

## Rangel Promotes New Draft while Candidates Point Fingers

Mark Stanczak  
Contributing Writer

The fate of college students across the country came to a vote earlier this month. On October 5, H.R. 1633 was defeated on the floor of the House of Representatives by a vote of 402-2.

This legislation, introduced by Democrat Charles Rangel of district 15 (upper Manhattan and the Bronx) and Sen. Fritz Hollings (D-SC), would reinstate mandatory conscription for persons between the ages of 18 and 26. Unlike the draft early in the Vietnam-era, Rangel's legislation does not allow an exemption for those pursuing a degree in higher education.

Rangel, a strong opponent of the war against Iraq, introduced his bill in January, 2003, in protest of the upcoming invasion and as an attempt to reform what he described as a military unrepresentative of the United States' population.

"The disproportionately high representation of the poor and minorities in the enlisted ranks is well documented," said Rangel. "I truly believe that decision-makers who support war would more readily feel the pain of conflict and appreciate the sacrifice of those on the front lines if their children were there, too."

While Whites comprise the largest demographic group in the enlisted military, Blacks are overrepresented nearly twofold, according to a 2002 report by the Under Secretary of Defense for Personnel and Readiness. Rangel's statements refer to the fact that, although Blacks make up only 12.3 percent of the general population, 21.8 percent of the active enlisted military is Black. There also exists an



AP Photo/GERALD HERBERT

**Democratic Presidential candidate Sen. John Kerry shakes hands with Army National Guard Sgt. Jose Martez after delivering a speech.**

education gap between enlisted members, of which 10.4 percent have two or more years of higher education, and the general population, of which nearly 25 percent have a bachelor's degree.

"One day, someone would ask, 'Where did [the soldiers] come from? Did they enlist to fight the terrorism or did they enlist because there were no jobs available?'" stated Rangel during a floor speech.

Only two representatives, Pete Stark (D-CA) and John Murtha (D-PA), supported Rangel's legislation.

"[Reinstating conscription] will mean that our troops, reservists and members of

the Guard won't be forced into extended deployments well after their tours are up," said Stark, referring to what presidential candidate John Kerry and other opponents of the Bush administration label a 'back door draft.'

However, Rangel's objections do not address the fact that there is an overwhelming lack of support for reviving the draft. Recent polls by the Annenberg Foundation not only indicate that 71 percent of adults want no draft, but 40 percent of parents would tell their children to avoid compulsory service.

Furthermore, the pentagon publicly denounces a return to conscription.

"A draft simply is not needed," noted Secretary of Defense Donald Rumsfeld in a letter to the Selective Service board. "We are capable of attracting and retaining the people we need, through the proper use of pay and other incentives."

On the campaign trail, Bush opponents Kerry and Ralph Nader, the Reform Party's presidential nominee, have both insinuated that President Bush's policies will lead to a future draft.

"The machinery for drafting a new generation of young Americans is being quietly put into place," wrote Nader in an email message targeting young voters.

Michael Badnarik, presidential nominee of the Libertarian Party and the third party candidate with the greatest ballot access, has challenged Bush and Kerry to repeal the Selective Service Act if they are seriously opposed to the draft.

There is evidence that more troops may be needed in the future because at least one military branch "was falling short of its recruiting goals because of extensive overseas deployments and (restrictions on leaving the military)," according to the May 2004 Congressional Digest.

Yet, despite claims by political opponents, an attempt to reinstate the draft, and falling recruitment, President Bush publicly stands behind an all-volunteer military.

"America's all-volunteer military is the best in the world, and reinstating the draft would be bad policy," stated Bush after the defeat of H.R. 1633. "I want every American to understand that, as long as I am President, there will be no draft."

*For more on the draft, including student responses, see next week's Spectrum*

## Holocaust Survivor Delivers Powerful Speech

Umberto Torrielli  
Staff Reporter

As part of SHU's "Peace and Justice Series," Marion Blumenthal Lazan delivered an emotional yet powerful recollection of her memories as a Jewish child during the Holocaust.

For the official kickoff to the new year long "Peace and Justice Series," The Office of Residential Life and Housing Services hosted an event at the University Commons on Monday, Oct. 25, with key speaker Marion Blumenthal Lazan whom narrated her childhood survival story during World War II. Blumenthal Lazan began her story with a compelling statement that would set the tone for the remainder of account: "Mine is a story that Anne Frank might have told, if she had survived..."

She then proceeded to tell of her story which started off during Nazi Germany, at the time when Jews were starting to become heavily segregated from the rest of the population via strict restrictions such as not being allowed to go to public places including swimming pools, the-



The Spectrum/ DANYA JIMENEZ

**Marion Blumenthal Lazan, a holocaust survivor, visited Sacred Heart as part of the "Peace and Justice Series."**

aters, and schools. This stark separation was also emphasized by the stamping of the letter "J" onto identity cards and passports in order for the Nazi authorities to keep track of the Jewish families living in the country. Blumenthal Lazan recounted how she vividly remembered "Kristallnacht" or "Crystal Night" on Nov. 9, 1938 when Nazis coordinated a series of attacks on Jewish people and their property throughout Germany and German controlled lands. That night, she said with a slight tremor in her voice, her father was

abducted by the SS only to be returned 10 days later. Most of her narrative was a dramatic description of her life in the notorious prison camp of Bergen-Belsen in Germany where upon arrival, she was pulled and dragged out of the cattle cars as the Germans shouted and threatened her.

She then went on to describe the crude conditions in which she lived during her stay at the camp, cramped into barracks with six hundred people constructed to hold only one hundred. Each bed was shared by two people, at times strangers, although she was lucky enough to have been paired with her mother. One of the most chilling sights she remembered was that of seeing wagons filled with what she thought at the time was wood; only

♦See "Four Perfect..." Page 5

## SHU Nursing Student Participates in NPCW

Brad Holland  
Contributing Writer

From October 17 to the 23, Sacred Heart and Fairfield University worked together to celebrate National Primary Care Week. NPCW was established six years ago in order to provide information to the surrounding community and to recognize the contributions of primary care providers.

Primary care deals specifically with health maintenance, wellness promotion, and preventive medicine. This year's NPCW focused on health care for the underserved population.

Usually the events of NPCW are managed by Connecticut's southwestern Area Health Education Coordinators (AHEC), a local institution whose goal is to enhance access to quality health care, particularly primary and preventive care.

♦See "SHU Student..." Page 4



# CAMPUS NEWS

## Broaden Your Horizons with Ireland

Kayla O'Brien  
Staff Reporter

"Erin Go Brah" are three words one will always remember after studying abroad in Dingle, Ireland. It means "Ireland forever" and after spending a semester or even a week, the long-term effects it will have on the adventure are irreplaceable. Sacred Heart offers the opportunity for students to broaden their horizons by traveling to Dingle, Ireland for the Fall Semester, Winter Intercession, Spring Semester, Spring Break, or May Intercession.

The study abroad program in Ireland takes place on the Dingle Peninsula southwest of Ireland. Dingle is in a "Gaeltacht" region of Ireland, which means that Irish is spoken there in addition to English.

"Dingle is a beautiful location with cliffs, green hills and amazing beaches. In addition to its beauty, Dingle is also known for its archaeological and historical sites, cultural and arts activities and for the traditional Irish music heard in the Peninsula's 52 pubs," said Deanna Florentino, director of Administration for the Center for Irish Cultural Studies.

"Dingle isn't about studying in a big city, it's about experiencing the Irish culture while living in its community," said junior Pam Manns from Vernon, NJ. Besides taking courses such as Theology and Native Irish Spirituality, History and Memory in Modern Ireland, The Linguistic Melting Pot, Traditional Irish Music and Introduction to Irish Archaeology, students who decide to travel abroad to Ireland will be signing up for a hands-on experience.

"This would include visits to archaeological and historical sites, seeing music and dance performances, participating in walks and pilgrimages, attending lectures and festivals, etc. In their spare time students spend time with people they get to know in the local community, attend sporting events (Gaelic football and Rugby are both very popular in Ireland), participate on sports teams, engage in community service, and travel on weekends to other parts of Ireland such as Dublin, Galway and other cities," said Florentino. Students' schedules also leave time for them to travel other parts of Ireland as well as Europe.

"My favorite place was when we went to the beaches in Dingle. We stood on cliffs just staring out into the ocean. It was

the most beautiful thing I ever saw," said senior Bernie Gallen from Yonkers, NY.

"The cottages that we lived in were sweet," said Gallen. The living accommodations are incomparable to dorm life – students studying abroad live in the Dingle Marina Cottages that overlook the Dingle Bay.

"Students last semester were thrilled with their housing accommodations and described them as 'amazing' and 'more than I ever could have imagined,'" said Florentino. Each cottage has a washer and dryer, dishwasher, all kitchen supplies, cable TV, etc. And for those who would typically use the Pitt Center, they have access to a fitness facility as well as a pool and spa located at the Skellig Hotel.

"I went to Ireland because I desperately wanted to do something different, to see and live in a new place" said Manns. The study abroad program does exactly that. The program promotes immersing oneself in a new culture and "giving students a sense of independence and self-confidence that they didn't have previously. It's also just a way to make friends and have fun doing something different than ever before," said Florentino.

"It was an amazing experience from start to finish, and I was lucky with having a fun group to go with. We traveled together, sang together, and shared Ireland together. I couldn't have asked for a better time," said Manns.

The application process can be done completely online through the Study Abroad website. Applicants also must submit a recommendation as well as a transcript. Those who are interested will be evaluated individually based on their application, recommendation, and academic record. Students who are awarded financial aid will still receive their full package while studying abroad. Anyone interested should inquire with [irishstudies@sacredheart.edu](mailto:irishstudies@sacredheart.edu). Applications are accepted at anytime, however, there is a priority deadline, which allows students to take advantage of group airfare and class availability. The next deadline is November 1 for the Winter Intercession and the Spring Semester.

"Anyone thinking about going should, go not for a week but for the semester, meet and get to know the people there. You will be happy you did," said Manns.

## Study in the Ireland You've Only Imagined.

**Sacred Heart University's Center for Irish Cultural Studies**, in partnership with **Disceart Institute of Education and Celtic Culture**, is located in the heart of Corca Dhuibhne — the Dingle peninsula Gaeltacht (Irish speaking area). Students in this distinctive program are immersed in the traditions and customs of this rich cultural region — studying with Irish scholars, contributing to the local community, and learning about Ireland from a truly different perspective.

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OR contact:  
**Deanna Florentino**  
Director of Administration  
Center for Irish Cultural Studies  
(203) 365-7626  
[irishstudies@sacredheart.edu](mailto:irishstudies@sacredheart.edu)

  
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# CAMPUS NEWS

## Pink Ribbons and Candle Light Mark the Breast Cancer Awareness Vigil

Diane Szmidt  
Staff Reporter

Pink was the color in October, as sorority Beta Delta Phi has been promoting Breast Cancer awareness month. The sisters have brought awareness to SHU about the effects of breast cancer and the importance of getting annual check ups. Pink ribbons were displayed around campus and tied to trees to show support. The sorority ended the month with a candle light vigil on Sunday to help those struggling with breast cancer and to also celebrate those who have survived. The vigil, which lasted for half an hour, featured stories about breast cancer survivors.

Beta Delta Phi's philanthropy of breast cancer awareness was started in 1995 by one of their former active sisters. The goal of the sorority was to keep everyone on Sacred Heart's campus and throughout the entire community informed on the danger of breast cancer. The pink ribbon project gave the students and faculty an opportunity to donate a dollar in exchange for a pink ribbon to be tied on a tree around campus.

Beta Delta Phi has started planning a breast cancer conference that will debut sometime next semester. It will include

speakers, organizations that sponsor breast cancer awareness, and medical information about breast cancer. The sisters also participated in events that involve breast cancer awareness such as the Making Strides walk in Westport, the Y-Me project, Carnation Sales, and Denim Day. These events raised money throughout the month of October and the sisters sent the money to each individual organization.

"The purpose of Beta Delta Phi Sorority is to aid the school socially, spiritually, and academically. In addition, we educate the community on Breast Cancer Awareness. We hold true to the traditions established by our founding sisters in 1964, making us the

oldest organization on campus. Along with Breast Cancer Awareness, we also participate in other community service projects such as Make a Difference Day, Food Drives, the 9-11 Vigil, and Support the Troops campaigns," said Kristian Finneran

(senior, Dumont, NJ).

Many members of Greek life attended the vigil to lend support. A circle was formed as members from different sororities and fraternities gathered. Candles, pamphlets, and ribbons were passed around to everyone. The chilly evening was filled

with warmth as a feeling of support resonated through the crisp fall air. The candles were lit and the sisters from Beta Delta Phi began the vigil with informative information about breast cancer.

Next to speak was Jillian Hoffman (East Fishkill,

NY), grandmother of a sister from Nu Epsilon Omega. Hoffman spoke about her experience with breast cancer. She urges all women to get their annual check-up, especially those at a higher risk for breast cancer. "It is not necessarily a death sentence but you should get your mammo-

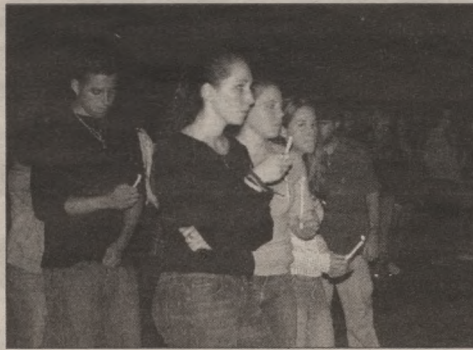
grams and annual check-ups. I am happy to say that I am a 19 year survivor but I still go through a thorough examination to be safe."

A sister from Beta Delta Phi was excited to have Jillian Hoffman come and speak about her personal experience. She said, "having someone affected personally with breast cancer hits home for more people," she said (senior, East Northport, NY).

Pamphlets were handed out during the vigil, and provided female students with prevention tips, such as, "treatment is more likely to be effective when cancer is detected early on. Exercise and a healthy diet can lower the risk of breast cancer."

In the past Beta Delta Phi has had speakers from the breast cancer organization Y-Me speak about the risk of breast cancer in women of all ages. The vigil was open to all staff and students. It was filled with both male and female students, who at the end of the vigil embraced one another. The vigil ended with a silent meditation and everyone tied pink ribbons onto a large metal wire designed to look like a large pink ribbon.

To learn more about breast cancer, and subscribe to the Breast Exam Reminder Program, go to [www.3m.us/office/postit/research/reminder.jhtml](http://www.3m.us/office/postit/research/reminder.jhtml)



The Spectrum/DANYA JIMENEZ

**Students gathered at the candle light vigil to support Breast Cancer Awareness programs.**

## SHU Gears up for Election

Courtney Piliero  
Staff Reporter

With the 2004 Presidential Election approaching fast, Sacred Heart University's Republicans and Democrats gear up in full fledge.

In hope of getting even more participation from the student body, the department of history and political science has put together an online poll to survey the standpoints of SHU students on the election. It will run until Oct. 31 at midnight, and results will be announced on Nov. 1.

In reference, just yesterday, the college Republicans and college Democrats conducted their third debate in the university commons at 2p.m. Here they discussed questions concerning topics of interest such as: To what extent is the war in Iraq related to more general war on terror? And, should the national government fund embryonic stem-cell research? College Republicans president, Sarah Hendrie, College Democrats president, Jennifer Paquette, and Pi Sigma Alpha moderators, Olia Yelner and Michael Haynes have been working hard along side with their advisor Steven Michels, assistant professor of Political Science, to do everything they can to get ready for the big day.

Michael Haynes (senior, Holtsville, NY) said, "we met with both the college Democrats and college Republicans, as well as Professor Rose, and Professor Michels and everyone cooperated well and worked hard together, so I am confident that it will be an extremely good event at the university."

In addition to the poll and debates, the college Democrats and Republicans will be sponsoring an election night viewing

party. The party will be held on Tuesday, Nov. 2 at 6 p.m., in the East hall lounge.

Professor Michels stated, "election night is like the Superbowl for political scientists."

Another event planned for later on in the year is the trip to the presidential inauguration in Washington, D.C. The dates for this are January 18-20 at a cost of \$300 dollars payable to Sacred Heart. The money can be brought to either Professor Rose or Professor Michels who are eager for all to join. The trip is open to everyone but seats are limited so it is founded on a first come first serve basis. While there, students will be given the opportunity to view monuments, tour the Smithsonian, and spend a night in Georgetown. As Professor Michels said, it is a "great way to witness the democratic process first hand, while understanding that seeing the peaceful transitions of power should never be taken for granted."

While it seems that the political scientists of Sacred Heart are doing everything within their power to prepare for the election, it is important that everyone strives to get involved. Professor Michels stated, "it is a great time to teach political science. I have never seen such a level of excitement in students, instead of having to think of ways to motivate them, the key right now is to answer their questions and channel their energy thus giving them a means to participate."

For more information on tracking the election check out [www.electoral-vote.com](http://www.electoral-vote.com).

To take part in the SHU poll, go to: [www.sacredheart.edu](http://www.sacredheart.edu), log on to blackboard, and click on the "my organizations" link.

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# CAMPUS NEWS

## Mock Accident Shows the Dangers of Drunk Driving

Sarah Decker  
Staff Reporter

Last Wednesday at 2 p.m., a drunk driving accident occurred in the courtyard of Seton and Merton Hall. Fortunately it was only a mock accident, sponsored by the Student Government E-Board. This realistic presentation about the dangers of drunk driving was organized for alcohol awareness week.

"We sort out the whole scene, trying to convey how big an issue drunk driving is," said Todd Dixon (senior, Levittown, NY), Executive Vice President for student senate.

With the help of the Fairfield Fire Department and Police, Sacred Heart's audiovisual department, and two cars supplied by the junkyard, a group of students acted out a powerful presentation to reach out to other students.

"No one thinks it's going to happen to you until you're put in the situation," said Brigit Quagliarello, a sophomore from



The Spectrum/MARK STANCZAK

**The mock accident showed students the risks of drunk driving.**

North Haven. "It was a very emotional afternoon."

"When you drink and drive, it not only hurts you, but others as well," said Nick McCallum, a junior from Bronx, NY. "The mock accident showed you this first hand."

A student shared her experience from

a drunk driving accident with the audience in hope to cause an emotional response.

"The story really hit home," said Erin Cunningham, a freshman from Nutery, NJ. "It added to the whole effect of the mock accident."

Although no one was actually hurt during this display, the mock accident shows how a typical fatal accident could happen. It is a method used to promote safety and awareness.

"I think it has a positive effect on students," said Dixon. "When they see people their age in the accident, it relates more."

"You hear about college students drinking, and you hear stories, but when you actually see people you know it's so shocking," said Greg Maurice, a senior from Snellville, GA.

As in the past few years, the mock accident had a big turnout. Students, faculty, and staff gathered around to share this



The Spectrum/MARK STANCZAK

**The "fake" dead body was taken away in a hearse.**

eye opening experience together.

Jayde Levesque (senior, Bellingham, MA) believes that the mock accident is an important event. Levesque stated, "I think the mock accident is a great deterrent method, especially for college students where drinking is so prevalent."

## SHU Student Takes Part in NPCW

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Their job is also to link health care students with the community, and to this end AHEC saw a good opportunity to get local nursing students directly involved with the week. Jennifer Nelson and Sharon Benard were chosen to organize the event as part of their graduation project.

Both Nelson and Benard are in a Family Nurse Practitioner tract, Nelson at SHU and Benard at Fairfield. The two of them worked in conjunction with AHEC to set up a series of lectures at the local Bridgeport Community Health Center and ensure the events ran smoothly. They focused on getting information about primary care out into the community.

The information in question was made available in the form of three separate lectures. Each lecture discussed a problem that Nelson (graduate student, Brantford) felt would target "an underserved population, trying to give them information that would be helpful to them in their everyday life." Each lecture was delivered by a professional in the field.

The lectures included topics such as "Current Treatment for Coronary Heart Disease and Hypertension," delivered by Denise Buonocore, a Registered Nurse with Bridgeport Hospital and Yale-New Haven Hospital, "Diabetes and Your Body," a speech delivered by Dietician Cindy Kozak, CDE, and "Prescription Assistance Programs for Connecticut," by Gail Diez, CHOICES Coordinator from the Agency on Aging. Each lecture began at noon, and ran for approximately one hour. Refreshments were served and the lectures drew a good crowd of spectators.

This was the first year a Nurse Practitioner program in Connecticut acknowledged or participated in NPCW, so these nursing students were faced with a

daunting task. "It was hard," says Nelson, "because we had to think on our own, and we had very little guidance." But Sharon Benard (Goshen, IN) believes that their "lunch and learn" lecture series was a great success.

She stated, "on our last lecture day patrons at the health care center were already asking when we were coming back. They told me Jennifer and I had met a need. The public wants and needs basic health information, and they will come out to obtain the information if it is made available."

The week also marked the first time the schools worked together to direct such an event and both women praised the cooperation.

"This is first year Sacred Heart and Fairfield University worked together, and we want a relationship that grows because we're two competing nursing programs but acknowledge we should be working together," Nelson stated. Benard agreed, stating, "I hope that next year more lectures and activities can be arranged and provided for the public. I hope more students from both universities will become involved and support the initiative."

NPCW provided some much needed information to the public, and allowed health care professionals in the area a chance to discuss important topics and to network with each other. It created a partnership between schools that will continue for years to come. But perhaps most importantly, both Nelson and Benard were able to learn what real life practice will be like in the future. In light of such success, the program is certain to grow.

For more information on National Primary Care Week, visit the American Medical Student Association's website at [www.amsa.org](http://www.amsa.org).

## Alcohol Awareness Speaker Dan Duval Addresses SHU Students

Brittany Lockhart  
Staff Reporter

"I'm not here to tell you what to do. I'm here to tell you what can happen." This is the way that Dan Duval began his speech last Tuesday in the Edgerton Center. SHU hosts a number of events in honor of National Alcohol Awareness Week, this one being a mandatory speaker for the freshman class. At 7 p.m. in the theater, Duval shared his experiences with drugs and alcohol, and how they affected his life.

Sober since 1984, Duval described his experiences prior to then. In his seventh time speaking at SHU, he addressed not only freshmen, but upperclassmen as well. "I saw him as a freshman and was moved by his experiences. I went back to see him again this year because of it," said Jennifer Binns (sophomore, Wethersfield).

His speech was not a lecture, rather a recounting of events, telling stories about certain moments in his life and in other people's lives.

"I really liked how he spoke to us. He wasn't preaching because he knew we wouldn't listen to that. His stories had an impact because he talked to us as equals, not inferiors," said Tom Martilla, a freshman from Huntington, NY.

"I thought that Duval's speech was realistic, truthful, and inspiring. I was very happy that I took the time out to go see him," said Melissa Vermilye, a freshman from Levittown, NY.

He spoke about how he was an All-American athlete in high school and then proceeded to be kicked out

of college because of his problems with alcohol. He hid this fact from his parents for as long as he could. After going home, he wound up being arrested more than once, and was even homeless for a short period of time.

Duval speaks to college-aged students because he wants them to know that what he went through can happen to anyone.

"Drugs, alcohol, and AIDS don't care who you are, or who you think you are," Duval said.

Duval is now a football coach and a drug and outreach worker in New Hampshire. He ends his speech by speaking about kids that he's met through coaching.

"It's all about the three ships: relationships, friendships, and championships. If you have the first two, the third is just a bonus," said Duval.

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# BEYOND SHU

## Voter Registration on the Rise

Meghann Longo  
Contributing Writer

This November one of the most important elections of our time will take place.

Whether it be the war in Iraq, the threat of terrorism, or as Dr. Gerald Reid, Associate Professor of Sociology believes, "the clear differences between Kerry and Bush," its magnitude has not gone unnoticed.

Responding to this national up rise in awareness, Dr. Reid assigned his sociology 101 class to survey a group of their peers on voter registration and participation.

His class found that of the 114 students surveyed, 64% of them were registered to vote and 39% of them were not registered.

Of those who were registered to vote 86% claimed that they were planning on voting and 10% admitted that they were not planning on voting.

It is without a doubt very promising to see such a rise in voter registration, but what really matters in converting registered voters into voters.

While 86% of these students claim they will vote, the national polls say otherwise.

In 1996, of the 48% of the youth that were registered only 32% of them actually voted.

"I would hope that the percentage of the people registered to vote would turn out, but the national level data of this age group tells us that they won't," Dr. Reid said.

While Dr. Reid was "pleasantly surprised" by the results of his poll, he admits that he quite skeptical about them. Much of the data he has looked at contradicts the data that he has collected, so it will be quite interesting to see if the interest we have seen in this election over the past year will turn into action on Election Day.

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## Four Perfect Pebbles

Continued from Page 1 ♦

to later realize that the wagon instead contained countless "dead naked bodies, thrown one on top of the other."

For years she survived on one meager piece of bread per week, and recalled with melancholy how on her birthday her mother had given her a piece of bread that she had purposely saved from the week before.

Jessica Schnell (freshman, Niskayuna, NY) said, "I was shocked when she told us about her birthday present, we really take what we have for granted."

Certainly, the most compelling part of the story came when Mrs. Blumenthal told of her personal survival methods, which included an imaginative game that she invented which would provide her with comfort and which would later become the title of her book *Four Perfect Pebbles*, a Holocaust Story. This pastime consisted in her recurring quest to find four identical pebbles which each represented each member of her family present at the camp. In her words, "it was a game based on superstition that became very important to me, if I could find four

pebbles of the same form and shape it would mean that all four members of my family would be safe, and later admitted that, "well, sometimes I cheated in order to find all four pebbles," but this and other games were what allowed her to never lose faith.

At the end of her story, Blumenthal Lazan asked the audience to, "please, please share my story or any of the Holocaust stories that you read or hear about, share them with your friends and share them with your relatives," as she reminded the students that they were among the last generation of people capable of hearing a direct account of the tragedy which occurred during World War II and that it would hopefully help to prevent the hatred and destruction from reoccurring.

As freshman Marielle DiBella (Park Ridge, NY) said, "The holocaust was one of the worst things ever to happen in the recorded history of the world. It was genocide on an unfathomable level."

Blumenthal Lazan left the students with one poignant quote by the British statesman and philosopher Edmund Burke: "the only thing necessary for the triumph of evil is for good people to do nothing."

## Connecticut News

Associated Press

**WINSTED** - A pediatrician reported what may be the state's first flu cases to the state Department of Public Health Friday.

The Winsted doctor said two girls, ages 2 and 14, tested positive for the virus after their throats were swabbed for a rapid flu test.

"We would consider these 'possible' cases," said Dr. Matthew Cartter, the state's epidemiology program coordinator.

But state health officials said scattered cases are normal for this time of the year. Also, these two new cases do not indicate the flu season, which typically begins in November or December, is setting in earlier, Cartter said.

The flu season is being closely watched this year as Connecticut and the country grapples with a nationwide vaccine shortage. California-based Chiron Corp. recently announced it could not provide an estimated 46 to 48 million doses to the United States, about half of what was ordered by private and public entities.

Connecticut expects to receive about 77,000 doses of flu vaccine between now and the first week of December from Aventis Pasteur, the only remaining firm with some vaccine. That's about half of what the state had originally ordered for local health departments and visiting nurse associations.

State Attorney General Richard Blumenthal this week filed a lawsuit against a Florida pharmaceutical distributor accused of price gouging in Connecticut. On Friday, the owner of that firm said he sold the vaccine at high prices because his

firm bought it for prices far above the list price before the shortage was known.

A.E. "Bo" Raney, president and owner of Meds-Stat of Fort Lauderdale, said lawsuits filed by Connecticut and three other states are based on incorrect information.

"Your attorney general ... came out of a rock somewhere and he apparently has jumped on somebody's bandwagon and decided to sue us with information that is inaccurate," Raney said.

Blumenthal rejected the firm's defense.

"Even if it were true, it wouldn't be a legal defense, and it seems to lack any ethical justification as well," Blumenthal said.

Blumenthal claims that Meds-Stat offered state hospitals earlier this month vials of vaccine selling at \$600 apiece and days later, for \$900 a vial. The \$900 cost was a 10-fold increase from Oct. 5, when Chiron Corp. announced it would not be able to ship the vaccine to the United States.

A viral typically contains 10 doses of flu vaccine.

Raney said his firm obtains hard-to-find drugs for hospitals and he bought the vaccine after Oct. 5. He said he initially bought 100 vials for \$200 each, selling them for \$275-\$350. Days later, Raney said he purchased 200 vials for \$600 apiece, turning around and selling them at \$900.

*For more on the Flu Vaccine shortage, see the Features section, Page 11*

## National and Global News



**ALAMOGORDO, N.M.** (AP) President Bush, presenting himself as the best candidate to keep America safe, was accused by John Kerry on Monday of "unbelievable incompetence" in the disappearance of hundreds of tons of powerful explosives in Iraq. "Every step of the way, this administration has miscalculated," Kerry said in Dover, N.H. He spoke shortly before traveling to Philadelphia for a rally with former President Clinton, who was making his first political appearance since heart surgery nearly seven weeks ago.

**VIENNA, Austria** (AP) Several hundred tons of conventional explosives are missing from a former Iraqi military facility that once played a key role in Saddam Hussein's efforts to build a nuclear bomb, the U.N. nuclear agency confirmed Monday. International Atomic Energy Agency chief Mohamed ElBaradei will report the materials' disappearance to the U.N. Security Council later Monday, spokeswoman Melissa Fleming told The Associated Press.

**WASHINGTON** (AP) Internet users at home are not nearly as safe online as they believe, according to a nationwide inspection by researchers. They found most consumers have no firewall protection, outdated antivirus software and dozens of spyware programs secretly run-

ning on their computers. One beleaguered home user in the government-backed study had more than 1,000 spyware programs running on his sluggish computer when researchers examined it.

**JERUSALEM** (AP) Israeli Prime Minister Ariel Sharon launched a parliamentary debate Monday on his plan to withdraw from the Gaza Strip and part of the West Bank, while Israeli troops raided a Gaza refugee camp to halt Palestinian mortar fire, killing 14 Palestinians and wounding 72. Sharon told the Knesset, or parliament, that he was determined to press ahead with his plan despite the difficulties it will cause for the country. In a speech repeatedly interrupted by heckling, Sharon asked lawmakers to support his "unilateral disengagement" plan to help Israelis live in peace after four years of fighting with the Palestinians.

**MARTINSVILLE, VA** (AP) A plane owned by Hendrick Motorsports crashed in thick fog en route to a NASCAR race in Virginia, killing all 10 people aboard, including the son, brother and two nieces of team owner Rick Hendrick. News of the crash was withheld from Hendrick drivers competing at Martinsville Speedway and cut short the victory celebration by Subway 500 winner Johnson.



# Perspectives

## Questioning The Importance of The Comprehensive English Exams

Christine Dziubinsky  
Staff Reporter

It often seems colleges and universities seek pleasure and enjoyment when "torturing" their students. Testing any such miniscule aspect of a subject so that students may spend hours cramming and memorizing, resulting in a kind of temporary verbatim if you will. We can rightly assume these individuals are incapable of remembering these facts and figures for more than the 24 hour grace period they allow. How can we call such hastiness and disregard for a subject, "gaining knowledge?" In fact, students enter a classroom the day of the dreaded exam, sit at their desks in a zombie-like state, fearful any single sound or movement may result in the ultimate loss of the 24 hour factual memory.

Sacred Heart University ought to feel honored that follows such provisional methods of testing, where knowledge is placed last in the order of importance. Clearly administrators value their abilities to create exams worthy of recognition, including information so extensive that students would have had to prepare for such an exam for most of their college career. Do these tests thus prove knowledge gained by students? Or, do they provide stress, discomfort, and in fact, rejection of any knowledge a professor has attempted to express throughout the semester?

Perhaps, professors should realize that comprehensive exams limit listening to in class lectures, leaving the impressionable college mind to focus only upon what material may be discussed on the test. Professors, if I may pose the question most asked in a college class, "Is this going to be on the exam?" Do we believe that students are continuing to listen to the lecture? Or, do we choose to see that students concern themselves with only the tested material, rejecting many other important facts and discussions.

The English Department of Sacred Heart University may consider such questions when developing and requiring the Comprehensive English Exam to be completed after Survey Courses British

Traditions I and II, as well as American Voices I and II. After already attending four semesters of three hour blocked classes, listening to lectures, presentations, as well as writing and evaluating plays, poems, letters, novels, short stories, a student may believe himself proficient in thought and critical analysis regarding the

Furthermore, why do we need four semesters to cover such material? If we are expected to clearly and concisely order both British and American authors chronologically, define literary terms, as well as write a fully developed essay including eight authors relevant to a particular theme, in a two hour period, what value

ing process, and as a result must be punished by first a Comprehensive Exam, and then required to add an additional course in order to ensure he is capable of continuing as an English major. Does it sound unfair and unjust? Perhaps. However, the English Department continues to require a Comprehensive exam, failing to recognize the dangers and implications it creates.

A mind of a college student remains vulnerable to the accepting of new knowledge. He listens and works to hold knowledge rather than keeping it temporarily for the 24 hour grace period. As he approaches the end in which he studied, critiqued, supported, and wrote to reach, he is stopped abruptly by the English Department. The Comprehensive exam blocks his view of his goal, limiting his desire to continue to grow within the English major.

The impressionable mind of the college student remains convoluted by the unfair requirement of the exam, abandoning his reason for initially attending a University. Perhaps this example regarding a student's rejection of learning remains exaggerated. However, Sacred Heart University continues to exaggerate its purpose for a Comprehensive exam. Students have sustained their position as English majors, proving both their interest and effort in completing the Survey Courses.

Knowledge becomes part of a student; temporary memorization remains for a mere 24 hours. Thus, what is it that Sacred Heart University values? An intent, eager student desiring to learn, or a turned off student attempting to figure out the value of "knowledge?"



tradition of authors and writing.

However, English students are required to further their "knowledge" by proving what they have already proven in passing the Survey Courses. If we have passed the Survey Courses which all included Midterm and Final Examinations, why is it necessary to compile four semesters worth of information in a two-hour comprehensive exam?

can we attribute to four semesters of listening and note taking?

Worse, if a student fails the Comprehensive English exam, he must complete an additional literature course offered by the English Department, in order to complete an English major. Therefore, the student has completed and successfully passed the four survey courses, putting forth time and effort necessary in the learn-

## Photographer's Pick



Foliage on a sunny day, as fall begins in Newtown.

The Spectrum/DANYA JIMENEZ

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# He Said... She Said...

## Can a guy and a girl be "just friends"?

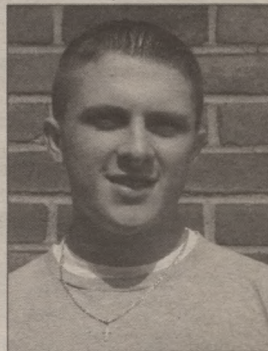
Robert Roy  
"He Said" Columnist

Yes, guys and girls can just be friends. Actually, there are many reasons why guys and girls can be "just friends" and some of them are definitely advantageous.

First, even though they are of the opposite sex, guys and girls can have many things in common. For example, they may have the same hobbies, favorite music or club.

The relationship between guys and girls does not have to be romantic. Even though there are many skeptics of this statement, if both of them are looking for the same thing (a friendship) and both are mature enough to handle a platonic relationship, then there does not have to be anything romantic about the relationship.

There are also advantages to having friends of the opposite sex. First, when guys and girls are friends this will create a more diverse group of friends. There will be a balance of men and women instead of having a group dominated by one sex.



The Spectrum/DANYA JIMENEZ

Secondly, having friends of the opposite sex will create more appealing situations and give you varied opinions of almost every topic. Men and women disagree on many topics and this will create controversy among the group creating more interesting circumstances.

Overall, yes, guys and girls can just be friends. If both people can handle this type of relationship then it should be a success. The advantages of this kind of relationship are endless and should be taken full advantage of. Yes, go out and make friends of the opposite sex and have fun with this new addition to your many relationships.

Athena Soriero  
"She Said" Columnist

Having "just a friend" of the opposite sex is the perfect compliment of you. You give each other the inside on what the opposite sex is really like. You're partners in crime, constantly scheming Bonnie and Clyde style. You're involved in this exceptionally close relationship yet; you can flirt with and date as many people as you please because you're still single.

You can be brutally honest, incredibly gross, and act like the weirdo you truly are because there's no need to impress him and you're far past the point where things are rude or offensive. You're even capable of sleeping together without having to "sleep together." It's the one person of the opposite sex who isn't going to play games with you, try to sleep with you, lie to you, or cheat on you.

Sounds like the best sex free relationship you could ever have with a member of the opposite sex who isn't gay, your sibling, or a priest/nun. But let's be realistic, a guy and girl who are just friends? Hanging out without fooling around? That's just straight up



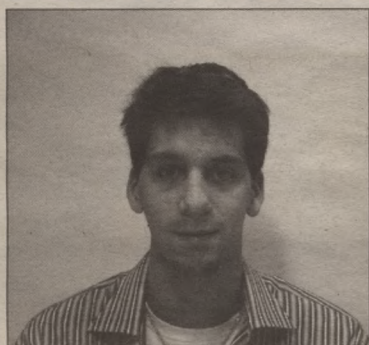
The Spectrum/DANYA JIMENEZ

ludicrous. Yes that's right I said it, ludicrous. We all know that it's physically impossible to control our animalistic desire to procreate with every person of the opposite sex we encounter. If it were possible, we would all have a best friend from the opposite sex. But we don't. We all know what happened when "Harry Met Sally," and we've all seen "My Best Friends Wedding." A guy and girl who spend that much time together with no "funny business" going on, just isn't practical. That platonic planet between Venus and Mars doesn't exist. So don't bother looking for it. Just continue following the childhood law that: unless you're a tomboy/sissy or want to contract a lethal case of the cooties; play with your own kind.

Would you like to make comments on what the "He Said.../She Said..." columnists have to say? Would you like to ask them any questions? Feel free to send them an email at [spectrum@sacredheart.edu](mailto:spectrum@sacredheart.edu)



## What are you dressing up as for Halloween?



"A School Girl"

Josh Katalinas

Ringwood, NJ ~ Sophomore



"One of the five Power Rangers"

Mike Killeen

Commack, NY ~ Junior



"Erin Donohue"

Kevin Garvey

Stamford ~ Senior

The editorial pages are an open forum. Letters to the editor are encouraged and are due by Monday at noon for consideration for each Thursday's issue. All submissions are subject to editing for spelling, punctuation and length. The Spectrum does not assume copyright for any published material. We are not responsible for the opinions of the writers voiced in this forum.

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## Word of the Week

### Discalced:

*Barefooted, without covering the feet, without shoes.*

Courtesy of Webster's Unabridged Dictionary



Student Government is off to another great start this year with the spark of the 2004-2005 Student Senate. Its sixteen Senators, Vice President, Advisor, and Secretary have great expectations. One of our goals is to get the word out to the population of Sacred Heart University. Student Senate is made up of eight new Senators, and we have an entirely new outlook on how to approach this year.

Every month, the Senate selects a Senator and one Committee to acknowledge them for outstanding efforts to help the Student Body. During the month of September Vin Wynne, and Spirit, Tradition, and Athletics Committee were chosen for their great accomplishments. Wynne is a member of the FLIK Committee and meets with Paul, his link to the faculty at Sacred Heart University. He has done many things to help students by getting their voices heard and by answering their questions. This month he has been working on the Angus Steakhouse, for the action station, and even helped us get a new pizza crust! His outstanding efforts and successful contributions have been greatly appreciated.

The committee for the month is made up of James Daly, Senator of the Class of 2007, and Teresa Jacob, Senator of the Class of 2005. So far this semester, they have taken Spirit, Tradition, and Athletics to a new level. Last year's committee helped a group of freshmen begin a spirit group to attend sporting events and cheer on student athletes. Daly and Jacob have taken it a step farther and are in the process of making the group into an official club at SHU. They are in the process of writing a constitution for the club and are looking to create an incentive program to encourage new members. Similar to programs used at many other division one schools, this one will keep track of the students who attend games and offer rewards to those who participate the most. With the help of Mark Adzigian from the Marketing Department, this will soon be a dream come true for many.

The Student Senate would like to welcome all students to their meetings every Thursday at 7:40 p.m. in the Faculty Lounge. Within the Senate, there are committee members who are specialized in helping students, answer questions and get ideas heard throughout the university. The committees are divided into Academics, Information Technology, FLIK dining services, Public Safety, First Year, Residential Life, Spirit, Tradition, Athletics, and Buildings and Grounds. Any questions and concerns will be addressed, even if not pertaining to any of the previous committees. Senate's major goal is to help the student body.

Upcoming events for Senate include State of the University Address (SOTUA) and "Meet Your Student Government Day." SOTUA will take place on Nov. 17 at 7:30 p.m. in the Edgerton Center for the Performing Arts. Questions will be addressed to University Cabinet members and many of Senate's Links. Although a date has not been set for "Meet Your Student Government Day," this event will take place sometime in December. Senate is teaming up with the Class Boards and Executive Board to meet students and share goals with the University for the academic year 2004-2005.

- The article is contributed by Erin Maurer.



# —Arts & Entertainment—

## Scare Up With The Best Films for Halloween

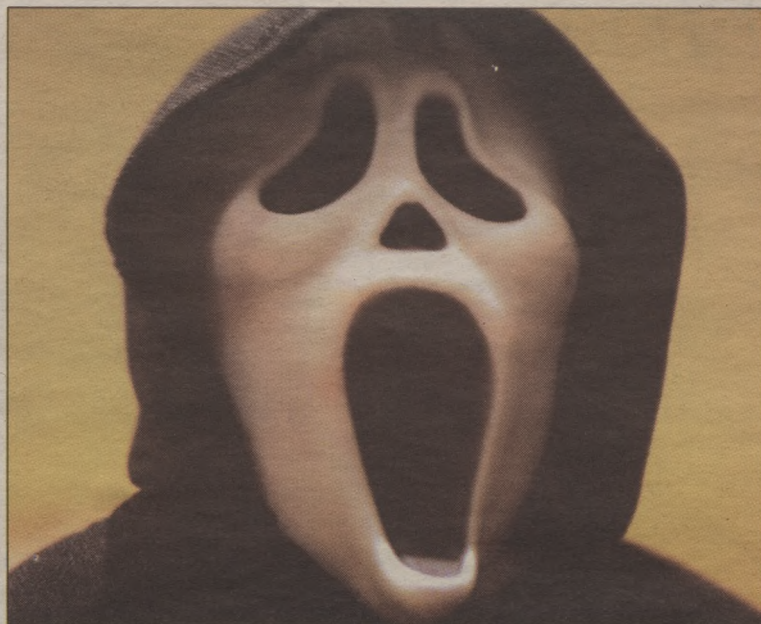
Alex Kantarelis  
Staff Reporter

Well, Halloween is finally here, and what better way to celebrate than with a classic Halloween movie. There are so many great films to choose from, but I've compiled a list of the top ten best movies to see this Halloween. So grab a bag of popcorn, shut off the lights, and hope to survive the night with no nightmares.

**10.) FRIDAY THE 13TH (1980).** Before the notorious Jason Voorhees character was even introduced, this film dominated by setting the "rules" for a horror movie later made famous by the "Scream" movies. Director Sean S. Cunningham set the tone of the movie by using characters to which audiences could easily relate. In this case, high school kids working at a camp are slayed one by one by Mrs. Voorhees who was seeking revenge for the death of her son, Jason. The female killer came as a shock to audiences, who naturally assumed the killer to be a male.

**9.) THE SHINING (1980).** Stanley Kubrick's adaptation of the Stephen King bestseller has been scaring people for nearly 25 years. Jack Nicholson plays the mentally disturbed Jack Torrance, who, along with his wife and son, becomes caretaker of the Overlook Hotel. Of course, the hotel is haunted and Torrance loses his mind, taking out his aggression on his family with—you guessed it—a big axe.

**8.) SCREAM (1996).** "There are certain rules that one must abide by in order to survive a horror movie." A horror movie based entirely on other horror movies? Sounds crazy, right? Not to director Wes Craven. "Scream" resurrected the high school setting as well as the technique of relating the audience to the film's characters. The movie led to innumerable copycats (including "I Know What You Did Last Summer"), two sequels and that



The Spectrum/DANYA JIMENEZ

Halloween is perhaps the best time to curl up on the couch and watch a scary movie. With everything from campy horror to true fright-fests available, finding the perfect suspense flick is easy. Just don't forget to check out the classics listed below!

annoying scream mask that just won't go away every Halloween.

**7.) THE ROCKY HORROR PICTURE SHOW (1975).** Although it's not particularly scary, "Rocky Horror" is definitely a Halloween movie. Movie houses around the world continue to show this cult classic to this day and midnight performances even encourage audience participation. Hardcore fans know every word in the movie, dress up like their favorite characters and shout out lines along with the actors. And, of course, cross dressers from the planet "Transsexual" mean a great movie in my personal opinion.

**6.) A NIGHTMARE ON ELM STREET (1984).** Wes Craven makes his second appearance on this list with "Elm Street." Freddy Krueger, a killer who invades his victim's dreams while

they're sleeping is sure to lead to nightmares for all. Coming out of a decade of cheesy slasher movies, "Elm Street" stands out as one of the best of its time. The film led to several sequels, including 2003's "Freddy vs. Jason," when Krueger battled Jason Voorhees from the "Friday the 13th" series.

**5.) PSYCHO (1960).** This is the film that started it all. If you've ever felt nervous in the bathroom, it's because of this movie. How could anyone forget the famous shower stabbing? Alfred Hitchcock set the precedent for horror movies with his unique way of shocking the audience. Without "Psycho," there would probably never be a Freddy Krueger or a Jason Voorhees. Forty-four years later, it still sends shivers down our collective spines.

**4.) SCARY MOVIE (2000).** Let's be honest: not everyone enjoys horror movies. But everyone can at least laugh at this spoof of the 90s horror craze. The Wayans brothers make fun of "Scream," and "I Know What You Did Last Summer" in this slapstick comedy that also tackles every horror cliché known to man.

**3.) THE RING (2002).** Even though this film is only two years old, it's already being considered a classic. A remake of the Japanese film "Ringu," "Ring" tells the story of a videotape that causes the death of anyone who sees it. Main character Rachel Keller is a journalist who, while investigating the videotape, gets herself way too caught up in the middle of the mystery.

**2.) THE EXORCIST (1973).** This is arguably the scariest movie of all time. When a demon possesses 12-year-old Regan MacNeil, the only hope her family has for her is an exorcism. "Exorcist" almost didn't get released, as audiences walked out in fear during test screenings. Luckily for horror fans, the studio reconsidered, and the film exploded into theatres. Its importance to the genre has resulted in its being considered the "Citizen Kane" of horror movies.

**1.) HALLOWEEN (1978).** You can't ask for a better Halloween movie than a movie called "Halloween." Aside from the obvious fact of the title, though, this movie really got the ball rolling for the horror genre. Director John Carpenter targeted a teenage audience with a story they could relate to and Halloween night as the setting. Psychopath Michael Myers torments a young Jamie Lee Curtis, who made her acting debut in this horror classic. With his white mask and fluffy hair, Myers became an instant favorite for Halloween costumes. Overall, "Halloween" is the perfect pick for the holiday.

## 'Shark Tale' Still Casting Nets at Box Office

Deja Kreutzberg  
Staff Reporter

The new animated film, "Shark Tale," has taken a huge bite out of the box office over the past few weeks. Logging the second biggest premier ever for DreamWorks, "Shark Tale" earned \$49 million in its opening weekend alone.

So what's the big splash all about? "Shark Tale" not only employs eye-popping special effects, but also boasts a star-studded cast that includes high profile names such as Will Smith, Angelina Jolie, Robert De Niro and Renee Zellweger.

A fish named Oscar (Smith) dreams of a life that involves more than his job at the Whale Wash, while his "best friend" Angie (Zellweger) dreams of more than a friendship with Oscar. But when our bright yellow hero ends up in the wrong place at the right time, he becomes the bait of Great White mob son Frankie (Michael Imperioli).

Frankie tries to make his brother Lennie (Jack Black) drop his vegetarian act and eat Oscar just when a ship from above

drops anchor and kills Frankie instantly. Oscar uses the dead shark for his own fame and fortune and dubs himself the "shark-slayer." The event turns into a whopper of a fish story that the media spins as a "Shark Tale."

While "Shark Tale" does have a strong resemblance to the 2003 film, "Finding Nemo" the two movies prove to be oceans apart. DreamWorks animation studio—which also produced both "Shrek" films—gives Disney/Pixar's "Finding Nemo" a hip-hop makeover as well as a new attitude.

The beginning of the film opens on a colorful coral reef that closely resembles Times Square in New York City. This underwater city is complete with Lobsters and Crabs as subway trains, Orca whales as police cars and Whales as public buses that carry billboards for "Coral Cola," the "Gup," and "Old Wavy." Katie "Current" has even taken over the news airwaves to notify the coral reef when the Sharks are entering and leaving the city.

In addition, all the underwater animals come to life and take on the facial struc-

tures and body language of the actors who play them. Jack Black steals the screen as Lennie, the shy mob boss son, while Smith once again gives an outstanding performance as the indefatigable hustler Oscar who doesn't take the time to appreciate the wonderful bounty in his life. There are also wonderful supporting roles that are filled by the likes of Martin Scorsese, Ziggy Marley, and Peter Faulk.

"Shark Tale" has taken computer animation to a new level. With the help of Directors Vicky Jenson and Bibi Bergeron, DreamWorks has created an animated film with a new sense of humor, attitude and message that isn't directed just at younger audiences. "Shark Tale" encompasses a great imaginary world that all ages will love.

### MOVIE REVIEW



"Shark Tale" (PG, 90 minutes)  
Starring: Will Smith, Robert De Niro



AP Photo/MATT SAYLES

Will Smith provides the voice of Oscar in the CGI animated DreamWorks film, "Shark Tale."



# Joe Belezny Hits Chords at SHU

Bridget Madden  
Staff Reporter

Students who have ever had problems with any of their courses may have seen Joe Belezny down at the Sacred Heart University Registrar's office. But what many SHU students don't know is that Belezny—a Connecticut native who started playing guitar at 16—has just released his first independent record entitled *running to be gone* that promises a bright future for this artist-in-the-making.

Belezny was born in Bridgeport and, while attending Fairfield High School, found his passion for music. It all started when he and current percussionist Tim Procaccini started a band called Villanova Junction. The project attracted the attention of fellow student John Mayer who also joined the band. Though Belezny and Mayer share a similar rhythmic structure, Joe continues to maintain his own personal style complete with uncomplicated vocals and amazing clarity.

Since his high school days, Belezny has toured various bars, clubs, and colleges in Connecticut as well as a handful of venues in New Hampshire and Massachusetts.

Surprisingly, Belezny has only started to sing as of the past seven years. The amazing quality of his vocals, though, hook listeners into his tranquil beats while the simple truths revealed in his lyrics express emotions and feelings that are very relatable.

There is a unique sound that Belezny maintains throughout *running to be gone*. The lyrics are a mixture of personal life experiences and the creation of alternative perspectives. Belezny sings about love, confusion and the monotony of life, and the soft quality of his vocals blended with intense instrumentals create a soothing sound that listeners can appreciate.

As such, *running to be gone* would make an excellent soundtrack because of



Contributed Photo

Joe Belezny, a SHU employee who works at the Registrar's Office, has been playing guitar since the age of 16. With the release of his independent record, *running to be gone*, Belezny is now poised for success.

the emotional content found in Belezny's work. An optimistic outlook transcends the entire album and Belezny's obvi-

*The amazing quality of [Belezny's] vocals hook listeners into his tranquil beats while the simple truths revealed in his lyrics express emotions and feelings that are very relatable.*

ous love for what he does is consistently evident. And since he lived in a variety of places before the age of 13, there is an added facet of worldliness to Belezny's individuality.

Belezny has wavered in his interest for a career in music but has taken a more

serious outlook on becoming a professional musician over the past two years. Even though it is difficult for anyone starting anew, Belezny keeps high spirits and takes advantage of every opportunity possible.

"I would love to have a record deal, but I am taking it day by day," he said.

An open mind keeps Belezny grateful for his musical experience and hopeful for the exciting possibility of a career as a professional artist. Sounds similar to that of Ryan Adams and Howie Day consistently mark *running to be gone* while Belezny's instrumental ability is comparable to that of famous live acts like the Dave Matthews band. This combination of talent places him on the verge of success.

Belezny appreciates feedback and support from his fans. Visit [www.JoeBelezny.com](http://www.JoeBelezny.com) for lyrics, tour dates, pictures, and more. In addition, *running to be gone* is on sale now at the SHU bookstore.

## Draw Fuses Classical Music, Electric Beats

Laura Day  
Staff Reporter

When thinking of violin music, the word "intense" does not usually come to mind. However, musician Dr. Draw (né Eugene Draw) changes this mindset with his album *The City*.

Draw is a tall, blonde, 22 year old, born in Moscow. He spent his teen years in Toronto, Canada as a street performer where he had a unique approach at getting people's attention by break-dancing while playing violin.

Playing since the age of 11, Draw's style has since progressed slowly but surely. Draw combines classic sounds with electronica and disco beats. At his live shows he now incorporates dance and movement, which makes for truly out-of-the-ordinary performances.

Each song on *The City* is unique. Draw's talent is evident throughout the album, though it gets tedious after a while due to the lack of vocals. On tracks such as "Disco Monkey" and "The City," it becomes clear that this is mainly a dance album. Though *The City* does slow down at times—one example is the song "Pushkin"—the variation between fast and slow rhythms does not add anything more exciting to the mix.

No genre could really explain Draw's music. Intriguing at first, the anticipation slowly dwindles as the album continues. However, lovers of classical music will definitely enjoy the talent of the violinist. Listening to it with an open mind will give audiences a better opportunity to appreciate this style.

Draw is currently on tour in Canada, and *The City* is now available in select record stores.

### MUSIC REVIEW



Dr. Draw, *The City*  
(2004, Alchemy Entertainment)

## ENTERTAINMENT BRIEFS

### On-Campus Events

THURSDAY, OCTOBER 28

- There will be a special "invited dress rehearsal" performance of the play "12th Night" at the Edgerton Center for the Performing Arts before the show opens this weekend. There is no charge for tickets and the complimentary show begins at 8 p.m.

FRIDAY, OCTOBER 29

- SET will be hosting a Halloween movie marathon from 7 p.m. to 1 a.m. The screening is open to all full-time SHU undergrads and will take place at the Schine Auditorium.

### National News

- A briefcase stolen from the band U2 in 1981 was recovered last week when good samaritan Cindy Harris returned the bag, which she found in her attic years ago. The case contained lyrics and music to U2's sophomore album "October," which had to be frantically rewritten at the time in order to make deadline.

- Compiled by Patrick Scalisi

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# Features

## CREATIVE CORNER

### Hearts of Men

James Michael Ashworth  
Contributing Writer

My writing is indicative  
Somehow I'm never sick of it  
True genius rarely sleeps  
The tremulous mind, when  
alone, weeps  
I just want to be "okay"  
Would more than likely settle  
for alright  
It doesn't matter what they tell  
me or what people say  
Seems to come down to me and  
my internal fight  
Perhaps I fear that I will dimin-  
ish and decay  
Too long before my time I will  
succumb to my plight  
I hope I would fare as well if  
never the pen I pressed or the mir-  
ror I peered  
These things I see inside myself  
never amount to enough for me  
Striving for perfection falls  
short; even though failure I have  
feared  
The things in my life I hoped  
for are things I hoped I'd be  
Time and time again it seems I  
am destined  
For something, that is, I've  
always questioned  
Unsure times seem to beckon  
And history surely repeats itself;  
the price, the hearts of men

*If students are  
interested in  
sharing their  
poetry please  
send me an email  
at:*

*c-mitrano@sacredheart.edu*

Lindsay Brophy  
Staff Reporter

Halloween is approaching, and in the spirit of Halloween, people like to talk about spooky things such as witches, spells, and Wicca, but do you really know what Wicca is? When students were asked about Wicca, most of them responded in the same way. "I think it's a type of religion, I'm not really sure," said Ellen Doherty, a Junior from Belmont, MA.

Kristine Schneller, a Junior from Danville, CA, says "I feel like it has to do with witches and spells, and doesn't it have to do with Halloween?"

There are many misconceptions and myths about Wicca, but today you'll find out about some of the truths and also the myths of Wicca. Wicca is a modern day religion based on pre-Christian religions and practices. It was founded by Gerald Gardner back in the early 1950's. It is a new religion, but its basis for belief goes back thousands of years. Contrary to what people may believe, Wicca is a very peaceful, harmonious and balanced way of thinking and life, which promotes one with the divine and everything that exists.

Wicca is an Earth centered religion, Wiccans don't necessarily worship the earth, but they hold it sacred and celebrate the cycles and the seasons. Halloween is

actually a holiday for the Wiccan religion; except it is called Samhain and the meaning of it is totally different. For Wiccans it means that it's the third and last of the year's harvest festivals. The crops are in, and it is time to relax and prepare for the long winter ahead. This is also a time to



The pentagram is one of the most misconstrued images having to do with Wicca.

reflect on the events of the past year and to remember those who have passed away. It is at this time of year that good and bad spirits travel from this world to the next.

Another fact about Wicca is that it does practice magic. Magic and spells are part of the religion. This is sometimes far fetched for those who don't understand. Magic is nothing more than utilizing the energy that exists around us in nature. It is a delicate art that takes time, study, and practice to master. However, they don't spend time casting spells.

There are many myths centered around

Wicca. One of them is that Wiccans worship Satan. However the figure of Satan is part of Christian mythos, and those who do not follow Christianity do not accept the existence of this character.

Another common myth is that Wicca is only for women. Wicca attracts a lot of women because of the focus on the Goddess, but it is open to everyone. Wicca is a polytheistic religion. Not all Wiccans follow the same path when it comes to deity, but typically they believe in multiple Gods and Goddesses often taken from different cultures and time periods. Many Wiccans will work with one or two Gods or Goddesses.

An interesting fact about Wicca is that there are no rules in that religion. They are not bound by an official list or religious text that tells them what they can or cannot do. Wicca is a very interesting religion that is recognized as a valid and legitimate faith by the United States Government. The myths surrounded by Wicca give a lot of people the wrong idea. This is because it can be difficult to accurately define Wicca. Not all Wiccans define themselves the same way. There are several different forms of Wicca, and there isn't a central group.

If you want to find out more information on Wicca, the internet is a great source. Hopefully this article has cleared some of your misconceptions about the religion, because it certainly did for me!

## SHU Finds it Difficult With Flu Shot Shortage

Christine Dziubinsky  
Staff Reporter

The sneezing, wheezing, heavy headed feeling may be more familiar to Sacred Heart students during the current semester. Flu season has approached once again, however students are having difficulty obtaining a vaccination in order to prevent fever and cold. Although in the past students attending Sacred heart University could obtain a flu vaccination from the Department of Health Services, this year students remain unfortunate while the vaccination will not be offered to them.

The flu epidemic has increased in the past month, where students are missing classes, examinations, and school wide events due to sickness. Because vaccinations are not offered in the Sacred Heart community, students are forced to acquire the vaccination elsewhere. However, many students are finding this difficult, as many of the other referrals by Sacred Heart University are not offering the vaccination. "I had to go

home and search for a doctor who would provide me with the flu vaccination", said Erica Cuina, a senior at Sacred Heart University. In her four years at Sacred

St. Vincent's Immediate Health Care, located in Bridgeport, often treats students from Sacred Heart when Health Services cannot see them. However,

♦See "Flu Shot ..." page 11



AP Photo/CP, CHUCK STOODY  
Many people line up to receive the flu shot.

Heart, Cuina has never dealt with a problem acquiring the vaccination. "After missing two days of classes and my internship due to fever and congestion, I had to find a place that would offer me the flu vaccination. I was very upset Sacred Heart could not provide me and others the care and attention we needed," said Cuina.

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# SHU's Eating Disorder Task Force Starts Up

Meghan Parisi  
Staff Reporter

Many students and young adults have encountered family members, friends or even issues with themselves involving eating disorders and weight problems. That's why at Sacred Heart we have an encouraging and helpful task force made to benefit and educate the campus community.

Sacred Heart's Eating Disorder Task Force was created so that faculty, staff, and students who were interested in preventing or raising awareness about eating disorders on Sacred Heart's campus could develop programming, discuss policies, and contribute ideas that would be beneficial to the community. The Eating Disorders Task Force was created about 5-7 years ago by the Wellness Center (the Counseling Center and Health Services). Every year the force changes due to the involvement of various participants who have brought different qualities and aspects to the table. It has been helpful to many students and faculty who have been in situations or curious of they were how and why many people today have various eating disorders. The task has accommodated many

that had personal and private issues with their bodies and appearance.

So if you are interested in joining, absolutely anyone on campus can join the

Task Force. The group is made up of volunteers, but you only have to commit as much time as you have, so you are not pressured to attend every meeting or event that the Task Force takes part in. For instance, in previous years, the Force has sponsored eating disorder screenings, speakers on eating disorders and body image for the athletic population, and articles in "The Spectrum"

raising awareness. Anyone can volunteer to do as little as putting up flyers for upcoming events to as much as organizing

a speaker. It is up to the participants and how much time they are willing to contribute to the Force.

Jocelyn Novella, Assistant Director of the Counseling Center said "It is easy to feel like battling eating disorders in our society is a lost cause. We are constantly inundated with messages from the media telling us we have to look a certain way to be considered 'acceptable' to others. More and more, men as well as women are getting messages about their own worth as a person being tied to their looks and bodies." The first meeting of the Eating Disorders Task Force will be held on Tuesday, Nov. 2 from 11 a.m. to noon in the Faculty Lounge. If anyone is interested in attending, they can e-mail Jocelyn Novella, Assistant Director of the Counseling Center, or call Cheryl Carlson at 371-7955.

The Sacred Heart Wellness Center has been a great help to educating and aiding students through out the years, but by

putting together a larger group of people from all different parts of campus it will have a much larger affect and impact on a greater amount of people within the SHU community. Being in a college setting is more challenging than just grades and work. As a young man or woman you have times of self insecurity and feelings of jealousy and low self esteem while trying to find yourself as a young adult. Novella says "If our community can say to them that they don't have to tie their own self-worth to their external selves but instead to who they are as a person, we would be going a long way to accomplishing the mission of Sacred Heart to create people who are knowledgeable of self, rooted in faith, educated in mind, compassionate in heart and able to respond to an ever-changing world."

Getting involved in Sacred Heart's Eating Disorder Task Force will not only inform you on issues of eating disorders but will get you out there helping other people around you to be healthier and stronger. Eating healthy and staying grounded as a student will only benefit your stressful yet best years of your college career.



The Spectrum / DANYA JIMENEZ

**Jocelyn Novella from the Counseling Center helps students overcome eating disorders.**

## Flu Shot Shortage

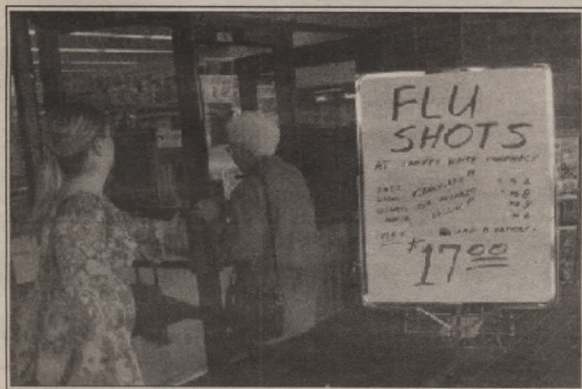
Continued from page 10

St. Vincent's told "The Spectrum" that they will not be offering the vaccination to the community during the upcoming month. "We cannot give the flu vaccination because it is currently unavailable for treatment use. The Chrion Company

cination, Fluvirin, for their license has been suspended for three months. Their Liverpool facility cannot produce the vaccine without a license. Therefore, the CDC reports that "This action will reduce by approximately one half the expected supply of trivalent inactivated vaccine (flu shot) available in the United

States for the 2004-05 influenza season." A press release printed by the Office of Communication at CDC, comments that the current workings of the CDC and their plan to recover from the loss of half their vaccinations due to contamination. "Beginning immediately, about 14.2 million doses of vaccine will be allocated over the next 6-8 weeks through Aventis Pasteur contracts directly to high-priority vaccine providers, including hospitals, long-term care facilities, nursing homes, and private providers who care for young children," said the CDC.

However, it may take time for many health facilities to acquire the vaccine. Students and individuals in the Sacred Heart community remain concerned regarding the unavailability of the Influenza vaccine. "I feel more fatigued each day, partly because I am around those who already seem infected", said Tommasina Galeotafiore, a senior at Sacred Heart University. Working so closely and spreading the flu remains a concern for many, especially the inconvenience of receiving a vaccination. "After watching my peers cough, sweat and sneeze for days, I willingly went in search for the vaccination. However, traveling two hours was less grueling than the attempt to actually find somewhere I could receive the vaccination," said Galeotafiore.



AP Photo/ WILL KINCAID

**Many went to get the shot but found it cancelled.**

in which we receive our vaccinations has contaminated elixirs, therefore we cannot treat patients with the vaccinations," said a receptionist from St. Vincent's Immediate Health Care. Students in the Sacred Heart Community are finding it increasingly difficult to stay healthy and well. Without access to the flu vaccinations, students are contaminate each other, thus further spreading the sickness.

St. Vincent's did not have any suggestions about where else to go to receive a vaccination, "We cannot offer you any assistance at the current time. Most clinics order their vaccinations from the same company, and therefore are having the same difficulties obtaining the elixirs" said a representative from St. Vincent's.

The Communal Disease Center (CDC) is currently working to provide individuals with the Influenza vaccination. However, Chrion Company is forbidden to distribute its Influenza vac-

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### After School Basketball Instructors

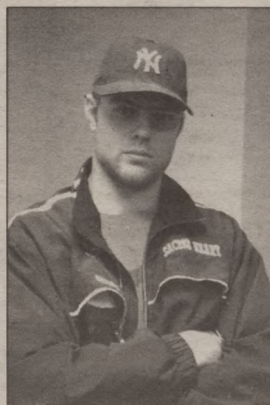
Starting in January (6 weeks). Wednesdays and Thursdays, from 3:30pm-5:00pm. Staff must instruct and lead youth basketball players in a games, drills and contests. Great pay! For more information, or to apply, please call Lauren at 268-7200

Easton Parks and Recreation  
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# BEYOND SHU

## Fantasy Football For Dummies



Bryan Fogle  
Sports Columnist

Well, now that I have been proven entirely wrong in my American League Championship Series prediction it is time that I go to an issue that I really have no way of getting wrong... fantasy football.

I have not missed a season of fantasy football in over five years and I have been a top player in one specific league at Sacred Heart since I began. I am one of those dorks who watch the game so intently that in most cases I won't even answer my phone or instant messages until the game clock says zero. I will try to explain as best I can why we, men, love our fantasy football as much as we do so all you girlfriends out there can see why we are so fascinated.

First off, as a fan you only get to watch your team for a maximum of 19 games in a season. That is of course assuming they play 16 regular season games and three possible playoff

games, including the Super Bowl. I love football, but it is hard for me to really get overly involved in watching the game simply because of how little you see of football in the course of a year.

Fantasy football all starts off with the preseason draft. Depending on how involved you like to get in the game, you can do either a computerized draft (and just pray you get a good roster) or you can do your very own thing and sit through what is called a live draft. These live drafts are very long and tedious, but at least you get who you want. A normal live draft consists of 17 rounds, with each player making one pick per round. Luckily the league I am in has only six teams, but the draft still took about three hours. In a league that has eight to ten players the draft can last up to five hours. While very time consuming, it is very worth it.

Being good at fantasy football basically requires you to pay attention every week. If you miss one week of not changing your lineup that could be the difference between a championship season and not even making the playoffs. The key is always having a playing person in every eligible roster spot. Every league has a set number of active roster spots that gain you your points. In most cases you play one quarterback, two running backs, two wide receivers, two free spots of your choice, a kicker (for field goals and extra points), and a defense.

Picking the proper players to fill these spots every week is ridiculously strenuous. As the team managers we have to check on match-ups like how a certain player will do against the team he is playing, whether the player is injured at all, or simply if they are even playing. Putting a player in the lineup and having them not play is a travesty. That one player could be the difference in a win and a loss.

Sundays are no longer the same for me. As I sit and watch my New York football Giants I am going crazy for them as a team. However, I also sit there and with every play I ask myself if I have

anyone in my lineup for the week did something good on that play. As a fantasy football manager you watch games on an entirely new level. I no longer just watch the game, but I sit and watch specific players to see how many yards or touchdowns they get. I have found myself rooting many times for people playing against the Giants simply because I want points.

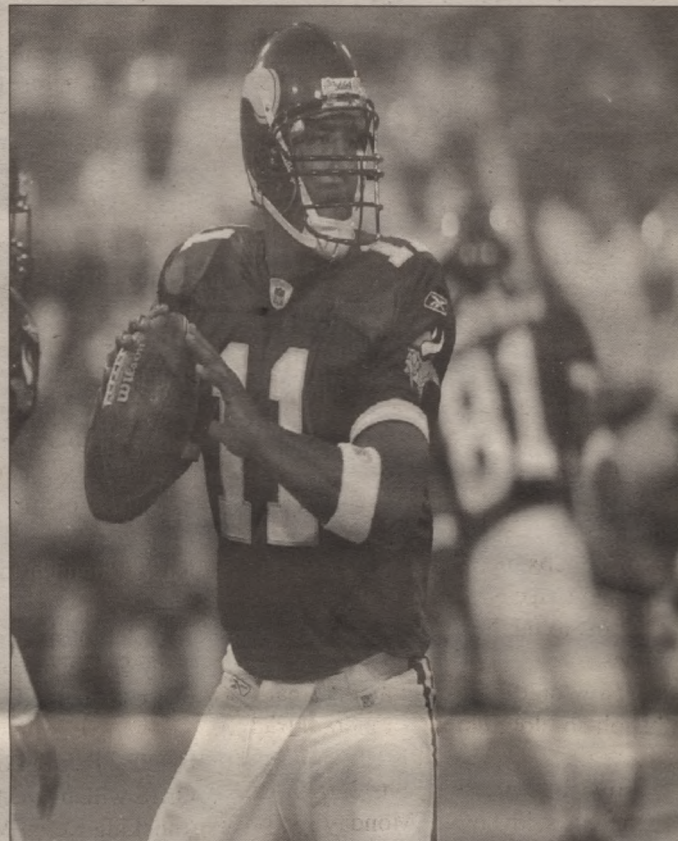
It has also happened many times that I will have one player remaining to play and my opponent will have one as well. For example, I might have a quarterback left to play and my opponent will have that quarterback's number one receiving option. I want my quarterback to throw for massive amounts of touchdowns, just none to that one receiver. It would be worthless if they connected on touchdowns to both of us basically because they cancel out and do no good to anyone.

Now the scoring system can be pesky because it is allotted into several sections. To begin, the quarterback might receive one fantasy point for every 25 or 50 yards he throws for. So if Donovan McNabb throws for 375 yards and your league's scoring system gives one point for every 25 yards, then he just gave you 15 points. The same normally goes for wide receivers and running backs, but it is normally one fantasy point for every 10 yards gained. Running backs tend to score more points simply due to the fact that they will get yards carrying the football and, then in the case of players like Tiki Barber, will catch you 10 passes. The rest of the offensive point system is self-explanatory as a player gets six points for every touchdown he scores.

The most difficult part of the scoring is with your defense. The scoring for that aspect varies in every league. The only real constant is six points per every defensive touchdown. Every other aspect of defense is scored differently: forced fumbles, interceptions, sacks, and total points allowed. The true fantasy football nut such as myself will actually sit down and physically count out our points as they happen and we keep a running score.

All told, fantasy football is a very stressful yet rewarding way to feel clos-

er to the game of football. For those of us who played high school football and no longer continue to play in college, we feel a void. At least with fantasy football, we can feel as though we are more connected. A lot of leagues are "pay to play" because they have a pay out for the lucky person who manages



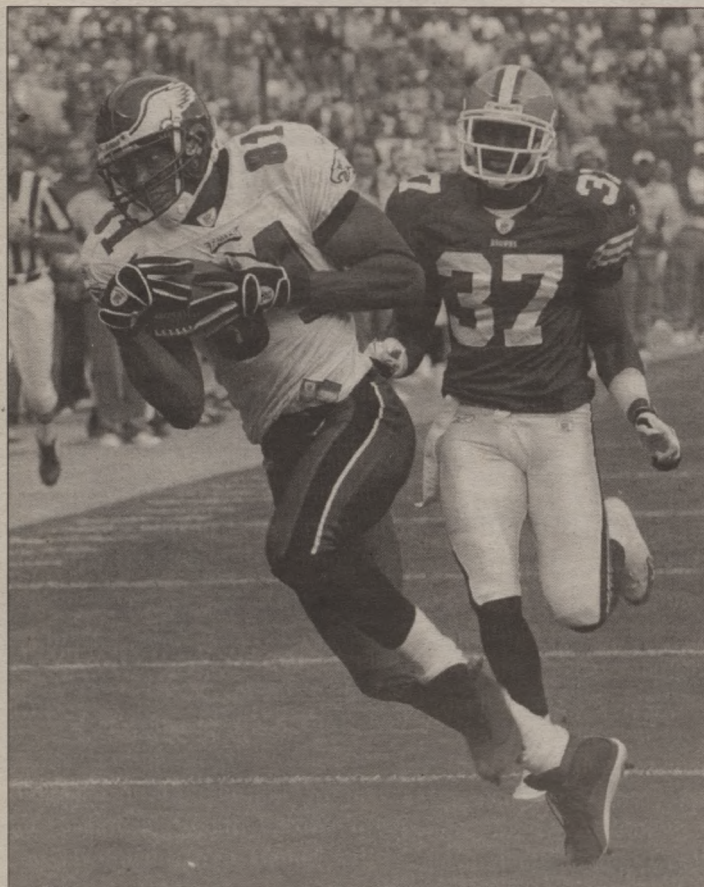
AP Photo/ANN HEISENFELT

In most leagues it's common to see Daunte Culpepper rated as the top player with 1949 yards and 19 TD passes.

their team the best throughout the year and pulls out a winner. For those of us under NCAA gambling sanctions, we prefer the free leagues where you simply play for fun, or in our league a trophy, which the winner never really ends up getting anyway. No matter what, when you win a week or the season it really is a relief.

So now you have it. Well at least I really hope so. All you girlfriends out there, who wonder why your boyfriend is so intent on Sundays to simply watch football, will hopefully now know why. Sundays are a sacred day for football fans. Seeing as most people have no way of having season tickets and feeling connected to your team in that manner, hello fantasy football. It truly does give you a sense of connection to your team and to football in general.

*Would you like to make comments on what the sports columnist said? Would you like to suggest a topic or ask a question? Feel free to send an email to N-Kelly@sacredheart.edu*



AP Photo/TONY DEJAK

Terrel Owens is the top wide receiver to have in any fantasy league with 596 receiving yards and 8 touchdowns.



# BEYOND SHU

## Too Good to Be True? Red Sox Halfway Home!

Ben Walker  
AP Sports Writer

Curt Schilling and the pitchers are clicking. Little Mark Bellhorn and the hitters are delivering. Manager Terry Francona is making all the right moves.

And despite a defense that can't quite seem to catch the ball, the Boston Red Sox are halfway to capturing something that's slipped just out of reach since 1918 the World Series trophy.

So with a 2-0 lead and Pedro Martinez set to make his Series debut against the St. Louis Cardinals on Tuesday night, could it really be this easy for the Red Sox? Hah!

"We are not going to fall into the trap after winning the first two," reliever Alan Embree said. "You saw what happened with the Yankees."

Besides, Boston fans remember all too well what happened the last time the Red Sox reached the Series. After winning twice at Shea Stadium in 1986, they lost to the New York Mets in seven games.

Now on deck: a tantalizing treat for this oh-so-close club ... or a cruel trick.

"I think we have a pretty good perspective of what we're trying to do," Francona said before Monday's workout at Busch Stadium. "If you're down,

the task can get daunting. There's no reason to look at it differently if you're up 2-0."

The Red Sox have already won six in a row in October — matching their postseason high, set in 1915-16. It started with the stirring comeback from a 3-0 deficit against the New York Yankees in the AL championship series.

Then, before the World Series began, a curious little note appeared on the Green Monster. In small letters, someone had scribbled on Fenway Park's left-field wall: "The Curse is Over!"

Game 3 starter Jeff Suppan and the Cardinals will have plenty to say about that. They're determined to force the Series back to Boston, perhaps for a Game 7 on Halloween night.

The Cardinals are 6-0 at Busch Stadium this postseason and certainly looked a lot crisper and more confident than they did in Boston. The last time they were home, Suppan outpitched Roger Clemens in Game 7 of the NL championship series.

"I think it's a big edge," manager Tony La Russa said Monday. "Our fans make us excited."

The Cardinals also gets a break because Boston loses the DH slot. David Ortiz will move to first base, probably knocking Kevin Millar out of the lineup, and Martinez will bat.

making their playoff roster for the ALCS but not getting to pitch against the Yankees. This season, he settled in nicely and led the Cardinals' staff with 16 wins.

Among the Red Sox, Manny Ramirez has done the best against Suppan, going 7-for-19 (.368) with three home runs against his former teammate.

"I wish I could go 0-for-40 in this Series and we win the next two games," Ramirez said.

One big hit certainly would help, particularly by Scott Rolen.

Rolen connected for the go-ahead home run that beat Clemens and the Houston Astros. Now, the All-Star third baseman is stuck in an 0-for-8 slump against Boston.

Rolen popped up with the bases loaded late in an 11-9 loss in the opener. He hit a line drive that almost knocked over third baseman Bill Mueller — who later made three errors — in the first inning Sunday night. He then came up in the eighth with St. Louis down 6-1 and runners at the corners and only managed a sacrifice fly.

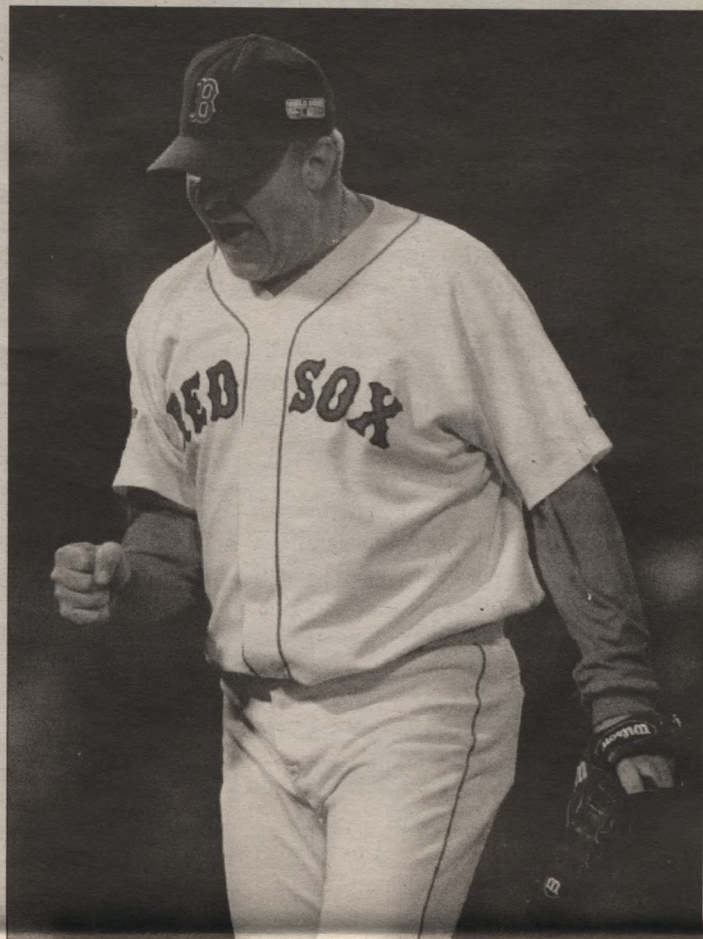
The Cardinals are still waiting for Rolen, Larry Walker, Albert Pujols and Jim Edmonds to contribute in the same game. Against Martinez, they might try the same approach the Yankees often take, making him throw a lot of pitches.

"I don't think you can actually go out there and control that 100 percent," La Russa said. "You can't go out and run the count up, and take two strikes and follow with bunch of pitches. He'll put you away."

While La Russa hopes to see a few timely hits, Francona would like to see a few more balls caught cleanly.

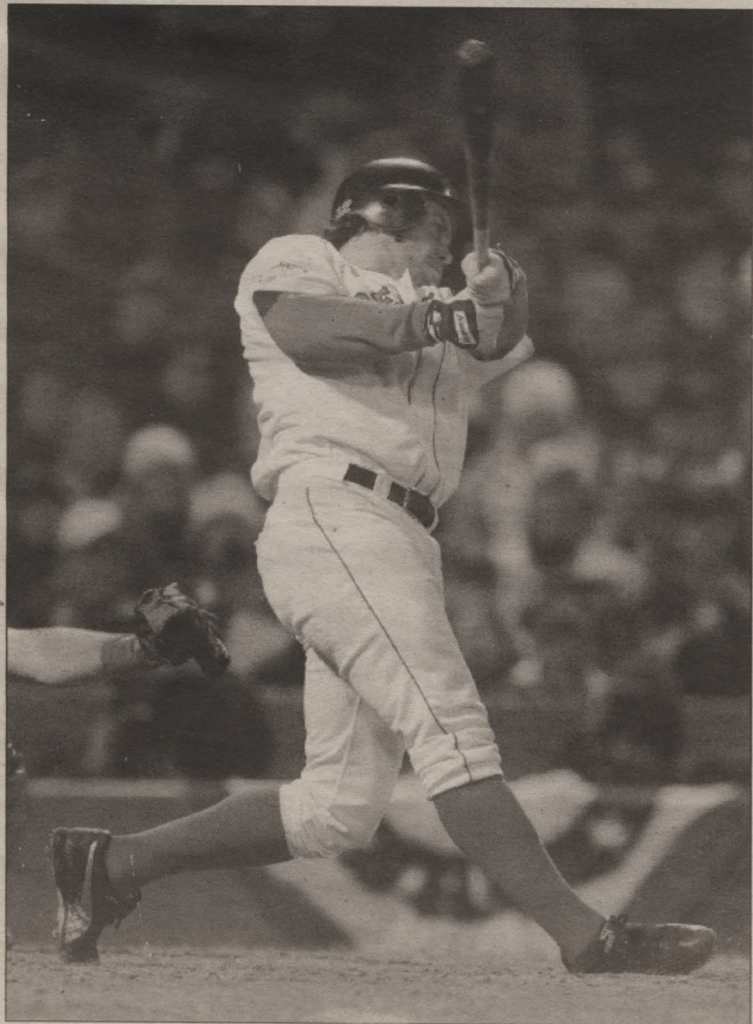
In setting a record for most errors in the first two games of a Series (eight), the Red Sox have dropped a popup and fly ball, skipped a throw into the stands, botched grounders and overrun a base hit.

"We made some errors. I didn't actually think we played a sloppy



AP Photo/CHARLES KRUPA

**Curt Schilling's heroics this post season continued with a game two win and have been nothing short of historic.**



AP Photo/CHARLES KRUPA

**Mark Bellhorn has been hitting well in the World Series, but that could change in St. Louis as he might be in the eighth spot with Red Sox pitchers hitting behind him.**

game," Francona said after Sunday night's 6-2 win. "Maybe that sounds like I'm contradicting myself.

"The field was horrendous," he said. "It's almost snowing out there."

The forecast for St. Louis calls for temperatures in the mid-60s and maybe showers when Martinez takes the mound. The three-time Cy Young winner, who turned 33 on Monday, finally gets to start in the World Series after a 13-year career.

"I expect Pedro to pitch his fanny off," Francona said. "I think he's got rest. I think he feels good about himself."

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# CAMPUS SPORTS

## Mentoring Program Targets SHU Athletes

Lissa Von Brecht  
Staff Reporter

A mentor is something important for everyone to have and the athletes at Sacred Heart have no problem finding one.

Making the jump from high school to college is tough for anyone to handle, but if a person plans on playing a sport as well there are extra leaps to make. A person is not only asked to perform well in the classroom because they need a certain GPA to stay afloat, but they are also expected to perform well on the field, ice, court, pool, or track.

"It's good to have someone else to talk to and by having mentors who are familiar with your sport it makes it easier to ask for help. It's good to know that you can get additional help through your sports team as well as an academic advisor," said senior Katelyn Kittredge (Medfield, MA), a member of the women's tennis team.

The mission statement of the program reads: "The mission of the Student-Athlete Mentoring Program is to foster positive, reaffirming relationships between the academic community and the athletic depart-

ment."

"As a freshman it was nice to establish some sort of 'contact' with someone other than fellow teammates that would be able to give me valuable information and good advice about the transition," said Eric Lindgren (Kennebunk, ME), a sophomore on the men's lacrosse team.

Dr. Gary Rose, the chair of the Political Science Department, is the University's Faculty Athletic Representative who says his role consists of "overseeing the implementation of the mentoring program" and is regarded as "the general or 'roving mentor' for athletics generally."

Rose is not the only person who is highly involved in the program. Lucy Cox, who is the Associate Director of Student-Athlete Academic Support Services, has put a lot of time and effort into this program.

"Lucy does the actual coordination of coaches/teams and mentors. Lucy does the real 'nuts and bolts' work," said Rose.

Every team at Sacred Heart has been assigned a mentor. However, the faculty has not been forced into this program. It is something that they have volunteered or been recruited to do because they have an

interest in the sports and the athletes.

"The mentoring program was an opportunity to get involved with students outside of the classroom and my courses and to be a resource for them in adjusting to life at the University as student-athletes," said Professor Gerald Reid in the Sociology department and mentor for the men's lacrosse team.

In his first year as a mentor for the program, Greg Golda is really looking forward to working with the fencing team.

"I was a member of the fencing club in undergrad and I wanted to help our SHU team in some way. I'm looking forward to being an extra resource for the students involved with this team. This is a very unique program, there are very few colleges that offer their athletes this kind of program," said Golda.

Rose believes this program to be important because it "improves the academic performances of student-athletes and in many ways the mentor will help guide the student-athlete through the stress and strain associated with fulfilling two equally demanding roles at SHU: 1) student and 2) athlete. Mentors help maintain that critical balance."

It is not only important for the professors to give their effort to this program. It also takes the effort of the student-athletes. The program was created specifically for the athletes in mind and it is important that they take advantage of this truly unique opportunity.

"This is a program with a very worthwhile goal, but it is relatively new and both the mentors and the student-athletes are getting to know one another and the program. The mentors are working at trying to understand how to best serve their student-athletes and the student-athletes are beginning to get accustomed to their mentors and the mentor relationship," said Reid.

The program is continuing to grow and become something that this university can be proud of. If a professor would like to become involved in the program, there is a specific opening in the women's equestrian program.

Athletes at Sacred Heart should not be afraid to talk to their mentor, as that is what they are there for. For further information about a mentor contact Cox at CoxL@sacredheart.edu

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# CAMPUS SPORTS

## Women's Volleyball Defeats NEC Opponents

Caitlin Dour  
Staffer Reporter

The Sacred Heart women's volleyball team dominated their competition over the weekend in Northeast Conference match-up by winning two intense matches against Wagner College and Fairleigh Dickinson University.

"This whole weekend we played great. It was a total team effort. Every single person raised their game level. That's what we've been working on, that's what I've been pressing in to the team for the past two weeks, and everybody did it. Our offense was running nicely, we had the passes to support the offense and our block I think was probably the best part of our game," said head coach Liz McGreevy.

On Saturday, the lady Pioneers took on Wagner College and won a hard match by a score of 3-2. After being down two games, the team fought back to a three-game comeback.

"Mentally, I basically talked myself down and said, 'Listen, this is for the conference. We really wanted to get a win.' I mean we were 0-2 coming in to this game so we knew that it was very important to make a statement in this conference. We really wanted to make a name for ourselves. I just amped myself up, I talked on the court with my team, it was really a team contribution," said sophomore Charnette Porter (Framingham, MA).

Porter led the way for Sacred Heart with ten kills along with five solo blocks and a block assist in the win. Freshman Samantha McMillan (Manassas, VA), who is a setter, also played strong offensively. She provided ten kills, 20 assists, three service aces and 15 digs.

In the first two games, Wagner College came out on top with scores of 31-29 and 30-25. In the third game, they looked to be in control early on, but the team came back and won the match by a score of 30-25. In game four, the Pioneers once again come out with the victory by a score of 30-18 to force a tie-breaking game five. To make the comeback complete, the Pioneers won the deciding game five by a score of 15-12.

"I think we did well. Sometimes we don't play to our full potential and today we just really pulled together. The last three games, we just really pulled together and everybody was doing everything good. That's the biggest part of a team sport like volleyball. You need three touches to get it over and you can't have one superstar player and still win. The whole team has to be playing well pass, set, hit. It has to go over. We did a really good job of just being a team," said sophomore Brenda Bailey (Costa Mesa, CA).

Junior Michelle Clarke (Baltimore, MD) also contributed with 16 assists and 16 digs. Defensive specialist, senior Jillian Frey (Meriden), had 14 digs.

"I did okay, I didn't peak, I didn't have my A game, but I was consistent and followed through on the balls and made necessary plays in order to keep our team and give our front line the opportunity to capitalize on that," said Frey.

Throughout the game, each player pumped one another up and played intensely during the entire match.

"Our team accelerates on intensity in terms of people continuously talking and being aggressive. That's our A game and when we run a quick offense. If we go one point to the next point, that's when we were on fire," said Frey.

In the second match-up on Sunday against Fairleigh Dickinson, that intensity did not go away. The team came away with their second straight win, beating Fairleigh Dickinson in four games.

In the first two games, the Pioneers won with the scores 30-25 and 30-23. However in game three, Fairleigh Dickinson came back with a 31-29 win, which led to game four.

In game four, the Pioneers claimed the win with a score of 30-26. On the offense, junior Heather Brooks (Regina, SK-Canada) had a tremendous performance with 16 kills and two solo blocks. The Pioneers came up with 14 total blocks throughout the game. Porter had another big game with 11 kills and four block assists. On the defensive side, freshman Christine Duffy (Massapequa, NY) came up with 14 digs. Setters Clarke and McMillan passed out 28 and 27 assists each to direct the offense.

"Our performance today was solid. We were able to pick up tips, recover from deficits of seven points and posted solid blocks, we're pretty strong in that and

basically switching up the offense. Instead of just being consistent with the outsides, running middles and switching it up every now and then," said McMillan of the match against Fairleigh Dickinson.

"As far as our team, everyone was encouraging. We get along on the court and off the court. We had a shaky time at the beginning, trying to adjust to each other. On and off the court we're coming together and we're going to make this tournament," said sophomore Taneisha Cantave (Suffern, NY) who had a big game by blocking down four solo balls and assisting on seven others.

With these two wins the team's record is now 2-2 in the Northeast Conference and 4-16 overall. The Pioneers are once again in action tomorrow night at home against Providence College at 6 p.m.

"If we keep up this level playing and this attitude, I think we should do well. Providence is a good team, they're well rounded. I think right now we just need to keep our focus on ourselves and really continue to work as a team," said McGreevy.

### Pioneer Schedule

#### Friday, October 29

Women's Volleyball	vs Providence	Fairfield, CT	6:00 PM
Men's Hockey	at Colgate	Hamilton, NY	7:00 PM
Women's Hockey	at Vermont	Burlington, VT	7:00 PM

#### Saturday, October 30

Women's Rowing	at Head of the Fish	Saratoga, NY	8:00 AM
Men's X-Country	at NEC Champ	Hamden, CT	11:00 AM
Women's X-Country	at NEC Champ	Hamden, CT	11:00 AM
Women's Swimming	at Niagra/Canisius	TBA	1:00 PM
Football	at Stony Brook	Stony Brook, NY	6:00 PM
Men's Hockey	at Cornell	Ithaca, NY	7:00 PM

#### Sunday, October 31

Women's Soccer	at Fairleigh Dickinson	Teaneck, NJ	1:00 PM
Women's Equestrian	at Stony Brook	Stony Brook, NY	TBA

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**NOVEMBER 1, 2004**

**Campus Advisor:**

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# SPORTS

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Bryan explains the mystique behind Fantasy Football (page 12)

## Beyond SHU

Red Sox up 2 games to 0 (page 13)

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SHU mentoring program for the athletes (page 14)

## Campus Sports

Women's Volleyball win two matches at home (page 15)

## Running On All Cylinders, SHU Roll Over Peacocks

Ed Napoleoni  
Staff Reporter

The Pioneers won their third straight game in dominating fashion over the St. Peters Peacocks 48-14. The Pioneers seemed to be clicking on all cylinders, getting contributions from the special teams, offense, and defense.

"We're clicking as a team. Everything we do is working. We give the ball to Eddie or Jason they are getting positive yards, we do play action and we're throwing the ball around the field. We have people thinking we have the best running game, and now the best passing game too. People have to be cautious of what we do," said sophomore Dan Ammel (White River Junction, VT).

This game was over in a blink as SHU quickly established control. In the first 3:23 of play, Sacred Heart pounced on the grossly overmatched Peacocks for 21 points, forcing three consecutive turnovers.

"When our defense and special teams can get us great field position and we can take shots at the end zone it changes our whole game plan going in," said Ammel.

The defense and special teams put on a clinic early in the game, forcing the St. Peters' offense to go three and out in the opening drive. Freshman Derek DePascale (Butler, NY) then blocked a punt, setting up a one yard Eddie Pricolo (Johnston,

RI) TD run, and sending SHU on its way to a rout. The Pioneers were hitting hard, forcing two St. Peter's fumbles, and capitalized on both of them with touchdowns.

"We felt if we were physical with them we would have a good chance to beat them. We were preparing hard all week and we were ready to play football and caused turnovers like we did early," said junior Xavier Sanchez (Bridgeport, CT).

Pricolo once again put his stamp on a Pioneers victory, rushing for 153 yards with two touchdowns in 22 carries. The Pioneers are 4-0 this season when Pricolo scores at least two touchdowns. Pricolo also ran his way into the history books, breaking the Sacred Heart single season rushing record, compiling 1,089 yards in only seven games. He also extended his own record with his seventh consecutive 100 yard rushing game.

"Breaking the record was one of my goals when the season started, so it wasn't just something that happened. I'm excited

that I got to do it so early in the season," said Pricolo.

"We're still a young program, but breaking the (rushing) record is a credit to our offensive line, Eddie and his work ethic," said head coach Paul Gorham.

The passing game also looked



The Spectrum/DANYA JIMENEZ

The Sacred Heart's coverage was excellent in the win, allowing only 111 total passing yards and intercepting two passes.

extremely sharp as a confident Dan Ammel completed 13 passes in 17 attempts, gaining 141 yards through the air, and throwing for a season-high four touchdowns.

"Kids made plays, and Danny went out there and threw the ball well. They made it look easy today," said Gorham.

The Pioneer defense also contributed

to the victory, holding St. Peters' offense to a putrid 97 yards and six points in the first half. They also held the Peacocks star running back, Sean Mayers, to a disgraceful 33 yards rushing in the first half.

"As far as their weaknesses, we wanted to stop their running back, which we did. All the yards he got were junk yards against our underclassmen," said Gorham.

The Pioneers finished up all their scoring in the first half scoring an unbelievable 48 points before halftime. The Peacocks added a touchdown and a two-point conversion in the fourth quarter, bringing the score to 48-14 final, and dropping St. Peters to 1-6.

The win moves SHU to one game over the .500 mark with a 4-3 record overall. Their next opponent is a 2-5 Stonybrook team that is looking to recover from a five point loss to Albany, the last team to defeat the Pioneers. The last time these two teams met was on Nov. 1, 2003, when Stonybrook destroyed the Pioneers 47-16 on Campus Field.

"It's a big game. We're looking forward to heading to Long Island and upsetting them up there. We got whooped up pretty bad last year in our house, so we're looking to return the favor this year," said Sanchez.

SHU travels to Stony Brook to defend their three game winning streak and try to avenge last year's loss, this Saturday at 6 p.m.

## Vassar Too Much for the X-Men

Nick Kelly  
Sports Editor

A tough Vassar rugby team outmatched the Sacred Heart X-Men on Sunday by a score of seven tries to one in their senior day and last game of the fall.

"This is it for our real season and it's going to be hard to make practices and everything if you're doing interviews for jobs for seniors," said senior Greg "Hane Train" Haney (Ludlow, Mass).

The difference in the teams was clear as Vassar's pace was often too quick for the X-Men. Some of this has to do with rugby being recognized as a sport at Vassar College while it is only a club sport at Sacred Heart.

"I think we played decent. They're a good team. They play varsity so they get to recruit players and give out money for their team," said Haney.



The Spectrum/NICK KELLY

Bill Cavagnaro manages to hold onto the rugby ball while being taken down in the second half.

"We're really going to basically play the same game regardless of what the other team brings us. We have a certain style of game that we have to play and we try to play it each and every game, regardless of what the other team may have," said rugby coach Eric Bacik.

Injuries have also taken their toll on the X-Men this year and many of the younger players have been getting time as a result of this.

"I thought the

guys played good. It's like raising crops. We'll get more numbers out the year after, and then we'll be on top again," said senior Adam "Primo" Vetrano (East Hampton, NY), who was sidelined with a torn ACL.

One of the bright spots on for Sacred Heart was a score from sophomore Jake Nugent (Manchester, NH).

"I was glad that I was able to score the try for my team and work hard. It doesn't matter as long as you work hard, run hard. Whatever happens, happens," said Nugent.

Even with the main season over the team will not stop practicing and preparing for next season.

"We'll play in some sort of big tournament in the springtime so we'll play a few matches before that tournament and then that will be our culminating event of the spring," said Bacik.