

Student Government Gives Crash Course in Drinking and Driving

Shaun Mitchell
Staff Reporter

October is known as alcohol awareness month.

The Student Government Executive Board put on a mock car accident outside the freshman dorms last Wednesday.

The purpose of this, was to illustrate the grave consequences of drunk driving.

It is a fact that drinking alcoholic beverages has become a pastime for most college students. However that doesn't mean our student government can't do anything to stop that from happening.

Continuing this annual event, the student government executive board pulled out all the stops to make this mock accident the best yet.

"The mock accident was started a good eight to ten years ago," said Denise Tiberio, Associate Dean of Students. "The student government wanted to sponsor an event during alcohol awareness week, which we had when we started the event."

The Executive Board that put on the event is composed of all four-class presidents, the executive board secretary, the VP of Finance, VP of S.E.T., VP of Senate, VP of CCO, VP of Greek Life, and the Student Government President.

The production began at a party. All

the actors were having a great time consuming alcoholic beverages and listening to "Love Shack" by the B-52's.

Soon after, the members of the party, both drunk and sober, got into their cars to drive home and on the way, there was an accident.

Matt Ricci, the VP of Finance, played

take care of the arrest of Ricci and lookout for the health of those involved.

Sobriety tests, crying, and twisted metal were just some of the images strewn from this landscape. The scene ended with a hearse coming to claim the body of Sedlock as he lied helplessly in the body bag.

things into perspective for me," said Ricci, who played the drunk driver. "It is not a position I would want to be put in at the end of the night."

The visions of fake blood staining the white shirts of the cast members and the image of alcoholic beverages speckled amongst shattered glass from the twisted cars is a picture is now seared into the minds of all those who attended the mock accident.

The sight of a body being put into a hearse is another dramatic yet realistic element involved with the dangers of drunk driving.

The Executive Board ended the event by having Ricci read a poem about a girl who was struck by a drunk driver and writing to her mom before she dies. It was a very emotional experience, and it was visible through the distraught faces of the onlookers.

"Through this event, it has really challenged me to take

control during weekend activities," said Daly.

The goal of the mock accident is to make students stop and think about their decisions.

After all, that is what college is about: making the right decisions. Think about your actions before executing them, and never drink and drive.

"This experience has put a lot of

"The turnout was very well and the focus was great. We took our job of acting this out seriously, and so did our audience," said Jim Daly, the Student Government President.

The accident took place on the road outside Seton and Merton halls. The viewing was of easy access to the freshmen who have never seen the production before.

the drunk driver while Josh Sedlock, the VP of Greek Life, played the sober designated driver.

In Sedlock's car, Amanda DeMatteis, Sophomore Class President was playing unconscious as Sedlock played dead in the front seat.

The well-orchestrated improvisation continued with Fairfield police, EMT, and firefighters who arrived on the scene to



Contributed Photo/Tom Wuestkamp

The mock accident provides a surreal depiction of a drunk driving accident.

Peer Educators Raise Alcohol Awareness

Chris Faber
Staff Reporter

Alcohol awareness is an important topic on college campuses nationwide.

The Peer Educators are a new group that plans on teaching students about the dangers of alcohol while promoting fun, safe, and healthy lifestyles on campus.

Last year the SHU Alcohol and Other Drug Prevention Coalition decided that there was a need for a peer-based group to better reach the student body.

A well-rounded advisory committee was formed, representing all forms of campus life, to develop a program.

What they came up with was the SHU Peer Educators.

"We did the whole application process last spring," said Karen Flanagan, Peer Education Coordinator. "We selected our students, they came back to school early

and went through a whole certified training process before school started."

There were over 50 applicants for the program last spring. Of those 50, 34 were interviewed, and 18 were chosen to be a part of the Peer Educators.

The committee felt it was important to get students involved because of the greater influence that peers have on one another. Students are much more likely to heed the advice of their peers as opposed to a member of the faculty or staff.

The Peer Educators hope to raise alcohol awareness without being authoritative.

They want students to feel comfortable while approaching a faculty member to talk, not just about alcohol, but about anything.

"It's really about students helping out other students," said Flanagan. "It's not about preaching a certain lifestyle over another."

The Peer Educators are a very diverse group, they are all involved in various other aspects of campus life.

As a group they were trained in August in areas such as listening, intervention, ethics, role modeling, alcohol, caring with limits, and problem solving.

"People typically assume that the behavior is much worse than what the reality is," said Flanagan. "For example somebody might think students go out five nights a week, they think that's the norm, so if you think more and more students are going out than you yourself will tend to go out more."

The Peer Educators have already begun to sponsor events around campus.

They held a "Kickoff Tailgate Party" before the first home football game. They also sponsored "Pizza and (root)beer" in Merton Hall, which will be an ongoing event. Freshman can discuss their con-

cerns and experiences with alcohol.

To contact the group you can visit their web page, which is, www.SacredHeart.edu/PeerEducators.cfm.

The students are there to discuss not just alcohol issues, but any wellness issues that a student may be having.

The Peer Eds want to increase alcohol awareness as well as clear up common misconceptions. Students' common conceptions on the drinking habits of their peers are usually not accurate.

Flanagan has a lot of faith in her Peer Educators, she believes they will make a difference, and attributes much of the work to them.

"This is a student group," said Flanagan. "I'm here to help with the details. [The students] are volunteering their time and energy to this, they are the driving force and the passion behind it."

News

Supreme Court Appointees, Decision-Makers for the Future

Samuel Bosch
Staff Reporter

The Supreme Court is getting two new faces, both of which will impact the decisions of the court and eventually the advancement of the USA.

President Bush is currently serving his second term in office. His presidential duty includes nominating people into office; rarely does a president have the opportunity to fill two vacancies on the Supreme Court.

This is a historical moment for this could prove to carry a significant impact on our lives as Americans. The people elected into this office have a responsibility that affects us all via the cases they preside over.

Bill Austin, an AHEAD student from Knoxville, Tenn. said, "Our freedoms can change based on how they interpret the law, anything from evident domain to readdressing Roe V. Wade."

On July 19, 2005, President Bush nominated John Roberts to the U.S. Supreme Court, to fill an anticipated vacancy which would be left by the announced retirement

of Associate Justice Sandra Day O'Connor. Roberts was the first Supreme Court nominee since Stephen Breyer in 1994.

Following the Sept. 3, 2005 death of Chief Justice William H. Rehnquist, Bush withdrew Roberts's nomination as O'Connor's successor, and on Sept. 6, announced of Roberts's new nomination to the position of Chief Justice.

On Sept. 22 the Senate Judiciary Committee approved Roberts' nomination by a vote of 13-5, with Senators Ted Kennedy, Richard Durbin, Charles Schumer, Joe Biden and Dianne Feinstein the dissenting votes. Roberts was confirmed by the full Senate on Sept. 29, by a passing margin of 78-22.

At age 50, Roberts is the youngest man to have become Chief Justice since John Marshall. He received more Senate votes supporting his nomination than any other nominee for Chief Justice in American history.

Chief Justice John Roberts has been deemed as the ideal candidate for the Supreme Court. However, there is still a vacancy on the bench yet to be filled.

Despite having had widespread

approval over the Roberts nomination, the criticism of the current administration continues. President Bush is now taking heat from many in Washington D.C. as well as the media for his nomination of Harriet Ellan Miers to replace Justice O'Connor.

"I believe that the new justices will affect SHU students," said Thomas Sarro, sophomore, Yorktown, N.Y.

"What they determine as just and unjust will effect our nation, those who support issues like abortion and gay marriages might be a little upset," said Sarro. "For example, they could reverse the Roe v. Wade decision and say that abortions are now illegal, and that gay marriages are not just."

On Oct. 3, 2005, Bush nominated Miers to serve as an Associate Justice of the Supreme Court. Miers' nomination was immediately controversial, for two reasons; her lack of judicial experience, and a lack of evidence of clearly conservative views (which has drawn a lot of heat from Bush supporters).

"Miers didn't really have any judicial experience, but she is tenacious, and strong willed. We need another woman in the

Supreme Court considering the fact that women outnumber men in this country, we should be equally represented," said Annie Bellettiere, junior, Brooklyn, N.Y.

On Oct. 19, Senate Judiciary Committee Chairman Arlen Specter and ranking Senator Patrick Leahy announced their intent to begin confirmation hearings for Harriet Miers on Nov. 7, 2005.

Many critics of Miers' nomination feel that the president based his decision on a personal longstanding friendship, not her professional track record. Experts on this issue feel that this hearing will not flow smoothly as did the Roberts hearing.

Senator Charles Schumer (D-NY) has been quoted to say, "I think, if you were to hold the vote today, she would not get a majority, either in the Judiciary Committee or on the floor."

However, whether or not Harriet Miers makes it to the hearings is still to be seen.

"Harriet Miers will withdraw in the next two weeks," said William Kristol, editor of The Weekly Standard.

This might just be a guess, but only time will tell.

Panel of Professionals: Magazine Editors & Writers

Matt Kolk
Fairfield County Home Magazine

Joanne Kabak
Consumer Reports, Newsday

Jeff Pemberton
Wilton Magazine

October 27, 2005 @ 5:00 pm
University Commons

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Have You Heard?

**Earlier this month, at the
Connecticut Coalition to Stop
Underage Drinking's 9th annual
conference in Cromwell
Conn., Janice Kessler received
an award on behalf of Sacred
Heart University, for Most
Outstanding College or
University Contributing in
Preventing Underage and High
Risk Drinking!
Congratulations to all!!!!**

Issues Facing School Choice Debated

Shanna L. Rasmussen
Staff Reporter

Clint Bolick, a school choice advocate, came to SHU last week to discuss the importance of being able to choose a school. Students and public attendees learned how school choice affects children.

Clint Bolick visited Sacred Heart on Thursday, Oct. 19 and spoke with Prof. DeSanctis about school choice.

Bolick is the president and founder of the Alliance for School Choice, an organization set up to fight and give students from kindergarten to high school the right to choose what schools they wish to attend.

"School choice is a freedom movement and a civil rights crusade," said DeSanctis, quoting a book by Bolick.

Christopher DeSanctis, a professor of political science at Sacred Heart, spoke at the start of the lecture. Bolick then took over.

Bolick noted that school choice has come a long way. Not only is it being pushed in towns and cities across the country, but it was endorsed by the popular TV show "The West Wing".

Due to an increase of failing students in schools, statistics have shown that children have a much greater chance of excelling when they are put into a scholastic environment that is suitable to them.

"The ramifications of the drop-out rate are incredible," said Bolick.

School choice is a program that is funded by the state. It allows children and their parents to choose a school in their area to attend whether it is public or private.

"School choice is basically a supplement to the public schools," said Bolick.

According to Bolick, the program is especially important for minority students. In the past there was a reading level gap

of three grades between white students and black students; now it is four.

Bolick believes that if students are given the chance to choose their school,

of the locality of the school, but because of the quality of the education being given.

Bolick stressed how well the school

school choice is the lack of quality of public education in some schools, Bolick explained. In order to monitor and improve the quality of education given in schools, schools in Florida were put on a grading system.

Schools that failed the first were expected to fail the second year too, however, when the failing schools were warned, every single failing school passed the second time around to the surprise and delight of Bolick. The grading system proved to help advance the quality of education given in those public schools.

In Conn., there is no school choice for the kindergarten through twelfth grade levels, but Bolick believes Conn. is getting close. Senator Chris Dodd of Connecticut said that he would allow school choice for children displaced during Hurricane Katrina as a part of Connecticut's relief efforts.

"It sounds like an interesting idea," said Ryan Fahy, junior, Watertown. "More states should consider it."

"The main argument is that school choice will hurt public schools," said Bolick. "People think, 'I would never want to hurt public schools' but it won't hurt them."

About 110 people attended the lecture in the Edgerton Theater including students and the general public. Bolick said he was very pleased with the turnout.

"I wanted to hear what Bolick had to say," said Fahy, "It was informative. I read his book."

Bolick spoke in order to inform people in the area about the issues school choice faces in Connecticut as well as around the country. According to Bolick, students may have a chance to better the educational system once they graduate by pursuing school choice.



The Spectrum/ Shanna L. Rasmussen

Clint Bolick told students that school choice is "not about where the children are being educated, but whether the children are being educated."

then they have more of a chance of excelling. However, school choice is not only about specific location.

"It's not about where the children are being educated, but whether the children are being educated."

Students are not only given the right to choose where to go to school because

choice works on the college level. For that reason, he believes school choice will work just as well on the kindergarten through grade twelve levels.

"School choice provides a 'school life preserver' for children who definitely need it," said Bolick.

A major issue causing the need for

Forensic Science, The Real CSI Enlightens SHU

Nina Blair Wales
Staff Reporter

Professor Albert E. Scherr, from Franklin Pierce Law Center in Concord, New Hampshire, presented Sacred Heart students with an eye-opening look into the real-life application of forensic science.

Scherr, who graduated Yale with a degree in colonial American history and later attended Vermont Law School, has worked as a public defender for 13 years.

As a nationally recognized forensic DNA expert, Scherr provided students a glimpse behind the glamour that surrounds forensic science.

Many students who watch any of the CSI episodes have seen forensic analysts, detectives, police officers, and attorneys use this mission oriented science.

Often the use of forensic science,

specifically, forensic DNA, within these episodes is flawlessly executed, without error and without complications.

Scherr explained that forensic science is a mission oriented science, or a science that is performed for a particular reason. This branch of science is used for legal purposes.

Although forensic science has been extremely useful determining paternity, providing "Joe Doe" indictments, and helping criminal convictions, it is not nearly as clean cut and methodic as what is portrayed in the CSI episodes.

Scherr discussed the perils surrounding forensic science and how this type of science needs further development and improvement.

Examiner bias is one of the major pitfalls that Scherr highlights.

The forensic scientist responsible for examining crime scene samples is often subjective versus objective when

interpreting their results.

Examiners propose a hypothesis and expect a certain result.

After reviewing sample results that are not aligned to their hypothesis, the examiner, at their discretion, can arrive at an unscientific conclusion.

"Without rules, scientists make it up as they go along," Scherr said.

There is not an enforced procedure to monitor how forensic analysts interpret their data. Scherr pointed out that some forensic scientists will base inconclusive results on their personal experience in the field.

Scherr stated that arriving these conclusions without the empirical data is not scientific.

Faint results, inconsistencies between DNA profiles and other discrepancies can either work for or against an analyst when attempting to prove or disprove their hypothesis.

Just one discrepancy in a crime scene analysis can lead to contradicting evidence.

To reduce these inconsistencies and examiner biases, Scherr suggest that there needs to be rigorous training programs for forensic scientist, detectives, and the attorneys.

Implementing rules and providing a guide as to how to handle certain results can help eliminate these discrepancies.

Laboratories need to be randomly audited to affirm validation and consistency.

The future development and the continued use of forensic science are dependent on those individuals within the scope of the field.

It will take collaboration among those individuals to abandon the forensic magic portrayed on CSI and establish a reputable and consistent science.

News

University STAR's Learn to Shine Brightly

Danielle Holton
Staff Reporter

Think that leadership is a dead quality? That no one has it? Or does it go unnoticed? Think again.

Students Taking Active Roles (STAR) is a program specifically for students who are in leadership roles.

STAR is an interactive, eight week course that helps leaders improve their leadership skills which will help them both academically as well as socially.

In order to encourage different types of learning for STAR participants, the courses are taught by different members of the faculty.

STAR is headed by Student Activities Office member, Jane Sanders, who is also in charge of all leadership programs, as well as advisor to Senate and Greek Life.

The STAR program teaches students to identify and seek out leadership opportunities.

Participants in the program have been nominated by faculty members for something they have done that has shown leadership.

The program is open to freshmen,

sophomores, juniors, as well as seniors.

"I think that STAR is a wonderful opportunity to learn leadership skills and meet other student leaders. I am very excited about being a part of this group and I look forward to the opportunities it will create and the knowledge I will walk away with," said Kelly Parks, sophomore, Stoughton, Maine.

Having the program open to all years, leaves the opportunity to recognize a leader at any point.

The STAR program is something that can be listed on your resume as a leadership participant.

"STAR provides students with leadership fundamentals such as how to motivate a team/group, time management, values, ethics, and recognizing and appreciating diversity. It is my goal for students to take the lessons they have learned from STAR and apply them to the clubs/organizations that they are a part

of," said Sanders.

Most of the students had a positive outlook about STAR. They found it valuable and an asset to a student's time in college.

"I think that everyone should have a leadership role. If you don't have leadership role you should still step up in other aspects of your life and be a leader, and I think the STAR program can help you find the leadership quality in you," said Chris Williams, New Rochelle, N.Y.

Albertus Magnus College in New Haven does not have a program like this.

"I think it would be beneficial to have a program like this at Albertus but I would open it up to students not in leadership roles already, so it's not like leader's teaching leader's how to be leaders. The students already in leadership positions could help the other students on

how to be leaders as well as learn from the other students on how they could be better leaders," said Nicole Popp, junior at Albertus Magnus College, Northford.

While many schools have student governments, Sacred Heart is unique in having a program that specifically caters to those taking a leadership role on campus.

This program is made to teach students already in leadership positions how to improve their qualities and focus on goals.

It also teaches students how to become better leaders and in turn, be better for their community. There is also a continuance program, STAR 2.

STAR 2 requires that you apply instead of being nominated.

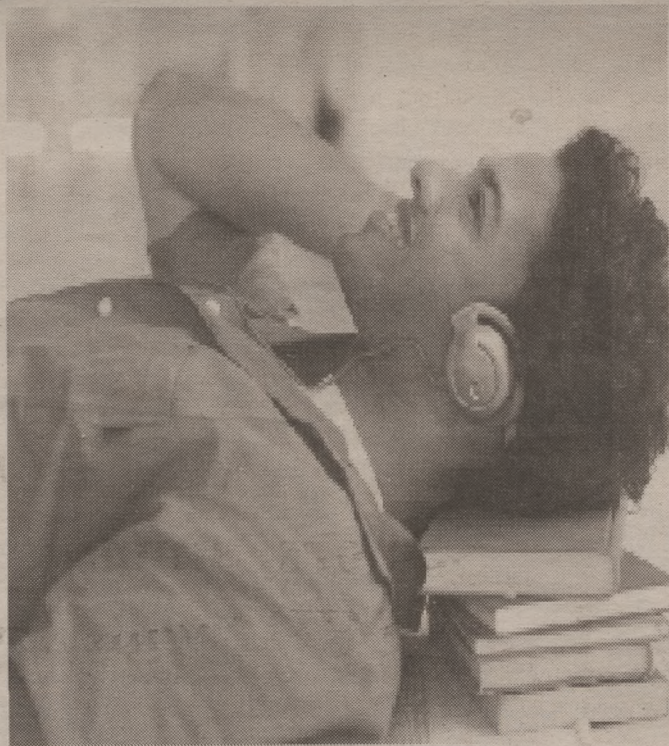
Previously being in STAR 1 isn't mandatory but if you were not in STAR 1 you must have been in another leadership program, Navigating Leadership.

"I was a navigating leader so I was unable to participate in Star 1 but everyone I know that has participated really enjoyed/enjoys it. I would really like to do STAR 2 next year," said Kelly Linskey, sophomore, Seal Beach, Calif.

"I think that STAR is a wonderful opportunity to learn leadership skills and meet other student leaders."

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Sheila Wycinowski, Director of Curriculum and Staff Development at Anity High School, explains, "Basically we look to hire Quinnipiac students. They have a clear understanding of lesson planning and classroom management and the balance between them." She also characterizes Quinnipiac students as articulate, creative, able to encourage higher-level thinking in students, and able to incorporate technology into their teaching.

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Collection Center to Hold One Last Session

Ashley Winseck
Staff Reporter

The Sacred Heart Hurricane Relief Collection Center did not hold hours this past weekend due to numerous other events on campus. However, this weekend, the Sacred Heart community will have one last chance to help.

This Saturday, Oct. 29, the center will be accepting final donations. Items donated will be loaded up and delivered to the State Collection Warehouse in Stratford, where they will eventually be transferred on to the Gulf States.

The Center will be open from 9:00 a.m. to 12:00 p.m. at the rear entrance of University Commons.

Items that are currently in demand include juices and sodas, canned goods and any non-perishable foods, combs or brushes, toothbrushes, razors, shampoo, towels, washcloths, diapers, baby formula and wipes, blankets, pillows, batteries, toilet tissue, tents and tarps. The center requests that bottled water and clothing not be donated at this time.

If you would like to make donations but can not make it to Saturday's collection time, please contact Professor Gary Austin for pick-up prior to the

date.

"We have seen a great outpouring of support for the victims on the Gulf States by member of the SHU family and the neighboring communities," said Austin.

"If you have either participated as a volunteer or contributed please stop by and say hello on Saturday. We would love to thank you again for your support."

If you have not yet had the chance to help out the victims of Hurricane Katrina, this Saturday is your opportunity. Whether you want to donate items or your time, all are welcome.



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Perspectives

Students' Perspectives on Faculty Ethics

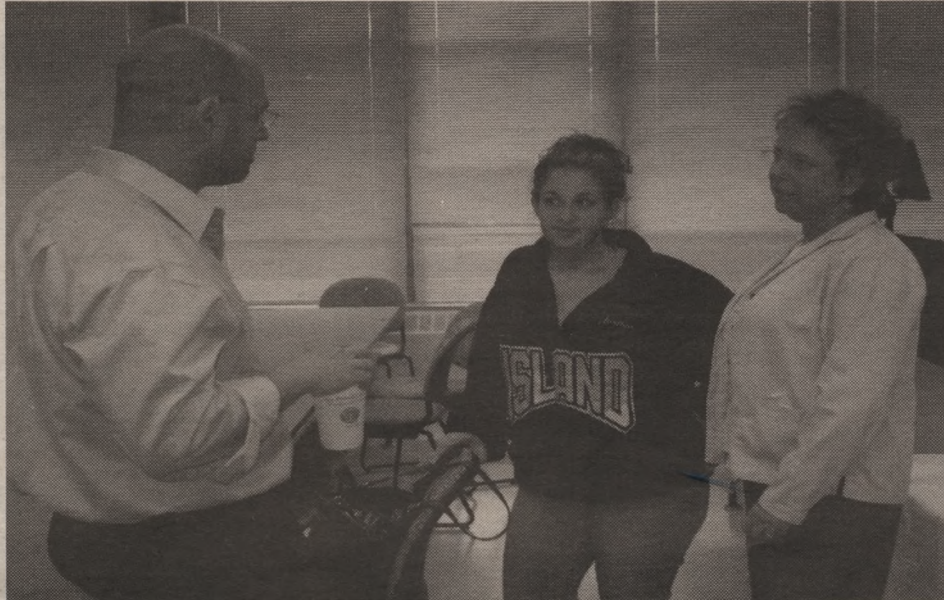
Ariane Rasmussen
Staff Reporter

"What's Ethical and What's Not: Students' Perspectives on Faculty Ethics" covering a broad spectrum of rarely discussed issues, took place on Oct. 19.

There were various participants who attended this discussion. Ranging from faculty members such as Frances Grodzinsky, Professor of Computer Science and Information Technology and Barbara Jean, Director of Campus Ministry to students Michael Smith, senior, Canton, Mass.; and student Justina Betro, sophomore, Staten Island, N.Y. Other professors ranging from the psychology department to the media studies department had also attended the workshop giving an over view from all different majors.

This roundtable-type discussion was started by Professor Frances Grodzinsky last year and was opened to both faculty and students. According to Grodzinsky, about fifteen members are welcomed to each discussion making it a "good number for an active and engaging discussion."

"We seemed to have a lot of workshops for only faculty. I felt that it was important to initiate faculty-student dialogue around issues that had ethical implications," said Grodzinsky.



The Spectrum/ Ariane Rasmussen

Faculty and students discuss what is considered ethical.

When it comes to whether or not any changes will take place thanks to these discussions, Grodzinsky said, "One can only hope. The purpose is to sensitize people to the issues and cause them to reflect on the ethical problems that exist. Ultimately, it is up to each and every one of us in the development of our character to decide our value system. Hopefully these discussions bring things to the table that are confusing, problematic and hard to evaluate. Dialogue with others can help clarify some thorny subjects."

In addition, Grodzinsky points out some of the results of prior table discussions. "As a result of some of the previous roundtables, other workshops have developed. For example, there will be an IDEAL faculty workshop at the end of November that grew, in part, out of the roundtable discussion on plagiarism that we had last semester," said Grodzinsky.

Different types of questions and ideas were brought up amongst the students and faculty. Some, being the use of laptops in the classroom, group-work versus individual

work, and student-teacher relationships outside the class – where to draw the boundaries. Topics varied tremendously, but there are some conclusions that can be made as an overall product of the conversations that took place.

Firstly, as voiced by Smith and Betro, a professor's behavior outside the class definitely matters. The use of humor and constantly encouraging and giving students the freedom to share their views were two of the main factors found to contribute to their learning process. Where some students like group work, it seems others are afraid of having to do it all by themselves at the end.

As for the professors' views, one professor might have summed it all up saying, "You [the professor] are in a relationship with the class and I think that what you give is what you'll get. The dynamic of the class depends in large part upon the way you conduct yourself as a professor and what you can expect from the students depends upon what you can expect from yourself. There's a respect that is developed."

The many valuable ideas and thoughts that were shared in this discussion can be used to better help and teach students in the future. The second roundtable discussion will take place on Nov. 9

The SPECTRUM

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Letter to the Editor

To the Editor:

I was a bit taken aback to see one of your reporters describe Sacred Heart University as a "religious institution" (Daniele Holton's article on pilgrimage, Oct. 20, 2005). A religious institution exists in order to carry out religious goals and activities, and members of that institution are presumed to share its religious commitment. This university does not (and should not) fit those characteristics.

Catholics in America have a proud history of founding various social institutions that are not primarily religious—universities and hospitals are good examples. Thus St. Raphael's Hospital in New Haven is a medical institution that competes with Yale New Haven Hospital by employing a highly trained medical staff and serving patients irrespective of their religious commitments.

Similarly, SHU, like other respected Catholic universities, is first and foremost an academic institution. Unlike some fundamentalist colleges (which could indeed be described as religious institutions), this university is open to students regardless of their faith commitment and does not require its faculty to be Catholic (or even religious, for that matter). Unlike those colleges, this

university does not censor the teaching of perspectives critical of religion (e.g., feminist perspectives on the church), or mandate a particular religious curriculum (e.g., teaching creationism in science classes).

This is not to say that our religious affiliation does not matter—quite the contrary. The academic quest at SHU is grounded Catholic values which include the affirmation of religion as something important, both personally and in terms of its broader cultural influence. That's why this university, unlike those without a religious affiliation, requires students to take Religious Studies courses, or offers a public lecture on pilgrimage, or begins graduation ceremonies with a prayer.

As the university's mission statement puts it, SHU is an "institution of higher learning" that is "Catholic in tradition and spirit." We are an academic institution with religious roots, and we should keep it that way.

Christel Manning
Associate Professor of Religious Studies
Director, MARS Program

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He Said... She Said...

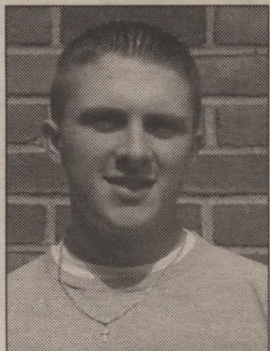
To pay or not to pay...

Who should pick up the tab on a date?

Robert Roy
"He Said" Columnist

Paying for the date has always been the guys assumed responsibility. Every Hollywood production of some sappy love story involves some ridiculously rich guy taking some girl out for the most romantic evening of her life. They go out, fall hopelessly in love and then yes, he picks up that tab. Well that is great, but what about all the rest of us guys who don't have any money. What if she is just dating us for her money? Have Kanye's worst ideals of her being a gold digger come true?

No, she does not want you for your money just to pay for an expensive date. It is just inbred into our culture that it has become expected that the guy pays for the first date. Gentlemen, fork over the cash, do not be a tight, cheap guy if you have the ability to pay. If you are truly broke, then hopefully



The Spectrum/DANYA JIMENEZ

she likes you for you. If your so called date only likes you for your money then you should probably save your time and energy, don't bother

In my opinion, if you the guy, has the means to provide, then he should step up to the plate and just pay for the date. She deserves to be shown a good time and you should be the one to show it to her. Even if you have been in a relationship for a long time, she still deserves to be treated like a queen. Do whatever you can to make her happy, because if she is truly worth it she will be doing the same for you.

Rachelle Murphy
"She Said" Columnist

You go out to a nice restaurant for dinner and see a movie with a date. Should you let your date pay, should you pay, or should it be split in half? If it were the 1950s, the majority of people would say let your date pay. Seeing as it is 2005, one would hope that we have a more open mind when it comes to picking up the tab.

There are three options as to who pays for the date. The first option is having your date pay for everything. Some women prefer this. It is more of a romantic and kind gesture. Most women assume that since your date asked you out, he should pay for everything. However, not all men have that kind of cash flow to be able to afford dates week after week.

This leads to the second option of picking up the tab. You asked him out on a date. By the "rule" stated above, you would



The Spectrum/ELYSE HARRELL

pay for the whole date, which would seem the most fair. Some women also might not have the cash flow in order to keep up with their increasingly busy social life. So who exactly pays for this date now?

The third option (and in my opinion the best option) is to go Dutch. You can pay for your half and your date can pay for his half. That way everything will be paid for, and you won't feel like you owe the other person anything. This will keep down the anxiety about paying. Less anxiety will lead to a more enjoyable date. So, remember your wallets!



This week Student Government held several events which were very successful. This past week has been an alcohol awareness week. Going off this theme, Executive Board performed their yearly Mock Accident event. This event not only emphasizes the importance of having a designated driver, but it also has a very emotional way of showing students what happens when they choose to drive drunk. The aspect which magnifies the intensity of this event is being able to see classmates "dead" in the crashed car, and seeing them en route to the hospital. Nothing is more real than seeing a friend in a body bag, or being wheeled away on a stretcher. For those minutes in the played out scenario, it's like you are right there in that situation, watching it really happen. Many students showed up to view the simulation and most left in tears.

Following the Mock Accident was a Student Senate sponsored event of tie-dyeing combined with an Executive Board barbeque. Not only did the Student Government members enjoy making t-shirts and eating off the grill, but many other students came to enjoy the event as well. As a matter of fact, Senate had to get more dye during the middle of the event to have enough for all the interested students. The barbeque was equally as successful. Meeting the and getting to know the student body are the goals of the Senate, and what could be a more fun way of doing that than with free white t-shirts and tie-dyeing?

Student Senate is selling Westfield Works Wonders tickets for this fundraiser this year. Every year, the Westfield Shopping Center, or more conveniently called the Trumbull Mall, is going to close down for one Sunday night and only admit customers who have purchased a Westfield Works Wonders ticket. A coupon book is handed out to every person on the night of the event as well as all stores having discounted merchandise for this night only. Any person interested in purchasing tickets to raise money for Student Senate, please contact a senator from any one of the classes.

This week the Senate will be questioning the new Judicial Board representatives from all four of the classes. Every year these members are questioned before they are voted on being set into this position. The Judicial Board is put into place to make sure the Student Government as a whole upholds its responsibilities as set forth by the constitution. However, before this board can hold any hearings, they must be sworn in by the Student Senate. Aisha Lubin, the Judicial Board Chair is looking forward to having all eight of her representatives come before the Senate.

- Contributed by Erin Maurer.

**Come voice your
opinion at a Senate
Meeting!
Tuesdays at
7:40 a.m. in the
Faculty Lounge**



What was your favorite childhood Halloween costume?



"My favorite costume was my baby blue genie costume. I had the big parachute pants and fake belly jewels."

Tara Maroney

Chicopee, Mass. ~ Sophomore



"My favorite costume is the Robot my mom made me when I was five."

Rob Mammone

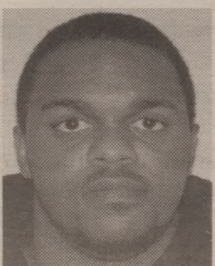
Bethel ~ Grad. Student



"When I was young my grandmother made my costumes. My favorite one was a pirate one."

Linda Murray

Newington ~ Freshman



"I had the official Batman costume when I was nine."

Jason Hawkins

Queens, N.Y. ~ Junior



"My favorite costume was Belle from Beauty and the Beast."

Colleen Coyne

Brooklyn, N.Y. ~ Sophomore



"I rocked the Ninja Turtles costume when I was eight."

Bryan Smith "B Holla"

Copiague, N.Y. ~ Senior

—Arts & Entertainment—

In Her Shoes, A Perfect Fit for the Theater

Jaclyn Hull
Staff Reporter

On Oct. 7, 20th Century Fox released "In Her Shoes", a film that touches the heart by exploring the bond between two sisters. The movie is a spunky film version of Jennifer Weiner's popular chick-lit novel.

Recently, the most favored movies seem to be based on story plots of best selling books. "In Her Shoes", among other successful novels, made movies such as "The Notebook", based on Nicholas Spark's triumphant romance novel, or the admired series of JK Rowling's "Harry Potter".

"I went to see the movie as soon as it came out. A bunch of my friends read the book over the summer and I didn't have time to finish it, but hearing about how good the book ended up made me really eager to go and see the movie," said Jessica DiBenedetto, junior, Bronx, N.Y.

This is another successful movie for super actress Cameron Diaz, who opposites actress Toni Collette. The two play sisters, one an irresponsible party girl named Maggie (Diaz) and the other an ambitious attorney named Rose (Collette).



<http://www.ksymena.pl>

In Her Shoes is based on the novel written by Jennifer Weiner. Starring Cameron Diaz and Toni Collette.

Both girls clash together when they move into one apartment, however, when Maggie refuses to get a job, Rose kicks her out, forcing Maggie to shack up with her grandmother Ella, played by the famous Shirley MacLaine. Maggie really brings a new sunshine to Ella's senior living complex in Miami.

"This movie definitely has a real family feel to it, seeing Maggie bring hip taste to Ella's home in Florida was definitely something I could relate to," said Ally Timek, junior, Wallingford. "I am always trying to keep my grandmother updated with the times of today."

For Director Curtis Hanson, this film had a different flavor from his earlier guy-fueled successes, "Wonder Boys" and "8 Mile". Hanson's character choice of Diaz and Collette was smart and satisfying,

their personalities really matched Rose and Maggie's right on.

"I thought that Hanson did a nice job with the movie, but I am always in favor of the original stories in books," said junior, Genelle Rougier, Uniondale, N.Y. "You get more of a feel for the characters in the book because you can make them what you want through your imagination, it's more of a personal feel, but Hanson's choice still matched pretty well."

This is a heartfelt movie perfect to see with your close girlfriends or your sister, or of course the perfect boyfriend that loves to join in on a chick-flick movie night! This is a must see for those who can relate to the inner workings of a family and can appreciate the bonds that two siblings can share.

MOVIE REVIEW



"In Her Shoes" (PG-13, 130 Minutes)
Starring: Cameron Diaz, Toni Collette, Shirley MacLaine

Mraz Brings Lincoln Center to Its Feet

Matt Libassi
Staff Reporter

"Geek in the Pink," Jason Mraz, recently played at Lincoln Center in New York, packing the theatre to its breaking point sending over the audience a wave of awe and leaving the

attendants breathless.

Mraz made his musical debut with his CD titled "Waiting for my Rocket to Come", in Oct. of 2002, boasting such hits as "Curbside Prophet" and the "Remedy." After such a wide success, he was quickly thrown into tours and performances.

This past June, Mraz put out his second album, aptly named Mr. A-Z presenting Mraz's sense of humor, talent, and overall love of performing.

"The primary musical objective for the album was to paint my vocals over backdrops that best reflected the nature of each individual song, to showcase my character over a variety of beautiful multi-genre grooves and styles and soundscapes," writes Mraz in his biography (www.getsomenoise.com) ([jasonmraz.com](http://www.jasonmraz.com)).

Start to fin-

ish the concert was nothing short of amazing. Opening was Raoul Midon, a blind slap-guitarist who is accustomed to touring with Mraz. Midon really pumped up the crowd, singing and banging on the side of his guitar making it sound like there was a full bass and drum set accompanying him.

"Raoul Midon is something else," said Bridget Steckis, sophomore, Wading River N.Y. "The way he can play and make it sound like a full band is behind him is something I have never seen before."

Midon later made an appearance with Mraz on stage to sing their duet, which appears on Midon's newest album, "State of Mind".

Mraz came running out on stage, leaping into the air to the screams of over 2,000 fans. He began playing with just him and his guitar, but after two songs the curtain opened and the rest of the band joined.

In reference to Mraz's stage presence, Andrea Gorniok, a freshman, from Wading River N.Y. said, "I felt the performance was high energy, exciting, and entertaining, you really got to see his personality, and you really got the sense that he loves what he does, he loves performing, I was not disappointed."

The set list of songs they decided to play did have a wide range. Mraz mostly featured songs from his new album, but sung his past hits like "Remedy" and

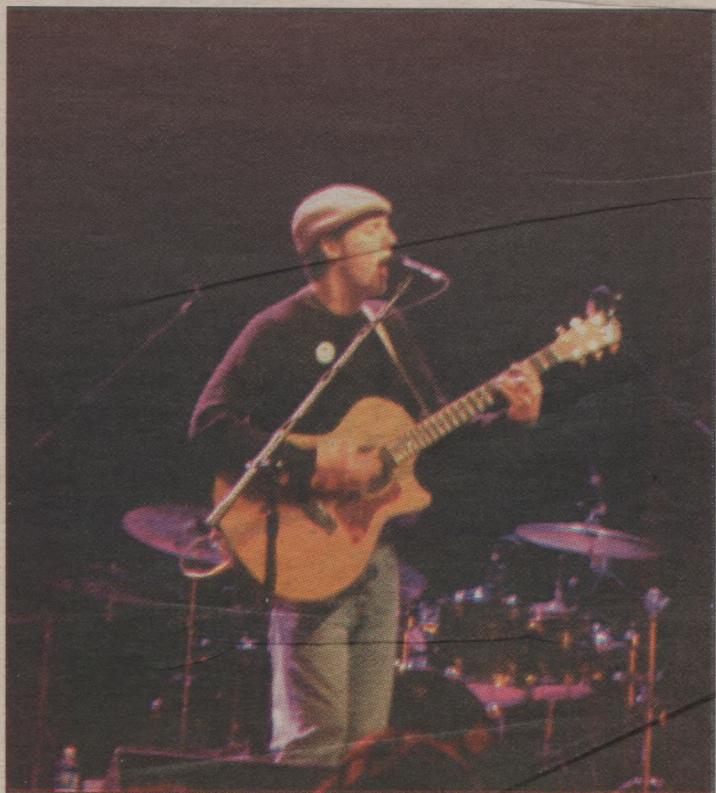
"Curbside Prophet", along with some new songs never released like "Plain Jane".

The best part of the concert was when Mraz played "Remedy" and everyone in the entire theatre got up off their seats, started to sing along, and those on the first level all charged at the stage. He continued to play a few more songs with everyone standing until security dispersed it, except a few songs later with "Curbside Prophet" everyone did it again.

After finishing, Mraz and the band left the stage, only to be brought back on by 5 minutes of screaming fans for an encore. He saved one of his most popular songs from his new album titled "Geek in the Pink" for a perfect ending.

Jason Mraz is just one of those performers that no matter where you put him whether it be Canada, New York City, or England he will put on an amazing show and really give the crowd their money's worth.

CONCERT REVIEW



Jason Mraz shown here performing one of his hit songs.

www.getsomenoise.com

What's Hot: Fall/Winter Shoe Trends

Gina Saccaro
Staff Reporter

With fall in full effect and winter just around the corner, the new fall shoe styles are making their way to SHU.

With the chilly weather approaching, boots are always a popular choice for the upcoming season. Especially this fall, cowboy boots are back and better than ever.

Ever since Jessica Simpson starred in "Dukes of Hazard", cowboy boots have been making a scene in trendy stores around the country.

Steve Madden shoe stores have a wide variety of affordable and stylish boots. Nordstrom department stores also carries some higher end brands such as BCBG, Stuart Wietzman, Miss Sixty, and Michael Kors.

"Cowboy boots are everywhere...ever since Jessica Simpson rocked them in dukes of hazard. Girls everywhere want to copy her look," said Jenine Kleeman, sophomore, Manalapan, N.J.

Another trend that has been around for a couple of years are UGG boots. Whether it is the actual UGG brand, or an imitation, these boots have been seen on everyone from celebs to students.

"I think UGGS are kind of last year. I don't think they are going to make a comeback, just because they were so popular last year, I think people are going to be looking for something new," said Meghan Duckworth, sophomore, Cumberland, R.I.

However, when the fall and winter seasons come around UGGS are practically unattainable. There are waiting lists



www.photobucket.com

These boots keep your feet warm for cold winter days .

for months just to score a single pair.

UGG boots are both comfortable and convenient. Such celebrities as Britney spears and Cameron Diaz, have sported UGGS in the past. However, the question still remains, are people going to continue to wear these comfortable boots for another year?

"I think the UGGS will still be in, not only for fashion but basically because

they are warm and comfortable. Boots will always be a necessity," said Jackie Stephens, sophomore, Ridgefield Park, N.J.

Since wedge sandals were such a huge trend this summer, the fall and winter versions are wedges on a boot, or closed toe shoe style. Metallic colors are also still in style, just darker and warmer versions.

Flats, round toed and lower heeled

shoes are reappearing this year. Such department stores such as Nordstrom's, Bloomingdales, and Macy's carry up to the minute flat footwear.

"Right now, I am also seeing a lot of flats, in various styles. I think heels will be out this season, which is a good thing for us girls who's feet hurt by the end of the night," said Jessica MacConaghy, senior, Syracuse, N.Y.

Flats are comfortable, and can be paired with nearly any type of outfit. Ballerina shaped flats and moccasins are practical for everyday, and cute for going out.

Moccasins by Minnetonka are inexpensive and come in various colors and styles. Steven, by Steve Madden also carries multiple styles in flats.

Pumps are always popular for a night out. Whether it is pointy or round toed, pumps are still very in this season.

There is a variety of shoe styles that are both trendy and comfortable that is going to be hot for these fall/winter seasons. However, the biggest style this season is facing are the Daisy Duke inspired cowboy boots.

Check out
The Spectrum
online at

www.sacredheartspectrum.edu

"Oh Boy" Rapper Cam'ron Wounded in Shooting

NEW YORK (AP) - Cam'ron, who is recovering from a gunshot wound suffered in an apparent carjacking in Washington, said would-be thieves shouldn't expect him to give up his ride so easily.

The 29-year-old rapper was wounded early Sunday when he refused to give up his Lamborghini at a traffic light after leaving a nightclub. When he attempted to drive away, the gunman fired a single shot that passed through both of his arms, Lynn Hobson, a spokeswoman for Cam'ron's label, Diplomat Records, said Sunday.

Cam'ron was treated at Howard University Hospital and released Sunday afternoon.

"People are foolish if they think I'm going to lose my head and give up anything to anyone just because someone threatens me," Cam'ron, who was back home in Harlem, said in a statement Monday.



AP Photo/The Washington Post, Susan Biddle

New York rapper Cam'ron, center, leaves Howard University Hospital, in Washington, D.C., Sunday, Oct. 23, 2005. Cam'ron was shot and wounded during a botched carjacking near a waterfront night spot.

"I'm doing OK. It takes more than a botched carjacking to keep me down."

The rapper, whose hits include "Hey Ma" and "Oh Boy," will release his latest album, "Killa Season," in February. He also plans to release a film by the same name.

A Conversation with Best-Selling Author

Larry Bossidy

Former Chairman & CEO, Honeywell

Former Vice Chairman, GE

Author of

Controlling Reality and Expectation

Hosted by Dr. Anthony J. Carra, President, Sacred Heart University

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Features

Locks Shine With Love This Season

Dallas Kalmar
Staff Reporter

For centuries, hair has been taken for granted. A distinguishing characteristic of beauty, an object of vanity and desiring thought, hair has obtained a whole new meaning, thanks to Locks of Love.

Locks of Love is a non-profit organization that provides hair pieces to financially disadvantaged children 18 years old and younger suffering from long term medical hair loss. Most of the children helped by Locks of Love have lost their hair due to a medical condition called alopecia areata, which has no known cause or cure.

Locks of Love receives over 2,000 hair donations through the mail each week, and 80 percent of hair donors are children. Hopefully, the percentage of donating adults will increase in the future, as for right now, the concept of hair donation seems to be catching on.

"I have always been blessed with long, thick hair, and decided last month that I wanted to cut it short, about 12 inches off. A friend suggested I donate it to Locks of Love, so in the mail my ponytail went to a good cause, instead of a garbage can. I'd like to grow it out and do it all over again," said Jaime Rist, Fairfield.

Kids are often teased at school for not having the right clothes or a weird last name, yet just imagine what it would be like to go to school without hair. As noted on their website, www.locksoflove.org, Locks of Love provides prostheses that help to restore self-esteem and confidence, enabling kids to face the world and their peers.

Most salons in the Fairfield area participate in Locks of Love, but if you would like to participate and receive a haircut free of charge, Scissors Hair Salon



www.fiveseasonswestlake.com

Ten inches of hair can make or break a child's self-confidence.

in Fairfield, located at 254 Post Road participates on Tuesday and Wednesdays. Call (203) 259-6261 for an appointment.

Total Look of Fairfield is another Locks of Love participating salon that sees several clients each month, part with their locks for this cause.

"Sometimes people get a little emotional when they part with that much hair for the first time, but are easily consoled when I remind them why they're doing it. They forget it will grow back," said Clint Steinberg,

one of Total Look's stylists from Fairfield.

When a child is accepted into the program, they are sent a molding kit and instructional video, which shows their parents how to make a plaster cast mold of their head, and then send it back to the manufacturing plant.

Using 140,000 strands of real hair, wigs are handmade using silicon caps to match each child's skin tone. The custom made silicon allows for a perfect fit, making it impossible to pull off. Children can go swimming, can hang upside-down on the monkey bars, and lead a normal life.

Obtaining a wig generally takes four to six months, and children can choose their desired hair length and color. Such wigs are known as prosthetics and are worth more than \$3,000.

If you are interested in participating, keep in mind that hair donations must be a minimum of ten inches tip to tip, not wigs or synthetic hair. Hair may be colored or permed, but not bleached or chemically damaged. If you are unsure, ask your stylist.

Hair from men and women, young and old, and of all colors and races are welcomed. Hair needs to be clean, dry, bundled in a ponytail or braid, placed in a plastic bag, then a padded envelope to be sent out, along with the Hair Donation Form.

With the holiday season approaching, now is the time to make a difference in a child's life. More information about Locks of Love can be found at their website, www.locksoflove.org.

The New Trend, Spring Break Hot Spots

Victoria Licata
Staff Reporter

It's around the time to start looking for popular locations for Spring Break 2006. Panama City Beach, South Padre Island and Cancun, are all potential spots for partying and relaxing.

"I'm not really sure about where I'm going yet, I'm open to options right now," said sophomore, Matthew Maleri, Seymour.

Although spring break may seem far away, starting to plan now for a trip will help the cold winter month's move by quicker. March will come faster than realized.

To help students start planning, there are many different websites and brochures to look through, which have different vacation facts and descriptions.

Panama City Beach, Florida is a top five choice for any spring break group. Panama is known for its entertaining party scene where there are endless beaches and many nightclubs to visit.

There is 27 miles of white beaches facing the Gulf of Mexico. The prices are very cheap and the rules are liberal. This could be the ideal spot for college students.

Cancun, Mexico is the number one spot to visit in the Caribbean for spring break. For years, high school and college students have gone down to Cancun for their spring break vacation.

These popular locations have clear blue water to the bottom and blue skies with the sun beaming down. There are discos and nightclubs, all sorts of water

activities and special night time cruises.

Somewhere a little calmer than Panama City Beach or Cancun would be South Padre Island located in the Gulf of Mexico. There are 34 miles of beach, where people from all over the U.S. go to take in the sun. The



www.atpm.com

A beautiful view that could be yours during spring break.

island has a variety of water activities as well as a happening nightlife.

South Padre Island is for those who want to relax and be able to enjoy the sun. There is partying, but this is a more laid back vacation spot.

Another very sunny location is the Bahamas. A gamblers dream vacation and the shop-aholic descrip-

tion of a vacation all in one.

Nassau which is an island in the Bahamas is the most commonly visited island. It has casinos and a shopping strip for those who enjoy spending money.

The Waterloo and Bahama Boom are the two largest nightclubs and they are the most popular in Nassau. There are also private beaches available to get away from all the spring break craziness.

If a crazy spring break is not what you are looking for, then there is Lake Havasu City, Arizona to go and relax. There are beach accommodations but for those who are more into the physical aspect of vacationing there are many different activities. From rock climbing, white water rafting and mountain biking, there is something for everyone.

At night, there are night clubs and beaches, but after a day of riding through mountains, sleep may be the best option. This location is considered to be the more adventurous spring break spot.

"I haven't really thought about spring break yet but as long as I'm having a good time I don't care where I am," said sophomore, Daniel Hopkins, New Fairfield.

There are places for every type of person. Whether the 24-hour partying type or the more laid back individual, there is a spot staying national or international with your name on it.

To find out more information about spring break destinations you can visit www.sunspashtours.com or www.discovery.com for the best group discounts and all other descriptions and availability.

Free Money, The Secret to Finding Scholarships

Theresa Vosilla
Staff Reporter

The average college student is not exactly financially comfortable, every penny is used where possible, but many aren't aware of the free money out there to help pay for their college tuition.

This free money comes in the form of scholarships. Students often are unaware of the vast array of scholarships available. Scholarships are not limited to students entering college; students currently in college and graduate school are eligible.

"I really didn't think there were scholarships for kids in college already or I would have looked into some of them," said junior, Melissa Doelger, Brooklyn, N.Y.

Scholarships are available in all different categories. There are some for athletics, academics, talents, who are interested in particular fields of study, who are members of underrepresented groups, who live in certain areas of the country or who demonstrate financial need and many other untraditional selections.

There are also free websites that will help you search for scholarships based

upon your credentials and interests. You can find these websites and a lot more helpful information by first clicking on "financial assistance" on the school's website, and then clicking on "helpful resources". Here you will find a few extremely helpful links to scholarship information and availabilities.

One of the links is to, the Financial Aid Information page, a site dedicated to scholarship information and searches. On this page, under the category "scholarships", is a link to FinAid at www.FinAid.org.

It is said that FastWeb scholarship search is the most accurate and most frequently updated scholarship database, with more than 3 billion dollars in scholarships. This free scholarship database will even notify you when new awards that match your profile are added to the database. This page includes a few different categories of scholarships and links to them all.

Not all students have a perfect GPA but they do have other qualities that could help you obtain a scholarship for the average student. They are for creativity, overcoming adversity, community service, acts of kindness, non-academic achievement, entrepreneurship, essay contests, art contests, and miscellaneous activities.

There are also unusual scholarships available. Some of them include: Duck Brand Duct Tape Stuck at Prom Contest,

Scholarship for Left-Handed Students, and the Students for Organ Donation Youth Leadership Award, Little People of America Scholarship, and even the Tall Clubs International, TCI Scholarship.

There is also the CAPFAA Scholarship, which awards deserving student who have made excellent academic achievement and have a strong commitment to community service. According to Gail Marks of Financial Assistance one of these deserving students was SHU's very own, Athena Soriero.

There is also a listing of updated and available scholarships available located outside of the Financial Assistance office on the bulletin board in Curtis Hall.

While students are searching for these scholarships, they should remember to be aware of common scholarship scams. A helpful hint is that if you have to pay to get the scholarship money, someone is most likely scamming you.

According to the FinAid webpage, students should watch out for scholarships that never materialize. Students will pay money and see little or nothing in return and write it off, as they did not win, which is usually not the case.

The Scholarship Prize is also a common scam that tells students that they have won a huge scholarship but need to pay taxes or disbursements before it can be paid out. If you did not enter the contest you might want to be suspicious and cautious.

Express Yourself

Amanda Plakias
Contributing Writer

The beauty God created in this world is so amazing.

Just take a moment and just sit back gazing at the sunset or better yet spark up a conversation with someone you just met. Also, free your mind and let go of any regret!

I find that it is so wonderful that everyone is blessed in their own unique way and none of us should go astray.

Life goes by so quickly and there is no need to look back into the past before we know it: graduation, the real world, marriage etc... will be here at last very, very fast. It is now or never because there is there is no such thing as forever.

SHU deserves a big Thank you! I am so glad that God placed me here because I know we have nothing to fear and a beautiful future is near. God Bless! Peace! God Bless America.

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Men's Soccer Wins Two, Stays Alive

Brad Holland
Assistant Editor

After three consecutive Northeast Conference ties, men's soccer picked up six critical NEC points from two weekend matches to climb to the brink of a playoff position.

Wins against two New York universities, 1-0 over St. Francis Friday and 1-0 over Long Island Sunday, have carried the Pioneers into fourth place in the NEC, tying them with Fairleigh Dickinson University for the final playoff spot.

Sacred Heart will play FDU Sunday at 1 p.m. at Campus Field.

A win Sunday could move the Pioneers into sole possession of second place, depending on other outcomes, going into the final weekend with games against Connecticut rivals Quinnipiac University and Central Connecticut State University.

Sacred Heart's nine points are the most it has recorded

since its inception to the NEC in 1999.

The previous record was seven by the 2002 squad.

Its mark of five overall wins also surpasses the previous record of three wins by teams from 1999 and 2001.

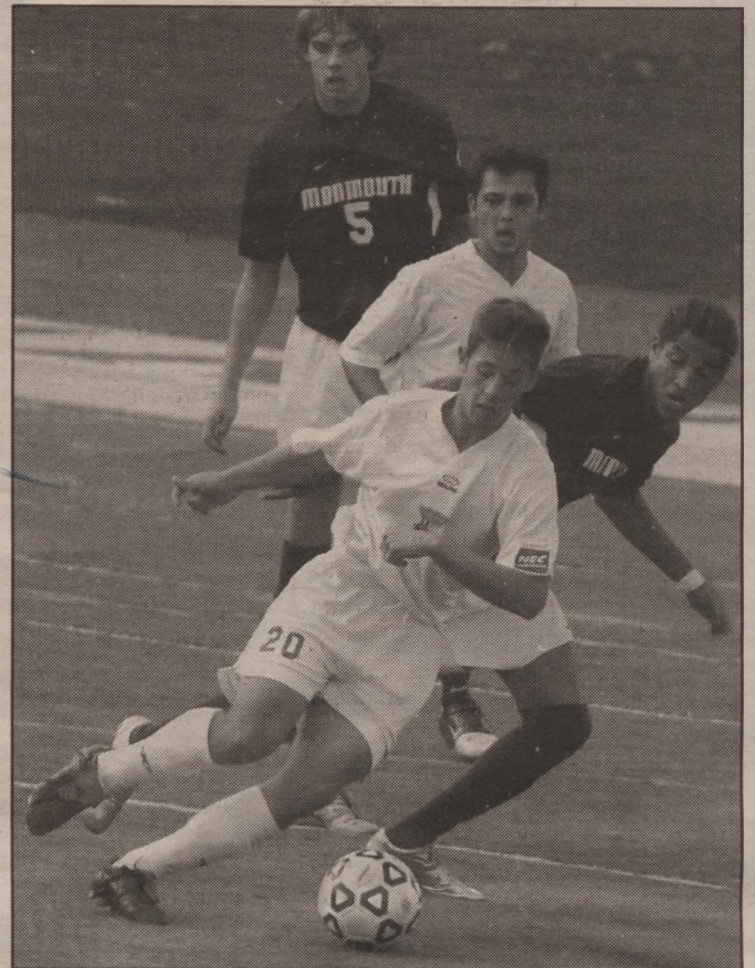
Matthew Jones, a freshman from Stoke-on-Trent, England, made all 12 saves on the weekend en route to earning Sacred Heart Athlete of the Week and NEC men's soccer Rookie of the Week honors.

Midfielders Dan North and Neal Shapiro scored the goals for the Pioneers.

North received a cross from forward Jason Tessatore in the 21st minute and scored to provide the game winning goal versus St. Francis.

Shapiro headed a cross from midfielder Tony Allegro in the 38th minute to lead Sacred Heart to victory against Long Island.

Freshmen Luke Gagliardi and Tessatore lead Sacred Heart with five and six goals, respectively.



Contributing Photo/ Christy Ann Flynn

Luke Gagliardi turns to get a shot on goal for men's soccer.

Scrums and Rucks and Trys, Oh My! Women's Rugby Plagued by Injuries

Erica Rico
Staff Reporter

If you want to catch some scrums, rucks, tackles, and try, come check out the women's rugby team. You can catch the women practicing in the Quad Tuesday through Friday from 5 p.m. to 7 p.m.

The club has been in existence for ten years. This year's coach, Dave Levine, who is the president of the New York Rugby Club and a certified referee, has a lot of experience with the sport.

"He really knows his stuff," senior captain Erin Fallon said. "We're lucky to have him."

Although the women have lucked out with an experienced coach, they have not been able to capture a victory this season.

However, a lot of the reasons stem from their multiple injuries that have caused them to forfeit games. The women have forfeited three out of four of their games due to lack of players.

On Sunday, when the ladies faced Colombia, they were short two players from the start. They were forced to forfeit the game because they were down players.

However, instead of going

home with the loss, the team played a friendly match.

During the match, two teammates were seriously injured.

Senior captain Pamela Manns was knocked out cold for over one minute after being tackled to the ground. Although she finished the game for Sacred Heart, after a visit to the hospital it was found that she had experienced a serious concussion.

In the same game, sophomore Ashely Seiger collided with a player and suffered a concussion. Seiger also pulled it together to finish out the game.

"We have had a lot of injuries this year. Rugby can get really intense," sophomore Tatiana Garcia said.

Fallon dislocated her knee in the first game of the season against the Army rugby team.

"I popped it into place and played the rest of the game," Fallon said.

Sophomore Katie Vaillancourt separated her shoulder in practice during a scrimmage. She was sidelined for the season.

A bad sprained ankle was the outcome for junior Meghan Pelletier during one of the team's practices.

Altogether the team is getting banged up and critically injured, and since they are not an intercollegiate sport, they are being turned down by the Physical Therapy staff at the Pitt Center.

"When I dislocated my knee, I had to go to health services and they gave me Ibuprofen for treatment," Fallon said.

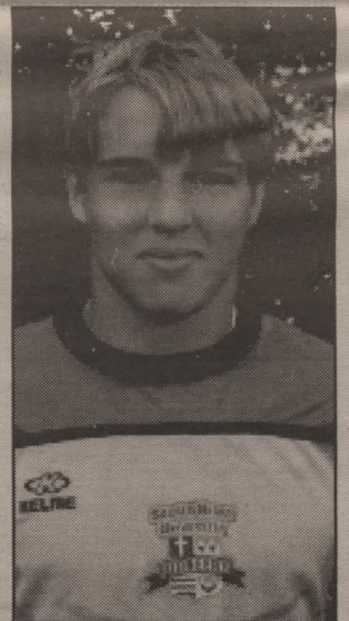
Because the Physical Training Staff is down in the number of employees, they are unable to treat anyone but members of the sports teams at the school.

"When I come up from a hard tackle, instead of feeling bad for myself, I just look at my teammate next to me and laugh and enjoy the game," Fallon said. "I enjoy being out there and being able to play my sport."

The rugby women are tough and put their bodies on the line to play the game they love.

Instead of visiting the Physical Training Staff, players have to seek local doctors and pay for medical assistance for the injuries resulting from their college rugby club.

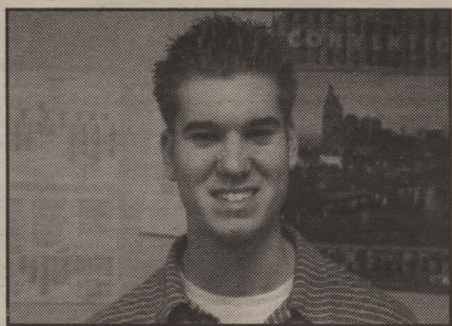
The women will play the last game of the season at Fordham Sunday at noon.



Matthew Jones
Named SHU Athlete
of the Week, NEC
Rookie of the Week

Men's soccer goalkeeper Matthew Jones, a freshman from Stoke-on-Trent, England, recorded two shutouts over the weekend to earn Sacred Heart Athlete of the Week honors.

He stopped all 12 shots on goal for the Pioneers versus St. Francis (N.Y.) and Long Island University in Northeast Conference competition to warrant NEC men's soccer Rookie of the Week honors.



Brian Fitzsimmons
Sports Columnist

To all the BRAVO channel faithful, if you view an episode of *Queer Eye for the Straight Guy*, which features Carson Kressley helping Allen Iverson with suits and dress shirts, don't wonder why. David Stern, the National Basketball Association commissioner, recently drew up a dress code plan which decides what players wear to and from their respective arenas. Eliminating the inappropriate use of extravagant chains, enormous earrings, and clothes that would fit Shaquille O'Neal four times over seems like a suitable law for professionals to show up to work in, but it has become a debate that questions Stern's opinions. Was this uniform rule mapped out to crack down on the shoddy dressing, or was it made to change the blemished image the NBA has created for itself, with racist intent?

The league definitely has an image problem, but it stems from more than the athletes' fashion decisions. Last season, the Detroit Pistons and Indiana Pacers took part in possibly the worst display sports has ever seen, when an all out brawl was fought between players and fans in the middle of a regular season game. Ron Artest just needed to have a beer thrown on him, and he was in the stands attacking fans left and right. Stephen Jackson and Jermaine O'Neal also slugged random spectators, but as for the growing reputation that the NBA is filled with thugs? This incident was the cherry on top. Stern's embarrassment of the league he rules grew, and lengthy suspensions were upheld, which resulted in clean play the rest of the season. Artest was suspended for the remainder of the campaign, not to mention Jackson and O'Neal missed significant time as well. Since the suspensions halted all punches and shoves in the season, the punishment was successful. Stern is probably hoping this dress code will eliminate outrageous outfits, and post or pre-game altercations.

Fine, I'll play devil's advocate. How someone dresses doesn't dictate how their actions are expressed or how they handle conflict, but these are professionals going to work. I know; they have such a tough life. These athletes get paid millions of dollars a year to play basketball. Give me a break. The NBA is an entertainment business, and the players are employees of this organization, so dressing appropriately is, without question, necessary.

Other popular sports don't have this dress code rule, but it sure seems it. New York Yankees third basemen Alex Rodriguez always shows off his *GQ* demeanor, and Philadelphia Eagles quarterback Donovan McNabb looks like he stepped out of a *Banana Republic* modeling calendar for every post-game interview.

Any kind of dress code will obviously impede sloppy dressing, but this may not give the NBA a different image. It actually could make it worse. I'm

sure every hoops extremist could picture Pistons forward Rasheed Wallace or Iverson rebelling and showing up to work with some despicable outfit which violates every rule in the book. Something to that magnitude may happen, and the brewing feud between the commissioner and players will only become worse.

The NBA is in a sad state right now off the court, because it's as if Stern is trying his damndest to handle little rebellious kids who won't listen to any rules set down. Stern is fed up with the hip hop and basketball correlation, but who said that was a bad thing? Even though a dress code is a great improvement for the league, it won't solve any important problems. Disciplinary issues should be addressed instead, since players have gotten away with bad actions which resulted in miniscule punishment. Years ago, Dennis Rodman, who was a star forward for the championship teams in Chicago, kicked a camera man, and didn't serve a lengthy suspension. Some time after, Artest threw a camera in the runway of Madison Square Garden. Same joke of an aftermath. These actions have given the league its tainted image, and stronger disciplinary ramifications could solve this. Once that happens, the players won't be in favor of it, just like the majority despises the new dress code. But hey, at least Iverson doesn't really have to appear on *Queer Eye*.



Steve Conoscenti
Sports Columnist

Sorry Sheed, no more looking like you're homeless; you actually have to present yourself as a public figure, which you are. A person who makes millions of dollars a year. A person who is considered a professional athlete. Professional? Well you could have fooled me.

I'm not hating on Rasheed Wallace, but he just helped me prove my point. Some NBA players have no idea what it means to be a professional. Most people have heard about the new dress code policy in the NBA effective next month. Some people may agree with it, some people may think it is an invasion of privacy, but the bottom line is David Stern is doing what needs to be done to make sure the NBA is still viewed as a professional organization.

Basically, David Stern is taking the first step at doing just that by imple-

menting this dress code. The league is becoming younger and younger every year, with more players making the jump straight from high school and some coming from overseas. You can't expect athletes straight out of high school, and even some from college, to act like professionals. David Stern took notice of that and is taking what I think is a huge step at fixing that.

I started off talking about Rasheed Wallace and his appearance, but in no way was I singling him out. There are tons of players who choose to look like random thugs walking the street rather than people at a workplace, which is what they are. Now I'm not saying there is anything wrong with that style, but if business men are required to wear suits in their office, NBA players should be required to do the same.

Arenas are the workplace of athletes. When they enter an arena, they should be dressed like a professional. When they leave the arena, they should be dressed like professionals. What they do on their own time is no one's business but theirs, however when they come to their "office" they should be dressed like any other businessman.

I couldn't talk about the dress code controversy without talking about certain comments made by Pacers' brawler Stephen Jackson. He states that prohibiting players from wearing chains is racist. First off, I don't know how anyone can take a man who jumped into the stands and beat down fans seriously, but in case they did, here's my rebuttal:

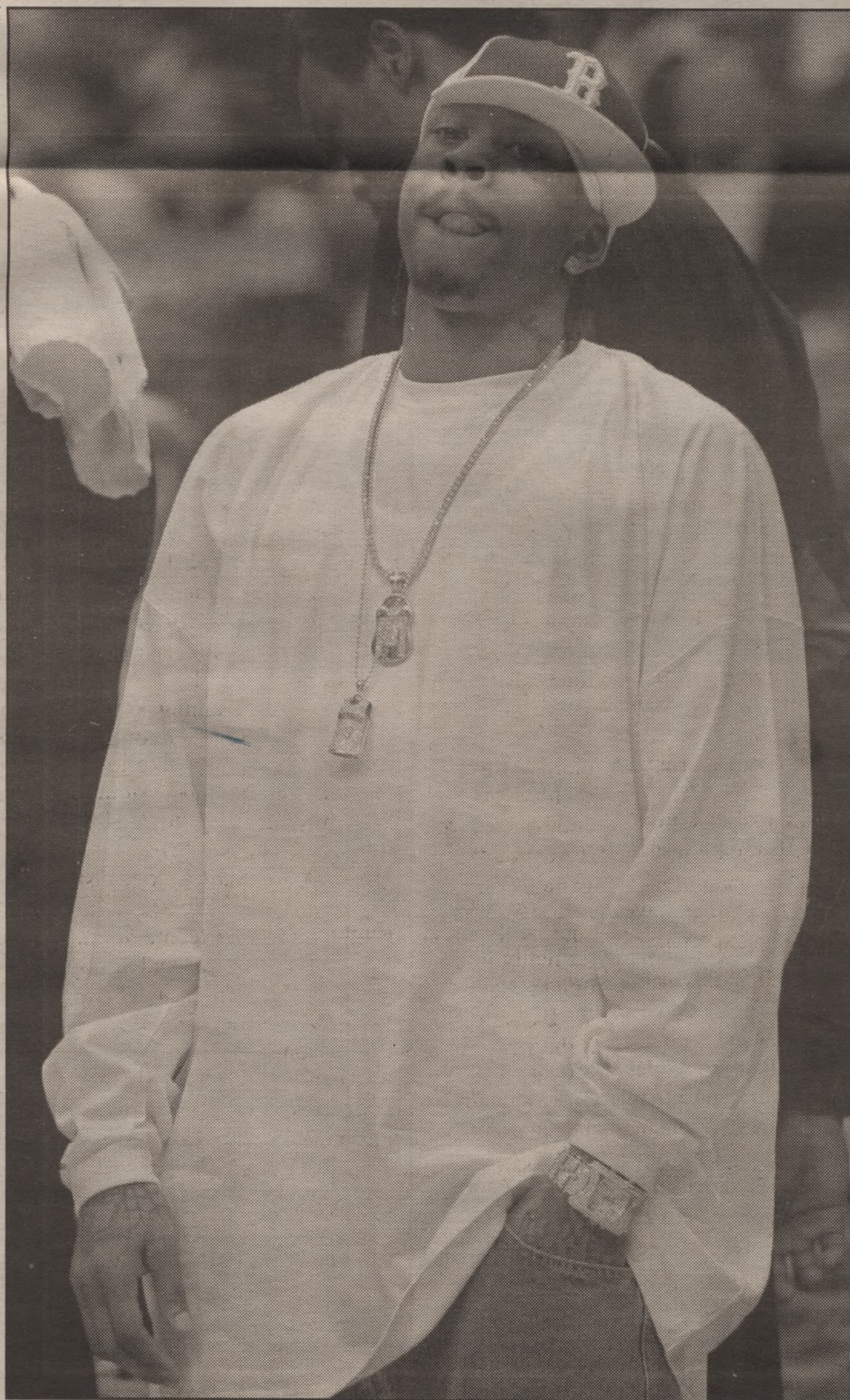
I'm a huge Knicks fan, as you've read. When Isiah Thomas, an African American, took over the team, he implemented a dress code of his own. All players had to wear suits or dress clothes in and out of the arena. No one complained. As a matter of fact, Stephon Marbury just bought 12 new Joseph Abboud suits for the Knicks' new rookies.

Marcus Camby said that if the NBA expects players to wear suits, then they better provide players with a stipend. Marcus, have you ever walked into an office building before? A lot of those men you see in suits make a lot less money than you. If they can dress like a professional in their office on their salary, then you better dress like one in your workplace on your salary.

As I said, this is just the first step in a long process of returning the NBA to its classy form. Allen Iverson will never be John Stockton and Rasheed Wallace will never be Karl Malone, but at least now they will start looking like them. But does that really solve the major issue at hand?

The bottom line is, the NBA is in trouble. It may seem like I'm contradicting myself, but I can't help but bring up the truth. All sports fans, even if they've never watched a full game of basketball, heard and saw footage of last year's Pacers/Pistons brawl in Detroit. Implementing a dress code won't stop fights. Stern has taken the first step, but now it's time to take the next step: more harsh disciplinary actions.

So maybe people will look at the NBA as more professional and organized, rather than an organization run by its members who are free to do what they want. The requirement of fancy suits is definitely a step in the right direction, and a step that I agree with 100 percent. However, it's time for David to start being a little more stern.



AP Photo/ Charles Dharapak

Allen Iverson will have trouble under the NBA's new dress code this season if he continues to express himself through his clothes, as he has in the past.

Sports

The Forgotten Series: N.Y. and Sox Fans Just Aren't Interested

Mark Foscolo
Staff Reporter

Everyone talked about the curse of the Red Sox last October but the story this year is about the Houston Astros, who have finally made it to the World Series after 43 season of Major League Baseball existence, and the Chicago White Sox, who have not won a World Series since 1917.

Absence makes the heart grow fonder and the Astros are quite fond of their National League trophy. While players like Roy Oswalt, Andy Pettitte, and Roger Clements are big reasons for the Astros' success this year, it has been a long time coming for veteran Astros like Jeff Bagwell

and Craig Biggio.

"It's been a long time, you know. I'm not greedy, I'm not selfish, just wanted to go one time," Biggio said. "I can't tell you how happy I am. It took us a long time and we've got five million people in Houston who are very pumped up right now."

The people of Houston have every right to be. After all, the 0-6 record the Houston Texans are sporting this season is nothing to smile at. That is not to say that Houston fans are not a hopeful bunch. The Astros started off this season a dreadful 15-30 and now they find themselves National League Champions and competing in their first ever World Series.

There never was a curse; the White Sox just came up short for 88 years.

That, in fact, is longer than the Red Sox's old streak of not being able to win a World Series, yet no one seems to talk about that. The excitement of this year's World Series seems to exist mainly with the people of Houston and Chicago.

The Astros' Cinderella story and the White Sox's long standing World Series woes have not translated into the atten-

tion grabber the MLB is used to when the Yankees and Red Sox play.

"I almost forgot it was on. No one around here gets excited for this year's teams; they're dead to us," said Chris Arsi, a senior from Washington Township, N.J.

The reasoning behind this certainly can't be attributed to a lack of star power on the teams' respective rosters. Perhaps the Astros and White Sox lack credibility due to the fact that Houston has never performed on baseball's biggest stage and the White Sox have not been there since 1959.

"I think last year was the World Series everyone wanted," Tony Allegro a senior from Enfield, said. "It had a classic rivalry, a legendary upset, and a true underdog victory as the Red Sox finally broke their curse. But this year is a World Series that everyone wants to forget about. It has just as good of a story but the problem is that it's about two teams that baseball fans just don't seem to care about."

Fans in Chicago would rather root for the Cubs, and the Astros are a team with no tradition. And tradition is what makes baseball, it's what makes a rivalry, and it's

what keeps fans interested.

The lack of rivalry can certainly be considered to be a big reason as to why fans just don't seem interested. But die-hard fans of the sport have no reason to complain about this year's turn out.

White Sox general manager Ozzie Guillen has done an outstanding job this year in taking the team to the World Series in his second year as a manager, and the dominating pitching of the Astros has come alive in the post season.

While this year's World Series match-up may not be as appealing to the casual fan, the fact that the White Sox and Astros were among the last teams expected to make it to the World Series at the beginning of the season has helped calm the notion that the teams with the biggest pay roles are the teams going to the big dance every year.

Money may pay the salaries of the individual players but heart and team unity are the true foundation for building the tradition baseball fans truly cherish.



The Spectrum/ Travis Flynn

Ashley Mocarski recorded her third shutout of the season Sunday for SHU.

Cullen Leads NEC by Two Assists; Rico, Leahy Share Second in Goals

...Continued From Page 16

Before the game, graduating seniors were honored, along with loved ones, for their dedication and commitment to the women's soccer team. Honorees were: Katie Leahy of Warwick, R.I.; Erica Rico of Cranston, R.I.; Orlagh Cullen of Offaly, Ireland; and Meghan Sullivan of Windham, N.H.

In the first half, Sacred Heart and Monmouth battled fiercely for possession while the SHU offensive line, consisting of Leahy, Rico, and Meagan Riemer, kept the Monmouth defense on its toes.

With breakaway attempts and setups, Rico, Leahy, and Cullen came very close to scoring in the first half, but were met with tough defense from Monmouth.

The Monmouth Hawks had managed a few scoring chances and close shots in the first half but were quickly stopped by the Pioneers defense consisting Janice Rodriguez and Sullivan.

Goalkeeper Ashley Mocarski played aggressively against a relentless Monmouth offense, making three crucial saves along the way.

"I feel our team played very strong and we played together," Mocarski, a junior from Stratford, said. "That's why we won."

The women's soccer team will close out its regular season with a double header coming up next weekend. Friday they will square off against Wagner at Staten Island, N.Y.; Sunday they will go up against Long Island at Brooklyn, N.Y.

Sacred Heart Pioneers (0-0-0 NEC) vs. Canisius Golden Griffins (0-0-0 NEC)

This weekend at the Milford Ice Pavillion, the men's ice hockey team will play two home games against Canisius College.

As these are the first home games of the year for the hockey team, and both are against a conference opponent, we here at the Spectrum wanted to give the game a special treat. And so, back by popular demand, we have the FLIKburger face off! This week's challengers: The Sacred Heart Pioneers and the Canisius Golden Griffins.

First a summary of Sacred Heart and Canisius hockey:

The Pioneers

2004 Record: 5th place, 13-10-1 in conference play. Leading Scorers: Pierre-Luc O'Brien, 35 points (18 goals), Garrett Larson, 34 points (11 goals), and Alexandre Parent, 25 points (9 goals). Key losses for the Pioneers: Larson and Kevin Lapointe. Key returners: Rocco Molinaro, Bernie Chmiel, Parent, and O'Brien. Newcomers: Bear Trapp and Brian Giosa.

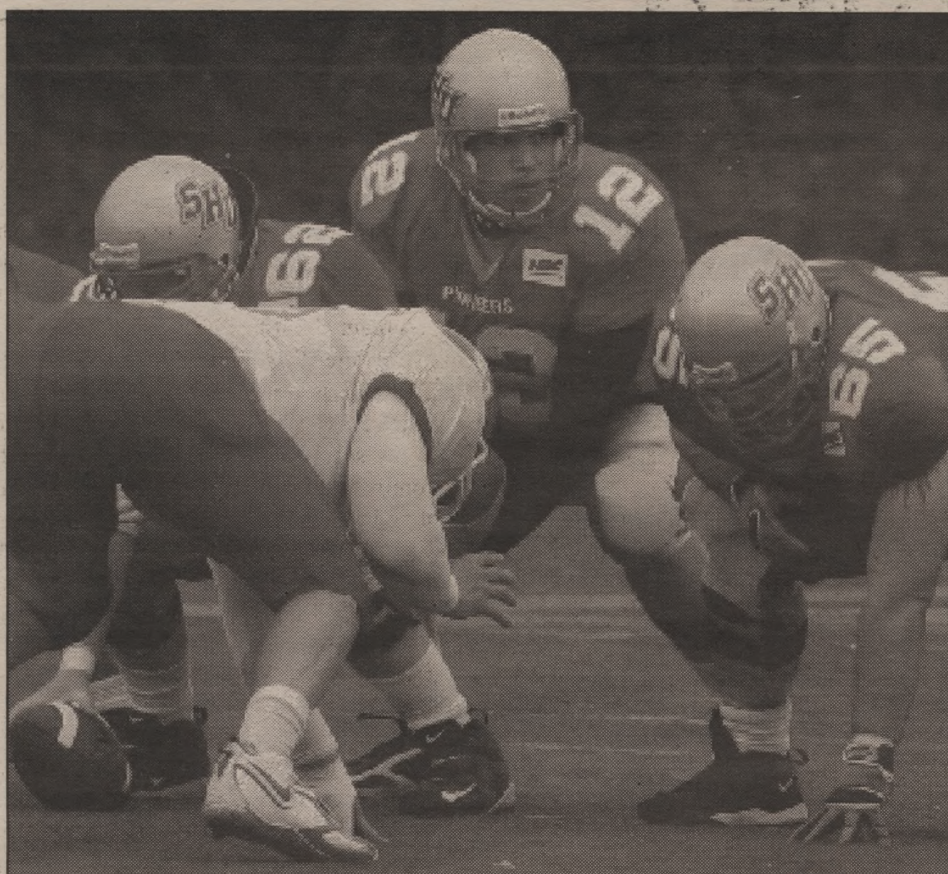
The Golden Griffins

2004 Record: 3rd place, 14-7-3 in conference play. Leading Scorers: Michael Cohen, 22 points (9 goals), Mike Ruberto, 22 points (9 goals), and Joel Kitchen, 21 points (14 goals). Key losses for the Griffins: goaltender Bryan Worosz. Key returners: Cohen, Ruberto and Kitchen. Newcomers: Ryan Klusendorf and Ryan Hatch.

And now, may we present this week's FLIKburger faceoff:

They Have:	We Have:
Buffalo Wings	FLIKburgers
Griff-Fans	SHUperfans
"C Block"	Pack The Pitt
James M. Demske Sports Complex	William H. Pitt Center
Rangers, Giants, Mets, Jets, Knicks, Islanders, and Yankees	UCONN Basketball
Niagara Falls	The Cascades

And in a tough decision, Sacred Heart takes the win by a score of 6 FLIKburgers to 4.



The Spectrum/ Travis Flynn

Tyler Arciaga looks towards the left flank just before the ball is snapped.

Arciaga Throws for 313

...Continued From Page 16

Brook couldn't have come at a better time for the Pioneers.

"It was a very big win for us," said Grant, a senior captain from New Hartford, N.Y. "We have tried to keep a positive attitude through all of the losses, and it was nice to beat a good team and maybe start a turn-around for the program.

"Offensively, we made plays when we needed to, and on defense we made big plays to get out of a series, unlike any other game we have played," he said.

Stony Brook tied then scored early in the fourth quarter, 14-14, as the Seawolves drove 99 yards for a touchdown, which included two big receptions by wide receiver Josh Anderson.

Pricolo and receiver Alvin Franklin came up clutch on the ensuing drive, accounting for 63 of the 81 yards in only three plays. Pricolo capped off the drive with a two yard plunge into the end zone, a play that Pricolo and company have succeeded at with regular occurrence.

With the loss of Joey Henley at wide receiver, Bundy has emerged as a deep threat to the Pioneers' opponents.

He is not alone: juniors Brian Butterworth and Alvin Franklin are stacking up great numbers as well.

With the way both the offense and defense played against Stony Brook, who came into the game riding a two game winning streak, the Pioneers showed everyone that they are not to be taken lightly.

Coach Paul Gorham is pleased by what he saw in Saturday's game and wants to keep the momentum rolling for next week's game against St. Francis.

"We have to do the same thing," Gorham said. "We have to be mobile. We have to be able to throw it, to run it.

"Defensively, we need to challenge every possession. They move the ball really well. They (have) good running backs and a couple solid receivers, so it's going to be a big challenge for our defense," he said.

The Pioneers face St. Francis at 12:30 p.m. on Saturday at Campus Field.



The Spectrum/ Travis Flynn

Cheerleaders Brianna Plosky, Jessica DiBenedetto, and Carmen Dellanoe help to raise morale during the cold and windy game.

Women's Golf Team Taking Steps

Matt Derosa
Staff Reporter

The Sacred Heart women's golf team competed at the ECAC Division I Women's Championship this past weekend at Falmouth, Mass.

The Pioneers finished ninth in the 10 team field at the Ballymead Country Club.

They finished with a team score of 762 (386-376) at the two-day event. Harvard won the title with a team score of 650 on the par-72 course.

Sacred Heart's top finisher was freshman Joanne Martorana of Randolph, N.J., who shot 89 and 93 for a two-day total of 182, good for 22nd overall.

Sophomore Lauren Foster of Newington was 32nd with a score of 187 (95-92) and junior Kathleen Cummings of Waltham, Mass. was 36th with a total of 195 (102-93).

"The conditions were bad; it was very cold and rainy," Jennifer Tierney, a freshman from Danbury, said.

"We need to put last weekend behind us and concentrate on our upcoming tournament at home this weekend," she said.

The women's golf team will wrap up the fall season this weekend hosting the first ever Sacred Heart Invitational at Great River Golf Club in Milford.

"We're looking forward to next weekend," Cummings said, "hosting our first ever home match.

"The teams invited are all prestigious so it should be a tough competition. Our advantage is knowing the course so well," she said.

The women's golf team here at Sacred Heart is much different than other programs. While most work with four or five golfers, The Pioneers feature eight who have already made the lineup and three others who have seasoned experience.

The team has three women this year that have shot in the low 80s: Heyes of Durobin, Ontario; Cummings; Foster and three others who have fired just a shade over the mid 80s: Martorana of Randolph, N.J.; Tierney of Danbury; and Wolpert of Lafayette, Ind.

"I'm anxious for us to take the next step. The kids work hard and buy into putting the program first," Coach Jamie Romeo said.

"This year's team is the best yet," Ashleigh O'Rourke, a junior from Glenwood, N.J., said. "Each year our players are better and we are ready to compete with the top teams in the Northeast.

"We have had some of our best finishes yet this season and the future looks bright for the team," she said.

Meghan Kelley, a senior from Central Valley N.Y., is currently not playing on the team due to injuries.

"It was my goal coming in as a freshman to leave this team better than when I joined," Kelley said.

"As a senior I am so proud, knowing where this team came from," she said. "This team has a great future and I wish them luck. They know where they came from and are headed in the right direction."

The women's golf team looks to end its season strong and to build on that strong finish for next year.

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Skeptical about government?



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DEADLINE FOR SUBMISSION OF APPLICATIONS:

NOVEMBER 1, 2005

Campus Advisor: Prof. Gary Rose
Chair, Political Science Dept.
Administration Building, Rm. 214
(203) 371-7999/371-7745
rose@sacredheart.edu
<http://www.cga.ct.gov/iscl/internship.asp>

SPORTS

The Spectrum

http://spectrum.sacredheart.edu

Football Rebounds with 21-14 Victory

Oliver Kranichfeld
Staff Reporter

The Pioneers pulled off a crucial victory on a cold and wet Saturday afternoon, defeating the Stony Brook Seawolves 21-14 at Campus Field in a critical battle to end their three game losing streak.

The Pioneers defense played one of its strongest games of the season thus far, while quarterback Tyler Arciaga and wide receiver Corey Bundy each had career games.

Arciaga passed for a career high 313 yards, going 23 for 41, with two touchdowns. Bundy caught seven passes for a career best 145 yards and a touchdown. Senior tailback Ed Pricolo accounted for 161 total yards, extending his rushing and touchdown records.

"We need a win like this to get things rolling again," Pricolo, a junior from Johnston, R.I., said. "We all know that we have the talent to be a top notch team, so it feels good to finally have our hard work pay off."

"You could just feel the excitement in the huddle and on the sidelines. Everyone was willing to make that extra effort," he said.

Similar to the Albany game, the Pioneers defense had a strong first half, holding the Seawolves scoreless, with



The Spectrum/ Travis Flynn

Corey Bundy alludes an opponent and streaks down the sideline for a first half touchdown.

heads-up plays and constant pressure. Sacred Heart began its offensive tear with Arciaga finding Bundy on a 29 yard pass with 12:17 left in the second quarter.

Linebacker Andy Grant came up with two big plays in the first half. Grant intercepted a pass, which led to a touchdown strike to Evin Jones; he also downed Dave Wahlen's punt on Stony Brook's one yard line.

With seconds left in the second quarter, defensive back Jeff Hodges came up with a critical field goal block, which had the team pumped up going into halftime.

"I can't say I've felt so much energy this season (as) when Jeff Hodges blocked the kick going into halftime," Arciaga, a junior from Bonita, Calif., said. "Everybody seemed like they were having fun."

After amassing 469 total team yards, Arciaga attributed much credit to the hard work and performance of his offensive line. Jeff Parry, Andrew Seagraves, Pat Bragan, Xavier Sanchez, and John DeCarlo are becoming dominant forces this season in the trenches.

"Any time you gain 450 plus yards of offense, the big guys up front are doing a great job," Arciaga said. "They didn't give up any sacks, and they opened up some nice holes for Eddie Pricolo. I honestly can't praise them enough for the job they did."

As spectacular as the offense was, however, the defense matched the same intensity and effectiveness as its counterpart. Interceptions were made by Grant and defensive back Jon Wilson, and there was a total of 11 tackles for losses.

Linebacker Rolando Garcia and defensive back John Corto led the defense with a combined 21 tackles, including five tackles for losses and 2.5 sacks.

Wilson's interception was huge for the Pioneers, as it prevented the Seawolves from tying up the game on the final drive.

With the victory, Sacred Heart improves to 2-5 overall and 1-3 in Northeast Conference games. Considering the recent three game losing streak, the win against Stony

See ARCIAGA..., Page 15

Women's Soccer Wins, 4-2-1 in NEC



The Spectrum/ Travis Flynn

Leslie Morales dribbles through the midfield for the Pioneers.

Kris Singhaviroj
Staff Reporter

On a partly cloudy and cold Sunday, fans and family attending Family Weekend at Campus Field were treated to the women's soccer final home game, a 3-0 win over Monmouth.

Near the start of the second half, in the 48th minute, the Pioneers scored the first goal of the game.

From a corner kick, midfielder Orlagh Cullen sent the ball toward the goal to forward Katie Leahy, who was ready to strike next to the far post of Monmouth's goal. The ball hit the post, but was soon rebounded by Leahy, who was able to kick the ball into the net.

With a 1-0 lead in favor of Sacred Heart, Monmouth quickly stepped up its offensive game, coming close to scoring, but shut down thanks to a quick and smart defensive line. Janice Rodriguez and Meghan Sullivan were able to keep Monmouth shots on goal to a minimum.

With Megan Wosleger, Lisa Burbige, Leslie Morales, Lisa Nowakowski, and Cullen in the midfield, the Pioneers were able to keep control of the ball in Monmouth territory for a majority of the half.

In the 71st minute, Sacred Heart scored on Monmouth again, extending its lead to 2-0. Morales accepted a crossing pass from Leahy and sent a scorcher into the upper right corner of the goal from the top of the box.

"Everyone came together and we handled the ball really well," Morales, a junior from Cortlandt Manor, N.Y., said.

As the half continued, the Monmouth forwards managed to come close to scoring on Sacred Heart, only to be stopped by Mocarski, keeping the Monmouth Hawks scoreless.

In the 80th minute of the second half, Sacred Heart scored its third and final goal of the game, making the score 3-0.

Cullen accepted the ball at midfield and made a pass to forward Erica Rico, who slotted the ball over an aggressive Monmouth goalkeeper to provide insurance for the Pioneers.

Rico now leads the team with eight goals this season. Cullen leads the NEC with ten assists and Mocarski earned her fifth shutout this season.

Sacred Heart's record is now 7-8-1 overall and 4-2-1 in NEC play.

See CULLEN LEADS NEC..., Page 14