

Most Unwired Campus in Connecticut

Nina Blair Wales
Staff Reporter

Intel recently conducted their second annual "Most Unwired College Campuses" survey, and Sacred Heart came out on top.

Out of the top 50 U.S. colleges, Sacred Heart University ranked 11th. Sacred Heart University was the only university from Connecticut on Intel's list.

The Intel Corporation gathered data and took into consideration the percentage of the campus covered by wireless technology, number of undergraduate students, number of computers and the campus computer-to-student ratio.

In addition to these statistics, the list data also relied on an online student survey. The survey was conducted by Intel and the Center for Digital Education from May 1, 2005 to Sept. 1, 2005.

"Across the country, wireless campus networks are dramatically changing the way students, faculty and staff learn and work," said Dr. Richard Beckwith, an ethnographer with Intel's Corporate Technology People and Practices Research Group. "Wireless networks are connect-



The Spectrum/ Elyse Harrell

Colleen Coyne and Sarah Kyller are working wirelessly in the quad.

ing students and faculty to vital academic resources, providing improved efficiencies for faculty and staff and overall creating a new and enriched social fabric on campus."

Seventy-four percent of this year's top 50 schools have 100 percent wireless network coverage, on campus.

Whether it is on the quad or in Holy Grounds, students throughout campus have the ability to access the internet whenever and wherever.

Having a wireless access throughout campus is beneficial to the students, professors, and university operations personnel.

Professors have the ability to administer exams through Blackboard while students can engage in communicating their thoughts and ideas. This is done through the online discussion board.

"I think it's great to have Wi-Fi access all across campus," said Umberto Torrielli, a junior from Geneva, Italy.

"It is hard to find a spot where it doesn't work and we have access to all the information we need at anytime."

"Wi-Fi", or wireless fidelity, is a radio-frequency technology that allows laptop or handheld computer users in the vicinity of the transmission equipment to access the Internet.

Sacred Heart continues to stay abreast with the new technology by providing a new laptop computer to every full-time undergraduate student.

The freshmen and juniors each received a new IBM this fall. Students keep the computer for two years and then receive a new one. If they graduate then the computer is theirs.

Student on campus can take advantage of the wireless, however, they can not use this technology without the laptops issued by the school under the Mobile Computing Program.

Sacred Heart gives students a hands-on learning experience through the use of laptops. As a university it enables students to access the Internet anywhere on campus. Talk about unwired!

Beta Battles Breast Cancer Spreading Awareness

Shaun Mitchell
Staff Reporter

October is dedicated to one of the most recognized cancers known to humankind; breast cancer.

As a sorority, our own Beta Delta Phi is doing what they can to help educate people about it.

Physicians define breast cancer as an uncontrollable growth of breast cells. Because of this, the cancer has the prospective action of breaking out of the breast tissue and spreading to other parts of the body.

For this reason, people must be familiar with breast cancer so they can understand its symptoms.

"The best protection is early detection," said Sheila Wheeler RN, director of health services. "Women should perform monthly breast self-exams and be sure to see their health care provider for an annual health exam, which includes a breast exam."

Dr. Marissa Weiss is an oncologist, a doctor who specializes in tumors. She is also the president and founder of www.breastcancer.org, a leading website dedicated to give as much information possible. The website has been active for five years and has had over six million visitors since then.

This website is used as a resource for men and woman who don't know enough about breast cancer, and want to learn more.

It is also used as a place where survivors, sufferers, and friends can talk in chat rooms. Talking in a chat room serves as a form of therapy. It also relieves tension and at the same time, educates website visitors.

The website contains information from diagnosing the cancer to treating it. It even details the most famous way of diagnosing breast cancer through a mammogram, a test to detect the cancer.

"Women 40 years or older should get a yearly mammogram. The earlier breast cancer is detected, the better the outcome," said Wheeler.

Sacred Heart University's Beta Delta Phi is committed to making the community aware of breast cancer, just as much as www.breastcancer.org is doing for the world.

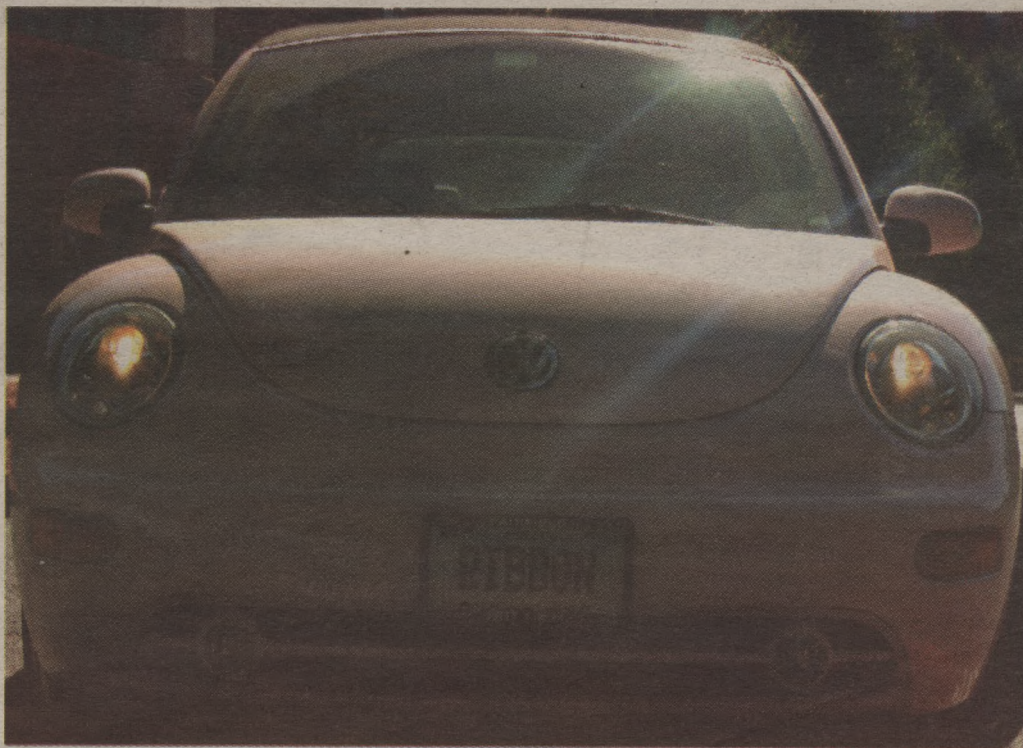
Their personal mission as a sorority is based around breast cancer awareness which happens to make October their biggest month of the entire school year.

"Beta is doing a bunch of events for breast cancer," said Diana Bramante, junior, North Belmore, N.Y., and sister of Beta Delta Phi. "We started the month off by having a full week of raising money. We sat outside FLIK and collected donations for the Pink Ribbon Project and for Denim Day."

Denim Day is a specific day each year dedicated to observe breast cancer awareness through wearing denim. The Pink Ribbon Project showcases those who have helped the cause.

"There are pink ribbons all throughout our campus with names of survivors, people who have passed on, and just organizations who donated money," said Bramante.

That is not all Beta is doing to make the students here understand the severity of



The Spectrum/Elyse Harrell

Support for this cause is shown in many ways.

breast cancer.

This past Sunday, October 16, they helped volunteer at the breast cancer awareness walk, and are currently planning a candlelight vigil.

Beta wants the SHU community to know that there are plenty of ways to help this worthy cause.

"There is still time to donate, and we would love for everyone come to our vigil October 23," said Bramante.

"By coming to the vigil you would not only be helping the sisters of Beta Delta Phi, but also increasing the fight against breast

cancer," said Bramante.

Beta Delta Phi, like Dr. Weiss' website, is just one of the many organizations around the world that are joining the front lines of this battle.

With donations and support from students like you means the difference of life and death.

Every day is a step closer to the cure. Wouldn't you want to be a part of this?

News

Carrie Dann Speaks of Shoshone Land Struggles

Shanna L. Rasmussen
Staff Reporter

Native Americans have been fighting for their rights since Columbus first landed in America.

Carrie Dann, a Native American advocate, came to campus to explain the modern-day struggles of the Shoshone tribe.

Dann and her assistant, Julie Mitchell, came to campus on Thursday Oct. 6 to speak in a lecture open to students, teachers and the general public.

Dann and Mitchell took turns speaking about the problems that the Shoshone face as they try to reclaim the 60 million acres that were illegally taken from them by the United States government.

"Shoshones continue to use and occupy this land," said Mitchell.

Mitchell explained that the United States gave non-Indians permission to use some of the land owned by the Shoshone for mining, ranching, building roads and railroads.

The government also agreed to compensate the Shoshone for the use.

"The U.S. agreed to fairly compensate the Western Shoshone for any uses, damages and minerals taken," said Mitchell,

"Both sides agreed to peace."

According to Dann and Mitchell, the government has claimed 90 percent of the Shoshone land. Both Dann and Mitchell do not believe the Shoshone have been properly compensated.

"The United States is currently claiming that the Western Shoshone are trespassers on their land," said Mitchell.

The Shoshone land is spread across Nevada, California, Idaho and Utah. The government allows it to be used for mining and nuclear testing.

It is estimated that about 10 million ounces of gold lies in the mountains of the Shoshone land. The mountains are being destroyed by mining, while the Shoshone are extremely upset. The mountains are a place of burial and the topic of many tribal stories.

"It is a spiritual and cultural area for the Shoshone," said Mitchell.

Mitchell clarified that the Shoshone territory is the second largest gold producing area in the world. For this reason, the United States government is very set on having the mines utilized.

The tribe is distraught at the fact that much of the gold being mined is under the water table. Water, which is a sacred resource to the Shoshone, must be

pumped out, and therefore it is wasted and is often contaminated.

The tribal land is also used for nuclear testing. Mitchell showed pictures of a place where geysers once erupted that is now a nuclear power plant.

After Mitchell spoke, Dann took over.

"You don't learn about these things we're going to talk about in the educational system," said Dann.

Dann spoke about her feelings towards the government of the United States. She explained her concern for the future of the Western Shoshone tribe.

"You may think of Democracy as freedom," said Dann, "I, as an indigenous person, don't think of it in those terms."

Dann feels as though her tribe was wronged. Throughout the lecture she elaborated on the points given by Mitchell.

One of Dann's most prevalent concerns was the nuclear testing being done so close to the tribal people.

Dann warned the audience about the dangers of nuclear waste.

The land is the site of the Counter Terrorism Facility where nuclear and biological warfare is tested and developed. It has been used for nuclear-related activity for more than 30 years.

"I have a son who is mentally retarded and slightly deformed," said Dann, "Nuclear radiation causes deformities."

Dann believes that her son's health problems are the result of radiation caused by nuclear waste stored on the Shoshone land.

"Nuclear waste is live and active for thousands of years," said Dann. "It's real scary to have a nuclear waste dump in my back yard and your back yard."

"I learned how the U.S. government can run around their own laws to get their way," said Mike Smith, senior, Canton, Mass. "It made me upset."

Dann and Mitchell aim to spread their truth to the public as they travel around the country.

They urge everyone to write to their state representatives with their thoughts on the situation of the Shoshone Native Americans.

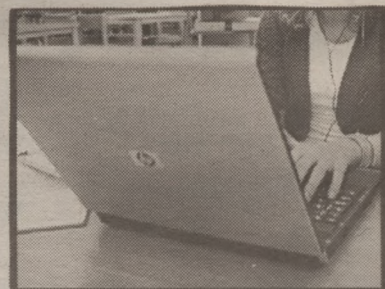
"I thought the way [Dann] talked was very powerful. She's a very powerful woman. She's very brave," said Alex Parisi, freshman, Fairfield.

Anyone interested in helping save the Shoshone land is encouraged to visit wsclp.org and nodirtygold.org. Dann stressed that every little bit of help counts.

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Blog Defined

Samuel Bosch
Staff Reporter

You might have heard of a Blog, but are you aware of the word's formal introduction to the English language? It is currently in the dictionary, look it up.

Weblogs appear often on the news these days. However, there is a good chance you may not have seen a blog.

There are now millions of blogs posted on the internet. They are so simple to create, maintain, and update; that is the reason for so many entries.

Basically, a blog is a lot like an online diary or journal. It is an unregulated and uncensored medium of expression that allows a person to reach anyone who is willing to read their blog.

An author can talk about anything and everything. Blog entries generally are stories or bits of information that are interesting to the author.

Bloggers commonly have a link to another website of interest to the author, on his web log.

Most blog pages have the postings listed in a reverse-chronological order on a main page. The old articles are archived, but the main page is the most recent and usually the most important blogs on the site.

People have been blogging for many reasons. Even celebrities have gotten into it. It provides these people an opportunity to express their inner thoughts and share their opinions.

Anyone who has access to the internet also has access to these blogs. So anything posted is not intended to be personal.

Celebrities are commonly chased and hounded by paparazzi, and exploited by gossip columnists who make every aspect of their lives on display for the public.

When a celebrity is blogging, it gives them a voice of their own for their fans. They are directly connected to their fan base, so setting the record straight if a tabloid thrashes them is at their control.

"Personally, I wouldn't post my inner most thoughts," said Justin Balogh, freshman, Milford. "I think in a way these people are just looking for attention."

Though they may provide insightful opinions and quirky thoughts, don't consider them a news source or credible information.

Remember that these blogs reflect someone's private thoughts and opinions. The internet is too vast to be monitored so there is a lot of nonsense posted on these blogs. If you are interested in blogging, realize that your blog is a reflection of yourself.

"Just watch what you say," said Balogh.

Blogs are growing in popularity; millions of people are blogging on the internet on a daily basis. Check it out for yourself, you might get hooked.

Broken Heart Proven to Be Serious Health Risk

Danielle Holton
Staff Reporter

A study conducted by doctors at Johns Hopkins Hospital showed that a broken heart has similar side effects to a massive heart attack. Officially named stress cardiomyopathy, the condition has been dubbed the "broken heart syndrome."

Cardiologist and lead study author, Ilan Wittstein, M.D., began this study after caring for three patients who had been admitted to the intensive care unit with the appearance of having a heart attack.

Continuing their care, Wittstein discovered they had all been through a traumatic experience directly prior to their admittance.

"It was after seeing these patients that we began looking for this problem, that's how the study was generated,"

said Wittstein, "trying to explain things we were seeing that had not been explained before in the medical literature."

Patients with cardiomyopathy experience signs of a heart attack and are often misdiagnosed as having a massive heart attack.

"Although no one has counted cases," said Sidney Smith, cardiologist at the University of North Carolina to USA Today, "broken heart syndrome ultimately will account for a fraction of the seven million heart attacks that occur in the USA each year."

People who suffer from any stressful situation release catecholamines (adrenalin and noradrenalin). Patients diagnosed with cardiomyopathy have suffered a days

worth of an adrenaline surge along with other chemicals that temporarily stun the heart.

These chemicals can be temporarily toxic to the heart. The study collected 19 cases, mostly women middle-aged or older who were suffering from a traumatic experience and a seemingly painful heart attack.

does feel like you are about to burst something," said Gianna Roberts, sophomore, Northford.

This is a big step in the medical field towards treating patients. While there have been urban legends about dying from a broken heart, this is the first actual physiological explanation that has been published.

"I think that what's interesting is that it hasn't really been studied before to any real extent, and that people are surprised that a pretty straightforward physiological explanation appears to underlie heart failure in response to a sudden shock or traumatic event," said pre-medical advisor, Dr. Mark Jareb.

Besides the chemical imbalances that occur during a broken heart or a heart attack, there are also physical side effects.

"If you have ever had a broken heart then you know that it can have physical side effects on you. Nothing feels

worse than that upset stomach, nauseous, disoriented feeling you get when you lose someone you love," said Kelly Edgar, senior, Milford.

Though there was a major difference found between "broken heart syndrome" and a massive heart attack, patient's hearts who suffered from the stress cardiomyopathy returned to normal after two weeks, which is almost unheard of after a heart attack.

"After my father and two brothers passed away a piece of my heart was gone, and just like a heart attack, a broken heart needs to be mended as well. It takes time to become strong again, starting over, your day to day life changes," Kim Lamothe, sophomore, Bridgeport.

"Broken heart syndrome ultimately will account for a fraction of the seven million heart attacks that occur in the USA each year," said Sidney Smith, Cardiologist, University of North Carolina.

Tests were run on patients to search for blood clots or a blockage; this usually causes the presumed heart attack.

The results of the 19 cases were compared to a group of seven patients who had suffered classic severe heart attacks.

The team found that initial levels of catecholamines in the "broken hearted" patients were seven to 34 times the normal levels and two to three times higher among the patients with the heart attacks.

Each patient suffered a variety of stressful events including death of a loved one, loss of a partner, a stressful reunion, or a traumatic accident.

"When you're in love and break it off...it does feel as though it was a heart attack. I only felt that once so far and it

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News

Find Your Way, Embrace a Pilgrimage

Daniele Holton
Staff Reporter

American-Catholic author, Paul Elie spoke about his book, "The Life You Save May Be Your Own: an American Pilgrimage" in the University Commons on October 12.

The book is Elie's first book, but it has received many awards and accomplishments, such as: "Best Book" from the Chicago Tribune and San Francisco Chronicle.

Elie spoke about his book, what it is about and why he chose to write about it.

He explained that his book is a biography of many people. Elie specifically writes about the lives of Catholic writers: Dorothy Day, Thomas Merton, Walker Percy, and Flannery O'Connor.

Dorothy Day is a writer who is led by what she has read herself. Elie said that she read about "brotherhood" and wanted it, so she devoted her life to working with poverty stricken people, through the Eucharist.

Day established a Catholic publication, the Catholic Worker that is in 150 communities today.

Another subject of Elie's book was Thomas Merton, a monk who wrote, "Seven Story Mountain", about his life and the journey to becoming a monk.

Elie's book also speaks of Walker Percy, a Catholic philosopher, and Flannery O'Connor, a Catholic artist.

Elie spoke about why he wrote about these particular people by saying how he admired "the particular way they approached life by writing and reading."

Elie conveyed the "pilgrimage" part of his book by explaining how each of the Catholic-American writers went on pilgrimages. He then explained how the use of the word in general is renowned.

Elie uses Merton as an example by showing how he saw himself as a pilgrim who had found his way.

Anyone understands what a pilgrimage is.

Elie said, "Tell a person on the side of the road in New Mexico selling crystals that you're going on a pilgrimage and they'll know what you mean. Same as if you tell a scholar you're going on a pilgrimage, they will also have an

idea of what you are talking about."

Elie concluded his lecture with an idea he shares with Pope Benedict XVI, "There are many pilgrimages as well as many saints, which means there are that many different ways to God."

Sacred Heart is a religious institution that gives students an opportunity to work towards their own pilgrimage, whether it is finding a job after graduating or going on a religious expedition of your own.

The Life you save may be your own.

"There are many pilgrimages as well as many saints, which means there are that many different ways to God," Pope Benedict XVI

Students Walk in Someone Else's Shoes

Ashley Winseck
Staff Reporter

The Fear No People lecture series continued with another installment last week. On Friday, October 14, the Sacred Heart Community was invited to attend an event dealing with various disabilities.

Residential Life and Housing Services were hoping to have guest speaker Dave Stevens attend this particular Fear No People event, which was titled, "Walk in Someone Else's Shoes."

However Stevens, a man born without lower extremities and living with prosthetic limbs, was unable to attend on Friday.

While Stevens' condition of living with artificial lower limbs would have had great impact on the group's purpose, Scholars Commons RHD Nicole Faison-Jeter stepped in to do the speaking.

"Only the brave dare look upon difference without flinching," said Faison as she recited a poem in her opening speech. In this moment she captured the purpose of Friday's event.

The purpose of the Fear No People Series is "to expose and breakdown the fears our University Community has about peoples, cultures, and ideologies outside our realm of comfort," stated on a handout produced by Residential Life.

This event was supported by Faison and the rest of the staff of Scholars Commons.

Resident Assistants ran and facilitated discussions during the activities portion of the session.

Four stations were set up in order for participants to experience what it might be like to have certain disabilities, to literally walk in someone else's shoes.

As Faison spoke, she asked for cooperation and participation from the

group, which had been quiet thus far. As students were broken up into groups and sent to various stations, unsure looks were exchanged.

"I honestly did not think it would be that interesting, especially if we were just going to sit there and listen," said Amanda Arsenault, junior, of North Branford, "but the activities actually weren't bad and pretty interesting."

While Faison and the RA's acknowledge that they could never touch base on every disability, they did provide experiences in reading, hearing, physical, and seeing disabilities.

Students were asked to read text while looking at it only through a mirror or attempt to unbutton a shirt or zip up a pair of jeans while three fingers were taped down.

Other activities included placing cotton balls in one's ears and attempting to hear sentences other students were repeating, and trying to see signs with vision impairment by looking through plastic wrap or wax paper.

The activities helped the group of students open up to each other and the ideas about disabilities they had been told about.

A brief discussion after the activities pinned patience as the key to dealing with those who have disabilities.

"Since everyone was frustrated with some of the things we had to do, you sympathized for each other and it was easier to try stuff and then talk about it," said Arsenault.

While the event lacked a guest speaker, the staff of Scholars Commons was successful in running an effective program. Students were left with a new perspective on people with disabilities.

"There is a difference between losing a certain ability and being born without it," said Faison.

The Off-Campus Experience

Chris Faber
Staff Reporter

Living off campus is something that college students look forward to as they move along in their college careers.

The freedom of living in your own place is great, but just like any other situation; it has its ups and downs.

For juniors, seniors, and even some sophomores, living in a house or an apartment is a much more appealing option than the traditional dormitory.

"I lived on campus for my first three years of college and I couldn't wait to move into a house," said Mike Correia, senior, Fairlawn, N.J. "There is just so much more freedom."

Freedom is not the only benefit to living off campus; it can also save a

lot of money. With tuition and room and board costs on the rise at universities across the country, moving into a house or apartment can be a smart financial move.

"I'm saving my parents thousands of dollars by living off campus," said Jon Cretella, senior, North Haven. "I only pay about \$550 a month after utilities which is much cheaper than campus housing when you break it down."

Though it can save money and be a lot more fun, living off campus does have its down sides.

"I hate having to drive back and forth from campus three to four times a day," said Aaron Poach, sophomore, Wallingford. "Sometimes I feel a bit cut off from those living on campus as

well."

With gas prices the way that they have been recently, the money that is saved on room and board could go right into your gas tank, depending on how far off campus you live.

Living in the dorms also has the perk of a cleaning staff, and quiet hours for studying.

"I hate having to clean all the time," said Poach, "and I like being able to come home from a party and pass out whenever I want, but when you are hosting the party, though it can be a blast, you have to deal with the noise all night."

Living off campus is certainly a big step. There is much more freedom, but there is also a lot more responsibility.

It can be a great experience, and the responsibility of living on your own is one that will prepare you for the future.

"I had a great time when I lived on campus," said Correia, "but as a senior I think living in a house is definitely the way to go, and I love it."

Off campus living is a privilege. When you begin to look for a house be sure to do it early and often. The earlier you look, the more options you will have when it comes to cost, size and location of your house or apartment.

Students living in off campus houses wishing to park on campus will need a commuter-parking pass. Other than that students need nothing through the school, and can live as close or far as they choose.

Latin Heritage Month Celebrated

Samuel Bosch
Staff Reporter

Hispanic Heritage Month runs from September 15 through October 15. It is a time of cultural and historical celebration like any other month earmarked by congress.

On August 17, 1988, the 100th Congress convened and approved a bill establishing a Hispanic Heritage Month.

Proclamation 5859, on September 13, 1988 was then signed by President Ronald Reagan.

Mid-September is a very symbolic and appropriate time for celebrating Hispanic heritage.

September 15 is the anniversary of independence for five Latin American countries; Costa Rica, El Salvador, Guatemala, Honduras, and Nicaragua. In addition, Mexico's independence anniversary is September 16 and Chile celebrates theirs on September 18.

"The term Hispanic, as defined by the U.S. Census Bureau, refers to Spanish-speaking people in the United States of any race. On the 2000 Census form, people of Spanish/Hispanic/Latino origin could identify themselves as Mexican, Puerto Rican, Cuban, or 'other Spanish/Hispanic/

Latino.' More than 35 million people identified themselves as Hispanic or Latino on the 2000 Census." (Factmonster.com)

This past Sunday, a Latino Heritage Month Mass was held at the University Commons. There were readings in both Spanish and English, and everyone was welcome.

"I consider that [the] most special activity of Latin Heritage Month was definitely the read-out-loud, in the bilingual mass that took place on Sunday," said Juan Morales, junior, Rye, N.Y.

"It was hosted by Father Jorge and Father John. Father John read it in English, and Father Jorge read it in Spanish. It was nice to see how the two cultures blended during the mass. It was also nice to see and a lot of people showed up," said Morales.

Latinos are a very diverse group of people, both ethnically and culturally. The U.S. is often referred to as a "melting pot" of cultures, which is true; but that is also true for all three Americas.

Despite being such an eclectic blend of cultures and ethnicities; world-wide Americans are typically viewed as being egocentric and ignorant of foreign cultures. Though it is unfair to generalize the entire American populace, it is done

anyway.

After WWII, the U.S. became the world's leading superpower; the currency, the manufactured goods and the culture expanded globally at rapid rate. This in turn has created a sense of superiority and insularity that has affected America's perception of the world.

Foreign countries tend to teach their young about their own culture, as well as the "global community" that we all live in. This is an effort to create well rounded and educated adults; the key for any nation's growth and success.

Heritage months are a concerted effort by our government and the groups organizing the events, to instill new and differing knowledge and values in the American population.

The reason for these celebratory months is to enrich our own culture; plus it is a welcome excuse to throw a party.

Sacred Heart has been celebrating Latin Heritage Month by showing Hispanic movies. The International and Multicultural center are sponsoring Salsa, Meringue, and Reggaeton on October 25, in the Outpost Pub from 10 p.m. to 1a.m. You don't have to be Latino to learn, everyone is invited to show off his or her dancing feet.

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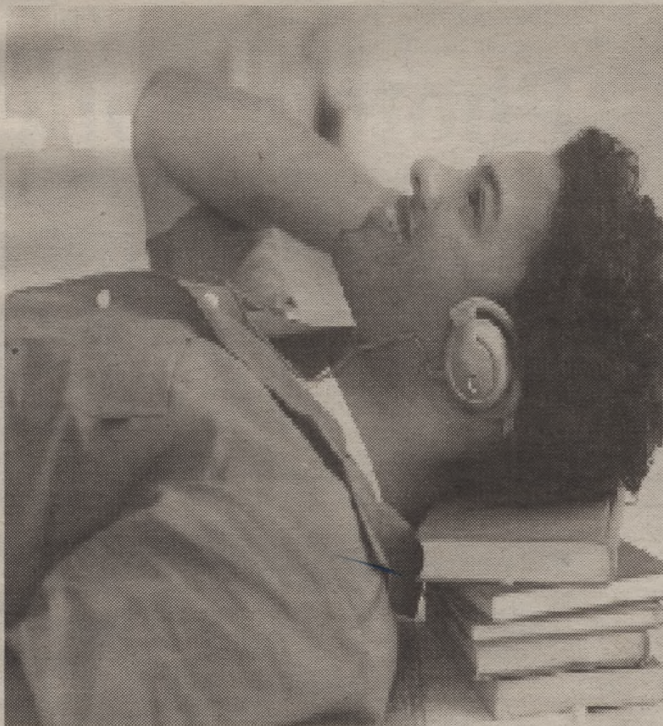
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Sheila Wycinowski, Director of Curriculum and Staff Development at Arity High School, explains, "Basically we look to hire Quinnipiac students. They have a clear understanding of lesson planning and classroom management and the balance between them." She also characterizes Quinnipiac students as articulate, creative, able to encourage higher-level thinking in students, and able to incorporate technology into their teaching.

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Perspectives

Students Debate Over Cheating in College

Ariane Rasmussen
Staff Reporter

Studies have shown that 80 percent of all college students admit to cheating at least once.

The term cheating can be defined and performed in several ways. Among the many techniques, the most common include, but are not limited to, getting answers prior to an exam or important assignment via a friend or the Internet, or using almost anything from hiding cheat sheets on body parts, and even clothing to aid in the cheating process.

The majority of students are strongly against cheating whether it's premeditated, plagiarizing, or copying each other's work. However, that isn't always the case.

When asked about cheating, "despicable" was the one word used by sophomore Adam Rua from Bridgeport to summarize his feelings towards the general concept.

"It was aggravating to see someone copy someone who actually worked hard. It occurred too much [when I was in high school]. [In college,] people are more mature and knowledgeable so people don't do it as often and usually have their own answers. It is pathetic to be in school paying \$33,000 a year just to not know what the hell you're doing,"

said Rua.

"I never cheated because I want to get my degree knowing I earned it," said Chris Grova, junior, Seymour.

Even the students who admitted to cheating or assisting others in doing so, had negative feelings about the whole idea.

Reasons for cheating vary but usually include a need to excel academically whether due to a student's own pressure and expectations or that of others. Cheating is usually results from a lack of confidence, pressure, or lack of preparation and studying. While some students believe that parental pressure contributes to the likelihood of them cheating, others disagree.

"Most of the time I cheated when I had no idea what the class was about, which probably meant that the teacher was doing a horrible job teaching. I didn't feel bad, I just feel that I didn't learn a thing," said a junior from Bridgeport.

Sharing a different view on why students cheat, Professor Martha Griffin of the Media Studies Departments said, "Philosophically, I believe people cheat in school for the same reason they cheat in life. They lack confidence in their own abilities and they lack respect for others."

Punishments for cheating are

usually very strict but may vary with each individual teacher or school.

However the consequences usually include either failing that particular assignment, failing the course, being expelled from the class, or even expelled from the school depending on how extreme the case was.

Generally, students felt favorably towards the punishments enforced by the school for cheating even though some believed them to be just average.

"The plagiarism idea is great. People who cheat deserve the F," said Rua.

"The main method for cheating today is to google answers from the Internet. I truly believe some students do not realize this is cheating," said Professor Griffin.

"I usually [wore] a skirt and wrote [the answers] on my thighs [when I cheated in high school]. In college, I remember copying off the person next to me, usually someone that I knew," said a sophomore from Bridgeport.

Although none of the students interviewed who have cheated in the past were caught doing so, feeling nervous and scared are some of its typical symptoms for some of the students.

Throughout the years, teachers have been working on trying to

decrease the cheating statistics for college as well as high school students by being more cautious and attentive and by enforcing even tougher consequences.

Despite the fact that cheating is shown to be a national problem based on the statistics, it is evident that even SHU students who have cheated feel that it's not right and should be reprimanded.

Some students will continue to cheat and will have to take responsibility for themselves. Others may learn from their mistakes and study harder for the next time. Over all cheating is not something to be tampered with. Students should continuously be aware of what could happen if caught by a professor or even another classmate.

Perhaps Professor Griffin summarizes it all the best, "While I think the incidence of cheating is probably increasing, cheating in general is still the exception rather than the rule. People who cheat when they are getting an education ultimately cheat themselves of knowledge. People who let others have their answers are doing the mental equivalent of beating themselves up. No one can pay you enough money to make cheating worth the damage done to your integrity."

The SPECTRUM

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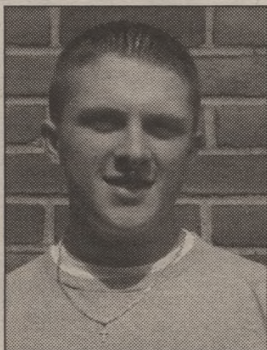
A simple spot to relax for a bit on campus.

The Spectrum/ Travis Flynn

He Said... She Said...

How do you tell a friend that likes you that you'll only be just friends?

Robert Roy
"He Said" Columnist



The Spectrum/DANYA JIMENEZ

This maybe one of the hardest things one will have to do when it comes to relationships. Well, maybe not but either way no one wants to have to tell someone that they are only a friend.

If you have that awesome friend who you always hangout with but they constantly push the limitations of friendship, you have to tell them no relentlessly.

Truthfully I'd have to say that guys don't have this problem very often. Any normal guy would be happy to hear their friend likes them and would go from there. I would tend to believe that girls are confronted more by this problem than any guy. I bet that you could ask almost any guy and they have been told, or at least know someone who has heard this excuse.

Well in case there is that guy out there who

has girls flocking to him and needs to tell them that they are only friends here is what I would do. Just tell them right away, don't lead them on. As fun as that sounds, it will only make it harder to eventually tell them. If they are not getting the hint be very blunt. Sometimes being up front is the only way someone will listen.

I would say that being opened and honest with the person the first time around will usually signal to them how you truly feel and that basically you aren't looking to take your friendship to the next level.

Rachelle Murphy
"She Said" Columnist



The Spectrum/ELYSE HARRELL

This is one of the most awkward situations that anyone can encounter. Your friend tells you that they like you, a lot. You don't like them back. How do you tell them that?

So it turns out that your friend is crushing on you and of course it took them an immense amount of courage to tell you. Be respectful of your friend and proceed with caution. This has the potential to be a bumpy ride. Listen to what they have to say. Obviously this means a lot to them or they would not have told you. After you are done listening, take a few moments to process what your friend just told you. This will discourage random and hurtful outbursts. Tell them how you feel nicely. You are just feeling that you and your friend are just that, friends.

Be sure to break it gently. No one likes rejection, no

matter how small. You will still be friends with that person. It might be uncomfortable for while, so just ride this out. Eventually it will become comfortable again.

The best advice is to just follow your heart. Do what you think would be best for you and your friend's relationship. If you feel that later maybe something could come about and you wouldn't mind giving it a try then do so. Some friends can make the best partners. Starting off friends can be very beneficial as well, but remember to that some friends are just meant to remain friends.



Senate would first like to introduce its newest members from the recently elected Class of 2009 board. Michael Tarantino, Jason Possemato, Lauren Corso, and Leah Gallagher have been sworn in both at the Student Government mass and at last week's Senate meeting. They will officially be able to vote in the coming meetings. Congratulations to these members.

Senate would also like to congratulate its September member and committee of the month. Danielle Holton of the Public Relations committee was elected Senator of the month for her extraordinary efforts in the fundraising project for the Julia Davis Foundation. Her time and passion toward the project is very apparent and hopefully will be a continuing success throughout the year. Committee of the month is Flick represented by Senators Janelle Watson and Nora Murphy. These two individuals have been investigating student concerns with Flick and putting extra time and effort into researching prices of local competitors to get a better feel for the cost/profit margin. All three of these Senators have worked extremely hard and deserve this acknowledgement.

Upcoming events for Student Government include "SG" sponsored t-shirts being held out at the Homecoming Game on October 29th, which all students are more than welcome to attend, and the SG Wide Meeting on October 30th at 6 p.m. This SG Wide Meeting is an event based on bringing together many of the Sacred Heart University leaders and allowing them to share ideas and accomplishments. This will allow each organization to benefit from the others and to also get to know one another.

As for a follow-up to the revisions within the Academics Committee, here is a comment from Senator Justin Gage: "The Academics committee this year is focused mainly on a couple of projects that will attempt to put a brighter spotlight on academic achievement at SHU. We are working on bringing a handful of new academic honor societies to the school in addition to the ones we are already running. We would also like to publicly recognize students who make the Dean's List as it should be something that is valued and appreciated by the Sacred Heart community. If students have any questions or concerns with academics they can contact me at j-gage@sacredheart.edu." Meetings with advisors and helpful links are being set up and taking place discovering the possibilities within the honor society realm. There are currently eleven honor societies on campus, and we have the potential room for a growth of fifteen more.

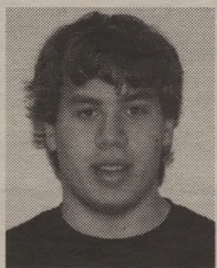
Remember, Senate meetings are open and students are more than welcome to voice questions and concerns, or even just come to hear what exactly is going on within the Student Government.

- Contributed by Erin Maurer.

**Come voice your
opinion at a Senate
Meeting!
Tuesdays at
7:40 a.m. in the
Faculty Lounge**



What is Your Biggest Teacher Pet Peeve?



"When teachers fail to have any class discussion [such as] talking through a three hour class."

St. John Johnson

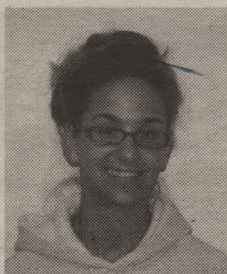
Ridgefield ~ Sophomore



"Not presenting the information clearly."

Stephen Zito

Guilford ~ Sophomore



"When teachers use PowerPoint and change the slides before you are able to finish taking notes and refuse to post their PowerPoint slides on blackboard."

Danielle Curcio

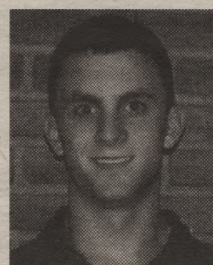
Long Valley, N.J. ~ Junior



"Going over their class period time and keeping us too long."

Elyse Surette

Tucson, Ariz. ~ Grad. Student



"When teachers lecture even when we don't know what's going on and they just keep teaching."

Matther Telvi

Wallkill, N.Y. ~ Freshman

—Arts & Entertainment—

Two-Time Emmy Award Winning Hub Enlightens SHU

Jaclyn Hull
News Reporter

Two-time Emmy award winner Hubert J. Schlafly, Jr. was invited by the Media Studies and Digital Culture department to come and speak about his inventions for the television industry.

During Schlafly's career in the 1940's, he invented the teleprompter, the first pay TV system, as well as fabricating the famous HBO satellite transmission of the boxing match between Muhammad Ali and Joe Frazier (Thrilla Manila.)

The conversation with Schlafly took place on Tuesday, October 4 in the University Commons. An overwhelming amount of students and faculty came to listen to Schlafly.

The presentation kicked off with an introduction by James Castonguay, Associate Professor and Chair to the Department of Media Studies and Digital Culture. Within the first five minutes of the program, Schlafly's humble personality was exposed in the manner in which he presented himself in conversation with Castonguay and the audience.

"I want to start off by saying that the good part of my career was that I was at the right place at the right time and had the education to make it happen. Don't ever underestimate the importance of education," said Schlafly.

Throughout Schlafly's life, he took courses in electrical engineering, studied the electronics of radar wave technology, and the works of TV. In Philadelphia, he worked with FOX Network to broadcast the world champion fight on screen for the first time in a theater in the country.

"I felt so honored to attend this presentation with Hub because after learning about his accomplishments, I found him to be very inspiring in regards to his great success, he really showed me a greater appreciation for background works of TV," said Dennis Mcquire, junior, NJ.

Schlafly was approached with the idea to come up with a device that would prompt lines to actors so that TV could be different from night to night. He came up with a synchronizing prompt device, the teleprompter, and soon used it on the sets of Soap Operas. Although the first Soap Operas did not last very long, the teleprompter was a hit and continued to aid to the success of many TV networks.

Through growing expenses, Schlafly was able to modify the teleprompter to the most efficient size to use on TV sets everywhere, and still today.

The presentation came to a close with questions asked by students in the



The Spectrum/ Elyse Harrell

James Castonguay sits down for a discussion with Emmy Award Winning Hubert Schlafly about his lifetime achievements. Schlafly invented such things as the teleprompter.

audience.

"You just have to role with the punches, sometimes you have to take the good with the bad," said Schlafly, when asked if he would have done anything differently.

Aside from his two Emmys, Schlafly

has been awarded the Sarnoff Citation and the Vanguard Award for Science and Technology from the National Cable and Telecommunications Association. He also holds 16 patents between the television industry and internet commerce.

What's Happenin': Sakura Hibachi Steakhouse



Contributed Photo

Students enjoy dining as well as having fun hibachi style at the steakhouse.

Gina Saccaro
News Reporter

Sakura Hibachi Japanese steakhouse is an exciting restaurant that students should check out for a fun, relaxing dinner with friends.

Sakura, located at 680 Post Road, Westport, is only about a 20 minute ride from campus. You have a choice to sit in the dining room and order your dinner, or experience the excitement of a real hibachi meal.

A Japanese hibachi is when you

are seated around a large stove, and the chef makes the food right in front of you. In addition to cooking, the chef's at Sakura do tricks with the food and utensils.

The chef did multiple tricks while preparing the food for the hungry customers. He made a volcano out of onions and made a flame come out the middle. He also threw his knives and other cooking utensils into the air and caught them right side up. Other tricks he did included catching a whole egg in his pocket, as well as throwing chicken at the

customers to see if they could catch it in their mouths.

"I've never been to a place like that before and it was so fun to experience something so different. I've never caught chicken in my mouth before in the middle of a restaurant," said Krista Caltagirone, sophomore, Wayne, N.J.

The food selection at Sakura is Japanese style chicken teriyaki, steak, shrimp, fish, rice, vegetarian dishes, a full sushi bar, and other Japanese cui-

sines. Since the food is cooked right in front of you, it is hot and literally right off the stove.

The food is also very tasty and well prepared. The customers seemed to be enjoying both the experience of having the chef prepare the food in front of them, as well as the quality of the food.

"I thought the food was amazing at Sakura. I had the chicken, dumplings, and shrimp. Everything was made right there and tasted so good I didn't want to leave," said Jessica Case, sophomore, Huntington, N.Y.

The only disadvantage to Sakura is that it might be a little pricey for some students. The prices range from moderate to expensive depending on what you order. However, you are also paying for the atmosphere and experience when you visit a hibachi steakhouse.

"The food was amazing. The atmosphere and the service were good as well. It was kind of expensive but I think it was worth it. I definitely recommend it," said Krissy Seligson, sophomore, Franklin Square, N.Y.

The waiter at the restaurant was friendly and helpful, and provided a good dining experience with his service. Sakura offers dining-in meals, takeout, delivery, as well as catering.

"Sakura was a fun dining experience. It's not everyday you get

Japanese chefs launching food into your mouth and starting fires at your table," said Liz Onorato, sophomore, Malverne, N.Y.

If students want to try something different on a Friday or Saturday night after a busy week, Sakura Japanese steakhouse is a new fun place to check out.

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One For the Money, Two For Pacino

Matt Libassi
Staff Reporter



www.movieweb.com

Sports gambling impresario Walter Abrams (Al Pacino) anxiously await sports score results

Pacino tears into the big screen with his performance in D.J. Caruso's *Two for the Money*, boasting a not so solid script with some exceptional talent-making it a must eventually see.

Two for the Money, was just recently released in theatres, it tells a story of Walter Abrams, a gambling addict who has found a loophole in his 12-step program.

Abrams owns a sport betting tip empire, having others call in for free betting advice, collecting only when the better wins. Through a shady cable

show and a free 800-number service, Abrams feeds the betting addiction of those so in debt they would do anything to make a quick buck, or even a few thousand.

Matthew McConaughey plays the "900 King," Brandon Lang, a.k.a. John Anthony (Lang is Abrams-given stage name). An Abrams found ex-football player sales wiz, Lang was originally a successful 900-number operator, but who is now being used to have a betting empire built around him.

The movie isn't bad. This is by no means an Oscar winner, or Pacino's or McConaughey's best, but it is still entertaining and will keep you guessing until the very end.

McConaughey decided to work without his shirt on for most of the movie, and even though this may not be a bad thing, his acting needs to gain some muscle. Although a bit stale at times, there was a good distinction of character between the scrapping-by 900-operator and the growing attitude of the big money-maker; from the southern boy of Brandon Lang to the sales superstar John Anthony.

"I didn't really know what to expect, but *Two for the Money* is a good movie, with good performances by Al Pacino and surprisingly Matthew

McConaughey, but it's not a great movie. The story is iffy, and it was a bit long, but overall, I liked it," said Sam Bolles, Queensbury, NY.

Other notable performers include Rene Russo, playing the sensitive wife of Walter Abrams. There is a tremendous amount of foreshadowing throughout the film involving Russo and Pacino, but what actually happens may leave some disappointed, and slightly confused as to the director's decisions.

"I really did like the movie. I mean it was a bit predictable at times and a bit slow, but Pacino is the man and no matter what he's in it's good!" said Nick Kochis, junior, Shoreham, N.Y.

Like what Kochis and Bolles said, the film was a bit slow at times, which was the major downfall of the movie. There were no gangster shoot 'em ups or car chases, so to those unaccustomed to actually listening to a movie, or something other than *Scarface*, they may be taken off guard.

Two for the Money is a good movie, on par with some of Pacino's other works like *Any Given Sunday* - but definitely not one of his bests. If it you're going to the movies and you



www.movieweb.com

Ex-football star Brandon Lang (Matthew McConaughey) joins sports gambling impresario Walter Abrams (Al Pacino) and gorgeous wife Toni (Rene Russo) for a night out.

want a little more than Jessica Alba in a bikini for two hours (*Into the Blue*), then go check out some real acting in *Two for the Money*. Otherwise, just wait for the DVD.

The Fate of "The Simple Life"



(AP Photo/Kevork Djansezian)

Paris Hilton poses at a party in Park City, Utah, during the Sundance Film Festival

CULVER CITY, Calif. (AP) - Paris Hilton says she isn't giving up "The Simple Life" just yet.

"We're shooting Nov. 1," said the 24-year-old hotel heiress, who had a front-row seat at the Louis Verdad fashion show Sunday. "All the networks are fighting over it."

Fox said last week it had canceled the reality show starring Hilton and Nicole Richie. Which prompted speculation the feuding ex-friends no longer proved compatible.

Last week, 20th Century Fox Television, the studio that produces the show, said it hopes "The Simple Life" will move to another network with Hilton and Richie.

"We believe this series ... is still a dynamic and valuable franchise," the studio said. "We hope to be able to announce a new

network partner in the coming days."

Bunim-Murray Productions, which produces the show with 20th Century Fox, also released a hopeful statement: "We're very excited about the creative plans for the next group of episodes, and are confident this situation will be remedied quickly."

Hilton's friend Kimberly Stewart, Rod Stewart's 26-year-old daughter, dismissed as "rumor" reports that she had been touted as a replacement for Richie.

But Stewart was coy about doing a future project with Hilton, telling reporters Sunday, "You never know."

In April, Hilton issued a terse statement saying it was "no big secret that Nicole and I are no longer friends. Nicole knows what she did, and that's all I'm ever

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Features

Homecoming Preview

Victoria Licata
Staff Reporter

The traditional football game, balloons, floats; all things that can be expected on Homecoming weekend to help spread school spirit and unity. SHU's Homecoming festivities will be held the weekend of October 29, 2005. With the popular color being red and white all around, campus grounds will be full of entertainment.

"The football game is the most exciting part of the weekend. You can feel unity and the excitement in everyone," said sophomore, Jackie Quinn, Shrub Oak, N.Y.

The football game is the time to show how much school spirit you have. Common activities include wearing SHU logo sweatshirts and pants, making banners, and painting your face red and white.

There is a Homecoming parade in the morning, which will have several floats, made from different organizations at 11:00 a.m. Each class, club and Greek life organization gets to use a car and make it into a float. The Alumni Association will choose who has the best float and that club, or group will receive an award.

The welcome tent will have refreshments and a chance for past graduates to join old friends and faculty. In addition to Homecoming it is also alumni weekend. The graduates from 2000, 1995, 1990 and other years come to celebrate

in the festivities.

The annual Homecoming game will take place on Saturday, October 29, 2005 at 1:00 p.m., and the Pioneers will be playing against St. Francis.

Tickets are free for all SHU students with ID at the gates. For visitors tickets, the cost is six dollars per person and for children 12 years of age and under, tickets will be four dollars per person.

At the football game, Student Government will be giving out 500 complimentary t-shirts on a first come first serve basis to help with school spirit and encouragement during the game. At halftime SHU's very own dance team will be performing. They were placed number seven in the nation last year at nationals and said to continue to amaze SHU this upcoming year.

"My favorite part of the game is getting to dance at half-time. It's exciting having more people than usual to watch our team dance. It's encouraging and makes you feel like the school community really cares," said sophomore, Meghan Duckworth, Cumberland, R.I.

The cheerleaders are also a big part of the Homecoming game as well. Their job is to give encouragement throughout the game and try and keep the players excited. The band accompanies the cheerleaders to help get the crowd energized.

To learn how to get involved, stop by Hawley Lounge and see how you can help out or register for some of the activities listed.

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Band Marches to the Beat of Commercial Fame

Theresa Vosilla
Staff Reporter

Many of us have seen them before, those spirited Publishers Clearing House commercials. But next time you do, take a closer look when it appears across the television screen, you might see some familiar faces. No, you aren't seeing things; it might be your friend or classmate appearing on the screen.

This summer SHU's own marching band was featured in a Publishers Clearing House "Prize Patrol" commercial. The commercial was shot on Heppenstall Drive in Bridgeport.

"I had no idea about the commercial, that is really great for the band and for the University, it is so exciting. It is nice that the school and the band is featured in something on national television," said junior, John Olcolevitz, Providence, R.I.

In fact, this is not the first time that the marching band has been featured in a commercial. This is the third time the band has been on national television this year. Besides the commercial previously mentioned, the band marched in a national Verizon commercial last November and also appeared on MTV last summer.

"I can see the band is getting used to it now, they know the drill. It's great. They



Contributed Photo

The band has definitely grasped the campus's attention.

are really excited and they are working like pro's," said Keith Johnston, Director of the Marching Band.

Many members of the band were on campus before school started this summer, already working hard. These members participated in the commercial and attended band camp while here. The leaders of the band, the color guard, were also featured in the commercial this summer.

"This is great exposure for the band and the school. The band is definitely working hard and I am glad they are getting recognition. It feels good to be noted for your hard work and for their efforts. It is also so amazing that they are on national television, everyone should be very proud

of them," said junior, Leila Noujaim, Watertown.

The marching band also plans on taking a trip to Disney World in 2006. While there, the marching band is scheduled to march in the Disney World parade and also in the Magic Kingdom and Universal Studios. Since participating in the commercials, the band will be paid an honorarium. They plan on

using this money to help lower the cost of the Disney World trip.

For those students who would like to participate in the SHU's marching band, meetings will be held on Friday afternoons during the spring semester. The marching band is open to any student. The only requirement necessary is experience playing a wind, brass, or percussion instrument. Oboe, bassoon, and french horn players are especially encouraged to join the band.

The band will be performing standard works from wind band repertoire. They will also perform a new composition composed especially for SHU by composer Nancy Galbraith.

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The Wright Way to Laugh

Nicholas Brown
Staff Reporter

Last Friday night, comedian Steven Wright entertained and humored SHU students. Fifty-year-old Wright proved that he still has the ability to make all generations laugh with his comedic style and extremely dry sense of humor.

Famous for his deadpan, monotone delivery, Wright has been on the comedic circuit for almost thirty years. Originally from New York, Wright attended Emerson College in Massachusetts with fellow comedian Denis Leary.

After college at the age of twenty-three, Wright began his comic career with a winning line of bits and jokes he performed across the country. His persona as the droopy, careless wanderer proved to be most effective and is what most of his success is credited to.

After showcasing his stand-up abilities, Wright broadened his career by appearing on television and in films. He has appeared in such movies as, "So I Married an Axe Murderer", "Natural Born Killers", and "Half Baked". He has also acquired fame for some notable voices, which have been used in animated films as

well as the voice of K-Billy the DJ in Quentin Tarantino's "Reservoir Dogs".

Wright has also made a name for himself by providing the comedic world with many one-liners. His many quotes ring true with people of all

"Although he seems like a bum who is getting laughed at because of his unenthusiastic personality, he is actually smarter than most people think," said Chris Gallagher, Foxboro, Mass.

ages. Although they are unconventional, his delivery is instrumental in making people laugh.

When he appears on stage he looks like he just rolled out of bed and threw on some clothes. His emotionless face doesn't exactly pump up the crowd. The audience just waits in suspense

for him to deliver one of his signature lines. One quote that Wright includes in all of his shows is the line, "it's a small world but I wouldn't want to paint it." This is just one of the many quotes that Wright is notorious for in the comedy world.

One particular fan of Wright's came down from Boston just to see the show at Sacred Heart.

During the show, Wright pleased the audience with a show that included many of his old one-liners as well as some new material that many had not been familiar with.

In addition to being a stand-up comedian and an actor, Wright also contributes to the Cam Neely House for Cancer patients. The foundation hosts a stand-up performance hosted by Denis Leary. Wright has been appearing in this show for years and has contributed some of his success to the show's popularity.

Wright has been doing mostly college shows lately in his career. He has been on the road for the last year touring, but has also been working on a comedy album and has had a few notable television appearances.

Social Norming For a Healthier Lifestyle

Theresa Vosilla
Staff Reporter

Underage and excessive drinking are concepts in which most of us are familiar, and may even have had first hand experience with. However, SHU has embraced a new approach to combat such behavior.

On September 21, 2005 various members of the SHU's community attended a presentation given by Dr. Jeff Linkenbach, the founding director of the internationally acclaimed "Most of Us" Project. In his lecture, "Social Norming, Changing Campus Culture, Promoting Healthy Choices and Retention," Linkenbach made reference to traditional prevention programs.

Dr. Linkenbach, a research faculty member in the Division of Health and Sciences at Montana University said, "They often ignore sound educational theory, which are typically based upon various forms of fear tactics that are creatively designed to scare the health into youth target populations. After being involved with numerous projects that lack outcome data, I became tired of developing media and giving lectures which were cleverly disguised ways of telling young people something that they know all too well, there are many different ways that alcohol can kill them."

The "Most of Us" Project is a form

of social norming marketing, which aims to shift behavior by conveying socially normal attitudes and opinions through positive marketing campaigns. Thus, it is believed that by informing people that the majority of their peers are acting in a positive or healthy way, they can create an environment in which people actively strive to emulate what they believe is typical of their peers. In doing so, the eradication of underage and excessive drinking at SHU is paramount.

So, the question remains, is underage and excessive drinking that serious of an issue for students? Studies have shown that peer pressure may be the chief culprit of this controversial dilemma.

"I have never done drugs. My first two years of college I didn't drink at all, because I wasn't of age. I turned twenty-one this past summer, and found that I barely went out at all until I went back to school. Now I drink so much more because my friends make me feel like I have to go out," said senior, Nick Zuzolo, Boston, Mass.

"Most students will often behave based on their perceptions of what their peers are doing. So if you perceive that your peers go out four nights a week, you will likely go out four nights a week," said Janice Kessler, SHU's Alcohol and Drug Coordinator.

"I go out almost every night.

Sometimes, even when I know I need to study, but if I hear something is going on, I've been known to throw the books down and just go," said senior, Mike Maloney, Worcester, Mass.

Peer pressure doesn't always succeed, however. Some students certainly know how to prioritize and won't always succumb to their friend's pleas.

"Last year I went out a lot. This year I have lot more work, and more important things to worry about than partying. It's time to grow up," said junior, Alex Bente, Setauket, N.Y.

It seems that Bente is not alone in his journey towards responsible behavior.

"I hardly go out as much now because I am so focused on my major and the resulting workload," said junior, Val Bellegarde, Bayswater, N.Y.

"When our students understand that most students actually frown upon their peers who drink excessively, hopefully they will realize that this type of behavior is not normal and will not feel the pressure to drink excessively," said Kessler.

SHU will be employing some of the strategies developed by Dr. Linkenbach so that the student body may change their misconceptions of underage and excessive drinking, and instead, embrace a healthier way of living.

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Sports

BRIEFS

Student Athlete

of the Week:

Jessica Felt

Felt scores her first

2 goals of the season

as the lady Pioneers

sweep the ice with

Robert Morris.

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"Tale O' The Tape"

Men's Ice Hockey:

All the stats you always

wanted to know but

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Men's ice hockey

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Women's Tennis Solid in the Classroom

Kris Singhaviroj
Staff Reporter

As common and standard practice, colleges and universities emphasize a concentration on education for college athletes. With this practice, the women's tennis team has become one of the teams with the highest grade point average on campus.

The tennis team is just one of four teams for women's sports to have a cumulative G.P.A. above 3.30. The others are cross country, bowling, and golf.

Members of the team were proud.

"I think it is a major accomplishment. It is extremely hard to be a student-athlete, especially in Division One competition," Pam Pillo, a junior from Shelton, said. "Practicing and traveling to and from matches is a big time

commitment."

"I feel very honored and I would like to contribute in the near future," Laura Murillo, a freshman from Pittsfield, Mass., said.

The women's tennis team's feat of a cumulative G.P.A. of 3.31 with a roster of 10 reflects the hard work that these athletes put both into their studies and their sport. With practice times ranging from one and a half to two hours, four to six days a week, the women's tennis team has their work cut out for them.

"A lot of my free time is spent doing school work," Pillo said.

"I spend at least three hours studying every day," Murillo said.

To keep the women in shape with their courses and studies, Head Coach Mike Guastelle of Fairfield motivates his team by

setting the bar high.

"I think the standard I try to set is that you need to work as hard as possible each day in both the classroom and on the court," Guastelle said. "Some days you might not achieve the results you would like, but you can set a standard in the effort you put forth each day."

However, no two players are the same when it comes to studying or keeping up their grades. This is where Guastelle connects on a person-to-person level, where he can encourage and motivate his players both on the court and in their courses.

"It varies from person to person," Guastelle said.

Members of the team are just like other students, with concentrations in majors such as sports management, biology, media studies, and other majors. Also, they are a part of other activities around campus.

"My major is biology with a concentration in neuroscience," Murillo said. Murillo is also a part of the International Club and Intramural Volleyball.

"They have been blessed with the skill and discipline to balance the demands of intercollegiate tennis and academics. They are a great credit to the program, the university, and to themselves," Director of Athletics Don Cook said.

The women's high G.P.A. isn't just all their own, however—it's due to the staff and policy here that help to utilize all the potential that every athlete has. Coaches, faculty advisors, Pitt Center staff, and many others help out in order to keep athletes from failing or putting their eligibility to compete in jeopardy.

The NCAA and SHU policy for athletes and grades is simple. Depending on an athlete's class year or how many courses they have taken, the G.P.A. requirement ranges from 1.0 for freshman up to 1.9 for seniors.

If an athlete fails to keep a G.P.A. above their respective level,

they are ineligible for competition and put on academic probation for the semester, until they are able to maintain a steady G.P.A.

"If our athletes are meeting Sacred Heart academic goals, and their own high standards personally, they'll be satisfying NCAA policies and beyond as well," Cook said.

"I think I help a little by monitoring their progress with our academic advisor for athletics," Guastelle said. "I think coaches get too much credit when the team does well in the classroom, but I also feel that they get too much of the blame when they don't. I think the student-athletes are ultimately responsible on how they do in the classroom."

An athlete is not just left alone when she are put on academic probation. The emphasis is on the athlete. However, teammates, coaches, and staff come to the athlete's aid in order to help boost her G.P.A.

"It's a great tribute to the team, the coaching staff, and the individuals who did well that they understand the core values for why they are here (to get an education)," Cook said. "Mike Guastelle does it as well as any coach I've ever worked with."

With a new age of college sports and the demands that are required from a college athlete, the emphasis on both competition and education can be taxing.

Between the division of time for classes, practices, competitions, and homework, it can be easy for the student-athlete to lose track of assignments and risk losing eligibility to play. However, with strict policies, practices, and help available to those in need, a SHU athlete has all the needs and requirements to become both a great athlete and a great student.

The women's tennis team and many other sports on campus, both men's and women's, are examples of the policies' full potential.

Pioneer Football Pays For Turnovers, Drops Third Straight Versus Albany

Oliver Kranichfeld
Staff Reporter

The Albany Great Danes defeated the Sacred Heart Pioneers Saturday 21-7 in Albany, due to the costly turnovers committed by the Pioneers. The turnovers resulted in three different Great Dane scores.

It was a very close score throughout most of the game, as Albany would only lead the game through the first 3 quarters 7-0. The game served as Albany's first victory of the season, while Sacred Heart dropped to 0-3 in NEC play, and 1-5 overall.

"Offensively, we moved the ball very well in between the 20's, but stalled at the end of every drive," said senior tailback, Ed Pricolo of Johnstown, R.I., who rushed for 89 yards on 26 carries. "The turnover ratio has been a problem for us all season. We are turning the ball over, and not getting any takeaways on defense."

The Great Danes' first score of the game resulted from a turnover. Jon Wilson, a sophomore defensive back from Bloomfield, fumbled a punt return on his own 5 yard line with 7:52 to play in the first quarter. The ball was recovered by Albany cornerback Kamar Elliot and ran in for a score.

From this point until the beginning of the fourth quar-

ter, both teams kept one another out of the end zones with solid defensive playing.

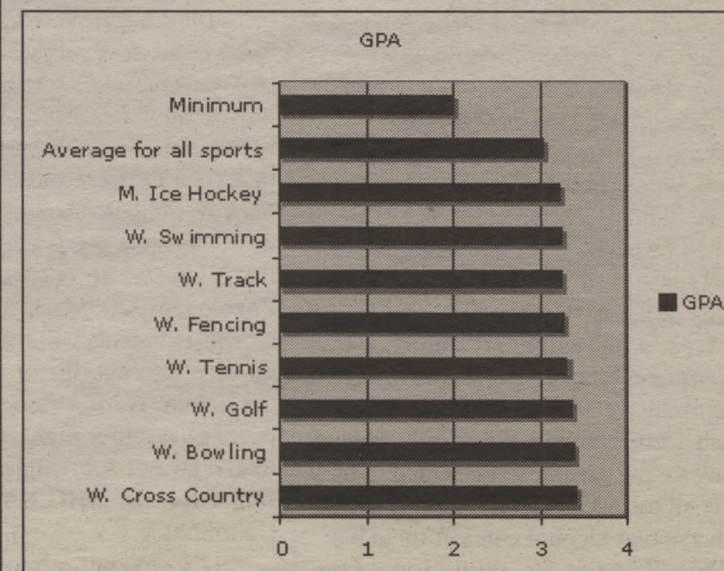
"One of our strong points was on defense," freshman running back Jason Payne, of Cortland Manor, N.Y. said. "We shut them down for about three quarters. We had a tough job blocking on special teams, though. We weren't necessarily weak on offense, but I think we did have some problems in the rain and mud."

The Pioneers tied the game up at the very beginning of the fourth quarter; junior quarterback Tyler Arciaga connected with sophomore Corey Bundy on a 37 yard touchdown pass.

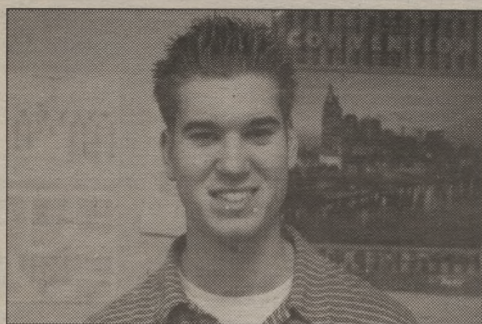
Bundy and Alvin Franklin have had to pick up a lot of the slack due to the void left by the injured Joey Henley. Other members of the offense are also stepping up. On Saturday, junior receiver Bryan Butterworth of Hanover, Mass., caught seven passes for a career high 71 yards.

After Ed Pricolo fumbled the ball on Albany's 42 yard line, the Great Danes marched all the way down the field, and quarterback Bret Hall found wide-out Mike Hall in the end zone with just under seven minutes to play.

On the next drive for the Pioneers, Arciaga threw an interception to Albany's linebacker, Brian Becker, which led to a 40



See FOOTBALL, Page 15



Brian Fitzsimmons
Sports Columnist

Randy Johnson and Curt Schilling soaked each other with champagne on an October night following the Diamondbacks World Series game 7 win over Mariano Rivera and the New York Yankees in 2001. Francisco Rodriguez sprinted from the dugout to tackle his fire-balling complement Troy Percival, after the Angels beat San Francisco in the 2002 World Series. Josh Beckett threw his arms in the air waiting to be hoisted up by his Marlins teammates after he knocked out the Yankees to win the 2003 fall classic. Since 2001, there have been the heroes of championship teams, and the pattern has shown that they all have been pitchers. With the White Sox winning the AL title and the NLCS almost complete as of this past Sunday, the question is who will be this year's pitching saviors in baseball's biggest stage?

Entering the 2005 post-season, the Chicago White Sox and the Houston Astros were two teams that weren't the best of the eight, but they certainly couldn't be counted out. Chicago is loaded with weapons and all of that ammo lies in the pitching staff. Jon Garland, Freddy Garcia, and Mark Buehrle have been one of the best trios of starting pitchers all season, and the three have combined for 48 of the 99 wins for the Sox. In the ALCS, they had four consecutive complete game wins with the aid of Jose Contreras, and those four pitches threw every pitch except for two thirds of an inning.

If the White Sox are scary, then the arms the Astros possess are frightening. Andy Pettitte, Roger Clemens and Roy Oswalt make up their trio of clutch hurlers, but what really makes them arguably the most feared squad in the playoffs is their closer Brad Lidge.

Pettitte earned 17 victories and produced a 2.39 E.R.A. and an even tinier 1.03 WHIP. Clemens has surpassed the age of 40, but he hasn't looked better in his prestigious hall of fame career. In 211 innings, he posted an unheard of 1.87 earned run average, to go along with 13 wins and 187 strikeouts. Oswalt, one of three 20 game winners in the National League this season, may be the best number three starter October has seen in a long time. Lidge, who didn't allow an earned run in last year's postseason, is so valuable because for the Astros because due to his daily dominance, it is virtually an eight inning game.

The St. Louis Cardinals boast a potent pitching staff as well, led by Mark Mulder and Cy Young candidate Chris Carpenter, but injuries have hurt their chances of winning the NL.

Who will be this year's pitching superman? It's tough to say since the crop of arms still standing for both leagues is plentiful. But whoever does win this year's fall classic, will be triumphant for one simple reason. They were armed and dangerous.



The Spectrum/Travis Flynn

Jenna McLane smashes the ball into the offensive zone for the Pioneers.

Field Hockey Wins, 3-0

...Continued From Page 16

"The defense played an incredible game," Howley said. "The communication was great between everyone and Ashley Del Greco played an amazing game."

In fact, the defense played so well that goalkeeper Del Greco only had one save, recording her fourth shut out of the season.

"Overall, I thought the girls played a great game," Blais said. "They handle possession of the ball very well and that was the key to our success—keeping the ball out of the other team's hands."

With the 2005-2006 season coming to an end, the Pioneers have defeated Seton Hill 4-0 Monday at Campus Field,

and will play against their next conference opponent at Monmouth on Oct. 23 at 1:00 p.m.

"Hopefully this and our next game, against Seton Hill, will be great motivation for the team and (will) give us an opportunity to do some last minute tuning for our next conference game against Monmouth," Blais said.

The field hockey team is now 5-2 in conference play, tied for third place with Quinnipiac in the Northeast Conference, and 7-9 overall.

"Excitement is the only word to describe the feeling in the locker room," Blais said. "We feel that this is our year and we sure are playing like it!"

Mr. Smith Strong In Schnectady

Men's Hockey Handed First Loss of Season By Union Dutchmen

Brad Holland
Assistant Editor

The Pioneers outshot the Dutchmen 14-8 in the final period, and hit two posts behind goaltender Justin Mrazek, but the effort was "too little too late," as Union defeated Sacred Heart 5-2 Friday night in Schenectady, N.Y.

The game was the Sacred Heart men's regular season opener and Union's home opener. In front of a crowd of 1,500, the game opened up quickly and the pace remained fast for the entire evening. Union scored its first goal a minute and a half into the game.

"They had a tough weekend last weekend, and a tough week of practice," Assistant Coach Louis Santini of Ossining, N.Y. said. "They were ready."

Union went up 2-0 halfway through the first and then up 3-0 to open the

second on two goals by junior forward Olivier Bouchard. Bouchard finished with a hat trick and an assist.

Jason Smith, a junior goaltender from St. Lambert, QC, was called on for many big saves in the early stages of the game while his teammates were busy getting accustomed to new teammates and new line combinations.

"(Smith) saw almost 40 shots tonight," Santini said. "I thought he made some real key saves and kept us in range to win the game."

The Pioneers were outshot 30-12 in the first two periods.

"But as the game went on we got better, had more shots on goal," Santini said.

Bernie Chmiel, a senior from Pittsburgh, Pa., scored six minutes into the second period for Sacred Heart's first of the season. That powerplay tally energized the Pioneers.

Trailing 3-1 going into the final period, Sacred Heart came onto the ice with something to prove. The Pioneers fired 14 shots on net in the third, more than the previous two periods combined. Union only managed eight shots on Smith.

Tale O' The Tape: Men's Ice Hockey

PLAYERS:

Returning:
19
Freshmen:
7

GAMES:

Conference:
28
Non-Con:
5

NATIONS:

Canadians:
11
Americans:
15

SCHEDULE:

At Home:
15
Away:
18

PLAYERS NAMED BEAR:

1

Raynham, Mass. native Chris Connerty scored his first goal of the year in the third period. He believes that, if given more time, the Pioneers could have won the game.

"We weren't prepared right off the bat," Connerty said. "If we would have played the entire game like we played the third, there would have been a different outcome."

Connerty also echoed his assistant coach's thoughts on Smith's night.

"(Smith) played well," he said. "He had lots of shots he couldn't even see, and goals were going in off of bad bounces, off of turnovers...He did everything he could to help us win that game."

On his own goal, Connerty tipped a shot from junior defenseman Todd Spencer of Brentwood, N.H. "That's what I do. Just put the big guy in front," Connerty said. "I was trying to get a stick on it to make it tougher for the goalie, and it went in. I was as surprised as everyone else."

The Pioneers return to action October 28 against the Canisius Griffins in their home opener at the Milford Ice Pavilion. Game time is 7:00 p.m.

Sports



The Spectrum/ Travis Flynn
Lisa Burbige (left) battles for elbow room. She is a captain for women's soccer.

Women's Soccer Remains Hopeful Despite Loss

Matt Derosa
Staff Reporter

The Sacred Heart women's soccer team suffered a loss Friday afternoon, falling at the hands of Robert Morris, 3-2, at the North Athletic Complex in Pennsylvania.

Robert Morris was outshot 17-6, but its goalkeeper made five saves while Sacred Heart did not register a save in the second half.

The Pioneers got a pair of first half goals from forward Erica Rico with the assist going to midfielder Orlagh Cullen on both, but unfortunately that was not enough.

Rico gave Sacred Heart a 1-0 lead five minutes into the game when she ran onto Cullen's long ball from out of the back. She beat Robert Morris goaltender with a quick dribble to the right.

Robert Morris, however, tied the game less than five minutes later.

Sacred Heart jumped up 2-1 when Rico got her head on a corner kick ball from Cullen to give the Pioneers the half-time lead.

In the second half Robert Morris made its only two shots count with both finding the back of the net. They had tied the game at 2-2 when a long shot from the right sideline went over the Sacred Heart goalie Ashley Mocarski.

Robert Morris scored the winning goal with thirteen minutes left on the game clock. A diagonal ball behind the defense found its way into the right side of the net for the game winner.

The Pioneers returned to action this past Sunday, Oct. 16 when they concluded their Pennsylvania road trip with St. Francis Pa. for a 1 p.m. kick-off.

The Sacred Heart and St. Francis Pa. women's soccer teams battled their way

to a scoreless tie on Sunday afternoon in a key match-up right in the heart of the Northeast Conference.

St. Francis outshot Sacred Heart 12-7 and had three goals disallowed because of offside calls during the ninety minute regulation period and two ten minute overtime sessions.

Both teams are looking to stay alive in the hunt for one of the four postseason tournament spots.

"It was a tough game. We played with a lot of heart but unfortunately couldn't put one away," Lisa Burbige, a junior midfielder from Babylon N.Y., said.

"Our goal is to make the NEC playoffs, and can easily be done if we work hard at it," she said.

The Pioneer's defense had frustrated St. Francis forwards throughout the game; the St. Francis goalkeeper did not face a shot on goal, while setting the school record with her seventh shutout of the season. Saint Francis's nine overall shutouts this season is also a school record.

Pioneer goalie Ashley Mocarski, a junior from Stratford, made four saves and the team was credited with another.

St. Francis took a point-blank shot at an empty net in the twenty-first minute, but Sacred Heart midfielder Alyssa Long stood between the St. Francis player and the net to stop the shot.

Mocarski was credited with her third shutout on the year.

The Pioneers are now 5-7-1 overall and 2-2-1 in the NEC while St. Francis moves to 9-5-3 overall and 3-1-2 in the conference.

Sacred Heart closes the non-conference portion of their schedule on Tuesday night at Yale and then will close the home portion of the schedule next weekend hosting Mount St. Mary's and Monmouth.



Student Athlete Of The Week

Senior women's ice hockey forward Jessica Felt (Killingworth, CT) was named Sacred Heart Student-Athlete of the Week for the week of October 10th through 16th.

Felt scored two goals in two games this weekend as Sacred Heart defeated Robert Morris College twice at the Milford Ice Pavilion. The Pioneers outscored the Eagles 11-1 in the two games.

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Steve Conoscenti
Sports Columnist

When you think of Larry Brown, what's the first thing that comes to mind? Well, that might be a hard question. It could be one of a few things: defense, discipline, winning, etc. Some will argue that Larry Brown is the best coach in the game right now. I support that. Anyone who tells me Phil Jackson is a better coach than Larry Brown will be laughed at. How many teams has Phil built?

Larry Brown could be the best thing to happen to the Knicks since drafting Patrick Ewing. A coach who builds teams and stresses defense is exactly what the Knicks need. With a roster in which the average age is 26, the average NBA experience is a little under five years, there are three rookies and two seven-footers, Larry Brown has all the tools necessary to build another championship caliber team.

Let's talk about one of those seven-footers who's been causing controversy all over the NBA and the media for all the wrong reasons, Eddy Curry.

Curry's specs have every Knick fan drooling. At seven feet, 285 pounds, this 22-year-old monster has the chance to be an All-Star center under coach Brown. One of the biggest knocks on Curry is that he plays like he doesn't care, which in term leads to his low rebounding numbers and lackluster defense. However, under coach Brown, he has no choice but to play with a passion or he won't be playing at all.

In case Curry can't go, he has two more big men waiting in the wings: Jerome James and rookie Channing Frye. Isiah Thomas has been criticized for signing Jerome James, a seven-foot center who has only played two good games in his career. However, this may be another circumstance where he needs someone like Larry Brown to unleash his full potential, or he won't be playing at all. Rookie Channing Frye has a lot of people excited. He has a great mid-range game along with all the tools to become a shot-blocking machine.

Then there are the guards. Stephon Marbury, who is forever being criticized by analysts, Jamal Crawford, who doesn't know when to stop shooting, and Quentin Richardson, the three-point champion. Nightmare situation, right? Wrong. So much was made of Marbury and Brown's relationship in the Olympics, yet, to both Marbury and Brown, there was no conflict at all. Marbury has already accepted a lesser scoring role and may even be moved to the shooting guard spot while Jamal Crawford takes over the point guard duties.

Not to be forgotten are the workhorses like Malik Rose, Penny Hardaway and rookie David Lee. Also the Knick faithful are guaranteed to be on their feet every time 5'9" Nate Robinson, the highflying rookie, steps foot on the Garden floor. So Knick fans, its time to get used to winning again. We may not find ourselves in the finals this year or next year, but we are well on our way.

Football Ready to Turn Corner

...Continued From Page 12

yard return to Sacred Heart's five yard line. Running back Kenny Williams sealed the game with a 10 yard touchdown run.

"Our defense played a lot better as a unit," senior captain David Mihalov, a defensive lineman from Bridgeport, said. "We just have to play more as a team. When the offense isn't playing well, then the defense has to pick it up. When the defense isn't playing well, then the offense needs to take it up a notch."

Arciaga played very well throughout Saturday's game, despite the interception he threw as time was expiring. Arciaga finished the game with 24 completed passes on 42 attempts for 255 yards, including a touchdown and an interception.

Although the Pioneers season is far from over, many of the players and coach-

es feel a real sense of urgency in reviving their season. Sacred Heart is currently at the bottom of the NEC standings, with several big games approaching.

Every member of the team wants the three game losing skid to end as soon as possible, and they recognize that they have the potential and motivation to do so.

Next weekend, the Pioneers face a very strong Stony Brook team, which has won two games in a row, and holds a 2-1 record in NEC play.

"We have to change the mental things," Payne said. "Whether it's our mind state going into games, or our mind state in the games. You can have enough energy throughout the game, but you just have to finish it. I don't believe we need to change anything, it's just the mental part we have to deal with."

The Stony Brook game will be a pivotal test for the Pioneers, as they will attempt to climb the NEC standings in the

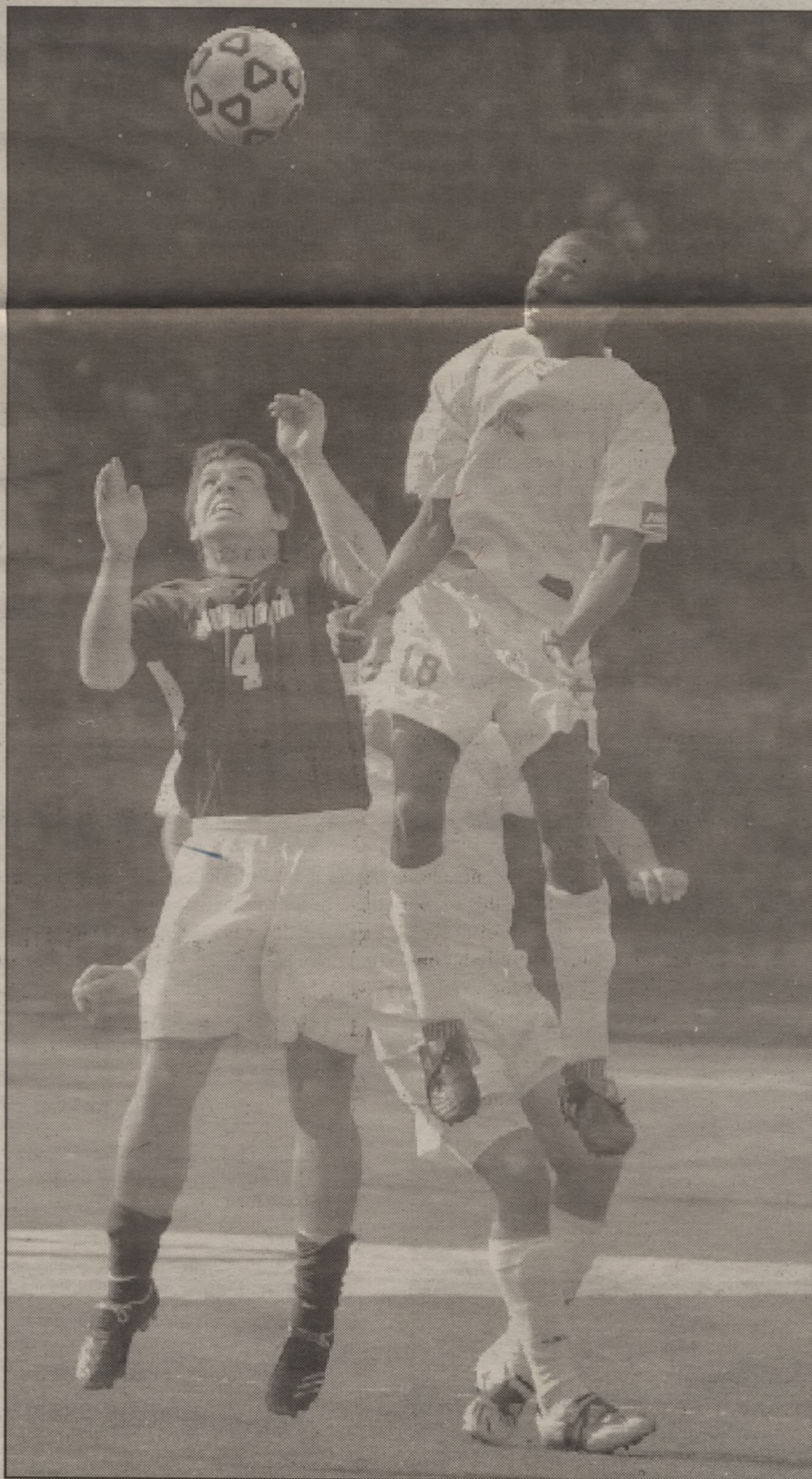
upcoming weeks. Despite their 1-5 overall record, the race for the top of the NEC is still very close. The captains recognize the importance of the Stony Brook game.

"By far, the next game is the most important game," Mihalov said. "We're playing a very good Stony Brook team that actually beat Albany, so I think it will be the turning point of our season so far."

Senior captain Ed Pricolo, who recently broke Sacred Heart's all time rushing record, will need to play a key role for the Pioneers in the upcoming games. Recognizing that the season is far from over, Pricolo is determined, along with his teammates, to pick it up a notch.

"The next game against Stony Brook is the most important game of the season," Pricolo said. "All of our focus will be on Stony Brook, and nothing else."

The Pioneers will face off against Stony Brook this Saturday, Oct. 22 here at Campus Field at 1 p.m.



Brice Victor (right) rises to head the ball in the midfield.

Soccer Ties Monmouth, NEC: 0-1-3

...Continued From Page 16

"Winds are tough, but we remained composed and played our game," Glenn Wilken, a midfielder from Ridgefield, said.

Jones acknowledged that the conditions were tough for both teams.

"There's an equal standard with each game," Jones, a freshman from Stoke-on-Trent, England, said. "Conditions are favored, but it's the same with both sides."

The men's soccer team started the first half strong against Monmouth, with the help of a strong defense. Jones was able to hold off the Hawks, who registered five shots, from scoring.

Jones had many key saves, including a sliding block to deny a breakaway in the first half and a dive to his upper left corner of the goal late in the game to keep the score even.

A close shot against Monmouth came from midfielder Brice Victor with six minutes left in the half.

Instead of letting the ball roll out of bounds for an SHU throw in, Victor opted to keep the play alive. After alluding three defenders, he curled the ball just wide of the right goal post.

The second half was also full of scoring chances.

With less than twenty minutes left, Monmouth managed to gain a free kick deep in Pioneer territory. But with a strong defensive effort, the Pioneers were able to stop the kick from going into the net and kept the game scoreless.

The Pioneers' record is now 3-5-4 (0-1-3 NEC). This was their fourth consecutive tie.

The Pioneers will be back in action Oct. 21 against NEC opponent St. Francis in Queens, N.Y.

Photo Courtesy/Christy Ann Flynn

SPORTS

The Spectrum
http://spectrum.sacredheart.edu

Field Hockey Blanks Robert Morris

Dario Melendez
Staff Reporter

Sunday's game was not just another decisive victory for the Pioneers, but it was also Senior Day, marking the last regular season home game of the year.

The Pioneers defeated their in-conference rival, the Colonials of Robert Morris University, 3-0 on Sunday at noon on Campus Field.

"We really wanted to play our best today," sophomore Jenn Howley, a forward from North Salem, N.Y., said. "There are only two seniors on the team and we just wanted to make sure that their last home game would be one to celebrate, plus we really [wanted] to win."

With a very physical and scoreless first half, fifth year head coach Christine Blais blamed the lack of scoring on the team's inability to create scoring opportunities and finishing.

"This is Robert Morris' second year as a program, and they are a very physical group of players," Blais said. "The problem our squad had was just not being able to draw penalties. Our passing and in-



The Spectrum/ Travis Flynn

Becky Ford (center) positions herself defensively as teammates drop back to support her.

and-out balls were good but we were just having a tough time finishing."

"The first half was challenging," Howley said. "They were very physical. We just had to keep our poise and make sure we kept possession of the ball."

After a mediocre first half for the Pioneers, who only generated six shots on goal in thirty-five minutes, the second half

began with the same, if not an increased, physicality.

Midfielder Katie Bohren received the game's only green card for unnecessary roughness, setting the tone for the Pioneers the rest of the way.

With twenty-three minutes remaining in regulation, midfielder Jenna McLane assisted defender Sarah Yeaton off a pen-

alty corner pass to generate the game's first score and Yeaton's first goal of the season.

The new momentum of the first goal triggered the Pioneers to dominate the rest of the game.

"We started playing with a lot more intensity," Bohren, a sophomore from Hopewell Junction, N.Y., said. "We scored quick and never looked back."

The Pioneers indeed did not look back, holding the Colonials to no shots on goal in the second half while creating fifteen shots of their own.

Bohren built on the intensity she created by scoring the second goal of the game with five minutes left in regulation. Forward Becky Ford recorded the assist.

Less than a minute later, Bohren struck again, setting up forward Danielle Vasely for the third and final goal of the game.

But with most of the focus on the offensive side of the field, Howley was quick to mention how well the defensive unit played.

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Men's Soccer Rallies for Tie in 88th



Photo Courtesy/ Christy Ann Flynn

Jason Tessitore fights to control the ball. He leads SHU this season with six goals.

Kris Singhaviraj
Staff Reporter

After 85 minutes of scoreless competition Sunday at Campus Field, a Monmouth corner kick produced the first goal of the soccer game. This forced SHU to scramble, bringing its goalkeeper into the opponent's box for a desperation corner kick that saved a point for SHU, permanently knotting the score 1-1.

With under five minutes remaining in regulation, each team was looking to score a goal to take away three Northeast Conference points.

Monmouth forward Steve Holloway scored the goal off a corner kick from Monmouth forward Tom Gray in the 86th minute.

Two minutes later, Sacred Heart sent 10 players, including goalkeeper Matthew Jones, deep into the Monmouth zone for a corner kick.

Regardless of intention, the 6'2" keeper in his multicolored jersey proved to be merely a decoy. Defender David

Backman smashed a Gustavo Netto feed inside the left goal post for the first goal of his Pioneer career, sending the game into overtime.

Sacred Heart had scoring opportunities in both overtime halves, most notably by forward Jason Tessitore, midfielder Neal Shapiro, forward Luke Gagliardi, and Netto. However, Monmouth goalkeeper Arthur Satterwhite halted the Pioneers, making two crucial saves.

Monmouth, who tied #6 Virginia 2-2 on Oct. 5, squandered its chances to end the game. Forward Gray shot two consecutive free kicks over the goal in the second overtime.

After a week of rain in Fairfield, the precipitation ceased, but an equally strong wind was left in its place for Sunday's game. Despite the wind, 111 fans turned out for the overtime thriller.

The wind also affected the complexion of the game; gusts drove high balls backwards, pushed shots to the side, and caused throw ins to curl out of bounds.

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