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Greeks Lead Volunteers for CT Special Olympics

Amy Deschenes
Staff Reporter

About 80 Sacred Heart students volunteered at this year's Special Olympics of Connecticut's Winter Games. This is the largest group from SHU ever to volunteer with the Special Olympics, which took place on Feb. 28 and Feb. 29.

According to the Special Olympics of Connecticut Website, there are over 700 participants competing in the games. The Special Olympics are an opportunity for people with intellectual disabilities to showcase their athletic talents. The competition is conducted over two days, and includes events such as speed and figure skating, snowshoeing, skiing and snowboarding.

The students from Sacred Heart University who volunteered are from Greek organizations including Lambda Sigma Phi, Delta Phi Kappa, Beta Delta Phi, Nu Epsilon Omega and Zeta Iota Lambda. The groups welcomed all students to volunteer and share the experience. The sisters of Zeta Iota Lambda coordinated the volunteers for the event.

"There are about 20 students who aren't Greek volunteering with us. Students from the class of 2007 and some members of the class of 2004 are volunteering as well," said Jen Hradek, a senior from Thornwood, NY and a sister of Zeta Iota



Contributed Photo

Students from Sacred Heart volunteer to work with the Connecticut Winter Special Olympics this past weekend.

Lambda.

"It's an amazing experience and really rewarding. We've gotten to work directly with athletes as athlete escorts and been able to give them their medals at the end of the day," Hradek added. Other students

also have had positive experiences with the Special Olympics.

"The Special Olympics are important because it gives intellectually disabled athletes a chance to compete in various sports, builds their confidence, and they make

new friends, whether they be volunteers or teammates," said Mike Losche, a senior brother of Lambda Sigma Phi from North

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Students Express Opinions at Senate Forum

Amy Deschenes
Staff Reporter

"I don't like the choices at FLIK!" "The parking on campus is impossible!" These are the typical complaints heard at the Senate Forum that was held on Thursday, Feb. 26, in the Mahogany Room.

"The Student Senate is required to hold a forum in the spring and we do it to foster a relationship between the student body and Student Senate," said Todd Dixon, VP of Senate and a junior from Levittown, NY. The Student Senators represent committees such as Public Safety, Buildings and Grounds, Academics, Residential Life, and Admissions. Each of these committees has faculty links that allow them to convey student opinions to the Sacred Heart staff. The senators were very willing to listen to everyone's comments and suggestions.

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Ex-POW Shoshanna Johnson Shares Personal Sentiments

Cristina Baptista
Staff Reporter

Shoshanna Johnson, ex-prisoner of war, spoke of her military experience before the Sacred Heart community on Feb. 25 in the Edgerton Center for the Performing Arts. Johnson's appearance was part of the University's Black History Month observances.

As soon as Johnson took the stage, the audience stood to give her a standing ovation.

The Black History Month keynote speaker addressed the audience with words of wisdom, encouragement, and perspectives on the role of diverse groups in American history.

"I don't feel that I'm a hero," Johnson said.

"I did my job and came home. I survived." Johnson added that the people who risked their lives to save her "are the real heroes."

Johnson, who is from a military family, joined the U.S. Army in September 1998. She was interested in the culinary arts and served as a cook. Johnson was deployed to Iraq in February of 2003. On March 23, she and seven fellow soldiers in the 507th Maintenance Company out of Fort Bliss, TX were captured after their convoy was ambushed by Iraqis at Nasiriyah. Johnson became the first female African-American POW.

As a POW, Johnson suffered from gunshot wounds in both legs and was held captive for 22 days. She shared her experience in Iraq and the military.

"I wanted to hear about what Shoshanna went through," said Taylor Winters, a freshman from Point Pleasant, NJ who was in attendance.

Before Johnson's appearance, Brandon Graham, a graduate student from Waterbury, told the crowd, "I think Miss Johnson really embodies the courage and bravery...of African-American women in the military." Graham read an original poem, "i like...us," a work celebrating

African-American experience, and set the tone for Johnson's appearance.

Dr. Brian Stiltner of the Religious Studies Department had the honor of introducing the guest speaker.

"Someone may think that Shoshanna Johnson is nobody special," Stiltner said, but Johnson is special in "taking part in the freedom that is vital in our nation."

Stiltner said that Johnson wants to be remembered for her ordinary contributions. Not only has Johnson served the nation, but she has also served as a mother, sister and aunt.

"[Johnson] has said repeatedly in interviews that she is not a hero," Stiltner addressed the audience, "but I will leave that for you to decide."

"Everyday I live with what happened. It's not easy, but I endure for those who gave their lives," Johnson said of the events in Iraq.

"All I can do is make the best of my life while I am here...Do the best you can

Continued On Page 3

Senators Urge Student Participation

Continued From Page 1

Although Senate advertised for the forum with balloons, emails, and posters, the student turnout was small. Only about 20 students attended the three-hour forum.

The Student Senators sat directly in front of the Mahogany Room doors, so that it was impossible to miss them when entering the room. There was also a display illustrating the various aspects of the Student Senate and a suggestion box for students to add comments to. The Student Senate offered free refreshments so students would feel welcome to share their opinions. The students who attended were most concerned about the issue of parking on campus. Besides parking, housing and registration are the areas that concern students the most, according to Dixon.

"We gave up several hours to lend a listening ear and helping hand to the students. We advertised a lot but relatively no one came," said Mike "Hoogz" Hougasian, a junior Student Senator from Thompson.

"I get so many emails with suggestions and complaints, this would be a perfect opportunity for students to express their opinions," said Dixon. The Student Senators are always open to any suggestions, but the forum's purpose is to place total focus on student issues. According to Dixon, the minor turnout is discouraging.

"It's easy to complain, but it takes work to do something about it, even if it is just going to the forum," said Kelly Lombard, a sophomore from Milbury, MA. Other students thought the time and day were what caused a poor turnout.

"I think Thursday is a bad day. Most people are trying to finish their week and start their weekend," said Victoria Pezzulo, a junior from Latham, NY. Whatever the reason, the majority of students were not able to attend the Senate Forum.

"The Student Senators represent the voice of the students, and without their input, it makes our jobs a little more challenging," Dixon said. Dixon added that the Student Government office in Hawley Lounge is always open to student concerns and suggestions. Anyone having questions or comments is welcome to attend the weekly Student Senate meeting Monday at 8 p.m. in HC 101.

Spring Fever



The Spectrum/ ROBERT TRENSKE

Students take the first opportunity to sit outside and enjoy the warm spring-like weather.

Greeks Volunteer at Special Olympics

Continued From Page 1

Bellmore, NY. Losche was also involved with a Special Olympics bowling tournament held in Milford last year.

"One of the parts of the weekend I liked best last year was opening ceremonies. The athletes and volunteers recite in unison the Special Olympics motto: 'Let me win, but if I cannot win, let me be brave in the attempt.' It's an uplifting moment because you realize that people who are thought to be 'simpler' than the average person seem to understand the true meaning of believing in oneself," said Hradek.

"Every time I volunteer at the Special Olympics I always leave with such a good feeling. These games mean so much to these individuals and to be able to watch them, cheer them on and help them, it really is rewarding," said Shannon Kinney, a junior from Port Jefferson Station, NY.

The Special Olympics offer competitors and volunteers the opportunity to experience something positive and uplifting while having fun at the same time. Anyone interested in volunteering with the Special Olympics should contact Shannon Kinney of Zeta Iota Lambda (s-kinney@sacredheart.edu) or visit the Special Olympics of Connecticut Website (www.soct.org).

Corrections

From Issue 16

Perspectives, Pg. 6- the cartoon's caption, should read "galaxy" instead of "glaxy."

Perspectives, Pg. 12- is missing two closing quotes (") marks in the pull quotes.

Sports, Pg. 16- the two photo credits read "Robert Trenske" but they should say "Nick Kelly."

Student Charity Ferris was quoted and her state was listed at Mass., instead of New Hampshire.

Spring Break Safety Tips

Beware of scams

Thieves devise inventive ways to rob you. Some of these may include:

☞ Posing as a police officer and asking to check your money for counterfeit bills. - Be aware of what genuine police officers look like in your destination city.

☞ Posing as a tour guide and offering to show you the sights of the city. - Do not take tours unless they are offered through a reputable source.

☞ Slipping sedative drugs into your food or drink. - Do not dine or drink in unsafe areas of town and never allow strangers to buy you food or drinks.

☞ Posing as cab drivers and offering rides which will result in a robbery. - Check with your hotel manager to find a reputable taxi service.

☞ Thieves in different cities tend to favor different scams. Ask your hotel manager or local tourist information officer for more information.

- Excerpt courtesy of a global e-mail sent out by Public Safety's Linda Maloney. See the Features Section for more on spring break.

Outside the SHUbox

Compiled by Danya Jimenez

Looking for something out of the ordinary to do? Interested in trying something new? Then check out this list of events including bands, open mic nights, pottery making, science exhibits, and karaoke!

Venues:

Friday, Mar. 5 (cont'd):

Acoustic Café
2926 Fairfield Ave.
Bridgeport, CT
335-3655

The Saucers
@ Acoustic Cafe
10:30 p.m.
Tangled Vine (cover band)
@ Bear and Grill

Black Rock Castle
2895 Fairfield Ave.
Bridgeport, CT
336-3990

Saturday, Mar. 6:

Bear and Grill Café
2000 Black Rock Turnpike
Fairfield, CT
333-1522

First Annual Black Rock Blues Festival
Feat: James Cotton and
Debbie Davies Blues Band
@ Black Rock Art Center
8 p.m.
\$12

Black Rock Art Center
2838 Fairfield Ave.
Bridgeport, CT
367-7919

www.internationalperformingarts.com

Sunday, Mar. 7

Seagrape
1144 Reef Rd.
Fairfield, CT
254-2669

The Zambonis
@ Acoustic Cafe
8:30 p.m.
\$6
Karaoke
@ Black Rock Castle
9 p.m.

Friday, Mar. 5:

Jeff Black
@ Acoustic Cafe
8 p.m.
\$10

First Annual Black Rock Blues Festival

Feat: Dan Stevens and
the Paul Rishell /Annie
Raines Duo
@ Black Rock Art Center
8 p.m.
\$20/\$25 at the door

Tuesday, Mar. 9:

Open Mic night
@ Acoustic Cafe
8pm
\$3 or Free w/college ID

Wednesday, Mar. 10:

Open Jam session
@ Acoustic Cafe
9:30pm
\$3 or Free w/college ID
Karaoke with Bill Richards
@ Seagrape
9pm

Johnson, Ex-POW, Addresses Students

Continued From Page 1

in your education" in order to pay homage to those who gave their lives for America, Johnson said.

Johnson also made the audience laugh with her frankness. When asked how it feels to be the first African-American POW, Johnson said it is nothing to be proud of: "All it means is [that] all the other sisters got away."

Johnson was also comfortable discussing more serious issues.

"We are so unique in the [opportunities] we have in this country," Johnson said, adding that everyone should "go to the

Johnson said, but added, "I'm kind of a private person."

Johnson also discussed her religious beliefs, saying, "I'm a Catholic" and although her rosary was taken from her during captivity, "it didn't stop me from praying a whole lot."

"I'm glad I was captured and not killed. I was very scared," Johnson said to two young girls from the Bridgeport community who asked what Johnson thought about being a prisoner of war.

One male Sacred Heart student in the audience asked, "Now that you're no longer in the Army, what do you do now except give speeches?"

Johnson admitted that giving speeches is her work for now, but she realizes that she still has bills to pay and is thinking of what to do next.

"Everything has changed," Johnson added, saying how her interest in the culinary arts, which prompted her to join the Army, which provides excellent culinary training, has waned in the past

year.

Johnson also noted the irony of her position in the Army.

"As a cook, the likelihood of me being captured was slim to none and I got 'slim.'" As a cook, Johnson never received training in what to do in a captive situation.

To young people considering a role in the military, Johnson said, "You don't choose the time when you're going to leave this earth...all you can do is the best you can while you're here."

Freshman Kelly Van Pelt of Brick, NJ, said, Johnson's "whole address had a great impact on everyone. You could just feel the intimacy when she spoke and everyone listened."

Johnson's appearance was sponsored by the College of Arts and Science, the College of Education and Health Professions, the Office of the Vice President of Student Affairs and Enrollment Planning, the GE Scholar Program, UMOJA, the International/Multicultural Center, the Office of the Vice President for Mission and Planning, Omega Phi Kappa and Coca-Cola.

"As a cook, the likelihood of me being captured was slim to none, and I got 'slim'"
Shoshanna Johnson

polls and vote."

"Every color, every race has given their lives for what we have [in America]. Don't let it go to waste. It saddens me to think that after all that we went through, only 30 percent of Black Americans vote," Johnson said.

Imprisoned with fellow U.S. Army soldiers, Johnson said, "It didn't matter if we were black or white. We were comrades."

Johnson added that, in order to give one another encouragement to endure, she and fellow comrades "tried to pass on little words to each other, if we could."

Following her release from captivity, Johnson learned to "appreciate the little things, like going to Wal-Mart," a remark that drew gasps of surprise and laughter from the audience.

When asked about her treatment as a prisoner of war, Johnson said, "I was treated very humanely...I was very lucky."

One topic of the evening that kept emerging thanks to audience members' questions was whether or not Johnson would go on to write a book or allow one to be written about her experience.

"I've been talking about it,"



The Spectrum/ MEL KNIGHT

Newly appointed Vice President of Senate, Todd Dixon.

Dixon Appointed VP

Lori Coupe
Staff Reporter

Todd Dixon was appointed Vice President of Student Senate on Friday, Feb. 13, for the remainder of the 2003-2004 school year.

The junior from Levittown, NY is a first-year senator. Dixon ran for Class of 2005 Treasurer last spring. After losing the election, he was given a second chance at Sacred Heart Student Government when he returned in the fall to discover there was a vacant senator position. He applied and was appointed.

"I'm so glad I was finally able to get involved. It was probably the best thing that has happened to me," said Dixon.

Dixon will fill the vacancy created by senior Jen Hradek, who replaced former Student Government President Guy Savage. For Dixon, who has held many classroom leadership roles and been the captain of several varsity sports, Vice President of senate seemed like the next step and a great chance to work closer with all of the senators he had interacted with throughout the first semester.

"The other individuals who applied for the position also had a lot of passion and ideas for Senate. However, I felt Todd was the best fit for Senate right now," said Hradek, from Thornwood, NY. It was Hradek's responsibility to appoint her successor from those who applied for the position. After receiving a two-thirds approval from the rest of the Senate, Hradek notified Dixon of

his new title.

Within his first few weeks of office, Dixon has made contacts with James Barquinero, Vice President for Enrollment Planning and Student Affairs, to hold a Senate luncheon with him to discuss online classes, student retention and school spirit.

On Feb. 26, the Senate Forum was held in the Mahogany Room where each Senate committee discussed with students accomplishments for the year and concerns

Program, a junior mentor last semester and an active participant in non-school related sports including golf, baseball and basketball, Dixon is involved academically, athletically and politically at Sacred Heart.

"He is particularly sensitive to issues of college age students--bright and perceptive and caring," said Dr. Carol Batt, Assistant Director of the Honors Program.

Additionally, his main goal this semester is to increase public knowledge of Senate so students are well aware of what their representatives are doing. Through the Senate Forum, information sheets of each committee's accomplishments and goals were available. After problems with it last year, Dixon, working with the Public Relations Committee, is trying to get the student government website reactivated.

When students have concerns for Sacred Heart, they are encouraged to voice them to Dixon, who will direct the matter to the appropriate committee.

"Students are free to bring ideas to meetings," said Dixon. "Just let me know you are coming so I can put you on the agenda." Meetings are held on Monday nights at 8 in HC 101.

Dixon can be reached via e-mail, t-dixon@sacredheart.edu, through the Senate e-mail, studentsenate@sacredheart.edu, or in the Student Government office in Hawley Lounge.

"He has built a rapport between Public Safety and Senate"
Jen Hradek,
SG President

on a variety of issues. Senate committees include Academic Affairs, Dining Services, Public Relations, Residential Life, Spirit and Tradition, Admissions and Information Technology, First-Year Experience and Public Safety.

As senator, Dixon was the chair of the Public Safety committee.

"He has built a rapport between Public Safety and Senate," said Hradek. "He stepped up to work on a late night shuttle for students, an idea he pursued without even being asked."

As a member of the Honors

Community Gets Course In Professional Etiquette

Bill Silvestri
Staff Reporter

The Office of Career Development organized the Etiquette Dinner that took place Monday night in the Mahogany Room. Over the course of the evening students were schooled in the ways and techniques of proper etiquette.

The Office of Career Development is run by Deanna Fiorentino the Director of Career Development, and Christine Davin, Assistant Director. Both Christine and Deanna work closely with Sacred Heart University students in an effort to aid them in making sound career decisions.

"We want to help students make good decisions about jobs, and inform them as to what possibilities are out there," said Fiorentino.

"Career Development starts working with students during their freshman year teaching them skill development," said

Fiorentino. "Eventually everyone will have to seek out internship and employment opportunities for themselves, we prepare students for this."

"We believe that it is important for students to understand proper etiquette so that they will be able to handle themselves appropriately," said Davin.

The purpose of an Etiquette Dinner is to expose students to the intricacies of table etiquette and the importance of professional behavior. The dinner also stressed the importance of being aware of the signals or visual cues that potential employers are able to pick up on.

"There will be employers, faculty, staff members, and coaches with their teams at the dinner," said Davin.

"I hope that students are able to take away hints on how to get their foot in the door, and how to conduct themselves with co-workers, clients, and employers," said Davin.

"I hope to learn good etiquette and table manners so that I can present

myself to people who might potentially give me a job and people that I might be working with," said Melissa Belleino a senior from Staten Island, NY.

"Students will also be learning important ways to communicate so that they

will be viewed as professionals," said Fiorentino.

"I discovered the rules of operating and paying attention to my actions and how those actions give off signals," said Prez Palmer, a junior from Stratford.

Potential employers are able to pick up on these actions that many students may not even be aware of.

"I was taught not to season the food before tasting it because this may lead a potential employer to believe that I might make rash decisions in the workplace," said Colleen Bardelli, a freshman from Albany, NY.

The Etiquette Dinner also focused in on proper methods of consuming difficult to eat foods.

"There was cantaloupe in the salad and we learned to cut it up into individual pieces and not just eat it all in one big clump of lettuce," said Bardelli.

"I am positive that everyone will learn something that they did not know before," said Davin.

The dinner setting of the event was also a key factor for learning professional etiquette.

"Job interviews are often a 30 minute lunch or dinner and similar to the environment of the Etiquette Dinner," said Fiorentino.

The Etiquette Dinner had assigned tables for the over 200 members of the Sacred Heart University community that were present.

National SHU Poll Reveals American's Thoughts on Same-Sex Marriage, Gibson's "Passion," George W. Bush and John Kerry.

The Sacred Heart University Polling Institute released the results of its most recent poll on Monday. Figures show that approximately 47% of Americans are opposed to a Constitutional amendment banning same-sex marriages. Over 60% of Americans are planning to see Mel Gibson's film, "The Passion of The Christ," according to the poll's results.

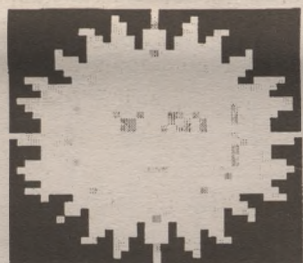
George W. Bush and John Kerry also found their ways into the SHU poll. When Americans were asked about who they would rather: go to a baseball game with, have as a neighbor, or share a cup of coffee with, more people answered Bush than Kerry. But more Americans polled about voting said they would support U.S. Senator (now presidential candidate) Kerry over Bush, 47.7% to 46.7%.

The Sacred Heart University Polling Institute conducted 1007 interviews with residents nationwide. All phone interviews were conducted between February 23 and February 28, 2004.

Look in the March 18 issue of the Spectrum for a more comprehensive story about the poll's results.

-Information provided courtesy of press release on SHU website, compiled by Kerry Freel, editor-in-chief

"I am positive that everyone will learn something that they did not know before"
Christine Davin



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South Hall Council Helps Those Less Fortunate

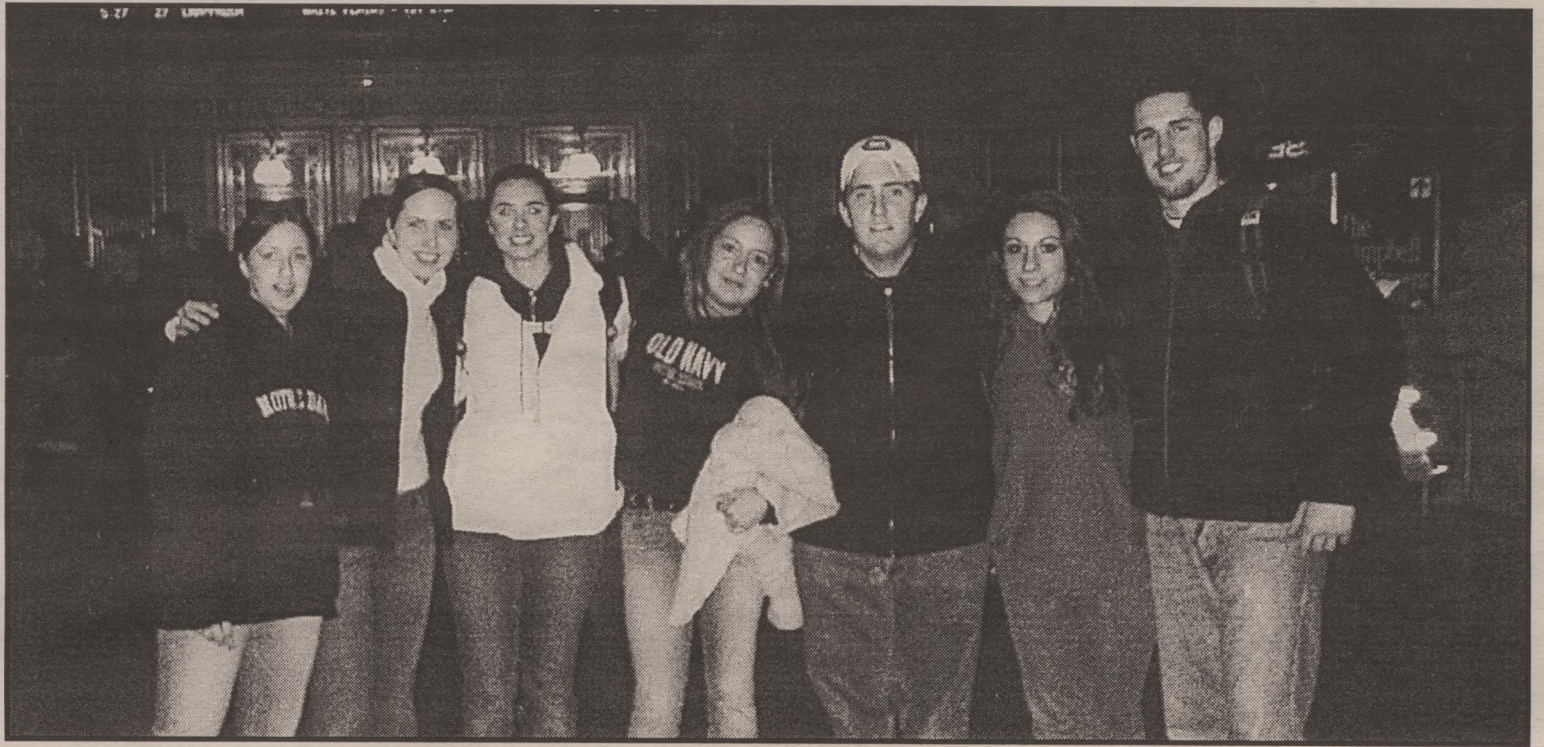
Gillian Weisman
Staff Reporter

The morning of Friday, February 20, the South Hall Council Executive Board collected hats, gloves, scarves, and other clothing. Those wishing to make monetary donations could do so as well.

They collected about 70 dollars and headed to National Wholesale Liquidators to purchase sweatshirts to add to their clothing collection. They wanted to take the charity out of Fairfield county, so with seven backpacks filled with clothing, the seven members able to attend the day headed to New York City to distribute the clothing to the homeless.

"The most rewarding and best experience was when we stepped off the train in Grand Central Station there was someone within 10 feet who I gave the first item of clothing to. He was thankful which was nice to hear. The whole day was a worthwhile experience," said senior and South Hall Council Advisor Pat Sullivan.

"Seeing a smile on their faces and hearing them say thank you made it worthwhile," added freshman John Nugent of



Contributed Picture

The South Hall Council Executive Board collected clothing for the less fortunate.

Manchester, NH.

The seven students started in Times Square and ended up at 11th and 54th street. They handed clothing out to those they felt were in need of the clothing. Aside from handing clothes out to the homeless on the street, they made a stop at St. Paul's Halfway House.

"We decided to stop at St. Paul's after we were running out of luck finding homeless people

on the street. We decided the house would have better luck than we had in finding the right people to give the clothes out to," said Sullivan.

Freshman Lauren Macchio of Lake Grove, NY added, "What was most rewarding for me was giving a man a fitted hat. He was so excited to be receiving this and couldn't thank me enough."

"I really liked what we all did. It was heartwarming when

we gave them the stuff and their faces lit up," added freshman Maria Valdivieso of Elizabeth, NJ.

The clothing that was brought back to Sacred Heart will be donated to a Bridgeport charity of South Hall Council's choice.

"It was very rewarding to distribute the clothing to those less fortunate. Hopefully we were able to help people get through the cold nights to come. It was

also wonderful to hear them say 'God bless' to us," said sophomore resident assistant Jennifer Arthur of Trumbull.

The South Hall Council Executive Board is comprised of nine students, including two RA advisors. They are in charge of programming events for South Hall as well as fundraising which includes t-shirt sales and pizza sales as well as various community service.

Assault Case Under Investigation

Cortney Barbato & Michelle Bassi
Staff Reporters

On Friday, Feb. 20, at 2:04 p.m. Fairfield Police Officer Joseph Kalson Jr. was dispatched to East Hall. He filed a report under Assault. The police report could not be attained, but the Fairfield Police Department did inform that the person whom the charges were filed against has a warrant out for their arrest. This case is still under investigation.

The Spectrum staff would like to wish everyone a wonderful Spring Break, whether you're going home or somewhere sunny!

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INFORMATION SESSIONS:

Lincoln Center Campus
McMahon Residence Hall, Rm 109, 155 West 60th Street
Thurs., March 11, 6:00 p.m. - 7:30 p.m.
Lowenstein Building, South Lounge, 113 West 60th Street
Sat., March 27, 11 a.m. - 12:30 p.m.
Tarrytown Campus
North Hall Basement, Neperan Road
Mon., March 22, 6:00 p.m. - 7:30 p.m.

FORDHAM
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An Incredible and Amazing Journey

Robert J. Trenske
Photography Editor

As I drive down the highway approaching the exit to the Merritt Parkway I start to shake a little more. My brother sits beside me in the passenger's seat, the sound of Dave Matthews plays from the car speakers, and my mom and my aunt follow in the car behind me. The thought about turning around and going home crossed my mind several times. I remember it as if it was yesterday. I remember thinking that it was weird that my whole life could fit into two small cars. I also remember thinking that even though I was scared about the unknown journey ahead; I knew that what I was doing was right.

I see the sign for exit 47 and then another sign for Sacred Heart University and at this point I knew that there was no turning back. I get off the exit and turn left onto Park Avenue where I see the outline of East Hall in front of me. "I guess this is it" I say to my brother as I turn right into the entrance of Sacred Heart where a banner that reads "Welcome Class of 2004" greets us. This certainly was it; this is where I, along with many other nervous, anxious, and unknowing new college students began

an amazing journey that would turn out in a way in which none of us could have ever possibly imagined.

College has been a journey of both the good and the bad. It has been one that has tested our character, emotions, and personal and inner strength. We have all been faced with tests, both in and out of the classroom, and been taught more things outside the classroom than we could of ever learned from sitting at a desk.

I will never forget the late night roommate talks while knowing that I still need to get up for my 8am class the next day. I will never forget thinking that Flik was actually good at one time. I will never forget the smell of South Hall and how somehow it was a good thing. I will never forget the sunsets from the 9th floor in East Hall, and waking up to the sound of sports camps during the summer mornings at J-Hill. I will never forget my freshman residents at West Hall and how they taught me more about life than I could ever teach them. I will never forget coming home to Parkridge and thinking that we are all on top of the world. I will never forget spring carnivals out in the quad, hypnotists and comedians in the mahogany room and very long hours that were put into the Prologue and the Spectrum. I

will never forget roommate conflicts, noisy residents, programs, socials, floor dinners, sunshine awards, bulletin boards, and everything else that makes up the RA position. I will never forget the sound of the band on Saturday morning football games or the way in which the university came together as a whole on September 11th. I will never forget the experiences that I have gathered from working at the IT Department. I will never forget the senior casino and mystery trips. I will never forget trying to get that paper that is due tomorrow done, when I didn't even start it yet. I will never forget semi-formals that I wish could last all night long. I will never forget paying too many public safety tickets to count or waiting in line to register only to find out that my classes were all closed. I will never forget getting food at East Hall at 2 in the morning or waiting outside in the freezing cold after someone pulled the fire alarm in the middle of the night. I will never forget walking by the same people everyday in the halls and feeling the incredible comfort of the Sacred Heart community. I will never forget the spring time at SHU. But most of all I will never forget the friends that were made through all of these experiences, the friends that truly shaped my

life.

I would have never imagined that college could have such an incredibly strong and powerful impact on my life. The lyrics of "I Will Remember You" by Sarah McLaughlin and "Time of Your Life" by Green Day play over and over in my head as the thought of graduation day becomes more and more of a reality. The truth is, I will remember all of you and I actually have had the time of my life. Each and every one of you that I have come in contact with over the past four years has made an incredible lasting impression on me, an impression that will surely last a life time.

To the graduating class of 2004, it has been an incredible and amazing journey in which together we have experienced both positive and negative experiences that have shaped us into the people we are today. As the countdown to graduation races on, I think about the times that we have all had here and despite the fact that we all thought we would be here forever, college is only a brief stop on the road of life. We must make the most of the last 73 days of our college careers. Don't pass up the opportunities that are right here, right now. Do everything that you can do to enjoy and successfully finish the last semester as a

college student. Live it up.

I would never trade any of the experiences of this journey, positive or negative, for anything in the world and I am incredibly grateful for each and every one of them. I have learned more about myself and the world around me than I even thought was possible. Sacred Heart has not only taught me on an intellectual level, but also on emotional, spiritual, and physical levels as well.

To Lana, my girlfriend of six and a half years, it is because of you that I am where I am today. I would have not been at college if it was not for you and as a result I would be a totally different person. You mean the world to me and I thank you from the bottom of my heart for standing by me through all the good times and most importantly the bad times. You are not only my girlfriend but you are my best friend. I love you more than words can say.

Although times may be hard and we will all miss the experiences, friends, and both the good and bad times of college, remember this: The best is yet to come. Leave college with no regrets. This is your opportunity, make the best of it, and don't hold back, this is our time.

Best of luck in all that you do in the future, and thank you for the memories!

Photographer's PICK

The Spectrum/ROBERT TRENSKE

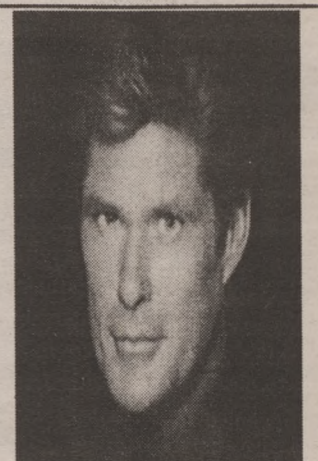
Enjoy your spring break and take some good pictures wherever you go.



your name



*i got tattooed
by dirty pete..*



Compiled by Spectrum Cartoonist Patrick Reinhart
"The following tattoos are forbidden on spring break...they may seem funny at the time, but they, in fact are not...actually...ok you can get the David Hasselhoff one... BUT NONE OF THE OTHERS!!...this was your fair warning."

SG President Encourages Involvement

Dear Students,

The Student Government has been working hard all year to make positive changes at SHU for you. However, with the end of the academic year comes a new chance for YOU to become a part of the great family that Student Government is. One of my biggest goals for the remainder of year is to motivate more students to get involved and become leaders on campus. Running for elections is one way to get involved, gain valuable leadership experience, and make a positive change on campus, as well as meet a ton of people and make lasting friendships. I have run for election four times during my time at Sacred Heart, and my experiences in Student Government have been nothing but positive. Student Government has been one of the most exciting and fun experiences in my life, and I have truly loved every minute of it.

So this Spring, I encourage and challenge you to try something new – run for a position!! (whether it be big or small). For those of you already involved in Student Government, I encourage you all to run again, and don't be afraid to take a chance to run for a different position or step up to a larger position.

Listed below are the positions that you are able to run for as well as the timeline for elections. Election Packets are available in the Student Life Office in Hawley Lounge beginning today and are due back on Monday 3/22. Please pick up a packet to find out more information about each position.

There will be an informational session on Tuesday 3/16 at 4:30 p.m., in the Faculty Lounge. Please come to a session if you have any questions, or feel free to call me at 365-4705 or email me at jennifer-hradek@sacredheart.edu.

I find that some of my motivation comes from one of my favorite authors, so I will leave you with a few wise words of Dr. Seuss, "Today is your day, your mountain is waiting...so get on your way!"

Good luck with all your future endeavors!

Sincerely,

Jen Hradek; Student Government President; (203) 365-4705
jennifer-hradek@sacredheart.edu

If I Had Ten Million Dollars...

Kerry Freel
Editor-in-Chief

The concept of ten million dollars is not really within my grasp at this point in life. Unless I hit lotto, or got on "Who Wants To Be A Super Millionaire?" with Regis Philbin, or somehow married someone incredibly wealthy, I just don't see it happening. But ten million dollars was in reaching distance for several contestants on "Who Wants To Be A Super Millionaire?" which aired last week and will air again in May.

I had some work to accomplish and a test to study for last week, so I checked out "Super Millionaire" just to see how the questions compared to those from "Who Wants To Be A Millionaire?"

I was disappointed that no contestants got a chance to get 10 million dollars, for their sake because I wanted them to win since they got so far as to get on the show and all, but also because I wanted to hear the question that was worth 10 million dollars.

What could such a question consist of? The answer couldn't be TOO complicated; it's limited to a small little oval bubble on the bottom of the TV screen. I guess the creators of the show could use logic and make it be some intricate mathematical equation, and just bargain on the fact that the contestant probably already used the phone-a-friend lifeline by the ten million dollar question.

So the "Super Millionaire" show, to shorten the title, was very similar to the earlier version, "Who Wants To Be A Millionaire?" but after contestants hit the \$100,000 level, they got two new lifelines- the double-dip and the three wisemen. The double-dip option allowed contestants to get two tries to answer one question, but once you select this lifeline, you MUST answer the question, you can't walk away with the money. The three wisemen consisted of brilliant people like doctors, astronauts, journalists, and former "Millionaire" winners including John Carpenter who is from Connecticut.

Some of the contestants used the lifelines poorly in my opinion. Like one person asked the

wisemen one particular night about a crayon color. I know it's hard to be under pressure and on TV and everything, but honestly, I don't think they were chosen as wisemen because of their crayon knowledge. (It's funny what sticks out in my mind.)

The question was something to the effect of, "which of the following colors is NOT in the 120 pack of Crayola Crayons?" and the choices were "asparagus," "fuzzy wuzzy brown," "gray matter," and "mauveous." The answer was "gray matter," but I just found it funny to see the wise people consulting one another over what the answer should be. We have these great minds in the world, and what are we having them spend their time on? Discussing crayon colors, excellent...

What would I do with ten million dollars? The vain side would want a dream house, a sporty silver car, awesome clothes for my sometimes fashion unconscious family. I think I'd take a cruise or two as well; they're a lot of fun. I could book a room with a BALCONY if I had all of that money at my disposal!

The savvy side would save a portion of it and give another portion to some kind of charity. Maybe the money would help people research cures for diseases or feed and clothe a lot of families around the world.

But money isn't everything. Graduation means a lot of hard work has paid off. You can't just buy a diploma, so ten million dollars wouldn't help there. The newspaper comes out every week, which is an excellent thing and proves the dedication of the editors and writers; you can't put a price on the Spectrum!

Having a good catch-up day with a group of old friends beats ten million dollars, you can't talk to money after all! And most of all, I think having a supportive family and people around you that you love and love you is better than having ten million dollars.

What would YOU do with ten million dollars? Write to the Spectrum and tell us! E-mail: kerry-freel@sacredheart.edu by noon on Mondays for consideration for each Thursday's issue.



Compiled by
Suzanne McHale & Robert Trenske

What are your plans for Spring Break?



"I'm going to Ireland!"

Beth Coyne
Junior
Rockland County, NY



"Burnin' it down to Florida with my brothers"

"ps: 20 hour drive"

Rob Khoury (Left)
Freshman
Parkridge, NJ

"I'm going to Acapulco with my sisters for the very first spring break of college."

Michelle Hart
Senior
Jersey City, NJ



"Florida or Bust!"

Chris Kelly
Senior
Huntington Station, NY



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Safety and Fun for Spring Break

Jess McCann
Staff Reporter

After this week of midterms, many students at Sacred Heart are heading off for a week away in the sun. Spring break has been a trend among college students since the MTV era began, according to the Bureau of Counselor Affairs. Traveling today, though, is very different than traveling at the beginning of the MTV era in the early 1980s and students must take certain safety precautions to ensure a happy and healthy spring break.

Many college students tend to head off to foreign countries, especially Cancun, Mexico, which is "the number one location for college spring breakers," says Mark Noels, the manager of ATA Travel Agency for students. The warmer climates and the thrill of traveling out of the country attract students to places they may not be familiar with.

"It's a week to get away and have some fun with your friends. Usually at this time in the semester everyone is tired of studying

and doing schoolwork. This year I am off to Cancun, Mexico," said junior Stacy Johnson from Albany, NY.

Whenever students travel, there are safety issues to consider. According to the U.S. State Department, as many as 100,000 American students visit Cancun on spring break each year. This causes a higher risk for unfamiliar situations for students and unsafe situations.

"I am aware of all the safety precautions that need to be taken. But that's not going to ruin my vacation. I'm going for a tan and to relax as well as have fun. My location this year is Daytona Beach, Florida," said senior Carla Keeley from Naperville, IL.

"I've been to Cancun twice now and I have had the best time. I think, yes, there are people that get themselves into stupid situations when drinking. But for the most part I have felt very safe every time I have gone down," said junior Krista Mellman from Fairfield.

"Spring break will always be a big trend for college students. After exams everyone wants to get away with your friends and have a good time. It's also a great



Contributed Photo

No matter where your spring break adventures bring you, make sure that safety is always first on your mind.

opportunity to travel. They have such great deals for students now, why not take that opportunity," said senior Tom Chapmen from Staten Island, NY.

The College Publisher Network stated, "Almost half of the males and 40 percent of the women on spring break get drunk to the point of throwing up or

passing out. Possession of fake ID is a felony in most states.

See "Safety Precautions" Continued on Page 9

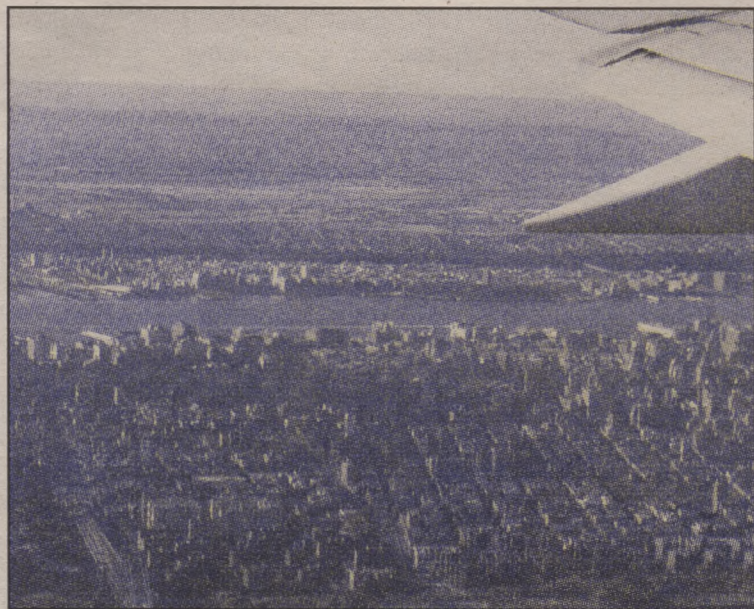
Students Find Many Ways to Enjoy Break

Diana Smith
Staff Reporter

Seven weeks of classes, including this week of midterms, are almost over and students are looking forward to spring break. Although it is only one week off from school, students are using this week to relax, vacation, and even work to earn money.

After midterms finish, most students need a break to get their minds off classes and schoolwork. Many students are heading south to catch some sun and warm weather. Places like Daytona, South Beach in Florida, Cancun, Mexico, and Myrtle Beach, South Carolina are hot spots for Sacred Heart students this spring break.

"I am planning on going to South Beach, Florida with friends for the break. It will be a great time to vacation and not think about classes," said Suzanne Conway, a sophomore from



The Spectrum/ ROBERT TRENSKE

A view of New York City from the sky.

Briarcliff Manor, NY.

"My roommate and I are driving down to Daytona, Florida. We plan to meet with some friends there so it will be a great time,"

said sophomore Jon Cretella from North Haven.

Since Sacred Heart's break falls at a different time than many other schools, visiting friends

from other colleges is a popular activity for students.

"I am going to visit my friend at Xavier University in Ohio, and then go to my beach house in Long Beach Island, NJ with some friends," said sophomore Katie Zizzi from Hawthorne, NJ.

However, not all students are using this week to relax and vacation, some students would rather use this week to make some money by returning to old jobs and working during their spring break.

"I am using spring break to get a little extra money by working during the week. It will be a break from classes, and I will be putting some extra money in my pocket," said Lauren Panza, a sophomore from Valley Stream, NY.

Those who do not plan on vacationing or working for the week away from school, plan to use this week to relax at home and spend time with family and friends.

"I will be spending time with family and friends who are not going somewhere sunny because I have not seen them since Christmas break," said Maggie Magovern, a sophomore from Manhasset, NY.

Sophomore Dean Roumbakis from Fitchburg, MA said, "I just plan to use this week to relax."

Other plans for spring break include activities involving Sacred Heart. The crew team is heading to South Carolina for training and Habitat for Humanity is heading to North Carolina to help build a house.

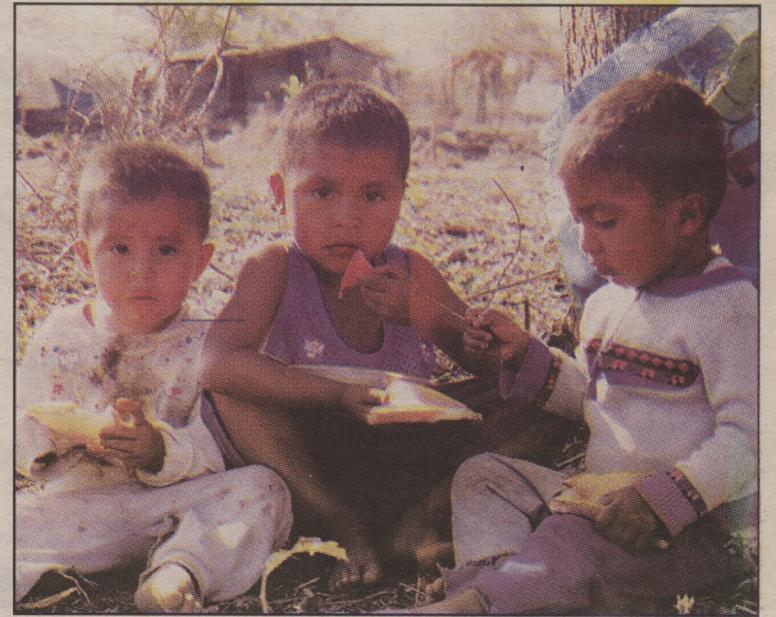
"I am really excited about going to North Carolina for the week with Habitat for Humanity. I went last year and it is such an awesome time," said junior Maria Crapanzano of Milford.

Sacred Heart students have varied plans for their spring break. No matter what the plans may be, students are using this week to step away from classes.

Searching

by Christopher Telesca

Searching-	Maybe you'd just	Don't pretend
For a truth while	Yes	That I'm your lover
I tie knots	Me to death	Swallowed
Pointlessly	Or you could	As I escape
Over	Question	This is no suicide
And over	Why I chose	Or mercy killing
In shoe laces	This bohemian	This is my own personal
But I am this design's	Philosophic lifestyle	Mode of self-improvement
Engineer		
And I am proud	I'm no Hermit	Violating
That my dream	I find more	Physics
Is to sit	In a sunset	Basic chemistry
Ass down	Than the Chapel in Rome	And all biological
On the beaches of Mexico	Clearly-	Principals that Mr. Mullin's
While I send	I've lost all touch with reality	Taught me 5 years ago.
Morse code signals	The system doesn't respond	Inside my mind
In clouds of Newports-	Mission control is	I hear only the right words
S.O.S	Paranoid	There's only facts
S.O.S	But I swear	No more sporadic daydreams
	Houston,	Of unreachable ideals
	There is no problem	And loads of
		Wise ass comments
		To cheer the dreary hearted
Scratch that		
After a half an hour-	I'm not the devil	A little boy
This is no holy sonnet	I'm no prophet	Inquires
And I don't think	Just a [f****d] up kid	"Jesus?!?!"
God would answer me	Obsessed with	As he looks
Anyway	Spontaneous combustion	At me like a hobbit-
This pacific isn't	And the myth	Innocent
Arnold's sea of faith	Of the phoenix	And bright-eyed
It isn't a blanket of diamond	You call it crazy	
Blue	But if this theory holds	
That yawns & stretches	True	
Waking-	Then all that's left to	With laughter
Just salt water	Do	On my lips
Sand	Is douse	I turn his hat backwards
Some sea turtles	Myself with kerosene	Even though he's an uptown kid
And Jacques'	Drop this half lit ciggy	We dance the Harlem shake
Underwater providence.	And say Hello	In the sand
	Half asleep to sleepy death	And when were done
Drifting	For a few seconds	We lay
Into a cloud	Maybe spin some records	Satisfied in
A hazy experience	In good company	Each other's foot prints
Of emotional turbulence	At a dance hall party	And I assure him
I wish I could	With the theme	That some things
Feel your skin	Of resurrection-	Last forever
Against my stomach-	Don't miss me	
Maybe you could understand		



The Spectrum/ ANTHONY FRANCIOSA

The 2004 SHU delegation helps raise money for citizens of El Salvador, like the children pictured above.

Pied in the Face for El Salvador

Nicole Governale
Staff Reporter

On Tuesday February 24, the brothers of Omega Phi Kappa and the 2004 SHU student delegation for El Salvador hosted a pie-throwing event in the cafeteria. The goal of the evening was to raise money for the trip to El Salvador, which left on March 3.

One delegate attending the trip, Kyle St. George, described being pied in the face as "Ungodly squishiness." St. George is an alumnus from Guilford, who graduated from SHU in May of 2003 and is now taking graduate classes here. This is his second time going on the trip.

The event pulled in a total of over \$400. All of the money raised will be pooled into a fund for the trip. A small portion of this money is taken out for food, transportation, and supplies for the delegation and the rest goes directly into the El Salvadoran community.

The food that the delegation buys comes directly from local grocery stores in El Salvador and they rent trucks and hire drivers from the surrounding community as well. The buying is done this way intentionally because it helps boost the local economy.

Once the delegation arrives at their destination they will assess the community's greatest needs. Thereafter, they will sit down as a group and vote on how they will distribute the money.

In the past, the delegation has given to the El Salvador Emergency fund, which is a local insurance fund for the people in the village of Tierra Blanca. They have also given money to the village of La Gracia so the town could build a local day-care center. There are 13 students, two faculty members, and several

other people not affiliated with the University attending the trip this year.

Along with St. George, other students of the delegation, SHU faculty, brothers of Omega Phi Kappa, and members of the SHU swim team were pied.

Michael Moylan, Director of Student Union, raised the most money; he was auctioned off for \$140. Behind him, Gillian Weisman, senior class president, raised \$60.

"It felt so good putting the pie in [Gillian Weisman's] face," said Garrett Fox, a senior from Clinton. Fox was one of the people who pooled his money to pie the senior class president.

In order to be able to throw a pie, a person had to be the highest bidder. Some students opted to pool their money together so they could each throw a pie. The bidding for these pies, which were Cool Whip on a plate, began at one dollar.

According to Anthony Franciosa, a senior from Bronx, NY, who is attending the trip. "The people of El Salvador will benefit greatly from the event."

"This event was for a great cause. I've been to El Salvador twice. I've seen the conditions in which these people live. They could use whatever help they can get," said Franciosa.

Primarily, the delegation is going to be working in the province of Usulután building cinderblock houses. However, they will also work directly with the community doing whatever work needs to be done.

"We really look forward to going because we know we will make a huge impact on these people in El Salvador," said St. George.

The delegation departed for El Salvador yesterday and will be returning on March 10.

Safety Precautions

Continued from Page 8

Police set up sting operations in spring break areas to catch people with fake ID's. Date rape drugs are easily obtainable in Mexico and popular spring break locations. Almost one sexual assault is reported each day where date rape drugs were used. Date rape drugs are odorless, colorless and have very little taste."

"It's scary and kind of disappointing that these happen but you have to be realistic about it. I know personally I am going to be drinking in Cancun but I know the safety precautions to take. Students just have to know their limit and be aware of their surroundings," said a junior who wishes to remain anonymous.

Over the years, safety on spring break has become a major issue for American students traveling abroad. This year the Department of State released a media note for the month of February, noting that drugs, alcohol, and disorderly behavior in

any combination are likely to ruin a student's vacation, and that more than 2,500 Americans are arrested while abroad each year.

The Department of State's note continued, "Students have been arrested for being intoxicated in public areas, for underage drinking, and for drunk driving. Some young Americans go abroad assuming that local authorities will overlook such

"Spring break will always be a big trend for college students. After exams everyone wants to get away with your friends and have a good time"

Tom Chapmen

conduct. Young Americans have suffered injury or even death from automobile accidents, drowning,

and falls, in addition to other mishaps. Sadly, other Americans have been sexually assaulted or robbed because they have found themselves in unfamiliar locales or are incapable of exercising prudent judgment while under the influence of drugs or alcohol. It is possible to have a safe and fun trip if they avoid risky behavior and become familiar with the basic laws and customs of the country they plan to visit before they travel."

Spring break will continue to be a part of college life for students. Many agencies now are working to ensure students safety and doing all-inclusive deals with tour guides that are familiar with the area.

More information about traveling abroad is available at the Department of State's web site: <http://travel.state.gov/studentinfo.html>. For further information contact: Bureau of Consular Affairs, Internet address <http://travel.state.gov>, Public Inquiries toll free (888) 407-4747.

Lord of the Oscars

Patrick Scalisi
A & E Editor

February 29, 2004 8:01 p.m. Oh Red Carpet, how I missed you. You were absent from my Oscar experience last year because of that whole War-with-Iraq thing. The fact that you're back again makes up for the fact that Billy Crystal is hosting the Academy Awards this year. Still, anything is better than last year's grief-racked event—even the corny CGI Barbra Walters interview with Shrek.

8:08 p.m. Ben Stiller and Owen Wilson present what is sure to be some of the most humorous word-play of the night. I nominate Stiller for next year's Oscar host.

8:26 p.m. I think Maria Menounos's breasts are getting more attention than some of the nominees on the Red Carpet.

8:30 p.m. Sean Connery is the first person on the stage to introduce the start of the ceremony—my night is complete.

8:34 p.m. Billy Crystal is naked a bit too much during the opening number.

8:51 p.m. Tim Robbins wins the first award of the night—accordingly, he brings to the forefront that this year's celebrity cause is abuse and not war.

9:00 p.m. "Return of the King" wins its first award of the night. The win is slightly overshadowed by the fact that presenter Angelina Jolie threatens a repeat of Janet Jackson's Super Bowl performance with the dress that she's wearing.

9:05 p.m. "Finding Nemo" wins best animated film—as if

there was any doubt.

9:14 p.m. All of the people who win craftsman-ship awards (i.e. Costume Design, Art Direction, etc.) look like deer in headlights when they win an award...and they make even worse jokes.

9:20 p.m. Renée Zellweger wins Best Supporting Actress for "Cold Mountain." I think she gave the same rushed, nervous thank-you speech at the Golden Globes last year.

9:39 p.m. I'm not sure what to call the instrument that Sting is playing. If anyone can figure it out, please email me at Patrick-Scalisi@sacredheart.edu.

10:07 p.m. Blake Edwards is the recipient of the Honorary Oscar. He celebrates by crashing through a wall with his wheelchair. Really.

Then he gets up and gives one of the best thank-you speeches of the night.

10:22 p.m. "Return of the King" gets another notch in its sword hilt as it wins its fifth Academy Award of the night.

10:37 p.m. Why is Oprah



Photo Illustration by Jared Montano

All together, the "Lord of the Rings" Trilogy has garnered 17 Oscars and an astounding 30 nominations. After being passed over in 2002 and 2003, the concluding chapter of the epic series, "The Return of the King" finally won the award for Best Picture on Sunday night.

presenting one of the Best Picture nominees? Go back to television Oprah! How did you find your way into the realm of movies again?

10:44p.m. Best Documentary winner, Errol Morris, threatens to take the same road as Michael

Moore, but at the last minute decides to not make a complete fool of himself.

10:47 p.m. Tribute is paid to all of the stars that passed away in the past year. Everyone from Bob Hope to Gregory Peck to Katherine Hepburn is duly honored.

10:59 p.m. Pierce Brosnan and Julian Moore present the award for Best Film Editing. The fact that Brosnan and Connery—two of the greatest James Bonds of all time—are in the same building greatly overshadows the fact that "Return of the King" wins its seventh Oscar.

11:04 p.m. Eugene Levy and Catherine O'Hara perform "A Mighty Wind's Best Song Nominee, "A Kiss at the End of the Rainbow." They stop in the middle of the song to make out.

11:14 p.m. Jack Black and Will Farrell create lyrics to the song that is used to interrupt the acceptance speeches. I think Sean Connery is a Tenacious D fan; he nearly falls out of his chair laughing at the performance.

11:21 p.m. Canada wins

Best Foreign Film. Strangely, our neighbor to the north has been absent from the Academy Awards since Robin William's rousing rendition of "Blame Canada" back in 1999.

11:30 p.m. Three hours into the ceremony, "Return of the King" wins its ninth Oscar for Best Adapted Screenplay.

11:34 p.m. Sophia Coppola wins her first ever Academy Award. Though she was personally responsible for sinking his "The Godfather Part III," Sophia's father still seems proud of his daughter's latest achievement.

11:42 p.m. Peter Jackson finally wins his Best Director Oscar.

11:49 p.m. Adrian Brody presents the award for Best Actress in a Leading Role. Thankfully, he does not attack the winner, Charlize Theron, with a barrage of kisses.

March 1, 2004 12:00 a.m. Sean Penn wins his first Oscar for Best Actor in a Leading Role; it's a good thing he actually showed up for the ceremony this time. Penn is, however, one of the only winners to thank his fellow nominees and Oscar snubs.

12:05 a.m. "Return of the King" ties "Ben Hur" and "Titanic" as having won the most Academy Awards ever in a single year when it takes the Oscar for Best Motion Picture.

12:09 a.m. Whew! All of the night's winners come on stage for one final bow. Nearly four hours later, I'm feeling satisfied and content now that "The Lord of the Rings" has finally been given its due. The rest of my editing will have to wait for tomorrow; after all, it's Oscar night.

What Are You Having This Week Besides 'Sex'?

Colleen Mitrano
Contributing Reporter

The 2004 television season will see many of its most beloved shows come to an end after very successful runs. Although "Friends" and "Frasier" are both set to conclude this year, "Sex and the City" started off the recent rash of series finales. The show, which lasted for six highly-rated seasons, ended Sunday February 22nd with an emotionall-charged final episode.

"Sex and the City," which

stars Sarah Jessica Parker as Carrie Bradshaw, debuted in June of 1998 and was based on real-life sex columnist Candace Bushnell. From the time of its first episode "Sex" quickly became a cultural phenomenon, breaking all the rules when it came to women, their friendships, and their brutal honesty about their desire for men. Gathering a cult-like following, the show that glorifies New York City, shopping, and sex sadly came to an end while still making good on its promise to resolve the love life of Carrie and her friends.

The series finale tied up all

the loose ends for Carrie and her gal pals. Carrie returned to Manhattan with Mr. Big (Chris Noth)—her on-again/off-again businessman beau with whom she first struck sparks during the series' premiere—while also confronting her choice to abandon her friends, her city and her current love interest, Aleksandr.

Meanwhile Miranda (Cynthia Nixon), the realist of the group, remained a happy mother and wife to bartender Steve. Charlotte (Kristen Davis) and her husband, Harry got their wish after many disappointments: they'll be adopting a baby girl from China. And

finally the red-blooded Samantha (Kim Cattrall) was content and (nearly) back to herself with boy-toy Smith after losing some of her feisty character due to treatment for breast cancer.

Although the show came to a close last week, this may not be the end for "Sex and the City." It is rumored that the series' top executives are in talks with HBO and the stars about a movie that would continue the story. But in addressing the question two weeks ago, co-producer Parker stated, "I haven't made any decisions about how we might revisit this show and in what medium."

Parker also cited several projects that might keep her busy for the immediate future.

"It's very important to me that we are dignified and graceful in our exit from the [current] series," she added. "After that, if we hear a cry from the public, I think we have to respond to that, if we can do right by them."

Even though it looks like fans will have to suffer without the gossip and drama of Carrie Bradshaw and her friends' love lives (for now), they can rest easy knowing that their good friends in the city appear to be living happily ever after.

Students & Faculty React to Gibson's "The Passion"

Heather Fogarty
Staff Reporter

Wednesday Feb 25—Ash Wednesday for Roman Catholics—marked the release of Mel Gibson's new film, "The Passion of the Christ." The movie, which has prompted controversy in the past several months, portrays the last 12 hours of Christ's life, including his scourging and crucifixion, as depicted in the four Gospels. "The Passion" has stirred up a good deal of both positive and negative sentiment in the past few months due to accusations that the film may err on the side of Anti-Semitism.

"The Passion" focuses on Christ's death day with flashbacks to his early childhood, the Last Supper, the Sermon on the Mount and other famous biblical scenes. The movie stars James Caviezel as Jesus, Maia Morgenstern (herself a devote Jew) as the Virgin Mary and Monica Bellucci as Mary Magdalene. Filmed entirely in Aramaic, Latin, and Hebrew, the film is meant to transport audiences to two thousand years in the past.

Director Gibson belongs to a group of Roman Catholics known as Traditionalists. Traditionalists widely deny the teachings of *Vatican II*—the summit during which the Catholic Church took blame away from the Jews for Christ's death and made a number of other changes to the church that included having the mass spoken in English instead of Latin—and because of Gibson's religious background many individuals felt that the film would

help spread Anti-Semitism.

"I think it is justifiable to be concerned about the real effects that cinematic representations can have," said Professor Sid Gottlieb of the Media Studies Department. "But these effects are often very complex and unpredictable. Perhaps once people actually do see this film it will prompt some thoughtful, well-informed, and useful discussion of some perennially controversial topics."

The Gospels tell the story of Jesus' birth, teaching and eventual death by crucifixion. Because he claimed to be God's son—an act considered highly blasphemous—the high priests brought Jesus to Pontius Pilate asking him to sentence Jesus to death. Pilate gave the people of Jerusalem a chance to free Jesus and they did not; they insisted he be killed. On his way to the cross, Jesus was stoned and beaten by both the crowds and his Roman escort.

"We've done the research; I'm telling the story as the Bible tells it," Gibson told the ZENIT news agency. "I think the story, as it really happened, speaks for itself. The Gospel is a complete script, that's what we're filming."

Gibson himself has widely denounced the notion that he is making a film that will place the blame of Jesus' death solely on the Jewish people.

"Saint Paul makes very clear in his Letter to the Romans: all have sinned; all are responsible for the death of Christ," said Rev. Barry Meehan, Director of University Ministry.

"What's important is knowing the context of which the event took place," said Noelle

D'Agostino of SHU's Campus Ministry.

Rev. Joe Mixie of the Philosophy Department agrees: "It's clear in the New Testament that the Pharisees wanted Jesus killed." Mixie also encourages students to read the Bible as well as see the film in order to fully understand what happened during Christ's life.

But the religious content of "The Passion" isn't the only aspect of the film that is under close scrutiny. The film shows Christ's beatings and crucifixion in brutal detail, making the entire movie extremely life-like.

"Some of the clips are extremely violent, which is why I personally am afraid to go see it," said Prof. Belinha De Aberu, of the Media Studies Department.

"Positive or negative, love it or hate it, I don't think that it is supposed to be an easy-to-swallow story," said Prof. Cheryl Casey of the Media Studies Department. "I was raised as a Catholic, and I am very familiar with the Gospel stories. Christ suffering is the central theme of the story, so I think that violence is necessary in the film."

Controversy or not, "The Passion" shows the crucifixion of a person, something that would be hard to handle given any



Photo Courtesy of Newmarket Capital Group

Fueling controversy over the past several months, "The Passion" finally premiered in theaters last Wednesday. Director Mel Gibson has vehemently dismissed claims of Anti-Semitism, though there is no denying that the film is exceedingly bloody.

situation. The details and work that Gibson put into the film are exceedingly evident, not to mention especially realistic. And with all of the controversy building over past few months, this has definitely sparked people's interest in seeing the film.

"All of this anti-Semitism has fueled so much publicity for it, this is an excellent example of how bad PR can fuel interest in terms of the box office," said Prof. Jim Castonguay of the Media Studies Department.

"They're bringing religion into pop culture, which is a good way to spread it through to the youth. If it is fact and none of it is fabricated and based on actual scriptures, then it is a good thing," said Juli Provenzano a sophomore from Croton-On-Hudson, NY.

"The reactions that I hear only make me want to see it more," said Jeff Roposh, a sophomore from Flemington, NJ. "Since I'm not all that religious I don't really care about what they think. It's a movie, nothing more nothing less."

Noelle D'Agostino is also trying to organize an event where students can see the film together and then talk about it afterwards, since "The Passion" is probably going to raise a lot of thoughts and questions that may warrant discussion.

In the meantime, though, students can catch "The Passion of the Christ" on their own at The Crown Marquis, in Trumbull, National Amusements in Bridgeport, and the Crown Royal in Westport.

TV Networks Prepare for New Spring Line-up

Janna Hebert
Staff Reporter

As the past season of television comes to an end and shows are now airing their season finales, it's time for networks to bring in their spring line-up. Each station has been previewing new shows in the hopes of grabbing viewers' attention come March.

FOX will be releasing the most shows this season. The network has compiled two new reality shows, a new drama, and a new comedy.

Coming this March, viewers can catch a perfect lifestyle in paradise with the new reality hit "Forever Eden." In this show contestants will be competing with each other to stay on a paradise island. As each week goes by, the group will all win more earnings. The only thing they each have to do is avoid eviction.

The second new reality hit will be "Playing It Straight." This show is about a girl who has to choose a boyfriend. The twist is that some of the guys are gay and some are straight. If she chooses a straight man they split \$1 million. If she chooses a gay man he walks away with the \$1 million for himself.

FOX will also be introducing a new drama entitled "Wonderfalls." This show is about a girl named Jaye Tyler (Caroline Dhavernas) who one day starts hearing little trinket animals talk to her. Each episode will reveal a new animal speaking and giving her clues to helping someone else's life.

Finally, FOX has recently announced its new comedy "Cracking Up" starring "Saturday Night Live" comic Molly Shannon. The show is about a graduate student named Ben (Jason Schwartzman) moving in with a family in order to do a

project for graduate school. Once Ben is settled in, though, he soon realizes how psychotic this family truly is. Molly Shannon fans will definitely love this show.

Besides the FOX network releasing new shows this spring, ABC will also be planning one new drama known as "Kingdom Hospital." The show has grabbed much attention due to the fact that it is written by the master of horror himself, Stephen King. Based on Lars Von Trier's Danish miniseries "Riget" (a.k.a. "The Kingdom"), "Kingdom Hospital" tells the story of a strange medical center and the even stranger characters that inhabit it. Audiences can't help but anticipate the best from this new suspense-drama.

Mentioned here are only a handful of the new shows that will be popping up this spring. Check your TV guide for a complete list of new shows for this upcoming spring.

Entertainment Briefs

On-Campus Events

Monday, March 15

• Delta Phi Kappa will be hosting "The Missing Links," a discussion about the different views that men and women have of relationships and dating. The event is expected to be a fun and informative battle of the sexes. Watch for more information during the coming weekend.

Wednesday, March 24

• Linda McMahon, the CEO of World Wrestling Entertainment Inc., will be on campus to present a lecture entitled "From the Top Rope." The event will take place at the Mahogany Room at 6:00 p.m. and reservations are required. To RSVP, please call (203)365-7628. Admission to the event is free.

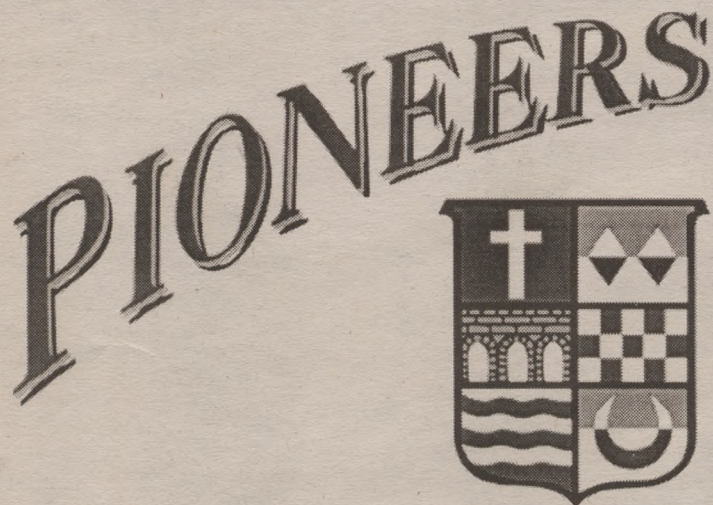
National News

Tuesday, March 9

• Another much-anticipated film arrives on DVD when "Schindler's List" premieres on disc for the first time this Tuesday. The heart-wrenching film will be available in a bones-bare stock edition as well as a collector's gift set. Both editions of the film will be stocked with new bonus material that includes several behind-the-scenes featurettes and, in the case of the boxed set, an accompanying booklet.

• Even though Mel Gibson may not have the approval of certain religious groups, the Man Upstairs obviously thought well of Gibson's latest film "The Passion of the Christ." Intrigued audiences (and perhaps some divine intervention) helped boost the film to the top of the box office as it raked in \$117.5 million during its five-day opening weekend.

- Compiled by Patrick Scalisi



Sports Shorts

Compiled by Katie Atkins
Sports Editor

Women's Hockey

The Sacred Heart women's ice hockey team dropped a pair of games to Quinnipiac this past Friday and Saturday. The first loss, by a score of 7-1, came at home at the Milford Ice Pavillion with the only goal being scored by sophomore Jessica Felt (Killingworth).

Freshman goalie Jen Barris (Amherst, OH) recorded 48 saves in goal. The next night the women traveled to Quinnipiac's home ice and came away with a 3-0 loss. The team will wrap up their regular season this weekend with a pair of games against Wayne State. The Pioneers will face off at the Milford Ice Pavillion at 3 p.m. on Friday and 7 p.m. on Saturday.

Women's Lacrosse

This past Sunday, the women's lacrosse team had their season opener against the University of Vermont. The Pioneers got off to a rough start but pulled it all together in the second half to come up with a 7-6 win.

In the first half of the game, senior Christina Macchia (Carle Place, NY) scored the first goal of the game. Junior Natalie Smith (Wantagh, NY) scored the second and third goal for the Pioneers. Her first goal was assisted by senior Jeanne Carroll (East Rockaway, NY). Junior JoAnne Montesarchio (Cortland Manor, NY) assisted Smith's second goal that she scored by faking the goalie out with a behind-the-back shot.

"We were really excited to come out, we changed our nervous energy into positive energy. We didn't play our best but it was our first game and we found a way to win," said Smith.

In the second half of the game, junior back-up goalie Maggie Brauer (Blauvelt, NY) entered the game to try and rally the Pioneer defense.

Senior Jackie Reichert (Nesconset, NY) assisted senior Meghan Tucker (Carle Place, NY). Montesarchio assisted Macchia for a goal and Smith added another to finish with a hat trick on the day. Macchia then assisted Montesarchio for the game-winning goal.

"We were patient and confident which got us the lead in the second half," said Montesarchio.

"Defense came out a little rocky with some penalties but we cleaned it up in the second half and played great team defense," said junior defenseman Jamie Pettit (Baldwin, NY).

Baseball

The Pioneers kicked off their season this past week when they traveled to Tulsa, Oklahoma to take on Oral Roberts University. The Golden Eagles pounded out thirteen hits and came away with a 7-0 shutout win over the Pioneers. Sacred Heart managed just four hits in nine innings and only once managed to move a runner into scoring position.

Wrestling

Senior Mike Messina (Smithtown, NY) was named the Colonial Athletic Association Co-Wrestler of the Week, while freshman heavyweight Payam Zarrinpour (Shiraz, Iran) was named the CAA Rookie of the Week for the second time.

Messina moved to 10-0 in CAA dual matches and 15-1 in all duals when he defeated the CAA's top-ranked wrestler at 133 pounds, Don Fisch of Rider University. Messina, who is 26-5 in all matches this season, moved up to #16 nationally with the victory. Zarrinpour defeated the CAA's top heavyweight, Carmelo Marrero of Rider. He is now 9-1 in CAA matches and 27-8 overall. Next on tap for the wrestling team is the CAA Championships on March 5-6 (Courtesy of Sacred Heart Athletics website).

The Return of 10 Fearless Spring Training Predictions

By Hank Gargiulo
Sports Columnist

That's right, for all of you who were around for last year's incarnation, I am reviving my prediction angle one more time to fearlessly project ten, count them ten predictions guaranteed to happen, or my name isn't Nomar Garciaparra. Ok, so without further ado, let's get on with the predictions.

1. The New York media will continually find a way to drive a stake between A-Rod and Jeter. Let's not act surprised by this one. We all know that there are some very "creative" minds working at the dailies in New York.

One or two of them will make it their personal mission to try to create a rift in the left side of the Yankee infield bigger than the San Andres fault. The only question is when will they start?

2. This will be one of the best seasons in recent memory. From top to bottom it seems that every team has improved themselves, from the big dogs down to the runts.

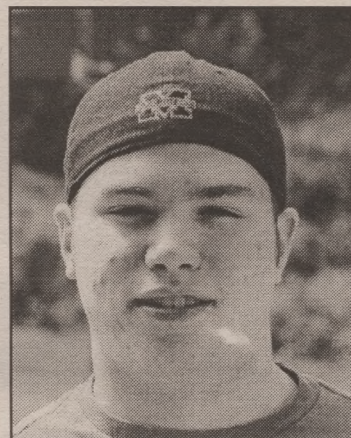
Think about it, whenever the Orioles, Angels and Blue Jays are players in the free agent market you know things are on the up. The Cubs and Astros both made huge strides in pitching and even the lowly Devil Rays are bound to be better.

3. The fans in Philadelphia will come up with some ridicu-

"The Wolf's Den, Milwood's Militia and Thome's Homies, those one of a kind Phillies fans will no doubt come up with a stupid moniker for a cheering section when Wagner gets into the game"

lous cheering section for their new fireman Billy Wagner. That's right, in the tradition of Padilla's Flotilla.

The Wolf's Den, Milwood's Militia and Thome's Homies, those one of a kind Phillies fans will no doubt come up with a stupid moniker for a cheering section when Wagner gets into the game. The early frontrunners are Wagner's Wagoneers,



The Spectrum/ROBERT TRENSKE

Wagner's Wheelers, and Wagner's Wiggles. These are of course subject to approval by the Philly Phanatic.

4. There will be a full on, 25 on 25 royal rumble during a Red Sox Yankees game. Ok, so maybe not exactly, but the bench will clear at least three times during the regular season series, an unprecedented amount of trash talking along with dueling headlines between the Times and the Herald. I also predict that the replay of Don Zimmer attacking Pedro Martinez will be played a minimum of 10 times during the season.

5. Kevin Brown and Pedro Martinez will both find themselves on the DL. Let's not act surprised when either (or both) of these guys find themselves on the DL within the first two months of the season. And once this does happen, expect fans of the other team to point out how "fragile" Brown or Martinez is and how "he's always hurt."

Face facts, neither of these guys is going to be able to make 35 starts and we all accept it. Yankee fans, we know how Pedro is, and we are fine with it. Sox fans, remember, the Yankees aren't used to having to deal with this sort of thing.

6. If at any point during the season the Yankees fall more than three games behind the Red Sox Jerome from the Bronx will call up WFAN on a daily basis demanding that George make a move to trade for a player the Yankees have absolutely no need for.

If you haven't heard this guy then I seriously suggest you go to WFAN.com and look for any audio clips with him. This stuff is comic gold. He takes the words "rabid fan" to a new meaning leaving everyone laughing so hard they need stitches in his wake.

7. Ken Griffey Jr. will NOT return to form for the Reds. Ok, I'll admit it, I bought into Griffey hook line and sinker last season. I thought he had put his injury troubles behind him and

was ready to revert to his previous form of depositing 45 home runs on a regular basis. Boy was I wrong.

So this year I am running full tilt AWAY from the Ken Griffey Jr. bandwagon. While I'm at it, I am also fleeing from the Aubrey Huff will be a good ballplayer wagon, as well as the 'Mets aren't rebuilding, they are rebuilt' bandwagon. If you are on or near any of these wagons, please consult your local psychiatrist.

8. The folks in Chicago will find a way to blame Steve Bartman for anything that goes wrong all year. If someone loses a pop up in the sun, or the shortstop makes an error good ole Mr. Bartman will be getting the blame.

The goat had a good run as the official public enemy number one for Cubs fans, but after what has transpired since the "Bartman Incident" (i.e. someone forking over a good deal of cash just to make the ball explode) he has officially become the new marked man in town.

9. Nomar Garciaparra will have a career year. Let's see, the Red Sox completely disrespect the face (and nose) of their franchise in a failed attempt to land Alex Rodriguez, essentially sending him to the White Sox for Magglio Ordonez.

Let's not forget Nomar is in a walk year, meaning him having a bad season doesn't help him in the least. I predict career highs in home runs and RBIs for Nomar. And on a side note, Manny Ramirez will remain completely oblivious to the world around him and continue to be one of the more feared right handed bats in the league.

10. A team that nobody thinks has a chance will make the playoffs, and put a scare into one of the favorites. Candidates for this are the Kansas City Royals, defending World Series champions Florida Marlins (I know, how can you sneak up on anyone when you are the defending champions, but trust me, there are very few who think they are capable of re-capturing the magic they had last season) and the Angels (ok, I'm stretching there, but they did finish 19 games behind A's in the AL West last season).

Well there is your ten fearless spring training predictions. I of course reserve the right to change/alter/modify my predictions at anytime in order to make myself look smarter or to boost my own ego.

SHU Goes on a Two-Game Skid

By Jason Chudoba
Staff Reporter

This past week, the Sacred Heart men's basketball team matched up against two Northeast Conference opponents. The Pioneers were defeated by Central Connecticut 95-83 and Mount St. Mary's 85-75. With both losses, Sacred Heart has yet to clinch an NEC tournament berth.

Sacred Heart, now 12-14 overall and 8-9 in the NEC, had trouble hitting their shots in the first four minutes against Central. The Blue Devils were able to capitalize on the poor shooting, enabling them to go on an early 10-4 run.

After a shaky start, the Pioneers finally started to get in gear and hit their shots. With 9:51 left in the first half, senior guard Omar Wellington (Pennsauken, NJ) hit a three-pointer to bring Sacred Heart within three points 23-20. Then on the Pioneers' next possession, freshman guard Jarrid Frye (Maspeth, NY) hit another three to tie the game 23-23.

"It wasn't that we couldn't score, we couldn't stop them when we needed to," said sophomore forward, Kibwe Trim (San Juan, Trinidad). Both teams continued to battle for the lead the rest of the first half. Frye missed a three-pointer with two seconds remaining and the teams went into the locker room at halftime

tied 47-47.

Central came into the second half on fire and hit four of their first five shots to take a 56-47 lead. Sacred Heart started off the second half the same way they started the first, by missing most of their shots. Wellington hit a three-pointer to give the Pioneers their first points of the second half, but that did little to spark the offense.

"We lost control in the second half. They made more plays and we weren't able to catch back up," said Trim. The Blue Devils continued to score at a rapid pace and extended their lead to 71-56 with 11:20 left in the half.

Sacred Heart managed to slow the Blue Devils and go on a run of their own. With 4:18 to play, the Pioneers managed to bring themselves within eight points 82-74, but that's as close as they would come.

The Pioneers had a hard time hitting their shots down the stretch. Central continued to get points and extend its lead. "Better defense would have definitely changed the outcome of the game. A team that scores that many points is hard to beat," said Trim.

The Blue Devils won the game by 12 points 95-83. In the first half of the game against Mount St. Mary's, both teams seemed evenly matched. With 9:36 left in the half, Sacred Heart led the Mountaineers 21-18. Late in the first half, Mount St. Mary's started to heat up and with 2:32 to play, they took a

35-31 lead. A three-point buzzer beater sent the Mountaineers into the locker room at halftime ahead of the Pioneers 42-36.

Mount St. Mary's came out of the locker room energized and dominated the first ten minutes of the second half. With 15:16 left in the game the Mountaineers went on a 13 point run to lead 54-41. They continued to hit their three-pointers and extended their lead to 68-49.

"It's tough to defend a three-point team. We needed to stay up on them more and force them to miss their shots. They got a lot of points on transition because we failed to get back and defend them," said senior guard, Maurice Bailey (Hempstead, NY).

Despite being down by as much as 19 points, Sacred Heart continued to battle back. With 4:20 to play in the game, Bailey converted on a three-point play to bring the Pioneers within 10 points 73-63.

Sacred Heart managed to bring the game within five points 75-70 with 2:15 to play, but it wasn't enough. The Mountaineers hit all of their shots down the final stretch of the game to the halt the Pioneer charge. "It's a game of stats and we got out stated tonight," said Bike. Mount St. Mary's ended up winning the game by ten points 85-75.

"It's a let down for us, we thought we should have won. We have one more game that we need to win," said Bailey.

Brown Comes to Town

By Chris Fote
Staff Reporter

The Sacred Heart men's lacrosse team squared off against the Brown Bears Saturday afternoon at campus field in their season opener. SHU had a big task at hand trying to knock off the Ivy League powerhouse. Up until Saturday, the Pioneers had never defeated an Ivy League team and unfortunately, after Saturday's game, they still haven't.

Sacred Heart looked strong for the first seven minutes of the game until Brown scored with 5:53 left to play in the first quarter. Brown played very strong defense in the first quarter not allowing a goal and taking a 1-0 lead as the first quarter ended.

Brown started off the scoring in the second with 12:18 left. Sacred Heart got on the scoreboard thanks to junior attacker Christian Lynch (Northport, NY) with 7:23 left in the second.

Brown wisely called a timeout after the Sacred Heart goal and regrouped themselves as they scored again rather quickly with 6:29 to play, taking a 3-1 lead. Lynch kept his hot hand as he put in another goal with 5:30 left in the second period getting his second goal of the game.

Sacred Heart recognized Lynch was on a hot streak so they found him again cutting across the middle of the field in front of Brown's goalie. Freshman Jonathan Corto (Orchard Park, NY) found Lynch in front of the goal for his third goal as Corto picked up a great assist evening the score at three a piece. Unfortunately Brown put one more goal up on the board with 1:41 left in the second taking a 4-3 lead into half time.

Sacred Heart came out of half time ready to play. They

came out making big hits early in the second half. The defense was coming up huge until Brown put one in at the 12:44 mark taking a 5-3 lead. Brown scored about a minute later to go up 6-3.

Sacred Heart's outstanding freshman Kevin Kimball (Framingham, MA) put one in with 6:20 to play in the third to make it 6-4. For the rest of the third quarter, SHU's goalie Thomas Hind (Farmingdale, NY) and Brown's goalie came up with outstanding saves.

With 44 seconds left to play in the third, Brown scored again to make the score 7-4. Another freshman for Sacred Heart, Chris Jones (Pasadena, MD), put a great shot past Brown's goalie with no time left on the clock but the officials waved it off.

The Pioneers' defense tried to keep it close in the fourth as Hind came up with enormous saves at the 11:40 and 9:05 marks. Brown scored again with 6:38 to play, but Sacred Heart's senior midfielder Ben Giamichael (Courtland, NY) came right back with a goal assisted by sophomore Adam Dzezdy (Glenmore, PA).

Regrettably that was Sacred Heart's last goal of the game, and even worse, the scoring wasn't done for Brown. Brown put up two more goals, making the final score 10-5. The score didn't show how well the Pioneers actually played on the field going up against this very strong Brown team.

"We outplayed them the whole day, but they just executed better than us," said senior James Delmonico (West Islip, NY). Come check out the Pioneers this week as they battle it out with Manhattan on Wednesday at 3 p.m. and Saturday against Denver at 1 p.m., both at Campus Field.

THE PIONEER SCHEDULE

Friday, March 5

W Ice Hockey	vs Wayne State	Milford, CT	3 PM
Men's Track	at IC4A Champ	Boston, MA	
Women's Track	at ECAC Champ	Boston, MA	
Wrestling	at CAA Championship		

Saturday, March 6

Baseball	vs Detroit Mercy	Homestead, FL	
Men's Lacrosse	vs Denver	Fairfield, CT	12 PM
M Ice Hockey	at AIC	West Springfield, MA	7 PM
W Ice Hockey	vs Wayne State	Milford, CT	7 PM
Men's Track	at IC4A Champ	Boston, MA	
Women's Track	at ECAC Champ	Boston, MA	
Wrestling	at CAA Championship		

Sunday, March 7

W Equestrian	at Molloy	Melville, NY	8 AM
Men's Track	at IC4A Champ	Boston, MA	
Women's Track	at ECAC Champ	Boston, MA	



The Spectrum/NICK KELLY

The men are back at home this Saturday against Denver a 1 p.m. at Campus Field.

Men Bounce Back From Tie to Defeat Army

By Meghan O'Connor
Staff Reporter

The Sacred Heart men's ice hockey team suffered a last second tie to the University of Connecticut (UConn) last Tuesday before bouncing back to defeat Army on Saturday night at West Point, NY in two Atlantic Hockey match-ups.

"UConn wasn't our best game, they have been playing very well lately and they were able to capitalize on their chances," said sophomore Andrew Billingham (Fort Collins, CO). "We were flat a lot of the game and didn't really get things going when we needed too."

The Pioneers opened scoring against UConn in the first when freshman Charles Veilleux (Quebec, QC) scored his first collegiate goal off assists from fellow freshman Drew Sanders (Modesto, CA) and senior Mike Reagan (Flin Flon, AB). With only 23 seconds left in the first period, the Huskies tied the score at 1-1 when they found their way past junior goaltender Kevin LaPointe (Quebec City, QC).

UConn took the lead for a short time in the second before junior Garrett Larson continued his success during power play opportunities when he scored his team leading seventh extra-man goal of the season. An assist again went to Reagan, along with sophomore Bernie Chmiel (Pittsburgh, PA).

The Huskies regained a goal advantage but held it for only 44 seconds before Reagan found the net himself to tie it at 3-3, this time assisted by sophomore

Peter Giatrelis (Hamden, CT) and senior assistant captain Noel Henck (Long Beach, NY).

Senior captain Chuck Metcalf (Edmonton, AB) tallied his second goal of the season off an assist from Henck to take the 4-3 lead in the third, which held until the closing seconds of the game when UConn somehow found the net with 6 seconds remaining to set the score at 4-4, which held through overtime.

"UConn was a game that we should have won. LaPointe played well for us in net," said Chmiel. "We just had a breakdown in the last 10 seconds that allowed them to tie the game and go into overtime."

"We had the game won, but once again just a couple of breakdowns and they were able to score with 6 seconds left," said Billingham. "It was just frustrating to give one up then, but we are working on things so that it won't happen again."

Sacred Heart got back on track and notched another win on Saturday night away at Army, with sophomore Rocco Molinaro (Dearborn, MI) scoring two goals in the victory.

"Rocco has been playing very consistent for us, and in the second half of the year has really stepped up his game," said Head Coach Shaun Hannah. "He is unbelievable with the puck, and against Army he was in the position to score and we needed the goals. He made a great display of his talent of puck handling when scoring."

"We know how important every point is at this time of year, we are still fighting for second place and we knew we had to come back strong against

a weaker team," said LaPointe. "We went into Army with the intention to do all we could to come out with the two points."

Neither team found the net until the end of the opening period, when Chmiel took advantage of a fed from Reagan as he came off the bench during a power play to score his second goal of the season. Army went on to score two unanswered goals before Molinaro netted his tenth goal of the season in the second with the lone assist going to Larson.

The 2-2 tie held late into the last period, until Molinaro teamed up with senior Konn Hawkes (Watrous, SK) and Larson to score his second goal against the Black Knights, and the game winner. Army lost any hope of tying the game when they suffered two penalties in the last two minutes of the game, enabling the Pioneers to come away with the 3-2 victory.

"It was as a big win. We wanted to keep things rolling going into playoffs. Army could be our first round opponent so it was a good test to go into that building and be able to win in that kind of atmosphere," said Molinaro. "We played a simple road game, and did the little things that have made us successful the last ten games. When we have all four lines clicking, we're a tough team to beat."

Continuing his solid play in goal, LaPointe finished with 31 saves in recording the tie against UConn, and followed that performance by stopping 20 shots to register the win against Army.

"Kevin has just been solid in the net and every game he comes up with performances to put us in the position to win, and that is what any hockey team wants from their goaltender," said Hannah. "He is very mature, very focused, and driven to be the best."

"I'm just trying to give my team a chance to win every night, this is what is expected of me so I guess I'm just trying to do my job as best as I can to help the team be successful," said LaPointe. "Our best players are playing the way they can right now, and this is a major reason for our success. We're coming together as a team and getting the job done in crucial times."

The men took on rival Quinnipiac University Tuesday in their final home game of the season, and to honor their senior teammates, however results were not available at the time of press. The men next take the ice in their final regular season game at American International this Saturday in West Springfield.

Track and Field Athletes Gain Regional Honors

By Meghan O'Connor
Staff Reporter

The Sacred Heart University Track and Field team had a strong and respectable showing at the New England Indoor Track and Field Championships this past weekend at Boston University. The top eight finishers in any given event in the meet are recognized as "All-New England", and eight Pioneer women came away with the honor.

Highlighting the performances for the women was senior captain Sara Tasber (Henrietta, NY), with a fourth place finish in the 500 meters. Tasber qualified on Friday with the fastest time overall in trials and her fastest time of the year, with an impressive 1:16.02, followed by a 1:16.51 in the finals on Saturday to earn her All-New England status.

With her performance, Tasber is the only athlete in school his-

up with sophomore Kait Clark (Babylon, NY), junior Jackie Donatelli (Scituate, RI), and freshman Katie Duffy (Monroe) in the 4x800 meter relay. Wrinkle anchored home the relay for eighth place and All-New England honors for all four women. The time

"It's pretty amazing to have an athlete like Jackie Donatelli walk on as a beginner last year and make All-New England the next"
Coach Morrison

of 9:30.26 also set a new Sacred Heart record. With this meet, this is the also the eighth time Wrinkle has been All-New England, once in cross-country, along with three indoor track, and four outdoor track.

Also setting a new school record by 2 seconds was the women's 4x400 meter relay team, who finished in twelfth place with a 4:01.39. The team was anchored by Tasber, joined by freshman Lauren DellaVolpe (Danbury), junior Frances Bundy (Pleasantville, NJ), and fellow senior captain Emily Marks (New Milford).

On the men's side, school records were set by two individuals for their performances during a relay event. Junior Gregg Curley (East Wareham, MA) set the record for the fastest split in school history in the 4x400 meter relay with a time of 49.2. Senior captain Matt Uzenski (Oceanside, NY) had a strong performance in the men's Distance Medley Relay (DMR), setting a new record of 4:16.6 for the baton carry in the 1600 meters.

Uzenski, teamed with Curley, sophomore Bobby Howard (Leviitown, NY), and junior Todd Brownell (Hudson Falls, NY) on the DMR ran a fast 10:19.09, but missed qualifying for the IC4A Championships this weekend by .39 of a second. However, the IC4A grants a wildcard spot to teams, and the men's DMR will be sent to compete this weekend in that spot.

"It was great to see the team end the season with so many personal bests and school records," said Head Coach Christian Morrison. "It's pretty amazing to have an athlete like Jackie Donatelli walk on as a beginner last year and make All-New England the next."

"It was great to see the team end the season with so many personal bests and school records"
Coach Morrison

tory to make All-New England in four straight indoor seasons. She has also made it three straight in outdoor, including two events last year, making her All-New England total eight moving into the upcoming season.

Senior captain Kristin Eckert (Farmington, NY) continued her success in the weight throw, placing sixth overall with a throw of 50 feet, one and a quarter inch. Eckert also was named to the All-New England team, gaining the honor the last two seasons. Both Eckert and Tasber have qualified in their events to compete this weekend in the ECAC Indoor Championships in Boston.

Senior captain Katie Wrinkle also turned in a remarkable performance in the 3000 meter run, breaking her own school record in the process. Her time of 9:59.33 gave her a seventh place finish, and joined her teammates with All-New England honors. Wrinkle missed qualifying for the ECAC meet by a mere .49 of a second.

Wrinkle earned the All-New England rank for the second time in the meet when she teamed

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Men's Volleyball Still Top of the Class

By Nick Kelly
Staff Reporter

The Sacred Heart men's volleyball team bounced back from a tough loss early in the week to win their final two matches, including a huge victory on Saturday over divisional opponent, the Harvard Crimson, 3-1.

"We had a lot of challenges ahead of us, but I think we pulled through. We're a pretty strong team and we've been together for awhile and we know how to play," said junior Mike Gardner (Brookfield, WI).

The Pioneers won the first game easily by a score 30-21 before the Crimson snuck out a game two win, 30-28 after the last point barely made it over the net. The Pioneers then came back strong to finish off the Crimson in game three and four with scores of 30-23, and 31-29.

"I expected this match today to go five against Harvard and it shows that we have a lot of confidence in ourselves and we pulled it out in four games," said Sacred Heart coach Craig Boston.

The Pioneers remain on top of the Sweeney division with their win Saturday, pushing them up to a 9-3 overall record, 4-1 against teams in their division. The only loss of the season to a divisional opponent occurred on Wednesday at NYU.

"The NYU game was definitely a heartbreaker. It was back and fourth and it was really a fun game to play, but it was just a really tough game to lose," said senior outside hitter Chris Skelton (Westerly, RI).

This struggle went five games, with SHU winning the first game 37-35. They were then edged out by NYU the next two in games both close enough to ensure going beyond the regu-

"He (CJ Pinkney) deserved it all the way...He leads the team without a doubt. He runs every play, he runs the offense and he is always there on defense. He deserved every bit of it"
Chris Skelton

lation 30 points. The Pioneers won game four 30-22 before just coming up just short in the final game, 15-13.

"After the loss to NYU, we kind of had our heads down for like a day and then came back

and we showed them how to play," said Gardner.

Following this close loss to NYU, the Sacred Heart men's volleyball traveled to New Jersey on Thursday to face Ramapo College. Senior outside hitters Doug Soviero and Mike Burns each lead the way with 15 kills and the Pioneers won this match in five games, 3-2.

"Doug Soviero did a great job, his hitting percentage was very good for the week, as an outside hitter especially. CJ Pinkney did a great job, he got a lot of assists, a few digs, and his jump serve is doing pretty well. Our

"I expected this match today to go five against Harvard and it shows that we have a lot of confidence in ourselves and we pulled it out in four games"
**Head Coach
Craig Boston**

middles are doing a good job of holding the opposing middles so that the outside hitters can get those kills. So it's an overall team effort I believe," said coach Boston.

For the week of Feb 16-22, senior CJ Pinkney (Ringwood, NJ) was given recognition for his contributions as the setter on the men's volleyball team by being named athlete of the week for Sacred Heart University.

"It makes me feel good. It makes me feel like I'm respected around here and I like that. When I've got hitters like that, I'd rather do that any day of the week," said Pinkney.

"Oh, he deserved it all the way, totally deserved it. He leads the team without a doubt. He runs every play, he runs the offense and he is always there on defense. He deserved every bit of it," said Skelton.

"I think he deserved it. He has had an outstanding year. He is right now fifth in our conference in assists per game and he's eleventh in the nation in assists per game so he's very consistent, he's steady and it's great that he is finally getting the recognition that he deserves. It's not a glamorous job. You're not jumping up and getting the highflying kills. You're the guy who's like the point guard, passing the ball out, so you don't get the glamour as much with the setter," said Coach Boston.

For the week, Pinkney did an excellent job setting up others and averaged nearly 60 assists

a match. He totaled 65 against NYU, 46 against Ramapo and 67 against Harvard.

"I don't think people care about that (stats). I like the feeling when you see the crowd we bring in, that they enjoy themselves and I don't even care about the numbers as long as we put the wins on the board," said Pinkney.

"I love the fans, they come in and they heckle the other team and I think it gets in their minds a little bit," said Coach Boston. The fans make their presence known at the home games with their constant support, but none make more noise or offer more encouragement than the group of alumni players who show up.

"We just try and come down as much as possible, have a good time, try and cheer on these guys and do what we can and do our part from the side to affect the opposing team," said Patrick Bihn, an alumni from Floral Park, NY who played four years on the team as middle blocker. He currently lives in the area working for Cintas, a company that makes corporate identity uniforms. Few fans realize their importance more than these alumni.

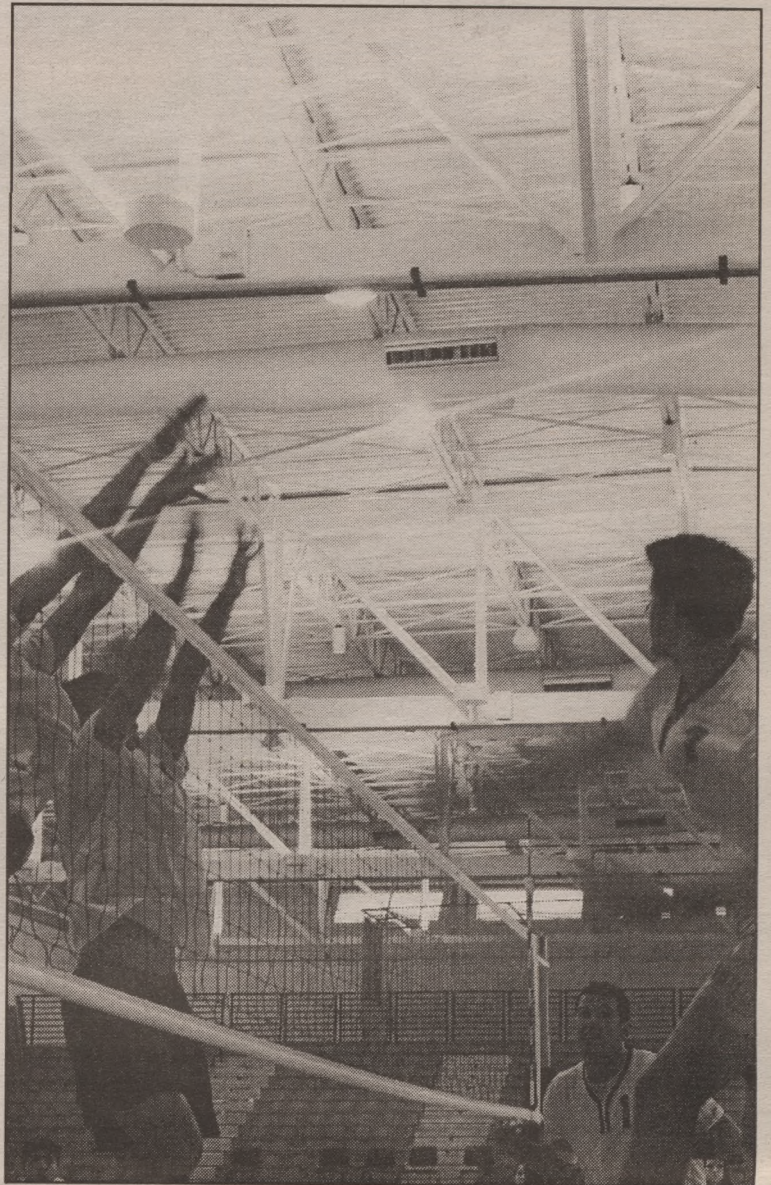
"Basically the minute you see a player on the opposing team talking to you, you know they're not focused completely on the game and they're thinking about outside things like the crowd," said Bihn.

"The fans tonight were amazing and we've just got to get more and more, it's just getting better and better, and the fans definitely helped us with a couple of points. They get in the other team's head and they serve it out of bounds or serve it into the net and that's tough. There was probably 20 people yelling at that one kid serving and he served it out of bounds by 20 feet so it's amazing and that's what we need because this is such an up and down game and really intense and that's just the kind of stuff that we need," said Skelton.

The Sacred Heart win over Harvard was the first time in four matches that they didn't need to go five games to decide the outcome.

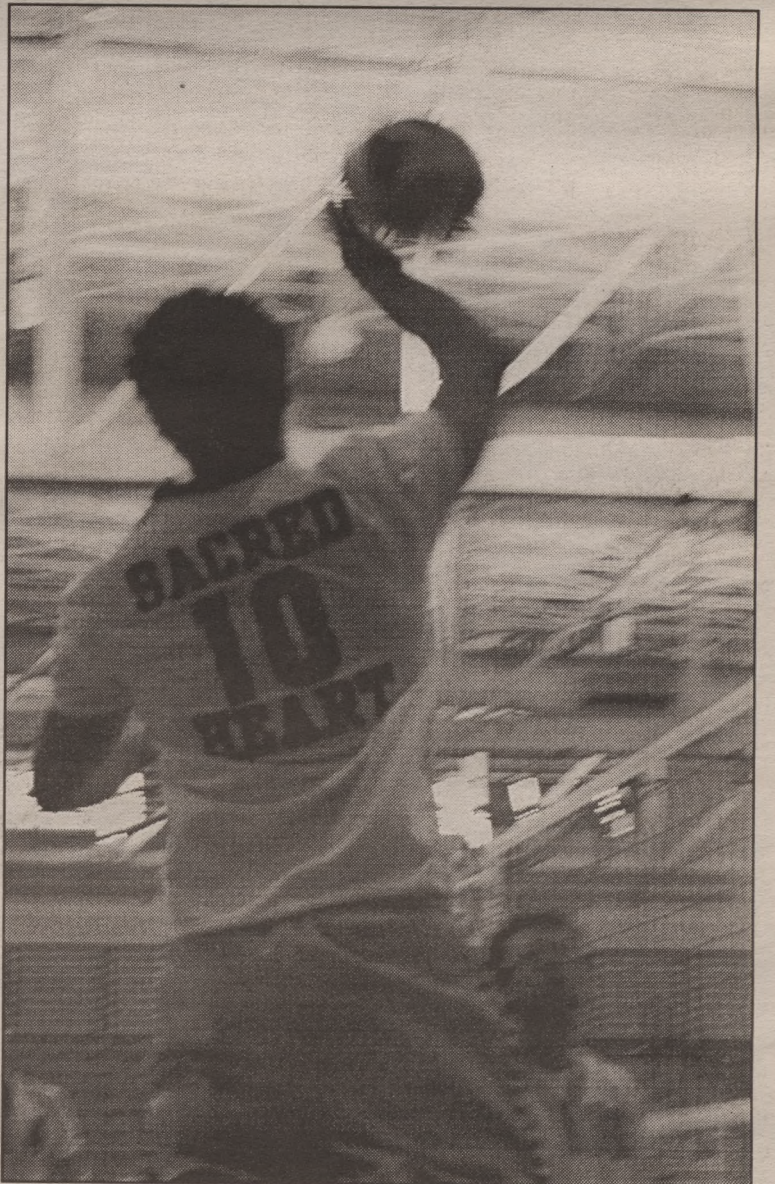
"It is a confidence booster, it lets us know we can put a good team like them away. We'd like to do it in three, but going the stretch with five it's tiring and taking it away in four we just know we did our job putting them away," said Pinkney.

The losses on Saturday for Harvard and Roger Williams leave the Pioneers as the lone team in the Sweeney Division with fewer than two losses to a divisional opponent. Sacred Heart's next home game will be on Wednesday, March 17 at 7 p.m.



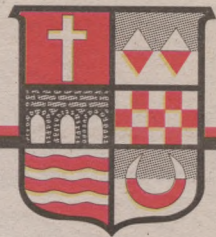
The Spectrum/NICK KELLY

The Pioneers return to action at home on March 17 at 7 p.m. when they host SUNY- New Paltz.



The Spectrum/NICK KELLY

The men's volleyball team are now 9-3 overall and 4-1 against divisional teams.



Women's Basketball Clinches Second Place; Remains Undefeated at Home

By Kelly Dietz
Staff Reporter

Last Thursday the women's basketball team clinched second place in the Northeast Conference final standings with an exciting double overtime win against rival Monmouth University.

Sending their seniors out in style on Monday, the Pioneers downed Mount St. Mary's 81-71, making the team a perfect 14-0 at home this season. The Pioneers improved to 20-7 overall, tying the Sacred Heart's win record at 20.

Senior Ashley Kohl (Palmyra, PA) led the Pioneers against Monmouth hitting six three point shots for the second straight game, and finishing with a season high 21 points. In the first half alone she hit five of her six three's.

The teams went back and forth in the first half, trading the lead four times in the first nine minutes. The Pioneers secured an eleven-point lead heading into the second half with a score of

41-30.

Sacred Heart increased their lead to as many as 14 points in the second half, and seemed to be running away with the win. Amanda Bright got the Hawk's back in the game sparking a Monmouth 11-2 run, cutting a 58-44 lead to just five, with under 10 minutes to play.

Once again the teams went back and fourth during the next five minutes, and with just 3:15 to play, the Pioneers were up only six. After a missed jump shot by standout freshman Amanda Pape (Stamford), Monmouth capitalized and got within two.

On the Pioneers next possession they turned the ball over, giving Monmouth a chance to tie. With just seven seconds to play the Pioneers clung to their three-point lead. As a desperation move, Monmouth quickly moved the ball up the court and found Niamh Dwyer who sank a three with just under two seconds to go, sending the game into it's first overtime.

The Hawks led by three half way through the extra time, although the Pioneers came right

back and grabbed their own three-point lead. As the overtime came to a close, Monmouth held a slim 86-85 lead.

With just two seconds left on the clock, sophomore Nicolle Rubino (Port Jefferson, NY) drew a charging call sending her to the line with a chance to give SHU the lead, but hit just one from the charity line sending the teams into their second overtime.

It was all Sacred Heart in the second overtime. Right out of the gates, SHU jumped out on a 7-0 run. The Pioneers outscored Monmouth 13-8 over the final five minutes, and although the Hawks got within four, that's as close as they would come the rest of the way.

Pape finished the game with 23 points to lead the Pioneers. Rubino (Port Jefferson Station, NY) had 22 of her own, and with Kohl's 21 points, it marked the first time at least two Sacred Heart players scored over 20 points apiece since January 2001. Colleen Duggan (Newington) had an equally good showing with 11 points of her own.

The double overtime game



The Spectrum/ J. GREGORY RAYMOND

Coming into the the Northeast Conference tournament, the women's b-ball team is seeded second and will face #7 LIU.

was the first for the Pioneers since March 1979.

March 1 marked senior night for the women's basketball team, as they took on Mount St. Mary's, and said goodbye at the Pitt Center to Kohl, Shannon Quinlivan (Albany, NY), Kate Maher (Waterford, Ireland), and Julie Messenger (Hinsdale, NH). In the last home game of her career, Kohl recorded six three's for the third straight game, and tied her career high point total with 24.

Sacred Heart came out strong jumping out to a 16-8 lead just under four minutes into the game. The Pioneers' biggest lead of the half was 13 when they were up 36-23 with six minutes to play, as Mount St. Mary's began their rally. Mount had a 15-6 run over the final six minutes of the first half, leaving the Pioneers with just a two-point lead at the break, 42-40.

Not far along in the second half, the Mountaineers got within one, 44-43. The Pioneers had no intention of letting them break their home win streak, allowing them to get no closer for the rest of the game. At 16:08 an intentional foul was called on Shamila Williams of Mount, after she sent

Rubino flying into the mats at base of the net.

Rubino had to leave the game, but Quinlivan would make both free throws and the Pioneers kept possession. After that, SHU showed Mount who was boss, quickly jumping up to another double-digit lead, 53-43.

SHU's lead grew to as many as 18 in the second half as they held on to close out their regular season with their fifth straight win. Maher finished with seven points, six assists and 10 rebounds in her final home appearance. Maher needs just two more rebounds to hit the 500 mark for her career.

Pape finished with 16 points, and freshman Jasmine Walker (Amityville, NY) had a career-high 14 points with seven rebounds and two steals on the night. Rubino recorded 11 points, all in the first half, three assists and three steals.

Sacred Heart is seeded second coming into this week-ends Northeast Conference Tournament and will face #7 Long Island University, in the opening rounds. Tip-off is tomorrow at 5:30 pm. Wagner will be hosting both the first and second rounds.

INSIDE SPORTS

COLUMN OF HANK GARGIULO

Hank makes 10 predictions for the impending baseball season.
(Pg. 12)

LACROSSE

The men lose to Brown at home 10-5.
(Pg. 13)

MEN'S BASKETBALL

The men lose two in a row to CCSU and Mount St. Mary's
(Pg. 14)

MEN'S HOCKEY

The men overcome a tie with UConn to defeat Army.
(Pg. 14)

MEN'S VOLLEYBALL

Men's volleyball remains at the top of the Sweeney division.
(Pg. 15)



The Spectrum/ J. GREGORY RAYMOND

The double overtime victory against Monmouth University was the first double overtime game for the Pioneers since March 1979.