

## SHU Raises Over 10,000 Dollars During MS Walk

Diana Muniz  
Staff Reporter

The 2005 MS Walk was held last Sunday, April 10. Over 300 students from Sacred Heart participated in the event for a day filled with fun and purpose to raise money to help end the devastating effects of multiple sclerosis. SHU's team, "Sacred Hearts for Hope," met their team goal of \$10,000, and may have even raised closer to \$20,000.

Penfield Beach Pavilion in Fairfield was overflowing with participants, from little children to senior citizens, everyone disposed and willing to come together as a community for such a worthy cause.

Check in time was at nine and the official start off time was at ten. The beautiful weather brought the crowds ahead of time. Many people arrived early to eat, congregate and enjoy the warm and sunny weather. There were different reasons why people came together in the walk.

"I walk in the MS walk for my Grandma and for my other relatives who have MS. We do this to raise money to find a cure for MS. I walk with several of my cousins, aunt and uncles and friends. I even get to take my dog Belle along," said Josie Gorenc, an 11 year old from Fairfield.

Many of the sponsors for the Walk



The Spectrum/ DANYA JIMENEZ

The women's lacrosse team joined over 300 students from Sacred Heart who participated in the 2005 MS Walk.

included American Airlines, 95.9 Fox, Classic Rock, 95.1 The Home of Rock n' Roll, Crystal Rock, Cablevision, Pfizer, and Converium.

These were just some of the big companies that donated large amounts of money for the cause. Not everyone partici-

pating in the event could afford to donate generous amounts.

"The only thing I could afford was twenty dollars, I wasn't going to walk but I figured that was better than nothing; every little bit helps," said Andrea Takhtar, a participant from Hempstead, NY.

"The mission of the National Multiple Sclerosis Society is to end the devastating effects of multiple sclerosis. To advance our mission, the National MS Society is the largest private sponsor of MS research in the world. We support research and training projects aimed at finding the cause of MS, better treatments, and a cure. The MS Society also identifies promising areas of research, promotes activity in those areas, and stimulates MS research worldwide by sponsoring international workshops where scientists meet to exchange ideas."

The National MS Society provides hope to millions of people around the globe that someday soon we will have an MS free world. Support the MS cause and be part of the message of hope by getting and wearing your own MS Band of Hope. The Band of Hope can be purchased by logging onto [www.nationalmssociety.org](http://www.nationalmssociety.org) or by calling (860) 953-0601. If we all

come together we can make a significant difference. Every dollar helps to provide knowledge and assistance to help people with MS and their families maintain the highest possible quality of life.

## Fashion Show Raises Money for Tsunami Relief

Ariane Rasmussen  
Contributing Writer

"I loved it! It was very enjoyable!" are the words Breta Hasimi, a student at Blackham School in Bridgeport used to describe the Fashion Show held April 5 at eight o'clock in the Mahogany Room. The event was sponsored by the International Club to raise money to aid tsunami victims.

Lucasz Glinka, (sophomore, Bridgeport) President of the International Club, explained, "The money that we collected will be going to the Tsunami Relief Foundation to help out the people of the countries that were hit by the tsunami in Asia. When trying to figure out which organization to help out this year with the money from the Fashion Show, we concluded that the tsunami was the biggest tragedy that has happened recently. A lot of people died and they seem to be the ones who need the most help. Every little bit helps. Between 40 and 80 people attended the show and we raised about \$300 dollars for the Tsunami Relief Foundation."

The entrance ticket for the Fashion Show was \$3 for SHU students and \$5 for non-students.

The theme of this year's show was "Asian Nights," which according to Glinka went along with the fact that the tsunami happened in Asia by "a surprising coincidence" since the theme was chosen by the members of the International Club from a list of other theme ideas such as Hawaiian or Caribbean. Asian props such as umbrellas painted with Asian letters decorated the modeling runway stage.

The Fashion Show was divided into sections such as Swim, Casual, Evening, Business, Bridal, and International Wear. The modeling crew consisted of Mark Maleri, Ian Straughter, Michael Philbin, Afrim Mustafa, Cory Abbate, Inara



The Spectrum/ MARK STANCZAK

Sophomore Queenie Cheng modeled for the International Club annual fashion show.

Coleman, Cassandra M. Andrade, Gina Baldi, Jennifer Spinelli, Ashley Greco, Erika Schneider, Aimee Franko, Aferdita Mustafa, Merlin Perez, Elona Shape, Wai Yin Cheng (Queenie), and Aida Gusic.

Talbot's, Casual Corner, After Hours, and Joan's Bridals were the stores who allowed the models to borrow their clothes for the night for such a good cause. The rest of the outfits belonged to the models themselves.

When asked how she felt about modeling at the show before and after the event, Elona Shape (freshman, Bridgeport), Vice President of the International Club replied, "Before the show, I was very excited, nervous, and worried about how I was going to look on stage. After the show, I felt relieved that it was over and proud of myself and of everyone else. But the most important reason why I participated and helped organize the Fashion Show is the fact that it would benefit tsunami victims."

Everyone interviewed at the Fashion Show agreed that it was very enjoyable, but opinions varied when asked what the show's best and worst moments were.

Erisa Hasimi a student from Central High School in Bridgeport, said, "The part I liked most about the show was the bridal which was really nice. The second best part would be the belly-dancing done by Aida Gusic, Elona Shape, and Merlin Perez. The third best part of the show to me was the modeling of the Asian dresses in the international section of it."

Breta Hasimi, on the other hand, said, "I thought everything was very good, but one of the parts I really liked was the dancing the models did on stage for the club section of the Fashion Show. The part where the girls were dancing in their night-

## Award Winning CEO Speaks at SHU

Brad Holland  
Staff Reporter

On Wednesday March 5 at 6:30 in the Pitt Center board room, the leader of one group of Pioneers introduced another.

SHU president Dr. Anthony Cerna welcomed JetBlue CEO Dave Neeleman in another installment of Sacred Heart's Corporate Strategies and Insights Forum. Neeleman came to tell "The JetBlue Story."

His story begins like this:

On February 11, 2000, JetBlue Airways took the skies with service between New York's LaGuardia airport and Fort Lauderdale, Florida. Dave Neeleman was the driving force behind JetBlue. He was in position as Chief Executive Officer.

Beginning with the most private startup capital in Airlines history, with over 100 million in equity, Neeleman felt secure. He had new ideas, a new vision of the American corporation. But still his fledgling company suffered constant attacks from men and women who didn't share his optimism.

"Critics scoffed at our dream of creating a successful low-fare airline based in New York City," Neeleman posted on his JetBlue website. "They said we'd never find quality employees, that no one would want to fly domestically from JFK, and that we'd never be able to offer both low



# CAMPUS NEWS

## Fashion Show Raises Money for Tsunami Victims

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club outfits was very cute."

Luis Rivera, Bridgeport, a sophomore at Southern Connecticut State University, said, "The whole show was pretty good. The little breaks in between were probably a little too long, but it was good. Events like these bring people of all types together which is great. For me, the best part of the show was the girls. They were really prepared. I really liked the swimwear section simply because I am a guy."

Juan Constante (sophomore, Bridgeport), said, "It was a well-prepared fashion show - very, very planned so I don't really think there's anything that could've been better. It was well organized. The best part was the evening dresses because I personally like formality."

David Altamirano, a Georgetown Med-Student from Naugatuck, said, "The best part of the show for me was the music. The music kept the audience involved and I liked how the contestants really enjoyed it. The worst part of the show was the organization, but it was great overall and I would give it a score of 9 out of 10."

Ian Straughter, a freshman from Hackensack, NJ, said, "I had a good time

at the Fashion Show modeling. My favorite part was the swimsuit section because I got to show myself. The backstage part was kind of difficult at times, especially trying to figure out which tuxedos were ours. But overall, it was a good show and I would do it again."

Afrim Mustafa, (freshman, Bridgeport), said, "I thought the show was very interesting and fun, especially because it's for a good cause - it's for the victims of the tsunami. The best part was the traditional wear towards the end because we are an international club and it represents what we stand for."

Glinka said, "I think the bridal was the best part because of the way the models looked and performed."

A few of the less enjoyable parts of the show could've been prevented if there had been more models which would've given the models more time to change outfits between the sections. The need of time for the models to get changed was the main factor behind the longer than expected breaks between the modeling sections.

Glinka adds, "We had quite a few models that tried out but never showed up for practices. We originally picked 14 girls and 9 guys but we ended up with 12 girls and 5 guys."

Since the event occurred in the Mahogany Room, the models had to use dressing rooms that were inappropriate for the event resulting in the models being seen walking through SHU's hallway before getting on stage.

Shape comments, "At first, I was very embarrassed and uncomfortable with myself and the fact that I would have to walk through the hallway before getting on stage. But as the show went along, the time for getting ready was so limited that I didn't have time to worry about people looking at me in the hallways or anything like that."

In addition to the desire of having had better dressing rooms and more reliability on the models in terms of all of them coming to practices, Glinka also felt that the advertising could've been improved.

He said, "I was hoping to have a bigger audience. We definitely would like to have focused more on advertising for the Fashion Show and its goal to aid with the tsunami, but I am happy with the results. The DJ and his assistant were very good and did a nice job with playing different types of music and coordinating the music we provided for them. The models were very professional and also did a very good job."

Corrections

And

Clarifications

4/7 Issue 19

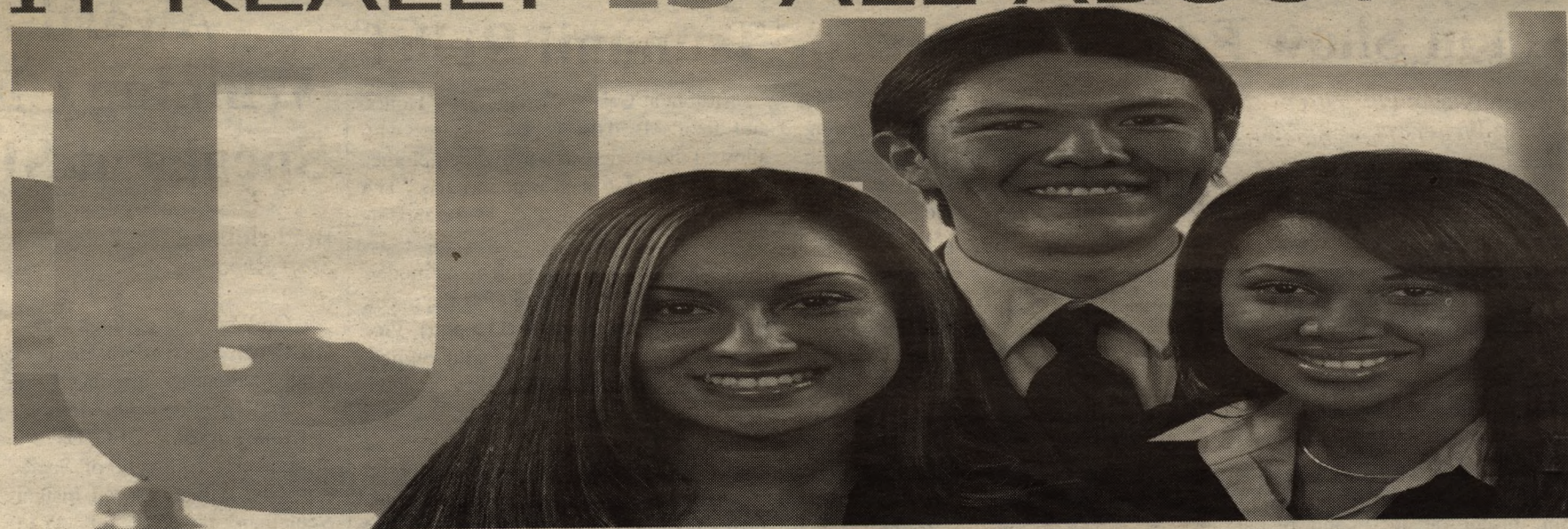
A quote from Dr. Greeley, Professor of Religious Studies, in the article, "Spring Fever: Have You Caught It?" should have read, "Apart from the usual spacey-ness..." rather than "Apart from the usual spaciousness..."

*Reminders to all graduating seniors:*

**The office of the Registrar would like to remind all seniors to drop off your graduation response cards. These cards are important as they inform the registrar as to who will be attending the graduation ceremonies. Graduation response cards are due by Friday, April 15, and can be placed in the box at the registrar window.**

**All graduating students must sign a "Transfer of Ownership" form with the IT Department by May 10 in order to keep their laptops after graduation.**

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# CAMPUS NEWS

## JetBlue CEO Dave Neeleman Speaks at SHU

Continued from Page 1

fares and a product that includes new planes, leather seats and live satellite TV with DIRECTV® programming. Twenty-two million customers later, we're proud to be proving the critics wrong."

How has Neeleman managed to silence the critics? By pioneering new methods: his business policies and practice were radical and untested. His techniques could even be considered dangerous and seen as a threat to corporate America.

What does he do? He treats his employees as trusted friends and family.

He has a hiring policy for each one of his people. That policy, from the ticket-taker to the pilot: once hired, never fired. Neeleman also allows his employees to work at home. And each employee owns part of all 74 JetBlue passenger jets.

Whenever Neeleman flies those planes, for business or pleasure, the CEO helps flight attendants clean up the garbage.

That's not all. Pilots routinely clean

with flight attendants; they unload with baggage handlers and even volunteer to lead customers to connections. Neeleman doesn't make these responsibilities mandatory – instead, he creates an atmosphere in which each crewmember takes it upon himself to help out the team.

Dr. Cernera praised his business practices during his opening statements, drawing comparisons to the pioneering efforts of SHU students and faculty.

"Mr. Neeleman's achievements represent the best of our values as a University that has sought to teach its students to act from a deep set of moral convictions and to put those values into action," said Dr. Cernera.

Putting values into action has become profitable for JetBlue on a large scale.

Neeleman: family man, father of 9 children, former missionary, current visionary, business revolutionary; he has increased sales from 130 million to 800 million dollars annually in five short years.

During those five years, JetBlue rat-

tled off seventeen consecutive profitable quarters amidst the turmoil and confusion of 9/11 and the aftermath still felt today.

The employees are directly responsible for JetBlue's success.

"When you interact with a JetBlue crewmember," Neeleman said (and every JetBlue employee is actually a crewmember), "there's an 80% chance he's a shareholder and a 100% chance he's made money off of your ticket." Each crewmember participates in the company's profit-sharing program.

By more efficiently dealing with customers, each crewmember is helping build his profit sharing check. What's good for JetBlue is also good for its crew. And with an average of eight new crewmembers per day, the program is alive and well.

Neeleman also instituted the "JetBlue Catastrophic Crisis" fund to aid crewmembers in times of catastrophic crisis. Neeleman donates his entire salary to this fund. So does another company officer. And each member of the JetBlue crew

gives \$5 of his paycheck to protect the team.

The fund helps out people with anything from death to divorce, lawsuits, to an unforeseen medical expense: in short, the JCC fund helps out any way it can.

Each of Neeleman's policies was considered risky in its day, but success breeds respect. Both JetBlue and its CEO have been showered with awards since the company's conception in 2000. Now his ideas are being instituted across the industry.

Turning a profit in troubled times requires great effort and efficiency. Neeleman's workforce is motivated and excited; they are part of a winning team.

"Right now, our only competition is ourselves," said Neeleman. "What'll happen in the future? I don't know. But I do know if we stop dazzling customers, we're going to be in trouble. So we're going to keep moving forward. We'll keep adding... and we'll keep proving the critics wrong."

And perhaps change the way businesses are run along the way.

## Local Residents to be Honored at Black-Tie Dinner

Kristen Lovering  
Staff Reporter

*On April 23, Sacred Heart is holding the 16th annual Discovery Awards ceremony. This black-tie dinner is expected to draw close to 400 participants, and proceeds from the event will go toward student scholarships.*

*Anyone interested in attending this event should call (203) 365-4802.*

Congratulations are in order for several Sacred Heart University students that will be honored at a special dinner for the 16th annual discovery and scholarship dinner on April 23.

The Discovery Award at Sacred Heart University is privileged to invite the community to recognize and celebrate the gifts of caring and accomplished people.

This event will take place on the University's campus, at William H. Pitt Health & Recreation Center where it will be transformed into a starry, starry night for this honorable event.

More than 400 people are expected to attend this black-tie affair, which will raise funds for student scholarships. Discovery Awards will be presented to People's Bank Chairman, President & CEO John A. Klein (Easton, Conn.) and Mario Gabelli (Greenwich, Conn.), Chairman, CEO & CIO of Gabelli Asset Management.

Bridgeport's Kolbe-Cathedral High School Principal Jo-Anne Jakab (Bridgeport, Conn.) will receive the Curtis Medal of Honor.

The event begins with a reception and silent auction at 5:45 p.m., consisting of items including jewelry and furs from Harpers of Fairfield, a Harley Davidson motorcycle, and a wide assortment of other gifts including weekend get-aways, art, theatre tickets and restaurant gift certificates.

Festivities will continue with the awards ceremony, gourmet dinner, and dancing to the music of The Cartells.

Fashion Designer Joseph Abboud (Bedford, N.Y.) will be Master of Ceremonies for the evening. Along with the event chairs, are Bill Mitchell, vice chairman of Mitchells of Westport and Richards of Greenwich; Linda McMahon, CEO of World Wrestling Entertainment; and Mark E. Freitas, President & CEO of Frank Crystal & Company.

Sponsorships begin at \$1,500, and individual tickets are \$250. All proceeds will benefit the University's Scholarship Fund.

"It sounds like it might be fun to go there, I never knew that we had this event going on at Sacred Heart University!" said Victoria Di Paolo, a sophomore from Staten Island NY.

If you're interested in attending this event, or have any questions, call 203-365-4802.

## SHU Welcomes New Vice President

Emily Grayson  
Staff Reporter

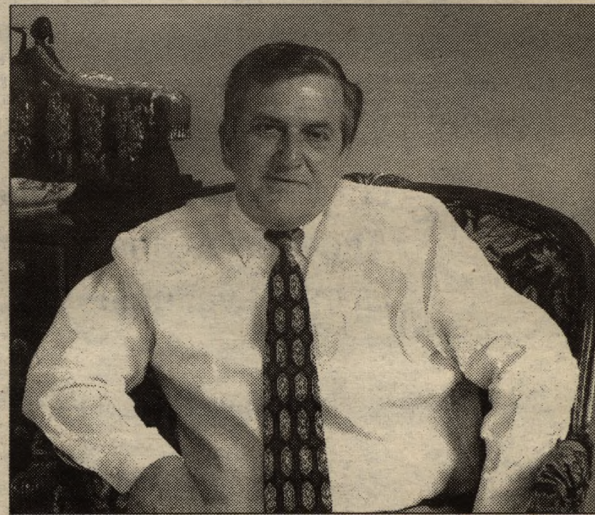
A turning of events in the administrative staff has the Sacred Heart community welcoming a new vice president. Alumnus Michael J. Kinney joins the staff at SHU as Senior Vice President for Finance and Administration. This is a new position that is part of senior management reorganization that was recently approved by the Board of Trustees. This means that Mr. Kinney will work very closely with the University President and the other members of the Cabinet that make up the internal management of the University.

Kinney has served as a Trustee for his alma mater since 1995 and he has more than two decades of distinguished experience in the business community. He is very committed to Sacred Heart and its mission.

Kinney is a very successful man with incredible experience in general management and financial sectors in services and industry. He was the Chief Financial Officer and Senior Vice President of Finance and Strategic Planning for Kraft Foods International. He has also served as President of Philip Morris Capital Corporation and has held various different positions at Bankers Trust, Continental

Illinois and General Electric Capital Corporation.

He has received his Bachelor of Arts degree in Business Administration from Sacred Heart University in 1972 and his Master of Business Administration



The Spectrum/ DANYA JIMENEZ

**Michael J. Kinney joined the SHU staff as Senior Vice President for Finance and Administration.**

degree in Finance from the University of Bridgeport. He lives in Fairfield with his wife Cynthia and their daughter and twin sons.

The Sacred Heart Community is very excited to welcome him as a member of our high staff and look forward to having improvements made to the University. By having Mr. Kinney join our staff the school is receiving a very good opportunity to improve by his knowledge of business.









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# BEYOND SHU



The Spectrum/ DANYA JIMENEZ

Recently, Sacred Heart has hosted several masses and events surrounding the death of Pope John Paul II. On April 4, a special mass was held on campus, and over 200 people were present. Three days later, on April 7, an Interfaith Service took place in the Pitt Center Board Room. On April 7 there was also a "Commons Camp-In" that was nationally televised by CBS, where students gathered to watch the Pope's funeral.

SHU President Dr. Cernera attended the Pope's funeral in Rome as a representative of the International Federation of Catholic Universities, an organization for which he serves as Vice President. Dr. Cernera also represented the Center for Christian-Jewish Understanding (CCJU). Dr. Cernera met with Pope John Paul II several times, where he discussed the progress of the CCJU.

Rabbi Joseph H. Ehrenkranz, the Executive Director for the CCJU has also met with Pope John Paul II numerous times, including, most recently, in February of 2005. In fact, according to a SHU press release, the "CCJU was founded as a result of a visit with Pope John Paul II in 1990 at a special celebration of Nostra Aetate (A Vatican II document reaffirming the Catholic Church's relationship with the Jewish people). Rabbi Ehrenkranz was one of 20 Jewish delegates in attendance."

## Voters Debate over Race and Nationality of Next Pope

Juliana Rizzo  
Staff Reporter

Billions of people, within and even outside of the Roman Catholic church, mourn the death of beloved Pope John Paul II. However, there is a mixture of excitement and anxiety as we await the announcement of the new leader.

The church boasts of the great milestones John Paul II has set in global outreach. He promoted numerous African bishops to the ranking of cardinal and contributed to the major boost in Catholic followers in Latin America to over 500 million. There is great uncertainty as the process continues as to whether or not the world is ready to see another non-Italian pope after John Paul II, or if the church will restore its former tradition by electing another Italian pope. Many see this next papal appointment that we are in the midst of as a time for change and great

development in diversity in the church.

Being that John Paul II was the first non-Italian pope in 455 years, there is hope of a possibility that the next pope may be of a different race. There is controversy between nations as to what national decent the pope should be. Being that half of the Catholic population resides in Latin America, many Latin Americans feel that the next pope elected should be from Latin America, in order to better represent the followers. Wealth has also become a matter of question in this selection process, as some members of a poorer society believe that if the pope was from a poorer area, it would lend hope to others in the situation and encourage them to follow and offer hope of salvation.

There are 117 cardinal voters taking part in this papal election. However, there is no clear favorite. There is great question as to whether traditionalists will push to restore the custom of having an

Italian pope or if they have learned from the successful 26 year reign of John Paul II that a great pope does not necessarily have to be Italian.

"John Paul II made amazing strides to involve Catholics of all countries and raise the level of diversity at the Vatican. Hopefully people will realize this and continue that by electing a pope in fairness to all nationalities," said Jen Ciccattelli, a sophomore from Putnam Valley, NY.

Although many people feel that cardinals in this process should be treated fairly according to race and nationality, there are also skeptics that feel that the idea of election a non-white pope is unrealistic. Some feel that it is prejudice that is holding people back from electing a Latin American or African pope, while others feel that it is simply the fact that many are reluctant to break away from tradition.

"It took decades just to change a small rule like being able to eat meat on

Fridays, and still so many traditionalists, especially elders, do not observe the change. Electing a pope of a different race is just too dramatic for these people to accept right now," said Kathryn Calabrese, a Religion professor at School of the Holy Child, in Rye, NY.

As usual, traditionalists are at odds with liberals and those in favor of change. Although it seems that supporters of the cause for a Latin American or African pope due to the population of followers and in order to continue the international outreach started by John Paul II, there is still controversy begging to keep traditions sacred.

Regardless of race, a worthy and able person must be elected to fill the position of pope to lead the growing population of over 1 billion Catholic followers and handle interreligious disputes that sometimes may have deadly results if not managed properly.



# Perspectives

## That's So Embarrassing: Things We All Do, But Never Talk About

Alex Kantarelis  
Contributing Writer

The other day I was picking my nose. And I mean full on picking my nose. My fist was practically scraping against my brain. Then the most horrible thing happened. My roommate walked in and saw me. He caught me red handed. As if that's not enough, he was with his mom at the time. So there I was, enjoying myself while picking my nose, and they saw it. I was so embarrassed. And they were appalled by my nose picking. It was obviously disgusting to them.

But then, hours later, after calming myself down, I realized that it really wasn't a big deal. And the reason was simple. Absolutely everyone picks their nose. It's a true fact. No matter what, everyone in the world, at one point or another has a booger in a hard to reach place, and uses a finger to get up there and "de-clog the nostril" as I call it. But why is everyone so incredibly embarrassed when they're caught? My roommate should have said, "Oh, you're picking your nose. I do that all the time. It's quite fun." But instead, he acted like only crazy people pick their nose.

This got me thinking. What else does everyone do, but only when nobody's around? Well, right away, my dirty mind filled with all kinds of things that I have decided not to mention in this article. Once the impure thoughts finally left my mind I came across several things that I know everyone does.

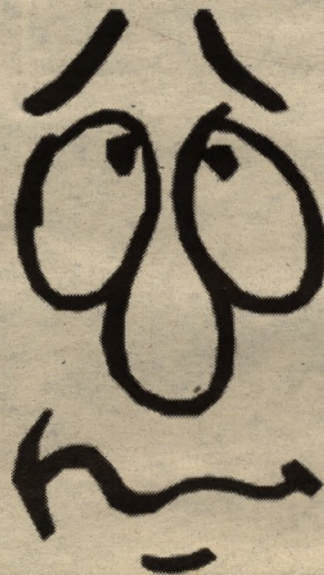
I'll start simple. Every now and then,

when nobody's looking, do you ever have to scratch somewhere unpleasant? There really is no good way to do it, but everyone has to. Or what about the infamous wedgie? It is very difficult to pull your underwear out of whatever crack it might be in, without people noticing. One time, I was "adjusting myself," and one of my professors noticed. Oh boy my face was so red. But again, this is something everyone does, when nobody's looking. Why can't we just scratch our butts while people are near us.

But that's not all. Do you ever sing while driving your car? And I don't mean quietly singing along to the radio. I mean, all out screaming along to the Mariah Carey CD your mother gave you for Christmas two years ago. The CD you know every single word to. Everybody knows what I'm talking about. Singing in the car is one of those things we are all, without a doubt, guilty of. I've been singing in the car so hard that I've practically swerved into oncoming traffic. But I absolutely never do this unless I'm alone. I can't risk being seen, and ridiculed. It would be horribly embarrassing. Have you ever been singing in the car, and suddenly somebody pulls up next to you at a red light? What do you do? You instantly shut up and pretend to be on your cell phone. At least, that's what I do.

Singing leads to the next embarrassing thing everyone does. Dancing. Not dancing at the club with all of your girlfriends. Dancing alone, in your room, in front of the mirror, while blowing kisses at yourself,

but don't lie. We all do it. While performing this dance, I have been walked in by my roommates, friends, girlfriend, parents, dog, nephews, chiropractor, and the Chinese food delivery guy. At one point or another, all of these people have seen me doing this dance. Does it stop me from dancing? Absolutely not. I still dance in front of the mirror, every single day. And I know that everyone does it. When I get



caught, I feel incredibly embarrassed, but whatever.

So we all sing in the car, and we all dance in front of the mirror, but the worst, most horribly embarrassing thing anyone ever does, is when the two are combined. Singing and dancing together. This doesn't happen in the car, or in front of the mirror. This happens in only one place. The shower. And it's not just dancing in this case. It's a full musical performance. A concert

while covered in soap. The greatest part about the shower is that nobody ever walks in. You never run the risk of getting caught mid-song. It's brilliant. But sometimes you get carried away, and you keep right on singing after the shower. And while you go the full shower without getting caught, the minute you leave the bathroom, it's as if everyone was waiting for you. You come out of the shower, dripping wet, wearing nothing but a towel, using your toothbrush as a microphone, and acting like you're the latest member of Destiny's Child, when disaster strikes. Not only do you get caught, but you get caught in the most awkward way possible. You don't even notice right away. You just keep right on going, not knowing that you finally have an audience. When you at long last look up, still holding the toothbrush, you realize that you are performing for both of your parents, your sister, two of her friends from school, your mother's boss, the guy who works at the deli, the priest from your church, the mail man, and Bob Barker. All of whom happen to be there at exactly the same time, for no apparent reason whatsoever. Nothing in life can possibly be more embarrassing than this moment.

What I think everyone should do is simply stop caring. It's no big deal. Everyone does it, so we might as well do all these things out in the open. I don't mind. Let people see me pick my nose. Let people hear me try to sing. I'm fine with it. From this point on, I will never stop myself from acting this way because there are people around. If I feel like busting into a musical number in the middle of class, I will. And I hope many of you will stop caring, and join me.

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## The Beginning of The End

Kelly Ryan  
Perspectives Editor

This is the beginning of the end. I'm sure the days before graduation are going to be pretty nerve wracking. However, with one month left, like most seniors, I find myself more nervous than ever. Graduating now, is probably how we felt four years ago when we left our home towns. And now, we are actually leaving home again.

I thought by now, I might be ready to leave yet I find myself writing, desperately trying to somehow preserve the next 30 days. Most of us seniors haven't missed out on anything in college. We've partied too hard, skipped too many classes, stayed up too late and laughed til our stomachs hurt. Still, we're panicking. I realize that as the completion of four years draws near, I become conscious that all of us are leaving this place with so much more than we even showed up with.

In my own personal experience, I've learned so much more than what was taught to me inside the classes I've sat in. I've realized you can't put liquid soap in the dishwasher, or mix colored laundry with whites, or stay up all night long to write a paper and expect to get a decent grade. More than anything though, I've learned the deep meaning of friendship, which is the main reason we have a hard time thinking about leaving Sacred Heart next month. The friendships we have made here, have held us strong when things were shaky, in good times

and bad, in laughter and tears, through fighting and break-ups and homesickness. Our friends have showed us that in the crazy confusion of life, it is still worth enjoying.

As I walk through the halls here, I feel like I've been doing this forever. I'm noticing things I've absorbed, but have never payed attention to. The Freshman all seem so young, and I'd give anything to be in their place again. This is though, the last month we will walk these halls, the last month we'll write papers, and do projects. I know I've complained about them more than appreciated them so I should be happy that this challenge is almost done. I'm not though, and I want to hold on for just a second longer.

In one month from now we will graduate. We'll head home with our families or move into the "real-world" we've been preparing for. There are some things from our college experiences that will carry with us forever, for the rest of our lives and some memories that we will choose to forget, but whether or not we choose to remember them, we will have no choice but to learn from them.

So, the beginning of our end, of our college adventures starts its close. I'm not sure if all of the realizations have happened recently or developed over the years. But somehow I feel older and different, and I know I will forever treasure my time spent here. College has been quite the experience, and now for the first time in my life, I'm beginning to learn that the hardest part of the past four years is something I haven't prepared myself for... the end and the goodbyes.

The editorial pages are an open forum. Letters to the editor are encouraged and are due by Monday at noon for consideration for each Thursday's issue. All submissions are subject to editing for spelling, punctuation and length. The Spectrum does not assume copyright for any published material. We are not responsible for the opinions of the writers voiced in this forum.

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# He Said... She Said...

## Spring Fever...

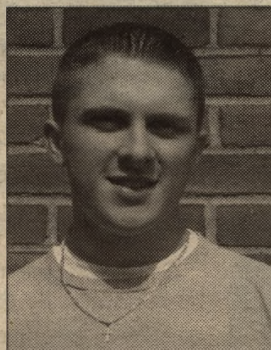
### Does it really exist?

Robert Roy  
"He Said" Columnist

The end of winter and the beginning of spring marks the changing of seasons as warm weather arrives accompanied by a plethora of sunshine. After being trapped inside for nearly four months avoiding the cold, people get frantic waiting for spring to arrive. Spring fever is often associated with the change of seasons and traditionally girls and guys get together around the same time. Is there such thing as spring fever or is this just a coincidence?

The increase in sunshine is the most probable cause for the increased interaction between people. Seemingly, as the warm weather rolls in, days are sunnier, moods are better, people are out more, and increased interaction is almost guaranteed.

Other contributors to spring fever go hand in hand with the college life style. Spring begins toward the end of the semester and students will do anything to avoid work. Almost everyone is tired of working and we all want to



The Spectrum/DANYA JIMENEZ

be outside together enjoying the nice weather. Also, many people have shed those winter pounds in search for some awesome beach muscles or a great new look to show off. Clothing becomes minimal as everyone is looking to get tan and show off all the work in the gym. Students want to look great in the summer and spring is the first time they can show off those bodies. I believe this because of the nicer weather is the main cause for spring fever.

We can blame spring fever on society and pop culture. We're all looking for that "movie-type" of summer romance... spring fever could very well be part of this search.

Athena Soriero  
"She Said" Columnist

Spring fever is a very real chronic illness that most everybody with a pulse suffers from annually. Fever symptoms include having the uncontrollable desire to be outside at all times, your skins need to be exposed to the sun, and the inability to motivate yourself to do any form of work. You begin to notice what appears to be a new flock of attractive members of the opposite sex that have gone unnoticed all winter and seem to have magically appeared at the onset of spring time weather.

Spring fever is very common on college campus's, very contagious, and easily spotted. A Common sign of the spring plague at SHU is when students begin to emerge from winter dorm hibernation making their way outside. The picnic tables, patio, grass, walkways, and the baron wasteland quad are filled. Wiffle-ball, football, frisbee, hotdogs, and hamburgers also make their way onto the seen. Priorities then start to rearrange themselves as you grow distracted in class when looking out the window seeing your friends socializing outside.

For girls: capri pants,



The Spectrum/DANYA JIMENEZ

short skirts, flip flops, and tiny tops all begin to make their way out from the bottom of the drawers exposing newly tanned skin and the hopes of an early summer. This is usually what causes the spring fever in males to peak after looking at girls wearing puffy jackets, boots, and fleece pants all winter.

If you were smart you would have saved up all of your excused absences in your classes for the random spring trip to Fairfield beach, the Cascades, Westport center for Ben and Jerry's, ultimate Frisbee on the golf course, spending QT with a "spring fling," dragging the couches from South/West outside, tan time on the hill up to the Pitt, wiffle-ball tourneys, or a mid-day nap.

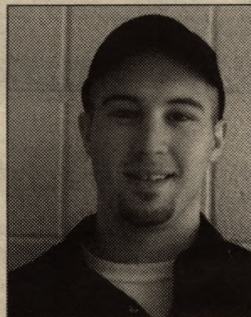


## What is your favorite thing about the nice weather?



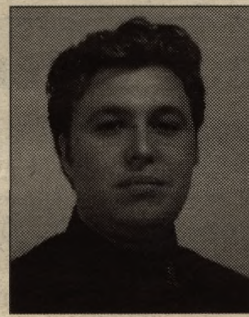
"Girls in bikinis outside of East Hall."

Eddie Delaney  
Warwick, NY ~ Freshman



"Playing football in the J-hill field."

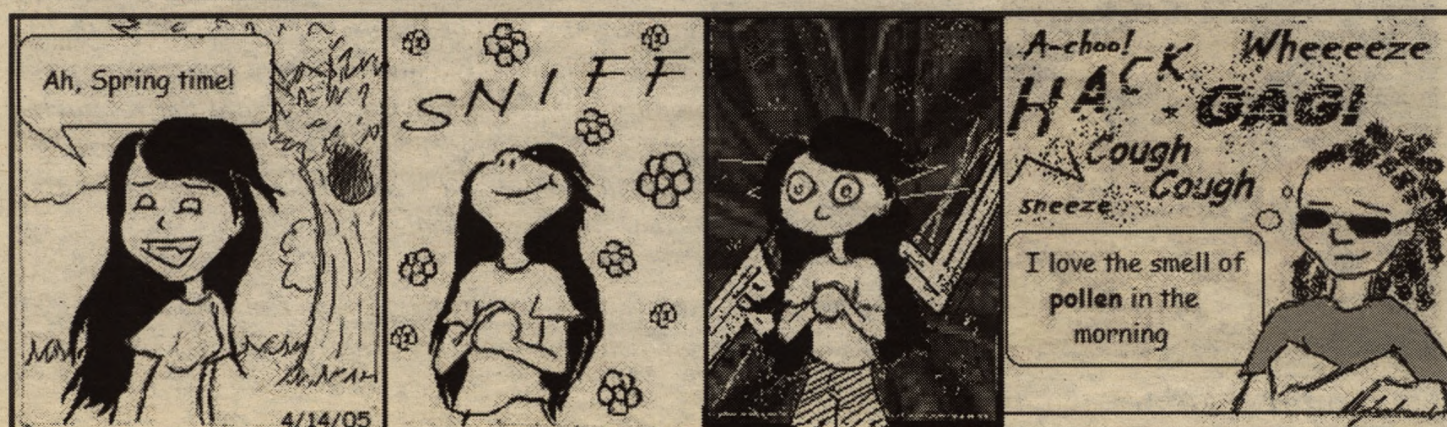
Mike Rinaldo  
Ashland, MA ~ Freshman



"Playing Frisbee."

Jon Cretella  
North Haven ~ Junior

## The CARTOON of the week



The Spectrum Cartoonist/ ALYSSA FERDINANDO

## SHU SENATE REPORT

Student Government held its yearly elections last week. All members of the Student Senate and class boards who wished to hold their positions during the 2005-2006 academic year were required to run again. At the end of this semester, Todd Dixon, the current VP of Senate will be graduating, and Kurt McCloud, current Senator for the class of 2006, will be the new VP of Senate. Dave Macala, Student Government President will also be graduating, and Jim Daly, current Senator for the class of 2007, will be taking his place. Daly and McCloud will be sworn into their positions at the Installation Ceremony on April 24, at 6 p.m. Congratulations to both Kurt and Jim! In addition to Daly and McCloud's induction, all other students who were elected into office will also be welcomed into Student Government and sworn into office at this dinner.

All clubs and organizations were asked to nominate a king and queen to participate in the application process of Greek Week's king and queen. All nominated individuals will be considered through their application answers for the winning king or queen spot. One king and queen will be picked along with two runner up pairs. Senate's king and queen this year are Danae Kline and Todd Dixon, both from the class of 2005. Dixon will escort Kline across the stage on Greek Life's skit night along with all the other kings and queens.

Student Senate is having a group outing on April 24. Senator Erin Maurer is chairing an AIDS Walk, which is taking place on campus, and the Senate voted to support the cause. All students, faculty, and staff are invited to take part in the walk, whether to walk or to sponsor a walker. Registration for the walk begins at 9 a.m. and the walk begins at 10 a.m. All walkers will be given an AIDS WALK 2005 T-shirt at the time of registration. Following the walk, there will also be a barbeque to thank all of the participants for supporting such a great cause. There will be people from all over Connecticut traveling to participate in this event. All the proceeds from the walk go to the Elizabeth Glaser Pediatric AIDS Foundation, and support the studies to find a cure. If anyone is interested in participating in this event or would like to learn more about it, email Erin at maurere@sacredheart.edu.

The article is contributed by  
Erin Maurer

**Come voice your  
opinion at a  
Senate Meeting!  
Wednesdays at  
10:30 p.m. in the  
Faculty Lounge**



# —Arts & Entertainment—

## SHU Players Perform Uproarious 'Night of One Acts'

Adam Kagdis  
Staff Reporter

This past weekend, the SHU Players presented "A Night of One Acts," featuring "Sure Thing," "The Philadelphia," and "Black Comedy." Each one act play was produced well and allowed the audience a chance to see some unique theatrical techniques.

"Sure Thing," directed by Mathew Libassi, was a comic piece that follows two characters who experience a host of problems associated with dating.

When you meet someone in a café, and you're interested what do you do? How many different ways are there to ruin your chances? Even though this is a short play with a minimal cast and setting, it still works because the audience can relate to the unsure characters being portrayed, and their failed attempts to make good conversation.

The second play performed was "The Philadelphia," directed by senior Katherine Ariano.

Al (Daniel Hooks) is eating lunch when Mark (Justin Schiavone) comes running in frazeled and unsure of why he is not getting what he asked for. Al explains to him that he is in a "twilight-zone" state known as a Philadelphia and in order to get what you want you must ask for the opposite. The Waitress (Megan Bagley), too, is in her own little world and her interaction with her two customers made the scene extremely funny.

Finally, "Black Comedy" is a one-act play by British dramatist Peter Shaffer in which the playwright explores the effect that loss of light would have on people's interactions with one another.

The play is a farce set in a London flat during an electrical blackout, and is written to be staged under a reversed lighting scheme: meaning that the play opens with



The Spectrum/COURTNEY GOTSHALL



[Clockwise from top] Millionaire Georg Bamburger (Mike Moloney), crashes Brindsley's (Alex Kantarelis) catastrophe of a party in "Black Comedy"; Bill (Samuel Bolles) and Betty (Katie Duratti) navigate the pitfalls of romance in "Sure

Thing"; and Al (Dan Hooks) explains the details of certain metaphysical states to his friends in "The Philadelphia."

a dinner party on a darkened stage, but the stage lights come up when the fuse blows and the characters are left to grope in the dark.

Brindsley Miller (Alex Kantarelis) and his fiancée Carol Melkett (Holly Finneran) have stolen some fancy furniture from neighbor, Harold (Jacob Archambault), in a feeble attempt to impress Carol's father, Colonel Melkett (Nicholas DeAntonis). Brindsley, an artist, is afraid that the

Colonel will not let his daughter marry a starving artist.

Things go awry when the lights go out, leaving Brindsley helpless as characters arrive, one by one. First is Colonel Melkett, unimpressed by the blackout. Brindsley's elderly neighbor, Miss Furnival (Lindsay Halle), arrives, and Brindsley's worst nightmare comes true when Harold returns early and Brindsley tries desperately to return the furniture without Harold

noticing. One of the funniest aspects of the play was Clea (Britany Hoole), who remained hidden from the other characters until the end but created funny scenarios within the commotion on stage.

Overall, the performances were creative and humorous. With a sly brand of humor running through the entire production, the "Night of One Acts" proved to be an excellent piece of entertainment for students.

## Beloved ABC Anchor Peter Jennings Diagnosed with Cancer

Katrina Brown  
Staff Reporter

Peter Jennings, ABC "World News Tonight" anchor and senior editor, has been diagnosed with lung cancer. A day after his diagnosis, he revealed the information during his evening newscast.

Jennings, a renowned journalist, has reported many of the world's most crucial events, ranging from the fall of the Berlin Wall to the 9/11 terrorist attacks. Whenever there was a big event, America could count on Jennings to report it. Thus, it seemed only natural that regular ABC viewers would be suspicious when Jennings was absent and failed to report the recent death of Pope John Paul II.

The 66-year old anchor had been feeling ill for the past few months and, although he did manage to cover the Tsunami tragedies in December, he was not able to give his normal onsite coverage due to the doctor's orders prohibiting him from traveling. At the time, it was believed Jennings illness was a result of an upper respiratory infection. The diagnosis was later changed to cancer.

Although lung cancer is the top cancer

killer in the United States, it was reported in a CBS News article on April 5 that "Despite the high mortality rate associated with lung cancer, the key to fighting it is catching it as early as possible. If found early, the cure rate jumps to 50 percent."

Jennings is scheduled to begin outpatient treatment this week. He also plans to continue anchoring the evening news during the chemotherapy. However, he

acknowledges the fact that some days he won't be up to it. When Jennings can't make it to work, anchors such as Charlie Gibson or Elizabeth Vargas will stand in.

Westin also added "[Jennings] is already bringing to this new challenge the courage and strength we've seen so often in his reporting from the field and in anchoring ABC News."

During his evening newscast, Jennings

revealed his diagnosis then thanked everyone for their support. He also said, "Almost 10 million American are living with cancer. I am sure I will learn from them how to cope with the facts of life none of us anticipated."

For more on lung cancer, please turn to "Lung Cancer: It's not Just Cigarette Related" on page 11.

### Campus Art



Through Student Eyes

Dozens of paintings adorn the hallways of Sacred Heart University, but few are given more than a cursory glance. For the students who pass these works every day, it would be impossible not to ponder their origins and significance. This weekly column, which will run exclusively in the online edition of The Spectrum, will share the research done by Dr. Anne Bolin's AR 101 students with the goal of providing the SHU community a better appreciation and understanding of the art work that they have come to know so well.

This week, we explore Jane Sutherland's "Fence on Pequot Road," located in the SC wing between rooms 107 and 109.



# Desperate Housewives Desperate for Attention

Johanna Prentki  
Staff Reporter

Trouble in TV paradise? Apparently it's not all smooth sailing once you're on top. The ladies of ABC's guilty-pleasure hit "Desperate Housewives" have been letting their egos get the best of them lately. The five women, who just did a photo shoot for Vanity Fair magazine, were reported to be at each others' throats the whole day.

"Desperate Housewives" has been a huge hit for ABC. Marcia Cross, Teri Hatcher, Nicolette Sheridan, Felicity Huffman, and Eva Longoria have transformed America's view of housewives. The group has amazing chemistry on camera but are apparently divas off screen.

"You wouldn't believe what it took just to get this photo!" exclaims the Vanity Fair cover.

The photo shoot was overseen by an ABC executive who had to make sure that Teri Hatcher wasn't placed in the center of any photograph or that she didn't choose her wardrobe first. Apparently the other cast members feel easily neglected or less important if Hatcher gets anything over or before them.

The organizers of the shoot and the stylist didn't follow orders not to give Hatcher first pick for anything. Hatcher had talked to the stylist days in advance to discuss wardrobe and she was the first

one to choose her bathing suit for the poolside shoot. Longoria immediately started reporting problems to the ABC representative. Next, when the ladies were lined up for the shoot Marcia Cross's mood turned sour when Hatcher was placed next to her in the center of the shot.

The initial tension of the group stems from media attention. Out of the five women who star in the show, Hatcher has been getting the most media blitz. The other "housewives" tend to feel that the attention is misdirected and unnecessary.

Longoria claims that the tension has been sparked from long hours and tedious photo shoots. "They forget we just shot a 16-hour day the day before and when someone's tweaking every little hair, it's like, 'Stop touching us, just shoot the picture.'"

According to Vanity Fair, the show and media have affected the actresses in all different ways. Teentoday.com reported



This photo from Conde Nast shows the ladies from ABC's "Desperate Housewives," on the foldout cover of May's Vanity Fair, which hit newsstands April 12. According to the magazine, sparks flew during the photo shoot. From left to right, standing are Teri Hatcher, Nicolette Sheridan and Marcia Cross. On the deck chair are Eva Longoria and Felicity Huffman

though that Hatcher also earns more than all of her costars. While producers say the problems stem from Hatcher receiving more attention than her cast mates, it might have something to do with the amount of money she is making compared to the others.

In the fold-out May cover, which premiered on newsstands Tuesday, the center position belongs to Nicollette Sheridan,

who's flanked by Hatcher and Cross with Longoria and Felicity Huffman posed beneath them on a chaise - although Cross and Huffman can't be seen when the cover is folded.

The tension has not seemed to affect the quality and success of the Sunday night soap opera. Tune in to ABC Sunday nights at 9 p.m. to get your fill of the "Desperate" divas in action.

## Pop Princess Britney Spears to Appear in Reality Show

Jacque Boothby  
Staff Writer

Pop princess, Britney Spears, never ceases to amaze her fans. First it was her provocative clothing, then it was her 24-hour marriage to Jason Alexander, and now she's creating her own reality TV show. Basically, Spears will do whatever it takes to stay in the celebrity spotlight.

The new show will reveal Spears and husband, Kevin Federline's personal love story from the time they met until the time they got married. Federline believes the show will speak for itself, describing it as "a documentation of love." The series consists of six episodes, which Spears sold to UPN for a million dollars a piece.

Spears is very excited to be branching away from the music and movie industry and to start telling her life through "art" (i.e. reality television).

Each episode is shot with the couple's own camera, so that viewers will get to see everything from their point of view. UPN is currently working with the blonde beauty to shoot more footage and add Spears and Federline's commentary to guide viewers through their story.

"I am so excited about the series. From the day that Kevin and I met, there have been constant rumors and inaccurate speculation about our lives together. I feel that last year the tabloids ran my life and I am really excited about showing my fans what really happened," said Spears.

Along with Britney's personal life, the show will also display parts of the European leg of her Onyx Tour and the escapades she had with her dancers, body-

guards and managers.

The singer-turned-actress is hoping that the beginning of her reality show will promote the summer leg of her Onyx Tour in the United States. She also hopes that her show will receive the same outstanding ratings as Jessica Simpson and Nick Lachey's "Newlyweds." After all who wouldn't want to watch love birds, Britney and Kevin as they experience the ups and downs of their oh-so-refined lifestyle?

"It's going to be like a car wreck, you don't want to watch it yet you feel the need that you have to," said Cassandra Montalbano, a sophomore from Poughquag, NY.

UPN chief, Dawn Ostroff said, "I don't think there's anything sugarcoated about this. It's pretty raw and pretty real. I don't think [viewers] have ever been exposed to people being so honest and open about their lives. The story of Spears and Federline is so compelling that even if it were fiction it would be interesting."

Viewers will have a chance to decide for their own when the series broadcasts in the beginning of summer.

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# Features

## CREATIVE CORNER

Travis Flynn  
Staff Reporter

### Abortion Decision

You say, "It is  
Not yet alive."

So why are you  
All torn apart?

### Random Thought

Wouldn't it be great

To catch the world's hand  
As it slaps you in the face,  
Yank it from the shoulder  
socket,

And hang it on the wall  
Just above the television?

### Only a Test

She stole his glance  
With a Polaroid,  
Placed it under her pillow,  
And slept with him

### Regression

Frustration is  
Standing in the shadow  
Of the man I used to be

## Earth Day: Are Students Doing Their Part?

Julie Chouinard  
Staff Reporter

FLIK goes through countless plastic take out containers each semester. Papers and bottles tumble out of trashcans while recycle bins sit rarely used next to them. And students that may live minutes away drive to campus everyday. With Earth Day just a week away, are Sacred Heart students doing their part?

April 22 will mark the 35 Anniversary of the modern environmental movement known as Earth Day. According to Earth Day's official website at [www.earth-day.net](http://www.earth-day.net), "On April 22, 1970, 20 million Americans took to the streets, parks, and auditoriums to demonstrate for a healthy, sustainable environment."

During a time of complete turmoil, assassinations, a war, the civil rights movement, and the Kent State shootings. Earth Day brought the country together receiving support from rich and poor, Republicans and Democrats, and rural and urban communities alike.

It also led to the creation of the United States Environmental Protection Agency and the passage of the Clean Air, Clean Water, and Endangered Species acts.

But the fight for a clean environment continues today and one of the most famous activities during Earth Day and throughout the spring is The Great American Cleanup.

"We would be delighted to have Sacred Heart students join our effort," says Rick Myers, Director of Operations for Keep Stamford Beautiful Inc.

For the past six years, residents, students, and business owners in Stamford have taken part in The Great American Cleanup.



AP Photo/ KATHLEEN GALLIGAN

Earth Day is held on April 22 of each year and it was started back in 1970 to help people realize they need to keep the environment clean.

"They are committed to a cleaner environment," says Myers, "The city wide initiative focuses on litter abatement (cleanup) projects, with a special emphasis on the neighborhoods of the South End, Waterside, Springdale, Glenbrook, the West Side, East Main Street and the Cove."

Keep Stamford Beautiful Inc. will host the two-day event on May 7th for the major cleanup, and May 21st for the planting of more than 150 planters in Stamford neighborhoods.

While Stamford has made The Great American Cleanup an annual tradition,

Norwalk engages in the event for the first time this year.

"We are in the process of engaging over 20 neighborhood associations in this event," says David Shockley, Neighborhood Improvement Coordinator of Norwalk, "Local businesses are donating gloves and bags and Public Works is conducting the trucking process for pick up."

Norwalk residents, students, boy and girl scouts, and corporate employees will help with litter removal, cleaning school yards and parks, perennial pruning, grooming of garden beds, household and yard cleanup for senior citizens, and painting over graffiti.

Shockley says that the response has been favorable but new volunteers are always welcome.

"Sacred Heart students could help by volunteering to assist with cleanup," says Shockley, "Just do what fits your interests."

To volunteer your time, take part in Earth Day, and help to build a clean and healthy world for generations to come, contact Rick Myers of Stamford or David Shockley of Norwalk with the information provided:

Keep Stamford Beautiful, Inc. Five Landmark Square, Ste 110 Stamford, CT 06901 Email: [Keepstamfordbeautiful@erols.com](mailto:Keepstamfordbeautiful@erols.com) Phone: 203.358.8268 Or contact City of Norwalk 125 East Avenue Norwalk, CT 06856 Email: [dshockley@norwalkct.org](mailto:dshockley@norwalkct.org) Phone: 203.854.7701.

## What Do You Aspire To Be?

Jennilyn DeSisto  
Staff Reporter

Somewhere beyond the partying, drinking, and hook ups, students are looking forward to their future.

Students across the United States commit to four or more years of education after high school in order to land their dream job. A year or two into their college career students are required to pick a major.

From then on this selection dictates the rest of their years at school. They take what seems to be an endless number of classes required for that major. Each class helps the student develop the skills necessary for what they plan on doing for the rest of their life. When college graduation finally arrives, former students make their way into the "real world."

Chances are they will be asked the infamous question, "Where do you see yourself in ten years?" Either during a conversation amongst friends, this question is always brought up or in the back of

people's minds.

"Broadway. But I don't want to be an actor or a singer. I want to be behind the scenes of the show," said an anonymous junior.

While some prefer the bright lights of Broadway others desire the familiar sound of high school.

"I want to be a high school guidance counselor. I want to be living on the beach with my family in a nice house," Rory Colford, sophomore, West Long Branch, NJ.

Students like Colford aspire to guide high school students into their future. Chaz Cybulski, a junior from Enfield hopes to lead the nation into the future as President of the United States.

Whether it is leading a country, walking the halls again, or living the excitement of backstage, Sacred Heart students all share the common goal of doing what they want and love for the rest of their lives.

But of course the question still

remains for some and that is; where do you see yourself in ten years?

### Top 10 things to remember for the Spring Semester . . .

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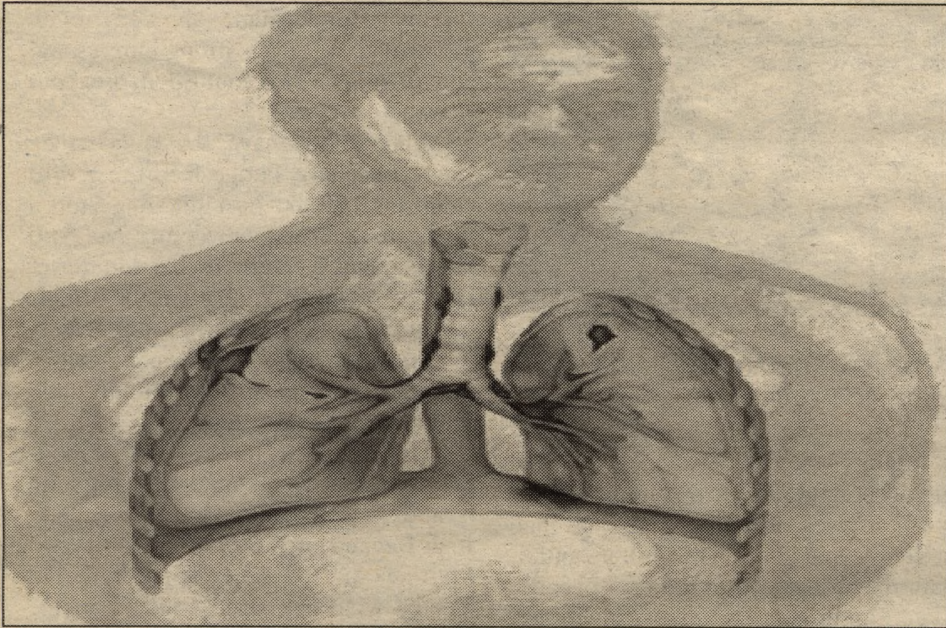
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Sunday . . . . . 12:30 pm - midnight

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A public service message from the  
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# Lung Cancer: It's not Just Cigarette Related



Contributed Photo

Hundreds of thousands of Americans are diagnosed with lung cancer each year, with many of the cases resulting in death.

Courtney Pustay  
Staff Reporter

Along with ABC news anchor Peter Jennings who recently announced he has lung cancer, more than 170,000 cases of lung cancer are diagnosed within United States each year.

It is said that cancer develops in our cells, which are the body's basic unit of life. In order to comprehend lung cancer, it is useful to know how these normal cells become cancerous.

The human body is made up of all different types of cells. These cells grow, divide and produce more cells that are needed to keep us functioning day after day. Unfortunately, complications can arise.

Sometimes cells can keep dividing when new cells are not needed. Many times these new cells will develop a mass of extra cells, which is what we call a tumor.

The abnormal cells tend to grow when the lungs are exposed to cancer causing substances such as carcinogens. Carcinogens can be found in things such as cigarette smoke, asbestos, as well as silica dust.

As far as the symptoms go there are quite a few. A cough that does not go away and continues to get worse over time, constant chest pain, coughing up blood, shortness of breath, wheezing, problems with pneumonia or bronchitis, loss of appetite or weight loss, and swelling of the neck and face. The two main types of lung cancer are non-small cell lung cancer and small cell lung cancer.

So what exactly causes lung cancer?

Cigarettes are definitely one of the leading contributors. The likelihood that a smoker will develop lung cancer is affected by many different factors such as how old the person was when they started smoking, the number of cigarettes that person smoked per day, how

deep they inhaled, and how long they've been smoking for.

"My grandmother died of emphysema when she was 57; my mother was only 23 when she died, so I never even got to meet her. It was not the way someone would want to die. She was only 88 lbs by the time she passed away and was usually 120, and looked like a skeleton. She smoked from her teenage years until she died. And people wonder why I'll never even consider touching a cigarette," said Andy Drost a junior from SUNY Albany.

Aside from cigarettes, cigars, pipes, and things like second hand smoke, there is always Radon, and Asbestos to consider, the two factors you probably weren't aware of.

"Everyone knows that cigarettes cause lung cancer, that's obvious. However, I don't think most people that I know are aware of Radon or Asbestos," said Victor Galgano, a sophomore at The United States Coast Guard Academy.

Radon is an invisible, tasteless, and odorless radioactive gas. This type of gas occurs naturally in soil and rocks. Sometimes it can cause damage to the lungs that can trigger lung cancer.

Radon can be found within homes. Many hardware stores sell kits that allow homeowners to measure Radon levels. This particular type of test is easy to use and inexpensive as well.

As for asbestos, it is the name of a group of minerals that occur naturally as fibers. So what makes Asbestos so harmful?

It is said that the Asbestos fibers tend to break easily. When they break they form tiny particles. These particles tend to stick to clothing. If one was to inhale them, they could easily become lodged within the lungs.

According to the National Cancer Institute studies have shown that workers within certain industries that have been exposed to large amounts of asbestos have greater risk of developing lung

cancer. The risk for them is 3 to 4 times greater than someone who hasn't been exposed to Asbestos.

The National Cancer Institute mentioned that this sort of exposure has been observed in such industries as shipbuilding, asbestos mining and manufacturing, insulation work, and brake repair.

Lung cancer is probably once of the most terrifying and painful experi-

ences emotionally as well as physically. Nobody should have to go through such an experience.

More and more people are beginning to suffer. Nobody ever plans on becoming a victim.

By becoming more aware of the possible causes and effects maybe the rates of lung cancer patients could drastically decrease.



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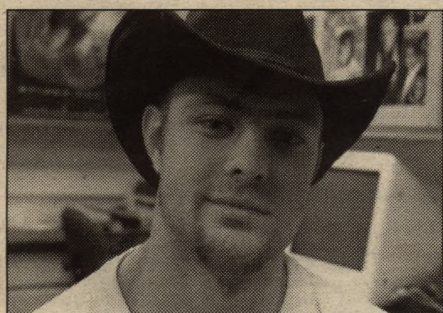
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# BEYOND SHU

## MLB Came Hot Out of the Oven



Bryan Fogle  
Sports Columnist

So now that the first week of the MLB season has come and gone, did anyone else notice that the 2 of the 3 best teams in baseball are the Toronto Blue Jays and the Chicago White Sox?

Both with records of 5-2, they join the Atlanta Braves atop the charts for best record in the league. Yes, it is only a week into a long season, but I'm sorry to say that both the New York Yankees, and those pesky World Champion (it still hurts to say that) Boston Red Sox are both 3-4 and reside at the bottom of the AL East.

Beyond the Blue Jays and White Sox as teams who have come out of the gate quickly, there are a few other positive surprises. You need look no further than the AL East to find two of these surprises. Both the Baltimore Orioles and Tampa Bay Devil Rays are 3-3 and

playing some very good baseball.

Baltimore just came off a win of their weekend series against the Yankees and the Devil Rays are coming off a win in their weekend series against the Oakland A's. The other AL team that has shown me they are playing for something this season is the Detroit Tigers. With some solid offense lead by Dmitri Young and his three opening day homeruns, Ivan Rodriguez and his .333 batting average, and some timely hitting by Carlos Guillen, the Tigers are no joke this season.

In the NL my biggest surprises are the Philadelphia Phillies and the Milwaukee Brewers. In what looks like it could be a breakout year for Philly left fielder Pat Burrell, he has already four big flies and leads the league in that category.

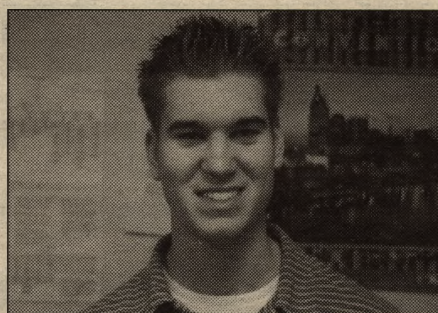
They have also gotten some good pitching from their starters and Jon Lieber has continued his good form from last year with the Yankees and is off to a quick 2-0 start.

Finally, the Brewers. Off to a 4-2 start and first place in the NL Central, the Brewers are hitting the ball well as a team, and have two players who are batting near .400 or better (Russell Branyan and Damian Miller). Just Sunday night Branyan hit a homerun that was estimated at 465 feet.

And for the biggest flops...yes folks, the New York Mets. Now with a bigger payroll than last year, they truly are the worst team money can buy. At 2-5, they have the second worst record in the majors, only behind the 1-5 Colorado Rockies. I feel sorry for Willie Randolph, what did he get himself into?

The biggest surprise player so far is the Cincinnati Reds' Joe Randa. After a walk-off homerun against the Mets in the season opener, the next day he went out and promptly hit a grand slam off the Mets. In a sense, the Reds' offense is the big story, as Adam Dunn has again hit a homerun that has been estimated at over 500 feet.

All in all the season has been great so far and with a whole 155 games left, there is much more room for amazing plays and more heroes and goats.



Brian Fitzsimmons  
Sports Columnist

Time sure does fly since the agonizing countdown to opening day and the first week of major league baseball has come and gone. The built up anticipation was well worth the wait because many highlights, dramatic outcomes, and individual stand-out performances consumed the first week of the 2005 campaign.

The sports world's fiercest rivalry wasted no time in resuming baseball's blood war between the New York Yankees and the Boston Red Sox. The pinstripes took two of the three games played highlighted with the hyped up debut of Randy Johnson and the slugging of Hideki Matsui who can be considered a possible American League MVP candidate.

This series gave fans a preview of what is to come as the season progresses, but the rivalry's true colors will show when bean town's ace pitcher Curt Schilling returns from injury. The bitter tone that reeks off this rivalry was no surprise, and it will continue throughout the regular season and into the heated playoffs.

However, there were some surprises that were unwrapped in a big way. The biggest surprise so far has been how Pat Burrell has come out of the gate. As of April 10, he leads the major leagues in runs batted in with 15; slugging percentage with .960, hits with 12, and his .486 batting average is good for second. This outbreak has been waiting to happen ever since he came up as a top prospect.

Over the course of his career with the Philadelphia Phillies, he has battled chronic injuries that stripped him of his MVP or all-star contention. If this superstar caliber production continues, pitchers will fear a Philly lineup that consists of Bobby Abreu, Jim Thome and Burrell.

Speaking of breakout hacking, Brad Wilkerson hit for the cycle and in a three game span, managed to slug a scorching 9-for-12 against the Phillies and Marlins.

The bats played a huge role in the exciting first week of the season, but the number one notable hitting statistic is that on April 9, there were 5 grand slams around the majors, which almost tied the major league record of 6 in one day.

The new-look Detroit Tigers displayed what their potential could bring to the field every day when they beat the Kansas City Royals 11-1 on their home opener. Right handed hurler,

Jeremy Bonderman, showed much promise going seven strong innings and he will enjoy a strikeout filled, breakout season.

Tigers fans have the right to be excited because Pudge Rodriguez will catch one of the best pitching staff's in the league and newcomer Magglio Ordonez may return to his old form. However, Dmitri Young was the brightest star for the squad this past week. On opening day, he became one of three players in history to hit three home runs on opening day.

In my baseball preview a couple weeks ago, I stated that pitching is the key to unlocking a pennant. Josh Beckett of the Marlins and Pedro Martinez of the Mets apparently listened. Martinez struck out 12 in the season opener and followed up five days later with a complete game win, striking out nine. Beckett, another Cy Young candidate located in the deep National League East, leads the majors with 15 innings pitched, and is second in punch outs with 17.

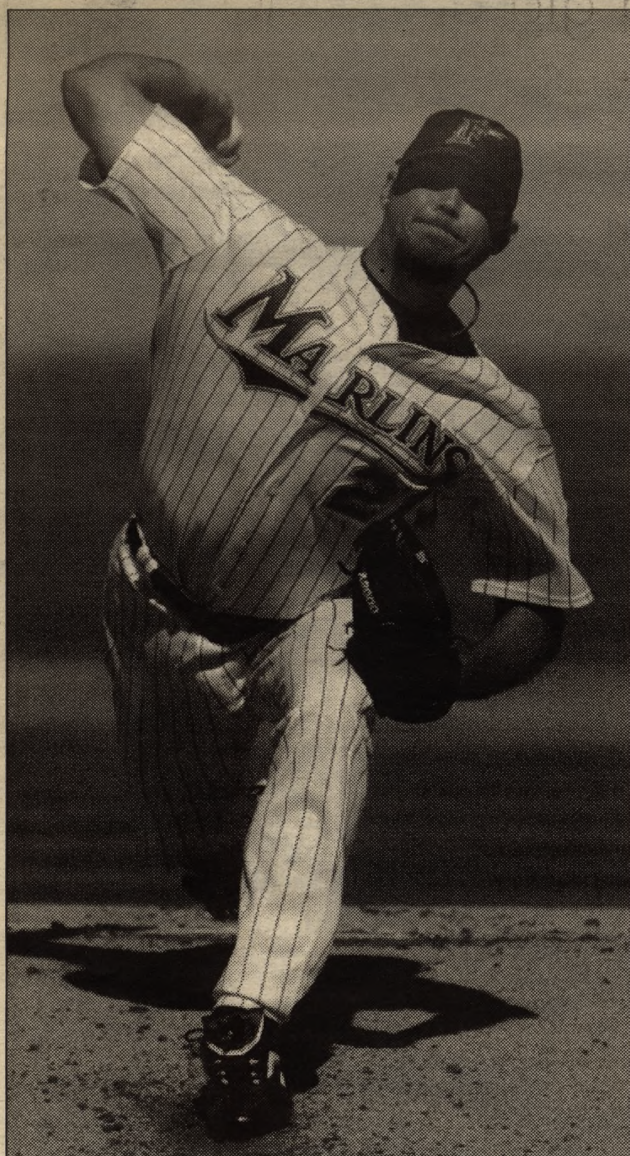
Most importantly, he has yet to give up a run. John Smoltz got roughed up in his first start since returning to the rotation, but over the weekend, he struck out 15 and walked none against Martinez and the Mets in what was the best pitching match up of the season thus far. These three pitchers will be key assets to their team's playoff fates.

Taking the focus off impressive pitching leads to the most scrutinized question presented this past week. Why are closers struggling? Mariano Rivera blew two saves in the first two games of the year, but that was just the beginning. Keith Foulke, Yhency Brazoban, Shingo Takatsu, Bob Wickman, Trevor Hoffman, Braden Looper, Miguel Batista, and Brandon Lyon all blew saves for their teams.

Eric Gagne is out with an injury and with Rivera struggling mightily, the first week of the season possibly changed the tides of the dominating closer era. Will Gagne return to his old self? Is Rivera hurt, and not telling anyone or is he now just plain ineffective? Are there any intimidating closers left? These questions may be premature, and people who are asking them could be overreacting, but this is a subject to keep in mind.

On Monday afternoon, the Boston Red Sox received their World Series Champion rings in front of the Yankees, so the last of the 2004 season has been seen. 2005 is under way, and this is only the beginning.

*Would you like to make comments on what the sports columnist said? Would you like to suggest a topic or ask a question? Feel free to send an email to N-Kelly@sacredheart.edu*



AP Photo/ALAN DIAZ

Josh Beckett ended the first week 2-0 with 17 Ks, one shutout and a 0.00 ERA.



# BEYOND SHU

## Lots of Talent Entering NFL Draft

Steve Conoscenti  
Staff Reporter

While college basketball has been ruling the sports headlines throughout the past month, it's time for college football to make another appearance on April 23 and 24 when the National Football League holds its 70<sup>th</sup> annual draft in Manhattan.

This year's draft is looking to be so promising that the league has created a new "Draft Fan Central" for fans who can't get tickets to the actual draft to the first day.

More than 2,000 fans will be able to attend "Draft Fan Central," which will be adjacent to the room where teams will select players at New York City's Jacob K. Javits Convention Center.

More than 1,200 fans will be able to watch the event from inside the draft room, including 825 fans that already have received tickets. These fans were rewarded for their attendance on both days of last year's draft.

Why is the NFL expecting such a big turnout for this year's draft? Just look at the talent pool.

Most current NFL players will never forget their pre-draft workouts. Even after a four-year college career, a prospect could see his status rise or fall in less than five seconds, depending on his 40-yard

dash times.

One player who most analysts will agree has the highest stock right now is Alex Smith, a quarterback out of Utah.

"He established himself as the top overall pick of the draft by giving nearly flawless performances in on-campus workouts," said NFL.com national editor Vic Carucci.

One thing that most people took notice of during Smith's workouts was the he was calm, cool, and collected while under center. This is so important because Utah ran the shotgun more than any other type of offensive set.

Smith is also 6'4", which is always good for a quarterback since they need to be able to see over the linesmen to find the open receivers. Not to mention, Smith added 10 pounds on top of that frame and still hasn't lost any speed or athleticism.

The other quarterback that Alex Smith may have beaten out for the top spot in the draft is Aaron Rogers from California.

NFL.com Senior Analyst Pat Kirwan draws much comparison to Ben Roethlisberger.

"Remember, last year Ben Roethlisberger was No. 1 on a few draft boards but was the third QB called on Draft Day?" said Kirwan.

"How do you think the teams that passed on Roethlisberger last year feel now?"

In the 2004 season, Rogers threw for 2,566 yards with a completion percentage of 66 percent. He also threw for 24 touchdowns and only eight interceptions.

One of the top wide receiver prospects in this year's draft is Braylon Edwards from the University of Michigan.

In the 2004 season, Edwards caught 97 passes for 1330 yards and 15 touchdowns. However, Edwards has been labeled a liability when it comes to the red-zone production, which may affect his standings since scoring is the primary objective of the offense.

One NFL GM was asked last week if USC's Mike Williams played in 2004, would Edwards still be the clear-cut leader at the wide receiver position.

He said, "Probably not."

Williams missed a year due to injury, but no one can deny that he is a scoring machine. Most analysts say that he is one of the few players in the draft whose college production will equal his pro production.

Williams is 6'5" with long arms and vertical leap of 39 inches. What better target could a quarterback ask for? Even after a season off, ESPN's Mil Kiper Jr. has Mike Williams at the top of his prospects list.

On the other side of the ball, Adam "Pac-Man" Jones, the cornerback out of West Virginia has analysts in an uproar.

Jones ran the 40-yard dash under

4.4 seconds, had a vertical jump of 38½ inches and is slightly taller than originally thought. He also has a great recovery speed, which is important for cornerbacks in the NFL.

However, one of his weaknesses, if you can call it that, is that he always wants to make the big play. Because of his size, this is sometimes a problem, but when he plays the ball the right way, he almost always succeeds in making the big play.

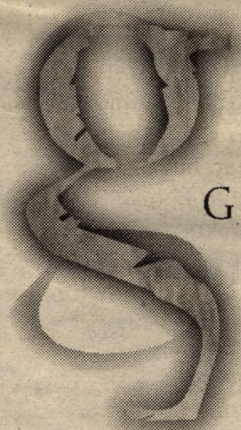
In the secondary, linebacker Derrick Johnson from Texas is getting rave reviews.

The man who coached Johnson in college, Greg Robinson, knows what it takes to be a star in the NFL, seeing as how he has two Superbowl rings.

He says Johnson is "rare" and "can line up in any defense and be great." He also made it clear that Johnson can stay on the field for every down-and-distance situation.

Over his career at Texas, Johnson recorded 458 tackles along with 10.5 sacks, numbers that are very attractive to many NFL teams looking for help in the secondary.

With two days of action and 224 players to be drafted, this year's NFL Draft promises to be entertaining and exciting.

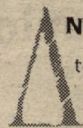


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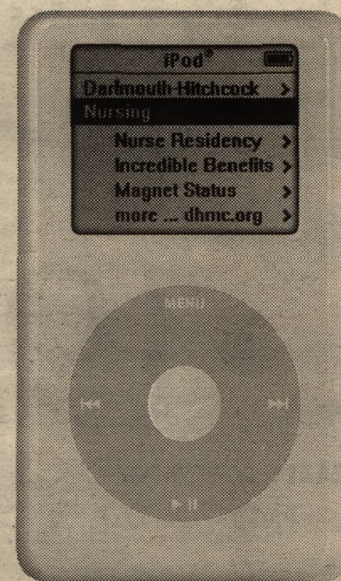
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# CAMPUS SPORTS

## Bowman to Speak at SHU

Joe Sanginario  
Staff Reporter

Shhh! No thoughts. No words. Just listen. Nine time Stanley Cup winner with three different teams. The coach with the most regular season wins (1,244) and playoff wins (223) in NHL history while coaching for over thirty seasons. Yeah, it's safe to say that Scotty Bowman is the supermodel of legends, the Cindy Crawford of ice hockey.

So with uncontrollable jubilation, the Sacred Heart University Men's Ice Hockey team has announced that THE Scotty Bowman will be speaking on April 26 at 6 p.m. at the Trumbull Marriot at the annual Ice Hockey banquet. Better yet, everyone is invited.

"We are very fortunate to have a hockey person of Scotty Bowman's stature and reputation join us at our banquet this year. I am certain his message to our staff, players and fans will be both insightful and entertaining," said Sacred Heart men's ice hockey head coach Shaun Hannah.

How often does one have the chance to hear a legend speak? Most of the legends are read about in books or heard about in stories from fathers. Here is a chance to listen to a coach that dedicated himself to winning, and accomplished more in the world of professional hockey than anyone ever has, and learn a thing or two about life along the way.

In Detroit, where he coached from 1993-

2002 and won three of his nine Stanley Cups, he helped transform a community into a true "hockeytown." He brought them their first cup in 42 years. Bowman also won a Stanley Cup coaching Mario Lemieux and the Pittsburgh Penguins in 1992, and won five Stanley Cups with the Montreal Canadiens as they dominated the 1970's. He was inducted into the Hockey Hall of Fame in 1991.

"It's really exciting to have an NHL legend come speak, I love Scotty Bowman, Scotty Bowman is the man!" said senior Patrick Sullivan (Mullica Hill, NJ).

"I think its an excellent opportunity to gain advice and inspiration from a true legend," said senior Jasmine Urbas (Pickering, Ontario).

After winning his record ninth Stanley Cup in 2002, Bowman retired with two Jack Adams awards for coach of the year, and a winning spirit that will live on forever in hockey history.

Bowman now continues to be a part of the Detroit Red Wings organization as an advisor, and in coming to Sacred Heart to speak on April 26, he brings his legacy, his knowledge, and his incredible ability to turn people into champions, some advice that just might make us all walk out feeling like winners.

For ticket information please call the ice hockey office at 203-876-2480, or visit the Men's Ice Hockey Athletic Site at [www.sacredheartpioneers.collegesports.com](http://www.sacredheartpioneers.collegesports.com)

## SHU Falls 13-11

Joe Sanginario  
Staff Reporter

The Sacred Heart Women's Lacrosse team battled all the way to the end, but fell short against Wagner in an NEC matchup on Friday, 13-11.

Wagner junior Heather George tallied six goals to lead the Seahawks to victory, who now improve to 5-7 overall and 3-1 in the NEC.

The loss pushes Sacred Heart to 7-5 overall and 2-3 in league play.

"Unfortunately it was a tough loss, but Wagner came out strong and played well. We proved to ourselves that we can fight back, but in this case it just wasn't enough," said Heather Gureckis (sophomore, Nashua, NH) who was recently named student athlete of the week.

Wasting no time, the Seahawks came out firing on all cylinders, dominating the first half by a score of 8-1.

Wagner scored seven straight goals before Katie Salamone (freshmen, Baltimore, MD) put Sacred

Heart on the board.

The half would end with the Pioneers down by seven and being out shot 17-8.

Sacred Heart came out with a statement in the second half as Natalie Smith (senior, Wantagh, NY) started the comeback with a goal and Brianna Bubeck (sophomore, Bethlehem, NY) also put in two.

With 15 minutes to play the Seahawks lead 10-6, before Gureckis scored twice for the Pioneers and Maureen Hohn (sophomore, Lutherville, MD) added another goal to cut the lead to one.

The Seahawks quickly responded with some offense of their own scoring two unanswered goals making it a three-point lead. That would prove to be the backbreaker for Sacred Heart, as a late goal by Smith was not enough.

Sacred Heart outshot Wagner 24-8 in the second half after being dominated in the first half. The Pioneers get back into action at home on Friday April 22, against St. Francis at 4 p.m.

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# CAMPUS SPORTS

Continued From Page 16

year from Salve Regina.

"Kevin Guidiciopietro, who has been having a great season thus far, has come up big for the Pioneers. We expect more great wins out of him now that he got his haircut, because now he can see the ball," said George.

George also cites Merendino as a key addition due in part to his "stellar form" while on the court.

While Dye and Merendino have combined to win four of their last five doubles matches, each has struggled in singles action, losing three of the last four.

During the recent span, George and Kantarelis, the number two and number four singles, have been nearly perfect. They have combined to go 12-1 in the past five competitions, including wins in three of their last four doubles matches.

The NECs will take place Friday, April 22 and Saturday, April 23 in West Windsor, NJ.



The Spectrum/ TRAVIS FLYNN  
Alex Kantarelis follows through on his back-

## Pioneer Schedule

### Friday, April 15

Women's Equestrian	at Varsity Champ	Santa Fe, NM	All Day
Women's Bowling	at NCAA Champ		TBA

### Saturday, April 16

Baseball	vs SFNY	Bridgeport, CT	2:00 PM
Baseball	at NYT	Old Westbury, NY	12:00 PM
Softball	at Wagner	Staten Island, NY	1:00 PM
Softball	at Wagner	Staten Island, NY	3:00 PM
Women's Rowing	at Knecht Cup	Camden, NJ	7:00 AM
Women's Track	at Rider	Lawrenceville, NJ	11:30 AM
Men's Track	at Rider	Lawrenceville, NJ	11:30 AM
Men's Lacrosse	at Towson	Baltimore, MD	7:30 PM
Women's Equestrian	at Varsity Champ	Santa Fe, NM	All Day
Women's Bowling	at NCAA Champ		TBA

### Sunday, April 17

Baseball	vs NYT	Bridgeport, CT	12:00 PM
Women's Rowing	at Knecht Cup	Camden, NJ	7:00 AM
Women's Lacrosse	at Monmouth	West Long Branch, NJ	1:00 PM
Men's Volleyball	vs Southampton	Fairfield, CT	2:00 PM
Women's Bowling	at NCAA Champ		TBA
Women's Golf	at NECs	Frederick, MD	
All Day			

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# SPORTS

The Spectrum

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## Beyond SHU

The Sport Columnists Discuss the first week of MLB (page 12)

## Beyond SHU

NFL Draft Promises to be Deep (page 13)

## Campus Sports

Hall of Fame Coach Bowman to Speak at Hockey Banquet (page 14)

## Campus Sports

Women's Lacrosse Loses Close Game 13-11 (page 14)

## Home Win Slips by SHU Lacrosse

Elyse Harrell  
Staff Reporter

The Sacred Heart men's lacrosse team, left Saturday's game against Drexel University with another loss on their record after they lost by a final score of 7-6.

This loss gives them an overall record of 4-6 total as they have yet to win a game at home this season.

"At this point the teams that we have lost to are all ranked in the top 25 of division one and if you give them chances, they will take them," said head coach Tom Mariano.

The cooperation and teamwork that the Pioneers played with allowed them to take hold of the lead early in the game.

The game got off to a slow start, with the first goal being scored almost 10 minutes in. Sacred Heart opened up with the first goal of the game scored by sophomore Kevin Kimball (Framingham, MA). Sacred Heart was strong and dominated the majority of the game.

The Drexel University Dragons Junior Kevin Walker cradles the ball during Saturday's game against Drexel.

brought the score to 4-1 when they were finally able to penetrate SHU's goal in the 28th minute mark by sneaking one past goalie Thomas Hind (junior, Farmingdale, NY).

"Our goal every day is to play sixty

minutes and execute to the best of our abilities," said Mariano. "There is always frustration when you lose and at the same time you have to continue to learn from your mistakes."

The second half was much more of

a battle for the Pioneers. The Dragons stepped up their game at the start of the third quarter, leaving the Pioneers struggling to hold on to their lead.

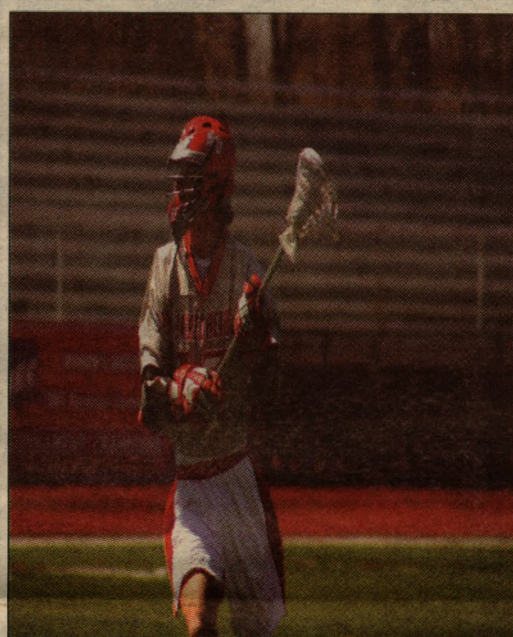
Drexel quickly scored two more goals, making the score 4-3. Sacred Heart answered back when Christian Lynch (Northport, NY) scored a goal. However, Drexel scored two more following Lynch's goal, and left the quarter with a tie score of 5-5.

The fourth and final quarter was opened up with a breakaway play that allowed the Pioneers to regain their lead, but that would be the last SHU goal for the game.

Drexel University found a way to snake through the Pioneers defense, and scored two goals to seal the win in the last six minutes of game time.

"We will continue to work hard and try to reach our goal," said Mariano.

Sacred Heart travels to Towson University in Baltimore, Maryland on Saturday, April 16 for their next game.



The Spectrum/ DANYA JIMENEZ

## Men's Tennis Slices through St. Francis, FDU

Travis Flynn  
Staff Reporter

The Sacred Heart men's tennis team won twice at home this weekend, defeating St. Francis (NY) 6-1 Friday and Fairleigh Dickenson University 5-2 Saturday to improve to 6-5 for the spring season.

SHU swept the double matches over the weekend. Freshmen Jared Dye and Joe Merendino won their number one doubles match 8-4, while junior Peter George and senior Alex Kantarelis dominated their doubles match, dropping only one game in the match. McDonnell and sophomore Kevin Guidiciopietro won number three doubles 8-0 over St. Francis.

A meet consists of seven points with six coming from the singles matches and the tiebreaker going to the team that wins

two of three doubles matches.

"Pete has been playing some really good tennis these last couple of days. His overall game has been very solid and he has not been missing many shots," said Mark Maleri, a freshman from Seymour.

"[Alex has] been playing with a lot of confidence and it has shown on the

court," said Chris McDonnell, a freshman from Naugatuck. "Alex's serve gets better and better as the year goes on."

"We had huge wins from Chris McDonnell and Peter George," said Kantarelis of Worcester, MA.

With the victory over FDU, SHU maintain sole possession of second place in the Northeast Conference heading

toward the NEC Championship.

The Pioneers will host top seeded Quinnipiac today (Thursday) at 2 p.m. The two teams will collide to see who can garner more momentum going into the NEC Championship.

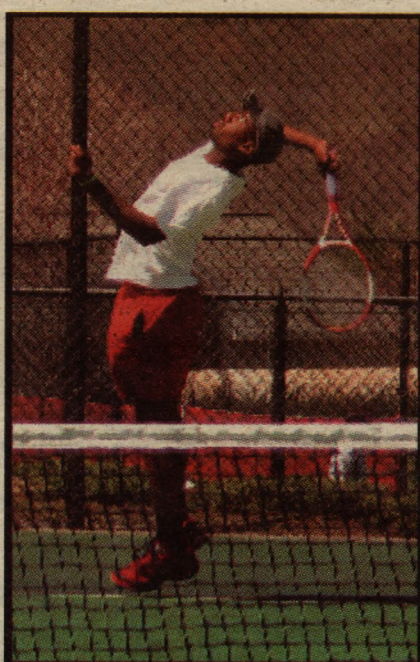
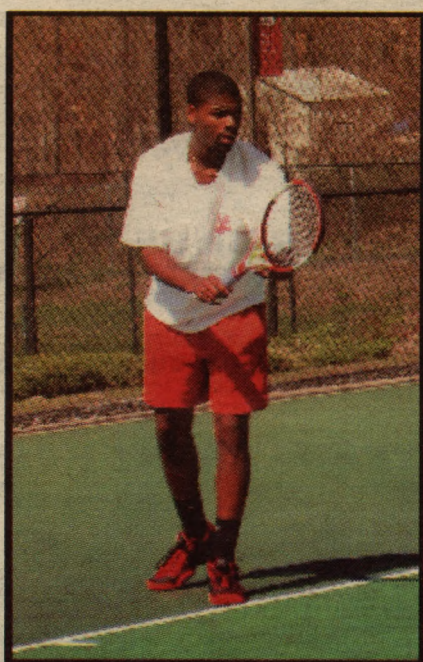
"They beat us in the championship last year and we are ready to give them everything we have," said Kantarelis.

Sacred Heart appear to have a bright future as six of the eleven members are freshmen, including number one, number three, and number five singles players Dye, Merendino, and McDonnell, respectively.

"We have a young team this year and at first I was a little nervous how things would work out, but everyone has been working hard and stroking the balls long and hard," said George, a native of Lynnfield, MA.

"Jared Dye is a great addition to the team with his big serve and volley style game.

"Chris McDonnell has turned out to be a great surprise to the team, transferring to Sacred Heart this



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Jared Dye executes his serve, smashing the ball deep into the opponent's court to keep him off balance.

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