



Contact News Editor Mark Stanczak at: m-stanczak@sacredheart.edu

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## Theology Conference Brings "Human Love" To Sacred Heart

**Cristina Baptista**  
Staff Reporter

The William H. Pitt Center became more than a place for physical recreation and health during March 20 and 21. For one weekend, the center housed Pope John Paul II's Theology of the Body Conference, "Human Love in the Divine Plan."

The conference, hosted by Bishop William E. Lori of the Bridgeport Archdiocese, discussed religious topics pertaining to the relationship between men and women, as well as the role of sexuality in today's society. Guests included clergy and laity. Those in attendance represented 17 states, two Canadian provinces, and the United Kingdom.

The conference focused on "a topic close to the heart of the

church...that of proclaiming... true human love," said Gloria Zapiain, the assistant director of elementary catechesis for the Diocese of Bridgeport.

The Theology of the Body discussion originated from a July 2002 South Carolina conference on Christian sexuality. The conference focuses on the Pope's book, "Theology of the Body."

The goal of the conference was "to bring [the Pope's] mag-

nificent teaching, or why we were created as male and female and how to find true happiness and our ultimate fulfillment in life, down to a level that most people can take in. The Pope writes in a beautiful, but very scholarly way. This leaves much of his work inaccessible," said Adrienne Keogler of the conference planning committee.

"The speakers we have chosen are nationally and interna-

tionally known and...lay out the Pope's teaching over the course of the weekend in a way that people can understand and hopefully they will be inspired to delve deeper," she added.

The conference's official brochure reads, "Pope John Paul II devoted five years at the beginning of his pontificate to in-depth

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### Pioneer Pep Band Releases CD

**Amy Deschenes**  
Staff Reporter

If you've attended a Sacred Heart basketball or hockey game this semester, you probably heard the Pioneer Pep Band playing in the stands. Recently the group recorded a CD of personal and crowd favorites.

The Pioneer Pep Band is made up of 36 students and is lead by director Keith Johnston and assistant director Charles Bennedum. The group performs at most home hockey and basketball games.

"We performed at 23 games this season which includes the NEC Woman's Tournament at

## Siblings Get A Taste Of College Life

**Gillian Weisman**  
Staff Reporter



Contributed Photo

Many students gave their siblings a taste of the college life this past weekend.

This past weekend approximately 75 SHU family members participated in Sacred Heart's Sibling's Weekend, "SHU Wants Its MTV," sponsored by the Student Events Team and the Class of 2007. The weekend was an opportunity for younger or older siblings to visit their Pioneer siblings and see what college life is like.

"We tried to plan events so people had a little bit of a choice as to what they wanted to go to," said sophomore and vice president for the Student Events Team Justin Gage of South Burlington, VT.

Friday night began with "Yo MTV Bingo" in the Outpost where there was an assortment of prizes

including a DVD/VCR combination for the grand prize. After BINGO, alumnus Tom Pesce performed a "magical extravaganza." His magic show was about an hour and a half and performed tricks including turning a white balloon into a rabbit and levitating a kid. The magic show was followed by "My Milkshake..." ice cream social.

"BINGO and the magic show were perfect for the younger and older family members who attended the weekend. There were a lot of prizes that all ages were able to choose from. Tom's magic show amazed all the kids and he made it fun for them. My niece and nephew are 3 and 5 years old and they had a great time throughout Friday and Saturday," said senior Erica Brienza of Little Egg Harbor, NJ.

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## Local Museum Receives Million Dollar Boost From State

**Lori Coupe**  
Staff Reporter

Receiving over one million dollars in grant money from the state of Connecticut, the financially troubled Discovery Museum will remain open for children young and old to come experience the wonder of science.

Located at 4450 Park Ave., the museum opened its doors in 1963 and currently receives fifty to sixty thousand visitors annually. In January the museum officially announced its financial troubles and it was not long before the governor's office received word and stepped forward to give assistance.

"After the governor's office became aware of how perilous our financial stance

was, they decided to take action to help us," said Alan Winick, Director of Science Education.

The grant has been set up in two parts. The first \$350,000 will be used towards operating expenses for this year and the remaining one million dollars is for capital expenses to make improvements within the museum.

The museum has three floors of hands-

on exhibits, classrooms, the space shuttle simulation Challenger Learning Center, and a planetarium.

"The museum is not just an attraction like many other facilities in the area," said Winick. "It is not just a field trip anymore."

Employees of the museum are pleased

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# Siblings Weekend: SHU Wants Its MTV

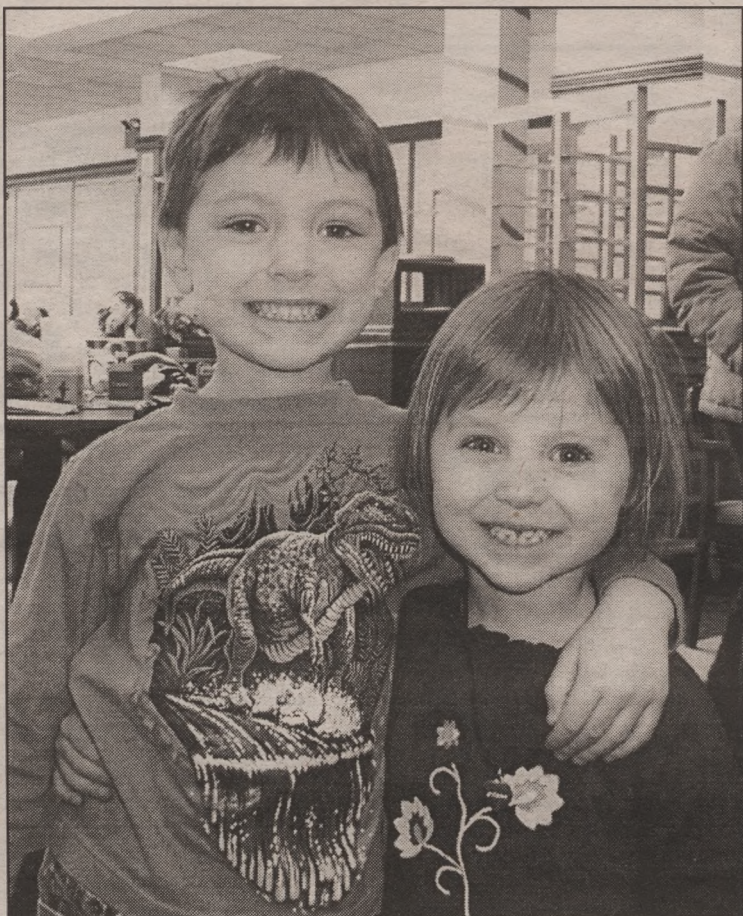
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On Saturday siblings had the opportunity to attend the women's lacrosse game, view "School of Rock" or "Cat in the Hat" and attend the indoor carnival "Spring Break '04." The activities at the carnival included popcorn, cotton candy, snow cones, sand art, pucker powder (flavored sugar), photo key chains, a caricaturist, and a fake tattoo artist. There were a number of clubs including Psychology Club, SHU Elite, and the Celtic Club that had their own game stations to participate in. The carnival took place from 1pm until about 5pm. Saturday night's events included "Say What?" karaoke followed by a dance party.

"I thought the carnival went well. There were a variety of activities for all ages to participate in. Being able to keep what they made at the carnival was exciting for the kids. My brother thought his fake tattoo was the coolest thing ever. He really enjoyed the carnival," said senior Jill Oparowski of Southington.

As all good things must come to an end, Sunday marked the end of Sibling's Weekend. There was the "SHU-per Star Brunch," mass, and one more opportunity to view "School of Rock."

"I think Sibling's Weekend is a great thing to have," said sophomore Jon Cretella of North Haven. "Whether or not you participate in the activities offered, coming to Sacred Heart is a good



Contributed Photo

**Siblings Weekend proved to be a fun weekend and it shows by the smiles on their faces.**

way for your sibling to come and see what college life is like. My brother always has a good time whether or not we participate in the activities."

"The significance of the weekend is a really special time for the families of SHU students to come together and have a fun weekend. It was really nice to see all the kids with their SHU family members, whether they

be the younger elementary kids or the older high school kids," said Gage

"The weekend was a great success. Despite the weather and some last minute changes, everyone had a good time and really enjoyed themselves, and that was our number one goal," added sophomore and chair of Sibling's Weekend, Kelly Imhof of Huntington Station, NY.

## Pep Band Releases "Greatest Hits"

*Continued From Page 1*

Wagner College in Staten Island, NY...and all three rounds of the Atlantic Hockey Men's Ice Hockey tournament at ARMY in West Point, NY," said Bennedum.

The recording took place on Friday, March 19, in the Edgerton Center for the Performing Arts. The pep band held a rehearsal to prepare for the recording session earlier in the week. The CD was recorded by WSHU radio. Some of the selections the Pep Band recorded were the Pioneer Fight Song, Wipeout, the Hey Song, and Hey Baby. The Sacred Heart Dance Team and Cheerleaders helped out on the Fight Song, the Hey Song and Hey Baby. The band members enjoyed playing their songs and having a professional recording made.

"We played through our best songs once or twice or three times depending on how they sounded. It was a good experience though, and it'll be beneficial for the program to have our music recorded," said Stephanie Shulder a senior flutist from Patchogue, NY. As a senior, this was one of Shulder's last performances with the band.

"Once these seniors graduate, the songs we recorded will not have the same personality as they had this year," said Johnston. According to

Johnston, the recordings will be used for archival and recruiting purposes. He also plans to showcase the audio on the Pioneer Band Website ([www.pioneerbands.com](http://www.pioneerbands.com)). This is one of the new facets of the band program that Johnston has implemented during his first year as director.

"Keith is always trying for the band to reach its potential and then some. He wants everyone to respect and recognize us for who we are and will become," said junior Rebecca Micik from Mahwah, NJ. "He has made the pep band more of a force at the games and gotten better instruments and music for us."

Anyone interested in getting involved with the Pioneer Bands program should visit the website or speak with Johnston at his office located near the music department.

Senior Erik Johnson from Glastonbury reflected on his positive experience with the Pioneer Pep Band:

"I hope to teach music someday, so for now it's good to keep with it. We can also get rowdy at the football, basketball, and hockey games. This might not be the biggest school but anything we can do to promote interest is worth it, especially in the past few years. Sacred Heart University is becoming more and more competitive; it's been fun to ride along with that success."

## Hybrid Learning

### Blending Online and Traditional Courses

Michelle Bassi  
Staff Reporter

Three weeks ago, Sacred Heart University had an IDEAL (Involvement of Departments in Engaged and Active Learning) Committee workshop for "Technology as a means of Engaging Students," for faculty members.

Drs. James Castonguay and Robert McCloud held the IDEAL workshop to discuss hybrid learning with faculty. A hybrid course is a class that meets both in the classroom and online. An online course is completely online, primarily using the Blackboard system. In this seminar, Castonguay taught how to use hybrid learning and McCloud spoke about research in the field. A number of faculty members from different departments wanted to share their experiences.

"In these kinds of workshops, everybody thinks about what's going on and thinks of future ideas. We just look at possibilities to find more effective ways of teaching because a lot of SHU students seem to like the online option. So, we're trying to have the best of both worlds," said Dr. Robert McCloud, Assistant Professor in Computer Science.

"Everybody does online courses differently. There would be modules where everybody would have to read and do their assignments and the idea would be so it was student directed. Let's say you're a business major and you spend more time on Excel whereas an English major would want to spend more time on Word. Beyond that you'd be able to pursue whatever module you wanted to," said McCloud.

"I've had online classes with discussion boards and ones without. The ones with them make it more interactive with the rest of the class. The ones without are more on a personal level with the teacher because you don't have the option of seeing other people's work and/or opinions,"

said Patrick Devine, a junior at SHU from Montville. "I think online classes are excellent for people who are responsible on the computer. If you are a student always checking out the Internet, and keeping up to date then you will be fine. If you are lazy, and don't keep up with the tasks, then online classes can be the worst thing you enrolled in."

"Evidently, people like the idea because it combines two different learning styles and gives them opportunity to learn one way in the classroom and learn another way on their own. Another research factor is that shy kids seem to participate more in online courses," said McCloud.

"In my online class we don't have any discussions; we just complete assignments and take online tests during an allotted time period. There is no class participation or anything and it certainly makes it convenient because I don't have to attend class and I'm aware of the assignments I need to complete at least a week before they're due. It's definitely a lot less stressful," said Lindsey Wilson, a senior from Clifton Park, NY.

"Right now we're looking at possibly redesigning Intro to Information Technology [SC100] so that once a week it would meet in classroom and once a week at your own pace online," said McCloud. "We're also looking into establishing where we might have a faculty member be in the [Jandrisevits] Learning Center at all times to help the students."

University policy currently only allows a student to take one online course per semester. The only exception is for athletes, who can take two online classes when their team is in season but none during the following semester. However, Ed Donato, from University College, stated in a global e-mail that for students who have fallen behind in their studies or who are interested in accelerating their studies, there is a fairly wide variety of core curriculum courses that will be offered online this summer, as well as selected major courses.

The upcoming summer schedule lists approximately 30 online courses. The summer schedule is available at the Registrar's office, near the residential mailboxes in the Academic Center, at the University College office in the Administration Building, or online at the registrar's website.

## Correction From Issue 18

**News, Pg. 1- In the second paragraph of the story "Remembering Dr. Babu George," the abbreviation reads, "Ph.d." when it should read, "Ph.D."**



## Where to Live: Fall Housing Options

Cortney Barbato  
Staff Reporter

It's about that time again for SHU students to pick their housing for the new school year. Freshmen will continue to be placed in South and West Hall. Sophomores are to be placed in East Hall and SHU's brand new North Hall residence. Juniors will be put in Jefferson Hill, and some in North, and if available, Taft, Park Royal, Parkridge, and Specialty Housing Oakwood. Lastly, seniors can live in Taft Commons, Park Royal, Parkridge, and Specialty Housing Oakwood apartments.

According to Dawn Doucette, Hall Director of Jefferson Hill, Specialty Housing for Oakwood will be available to "those students with a cumulative GPA of 3.3 or higher and no responsible findings on their judicial record for the 2003-2004 record year."

Housing students in hotels will no longer be necessary due to the addition of North Hall. East Hall consists of 152 double rooms, 32 triple rooms, 55 six and seven person blocks, and 12/ non-block double/triple rooms. "A word of advice for incoming residents at East Hall is to get the platinum meal plan, because you will eat just because [The Grill] is there," said Bryan Smith, a sophomore from Copiague, NY.

Just down the street from East Hall is Parkridge, which consists of not only apartments, but townhouses as well.



The Spectrum/ROBERT TRENSKE

Once completed, North Hall will be available for sophomores to live in.

"As a resident of Park Ridge, I feel collectively, the environment in which Park Ridge residential hall provides to its students encompasses the ideal college experience," said Jen Gates, a junior from Colchester.

On Wednesday, March 31, lottery numbers will be posted at the Office of Residential Life. On Thursday, April 15, Oakwood Specialty Housing will be posted. The Housing Selection Process will then continue through April 19 - 22. Students with special needs need to meet with Jill Angotta, the Director of Special

Services, before March 29. Keep into account that students are given a lottery number based on what year they are and how many credits they have. Freshman going into their sophomore year must have 12-23 credits, sophomores entering their junior year must have 24-53, and juniors going into their senior year must have 54 credits or more. Students transferring to SHU must get their credits approved by the Registrar.

For more information, please visit the Sacred Heart University website ([www.sacredheart.edu](http://www.sacredheart.edu)).

## Student Elections Next Week

The annual Student Government elections will take place on Wednesday, Mar. 31, and Thursday, Apr. 1. Candidates officially began campaigning on Monday.

On Wednesday Student Government is hosting "Meet the Candidates" in the Mahogany Room at 2 p.m. During the event students can hear candidates for SG president and vice-president of senate campaign for votes. Also, a full list of candidates for all other positions will be available.

Voting will take place exclusively online from 3 to 7 p.m. Wednesday and 10 to 6 p.m. Thursday, but computers will also be available to voters in Flik at that time. Candidates for Student Government president are Beth Coyne, Jon Cretella, Justin Gage, and Dave Macala. Candidates for VP of senate are Todd Dixon and Vincent Wynne.

Anyone interested in applying for an appointed position may pick up a packet in the Student Government office. Appointed positions include VP of SET, Greek Life, and CCO and also Finance Board and the E-Board Secretary.

-Compiled by Mark Stanczak

## NEWS BRIEFS

### News From Campus Ministry:

- Stations of the Cross every Thursday at 4 p.m. in the University Chapel
- Centering Prayer- Tuesday, March 30 from 7- 8 p.m. in the University Chapel
- "Got Sin," on Tuesday, March 30, at 8 p.m. in South Hall, Rm 625.
- Communal Penance Service, on Wednesday, March 31, from 2- 3 p.m. in the University Commons or by appointment ext. 7840
- April Holocaust Remembrance Service on Thursday, April 22 at 2 p.m. in the University Commons.

**The Final Four Awards – take a moment to nominate an outstanding SHU staff member, faculty member, administrator, or graduate assistant that has made an impact on your life. Nominations forms are available in the Student Government Office. The winners in each category will be honored at this year's Campus Life Leadership Awards on 4/29.**

*Take some time to nominate your peers for Outstanding Student Leadership Awards! Winners will be announced at the Campus Life Leadership Awards. Nomination forms are available online at <http://studentlife.sacredheart.edu/leadershipawards/> or in the Student Life Office in Hawley Lounge.*

If you would like to have your event or meeting listed in the Spectrum, please contact News Editor Mark Stanczak via email ([m-stanczak@sacredheart.edu](mailto:m-stanczak@sacredheart.edu)).



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For more information and course listings, visit us at [www.stjohns.edu/summer](http://www.stjohns.edu/summer) or call our Summer Session Office, at (718) 990-1601.

The Spectrum staff would like to clarify our flyer/insert policy. Anyone wishing to place an insert into the Spectrum newspaper must have 2500 copies of exactly how they want the insert to look, in a "shipable" box by Mondays at 2 p.m. to the Spectrum Office located near the SHU Campus Bookstore. A single-sided insert, in any color or any design costs \$200, a double-sided insert costs \$400. From now on we will be overnighting the inserts to our printers so there is no discrepancy. Please send all inquiries about inserts to: [spectrum@sacredheart.edu](mailto:spectrum@sacredheart.edu). We apologize for anyone who previously tried to run an insert with us and was not properly explained the guidelines. No inserts arriving after Monday at 2p.m. will be accepted unless someone from the interested party is willing to drive to where our newspaper is printed. That information can be provided by calling the office or e-mailing the above address. Any ads dealing with alcohol in any way shape or form must mention "21 and over to drink." The Spectrum reserves the right to cancel any ad at any time for content or spacing difficulties.



## Discovery Museum Grant An Investment For Future Generations

*Continued From Page 1*

with Gov. Rowland's response to ensuring science literacy within the public schools. The museum has become the center of this learning for southwestern Connecticut by working one on one with the local schools to improve the lacking attention to science and math education.

"This is all about making an investment in our kids," stated Rowland in a March 16 Connecticut Post article. "The real challenge is making sure the next generation of kids is prepared for the jobs of the future."

"I am thrilled that the museum is finally receiving the attention it deserves," said senior Lindsey Gershkoff from Cranston, RI. "I have been working there for two years and in that time I have seen the impact it has on the children at the local schools and the community as a whole."

Several Sacred Heart students are employed by the museum and in the past couple of years an internship program has been set up for education majors to work in the pre-school classroom.

"The internship taught me a lot about the children in the area."

If the museum were to close it would rob so many Sacred Heart students of this important opportunity," said Regina Dempsey, a senior from Pearl River, NY.

"The museum values its relations with Sacred Heart for a number of reasons, including the fact that a number of our per diem teachers are students who come and work here," said Winick.

While the grant money will help fund much needed improvements to the facility, Winick expressed his concern for continued support to the museum.

"It will certainly help the museum stay open and set us on the path of growth but it is important for people to not assume we are out of the woods," said Winick.

The museum appreciates continued supportive donations. They have several fundraisers planned in the coming months including a wine tasting on April 22 at 7 p.m. Tickets are \$35 and can be purchased at the museum.

If you would like to find out more information about this event or other ways you can help support the Discovery Museum call (203) 372-3521 or visit their website ([www.discoverymuseum.org](http://www.discoverymuseum.org)).

## CEO of World Wrestling Entertainment Speaks at SHU

Bill Silvestri  
Staff Reporter

The College of Business at Sacred Heart University is sponsoring a series of lectures given by industry professionals. The "Women Leaders in Business Series" is designed to expose members of the Sacred Heart University community to the insight and experience of professionals.

This series of lectures focuses on the pivotal role of women leaders in the business world, according to a press release entitled Inside the World Wrestling Entertainment's marketing machine.

Linda McMahon is the chief executive officer and a co-founder of World Wrestling Entertainment, Inc. The WWE headquarters is located in the nearby town of Stamford. McMahon was scheduled to speak on Wednesday, Mar. 24, at 6:30 p.m. in the Mahogany room.

"In today's world we are continuing to see more and more women attaining positions of power in the business world," said Kerri Preston, a sophomore from Hopkinton, NY.

McMahon's topic for the evening was "From the Top Rope: Inside the World Wrestling Entertainment's Marketing Machine." As CEO she is in

charge of strategic direction of the company and day-to-day business operations, and the development of technical and administrative functions. She also served as the company's president from 1993 until 2000, according to a press release entitled Inside the

from Stamford.

McMahon, along with her husband, founded what is currently entitled the World Wrestling Entertainment, Inc. Together they founded the WWE in 1979 and also began a series of related business ventures. A live event promotion business called Titan Sports, along with the purchase of the Cape Cod Coliseum formed a winning combination. McMahon and her husband began promoting large-scale events ranging from professional hockey to rock concerts and professional wrestling, according to the press release.

Titan Sports Inc. became the foundation for the current WWE organization. In 1982 Titan Sports Inc. purchased the Capitol Wrestling Corporation that had been started by Vince McMahon's father. At the time wrestling was still regarded as a sport and it was not unified by any single organization. With the purchase of Capitol, McMahon had the opportunity to give World Wrestling Entertainment a much greater scope and coverage area. The direction of the company at that point was then shifted away from sports and into the realm of entertainment. This ultimately led to the worldwide organization of the WWE that exists today, according to the press release.

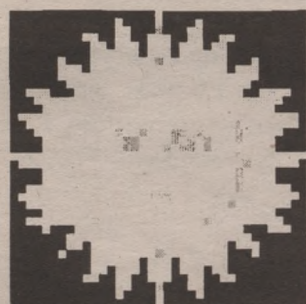
**"**  
*In today's world we are continuing to see more and more women attaining positions of power in the business world*  
**"**

Kerri Preston

World Wrestling Entertainment's Marketing Machine.

"It is totally interesting and inspiring to see women that have risen to the top of the corporate ladder," said Maggie York a junior from Smithtown, Long Island.

"I have always wanted to know exactly how the WWE became the huge icon in sports entertainment that it is," said Vinny Trodero, a sophomore



## Undergraduate Summer Coursework On Campus or At Home 150 Course Offerings



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May 24-July 15 AHEAD Program



**Special One-Week Institutes:**

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Women and Popular Culture



## Founder's Day Recognizes Consistent Service

Bill Silvestri  
Staff Reporter

Last Wednesday the University community celebrated its annual Founders Day Ceremony and award dinner at the Pitt Center. Founders Day commemorates Bishop Curtis' vision in founding Sacred Heart University, the first Catholic university staffed and run by the laity. This year's program, while celebrating the devotion of faculty and staff, was marked with sorrow at the loss of Dr. Babu George, who was to be honored with the 25 year service award.

"Even while we continue to feel [George's] presence here among our colleagues and students, whom he loved and by whom he was well respected, as a University we will gather for a special memorial mass for Dr. George... Today we will honor his memory by celebration, as he himself would do so enthusiastically," said Mistress of Ceremonies Sr. Donna Dodge, Vice President for Mission and Planning.

The memorial mass for the late Dr. George was scheduled for yesterday at 2 p.m. in the Pitt Center.

During the awards ceremony George's daughter Vimela accepted his 25 year service award during an emotional speech outlining her father's involved career at the University, which was delivered by Dean Bozzone. All attendees rose and applauded in remembrance and respect for their late colleague.

Many other faculty were awarded for outstanding service, starting with 15 years all the way up to 40 years.

Douglas J. Bohn, Assistant Vice President for Academic Affairs, was the sole recipient of the 40 year award. Dr. Cernera, president, presented a portrait of Bohn that will be hung in a "prominent" place in the University. Also, a second scholarship was also started in Bohn's name.

This year marks Sacred Heart University's 41 anniversary, as Dodge noted in her speech.

"As Sacred Heart University celebrates its 41st anniversary this year, all of us here and our colleagues and predecessors before us can take an enormous amount of pride in what we have been able to accomplish," said Dodge.

"It is important to remember that the world is a better place because of what we do here. The University now boasts of an extended family of well over 20,000 alumni. These men and women are better people because of the time they have spent with us; better parents and better community leaders, better citizens and better human beings."

## "Human Love" at SHU

Continued From Page 1

Scriptural reflections on the meaning of human love and sexuality in light of the mystery of Christ. [In his book] he applies this magnificent vision of the human person and the concept of total self-giving to the vocations of marriage, single and consecrated celibate life."

"Our bodies are essential for us to communicate the divine love within us," Lori said in his welcoming address. "What our culture overlooks is the deep, inner-life of the human person" instead of focusing on physical appearances and sexual intercourse, the bishop added.

"Chastity is a self-possession that we give up to another in a true act of love" consummated in matrimony, said speaker Dr. John Grabowski, a theology professor at Catholic University in Washington, D.C.

"My coworker brought me along," said attendee Carol Broccoli of Stratford. "I have two children. My oldest is 15...I wanted to come away [from the conference] with some new words to talk about sexuality in today's world with her."

Registration was held early Saturday morning, followed by mass led by Archbishop John J. Meyers, who currently serves as the fifth Archbishop of Newark, N.J.

After a welcoming address, the "Theology of the Body and the New Millennium" officially began with the first talk of the weekend, "Original Unity of Man and Woman." This discussion centered on a study of the Book of Genesis and the relationship between men and women, as defined by Adam and Eve.

The remainder of the weekend was filled with subsequent forums led by various guest speakers. Discussion topics included "St. Paul's Teaching of the Human Body and the Resurrection of the Body," "Celibacy for the Kingdom and Sacramentality of Marriage," "On the Dignity and Vocation of Women," "Real Men

in the Real World" and "The New Evangelization."

Much of the discussion that took place during each session revolved around the issues of the sanctity of marriage, divorce, infidelity, celibacy and same-sex marriages.

Keogler said she and her husband, also a member of the conference planning committee, "were very taken with [the Pope's] 'Theology of the Body.' I wrote to Bishop Lori [in July of 2002] to ask if perhaps we could introduce it here in our Diocese [of Bridgeport]."

"In October of that year he decided to incorporate a conference into the 50th Anniversary celebration of our diocese. This is only the sec-

to a world that is filled with heartache and thirsting for truth," Keogler said. "As the parents of seven sons, [my husband and I] wanted to do our part to help heal the wounds and make a better world for not only our children, but for everyone. The 'Theology of the Body' speaks to our hearts, our minds and our souls in a most exquisite way."

"It clears up the tremendous confusion of the past 40 or so years regarding the Church's teaching on sexuality," she added. "What we are left with is the way God designed us from the very beginning. That is why [the conference] is called 'Human Love in the Divine Plan.'"

An analysis of lust and physical love as a form of self-satiation was a predominant theme of the weekend, arising in each guest speaker's presentation.

"The opposite of love is not hatred...the opposite of love is to use another person," said Christopher West, visiting lecturer from St. John Vianney Theological Seminary in Denver. West focused on the difference between love and lust and how these themes relate to the Christian experience.

"The conference... makes me look at my husband in a more profound way, and that makes for a better marriage," said attendee Laurie Friel of Wakefield, R.I.

The weekend's activities concluded with a panel discussion, where questions and answers were posed and the events of the weekend were reviewed.

"This conference is unique in that it lays out the Pope's teaching in a very pure way, true to the way the Pope himself presented the teachings," Keogler said.

The Theology of the Body Conference was sponsored by the Office of Christian Formation, Diocese of Bridgeport.

“  
What our culture overlooks  
is the deep, inner-life of the  
human person  
”

Bishop William E. Lori

ond of its kind. However, there is a groundswell of interest in 'Theology of the Body' around the country and around the world...People are very excited about this truly groundbreaking work," she added.

"The body itself speaks... with nonverbal communication," Grabowski said. "The gift of one's self through marriage and sexual union" is a type of nonverbal communication, he added.

Grabowski also asked conference attendees to consider "the reintegration of our bodiliness through our spirituality."

"Theology of the Body' speaks

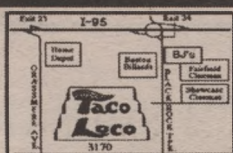


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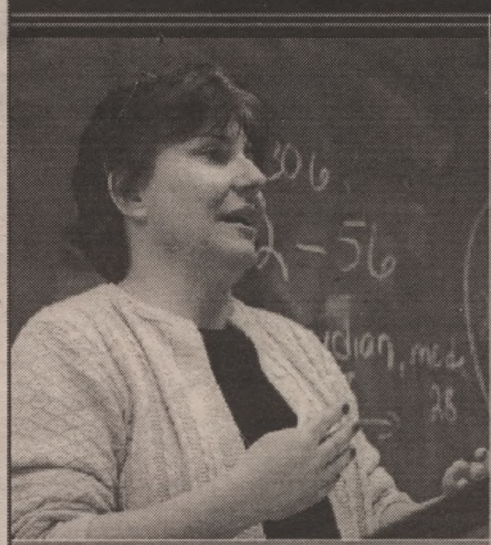
### The Best of Taco Loco!

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## Personal & Powerful Fairfield University



[ Virginia Ann Kelly, Ph.D. ]  
Associate Professor and Chair, Counselor Education  
Graduate School of Education and Allied Professions

### INFORMATION SESSION for GRADUATE PROGRAMS

Wednesday, April 7, 2004

5:30 p.m. - 7:00 p.m.

Held at the Charles F. Dolan School of Business

#### PROGRAM SCHEDULE

5:30 p.m. - 6:00 p.m. Check-in and refreshments  
6:00 p.m. - 6:15 p.m. Welcome and opening remarks  
6:15 p.m. - 7:00 p.m. Graduate program presentations

#### ARTS & SCIENCES

- American Studies
- Mathematics

#### BUSINESS

- Finance
- MBA

#### NURSING

- Health Care Management
- Nurse Practitioner

#### ENGINEERING

- Management of Technology
- Software Engineering
- Electrical & Computer Engineering

#### EDUCATION & ALLIED PROFESSIONS

- Applied Psychology
- Counselor Education
- Educational Technology
- Elementary/Secondary Teaching & Certification
- Marriage & Family Therapy
- School Psychology
- Special Education
- TESOL/Bilingual Education



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Fairfield, Connecticut



## Shamrockin' St. Patrick's Day John Mayer Style

**Kerry Freel**  
Editor-in-Chief

I can think of no St. Patrick's Day, past or future, that could top the John Mayer and Guster concert on Wednesday, the 17, at the Arena at the Harbor Yard in Bridgeport!

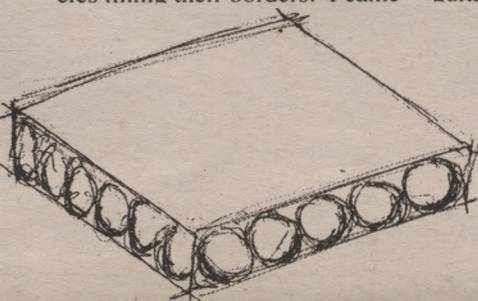
The opening act, Guster, performed a few of their radio hits including "Amsterdam" and the song that has a lot of "Fa Fa Fas" in it. That "Fa Fa" song has some great lyrics, once you get past all the "Fa Fa" stuff, "Take a look in the mirror, wish you were somebody else, but it's still your reflection, you and no one else..."

Guster was great, but the real show started for me when John Mayer took the stage! When I first heard the name "John Mayer" it belonged only to a person in my hometown. I thought my friends from home were joking around and trying to get me to believe that guy had scored a record deal.

But no, there really was another guy with the same name, Connecticut born John Mayer. I bought the CD *Room For Squares* and loved it after just

one listen. Now I'm amazed the CD hasn't self-destructed from all the times I've listened to it!

*Room For Squares* sports the periodic table of elements on the disc. There are 13 songs on the CD, but track 13 is skipped, perhaps for luck reasons? To keep the square theme alive and celebrate the luck of the Irish, even though Mayer has a newer CD out, *Heavier Things*, the stage had square shapes and two raised square platforms with circles lining their borders. I came



up with the conclusion that the circles were there because on the disc, *Heavier Things*, that is what dominates the design.

Mayer took to the stage a little before 9 p.m. and sung his heart out until a little before 11 p.m. Not only did he play some crowd favorites, like "No Such Thing," "Your Body Is A Wonderland," and "Bigger Than My Body," but he also spoke

to his fans. Most musicians tell a quick story to introduce a song, but Mayer talked about everything from relationships to school memories.

He made his guitar whine like an ex-girlfriend of his, thereby giving his guitar a voice. This was a really impressive trick. Even though I guess some guys out there may think I whine, I still laughed; it was funny and original to say the least!

Mayer had a wide array of guitars he played his tunes on. One was red with a white apple on it, perhaps trying to look like an apple computer or perhaps it related to the song "City Love" that begins "I never liked this apple much..." except he didn't perform that song with that guitar, so maybe not.... Mayer also sported some interesting guitar straps, including one with music notes lining the strap's entire length.

Mayer has incredible stage presence. He had a rubbery, bendable quality in his movements that carried him up and down, all around the stage!

After Mayer had played quite a few songs, he talked about how nice it was to come

home to his close friends.

Then he announced there would be a guest on stage, and this guest was not just anyone, but someone everyone at Sacred Heart recognizes, SHU's own Joe Belezny, aka, "The Registrar Guy."

Belezny performed the song, "Why Georgia," with Mayer and not only nailed the guitar parts but also sang a section of the song solo. I think I'd be nervous to even stand in front of that many people, never mind actually DO something! But if Mayer or Belezny felt any sort of worry, it was certainly not apparent in their phenomenal performance!

Mayer also really brought his performance home, giving it a local feel because hey, he kind of is a local. "I was born right down the road in St. Vincent's Hospital," Mayer told the crowd. He also mentioned all the schools in the area he attended as a youngster.

Another addition Mayer made was sneaking some extra lyrics (shown in italics) into the song, "83," "...send your prayers to me care of Bridgeport, C-T and 1983..." Mayer still has relatives in the greater Fairfield area, but he also has a residence in New York City according to

an article I read a few weeks ago in USA Weekend.

Mayer, appropriately fitting for the evening's performance, came back for his encore and

### Songs From the Show

- \* No Such Thing
- \* Your Body Is A Wonderland
- \* Why Georgia
- \* My Stupid Mouth
- \* Bigger Than My Body
- \* Clarity
- \* Daughters
- \* Something's Missing
- \* 83
- \* St. Patrick's Day

played "St. Patrick's Day," off the *Room For Squares* CD. (I knew that would be the encore, because he hadn't played it during the whole show!)

I tried to set up an interview with Mayer to chit-chat about music and his tour and such, but his publicist couldn't make it happen. But it was still a shamrockin' good time on St. Patrick's Day thanks to Mayer, Belezny, Guster, and the enthusiastic crowd at the Harbor Yard!

### Photographer's PICK

The Spectrum/ROBERT TRENSKE

The tree by the media studies building by the quad.



So how do you feel about shameless promotion?



LISTEN TO SALUTE THE DAWN

The Spectrum/PATRICK REINHART

"I sure don't!!"



***\*Are you one of those people who has something to say about EVERYTHING?***

***\*Do you like writing?***

***\*Do you want to see your picture in the Spectrum newspaper every week?***

Well, you're in luck! The Spectrum is currently looking for two columnists, a girl and a guy, who will both respond to a question, each week in the newspaper in a "HE SAID/ SHE SAID" column.

But first we want to see what you're made of. Please write 200 words on the Question:

**How do you feel about race based scholarships?**

E-mail Kerry Freel with your answers, specifying "He Said" or "She Said" before the April Break:  
kerry-freel@sacredheart.edu

The columnists who are chosen will have their columns run in an upcoming issue of the Spectrum and must be juniors or younger because the 2 winners will be columnists in the newspaper for the 2004-2005 academic year. Columnists must be willing to write the required 200 words each week the newspaper is scheduled to come out!

GOOD LUCK!!!!



5151 Park Ave.  
Fairfield, CT 06825

Office: (203) 371-7963 or 7966 Fax: (203) 371-7828  
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# Executive Voices

## La Hispanidad

### Danya Jimenez

La Hispanidad is more than eating rice and beans or throwing piñata parties. La Hispanidad is a student-run organization at Sacred Heart University with the goal of educating the community about the diverse and complex cultures that constitute the Hispanic people.

We want to bring together Latin American students who are interested in learning and sharing their heritage, but also we encourage people from other cultural backgrounds to join us and let us share with you our culture.

Martial Arts club who did an awesome performance of Capoeira.

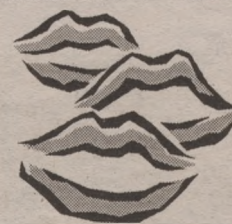
Even though Latino Heritage Month has passed, the fun is not over.

This semester La Hispanidad is planning a trip to New York City for an extraordinary Spanish dinner and to attend a play at El Repertorio Espanol, a Spanish theater with plays of important Latin American writers like Garcia Lorca and Garcia Marquez.

There are many events like these planned for next year. We encourage all the Latin people on campus as well as those of you who love the Latin culture or want to learn more about it, to stop by at one of our meetings every Monday at 5 p.m. in the International Center.

This is a great way to develop your leadership skills and an opportunity to develop new friendships while attending Sacred Heart. Help us keep our cultures alive and show other people how beautiful our culture and traditions are.

If you cannot make it to our meetings but still blackboard site by sending an email to [Danya Jimenez, President]:  
d-jimenez@sacredheart.edu



See a story about your club in the Spectrum! Write it up and e-mail it to:

kerry-freel@sacredheart.edu

***"Even though Latino Heritage Month has passed, the fun is not over"***

La Hispanidad was created to increase the awareness of Latino culture on our community. Every October La Hispanidad, along with other clubs and organizations celebrate Latino Heritage Month with a series of events like a "Learn to Cook Latin food" where last semester faculty and staff learned to cook an easy and tasty typical Mexican dish; or informational lectures like last semester's Sonia Manzano ("Maria" from Sesame Street).

And what would a Latin celebration be without a dance party? That's why we sponsor Noche Tropical, an annual Latin dance party with food, a DJ and live entertainment. Last semester it was co-sponsored with the Ballroom dance club and the

## Editorial Policy

The editorial pages are an open forum. Letters to the editor are encouraged and are due by Monday at noon for consideration for each Thursday's issue. All submissions are subject to editing for spelling, punctuation and length. The Spectrum does not assume copyright for any published material. We are not responsible for the opinions of the writers voiced in this forum.

The Spectrum is a student-run newspaper of Sacred Heart University and is published every Thursday during the academic year. All mail should be sent to:

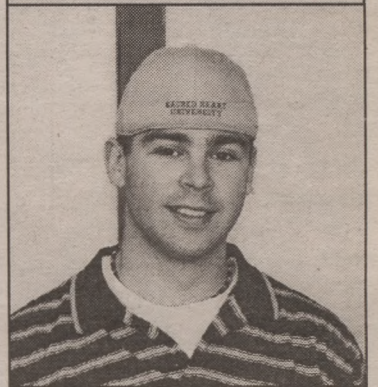
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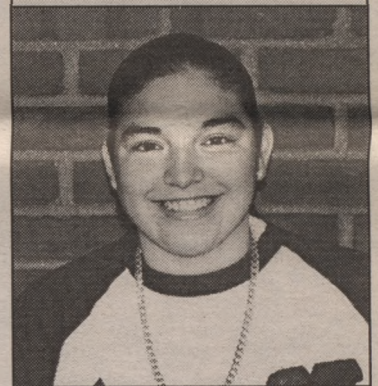
Compiled by  
Suzanne McHale & Robert Trenske

***Do you think that Howard Stern should be banned from the airwaves?***



***"I think it's crap. What happened to the first amendment?"***

**Jason Bowsza**  
Senior  
East Windsor, CT



***"Yo he's mad real - ain't nothing wrong with that."***

**Monica Concha**  
Freshman  
North Babylon, NY



***"He's resilient, I'm sure he'll bounce back."***

**Charles Sousa**  
Senior  
Fall River, MA



## Campus Honors Women in History

**Diana Smith**  
Staff Reporter

From famous athletes to heroes of history, almost everyone has someone to look up to. In recognition of Women's History Month, the women of Sacred Heart have shared their thoughts about the role of women in the past, present, and future and discussed which women they admire.

"Women have become so independent throughout the years. They have shown strength and some have even shown that they have the potential to change things in the world. I do not just admire one female, but many," said Lauren Panza, a sophomore from Valley Stream, NY.

According to the Women's National History Project, March is the month to "celebrate women who inspire hope and possibility." Throughout history, women have showed strength and courage and proven the power of the females. Most females on campus admire and are inspired by other women.

For some students, the women they admire are women who became famous faces in his-

tory. From women who had to overcome challenging circumstances to female activists, these women in history have taken a stand and have become great role models to girls of all ages.

"I admire Helen Keller," said Kristy Matesic, sophomore from Poughkeepsie, NY. "She was an amazing female who dealt with being blind and deaf, but still had the courage to overcome this and be a strong woman."

Born in Alabama in 1880, Helen Keller's role model status stemmed from the challenges she had to overcome due to an illness she faced at nineteen months old that left her both deaf and blind. With the help of teacher Anne Sullivan, nearly completely blind herself, Keller learned how to read and write. Keller helped change the world because her life shows that no matter what difficulties one faces, it is not a reason to give up.

Students are not the only females who respect the accomplishments of women in history. Dr. Kathryn M. LaFontana, Chair of the Psychology Department, said, "I admire Susan B. Anthony and Elizabeth Cady Stanton because they forged new territory in women's suffrage and women's rights in general. The day women received the right

to vote would later become my birthday."

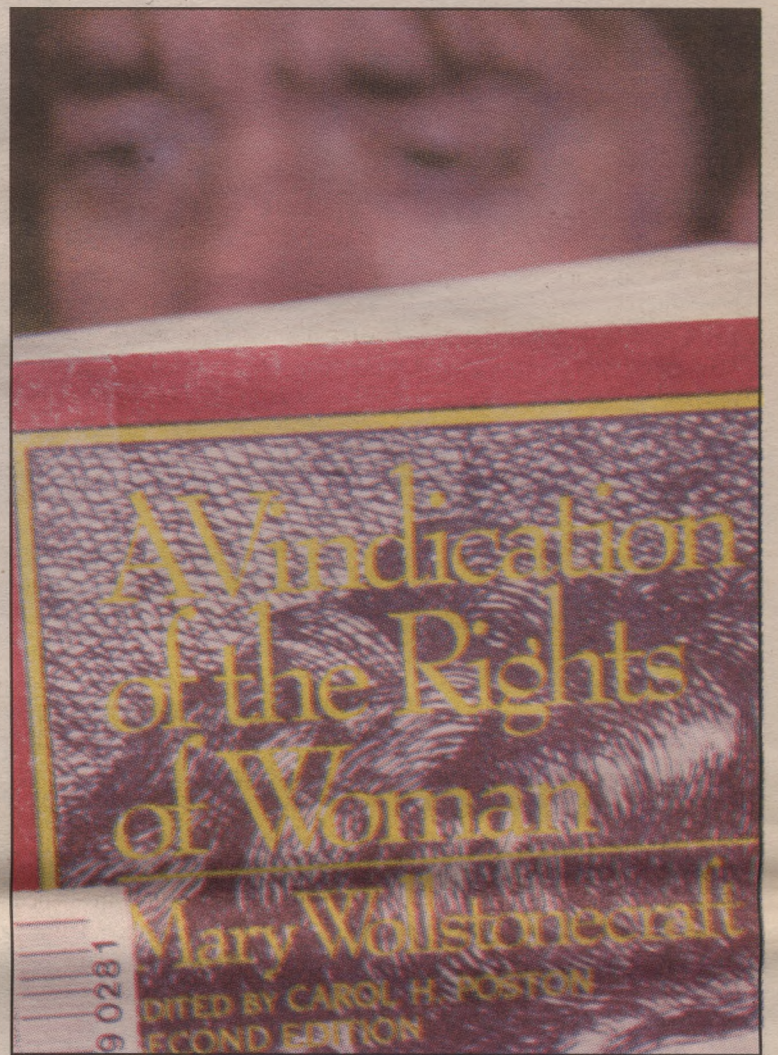
Another famous face admired by many females is Rosa Parks. During the times when segregation was common, Parks, an African-American, refused to give up her seat on a public bus to a white man and was arrested for it. Among other such activists like Martin Luther King Jr., Parks' actions facilitated the Montgomery bus boycotts and the 1956 Supreme Court ruling that segregation on public transportation was un-constitutional.

"Rosa Parks was a female who showed courage and strength," said Katie Zizzi, a sophomore from Hawthorne, NY. "If it was not for her, many changes may not have been made in this world. She was definitely a female that changed the world."

A female role model does not always have to be a famous one, but can be a family member or friend. For some students, looking up to an older family member, such as a mom or an aunt, is just as important as admiring famous women.

"I most admire my aunt," said sophomore Jennifer Postiglione,

*See "Women in History"  
Continued on Page 9*



The Spectrum/ ROBERT TRENSKE

Throughout the month of March, students found many ways to celebrate Women's History Month on campus.

## Graduate OT Program Is Good for Life

**Liz Whittier**  
Contributing Writer

Planning for the future has always been a stressful time for undergraduates. Whether to continue on to graduate school or brave the real world and get a job are two main issues that must be contemplated toward the end of a student's college career. If continuing on to graduate school toward a career in a helping profession is the answer, then students must consider the Occupational Therapy Graduate Program right here at Sacred Heart.

The Occupational Therapy program is a two-year plan that prepares students for work in professional practice areas like schools, hospitals, rehabilitation facilities, nursing homes, and pri-



Photo Contributed by Tajhma Burroughs

From left, OT graduate students Terri Blum, Michaela Reynolds, Courtney Jagielo and Amy Maklari show off the splints they fabricated during a recent occupational therapy lab.

vate practices. Within each of these areas students are able to work with many different types of clients including mentally,

physically, developmentally, or emotionally disabled individuals.

Throughout the course of the program, students learn skills to

help clients increase functional abilities and to perform tasks necessary for an independent, productive, and fulfilling life.

The program curriculum focuses on a Problem Based Learning (PBL) model of teaching, which deals with solving clinical problems through the use of case studies, research, and discussion. PBL incorporates use of small groups that assist students to integrate knowledge from classes and seminars into occupational therapy assessment and intervention strategies used out in the field.

In addition to PBL tutorials, the curriculum includes a fieldwork experience created to assist students in applying learned skills to actual professional practice. Students spend time in occupational therapy sites with the direction of a supervisor,

gaining field experience. Each academic course is geared toward preparing student for professional practice in the field of occupational therapy.

Occupational Therapy is a growing field that has a faster than average projected employment increase through 2010. Therapeutic service is currently in demand due to the increase in the number of individuals with disabilities or limited function. Now is the time to begin researching a career in occupational therapy so get some more information on the SHU occupational program. It might be the answer to all of your questions about your future.

The Occupational Therapy graduate program is currently accepting applications. For more information go to <http://www.sacredheart.edu/academics/cehp/programs/ot/>.



# Classical Music May Positively Effect the Brain

Jean Jastremski  
Staff Reporter

"I haven't understood a bar of music in my life, but I have felt it," said Igor Stravinsky, who composed some of the most complex and sophisticated music of the twentieth century.

How music affects the brain and body, also known as Neuromusicology, has been a controversial subject for many years. Could listening to classical music before or during an exam help you focus better?

Sharlene Habermeyer, author of "Good Music, Brighter Children," believes that music trains the brain for higher levels of thinking.

"Because of its complex repetitive patterns, [playing music] connects and develops the motor systems of the brain, improves eyesight and hearing, and enhances coordination, concentration, and memory," said Habermeyer.

While not necessarily understanding the science behind Neuromusicology, many students feel that music can be beneficial to their studies.

"I always find it hard to study when my roommates play loud music. Soothing music helps me relax and maybe that's why it helps people to concentrate more," said Rebecca Millet, a junior from Bronx, NY.

The subconscious power of music is demonstrated every time one might get an "earworm" stuck in his/her head. An earworm refers to an annoying song that gets stuck in a person's head, but he/she doesn't know

how it got there. The mind subconsciously remembers it.

Proponents of Neuromusicology argue that classical music can relax students and clear their mind so that they can focus on the subject matter at hand. Even just listening to music before studying can help, just to relax and alleviate the stress of an exam. It creates a pleasant ambience for doing something that a student might consider unpleasant and boring. It not only relaxes the body but also stimulates the brain so that what students are studying sticks. The material sticks in their brain, just like the earworm.

"I like to study by repetition, I rewrite my notes over and read them over and over again to get it to stick in my head," said Erin Duffy, a junior from Staten Island, NY.

"I study by repetition by making flash cards and going over them over and over again. I study with music playing all the time because if I study in silence my mind wanders even more," said Dave Day, a sophomore from Poughkeepsie, NY.

"I cannot study with music on, I need complete silence because I get distracted very easily, that is why I like studying in the library," said Jessica Barca, a junior from Long Island, NY.

More research is being done every year to prove that music is more than entertainment; to prove that it has the ability to affect the mind and body in ways most people could ever imagine. So during finals this semester, students should not only hit the books, but should also include some classical music in their cramming.

## Women in History

Continued from Page 8

from West Islip, NY. "She was diagnosed with breast cancer and had strength throughout it all. She had enough hope and strength to overcome it, and I never once saw her lose faith in her fight. She has become a big role model for me."

Dr. LaFontana noted, "My mom and my grandmother have also given me role models."

"My mom is the one role model in my life. She is the only female who always knows best," said Kelly Stritmater, sophomore from Monroe, NY. "She always

gives me the best advice and whenever I am having a bad day or a problem, she is the only one who makes it better."

Former first lady, Eleanor Roosevelt echoed the feelings of many women today when she said, "No one can make you feel inferior without your consent."

Throughout history, women have shown their strength and independence. Many famous and even not-so-famous females have affected the lives of young girls and women. These women have shown to the women on campus that all women have the strength to do anything that they want.



Photo Contributed by Kyle St. George

The 2004 Delegation to El Salvador poses for a group shot at the Mayan Ruins. The delegation returned from their trip on March 13 after helping build houses, meeting local officials, and donating money to schools and others in need in El Salvador.

## El Salvador Delegation Returns

Nicole Governale  
Staff Reporter

"There is a strong feeling of satisfaction knowing that we helped the community," said Anthony Franciosa, a senior from Bronx, NY, who is a member of Sacred Heart's 2004 Delegation to El Salvador.

The Delegation spent a week working in El Salvador working to help the community in several different ways. Those who attended the trip had an experience of a lifetime and each delegate took a special message back to the United States.

"The greatest accomplishment of the trip was the opportunity for this Sacred Heart 2004 Delegation to witness that, although the people of El Salvador are miles away and have a completely different daily lifestyle, they have the same hopes, aspirations, and hearts, as the delegation members, as well as those of the Sacred Heart University Community," said Stefanie Basciano, a senior from Highland, NY.

"The best part of the trip is knowing we made a difference," said Bill Pasnau, a junior from Milford. This was his first year on the El Salvador trip.

Pasnau continued, "There is much emotion and gratitude; you can't help but see the impact you've had on so many people's lives."

The trip served El Salvador in two main areas. The first area was

the direct service aspect, which involved working directly with the community in Normandia, El Salvador. This year the delegation worked to help build cinderblock houses for families in Normandia.

The second area of service was in the diplomatic aspect, which involved traveling and meeting local officials. This aspect of the trip played a larger role than the direct service aspect this year. The delegates went to the village of Tierra Blanca to speak with the medical clinic supervisors, who run an insurance fund that each community member contributes to. These supervisors spoke of the health problems in the surrounding communities including alcoholism, cancers, and venereal disease.

The delegates also got to meet with a shrimp cooperative where they learned how the cooperative runs; they feed the local communities first and then sell to outside areas.

The delegates raised money and went down to El Salvador with \$4,000; the largest amount ever raised by the delegation. As planned, they had a meeting to decide where the money would go, and from there the money was distributed.

Due to the fact that many students in El Salvador do not have enough money to continue their education, some of the money went towards a scholarship fund. Other funds were used to buy a power saw for ironworkers, who make doors for the homes built. Some money was given to

the school in Normandia so they could build a library, purchase pencils, and books, and lastly, the funds were given to the youth group in Tierra Blanca. The delegates felt the youth group was very important to fund because it keeps the children off the streets and away from drugs and gangs.

While in El Salvador, Dr. Terry Neu, assistant professor in the education department at SHU, taught a lesson on ecosystems and life cycles at the school in Normandia. His wife, Jane Neu, a Registered Nurse, gave a lecture on sexually transmitted diseases, emphasizing the fact that these have become a growing problem in El Salvador.

Other highlights of the trip included visiting the tomb of Oscar Romero and the site of his assassination and viewing the Mayan ruins of Tazumal.

Basciano said the highlight of her trip was "the welcoming and genuine hearts that embraced the delegation from the moment we stepped on the soil of El Salvador."

"Our presence was so greatly appreciated that when it came time to leave you could see the tears building up in the eyes of full grown men, and rolling down the cheeks of others," said Pasnau.

The delegates are looking forward to continuing their work in El Salvador next year. Anyone interested in attending the trip next year may contact Michael Moylan, director of Student Union, for more information at 371-7913.



# A & E

## 'Funny' Things Happening at the Downtown Cabaret Theater

Janna Hebert  
Staff Reporter

Sacred Heart University students are in a fortunate location and have the opportunity to do so many things on the weekends. With cities like Bridgeport and New Haven just 15 minutes away, there is always something going on.

In downtown Bridgeport there is a little theater located on Golden Hill Street called the Downtown Cabaret Theatre. This small facility is perfect for a Friday night date. Set up as a dinner theater, couples bring their own food and wine to enjoy during a performance and there are about 70 tables around the stage that set a relaxing dinner mood.

The Downtown Cabaret Theater presents the best musicals and performing talent in the area and is all non-profit; the theater relies solely on the outside public to support all of the performances that go on. As such, the theater is still offering tickets



Photo courtesy of the Downtown Cabaret Theater

When "A Funny Thing Happened on the Way to the Forum" debuted in 1962, it garnered six Tony Awards as well as national acclaim. Popular still, especially since a 1996 Broadway revival, "Forum" is playing at the Downtown Cabaret Theater until May 9.

to performances such as "Idols of the King," and "The Sunshine Boys," and from now until May 9 theatergoers can still catch "A Funny Thing Happened on the

Way to the Forum."

"Funny Thing" received six Tony Awards when it debuted on Broadway in 1976 and is full of outrageous gags, gorgeous girls,

stunning surprises, and cunning disguises.

The play is about a boy named Hero, who is deeply in love with a woman that he can

not have. The girl he loves is named Philia, a prostitute sold to a captain. Hero makes a promise with his slave, Pseudolus, that if the slave brings Hero and Philia together, that Hero will set the slave free.

Of course, the slave will do anything he can to make this happen and begins to set his plans in motion. Yet, Philia has promised herself and is devoted to the captain. Through hilarious trials and errors "Funny Thing" takes many twists and turns as it tries to unite its heroes in true love.

Full of amazing costumes and humor that is sure to make theatergoers nearly fall of their seats with laughter, "Funny Thing" is a truly witty and entertaining play.

Playing until May 9, "A Funny Thing Happened on the Way to the Forum" is a spectacular event and is the perfect way to spend a Friday night.

To contact the Downtown Cabaret Theater, please call (203)576-1636. Tickets are \$34.50 and \$42.50. Be sure to call for show times and availability.

## Travel Channel Exposes Competitive Cheerleading

Stacey Jackson  
Staff Reporter

In recent years, cheerleading has developed into more than a spirit group focused on cheering on their team. With competitive cheerleading becoming more popular, cheerleaders need to struggle for recognition and support from their towns so they too can show their athletic ability in competitions.

The Travel Channel recently created a documentary entitled "Cheerleading Championships Revealed" that followed two cheerleading teams throughout their seasons and allowed viewers to see what a competitive high school cheerleader truly endures.

The two teams profiled were New Rochelle High School from New Rochelle, NY, and Ramona High School from Ramona, CA.

Both teams began their seasons with cheerleading camp run by the Universal Cheerleaders Association. The four days of grueling activity allowed each team to learn new stunts needed to compete at the national level, as well as new dance routines and cheers to perform at games. In addition to learning new tricks

to use throughout their season, the camps also allowed for team bonding.

Though many teams go to camp solely for new routines, the two profiled teams had a more focused outlook. Both are highly competitive teams and are ultimately looking to improve themselves with the hope of winning the National Championship in Orlando, Florida. In order to compete in these competitions, each team must still act as a regular cheerleading squad for their high school sports teams.

Unlike other sports, cheerleading traditionally holds a year-round season, which begins with summer camp and is followed by summer practices. When teams return to school they practice four to six days a week and cheer for both football and basketball on top of their competition practices. Competition season begins in January and ends in March. Immediately after nationals, the teams return only to try out again for the next season.

With such long seasons come injuries that don't have a chance to heal. One New Rochelle cheerleader needed multiple Cortisone shots for a tricky shoulder that she hadn't been able to treat, while another girl dislocated her

shoulder but continued to practice in hope that it will heal in time for nationals. A Ramona cheerleader sprained her ankle during practice and was unable to practice or compete the rest of the season.

Preparing routines for national competitions involves the struggle of trying to create a routine that is unique and will stand out. The challenge with this is being able to "hit" the routine to perfection so points are not deducted from the score.

Because each team is from a different region of the United States, styles of cheerleading vary. The New York area lacked tumbling skills necessary to be competitive with other teams at nationals. New Rochelle needed to perfect and advance their skills in order to still be in competition with other tumbling-oriented teams.

At nationals both teams competed in the preliminary round. Ramona had a fall from a stunt in their routine, but made it immediately to finals. New Rochelle on the other hand had to compete against more teams in their division and had to perform in a semi-final round. Ultimately both teams made it to finals.

During the final round, both teams fell out of one stunt, caus-

ing both to take seventh place in the nation. Ramona was disappointed that a simple stunt fell, but New Rochelle walked out of the competition knowing that these things happen and will continue to work for a flawless rou-

tine at next year's nationals.

Anyone interested in competitive cheerleading should check out "Cheerleading Championships Revealed" for an insiders look at the intricate and exciting world of competitive cheerleading.

### Entertainment Briefs

#### On-Campus Events

Thursday, March 25 - Saturday, March 27

• The SHU Players will be performing "The Laramie Project" at the Edgerton Center for the Performing Arts. Directed by Kyle Minor, the show will begin at 8:00 p.m. and the cost for admission is free with a SHU ID.

Thursday, March 25

• Mike Rosenwald, a staff reporter for the "Boston Globe" will be on campus to present a lecture entitled "Working as a Professional Writer." The lecture will take place at 6:00 p.m. at the Schine Auditorium and there is no cost for admission.

#### National News

Tuesday, May 18

• The Disney sports drama "Miracle" will premiere on video and DVD just in time for the NHL playoffs. The film, which is about the 1980 U.S. Olympic hockey team, will be available in a special edition DVD that will feature a commentary by Kurt Russell as well as outtakes.

• After celebrating 50 years in the realm of film, Godzilla will finally be retiring this year. Producers say that the upcoming "Godzilla: Final Wars" will likely be the last Godzilla film for about a decade. Declining box office dollars and audience indifference were contributing factors in the decision, despite the fact that this latest film has been highly anticipated for months.

- Compiled by Patrick Scalisi

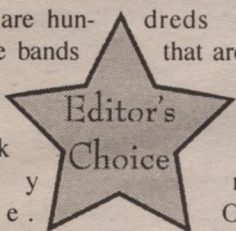


# Cooper Temple Clause Ready to Set U.S. on Fire

**What's an up-and-coming UK band to do when they're refused work visas to promote their first CD? Record another one, of course!**

Patrick Scalisi  
A & E Editor

Music from the UK is sometimes hard to translate to an American audience. For every successful Radiohead or Oasis, there are hundreds of garage bands that are still waiting for a big break that may never come. One band, however, is just now catching the attention of the American public, not to mention the notoriety of being mentioned in everything from "Seventeen" to "Spin." And with the release of their sophomore album—and American record debut—The Cooper Temple Clause is ready to begin the next wave of the British invasion.



Released on Feb. 24, *Kick up the Fire*, and *Let the Flames Break Loose* is a serious blend of rock, techno, and electronica that has the potential to finally propel TCTC into the mainstream.

"We discovered, doing this record, that we were a lot tighter and could play our instruments a lot better than we could two years ago when we made our first album," said frontman Ben Gautrey.

For American audiences, though, making a comparison to the band's breakout album, *See This Through and Leave*, may be a bit difficult as they were initially denied U.S. work visas in order to promote and tour. Nonetheless, *Kick up the Fire* is a singular, stand-alone work that needs little support and barely even distinguishes itself as a sophomore effort.

The album's most notable track (and first single) is "Promises, Promises," a high-powered ballad that easily sets the standard for the record's full range of musical encompassment. "Promises" is the most rock-oriented song and the album and emerges as the embodiment of the TCTC philosophy of throwing out the roadmap, so to speak.

Other tracks, such as "New Toys," "Into my Arms," and "Music Box" are not as energetic, and slow the album down

at just the right points. Intersected by the more techno-ridden tracks like "Talking to a Brick Wall," "A.I.M.," and the 10-minute conclusion "Written Apology," *Kick up the Fire* is an excellent blend of sound and style that has the potential to reach a wide variety of musical tastes.

TCTC is unique in the fact that they use the electronic half of their music to enhance their sound rather than hide it. Whereas some artists will introduce techno beats to hide a failing aspect of their music, TCTC is able to properly blend the aforementioned component with a rock sound that altogether enhances their work. The album's pace is a bit slow at times, but listening to all 10 tracks is a worthwhile effort.

Altogether, *Kick up the Fire* is a solid release. The CD itself is enhanced with a more-than-abundant amount of extras including the "Promises, Promises" video, two unreleased live tracks different from those



Photo by Ellis Parrinder

**The Cooper Temple Clause present an energetic blend of rock, techno, and electronica in all their music. Their sophomore effort and American debut, *Kick up the Fire*, and *Let the Flames Break Loose*, is now available.**

on the album, and an entertaining video game that shows that the band isn't all about the serious side of their business. Music fans looking for something new from

the UK would do well to check out TCTC's newest release; if nothing else, *Kick up the Fire* will at least test the limits of your speakers.

## Fusion Fest 2004 Rocks Mahogany Room

Heather Fogarty  
Staff Reporter

The Independent Music Club held "Fusion Fest 2004" this past Friday in the Mahogany Room. This concert, which started around 8:30 p.m., presented a wide array of talented musicians as the featured band, The Lone Rangers, played alongside SHU student Michael Champey and the Long Island-based band Salute the Dawn.

Michael Champey opened up the evening with his humorous yet talented acoustic performance. Champey, with the help of some back-up snare work, sang comedic songs to make the audience laugh.

Champey's song "Tom Wuestkamp," who is the SHU Student Activities Coordinator, had the audience hysterical when describing the "nice guy, with the camera around his neck."

Other songs about humorous topics such as Champey's fish, Abraham, got the audience very involved. From clapping to the beat, to helping with the lyrics, interaction and participation

was a big part of Champey's performance.

"I thought he was very entertaining, he made me smile with his funny lyrics," said Lindsay Basso, a sophomore from Woodbridge.

Salute the Dawn was next on the program. The punk-rock, hardcore, and emo stylings of the band was very intense and energetic. Made up of SHU Senior Pat Reinhart, as well as DJ Meise, Erik Diaz and Steve Shields,

Salute the Dawn varied their type of music from loud and intense, to slow and mellow. And although the sound quality in the Mahogany Room was poor with this set, the band's natural talent



The Spectrum/NICK KELLY

**The Lone Rangers played a powerful and energetic show on Friday night, sharing the stage with such local talent as Salute the Dawn and Mike Champey. There will be two more similar shows hosted by the Independent Music Club before the end of the semester.**

certainly shined through.

"Their set was a little unorganized but I think they have great potential for future performances," said Heather Graham, a sophomore from Lynbrook, NY.

talent had the crowd dancing and moshing.

After playing their original set, the Rangers performed their own rendition of the Beastie Boys' "No Sleep till Brooklyn" entitled

Last but not least came the hardcore/punk sound of The Lone Rangers. The band, which consists of junior Alex Kantarelis on guitar, senior Jonathan "Shorts Guy" Faherty on base, junior Brian Gardner on lead vocals and senior Michael Champey on drums, was certainly the crowd favorite. The Rangers had the entire audience on their feet and the band's extreme instrumental

"No Sleep till Worcester."

"It's all about having fun," said Faherty who also serves as the president and co-founder of the Independent Music Club.

"Everyone was having an awesome time; The Lone Rangers know how to have fun," said Ellen Doherty, a sophomore from Belmont, MA.

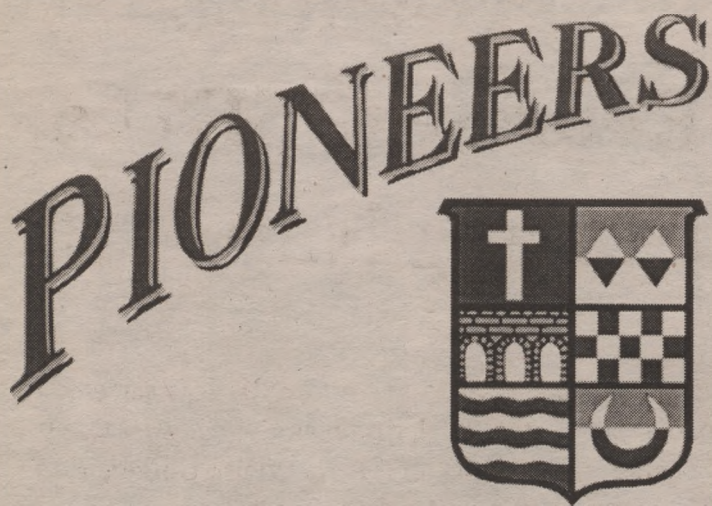
"The show went really well, and I want to thank Mike Champey and Salute the Dawn for playing, and everyone who came to hang out, sing along and make it a great night," continued Faherty.

"The show was very interesting. I have never been to anything like it before, but I had a good time and would definitely like to go again," said Kerri Timmons, a sophomore from Canton, MA.

With luck, the Independent Music Club will be hosting two more similar shows before the end of the semester. If "Fusion Fest 2004" was any indication, the club certainly knows how to throw a good time.

Dates for future events are not yet set, but keep a lookout for flyers and e-mails with more information.





## Sports Shorts

Compiled by Katie Atkins  
Sports Editor

### Women's Lacrosse

This past Saturday, the Sacred Heart Women's Lacrosse team beat Holy Cross for the first time in history. The girls were behind for most of the first half but were able to pull it together in the second half to grab the win.

"We were able to work on the things we needed to work on for our conference games that are coming up next week," said junior Maggie Brauer (Blauvelt, NY). The first half scorers were senior Megan Tucker (Carle Place, NY), freshman Maureen Hohn (Lutherville, MD), junior JoAnn Montesarchio (Cortland Manor, NY) senior Jackie Reichert (Nesconset, NY), and junior Natalie Smith (Wantagh, NY).

"Defense really stepped it up today. We were all communicating well and had quick feet. We came together as a unit and managed to shut them down," said senior goalie Amy Lavoie (Nashua, NH). Smith and Reichert both finished the game with four goals each and Montesarchio with a goal and two assists which lead the girls to victory in the second half.

"It was a big confidence booster that we needed for our upcoming conference games," said senior Christina Macchia (Carle Place, NY). The win improves the Women's Lacrosse teams record to (4-1). The Women's next game will be against Lehigh this Sunday (contributed by Dana White).

### Women's Bowling

This past weekend, the women's bowling team qualified for the Intercollegiate Bowling Championships by placing fourth in the eastern sectional with a total pinfall of 11788. Conference rival Fairleigh Dickinson placed first, followed by the University of Central Florida and the University of Maryland Eastern Shore. These four teams, along with twelve other teams that qualified through three other sectionals will compete at the IBC's in Tulsa, Oklahoma April 14-18.

Senior Katie Atkins (Washington Crossing, PA) qualified for the College Bowling USA national women's singles tournament by placing fourth in the qualifier by averaging 201 over six games. She advances to the national singles tournament which will include the other top 15 qualifiers from the other sectionals. It will be held May 20-23 in Milwaukee, Wisconsin. Junior teammate Carolyn Rich (Little Falls, NY) just missed qualifying by finishing fifth.

This week the team will find out whether or not they have qualified for the first ever women's bowling NCAA national tournament, which is to be held April 7-11 in Houston, Texas.

# How Sweet It Is!

By Hank Gargiulo  
Staff Reporter

And after a wonderful weekend of delightfully delectable college hoop action, we are down to the Sweet Sixteen. And I want you all to know I have a fever! And the only prescription? MORE COWBELL! I mean MORE COLLEGE BASKETBALL!!

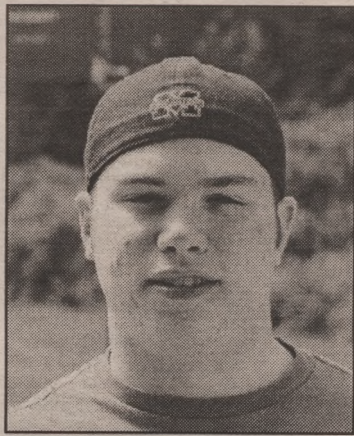
As is becoming customary in the NCAA tournament, there are Cinderella's crashing the ball, teams getting the ever-living crap scared out of them by some no-name team from some no-name conference and my favorites, the bracket busters!

Goodbye Kentucky and goodbye Stanford, parting is such sweet sorrow, as we hardly knew ye. But that's what you get for choking in the second round and thoroughly bombing a good deal of people's brackets paving the way for me and my somewhat bold predictions to reign supreme.

Now if you remember my pre-season final four was Duke, UConn, Syracuse and UNC. Well we know UNC won't be around, and neither will either UConn or Syracuse, as they are both in the Phoenix region. Therefore I am taking this chance to announce my official final four. From the St. Louis region is Georgia Tech, which let me tell you, has already sent me to the brink of tearing up my brackets and crying like a little girl, Pittsburgh from the East Rutherford bracket, Duke from Atlanta and UConn from Phoenix.

And I am happy to report that what little hair I have on my head is still there, and the entirety of my final four has survived the first weekend of games, always a plus when, we'll call it, "pride" is on the line between you and your friends.

Now, certainly I am not as good as I look, because there were some unforeseen upsets that not even Houdini could have seen. Starting with Nevada. Who, were probably written off by everyone not on campus, but they are still dancing while teams like Arizona, Mississippi



I am not a big fan of St. Joe's. I just can't fathom how only one team, Xavier, really exploited their glaring weakness.

I know Jameer Nelson and Delonte West form one of the most potent back court tandems south of Storrs, CT, but who do they have on the blocks? Oh wait, nobody. Expect Wake Forest to pound the ball down low and finally put a roadblock in front of the St. Joe's bandwagon.

The game of the round could come from the Oklahoma State, Pittsburgh match up in the East Rutherford bracket. Probably two of the most underrated teams in the nation, and neither plays what anyone would consider basketball that is fun to watch. Pitt wins on defense and Oklahoma State is a Big 12 team.

Other than these two match ups, not much else really catches my eyes. Sure UAB and Kansas should be a good match up, but come on, who really cares about UAB? UConn and Duke should have easy wins against Vanderbilt and Illinois respectively, and the Texas, Xavier game could be interesting, save the fact Texas is a Big 12 team (yea I know, I'm a Big 12 basketball hater, deal with it).

On a completely unrelated subject, I would like to congratulate the Sacred Heart Men's Ice Hockey team on a great season, especially seniors Chuck Metcalfe, Marc-Andre Fournier, Mike Reagan and the elder statesman Konn Hawkes.

They might have fallen short in the championship game, but turned in a great effort all season and really put things together down the stretch to get to the championship game, congratulations guys, you've done things and been places no other SHU hockey team has. And I would also like to thank everyone that went out to the game in West Point. I saw a lot of red in the crowd, kudos.

Now, if all goes well this weekend, my final four will still be alive. If it is, expect a column where I gloat, and if my teams bomb, expect a column about something that is most certainly NOT college basketball.

State, Stanford and Gonzaga are wondering what could have been. And for everyone on the Gonzaga bandwagon, (a bandwagon that I avoided like the plague) how did you not see this coming?

The 'Zags who are perennial underdogs got knocked off in the very match up they won the last two tournaments, the ten versus two match up. Gonzaga meet karma, karma meet Gonzaga. Now that you two know each other, play carefully!

Let's not forget the annual twelfth seed taking down a fifth seed. I successfully picked one of these upsets this year, but Pacific had a little surprise in store for Providence College. This one I didn't see coming. And if you didn't pick the Manhattan Jaspers to take down the perennial first round chokers Florida Gators then get your head examined.

This marks the fourth consecutive season the Gators have failed to get out of the first round of the tourney. You have to feel for the graduating seniors, going to the tourney each and every one of your college seasons, sometimes the favorite, sometimes the dog, but always coming away with a cold empty feeling that really isn't comparable to anything suitable to print. To Manhattan's credit, they were as smooth as a Luis Flores' jumper, and they put a good scare into Wake Forest too, way to represent the MAAC.

Looking ahead to the Sweet Sixteen, we have some interesting match ups that I know I am looking forward to. Starting off with our upset special in Wake Forest. Now it is nothing new for four seed to take down a one, but

### Hank's Final Four Prediction

Georgia Tech  
(St. Louis)

Duke  
(Atlanta)

Pittsburgh  
(East Rutherford)

Georgia Tech

UConn

UConn  
(Phoenix)

National Champions: UConn



# Softball Loses Four at James Madison Invitational

By Kelly Dietz  
Staff Reporter

Last weekend, the Sacred Heart softball team traveled to Virginia to play in the James Madison Invitational. The girls did not have a successful showing as they extended their losing streak to eleven straight.

*"We are certainly going to learn from the mistakes we made this weekend, and try to prepare ourselves for the teams up here in the Northeast,"*  
**Kim Niedbala**

"We are certainly going to learn from the mistakes we made this weekend, and try to prepare ourselves for the teams up here in the Northeast," said Kim Niedbala. "We are in a rut right now but with the talent we have on our team we definitely have what it takes to do well in our conference this year."

SHU lost 6-2 to Binghamton University in the opening game. The Bearcats had a break out six-run fifth inning, with a three run homer.

The game was scoreless through the first four innings. Jessica Chellis got things started for Binghamton with a single off SHU starter freshman Bethany Lemenager (New Bedford, MA). After a groundout, and then a single by Marisa Destasio advanced her to third, Rosa Barre followed with her three-run bomb over the center field fence.

Leah Savidge followed the homer with a single up the middle, the Bearcats then grounded-out with a fielder's choice. Lemenger walked the next batter, and Jessica Dima then singled to left, where the ball was misplayed allowing two runs to score. The inning was topped off

with a single, scoring Dima.

SHU avoided the shutout when freshman Caitlin Carroll (Los Alamitos, CA) hit her first homer of the season in the bottom of the sixth. SHU's second run came in the bottom of the seventh with a single by Grace Teruel (Montague, MA), who had two hits in the game.

In the second game of the invitational, SHU got shut out 5-0 by Lehigh University. Sacred Heart was held to just two hits, which came in the third inning. The Pioneers had a big opportunity to take control of the game that inning, but could not execute at the plate. Jen Place (Latham, NY) led off the inning with a walk and after failing to get a bunt down twice,

Dana Jusino (Rutherford, NJ) followed with a single to center. A bunt single by Senior Katie Ross (Arden Hill, MN) helped the Pioneers load the bases with no out's. The inning ended after Becky Cameron (Girard, OH) struck out, and Teruel grounded out into a double play. Saturday the Pioneers took on host team James Madison University twice, losing 10-2 and 8-2 sending JMU into the championship game of the Invitational.

In the first game, Sacred

*Sacred Heart hopes to turn things around this weekend when they travel to New Jersey to take on Monmouth University, Saturday, and to LIU, Sunday.*

Heart took advantage of two JMU errors in the first inning to score a pair of runs. Shannon Bailey (Carmel, NY) led off the game with a single, Ross followed by reaching first on a JMU error. Place then put down a perfect bunt and beat it out for a single that loaded the bases.

Leslie Konsig (Millburn,

NJ) hit it back to the pitcher forcing out Bailey at home. The two runs scored when a ball was booted by the JMU shortstop on a ball hit by Tiffanie Cross-Monzo (Thousand Oaks, CA).

JMU took the lead with a center field shot over the fence off of SHU starter Lemenager. The Dukes got on the board again in the bottom of the third

*"We are in a rut right now but with the talent we have on our team we definitely have what it takes to do well in our conference this year,"*  
**Kim Niedbala**

with another hit by Junior Katie Jaworski, who recorded a school record with five RBI's. JMU would score three more in the fifth with a single, and sacrifice fly secure the win.

The Pioneers had six errors that scored nine unearned runs to give the Dukes a 10-2 win in the final game of pool play.

JMU got on the board in the second thanks to two SHU errors. Jaworski led the inning off with a double; scoring on misplayed a bunt. An RBI single by junior Ashlee Schenk brought in another run for the Dukes.

SHU got one run back in the fourth on a RBI groundout by Cross-Monzo, scoring Jacqui Riley (Burlington, MA), who pinch ran for Carroll after she had doubled. In the bottom of the fourth, JMU opened up the game scoring seven; all but one of the runs was unearned.

Sunday, SHU lost 8-1 against Binghamton in the consolation game dropping their record to 3-12. Sacred Heart hopes to turn things around this weekend when they travel to New Jersey to take on Monmouth University, Saturday, and to LIU, Sunday.

## Ferland to Represent SHU at Fencing Nationals

Junior Lea Ferland (Tiverton, RI) was selected to participate in the 2004 National Collegiate Women's Fencing Championship at Brandeis University in Massachusetts from March 25-28. In doing so, Ferland becomes the first Sacred Heart University women's fencer to ever reach the Nationals.

Ferland, who will compete in women's foil, was selected from the Northeast region with other student-athletes from Yale, Harvard, Columbia and St. John's University.

Fencers will compete in a round-robin of 24 fencers in five-touch bouts. After the round robin, the top four fencers in each event will fence direct elimination 15-touch bouts for first, second, third and fourth place.

Competition in women's foil begins at 10:00 a.m. on Thursday, March 25 at the Gosman Sports Center on the campus of Brandeis University in Waltham, MA.

-Compiled with information from the Sacred Heart Athletics Website

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# Tennis Teams Fall Short Against Rival QU

By Nick Kelly  
Staff Reporter

The Sacred Heart Men and Women Tennis teams fall to 5-5 on the year in match play as they both lose to Quinnipiac by scores of 7-0.

"Playing Quinnipiac is always a big match because it's like a rival, but the big matches are always in the NEC tournament because those are the ones that count. It counts more because it's elimination rather than just picking up like a loss or a win," said senior Steve George (Lynnfield, Mass).

"It's going to help us when we play teams that are probably closer to our level or maybe a little bit above. I think it will help out. You're only going to get better at playing the really good teams, like we are today," said Sacred Heart men and women's tennis coach, Mike Guastelle.

The day began with both schools' top three men and women doubles teams competing for the first team point. Each of points went to both Quinnipiac teams as they won all three women's doubles matches, and two of the three in the men's, giving them 1-0 leads.

"I played well in doubles and won 8-3. Jeff and I don't usually lose in doubles," said senior Pat

Darragh (Bayport, NY). His play with Jeff Bowers in the second doubles match was one of the highlights of the day for Sacred Heart. Pat also played the four spot, but fell short in a colorful match, 6-3, 6-2.

"I usually play fourth singles and I've been playing well this year. We've played well so far this season. Today was a little shaky with the team because you miss one person in the line-up it messes everything up, and I play third doubles with Alex," said sophomore Peter George (Lynnfield, Mass), who was did not play as a result of twisting his knee over spring break. He is the younger brother of Steve, who played in the first singles match for the men.

"I like starting it off, get the confidence up for the guys, try to get a quick win, but today I wasn't able to do that," said Steve, who lost 6-1, 6-3.

Although Pat Darragh filled his position in the four spot, Peter George's absence was felt most in the final doubles match for the men. The third doubles match, that he normally competes in, proved to be a tiebreaker for the first point of the day after each team split the first two doubles matches. His partner, Alex Kantarelis, was teamed with Kevin Teague and Quinnipiac took advantage of George's absence, winning the final doubles match, 8-2.

"The injury makes a little difference. It changes your doubles teams up, moves everybody up a spot, so that hurts a little bit," said Guastelle.

"We haven't played that much lately, we're without our number four guy, so when we get to the tournament it's going to be a different story," said senior Ryan Darragh (Bayport, NY), who is the twin brother of teammate Pat. Ryan played in the three singles spot, falling by scores of 6-0, 6-1.

"We're a little bit different. He's more finesse. I'm more power. His serve is a lot slower than mine," said Ryan about the difference between his play style and his brother's.

The Sacred Heart women's team was also up against difficult competition and one of the more talented teams in their conference. The Quinnipiac women's top six players consist of three two-time second team all-NEC players and one of the top ranked freshman in the country.

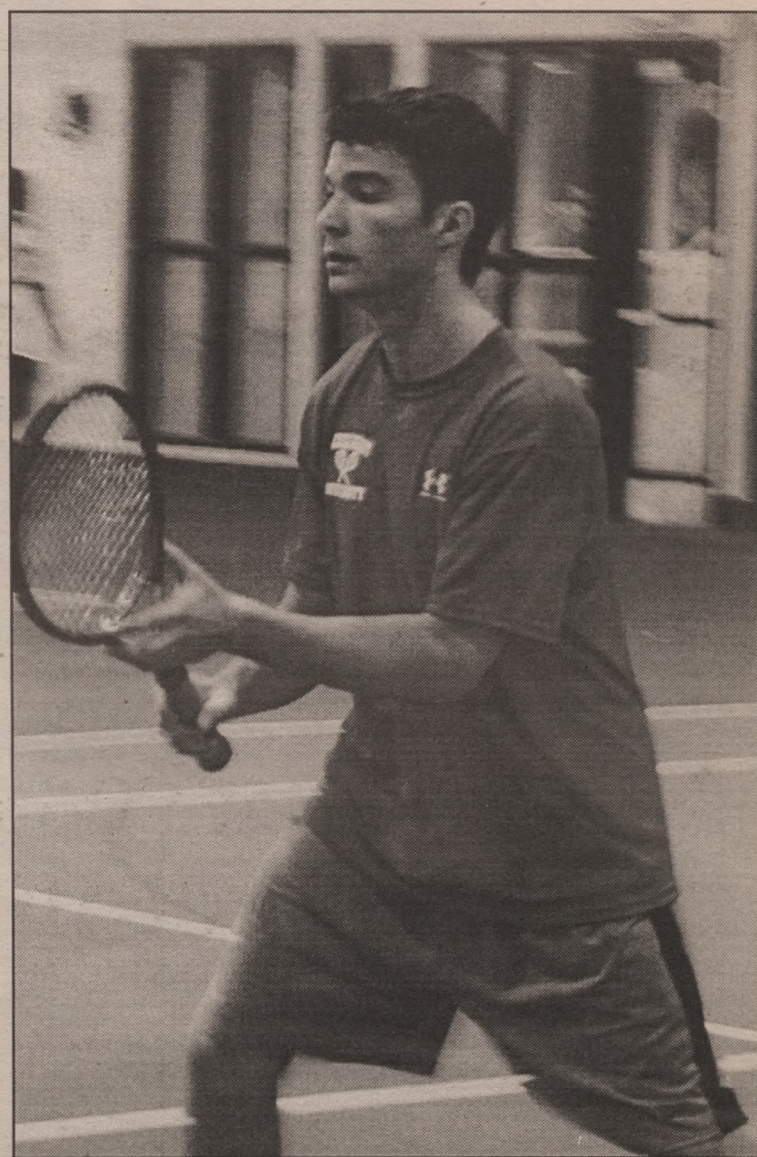
"We struggled on the scoreboard obviously, but I thought the women competed really well. That's one of the best teams not only in our league, that's one of the best teams in New England period," said Guastelle.

"I like playing first because it's right after you play doubles. I like to just jump right into the singles because you're ready to go," said sophomore Lauren Galatie (Monroe) who competed as the first singles player for the women. Galatie was NEC women's tennis player of the week in the fall from Oct 13-20, but lost her doubles match with teammate Pam Pillo, 8-1. Galatie came back strong in her singles match, but was edged out 6-4, 6-4.

"First singles, Lauren played a real good match, she lost 6-4, 6-4 and she's one of the better players in New England," said Guastelle. The second singles spot for the Sacred Heart women was filled by freshman Pam Pillo. She was up against Quinnipiac freshman, Gabby Pasternack, who had reached as high as 78 in the nation and third in the region during high school, according to northeastconference.org.

"It is intimidating, she was a hard hitter and she had a lot of experience. It's tough because somebody who has played that many tournaments, you know that they've been in all kinds of situations. They can come back when they are down so you just have to play as well as you can," said freshman Pam Pillo (Shelton), who fell by scores of 6-0, 6-1.

"When you play somebody who is a lot better than you are, maybe talent wise, it is very easy, especially in the second set, to sort of fold up the shop and call it a day. But we hung in there and competed throughout every



The Spectrum/ NICK KELLY

**The men's tennis team will next play on April 1st in West Long Beach, New Jersey against Monmouth at 3 p.m.**

match and even though the scores look lopsided, I was happy," said Guastelle.

The matches were played indoors at the Quinnipiac Fitness Center in Hamden, which opened just last year. "It was difficult because we've been playing on hard courts and then we come inside and it's like a carpet and then you have the ceilings low and then underneath the baseline the ceiling is tough," said Steve George.

"The ceiling is about 15 feet lower than every other ceiling so I hit the rafters about 15 times today. I would love to have an advantage like this to practice in all the time and then playing people, but you can't really do anything about it," said Pat Darragh.

The Quinnipiac Fitness Center consisted of four courts, which meant only two men and women's matches could be played at a time. "Usually it's not tough because usually you go right into your match after doubles, but I sat there for an hour and a half in between my matches," said Pat Darragh.

"When we're playing at home, we just play our doubles match and go right back out there and play our singles match, so we don't have to get warm, get cold, get warm, get cold. It just messes with your head," said junior Alex Kantarelis, who competed as the

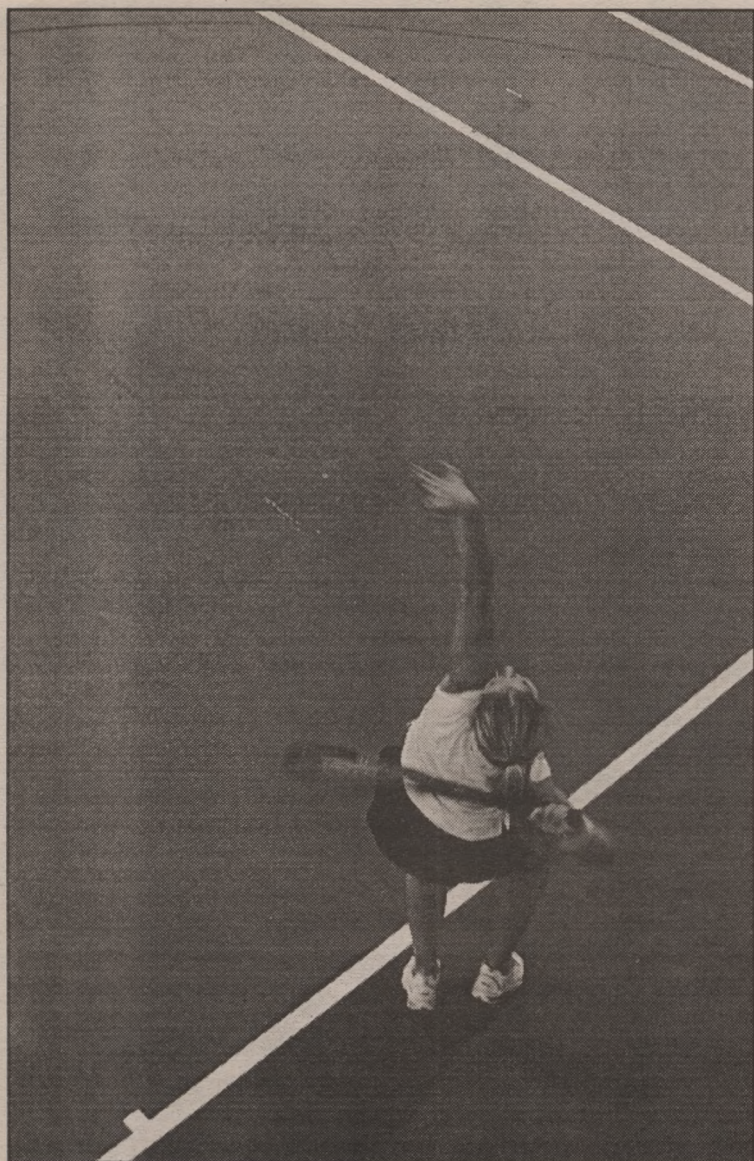
fifth singles player for the men, but lost 6-1, 6-0.

"I like to get it over with and you're kind of motivated in the beginning. As you sit around you get nervous and tired," said Pillo.

In a preseason poll, both the Sacred Heart men and women's teams were predicted to finish fourth in the NEC. Still both teams have exceeded these predictions by beating teams predicted to finish ahead of them. The men defeated Mount St. Mary's over spring break, 4-3, and the women pounded Monmouth, 6-1, back in the fall.

"Our team goals are probably the same goals we have had the last couple years. I really feel both teams can reach the finals in our league when we go to our conference tournament. We'll probably be seeded three at worst, if we do what we're supposed to do the rest of the year and that puts us, in a nine team, we win two matches, we're going to be in the finals with a chance to go to NAAs, and then anything can happen so that's the goals for both teams and I think that's realistic," said Guastelle.

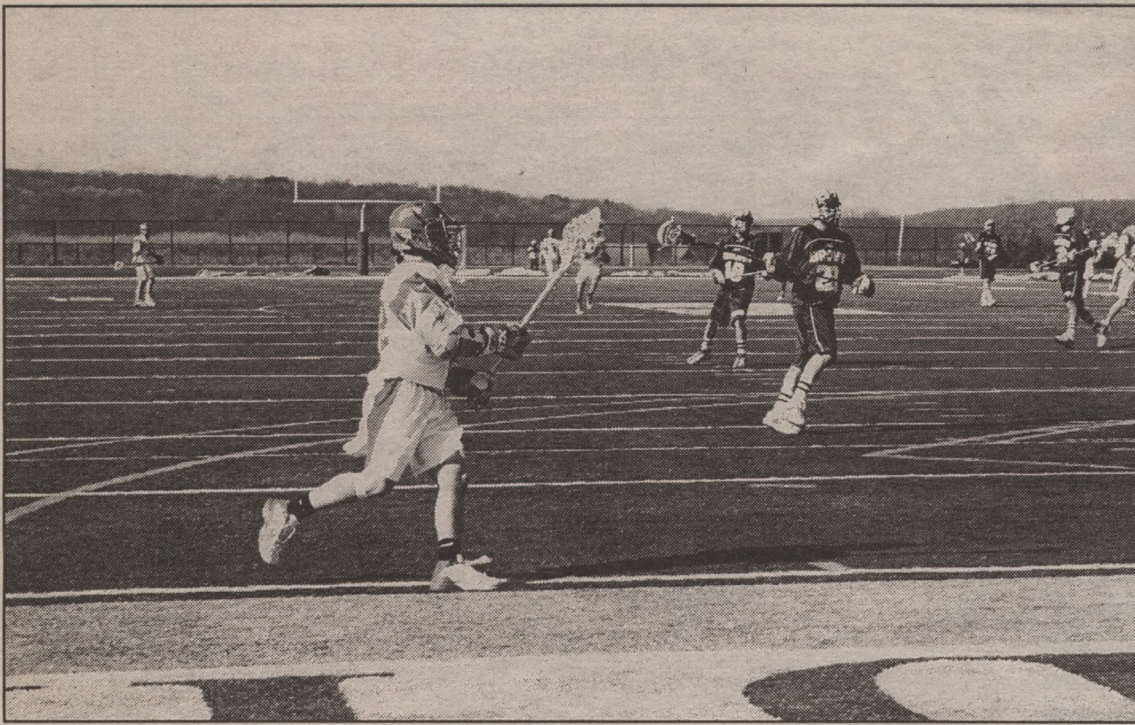
The women play at home on Saturday, March 27 at noon against Rhode Island. The men's next match will be April 1 in West Long Beach, New Jersey against Monmouth at 3 p.m.



The Spectrum/ NICK KELLY

**The women's tennis team will next play at home this Saturday at noon when they take on Rhode Island.**





The Spectrum/ NICK KELLY

The men's lacrosse team is now 0-5 on the season. The team will take on Colgate at home this weekend at Campus Field at 1 p.m.

## Men's Lacrosse Takes on Dartmouth

By Chris Fote  
Staff Reporter

Sacred Heart University men's lacrosse team hosted a game against Dartmouth this past Saturday at Campus Field. Unfortunately, the results were not what team would have hoped for as they lost 15-10 in a high scoring battle.

Sacred Heart jumped to the early lead as Matt Roideau (Massena, NY) scored just 24 seconds into the first quarter. However, Dartmouth was quick to answer and scored four straight unanswered goals. SHU's James Hinkson (Whitby, Ontario) added another goal for SHU but Dartmouth scored three straight again to go up 7-3.

Robideau scored his second of the game cutting the deficit to three at 7-4. Dartmouth would score again to go up by four but senior Ben Giamichael

(Courtland, NY) would score from a pass from junior Dana White (Gorham, ME). Dartmouth scored one more time before the half ended making the score 9-5.

"We have struggled a little bit to find our identity as a team. Between graduation and injuries we have not been able to fine-tune our chemistry. The players have shown up and worked hard every day. Our goal has been to get better every time that we take the field.

Dartmouth was a tough game for us because we put ourselves in a hole and we were not able to dig out of it. We tried but after the first quarter, the second and third quarter were even, and we lost the fourth quarter by one," said Head Coach Tom Mariano.

The third quarter had a drought of scoring as each side only put in one goal. Dartmouth picked up the scoring just 20 seconds into the fourth quarter. Sacred Heart's

Jonathan Corto (Orchard

Park, NY) cut the lead back to four but Dartmouth closed the door on the Pioneers as they scored four straight goals.

What's even worse about this disheartening defeat for the Pioneers is that this is their fifth one making their record 0-5. Sacred Heart is still looking for their first victory, which they will try to get next against Massachusetts in Amherst Massachusetts on Tuesday.

When asked what can we expect for the weeks to come Coach Mariano said, "we are trying to concentrate on the little things and making the little plays. If we are able to do this then we will be fine.

The players have worked very hard and deserve to win games. This team will not stop and we will come out to play on Tuesday. At this point we are focused on taking it one game at a time and coming together as a team."

## Men's Hockey Season Ends

Continued from pg. 16

winner, in the opening period as McKay nailed his first shot over the shoulder of junior goaltender Kevin LaPointe (Quebec, QC).

Dams then took a turn and netted his fourteenth goal of the season to give Holy Cross a 2-0 lead going into the second period. During the middle frame, Dams and McKay each found their way past LaPointe once again, both during power plays, to claim their second championship, led by goaltender Tony Quesada with 28 saves in the shutout. LaPointe finished with 29 saves on the night.

"Kevin played well again and he's a big part of our success this year especially in the second half of the season," said Hannah. "He has always given us a chance to win every time and he played a real solid game on Saturday night too."

Regardless of the loss, the Pioneers had nothing but a respectable season, culminating with their best tournament in team history. For their efforts during the tournament, Hawkes and freshman Pierre-Luc O'Brien (Nicolet, QC) were named to the All-Tournament team after the game.

"Pierre-Luc was outstanding for us all year and proved to be one of the top players in the league in his first year. The future is bright for him and we're fortunate to have him on our team. Konn had outstanding career here, and had a really good tournament. He played really solid defensively," said Hannah. "It's nice to see them get recognized, they earned it. They worked hard and it's nice to see the tournament committee recognize their efforts."

Despite the shutout, making it to the final round was a great accomplishment by the men, as it marked only the fourth time any Sacred Heart team has played in the championship game since moving to Division I athletics.

"We've had a lot of people in our program that have been

working a long time to get to this point, and we've been pushing forward to get to where we are today. Reaching the championship game is another step forward for this team and program," said Hannah.

"Making the men's ice hockey conference championship game was another, and continuing example, of validation and progress that our young NCAA Division I program is making," said Sacred Heart Athletic Director Don Cook. "It takes time and persistence to reach the program's desired level of quality, yet each strong finish by one of our teams is one more incremental step toward the overall quality to which we aspire."

Hannah expressed his gratitude and appreciation to all who have supported the team throughout the season, and especially for traveling to West Point to root for his team as they played in the championship game for the first time.

"The support that the student body and the Sacred Heart community put forth at the game at West Point was amazing, and it's very much appreciated on behalf of the hockey team. There was more red in that building than purple and that is outstanding," said Hannah. "It is a testament to the growth in athletics and the spirit that the university, the students and the community has towards athletics."

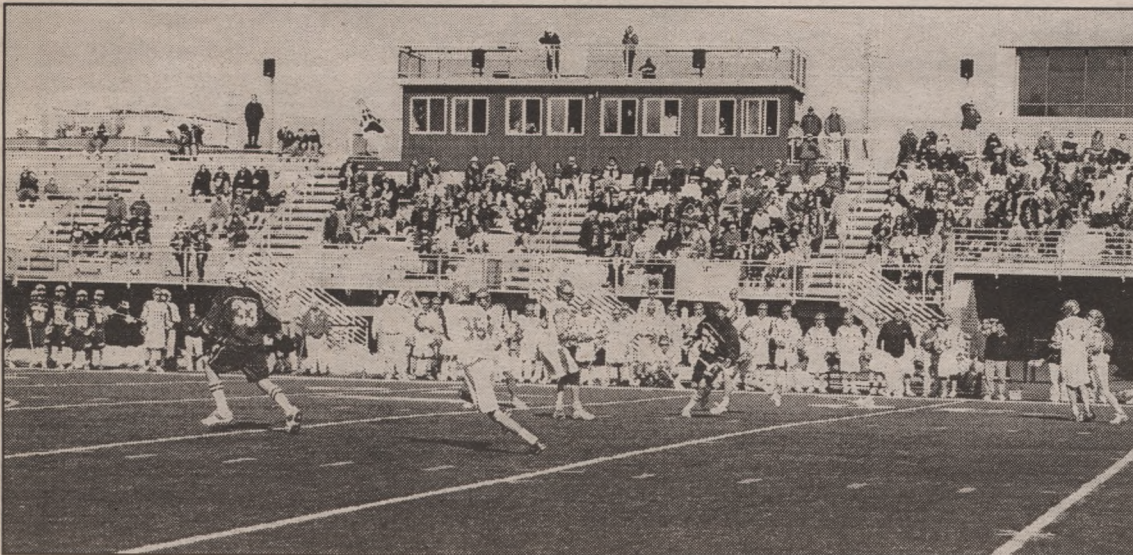
"Personally, I would just like to take this opportunity to thank everyone from the faculty to the Athletic training staff who have been great over the years," said Hawkes.

The Pioneers look ahead to another chance to prove themselves next year with a strong team returning, along with the addition of this year's recruits, and Hannah is confident that his team will continue to move forward in the coming years.

"One day we are going to be the champions of this league, and get that automatic bid to the NCAA tournament," said Hannah.

### Atlantic Hockey All-Tournament Team

Defense- R.J. Irving- Holy Cross  
Defense- Konn Hawkes- Sacred Heart  
Forward- Jeff Dams- Holy Cross  
Forward- Pierre-Luc O'Brien- Sacred Heart  
Forward- Greg Kealey- Holy Cross  
Goalie- Tony Quasada- Holy Cross  
MVP- Greg Kealey



The Spectrum/ NICK KELLY

This past Saturday the men's lacrosse team jumped out in front as they scored just 24 seconds into the first quarter.





## Wrestling Goes National!

By Meghann Longo  
Staff Reporter

So far, the month of March has been no different than any other month for the men of the Sacred Heart Wrestling team. The 2003-2004 season has been one of success for the Pioneers and they are hoping it's not over yet.

To start the month, the men competed in the CAA Championships, which was held at Rider University March 5-6. The Pioneers went on to finish the tournament fifth out of eleven teams, falling short to the nationally ranked Hofstra University and Rider University who took first and second place respectively.

Throughout the season and this tournament especially, there have been two wrestlers who have really excelled. Senior captain Mike Messina (Hauppauge, NY) and freshman Payam Zarrinpour (Shiraz, Iran) both went on to win individual titles, making Messina Sacred Heart's first two-time con-

ference champion and Zarrinpour became the school's first freshman to qualify for the NCAA Division Championships.

Messina sealed his final victory on the weekend defeating Rider University's freshman Dan Fisch, who despite his rank as fourteenth in the nation, was no competition for the powerhouse senior. This victory raised Messina to a 29-5 record on the season, the most impressive being his last 15 victories out of 16 matches.

"There will always be a part of me that misses the sport, but I am proud that I gave wrestling in college my best efforts during each season," said Messina on the completion of his final season here at Sacred Heart.

Zarrinpour exhibited similar success on the weekend's tournament. Wrestling in a weight class he finished the CAA's with a 4-0 record. This includes the spectacular double-overtime victory over Dominion University's Derrell Lothridge. These victories combined with the rest of his season record led him to a 31-8 finish for the season, becoming one of the first freshmen to finish with 30 or more wins in one season.

Other strong performances for the men came from senior Rob Belville (Chagrin Falls, OH) and freshman Sherwood Fendryk (Greene, NY). Belville, who

wrestles at 157 pounds, finished third in the CAA's and overall with a 28-12 record for the season. Fendryk finished fifth in the tournament and with an overall season record of 33-11, which goes down in the record books as the most wins by a Sacred Heart freshman.

This season, along with being memorable, has been one of the most successful for the Pioneers achieving many of their team goals. As a team, the Sacred Heart men defeated Harvard, Drexel and Brown in dual meets for the first time. On an individual level, the men had their first two-time CAA Champion, their first freshman NCAA qualifier and CAA Champion and finished the season with two freshman with 30 or more victories.

"This season was great for both me and my team. We had a lot of 'new blood' on the team who were willing to work hard, and that made all the difference in the world," said Messina.

Despite the already long list of achievements on the Pioneer's season; they are still hoping for more. The NCAA Division I Championships were held March 18-20 at the Saavis Center in St. Louis, Missouri, where Messina and Zannipour hope to go all the way. The results were not available as of press time.

## Baseball Struggles

By Jason Chudoba  
Staff Reporter

The Sacred Heart men's baseball team traveled to Miami to match up against Florida International University. The Golden Panthers handed Sacred Heart its eleventh straight loss by defeating the Pioneers 18-9.

Both teams seemed evenly matched the first four innings of the ballgame. The score was tied 1-1 going into the bottom of the fifth inning, until the Golden Panthers took a three-run lead. Junior infielder, Jeff Skellenger (Portland, OR) hit a run scoring single off Sacred Heart's senior pitcher, Dan Scott (Nanuet, NY) to give Florida International a 2-1 lead. The Golden Panthers got their next two runs of the inning off Sacred Heart errors to extend their lead to 4-1.

"Errors are a part of the game and as a pitcher it's our job to make pitches so they don't hurt us bad and we weren't able to do that against FIU, myself included," said junior pitcher, Robert Duell (Scotia, NY).

The Pioneers were able to trim the lead to 4-3 in the top of the sixth. Florida International responded by scoring six runs in the bottom of the inning.

"We got a great outing from Danny Scott and I think we ral-

lied around his performance for the first five innings. I think that fact that we haven't been on the field too much shows up when you play against teams of Florida International's caliber," said senior pitcher, Chuck Ristano (Valley Stream, NY).

After getting two quick outs, Sacred Heart pitching fell apart. Sophomore pitcher, Rob McKee (Massapequa, NY) gave up three runs before being pulled from the game. The Pioneer relievers struggled to get the final out. At the end of the sixth the Golden Panthers lead the Pioneers 10-3.

Senior outfielder, Ed Marotta (Bethpage, NY) hit a sacrifice fly to drive in Sacred Heart's first run of the seventh inning. The Pioneers would end up scoring two more runs before the top-half of the inning was over. Florida International answered right back by scoring eight runs of their own in the bottom of the seventh to make the score 18-6.

"We just flat out didn't get the job done. When you look at the final score, it's not an accurate indication of how the game went," said Ristano.

Despite scoring three more runs in the top of the eighth, the Pioneers had already dug themselves into a hole. Errors plagued Sacred Heart most of the game. The Golden Panthers defeated the Pioneers 18-9.

### INSIDE SPORTS

**COLUMN OF HANK GARGIULO**  
*Hank gloats about his bracket-picking genius. (Pg. 12)*

**SOFTBALL**  
*The Pioneers drop four at the James Madison invitational. (Pg. 13)*

**TENNIS**  
*Men's and women's tennis both fall to Quinnipiac University. (Pg. 14)*

**MEN'S LACROSSE**  
*With a loss to Dartmouth, the men are now off to a 0-5 start to the season. (Pg. 15)*

## Men's Ice Hockey Season Ended in Championship

By Meghan O'Connor  
Staff Reporter

The Sacred Heart University men's ice hockey team suffered a 4-0 loss to number one Holy Cross in the final round of the Atlantic Hockey Championship Tournament Saturday night at West Point, NY, spoiling their hopes of advancing to the NCAA tournament.

"I am really pleased with everyone's performance and effort on Saturday night," said Head Coach Shaun Hannah.

"Maybe we didn't get the bounces in our favor in some situations, but we played a great

team in Holy Cross. It's just unfortunate in how it ended for our guys."

"Nobody likes losing, but the fact is, Holy Cross was the better team that day. I definitely think we had the guys to do it, but when you don't get any bounces, it's tough to win a game," said senior assistant captain Konn Hawkes (Watrous, SK).

Holy Cross split all four of their goals between two players, as Andrew McKay and Jeff Dams propelled their team with two goals apiece. The Crusaders scored their first goal, and what proved to be the game

**See "Men's Hockey Season Ends" pg. 15**



The Spectrum/ J. GREGORY RAYMOND

Despite losing 4-0 in the Atlantic Hockey Championship game, the Pioneers had their most successful season to date.