

the SPECTRUM

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Due to the great concern of the student body over the recent *Spectrum* article uncovering Sacred Heart's haunted past, approximately one hundred students gathered on the hill for a reenactment of a common 17th century New England ritual of burning suspected at the "stake."

Activity director explains fee

By Tom Kelly, Director of Student Activities and Susan March

Each semester, all full-time Sacred Heart students pay a \$25 activity fee along with their tuition. Some students think that their \$25 fee is spent to provide them with an activity sticker to be used for discounts at mixers and basketball games. Students not in the habit of attending events are therefore concerned that their \$25 has gone to waste.

The fact is that students do not pay \$25 to receive an activity sticker. The \$25 is used to make student

services and events possible on campus. The activity sticker is only an added benefit, entitling you to a discount at functions you may or may not choose to attend.

Every penny of your \$25 fee is governed by your Student Govern-

ment, the people that you, as a full-time student, elect to office in April of each year. The faculty and administration have no say at all in how your money is spent.

Therefore, be sure to exercise
(Continued on page 6)

Registration simplified for spring semester

Pre-registration, with its frenzy of forms and catalogs, is about to begin once again. For the spring semester pre-registration will run from Nov. 18 until Nov. 26. For part time students this date is extended to Dec. 4.

Few students realize that pre-

registration is more than the hurried selection of courses that fit available time slots, and that it does more than reserve chosen classes until final registration.

According to Doug Bohn, registrar, pre-registration is a time of exploration for the student which allows him to examine, not only course offerings, but also career choices and opportunities after graduation. It represents the chance for a student to talk with an advisor about his courses in relation to his future goals and to contact the career planning and placement office to see what options are available in the working world. Bohn notes that for part-time students the pre-registration process is especially important in their getting to know faculty advisors.

A few modifications have been made in the pre-registration to registration process for spring 1986. Full-time students are still encouraged to pre-register early as classes are allocated on a first come, first serve basis, and to set up appointments with their academic advisors well in advance of Nov. 18, the opening day of pre-registration. Seniors and juniors pre-registration with their major advisors and freshmen with their newcomer or basic studies advisor. Part-time students should also contact their advisor before pre-registering. In their case, a \$25 non-refundable deposit is required at pre-registration. The deposit is credited towards the student's spring tuition bill and is forfeited if the student does not complete the final registration process.

The change in the whole process, for both full time and part time students, is encountered dur-

ing the transfer of the pre-registration schedule to the final registration form. For many students this can now be conducted through the mail.

Full time students who have pre-registered will be sent verification of their pre-registration choices by

the first week in December. The student is to check the schedule for any possible mistakes and make any changes in person at the registrar's office. If there are no corrections to be made, a student can transfer his pre-registration

(Continued on page 6)

Freshman elections

The 1985 Freshman Elections Drive kicked off on Nov. 4, and all full-time freshmen will be eligible to run for the following offices: Student Government: Five Freshman representatives, Freshman Class Office: President, Vice President, Secretary, Treasurer.

To become a candidate in these elections, you must be a full-time freshman in good academic standing with the university. You are not required to have prior school leadership experience to run; any interested student is eligible. You will need to register in the Activities Office. Registration opened November 4 and will remain open until November 15. You will receive a nomination petition which you must have signed by 30 full-time freshmen.

When you complete and return your petition, your name will be placed on the official ballot. You will have one week to campaign (ie. hang up posters, pass out fliers, buttons, balloons, campaign slogans, etc.) before the actual voting takes place.

The elections schedule has been set as follows:

November 4—Registration for candidates starts in the Activities Office. You will receive your nomination petition.

Nov. 7. Information meeting for all candidates and students interested in more information on running. We'll answer questions and fill you in on all the details you'll need to know. Student Government Conference Room; 11:00 a.m.

Nov. 19. "Meet the Candidates Day" at 11:00 a.m. in the cafeteria. The elections committee will introduce all candidates and announce the offices each are running for.

Nov. 20/21. Freshman Class Voting from 10:00 a.m. to 2:00 p.m. in the Activities Office. Results will be announced on the 21st at 5:00 p.m. in front of the cafeteria. All full-time freshmen are eligible to vote.



Many students will no longer have to wait in long registration lines with the new mail-in registration option.

Student Center plans announced

By Catherine Fiehn

After a student rally and several meetings with Dr. Pinciario, Dean Croffy, and Treasurer John Kelly, Student Government President John Kelly announced that the new student center will be situated in what is currently known as the center lounge.

According to Kelly, the student center will be completed for the spring semester and is to include student offices, a TV and couches, ping pong tables and games, etc. The lounge, divided by partitions, will have study tables on one side and the other side will be used for other activities such as club meetings. President Kelly commented, "I'm hoping this will contribute to student life, especially clubs and organizations."

When asked about the cost of the student center Kelly stated that no funds will come from the \$25 student activity fee full-time students pay each semester. Kelly explained that the funds for the student center will be donated or raised by means of mixers and fundraisers.

The hours of operation for the student center have not yet been announced, but Kelly comments, "We are pushing for 24 hour use of the facility."

Student Government offices, as well as organization offices and a conference room will be moved into the student center. The registrar's office as well as the other offices currently occupying the center lounge area will still be located in the lounge area, but will be moved to accommodate the student center. Kelly hopes that "this will also be a place for everyone to meet and talk with people about joining these organizations."

Liberal Arts Colleges rate high

By Kris Chavoya

A survey of 5,000 undergraduates by the Carnegie Foundation for the Advancement of Teaching suggests that students of liberal-arts colleges show a considerable difference in their views on educational priorities, campus lives, and relationships with professors than those attending other types of colleges.

According to Elizabeth Greene, writing in *The Chronicle of Higher Education*, "The liberal-arts students have a stronger sense of campus community and feel less like numbers in books than others, and they are more satisfied with their professors and receive more personalized education."

SHU Academic Vice President and Provost, Anthony Pinciari said, "I feel that the students at Sacred Heart University experience the personalized education and strong sense of campus community as was indicated in the research presented by the Carnegie Foundation for the Advancement of Teaching."

"In large universities with 40,000 to 50,000 students you're going to have problems related to the students' sense of involvement on campuses," said Robert Hochstein, the Carnegie Foundation's director of communications.

Liberal-arts colleges always have shown pride in community spirit, the foundation noted. "These colleges have presented themselves as places where individuals matter," said the report.

Thomas Melady, SHU President feels, "The community spirit is good. One way to make it better is to encourage student activities in clubs and professional groups."

"At institutions that are geared toward being teaching institutions rather than research institutions, the faculty does generally spend more time with students," Hochstein concluded.

Frats and sororities offer alternatives to students

Sacred Heart may be the only totally commuter college in New England. Ninety-five percent of SHU students enrolled full-time work part-time jobs. Despite their busy schedules, Sacred Heart University students enjoy a variety of free-time activities on campus, many of which are run by SHU's sororities and fraternities.

Sororities (Beta Delta Phi, Nu Epsilon Omega, Pi Sigma Phi, Rho Sigma Chi) and fraternities (Gamma Chi Zeta, Sigma Psi Delta, Sigma Tau Omega) and the Inter-Fraternity Sorority Council, sponsor day and evening activities that are generally open to the entire student body.

The sororities and fraternities socialize with one another via the Inter-Fraternity Sorority Council, a coalition of two members from each club whose function is to bring the sororities and fraternities together in a non-competitive at-

mosphere by planning and preparing luncheons and cocktail parties which are held throughout the year.

Spring Fest Weekend is a major annual event organized under the direction of the IFSC. Spring Fest Weekend includes skit night, when all the campus clubs are invited to compete for first place by writing and performing short comedy skits; the King and Queen Festival, where each club selects a King and Queen representative to vie for the title, King and Queen of Spring Fest. Finally, the most impressive of the events is the Senior Banquet, where SHU seniors don formals for an evening of dining and dancing.

The sororities and fraternities work hard raising money during the year in order to make Spring Fest weekend a success. The most popular fundraising method on the Sacred Heart campus is throw-

ing a mixer. Sororities and fraternities invite the student body to Chubby's, the campus pub, for a social with entertainment provided by either a band or DJ. Proceeds from the mixers go to the sorority or fraternity that sponsored the mixer.

The fraternities and sororities aren't just interested in partying. Besides earning money for social events, these groups raise funds for charity. Last year Nu Epsilon Omega held a volleyball marathon to benefit the Leukemia Society and raised over \$1,000. Pi Sigma Phi works every year to send

money to the Maryknoll Missions by having car washes and bake sales.

Sigma Tau Omega's Appalachia Drive has been a tradition for more than a decade. Each year, Sigma Tau brothers visit all the churches in the Diocese of Bridgeport and collect donations of money and clothes to bring to the needy in Williamsburg, Virginia.

For a student to join one of these clubs a written application must be submitted to the particular organization. The application is reviewed by the club officers, who then decide if the candidate will be accepted.

Undergraduates who agree that:	At liberal-arts colleges	At other 4-year institutions
General education is essential	70%	58%
The college has a clear mission	86%	73%
Liberal learning should get more emphasis	45%	29%
Campus has a sense of community	80%	59%
Students are treated like "numbers in a book"	9%	52%
Contact with administrators is limited	33%	62%
Classroom discussion is encouraged	93%	80%
Professors are interested in students' progress	73%	58%
Student opinions are encouraged	81%	64%
Professors look out for students' interests	88%	73%
Students are satisfied with the teaching	80%	70%
Professors are interested in academic problems	81%	53%
Students have personal interaction with professors	54%	37%

HEALTHBEAT AIDS: What all Students should know

By Nancy Cusick, R.N.
(Part I of a 2-Part Series)

This AIDS Fact Sheet gives accurate information about the nature and extent of AIDS and the risk of contracting AIDS. Part 2 of this series (to be published in the next issue of the Spectrum) will discuss the actions individuals can take to reduce spreading AIDS, and current research and related activities under way in the Public Health Services. (This AIDS Fact Sheet was compiled by the U.S. Department of Health and Human Services).

1. What is AIDS? AIDS is a serious illness characterized by a defect in natural immunity against disease. People who have AIDS are vulnerable to serious illnesses which would not be a threat to anyone whose immune system was functioning normally. These illnesses are referred to as "opportunistic" infections or diseases.

2. What causes AIDS? Investigators have discovered the virus that causes AIDS. The virus is called human T-lymphotropic virus, type III (HTLV-III); Lymphadenopathy associated virus (LAV); or AIDS related virus (ARV). Infection with this virus does not always lead to AIDS. Preliminary results of studies show that most infected persons remain in good health; others may develop illnesses varying in severity from mild to extremely serious.

3. What are its symptoms? Most individuals infected with the AIDS virus have no symptoms and feel well. Some develop symptoms which may include tiredness, fever, loss of appetite and weight, diarrhea, night sweats, and swollen glands (lymph nodes) - usually in the neck, armpits, or groin. Anyone with these symptoms which continue for more than two weeks should see a doctor.

The time between infection with the HTLV-III virus and the onset of symptoms (the incubation period) seems to range from about 6 months to 5 years and possibly longer. Not everyone exposed to the virus develops AIDS.

4. Who gets AIDS? Ninety-four percent of the AIDS cases in the United States have occurred in the following groups of people:

- sexually active homosexual and bisexual men with multiple partners, 73 percent;
- present or past users of intravenous drugs, 17 percent;
- persons with hemophilia or other coagulation disorders, 1 percent;
- heterosexual contacts of someone with AIDS or at risk for AIDS, 1 percent;
- persons who have had transfusions with blood or blood products, 2 percent.

Some 6 percent of patients do not fall into any of these groups, but researchers believe that transmission occurred in similar ways. Infants and children who have developed AIDS may have been exposed to HTLV-III before or during birth, or shortly thereafter, or may have a history of transfusions. (More information can also be obtained through the Health Services Office of SHU).

SCHOLARSHIP APPLICATIONS

are being accepted until

November 15, 1985
(4:30 p.m.)

See your department chairperson for application forms.

Questions? — Contact: Mrs. Eleanor Weseloh
Chairperson, Scholarship Selection Committee
N. 102
ext. 7785



The grand opening of the Sacred Heart Restaurant was recently celebrated by owner Tom Bennett. Citing that SHU students were in need of a choice due to high cafeteria prices, Bennett opened this restaurant in response to student demand. "People have been flocking in droves due to our unique and timely 'quarter specials,'" Bennett explained, "25 cents buys just about anything here."

The SHU observer...

By Mark Edwards

Just thought you might be interested in knowing that this week's column is being typed on one of our two library typewriters. I really hope that someone on the faculty or in student government caught my essay last week and has considered doing something about it (it being the incredible lack of the type of machine I am banging away at in our library). When the end of the semester comes around with many term papers to be done these two machines will be the hottest items on campus.

This week I would like to speak to the freshmen of SHU. Now that you have been here long enough to begin adapting to college life, I think that I should share some of my knowledge of the college scene with you.

The first thing I would recommend is that you all watch David Letterman as often as possible. Not only is it your duty as an American college student, it is a truly funny show. I know it's on late, but students only need three or four hours sleep anyway. Speaking of sleep you can get quite a lot of it right on campus. The best spots are in the library, the workshop skills center, any of our comfortable department lounges and behind equipment in the storage area above the media round room.

How to study: in a quiet place in a straight backed chair while listening to the Moody Blues. How not to study: on the couch with your feet on the wall behind it while watching MTV and arguing with your parents. How really not to study: while hang gliding off the top of Mt. Everest and being pursued by Communist agents who want to recover the plans you have stolen from the fiendish Dr. Squid and...

Now that many of you have made your attempts at fraternities/sororities and have either given up or (worse) become members it may be too late to tell you that you don't have to get involved. Honestly (no matter what countless deans, advisers and club members have told you) they will not throw you out of school if you miss a dance, don't join Gamma Tow Pi, or not write articles for *The Spectrum* (though in my case I may get thrown out for writing for *The Spectrum*). You have four years to get involved and if you decide not to you have no reason to feel like an AIDs victim.

A few final words of advice; don't type while listening to Judas Priest, begin all major papers at least an hour before they're due, see your advisor at least *once*, read my column, get here early enough while there is still room to park on the grass, wear a gas mask and ear plugs to all classes in S-wing, brush three times daily and support the Immoral Minority.

I hope I have been helpful as well as informative.

Italian club

To the Editor:

I want to inform everyone at SHU about the Italian Club. Everyone is welcome to come and of course you don't have to be Italian to join. We already had three meetings and they are lots of fun. We are trying to make it the best club possible by having lots of activities, events, and trips.

The Italian Club is having an Italian Food Feast this November

21 in the Pub from 10 am. to 2 pm. There will be lasagna, pizza, minicotti, baked zitis, meatballs, and much much more. A surprise door prize also will be rewarded. Won't you come and join us?

Get involved in SHU...join the Italian Club!

Thank You,
Sincerely,
Diane Karmas

—Letters to the Editor— Beyond the call of duty

To the Editor:

On October 22 when the resonator of my car fell to the ground and became lodged in the concrete so that the automobile was not able to be moved from the University parking lot, two helpful maintenance employees did not hesitate to come to my rescue. After several minutes, Mark Centopanti with the assistance of Richard Gee unscrewed the defective part and I drove my 1978 Monarch to Midas for a replacement.

The following evening a part time student Lori Panico of Hamden was in a similar predicament. When coming from the computer lab she discovered one of her tires had become deflated. Lori does not know how to change a tire, and being at Sacred Heart only since September, she is unfamiliar with the campus area. After speaking to a gentleman from the Security Department who had advised the Continuing Ed student to proceed to the nearest gas station, Eduardo Hernandez came upon the scene. The maintenance

worker saw Lori's dilemma and offered to change the tire. Lori, most appreciative, offered to pay for this service. Hernandez declined the gratuity, smiled and commented it was "no problem."

Helping two women in perplexing situations may not have been serious problems for the three members of the University staff

but they were to the women who had experienced the difficult situations with their cars. Lori and I both are grateful Sacred Heart University has responsible employees in the maintenance department who are willing to perform services not in the realm of their job responsibilities.

Rosalie C. Popick

Food restrictions

To the editor:

In the library eating and drinking are only allowed in the lower level lounge. People using the library are not allowed to eat or drink anyplace else but here. I think that there should be either another designated place to be able to eat and drink or to expand the lower lounge we are now able to eat and drink in.

Many times I have gone to sit in there to have a soda and it has been filled. Usually the people stay there to study so once it's filled you're out of luck. You either have to go somewhere out of the library or wait until they have left.

I appreciate the fact that the library set this rule in order to preserve the new carpet, but think more room should be allowed for library users to be able to eat and drink in. I think with all the space in the library there could be set aside at least one other area to accommodate the many people who would like to be able to sit and have a drink or eat while they are studying.

Kris Chavoya

SAB-9 responds

Hey Editor,

In quick response to last week's letter from Miss Siano, Director of Advertising and Public Occasions, we by no means advocate the destruction of school property. However, we do support the proper spending of our tuition dollar and we are against wasteful bureaucratic "tea parties". We at SAB-9 suggest that the money used at this useless embarrassment of a tea party should have been put to the restoration of the new bulletin boards, and not to staring vacantly at empty desks while munching on sugary donuts.

In addition, we feel sorry for Miss Siano since she has obviously been brainwashed into bureaucratic thought. This week's heroine biscuit is tossed to you, Miss Siano, for realizing that the premature reception in the Computer Science wing was, indeed, "simple" and only about four minutes long. We rest our case.

Sincerely and Without Remorse
SAB-9

Congratulations

Congratulations to the new sisters of Beta Delta Phi Sorority! Anita, Pam, Rina, Kim, Debbie, Denise, Kelly, Cheryl, and Laurie. You all did a great job and we are so very proud of you! With Love,

THE SPECTRUM STAFF

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Submissions Policy:

1. *The Spectrum* is currently published every week. To be considered for publication, all letters or articles must be in our possession no later than eight days before publication.
2. All submissions are to be typed double spaced.
3. Letters should not exceed 250 words. Letters submitted in excess of that limit are subject to editing.
4. Letters must include the writer's name and phone number. Your name will be withheld upon request.
5. All publishing decisions are made by the editor-in-chief along with the editorial board. All decisions are final.
6. All articles and letters submitted become the property of the *Spectrum*.

The *Spectrum* is a weekly publication. The Editorial Board assumes the responsibility of the content and production of *The Spectrum*, however, the opinion and views contained herein do not necessarily reflect those of the faculty, staff, or administration of Sacred Heart University. Please send typed letters, comments and information to the *Spectrum* Office S219, in the Academic Building. Telephone 371-7963. (Note: Letters may be edited for reasons of space or clarity.)

How to mount photography prints

By Scott W. Mosley

How many times have you taken a terrific photograph and wished to exhibit it at an art show? Quite a few, perhaps? But before your picture can draw the admiration of the crowd, it must be presented in a complimentary setting. Mounting in a professional manner is the answer.

Does this sound to you like an ad for some "do-it-yourself" kit? It isn't. Mounting is a painstaking, twenty-minute hand and eye coordination task.

First, decide the color and shape of the mount. Colors come in a large assortment, from red to green to olive drab to dirty brown, and shapes, which add uniqueness to the picture, can be round, square, triangular or whatever. One word of advice: think bold. Two opposing color mountboards will highlight the photograph.

The next step calls for cutting or trimming the mountboard. To avoid ragged edges, use sharp sewing scissors or, ideally, a cardboard cutter. Be sure

to leave two to three inches of mountboard surrounding the photo. The actual mounting calls for close coordination between the hand and the eye. Take your time. Don't rush the task.

Before actually mounting the photo, it must have a backing. Begin by preheating a mounting iron at a temperature between two hundred fifty and three hundred degrees. Cut a wax paper identical size backing; place it behind the photo. Apply the iron gently at the corners, thus securing the two. When this hardens, you are ready for placement on the mountboard.

Taking a ruler, find the exact center of the mountboard. This is critical, and can mean the difference between a so-so finish and a great finish. Place the photo on the board and center it with the ruler. Cover the entire mountboard with a soft cloth or felt. Gently run the iron over the unseen picture surface. When the mountboard has cooled, the task is complete.

You, the artist, have taken a photograph from camera to exhibition.



Country music diversifies

By Jeff DeMaio

Country Music is going through an identity crisis.

Today, it is getting harder to distinguish the difference between a "country song," and a "top 40" song. While years ago it would take only a second to learn if you

were tuned into a country radio station, today a person must often listen to five songs to make the distinction.

The "pop" side of country songs can be identified by its chorus of background singers, predominate string section, and keyboard sounds. Such performers as Lee

Greenwood, Crystal Gale, and Garry Morris all have this style. Most of these performers' influences can be traced back to some form of rock and roll. In a 1984 interview with "Alabama" by Bob Allen, in *Country Music Magazine*, guitarist Jeff Cook, and drummer Mark Herndon, point to groups like Shynyrd, the Allmans, Charlie Daniels, and Marshall Tucker as having the biggest effect on the groups' style.

Traditional country music is a return back to the roots of America. Using such instruments as the fiddle, banjo, and steel guitar, the sound projects the influences of the original country legends. Such greats as Bob Wills, Ray Price, and Hank Williams can be heard in some form of the traditionalist sounds.

One of the leaders in this style of music today is George Strait. Lydia Harden wrote in a recent publication of *Music City News* that "Strait's tasty brew of Western swing, hard country tunes and touching ballads, has filled the void left by some 'country' artists who would rather use synthesizers than fiddles." Many have heralded Strait as one of the torchbearers of true country music.

The results of the recent academy of Country Music awards, indicate that traditionalist sound seems to be making a push to reign in the world of country music of the 80's. With only two of the ten awards going to the pop side of country, it would seem that traditionalist may be well on their way to the top.

Where have all the heroes gone?

By Anna Marie Spero

From astronaut Neil Armstrong's "One small step for man..." to baseball's Babe Ruth and Joe DiMaggio, Americans have loved and admired the all-American hero. They captured the hearts and the respect of young and old alike.

So, I ask "Where have all the heroes gone?"

According to Dr. Tania von York, associate professor of sociology at Sacred Heart University "Maybe one of our problems is that we make heroes out of the wrong kind of people; Jesse James, Bonnie and Clyde. They (Bonnie and Clyde) are a particularly bad example because they were a pair of vicious teenagers and we've elevated them." von York added, "we use them as role models and many of our young, particularly our delinquent young, use these people as role models."

Historically a hero stands for a certain moral code: truth, honor, justice, and freedom. They tend to

possess qualities that people admire and accomplish feats that people wish to accomplish. According to Maureen Sonntag, graduate of Katharine Gibbs Secretarial School and trivia officianado, "They (today's heroes) don't really compare with heroes of earlier times because they just make their money and people worship them."

During the Viet Nam era, Americans became strongly rebellious and individualistic, creating a "me" society where individuality, the UnCola, and "being your own person" dominated the scene. The heroes seemed to disappear.

Where have all the heroes gone? Some say they have been replaced by Indiana Jones, the Ghostbusters trio, and the like. Others suggest sports figures and movie stars as heroes.

Maybe heroes are still out there. We've always needed role models, but perhaps we need them even more today.

WE NEED YOU!

The *Spectrum* is in need of some willing students to be part of our newspaper.

We need writers, photographers, artists, and people that are interested in educating themselves, while at the same time serving the university.

The next meeting is this Sunday, November 10th at 7:30 in S-219.

Refreshments will be served. Come and bring your friends.

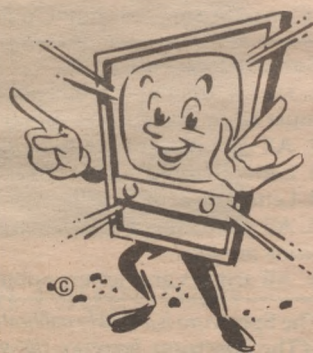
VCR's: America's new toy

By Scott W. Mosley

When you think about it, the advancements that humans have made in the field of "commodity" entertainment in this century are quite outstanding. In the 20's and 30's, entertainment moved to the household in the shape of square radios; the 40's and 50's advanced entertainment even farther with the invention of television which has since blanketed the country.

With the 80's come vast high-tech corporations with improved definitions of commodity entertainment. And for the past five to ten years, that new idea has been growing. That new commodity of the 80's is no one other than the videocassette recorder, or simply, the VCR.

Five years ago, THE VCR was not nearly the hot item that it is today. One reason is that VCR's were very expensive. The best type of VCR's, Beta or the larger VHS videocassette recorder, were priced as high as \$1500 to \$2000. Very few people were going to spend that amount of money when they might more easily go to the local movie theater at a cost of around \$4.00. Yet, when Video Review, a new magazine devoted entirely to video, conducted its first reader survey, forty percent of their readers had already purchased, or planned to purchase, VCR's. To go along with these expensive VCR's were expensive pre-recorded tapes selling for forty to fifty dollars a copy. The system of "renting



out" movies was still only an idea, nowhere near reality.

1984 proved to be greatly different than the way author George Orwell thought it might be. Instead of the massed "hate sessions" in movie houses, people now mass into their living room to amuse themselves.

The VCR craze is not without its spin-off benefits. One person who believes in VCR's is Bernard Appel, President of the Radio Shack Corporation. Appel believes digital TV systems, because of the VCR might be sold at the price of an ordinary TV. A special feature of digital TV is the ability to freeze video images from the TV set and print them on a printer similar to that of a computer. However, the present concern is for a continuing of the VCR's success. This is a case of pure economics and the law of supply and demand.

It is because of this massive VCR rush that many people are prompted to seriously consider buying the machine. Alvin Toffler, author of *Future Shock* and *The Third Wave* says "A reason why many people buy these VCR's today is that they want to stay in touch with the rest of society. If they don't get them, they're afraid of being trapped outside of the mediated world." This might be also referred as "keeping up with the Joneses" syndrome.

America has a new toy. The VCR is part of our current entertainment. One might wonder if the VCR will go the way of the automobile and telephone, that is, a luxury that has now become a necessity.

A hobby with many benefits

By Eric C. Larson

Trying to get in shape, find a hobby, or spend some time alone? Running is the sure solution. Just a few hours a week, improves the runner's physical and mental outlook, providing a healthier outlook, mind, and body.

As in any sport, proper equipment is necessary to protect the participant from injury. Good shoes, which can cost between twenty and fifty dollars, are the only major purchase besides shorts and sweatpants.

As a beginner I started running with a pair of basketball sneakers. The pain and muscle spasms in my legs caused me to invest in a pair of high-cushioned soled shoes, made to absorb the stress on my legs. These specially designed shoes not only eliminated the pain, but also increased my endurance, allowing me to enjoy my new hobby with greater enthusiasm.

One of the great advantages of running is that it's not restricted to a specific area. You can open your door and venture anywhere, exploring new sights. In fact, it is advisable to have a couple of different routes so running doesn't become monotonous with the same scenery.

Running, according to the late James F. Fixx, author of *The Complete Book of Running*, has a vast number of beneficial effects. It protects from injuries caused while participation in other sports, and, "has a nutritional secret which allow runners to eat foods absolutely forbidden to most dieters - and let's them lose weight while doing it."

According to Fixx, and Dr. Thaddeus Kostrubola, author of *The Joy of Running*, it even improves one's sex life. "Runners are more aware of themselves and of others and are able to participate more fully in all aspects of life, including the sexual," said Fixx.

Dr. Kostrubola also mentions that, "while running helps you become more physically fit, and also strengthens the heart against heart attacks". He adds, "clinical experience has shown that exercise at 75 to 80 percent of one's own maximum cardiac output, as expressed in a pulse rate, produces significant changes in the heart and the cardiovascular system."

Running benefits the person psychologically as well. When I first started running, I found little enjoyment in facing the open road. It was literally a chore to prepare for the "dreaded" run. Within a few weeks, that all changed; and although sometimes I would rather be sitting on my couch reading the sports page, I found myself unconsciously changing my daily routines for my new hobby.

It is difficult to explain the feeling during and after a run. There is a natural high one receives when the body wants to stop, but you push a little further; it is a major feeling of accomplishment.

Dr. Kostrubola mentions that, "running increases your energy, yet provides a relaxed feeling, finding daily stress diminishes significantly, as well as heightening your senses."

This I found very true with myself. I am not tired during the day, and I feel more aware of things go-

ing on around me, benefitting my performance at work and in school. Fixx mentioned, "one receives a feeling of heightened mental activity, a sense of enhanced mental energy and concentration". He goes on to say, "such factors as will power, the ability to apply effort during extreme fatigue, and the acceptance of pain, have a radiating power that subtly influences one's life."

It is wise before running to receive a complete physical from a physician. No doubt about it - it is a strenuous sport. But, if being in first-rate physical condition and having a stronger, healthier mind perk your interest, try running a few hours a week. You will benefit with each step you take.



Ted Gutsa, assistant professor of art, is shown preparing his art exhibition in the Center Lounge. (Photo by Judith Esler)

Copus serves SHU

By Tory Joseph

Sacred Heart's Copus Club is the only club on campus that remains dormant until a situation arises that causes it to swing into action. Copus, the Coalition of Private University Students, began in 1967 for the purpose of helping to generate more financial aid for private university students. To achieve their goal, volunteer members of Copus actively solicit the support of state legislators who lobby Copus' cause in Washington, D.C.

"Over the past ten years," comments William Kennedy, vice president for public affairs, "Copus has raised over three million dollars in financial aid for S.H.U." Kennedy said that Copus was a great asset in the 1970's primarily from 1978 to 1980. According to Kennedy the need for Copus has not been as strong as in the past. When asked why, Kennedy stated that "Copus is like a volunteer fire department. When the need for help arises the volunteer group acts accordingly. When there is no need, the department stays dormant."

Presently the Copus Club at S.H.U. operates on a state level rather than on a national level. Other colleges who have Copus tend to concentrate on a national level when seeking financial aid.

The Copus chairman is Michelle Hallstom who was assigned to her position by the university and twenty other members of Copus are volunteers. Since Copus does not meet regularly members are called upon when there is a need to increase funding for financial aid.

Dr. Who and Whovians flock to Connecticut

By Chris Jennings

On Sunday Oct. 13 a visitor from the planet Gallifrey came to Connecticut. Dr. Who, a time lord currently portrayed by actor Colin Baker, was seen at the state's first Dr. Who Convention held at Stamford's Westhill High School.

It was arranged by the Doctor Who Fan Club of America in cooperation with Connecticut Public Television, which airs the British Broadcasting Company's program on a regular basis. The convention was part of the 1985 Doctor Who Festival and Exhibition Tour.

Convention goers were allowed to ask Baker, the B.B.C.'s sixth doctor, questions about himself and the program. Baker also gave a presentation about his experiences while playing the doctor, program trivia, as well as the state of the show on the B.B.C..

According to Baker, filming for next season will resume in March, after a year off due to the arrival of a new program director at the B.B.C.

Baker also spoke about past Doctors, giving special attention to the longest running doctor, Tom Baker, who he often referred to as "whats-his-name."

Besides Baker's presentation, screenings of the show's episodes not yet seen in the United States were shown. These included a story featuring Tom Baker teamed with the second doctor, Patrick Troughton and another pitting the Colin Baker Doctor against his old adversaries, the Daleks. The first Dr. Who episode was also shown, featuring the late William Hartnell as the doctor.

In addition to the question, Baker's presentation and the programs, souvenirs were available for convention goers, and a costume contest took place in which many loyal "Whovians," as Dr. Who's fans are called, participated.

One gentleman, dressed as one of the show's early regulars, Sergeant Benton, said that he had come from Massachusetts to the convention and that he and several of his friends from all over the northeast were going to a convention in Philadelphia the next week.

Table Tennis

Those interested in a club to fight the spin and speed of a little white celluloid ball may contact Professor Spellman at this office:
Administration Building (Second Floor) Room 13 371-7947

THE WORKSHOP SKILLS CENTER Offers...

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Ms. Ress
- Writing Sentences with Force, Clarity and Style
Tuesday, November 5th 10:00 a.m. S201
Mr. Bozzone
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Thursday, November 7th 10:00 a.m. S201
Ms. Ross
- Effective Test-Taking Skills
Thursday, November 14th 11:00 a.m. S201
Dr. Miller
- Writing a Research Paper for Business
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- Effective Test-Taking Skills
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Ms. Martinez

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OR

DROP IN...S 201 FOR MORE INFORMATION

Activity fee

(Continued from page 1)

your right to vote in the next student leader election, so you can elect responsible classmates who will spend your money wisely. And don't forget, you can attend any of the Student Government meetings to voice your opinion and see how your money is being spent.

Shown is a breakdown on how the activity fee was spent last year. Remember that the fee was started in 1972, and it has not been in-

creased since its inception.

Lastly, I would like to point out that many students are not aware of the things that their activity fee pays for. Please read the list below carefully. Student Government carefully scrutinizes all budgets to do the best they can to spend the students' money wisely.

If you have any questions about the activity fee, or other matters concerning activities, feel free to stop into the Activities Office anytime.

Freshman elections

(Continued from page 1)

Students interested in running for office or finding out more about what's involved may contact Student Government President John Kelly (371-7954), or the Activi-

ties Office (371-7969). Students are invited to attend the Student Government meetings on Tuesdays at 11:00 a.m. in N221. Take the opportunity to find out more, and join the Elections race on November 4.

REGISTRATION

(Continued from page 1)

schedule onto the registration form enclosed and mail it back to Sacred Heart by Dec. 27.

Also included in this mailing will be the option for deferred payment. Students choosing this course will be required to pay one quarter of their total tuition bill plus a \$10 finance charge. The check should be mailed along with the registration form. Financial aid is not taken into account at the time of the initial payment but is

figured into succeeding payments. Tuition may also be paid in full at this time if the student chooses.

Part time students are also encouraged to pre-register and then register by mail. They are offered the deferred payment plan if they are taking six or more credits, and they can make payments with Mastercard or Visa. If their employers are financing their education then they should include a letter from their employer that indicates the method of payment.

ACTIVITY FEE BREAKDOWN 1984-85

Amount Spent	Item	Per student Payment per Sem.
\$ 23,878	Prologue Yearbook *	\$ 6.08
10,226	Senior Week	2.60
10,120	Spectrum Newspaper *	2.58
6,557	Fall & Spring Last Day Parties *	1.67
5,000	Convocations Committee *	1.27
4,300	1984-85 Student Handbook *	1.10
3,720	Spring Fest Weekend	.95
3,510	Police costs for students	.89
3,152	Student admission to home Basketball games *	.81
3,137	Personnel Day with Tom Jackson	.80
3,057	Social events and trips	.79
2,984	Administrative costs	.76
2,786	Christmas Semi-Formal	.71
2,646	WSHU - broadcasting expenses of away basketball games	.67
2,137	Publication of Rycenga Symposium *	.54
2,049	Freshman Orientation	.52
2,000	Wide Screen projector	.51
1,727	Harvest Weekend	.44
1,540	ID checkers at student events	.39
1,219	Mixer & Pub Night grants	.31
1,025	Misc. grants to campus organizations	.26
870	Misc. S.G. grants	.22
500	La Hispanidad Food Fest *	.13
<hr/>		<hr/>
\$ 98,140		\$25.00

* All students receive absolutely free

Seventh annual conference on Racial and Ethnic Cooperation

"Women, Work, and the U.S. Corporation: Change, Progress, Accomodation" will be the issues discussed at the Seventh Annual Conference on Racial and Ethnic Cooperation to be held Thursday, November 7 at Sacred Heart Universtiy.

The event, sponsored by the Manufacturers Association of Southern Connecticut (MASC)

and hosted by the SHU Center for Policy Issues, will concentrate on the developing roles of women and minorities in the corporate structure as well as the effects legislation has on racial, ethnic, and gender relations in today's employment market. William H. Taft, president of MASC will direct the event.

Program participants include the Honorable Ellen Shong Bergmen, former Director of the United States Office of Federal Contract Compliance and chairman of the Center for Policy Issues Advisory

Council, Byron D. Peterson, Director of Human Resources, Warner-Lambert Company. Keynote speaker is Ethel Bent Walsh, former Commissioner of the U.S. Equal Employment Opportunity Commission.

The conference will begin at 2 p.m. in the Community Room of the S.H.U. Campus Center, followed by a reception.

The public is invited at no charge. Registration is limited to 85 persons. For futher information, contact the Center for Policy Issues at 371-7752.

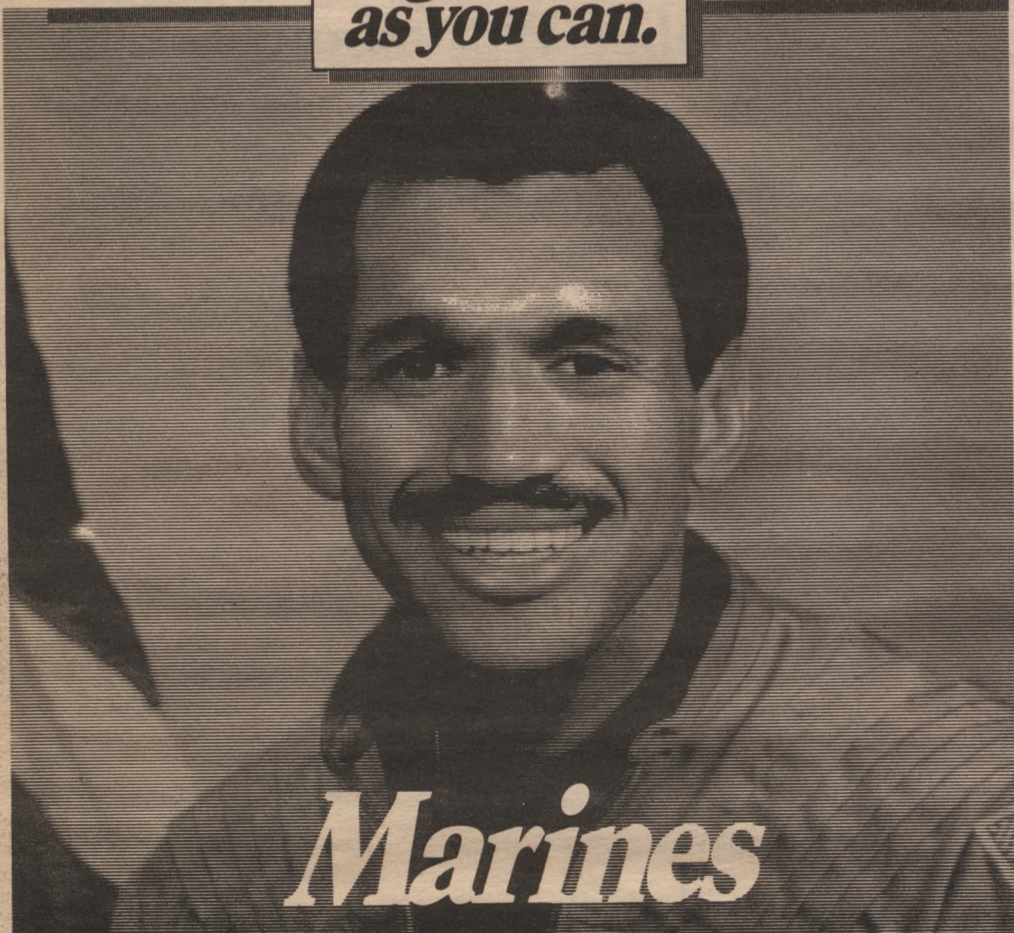
Being a Marine Corps Officer can open the door to opportunities you may have thought were beyond your reach. It helped Marine Officer Charles Bolden become a NASA astronaut. And if you're willing to make the commitment, it could help you also. You can get started while you're in college with our undergraduate officer commissioning program. You could take advantage of getting:

- \$100 a month while in school
- Freshmen and Sophomores train during two six-week summer sessions

- each paying more than \$1100
- Juniors train in one ten-week summer session and earn more than \$1900
- Free civilian flying lessons
- A starting salary of more than \$17,000

Immediately upon graduation you could become a Marine Officer. It's your choice. Maybe you're the kind of man we're looking for. *We're looking for a few good men.*

We want you to go as far as you can.



All classes are invited to see Captain Faughnan in the Placement Office on Nov. 12 between 10 a.m. and 2 p.m., or call 1-800-537-USMC.

Rycenga Lecture

Technological Futopianism and Fahrenheit 451

by George Bluestone

film-maker, teacher, author of Novels Into Film and numerous critical articles and screenplays

screening of Fahrenheit 451: 6:00

lecture: 8:15

reception and refreshments to follow

Media Studies Round Room Administration Building

Monday November 11

PRELIMINARY GRAND OPENING

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From the chaplain's desk...

By William Fletcher

Each one of us possesses gifts which we seldom think about, infrequently use. They are natural factors in our physical make-up but are taken for granted. One such gift is the ability to SMILE. Simple and yet potent, for a smile is a barometer for our well being, one of the most infectious faculties we have. It is not strange then, that most writers use the smile as a prime characteristic on their fic-

tion, or not so fictitious characters. F.Scott Fitzgerald is such a writer and in his *The Great Gatsby* writes

He smiled understandingly -- much more than understandingly.

It was one of those rare smiles with a quality of eternal reassurance in it, that you may come across four or five times in life. It faces -- or it seemed to face -- the whole external world for an

instance, and then concentrated on you with an irresistible prejudice in your favor. It understood you just as far as you wanted to be understood, believed in you as you would like to believe in yourself, and assured you that it had precisely the impression of you that, at your best, you hoped to convey.

So try it. It always works. It costs you nothing but its dividends are without measure.

WANTED: MUSICIANS

If you can play the banjo, guitar, harmonica, or any other bluegrass instrument, and would like to join a performance project here at SHU in the first week of December, contact PETER GZOWSKI c/o English Dept. or call 371-7829 (11 a.m. to 2 p.m.) or 488-9852 after 9 p.m.

SHU DRAMA CLUB

PRESENTS

FIRST IMPRESSIONS

Improvisational Group

on

Saturday, November 16, 1985

at the

Campus Center

8-10 p.m.

\$2.00 with I.D. \$3.00 w/o

Reception to follow

Personnel day

By Holly Weldon

Sacred Heart's seventh annual Personnel Day on Oct. 30 gave students an opportunity to seek advice about resumes and job opportunities from representatives from over 50 area companies.

According to director Judie Filipek, the purpose of the program was to provide students with information to assist them with their job searches.

Richard Irish, a national authority on careers and job finding, set the mood for the program with an introductory presentation on exploring job options, writing a resume and giving a successful job interview.

Irish explained, "An informational interview is an opportunity for you to find out more about a career you are considering, gain confidence for job interviews and establish valuable contacts."

"The interviews were a chance for students to explore ways to utilize their talents," explained Filipek, "and find out where they can fit within some of the organizations they may deal with during their job searches."

Dressed in business suits and prepared with resumes or basic applications, students met with representatives of companies such as General Electric, Harvey Hubbell, Pitney Bowes and others.

"Basically, we were asked to give students feedback on their resumes and offer suggestions on getting a career started," explained Salary Relations Specialist Michael Bruno of General Electric.

The program has been helpful for both students and employers. "Usually after Personnel Day, the Career Planning and Placement Department gets many phone calls from seniors wanting to improve their resumes," commented Filipek. "Some come out with job interviews."

Virginia Glassman, sales analyst at Harvey Hubbell agreed, "Not only do students get our feedback, but we get to see what kinds of people will be available in the job market. I found some students very interesting. I'll be contacting them after they graduate."

AED hearing set

A series of hearings for the purpose of providing for university-wide input into the deliberations of the Academic Affairs Committee in relation to the recommendations of the AED Report, are scheduled.

Copies of the AED Report are available to be read in the Student Activities Office.

In addition to oral testimony, the Academic Affairs Committee is glad to receive written statements from those who prefer this method of input, or for those unable to attend the hearings.

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Sports spotlight: Mike Dishey

By Dan Cooney

We might not have a team, but we do have a player. Football that is, and his name is Mike Dishey.

Dishey, a 24 year old Fairfield native and pro-ball hopeful, is a senior at Sacred Heart and recently attended a rookie free agent camp in Salisbury, Maryland.

While there, he attempted to further his campaign to become a professional wide receiver, and had the chance to talk with pro scouts from the NFL and CFL, most notably those from the Washington Redskins and the Atlanta Falcons. This led to spending most of the summer with the Falcons, practicing with the other rookie hopefuls under the ever present eyes of their scouts, who were trying to fill the open spots on their roster.

"I went with Atlanta over Washington because I felt I'd have a better chance, since they currently had less wide receivers," explained the six foot, 197 pound athlete, "but I kept getting tied up with the defensive secondaries. I'd had no experience with them and I'd get bumped a lot and couldn't get open, even though I was in the top half of the players physical-



Mike Dishey

(Photo by Judith Esler)

ly. This is why I feel they let me go last August, that and the fact that it's tough if you don't get drafted right out of college and spend the whole summer with the team."

Undaunted, Dishey is determined to try again. "I'm confident I'll be able to make it next year. I know what to do and what is expected of me and I've got a little more experience."

When not playing or thinking about football, Mike likes to relax with a little power lifting and has even garnished a few awards in the field. Dishey took third place in a New England Championship in the spring of '83, then moved on to make the top 20 on the East Coast in the fall of '83 and, most recently, Dishey placed second in the state in a competition held in New Haven this past October.

"Power lifting is based on three different lifts, the bench press, squat and dead lift, for which I've lifted 400, 500 and 500 respectively. I like both football and power lifting, both are very competitive and very hard to make it to the top, but I like football more because it's faster paced, tougher and something I've always wanted to do."

Spectrum Sports

1985 Women's Cross Country results

SEPT. 14 at Wesleyan: 1. Wesleyan (26), Smith (41), USCGA (87), Conn. College (100), Quinnipiac (112), Sacred Heart (126). 5,000 meters. Field of 61. SHU finishers and times: Leach-44, 23:18; Edwards-55, 26:42; Warren 57, 31:20; Plush-58, 31:31; Gray-60, 32:10; Whalen-61, 32:16. Winning time: Allegra Burton (Wesleyan), 17:23.

October 5 at Southern Connecticut: 1. SCSU (23), Quinnipiac (40), Sacred Heart (75). Field of 20. SHU finishers: Leach-12; Light-13; Whalen-15, Gray-17; Edwards-18.

October 11 at Fairfield: Fairfield (12), Sacred Heart (24). Field of 14. 5 KM. SHU finishers and times: Leach-3, 24:12; Edwards-6, 26:19; Kennedy-7, 26:22; Light-8, 26:22; Manning-10, 27:21; Knight-11, 27:48; Whalen-12, 28:31; Gray-13, 29:56; Riely-14, 29:57.

October 12 at U/Mass-Boston Codfish Bowl Invitational: 1. New Brunswick (55), 2. Westfield State (77), 3. Fitchburg St. (88), 4. SCSU (148), 5. Keene St. (157), 6. UMASS/Boston (164), 7. Quinnipiac (218), 8. Regis College (224), 9. Lowell (229), 10. Brandeis (245) and 11. Sacred Heart (395). 5 KM. Field of 84. SHU finishers and times: Edwards-77, 27:01; Whalen-78, 28:11; Light-79, 28:33; Farley-89, 32:50; Leach-81, 32:51; Teoli-82, 32:52; Gray-84, 32:54. Winning Time: Paula Brunetto (SCSU) 19:17.

October 22 at Coast Guard: Coast Guard 15, SHU 50 Field of 17. SHU finishers and times: Kennedy-11, 29:32; Teoli-13, 32:36; Schmidt-14, 32:45; Manning-15, 33:09; Radakovitz-16, 33:09; Knight-17, 33:12. Winning time: Julie Fritz (Coast Guard, 20:37).

Pioneers drop two

By Dan Cooney

The SHU soccer team recently ran into some tough competition against Mercy College and Keene State, both games shut-outs, with scores of 6-0 and 0, respectively.

The Mercy game, (which there was none of) was referred to as "the worst showing of the team all year," said Coach McGuigan. McGuigan also felt that his team had problems entailing a lack of concentration. "We were down 3-0 in the first 20 minutes, and this pressured us, leaving us weak in the backfield. We missed a lot of opportunities."

The Keene State game, which was slightly better than the game against Mercy, ended with a score of 1-0. This game was more of a physical one, while the teams played on a soft, wet, sliding ground with a lot of action from both sides of the field.

Keene scored its lone goal 30 minutes into the first half. Amerigo Benedetto, a center-forward for the Pioneers came quite close to scoring in a one-on-one situation with the Keene goalkeeper that

unfortunately went over the cross bar. This situation reoccurred with Syphan Phonthaphan, when the ball went to the outside of the post. Other outstanding players were Pioneers Gary Dunnigan, Joe Gil, Del Rodrigues, and Albert Luongo.

"We create opportunities and then miss them. The pressure sometimes gets to us and we make poor decisions, like in the Mercy game we lost because of bad decisions," commented Coach McGuigan.

With three games left in the season, Jersey City, Quinnipiac and Southern Connecticut, the Pioneer Coach would like to end the season on a positive note. "Overall, I feel that we've accomplished a lot. Our program stresses technique over skill and what we need is good recruiting. We've got to get someone who's good in the air, we've already got the style," McGuigan concluded by saying, "Sure we're disappointed about our record, but we don't dwell on that, we've got to make a foundation for the seasons to come."

Women playing under own rules

Women's college basketball has a new set of rules; the game will not change much, however, even though the rules book has.

The NCAA Women's Basketball Rules Committee has published the Association's first set of playing rules for the game.

How will NCAA rules change the women's game? Several alterations have been noted by the committee, including:

- Offensive fouls will be called only on a player in control of the ball while holding, dribbling or shooting (the latter prior to release of the ball). Team control fouls no longer are offensive fouls.

- Filling the bottom-lane space on each side of the lane by opponents of the free-throw shooter now is mandatory.

- The dribble rule has been expanded to allow for recovery of a fumble at the end of a dribble without penalty.

- "Delayed-whistle" calls in jump-ball situations have been eliminated. Officials now will call violations as they occur, no longer waiting to see if an advantage is gained.

- A vertical plane and corresponding restrictions have been added during inbound plays.

- When three or more substitutes enter a game simultaneously, team captains may request the official to allow a "line-up" to permit a team to identify its opponents.

- Uniforms (including warm-ups) purchased after November 7, 1983, may bear only a single manufacturer's or distributor's label or trademark not to exceed 1½ inches square in

size. All other items of apparel (e.g., socks, head bands, wrist bands, T-shirts, etc.) may not include any visible commercial identification.

Like their men's counterparts, members of the women's rules committee will meet annually to review and make adjustments to the rules, and the committee also has the ability to permit experimentation within the rules.

This season, for example, experimentation has been authorized involving use of the 28-foot coaches' box that was implemented for men's basketball last year.

The committee's chair is J. Elaine Hieber, a Division I representative from Iowa State University. Secretary-rules editor is Marcy Weston of Central Michigan University, also a Division I representative.

Other committee members are: Division I—Sharon Chatman, San Jose State University; Sue Gunter, Louisiana State University; Linda K. Sharp, University of Southern California, and Barbara A. Stevens, University of Massachusetts, Amherst.

Division II—Louise Albrecht, Southern Connecticut State University; Rita Castagna, Assumption College, and Darlene May, California State Polytechnic University, Pomona.

Division III—Lynn Agee, University of North Carolina, Greensboro; Kay Gould, Allegheny College, and Diane C. Jones, University of Wisconsin, Whitewater.

Requests for interpretations or clarifications of the new rules should be directed to Weston at Central Michigan University, Mount Pleasant, Michigan 48859.

Copies of the new rules are available from the NCAA publishing department for \$3 each, postpaid.

Basketball demands hurt many college players academically

Fifty-five percent of Division I male college basketball players say their coaches make demands of time and energy that prevent them from being top students, the Associated Press reported.

According to a survey conducted by two college professors, just seven percent of the female basketball players in Division III feel athletics keeps them from reaching their academic potential.

"It's not Division II or Division III where the problems are. It's Division I and primarily males," said Allen L. Sack, chair of the University of New Haven sociology department, who conducted the survey with Robert Theil, a statistician and methodologist from Southern Connecticut State University.

The findings among 644 basketball players at 47 universities

representing 37 athletics conferences were presented August 28 at a meeting of the American Sociological Association in Washington, D.C. Sack said basketball was chosen over football for the survey because both male and female students participate.

Fifty-three percent of the Division I male student-athletes said they take fewer courses than necessary to stay on target for four-year graduation while 29 percent of the Division III females took undersized course loads.

Among Division I male basketball players polled as to what measures they take to meet added athletics demands, 38 percent said they chose less demanding major subjects, 48 percent said they took easier than normal or "gut" classes and 16 percent said they cheated in their schoolwork,

Sports Archives

November 10, 1931-

Magnolia A&M defeats Jonesboro-Baptist, 143-1, in the most lopsided women's basketball game on record.

November 12, 1928-

In an even more noteworthy Army-Notre Dame match up, the Irish are trailing Army 6-0 when coach Knute Rockne delivers his famous "Let's win one for the Gipper" speech at half time. The fighting Irish rally to defeat Army 12-6.

November 13, 1982-

Ray "Boom-Boom" Mancini knocks out Korean challenger Duk Koo Kim in the fourteenth round on national TV to retain his lightweight title. Kim collapses after the match and dies a few days later, sparking a review of the sport that leads to the American Medical Association's 1984 recommendation that boxing be banned.