

Dorm Name Changes are Grounded in Catholicism

Courtney Piliero
Staff Reporter

After careful reflection, Sacred Heart University officials have decided to revise the names of the residence halls to better illustrate our Catholic grounding. The name change will hold more credibility to the foundation and traditional model the University was founded on.

With the completion of the newest addition to the school, came an innovative idea in the process of naming the buildings.

By giving recognition to those individuals who are the mainstays of Catholic education: Saint Augustine, Thomas Aquinas, and Theresa of Avila, as well as many other significant figures, there also comes a better understanding of the principles Sacred Heart strives to provide to all of its students.

Due to the change in names, there will be separate ceremonies for each residence hall later on in the year, during which the building will be formally blessed.

Anthony J. Cernera, the President of Sacred Heart University stated, "We have chosen this year to name our residence halls after people who have made significant contributions to the Catholic Intellectual Tradition. These women and men lay and religious, traditional and contemporary role models have greatly contributed to the spiritual, intellectual, and



The Spectrum/ DANYA JIMENEZ

(From left to right) Merton Hall, Seton Hall, Roncalli Hall, Augustine Hall, Aquinas Hall, Avila Hall, Newman Hall. (Center) Donovan, Romero, and Dorothy Day Halls.

ethical life we value here. By re-naming our residence halls today, we are announcing a time of renewed commitment to quality in all areas of the university: academic excellence, holistic human development, leadership, spiritual growth, and service to others as we carry forward, develop and promote the Catholic Intellectual

Tradition."

Although the somewhat abrupt change may come with some questioning, Sacred Heart is the second largest Catholic university in New England, so it "just makes sense," comments Beth McFadden, a junior from Long Island, NY.

The new names will be as follows:
Jefferson Hill buildings one, two, three and four will now be known as Augustine Hall, Thomas Aquinas Hall, Teresa of Avila Hall and John Henry Newman Hall, respectively.

Freshman dorms South Hall and West Hall will become Elizabeth Ann Seton Hall and Thomas Merton Hall.

East Hall will be known as Angelo Roncalli Hall.

Sacred Heart's newest addition, North Hall buildings one through three will become Jean Donovan Hall, Oscar Romero, and Dorothy Day Hall.

Some of the individuals among those being recognized are more modern supporters of Catholic intellectual tradition. St. Elizabeth Ann Seton, for example, is accredited with beginning the American Catholic school system, and Dorothy Day started the Catholic Worker movement.

Michele Jullian, a junior from Connecticut said, "even though it's going to be kind of hard to learn all the new names, I think it gives a better understanding of what our school is all about."

In reference, these individuals all stand as icons to members of Sacred Heart University, and will be a slight but daily reminder of the origins and ideals the University upholds.

It is hoped that these new names will further contribute to the higher education the university offers to all of its students, as well as serve as a reiteration of the school's basis of foundation.

Mobile Career Center Launched

Diane Szmidt
Staff Reporter

A new service created by the Career Development Department to help students with job and internship information was launched last week. The Mobile Career Center is a new idea presented to help reach out to students who have questions and concerns pertaining to their future job placement. The MCC is a transportable center of information that has specific scheduled events to help students better their future.

The Director of Career Development, Christine Davin, believes that the Mobile Career Development Center is essentially a new marketing idea that allows the office of Career Development to bring services to students.

"Our goal is to make ourselves more visible and easily accessible on campus by setting up informational tables in locations where student traffic is high, for example outside of Flik during lunchtime," said Davin.

The MCC will be parked at various locations around campus at specific times throughout the semester. Students will receive e-mails to notify them about the MCC's location the day before as well

as the day of the services. The MCC will provide students with various activities and resourceful information.

The Resume Doctor, is one such resource. This service, is personal interaction with someone who will look over a student's resume and critique it on the spot. This provides students with hands on interaction and helpful information to create a professional resume.

The MCC also provides workshops, where students can obtain facts and data about the work force and how to handle first time interviews.

"All students are welcome to attend the MCC and obtain information, including registration for an eRecruiting account to access our internship and job postings. Students can also simply inquire as to the various programs and services we can provide to them with respect to their specific needs" said Davin. This is an excellent source of knowledge for all students.

Some students have expressed their feelings based on the MCC benefits. "I think it is a good thing because it is a mobile unit and students will see it around. Just because it will be seen around makes it easily accessible to us and that we would be more likely to get the help we need," said Keith Woodford (junior)

♦See "Mobile Career Center..." Page 2

Convocation Welcomes Class of 2008

Al Fera
Staff Reporter

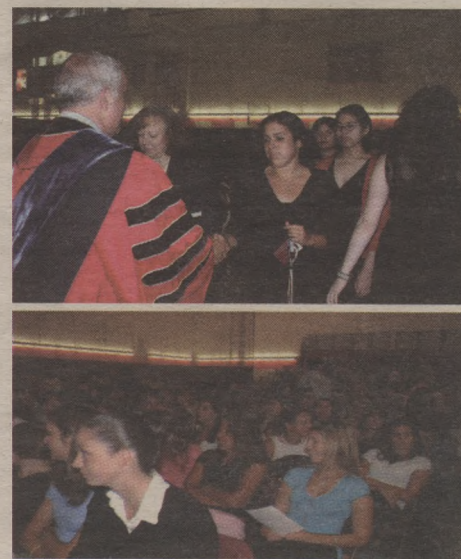
As the class of 2008 slowly walked uphill to the William H. Pitt Center last Wednesday afternoon, many were curious as to what Freshmen Convocation was. Some asked their friends, others just waited with anticipation for the event to begin.

In reality, it is a welcoming, of sorts, to the Sacred Heart Community. Every year, staff, faculty, and student government officials give formal addresses to the newest class at Sacred Heart in the hopes that this will motivate them to use the college opportunity to its fullest capacity.

For most students, freshmen convocation had a great impact on the beginning of a fruitful career at Sacred Heart University.

Senior, Todd Brownell of Hudson Falls, New York remarked, "It was something different, it wasn't anything I had really attended before. It was a serious event, but it let me see that faculty really wanted us to feel comfortable, like we were a part of something."

When you are a part of a unit, it does seem to make it much easier to function



The Spectrum/DANYA JIMENEZ

Freshmen were "formally" welcomed into the SHU community last week.

and adjust to a new home, new friends, and new responsibilities. As the students walked out of the event, they looked like they had been a part of something that meant something to them. They joked and

♦See "Freshmen Convocation..." Page 3

CAMPUS NEWS

Corrections

• **A&E Page 9:** Headline should read: Braff, Portman Shine in 'Garden State'

• **News Page 1:** Issue number should read: Issue 1

Clarification

• **News Page 1:** The picture for the article titled, "Damaged Furniture Leads to Rude Welcoming for Freshmen" is *not* of an actual student's dorm room. It is a picture of a storage room containing the broken furniture of several rooms.

Academic Interests: A New Approach to Housing

Kayla O'Brien
Staff Reporter

Isolated or concentrated? The feelings are mixed about Residential Life's new approach to matching up freshman roommates. In addition to pairing up roommates by similar interests like music and hobbies, Residential life also took a group of incoming freshmen with common academic goals and interests, and accommodated them in East Hall this year.

About 120 freshmen are housed on the third, fourth, and fifth floors of the former primarily sophomore East Hall.

"When we had our floor meeting, our RA explained that we were living in the honors dorm since we graduated with high GPA's," says freshman Anna Kochanowicz of Oxford. Although it is not officially labeled as "honors housing", Allen Machielson, Director of Residential Life/Housing, thinks that living East Hall is a "reward" for freshmen with good academic standings.

In the past, Residential Life has experimented with group housing such as a Wellness floor and even a Faith and Living Floor, but this goes further than just "themed" housing. By living with other students who share common academic goals, freshmen will be less likely to stray away from their studies and more likely to be submersed into academics.

"East is a lot quieter [than West and South], it's much easier to concentrate here," explains freshman Kaitlyn Foshay of Danbury.

It was intended that the students would be able to interact more closely with those who have similar study habits and also help with classroom activities and study groups. Why not live with someone who can relate to your academic routine? The students were paired or tripled up by these common goals. Residential life was open

to concerns, and if a student was unhappy about the idea of living in East Hall rather than the freshmen dorms they were moved into West or South Halls.

For the most part, the feedback about the actual pairing up seemed positive.

"I wasn't expecting them to do such a great job of matching us up," Foshay reveals about her and her roommate. The freshmen were also pleased with the furniture and overall living arrangements; however, suite-style living can also be less interactive, even with the other students in the hall who are eager to meet new people.

"Here, it's me and my neighbors, just one big group", Kochanowicz explains. This isn't necessarily a bad thing, but some students like Mike Jotso (freshman, Suffern, NY) "wish [that] everyone could be together in West and South Halls." He feels that by living in East he is missing out on meeting the other freshmen, and that there would be more interaction in South or West Hall.

A few of the students mentioned joining clubs in order to make up for the separation in order to meet new other freshmen.

"I feel like if I lived there [South or West Hall], I'd be closer with the other freshmen", Kochanowicz says.

A junior honors student, Cara Conlan (Waterville Valley, NH), puts herself in a freshman's shoes and comments, "As a freshman I would have wanted to live with the rest of the freshman class, I wouldn't have wanted to be segregated away from everyone."

"This is not something to separate the good students from the bad students. It's another way to match students with similar backgrounds," Allen Machielson reasons. There's nothing wrong with living with motivation and that's the hopes of Residential Life's newest idea.

Mobile Career Center

Continue from Page 1

The MCC's staff will also access information about internships and job postings throughout the semester.

"The Office of Career Development helps students perfect their resumes, hone their interviewing skills, and conduct internship searches in a multitude of fields. The resume writing process is critical to students' success in the internship, full-time job, and graduate school application processes," said Davin.

There are many resources that can help benefit students needs. "I would stop by just to see what internships they have available in the area" said Joe Giannetti (junior Manhattan, NY).

Cara Conlan, a senior from Waterville Valley New Hampshire said, "I would definitely go to the MCC if it came to me. I have such a busy schedule with class, work, and volunteering that I have always found it hard to find the time to stop by the career center. I think it's great that our school is thinking of new and creative ways to involve students."

For those students that are unable to attend the MCC when it is parked around campus, the Career Development Department can be reached via e-mail by careerdev@sacredheart.edu, or students can stop by at 215 Curtis Hall.

The MCC will continue to have workshops throughout the semester. Christine Davin, along with the other staff members of the Career Development Department, encourage all students to come by and take advantage of the resources.

Campus Events Calendar

September 23
3:30 p.m., Pitt Center Boardroom
Lecture: "Love, Persons, and the Deeply Forgetful: Alzheimer's Grace." The lecture is part of the Hersher Lecture
8:00 p.m. - Trip to Milford Bowling Lanes
10 p.m., Outpost Pub - Concert - Sick Ticket
September 24
6 p.m. to 7 a.m., Patio/lawn - Habitat Sleep-Out. This is the Seventh annual sleepout to raise awareness of poverty and housing issues worldwide, and in Bridgeport.
10:10 p.m., Patio/lawn - Laser Tron (Laser Tag)

September 26
11:00 a.m. to 4:00 p.m., Classrooms, Mahogany Room, University Commons, Edgerton Center for the Performing Arts - Leadership Institute. Programs will be given all day long about leadership and training on how to effectively run meetings and organizations.
September 27
5:30 p.m., West Hall Great Room
Campus Ministry "movie clip and pizza night"
10:10 p.m., Mahogany Room
Pajama Jam. Open to all SHU full time undergraduate students- come and dance in your pajamas!

September 29
2:00 p.m., Mahogany Room - Student Government election speeches for the Freshmen class. 2:00 p.m. - University Commons - Lecture: "Dissent and the Future of the Church"
7:00 p.m., North Hall, Holy Grounds Coffeehouse - "The DaVinci Code" book discussion
7:30 p.m. - Mahogany Room - I.B. Singer Lecture Celebrating Author's Centennial.
9:00 p.m., - Holy Grounds Café (North Hall, building A) - Todd Martin, Acoustic Singer

For more information about these or other campus events, visit: <http://calendar.sacredheart.edu/>

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CAMPUS NEWS

Study Abroad Opportunity: The Ultimate Roman Getaway

Umberto Torrielli
Staff Reporter

Back in the 16 century, Pope Gr gory once said of the delight of discovering Rome that a "lifetime is not enough". He might have been right, and Sacred Heart's study abroad program will, at the least, give you the exclusive chance of exploring this magnificent city over the period of a semester.

Certainly it is a widely accepted fact that Italy is one of the most beautiful countries in the world thanks to its rich culture reminiscent of the splendid Renaissance artists such as Leonardo da Vinci and Michelangelo, but also for its past might and glory during the days of the Roman empire. Twentieth century Italy has lost nothing of its charm, and is now more than ever a popular place to visit and moreover, to live in.

Sacred Heart University offers a study abroad program in Rome, hosted by the AUR (American University of Rome), for which sophomores, juniors, and seniors with a minimum GPA of 3.0 are more than

welcome to apply.

This program is available during both the spring and fall semesters, as well as for a shorter period during the summer.

In order to obtain an application, students can either visit the website at <http://studyabroad.sacredheart.edu>, or stop by the SHU Office of Study Abroad located in room SC 124.

Also available in this office are view books and CD's for those who would like more information on AUR.

In order to participate in this exceptional opportunity, it is required that students have a valid passport as well as a student VISA.

Marylou Roof, the Study Abroad Program coordinator works directly with the Italian consulate of New York in order to facilitate the VISA process. For more

"Students have benefitted from the experience and have been transformed from young college students to globally aware adults."

- Marylou Roof, Study Abroad Program Coordinator

information on this procedure, the official website is available at the following URL: <http://www.italconsulnyc.org/>.

Upon arriving in Rome, students will immediately be immersed in the local culture thanks to the furnished housing in which they will reside, located around AUR in the middle of Rome, with easy access to local transportation.

Keri Wilson, a senior from Boston MA who lived in one

such apartment (viewable at <http://studyabroad.sacredheart.edu/spons-programs/italy/housing/index.asp>) said "It was an amazing experience, I would do it again in a second!"

Another senior, Sal Liistro from Minneola, NY whom had the chance of

partaking in the study abroad program said that his time in Rome was the "best four months ever" and recommended it to "everyone who has the opportunity of doing it".

Unquestionably studying abroad is a very enriching process for the student who profits enormously from the exposure to a completely different culture, and definitely gains a diverse insight on different issues.

However, it is also the opportunity of representing one's country itself, and should not be overlooked by anyone eager to grasp this once in a lifetime chance.

Once back in the U.S., Marylou Roof has often noted that the "students have benefitted from the experience and have been transformed from young college students to globally aware adults".

If you are ready and willing to plunge yourself into a completely different lifestyle that will literally change and enhance your character, stop by the Study Abroad Office and ask for more information about the exciting Rome program; you will certainly not regret it.

Tuition Aid

Continued from Page 5 ♦

hours during some weeks over the summer, clocking in and out at two jobs. He saved up for his car, a 1988 Oldsmobile, and paid off all his insurance in advance. On weekends, he skips campus parties in favor of going back to his foster home in East Hartford, playing hockey, and putting in hours at Dairy Queen.

Around the time he was writing his college application essay, he read a newspaper article about DCF with the headline, "Department of Children and Failures." He got upset, and started writing.

"If I'm the definition of failure, I don't know what it takes to be a success. So that's what I wrote about," he said. "For a real long time, I was never like, 'I'm a foster kid.' It took me awhile to realize that I had somehow overcome the odds."

LaClair hasn't decided on a major yet. He's thinking about becoming a teacher, so that he can work with students in an urban district like Hartford or East Hartford.

"Kids who are in bad situations kind of get down on themselves," he said.

He wants to tell them that even though they're in a bad situation, they can change it, move forward, and make their lives better.

"If I can say that and change one person's life ... that's all I can hope for."

Convocation

Continued from Page 1 ♦

laughed as always but most understood what the purpose of the convocation was.

During this year's freshmen convocation, a bomb was dropped; all of the on campus residence halls were being renamed. Each hall is being named after a great Christian visionary.

As the new halls were named during freshmen convocation, the students erupted when they heard South and West Hall being renamed to Elizabeth Ann Seton Hall and Thomas Merton Hall, respectively.

Of the name change, senior, Keith Mitchell of Garden City South, New York stated, "It's going to take three years for everyone to start actually calling the dorms by their new names. It's hard after knowing something as one thing to just starting calling it something totally different."

This year's freshmen convocation welcomed the class of 2008 to a brand new Sacred Heart University, one that is growing in size as well as religious meaning.

PROFESSIONAL ETIQUETTE DINNER

Thursday, October 14th, 2004

**Career Presentation: "Key ways for landing that Job"
5:00-6:00pm, Edgerton Center for the performing arts**

Followed by...

**"Hands On" Etiquette Dinner
6:10-7:45pm, Mahogany Room**

**Hosted by nationally recognized etiquette expert
and president of At Ease, Inc., Ann Marie Sabath!**

Sign up in Career Development, 215 Curtis Hall
By Friday, October 8th

Bring your friends...sign up together & sit together!

Cost=\$8/person
Payable by cash or flik points

Professional Attire Required!

Participation will be limited to the first 150 students who sign-up

CAMPUS NEWS

SHU-Vival of the Fittest - SHU-Vivor 2004

Sarah Decker
Staff Reporter

Think Survivor is hard? Then take a look at SHU-Vivor, sponsored by SET. Starting at 6:00 p.m. Friday, Sept. 17, a group of students were continually put through many arduous challenges throughout the weekend. That doesn't sound like fun? Wait until you hear about the prize. The winner took home \$2,004 and the title of SHU-Vivor.

These events took place campus wide, with students' sleeping quarters stationed outside of Hawley Lounge on the grass. Despite the unfavorable weather, they were woken up at any hour, day or night, to complete tasks. Unlike previous years, the weekend began with every man for himself, instead of groups, competing to be the last one standing.

There were a variety of events that took place throughout the weekend. These tasks included musical chairs with a twist, searching through a swimming pool of dog food and baked beans, and fishing marshmallows out of baking tins filled with mayonnaise, ketchup, relish, and coffee syrup. The last event was a treadmill challenge, where seven questions needed to be answered correctly. If answered

wrong, however, the speed and incline of the treadmill was increased. Following this challenge, a crossword puzzle about SHU-Vivor and Sacred Heart University had to be completed.



The Spectrum/MARK STANCZAK

Top: SHU-Vivor winner Mike Mosher
Bottom: Students gather for next challenge

After each task, someone was voted off leaving the others anxious and ready to compete again. As the number of contestants got slimmer, the competitiveness was amplified. Although each competitor strived to be the best, they all enjoyed themselves and gained other benefits.

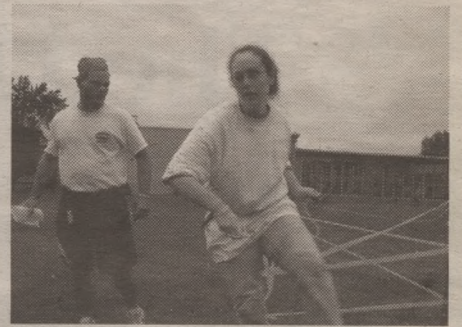
Mike Mosher, a junior from East Windsor, was this year's SHU-Vivor. You may ask, "What was his key to success?"

Mosher says, "the weekend was a great experience. I have no regrets, the key to everything is confidence in yourself." He explained how "everyone played a great game."

Mike Moloney (junior, Millbury MA), the second place winner, described other things he gained from this game.

It was an "amazing time to meet new people and to strategize while simultaneously learning new lessons to use in life."

Josh Sedlock, former winner in 2002, agrees saying, "SHU-Vivor was the highlight of my freshman year." Sedlock, a junior from Naugatuck, began the weekend barely knowing the other con-



The Spectrum/MARK STANCZAK

SHU-Vivor players competed in several different challenges and tasks

tants but like Moloney, he says "I made a lot of friends that weekend, who are still my friends today."

SHU-Vivor turned out to be a huge success for not only the winner, but for everyone involved.

LADIES NIGHT OUT

Friday, September 24th

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BEYOND SHU

Program Grants Free Tuition for DCF Foster Children

Norreen Gillespie
Associated Press

In the sea of students on the University of Connecticut's campus, freshman Alex LaClair zips around from class to class on his new bicycle.

At first glance, you'd never know he was a kid who beat the odds. That's the way he likes it.

LaClair's journey to Storrs has been difficult. Having been in and out of foster homes for much of his life, he is a product of the state's welfare agency.

"No one here has a clue," he says.

LaClair is part of a state program that pays for foster children to attend college if they stay under the supervision of the Department of Children and Families until graduation.

The idea is that with an education, foster children will become more self-sufficient, and get the tools to succeed in life. The state picks up the tuition and other costs for those who are accepted to college. Experts say it saves the state money in potential social service and incarceration costs down the line.

The state spent \$1.6 million on the program in 2003, the last year for which the data is available, according to the DCF.

"I think if you probably reduce one young person going to jail, you could probably pay two, three or four times for a young person in our care," said Frank Martin, coordinator for adolescent services at DCF. "I think it's a no-brainer."

The Department of Children and Families wants to produce more teens like LaClair. Research shows that foster children, who often shuffle from home to home throughout their childhood, struggle more in school. According to the Lumina Foundation, a national education advocacy group, just one in eight foster children graduate from a four-year college or university.

This year, 183 DCF students are enrolled in some type of higher education program. Students contribute \$500 a year, and are asked to apply for grants and scholarships. The remainder of their tuition, room and board and a laptop computer are paid for under the program.

"We had been in a position where

we were finding if we started to talk to young people as juniors and seniors in high school, it was really too late," Martin said.

LaClair spent much of his childhood in foster homes or dealing with DCF. He figured he'd join the Marines after state care. After all, it was free.

But then his social worker told him he could go to college.

"So if I get into Harvard, or Yale, whatever, you'll pay for me?" he asked.

"If you get in," came the worker's reply, emphasizing the "if."

According to data from 2003, only about half of teens in DCF care at age 17 decide to stay and pursue a higher education. Those that seek a vocational, two-year, or a four-year degree can continue to receive state assistance until they turn 23, as long as they perform well.

The DCF was caring for just 26 students over the age of 21 in 2003. Officials said that is because they believe more students choosing two-year degrees or leaving the program before graduating from a four-year school. Martin said the numbers of students taking advantage of

the program have increased over the years, and that it is producing success stories, including students that have been accepted at both Yale and Stanford, and others who went on to become workers with DCF.

For LaClair, it provided an incentive, said Gloria McAdam, his foster mother. He worked hard to improve his grades between his freshman and sophomore years in high school, determined that he could make something more of himself.

She thinks he might have gone to college even if the program wasn't an option. But with the financial burden lifted, he went from being sure he would enlist in the military to having as many options as he wanted.

"Certainly, there's an inborn intelligence there," said McAdam. "But he's definitely not had an easy life, and intelligence alone won't get you through, get you into college, and get you through it," she said.

LaClair is determined, focused, and has a strong work ethic. He logged 80

♦See "Tuition" Page 3



National and Global News

CAIRO, Egypt (AP) - Iraqi interim Prime Minister Ayad Allawi said in an interview published Monday that a broken and depressed Saddam Hussein had appealed to him for mercy, saying his regime had meant no harm during the former dictator's years running the country. "Saddam sent me a verbal message asking for mercy," Allawi told the pan-Arab daily Al Hayat. "He said they were working for the general good and they didn't aim to harm."

NEW YORK (AP) - Senator John Kerry said Monday that mistakes by President Bush in invading Iraq could lead to unending war and that no responsible commander in chief would have begun the war knowing Saddam Hussein didn't possess weapons of mass destruction and wasn't an imminent threat to the United States. "Yet today, President Bush tells us that he would do everything all over again, the same way. How can he possibly be serious?" the Democratic presidential candidate said at New York University.

BAGHDAD, Iraq (AP) - Relatives pleaded Monday for the release of two Americans and a Briton held hostage as a deadline loomed for their beheading. In Baghdad, gunmen assassinated two clerics from a powerful Sunni Muslim group opposed to the U.S. presence in Iraq. The

Tawhid and Jihad group, led by Jordanian terror mastermind Abu Musab al-Zarqawi, has threatened to behead Americans Jack Hensley and Eugene Armstrong and Briton Kenneth Bigley on Monday unless Iraqi women are released from two U.S.-controlled prisons here.

KABUL, Afghanistan (AP) - Two U.S. soldiers were killed in a firefight with insurgents Monday, while an Afghan vice president escaped a bomb attack on his convoy in the latest assassination attempt on a political leader ahead of key elections. The U.S. military said leaders of al-Qaida and the Taliban have held a series of meetings in Pakistan to discuss how to disrupt the elections. U.S. and Afghan officials have been warning of increased violence before the Oct. 9 presidential vote.

WASHINGTON (AP) - A judge has struck down more than a dozen of the government's current rules on political fund raising with just weeks before Election Day, concluding federal regulators improperly weakened the nation's campaign finance law. U.S. District Judge Colleen Kollar-Kotelly ordered the Federal Election Commission to write new rules to govern key aspects of fund raising, including when candidates and outside parties can coordinate activities.

Connecticut News

Associated Press

BRIDGEPORT (AP)

While Hartford is busy rebuilding its downtown with a windfall of state money, economic officials in Bridgeport, the state's largest city, grow frustrated with the disparity of funds.

"That's called the short end of the stick," Edward Lavernoch, a senior Bridgeport economic development official, told the Connecticut Post. "Some say we don't have plans, but we do. I just don't see the logic in such an inequity in funding. I don't know what to say any more. It's demoralizing."

Since 1998, the state has pumped more than \$600 million into the capital city region for a variety of projects. The billion-dollar, public-private Adriaen's Landing downtown development plan includes a new convention center, hotel and shops on the riverfront. Officials hope to attract young professionals into new, upscale housing.

Bridgeport received \$128 million in state economic development assistance since 1996, or about one-sixth the amount pumped into Hartford, according to an analysis of bond allocations, the Post reported.

About \$31 million of that money is earmarked for a proposed juvenile jail and court. The rest was spent on a variety of small ventures in Bridgeport, along with the city's baseball stadium, sports arena, a new shipyard and measures to take control of Steel Point for waterfront redevelopment.

Some state officials, however, say Bridgeport is to blame for its level of funding. Marc Ryan, director of the Office of Policy and Management, said there is a lack of a unified vision for development. That coupled with the corruption under former Mayor Joseph Ganim and competition among city lawmakers for projects has the state reluctant to make large financial commitments to Bridgeport.

"Bridgeport has lagged a bit, but it's close to Waterbury and ahead of New Haven," Ryan said.

Mayor John M. Fabrizi said his administration is working to bring together a unified agenda for development.

"I recognize the need for a unified approach between City Hall, the legislative delegation and the business community. We are pulling together a plan and the objective is to have a united front," Fabrizi said.

But despite ongoing urban renewal efforts, Hartford is ranked among the worst cities in America based on high levels of urban hardship, according to a recent study by the Rockefeller Institute of Government.

Hartford ranked seventh in the assessment. The worst were Miami, Newark, N.J., Gary, Ind., Detroit and Cleveland. Buffalo, N.Y., ranked sixth.

The study measured categories such as unemployment, residents on government assistance, high school education, income, crowded housing and households below the federal poverty level.

Perspectives

Animals Have the Right to Live Too

Dear Editor:

When students at high school "Participation in Government" class were asked to invite outside speakers to debate controversial issues, I accepted the opportunity to discuss why I believe the school should stop purchasing animal "specimens" for teaching biology, and should instead use lifelike three-dimensional plastic models with removable parts and/or interactive computer programs.

I showed the class a "People For The Ethical Treatment of Animals" (PETA) video, "Classroom Cut-Ups," which depicted, among other abominations, workers at a dissection supply house embalming animals from cats to crabs while they were still alive.

Frogs are usually dropped into an alcohol solution, which takes about painful minutes to cause death.

According to Physicians Committee For Responsible, the formaldehyde used to preserve the animals' bodies can harm people exposed to it. Formaldehyde is a carcinogenic irritant to eyes, skin, throat, lungs and nasal passages.

The National Association of Biology Teachers has urged schools to offer alternatives to dissection.

I shared all this with the students, and asked if their biology class dissection experiences helped them learn biology. Most replied no.

One student wondered if it was unethical to dissect fetal pigs that were

taken from the bodies of their butchered mothers. They would not have survived anyway. I replied that dissecting fetal pigs was perhaps a lesser evil than killing live animals for dissection, but why dissect any animal?

Serial killer Jeffrey Dahmer told Dateline NBC, "in ninth grade, in biology class, we had the usual dissection of fetal pigs, and I took the remains home and I just started branching out to dogs and cats." I suggested to students that while I trusted their dissection experiences had not demonized them, I nevertheless agreed with Adelphi University Biology Professor George Russell, who wrote that "dissection not only fails to promote reverence for life, but encourages the tendency to blaspheme it" by desensitizing students to cruelty and to sanctity of life.

But most schools and colleges in America continue to emphasize dissection. Educational administrators should listen to what one student told PETA: "I passed geography without leaving my home state, and passed geology without seeing planets collide. It's insulting to argue that students can't understand anatomy unless they stick scissors into a frog's brain."

Joel Freedman

Note: Mr. Freedman chairs the public education committee of Animal Rights Advocates of Upstate New York.)

Obnoxious Traffic Light

Kelly Ryan
Perspectives Editor

The editorial is actually a little overdue and deals with an issue that has been bothering me since the first day of classes. On Sept. 7, when the semester began, I got into my car to get from Park Ridge to campus. I left 20 minutes early; this would allow me enough time to find a parking spot, stop in FLIK and talk with whoever I would happen to run into, and get to class right on time. Thinking that Park Ridge is only up the road, I believed that I had allowed plenty of time. However, just about where East Hall begins, I happened to come across some traffic. Initially, I thought that since it was 9:30 a.m. it might be some early morning traffic, made worse by the fact that it was the first day of school. Soon, I realized that this had nothing to do with the first day of school or the time of the day. None of the conventional wisdom seem to apply to this traffic situation; the reason for the traffic jam was a three-second traffic light! To this day, this traffic light is still causing all of the back up on Park Avenue.

Given that I have complained out loud to everyone around me, day after day, about the left turn light on Park Avenue to turn onto the campus, I figured I might as

well whine about it to the entire student community. That three-second turn light has caused me enormous stress during the last three weeks. I think it is ironic that it only takes me about 60 seconds to get from Park Ridge to the light, and then, about another four to five minutes to actually make the turn onto the campus. I am still not quite sure why the light is so short or who is to blame for. But I know, it not only a bad idea but flat out dangerous as well: Drivers will either just go through it, or proceed to go straight and then make a U-Turn over the double yellow lines after the light, so that they can make a quick right onto campus, like I have done from time to time. Although both of these options are slightly perilous, they are by far quicker than waiting for the three-second green arrow! As if finding a parking spot is not time consuming enough, now there is another delay to worry about...actually turning on to the campus. So if you live only minutes away, you should treat the trip to the campus as a half hour commute: two minutes to get to campus, five minutes to walk to class, 10 to find a spot and 23 to wait at the light... Okay, so that might be a slight exaggeration; but when I say that the green arrow is only three seconds long, I definitely mean it... and waiting for the light for minutes on end, an everyday reality.

Dear Editor:

On Tuesday afternoon, September 14th, the brothers of SIGMA DELTA CHI helped to plant 26 pine trees (White Pine seedlings) on the bank that rises up from the University's parking lot near the Park Avenue House. This was the second time in the last three years that the SIGMA DELTA CHI fraternity has helped to plant trees and/or shrubs on SHU's campus.

I hope everyone on campus enjoys the sight of the trees and joins me in expressing thanks and appreciation to SIGMA DELTA CHI for helping the University to do something positive for the environment.

Grant Walker, Associate Professor of Sociology, Sacred Heart University.

PHOTO CONTEST

Have you taken any good pictures over the summer?

Send them in and win \$50!!!

Send your entries to:
RyanK28@sacredheart.edu
by Sept. 30!!!

The SPECTRUM

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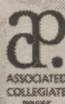
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A close-up of raindrops on a leaf during a rainy day in Central Park, NY.

The Spectrum/DANYA JIMENEZ

He Said... She Said...

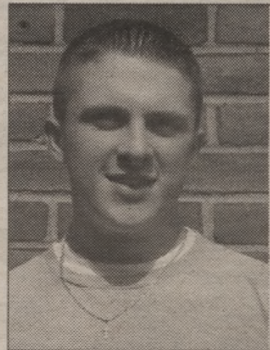
What is the best way to break off a summer relationship?

Robert Roy
"He Said" Columnist

Some easy ways of ending a relationship can include leaving a message on the answering machine, sending an email or just calling them are just a few of the many ways you can end a summer fling. However, these are not suitable ways to say goodbye and you will need a reasonable excuse to end the relationship, which should be done in person.

Going away to college will create a long distance relationship and this will make your college life more complicated. This is just the beginning of many reasonable causes to end the connection.

Now, that you have your motives and your means of conveyance, you must still remember the feelings of your soon to be ex-significant other. There are four obligations that you owe to your summer fling. First, you must be both open and honest with him or her so they are not left high and dry without an explanation. Next, do not procrastinate, there is



The Spectrum/DANYA JIMENEZ

no need to pointlessly lead that person on. Third, do not cheat! You always want to end a relationship on good terms and with a clean conscious. Also, cheating is not exactly an art you want to become a professional at, as once one person finds out, word will spread fast and that will be the end of your reputation. Lastly, if it is possible, do it before you go to college, it will simply make everything a lot easier and simple.

Overall, the best way to end your summer relationship is to do it in person, with a reasonable explanation and before you leave for the biggest endeavor of your life.

Athena Soriero
"She Said" Columnist

To begin a summer relationship is just like a "summer romance." It's usually understood by both parties that it's just something to keep them entertained for three months out of the year, then when September rolls around they can both bail without looking bad because of that universal moving back to school excuse. Sounds like a pretty good deal, however, there's always the chance that one person might have watched the movie Grease too many times or became a little too attached and isn't willing to put it on pause until winter break or next summer.

If this circumstance arises, there's no need to fret. There is definitely an endless list of options to choose from to achieve that nice clean split. (that's if hopefully you're not the one getting shut down). You can: A) pull the "busy guy/ girl" and throw something out there such as, "ya know I'm going back to school and I just

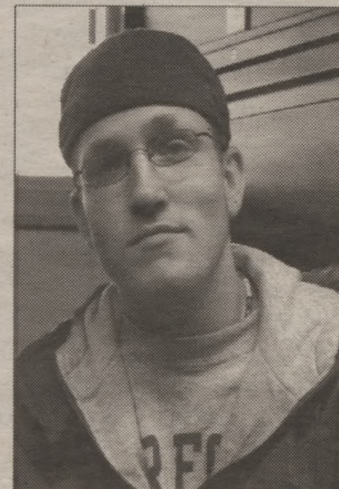


The Spectrum/DANYA JIMENEZ

don't think it's fair to you because I'll just be so busy with class and what not," B) go out, have a good time, shake hands and honestly say "ok it's been cool hanging out, I'll see ya over winter break, if not there's always next summer," C) You can set them up for disappointment and pump their heads full of empty promises about keeping in touch and going visit them and then just never stick to your word. Or lastly, you can opt for D) Don't say a word, pack up shop and move back to school without giving any type of explanation what so ever, because after all... it was just a "summer romance".

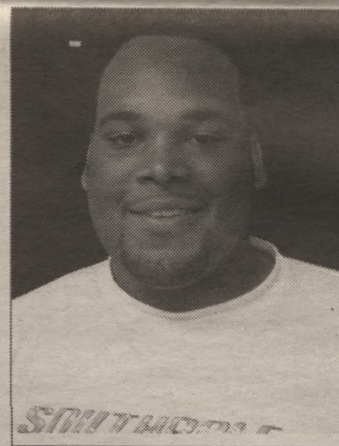
SHU *Voices*

Which is your least favorite class?



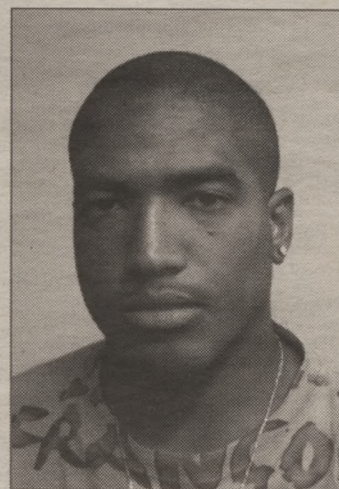
"Religion"

Mike Philbin
West Hempstead, NY ~ Senior



"English, because it's at 8 am"

T.J. Robinson
Bronx, NY ~ Sophomore



"Math"

Shalim Mene
Cliffside Park, NJ ~ Sophomore

Clarification

Nadia Korovesi
Editor-in-Chief

The first first issue of "The Spectrum" created some controversy among students and faculty members of Sacred Heart. Some of our readers felt offended and got frustrated because of the article on the front page with the title: "Damaged Furniture Leads to Rude Welcoming for Freshmen."

I would like to make a clarification with regards to the picture that accompanied that article. The photograph showed a corner of a storage room, not a student's room, full of broken furniture, and its caption read: "Students found beds, chairs and various other damaged furniture in the dorms." With a first look at the paper a reader could make the generalized assumption

that the freshman students found their dorm rooms full of damaged furniture. I believe that the controversy was created because the caption of the picture failed to disclose that it was referring to a storage room.

Nevertheless, the actual article consists of facts and was overall fair and balanced. The reporter, Diane Szmidt, made a handful of interviews among students and faculty to back up the information of her story and described that in the South and West Hall the freshman students found "a large number of unstable and damaged furniture."

I would like to apologize for any inconvenience this picture might have caused and to assure you that everyone on "The Spectrum's" staff is going to double their efforts to prevent similar misunderstandings in the future.



The Spectrum/ KELLY RYAN
A drawer in a student's bedroom in South Hall.

The editorial pages are an open forum. Letters to the editor are encouraged and are due by Monday at noon for consideration for each Thursday's issue. All submissions are subject to editing for spelling, punctuation and length. The Spectrum does not assume copyright for any published material. We are not responsible for the opinions of the writers voiced in this forum.

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<http://spectrumsacredheart.edu>

Word of the Week

Desistance:

A ceasing to act or proceed; a stopping

Other forms:
desistive, desition

Courtesy of Webster's Unabridged Dictionary

—Arts & Entertainment—

‘Wimbledon’ Falls Short of a Championship Match

Deja Kreutzberg
Staff Reporter

“Wimbledon” is a romantic sports comedy starring British actor Paul Bettany and “Spiderman” star Kirsten Dunst as two athletes who fall in love while competing on the courts of the famous tennis championship.

Peter Colt (Bettany) is a 32-year-old tennis player whose biggest downfall is his own self-doubt. During his career he was once ranked 11 in the nation, but soon slid to 119 due to his constant choking on the court. Accepting a job as tennis director at a local country club, Peter decides to participate in his thirteenth and last tournament at Wimbledon as a wild card.

Focused on all the young, strong talent present at the sporting event, Peter is already expecting defeat. To make matters worse, his family life is locked in a downward spiral as well. Peter comes home one day to find his father, Edward (Bernard Hill), packing up his things and moving to the tree house on the family estate. He then bumps into his porn-addict brother Carl who rats Peter out to their mother about Peter's decision to quit tennis.

Peter's sulky and dismal mood is quickly lightened when he enters the hotel



AP Photo/Laurie Sparham

American tennis champ Lizzie Bradbury (Kirsten Dunst) and low-ranked British tennis player Peter Colt (Paul Bettany) engage in a cross-court affair in the romantic comedy “Wimbledon.”

room of tennis phenom Lizzie Bradbury (Dunst). Lizzie is the favorite to win the championship at Wimbledon under the watchful eye of her coach and father, Dennis Bradbury (Sam Neil). A spitfire full of vulgar gestures and a quirky person-

ality, Lizzie gives Peter the confidence and support he needs to make him rise to the top once again. Peter begins to play from the heart once more and the two begin to fall in love.

Directed by Richard Loncraine in the

same tradition of such hit romantic comedies as “Four Weddings and a Funeral,” “Notting Hill” and “Bridget Jones Diary,” “Wimbledon” follows suit as a fluffy romantic comedy set against the famous tennis championships. While entertaining and endearing, this movie left much to be desired. Filled with clichés, a predictable plot and a weak script, “Wimbledon” isn't even saved by its talented headlining actors.

With that said, “Wimbledon” is comprised of a few interesting and exciting characteristics. Cinematographer Dariusz Wajsbort did a superb job in making tennis interesting for those who find the game to be boring. Using CGI, he manages to place the audience inside the game. We follow the ball from serve, to bounce to direct contact with the other racket. Visually, “Wimbledon” is amazing to watch and very interactive for the audience.

While altogether slow and predictable, “Wimbledon” is a lovable movie for those interested in a fluffy romantic comedy.

MOVIE REVIEW



“Wimbledon” (PG-13, 98 minutes)
Starring: Paul Bettany, Kirsten Dunst

ENTERTAINMENT BRIEFS

On-Campus Events

FRIDAY, SEPTEMBER 24

- A screening of the film “Les Misérables,” starring Liam Neeson and Uma Thurman will take place in the faculty lounge at 12:30 p.m. The event is free and open to the public.

WEDNESDAY, SEPTEMBER 29

- The Holy Grounds Book Club will kick off its first discussion of the year at 7 p.m. at the Holy Grounds Coffee House in North Hall. The first discussion will center around the best-selling book “The Da Vinci Code” and participants will have the opportunity to win a copy of “Fact and Fiction in ‘The Da Vinci Code’” by Steve Kellmeyer.

National News

SUNDAY, SEPTEMBER 19

- The best in television was honored this past Sunday at the 56th Annual Emmy Awards. Shows like “Arrested Development” and “The Sopranos” took home top honors while “Angels in America” was named the Outstanding Miniseries of the Year. The night also saw awards presented to the likes of Al Pacino and Kelsey Grammer.

- Macaulay Culkin, star of 1990's “Home Alone” and 2004's “Saved!” was arrested last week in Oklahoma City for possession of marijuana and other controlled substances. Culkin was later released on a \$4,000 bond.

- Britney Spears did it again this past weekend when she married her dancer fiancé Kevin Federlin in a private Los Angeles ceremony. This is the second marriage for Spears this year.

—Compiled by Patrick Scalisi

Turn up the Heat with Sahara Hotnights

Laura Day
Staff Reporter

Swedish rock band Sahara Hotnights has been touring the world since venturing out of their country two years ago. Their new album *Kiss & Tell*, released July 27 on RCA records, brings them back into America with more catchy riffs and retro-sounding tunes.

Reminiscent of bands such as The Donnas, Sahara Hotnights consists of four ladies—vocalist/guitarist Maria Andersson, drummer Josephine Forsman, guitarist Jennie Asplund and bassist Johanna Asplund—who give decent performances on their respective instruments. *Kiss & Tell* has a 70's feel that is easy to listen to and will make listeners want to sing along.

Originally formed as a punk band, the Saharas have evolved on this album as melodic power pop, while Andersson's lead vocals keep the sound raw and simple. From the opening track “Who Do You Dance For?” it's clear that listeners will be able to move straight through the record easily.

Each song on *Kiss & Tell* has an upbeat and danceable sound except for the ballad-like track “Keep Calling My Baby,” which is mellower compared to tunes such as “Empty Heart,” and the first single released off the record, “Hot Night Crash.” Josephine Forsman, admits to being inspired by bands such as The Pretenders, Cheap Trick, and The Go-Go's, which is evident on songs like “Nerves.”

Although somewhat lacking in originality, Sahara Hotnights is respectable for what they are. Their new album is not recommended for those looking for some-



RCA/Peter Alendahl

Sahara Hotnight (from left, Maria Andersson, Jennie Asplund, Johanna Asplund and Josephine Forsman), a Swedish rock band with a nostalgic sound, released their fifth album this summer entitled *Kiss & Tell*. The band is currently touring with Phantom Planet and The Like.

thing new and exciting. However, if you just want to dance to some music reminiscent of the 70's and 80's, *Kiss & Tell* is the perfect choice.

Sahara Hotnight is touring all through the months of September and October with both Phantom Planet and The Like. For more information about the band or to

purchase any of their previous albums, visit www.rcarecords.com.

MUSIC REVIEW



Sahara Hotnight, *Kiss & Tell*
(2004, RCA Records)

Music World Mourns Loss of Punk Legend

Alex Kantarelis
Staff Reporter

The punk-rock world lost one of its forefathers last Wednesday when Johnny Ramone succumbed to prostate cancer at his home in Los Angeles. He was 55.

Ramone, whose real name was John Cummings, died in his sleep surrounded by his friends and family. He had been battling cancer for five years and was hospitalized with an infection in June.

The Ramones were responsible for launching a revolution with their unique style of loud, high-speed music, and t-shirt-and-jeans image. Thrashing through three-chord songs in under two minutes with shouted vocals lead to such rock classics as "Judy is a Punk," "Blitzkrieg Bop," and "I Wanna Be Sedated." Their frantic live shows gave the New York-based band a huge underground following in the mid 1970's, especially at CBGB's in Manhattan, the club that became a staple location for all punk fans.

Inducted into the Rock and Roll Hall of Fame just last year, The Ramones had to wait until half their members had died to be accepted by a mainstream crowd. With Johnny's death, the only living member of the band is now drummer Tommy Ramone.

In total, The Ramones released 21 albums over three decades and were considered a touring powerhouse. While more attention was often given to more colorful acts like the Sex Pistols and The Clash, it was The Ramones' live shows that set the band apart from the opposition.



AP Photo/George DuBose

[Left] The Ramones (clockwise from top left: Richie Ramone, Joey Ramone, Dee Dee Ramone and Johnny Ramone)—seen here in June 1986—were a pioneering force in the world of punk rock. Johnny Ramone, guitarist and co-founder of the band died Wednesday, Sept. 15 at his home in Los Angeles. [Right] Hollywood Rockwalk director David Weideman puts down Johnny's legendary white Mosrite guitar next to the band's imprints at the Hollywood Rockwalk on Sept. 16 at the the Guitar Center Hollywood, in Los Angeles.



AP Photo/Damian Dovarganes

Throughout the 1990's, the band was widely accepted by a newer generation of angry youths and, in 1992, "Spin Magazine" named the band one of the top seven rock acts of all time, officially acknowledging the Ramones' hard-earned success.

The band retired in 1996 after their

farewell tour, and Johnny Ramone officially hung up his guitar. Though many thought the band would be forgotten in the archives of rock, The Ramones are remembered as legends more than a decade later; their influence is still seen today in bands like Green Day, Blink 182 and Yellowcard.

Along with his wife Linda Cummings, Johnny was surrounded by celebrity friends, including Eddie Vedder and Rob Zombie to name a few.

Johnny Ramone will truly be missed in the world of punk.

DVDs From a Galaxy Far, Far Away



AP Photo/Rene Macura

This past Tuesday saw the premiere of the original "Star Wars" trilogy on DVD. The four-disc boxed set includes "A New Hope," "The Empire Strikes Back" and "Return of the Jedi." Each of the films have been painstakingly remastered for the release with improvements to both picture and sound quality.

There is much debate between fans over the changes that have been made to "Star Wars" over the years. In 1997, George Lucas released all three films in a Special Edition format that included deleted and extended scenes. Though some heralded the changes as spectacular, many fans (and film preservationists) still prefer the original theatrical cuts, which are now only available on VHS.

SHU Gallery of Contemporary Art Opens 'For the Birds'

Laura Day
Staff Reporter

This past Sunday, Sept. 19, Sacred Heart's Gallery of Contemporary Art opened with a traveling exhibit called "It's for the Birds." The curator for the exhibit, Bernice Steinbaum of the Bernice Steinbaum Gallery in Miami, Florida, carefully selected the works and created the overall theme and ambiance.

Inspired by the way birds surround and occupy our landscape, 50 artists, designers and architects have created fascinating works that resemble birdhouses. Each demonstrates the artists' unique view and every piece includes a quote pertaining to birds from a famous writer or other historical figure.

This Invitational Traveling Exhibition will run until Oct. 28.

In addition, two "Artist Talks" will be held within the duration of this exhibit. On Sept. 30, Barbara Pierce will present "The Bird Nature of Humans: A Bird's Eye View of Human Behavior," and on Oct. 5, renowned sculptor Helene Brandt will speak about her work.

This is the 15th season for the Gallery of Contemporary Art and director Sophia Gevas is excited about the upcoming year. In addition to "It's for the Birds," the gallery will also include a faculty art exhibit

and a student art exhibit later this year. There will also be a showcase entitled, "Wetlab: The New Nexus Between Art and Science," curated by Ms. Gevas and Robyn Donohue, as well as a juried exhibition of monoprints and monotypes presented by



The Spectrum/DANYA JIMENEZ

The Gallery of Contemporary Art premiered its first exhibit this past week.

The Monoprint Guild of New England.

Ms. Gevas is especially excited about the first exhibit of the year. She believes that the feel of "It's for the Birds" is exciting because each piece has "little hidden secrets" that can't be explained without experiencing them personally. All students are encouraged to attend the exhibit anytime that the Gallery is open.

Features

CREATIVE CORNER

I Am An Animal

Nick Neeves
Contributing Writer

I am an animal.
You are an idol.

I am a hunter.
You are a farmer.

I am a warrior.
You are a lover.

I am a monster.
You are a mother.

I am an explosion.
You are a fusion.

And I sever.
And you suture.

And I desecrate.
And you dedicate.

And I breathe in.
And you breathe out.

And I give in.
And you cry out.

And I groan.
And you moan.

And I grasp.
And you gasp.

And I deliver.
And you quiver.

And I dream.
And you scream.

And I have become
And you've lost

I am everyone!
And at your cost.

**If anyone would like
to submit any creative
work please send me
an email:**

C-Mitrano@sacredheart.edu

Have A Colorful Autumn!

Lindsay Brophy
Staff Reporter

*Fall just does not
offer beautiful colors
and brisk weather, it
can bring so much
more excitement and
entertainment!*

The fall season is one of the most beautiful times of the year. For many, fall is their favorite season. The leaves change colors and turn any ordinary landscape into a beautiful work of mother nature's art.

Sacred Heart has a fifty-seven acre campus which is surrounded by beautiful foliage, making the campus and its surroundings a very beautiful place to live in the fall. Many students love taking in the sites around campus, but then they wonder what else is there to do?

Junior Kerri Timmons (Canton, MA.) says: "I enjoy going apple picking and taking in the foliage." Some of the best ways to take in the foliage is to hike or go for a bike ride. Going for a hike or a bike ride in the fall is nice because it is cooler and dryer than it is in the spring and summer months. It is a good way to enjoy the outdoors before winter rolls in.

There are also many fall sports that you can enjoy. The Sacred Heart University website has the schedule for all sports taking place. Click under athletics and find where it says schedules, this shows what teams are playing on what days,

who they are playing, and also when and where they are playing. This schedule makes it easy for students to access the information that is needed to come out and support our players. Junior Heather Graham (Lynbrook, NY.) says, "mostly

bring your Sacred Heart ID.

Many students enjoy doing things outdoors, such as apple and pumpkin picking. Sacred Heart gives students the opportunity to do these things by taking trips on the weekends. You can find out information on upcoming trips via e-mail.

Some students would rather stay inside during the fall, because let's face it, it can be cold outside! There is a book club called The Holy Grounds Book Club which has their first meeting on Wednesday, Sept. 19 at 7 p.m. If any student is interested, they can go to this meeting located at The Holy Grounds in North Hall.

Fall is a beautiful time of year and there are many ways to enjoy the season, you just have to make yourself aware. Students at Sacred Heart have an advantage with all the activities that are open to them.

It is important for all of us to enjoy the fall season and its last bit of warmth before the winter!



The Spectrum/Danya Jimenez

Autumn is one of the most beautifully photographed seasons. It's colors inspire artists and photographers to create the most amazing pieces.

I like to go to football games when the team is playing home."

Football game tickets are free for all faculty, staff, and students, just be sure to

Looking for Fun...Don't Look Deep In Your Pocket

Meghan Parisi
Staff Reporter

We all know that it's pretty pricey to be a college student, so when we want to go out and have a good time with friends people need to budget their money as much as possible. Between buying an outfit, transportation, and then the actual going out part of it, all college students can end up spending between 50 and 100 dollars a night. So where can students go to keep it cheap but still have lots of fun?

Getting a group together and heading to the movies is always a great option. Individuals can carpool and skip on the refreshments and end up having a ten dollar night out. How about a night out to dinner with the group?

You can always go somewhere with a college setting. A night out for wings and a few appetizers is always a good money saver and lets you relax and be with your friends. Another good idea that costs absolutely nothing and allows you to keep it cheap is on campus activities. Most of them such as school plays, Mr. SHU, concerts, and games around campus are free with your student ID. Feeling the need to go out and socialize, how about going to local clubs with a cheap cover charge. Students can dance, listen to the music, meet new people, and mingle with friends. Sometimes when you're feeling the need to just throw on a pair of sweat pants and a sweat shirt why not go out for coffee to a local Starbucks, Dunkin Donuts, or a coffee house.

Movie nights are also another option that lets you stay in but still have fun with

friends. Going to Blockbuster and renting a few DVDs is always cheap and fills up the whole night. Not only do college students want to know what to do during the week nights but how about during the day. There are so many activities that cost absolutely nothing around the area. Bowling and mini golf are always fun and time consuming even if you are really bad at it. Overall there is always something fun and exciting to do even if you're broke. As long as you're with friends and you are having a good time then you can just about do anything that isn't pricey and have the best night. If you can't find something to do that is within your budget off campus always check to see what might be going on around campus that night. Be smart, budget your money and spend it wisely. You can enjoy the night without spending a bundle.

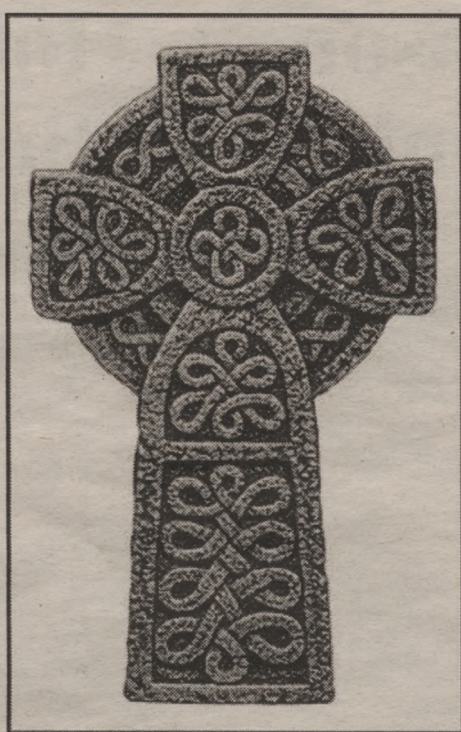
The Irish Culture Doesn't Just Offer Beer!

Christine Dziubinsky
Staff Reporter

Besides a beautiful landscape the history of the culture can bring so much to ones spirituality...

To add to the numerous clubs and organizations students and faculty offer to Sacred Heart, there remains yet a new edition to our current involvements. In Spring 2004, the Celtic Origins Club was formed under the direction of Dr. Walter Brooks, Associate Professor of Religious Studies. The organization remains fairly new, starting its first fall semester as a Sacred Heart club.

Although information remains



The Celtic cross is one of the most common symbols of the Celtic culture.

sparse, it only intrigues the mind to experience what may be concealed or what still is to come. The club hopes to spread the knowledge and tradition of Irish culture, as well as promote general awareness of historical aspects of Irish society. Perhaps the formation of the Celtic Origins organization was due to the extensive following regarding Sacred Heart University's Study Abroad program at the Disart Institute of Education and Celtic Culture. Kristy Rogers, a senior at Sacred Heart, recently returned from study abroad in Dingle Ireland, and spoke of her respect and admiration to the Irish culture. "Not only did I travel to Ireland to experience something new and unconventional, but I became associated and part of Irish tradition, culture, and art," stated Rogers.

The Celtic Origins Club will not only influence its members to experience Irish culture and traditions within the Sacred Heart community, but will bring

both fun and knowledge of this beautiful heritage. The teaching of traditional Irish Dancing, the language of Gaelic, as well as understanding native spiritual traditions are examples of the club's ideas and proposals for the upcoming school year.

Despite many individuals current lack of knowledge regarding Irish culture, the organization promotes general understanding and awareness to all prospective members. Although Dr. Walter Brooks was unable to comment on the formation of the organization, he may be contacted through Sacred Heart email, as well as Department of Religious Studies. Whether your current academic year is a Freshman or a Senior, there is much knowledge and entertainment involving the Celtic Origins Club. Consider this as an opportunity to experience both the culture and the spirituality of Ireland with the emergence of this newly formed club.

An Innovative New Outlook for the Outing Club

Eugene Stacy
Staff Reporter

If you are looking to have fun while trying something new, then Sacred Heart has something to offer...

If you like snow skiing, ice skating, snow tubing, white water rafting, camping, hiking, paintball warfare, bowling, miniature golf and numerous other activities then the Outing Club is for you.

The club is a recreational group where everyone can have fun participating in outdoor activities. The organization is student run; that is to say, the opinion of the club is what the club's action does. The students choose their own activities and the executive board is always open to suggestions. "It's not necessarily sports related or competitive, just a great club to have fun", says Nick Zuzolo, president.

The first meeting was held on Wednesday, Sept. 15 with 65 students in attendance and an additional 30 or more e-mailed interest in joining, but were unable to attend the meeting. At this meeting, students were given fliers and asked to check the activities they would like to participate in.

Dawn Doucette, co-advisor, said the club developed a point system for rewarding students who were active



AP/Whitney Curtis

The Great Salt Lake is a great destination for people who enjoy outdoor activities, such as Kayaking.

in the club. She explained that the more students are involved in meetings, fundraisers or activities, the more points they accumulate. Those students with the most points receive seniority over those who are less active in the club. One of the benefits may be the opportunity to receive discounts on trips as part of the reward system or they may be eligible to receive prizes.

Doucette referred to the club as "a niche on campus" where students are given the opportunity to visit places outside SHU where they can enjoy outdoor activities. She also said it was a "good club if you like the outdoors and a great place to meet others with the same interests".

The Outing Club has been in existence for approximately five years. In the past, attendance had been down, "but this year we plan on bringing the club out of the gutter and back into the mainstream Sacred Heart", says Zuzolo. When asked his plans for turning the club around, Zuzolo felt it

would take more effort and organization, which he plans on bringing to the table as head of the club. His goal is to make the Outing Club well known within the Sacred Heart community.

A fun apple-picking trip took place this past Sunday at Silvermine Farms and a trip to Lake Compounce Amusement Park is also in the works. The only two requirements for the club are that students have an advisor with them attending trips that take place off campus and that members notify either the president or co-advisors if they are not able to attend an activity that they have already signed up for.

If outdoor activities perk your interest, then this club should be at the top of your list. Weekly meetings are held at 8:30 p.m. Wednesday in the Mahogany Room for anyone who is interested. For more information contact Nick Zuzolo by e-mail at N-Zuzolo@sacredheart.edu or Jeff Blaisdell, co-advisor, at university extension 3423.

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BEYOND SHU

With NHL Season on Hold The AHL Season Promises To Be Red Hot



Bryan Fogle
Sports Columnist

So the players won't play with a salary cap, and the owners won't play without one. I don't know about everyone else, but this situation does not look like it will improve for quite a while.

For all of you who simply don't care about sports or like sports but live under the proverbial rock, the 2004-2005 National Hockey League season will not begin as scheduled, and as of now, there is no beginning in sight.

With this said, NHL franchises will be sending any eligible or younger players down to the American Hockey League, which is hockey's equivalent to AAA in baseball. A few players of note that you could be seeing this year down at the Arena at Harbor Yard in Bridgeport are future NHL Hall-of-Famer, six time Vezina Trophy winner, and two time NHL Most Valuable Player Dominik Hasek. He is by far the biggest name on the list of assigned players headed to the minors.

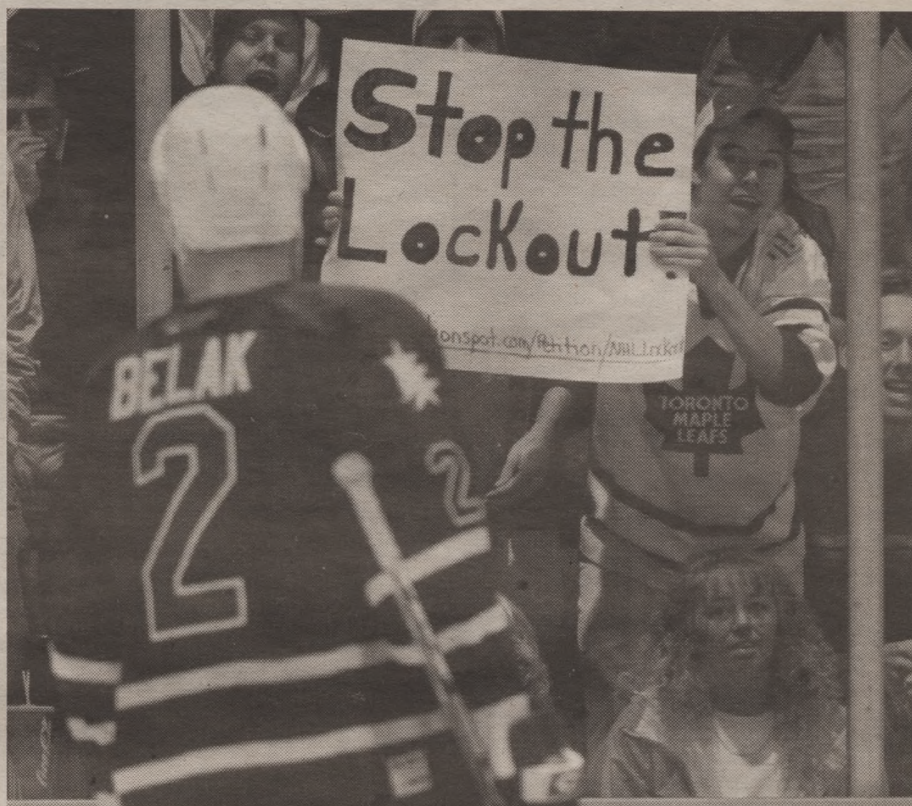
Hasek will be playing for the Ottawa Senators affiliate, the Binghamton Senators.

Also heading to the Binghamton Senators is recently turned 21-year old center Jason Spezza. In 111 games played over the past two seasons with Ottawa, Spezza has scored 29 goals and 47 assists totaling 76 points, including 22 goals in 78 games last season. The 21-year old also has some Stanley Cup Playoff experience, picking up one goal and one assist in six games.

You probably haven't heard of this next player who received the assignment to the AHL, which really is a shame because this player will be a future all-star. Nikolai Zherdev, a 19-year old forward for the Columbus Blue Jackets was the fourth pick overall in the 2003 NHL Draft. One of 17 players the Blue Jackets sent to the Syracuse Crunch, Zherdev scored 13 goals and recorded 21 assists in 57 games played last season with the big team.

If it is possible for any team that isn't going to have a season to have the word "positive" in their collective vocabulary, the Dallas Stars could possibly blurt that word out somewhere along the way.

The team is sending nine players down to their AHL affiliations, the Hamilton Bulldogs and the Houston Aeros. Four of these players totaled 117 games in the NHL last season, and one other won the Hobey Baker trophy as college hockey's top player. Goaltender Dan Ellis saw one game played in Dallas, recording a win while allowing three goals on 28 shots. Forwards Steve Ott and Antti Miettinen played in a combined 89 games tallying three goals and 10 assists



AP Photo/Adrian Wyld

NHL fans aren't happy, but there will be plenty of exciting hockey action this year in the AHL.

along with 152 penalty minutes (all of which belong to Ott). Defenseman Trevor Daley saw action in 27 games, scoring one goal and five assists while spending 14 minutes in the penalty box.

Also sent down to the AHL by the Stars is 2003-2004 Hobey Baker Award winner, former University of Minnesota-Deluth Bulldog Junior Lessard. In his award-winning season, Lessard led the nation in scoring, netting an incredible 32 goals and adding 31 assists for 63 points in 45 games. In his collegiate career, Lessard scored 142 points (74 goals and 68 assists) in 160 career contests.

In a move related directly to Sacred Heart University, the Mighty Ducks of Anaheim have sent goaltender Eddy Ferhi to their affiliate, the Cincinnati Mighty Ducks. In 19 games played for Cincinnati last season, Eddy compiled a goals against average of 3.11 and a save percentage of .893. Other names of note being sent to the little club are fellow goaltender Ilya Bryzgalov, Stanislav Chistov, Joffrey Lupul, and Alexei Smirnov.

The Pittsburgh Penguins also made out like bandits with the amount of players they were able to send to the AHL. They were eligible to be sent down 14 players who would have been on their NHL roster this season.

A few rising stars headed for Scranton/Wilkes-Barre are standout goaltenders Marc-Andre Fleury and Andy Chiodo who together, led the mini Penguins to the Calder Cup Finals where they lost to the Milwaukee Admirals. Other players headed to the valley are Matt Hussey, Matt Murley, and Michel Ouellet.

In a press release from the AHL, the league states, "The labor disruption in the NHL will have no discernible effect on the AHL, which will see team training camps open on September 26, the preseason kick off on October 1, and the sixty-ninth regular season in league history will get underway on October 13. The AHL has its own collective bargaining agreement with its players' association, the PHPA, effective through 2007."

Loosely translated, the AHL will be the highest level of professional hockey you will be seeing for quite a while.

So far as of today, September 20, not every NHL team has sent everyone down yet to the minors, but this season is already on a record breaking pace for having players with NHL experience play in the AHL. The amount of big names you will be seeing playing minor league hockey this season will be at an all time high this year.

With that said, all of you get down to the Arena at Harbor Yard, even if it is just once or twice, and see the players who play for the love of the game, not the amount of zeros in their contract and paychecks. The hockey is plenty good, the prices are cheap, and most of all, these players are real. I have been working for the Sound Tigers, the AHL affiliate of the New York Islanders since they began play in the 2001-2002 season, and I can promise you all you will have a great time.



AP Photo/Frank Franklin II

National Hockey League commissioner Gary Bettman's hands aren't tied, but the NHL is imposing a lockout of the players association, as the current collective bargaining agreement has expired.

BEYOND SHU

Yankees Pound Red Sox Take Two of Three

Caitlin Dour
Staff Reporter

For the fifth time this season, the New York Yankees and Boston Red Sox met to compete in one of the most exciting match ups in baseball. The Yankees and the Red Sox have one of the fiercest rivalries in all of sports.

The Yankees won the series this weekend, even with a devastating loss Friday, September 17 to the Red Sox in the ninth inning, with a final score of 3-2. The starting pitchers for both teams were Orlando "EL Duque" Hernandez for the Yankees, and Bronson Arroyo for the Red Sox. The Yankees had the lead going into the ninth inning when Mariano Rivera stepped in.

After walking Trot Nixon and striking out Jason Varitek, Dave Roberts, the pinch runner for Trot Nixon, stole second. Then, Kevin Millar was hit by a pitch and the home plate umpire warned Rivera. When Orlando Cabrera came up to bat, he got an opposite field hit, which allowed Roberts to score the tying run. After striking out Kevin Youkilis, Johnny Damon came up to the plate and hit a soft fly to center field which allowed Millar to score the winning run.

"I think I'd rather see him do it now then in the playoffs. He doesn't do it often, so you can't really get mad at him," said Bernie Chmiel, a junior from Pittsburgh, PA, regarding Mariano Rivera's blown save.

Despite this many people have said that Mariano Rivera is the best closer in history. Rivera has been unsuccessful in

four of 53 save opportunities this season, with two of them coming against the Red Sox. The other blown save against the Red Sox this season was at Fenway Park on July 24, 2004.

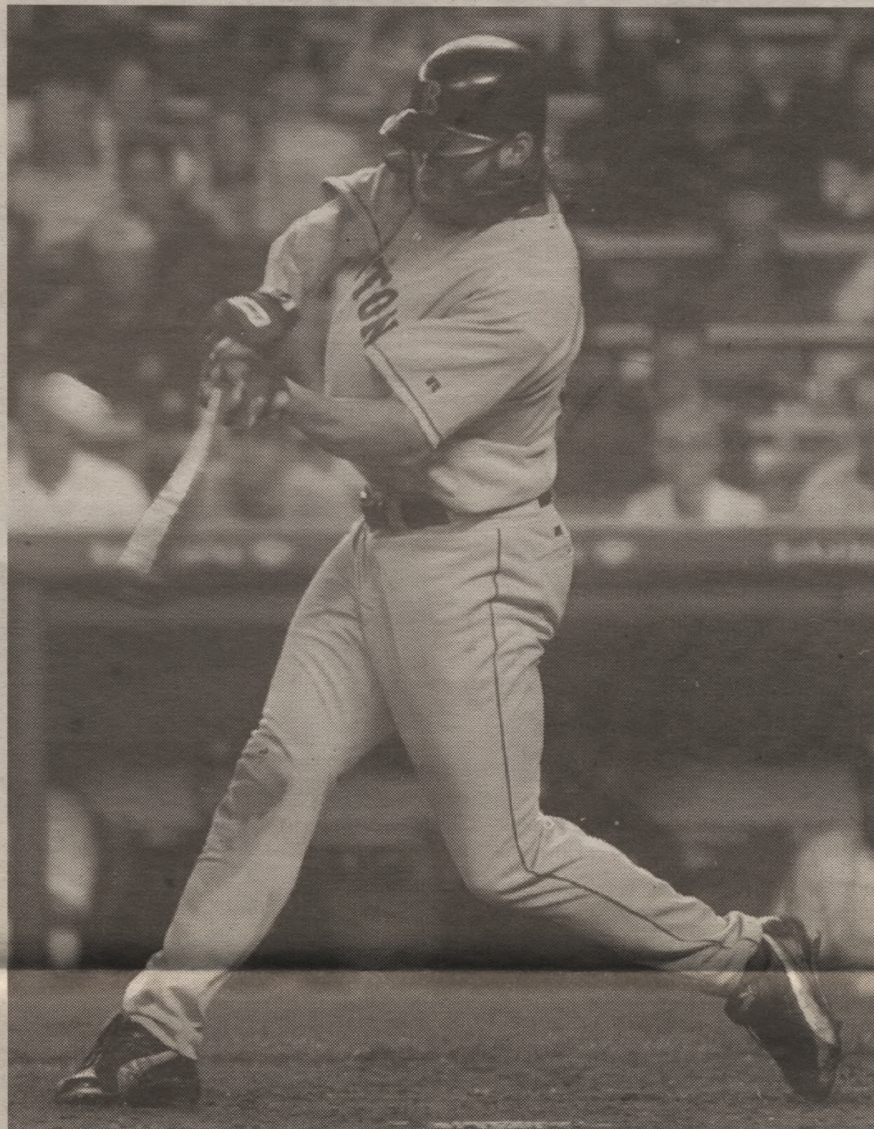
"Red Sox fans are used to let downs. We see them a lot, but we re-cooperate very quickly and we're there for our team," said Linda Russo, a junior from Watertown, MA said of the Red Sox.

On Saturday afternoon, Jon Lieber beat Derek Lowe in the second game of the series as the Yankees won by a score of 14-4. Within the first two innings, the Yankees scored nine runs. After getting hit in the leg, Derek Lowe left the game in the second inning. Lieber pitched a no-hitter until the seventh inning when he allowed three runs on four hits.

In the fifth inning, Alex Rodriguez hit a three run home run, while Jorge Posada also drove in three runs. To end Lieber's no hitter, David Ortiz hit a solo home run. As he tried for his first complete game win since June 21, 2002 against the Cardinals as a member of the Cubs, Lieber allowed two hits, including a two-run home run by Dave Roberts. In the ninth inning, Scott Proctor finished up by getting the final two outs for the win.

"Red Sox fans are used to let downs. We see them a lot, but we re-cooperate very quickly and we're there for our team," said Linda Russo, a junior from Watertown, MA said of the Red Sox.

For the final game of the series, the Yankees won 11-1 with Mike Mussina on the mound against Pedro Martinez. The Yankees scored eight runs in five plus



AP Photo/Bill Kostroun

Johnny Damon was the star of the Red Sox on Friday with a game winning rbi off Mariano Rivera.

innings against Martinez with homeruns against him by Gary Sheffield, Derek Jeter, and Jorge Posada. Sheffield, who hit a two-run homer in the first inning, is up for the AL MVP

Award and now has 35 home runs and 116 RBI's this season. Pedro Martinez was quoted after the game as saying "I wasn't actually hitting my targets and made a couple of mistakes."

In the fifth inning, the Red Sox got on the scoreboard when Johnny Damon's infield RBI single hit off of Mussina's leg. The Boston duo of Manny Ramirez and David Ortiz went 3-for-19 with Ramirez going hitless in nine at-bats. Mussina got through seven innings and in his previous four starts is 3-1. In the eighth inning, Paul Quantrill made his 80th appear-

ance, which set a new Yankee team record.

"The Red Sox got smashed this weekend," said Paul Robertson, a freshman from NY.

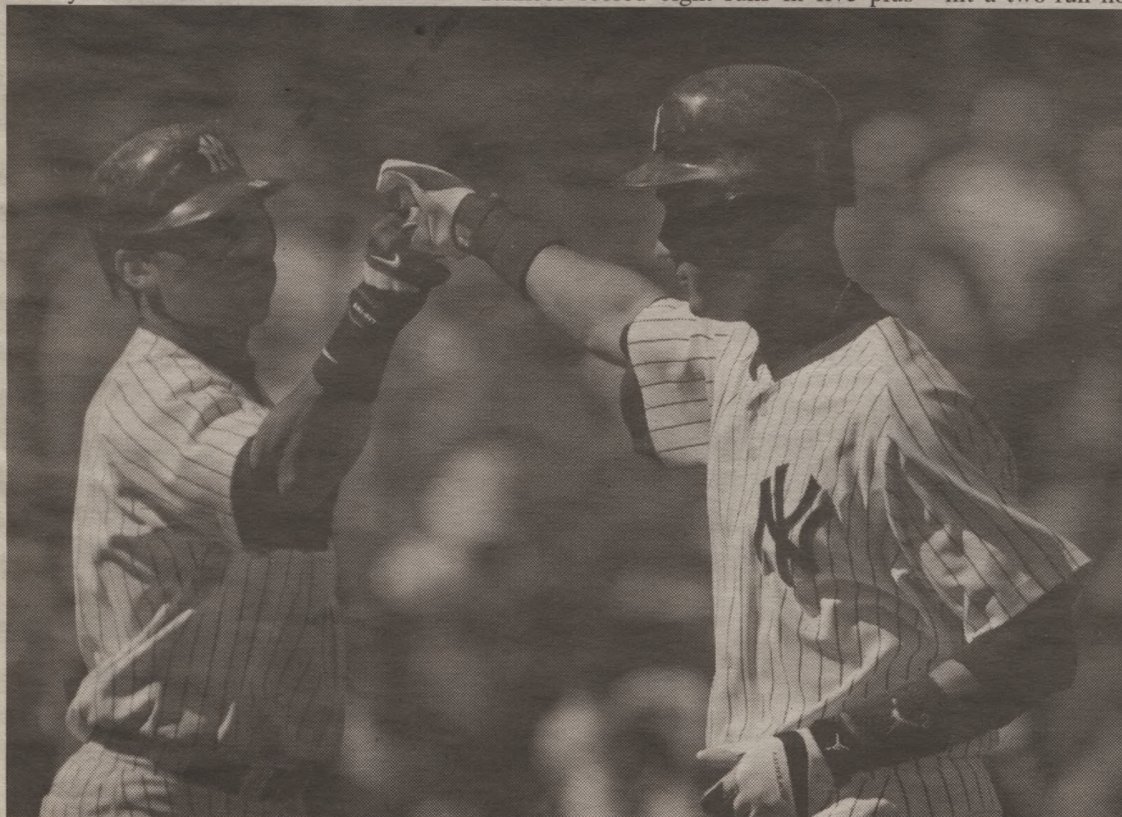
With the end of September nearing playoffs are just around the corner. The Red Sox have a very good chance of clinching the A.L. East Wildcard.

"I definitely think we are going to do that (clinch the A.L. East Wildcard)," said Katie Duratti, a freshman from Wakefield, MA.

"I think the Red Sox will get the Wildcard, depending on what everyone else does, but right now it looks like they'll get the Wildcard," said Chmiel.

"I think a theme that's common among when the two teams meet is it's always back and forth, back and forth, we play to the very end, both teams, so it's always very tight, so it'll be good," said Russo.

For the overall season, the Red Sox are in the lead having won nine games, with the Yankees winning six and both will meet once again next weekend. The Yankees and Red Sox games are always intense and this weekend is going to be no different.



AP Photo/Kathy Willens

Derek Jeter celebrates with Gary Sheffield after hitting a homerun. The Yankees increased their lead in the American League East last weekend by outscoring the Red Sox, 27-8.

CAMPUS SPORTS

The SHU X-Men Fall Short in Defensive Struggle Against Marist

Lissa von Brecht
Staff Reporter

The sport of rugby is not learnt on a whim as it takes time and dedication and these are things that the men's rugby team at Sacred Heart has taken on. The "X-Men", as they call themselves, competed against Marist and had a great turn out from fans.

"The support given by the SHU fans means a lot. Even though many people don't know many rules of rugby the support is undeniably an enormous difference when we are playing the game. On the field we do hear the fans and they give us that extra bit of energy when it gets late in the game," said senior Greg Haney (Ludlow, MA).

In rugby, each team is comprised of 15 players who are either forwards or backs. It is the job of the eight forwards to gain possession of the ball and get it to the backs so they are able to perform a play. These forwards are considered the "heavyweights" on the team. The main goal of the backs is to transform the passes from the backs into tries.

A "try" in rugby is what someone might call a "touchdown" in football. The ball is carried over the goal line, however, must touch the ground when over the goal line. Tries are worth five points. The second way to score a goal is with a conversion. Just as in football, after a try is scored, the team is given



The Spectrum/LISSA VON BRECHT

The rugby team will play on campus this Sunday at 3:00 p.m.

another chance to get two more points by kicking the ball through the goal posts. Either dropkicking the ball or place kicking the ball can score a conversion.

Before scoring the players must follow some rules to get to the

actual goal line. The ball must be passed sideways or backwards. The ball must also be gathered cleanly, meaning, when a player with the ball is tackled the player must release the ball immediately and get up or move away from the play. The player who previously had

possession of the ball must not interfere with the play or try to grab the ball again before he gets back on his feet.

The weather on Sunday was windy and a little chilly and the sun didn't seem to want to stay out

the weather, but that did not interfere with the men's rugby team competing on the field between Jefferson Hill and the tennis courts.

The SHU X-Men did a good job holding off the Marist team from scoring.

They even managed to have two close calls shortly into the first half. Number 15 whom the X-Men call "Beak" almost had a try, which would have given the SHU team five points, but the goal was called back. After the call-back, number 12, whom they call "Spoofer" got a chance to place kick the ball for two points, but unfortunately just missed to the right of the

goal post.

Unfortunately the Marist team answered back with a try about midway through the first half, giving them a lead of five points. This would put SHU scoreless going into the second half.

"We keep each other pumped throughout the game...it's a lot of team unity" said Junior Andy Waylett (Marshfield, MA).

"The support given by the SHU fans means a lot. Even though many people don't know the rules of rugby the support is undeniably an enormous difference when we are playing the game. On the field we do hear the fans and they give us that extra bit of energy when it gets late in the game."

Greg Haney

The X-Men did not let the score get them down and went into the second half just as pumped as they did when the game was 0-0, but the second half did not turn out the way the SHU team was hoping.

Although they kept possession for about 75% of the second half and spent most of their time in the other team's half they were not able to capitalize and score. It just came down to the Marist team getting lucky and being able to do more with their chances. The game finished with Marist winning 5-0.

"We were upset because we know we could have won," said Waylett.

The X-Men will next battle Fairfield at home on the fields between Jefferson Hill and the tennis courts on September 26th at 3:00 p.m. The Queens of Heart, SHU's women rugby team will play its first home game on Oct. 3 at 1:00 p.m.

If you have never experienced a game of rugby then go check it out even if you don't know the rules because the team will forgive you. They want your support and you will be surprised to see the dedication that this team has, not only to each other but to the people that go out and support them.



The Spectrum/DANYA JIMENEZ

The X-Men lift their player to compete for a ball against Marist. They lost to Marist by one try.

CAMPUS SPORTS

SHU Thrashes Iona

Continued from pg. 16

Every play that could happen to someone so it's sad to see that stuff happen, but you have to shake it off and keep playing because you know they will too," said junior Andrew Grant (New Hartford, NY).

The Pioneers tacked on two more touchdowns for good measure and were up 48-0 with 3:49 left in the game until BJ Antonelli (Iona) ran 3-yards for a touchdown for the

Gales and bring the score to 48-7 where it would stay the rest of the game.

Next up for the Pioneers is their bitter rival as Albany travels to SHU to take on the Pioneers.

"We're playing Albany, I'm excited that's the game I got hurt in last year so I'm going to be ready," said Pricolo.

The game will be on Sept. 25, at 1p.m. on the Campus Field as SHU looks to get back to .500 and build off of an inspiring victory.

Attention Intramural Athletes!

The flag football season began last week and has been a great success so far. The tremendous athletes of SHU Intramurals who are in the top shape of their lives would like for everyone to come out to watch them play. The games are held Mondays and Wednesdays from 3 p.m. to 6 p.m. at the J-Hill field, next to the softball field.

This upcoming Saturday there will be a 3 on 3 basketball tournament starting at 10 a.m. with a jamming D.J and a barbecue in the basketball court located behind West Hall. The entrance fee for this tournament is \$10 and the rosters are due by Thursday night in the Intramural Department located downstairs in the Pitt Center. Next Saturday, October 2nd there will be a gold outing at Fairchild Wheeler, with the Final Match in Las Vegas. You can register for this outing on line at www.cgagolfinks.com.

Pioneer Schedule

Friday, September 24

Softball	vs. AIC	Fairfield, CT	3:00 PM
Women's Soccer	at Central Conn	New Britain, CT	3:30 PM
Field Hockey	vs. Fairfield	Fairfield, CT	4:00 PM
Women's	at Quinnipiac Invit	Hamden, CT	4:30 PM
Cross Country			
Men's Cross Country	at Quinnipiac Invit	Hamden, CT	4:30 PM
Women's Volleyball	at Yale	New Haven, CT	7:00 PM
Men's Golf	at Dartmouth Invit	Hanover, NH	TBA
Women's Golf	at Princeton Invit	Princeton, NJ	All Day

Saturday, September 25

Football	vs. Albany	Fairfield, CT	1:00 PM
Softball	at Caldwell	Brookeville, NY	10:00 AM
Softball	at CW Post	Brookeville, NY	2:00 PM
Softball	at Stony Brook	Brookeville, NY	4:00 PM
Women's Volleyball	at Manhattan	New Haven, CT	12:00 PM
Women's Volleyball	at Wagner	New Haven, CT	4:00 PM
Women's Golf	at Princeton Invit	Princeton, NJ	All Day
Men's Tennis	at Satran Invitational	Queens, NY	TBA
Men's Golf	at Dartmouth Invit	Hanover, NH	TBA

Sunday, September 26

Softball	at Yale	New Haven, CT	12:00 PM
Field Hockey	at Colgate	Hamilton, NY	12:00 PM
Women's Soccer	at Quinnipiac	Hamden, CT	1:00 PM
Men's Tennis	at Satran Invitational	Queens, NY	TBA
Men's Golf	at Dartmouth Invit	Hanover, NH	TBA

Sports Shorts

Men's Hockey

FAIRFIELD, CT (September 17) - Sacred Heart University head men's ice hockey coach Shaun Hannah has today announced the team captains for the forthcoming 2004-05 season. Senior forward Garrett Larson (Rycroft, AB) will wear the traditional captain's C on his jersey for the season, with fellow seniors Kevin LaPointe (Quebec City, QC) and Noel Henck (Long Beach, NY) serving as assistants.

Larson, a native of Rycroft, Alberta, has been a steady scoring threat since stepping onto the ice as a freshman in 2001-02 season. Last year Larson lead the Sacred Heart attack with 29 points on 19 goals and 10 assists. With three seasons in the books, Larson already ranks fifth all time in points scored for Sacred Heart with 91 and is the current active scoring leader. He also received national honors when he was named US College Hockey Online Player-of-the-Week along with being named Atlantic Hockey Player-of-the-Week, and SHU Athlete-of-the-Week on Feb. 3rd after scoring five goals with one assist in a weekend sweep of Connecticut.

LaPointe, who firmly established himself as a top goaltender in Atlantic Hockey, finished the 03-04 season with a 2.92 GAA and a .904 save percentage, with two shut-outs on the season. LaPointe's play in net was instrumental in helping Sacred Heart to its first ever appearance in the Atlantic Hockey Championship game. He was also received Atlantic Hockey goaltender of the week honors three times during the season.

Henck, the only Pioneer blue-liner to suit up in all 36 contests last season, finished the season with 11 points, scoring one goal while assisting on ten others. His consistent play will help anchor a young defensive corps that may feature as many as four underclassmen.

The Pioneers will lace the skates up to start the 2004-05 season when they travel to face ECAC opponent Vermont on Friday, October 8. The puck drops at 7:00 PM.

Women's Soccer

ALBANY, NY (September 19)- Sacred Heart sophomore Lisa Burbige (Babylon, NY) scored her first goal on the year and also collected an assist to lead the women's soccer team to a 3-2 win over the University at Albany in the second round of the Governor's Cup Sunday afternoon. The Pioneers break a four-game losing streak with the win and move to 2-5 on the year while the Great Danes match SHU's mark at 2-5 with the loss.

The Pioneers got on the board at the 15:27 mark when Burbige put in a rebound off the shot of freshman Lisa Nowakowski (Rocky Hill, CT). Sacred Heart would make it 2-0, when senior Jasmine Urbas (Pickering, Ontario) scored on a shot from 25 yards out off a feed from Burbige at 17:38.

The Great Danes would crack the scoreboard when senior Sara Rickard chipped a shot over the head of Pioneer goalkeeper Ashley Mocarski (Stratford, CT) at the 33:30 mark. A minute later, Sacred Heart built their lead back to two goals as senior Christel Kalweit (West Barnstable, MA) finished off a corner kick from junior Orlagh Cullen (Offlay, Ireland) for the Pioneers third goal of the half.

Rickard scored the lone goal of the second half when her shot went off the hands of Pioneer freshman reserve goalkeeper Kathleen Mulheran (Edina, MN). Rickard had a chance with a minute left to tie the game, but her shot went high.

Mocarski and Mulhern did not make a save for the Pioneers, while junior Kate Lawler made seven saves for the Great Danes (2-7). Sacred Heart outshot UAlbany in the match, 26-8.

Burbige and freshman Alyssa Long (Smithfield, RI) were named to the University at Albany Governor's Cup All-Tournament Team after helping SHU finish 1-1 on the weekend.

The Pioneers are back in action this coming Friday, September 24th when they open Northeast Conference play taking on two-time defending champion Central Connecticut in New Britain.

Field Hockey

BETHLEHEM, PA (September 19)- Freshman Jenn Howley (North Salem, NY) scored a pair of unassisted goals for the Pioneers while sophomore goaltender Ashley Del Greco (Merrimack, NH) made seven saves to level the Pioneers record to 4-4.

After a scoreless first half, the Pioneers would waste little time in the second, with Howley scoring less than a minute into the stanza. Lehigh would pull even at the 57:49 mark on a Kelsey Smith goal.

Howley would net the game winner with just 5:08 remaining to seal the victory for the Pioneers.

Sacred Heart returns to action on Friday, September 24 when they host Fairfield University on Campus Field at 4:00 PM.

-Compiled with information from Sacred Heart Athletics Website

SPORTS

The Spectrum

http://spectrum.sacredheart.edu

Beyond SHU
NHL Lockout (page 12)

Beyond SHU
Yankees win weekend series against
Red Sox (page 13)

Campus Sports
Men's rugby falls to Marist
(page 14)

Campus Sports
Women's soccer team falls short
at home (page 15)

Pioneer Football Wins Home Opener

Edwin Napoleoni
Staff Reporter

The Sacred Heart football team cruised to an easy victory by a score of 48-7 in a game that had many wondering if they were playing Iona College or Iona Prep HS. The Pioneers were dominant on both sides of the ball and at times seemed unstoppable.

"They've been good, that's what I've been telling everybody. All the way along they've been good, they've been doing the right things and we were due to have a break out because they've been doing things the right way" said head coach Paul Gorham.

In the first quarter the Pioneer offense

well for SHU who constantly got the ball inside the 50-yard line. With 10:1 seconds left in the opening quarter the Pioneers took advantage of the generous field position when Ammel hooked up with wide receiver James Wright (New Haven) for his only TD pass of the game, putting SHU up 14-0. Then it turned into the Eddie Pricolo show, and he did not disappoint rushing for 164 yards in 28 touches.

"It feels great coming back from an injury last year. I go out every game, I'm just happy to play and do well. It's just a great feeling," said junior Eddie Pricolo (Johnston, RI).

With 11:26 left in the first half Pricolo made his presence felt by breaking an eight-yard TD run and capping an eight

Men's Wins First Tops Maine 2-1

Al Ruggiero
Staff Reporter

The men's soccer team hosted the Black Bears of the University of Maine this past Friday. The Pioneers snapped their five game losing streak and finally got one in the win column, as the defeated Maine 2-1.

After losing two hard fought games at the Adidas/Homestay Inn classic against Division I powerhouses UNC- Wilmington and the University of Jacksonville, the Pioneers stepped onto campus field looking to hold nothing back. The Pioneers showed persistence and determination against a solid hard-working Maine team. This was an intense game, with a couple of skirmishes that raised both the Pioneers and Black Bears emotions. The referees called five cautions, which goes to show how intense this game really was.

"We've played well all year, but we've just gotten unlucky. If we can keep up this type of intensity and hard work we are going to win many more games," said sophomore midfielder Anthony Connors (Seaside Park, NJ).

The Pioneers got on the board first with a beautiful header by senior Carlos Caracas (West Haven) in the 29 minute. Sophomore Ricarti Mendes (Campinas, Brazil) set up Caracas off a well placed corner kick. Mendes chipped the ball perfectly and Caracas was able to find space and send the ball into the net.

"I knew Carlos would be there, he has great awareness of the field. I got the ball high enough so Carlos could head it in, it was good communication on our behalf," said Mendes.

The Pioneers would strike again in



The Spectrum/DANYA JIMENEZ

The men's soccer team celebrates their first win.

minute 36, off a goal by junior forward/midfielder Gustavo Netto (Sao Paulo, Brazil). This goal would not have been made possible if it were not for a brilliant

effort by freshmen defensemen Dan North (Scunthorpe, UK). He was able to dribble by numerous Black Bear defenders, showing excellent footwork, and find Netto in a perfect scoring position. Netto was able to finish the play with an exceptional fake that caused the Black Bear goalie to make the first move. He was then able to finesse the ball over the falling goaltender, and the Pioneers took a 2-0 lead.



The Spectrum/DANYA JIMENEZ

SHU will play next at Quinnipiac on Oct. 1.

The Black Bears finally got on the board in the 72nd minute. Kevin Forgett was assisted by Jimmy Velas and able to get one past Pioneer goalkeeper Chris Marchese (junior, Middletown), who split time in goal with Matt Weston (sophomore, Storrs). Even though Marchese and Weston split time in net, Weston got credited with the win. It was a great effort by both goalies.

"Our defense was very strong throughout the game, Chris and Matt played very well in goal, once we had the lead, there was no way we were giving it up," said junior and forward Mike Beecher (Brentwood, NY).

The Pioneers displayed great defense all game and the Black Bears were not able to generate much of an offensive threat. The Pioneers out shot the Black Bear 12- 11, holding them to only two shots in the first half, while letting up nine in the second. Despite the fact that the shot totals were close the Pioneers were able to dominate the Black Bears defensively.

This win moves SHU to 1-5 on the season and they will need similar intensity and persistence if they want to put a couple more in the win column. They will play next on Oct. 1 in Quinnipiac at 2 p.m.



The Spectrum/DANYA JIMENEZ

The SHU offense ran for a total of 229 yards while their defense held Iona to -8 rushing yards and only 96 total.

got off to a shaky start as they were unable to score in the red zone and convert on fourth and one on their opening two drives. Quarterback Dan Ammel (sophomore, White River Junction, VT) was sacked on one of those fourth down attempts with 5:13 left in the opening quarter and the momentum seemed to be on Iona's side as they were set up with decent field position. Then the SHU defense took over as DB Jon Wilson (Bloomfield) returned a fumble 42 yards to put the Pioneers up 7-0.

"{The fumble recovery} affected us a lot. That's momentum right there, that helps us come back out on the field, and we want to be out on the field, we want to play the whole game so it helped us a lot" said junior David Mihalov (Bridgeport).

Iona was plagued by the horrendous punting of Chris Lofrese who averaged 28.3 yards per punt and at one point in the game recovered his own punt. This worked

play 70-yard drive. After missing the extra point SHU was up 20-0 and on their way to their first win. Pricolo followed up with two more touchdown runs in the third quarter, breaking a 38-yard TD run and giving Sacred Heart a commanding 34-0 lead.

"When Eddie's running like that you can't blitz because once he gets through the first couple of guys he's gone" said Ammel.

In the third quarter the game took a back seat to a serious injury suffered by an Iona player. He was unable to move and had to be carried out on a stretcher as an eerie hush, known all too well to football fans, fell over a stunned crowd.

"It was tough, but it's part of the game."

See "SHU Thrashes Iona" pg. 15