

Harvest Weekend—October 25, 26, 27

S A C R E D H E A R T U N I V E R S I T Y

the SPECTRUM

Volume 3, Number 8

Fairfield, Connecticut

October 24, 1985

Uncompleted construction

By Michael S. Ference

Some major renovation work at Sacred Heart will soon come to an end. According to Anthony Centopanti, superintendent of buildings and grounds, eighty percent of the tarring job on the South Wing roof is finished. The roofing job is expected to be completed by the end of this week.

Installation of central air conditioning in the Academic Center was begun during the summer, and was planned as a part of the overall renovations of the building. The venting and duct work resulted in the weakening of the roofing of the South Wing.

Centopanti noted the tarring of the roof was an unforeseen project which had not been planned. He added the tarring job became, "almost an emergency measure." Weather conditions caused some delays in the completion of the roof work.

On Wednesday afternoon, Oct. 9, the alarm system was activated in the South Wing and classes left

the building. When asked if there was a connection between the alarm and the tarring operation, Centopanti stated the tar pot caught fire creating excess smoke. The smoke found its way into the South Wing activating the alarm system.

John A. Croffy, vice president and dean of students, commented the Academic Center is about 30 years old, and regular maintenance of the roof has been conducted for about 15 years. He noted in the past, work has been done on the roof of the gymnasium, auditorium, and the North Wing. This is the first time major repairs have been done on the roof of the South Wing.

Croffy said he is, "sensitive to the needs and concerns of the students," but the work had to be done. Further commenting, he realizes students might feel the job should have been done over the summer months. However, there

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Shown above is civic-minded Tom Bennett who was commissioned by SHU Treasurer John Kelly to hold a carnival during classes to raise funds for student earmuffs and noseclips during roof renovations. Enjoying the ride are Eric Le Strange (top) and Holly Weldon.

Knopf resigns

Co-editor Fred Knopf has resigned from the *Spectrum*, citing career and academic goals as priorities.

When asked for more details on why he resigned, Knopf replied, "I was faced with a decision and that was either to continue my work for the newspaper and Sacred Heart or to begin working towards my own personal goal. My goal represents a career in academics and I felt that it was time to study for knowledge as opposed to studying for grades."

Editor-in-chief Marty McPadden commented that, "At the time Fred first joined the newspaper last year we were in a state of transition. Fred brought to the *Spectrum* a sense of intensity and creativity rarely seen on a student newspaper."

"Knopf played a crucial role in the recent growth of the *Spectrum*," said Ralph Corrigan, the faculty advisor. "Fred was largely responsible for relocating the *Spectrum* to its present space in S219. He also helped the paper in its transition to a weekly and was instrumental in purchasing a Tandy 1000 computer for the *Spectrum* staff to use."

Associate editor Eric LeStrange saluted Knopf as a leader and motivator. "Without Fred, I don't think the newspaper would have had the prestige and respect that it now has on the Sacred Heart campus."

Knopf also addressed the *Spectrum's* role. "The people associated with the *Spectrum*," Knopf stated, "are the best that Sacred Heart has to offer. I hope that the staff, already dedicated, will continue to grow and mature so as to serve the university as well as they can. I salute the editors of the *Spectrum* and remind them that all they have to do is try."

Security cracks down on parking

By Eric LeStrange

Responding to student concern about ticketing procedures on the SHU campus, the *Spectrum* interviewed Security Chief Ross Potter on whether or not parking on the grass was ticketable and if more cars illegally parked would be towed.

On the grass next to the South Wing, students are performing what's come to be known as "creative parking." According to Potter, this practice will end. "The only time we waived the parking on the grass was when we tried to accommodate the students while construction was going on. People were directed to park along the road leading up to

the Campus Center. But this is no longer necessary, especially since BEI (the Bridgeport Engineering Institute) moved out."

There was a moratorium on ticketing of vehicles without SHU parking permits until Oct. 15, but security officers have been given full authority to ticket vehicles without permits and to have cars towed that park on the grass. "Dean Sharon Browne of admissions has requested that we try to make the area look nicer when people are driving up the road to the Campus Center," Potter stated. "One way to do this is to prohibit all parking on the grass."

John Kelly, SHU treasurer, has issued a strict prohibition on parking on the grass or in the quad area. This includes SHU staff vehicles and, now, motorcycles. "Motorcyclists," said Potter, park right in front of doors in violation of fire regulations. This is especially popular near the bookstore. We've been fair so far but if the Fairfield Fire Marshal drives by and sees those motorcycles sitting there, he'll have them impounded and taken away."

"I would personally like to see more parking spaces made," Potter continued, "but the decision to do that has to come from management."

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Honors program challenges students

By Holly Weldon

Expanding student exposure through courses, lectures and trips, director Michelle Carbone Loris is striving to create a first rate honors program.

According to Vice President and Provost Anthony Pinciario, "The program provides students with a greater opportunity to experience an interdisciplinary approach to subject areas in a major which is normally associated with a specific course."

To review, restructure and improve the program, Loris is directing an ad-hoc advisory committee of faculty from each division and student representatives. They are currently looking at plans to redevelop the entire honors curriculum and program.

According to Pinciario, the program provides "an increased

awareness and desire to learn more—to search for the truth. It is based on the career aspirations of today's students. Partaking in an honors course is a good preparation for a career."

A sequence of inter and cross disciplinary team taught courses are offered on topics different from those taught in the regular curriculum.

The courses may be used to complete the honors program minor, fulfill core requirements or, with the approval of the department, fulfill major requirements.

Courses such as the Introduction to the Scientific Method (biology, chemistry, mathematics), Narrative Form and the Religious Imagination in Modern Fiction (English and religious studies) and Science and Society: Issues in

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High cafeteria prices addressed

By John Kelly

Due to the recent inflation of the prices in the Sacred Heart cafeteria, a meeting was held between John Kelly, Student Government (SG) president, Tom Farrelly, SG vice-president, Dean of Students John Croffy and Joe Petite, owner of Joe's Catering Company, who supplies the cafeteria.

In response to complaints lodged by Kelly and Farrelly on behalf of the students, Petite stated a number of reasons for the price increase, which, he said, had not changed since 1981.

Among them, he listed free coffee provided to faculty in the morning; the purchase of over 5,000 food trays in his four year tenure at SHU; the stealing of food and drink which is at "an all-time high"; liability insurance premiums which have risen 110% from last year and the students' lack of effort to clean up garbage left in the cafe.

According to Petite, after April 1, 1984, the sales tax must be paid on all purchases under one dollar. Petite says that this is a crucial reason since many cafe sales are for under a dollar.

Petite stated that if the stealing and garbage situations decrease in frequency in upcoming months, a decrease in prices may be seen, probably beginning after Christmas break.

A suggestion box is being set up outside the SG office, located next to the TV in the student lounge, so that students may leave their opinions on the cafeteria prices and other issues.

Calabrese announces Continuing Ed. Council plans

By Catherine Fiehn

At Sacred Heart University there are 2,755 part-time students. This accounts for 60% of the SHU student population. The Continuing Education Council at Sacred Heart University is to part-time students what student government is to full-time students.

Mr. Thomas Calabrese, advisor to the council remarks that some

of the past activities of the council have included a trip to New England Patriots game and a trip to see the Broadway play *Song and Dance* and a picnic over the summer.

On Sunday, Oct. 27, the honor society of the Continuing Education Council Alpha Sigma Lambda, will induct 52 of the 105 students that were invited to join. "Over the past five years 280 peo-

ple have been inducted in the Beta Sigma Chapter of Alpha Sigma Lambda," says Calabrese.

The society's requirements for induction are a 3.2 Q.P.A. and 30 or more credits at Sacred Heart University, and half of those credits must be from non-major courses. "We are looking for an all-around student," Calabrese remarked. "The reason for the society's requirements," Calabrese

says, "are to give stability to the program."

Calabrese noted that he would like to see more people involved with the council's activities. In addition to giving the SHU Women's Center a grant every year the council sponsors a Christmas

party for children of continuing education students.

Calabrese says the council is always looking for new suggestions for activities. If you have any suggestions or would like more information about the council you can contact Calabrese at 371-7846.

Honors program

(Continued from page 1)

Modern Technology (psychology and sociology) integrate material "from diverse fields or focus on one topic from a variety of perspectives."

According to Pinciario, this approach "provides students with the opportunity to gain various insights—ways in which faculty from different fields can critically

analyze a particular subject from their particular perspective."

An honors lectures series has been developed starting with "Rambo, Mad Max and Madonna," which took place on Oct. 22, focusing on the role of the hero in popular culture & film. Other lectures will be scheduled for spring.

Also offered will be cultural/historical trips. A trip to Plymouth, co-sponsored by the

English department, will take place on Saturday, Oct. 26. Loris plans a trip to see a Broadway show, possibly one with Lily Tomlin.

Pinciario finds these trips important to the educational experience. He explains, "Instead of living vicariously through art, architecture, science and other advances, the students have the opportunity to see some of them first hand—to get some insight into the developments that have taken place."

Attempting to "challenge and cultivate" students, Loris explains that the program seeks to refine "the student's ability to speak and write clearly and correctly."

Loris added, the program "acquaints students with literary, artistic, historical, scientific, philosophical ideas and events that shape culture."

Furthermore, she hopes to promote a willingness to consider ideas from a cross disciplinary perspective, and to develop in students a critical mind with an ability to think logically, analyze objectively and synthesize clearly.

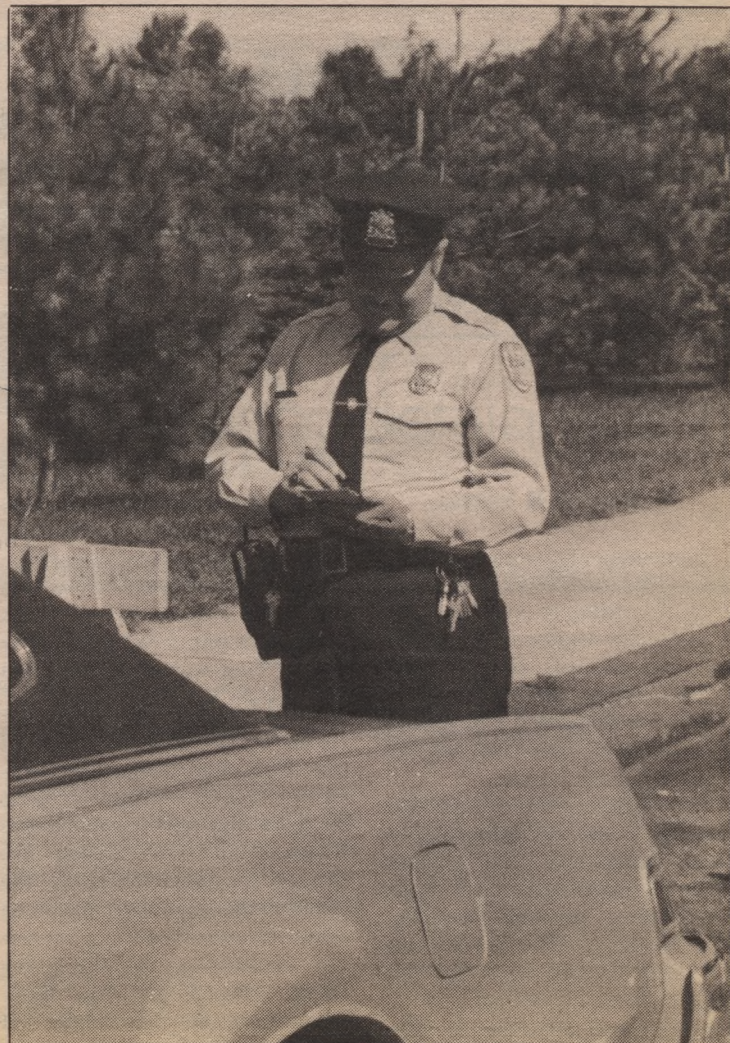
Students are also given the opportunity to visit other universities with honors programs.

Added to this opportunity, said Loris, is a chance for honors students to attend the Regional Honors Conference to meet other people in honors programs. Pinciario insists this chance is necessary. He explains, "Students need to meet students from other programs. It provides the opportunity for cross fertilization — interdisciplinary interaction. It broadens a student's horizons."



Michelle Loris

(Photo by Judie Esler)



A SHU Security officer writes out another ticket as he, his fellow officers and Chief Ross Potter crack down on illegal parking.

(Photo by Brian Muir)

Security cracks down

(Continued from page 1)

Concerning speeders on campus, Potter said that he wouldn't have his officers chasing them through the parking lots and endangering students. Potter also said "I wish there were more speed bumps."

Fines for parking on grass and/or without a permit are \$10. Parking in front of the school between the hours of 6 a.m. and 7:30 p.m. has been restricted to faculty and staff only by Dr. Anthony Pinciario, SHU vice-president. The fine for students parking in front of the Academic Center during these hours is \$5. Parking at an angle (taking two spaces) is also a ticketable offense, while parking in handicapped spaces (there are six to eight of them on campus, "not enough" says Potter) without a state-issued handicapped sticker is a \$25 fine payable to the Fairfield Police.

Events on Campus

Oct. 25: Harvest Weekend

Hayrides at High Lonesome in Easton
8:00 p.m. to 10 p.m.

\$4.00 with student I.D.; \$5.00 without
Bonfire outside the Campus Center
10:00 p.m.

Oct. 26: Harvest Weekend Costume Party

9:00 p.m. to 1:00 a.m. — Cafeteria

Music by "Eyes"

Prizes for best costumes

Munchies and Halloween goodies

Oct. 27: Harvest Weekend

Superbowl and Intramural Football
11:00 a.m.

Movie: "Rocky Horror Picture Show"
7:00 p.m.

Free admission

Oct. 31: PUB NIGHT

Sponsored by Sigma Psi Delta Fraternity
9:00 p.m. to 12:00 midnight in the Pub

Eye on student government

By Thaddeus Wall

In Student Government's attempt to curb wasteful spending, it failed a motion, 1 for, 9 against and 6 abstentions, to grant the convocations committee \$4300.

This action was prompted by a \$700 misallocation of convocation committee surplus funds at the close of the last fiscal year. The money, which was supposed to be returned to the S.G. budget, was put into the university's general fund. In addition to the misallocation of funds, S.G. president

Kelly passed the chair to vice president Farelly to express his discontent with the Committee stating "it's not run well enough...and the attendance at these sponsored activities, besides a few of them, is not enough to justify its cost." Other representatives felt the committee was good but that it was time to research its effectiveness.

The Holiday classic budget was the second topic of controversy in last week's meeting. The representatives put off the vote on the budget since last year's allocation was not used properly. President Kelly stated that \$1700 was allocated but not used and condemned the fact that this money wasn't put to student use. Kelly went on to say that: "before we pass or fail this budget, we had better get Dave Bike here to explain his request".

Other topics discussed at the meeting included re-establishment of the Italian Club and the partial funding of Sigma Psi Delta's pub night.

Healthbeat

THE DRINKING AGE: 18 or 21?

Come listen
to what the S.H.U. Debate Society
has to say!

The debate is today
Thursday, October 24
11:00 a.m.-12:00 p.m.

Opinions

Letters

Hey Editor!

Do you remember the cute little rabbit character in the Walt Disney movie "Bambi"? His name was Thumper. He had this way of tapping his big furry feet rapidly at the slightest provocation. We at SAB-9 have noticed that the construction workers on the roof of the South Wing perform the same function. Except Thumper was cute.

The roof destruction/reconstruction process has disrupted classes with ripping and banging sounds. We also note that the workers' very presence while classes are in session is not only uncute but an insult.

These are the infamous MID-TERM WEEKS, ladies and gentlemen, and the continuing noise and smoke which assault students during this crucial time of the semester are creating havoc, distress, and maybe even poor grades. Perhaps, this is a new way for SHU Administration to deflate grades by giving us headaches or nasal congestion during important exams.

We have also received a loud complaint from English faculty, whose offices were left open during the Columbus Day weekend

so that rain could ruin books and rugs in these offices. What a holiday bonus for our professors! They return and find their offices damp, cold and musty.

Both faculty and students are up in arms (and have a right to bear them) when Thumper the roof renovator kicks in every morning. North Wing classes haven't had the experience (yet) but SAB-9 has heard the cry of the multitudes suffering unjustly in the South Wing classrooms. We see the people lost in the wilderness of mid-terms begging for peace, quite and lack of putrid fumes from steaming tar.

We hear you, oh Denizens of SHU, and SAB-9 will take all necessary steps, legitimate or otherwise, to end this farce before we all go deaf or suffer respiratory failure from the whims of the slow-working Thumper.

SAB-9

Eric Le Strange, President
Tom Bennett, President
Nancy Chacurian, President
Everybody Else, Presidents

P.S. Everyone in SAB-9 is President since we are all equal and against bureaucracies.

Hey Editor!

Where's security when you need them?

Recently, I was taking a midterm examination in one of my evening classes when suddenly a few cars pulled up into the South Wing parking lot. The radio was turned up full blast and approximately ten voices were singing at the top of their lungs (note: they were far from the sound of a string quartet).

SAB-9 likes the music of the Pointer Sisters, Hall and Oates and MANY others, but **Please!** not during a test.

This act of screaming continued for an entire hour and a half. Where the heck was security to shut these imbeciles up? Beats me. All I know is that I wrote during one essay question; "Cause when we Kiss, ooooooh, fire."

Either the faculty should pick up a phone (security's number is 7995) or security, while on their joy rides, would be more aware of uncalled-for acts during mid term and final weeks.

Sincerely,
one associate of SAB-9

SHUview Question:

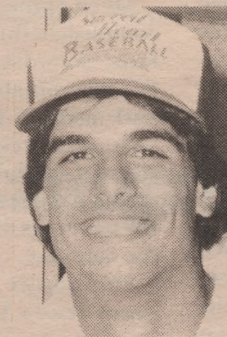
by Brian Muir

How do you feel about living under the threat of nuclear destruction?



Brenna Corrigan - Junior Marketing major

I don't worry constantly about it. I still expect to carry out my future plans. It's a depressing subject to dwell on.



Pete Ladas - Sophomore Business Management

I'm not really too worried about it, because there will never be any nuclear war. If there was to be a war, I think it would be in hand to hand combat.

Mark R. Holzweiss - Freshman Business Management

The fear of nuclear destruction is present every day and every minute. It is not something that I worry about. We will not launch at Russia, and Russia will not launch at us or anyone else. For third world countries having nuclear weapons would be a real threat.



Stephanie Viola - 3rd year Nursing major "Scared"



Stephanie Vitko - Senior Management/Marketing "Insecure"



Jim Tschetter - Freshman Business Management

It's scary because you never know when an attack will happen and by whom. It will probably be some 3rd world country with not too much to lose and everything to gain.

Joseph E. Karl - Senior Business Management

I really try not to think about it. Meanwhile, I suggest have a good time and hope for the best. That is hope the wrong people don't get their hands on dangerous nuclear devices.



Susan Hudak - Sophomore Business education "Upset and angry"



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Submissions Policy:

1. The Spectrum is currently published every week. To be considered for publication, all letters or articles must be in our possession no later than eight days before publication.
2. All submissions are to be typed double spaced.
3. Letters should not exceed 250 words. Letters submitted in excess of that limit are subject to editing.
4. Letters must include the writer's name and phone number. Your name will be withheld upon request.
5. All publishing decisions are made by the editor-in-chief along with the editorial board. All decisions are final.
6. All articles and letters submitted become the property of the Spectrum.

The Spectrum is a weekly publication. The Editorial Board assumes the responsibility of the content and production of The Spectrum, however, the opinion and views contained herein do not necessarily reflect those of the faculty, staff, or administration of Sacred Heart University. Please send typed letters, comments and information to the Spectrum Office S219, in the Academic Building. Telephone 371-7963. (Note: Letters may be edited for reasons of space or clarity.)

Take up missile maintenance

By Mark Edwards

Confused about career choices? Worried about what you're going to be doing for the rest of your life, especially since cut in financial aid and student loans make it harder each year to pay for an education? Well, the same government that makes it tough for us to get an education is now offering a new and exciting career opportunity **missile maintenance**.

In early June of this year there was an incident, though hushed by the military, of an American test missile going off course. Aimed for a target in the Atlantic, the missile (luckily unarmed) crashed through a baby carriage (luckily empty) in Regents Park in London. The cause: a small Blob of Guldens mustard splotches on the surface of the Missile by a careless technician eating lunch. The sub-

tle weight of the spicy brown substance had thrown off the guidance system.

Military experts agreed that a problem such as this during wartime would have worse ramifications than frightening a nanny.

With the security of the country at stake they began the PKCC-Peace Keeper Cleaning Corps. Making as much as \$30,000 a year, men have been put to work keeping the outside of our missiles clean and shiny.

Calling in some favors owed this writer by prominent political figures, and through some minor bribes and blackmail, I managed to get an interview with one of the PKCC members at a missile sight, on the promise I wouldn't reveal its location (behind Martha's Gift Shop on route 7 in Kent) nor the

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Restoration continues on antique carousel

By Allison Ait-Aouane

A deceptively empty-looking building in New Haven's Lighthouse Point Park holds a delightful surprise for anyone who happens to peek in the door. An antique hand-carved carousel bedecked with jewel-encrusted horses, beveled mirrors and polished brass poles stands proudly in the center of the hall. For 50 cents, adults and children alike can mount a steed and ride on one of the few remaining hand-carved carousels in existence today.

Built in 1911 and installed in its present location in 1916, the city-owned carousel was operated by a private contractor until 1977 when the city revoked the contractor's lease due to lack of maintenance. The carousel lay neglected until 1980, when citizen complaints prompted the mayor of New Haven to appoint a committee to restore the carousel. When the committee failed to take satisfactory action, interested citizens

formed their own non-profit organization called the Friends of the Lighthouse Park Carousel.

Ray Lavanway, president of the volunteer group, said three years were spent fund-raising. Restoration work started two years ago. According to Mr. Lavanway, \$94,000 has been spent so far, and \$18,000.00 was used to replace the organ which was stolen while under the city's care.

Much of the work has been accomplished through volunteer efforts, according to Stell Somers, Friends volunteer and wife of the park manager. Intricate scrollwork was painstakingly removed, cleaned, and repaired, and local artists were recruited to replicate the paintings that adorn the top of the carousel.

The horses are vibrant—they seem ready to bound off the merry-go-round and prance right out the door. Although far from complete, enough work has been done to trigger a sea of memories and "bring tears to the eyes of some senior citizens," said Mrs. Somers.

The twenty year old firehouse bell, which signals the beginning and end of each ride, was donated by the New Haven fire department. The 69 horses, one camel and two dragon chariots are being professionally restored to their original grandeur by a local Connecticut firm. Using modern paint and materials they are duplicating the original "Coney Island Style" of a carousel horse art—down to the real horses hair for the tails.

Edward Demand IV, the chief operator of the carousel, points out that only five figures are done at a time, leaving the carousel fully operational and no less spectacular during the course of restoration.

The Adopt-a-Horse program, conceived by the Friends group,

allows any organization or individual to sponsor restoration work on a horse of their choice. For \$1,200.00, the horse is insured and then restored. A name is selected from among a list of winners of a "Name-the-Horse" contest held among New Haven school children. Eventually, Mr. Lavanway would like to see the names of the sponsors and the horses displayed in some manner on or near the carousel. Additional fund-raising is accomplished through the sales of souvenir tee shirts and buttons.

Due to the efforts of the citizen group, the carousel and building were placed on the National Register of Historic Places on Dec. 5, 1983. Only about 200 carousels of its kind still exist where once there were 10,000. The rest fell vic-

tims to fires or theft or collectors, disappearing at the rate of nine per year.

Mr. Lavanway states that the work on the horses lasts from four to seven years, so the preservation effort is an on-going process. The Adopt-a-Horse program lets one "own" a piece of history, while contributing to the preservation of an historical landmark (37 out of 72 figures have yet to be restored).

Though the operation of the carousel is seasonal, ending by October, restoration continues throughout the winter. Anyone wishing to adopt a horse, or find out more about the program can contact Mr. Ray Lavanway at 288-2257.

SHU Psychology Club

The goals of the Psychology Club for the 85-86 academic year include expanded membership and activities. The early stages of applications for a chapter of Psi Chi, the National Honor Society for Psychology students, have been initiated.

A trip to the New England Psychological Association's State University on October 18 and 19 is being planned. Anyone interested in joining can sign up in the psychology department.

The psychology department and club are planning their annual Halloween Party for Fri. Nov. 1.

The club plans to invite guest speakers who will provide insight and information regarding graduate school and other areas of interest to psychology students.



Newly elected officers of the Psychology Club, 1985-86 before October meeting. From left to right, Dinal Rosen, Treasurer; Lisa Baldini, Vice President; Nancy Grosner, President and Claire Gambino, Secretary. (Photo by Judie Esler)

Brown bag luncheon book discussion series

By Anne Grant Rice

One never knows where SHU professors will pop up. Listed on the "Brown Bag Luncheon Series" at the Trumbull Library are: Dr. Sidney Gottlieb, Dr. David Curtis, Dr. Michelle Loris, Dr. Roberta Lynne Staples and Marian Calabrese. That covers a fair amount of the English department.

Sponsored by Friends of the Trumbull Library, a volunteer organization, this series was spearheaded by Friends of the Library volunteer Ms. Ruth Fine. She invited Dr. Grace Farrell Lee to lead a discussion at the library last fall.

"I'd met Dr. Farrell-Lee while taking a course at Sacred Heart several years ago," says Fine. "I thought it would be fun to start a book group. Farrell Lee agreed and they were off to a good start with about a dozen attending their Wednesday afternoon "brown-bag" series.

They decided to continue in the spring and invited Dr. Curtis to lead the series.

The fall sessions started last night with a boost from three more SHU professors who decided to join the fun. Dr. Gottlieb started the series with a tape and discussion of, *It Happened One Night*. Dr. Curtis will discuss *Huckleberry Finn* on Nov. and Dec. 18. *A Book Of Common Prayer*, by Joan Didion is the topic Dr. Loris has chosen.

That series started with the poem, "Aire of Angels" by John Donne led by Dr. Staples. On Nov. 22, Marian Calabrese will be the discussion leader for Alice Walker's, *"The Color Purple"*. Back again in the evening with *"A Book of Common Prayer"* will be Dr. Loris.

"We are grateful to these faculty members at Sacred Heart University. They are giving a lot of their time and effort and we appreciate it," says Fine.

"We are grateful to these faculty members at Sacred Heart University. They are giving a lot of their time and effort and we appreciate it," says Fine.



Photography by SHU faculty member Tom Anastasio.

Faculty art show

By Catherine Fiehn

Last week the faculty members of Sacred Heart University got to "Show their stuff" in an art exhibition in the Center Lounge. The faculty art show contained works of Tom Anastasio, Alberta Cifolelli, Blaine Cota, Robert Crofut, Richard DeNatale, Sophia Gevas, and Ted Gutsa. Also works were exhibited by Enid Hatton, Anna Lafferty, Denny Mechem, James Reed, Barbara Rothenberg, Willie Turey, and Virginia Zic. The art department faculty at SHU includes painters, printmakers, a stained-glass artist, designers and illustrators, who are active in their profession outside the university. The fine art faculty are actively in-

involved in exhibiting their work in galleries throughout the United States and Europe. Their work is also included in private as well as corporate collections. Our professional designer and graphic artists operate from their own design studios or free-lance, while the work of our illustrators can be seen in many national magazine publications and advertising campaigns.

This year's art exhibit was held in honor of Mrs. Charles Plohn for endowing the SHU art department with the Charles Plohn Art Scholarship fund. Mrs. Plohn recieved the degree of Doctorate of Fine Arts, honoris causa, from the university at the opening of this show in gratitude for her gift and contributions to the community.

UNIVERSITY CENTER FOR WOMEN

Presents

A Panel Discussion On Time Management

Thursday, Oct. 24, 1985 • 7:30 p.m.—Campus Center

Panel Leader Kim Brown Dean, Manager, Champion Int'l Corp.

POSITIVE THINKING

Easy steps to become a happier person

By Eric Larson

Mental attitude affects how people deal with everyday life. How we perform at work, in school, with our friends and family, and largely with ourselves.

According to the experts, "the positive principle is based on the fact that there is always an answer, a right answer, and that positive thinking through a sound intellectual process can always produce that answer," says Dr. Norman Peale, author of many books on this subject.

Positive thinking, is simply the control of thoughts and emotions. "The negative thinker engages ultimately on a self-destroying process. As he constantly sends out negative thoughts, he activates the world around him negatively," says Peale. When a negative feeling rises, it is very simple to let that emotion take control. The result? Failure before even trying.

The few steps to positive thinking are simple and surprisingly rewarding. *Step One:* When a negative thought comes to mind, simply erase that feeling and think the opposite. For example, when waking in the morning with the dreadful thought of the day you will spend at work; instead think positively. You have

a job; your health is good. Your family is intact. Decide to make the best of the situation, receiving that much more satisfaction.

Step Two: Focus on your fears constructively. Instead of avoiding something which really bothers you, tackle the fear and overcome the problem. For example, many of us have the fear of speaking in front of a group, and many go to all measures to avoid the situation. But, there are ways to help the problem, and even become quite comfortable when you are the main attraction. Dale Carnegie classes are just one way of dealing with this fear. They are a group of experts who help overcome such fears through teaching the powers of positive thinking and building self confidence. There are many monthly seminars held throughout the country, usually advertised in local newspapers for time and location. *Step Three:* Write a goal on paper. For just a few minutes a day, focus your mind and keep repeating the goal. With a positive attitude, you'll be surprised at what you can do, if you put your mind to it.

With a positive attitude, you will accomplish ambitions as well as become a happier and mentally healthier person.

Looking for a job?

Come see Richard Irish

Richard Irish, a national speaker on job search strategies will be on campus Wednesday, Oct. 30, from 9:30 a.m. to noon in the Main Auditorium.

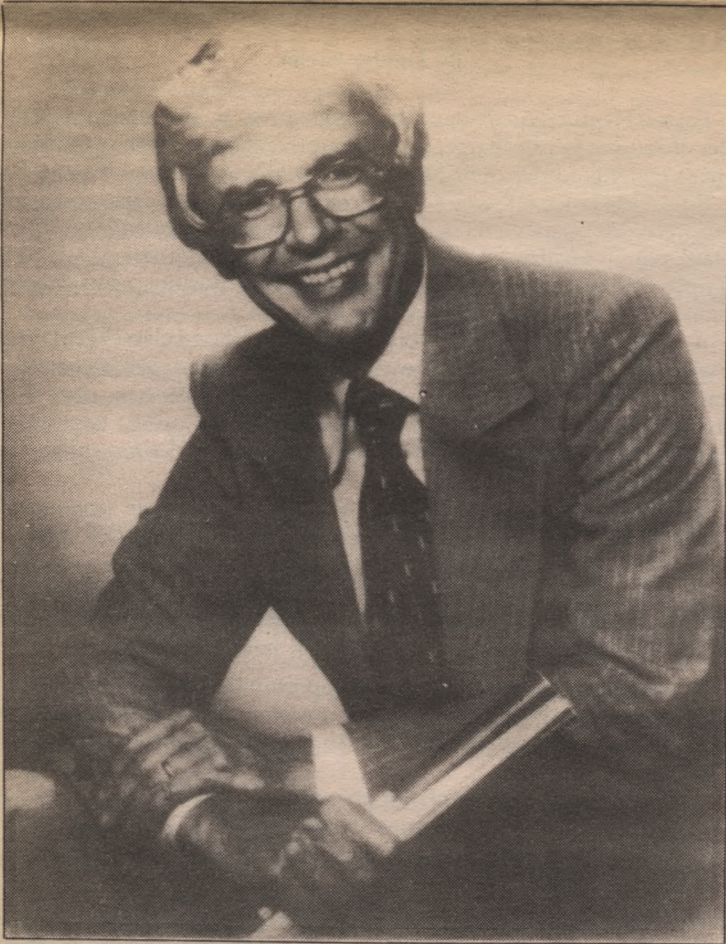
His presentation, based on his best-selling book, "Go Hire Yourself An Employer", will be directed at students looking for full-time and part-time employment, as

well as professionals in mid career transition. Open to the entire Sacred Heart University community, the presentation will outline the fundamentals of a self-directed job search and cover such topics as: selling your strengths, dealing with the personnel office, how to shine in a job interview, and how people *really* get hired.

Mr. Irish, author of several books and many articles for major publications, has been featured on national television, including, the "Today" and "Tomorrow" shows and CBS News with Dan Rather. He has made hundreds of speeches to audiences that have run the gamut from high skilled executives in mid-life transition to low-skilled, unemployed youth in rural Virginia. He has also spoken to anxious undergraduate and graduate students from some of the nation's best universities, including M.I.T., Georgetown, and John Hopkins.

His thoughtful consideration on the subjects he has written on dry wit, lively humor, and his widely varied professional experiences in government, business, and academia make him a speaker you won't want to miss.

Mr. Irish will also make a presentation from 5:30-6:30 p.m. in Schine Auditorium for those pursuing or interested in obtaining an MBA.



Richard Irish to speak on jobs.

SHU Drama Club

The Drama Club of Sacred Heart University plans a reorganization meeting on Thurs. Oct 24, in Room S 204, at 11:00 a.m. The club encourages interest in the theater arts by providing members of the Sacred Heart Community with an opportunity to participate in all aspects of amateur theatrical production: writing, acting, directing, workshops, reading, and, of course, theater excursions.

Tentative plans include preparation and presentation of a spot for "Skit Night," a series of smaller presentations, and at least one theater trip in winter and in spring.

To go wild, go to Card Gallery.

Tricks, treats, claws, paws. Be a Ninja, nun or Princess of Power. We've got clowns, ghosts, funny feet, blood and gore, rotten teeth and more. Play a French Maid, wield a devil's pitchfork, sport a huge bow tie, flip those whips and chains... washable hair color spray, martian antennae, tongues, body parts, lashes, lances, witches, spiders, pirates and bats. Swords and axes. Party tableware, napkins, candy, crowns. Even tape cassettes of 100% pure Halloween noise.

If you don't like any of this wild stuff, could we interest you in a bright red clown nose?

Card Gallery. Daily 10:00 a.m.-9:00 p.m. and Sundays. Circle Plaza, next to Stop & Shop, Fairfield.

Card gallery

HALLOWEIRD!



CAREER SERVICES WORKSHOP SCHEDULE

Interviewing Skills

Fri., October 25 & November 1
— 11:00-12:15 S113 2 sessions

Learning How to Feel Confident About My Decisions

Mon., October 28 & November 4
— 2:00-3:00 S113 2 sessions

Choosing the Major That's Right for Me

Thurs., October 31 & November 7
— 11:00-12:00 S113

How to Learn More About the Career I'm Considering

Tues., October 29
— 11:00-12:00 S113

Job Search Skills

Tues., November 5
— 11:00-12:00 Career Planning Office



Richard Hydge of Fairfield, president of the Sacred Heart University Republican club (left) with Julia Tashjian, Secretary of State of Connecticut, Sharon Jones of Fairfield, president of the SHU Democratic club, and Dr. Gary Rose, assistant professor of political science, at a recent "Municipal Outlook '85" program, sponsored by the University's Department of History and Political Science.

Poet X.J. Kennedy reads his verse at SHU

By Eric LeStrange

On Wednesday, Oct. 15, a nationally known poet, X. J. Kennedy, gave a reading of selected poems to an intrigued audience of students and faculty.

In his opening remarks, Kennedy explained, "I've been writing poems since I was a kid of twelve. I got discouraged in my adolescence, but then got back into it when I was 23."

Kennedy's new book of selected poems is entitled *Cross Ties*. He said, "just this year I got a chance to look back on what I've done over the last thirty years. I put the most decent poems that I'd still swear by in this book."

Noting that some students and faculty present at the reading were writing poems of their own, Kennedy said, "you may feel that a great source of poems to you is your own experience. In my case, I've never written about my own experience without feeling the temptation to jazz it up a little bit, mainly because I haven't found my own experience to be the most interesting thing."

Kennedy then read a "true-to-life" experience poem called "First

Confession" about the day before his first Communion. The second poem he read was the thought-provoking "Little Elegy On a Girl Who Skipped Rope," about a playful child who died young.

"Sometimes you have to write not knowing what you're doing," Kennedy suggested. "I've never trusted the theory that before you write you have to plan everything out beforehand. You have to mess with the words and see which way the passion wants to run."

In the "Little Elegy," Kennedy

compares the spinning of a jump rope to the Earth turning on its axis. He noted that this and much of his work "rhymes with monotonous regularity. Around 1960, most poets got fed up with all these rhyme schemes and put into open forms what they wanted to express. I have nothing but dumb, dog-like admiration for a person who writes in an open or free verse form and does a poem that succeeds that way. I just can't do it."

His program continued with the reading of the poems: "To Doro-

thy On Her Exclusion From the Guinness Book of World Records"; "Nude Descending a Staircase"; and childrens' poems which Kennedy calls "Brats" like "Snowflake Souffle" and "Mother's Nerves."

He sang his last three selections,

"Great Chain of Being", "In a Prominent Bar in Secaucus One Day" and the humorous "Somebody Stole My Myths." He concluded by noting wittily that "I sing my own songs because if I didn't sing them, who would."

SHU offers Job opportunities

By Debby Kiefer

Sacred Heart offers students the opportunity to take a certain number of courses free of charge, earn an hourly wage and receive employment benefits under their permanent employment plan.

Susan Mikusky, recruiter for personnel at SHU, notes that there are currently 210 permanent positions within the university and that more staff openings will be created in the future as the university grows. She emphasizes that students are eligible for these positions and should reap the benefits such employment offers.

A student who chooses to work full time and attend classes part time is allowed nine free credits. These are often allotted to evening courses since full time employees work the 8:30 a.m. to 4:30 p.m. shift. For full time students who work part time, six credits can be taken free of charge. The shifts vary in this case but all allow for four hours of work per day.

The benefit package is the same for full and part time workers. It includes health insurance, paid vacation days and paid sick days.

Brenda Colon, a part time student in her junior year, has been working full time in student accounts, for four years. She is working toward a degree in computer science by working at this job. She says, "It's harder doing it this way because it takes longer, but I have fun."

Notices of permanent employment opportunities are posted throughout the university, often before they are placed as want ads in local newspapers. Mikusky says this is so that students get the first chance at the job.

A student wishing to apply for an available position should obtain an application from the personnel office, located on the second floor of the administration building. Once an application has been filed, an interview is set up.

Mikusky mentions that recommendations from teachers are a positive influence in getting the job as the decision to hire is based on qualifications alone.

According to Mikusky, the current demand for employees is in the computer science area. She reports that SHU will be getting more IBM personal computers and therefore more data entry people will be needed to run them. In addition, clerical and secretarial positions are frequently available. These jobs require good telephone and communication skills as well as occasional typing.

Marie Coleman is a senior clerk in the Registrar's Office, where she has worked for four years. Her plans of graduating with a four year degree in psychology were realized through the permanent employment program. "It is definitely a benefit for me. The tuition benefits add to your yearly salary."

Two positions are now open and interested students should apply in person. A full time secretary is needed in financial aid and a clerk/typist is needed in student accounts full time.

The personnel office says that students who would be interested in temporary employment may also find this employment within the university.

Take up missile maintenance


(Continued from page 3)

missile polisher's name (Norman Dunly).

This man, whose initials are N.D., takes an obvious pride in his work. Daily on scaffold and ladder N.D. polishes the white surface of the missile until it shines. He has nicknamed the MX "Big Jake." But to better understand his

sentiments N.D. spoke best himself. "We of the PKCC are doing our part for America. Our missiles are cleaner than the Russians who only dust them once a month. It's good career for a young person who wants to go places. I started just sweeping up around here, now I polish the dome itself. It's good serving your country. We even have a slogan in the PKCC: A Clean Missile Is A Nice Missile."

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Uncompleted construction

(Continued from page 1)

are summer courses, so there really isn't any good time of the year for construction, Croffy concluded.

John Kelly, treasurer and vice president for business administration, was contacted for comment, but was not available at press time.

Both faculty and students have found the on-going construction inconvenient, disruptive, and annoying.

Glenna Ross, assistant professor of English feels, "it shows a blatant disregard of both students and faculty members to ask us to teach

and to learn under these conditions."

Ross commented the heavy fumes of the tar in her office have been very offensive. People have complained of headaches and nausea.

Student Minodora Grunberg found the tarring irritating during the first few weeks of the semester. The inconvenience seems to have subsided. Most of Grunberg's classes are located in the North Wing.

Kevin Kearney, student, stated the tarring caused him varying degrees of annoyance. He has an afternoon history class located on

the second floor of the South Wing, which he found to be the most disturbing. Afternoon being the warmest part of the day, windows were open, increasing the concentration of fumes. The fumes, combined with the noise of the workmen and their equipment, were the most disruptive. The odors made concentration difficult and the clatter overhead impeded Kearney's ability to hear the professor.

Commenting on the tarring, Kearney felt it has been, "a big hindrance." He concluded, "I'll be glad when it (the tar fumes and noise pollution) is over."

Women's volleyball trimatch

By Joanna Marczak

On Oct. 16, SHU's women's volleyball team played against Smith College and Eastern Connecticut State University, two very strong teams. In the first match Smith played Eastern Connecticut with ECSU winning both games 15-11 and 15-7, after some intense playing.

The second match pitted Smith College against the Pioneers with the visitors claiming the first game with a score of 15-5. During the second game the Pioneers came to life, ending the contest with a close 15-11 lose.

In the final match between Sacred Heart and Eastern Connecticut, ECSU, ranked 13th in the NCAA nationally and third in the East Region Division III, proved this title to be accurate by winning the match 15-3 and 15-2. ECSU's record reads 18 wins and six losses.

Floretta Crabtree, coach of the women's volleyball team at ECSU for 11 years stated, "Sacred Heart has a lot of talent but the school should put more emphasis on their volleyball program. They have the interest, but need the financial support from the administration to develop the program."

Team captain, Debbie Tidy feels that their present status is due to a lack of experienced players. Pioneer coach, Mary Helen McCarthy who called Tidy the best all-around player on the team also singled out Donna Sharpe for her "fantastic work" when she substituted in last week's game. Another valuable player, Maryann Piorek, who plays the position of setter, was an All-League player at Andrew Warde High School and her ability to set the shots enables the team to have better volleys.

The remainder of the women's volleyball season will be played away.

THIS WEEK'S GAMES

Date	Location	Time
October 24: Soccer vs. Mercy	home	3:00
October 26: Women's Volleyball vs. Fairfield	Fairfield	11:00
October 29: Women's Volleyball vs. Central and Bentley College	New Britain	6:00
October 30: Soccer vs. Quinnipiac	home	3:00

Joe Jackson

(Continued from page 8)

most important assets, Joe says. Recently, Jackson, a marketing major, has been volunteering his time as a big brother at the YMCA in Bridgeport. "I deal with children whose parents are too busy to spend time with them. We play basketball and swim, among other

activities. I also work with some of the adults in the rehabilitation program."

It is Jackson's nature to help anyone in trouble, and puts himself aside for his friends. And from the words of Dave Bike, "He's a real good guy."

Indeed, he is.

PROFESSIONAL PERSONNEL DAY

Wednesday, October 30

ATTENTION SENIORS:

If you wish to participate, you must sign-up in person at the Career Services Office on the second floor of the Campus Center.

PART TIME WORK

FEMALE OR MALE
Loading and Unloading
\$8 per hour

HOURS AVAILABLE: 4 a.m.-8 a.m.,
5 p.m.-9 p.m.,
12 p.m.-4 p.m.
10:30 p.m.-2:30 a.m.

Apply: United Parcel Service
1010 Honeyspot Road
Stratford, CT 06497
Mondays 1:30 p.m.-4 p.m.

Spectrum Sports

Baseball season ends

By Dan Cooney

The regular fall season of baseball ended this week for Sacred Heart's Pioneers with a final record of 7-10. But for those who still haven't had enough, a special exhibition game consisting of 100, yes, that's right 100, innings is set to be played against Housatonic Community College.

Although the 7-10 record for the season isn't the greatest the team's ever had, the general consensus among the members is that they did a lot of learning and function better now because of it. The team played without four of its starters, out for various reasons during most of the season. The upcoming spring season, with a full roster will be the one to watch.

"The boys played well sometimes, and other times they didn't which was a problem," explains coach Mark Julius. "We were fortunate in the fact that we got to see what the younger, newer players could do and they, in turn, got to play more than usual. We were able to find out where our weaker and stronger points were and what we have to concentrate on in the future to win more games. Aside from that we'll all be a lot happier when our other three starters are back on the field."

"It wasn't that bad. We had a better overall improvement than in the last few years and I think the pitching was a key reason," says junior Mark Stankiewicz. Stankiewicz, who plays third base and catcher (but not at the same time) went on to state, "We found out we were able to compete against the big schools without our big guns and this will be an asset in the future. We lost a lot of one run games, so we weren't that bad."

Aside from the approximately 35 to 40 games in the spring season, the team is planning a trip down to Florida during the spring break. "We'll be playing teams like St. Leo's College, Florida Southern and Liberty Baptist, which are better teams. We need better competition to improve ourselves," states Julius. "After all, it's better to get beat by a good team than lose to a bad one."



Fall baseball season action.

(Photo by Eric Wohl)

SHU soccer review

The Pioneer booters were triumphant on Oct. 12 with a 1-0 win over Southampton College.

"The team as a whole played a strong, solid game as Gary Dun-

nigan and Tony Gill anchored the defense. Al Luonge (goalender) also played a fine game," Coach Joe McGuigan said.

The lone goal was a direct shot

that came from 35 yards out by Sergio Fernandez, unassisted.

On Oct. 13, the Pioneers played C.W. Post, a team which is ranked 19th nationally.

SHU took the lead ten minutes into the second half when Syphan Phonthaphan scored a miraculous goal from approximately 25 yard out. "We seem to score those great goals," McGuigan states. "It's the shots from up close that give us problems."

The Pioneer defenders were red-carded 15 minutes into the second half forcing the team to play one man short for the remainder of the game. SHU managed to hold the lead until Post tied the score with five minutes left, then moved ahead as they scored again with 30 seconds on the clock.

The Pioneers challenged Vassar College on Oct. 16 which led to a SHU 1-0 loss in overtime.

SHU's defense played a fine game according to McGuigan, however, "The team missed five chances to win."

The Vassar goal was a scramble in front of the net that came off a corner kick with one minute remaining in overtime.

Sports spotlight: Joe Jackson

Most followers of SHU basketball know the name Joe Jackson. He has dazzled Pioneer fans for three years now, and is looking forward to his fourth season.

Jackson's basketball career began to soar when he got a scholarship to Notre Dame of Fairfield where he played for two years, both times receiving an All-CCAC title. In his senior year, Jackson was noted as an All-State honorable mention.

Shaky about moving on to college, two friends helped Jackson make a transition. "Mr. Shea and Mr. Fabri from Notre Dame played a big part in my coming to Sacred Heart. Also my coach Mr. Jenkins acted as a fatherly figure and gave me some great advice to stay in school."

Jackson received a scholarship to SHU, and has played basketball since his freshman year, though his first year wasn't going so well. Joe remembers, "The team advanced to regionals to play Assumption College, and I wasn't playing. Then we played three overtimes and everyone fouled out. That's when coach Bike put me in and I scored. That was the highlight of my career here, so far."

Now, the 20-year old power forward is going for his third collegiate "Most Improved Player" award. He is confident of reaching this goal and when he does, he will have been the only player in Pioneer history to do so.

Jackson predicts the Pioneers will again be a successful team this year. "We are like one big family," Joe states, "We hang around together on and off the court, and we always help each other... Coach Bike is great too. He lets you do what you have to do in life, but we have to produce in class. That's one thing coach Bike feels is important."

Basketball coach Dave Bike, when asked about Jackson replied, "I feel that Joe has a lot of respect for the team, and has grown a lot since he first started here at Sacred Heart. My staff made him co-captain which says an awful lot right there. He will be a definite leader."

Off the court, Jackson is a vivacious, outgoing person who likes communicating with people. Communication is one of life's

(Continued on page 7)



Joe Jackson garners Improved Player Awards.

(Photo by Judie Esler)

Intramural action

By Dan Cooney

Intramural sports kicks off this month, so to speak, with flag football. This is the first of the various activities set for the next few months to keep the student body in shape.

A few teams are set, with more expected to be added, such as The Mighty Spectrum Team, the '84 Champs Team, the SHU Chucks and Sigma Tau Omega. The games, to be played in the quad with an approximate field size of twenty-five by forty yards, will be divided into two ten minute halves. The referees for the games will be provided by the teams and there will be seven people to a team on the field, one of whom has to be female in nature.

Through a round robin style of play the competition will be weeded out until, during Harvest Weekend, the illustrious SHUFL Superbowl will be played, crowning the coveted title of '85 Champs on the victors.

As if that's not enough, come November, Intramurals gets into the rough and tumble world of fustball. Fustball, that fast paced game involving soccer on a table, will have its first competition, for men's and women's singles, on Nov. 5 and 7, during convocation from 11 to 12. The second competition, for

men's doubles, will be Nov. 12 and 14 and the third, coed doubles, will be Nov. 19 and 21. Players will be competing for the valuable first and second place positions for which trophies will be awarded in each category.

Those who'd like to take a shot at intramural basketball should have their team rosters made up and submitted to Pete Diorio by Wed., Oct. 30, so they can be published. The season starts Mon., Nov. 4 and lasts until Dec. 5.

Unfortunately, during January the gym is booked full, but come February, ping pong will be played during convocation, with teams paddling it out. Weather permitting, softball will round out the year at the end of March and beginning of April.

Currently, there is a daily open recreation period between ten o'clock and two, featuring ping pong, volleyball and basketball.

When questioned about the sports, Dave Bike, director of athletics, said they were great though, "We have a very limited staff and facilities. There should be more, but you have to spend money to make it worthwhile. Other schools have a complete position and job description for Intramural Sports and I'd like to see that here. Currently we're behind in certain aspects of the athletic program."

Sports Archives

October 24, 1963:

New York Yankees catcher Yogi Berra is made manager and leads the team to their fifth straight pennant, but is fired after New York loses to the St. Louis Cardinals in the World Series. In 1973 he manages the New York Mets to a pennant and a decade later is once again named manager of the Yankees.

October 26, 1951:

Rocky Marciano knocks out Joe Louis in the eighth round, ending the Brown Bomber's quest for a comeback and his career as well. When being consoled after the fight, Louis comments: "that's all right. I've knocked out lots of guys before..." Marciano will retire undefeated on April 27, 1956.