

Montano's Montage: Remembering Dr. George

Cristina Baptista
Contributing Writer

March 6 marked the passing of a beloved chemistry professor, Faculty Senate president, and visionary of the Sacred Heart community: Dr. Babu George. Suffering from liver disease, George was a candidate for a transplant but died at Mount Sinai Medical Center in New York due to complications before the transplant occurred.

Eight months later, the Sacred Heart community has come together to commemorate this much-admired member of the university in a ceremony that includes the unveiling of an original, student created art piece depicting George.

"We had a painting done by one of my illustration students...It captures Dr. George as a professor and more," said John DeGraffenried, professor of art and design.

Dr. Anthony Cernera, university president, cannot verify if this is the first memorial of that stature done for a professor at Sacred Heart.

"It is appropriate for this community to begin to think about the place of memorials in our life as a community," said Cernera. "It will remind me of the contributions that Dr. George made during his years here as a professor."

Jared Montano, a former Sacred Heart student who finished his program of studies this summer, is the illustrator commissioned to create the montage, a two-dimensional rendered piece designed to give the illusion of three-dimension.

"There was a committee put together of faculty members who were trying to come up with ways in which to commemorate [and] acknowledge Babu's passing," said DeGraffenried.

"I have been sort of appointed chair I think, in part because I spearheaded this [painting] when we were all talking about different things, and there are still other things up to be finalized, so I can't really say what they are right now," he added.

"Being a part of this committee, being an art instructor, I thought what better way would there be but to do a painting and commission a student," said DeGraffenried.

"I think it is significant that the painting was executed by a student. Professor George was particularly dedicated to his profession as a teacher of chemistry to young people," said Dr. Charlotte M. Gradie, professor of history and member of the memorial committee.

"He was also extremely dedicated to Sacred Heart University and its faculty. I had the opportunity of working with him on a number of projects and will always remember his warmth, dedication and humor," she added.

The idea of a painting to commemo-



Contributed Illustration / JARED MONTANO

Jared Montano, a former Sacred Heart University student, created this montage to the late Dr. Babu George.

rate the late professor seemed the best way to immortalize George's achievements at and impact on the university.

"Anytime I get involved in something I think, 'how can I best serve?' Since Babu was both a colleague and a friend, I thought that this would be the best way to represent him and his service to the university," DeGraffenried said. "It was brought up in the committee and we

thought that this was one of the routes that we would go."

"I most admired Babu George for the energy he brought to advancing the reputation of the natural sciences programs at SHU and to science education outreach programs for Connecticut teachers. Evidence of the success of his efforts line the hallways and laboratories of the Science Center," said Dr. Shannon E.

Brightman, associate professor of biology. Brightman is also a member of the committee that commissioned the painting.

The painting and the memorial itself, coming together through the efforts of a faculty-member committee, has earned a

♦See "Montage Memorializes..." Page 3

CAMPUS NEWS

Culture Wars and Religion: Distinguished Sociologist Alan Wolfe Speaks at SHU

Brittany Lockhart
Staff Reporter

Alan Wolfe, a distinguished sociologist and a speech advisor to President Clinton in 1995, spoke at Sacred Heart. Wolfe has written several books, two of which were selected as "New York Times Notable Books of the Year."

This past Monday the Center for Catholic Thought, Ethics, and Culture hosted a lecture entitled, "The Transformation of American Religion." At 2 p.m. in the University Commons, Alan Wolfe, the Director of the Boisi Center for Religion & American Public Life at Boston College, presented his analysis of religion and culture in America.

Wolfe's speech focused on individual's religious beliefs. He said he was more interested in what religion means to people themselves and that what it means to the culture can be learned from that. Wolfe also spoke about the four main aspects of religion: tradition, belief, worship, and sin. He closed his speech by talking about the election, and some religious issues pertaining to it. Jennifer Binns, a sophomore from Wethersfield said, "I think it is important

to discuss these issues with people of our age. It is coming to the point where we are going to be out in the real world and we need to be informed about the state of religion in America and how it affects politics. This is something on the forefront

of people's minds now especially because of the election."

Wolfe said, "I believe that traditions change, and traditions ought to change." Religion is something that has more staying power than fads and styles. He spoke

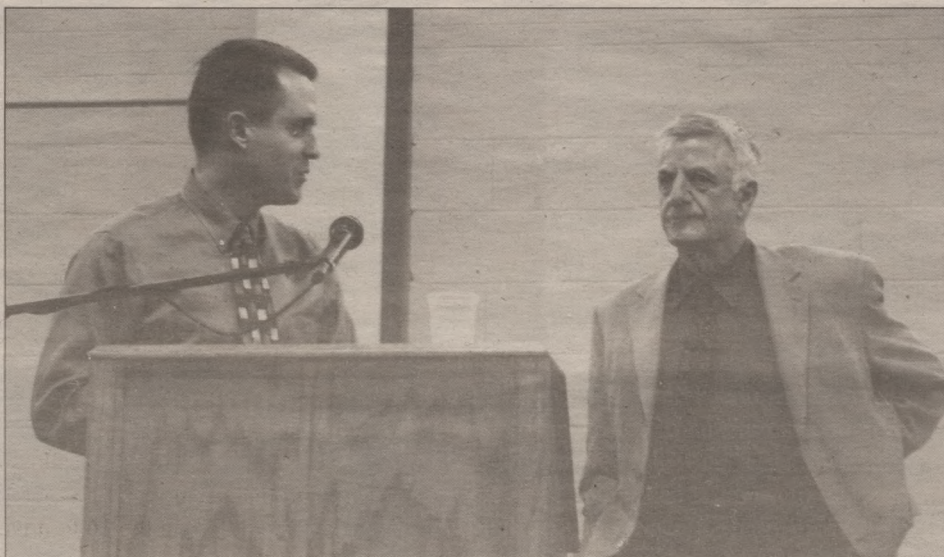
about different traditions such as the Jewish Bar and Bat Mitzvahs. Culture and religion are two very strong forces in America, and as culture changes, he said that sometimes tradition needs to mold to the culture.

Brent Kemish (freshman, Durham) said, "I agree that both culture and religion are strong forces, but I don't necessarily agree that tradition should have to change to fit the culture. Traditions should be able to hold up on their own, without bending to trends."

Wolfe said, "If our culture shapes religion, then our culture should shape the way that we worship." Worship and prayer are essential for any religious believer. According to Wolfe, Catholics present the most interesting way to look at how worship has reformed throughout the years.

Wolfe also spoke about sin. He said, "Ideas of sin are linked to the imperfection of humans. We need the dignity of God to remind us of this." He views Americans' ability to give people second chances as something that makes it difficult to keep the belief alive that human beings are sinful.

Wolfe said, "Religion needs to change in order to be sustained within America's culture."



The Spectrum/DANYA JIMENEZ

Alan Wolfe (right) and Dr. Stiltner (left) during a lecture on Culture Wars and Religion.

Lecture Series Concludes with Celebration of Singer Centennial

Bill Silvestri
Web Editor

The third lecture in the series devoted to the work of Isaac Bashevis Singer occurred just this past Sunday in the Schine Auditorium at 4 p.m. This installment of the Singer lecture series came in the form of a film screening and discussion hosted by Dr. James Castonguay Chair of Media Studies and Digital Culture, and Dr. Michelle Loris of the Sacred Heart English Department.

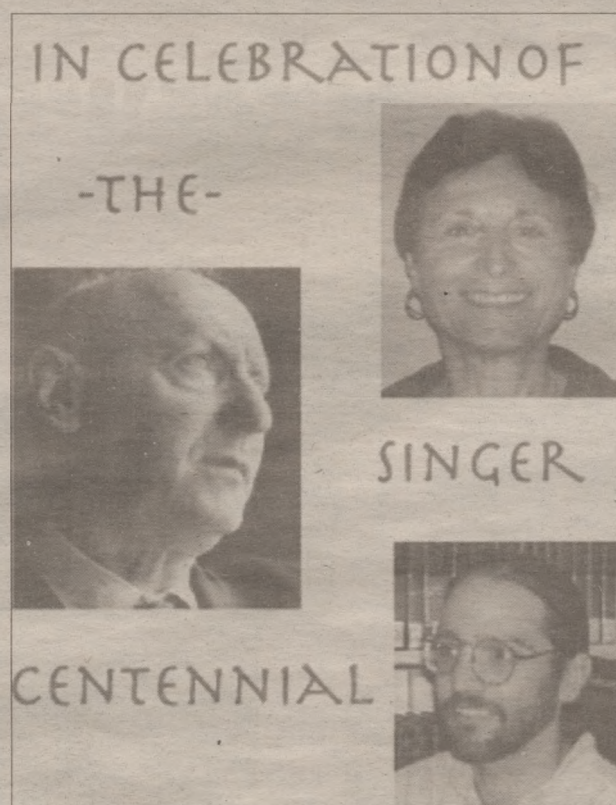
This event was a part of the ongoing celebration of the Singer Centennial here at Sacred Heart University.

According to a press release from Sacred Heart University, The Singer Centennial Celebration program is made possible with funds granted by the National Endowment for the Humanities and the American Library Association. Additional funding is provided by the Sacred Heart University Center for Christian-Jewish Understanding and the Ryan-Matura Library.

The topic of the evening was Sexual Love, Exile, and Redemption in Isaac Bashevis Singer's *Enemies: A Love Story*. *Enemies* is an original work of fiction written by Singer that was made into a feature length film.

"We will discuss the theme of sexual love as redemption in both the novel and the film. We will also discuss the novel's adaptation to film," said Castonguay.

Enemies deals with Holocaust survivors' readjustment to the mainstream of



Contributed Photos

Dr. Castonguay and Dr. Loris teamed up to contribute their thoughts on Singer's *Enemies: A Love Story*.

society. The Hitler era had left its imprint upon them and even when Herman, the main character, is given the opportunity to move to America to start anew, he finds life too complicated to handle. As a husband to three women, he develops into a cheat, a swindler, and a liar. Family life and monogamy are lost virtues in this

story.

Loris said, [The film] presents a Singer protagonist who feels alienated, and disconnected -and who is searching for meaning, and in this case, love or a kind of redemption in his life."

Questions surrounding love, the search for God, purpose, and the meaning of life are ever-present in Singer's fiction.

"Sometimes singer uses sexual love as a metaphor for redemption, certainly in Singer's body of work if there is a kind of redemption for human kind, then it is to be found in love," said Loris. "If there is something that we might be able to count on as somewhat redemptive in our lives, then for Singer it would be love, love between a man and a woman, and also love within one's community."

Singer's work has obviously touched many of the faculty and staff members here at Sacred Heart University, and this lecture series as a part of the Singer Centennial is testament to that. The discussions that arose from all three lectures involved serious issues and plenty of interaction between students and faculty members.

"I think that more students should see

this film. *Enemies* is a typical two hour Hollywood film, it is interesting to see and to talk about, it is not an action film, it is driven more by human emotion than by actions," said Loris.

Although *Enemies* is a work of fiction, the issues that it raises are serious and reflective of our own lives.

"The issues or themes that Singer is after in his writing include, a human being's relationship with God, the puzzle of whether or not there is a god, and how we as conscious people find purpose and value in our lives," said Loris.

**Linda Liefeland, PhD.
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CAMPUS NEWS

Montage Memorializes Dr. George

Continued from Page 1 ♦

response from university administration.

"I am pleased that the members of the faculty who are leading the effort to create the memorial are recognizing and recalling Dr. George as a model teacher, actively engaged with students," said Dr. Thomas Forget, vice president for academic affairs.

Artist Montano reflected upon his experience with the project from his current residence in San Diego, CA.

"My interest in the project came from Professor DeGraffenried. I never had the pleasure of meeting Dr. George, but because of the passionate way Jack [DeGraffenried] spoke about him, I gathered that he was not only an amazing mentor, but also an amazing person," said Montano.

The process of creating the painting itself also served to remind of the adoration for George.

"While doing the piece I met and talked to several people that knew Dr. George. Never have I heard such loving memories of an individual. He appeared to have left a remarkable impact on the

people he touched," Montano said.

"Since I'm the illustration instructor and Jared is an illustrator, we hooked up immediately," said DeGraffenried. "Jared...worked from photographic references that the George family had in order to assemble the composition for this montage painting," which was done in watercolor and color pencil.

The painting itself highlights the many facets of George's character and pursuits.

"I hope that I portrayed Dr. George in a way that will remind people of the man he was. I tried to capture him as a teacher, a friend, and a family man. From what I have gathered, nobody is more deserving of a memorial than Dr. George. I hope that his family is doing well, and that they enjoy seeing the painting as much as I enjoyed doing it," Montano said.

"I'm simply honored to be a part of [the memorial]. I owe it all to Jack. He has inspired me to be involved with my artwork; therefore, after finishing the Dr. George piece, I almost felt like I had known [George]," he added.

The impact of the painting is expected to go beyond the Sacred Heart com-

munity.

"The memorial painting will remind students and faculty, and visiting school-children, teachers, and scientists, of the continuing benefit made possible by Dr. George's achievements," said Brightman.

Montano's montage, however, is only one portion of a memorial service anticipated to hold other activities.

"As part of the program, [Vimala, George's daughter] will also be speaking and she and her mother will be presented with a framed print of the work that will be hung there," said DeGraffenried.

"This [artwork] is to commemorate the man, his years at Sacred Heart University, what he meant to students, faculty, staff, and administration at this university," he added.

Certain aspects of the memorial program are still undergoing some alterations and finalizations.

"There are a few details in regards to that given day that are unknown...but [Cernera] is scheduled on the 16 to unveil in the science wing the painting done of Babu George," said DeGraffenried.

The memorial is a celebration of George's various achievements, with

Montano's artwork as the focal point of the service.

"Dhia Habboush is going to present both Vim George and Dr. Cernera and I will be presenting to Vim George and her mother the...framed print," he added.

Although the painting is a main focus, the message of the memorial runs deeper.

"Dr. George's standing as a professor who loved his students and loved Chemistry [is] captured in the artwork for the memorial," said Forget. "I hope that all of us who teach here will be reminded of the importance of those aspects of teaching—the love of students and of our subject matter—as central to the professoriate here at Sacred Heart University."

"I think the memorial to Babu George will be a lasting way to honor his memory," Gradie said. "The memorial will show just how much he meant to all of us here at Sacred Heart."

The memorial service takes place Tuesday, Nov. 16 at 4 p.m. in the Science Complex, room to be announced. The framed painting of the late Dr. Babu George will be hung near the Periodic Table of Elements in the science wing.

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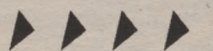
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CAMPUS NEWS

Nashville Welcomes SHU Students at Annual National College Media Convention

Kayla O'Brien
Staff Reporter

Shania Twain, Diane Sawyer, Robin Roberts and a group of 11 Sacred Heart students all walked on the same Nashville streets last week.

Representing The Spectrum and The Prologue, Spectrum editors Jenn Motisi, Colleen Mitrano, Kelly Ryan, Jill Tomasz, Danya Jimenez, Nick Kelly, Pat Scalisi, Columnist Bryan Fogle, and Prologue editors Olia Yelner and Courtney Gotshall accompanied by advisor Meredith Morris,

tries.

The students stayed on-site in the Renaissance Hotel, located in downtown Nashville. The location was in the center of Nashville's culture, shopping, and nightlife.

"Nashville's music-filled atmosphere inspires all sorts of creativity. Not only did the conference's speakers give me fresh ideas and a new outlook on the yearbook, but the city itself served as a muse," said senior Olia Yelner.

Once in Nashville, the students registered for the conference and explored all that Nashville had to offer.

To immerse themselves in all that Nashville is known for, their first night was spent at the award winning Wildhorse Saloon, known for being the best country-western club, as well as the best place to dance in Nashville. The students got a true taste of great food, line dancing, and live country music.

"The conference in Nashville was a great experience! I'd never been there before, but am so glad to have gotten the opportunity to check it out. There is so much to see and do there and the people are so nice," said senior Courtney Gotshall.

Over the course of the five days, the students attended sessions that each individual was able to choose, ranging from magazines, to newspapers, to yearbook, broadcasting and photography.

Not only were the students mingling with experts in their fields, but they also got to meet students from other schools with similar interests. The convention allowed time for networking with other schools in order to improve Sacred Heart's very own yearbook and weekly newspaper.

"Being at a conference with people in media from all over and speakers who came specially with knowledge of the media industry made it an all around creative environment and I walked away with not only great memories, but also a lot of new ideas and answers to questions that I had," said Gotshall.

In addition to the information sessions, the students were able to display their work, as well as compete against other participants.

The Spectrum's photo editor, junior Danya Jimenez, entered a photo-journalism contest where she was given a roll of film along with several topics in which she could photograph. Out of 40 contestants, Jimenez finished in the top five.

The trip was destined to be a memorable experience from the moment the students stepped foot in LaGuardia Airport on Wednesday. Little did the students know, they'd be sharing the same airplane cabin as Good Morning America reporter Robin Roberts.

Later in the week, the female students on the trip got another glimpse of Roberts when they woke up at 4 a.m. to attend a live Good Morning America taping about a block from their hotel.

The girls obtained spots right in front of the stage to get a closer look at Diane Sawyer and Robin Roberts as well as country/pop recording artist Shania Twain.

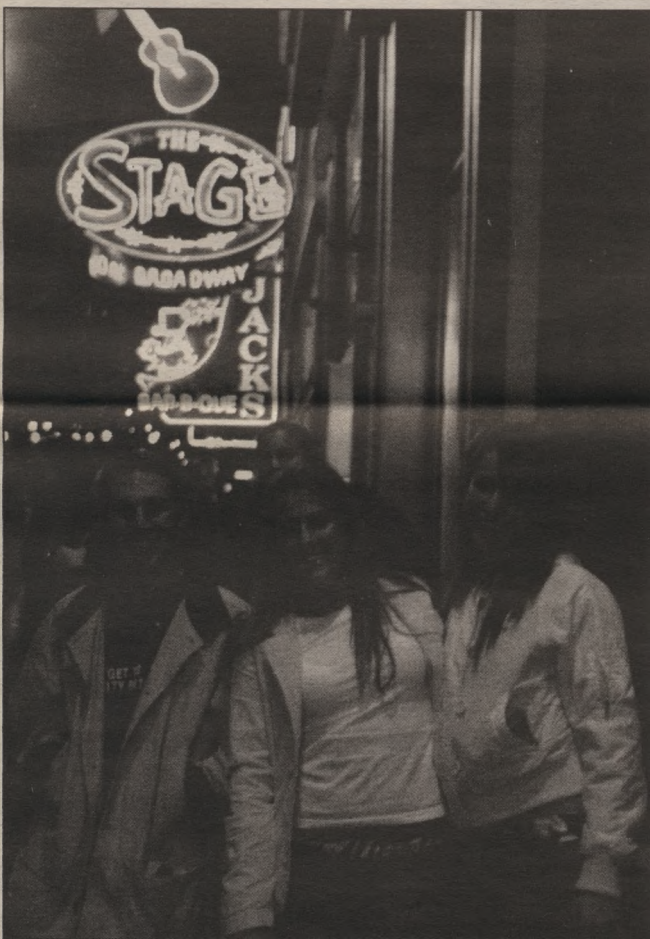
A local reporter (for Nashville's ABC affiliate) who hails from Fairfield, noticed signs for Sacred Heart in the crowd. He told Mitrano and Motisi that his parents are SHU graduates, and later interviewed them for the network.

After spending seven and a half hours in the airport on Sunday, the students arrived back safely at Sacred Heart around 1 a.m. with a mind full of memories, inspiration, and fresh ideas.

For more news articles, such as SHU idol and the Hunger for Peace Club's efforts to raise money for hurricane victims in Haiti, see:

"Move Over American Idol - SHU Idol is Taking Over"
and
"Student Group Aids Haiti"

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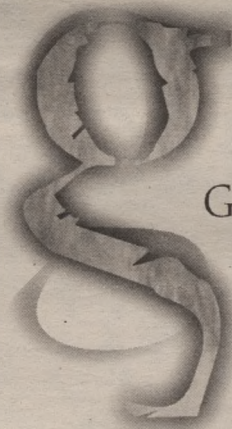


The Spectrum/DANYA JIMENEZ
Spectrum editors Pat Scalisi, Jill Tomasz and Kelly Ryan toured Nashville, TN.

all headed down to Nashville, Tennessee to attend Music City USA's 83rd Annual National College Media Convention. The Convention was sponsored by the Associated Collegiate Press and the College Media Advisers and was held over the course of five days.

Participants had the opportunity to attend over 300 learning sessions, workshops, a trade show, vendors, roundtables, student media displays, career fair, and even get involved with many networking opportunities.

The Convention is the largest annual event for colleges and more than 2,500 student journalists, broadcasters, media advisers and others all attended from the United States, Canada, and other coun-



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BEYOND SHU

Students React to the Presidential Election

Umberto Torrielli
Staff Reporter

After months of campaigning throughout the United States, George W. Bush was re-elected to a second presidential term on Tuesday, November 2 by 286 electoral votes to 252 for John Kerry.

The President won the popular vote by over three million votes, although it all came down to one key battleground state, Ohio. Indeed it wasn't until last Wednesday when Mr. Kerry called the President and told him that he wouldn't seek a recount in that state that the worldwide media called the victory for Mr. Bush.

The vast majority of students at Sacred Heart hail from the North East, states which typically vote Democratic, and hence it was not a surprise that most of the SHU interviewees appeared frustrated by the President's victory. Michele Julian (junior, Monroe), stated, "I am extremely disappointed by the choice the American people have made and I cannot believe that we have to deal with Bush for four more years."

The day after the election, the

President gave a victory speech at the Ronald Reagan Building in Washington, D.C. where he acknowledged the fact that the country was very divided by addressing himself directly to those who did not support him on November 2.

The President stated, "reaching these goals will require the broad support of Americans. So today I want to speak to every person who voted for my opponent. To make this nation stronger and better, I will need your support and I will work to earn it. I will do all I can do to deserve your trust. A new term is a new opportunity to reach out to the whole nation. We have one country, one constitution, and one future that binds us. And when we come together and work together, there is no limit to the greatness of America."

When a group of five students was asked of their opinion regarding the President's statement, four out of five seemed skeptical about the remark. Their thoughts can be summarized by sophomore Kristyn Nicastro (Island Park, NY), who said, "it was just a political stunt, I really don't think he meant what he said and I doubt that he will reach out to

Democrats anytime soon."

On the other hand, although the majority of interviewed students were disap-

"I wasn't surprised by the outcome. The next four years will determine whether it was a good decision or not."

*Rodhmir Labadie
Junior, Stamford*

pointed that John Kerry failed to attract more votes, most of them admitted that they weren't taken aback by President Bush's victory and some maintained a more optimistic point of view such as Rodhmir Labadie (junior, Stamford) who said, "I wasn't surprised by the outcome. The next four years will determine whether it was a good decision or not."

As for the election itself, Bush regained control of two states, New Mexico and Iowa (both of which had voted for the Democratic candidate Al Gore in 2000), while losing New Hampshire to John Kerry this time around.

Ohio however, with its 20 electoral votes, was the ultimate swing state out of the three major battlegrounds (the other two being Florida and Pennsylvania) as it was the most disputed one, and eventually determined the overall victory for President Bush. Indeed if Kerry had managed to win over Ohio, he would have won the electoral vote by 272 to 266.

With the election only a week ago, supporters from both parties are already looking forward to 2008, trying to foretell who the nominees will be. The more popular speculated candidates seem to be Hillary Clinton (D) and former Mayor of New York, Rudy Giuliani (R). In any event, the 2008 presidential elections promise to be teeth grinding once again, and the President's performance over the next four years will be a deciding factor in who will become President number 44.



National and Global News

REDWOOD CITY, Calif. (AP) In a sign of possible discord in the jury room, the judge in Scott Peterson's murder case lectured the panel Monday about the importance of deliberating with an open mind. "Do not hesitate to change your opinion for the purpose of reaching a verdict if you can do so," Judge Alfred A. Delucchi said after summoning jurors to the courtroom just an hour and half after they resumed deliberations.

CLAMART, France (AP) Palestinian leaders rushed to Paris on Monday to check on the critically ill Yasser Arafat, but hospital officials said visiting rights were restricted - setting the stage for a dramatic showdown between the delegation and Arafat's wife. Early Monday, Suha Arafat accused the leadership - including top lieutenants Ahmed Qureia and Mahmoud Abbas - of coming to the French capital with the sole intention of usurping her husband's role as head of the Palestinian Authority.

WASHINGTON (AP) Defense Secretary Donald H. Rumsfeld said Monday that large numbers of Iraqi civilians would not be killed, "certainly not by U.S. forces," during the siege to retake Fallujah, even as the top U.S. commander there predicted a "major confrontation" between insurgents and up to 15,000 troops

in the Sunni Muslim city. Gen. George Casey said that the offensive, which began on Sunday, was proceeding on schedule and that he expected the insurgents to use homemade roadside bombs and car bombs as their "weapon of choice."

NEAR FALLUJAH, Iraq (AP) Thousands of U.S. troops, backed by armor and a stunning air barrage, attacked the toughest strongholds of Sunni insurgents in Fallujah on Monday, launching a long-awaited offensive aimed at putting an end to guerrilla control of the Sunni Muslim city. After nightfall, U.S. troops advanced slowly on the northwestern Jolan neighborhood, a warren of alleyways where Sunni militant fighters have dug in. Artillery, tanks and warplanes pounded the district's northern edge, softening the defenses and attempting to set off any bombs and boobytraps before troops moved in.

GUANTANAMO BAY NAVAL BASE, Cuba (AP) A U.S. federal court halted proceedings ahead of the military trial of Osama bin Laden's driver Monday, saying his status as an enemy combatant had to be determined by a competent tribunal. It was the first time a federal court has halted proceedings ahead of trials before U.S. military commissions, which had been resurrected from World War II.

Connecticut News

Matt Apuzzo
Associated Press

As a Muslim and frequent flyer, businessman Syed Maswood is used to being wrongly suspected as an Islamic terrorist. But he's not used to being called a U.S. spy.

The Connecticut nuclear engineer, whose home was raided but who was never charged in a terrorism investigation this spring, was arrested on a Sept. business trip in the United Arab Emirates on suspicion of being a CIA and FBI informant.

He spent a night in jail before U.S. Embassy officials won his release - only to return to the United States and be detained and questioned a second time by Homeland Security officials, he said.

Ibrahim Hooper, spokesman for the Council on American-Islamic Relations in Washington, said he hasn't heard of other cases like Maswood's.

"We have looked into the matter and determined that you will no longer encounter any automatic special attention beyond normal probabilities, upon future returns to the United States," the Bureau of Immigration and Customs Enforcement wrote him in August.

He said he carried that letter with him when he left for a Middle East business trip in late Sept. and had no problems leaving the country.

When he landed in Dubai the evening of Sept. 28, however, his passport was flagged. He was wanted for arrest.

He said police wouldn't say why. He was handcuffed and taken to jail. He surrendered one of his cell phones, but didn't tell police he had a second in his

pocket.

Hiding in the bathroom, Maswood used his phone to call the U.S. Embassy.

Embassy officials arrived in the afternoon and helped win Maswood's release. He was ordered to return Oct. 2, to meet with the prosecutor. That's when he first heard talk that he was providing information to the CIA and FBI.

When he landed in Newark, N.J., exhausted from his trip, he said Homeland Security officials scanned his passport and immediately ushered him away. It was the fourth time he'd been detained but the first time since receiving the letter from Homeland Security.

He showed it to officials in New Jersey, but he said they couldn't verify its authenticity. After waiting for four hours, he said, officials released him. When he asked why he was held, he said a woman told him to ask the FBI.

Neither the FBI nor Homeland Security would comment.

Maswood continues to write government officials, criticizing U.S. domestic policy and demanding to know what he has done wrong. His wife and mother think he causes problems by drawing attention to himself. Maswood won't hear it.

"The damage (Osama) bin Laden has done to us is nothing compared to the damage we have done by moving away from this higher moral position," he said.

Maswood's paperwork is mounting, taking over half his basement office. He's not about to stop writing.

And he's going to keep flying.

Perspectives

For My Grandson Albert IV

Dear Editor:

I am the mother of the deceased Albert Herb III who was employed at Sacred Heart University, Buildings & Grounds Department.

His son, Albert IV, entered Kindergarten this last September. I thought you might want to mention young Albert in your school newspaper. He attended Pre Kindergarten last year.

He is looking forward to ride the school bus.

I am enclosing a poem my daughter Isabel wrote before my son was buried. You may wish to print it when you write about my Grandson, "Albert's son."

I have in my possession his Pre Kindergarten portrait.

Sincerely,

Isabel Herb

"Albert's Son"

Baby Al you are so special
You're just one of a kind
You were created in his image
He sent you here with us in mind

And if your Dad could be here
He would hold you and say
Son I love you so much
What a happy special day

He bragged and boasted
About the coming of you, Al
How desperately he wanted
For you two to be pals

And as you grow from baby to boy
And from boy into a man
Why he couldn't be here with you
We will never understand

Remember Daddy's up in heaven
Looking down on you with love
He'll always be there watching
He's your angel from above

Your first words, your first steps
Your first day on the bus
Know that he is with you
Sending love through all of us

And if your heart should ever harden
And your eyes fill with tears
For not having had your Daddy
Please don't ever fear

Remember Daddy's up in heaven
Looking down on you with love
He'll always be there watching
He's your angel from above

Now your whole life is before you
And as you journey on your way
Always wear smile
And treasure every day

And then you will grow like Daddy
Into a kind and gentle man
With a wealth of friends around you
And he your biggest fan

Remember Daddy's up in heaven
Looking down on you with love
He'll always be there watching
He's your angel from above

Five Frustrating Hours After Five Fabulous Days

Kelly Ryan
Perspectives Editor

On Sunday afternoon, as we left the Associate Collegiate Press Media Conference in Nashville, TN, everything seemed to have worked almost too perfectly. We arrived in Nashville with no hassle. We went to sessions at the conference, enjoyed spending time together, saw Shania Twain in a free concert and toured the city for a few days. There was absolutely nothing that went wrong.

However, we all met at 12:00 p.m. on Sunday to get to Nashville International Airport for our 3:00 p.m. flight. I don't think we realized we had such a long day ahead of us. Even our baggage checking went smoothly, and we were almost waiting at the gate in no time. As we sat down, we had some lunch and waited for our 3:00 p.m. flight. However, when 3:20 p.m. rolled around, we were sort of figuring that there was going to be a delay. But not a delay that lasted five hours! The explanation was that there was a mechanical difficulty going on with the plane that was supposed to take us back to LaGuardia Airport. As I think back now, we probably should've been thankful for such a delay, since they were being so cautious about getting us back safely. Still, we complained, whined and waited. Then finally we heard some good news. They had found a plane that could safely fly us back to New York. Ironically enough, there wasn't a pilot to fly that plane. What good is a plane without a pilot? It would've just been like them telling us that they found a pilot to



The Spectrum/DANYA JIMENEZ
Nick Kelly, Sports Editor, and the rest of
"The Spectrum" editors waited for five
hours after the flight was delayed.

fly us home but they still couldn't find a plane for him to fly us in. So apparently, the "good news" was actually no news at all. So we continued to linger. Most of us sat and read, or slept under the seats of the waiting gate, or tried several types of food in the food court while others paid for wireless Internet to pass the time until there was finally some really good news; a plane and a pilot! However, the plane and the pilot were both in Dallas. Fabulous! So we had to wait two extra hours, totaling five hours in the airport that afternoon. None-the-less, we got home safe at 1:30 a.m. It was a long frustrating day, but at least it makes for good conversation and we got to spend five extra hours together than we originally had planned on.

The SPECTRUM

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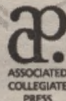
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The editorial pages are an open forum. Letters to the editor are encouraged and are due by Monday at noon for consideration for each Thursday's issue. All submissions are subject to editing for spelling, punctuation and length. The Spectrum does not assume copyright for any published material. We are not responsible for the opinions of the writers voiced in this forum.

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The true story behind the Photographer's Pick:

On Saturday Nov. 6, 40 photojournalists students were selected for a Nashville shooting assignment at the Associated College Press Conference. The students were given one roll of film and 24hrs to take pictures of the city. The theme of the contest was "Nashville Blues." The student photographers were asked to choose two of their photos that they considered to be the best of their work for the contest. These photos were criticized by a panel of professional photographers, including magazine and newspaper photographers as well as college professors. The students that took the photos were able to hear the judges commentary on their work. There were five winners out of the 40. One comment about this picture was, "This works for the theme because the appearance of the guitar and the music covering the entire city."

To the left is Photography Editor's
(Danya Jimenez) photo that placed in
the top five at the Media Conference's
contest in Nashville.

He Said... She Said...

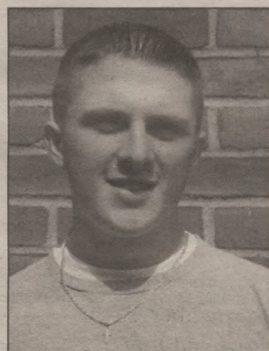
Who should make the first move?

Robert Roy
"He Said" Columnist

He is sitting, watching a movie with a girl and now it's decision time. Is he going to make the first move or just wait and see what she does? Traditionally, guys have always been known for taking that first step and every guy fears the same thing: rejection. When a girl makes the first move it takes away all his fears. However, let's be realistic, most girls are not that forward and he will almost always have to make the first move.

The first move isn't limited to simply the first kiss; it can also be asking her out or initiating actions taken on the date. I am a believer that he should be the one to ask her out. Nevertheless, if he is too slow and isn't making that first move, she should step up and do it. Sometimes he will miss signals, or just be too afraid to make that move and this is where she should take action. She shouldn't be afraid to break tradition and be the one to make the first move.

Even though it is much



The Spectrum/DANYA JIMENEZ

easier when she makes the first move, gentlemen, it is time to step up. There is no excuse for missing blatant signals that she has sent you. Pay attention to her actions and words. She will almost always let you know well before hand what she is thinking or what she wants to happen throughout the course of the date. Girls, if you want something to happen, make it obvious! Sometimes he just misses the signs. If he is good enough to pick up on the signals this will allow him to stop fearing rejection and hopefully then he will take action. Either way, if he can pick up on these signs or not, it is time for him to step up to the plate and make the first move.

Athena Soriero
"She Said" Columnist

A guy should always make the first move. It's part of their job description. They are the hunters, and we the gatherers. The only things we are supposed to do are make ourselves look good, appear to be approachable/available, and drop a few hints giving the guy the "go ahead." We set up the pins and the guys knock them down; it really isn't all that hard. However, finding a guy with enough confidence and motivation to knock down those pins is beginning to become somewhat of a rarity.

Guys have gotten so lazy that they don't only expect us to look good, but to make the first move as well. It saves them from having to worry about rejection and put in any sort of time or effort.

This male attitude has forced many females into believing themselves to be the Steve Erwin of the "manimal" kingdom. They prowl the terrain, spot the beast, wrestle it into submission, and then try to come out of the whole bit unscathed. We've proven ourselves to be capable of making the first move, but why would we want to continue? Guys



The Spectrum/DANYA JIMENEZ

shouldn't have it so easy. We do enough for them! The least they can do is grow a set and start acting like the dominant species they used to be. If they really want it they should have to work for it, and there is no work involved when the girl is the one making all the moves.

It seems that no one really knows the part to play anymore. The "Sex and The City" following female and the well groomed man of metro-sexual mania have thrown Mother Nature completely off course. Our role reversals have muddled the answer to the infamous question, "who should be making the first move?" Which creates confusion, leading to a world where nobody makes a move at all, leaving both sexes high and dry, missing out on a lot of opportunities.

SHU SENATE REPORT

On Nov. 8, 2004 at 8 p.m. the Spirit, Tradition, and Athletics Committee had its first informational meeting. A global email was sent out last week to inform students about the meeting, which was also included contact information for the Senators running it. The new spirit group is being called "The SHU ZOO," and all students are welcome to join. This club has plans to promote SHU spirit at sporting events. The members of this club have goals and hopes that include, getting t-shirts, waving banners, extreme face painting, and so much more. If you missed the meeting but would like to be a part of "The SHU ZOO" please contact Teri Jacob or Jim Daly by email.

The First Year Committee has been working on a change in the curfew hours for freshmen housing. Last year, visiting hours ended at 1:00 a.m. during the week and 2:00 p.m. on the weekends. These hours are now 12:00 midnight for week nights and 1:00 a.m. on weekends. The freshmen hope is to get the curfew hours extended to what they were last year. A written plan for this idea will be submitted to Dean Wielk before Thanksgiving break.

Next Saturday, Nov. 20, 2004, Student Government members will be participating in Student Life's second Annual Leadership Conference. The conference will be from 11:00 a.m. until 4:00 p.m. All students are encouraged to attend this beneficial event. Students will have the option to choose from several different workshops, which will allow all students the opportunity to find the sessions to fit their own interests. All participants must register for the Leadership Conference by Friday, Nov. 12, 2004 at <http://www.sacredheart.edu/campuslife/studentlife/leadershipconference/>.

This week the Information Technology Committee announced that the IT and Call Center will no longer be hosting computer classes. These classes, which were held in the past, helped students learn how to use the software on their laptops. Now, instead of holding classes regularly, the department plans to provide one-on-one training to students by appointment only.

The Senate would like to inform all students and faculty that SOTUA has been cancelled for Nov. 17, 2004. All comments and concerns that were originally planned to be brought up at SOTUA should be sent to tSenate@sacredheart.edu. All responses will be addressed on a case-by-case basis rather than in a formal setting for the time being. Student Government is working on rescheduling this event, but has not set a date at this time.

- Contributed by Erin Maurer.

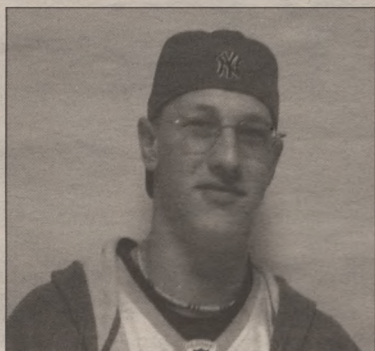
SHU Voices

How do you feel about the turnout of the election?



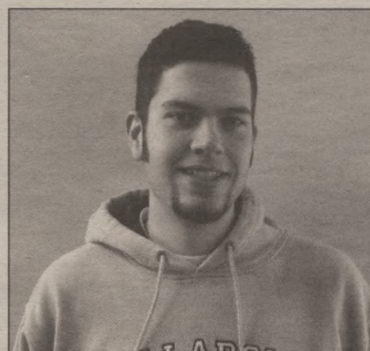
"I thought it was pretty fair."

Jackie Boudria
Kinnelon, NJ ~ Sophomore



"It was a good race, but I really wanted Kerry to win."

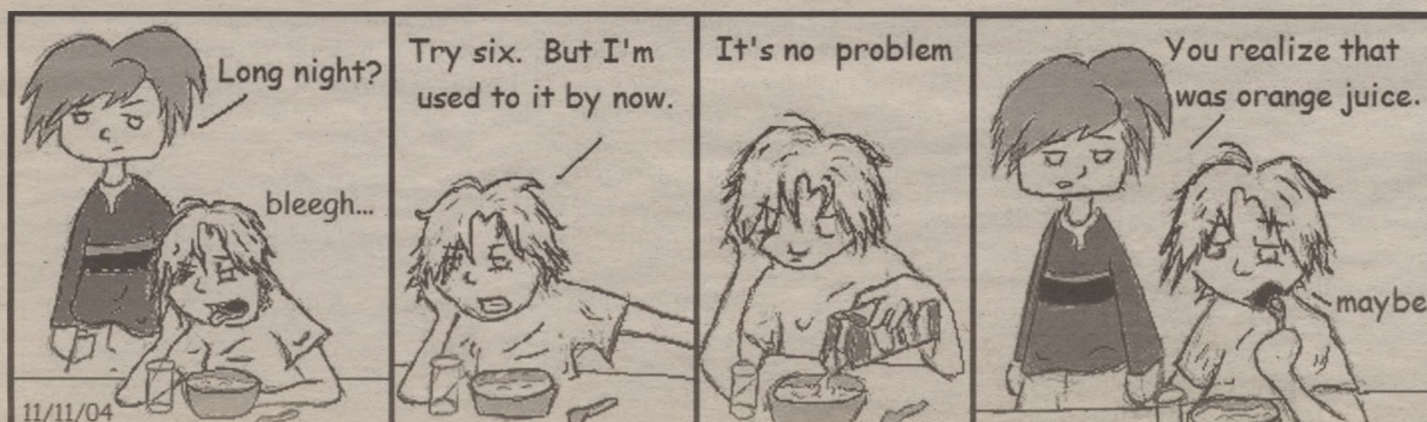
Jimmy Dolan
Massapequa, NY ~ Senior



"I'm glad that Bush won. I agree with most of his views."

Marc Delaurentis
Hudson, NY ~ Sophomore

The CARTOON of the week



Contributed Cartoon/ALYSSA FERDINANDO

Come voice your opinion at a Senate Meeting!
Thursdays at 7:40 p.m. in the Faculty Lounge

—Arts & Entertainment—

Former Student Has Timeless Connection With SHU

Laura Day
Staff Reporter

After graduating from Sacred Heart University, many students feel compelled to keep close ties to their Alma Mater. One such student is Jared Montano, who, in addition to graduating in the spring of 2004, also recently completed a memorial painting to Dr. Babu George, the late, beloved SHU chemistry professor.

Montano was born and raised in Old Saybrook, CT and attended SHU from 2000 to 2004. An Art major who graduated with a concentration in Illustration.

Montano recently moved to San Diego in order to pursue his art career.

Though he never knew Dr. George personally, Montano felt honored to have been asked to paint a memorial to such an important figure.

"I have heard so many great things about him," Montano said. "I regret that I never knew him. I hope that the memorial is enjoyed thoroughly by his family, because I enjoyed illustrating such a remarkable person."

Assistant Professor of Art and Design at SHU, Jack DeGraffenried per-



Contributed Photo

Artist Jared Montano poses with a piece of his artwork at a previous exhibit. In addition to his work for both "The Spectrum" and the SHU Art and Design Department, Montano was chosen to illustrate a memorial for the late Dr. Babu George.

sonally asked Montano to do the illustration.

"I'm proud that he had the confidence in me to perform such an honorable piece," Montano continues. "[Jack DeGraffenried] talked at great length of Dr. George, which inspired me to do the best that I could. It is evident that Dr. George deserves that."

Professor DeGraffenried served as a self-described father figure to Montano, inspiring him as an artist and a person throughout his four years at SHU. Of all his influences, DeGraffenried was the most prevalent.

"Not only is Jack a mentor to me, he is a friend and a father," said Montano. "I recently lost my dad, and Jack was there to pick me up and do whatever it took to make sure that I was ok."

Montano is a three-time award winner at the SHU student art exhibit and has also been named Illustrator of the Year. He feels that all of his artistic accomplishments and any he will make in the future are all owed to Professor DeGraffenried.

"He deserves far more credit for this piece than I do, for he taught me everything," said Montano. "And since he was such a friend of Dr. George, I hope that I made him proud with this piece."

ENTERTAINMENT BRIEFS

On-Campus Events

NOVEMBER 11 - 13

- The SHU Players will present a production of "The Man Who Came to Dinner" at the Edgerton Center for the Performing Arts. The show is directed by Jeff Guillot and stars SHU's very own theatre troupe. Tickets are free with a SHU ID and curtain goes up at 8 p.m.

THURSDAY, NOVEMBER 11

- The SHU Gallery of Contemporary Art will present an exhibit of the professional works of the Art and Design Department faculty. The first presentation will take place from 4:30 p.m. to 6:30 p.m. and will run periodically throughout the rest of the month.

MONDAY, NOVEMBER 15

- Acoustic singer/songwriter Bess Rogers will perform live at the Holy Grounds Coffee House. The show is free to all full-time SHU undergrads and will start at 9:30 p.m.

National News

- File share fans beware...again. The Motion Picture Association of America (MPAA) is planning to start suing Internet users who choose to illegally download movies. The move, which is similar to that made by Recording Industry Association of America (RIAA), is aimed at stopping a practice that robs millions of the dollars from the industry every year.

- HBO announced that it will bury its hit show "Six Feet Under" after the end of the fifth and current season. The show has been a critical success both on TV and on DVD.

- Compiled by Patrick Scalisi

New Pixar Film Nothing Short of 'Incredible'



AP Photo/DISNEY

Deja Kreutzberg
Staff Reporter

The Academy Award-Winning creators of "Toy Story", "Monsters Inc" and "Finding Nemo" have a new hilarious animated adventure that continues Pixar's incredible streak of success. Their latest action-packed film, "The Incredibles," is a worthy addition to both the superhero and animated film markets this year.

Take the Cleavers and collide them with Superman and you have the Incredible Family. Working as a famous superhero, Mr. Incredible (Craig T. Nelson) is slapped with a hefty lawsuit after saving a man that wanted to commit suicide. This, in turn, forces all superheroes to enter the government-ordained, "Super Hero Protection Program." Forced into a life of mediocrity, the Incredibles tried to blend in.

Bob Parr a.k.a Mr. Incredible becomes a clock-punching insurance adjuster, while his wife Helen a.k.a Elastigirl (Holly Hunter) is a homemaker raising the cou-

ple's three children: Violet, Dash and the baby Jack-Jack. All is well until Bob receives a mysterious message and begins to resume his life as a superhero.

"The Incredibles" breathes new life into Pixar's already successful empire. The technology in the film is absolutely amazing and the CGI graphics are so fluid and natural that it is easy to believe that some of the shots might have been filmed on actual sets.

The characters, while still typical cartoons, take on such human qualities that it is difficult to believe that they aren't real. Just as in previous Pixar offerings, "The Incredibles" is remarkable for its amazing attention to detail; stressed mother Elastigirl has split ends in her hair while daughter Violet's hair is still shiny and silky.

Writer/director Brad Bird, a new addition to Pixar, pushed the boundaries of Pixar's kiddy reputation and created a more mature film that centers on people, not toys, ants, or monsters. Well known

for his work with Warner Brothers in creating the film "The Iron Giant," Bird was trusted with and succeeded in giving Pixar a new edge.

While the film is geared more to a mature audience, the overall theme is still understandable for all ages. The story emphasizes the value of family, teamwork and good intentions and the characters are real and universal.

"The Incredibles" is a comic delight. With its amazing graphics and quick wit, this film will still leave audiences with the message of not doubting oneself or putting a lid on one's talents. "The Incredibles" is playing in theaters now.

MOVIE REVIEW

★★★★★

"The Incredibles" (PG, 115 minutes)

Starring: Craig T. Nelson, Holly Hunter

Alternative Downloading Service Causes Ruckus on Campus

Alex Kantarelis
Staff Reporter

With campuses across the country cracking down on illegal file sharing, Sacred Heart University is considering joining Ruckus, a legal file-sharing network.

Ruckus, which will serve as an alternative to such programs as Limewire and KaZaA, will give students access to both movies and songs. The service is legal because campuses subscribe to the network, gaining the rights to everything distributed.

Up until now, the only option for college kids was getting unauthorized copyrighted music and movies from slow file-sharing programs that clutter their computers with viruses.

The Ruckus Network is loaded with



for most downloading services.

However, access to the Ruckus Network does come at a price. There are several contracts to choose from and Sacred Heart could pay anywhere from \$10 to \$100 per student, depending on the type of account they set up. Students could then get the service free or for a small monthly fee, depending on the type of contract that SHU administrators consider purchasing. Though there is no set price for a monthly fee, it is guaranteed to be less than the standard monthly rate for other music subscriptions services, which average around \$10.

What sets Ruckus apart from the competition is the fact that movies are offered on the network as well as music.

"I would love to get all the music, but I'm really excited about having access to all the movies," said Bill Cavagnaro, a senior from New Hyde Park, NY. "I'm sick of paying four dollars per rental."

Ruckus constantly gets new songs, music videos, and movies that are updated four times a day with new play lists that appeal to the current time of the week. (For example, play lists dominated by party songs kick off the night on Friday while selections of relaxing study music become available on Sunday.)

SHU students seem warm to the idea

of bringing Ruckus into our school.

"I wouldn't mind paying a few dollars a month for new music," said senior J.J. Russo from Ringwood, NJ. "We can't download anything anymore, and it would beat buying CDs."

The Ruckus network isn't only for movies and music it can also be used to share information between individuals within the University. Much like Sacred Heart's Blackboard service, professors can use Ruckus to distribute lectures and homework through the network as well as conduct online discussions.

The service does have a few drawbacks though. Music from other file-sharing services, including Napster and iTunes, work with portable devices, such as Apple's iPod mp3 player; Ruckus only works on student's PCs, at least for now.

"I think it's still a great deal, even though I can't listen to the music on my iPod," said John Fallivene, a senior from North Caldwell, NJ. "I think we deserve to have this service, since downloading has become illegal."

Ruckus is only available at a handful of schools right now, but hopes to expand to a million students within the next 18 months. If Sacred Heart subscribes, the Ruckus network it is sure to please many students.

Eminem Promotes Politics at Shady National Convention

Albert Fera
Staff Reporter

This past election year, the country saw plenty of celebrities step up to a microphone somewhere and give the nation a boring speech about who our next president should be. People like Leonardo DiCaprio and Ben Affleck proclaimed that Senator John Kerry was the man who should lead America, while Curt Schilling and Kid Rock let it be known that George Bush was the man who could settle the score in the Middle East.

One celebrity, however, held an event that didn't promote any candidate...aside from himself. On Thursday, Oct 28, Eminem held the Shady National Convention at the Roseland Ballroom. This invitational-only event was originally described as the launch of Eminem's SIRIUS satellite radio station that would air on MTV but the mood upon entering was very different.

The Roseland Ballroom had been set up similar to the Democratic and Republican national conventions with two stages—one for performances and the other for introductions. The entire room was covered in American flags and the audience members where handed signs reading "I Will Vote" and "Vote on E".

Senior Pat Devine of Montville, who attended the convention, said, "I didn't

really expect it to be this big, but the event was huge. MTV really went all out to make this look genuine."

The event was taped out of order, as celebrities that including Busta Rhymes, Method Man, P Diddy, Triumph the Insult Comic Dog, and Donald Trump introduced Eminem onstage as a "candidate" who could change our country and our world. Eminem came onstage in a full business suit to a monstrous applause and accepted his nomination for candidate for the Shady party.

After exiting the stage a few moments later, the room went black again and a group of young children began to recite the pledge of allegiance. A video montage of President Bush and Osama Bin Laden was then shown on the giant screen behind the main stage and Eminem ran onstage to the eerie bass filled track, "Mosh," from his highly anticipated album *ENCORE*.

"Mosh" is probably one of the most political songs that Eminem has ever written. After "Mosh," Eminem began to sing all of his hits and periodically brought out every member of the Shady Party, artists signed to his label "Shady Records."

Senior Kevin O' Sullivan of West Hampton, who also attended, said, "The show was unbelievable and probably one of the best surprise/free concerts ever. From a political standpoint, Eminem and

other artists may have been on the verge of history in having a new president elected."

The night was electric, but also had a powerful message behind it. The ideas of censorship and war were brought up many times during the evening and as the people filed out onto the streets of New York, they spoke about how they might vote in the upcoming election.

This event was proof that rap music has a real meaning behind it: rap isn't simply about guns and violence, but can motivate young people to take a political stand.



AP Photo/RAMIN TALIE

Eminem performed at the Shady National Convention, held at the end of October.



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Features

CREATIVE CORNER

Things to Come

James Michael Ashworth
Contributing Writer

No patience, beyond ambitious now, as the consequences are set

My toll undecided, justice still waiting to be served

So many things I've wanted for the better

Now incomplete and so indifferent that the search seems to plateau

The manhunt for an unknown suspect is pointless

This insecurity drives me mad, I just want to be sure

Why must I sit and wait my turn, while others lash out foolishly

Some reminisce of their pasts hoping to find excuses for their actions

Myself unsure and doubtful, would not know of which rocks to overturn

Very few things I find passion for

Living so many lies

Not excelling remarkably in any of the few

So many things I've wanted for the better

These are unsure days, for only One above knows what I create
Staring down the clock with despise, knowing that time no longer waits

Still I possess this strength,

My faith that's evermore preceding my hope for things to come

If anyone is interested in submitting a poem please send your work to my email:

c-mitrano@sacredheart.edu

A Day to Honor Our Veterans

Lindsay Brophy
Staff Reporter

Today November 11, is the national holiday called Veterans Day. On this day we will honor America's veterans for their patriotism, love of country, and bravery.

Veteran's Day is commonly confused with Memorial Day because they both honor military personnel. Memorial Day is set aside for remembering and honoring military personnel who died during their service for this country. Particularly those who died in battle or as a result of wounds sustained in battle.

Veteran's Day is the day set aside to thank and honor all those who served honorably in the military, in wartime and peacetime. In fact Veteran's Day is largely intended to thank living individuals for their service, and to let them know that we appreciate their contributions to our national security. We also want to let them know that we acknowledge the sacrifices that they have made in order to do their duty.

Many students at Sacred Heart take the time to honor the veterans, because many of them are our family members. "My Grandpa was a WWII veteran, and I think it's nice that there is a day of remembrance for all who have served for our country," says Erin Hughes, a junior from Westbury,

NY.

There are even students who have strong opinions about honoring our veterans especially during a time when we are at war. "I think that Veteran's Day is



Veteran's Day is a day to honor all those who served in the military.

The Spectrum/ DANYA JIMENEZ

obviously more significant during times of war because there are people dying for freedoms in countries where they have limited freedoms. Veterans have done their duty for their country and I have the up most respect for them. I have veterans in my family. My Dad's side of the family all served in the army. My Dad and his brother actually were the only ones who served in the war... Veteran's day is an important day to remember people who have put others in front of themselves with the ultimate sacrifice, death of themselves, which is a possibility during the war," said Jeff Roposh, a junior from Flemington, NJ.

Veteran's Day, formally known as Armistice Day began on November 11, 1918. Armistice Day officially became a holiday in the United States in 1926 and became a national holiday 12 years later. On June 1, 1954 the name was changed to Veterans Day to honor all U.S. veterans.

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A public service announcement

from

The Ryan-Matura Library

Is Body Piercing Still Considered In?

Meghan Parisi
Staff Reporter

Many may wonder why the average young adult has at least one part of his/her body pierced. Piercing isn't actually that new. Piercing individual parts of the body has dated back to ancient times. They represented certain meanings and ways of life for individuals and royalty. Body piercing has become very popular, trendy and fashionable. While most parents consider piercing body parts unprofessional and dangerous, teens continue to gravitate toward body piercing. If you're like many teens who have thought about piercing you probably see them as a personal and fashion statement, a form of body art, and a chance to establish your individuality.

Many young adults today have seen body piercing on other people and thought it to look good and even appealing. That's why many go out and get their nose, lip, naval, eyebrow, nipple, ears, tongue, and much more risqué body parts pierced. A piercing is much different from a tattoo as well. It is simple to just remove it and allow the hole to close up, so trying it out and seeing how it looks isn't that bad of an idea if you really want to try out a new look.

"I don't think a piercing makes a person appear cooler than someone without a piercing. I think that it's all about what you want. Getting my belly button pierced was

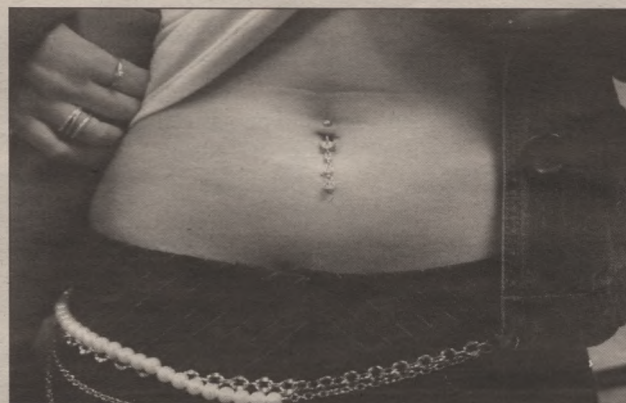
just something I had always wanted to do, so I did it. It's all about how the piercing makes you feel, not about how they make you appear to other people," said Kimberly Day, a sophomore from Worcester, MA.

Some may question that although getting a certain body part pierced makes you

always carry the "rebellious" aspect along with it, which defines why teens decide to pierce their bodies when they are finding out who they are through music, people and their social influences. As for adults it is not unlikely for their interest in body piercing to arise during a mid life crisis or a time of change. This is so they still feel that they do have control over a situation and are trying to feel in tune with their youthful side.

If you are considering to get a body part pierced, make sure it is something you truly want and the piercing parlor you choose to go to is sanitized, licensed and safe. Even though it is a very popular trend and many may have had different healing techniques you still need to take the proper precautions so you are able to

enjoy your piercing and allow it to heal the proper way. Always sanitize new rings you purchase and make sure to steer towards sterling silver or real gold incase of any allergies or likely infections due to your skin type. For next time remember, if you are thinking of getting another part of your body pierced know that it is easy to take it out when you want to.



The Spectrum/ DANYA JIMENEZ

Belly Button Rings are one of the most common body piercings for girls.

individualistic how come everyone seems to have the same types of piercing? "Body piercing should be left to the ladies. If a guy wants to accessorize he should wear a hat," said Adam Kagdis, a junior from Annapolis, MD.

Most individuals seem to choose to be pierced at a certain point or time in their life when they feel like they want to be older or younger. Piercing seems to

Registration Offers Stress For Students...

Christine Dziubinsky
Staff Reporter

Soon it will be November 15, 2004 and fate awaits you. As you stand on line with numerous Sacred Heart University students, you wonder if the outcome will be positive or negative. Nervously, you look ahead to see how many students are currently disappointed. Finally it is your turn; the individual at the door takes your card, regretful to inform you that you failed to get a signature from health services. You look behind you at your blank, bewildered peers. However, you have no compassion for them, since you know you have to rejoin the line and start the grueling process all over again. Welcome to Registration.

Registration brings horror and disgust to students twice a year, leaving them apprehensive and stressed. Will I be accepted into the classes that fulfill my academic requirements? May I enroll in a class not necessary for my major, but of interest to me? Unfortunately, chances

seem slim. Sacred Heart University students are entered into a system where they are grouped according to major. If students are declared a certain major, they are often denied access to different courses of study.

Many times, courses remain blocked to other students besides those who need the course for major study. Petsy Kara, a junior Nursing student at Sacred Heart, understands the stresses of registering, but luckily has seldom had difficulty when registering. "Many of our classes are guaranteed once we pass certain courses. So, there is less stress when registering. There are open amount of spots that are guaranteed to nursing majors. However, an individual not enrolled in the nursing major would have a problem."

However, other students feel many stresses and pressures when registering for the upcoming academic term. Lindsay Travis, a senior Political Science major is too familiar with the pressures of registering. "Last semester I waited on line for hours waiting to register....I saw people cut in line and register at inappropriate

times. Perhaps classes I was closed out of would not have been if the registration process was a little more organized."

Not only do they fear being denied admittance to a course, but dread the registration steps and processes. To register at Sacred Heart University, a student must first meet with their academic advisor (all full time students must have an advisor release.) Then, the student must clear any blocks such as public safety, health services, or the cashier's office. The student then goes into the registration process, whether in person or via web advisor. If admitted into their desired courses, students are asked to select a payment plan and their schedules are printed and received.

Students registering in person remain as stressed as those who wish to register via Web Advisor. According to the Office of Registrar's website, "By using Web Advisor, there is no rushing to get to campus and less time waiting in long lines." However, students disagree and find web advisor difficult and agitating when attempting to register for classes. Jacqueline Notti, a senior psychology

major, has encountered many difficulties when using Web Advisor in the past. "If too many students are trying to use it, the site crashes. Because everyone was signing on at the same time (assigned a required time to register, however people were signing up earlier) simply, it never works or ironically, seems to work when no one needs it."

As advising and registration creep upon students in the weeks of November 9 through the 15, the halls become somber. The tones and behaviors of students are edgy and agitated. Fearful of being denied access to their desired courses, students impatiently wait on line at public safety and the cashier's to clear any blocks, then proceed in the registration process. However, are they then guaranteed the courses they desire? Many disagree, where most students can admit they have been denied admittance to a course during their academic career at SHU. "I dread watching the woman holding my card. As she typed away, I feel my chances are decreasing," said Travis.



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Staying in Shape: A Common Thread

Eugene Stacy
Staff Reporter

Staying physically fit is a common thread among all college students. However, finding the time to exercise is another story entirely, considering individuals busy timetables. Stopping at the gym is not an option for some, yet for others, it's a necessity.

"Personally for me, it is hard to stay

ing in shape.

"A lot of people who are skinny think that they could just eat whatever they want and not exercise. However, fat could build up inside your body around your organs, and you could actually get cardiovascular disease, even though you really do look skinny," said Nathalie Urbas, senior from Pickering, Ontario Canada. She is an exercise-science major, who prides herself on health and fitness activities.

Exercising alone is not unusual. Many students prefer to include their friends and use the buddy system.

"I like to go running with someone for safety, especially if I go running through the woods," said Jasmine Urbas, a senior from Pickering, Ontario Canada. The Urbas twins play soccer and believe that it is the best sport to keep them in shape.

Other students use their friends to assist in their fitness training.

"I always like to do it [exercise] with friends. You always have someone to help you out and push you," said Gregg Curley, senior from Wareham, MA.

For the most part, running is the popular form of exercise on campus. The Pitt Center's gym is a common place to work out and lift weights. College students think that staying fit is important for both their physical and mental health.

"I believe college is about bettering oneself intellectually and physically, and that requires you to stay in shape. You can improve physically, as well as improve your mind," said Curley.




The Spectrum/ DANYA JIMENEZ
Students exercising at the new fitness center in Donovan Hall

consistent in going to the gym on a regular basis because I am so busy with classes, school work, and regular work," said Amanda LaPara, a junior from Paterson, NJ. LaPara, like most people, is adamant about working-out after the holidays.

College freshmen find it hard to regularly exercise. According to the popular phase known as the "Freshman Fifteen," most college freshmen will gain at least 15 pounds by the end of their first year.

"[Staying fit] it should be to keep healthy, but I think it's safe to say that 'Freshman Fifteen' is on all the freshmen's minds," said Sarah Novotny, a freshman from Ridge, NY.

For student-athletes, exercising and eating healthy are important goals for stay-



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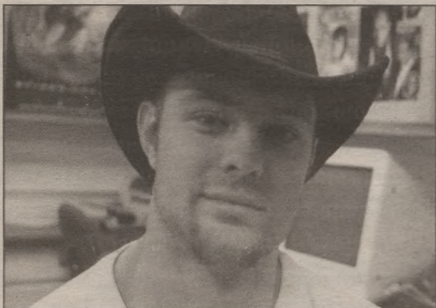
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BEYOND SHU

Midseason Football Awards: Fogle Style



Bryan Fogle
Sports Columnist

With one-half of the season over, it is time for me to give out my mid-season awards for the National Football League. Some of these awards are normal, some are very obscure, but no matter what, they have no bearing on anything so take them as you will.

Most Likely To NOT Be With the Same Team Next Year: Tommy Maddox

This is almost obvious to me. Tommy Maddox was around when Kordell Stewart was the everyday starting quarterback for the Pittsburgh Steelers. When Stewart lost his job to Maddox, within a season, he was gone. Now that Ben Roethlisberger is under center, I feel that Maddox' time in the Steel City is dwindling. I will give you more on Roethlisberger later on throughout this pseudo award ceremony. I have a feeling he will be winning many awards.

Biggest Individual Disappointment: Steve McNair

This was a tough decision as many players have not lived up to their hype, but I will go with Steve McNair simply because of what he has done his whole career. Coming off last season, a season that saw him win co-MVP of the league, this season is the polar opposite. Last year he threw for 3,215 yards, 24 touchdowns, and a rating of 100.4, with only seven interceptions. This year in six games, he has thrown for 907 yards, four touchdowns, to go along with a rating of 66.8 and six interceptions.

Most Likely To Be Drafted Number One In the 2005 Draft: Cedric Benson

Cedric Benson, a senior running back from the University of Texas will be the first pick in the 2005 draft. He will be the first pick and that pick will go to the Miami Dolphins. The Dolphins, a team deeply in need of an offensive hop in the butt, should look to draft this star back. Each year in his collegiate career his stats have improved. Last season, in eleven games Benson had 1,480 all-purpose yards to go along

with 22 touchdowns. In this his senior season, throughout nine games, he has accumulated 1,586 yards and 18 touchdowns. Look to him to be the starting running back for the Dolphins in the 2005 season.

Most Impressive Statistic: Jerome Bettis

In week one against the Oakland Raiders, Jerome Bettis carried the football a total of five times for one yard. The thing about those five carries, each one of them was inside the red-zone, and three of them got him into the end zone. On the season, Bettis has carried the ball a total of 85 times for 278 yards and eight touchdowns. That statistic is a little skewed in the fact that he is the backup to Duce Staley. This past weekend, with Staley out of the lineup, he ran the ball 33 times for 149 yards.

Most Disappointing Team: Dallas Cowboys

I really don't think I have to say too much about this one, Bill Parcells did that himself. In this past weekend's 26-3 loss to the Cincinnati Bengals, Parcells said his team was "stupid." This is apparently becoming a trend for this team seeing as in the past few weeks he really hasn't had much good to say about his Cowboys. At 3-5, the Cowboys are in third in the NFC East and need an utter miracle to see the light of the playoffs.

Team Most Likely To Fall Out of the Playoff Race: Minnesota Vikings

As I have mentioned, I hate the Minnesota Vikings. A team a choke art-

ists, I look for them to fall out of the playoff race in the next few weeks. After a strong 5-1 start, they have dropped two consecutive games and now the Green Bay Packers are right on their heels. It just so happens that the week 10 match-up has those first place Vikings, now at 5-3, heading to the frozen tundra of Lambeau Field in Green Bay to face those Packers, who are now 4-4 and one game out of first in the NFC North.

Biggest Surprise Team: Pittsburgh Steelers

Here I go again, raving about how good the Steelers are now under the direction of Ben Roethlisberger. This team surprises me simply because they have knocked off two undefeated teams in back-to-back weeks. Not only is this simply insane, it is history. In NFL history, no team has ever beaten two undefeated teams with more than six wins in consecutive weeks.

Cinderella Team To Be The Next Carolina Panthers: Detroit Lions

As I predicted in my first football column, the Detroit Lions will make the playoffs. I feel as though they will finish in second in the NFC North behind the Green Bay Packers and overtake the Minnesota Vikings for one of the NFC Wild Card spots. After beating the Giants in week seven, they may have dropped two consecutive games, but they will still end up taking the Wild Card. Joey Harrington is coming into his own and when that happens, it will be special.

Coach Most Likely To Be Fired: Mike Tice

Here I continue my ranting on how much I hate the Vikings. I will keep this short but the Vikings have become choke artists and when this happens, the coach is always to blame. I expect the Vikings to be looking for a new head coach when this season ends in disappointing fashion for them as usual.

Biggest Draft Surprise: Ben Roethlisberger

After training camp for the Steelers and Tommy Maddox being named the starting quarterback, Ben Roethlisberger hung in there and now that he has his chance to perform and is playing like an all-star. Now with six wins to start his career, Roethlisberger is proving why the Steelers made a great choice in

drafting him.

LEAST Valuable Player: Ricky Williams

Congratulations Ricky, you have single-handedly ruined a team's season. Not only have you ruined a team's season, but you have cost a great coach in Dave Wannstedt his job. It's great to see that you have such priorities in your life you pot head. With you leaving the Dolphins, the whole team's morale and chance of winning more than three games went down the drain. I hope the NFL never allows you to play again and that the path your brain has told your life to go goes well for you, you waste of breath and life.

And finally, the one real award that is common to people other than myself...

Most Valuable Player(s): Ben Roethlisberger, Peyton Manning, Drew Brees, Tiki Barber

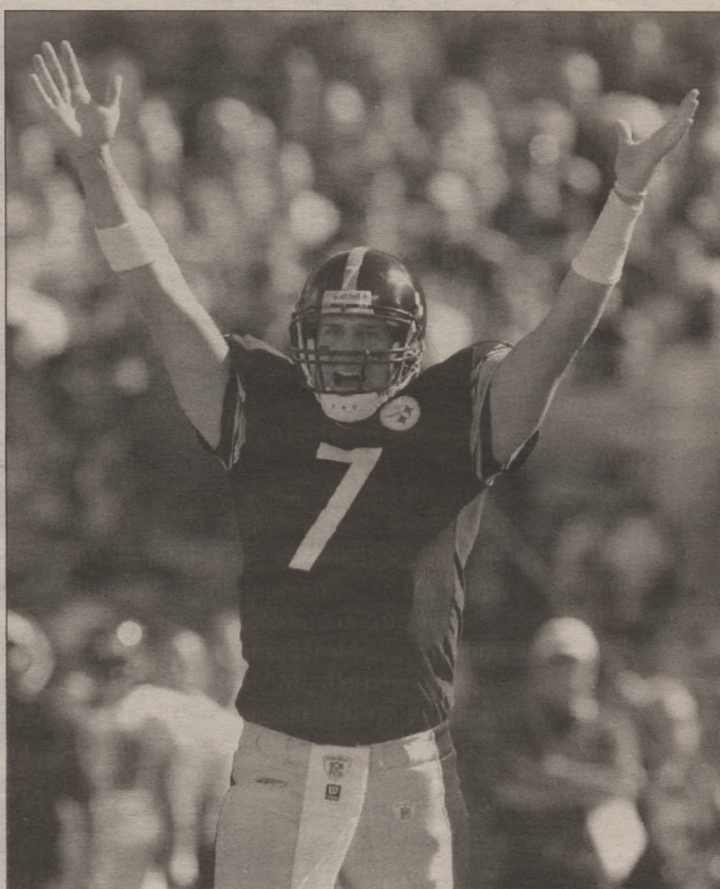
All four of these players have fully exemplified a most valuable player. I don't feel the need to narrow them down to one player, so they all get the nod. Roethlisberger, as I have praised throughout this award ceremony, has thrown for 1,316 yards to go along with 11 touchdowns and a passer rating of 105.2 in his first six career starts; all of which are wins.

Peyton Manning is simply being Peyton Manning, and in that, the best quarterback in the NFL. Even though the Colts overall haven't lived up to their high billing, Manning has far surpassed his already high set bar. In eight games, he has thrown for 2,429 yards, with 26 touchdowns (a pace for 52 which is insane) and a passer rating of 121.2. The only reason he doesn't get the win alone is simply because the team is only 5-3.

Drew Brees has turned the San Diego Chargers into the league's best offense, statistically. After a disappointing week where he was pulled in favor of Doug Flutie, Brees has gone off for 1,854 yards, 18 touchdowns, and a passer rating of 108.7. With that, he has led his Chargers to one of the best seasons in team history, drawing comparisons to Dan Fouts.

One other player I see that needs some recognition is Tiki Barber. The bright spot on the New York Giants offense, Barber has 1,231 all-purpose yards and nine touchdowns (eight rushing and one receiving).

Would you like to make comments on what the sports columnist said? Would you like to suggest a topic or ask a question? Feel free to send an email to N-Kelly@sacredheart.edu



AP Photo/CHRIS GARDNER

Forget offensive rookie of the year, many people think Ben Roethlisberger should be the NFL's MVP.

BEYOND SHU

Cy Old? Clemens Wins Seventh at 42

Ronald Blum
AP Sports Writer

NEW YORK — Roger Clemens easily won his record seventh Cy Young Award after putting off retirement and being about as dominant as ever, even at age 42.

The Rocket received 23 of 32 first-place votes and 140 points in balloting released Tuesday by the Baseball Writers' Association of America to win the NL Cy Young for the first time after capturing six Cy Youngs in the American League.

He's the oldest Cy Young winner. Gaylord Perry was 40 when he won the NL honor in 1978.

Clemens retired after pitching for the New York Yankees in the 2003 World Series, then changed his mind and signed with his hometown Houston Astros and went 18-4 with a 2.98 ERA and 218 strikeouts. Currently in Japan with a touring major league all-star team, he said last week he hasn't decided whether he

will pitch in 2005.

Arizona's 41-year-old Randy Johnson, second to Clemens with five Cy Youngs, finished second in the voting with eight first-place votes and 97 points. The Big Unit went 16-14 with a 2.60 ERA and a major league-leading 290 strikeouts — Arizona scored two runs or fewer in 17 of his 35 starts.

Houston's Roy Oswalt, who went 20-10 to lead the NL in wins, was third with 19 points, followed by San Francisco's Jason Schmidt with 13.

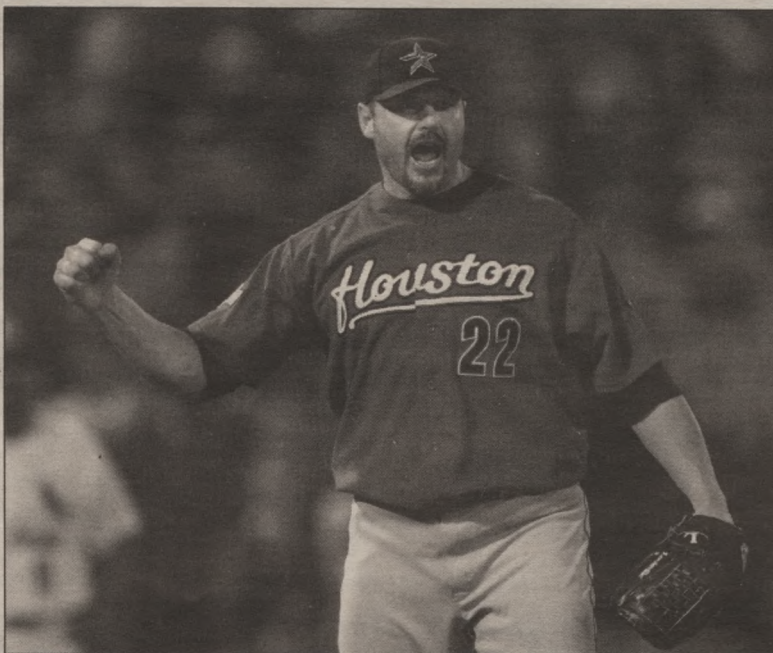
Clemens won three Cy Youngs with Boston (1986-87, 1991), two with

Toronto (1997-98) and one with the New York Yankees (2001). He is the first player to win BBWAA awards with four teams, and the first to win eight awards — he was the AL MVP in 1986.

With a 328-164 record, Clemens is 10th on the career wins list, and his 4,317 strikeouts are second to Nolan Ryan's 5,714.

He signed with the expressed intent of helping the Astros reach the World Series for the first time, but Houston fell one win short. Clemens couldn't hold a 2-0 lead against St. Louis in Game 7 of the NL championship series, when Albert Pujols hit a tying double in the sixth inning, and Scott Rolen followed with a two-run homer.

Clemens earned a \$100,000 bonus for winning the award, while Johnson got \$150,000 for finishing second. Oswalt and Schmidt earned bonuses of \$25,000 each.



AP Photo/AL BEHRMAN

Roger Clemens won a Cy Young with every team he ever pitched for in the majors and at 42 is the oldest player to win the award.

Big East Looking for 3rd Straight Title

Jim O'Connell
AP Sports Writer

It's hard not to look ahead in the Big East.

Everyone knows the league is going for its third straight national championship, after Syracuse and Connecticut cut down the last two sets of nets. It has four teams ranked in the preseason Top 25. And Syracuse's Hakim Warrick and Providence's Ryan Gomes are on any short list of the nation's best players.

So what gives? Why do more people want to talk about 2005-06 than the season that starts this week?

Next season is when five schools from Conference USA join the Big East to form a 16-team league that could have nine, and maybe more, teams good enough to make the NCAA tournament. This current 12-team Big East seems strong enough to have at least half the league's members called on Selection Sunday.

"This happens every year with this conference: People always want to talk about how we were better or we're going to be better," Syracuse coach Jim Boheim said. "We've always been good. We are good. We will be good. This is a great league. That never changes."

Syracuse (No. 6), Connecticut (8), Pittsburgh (17) and Notre Dame (20) were ranked in The Associated Press' preseason Top 25.

Boheim has all five starters back from last season, including Warrick and Gerry McNamara. Syracuse also has a new nickname, having gone from Orangemen to just plain Orange.

Connecticut had underclassmen Emeka Okafor and Ben Gordon go as the No. 2 and 3 picks in the NBA draft, and the Huskies are still considered a Top 10 team. The frontcourt is loaded with the likes of Josh Boone, Charlie Villanueva, Hilton Armstrong, Rashad Anderson, freshman Rudy Gay and Georgia Tech transfer Ed Nelson.

"I don't know if you can find team anywhere with as many good players up front as we do," Huskies coach Jim Calhoun said. "These guys can really pass the ball. This is the deepest and best frontcourt I've ever had."

There are some other pretty good forwards in the league, including Warrick, Gomes, Pittsburgh's Chris Taft and Boston College's Craig Smith.

Providence coach Tim Welsh heard firsthand this summer how good one of those forward matchups is expected to be.

"I ran into (former Syracuse star) Carmelo Anthony on the street in Manhattan a couple of months ago, and he told me there were two games he wouldn't miss this season, and that's when Hakim and Ryan go at each other," Welsh said. "He's right, and it's great they meet twice."

Miami and Virginia Tech left the Big East this year for the Atlantic Coast Conference, and Boston College joins them next season. Cincinnati, Louisville, Marquette, DePaul and South Florida will move from Conference USA to the Big East.

There are two new coaches in the Big East this season: Former Kansas assistant Norm Roberts takes over at St. John's, and John Thompson III moves from Princeton to Georgetown, the pro-

gram his father took to national prominence during the 1980s.

"Whatever burden is put on me, it's going to come 10-fold from that office up there," Thompson said, nodding toward his own workspace.

The Atlantic 10 will have a tough time matching last season. The league had its second straight national player of the year, had a team reach a No. 1 national ranking, and put two schools in the NCAA tournament's regional finals.

Well, there's no one in the league this season on the level of David West of Xavier and Jameer Nelson of Saint Joseph's, the last two national players of the year. Nobody from the Atlantic 10 cracked the preseason Top 25, and only George Washington and Xavier received any votes at all.

Saint Joseph's Phil Martelli, the consensus national coach of the year last season, doesn't sound too worried about the league's outlook.

"There's always going to be ebb and flow," he said. "This league will play out and get to that point in March where you say 'Who wants to line up and play you?'" he said. "Whoever comes out of this league, they'll play well because they're prepared."

"You look at these young players, you see the bounce will come back. It's a whole new cast of characters, really. There are stars in this league, NBA players. They'll emerge."

The Atlantic 10 will change in 2005-06 as well, adding Charlotte and Saint Louis from Conference USA.

Manhattan will be chasing a third straight Metro Atlantic Athletic Conference title. The Jaspers won't have

two-time league player of the year Luis Flores, but they will have coach Bobby Gonzalez, who signed an extension through 2009-10 after being mentioned for several openings in the offseason.

Princeton has former assistant Joe Scott back in charge in the Ivy League after he led Air Force to the best season in school history.

Tom Brennan announced this would be his 19th and final season at Vermont and he'll try to go out with three straight America East titles. The Catamounts will be led by two-time conference player of the year Taylor Coppentrath.

Lehigh has four starters back as it tries to repeat in the Patriot League, while Monmouth is expected to repeat in the Northeast Conference.

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CAMPUS SPORTS

Aftermath of the ALCS

Caitlin Dour
Staff Reporter

The 2004 American League Championship is one that will always be remembered. For fans of both the Yankees and the Red Sox, the series was exhilarating, exciting, and dramatic every step of the way.

Even though the 2004 Baseball season is over, it is still a hot topic being discussed on campus. From pitches, to curses, and wins in general, many fans are still buzzing about what took place between the Yankees and the Red Sox.

From a Yankee fan perspective, the Red Sox winning the American League Championship series was hard to take.

"I don't like it obviously. I guess it was due, they just keep plugging away and eventually they had to win. It won't happen again," said Kevin Thomas, a sophomore from Patchogue, NY.

Another Yankee fan was also feeling the same way. Freshman Dan Meenan (Poughkeepsie, NY) said, "Very disappointed. I kinda saw it coming; I didn't think they were going to win. After they

lost that Game 4 and Game 5, I was like no way are they going to win this series."

Meenan also commented on if he thought the curse was on the Yankees now.

"No, no way! Yankees have too much of a dynasty. No way, there will never be a curse on the Yankees," said Meenan.

Red Sox fans were very satisfied with the

**"I thought most of the curse was over when we beat the Yankees because it was the biggest choke in history."
Kevin Wheeler**

outcome of the series and never gave up hope.

"My roommate, he said it was never over. I mean, I believed him, I thought it was going to be difficult, but us doing it I

think it made it even more sweeter," said junior Kevin Wheeler (Meriden).

"I thought most of the curse was over when we beat the Yankees because it was the biggest choke in history. I felt like the curse with the Yankees was over, but I wasn't happy, and we did what we came to do and won the World Series," said Wheeler.

"The curse is definitely over and the Sox are going to rock out next year to prove it," said junior Lauren Downie (Deep River).

Fans of both teams thought the main problem with the Yankees was their pitching.

"Pitching, pitching was rocky all year. They had nothing to show for that after winning three games and then losing four. That's just bad baseball and not being able to follow through. I mean, that's what you gotta do in baseball, it's never over til it's over," said Yankee fan Martin Kolwicz, a junior from Danbury.

"Whoever comes out to play baseball is gonna win next year. It's whoever's ready, whoever comes out to play. I knew from the first game the Yankees lost, they

were gonna lose. I told everybody, I even told my dad that day. What are you gonna do? The Red Sox I guess were the better team, I'm not gonna lie, but the Yankees will come out next year," said junior Dean Roumbakis from Massachusetts.

With the 2004 baseball season over, all we can do is look forward to another exciting season of baseball in 2005. The upcoming season is one, which a lot of fans are anticipating and will likely have as many memories as this year.

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CAMPUS SPORTS

Seeing Double: Twin Athletes at SHU

Lissa von Brecht
Staff Reporter

When people think of twins, they think of two people who, most of the time, look exactly alike, do everything together, and even play the same sport. The twins who have decided to attend Sacred Heart and play a sport are no exception.

There are five sets of twins that play sports at Sacred Heart. Each set of twins is the same gender and despite having played their sport together their whole lives, have decided to play together in college as well.

"We both knew we wanted to wrestle for a Division one program, it just happened to be that coach wanted both of us to come here and wrestle for him. We applied to many different schools; I think this one and another school we applied to were the same. It's cool to have him here at the same school, and on the same team because it's like high school," said sophomore Jesse Fendryk (Greene, NY) whose twin brother, Sherwood, also wrestles for Sacred Heart.

Compared to other Northeast Conference (NEC) teams, Sacred Heart has the most sets of twins competing together. At Monmouth, they have one set on their men's cross-country team. Wagner also has one set on their women's cross-country team. Fairleigh rounds it out with a solid three sets on their baseball, softball, and men's cross-country. It is not unlikely to find a set of twins somewhere, but when it comes to making a final decision, Sacred Heart made that final push to get both twins to attend.

"Alan seemed to know where he wanted to go, but Rich researched other colleges more extensively before settling on SHU. I do believe that family attractions are very important and in twins I believe it is stronger, no matter how much they differ in opinions, attitude and way of life. Nine months in the womb does have its impact," said men's

soccer coach Joe McGuigan.

Even though these twins have decided to go to Sacred Heart, it doesn't mean that they still have to rely on each other for everything. College is a whole other level than high school while it puts outstanding athletes competing together with other athletes.

"We developed a very unique connection on the field where I would pass her the ball and she would score...Playing at Sacred Heart has made the connection disappear because we no longer need to depend on each other. We have to depend on all of our teammates," said senior soccer player Jasmine Urbas (Pickering, ON) who plays on the team with her twin sister Nathalie.

It is well known fact that twins have some sort of special connection. It is this special connection that adds to a team's own unique bond.

"They feed off one-another; they push each other; they bring out the best knowing strengths of each other; they help each other when one is down; they know how to motivate each other, and when things are not going well they can

talk to one another. They are each others best friend both on and off the field," said women's soccer coach Joseph Barroso.

It is very important to have this sort of connection between not only twins but also between siblings. Siblings alone can bring very important qualities to a team.

They bring "a closeness that can keep a team together through the tough times. When winning, it is easy for a team to show maturity, but losing can drain individuals and cause them to doubt themselves," said McGuigan.

Every team needs a connection like this no matter where it comes from. Siblings are one source because they have lived with each other their whole lives and know each other inside and out. Twins have that special something that brings other people together. When a person sees two people that are so close, it can't help but make him/her realize what a special bond a sibling relationship is.

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Women's Volleyball	vs Robert Morris	Fairfield, CT	6:00 PM
Men's Ice Hockey	at Canisius	Buffalo, NY	7:00 PM
Women's Ice Hockey	at St Anselms	Manchester, NH	7:00 PM

Saturday, November 13

Football	vs Robert Morris	Fairfield, CT	12:30 PM
Women's Rowing	at Metropolitan Champs	New Rochelle, NY	8:00 AM
Women's Swimming	vs Iona	Bridgeport, CT	12:00 PM
Women's Ice Hockey	at St Anselms	Manchester, NH	3:00 PM
Women's Volleyball	vs St Francis PA	Fairfield, CT	6:00 PM
Men's Ice Hockey	at Canisius	Buffalo, NY	7:00 PM
Women's Bowling	at Nittany Lion Classic	State College, PA	All Day
Women's Country	at NCAA Regionals	Bronx, NY	TBA
Men's Cross Country	at NCAA Regionals	Bronx, NY	TBA

Sunday, November 7

Women's Bowling	at Nittany Lion Classic	State College, PA	All Day
Wrestling	at Empire Open	Cortland, NY	All Day
Women's Equestrian	at CT Tri-host	Bethany, CT	All Day

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Beyond SHU

Bryan gives out his own
midseason awards (page 12)

Beyond SHU

Roger Clemens wins 7th Cy
Young (page 13)

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Men's Soccer Season Ends with Whimper

Al Ruggiero
Staff Reporter

It was not the season everyone on the Sacred Heart men's soccer team had hoped for as the Pioneers finished the season dropping their last two games of the year at home to St. Francis (PA), 2-1, and to Robert Morris, 2-0.

Last Friday, the Pioneers faced St. Francis at Campus field. It was a very even contest throughout, but the Pioneers were unable to capitalize on numerous scoring chances, and lost the game 2-1.

The Red Flash were able to strike first with a goal 24 minutes into the game when Bernie Showers was able to place a shot past sophomore goaltender Matt Weston (Storrs). It was a well-executed goal, as Carlos Pena was able to lead Showers down the left side of the field, with a pass. Showers was then able to put the ball past Weston off the far side post. Showers was able to score again 39 minutes into the game off a penalty kick.

The Pioneers had numerous opportunities throughout the whole game. In the first half the Pioneers were flagged with a handful of offside calls, which could have led to easy scoring chances. Throughout the whole game, the Pioneers were flagged with eight offside calls.

"We had a bunch of chances to score, but we just got unlucky," said junior mid-



The Spectrum/DANYA JIMENEZ

The men's soccer team finished the season with a 1-14-1 record.

fielder Tony Allegro (Enfield).

Allegro played a strong game, showing hustle and determination before getting injured while jumping for a header, and colliding with his own teammate. Allegro suffered a bad cut under his eye, and was taken to the hospital for stitches.

The Pioneers were finally able to bury one in minute 48, when sophomore midfielder Ricarti Mendes (Campinas, Sao Paulo) netted his fifth goal of the year. The goal was assisted by Allegro, as he fought for the ball and was able to make a

beautiful pass to set Mendes up in front of the net. Mendes was able to finally put one home after he missed two easy chances right in front of the net.

"I had a bunch of easy chances in front of the goal, and I also shot a free kick off the post. I could have easily had four goals this game, but it just didn't go my way," said Mendes.

The Pioneers fought hard to try and tie the game the rest of the way. Despite the fact that they were forced to play down a man after freshmen Dan North

(Scunthorpe, England) received a red card in the 75th minute. The Pioneers were unable to tie the game up and suffered their 13th loss of the season. This was a big win for the Red Flash, as it put them that much closer to earning a NEC tournament birth.

On Sunday, the Pioneers played their season finale at Campus Field against the Colonials from Robert Morris. The Pioneers did not end the season on a strong note, as they lost 2-0.

Robert Morris got goals from Joe Di Buono and Eric MacDonald. The Pioneers were shut out by goaltender Tomer Chencinski, who made five saves. The Pioneers were unable to get any type of offense going this game, getting only eight shots off.

"We just couldn't get anything going offensively," said sophomore midfielder Anthony Connors (Seaside Park, NJ).

The Pioneers changed up the pace this game starting junior Chris Marchese (Middletown) in goal. Marchese made four saves, but was credited with the loss.

"It was a tough way to end the season, it would have been nice to finish off strong with a win," said Marchese.

The Pioneers finished with a 1-14-1 overall record after dropping their last two games, but will look to have a good off-season, and hopefully re-group and come out much stronger next year.

Women's Ice Hockey Freezes URI

Joe Finis
Staff Reporter

On Saturday Nov. 6 at the Milford Ice Pavilion, the Sacred Heart Pioneers women's ice hockey team defeated the University of Rhode Island Rams by the score of 7-0. The Pioneers completed their weekend sweep of URI on Saturday, with their 3-0 victory the previous night.

"Overall we had a really great game," said captain Tamara Flanagan (senior, Manchester, VT). "Everyone was hustling, the passes were there, and everything just went right to the net."

SHU wasted no time, scoring their first goal 1:29 into the first period. Sarah Turbert (junior, Norwalk) got the Pioneers rolling off assists from Laura Faulk (freshman, Fairfax Station, VA) and Jessica Felt (junior, Killingworth).

Less than five minutes later, Sacred Heart found the back of the net again this time with freshman Sarah Hickman (Amherst, MA) scoring the goal off an Erin Barry (sophomore Pompton Hill, NJ) assist. The Pioneers added two more goals before the end of the period, with

goals from Katelin McLaughlin (freshman, Hingham, MA) and Michelle Panella (sophomore Morganville, NJ).

The game came to a deceptive lull in the second period, with no goals posted by either team, but once the third period came about, the Pioneers let loose on the Rams once again.

"We struggled in the second period, but picked it up a lot in the third," said McLaughlin, who along with freshman Karly Schulte (Wellington, FL), assisted a Shannon Murphy (freshman, South Boston, MA) goal at 5:41 into the third period.

The goals seemed to keep on flowing for the Pioneers when at 14:35 in the third period, Felt earned her fourth goal of the year and gave the Pioneers their sixth of the game. The goal came assisted by Rachel Mroz (freshman, Southington) and Turbert.

"We were all working together," said Mroz. "We were passing well and we had a good offense and defense."

To finish off the scoring for the day, McLaughlin found the back of the net with an assist by Nicole Farrelly (junior, Windsor) and Mroz. It was McLaughlin's

second goal of the night to give her five and a tie for the Pioneer lead in goal scoring with Michelle Panella.

The 7-0 victory gives sophomore goalie Stephanie Boulay (Anchorage, AK) back-to-back shut-outs for the weekend.

"I think we've been sort of let down a little bit by the past couple games," said Boulay. "We know that we're a better team than how we've been playing, so we brought that game tonight."

"I think we got stronger as the game went on," said coach Tom O'Malley. "I saw a lot of really good things that the team has been practicing all year...they were just all over URI."

After their victory, the team took the

time to host a "Skate with the Pioneers" charity donation for the St. Charles Church Thanksgiving Collection. Any fan that brought in two canned goods got a free pass to skate with the team for a post-



Contributed Photo/ Stephanie Boulay

The women's ice hockey team defeated the University of Rhode Island Rams by the score of 7-0.

game skate session.

Look for the Pioneers this upcoming weekend when they travel to St. Anselms College for games on Nov. 12 and 13.