Spring 2015

College of Health Professions News, Spring 2015

College of Health Professions
Sacred Heart University

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A joint project between Sacred Heart University and the Bridgeport Parks and Recreation Department and Bridgeport libraries was launched in November, 2014 to promote physical activity and park use among Bridgeport families. The kick off event, free and open to all Bridgeport families, was held at Veterans Memorial Park in Bridgeport. Faculty and students from Athletic Training, Exercise Science, Nursing, Occupational Therapy, and Speech Language Pathology volunteered at the event that featured children’s games, face painting, health screenings for all ages, book readings, giveaways, and the Snappy Dawg food truck. Participants also received their own free copy of the GO PLAY! Parks passport.

The program invites passport users to visit the ten Bridgeport parks and use clues provided in the passport to explore the parks and find a GO PLAY! stone post. By placing a passport page over the stone post and rubbing it with a crayon, they can rub a transfer of the post image to the passport page creating a Parks Passport stamp for that park.

For more information please go to: http://goplaypassport.weebly.com
Sacred Heart University Developing Physician Assistant Studies Program

Sacred Heart University College of Health Professions is developing a Masters of Physician Assistant Studies (MPAS) program, with an anticipated start in Fall, 2016.

The SHU MPAS Program plans include a 27-month program that will offer a 12-consecutive month didactic phase, a 15-month clinical phase, and a Masters Capstone Project. Clinical rotations are planned as ten 5-week clinical rotations, and include rotations in Internal Medicine, General Surgery, Orthopedics, Women’s Health, Pediatrics, Behavioral Medicine, and Emergency Medicine; as well as two Family Medicine (Primary Care) rotations and one elective rotation (student chooses area of medicine for this rotation). The SHU PA Program will be the first offering of the College of Health Professions in Stamford and will be located on the campus of Stamford Hospital.

The SHU MPAS will prepare graduates to practice in Primary Care and a variety of healthcare settings to meet workforce needs by providing them with the skills to promote safety, health, and wellness in their patients and communities; and to be professional and compassionate providers of patient-centered quality healthcare who respect and embrace diversity.

PA Program Faculty and Staff:

Teresa Thetford, DHSc, MS, PA-C
Department Chair, Program Director

Dr. Thetford recently moved to Connecticut from California. She was the assistant dean for Inter-professional Health Studies and founding PA program director at Marshall B. Ketchum University, where she successfully developed the first PA program in Orange County, Calif. Prior to that, she was an Assistant Professor at the Yale School of Medicine PA program. She has a Doctor of Health Science degree from A.T. Still University; and earned her PA degree from the University of Southern California. Dr. Thetford’s professional interests include curriculum and experiential learning to promote interest in Primary Care Medicine, Population Health & Wellness, and Decreasing Healthcare Disparities.
Henry Yoon, MD
Medical Director

Dr. Yoon works in Family Medicine at Stamford Hospital, and is the Associate Program Director for the Stamford Hospital/Columbia University Family Medicine Residency program. He also serves as Assistant Clinical Professor, Columbia University, College of Physicians and Surgeons. He earned his medical degree from Rush Medical College of Rush University, Chicago, Illinois; and completed his Family Medicine Residency program at Columbia University. His professional interests include Primary Care Medicine, Homeless Healthcare, and Interprofessional Education. Dr. Yoon is a Fellow of the American Academy of Family Physicians, and a Diplomat of the American Board of Family Medicine.

Mr. Reynold Jaglal, MBA, PA-C
Director, Clinical Education,

Mr. Jaglal was the Chief PA at Greenwich Hospital for 18 years. He also worked as the Clinical Coordinator for Greenwich Hospital-Yale New Haven Health. His experience includes Adjunct Clinical Professor, Quinnipiac University PA Program and Adjunct Clinical Professor, University of Bridgeport PA Program. He has been a clinical preceptor for PA and medical students. Mr. Jaglal earned his MBA from the University of New Haven, and his PA degree from Long Island University/Brooklyn Hospital. He is a Dale Carnegie graduate. His professional interests include Emergency Medicine, Professionalism in Healthcare, and Healthcare Informatics.

Mr. Harry Pomeranz, MSPH, PA-C
Director, Didactic Education

Mr. Pomeranz comes to us from the Weil-Cornell PA Program where he was the pre-clinical coordinator. Prior to that he was an assistant professor at Mercy College and at York College of the City PA Programs; he brings 18 years of experience in PA education. He is currently director-at-large for the Physician Assistant Education Association (PAEA); and recently served as chair, Committee on Diversity and Inclusion (PAEA) for five years. Mr. Pomeranz earned his Masters degree in Public Health and his PA degree from Long Island University, Brooklyn. His professional interests include Primary Care Medicine, Decreasing Health Disparities, and Increasing Diversity in PA education.

Ms. Kristy DiPalma
Program Manager

Ms. DiPalma recently joined the PA team. She has worked for eight years in higher education at the Ohio College of Podiatric Medicine and most recently at the New York College of Podiatric Medicine. Her experiences include that of registrar, associate director of Admissions, and director of Student Affairs. Ms. DiPalma earned her Bachelor of Science degree in Public Relations from Kent State University.
Minor Concentration in Global Health Launched

The College of Health Professions and The Department of Global Studies has announced the launch of a new global health concentration within the global studies minor program.

Globalization has brought rapid change as citizens, governments, and markets worldwide have become increasingly interdependent. Today’s health professions graduates will need the knowledge, skills and abilities to thrive in a competitive, globalized healthcare setting.

The minor in Global Studies with a concentration in Global Health responds to the demands of the 21st century by equipping students with competencies through a broad based and multidisciplinary program designed to prepare them for global engagement and global health incidents. It is designed for students who have strong international interests and wish to pursue those interests in a program of study.

Students can begin earning credits towards the new minor concentration in the Fall of 2015. The program comprises 18 credits, including two new courses: “Global Health Systems” and “Culture and Global Health.” The minor courses may also be taken as electives by students studying other disciplines.

“With the shrinking of the world through travel, increased immigration and increased business transit, anyone in the health care profession needs to be prepared to care for patients who are affected by global health issues,” says Christina Gunther, Director of Global Health programs. “Ebola was a perfect example of this in terms of how a developing nation’s health issue really affected the entire world and required health care professionals everywhere to prepare themselves to respond to the crisis.”

The College of Health Professions is committed to providing students with international opportunities to promote global health awareness and cultural competence and to engage in social justice. Global programs include short-term study abroad, service learning, and clinical experiences in countries such as Guatemala, Jamaica, Haiti, Luxembourg and Ireland, among others.

For more information about the global health concentration of the global studies minor, please contact Lesley DeNardis, Program Director, Global Studies, at 203-371-7834 or denardisl@sacredheart.edu
Founders Day 2015

Two faculty members from the College of Health Professions were honored at the Founders Day celebration held on March 18, 2015.

Beverly D. Fein, Ed.D., recognized for 20 years of service.

Dr. Beverly Fein, Associate Professor of Physical Therapy and director of the Clinical Education program received her doctorate from the University of Bridgeport. Her responsibilities at Sacred Heart University include managing the faculty in coordinating all aspects of the clinical education program; teaching the DPT curriculum dealing with the management of the medically complex patient, particularly in the areas of cardiovascular, integumentary, pulmonary disease and burn and wound management; and strategic planning for ongoing development of faculty—both academic and clinical—as well as for the clinical education curriculum. Dr. Fein is a credentialed trainer for the American Physical Therapy Association’s advanced clinical instructor credentialing programs. Her current research involves clinical role modeling by physical therapist preceptors and impact of the implementation of the electronic health record on physical therapy education.

Wendy S. Bjerke, PH.D., recognized for 15 years of service.

Dr. Wendy Bjerke, Associate Clinical Professor in the Exercise Science program, has a doctorate in epidemiology from Walden University. She was the first faculty member to join the Exercise Science program and has been instrumental in its growth and development. Her professional and academic pursuits reflect a dual interest in exercise science and public health.
Athletic Training

Athletic Training Students Attend Hit the Hill Day at the State Capitol

Athletic Training students met with State Rep. Laura Devlin to advocate on behalf of Connecticut Athletic Trainers’ Association (CATA) for their Connecticut Hit the Hill Day at the State Capital on March 2, 2015.

The students spoke with Rep. Devlin about two pieces of legislation that impact Athletic Trainers, HB-6722: a bill regarding concussion safety for youth athletes and SB-684: a bill which would require training of high school students in Cardiopulmonary Resuscitation (CPR). The students made compelling arguments for why Connecticut should pass this legislation.

Clinical Assistant Professor, Eleni Diakogeorgiou, was a co-organizer for this event.

Exercise Science

Exercise Science Students Encourage Madison Elementary School Students

Approximately 200 children from Madison Elementary school (grades 4-6) ran their timed-mile at Sacred Heart’s track for the purpose of the annual Connecticut Physical Fitness Assessment. Children arrived at the William H. Pitt Health and Recreation Center on October 17, and were accompanied by 14 student volunteers from Dr. Wherley’s EX 320: Pediatric Exercise Science class. The children were acclimated to the track facility, given a proper warm-up, and offered a few helpful tips on running the mile successfully. Data was collected from the timed-mile test and reported to the Connecticut State Department of Education. Following the test, students from Dr. Wherley’s class divided the children into groups and offered several learning stations: human anatomy, heart rate lab, balance & coordination, and speed/reaction time.
Exercise Science Students Attend Annual Conference and Participate in College Bowl

A group of twelve undergraduate exercise science students attended the New England Chapter of the American College of Sports Medicine Annual Fall Conference in Providence, RI. in November. The conference theme, Exploring New Frontiers in Sports Medicine, highlighted topics such as barefoot running, heat stress, treatment of hyperlipidemia, and exercise guidelines for cancer survivors.

Sacred Heart University participated in the annual College Bowl, a Jeopardy-style knowledge-based quiz, with a team comprised of three seniors Kyle Rogus, Caroline Bertram, and Sara Isaacson.

Exercise Science Student Fullfills Thomas More Honors Program Requirements and Graduates Early

For most senior students it is not mandatory to give a public presentation of your capstone work, however, it is a requirement of Sacred Heart University’s Thomas More Honors Program.

Exercise Science student, Kyle Rogus, completed all requirements needed and graduated a semester early. He studied upper body strength gain results between varying suspension training systems and presented his Senior Honors Capstone in December 2014. The title of Mr. Rogus’ presentation was “Electromyographic Comparison of the Traditional Inverted Row versus a Suspended Inverted Row Exercise.”

He currently has an internship at Quinnipiac University in the school’s Strength & Conditioning Department, working with Division I athletes and has the goal of pursuing further education next summer. “Long range, I would like to be a physical therapist working with athletes – professional or collegiate. I’m into the athletics side of the discipline,” he says.
Healthcare Informatics

Healthcare Informatics Program Receives Accreditation

The Healthcare Informatics program received notification from the State of Connecticut Office of Higher Education, in a letter dated December 15, 2014, that accreditation of the Master of Science degree offered online was approved.

Healthcare Informatics Students Awarded Grants for Internships

The New England Healthcare Information and Management Systems Society (HIMSS) Dvora Brodie Grant-Backed Internship Stipend Program assists student members of the New England chapter who are gaining real world experience in healthcare information technology through an unpaid internship opportunity.

Awarded recipients are provided a grant in the amount of $1,250 to help offset some of the costs which can commonly pose a barrier to participation in an unpaid internship opportunity. There were two recipients of the award in 2014, Asma Ahmed and John Murray, both are students in Sacred Heart University’s Healthcare Informatics program.

John Murray is currently completing an internship at St. Francis Care in Hartford, Connecticut. He will be working with the St. Francis’ Director of ICD10 Implementation, on project design and implementation through the project lifecycle. The overall goal of the internship is to become sensitized and fluent in a variety of technical, operational, financial, regulatory and human resource challenges posed by technical innovation in a clinical delivery environment.

Asma Ahmed will be starting an internship at St. Vincent’s Health Partners which is the consulting group for St. Vincent’s Medical Center. She will be given the chance to work with industry professionals on a variety of applicable projects for the organization such as Population Health Management and Telemedicine. By the completion of her project she will be exposed to data analytics and applications for data exchange.
Twenty-four students participated in the Health Science Senior Capstone Poster Session on December 9, 2014. They presented posters that showcased a semester’s worth of research.

This course is a requirement for seniors who then advance to graduate programs. Assistant Professor, Dr. Clotilde Dudley-Smith, one of the two faculty members that leads the program, explained, “The students choose a research question and conduct evidence-based research culminating in an extensive health science capstone paper and poster presentation.

Dr. Dudley-Smith, who created the course in 2010 and has seen it grow from five to 165 participants, commended the students on their work. “I’m extremely proud of the time and dedication they have put in. Their topic choices were both interesting and relevant to current medical issues and their future careers.”

Dr. Dudley-Smith and her department counterpart, assistant professor, Dr. Raja Staggers-Hakim, assessed each poster display, spoke with and asked questions of each student and ultimately scored the bodies of work. “This process is important with regard to preparing students for the academic rigor of a graduate program,” said Dr. Staggers-Hakim.
School of Nursing

School of Nursing Installs State-of-the-Art Birthing Simulator

A birthing simulator nicknamed “Victoria” has been installed in the Nursing Simulation & Clinical Skills Laboratory and is providing a lifelike point-of-care learning experience for nursing students.

“Victoria” is a completely wireless and tether less simulator. She is part of a family of Noelle maternal and neonatal care simulators housed in the Nursing Simulation & Clinical Skills laboratories. Sacred Heart University is the first school in Connecticut to use this innovative technology, a true testament to the schools ongoing effort to provide a state of the art education.

Recently Recognized MRC Unit Receives Capacity Building Award

The National Association of County and City Health Officials (NACCHO) have issued a Capacity Building Award of $3,500 to Associate Professor, Dr. Linda Strong, to be used by the recently recognized SHU Medical Reserve Corps (MRC). NACCHO has worked with the Division of the Civilian Volunteer Medical Reserve Corps through a cooperative agreement to support MRC activities.

Dr. Strong heads up the Sacred Heart University Medical Reserve Corps (SHU-MRC) which assists in medical emergencies on and off campus. The award may be used for a variety of SHU-MRC expenses, including projects, training or other activities that address a community’s local needs and interests in emergency response and/or public health activities.

The Sacred Heart University Medical Reserve Corps (SHU-MRC) recruits faculty, staff, students and community members and covers the Department of Emergency Management Homeland Security (DEMHS) region one, Fairfield County. Training sessions are currently available online and on-campus. For more information please contact Lynda Garcia garcia17@mail.sacredheart.edu

"There is such a great need for help when a disaster occurs, and people are so willing to help," Strong said. "But what’s become clear is that for the fastest, most effective and safest relief to be delivered, those delivering it need to be properly prepared and trained."
Occupational Therapy

Students Inducted into Pi Theta Epsilon Honor Society

Fourteen students from the Occupational Therapy program were inducted into the Pi Theta Epsilon honor society on February 21, 2015. The ceremony took place at the Edgerton Atrium from 2:30 – 5:30pm.

Pi Theta Epsilon recognizes and encourages scholastic excellence of occupational therapy students, contributes to the advancement of the field of occupational therapy through scholarly activities, such as research development, continuing education, and information exchange between student and alumni members; and provides a vehicle for students enrolled in accredited programs in occupational therapy to exchange information and to collaborate regarding scholarly activities.

Student Presented with Award at the ConnOTA Conference

Second year student, Michael Dezmin, was presented with a Student Scholarship Award at the Connecticut Occupational Therapy Association’s (ConnOTA) annual awards ceremony on March 7, 2015.

Student Presented with Award at the ConnOTA Conference

Faculty-Student Research Project Presented at Conferences

Dr. Jody Bortone, Chair of the Graduate Occupational Therapy program, and second year student, Joe Dodson, traveled to Las Vegas on February 9, 2015 to present their poster of a faculty-student research project, “Evidence-Based Practice: Overcoming the Barriers” at the Ethnographic and Qualitative Researchers’ Association annual conference. Dr. Bortone and Mr. Dodson also presented their work at the Connecticut Occupational Therapy Association’s annual conference on March 7, 2015 in Cromwell, Connecticut. The poster was the result of a qualitative, phenomenological research study, in collaboration with Occupational Therapy student Stan Sheridan and contributions from Matt Kitto examining the lived experiences of Occupational Therapy practitioners and how they implement research evidence into their on-the-ground practice in the context of workplace barriers. Dr. Bortone and Mr. Dodson hope to receive a grant that will allow them to continue the research with a significantly expanded sample size.

Mr. Dezmin is working closely with Assistant Professor, Dr. Heather Miller Kuhaneck, on an Autism Speaks funded study on play for children with Autism and teaches swim lessons to children with special needs through Angelfish Therapy.
For the first time, Speech-Language Pathology students and faculty joined Nursing and Physical Therapy students and faculty on the January service learning trip to Guatemala. With the goal of enriching literacy, the six participating students (4 graduate, 2 undergraduate) engaged children of all ages, and their parents, in interactive book-reading and writing.

Thanks to generous donations of Spanish language books from Lectorum, Santillana, Scholastic, and Read to Grow, our team donated about 300 books to educational programs and individual children. Faculty advisors were Assistant Professor, Dr. Robin Danzak and Clinical Instructor, Ellen Massucci.
Faculty Focus

Athletic Training
Clinical Associate Professor, Dr. Gail Samdperil was awarded a 2015 National Athletic Trainer Service Award. She will be presented with the award at the 2015 National Athletic Trainers’ Association Annual Meeting & Clinical Symposia, June 23-26, 2015 in St. Louis, Missouri.

Exercise Science
Clinical Associate Professor, Dr. Wendy Bjerke co-authored an article titled “Teaching a Lifestyle Intervention for Reversing Impaired Fasting Glucose, Hyperlipidemia and Obesity/Overweight to a Cohort of Local Physicians.” published in Current Nutrition and Food Science, January 2015.

Dr. Bjerke gave a presentation titled “Can a University Mission Statement Inspire Service Learning Among Allied Health Students?” at the International Association for Research on Service-Learning and Community Engagement’s annual meeting, October 2014, New Orleans, Louisiana.

Assistant Professor, Dr. Anna Greer, co-authored the following published articles:


Clinical Associate Professor, Peter Ronai, co-authored an article titled “The Single Leg Wall Squat With a Stability Ball” published in the Strength and Conditioning Journal, Volume 37, Issue 2, April 2015.

Global Programs
Director, Christina Gunther, will be giving a presentation along with assistant professor, Dr. Michelle Cole and assistant professor, Dr. Robin Danzak titled “Developing a Cultural Awareness Curricula for Study Abroad Students.” The presentation will take place on May 29, 2015 at the NAFSA: Association of International Educators Annual Conference and Expo in Boston, Massachusetts.

Healthcare Informatics
Chair & Program Director, Dr. Stephen C. Burrows, was named a Fellow in the Healthcare Information and Management Systems Society on December 12, 2014.

School of Nursing
Clinical Assistant Professor, Dr. Marlene Beck, and Program Director of Onsite Cohort & Clinical Partnerships, Michael Dion, were selected for Nightingale Awards for Excellence in Nursing. Nurses receiving Award were individually recognized at the awards celebration on May 6, 2015. A nurse can only be nominated once in their lifetime for this award.

The Nightingale Awards for Excellence in Nursing program was developed to be a collaborative effort to celebrate outstanding nurses and elevate the nursing profession.
School of Nursing continued

Professor of Nursing & Director DNP program, Dr. Susan M. DeNisco, and Professor of Nursing, Anne M. Barker, recently published “Advanced Practice Nursing: Essential Knowledge for the Profession, Third Edition.”

The Third Edition is a core advanced practice text used in both Master's Level and DNP programs. It is a unique compilation of existing chapters from a variety of high-level Jones & Bartlett Learning works creating a comprehensive and well-rounded resource for the advanced practice nursing student. Similar to the previous edition, The Third Edition is framed around the American Association of Colleges of Nursing’s (AACN) Master’s Essentials as well as the Essentials for Doctoral Education featuring the most up-to-date content on each set of Essentials.

Dr. DeNisco was invited to be an onsite Commission on Collegiate Nursing Education (CCNE) Accreditation Review Team Member for Doctor of Nursing practice program at Valparaiso University, Indiana during February 2015. CCNE ensures the quality and integrity of baccalaureate, graduate, and residency programs in nursing. As a voluntary, self-regulatory process, CCNE accreditation supports and encourages continuing self-assessment by nursing programs and supports continuing growth and improvement of collegiate professional education and post-baccalaureate nurse residency programs.

Clinical assistant professor, Dr. Linda Cook, and assistant professor, Joslin Leasca passed the AACN’s Clinical Nurse Leader (CNL) exam in December, 2014 to become Certified Clinical Nurse Leaders.

Assistant professor, Dr. Kerry Milner, had an article “Methods and Meaning: Systematic Reviews.” published in Oncology Nursing Forum, Volume 42, Issue 1, January 2015.

Associate professor, Dr. Julie Stewart, professor of nursing, Dr. Susan DeNisco, and assistant professor, Dr. Kerry Milner co-presented a poster, in January, 2015, titled “Improving Population Health in the United States by Participating in Inter-professional Global Health Experiences.” at the AACN 2015 Doctoral Education Conference in San-Diego, California.

Clinical Assistant Professor, Dr. Tammy Testut, has been selected to serve on the National Government Services Outreach and Educational Advisement Committee and the Connecticut Healthcare at Home Education Committee.

Dr. Testut gave a presentation on February 23, 2015 titled, “Practice to Pedagogy: The Lived Experiences of Part-Time Faculty Transitioning from Expert Nurse to Novice Educator.” at the American Association of Colleges of Nursing (AACN) Faculty Development Conference in Nashville, Tennessee.

Clinical Assistant Professor & Director First Professional Degree program, Dr. Shery Watson, received a Ph.D. in Education, with a specialty in Nursing Education on Jan 5, 2015 from Capella University. Dr. Watson’s dissertation is titled “The Influence of Participating in an International Clinical Experience During Baccalaureate Nursing Education on Inter-professional Collaboration and Team Work for New Registered Nurses”
Occupational Therapy

Two faculty members from Sacred Heart University were presented with awards at the Connecticut Occupational Therapy Association’s (ConnOTA) Annual Awards Ceremony on March 7, 2015.

Clinical Assistant Professor, Dr. Lenore Frost, was recognized with an Award of Merit. The Award of Merit is to recognize individuals who have attained outstanding accomplishments in clinical practice, research, leadership or innovation and whose body of work is considered exemplary and influential by peers.

Clinical Assistant Professor, Dr. Sharon McCloskey, was recognized with an Award of Service. The award of Service is to recognize individuals who have made significant contributions in advancing the mission and strategic goals of ConnOTA and the practice of occupational therapy in the state through community leadership or advocacy.

Physical Therapy

Clinical Assistant Professor, Dr. Emmanuel Yung, is the co-developer of two Physical Therapy iPad/iPhone Apps that made it to the #1 worldwide ranking of paid medical apps for physical therapists. These are: Clinical Pattern Recognition: Low Back Pain AND Hip/Thigh Pain released in 2013 and 2014 respectively; both were ranked #1 among all physical therapy apps in 2013 and 2014.

Dr. Yung also recently co-introduced 2 more apps: Clinical Pattern Recognition: Knee Pain AND Ankle/Foot Pain. Both were released to the App Store on 2/5/2015. No other faculty in the US News and World Report’s top 100 physical therapy programs have developed apps to be used (in lieu of textbooks) by physical therapy students at the Apple Store. In addition to use by Physical Therapy academic programs, the apps are now downloaded by physical therapists working in the National Football League, Major League Baseball, & ESPN.

http://www.clinicalpatternrecognition.com/team/

Dr. Yung is the first author on two presentations that have been accepted to the World Confederation for Physical Therapy Congress in Singapore, May 2015.

- A poster presentation titled, Systolic Blood Pressure Response to Anteriorly Directed Pressure Applied to the Cervical Spine- a Randomized, Repeated-Measures, Double Blind, Placebo-Controlled Study.”

These abstracts will be published as World Confederation for Physical Therapy Conference Proceedings in the Physiotherapy Journal in 2015.
Speech-Language Pathology

Assistant Professor, Robin Danzak, was awarded a $2,000 travel grant from Sacred Heart University’s Office of Global Affairs to participate in a Council on International Educational Exchange (CIEE) International Faculty Development Seminar in Spain. The seminar, “Learning while leading: Supporting intercultural development through study away,” will take place in Madrid, June 7-13, 2015.

Department Chair and Professor of Speech Language Pathology, Dr. Rhea Paul, gave an invited lecture at the Center for Autism Research at the Children’s Hospital of Philadelphia on February 23, 2015 titled “Hear No Evil: Auditory Preferences in Infants At Risk for Autism.”

The American Speech-Language-Hearing Association, has conferred its highest award, the Honors of the Association on Dr. Rhea Paul. The award was presented to Dr. Paul on November 21, 2014 at the ASHA Annual Convention in Orlando, Florida.

Honor of the Association recognizes individuals whose contributions have been of such excellence that they have enhanced or altered the course of the professions. Honorees are individuals who are well-known throughout the nation and the world for a lifetime of innovative clinical practice, insightful and rigorous research, creative administration, effective legislative activity, outstanding teaching or other distinguished professional contributions.

Alumni News

Exercise Science

Joe Petreycik ’01 wrote a book titled “Pump it Up: Exercise Your Heart to Health!” Mr. Petreycik is a certified clinical exercise physiologist and registered nurse. He divides his time between a hospital-based cardiac rehab facility and a surgical intensive care unit. Joe is certified as a Clinical Exercise Specialist by the American College of Sports Medicine.

Mr. Petreycik’s book is available at: http://www.amazon.com/Pump-Up-Exercising-Heart-Health/dp/0989408000/ref=sr_1_1?ie=UTF8&qid=1424276262&sr=8-1&keywords=joe+petreycik

Mary Keenan ’14 had her honors capstone research project titled “Sedentary Behavior and Related Factors in the Sacred Heart University Full Time Faculty.” accepted for publication in the International Journal of Workplace Health Management.

Mark DiSanto ’10 ’13 MS, had an article titled “Weightlifting Movements From Full Extension: The Snatch and Clean” in the Strength and Conditioning Journal, Volume 37, Issue 1, February 2015. Mr. DiSanto is a certified strength and conditioning specialist and sports performance coach at a Sports & Wellness center in Southern Connecticut.