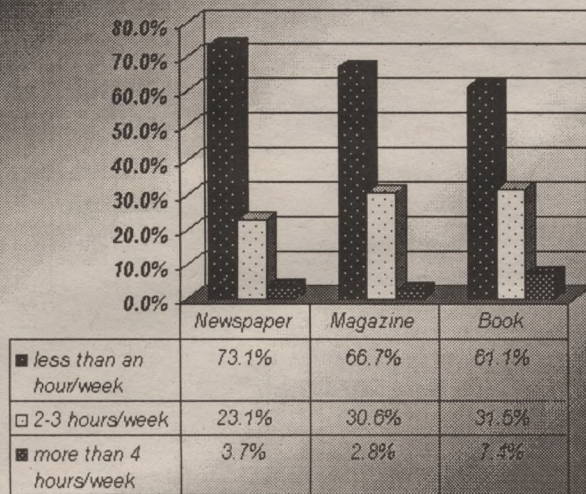
A recent survey conducted of 108 Sacred Heart students express how much time they spend entertaining themselves with certain types of media and which of these they prefer most.

At first, students were asked how often they read newspapers, magazines and books. Approximately seven out of ten students, 73.1%, read the newspaper less than an hour per week, while just 3.7% of students spend more than four hours per week reading newspapers.

"I would like to read more of the newspaper so I am aware of current events in the world but with the demands of academic studying, unfortunately, this is not an option," said Jodi Janda, a senior from Sterling, MA.

It seems, though, that students also don't have enough time to read a magazine or a book either. An incredible number of students, 66.7%, read magazines less than an hour a week. And just three out of ten (31.5%) read books two to three hours per week.

How often do you read (for non-academic purposes) one of the following:



Graph created by Nadia Korovesi

The fact that students don't read magazines or books for recreation, however, doesn't mean they don't wish they had time to do so.

"I would probably want to read more magazines," said Lindsay Basso, a sophomore from Woodbridge.

The book lovers, though, give a very good reason why reading for non-academic purposes is worthy.

"I would like to spend more time reading a book. Reading allows a person to explore new depths of the imagination," said Joe Lamendola, a senior from Montvale, NJ.

Although most students agree that reading for pleasure is what they should do if they had spare

time, evidently it is not what they choose. Approximately 58.3% of students watch television on a daily bases. And there are still some who wish they could watch more!

"If I had more time I believe I would be like [to] watch TV all day!" said Mike Muszynski, a junior from Berlin.

Apart from television, 70.4% of students agree that there is nothing better than renting out a good movie two to three times during the week, while 61.1% of students prefer going to the theater in order to see the latest releases.

"I go to the movies very often, and if I had more time I would go more," said Katie Duffy, a freshman from Monroe.

"Movies entertain you in such a wonderful way plus they don't take much effort and I do enough reading for my classes as it is."

The last thing the students were asked about was music. First in ratings comes the radio with 88.6% of the students listening two to three hours a day. Second in preference are CDs with 83.5% of students choosing that way to listen to music two to three hours per day.

"Music is so soothing and having it as a background in your room helps you accomplish tasks in a more effective way," said Nicole Brower, a freshman from Fairfield.

Finally, those who really love music never miss their favorite singer or band on stage. In the Sacred Heart community, around 59% of students prefer going to live concerts once a month.

"If I could, I would go to a lot more concerts. I just love the atmosphere of a small venue and there is nothing like seeing the music you own on CD performed live," said Matt Harrak, a junior from Wolcott.

The truth is that being a student of higher education has many responsibilities and one of them is excessive amounts of studying. As the statistics show, most students manage to fit into their schedules activities related to different kind of media. These activities include watching TV, listening to the radio, or going to the movies but there is no doubt that students will do anything but extra reading!



Photo Courtesy of Universal Pictures

Hugh Grant is one of the ensemble stars of the Golden Globe-nominated hit "Love Actually."

## Top Film Picks for Valentine's Day

As Valentine's Day steadily approaches, now is the time to get in the mood for love with a good romantic movie. Here are the best comedies and dramas for watching with a loved one this Valentine's Day:

- "Ghost"
- "You've Got Mail"
- "When Harry Met Sally"
- "Sleepless in Seattle"
- "Serendipity"
- "Titanic"
- "Love, Actually"
- "Shakespeare in Love"
- "Princess Bride"
- "Pearl Harbor"
- "Pretty Woman"
- "Dirty Dancing"
- "Playing by Heart"

-Compiled by Patrick Scalisi

## Lone Rangers Prepare for Upcoming Events

Heather Fogarty  
Staff Reporter

The Lone Rangers, a student hardcore/punk band here at Sacred Heart University, are planning a show for Feb. 14 in the Mahogany Room. This event will mark the first return of the Rangers to SHU since Nov. 8, 2003 when they opened for both The Distance and Think I Care.

"We played a lot of great shows this year," says guitarist Alex Kantarelis, a junior from Worcester, MA. "We got to play a show at SHU which was cool, because all of our friends got to see us, and we got to headline a show which landed us on a ticket with national bands."

The Lone Rangers—who took their name from the film "Airheads"—seem to be going places this year. They recently played a blowout show at the Empress Ballroom in Danbury where 90% of the audience was Lone Rangers fans. The band, which consists of Kantarelis, John "Shorts Guy" Faherty, and

Brian Gardner has been playing together since October 2002.

"We tried a couple of attempts to start a band before, and we finally came up with this punk/hardcore sound that is The Lone Rangers" says Faherty, a senior from Sussex, NJ.

Inspiration for the music of the Lone Rangers includes

**"Their shows are a lot of fun," Greg Haney, junior.**

such names as Green Day, Minor Threat and Black Flag, in addition to some of Offspring's original material. The band recorded a demo last year that is currently available at [www.purevolume.com/thelonangers](http://www.purevolume.com/thelonangers).

The Rangers have sizeable plans for the future that involve finding a new drummer ("If you play drums, and are looking to play, please get in touch with us," says Kantarelis.), recording some of their newest songs and, of

course, playing plenty of action-packed concerts.

"Their shows are a lot of fun. It's great to see their name getting out there into the punk-rock world," says Greg Haney a junior from Ludlow, MA. Haney is the official mascot of The Lone Rangers and dresses up at nearly all of their shows.

In addition to playing with the Rangers, Kantarelis and Faherty are also the founders of SHU's Independent Music Club. Through this club, bands like The Lone Rangers get set up to play local shows, such as those hosted in the Mahogany Room.

"We have six more shows which are booked through the Independent Music Club, so keep a look out for flyers and e-mails. The Lone Rangers will be playing at least two more shows in the Mahogany Room this year," says Faherty.

Long-time fans and newcomers alike are invited to come see the Lone Rangers at their next show, which will be going up this weekend in the Mahogany Room.

## SHU Student Has A "Real World" Experience

Stacey Jackson  
Staff Reporter

MTV's "The Real World" has been holding audiences in suspense as producers attempt to find a cast for yet another season of its hit show. Though only seven cast members are ultimately chosen, hundreds of people show up at "Real World" auditions in the hope that they will have what MTV is looking for. Senior Eileen Gulian of Oceanport, NJ recently attended one of these auditions, eager to become a member of the newest "Real World" cast.

Over Christmas break, Gulian was on a cruise when she heard over the radio that MTV would be holding auditions at the Iguana Club on Jan. 24 in Fort Lauderdale, FL. Knowing this opportunity may never come up again, she made plans to attend the open audition.

"People were lined up with coolers, blankets and chairs," said Gulian, who arrived at 6:30 a.m. hoping to get a good spot in line.

The audition didn't begin until 10 a.m. and, while waiting in line, Gulian met a variety of people from the Florida area. At 9:45 a.m. MTV employees handed out applications.

Right of schedule at 10 o'clock, the doors opened to the first hundred people. Gulian was number 78 and went in with the first group to be interviewed.

The interview consisted of ten people and one MTV executive. A topic was chosen by the producer for the group to discuss and in Gulian's group they were assigned the topic of cheating in a relationship.

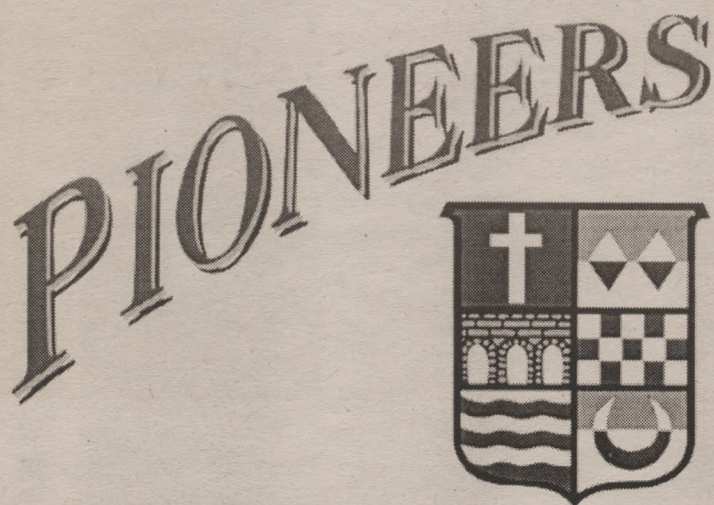
"People were yelling at each other and the girl next to me wouldn't stop talking," said Gulian.

Leaving the interview, Gulian had her picture taken and it was stapled to her application.

Gulian is still awaiting word from MTV, but remains hopeful.

"It was a great experience and I wouldn't give it up for anything," she said. "I'm so glad I had this opportunity because I met a lot of new people and had a great time."





## Sports Shorts

Compiled by Katie Atkins  
Sports Editor

### Men's Hockey

Sacred Heart men's ice hockey freshman forward Pierre-Luc O'Brien was named Sacred Heart Athlete-of-the-Week for the week ending February 8th for his performance over the weekend as the Pioneers swept Mercyhurst.

The Nicolet, QC native scored the game-winning goal on Friday night and followed that with a two goal, one assist performance on Saturday, giving him three goals and one assist on the weekend. He is now tied for the team lead in scoring with 10 goals and eight assists for 18 points with senior Mike Reagan (Flin Flon, MB). He ranks second among Atlantic Hockey rookies and 14th overall in the conference with seven goals and seven assists for 14 points, and average of 0.88 points per conference game. He ranks 17th among all Division-I rookies with a 0.72 points per game average.

Sacred Heart junior goaltender Kevin LaPointe (Quebec, QC) was named Atlantic Hockey Goaltender-of-the-Week and freshman forward Pierre-Luc O'Brien (Nicolet, QC) was named Atlantic Hockey Freshman-of-the-Week for the week ending February 8th (Courtesy of Sacred Heart Athletics website).

### Women's Bowling

The Sacred Heart women's bowling team won five of the seven matches in the second Eastern Collegiate Bowling Conference meet of the season Saturday on their home lanes in Milford, CT. Included in that total was a 2-2 record in matches against NCAA opponents St. Peter's College and Fairleigh Dickinson University.

The Pioneers started strong with an easy 1047-883 win against St. Peter's College to win the match along with all five individual points. Then SHU defeated Briarcliffe College 971-941 before the big match against regional rival Fairleigh Dickinson.

The match came down to the last ball and the Pioneers lost by one pin, 984-983. The team bounced back with wins against Bryant and NJCU. In the NJCU match, new team member Alex Soldano rolled a 267 to lead the Pioneers.

After those two wins, the Pioneers had a rematch with Fairleigh Dickinson. The second match was also close but SHU again fell 1001-971. The Pioneers finished the day with a win another win over St. Peter's, 1045-841.

SHU junior Erin Gore was the top finisher in the meet for the day, finishing with a 219 average in the matches. Katie Atkins finished third overall, and second for the Pioneers, with a 207 average (Courtesy of Sacred Heart Athletics website).

# It's Starting to Come Together

By Hank Gargiulo  
Sports Columnist

With four consecutive wins, the Pioneers men's ice hockey team is climbing up the Atlantic Hockey standings

Ten straight without a win is a position no coach or player ever wants to be in. Ironically, that is the exact position head coach Shaun Hannah and his players were in only two weeks ago. It seemed as if nothing could go right for the Pioneers as they continually found ways to lose games that were well within their grasp.

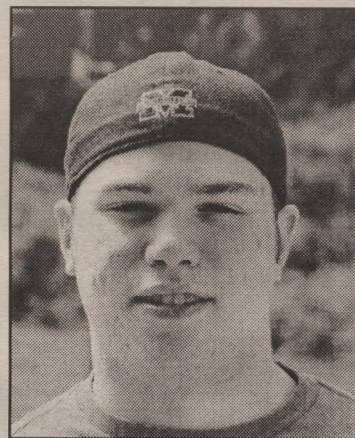
***"This time, they could thank goaltender Kevin LaPointe for saving the Pioneers, and turning aside 42 Laker shot, including all 18 he faced in the second period, with a number of the saves being of the highlight variety"***

The offence wasn't clicking and the defense was lack-luster. All of this came on the cusp of Hannah reaching his 100th career victory. Despite all of these shortcomings, the Pioneers stayed competitive in-conference, and maintained a positive attitude.

Then something happened. Nothing overly apparent, nor anything that jumped out at you, but if you watched the games you noticed something was different. It all started two weeks ago as the Pioneers started an in-conference home in home set with those Huskies from UConn.

All of the sudden the passes were a little crisper, the checks a little harder, and defense a little stronger. The first game against UConn saw the Pioneers main scoring threat, Garrett Larson, start what would end up being a six-point weekend for himself. He notched two goals and an assist in a 4-2 Pioneer win.

The telling point of this game came in the third period. During the 10 game winless streak, the Pioneers often let third period leads slip away and usually caused the Pioneers at least one point, and sometimes two. But not this game. UConn netted a goal 5:36 into the final



frame.

Instead of playing not to lose, as they had in the past, they played to win, and Rocco Molinaro answered the Husky goal a little over three minutes later to re-establish a two-goal lead and put the final nail in the coffin for the Huskies.

Hanna's troops would carry this momentum into the return trip at Storrs. Once again, Garrett Larson would key the Pioneer offence. Larson would net a hat trick in a wide open contest that ended in a 6-5 Sacred Heart win, giving them their first back to back wins in the new year.

Larson's efforts did not go unnoticed as he was named both Atlantic Hockey player of the week, as well as USCHO.com's offensive player of the week, a first by anyone in Atlantic Hockey.

In order for the Pioneer's push down the stretch to continue, they needed a big weekend as they played host to the defending conference champions (ok, so the conference changed their name, but it is the same teams) Mercyhurst. Now, in order to take down Mercyhurst, the Pioneers would need great goaltending and defense because, Mercyhurst can score with the best of them.

***"All of the sudden the passes were a little crisper, the checks a little harder, and defense a little stronger. The first game against UConn saw the Pioneers main scoring threat, Garrett Larson, start what would end up being a six-point weekend for himself"***

The first game saw the Pioneers come out firing on all

cylinders as they jumped on top of the Lakers 4-0. Once again the Pioneers would be tested in the third period as they surrendered a pair of third period goals. But once again, instead of folding like a cheap card table, the Pioneers buckled down, dug in and answered back en-route to the 5-2 win.

***"If everything keeps going as planned, hopefully everyone will forget about their little winless spat... After all, its not how you start, its how you finish, and right now, the Pioneers have set themselves up to finish strong"***

Now this win may have surprised some in Atlantic Hockey, but not these Pioneers as evidence of the second game of the weekend set. This time, they could thank goaltender Kevin LaPointe for saving the Pioneers, and turning aside 42 Laker shot, including all 18 he faced in the second period, with a number of the saves being of the highlight variety.

The Sacred Heart offense also continued to roll as they once again hung five goals on the Lakers, this time lead by leading scorer, freshman, Pierre-Luc O'Brien. O'Brien netted two goals and added an assist in the contest.

His efforts, along with those of LaPointe were rewarded with them being conference rookie and goaltender of the week respectively. Now, these four wins are little more than a side note if the Pioneers don't keep things rolling.

They have eight contests remaining, all are conference matchups that could be key to their seeding in the Atlantic Hockey tournament. Hannah's boys have proved they could take down the top two teams in the conference, but still have a long way to go.

If everything keeps going as planned, hopefully everyone will forget about their little winless spat, and instead focus on how well the Pioneers played down the stretch. After all, its not how you start, its how you finish, and right now, the Pioneers have set themselves up to finish strong.



# Lebron and Carmelo Snubbed for All-Star Game

By Nick Kelly  
Staff Reporter

No players have created more hype and attention for the NBA this season than Lebron James and Carmelo Anthony, but neither will be participating in this year's NBA All Star game. In their brief time in the league they have both been a breath of fresh air for their franchises and the league.

Kibwe Trim, a junior from San Juan, Trinidad and member of the Sacred Heart Basketball team said, "it was kind of a shock to me just because of the hype they came in [with] and what they've been able to do with the league to increase ticket prices, sales and all that stuff. But I guess it's a way of the league saying they're youngsters and they have to pay their dues before they get to that level."

Lebron and Carmelo have done more than just had an economic effect on the NBA. Each have also led their teams to more victories this year than they experienced in all of last season and in 30 fewer games. Statistically they are equally as impressive as both players are among the league's top 20 scorers. The most remarkable thing may be that they are each only 19 years old.

"They are good and all, but there are plenty of good players in the NBA, and they're young, they have plenty of time. If they keep improving themselves then

we know they'll make the All Star team, so it's no big deal," said Brett Wallace, a senior from Mystic.

The NBA All-Star teams consist of players chosen by the fans and coaches. All the teams in the league are separated into two categories, East or West. The voting ballots allow fans to vote for two guards, two forwards, and one center for each team and ten players total.

*"It was kind of a shock to me just because of the hype they came in with"*  
**Kibwe Trim**

The players that tally the most votes from the fans are chosen as starters. Mike Galgano, a senior from Port Chester, NY said, "I think they (fans) do a bad job because they pick the same damn people every year, it's a popularity contest. They pick Allen Iverson, Tracey McGrady, Vince Carter, you know? They pick people who have been injured three quarters of the year and I don't really agree with it. I like how the coaches pick better."

Although the coaches do not decide who starts, they are in control of who the reserves are that make up the bench for each team. But when it did come down for each coach to select their seven reserves, Lebron and Carmelo were once again left off

each team.

Rick Carlisle, coach of the Eastern Conference team passed up the young Cleveland Cavaliers rookie, Lebron, for members of teams that were in the East playoff hunt. Often the coaches purposely leave out the players on the worse teams. Trim does not agree with this practice, saying, "if you've got all-star numbers on a bad team you should be an all-star as far as I'm concerned."

Carmelo Anthony is a member of one of the top teams in the West, the Denver Nuggets, but this did not help him from being passed up by Western Conference coach Rick Adelman.

Trim said, "There are a lot of people who you can make a strong case for that you can say is an all-star, but everybody's not going to make it. So I'm sure if you look somewhere around you can compare stats, you can compare numbers, but there is going to be somebody who you think should have made it, but didn't."

Currently Lebron James and Carmelo Anthony are slated to play together in a game with the rookies against the second year players. This may be the only chance in their careers that they will play on the same team and is likely a reason they were not taken for the all-star teams.

Still many fans will cross their fingers and hope that through injury or other circumstances an all-star will drop out and be replaced by one of these superstars in waiting.

## All-Star Starters

### EASTERN CONFERENCE

**F - Vince Carter, Toronto**

**F - Jermaine O'Neal, Indiana**

**C - Ben Wallace, Detroit**

**G - Allen Iverson, Philadelphia**

**G - Tracy McGrady, Orlando**

**Coach: Rick Carlisle, Indiana**

### WESTERN CONFERENCE

**F - Tim Duncan, San Antonio**

**F - Kevin Garnett, Minnesota**

**C - Yao Ming, Houston**

**G - Kobe Bryant, L.A. Lakers**

**G - Steve Francis, Houston**

**Coach: Flip Saunders, Minnesota**

### Reserve Team

**F - Ron Artest, Indiana**

**G - Baron Davis, New Orleans**

**G - Jason Kidd, New Jersey**

**C - Jamaal Magloire, New Orleans**

**F - Kenyon Martin, New Jersey**

**G/F - Paul Pierce, Boston**

**G - Michael Redd, Milwaukee**

### Reserve Team

**G - Ray Allen, Seattle**

**G - Sam Cassell, Minnesota**

**F - Andrei Kirilenko, Utah**

**C - Brad Miller, Sacramento**

**F - Dirk Nowitzki, Dallas**

**C - Shaquille O'Neal, Los Angeles**

**F - Peja Stojakovic, Sacramento**

## THE PIONEER SCHEDULE

### Friday, February 13

Men's Lacrosse vs Adelphi Scrimmage Fairfield, CT 1:00 PM

Men's Ice Hockey at AIC West Springfield, MA 7:00

### Saturday, February 14

Men's Basketball at Long Island Brooklyn, NY 4:00

Women's Basketball at Long Island Brooklyn, NY 2:00

Women's Ice Hockey at Hamilton Clinton, NY 7:00

Men's Ice Hockey vs AIC Milford, CT 7:00

Men's Track at NEC Champ Landover, MD

Women's Track at NEC Champ Landover, MD

### Sunday, February 15

Women's Equestrian at CT Invitational Westbrook, CT 8:00

Women's Ice Hockey at Hamilton Clinton, NY 1:00



# Athletes Make Time Management a Priority

By Dana White  
Staff Reporter

Many people do not realize how hard it is to play a division one sport and manage a full load of college courses. Division one athletes have a very busy schedule year round especially during the season. During an athlete's season it is not uncommon for them to miss a few classes now and then due to away games. If this does occur it is the athlete's responsibility to find out what he or she missed.

Most people think that all athletes do is practice, but this is not true. There are many other things that athletes are required to do. Most division one athletes are required to lift, condition and

attend study hall on a daily basis.

"Playing a sport in college is like having a full time job, I have to carefully plan everyday in order to keep up with my studies," said Christina Macchia from Carle Place, NY. Christina plays for the Sacred Heart women's lacrosse team and takes a full load of classes.

The fact that athletes have to go to study hall helps the athletes manage their studying time. Most division one teams are required to go study hall.

"It's tough trying to get to class, practice and lifting everyday, not to mention getting all your work done," said Jeff Monaco from West Chester, NY. Jeff plays on the men's lacrosse team and he is a full time student here at Sacred Heart.

"Playing on the football team

doesn't leave me with much free time, we have meetings in the morning and then practice in the middle of the day. By the time I get home at night all I want to do is sleep," said Mike Peshler from Hopkington, MA. Mike is a junior on the Sacred Heart Football team.

Athletes that have made it to the division level obviously generally love the sport that they play. Athletes that are in college have a very stressful life having so many responsibilities and people who don't play sports usually don't understand the point.

Most athletes play their sport because it is a way to release stress. When they step on the playing field they do not have to worry about school or work, they just have to play the sport that they love.



THE SPECTRUM/ Robert Trenske

Katie Wrinkle, shown here during a cross country meet, captured the 1000-meter title and anchored a winning relay team.

## Women's Track Wins CTC Title, Men Take Second

By Katie Atkins  
Sports Editor

For the second year in a row, the Sacred Heart women's track team shined at the Collegiate Track Championships, collecting over 200 points and beating out a field of 21 teams. The men's track team placed second in a field of 24 teams and two individual event winners while the women had six.

The top finisher for the women's team was quad captain senior Katie Wrinkle (Medford, NY), who captured the 1000-meter title while also breaking Sacred Heart's record for the event, previously held by senior Christina Mendoza (Union City, NJ).

"The performances on both the track and field were excellent. There were so many medal winners and personal best performances that it became difficult to keep track of.

For the women to win a meet against 21 other teams is quite an accomplishment, we worked very hard for that," said senior quad captain Emily Marks (New Milford, CT).

The women also won the 4x800 meter relay, run by sophomore Caitlin Clark (Babylon, NY), junior Jaclyn Donatelli (Scituate, RI), senior Suzanne Neglia (Andover, NJ), and Wrinkle, who together posted the second fastest indoor time in Sacred Heart's history.

Freshman Melissa Wakeman (Ansonia, CT) was another big winner for the women, posting a personal best in the long jump and capturing the title with a jump of 17' 3". Senior quad-captain Kristin Eckert (Farmingville, NY) picked up her third victory of the season in the 20-pound weight throw event, winning by over five feet.

Sara Tasber, (Henrietta, NY) another senior quad captain, also picked up her third individual win of the season with a victory in the 800 meters.

For the second week in a row, sophomore Evan Lasher (Pleasant Valley, NY) won the shot put while teammate freshman Mark Dennett (Winthrop, ME) won the 3000-meter racewalk to lead the men to their second place finish.

With their seasonal best time of 3:23.11, the men's 4x400 meter relay team automatically qualified for the New England's. Both the men's and women's track teams will compete at the Northeast Conference Championships in Landover, MD this coming weekend.

"Our team ran very well this weekend. There were a lot of great individual performances

*"For the women to win a meet against 21 other teams is quite an accomplishment"*  
Emily Marks

and our team really seems to be coming together. I think that the past few weeks we really surprised ourselves by beating some teams that we weren't supposed to" said senior Sal Cataldo (Elmwood Park, NJ). "If we take the momentum we have into the conference meet this weekend I think we will not only surprise other teams, but our own coach as well," he added.

"The teams performance at the CTC meet was remarkable, the team really pulled together and dominated most events, and hopefully this is an indication of how we'll perform at NEC's this coming weekend," said Wrinkle.



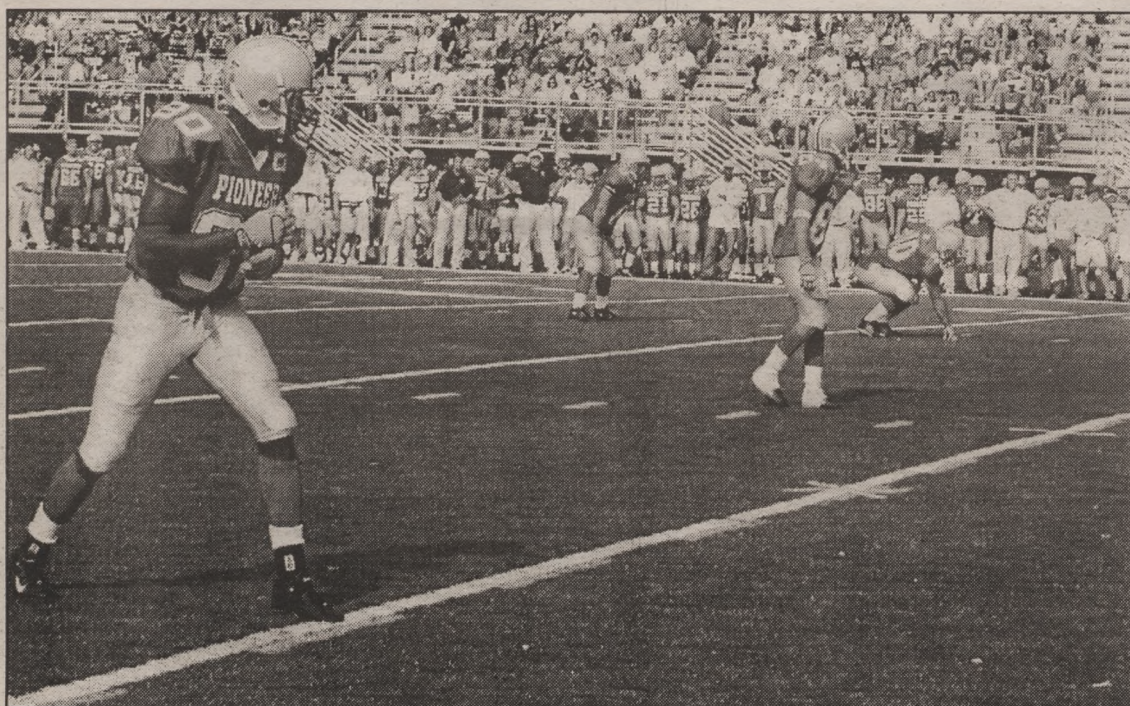
File Photo

Many of SHU's NCAA teams are required to attend a certain amount of study hall hours per week.



File Photo

Sacred Heart athletes balance classes with school work, practices, games, and conditioning.



File Photo

Sacred Heart has 33 varsity teams, including 17 women's and 16 men's.



# Tough Loss for Women's B-Ball

By Kelly Dietz  
Staff Reporter

In a Northeast conference match up Saturday, the women's basketball team suffered a tough loss to the Red Flash of St. Francis-PA. The 87-55 loss snapped the Pioneers 10 game-winning streak and seats them in second place in the conference.

The Red Flash jumped out to a quick 13-6 lead just four minutes into the game. The Pioneers rallied back with a 7-0 run from senior Ashley Kohl (Palmyra, PA), sophomore Nicolle Rubino (Port Jefferson Station, NY) and five-time rookie of the week, freshman Amanda Pape (Stamford, CT). The run tied the score at 13 a piece with 14:48 left to play in the first half.

The Pioneers hit a rut with just under 10 minutes to go in the first half. With the score of 22-18 SHU's offense missed their next 11 shots being outscored by St. Francis 13-0. Junior Colleen Duggan (Newington) put a stop to the bleeding when she made a lay-up with 3:17 left.

"We had a tough time with this game," says Duggan. "We missed easy lay-ups and our shots that we normally make weren't falling."

At the half Sacred Heart trailed by 18, their biggest deficit in conference play this year, and were outscored 28-10 the rest of the way. SHU had 11 turnovers in just the first 20 minutes of play and hit only nine of 33 shots from the field. Sacred Heart did have

an advantage in rebounding grabbing 22 to St. Francis' 21.

"We're a better team than what the game showed," says Duggan. "Although we were really pumped up to play St. Francis, we didn't have the same intensity that we normally do."

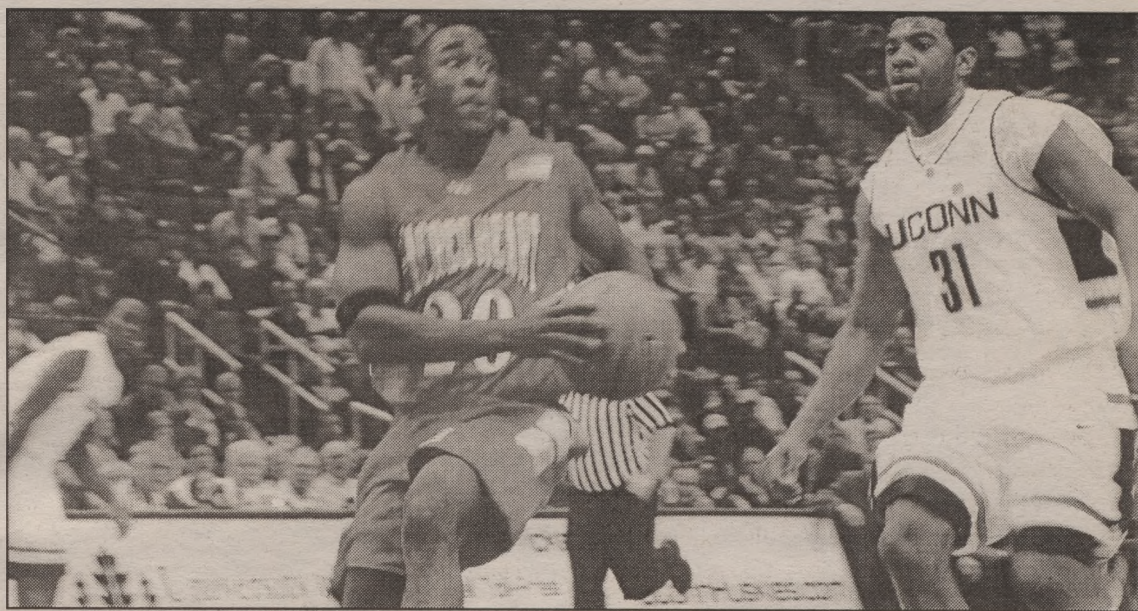
Freshmen Pape and Jasmine Walker (Amityville, NY) both finished the game with double figures. Pape had 12 points and four rebounds while Walker finished with 10 points and seven rebounds.

Leading the Red Flash was junior Beth Swink and senior Tonjee Ward scoring 22 and 21 points, respectively. Swink had 11 rebounds on the day, to complete her double-double. Guards Karen Hewitt and Sarah Bolton both posted 14 points, while Hewitt also passed out eight assists on the day. The starting five for the Red Flash had 71 of the 87 points and shot 31-53 from the field, to send St. Francis to victory.

"We are hoping to meet up with St. Francis again in the NEC tournament," says Duggan. "We know it will be a different outcome."

The Pioneers record is now 15-5 and 9-2 in the Northeast Conference. The ladies hoped to improve their record on Monday, when they took on the Robert Morris Colonials, however information was not available to the press at this time.

The women's next game is Saturday when they travel to Brooklyn, NY to take on the Blackbirds of Long Island University.



THE SPECTRUM/Robert Trenske

The men's basketball team is now 8-10 overall and 4-5 in the Northeast Conference.

## Men Fall to St. Francis

By Jason Chudoba  
Staff Reporter

On Jan 29, the Sacred Heart men's basketball team traveled to New York to take on the St. Francis Terriers. The first place Terriers defeated Sacred Heart 86-78 in a Northeast Conference match up. The Pioneers are now 8-10 overall and 4-5 in the Northeast Conference.

Sacred Heart had a rough first half. Despite getting some open looks, the Pioneers shot just 37 percent from the field. Sacred Heart managed to keep the game close early.

At 14:30, they trailed the Terriers 14-12. Midway through the first half St. Francis started to pull away. They were able to capitalize on Sacred Heart's poor shooting and go on a seven-point run to lead 21-12.

The Pioneers first half struggles continued. A late jumper by freshman guard, Jarrid Frye (Maspeth, NY) brought Sacred Heart within seven-points of the Terriers. Despite cutting into the St. Francis lead, a missed shot by junior guard, James Samuels (Uniondale, NY) and a turnover

by Frye enabled St. Francis to extend their lead. The Pioneers went into the locker room trailing the Terriers 45-32.

"We dug a hole for ourselves in the first half, and used a lot of energy to get back. We have to admit we played bad in the first half. They are a good team and

*"We dug a hole for ourselves in the first half, and used a lot of energy to get back. We have to admit we played bad in the first half. They are a good team and you can't spot them that many points" Coach Bike*

you can't spot them that many points," said coach Bike.

St. Francis got into foul trouble early in the second half and this helped Sacred Heart narrow the lead. At 10:28' freshman forward, Joey Henley (Kent, WA) hit a layup to bring Sacred

Heart within two-points 55-53. Then at 10:00, senior guard Omar Wellington (Pennsauken, NJ) was fouled and sent to the free throw line. He hit both his free throws to tie the game at 55-55.

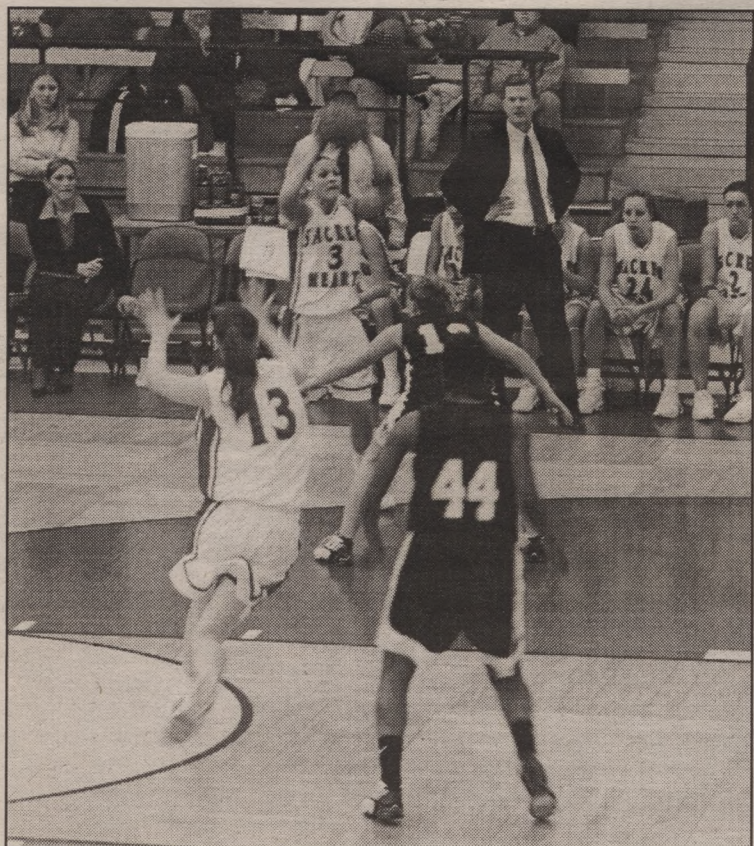
Both teams continued to battle, but turnovers and missed shots late in the game proved costly for the Pioneers. The Friars were able to get some quick baskets and pull ahead. St. Francis held onto the lead for the remaining nine minutes of the contest.

The Pioneers managed to bring the game within four-points, but it was not enough. The Terriers went on to win the game 86-78.

"We had a chance because we outplayed them in the second half, but the game is two halves combined score," said coach Bike.

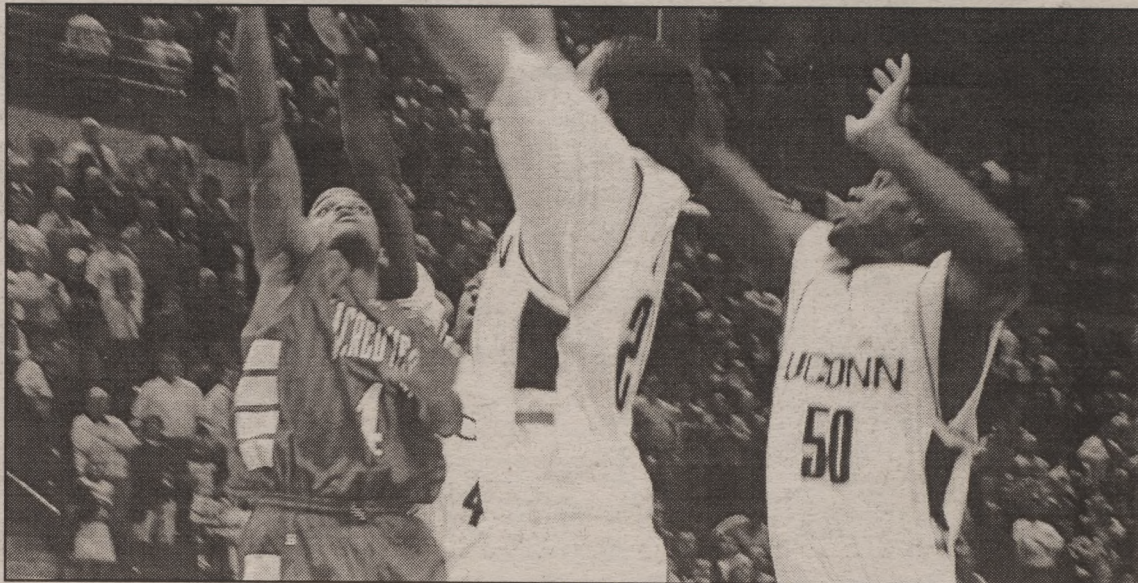
Senior guard Maurice Bailey (Hempstead, NY) led the Pioneers with 20 points and Frye added 16 points. Henley finished with 18 points and 11 rebounds to give him his second career double-double.

"Joey seems to be improving. He's getting more chances to play and he just needs to gain experience," said coach Bike.



THE SPECTRUM/Robert Trenske

The women will take on the Blackbirds of Long Island University this Saturday in Brooklyn.



THE SPECTRUM/ Robert Trenske

The men return home for a Monday night matchup against Monmouth at 7 p.m. at the Pitt.





# Men's Ice Hockey Sweeps Second Week in a Row

By Meghan O'Connor  
Staff Reporter

The Sacred Heart men's ice hockey team swept their Atlantic Hockey League opponent for the second weekend in a row, downing second place Mercyhurst by the score of 5-2 both nights.

"Coming off the UConn sweep, our challenge going into this weekend was to put together two solid games," said head coach Shaun Hannah. "Our guys executed and came ready to play."

Previously unbeaten in their last eight games, Mercyhurst never led the game Friday night as sophomore Andrew Billingham (Fort Collins, CO) opened scoring in the first off assists from freshman Peter Giatrelis (Hamden) and sophomore Bernie Chmiel (Pittsburgh, PA).

"I thought we played really well," said Giatrelis. "It was a real team effort with everyone contributing."

Giatrelis netted his own goal

in the second, his seventh on the season, from senior Mike Reagan (Flin Flon, MB) and freshman Drew Sanders (Modesto, CA).

What proved to be the game-winning goal also came in the second from freshman Pierre Luc-O'Brien (Nicolet, QC), assisted by sophomore Erik Roos (Milford).

**"Coming off the UConn sweep, our challenge going into this weekend was to put together two solid games. Out guys executed and came ready to play"**  
**Head Coach**  
**Shaun Hannah**

Still in the second and pushing the lead to 4-0, sophomore

Rocco Molinaro (Dearborn, MI) scored a power play goal, with assists going to junior Garrett Larson (Rycroft, AB) and senior assistant captain Marc-Andre Fournier (St. Nicholas, QC).

The Lakers pulled to within two goals in the third period, but Larson put the game away for the Pioneers knocking in his own rebound to seal the final score of 5-2. Junior goaltender Kevin LaPointe (Quebec City, QC) had an outstanding game in the net recording 25 saves in his seventh win of the season.

"Our goaltending was great, the defense played well making the simple plays, and the forwards did their jobs in both ends," said Giatrelis.

Saturday night's game seemed to be a blueprint of the night before. Seemingly the only difference being down 1-0 in the first.

Sacred Heart then took control in the second on O'Brien's first goal of the game with an assist credited to sophomore transfer Chris Connerty (Raynham, MA).

Breaking the tie, Reagan found the net for his ninth goal of the season, and on the play freshman Charles Veilleux (Quebec City, QC) picked up his first collegiate point with the assist. In the third, Molinaro extended the lead to 3-1, and freshman Peter Ferraro (Pleasantville, NY) notched another to give the Pioneers a three-goal advantage.

Once again, Mercyhurst forged within two goals of the Pioneers, only to be answered quickly by O'Brien's third goal of the weekend on an empty netted power play to finish scoring for the game, setting the final at 5-2. LaPointe had another strong outing with 42 saves on the night.

"Mercyhurst is a very skilled team and is capable of scoring much more," said Hannah. "The team did a great job in shutting down their offense, and we capitalized when we had the chances to score."

According to Hannah, players to highlight for great defensive play this weekend against the Lakers included senior assistant

captain Konn Hawkes (Watrous, SK), junior Noel Henck (Long Beach, NY), and freshman Todd Spencer (Brentwood, NH) and Charles Veilleux.

For his efforts in the series, O'Brien was named both the Sacred Heart Athlete of the week, as well as the Atlantic Hockey Freshman-of-the-Week in response to his 3 goals, and one assist on the weekend.

LaPointe was named the Atlantic Hockey Goaltender-of-the-Week for his remarkable effort in between the pipes.

The men open a weekend series away this weekend traveling Friday to take on conference rival American International College (AIC), before bringing the Yellow Jackets home to Milford Ice Pavilion for a 7 p.m. game.

"We need to work to continue to play how we've been playing," said Hannah. "AIC is coming off a big win against Quinnipiac and we have to come to play. In our league if you don't come to play, you won't win."

## INSIDE SPORTS

**COLUMN OF HANK GARGIULO**  
Hank talks about the turnaround in men's hockey (Pg. 12)

**NBA ALL-STAR GAME**  
Lebron and Carmelo won't be playing but the NBA All-Star game will still be quite a show. (Pg. 13)

**TRACK AND FIELD**  
The women's track and field team captured the CTC title while the men took second. (Pg. 14.)

**BASKETBALL**  
The men's and women's team both fell to St. Francis. (Pg. 15)

# Women's Swimming Gives Sensational Effort

By Meghann Longo  
Staff Reporter

This past weekend, the Sacred Heart women's swim team finished up the home portion of their schedule. On Saturday, Jan 31, the women met St. Francis and Central Connecticut State University.

At the Wheeler Recreation Center on the campus of Bridgeport University, where the women have all their home meets, they ended up with a split for the weekend. Against St Francis (NY) they came out with a 71-34 victory. This was a fabulous team effort ending in an important team victory.

"St. Francis has a very good team and our girls matched up to them really well. There were some freshman who, for the first time this season placed first, which was very exciting for them," said senior co-captain Christine DiPierro (Cromwell, CT).

This weekend, the women also met Central Connecticut State University. CCSU is a team full of talent and are ranked fifteenth by the College Coaches Swimming Association.

The Pioneers put up an excellent effort and were actually tied with CCSU going into the last relay, but ending up coming up

**"He deserves some kind of award because we do not deserve a coach like Dan Maloney. We are so very lucky..."**  
**Christine DiPierro**

a little bit short. The women lost by only seven points bringing the final to 70-63.

Despite the loss, DiPierro had one of her most impressive performances yet. She ended up winning the eight hundred meter freestyle with a time of 9:33.98.

She also went on to win the one hundred meter freestyle in a



THE SPECTRUM/Robert Trenske  
**Senior swimmer Christine DiPierro was recently named the Sacred Heart Athlete of the Week.**

time of 1:02.17 and the four hundred meter freestyle in a time of 4:47.03.

DiPierro was recently named the Sacred Heart University

Athlete of the Week because of her performance during a meet against the University of Vermont when she became eligible to swim in four events at the ECAC Championships, which will be held at the University of Pittsburgh the last weekend in February.

Even though the team is filled with an enormous amount of drive, intensity and Talent, it is head coach Dan Maloney, that the girls really feel has brought them to where they are today. The team and their success are very important to him and he is constantly trying to better the team in some way.

"He deserves some kind of award, because we do not deserve a coach like Dan Maloney. We are so very lucky to have him on our team. I have to admit, I have never swam this fast for anyone before," said DiPierro.

The women Pioneers will finish up their regular season this Saturday, February 7, where they will meet the Providence College Friars at 1:00 p.m.