

State of Congress Unknown

BY ALLY BOTTO
Assistant News Editor



AP Photo, John Minchillo

Voters from around the country cast their ballot at their local station on Nov. 8.

The United States midterm elections were held on Nov. 8. Election Day has become election week, as the results of some races are still unknown.

Votes are still being counted in many battleground states that will determine which party will control Congress. On Saturday, it was decided that Democrats will keep control of the Senate after Nevada incumbent Catherine Cortez Masto defeated Republican opponent Adam Laxalt by roughly 6,000 votes.

Dr. Gary L. Rose, political science professor and chair of the Government Department at Sacred Heart University, shared his reaction to the results of the midterms.

"This election was by no means the red wave that some pundits were predicting," said Rose. "It's obvious that fears of losing our democracy and the privacy right, particularly the abortion right, were deemed by the electorate almost as important as inflation and the economy."

Swing states played an important part in this year's Senate elections. In the Pennsylvania race, Democrat Lieutenant Governor John Fetterman flipped a Republican filled seat after his victory against Republican Dr. Mehmet Oz. There was another tight race in Arizona that resulted in a win for Democrat incumbent Mark Kelly over Republican Blake Masters.

Liv Delgado, senior and President of the College Democrats, shared her thoughts about younger voters and what she'd like to see for the country going forward.

"While the speculated 'red wave' did not take the country this year, many races on national and local scales still came down to the narrowest of margins," said Delgado. "However, with Fetterman's red-to-blue flip, this will have a major effect on the legislative possibilities of the Democratic party."

The state of Georgia requires a runoff election if none of the candidates win by a simple majority. Neither incumbent Raphael Warnock nor Republican and former NFL star Herschel Walker reached 50 percent of the votes, so a runoff will be held on Tuesday, Dec. 6, to determine who will serve as the state's next Senator.

Jack Kurnik, senior and acting Vice President of the College Republicans, shared his feelings on the results of some key races.

"Some results show that candidates backed by former President Trump didn't have the same appeal to voters as they once had," said Kurnik. "However, Walker is one example of a successful Trump-backed candidate, having performed seemingly well thus far."

"Generation Z has proven they're essential to the recent successes of the Democratic Party and progressive leaders," said Delgado. "I hope that folks of all political affiliations will be able to set aside their differences to create legislation that'll benefit struggling Americans."

The party who will control the House of Representatives has yet to be determined, as neither side has met the 218-seat requirement. However, the GOP leads with 212 seats secured over the Democrats' 203 seats. The results of the remaining 18 seats hang in the balance.

"The Biden administration will need to capitalize on their secured Senate majority by potentially compromising the House," said Kurnik.

A close House race happened in Connecticut between Democrat incumbent Jahana Hayes and Republican George Logan in the state's fifth district. Logan conceded last Thursday, resulting in Connecticut's entire congressional delegation remaining Democrat.

"The tightly contested race was accurately predicted to be a toss-up, which ended with Hayes winning by a margin of less than 2,000 votes," said Kurnik. "I hope Logan's slim loss won't result in his retreat from politics, as I believe he's on the cusp of turning longtime moderate Democrat voters in Connecticut red."

The Democrats did, however, suffer a significant loss in the New York House race after Representative Sean Patrick Maloney, who represents the 18th district but ran in the 17th

due to redistricting, conceded to his Republican challenger Mike Lawler after serving five terms. Lawler's win is one of four seats that were flipped by the GOP, securing 10 of the 26 seats so far.

"If the Democratic Party can mend the many bridges burned by their opposition, they'll be successful in passing new bills through the Senate," said Kurnik.

U.S. Speaker of the House Nancy Pelosi said in an interview Sunday that it's too soon to say if she'll seek to keep her position if the Democrats secure the House. Her decision will come within the next few weeks ahead of the House Democrats' Nov. 30 leadership elections.

"Moving forward, I believe we'll see our House leadership work across the aisle to manage growing political divisions," said Delgado. "Bipartisanship is necessary to get significant legislation passed, and the majority in the Senate will have the advantage to pass laws on abortion rights, the climate crisis, education, healthcare and much more."

On the other side of the aisle, House Minority Leader Kevin McCarthy has announced his bid for Speaker if the GOP takes control of the House. No potential opponents have emerged yet to run against him.

"With President Biden in the White House, a potential Republican-controlled House, and a Senate evenly split, I would expect gridlock until the next presidential contest," said Rose. "Kevin McCarthy's leadership will be key to public perceptions of the GOP."

In the governor races, the Democrats flipped two seats, electing Wes Moore in Maryland and Maura Healey in Massachusetts. The Republicans flipped one seat in Nevada after electing Joe Lombardo. In New York, incumbent Kathy Hochul maintained her position against Republican challenger Lee Zeldin, but only by a five percent margin.

"I think that, despite his loss, Zeldin successfully applied pressure on Hochul as crime rates continue to spike throughout New York," said Kurnik. "Zeldin was able to rally Republican support across the state, which the GOP should capitalize on for the 2024 elections."

Two races have still yet to be decided, including in Alaska, where Republican Mike Dunleavy is likely to win, and in Arizona, where Democrat Katie Hobbs is ahead of Republican and former television news anchor Karli Lake by only one percent.

Ron DeSantis was reelected for a second term as Florida governor after defeating Democrat opponent Charlie Crist by a nearly 20 percent margin after flipping both Miami-Dade and Palm Beach counties. This was the biggest win for a Republican candidate in the state's history and may be the jump start to a 2024 presidential campaign for DeSantis.

"If the Republicans intend to win the presidency in 2024, the party must have a meaningful and uplifting agenda rather than being viewed as vindictive or immersed in hearings and investigations," said Rose. "Party unity will be essential."



LOCATIONS NEWSPAPER RACKS

Hawley Lounge (next to stairs)	Martire (first floor by the main stair-case)
Student Life (across from office between doors)	Spectrum Office (in the SCMA Wing)
Library (inside front doors)	Curtis Hall (inside the front doors)
West Campus (West Building) (first floor lobby)	Linda's (first floor)
West Campus (East Building) (outside East Cafe)	Pitt Center (inside front doors)
Thea's Abbey (lobby)	SC Wing (first floor near 63's and Edg-erton)
Melady Hall (inside front doors)	NC Wing (first floor near couches)
63's (inside front doors)	Pio's Kitchen (inside front doors)

SCAN ME

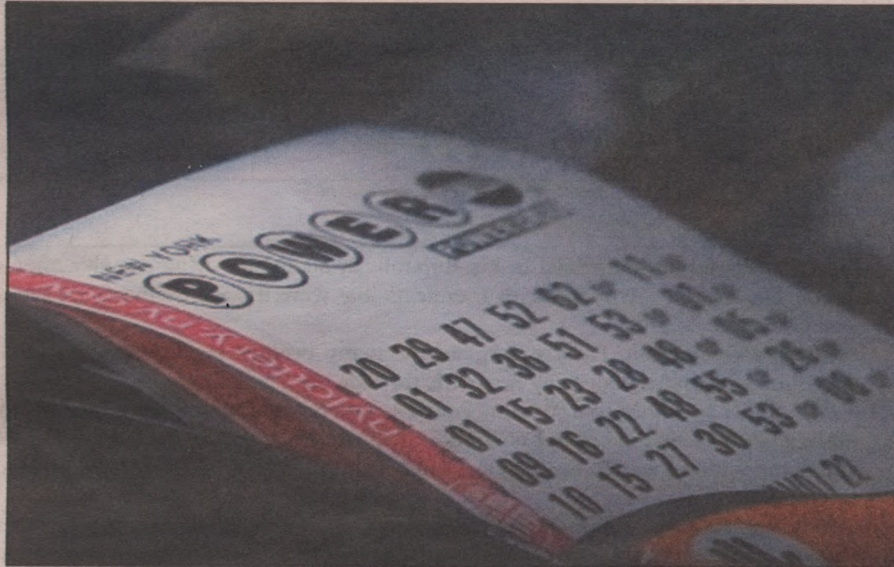
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News

The Golden Ticket

BY SAMANTHA DOLE
Staff Writer



The Jackpot-winning Powerball ticket found a winner in California, worth up to 2.04 billion dollars.

With a record prize of \$20.4 billion dollars, those who purchased a Powerball ticket felt that the 1 in 292.2 million chance of winning was worth it.

On Nov. 9, a ticket sold in Altadena, California, presented the five lucky numbers and the Powerball. This winner will walk away with the largest lottery prize in history.

This record lottery prize began at \$20 million in August and grew to \$2.04 billion. This number came from 40 consecutive missed drawings, according to The Associated Press.

The California resident and winner has the option to claim a one-time cash prize or receive an annuity paid annually over 29 years.

"Most Jackpot winners take their prize's lump sum one-time payment vs. annuity option. For the lump sum option, the amount paid would be about one-half of the Jackpot. Income taxes on the winnings are all paid at once. The winners can enjoy their prizes immediately," said Prof. Ralph Lim, a professor of finance and economics at Sacred Heart University.

The winner will not necessarily gain anything from choosing the annuity option.

"For the annuity option, the winnings are spread out over 29 years, but the total prize would equate to the Jackpot value. Income taxes would be paid in the year of prize payment," said Lim.

"If I won, I would choose the annuity option," said sophomore Jordyn Imbrogno. "I

wouldn't want to spend all of the money at once, and this would ensure I wouldn't be able to."

With this amount of money, the winner will have some choices to make when it comes to deciding how to spend it.

"I would put some money everywhere. I would invest some, then pay for college," said Imbrogno. "I would then buy a house, a car and go on trips. I would specifically choose to go to Italy."

Other students had more specific ideas on what they would put the jackpot towards.

"My first priority would be to allocate money to finish college and graduate school," said junior Abigail Wilk. "When I graduate, I would then want to take time off to travel. After I did that, I would start a business that had to do with dogs. Whether I started a daycare or a dog-breeding farm, I would choose to do something with them. Dogs have always been a passion of mine."

One Powerball ticket only costs two dollars, which leads people to believe that even with small odds, it is worth the investment.

"I pay attention to the lottery in general and I like to get lottery tickets sometimes just to see if I will win," said junior Isabella Shippole. "I enjoy playing more when the price gets high."

A large Powerball jackpot also generates attention from the public, causing the number to grow more.

"Due to the publicity and widespread interest, more players bought Powerball tickets to result in a bump up in the Jackpot," said Lim.

"I play the lottery every once in a while because my grandfather is always interested," said Wilk. "However, I pay attention to the lottery myself when the large jackpots gain attention."

The average person makes \$2.7 million total throughout their lifetime, according to Reader's Digest. This is less than one percent of the Powerball prize.

"\$20.4 billion is more money than I will likely ever make in my career, so I would take the 1 in 292 million chance just to see if I would be the one to win. I think it is worth trying," said Shippole.



As the prize number increased, millions of people across the country bought tickets, hoping to be the next winner of Powerball.

WATCH THE PIONEERS IN ACTION:

THURSDAY 11/17:

**MEN'S ICE HOCKEY
VS. MERRIMACK IN
BRIDGEPORT AT 7 P.M.**

FRIDAY 11/18:

**WOMEN'S ICE HOCKEY
VS. FRANKLIN PIERCE
AT 4 P.M. IN SHELTON,
CT.**

**WOMEN'S VOLLEYBALL
VS. LIU AT THE PITT
CENTER. FIRST SET AT
6 P.M.**

SATURDAY 11/19:

**FOOTBALL VS. LIU
AT CAMPUS FIELD.
KICKOFF AT 12 P.M.**

SUNDAY 11/20:

**WOMEN'S BASKETBALL
VS. IONA IN THE PITT
CENTER. TIPOFF AT 12
P.M.**

Total lunar eclipse in North America, East Asia

BY AP NEWS

The second and final total lunar eclipse of the year graced the skies in some parts of the world Tuesday. The next one isn't until 2025.

WHERE IT WAS SEEN: Where skies were clear, the eclipse was visible throughout North America in the predawn hours, with prime viewing in the West, and across parts of East Asia, Australia and the rest of the Pacific after sunset.

HOW LONG IT LASTED: The total phase of the eclipse lasted about 1 1/2 hours. The whole show took about six hours from start to finish.

WHY IT HAPPENS: A total eclipse occurs when the sun, Earth and moon line up perfectly, casting Earth's shadow on the moon. The reddish-orange color is the result of sunlight scattering off Earth's atmosphere.

NEXT ONE: The next total lunar eclipse is in March 2025 but there will be plenty of partial eclipses in the meantime.



The moon rises behind a corner tower along the outer walls of the Forbidden City during a lunar eclipse in Beijing, Tuesday, Nov. 8, 2022.



Residents pose for a selfie as the moon rises during a lunar eclipse in Beijing, China, Tuesday, Nov. 8, 2022.



A man watches the moon through binoculars during a lunar eclipse in Goyang, South Korea, Tuesday, Nov. 8, 2022.

Perspectives

SHU's Home Makeover

BY ISABELLA FABBO
Staff Writer

When you are on the Sacred Heart University Main Campus on Park Avenue, you may hear banging and the sounds of construction vehicles at work. A large, red fence surrounds the former Pioneer Village parking lot, as workers continue to make progress in building a new dormitory and parking garage.

"I'm excited about it, it looks cool," said freshman Ariana Porco. "I'm excited about the parking garage because I'll have my car on campus next year."

While some students are looking forward to the new additions, others have seen the construction as an inconvenience.

"It's taking up one of the major parking lots on campus," said junior Dylan Feehan. "It's hard to find parking already, and it has just made it worse."

"I don't feel like the construction workers have directly caused inconvenience on navigating around school, but it has increased the challenge that already existed," said senior Brianna Diaz.

The construction hasn't just been an issue for students with cars, though.

"I live in J-Hill (Scholars Commons) and the construction is so loud," said sophomore Giana Coccimiglio. "Walking back to the dorm, I can't hear anything, especially when I'm on the phone."

In addition to Main Campus, construction for a new hockey arena is finishing up down the road at West Campus.

"The completion of the Martire Family Arena on West Campus is the culmination of our robust, multi-year building and expansion program reflecting our growing national status," said Deborah Noack, Executive Director of Communications. "The new arena will allow students, faculty and staff to cheer our teams on right here on campus."

Some students are already looking forward to cheering on their teams at the new arena.

"Hockey is my favorite sport. I'm literally so excited," said freshman Zoe Vella. "I'm debating coming back for the opening game since it's over break."



Isabella Fabbo, Staff Photographer
Construction of the new dorm and parking garage in the Pioneer Village lot.

The construction of new buildings and facilities are not the only aspects of the university's growth.

"In addition to physical expansion, the university has grown to more than 10,000 full- and part-time undergraduate and graduate students," said Noack.

With more people and more buildings, campus has begun to look a lot different for some students.

"It's gotten bigger and they've accepted a lot more people. The new dorms and the upper quad were grass when I was a freshman," said senior Erin Gibney. "It's cool that they're doing this all so fast."

"The Upper Quad was just a

pile of dirt with lots of construction when I was a freshman," said Diaz. "It's changed so much and for the better of this campus."

The many changes that have accompanied the university's growth and expansion have been taken positively as a way to bring Sacred Heart students closer.

"I think the expansion might actually increase the sense of community and connection," said freshman Victoria Philips. "People like change and it'll be a good opportunity for people to come together and explore Sacred Heart."

"While it may seem contradicting, I feel like the expanding of campus will actually bring people together better," said Diaz. "Having a bigger school means more students, which means more opportunities to find people with common interests."

In fact, the expanding campus has not stopped the Sacred Heart community from coming together.

"Despite all our growth, we have worked hard to maintain a campus where we all get to know one another through small classes, conversations and events outside the classroom and the chance to interact with everyone from the president of the university to faculty and staff at all levels," said Noack.

The construction of the new dormitory and parking garage in Pioneer Village is set to be completed by 2024, whereas the hockey arena will be completed by January 2023. The new arena will host the men's Division I ice hockey team against Boston College on Jan. 14, 2023, and the women's Division I ice hockey team against Harvard one day later.



Isabella Fabbo, Staff Photographer
The soon to be completed Martire Family Arena at West Campus.

How Do You Spend Thanksgiving?

BY JORDAN GREENE
Staff Writer

"Being from Australia, I have had to get used to not seeing my family around this time of year," said sophomore Angus Henricks. "Even though I have been able to find ways to have fun with others these past couple of years, I still miss being able to be around my family, especially when others are getting the chance to."

Being a foreign undergraduate student at Sacred Heart University like Henricks is a prime example of how the holiday season may look different for everyone. Every student has their own unique tradition for Thanksgiving, like freshman Ryan Jaipaul. Jaipaul is looking forward to being back home with family in his hometown of Queens, N.Y.

"This Thanksgiving, I will be having fun with my family in Queens by laughing with them and sharing my experiences from my freshman year so far," Jaipaul said. "I look forward to eating plenty of turkey and stuffing as well. I'm expecting at least two plates."

Some students at SHU spend their Thanksgiving outside of the comforts of their own homes. Even without being home, students like sophomore Kenzie Mullahey find ways to celebrate the holiday with family.

"Usually, my family and I go to a diner for Thanksgiving," said Mullahey. "I know it sounds a little sad, but I've loved doing it these past years, especially now that

my family is all the way in Florida, and I go to school in Connecticut. The best part is eating a bunch of cookies that my grandma makes."

Simplicity plays a factor for certain students when it comes to their traditions. Sophomore Ben Shea enjoys spending Thanksgiving with his immediate family instead of a large gathering.

"After a lot of my family moved from here in Connecticut to live in places like Texas and Florida, I've learned to just have a day with

my parents and siblings and enjoy my time with them," said Shea. "It helped me to really cherish family time and not feel the need to be around so many people just to have fun."

For many students, Thanksgiving is a time for family, but for some, it means eating their family's traditional Thanksgiving meal.

"My favorite foods to eat every year are sweet potatoes and stuffing," said junior Justin Infante. "When I go to Long Island to see my cousins and family friends, those are the foods we usually go for first."

Although Thanksgiving is a big holiday for cherishing the people in your life, not everybody gets to have that kind of holiday. That's why freshman Grace Miller uses her holiday to give back to those who may be celebrating a different kind of Thanksgiving.

"When I work on the turkey truck, I feel amazing making people feel good, especially on a holiday like Thanksgiving," said Miller. "It is what the holiday is all about, which is giving thanks and appreciating everything that we have and what we are able to have."



Collin Moura, Staff Photographer
As Thanksgiving approaches quickly, students around Sacred Heart are decorating their dorms accordingly!



Collin Moura, Staff Photographer
There are Thanksgiving festivities all around campus, such as this activity at 63's, where students can write down what they are thankful for.

Features

Faculty Spotlight: Dr. Michelle Loris '70

BY **CARISSA MUNOZ**
Staff Writer



Dr. Michelle Loris spoke at the Distinguished Alumni Awards Program & Reunion Dinner Celebration this past June.

Sacred Heart University photo by Mark F. Conrad

When the Sacred Heart University community thinks of influential faculty members, Dr. Michelle Loris is one of the first to come to mind.

Loris, a 1970 alumna and first-generation college student, is an Associate Dean in the College of Arts and Sciences, the Chair of the Department of Catholic Studies and a professor in the Department of Languages and Literature.

Loris acquired two doctorates after her undergraduate: American literature from Fordham University and clinical psychology from Antioch New England University. While working towards her doctorates, Loris

literature and papers dealing with post-traumatic stress, her area of expertise. Loris is also a licensed clinical psychologist and a marriage and family therapist.

Loris has helped develop multiple aspects of Sacred Heart. She has been the founding director of the Jandrisevits Learning Center, the director of the freshman writing program and the university's Honors program, an interim chair of the Department of Languages and Literature, a founding member of the university's Academic Governance structure and a member of the university's Rank and Tenure Committee.

One of Loris's proudest accomplishments at SHU was her foundation and direction of the Department of Catholic Studies. Loris created the Human Journey Seminars: Great Books in the Catholic Intellectual Tradition, the Human Journey Colloquia series and the Center for Catholic Studies.

"It reflects the mission directly: Sacred Heart University rooted in the Catholic Intellectual Tradition and the liberal arts, with a vision toward social justice," said Loris. "The idea was to provide students with courses which reflected the mission and help them engage in what the meaning of the mission is. It was always my intention that students would see how learning goes beyond the classroom."

Loris has received multiple grants, fellowships and awards. This past June, Loris was awarded the highest honor at the university's Distinguished Alumni Awards. At the ceremony, it was announced that the Martire Center forum would be named the Dr. Michelle Loris '70 Forum.

Colleagues of Loris admire her love for the university and students.

"She is really dedicated to the institution, to her area and field, higher education, students and colleagues," said Dr. William Yousman, assistant professor in communication and media studies. "Sacred Heart is a really special place for her, and I think she very seriously, organically and legitimately wants it to be the best place it possibly can be."

Students of Dr. Loris spoke highly of her impact on their academic careers.

"I am extremely grateful to have met Dr. Loris," said sophomore Emma Grady. "Her passion and energy are contagious and extremely motivational. Having the ability to consider her a mentor in terms of my education is something I wish everyone could experience."

"Dr. Loris genuinely cares about her students and wants to see them succeed," said sophomore Kelsey Donnelly. "She goes out of her way to present students with opportunities that I think really enhance their experience at SHU."

For students, Loris hopes they find passion in learning.

"Do not be afraid to take a course that might be a little different," said Loris. "Keep your minds open and be passionate about learning. I know that is what drove me."

taught part-time at SHU and eventually received tenure from the university.

During her time at SHU, Loris has seen the campus evolve from a small commuter institution to its current stature. Loris recalled three things that characterized the university's culture for her as an undergraduate.

"One was a tight-knit community that still, in some ways, exists even though we are almost at 10,000 students," said Loris. "The second is how the bishop's foundation allowed the university to become an entrepreneurial, innovative institution to be led and staffed by lay people. The third is that it was contemporary catholic. The kind of faculty I had here as a student is still our mission."

In her career, Loris has published two books, several peer-reviewed articles on contemporary

Singing for a Cause

BY **ALEXANDRA CARRACINO**
Staff Writer

Sing alongs and synchronized claps to fan-favorite songs such as "Breaking Free," "Dancing Queen" and "Mr. Brightside" filled the NC Auditorium on Tuesday, Nov. 8 at 7:30 p.m. as Beta Theta Pi held their Karaoke Night philanthropy event.

Participants ranging from Beta Theta Pi members, members of other Greek Life organizations and simply any student on campus who wanted to take part in the event got to perform their favorite songs for fun in support of the fraternity's philanthropy.

All proceeds made from the organization's event went directly to the Thomas Matthew Miloscia Foundation. According to Thomasmiloscia.com, the foundation's mission is to provide both financial and emotional support to cancer patients ranging from the ages of adolescent to young adults.

According to Beta Theta Pi's VP of Finance, junior Luke Pensallorto, "The most rewarding part of hosting the event is all the money raised for the Thomas Matthew Miloscia Foundation. With the help from brothers, other sororities and the SHU community at large we were able to surpass our goal and brighten the day of such an amazing family in the Miloscia's."

Promoting the event at table times held on campus, as well as holding a raffle with prizes ranging from a cleat signed by an NFL player to a gift card to Ulta, allowed for Beta Theta Pi to exceed their fundraising goals.

Pensallorto added, "It is important to fundraise for our philanthropy as it goes to a great cause that many brothers have a connection with. It aids in supporting those with cancer to not worry about their medical bills but instead the road to recovery. After meeting the Miloscia family last spring, their generosity and thankfulness further pushes us to raise as much money as we can for the foundation."

Junior Victor DiPierro, VP of Programming for Beta Theta Pi, said, "I definitely think it brought us closer because we were all on the same page in terms of fundraising. Everyone did their own part, whether it be working table times or going out of their way to get donations" regarding the philanthropy event.

Members from other Greek Life organizations on campus attended the event to show their



Beta member putting on a great show at the karaoke event on Nov. 8.

Dannia Jadan, Staff Photographer

panhellenic support.

"I feel like especially at Sacred Heart, we are very big on supporting other organizations, so I feel like it's important for each of us to come and support to show that we support what they are doing, so they can also support what we are doing," said member of Kappa Delta Sorority Karen Hansen.

As part of the Fraternity's event, a highlight of the night for many was Julia Palermo from Zeta Tau Alpha was announced as the winner of "Beta's Sweetheart."

A candidate from every sorority was chosen, and the Sacred Heart community was able to fundraise towards the name of their choosing, and whichever sorority member raised the most donations won the title of "Beta Sweetheart."

Beta Theta Pi was able to raise a total of \$6,084 toward their philanthropy.

"Getting all the donations just makes such a difference for the families," said member of Delta Zeta Rachel Pesce.

DiPierro also mentioned that aside from the karaoke night, which was their main philanthropy event, the organization also makes Christmas cards for the children's section of the Bridgeport Hospital, which they will be starting after the Thanksgiving break to continue their fundraising efforts.

11h Annual Kristallnacht Commemoration

BY **ALEJANDRO RAMOS**
Assistant Perspectives Editor

Sacred Heart University recently held its 11th annual Kristallnacht commemoration in the Chapel of the Holy Spirit. On Nov. 9, the Office of Mission Integration hosted Endre Sarkany, a Holocaust survivor born in Budapest, Hungary on Oct. 31, 1936.

According to The Associated Press, Holocaust survivors from around the world are warning about the reemergence of antisemitism as they marked the 84th anniversary of Kristallnacht—the "Night of Broken Glass"—when Nazis terrorized Jews throughout Germany and Austria. The name refers to the shattered windows of Jewish-owned homes and businesses that lined the streets afterward.

Aside from discussing his experience with the holocaust, Sarkany made an interesting point that captivated the crowd. He told the crowd to never use the word hate. So many people use it, "but you don't know what real hate looks like," said Sarkany.

Senior Jonah Savage, President of Chaverim Yehudim (Jewish Club), and his organization played a role in the commemoration.

"I think the most important part of Mr. Sarkany's speech is to never use the word hate. There is so much negativity in our world today, and if we simply took the word hate out of our vocabulary, so much of that would go away. Hate is such a strong word, yet we use it so freely and ignore the context behind it," said Savage.

Sarkany was unable to attend college in Hungary based solely on his religion. "I graduated from the high school in 1955 and was undesirable just because I was Jewish. I could not go to college," said Sarkany.

According to the Holocaust & Human Rights Education Center, Sarkany was fortunate to escape Hungary after the October 1956 uprising and was able to immigrate to the United States. He received his bachelor's degree from Tusculum College in Tennessee and his Master of Science degree in Applied Mathematics and Computer Science from Washington

University in St. Louis, Mo.

Sarkany spoke on the horrors that occurred at the death camps throughout Europe. His father was taken to Mauthausen concentration camp in 1944. Sarkany's father was fortunate to survive but lived with the trauma for the years that followed.

"Young and old, weak and strong were captured and brought to the death camps. They were told to get undressed and showered to get ready for their uniforms. They showered in gas showers, then they were taken to be burned," said Sarkany.

"Hosting events like the Kristallnacht Commemoration are important because it is important that we never forget our history and where we've come from. More importantly, we need events like this because antisemitism is still engrained in our world," said Savage.

"There are people in the mainstream media today who are sharing their anti-Jewish views and getting defended for their views. This cannot happen. How in 84 years have we not learned the dangers of sharing hateful views is beyond me," said Savage.

According to the Anti-Defamation League, antisemitic incidents in Connecticut alone increased 42% in 2021. Recently, celebrities like Kanye West have expressed antisemitic comments across various social media platforms and on podcasts. Many are anticipating a further rise in antisemitic incidents and rhetoric.

Sarkany's words highlighted the work still to do to combat antisemitism in daily life and on a national scale. As the SHU community heard in his talk, stopping one act of hate can prevent a wave of vitriol—a message that extends to all forms of injustice.

Freshman Victoria Grillo said, "Mr. Sarkany's speech was incredibly moving and impactful. Hearing about the Holocaust in high school, I was only able to understand so much of the devastation. Learning from Mr. Sarkany firsthand, I could see beyond just the facts that I've learned."

Spotlight

**AUDREY'S
CORNER**
a place for kindness & reflection

The Power of Music

BY JILLIAN REIS & JULES REZZA
Perspectives Editor & Contributing Writer

Last year, Audrey's Corner co-editor Jill Amari and Managing Editor Brendan Williams created a Spotify playlist called "keep on dancing" to promote positive, feel-good music, which anyone who has Spotify can like and listen to. This semester, writers express how music has impacted their own lives.

My Bad Days Spotify Playlist

By Jillian Reis

Everybody has bad days—the ones where you would rather not do anything except curl up in bed with the shades drawn surrounded by *insert your favorite comfort food here*. Those are the days I am most grateful for my Spotify playlist. It is a mess of different artists, genres and tunes. Here are some of my favorite songs on my playlist that help me the most on bad days.

"9 to 5" by Dolly Parton

I only added this song quite recently, but I am absolutely convinced it is impossible to be sad while listening to "9 to 5." A song about the daily grind and just getting by, the beat is immaculate and I love the bounce it has. I think everyone can relate to the feeling of repetition that can be "enough to drive you crazy if you let it." It's just a really happy and relatable song.

"Carnaval Del Barrio" from In the Heights (movie)

I love musicals and grew up on Broadway soundtracks. This song is one to come out of that, and "Carnaval" is one of my favorite Broadway songs. In the musical, this song is sung the day after they lose power. It's hot, they're worried about their neighborhood being shut down, things are looking their worst. In response, they throw a celebration to show that there is good to be found in their darkest hour (yes, that was intentional). Sometimes, when things are bad, you have to be the one to make them good. Also, we love Lin-Manuel Miranda.

"Everybody Loves Me" by OneRepublic

The absolute ego of this song fills me with so much confidence that some people might consider it a problem; not that I care because I have already convinced myself with this song that I am the best person ever to grace the face of the Earth. Confidence can be the key to getting through a bad day, and this song is great for that—especially the chorus, which is my favorite part.

"Netflix Trip" by AJR

This isn't the same kind of happy, positive song as the first three songs. Fun fact: I cried the first time I listened to this song. Being young means asking a lot of questions about yourself, who you are and where you're going. "Who are we to wonder where we're going? Who am I to tell me who I am?" It's a song to tell you that it's okay and that life will play out the way it's supposed to because sometimes it's okay to cry your eyes out on a bad day. You get the tears out so you can hold your head high the rest of the day.

"The Phantom of the Opera" from Phantom of the Opera (Broadway)

Another Broadway song, because when I said I grew up on Broadway, I was not kidding. The Phantom of the Opera is a situational song on the Bad Day Playlist. By situational I mean that I have to be in the car by myself for it to work. When that all lines up, I will proceed to sing this song as loudly as I can, as badly as I can. Do I sound like Toad from Super Mario bros? I sure do! I sound absolutely awful and by the end, I am laughing my butt off. Being silly is the best thing to do during a bad day if you can manage it because you can't help but laugh it off.

So that's my playlist for bad days. There're a lot of other songs to talk about, but I don't think there are enough pages in the newspaper to fit them all. You can try listening to these songs, or better yet, make your own playlist of all the songs that put you in a good mood. So if you ever feel yourself in the 9 to 5 grind, try making your own happiness and having some confidence, and if that doesn't work, it's okay to cry.

Additional tip: Stay away from older men with fancy masks living in theaters. The relationships are not going anywhere good. I promise.

Better Now

By Jules Rezza

The concert,

I think I'd hoped I would do with you. In some alternate universe where you took the train with me, my entire hand around two of your fingers, while hundreds of people with places to be jostled me into you.

And you came not because of the music I always showed you, but because watching me love something so genuinely was making you fall in love all over again.

I didn't think when the day arrived, and I handed your ticket to my best friend, my soulmate, I'd feel an ounce of disappointment.

I never imagined that sitting next to her, trees curling around the metal and plastic of the outdoor arena, I would feel more whole than I ever had with you.

That every sound, dragged from the streets of New York—that every laugh and 3 o'clock conversation—that all the little flickers of noise we usually ignore would mosaic-style build the perfect music, the perfect moment.

I didn't realize it would feel like fire in my veins, unfettered light in my brain as I squeezed her hand, as we screamed every word. For every lonely person. For every imperfect person. For everyone. For ourselves.

I didn't realize that this would be the first ax to the last tether connecting me to you.

Music and my sister.

Arts & Entertainment

Selena Gomez Bares All in "My Mind and Me"

BY ISABELLA GIARDINA
Staff Writer



Instagram, @selenagomez
Childhood star Selena Gomez released a documentary of her life that is touching the lives of students at Sacred Heart University.

"Let me make a promise, I will only tell you my darkest secrets," said Selena Gomez in her new documentary titled "My Mind and Me."

"My Mind and Me" was released on Apple TV on Nov. 4. The footage seen in the film spans over six years of Gomez's life and focuses on her struggles with her physical health, stardom and personal mental health issues.

Junior and Selena Gomez fan Emel Acar said, "It's so important that Gomez opened up about her struggles because it shows viewers that one could seem to have a perfect life, but they can really be struggling mentally and physically."

Gomez was diagnosed with lupus in 2014 and sought out treatment for her mental

health in 2018. She explains these struggles in the film and the toll they have taken on her.

"My thoughts take over my mind often, it hurts when I think about my past," said Gomez. "Sometimes I wake up and I feel like I don't have it in me."

There are many reviews of the documentary where people expressed that they were shocked at how dark the tone of the film was.

Prof. Lori Bindig Yousman of the School of Communication, Media & the Arts at Sacred Heart University watched the documentary and said, "I didn't really know what to expect at all. I thought it was going to be more of her stardom, but when I watched it, I was really shocked at how dark it was as a documentary."

One of the main themes of the film is Gomez expressing that although she has accomplished many things, those accomplishments haven't helped her mental health.

"Everything I ever wished for, I've had and done all of it, but it has killed me," said Gomez. "I have to stop living like this. Why have I become so far from the light?"

Gomez sheds light on what life is truly like during a concert tour and the pressures that surround it. Her Revival Tour began in support of her second solo studio album titled "Revival."

"It sucks the life out of me, and I don't want to perform," said Gomez. "The pressure is just overwhelming because I want to do the best I can."

The tour started on May 6, 2016, and abruptly ended on Aug. 13 of the same year. After a few short months and 55 shows, the Revival Tour was canceled due to Gomez's serious mental health issues.

"We heard about her mental breakdown through TMZ," said Mandy Teefey, Gomez's mom.

Selena Gomez Documentary

Selena Gomez: My Mind & Me

IMDb 7.7/10 1 hr 35 min 2022 R CC UHD

After years in the limelight, Selena Gomez achieves unimaginable stardom. But just as she reaches a new peak, an unexpected turn p

TOP RESULTS



Molly Jacob, Staff Photographer

Students of Sacred Heart University are raving about the new Selena Gomez documentary, as she grew up with their generation.

Shortly after, Gomez was hospitalized and eventually was diagnosed with bipolar disorder.

"It made me feel lonely somehow, and after the tour, it just got worse," said Gomez. "When I first got out, I didn't know how to cope with my diagnosis."

This isn't the first time people have seen celebrities in media break down due to their mental health. Some question whether being in the spotlight is part of the problem.

"Celebrities feel like they can't measure up to the wild expectations of Hollywood," said Bindig Yousman. "And when you see 2016 Gomez, whom we think is that happy and healthier version when she's on tour, she's actually having a break down about how she's never good enough."

Although this documentary focuses a lot on the troubles of Gomez's life through fame, she also flips it to a positive side by using her struggles to help connect with her audience by speaking about her diagnosis.

"Both seeing her struggles and then seeing the good impact that she's trying to make in the world, I think that that's great," said Bindig Yousman.

For some longtime fans, the documentary has given them more insight into Gomez.

Acar said, "Selena has been my favorite pop artist since I was younger. My opinions after watching this documentary didn't change on her. If anything, my love for her grew."

*All quotes from Gomez and her mom are from the documentary.

TAP Presents "The Crucible"

BY TAYLOR BARONE
Staff Writer



Cast members of "The Crucible"

Lights went up on an eerie wood paneled stage as the cast of "The Crucible" prepared to take their first bows in front of an audience in the Edgerton Center.

Under the direction of John Flaherty, Sacred Heart University's Theatre Arts Program (TAP) performed their third production of the semester this weekend. "The Crucible" performance dates were Nov. 10-12 at 8 p.m. and Nov. 13 at 3 p.m.

"We definitely took the more traditional route of the show," said senior cast member Julianna Rezza who played Abigail Williams. "Here at Sacred Heart, I think ours is going to be very honest to the way Arthur Miller portrayed it."

Originally published in 1953, playwright Arthur Miller's "The Crucible" is a dramatized story

Contributed by Julianna Rezza

of the Salem witch trials that took place in the late 1600s. The story follows the mass hysteria of witchcraft as a group of Puritans from New England uncover the truth of what really happened one night in the woods. "The Crucible" won the Tony Award for Best Play in 1953 and was adapted into films in 1957, directed by Raymond Rouleau, and in 1996, directed by Daniel Day Lewis, according to ThoughtCo.com.

Though TAP's rendition of "The Crucible" included costumes and scenery that take audience members back to that period, they also prepared to incorporate elements of their own.

"While we are keeping the text and the time period loyal to what's in the script, we're also going off of it a little bit to make sure it feels loyal in our bodies, and it feels good the way we're speaking it," said Rezza. "We're taking our cues from the script and doing it in a way that's very honest to Arthur Miller, but also very honest to all of us."

"The big part that TAP is bringing to [the play] is that we are really trying to understand the characters," Lauren Baroletti, junior production stage manager, said. "The source material already got it right, so what TAP is doing is we're taking that and we're elevating it."

In terms of elevating the show, Baroletti said that a scene was added in the beginning of the play that shows the "witch dance" leading to the whole series of events of the Salem witch trials that follow throughout the play.

A few of the students that are a part of this production feel that this story was important to tell because its main issues are still relevant today.

"We have the benefit of performing it in 2022," said junior cast member Colleen DeGennaro, who is playing Elizabeth Proctor. "[The play] is very male centered, and I think a lot of the time, productions of it kind of lean into that and kind of ignore the female stories that are being told. So, we've been taking a lot of air to make sure that that's not the case and focusing on those stories of the women."

In addition to that, Baroletti said, "This show is very hauntingly true, especially as someone who sees it happening in present day. [With] the mob mentality, the idea of having more people in this mindset to find out who the witches are, and using religion, misogyny and almost control over women, it's very much a prevalent story."

Additionally, the cast members were able to learn a lot by being a part of "The Crucible."

"It's such a popular play, everyone knows it and can kind of go in with these preconceived notions about it," said DeGennaro. "I think there's a lot under the surface that can really be dug into, and I think that going through the process and going through rehearsals and everything, I learned a lot about the play and about the characters, and I've really grown to care deeply about it."

Sophomore Sean Ryan, who played John Proctor, recounts the first time he came in contact with Miller's work.

"The first time I read 'The Crucible,' I was a sophomore in high school, and to be honest, it kind of went over my head. It wasn't until I was cast in this show that I truly was able to develop a deep appreciation and love for this play," said Ryan. "Everyone in the cast is incredibly talented."

Sports

Qatar to Host the 22nd FIFA World Cup

BY COLLIN MOURA
Staff Writer

The sports world's biggest stage is just around the corner as the 2022 FIFA World Cup kicks off on Nov. 20 in Qatar. Soccer fans around the globe have waited four years to see their country once again compete at the highest level.

According to US News, the World Cup is estimated to bring in over 5 billion viewers over the course of the tournament, which would make it the most-watched event in sports history.

In 2018, the French National Team claimed victory, defeating Croatia in the championship by a score of 4-2.

Students will soon get to watch on as their favorite teams compete to be world champions.

"I'm going to stay loyal to my home nation, Croatia," said sophomore Jure Maglic. "I'm a true believer that we can go far once again."

Croatia is led by Luka Modrić, who took home the 2018 Player of the Year Award for his standout performance in the last World Cup.

"I think America has a good chance to get out of group play," said sophomore Dillon Kneucker. "Beyond that, I don't have super high expectations. It's an inexperienced team."

The United States enters the competition for the first time since 2014, eager to make their mark on the international stage.

America is led by Chelsea forward Christian Pulisic and Juventus midfielder Weston McKinnie, two young stars in the Premier League and Serie A in England and Italy, respectively.

The team is coached by Gregg Berhalter and was the youngest group to qualify, with an average player age of 23.8.

"We believe we have a talented group, a strong team spirit and one that is ready to compete," said Berhalter, according to US Soccer. "We are extremely proud and honored to represent the United States and appreciate all the amazing support from our fans as we head to Qatar."

Perhaps this year's greatest

storyline is the last dance for the two golden generation footballers. Lionel Messi, the 35-year-old forward from Argentina, has tallied the most assists in soccer history, while claiming the Ballon d'Or seven times. He is also good for the most ever.

Cristiano Ronaldo, the 37-year-old forward from Portugal, is soccer's all-time leading goal scorer, racking up 818 goals over his long and successful career.

These two greats have collected more trophies and accolades than anyone in the history of the sport, but neither has been able to claim the illustrious World Cup Trophy.

That could change in short order, as Argentina and Portugal possess two of the world's top squads. The sun has not yet set on these superstars, and Messi and Ronaldo will look to captain their teams to victory in the hopes of adding on to their legacies.

"It's sad to see legends go. Hopefully they can both go out on a great note," said Kneucker. "The soccer world will be missing a piece of its heart without those two."

Qatar, the tournament's host country, is embroiled in deep controversy as a result of their poor human rights record, corruption with FIFA and harsh treatment towards members of the LGBTQ+ community.

According to ESPN, a group of eight European countries will sport "One Love" armbands in protest of Qatar's suppression of LGBTQ+ citizens and visitors.

A 2021 report from The Guardian claimed that over 6,500 migrant workers had died as a result of harsh working conditions while preparing for the World Cup.

According to the Associated Press, on Qatar being selected to host the worldwide event, former FIFA president Sepp Blatter said, "It was a bad choice. And I was responsible for that as president at the time."

The World Cup begins Nov. 20 and runs through Dec. 18.



Contributed by AP News
Lionel Messi, regarded by many as the greatest soccer player of all time, will lead Argentina.



Staff Photographer, Collin Moura
Students all around Sacred Heart are eagerly anticipating the World Cup, the month-long international soccer competition.

Home Court Advantage

BY SOLON MIHAS
Staff Writer

With a 12-2 record in Northeast Conference (NEC) play, the Sacred Heart University women's volleyball team was able to capture the NEC regular season title.

Even though they still had two more matches to play, the Pioneers captured this title following their win against Stonehill College on Nov. 5.

"We start each season with the expectation of competing for a conference championship," said Head Coach Rob Machan. "We have a very strong group of players who know how to work and expect success."

For a team that was projected to finish first in the conference in the preseason poll, this achievement is a summation of a regular season of hard work for the Pioneers.

"I'm not surprised, but I'm proud," said senior outside hitter Jasmine Rogers.

Rogers is tied for second on the team in kills with 231.

This has been a record-breaking year in many ways for the team.

"Sarah Cizek is having a career year," said Machan. "She has been player of the week a record nine times this year."

The four-time NEC Setter of the Year, graduate student Sarah Cizek is only the second four-time setter of the year in NEC history and is primed to win for a record fifth year in a row. With nine NEC Player of the Week awards this season and 24 for her career, she has won that award more times than any other player in NEC history.

In their NEC regular season title clinching game against Stonehill, Rogers led the team with 12 kills. Cizek was also a main contributor that day, posting 39 assists.

"Every win we earn is a team win," said Rogers. "We played our game like we always try to do against a good opponent, and we were able to come out on top."

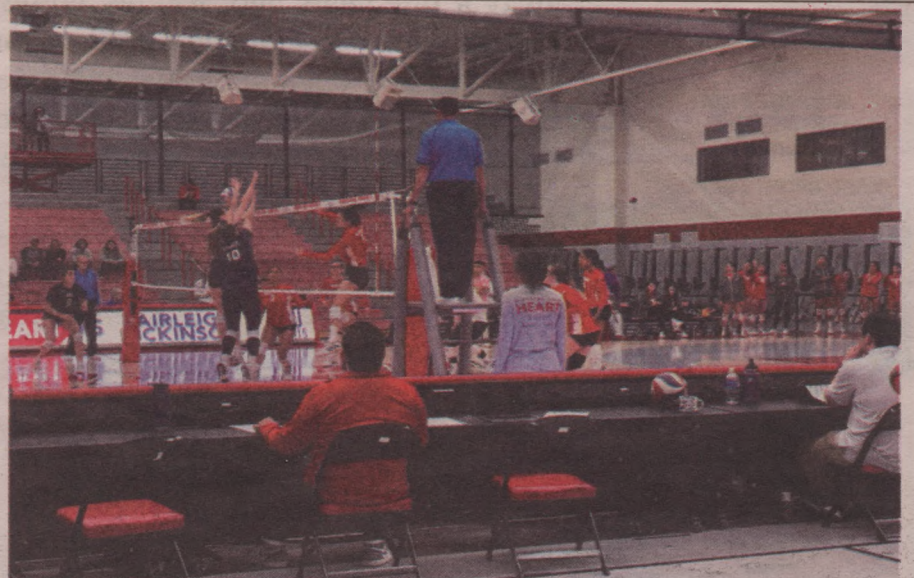
With some injuries early on in the season, the women did not let that stop them from competing hard.

"We faced some unfortunate injuries in the preseason, so we had to have people step into roles that they're not used to," said Rogers. "It has been a grind, but everybody on our team is ready to step in when called upon, and it has shown how deep our team really runs. We practice hard so that we are always prepared for these moments."

Despite capturing the NEC regular season title a week earlier, the Pioneers fell to Saint Francis University on Nov. 12 in their regular season finale after sweeping Fairleigh Dickinson University a day earlier.



Contributed by Julie Rocklein, '23
Students celebrate victory over Fairleigh Dickinson University.



SHU volleyball takes on Fairleigh Dickinson University at the Pitt Center.

Contributed by Julie Rocklein, '23

Since they are the NEC regular season champions, Sacred Heart has the advantage of hosting the tournament on their home court in the William H. Pitt Center.

"I am looking forward to protecting our home court. We have not hosted in my four years here, so I am excited to play in front of our fans and families," said Rogers. "Home court advantage has been something we have been striving for all season long."

Sacred Heart will look to take advantage of having the home court behind them as they take on Long Island University in the NEC Semifinals on Nov. 18 at 6 p.m. Should they win, they will take on the winner of SFU/FDU in the NEC Championship on Nov. 19 at 7 p.m.

"It is always great to be able to play in front of our home crowd," said Machan. "We appreciate the wonderful support we receive from everyone at SHU and in the volleyball community."

Sacred Heart University Athletics contributed to this article.

Editorial

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The Spectrum is a student-run weekly newspaper publication first published in 1983.

Since then, The Spectrum has been Sacred Heart University's source for on-campus as well as local, state and global news.

Our mission has and always will be to report with honesty, respect and integrity while instilling these values into our writers.

The staff is comprised of students from CM211, Newswriting and Reporting, in which students are taught the fundamentals of news writing while having their articles published in the Spectrum weekly. However, all students are welcome to contribute to our paper.

Through taking the CM211 course, students learn the foundation of news writing and reporting, as well as the basics of journalism.

As a staff writer, students take the skills they learn through the course to develop their story-telling ability.

The editorial board consists of 25 writing section and publication support editors along with our Editor-in-Chief, Managing Editor and Head Content Editor.

Our sections cover wide-ranging topics such as News, which covers on-campus, local, national and global stories. The Features section often shines the spotlight on campus events, students and faculty. Perspectives shares the viewpoints of students on current events, campus news and entertainment. Arts and Entertainment covers stories ranging from the latest fashion trends, and award shows to on-campus performances. Our Sports section covers Sacred Heart athletic teams and athletes, while also covering sports news at the national level.

Audrey's Corner, a creative section of The Spectrum, was created in honor of a student who passed away a few years ago. Audrey Niblo was a kind and positive influence in her personal and student life, so we try to emulate that in all of our articles. However, she was also bullied for part of her life and was very open about her struggles. Our goal is to provide a safe space for students, faculty, and staff to express their thoughts on topics which relate to Audrey's personality or struggles and how she overcame them. It's very different from the rest of the newspaper in that we welcome creative pieces as well as interviews and journalistic articles.

As The Spectrum approaches its 40th year, we continue the tradition of publishing an honest and diverse newspaper for the Sacred Heart community.

Questions, comments and concerns can be directed to spectrum@sacredheart.edu or 203-371-7963.

THE SHU BOX SCORE

FOOTBALL

Nov. 5: W 38-28
at Wagner

MENS BASKETBALL

Nov. 10: L 50-88 at Rutgers
Nov. 13: W 88-85 vs. Columbia University

WOMENS BASKETBALL

Nov. 10: L 48-69 vs. La Salle
Nov. 13: L 62-77 vs. Monmouth

MENS HOCKEY

Nov. 11: L 1-3 at RIT
Nov. 12: L 1-3 at RIT

The editorial page is an open forum. Editorials are the opinions of the individual editors and do not represent the opinions of the whole editorial board. Letters to the editor are encouraged and are due by Sunday at noon for consideration for each Wednesday's issue. All submissions are subject to editing for spelling, punctuation, and length.

Letters to the editor should not exceed 600 words and should be emailed to spectrum@sacredheart.edu. The Spectrum does not assume copyright for any published material. We are not responsible for the opinions of the writers voiced in this forum.