A Tale of Two SHU’s

Prologue

1999
Stacked Enlightenment, a sculpture by Ann P. Lehman was given to Dr. Cerreta on April 29, 1999. It was presented to him by the Student Government Executive Board to commemorate him “for his 10 years of excellence, dedication, loyalty and service to the Sacred Heart Community.”

On the sculpture underneath the globe, sitting on two standing books, it states this dedication by the Executive Board and the part of the mission statement that Stacked Enlightenment illustrates. As the sculpture states, Sacred Heart University aims, “To assist in the development of people who are knowledgeable of self, rooted in faith, educated in mind, compassionate in heart, responsive to social and civic obligations and able to respond to an ever-changing world.”
Colophon

"A Tale of Two SHUs," volume thirty-three of the Prologue was printed by offset press on 80# blade-coated enamel paper by Taylor Publishing Company, 1550 West Mockingbird Lane in Dallas, Texas. Our Taylor representative was Steve Russo. Our account executive at Taylor was Jerry Steely.

The press run was 1700 copies. 100 of these copies were produced by Taylor Publishing Company for use as samples for workshops and general distribution. All full time students of the 1998-1999 academic year receive a free copy. The book covers events from August 1998 through Graduation 1999.

All 200 pages were created on Adobe Pagemaker version 6.0 and submitted on floppy disks. The YearZine was produced by Taylor Publishing Company. The cover was designed by Myra Pierce, Jessica Nieradka and Michelle Pender and has been embossed, grained and silkscreened. It uses a special order charcoal base stock and employs a silver silkscreen ink and a water grain. Endsheet stock is Genesis Pumice 80#.

Body Copy is set in Finesse Roman in 10-12 point. Captions are Gourmand at 8.5 point. Palatino, Finesse Roman, Opus, Charcoal, SanVito Roman, Nouveau Gothic, and Athena have been used as primary headline and display fonts. All divider pages have been set in Opus.

The senior portrait section consists of 32 pages in 4 flats of 4-color and is printed on 100# enamel stock. The opening 16 page signature is printed using black ink plus a special order Pantone Ink Blue 280 CVC. The binding is Smythe-sewn, supered and rounded and backed. Portraits and some sports action photos were taken by Thornton Studios of New York City.
### Introduction
Editor: Myra Pierce

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### Faculty & Academics
Co-Editors: Julie Ferro and Jennifer Jackson

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### Clubs & Organizations
**Clubs** Editor: Julie Ferro
**Greek Life** Co-Editors: Kim Bilik & Kerry Mazzeo
**Student Government** Co-Editors: Kim Bilik & Kerry Mazzeo

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### Student Life
**Resident Halls** Editor: Amy Hooker
**Activities** Co-Editors: Shannon McCann & Ellen Sebald

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### Athletics
Co-Editors: Holly Burk & Kelly Meyers

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### Graduates
**Senior Portraits** Editor: Jessica Nieradka
**Senior Week** Editor: Myra Pierce
**Final Thoughts** Editor: Jessica Nieradka

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Myra Pierce, Editor-in-Chief • Jessica Nieradka, Assistant Editor • Photographers: Editor Heather Pulsifer, Heidi Booth, Lynee Darling, Marianne Fennell, Joel Paul • Copy Writers: Editor Michelle Pender, Cheryl Sykier, Carl Sturino, Brian Falkowski, Dan Hiza • Typists: Michael Woods, Brooke Myers • Hank Parkinson, Advisor
There are few people that exhibit complete dedication to their job and the people in their community, however, Dr. Cernera truly does. He strives to meet the concerns of the students and works for their well being.

—Marianne Cardo, President of the Class of 1999
A Simply Extraordinary Man

A n ordinary kid from the Bronx; a graduate of Fordham University; a high school teacher who worked his way to the position of Vice President at Marist College; the President of Sacred Heart University. This is Dr. Anthony Cernera, Ph.D., who came to SHU in 1988. When asked why he left an established university to come to Sacred Heart, which had lost about 25% of its students between 1983-1985, Dr. Cernera answered, "I fell in love with it." After some hesitation, and a lot of prayer, Dr. Cernera decided that Sacred Heart was where he was needed. He developed great plans for SHU's future. He wanted to reposition the institution, make SHU a residential campus, and develop the academic program.

Today, SHU is the fastest growing Catholic university in New England. This is thanks to Dr. Cernera and his dedication to Sacred Heart. Through strategic planning he has had the opportunity to build several residence halls, with a new one on the way, and commission the Pitt Center, which has pushed athleticism to new heights. Most importantly, Sacred Heart's academics have reached the caliber of any Catholic university in the area.

Dr. Cernera is also very proud of Sacred Heart's involvement in the Center for Christian-Jewish Understanding and the Institute for Religious Education and Pastoral Studies. He has traveled to Auschwitz to attend a conference on promoting peace through religion. The CCJU was also blessed by Pope John Paul II, whom Dr. Cernera has had the privilege of meeting several times.

But, according to Dr. Cernera, he is an "ordinary" man. He is "not more important or less important than anyone on this campus." He can be seen walking up the hill or passing through the halls. He also teaches a religion course each semester to maintain constant contact with the students, and to do what he loves: teach.

When one meets him, Dr. Cernera says, "Please, call me Tony." In fact, many students fondly refer to him as Uncle Tony. Dr. Cernera loves the students of SHU. He says his greatest accomplishment here is being able to hand each student their degree on graduation day. He considers this moment to be the point in which "the students have fulfilled their dreams."

When asked about the future and his hopes for SHU, Dr. Cernera would like the university to receive recognition for the quality and distinctiveness of its academic programs. In addition, Dr. Cernera wants to increase the university's endowment, currently 25 million, so that any student who wants to come to SHU can. If he had it his way, "no one would say they can't afford it."

One may wonder how Dr. Cernera balances SHU and his family. His eldest son, a junior in high school stated in a class essay, "Even though my father is out until 10:30, I know that we come first!" Dr. Cernera always has time for his wife and four children. He also follows several "rules" in his family life: nothing on Sundays unless it is essential, and breakfast is always to be eaten together. He often cooks for his family on weekends, and always provides them with a daily schedule of events that he is involved in at the university. This keeps the Cernera family strong.

Sacred Heart has flourished under the guidance of Dr. Cernera, an ordinary, who has done many extraordinary things.
Brandi Blevins assists Dr. Cernera as he cuts the ribbon during the dedication, naming the admissions building Curtis Hall. —photo by Heather Pulsifer

**Alma Mater**

Hail to thee, our Alma Mater, Pioneers are we. Sacred Heart's proud sons and daughters Stand in unity.

Swell the chorus, praise her glory, On our fields and in these halls. Loyal hearts proclaim her story. Red and White 'er all.

Alma Mater, grant us wisdom, Heart and mind renew. Love and Truth, her guiding vision, Hall to S-H-U.

Swell the chorus, praise her glory, on our fields and in these halls. Loyal hearts proclaim her story. Red and White 'er all.

The 35th class of first year students listen as the speakers address the class in the Pitt Center.—photo by Heather Pulsifer

Members of the first year class sing along as the Alma Mater is presented for the first time.—photo by Heather Pulsifer
The first week of the academic year began with two important events, the dedication of Curtis Hall and the Freshman Convocation, where the Alma Mater premiered.

On September 11, 1998, the building known as "Admissions" was officially dedicated to Bishop Walter Curtis, who founded Sacred Heart University in 1963. The ceremony was conducted by M.C., James Barquinero, V.P. of Enrollment Planning and Student Affairs. There was an excellent turnout with a variety of guest speakers. John Croffy and Reverend Msgr. Kevin Wallin gave the reflections, while Dr. Cernera and Msgr. J. Scheyd assisted in the closing remarks and blessing. Other participants included Dr. Marian Calabrese, Leland Roberts, and Noel Lang. Cassandra Andreas sang the Ave Maria as several members of the Sacred Heart student body assisted in the ribbon cutting: Jose Ng represented International Life; Gabe Goodine, Campus Ministry; Michelle Day, Residential Life; and Tom McCabe represented Student Government. The ceremony concluded with refreshments in the newly-named Curtis Hall.

The opening convocation and university induction of the Class of 2002 took place on September 16, 1998 at the Pitt Center. The theme was 'Celebrating the Vision.' The ceremony was in honor of SHU's 35th birthday and also marked the premiere of the first Alma Mater in the history of the University.

Dr. Monica K. Hellwig, the keynote speaker, titled her speech "The Heart of Catholic Higher Education: The Liberal Arts." After being awarded an honorary degree, Dr. Hellwig addressed the audience. She expressed her beliefs on what makes a university Catholic, what is meant by liberal arts, and why liberal arts should be the heart of a Catholic education. Not only did Hellwig speak to the student body, but she directed part of her speech to the faculty. She suggested that professors teach in a way that motivates students and maintains their interest. She also asked that they remember the importance of teaching - it is not just mastering the material that is important, but expanding the minds of the students.

While Dr. Hellwig focused on broadening one's horizon through religion, experience, and the enjoyment of life, Dr. Cernera took a different approach. His advice to the student body was simply to "study hard, have fun, and fall in love." With these words of wisdom, the Class of 2002 was then inducted into the university, and the Alma Mater, written by faculty member Dr. Ralph Corrigan, was played for the first time.
In between classes, students come into Hawley Lounge for a quick game of pool. — photo by Heather Pulsifer

Members of the Greek community chat while taking a break from dancing at the fall rush party. — photo by Joel Paul

Kathryn Vigue steps up to attempt the basketball shot for a free prize at Midnight Madness. — photo by Heather Pulsifer
...to tell the tale of SHU

The Prologue is dedicated to representing the entire Sacred Heart community, telling the story of each year in an annual publication. Since 1967, each year's Prologue staff has worked very hard throughout the school year to cover as many events and as many students, faculty and staff as possible.

Keeping this in mind, the 1999 staff brainstormed during September about this year's edition of the Prologue. In particular, we discussed the direction we wanted the book to take, the theme and the new ideas we wanted to implement to make this book unique and special.

The yearbook is supposed to tell a story of the year. The photos along with the article bring the activity to life today and 50 years from now when looking back on the college years. "A Tale of Two SHUs" fit as a theme in the attempt to portray the 1998-1999 school year.

In order to "tell the tale" of the 1999 Sacred Heart University community, in-depth stories and captions for the photos were used throughout the book. Each story writes about the event and also attempts to tell a tale that has not already been told. The stories include interesting facts about things that are not always noticed or that people do not realize. For example, Dr. Cernera celebrated his 10th year at SHU. Page 4-5 tells his tale entitled, A Simply Extraordinary Man. Page 12-13 tells a story about the SHU campus in Europe entitled, A Tale of Two Campuses.

Throughout the different sections of the book, something was added in writing to tell a story, a tale. Sidebars in the sports section, the names with group photos in the clubs, faculty and sports sections, stories about different faculty members and stories about student government and greek activities are just a few of the different ways the theme is implemented in copy.

A Tale of Two SHUs also plays off of Charles Dickens', A Tale of Two Cities, which began with the line, "It was the best of times, it was the worst of times." The concept of wide contrast was also applied in the book. Small photos contrast very large photos on every layout and are especially noticed on the divider pages and the introduction.

Contrasting shades of gray are used in all the headlines. Very bold dark headlines contrast with light shades of gray on other layouts. The light fonts and lighter shades of gray in headlines are used with academic activities, the activities that occur during the day. The faculty section uses this idea. Headlines with dark lettering, black boxes, and dark lines signify extracurricular activities that occur outside of academics. The Student Life and Athletics sections show this theme the most.

In order to tell the tale of Sacred Heart University, the book has to be as comprehensive as possible. The staff wanted to include as many names as possible in the book - seniors, underclassman and faculty. The captions include the names of the people in the pictures throughout the book.

The staff put a great amount of work into this publication. So much thought went into preparing the layouts even before the real work of designing the layouts, taking the photographs and writing the stories began. A "Tale of Two SHUs" covers the 1998 - 1999 academic year as thoroughly as possible. Preparing this year's Prologue was very difficult and very time consuming. The hardest part was hunting down the names of the people photographed but it was all worth it. As we look back many years from now, we will all be able to attach the names to the faces in this memorial to the 1998-1999 academic year.
MBA students break from class and stand proudly in front of the SHU banner.
Two Campuses

In June of 1993 the one thousand year old Duchy of Luxembourg had its first college graduation, on behalf of the Sacred Heart University MBA program. It was in this year that SHU graduated eight students from its MBA program abroad. It was a moment for the history books. Luxembourg's Prime Minister was even on hand for the huge ceremony. Dr. Rawlin Fairbaugh proudly looked on as a dream became reality.

Dr. Fairbaugh, who was then Director of Sacred Heart's MBA, saw Luxembourg as the perfect location for an international site for Sacred Heart's expanding program. He had visited the country while in the Army, and realized its strategic location in the heart of Western Europe. Luxembourg is 990 square miles, with a population of 420,000 (comparable to Fairfield County). The country has no college within its boundaries. Those of college age are forced to attend university in another European or international location. Luckily, France, Belgium, and Germany are only thirty minutes away.

Upon returning to Luxembourg after college, most graduates start in a career in business. Luxembourg is one of Europe's top banking and financial capitals with over 250 banks within its borders. Employees are constantly looking to improve their skills and knowledge without quitting their jobs and moving to another country for further education. This is where Sacred Heart's MBA program provides individuals with a logical alternative. It is the only university in the country. Citizens can attend SHU in the evenings without disturbing their career.

The Luxembourg program opened in 1990 and by April of 1991 there were two courses. Courses were taught by both adjuncts and Sacred Heart professors who visited from the Fairfield campus. The first graduation took place in 1993. Under Fairbaugh's leadership, approximately 70 students graduated and received their masters degree in business administration; to date there have been about 100 graduates.

While heading the program Dr. Fairbaugh formed close relationships with the first graduating class. In fact, he still maintains contact with them. While in Luxembourg he also developed close ties with Henri Ahlborn, Director of the Chamber of Commerce in Luxembourg. Ahlborn also helped to establish Sacred Heart's position in Luxembourg.

Since Fairbaugh left this program, he has remained a professor of Management at the Fairfield Campus, while re-establishing his consulting business and spending time with his grandchildren.

The Luxembourg campus is growing at a quick pace and currently has approximately fifty students. The campus is a part of a building in downtown Luxembourg City and the MBA offers students from over 35 countries the ability to further their education with an institution devoted to the individual.

A new era is also beginning. In the spring of 2000, Luxembourg will play host to a study abroad program for undergraduates at the Fairfield campus. Dr. Cernera feels this program will allow students to have "a safe and unified study abroad experience under SHU auspices." Students will travel with a SHU professor and live with a family in Luxembourg. Academics will focus on European studies including politics, economics, history and language studies. Luxembourg boasts a population that speaks French, German, Luxembourgish, and English so it is the perfect place to learn a new language and culture. This experience will allow the students to see issues from a global perspective while maintaining the comforts of home. Students will attend classes with English speaking professors and fellow students from the Fairfield campus. Students will also be able to confer with a SHU professor on class scheduling, housing issues, and homesickness, making the transition easier. This program is geared to attract those students who want to travel, but may not want to do it alone.

Sacred Heart University prides itself on its international diversity, evident in the many international students hailing from over 65 countries. The Luxembourg program furthers this dedication, while spreading the mission into Europe.

Dr. Fairbaugh had a wonderful idea that was realized with Sacred Heart as the 'Luxembourg program,' on which he based his dissertation for his doctorate degree. He refers to setting up the Luxembourg program as, "one of the best experiences of his career!" Sacred Heart University is one of the leading Catholic Universities in New England. With the hard work and dedication that was seen by everyone involved in making this program a reality, Sacred Heart University will continue to stand out in the academic arena.
College of Education and Health Professions
Patricia W. Walker, Michele Peloso

Philosophy and Religious Studies
Brian Stilauer, Dr. Edward Papa, Dr. Anthony Cernera

Registrar's Office
Back Row: Joseph Belezay, Matthew Bielawa, Valerie Cologgi, Douglas Bohn, Nance Donato
Front Row: Jean Gasso, Mary Palo, Cheryl Criegman, Karen Stenman

Student Activities
Front Row: Grace Lim, Kim Timpany, Karen Manson, Al Precourt II, Amy Ham, Mike Moylan
Back Row: Pam Barnum, Hank Parkinson, Marvin McNeil, Denise Sapthin, Bill Connelly, Allie DuBose

Economics and Finance Department
Front Row: Dr. Thomas Ozzian, Bridget Lyons, John Gerlach
Back Row: Ralph Lim, Dr. Rumzi Frangal
In the Sacred Heart community, Phyllis Machledt has touched the lives of many people, faculty and students alike. Since her arrival at the university in 1994, she has been involved in many community service projects. This is no surprise, for Phyllis has been involved in community service practically all of her life. As early as high school, she was involved in Quaker projects, which are similar to Habitat for Humanity projects. She was also an exchange student with AFS. As part of this program, she lived with a family in Indonesia, on the island of Java. During this time, she and a colleague, who were living with another family in a nearby area, visited a village together. They spoke with the villagers, and were offered the opportunity to share food with them. This experience of sharing food with the villagers, who had practically nothing, made Phyllis wonder how and why there could be so much poverty in the world. As a result, Phyllis wanted to make a difference in people’s lives. After this experience, she started a girl’s club at the local community center with her roommate at college. Phyllis majored in International Relations at Goucher College in Baltimore, Maryland.

When Phyllis first started her job here, the university had just celebrated its thirtieth anniversary. The university decided to do thirty thousand hours of community service for Fairfield and the surrounding communities. In celebration, a grant was applied for by Eilene Bertsch from the Council of Independent Colleges to start the Service Learning Program. Phyllis was hired with some of the grant money to become the first Service Learning Coordinator at Sacred Heart University. The Service Learning program began with five classes, and has now expanded to about twenty classes a semester. Some of the classes include History, Media Studies, Art, Communications, English, Spanish, Psychology, Education, and Sociology.

One of Phyllis’ goals for the Sacred Heart community was “to be in partnership with the surrounding community.” She wanted students to reflect on what they have accomplished, and to discover how their help in the community fits with the assigned course, and also what they learn about themselves as individuals. She hopes to instill in students a skill that allows them to get along with people of different ethnic backgrounds, cultures, and religions.

Phyllis has lived in the Bridgeport area for almost twenty-four years. During this time, she states, “You keep learning about different cultures. The community service that Sacred Heart does in this area is very powerful, and it is wonderful to know that we can be relied on to help with these various projects.”

One of the problems Phyllis faces everyday is “How do we enable people to help themselves?” She always teaches her students to “respect people for their jobs and how they do it, and not for the color of their skin.” Slowly, but surely, Phyllis is working diligently to help break those racial barriers that exist in our community. “If you want to change a neighborhood, you concentrate on one piece. That is why most of the community service we do is on the East Side of Bridgeport. We need to create bonds in order to make a difference.”

Besides all of the wonderful and amazing things Phyllis does here at the university, there are many other things she enjoys doing. She enjoys reading mystery novels by Tony Hillerman. She also enjoys music of all kinds, especially folk music. Phyllis also participates in contra dancing, traveling, camping, cooking, and of course, doing international events. The door to her home is always open to international students studying in the United States.

The talents of Phyllis Machledt should not go unrecognized. She is just one of the amazing people at this university. Her caring and compassionate personality is deeply felt by those who are blessed with her presence. Phyllis has opened the eyes of the university a little bit wider, and helped us to make a difference within our community.
Teaching one of his classes, Dr. Orlowski skims a magazine to find the answer to a question.
Dr. Lucjan Orlowski, Ph.D. is not a stranger to seeing his name in print. Besides being a professor at Sacred Heart University, he is also a world renowned economist. Dr. Orlowski was born in upper Katowice, Poland. His interest in economics first began as a child in elementary school where he took a liking to Geography and Social Issues. Later in high school, Dr. Orlowski established a discussion club on Social and Economic Reforms. Later, he attended the College of Economics at the University of Katowice where he majored in International Economics. He also had a number of internships while in college, one of which was at the University of Biloba in Spain.

In 1983, Dr. Orlowski became a professor at Sacred Heart University. Here, he teaches economics and international finance courses. Recently, he expanded his career to teaching at the Sacred Heart campus in Luxembourg. He has also guest lectured at the University of Warsaw in Poland, and at the College of Modern Business Studies in Hungary.

He not only finds the time to do all of these things, but he is also a member of a number of committees in Europe. Dr. Orlowski is a member of the Macro-economic Policy Council advisory to Poland’s Deputy Prime Minister. He is also a consultant to The Center for Economic and Social Research, The Foreign Trade Research Institute, The European Investment Bank, The Institute for East West Studies, The Halle Institute of Economic Research, and the Kiel Institute of World Economics. All of these institutes do research projects on monetary policies and developing financial markets for the Eastern Union.

In addition, Dr. Orlowski is also an advisor to the International Monetary Fund, The Vienna Institute for Comparative Economic Studies, and the Central Bank of Argentina. He had also authored a number of books.

Just reading about all of these accomplishments is enough to overwhelm anybody. One might wonder why Dr. Orlowski still teaches here, and how he finds the time to do all of these things. Dr. Orlowski loves teaching at Sacred Heart, and has developed a considerable reputation for Sacred Heart University. This has made it easier for him when he writes and publishes books, because the professionals in his field rely more on a person’s name and the quality of work they do instead of the school to which they are affiliated with. He also enjoys Sacred Heart’s close proximity to New York City and the United Nations. Dr. Orlowski states that he “enjoys sharing his accomplishments with students to show them the quality of the professor and the university.”

In order to manage all of his activities around the world he spends most of his time traveling. He teaches classes at Sacred Heart Monday through Wednesday, and spends Thursday through Sunday in Europe. If he has to miss a class, one of his colleagues is more than willing to substitute. Last year, Dr. Orlowski traveled to Europe a total of eighteen times, breaking his previous records.

Dr. Orlowski does have one activity that he enjoys when he is not traveling or teaching. He loves to play the piano, especially the music of Schumann and Chopin. He jokes that the only movie theater he ever gets to go to is the one on the plane. Dr. Orlowski also has a wife, and two children, a son and a daughter. He says they miss him very much when he travels, but are used to it now.

All of the talents of Dr. Lucjan Orlowski are simply amazing. It is wonderful and remarkable to have such a talented and dedicated professor here at Sacred Heart University. His many accomplishments should inspire all of us to take our talents to the limit, the way that he has. We are very lucky to have someone like Dr. Orlowski who wants to share his life’s accomplishments with us and we wish him many more to come.
Campus Ministry
Justin M. Venech, Rev.
T. Michael McMorn
Janet Betts, Kubil S.
Jerome Wallin

Career Development
Mitch Holmes, Deanna
Fiorentino, Diedra
Parker, Lucy Cox

Counseling Center
Front Row: Trish
Klauser, Gerry Vitolo,
Back Row: Dr. Harry
Albeck, Sr. Anne-Louise
Nadeau, Jocelyn
Novellino

Financial Aid
Front Row: Tara
Condon, Julie Savino,
Susan Esposito; Back
Row: Carl Nykaza,
Sylvee Hangen-
Tangany, Mark
French, Garrick
Campbell

Dr. Loris explains the fundamental aspects of African American Literature.
Dr. Michelle Loris has been a part of the Sacred Heart University community for a very long time. Not only did she complete her twenty-fifth anniversary as a faculty member in 1998, but she also completed her undergraduate work here. Dr. Loris received her Bachelor’s Degree in English at Sacred Heart University, and then continued her education with a Ph.D. in American Literature at Fordham University. Later in life, she received a Psy.D., her second doctorate, in Clinical Psychology at Antioch New England University. In addition, Dr. Loris has a Master’s Degree in Marriage and Family Therapy. Dr. Loris did her clinical work in Psychology at the West Haven VA/Yale School of Medicine, where she first began working with Post Traumatic Stress Disorder with Vietnam Veterans, and later began to specialize in the treatment of trauma for women who have been victims of abuse.

Besides being committed to her education, she is also committed to the education of others. She has written many essays, articles, and papers both in Literature and Psychology. Dr. Loris has published two books on contemporary authors. She also helped to found what is now called the Jandrisevits Learning Center. In addition to her love and mastery of education and psychology, Dr. Loris has a four-year-old son, Salvatore.

Amazingly, Dr. Michelle Loris manages to do all these things, and still finds time for herself. An average day for her begins around five-thirty to six o’clock in the morning. She makes breakfast and lunch for her son, spends the morning playing with him, and getting him ready for school, and then she comes to Sacred Heart and teaches. When her day is over at the University, she does her counseling work, then picks up Salvatore, and returns home for dinner. The weekends are reserved strictly for Salvatore.

Dr. Loris also has a long list of things she likes to do for fun. She loves to play tennis, walk, go to the beach, sail, view films, go to the opera, watch serious drama, spend time with her friends, and read. Dr. Loris has also taken up watercolor painting; and she loves to watch sports.

When asked why she wanted to study both Literature and Psychology, Dr. Loris replied that she always wanted to study Literature because it deepened our understanding of human experience and the human condition. She wanted to study Psychology because she was interested in people’s lives, and she wanted to help them understand themselves and improve their lives. She teaches both Psychology and English classes and she manages to integrate both to help her students understand the material better. She states that, “I am very fortunate to love what I do.”

Dr. Loris is an amazing woman, and she hopes that students see her as a role model, not because of her many accomplishments, but because of her integrity, her love of learning, and her humanity. She would like her relationship with her students to be based on respect and understanding, and most of all, she would like to inspire them in a love of learning and a passion for excellence in all that they do. She wants students “to use the gift God gave them. I wish students would fall in love with learning, and be sparked and inspired to love what they learn.”

Dr. Loris is an extraordinary asset to the Sacred Heart community. She is extremely intelligent, hard working, and dedicated to her life, not only as a career woman, but as a parent. Here at Sacred Heart University, we are very fortunate to have someone like Dr. Loris. She cares deeply for her job, her students, and has given a long term commitment to the University. For this, we applaud the many talents of Dr. Michelle Loris.
Accounting Department
Front Row: Dr. Benoit Boyer, Dr. Karen Cascini, Dr. Emmanuel Emenyenu
Back Row: Dr. Daniel Shim, Danny Pannese

College of Business
Front Row: Dr. Benoit Boyer, Sara Donohue, Dr. Theresa Gonzales, Dr. Edward Gore
Back Row: Eileen Pasletta, Theresa Kowalski, Joan Clark, Susan Cornello, Susan Kanuch

Management Department
Front Row: Dr. B. Elango, Dr. Nancy Frydman, Dr. Madan Annavarjula, Dr. Edward Gore
Back Row: Dr. Laurence Weinstein, Dr. Matthew Roy, Camille Reale, Michael Larobina, Dr. Pete Fairbaugh

English and Literature Department
Front Row: Richard Mclnnon, Dr. David Curtis, Dr. Angela DiPace, Dr. Michelle Loris
Back Row: Dr. Marian S. Calabrese, Dr. Judith Miller, Dr. Roberta Staples, Dr. Ralph Corrigan, Dr. Robin McAllister

SHU String School
Front: Inna Berson Wetmore, Charlotte Mouly; Back: Miriam Glanmore, Marilyn Jones, Evelyn Pellicane, Cassandra Andreas, Colleen Brunnen, Bernice Stocheck Friedson

Cathy stops into the Outpost to quickly say Hi to the students.
Cathy shows the residential life staff the process for housing.

More To This Woman

Most students know her as the woman they run to when there is a problem or a question about the resident halls. Most students only talk to her during housing selection, to discuss a conflict with a roommate or complain about the living quarters. What students do not realize is that while she is primarily known as the woman that oversees Residential Life, there is another side to Cathy Raynis.

She is involved in so much on campus. She has taught numerous Psychology courses and because spirituality is of the utmost importance to her, she is extremely active with community service projects, Community Connections, and Campus Ministry. Raynis has spent a weekend living in a local church for Operation Bridgeport, and one week working in El Salvador. This experience affected her so tremendously that she wrote a moving poem about her time spent there called, "Touched by the People of El Salvador." From these experiences, she realized that she will always be involved in the service to others, especially helping with impoverished children.

Although Raynis has a very difficult and stressful job, spending a great deal of her time listening to students complain about housing problems, she has enjoyed her time at Sacred Heart University. The hardest part of her job is knowing that students are upset due to the tight housing quarters. She originally accepted her present position as Director of Residential Life and Housing Services four years ago to help the students. She finds it difficult to watch their happiness become jeopardized because of the situations she has no control over. The best part of the job, in her opinion, is trying to fix the community on campus. Her goal is to make it a better place to live as the University grows. By helping with housing she feels she can help students grow and learn and to make new friends of the classroom.

With all this time spent at the University, one may ask what she does in the little spare time that she has. Cathy Raynis is a very active woman and manages her time well. Because of this, she finds the time to spend with her friends and family. Her daily planner is always full and starts each day with a "To Do" list, depending on the crisis of that day. Her life is balanced by always getting some type of exercise. She was a college swimmer and still tries to keep it up. She also enjoys running, hiking, golf and tennis. Some of her other pastimes include theater, good food and wine, and exploring street fairs with friends.

Cathy has spent most of her life travelling. Growing up as an "army brat," she spent some of her early years in Asia. She got her undergraduate degree at the University of New Mexico and her masters degree in Education at Indiana University before moving to the East. She will be receiving her second masters degree in Psychology from the State University of New York at New Paltz later this year. As for her future plans, she hopes to continue working at Sacred Heart University. She feels she has much more to contribute and learn from this growing University. In time, Raynis hopes to fulfill her educational goal by obtaining her Ph.D. in Psychology or Education.
Because Sunday evening mass ceremonies have outgrown the cafeteria, this year it was held in the old gym. Father Michael McLernon caters the gospel to the Sacred Heart community and speaks of bettering oneself during college. — photo by Heather Pulfer.

Before the graduation ceremonies began, Dr. David Curtis and Dr. Dhia Habboush, discuss the academic year and each others plans for the summer. Each professor that attends graduation wears the robe of their discipline and education level.

Board of Trustees


Eric Zwickel, Director of Graduate Admissions and Site Administration at the Luxembourg campus, works on increasing enrollment in the MBA program there.
Dr. Robin McAllister has to take a break in his office. It is exhausting reading all the papers he assigned to his classes.— photo by Heather Pulsifer

James Barquinero and his son decide what they want to do next at the bonfire during Pioneer Weekend. The festivities were not just for the students; faculty members and their families also had a great time.— photo by Marianne Cardo

Dr. Edward Papa talks with a student about an upcoming essay exam in his philosophy class during his office hours.— photo by Heather Pulsifer

One of the favorite Flik employees, Vinny, helps serve the barbecue outside on the patio during Pioneer Weekend in September.
Clubs & Organizations
It's not just the athletic department that is rapidly developing at Sacred Heart University. The bands, all headed by director Marvin McNeil, are adding an exciting flare to the SHU music department. Over the past few years, the marching band has come a long way. Suited up in brand new uniforms, the band members' enthusiasm is at the highest level in Sacred Heart history.

This year's season began the first week of September when the band's 38 members spent many intense hours learning music and drill. The band was ready and willing to perform their show, which was comprised of songs form the hit group Chicago at the first football game of the 1998-1999 season.

In addition to football games, the marching band performed in the Columbus Day parade and the Saint Patrick's Day parade both in New York City. Many of the marching band members also form the SHU pep band that performs at men's and women's basketball and hockey games.

While marching band is a fall semester extra-curricular activity, the SHU jazz band runs both fall and spring semesters and is a scheduled credited class. Although the group was only made up of 11 musicians, they practiced faithfully and hosted a concert in the Mahogany Room.

Concert band is another club and class of musicians. Meeting twice a week, the band's 28 members work a large array of music. With an inaugural concert in the spring semester, this group is making themselves known on campus.

At the center of these bands is the band council. This organization headed by the president, Chris Suznovich, meets bimonthly and raises money to support the bands. The band council also got the band members involved in Helping Hands and the Trumbull Haunted House as part of their contribution to the community. The marching band hosted the "Jazz Cafe" in February and headed a vigorous recruiting campaign all year for a promising future.
The woodwind section enters the field to play the Star-Spangled Banner.

Drum Major, Karen Fallon, conducts the band in their field show to the music of Chicago.

The Jazz Band performs a dinner-time Christmas Concert in the Mahogany Room. — photo by Heidi Booth

Art Club
Front Row: Jack DeGraffenried  Back Row: Katherine Hippeli, Holly Burk, Heather Pulsifer

Ballroom Dance Club
Front Row: Jessica Nieradka, Kristen Henderson, Darlene Harris, Emily Greenough, Angela Paulone  Back Row: Mark Ungeheuer, Bozena Hanczaruk, Carlos Rivera, Michelle Friedrich, John Eacobacci
The Global Garden

You would have thought you were in Paris or Milan, but you were actually in Sacred Heart University's Mahogany Room. On Thursday, November 12th, the International Club and Omega Phi Kappa sponsored the 1998 International Fashion Show, The Garden of Eden. Students auditioned to be models for the evening, while at the same time assisted in the fund-raising for the Trickle Up Program. This non-profit organization reaches out and supports needy individuals from over one hundred underdeveloped countries in the world.

The evening started out with faculty and staff modeling the latest SHU-wear from our very own bookstore. Among these models was Dean Bozzone, who seemed perfectly at home under the spotlight.

Another highlight of the evening was the International Collection. Africa, China, India, and Japan were among the many countries represented throughout the show. These cultures came to life through the individuals wearing their native dress, while the music from their homeland added a special touch.

Similarly, the Bridal portion of the show was extremely successful. The women came out in full wedding apparel, from veil to shoes, and looked beautiful. "Audrey Marrone's image will be ever etched in my memory," says Scott Cameron. "She is the epitome of stunning."

While most of the event was reserved for a more serious tone, the night would not have been complete without a little funk. Those students modeling their swimsuits shook up the crowd with a little dancing and a lot of style.

Overall, the night was a tremendous success, raising over one thousand dollars for the Trickle Up Program. Thanks to the many individuals that made this night happen, families living in poverty will be aided.

Mildred Robbins Leet, co-founder of Trickle Up, summed up the importance of helping those in need stating, "Reach out your hand and give them the opportunity. They reach out and take it."
Circolo Italiano

Front Row: Joseph Moura, Gabriel Bonanni, John Fuoco
Back Row: Nicole Baccala, Daniela Catanese, Barbara Giuliano, Brooke Myers, Rita Rivona

Concert Band

Front: Krista Metrinko, Scott Grimo, Jennifer Jackson, Lea Greco, Karen Fallon
Middle: Matt Norris, Christina French, Kim Toscano, Julie Ferro, Jaclyn Olszewski, Katherine Wright, Amy Likens, Keith Smolinski
Back: Ryan Carlson, Stephanie Solecki, Joy Simone, Bill Woodruff, Meghan O’Connell, Charles Benedum, Elizabeth Fuentes, Michael Woods, Chris Suznovich, Marvin McNeil
Dr. Lauren Kempton, former professor in the Education department and a faculty group leader for the journey writes, Jane...mother to her chicas; Terry...a hombre muy grande; Hank...praying and prodding for us to work for los ninos; Mike...el amigo de Luis; Jeff...so tall he can paint the tops of doors; Julie...belting in Spanish her song; Beth...a born teacher; Heather...Godmother of Shainia; Debbie...quiet strength and love; Brian...clearing the tables and probing the minds; Michelle...a smile as bright as the faces of the ninos; Liz...sobbing as she gives the three corazones to Emily; Kelly...Ovie is always by her side; Marianne...those eyes, those smiles, those muscles; and Brooks...his serious face so deeply engaged in conversation with Macho.

A group of sixteen members from Sacred Heart University met at 2:00 am. on March 4, 1999 to embark on a life changing experience. The groups goal was to build a playground for the village of San Hilario, El Salvador during the spring break vacation. We achieved this goal, but also achieved a level of self-satisfaction that really cannot be explained unless you have lived it!

This was the fourth delegation to travel to San Hilario. The 1999 group raised $1,200 through a fund-raiser called "Kiss the Pig." We donated the money to a parish in Tierra Blanca, El Salvador, which was run by our leader Sister Ellena. The majority of the proceeds went towards books for the children and the remaining went towards an emergency fund. We also brought with us suitcases filled with clothes, food, and toys which were donated to the village.

When we arrived we began working on the playground. They do not have any modern equipment so everything was done by hand. A Quiosco (a gazebo) and a swing set were built and a seesaw was assembled for the children. In addition to this project, the delegation built benches, cleaned up the basketball court and painted and helped with different odd jobs.

We also were fortunate enough to accomplish something precious in addition to the tangible goals while we were there. We were able to form relationships with the men, women and children of San Hilario. Each day we would eat, sleep, talk and play with these people. Our community became one with theirs. When the leader of the village welcomed us he said, "it brings smiles to our faces knowing that tomorrow our children will be playing on a swing set." Everyone had tears in their eyes. The people of San Hilario have so little yet, they have so much. They welcomed us into their homes, offered us their food and a place to sleep in their homes; and they did it with so much pride.

Each member of this delegation was called to this awesome project. Each of them offered a unique characteristic and so much love. We experienced a spiritual journey like no other. May God be with the future delegations.

Big Brothers Big Sisters
Katerina Kritikos, Daniella Catanesi, Sal Maimone, Jennifer Evan, Tina Fraser

International Club
"It brings smiles to our faces knowing that tomorrow our children will be playing on a swing set." This end product of all the hard work shows the happiness the delegation brought to this neighborhood.

Emily and her sister were two of the most magical children of the village that the delegates spent time with during the week.

Julie Torpey and Hank Parkinson enjoy the dinner given to them by the people of San Hilario. They have to eat what is provided for them, even a whole fish that is eaten right off the bone.

Emily and her sister were two of the most magical children of the village that the delegates spent time with during the week.

Julie Torpey and Hank Parkinson enjoy the dinner given to them by the people of San Hilario. They have to eat what is provided for them, even a whole fish that is eaten right off the bone.
A S.E.T. Revolution

Everyday on the way to dinner, students pass the Student Events Team bulletin board located in front of the dining hall. It announces the programs planned for the week. The Student Events Team, better known as SET, is the campus programming board. They are responsible for most of the events that occur on campus, such as comedians, bands, and BINGO.

SET began as the Program Board ten years ago. Its name was changed three years ago in an attempt to get students more excited and involved about programming events on campus. Three years ago there were only five members in SET. This year it is the largest club on campus with 75 members. The club has encountered many changes as a result of its growing membership.

One of the first changes to occur was the structure of the organization. SET began with eight committees, each focusing on different aspects of organizing events. There were Social, Theme, Band, Film, Concert, Advertising, Coffeehouse, and Lecture committees.

Eight committees remained this year, however some of the names were changed and others have been replaced by new committees. The coffeehouse and lecture committees have joined to become the special events committee, which is also responsible for the trips that SET offers. A new addition to the Student Events Team this year is the Fund-raising and Community Service Committee. This committee was established in an attempt to increase SET's budget. The Fund-raising and Community Service Committee also lent a hand to an elderly home helping them to run a successful Easter egg hunt.

Not only has the structure of SET changed, but the quality and kinds of events has also improved with the increased membership.

(continue on pg. 34)
Marianne Fenneil reveals one of the first qualities that dismisses nearly half of the male contestants during SHU's version of Singled Out. — photo by Heidi Booth

A S.E.T. member models one of their T-Shirts during the Mystery Event on Friday, February 5 in the Outpost. — photo by Heidi Booth

During Spring Week, two students Sumo-wrestle each other outside on the grass across from South Hall. — photo by Tom Wuestkamp

Pre-Physical Therapy Club

Front Row: Lisa Ptarcinski, Karen Fallon, Noel Lang, Sharon Piscionere Back Row: Angela Vernice, Jim Manzolillo, Todd Lamoreau, Kristi Rosa, Christina French

Prologue

Front Row: Holly Burk, Carl Sturino, Brian Falkowski, Lynne Darling Middle Row: Kerry Mazzoe, Kimberly Bilik, Brooke Myers, Myra Pierce, Jessica Neraida, Heather Fulsifer, Jennifer Jackson, Julie Ferro, Amy Hooker, Cheryl Sykler Back Row: Ellen Sebald, Michael Woods, Kelly Meyers, Heidi Booth, Michelle Pender, Shannon McCann, Hank Parkinson

Clubs & Organizations 33
The more students that get involved in SET, the more people there are throwing out ideas,' was how SET member Christine Slattery explained the changes that have occurred. Some of these new ideas include the mystery events. The Student Events Team had two mystery events this year in which teams competed for cash prizes. The catch was that no one knew what they were required to do in order to win the money until they arrived at the event.

The increased membership has also given the Student Events Team a chance to see more of what the students want. The more students there are in the organization, the better the entire student population is represented. Instead of having a certain type of person involved in the decision making process, SET gives everyone an opportunity to participate. This has dramatically changed the attendance at the events that SET sponsors. Events that in the past would only have attendance of ten people now can have over one hundred. SET has tried to make an effort to bring the students what they want. In an attempt to accommodate students who would like to go to events, but have late classes, SET changed the starting time of many of their events. In the past, events would begin at 8 p.m.. This year those events began at 10 p.m. to allow the entire campus an opportunity to attend.

SET has begun to receive more recognition from students for the work they do as the programs have begun to improve. Sophomore, Julie Ferro feels, "the events that SET offers are an easy way to go out and have fun with your friends without going broke.'

This year SET held their first ever awards ceremony to recognize individuals within the organization who work hard to make all the events come to life. With so many new members in the organization, it makes it difficult to let them all know that all of their hard work is being recognized. The awards ceremony was a way for those students to be recognized.

What began as a five member programming board who planned occasional low quality events, has transformed into one of the most prominent organizations on campus in just three short years. Brandi Blevins, next year's Vice-President of the Student Events Team said, 'I hope that SET will continue to grow next year into an even bigger organization that will be capable of programming events that are appealing to the students on campus.' Let's hope her wish comes true!
SET member, Michelle Friedrich, gets a pie in the face after losing the dizzy bat races during Siblings Weekend. — photo by Heidi Booth

Melissa Bergman gets annoyed with all of the questions about the upcoming Mystery Event. — photo by Heidi Booth

Michael Dutton takes a bite out of a Halloween treat while carving pumpkins for Harvest Weekend. — photo by Heidi Booth

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Student Ambassadors

Front Row: Karen Fallon, Janna Beth Short, Adam Tweedie, Robert McGrath
Middle Row: Becky Barnum, Meghan Brown, Emily D'Onofrio, Lauren Sabonjian, Melissa Bergman
Back Row: Kristy Barra, Heather Brande, Maria Lozides, Dennis Wuestkamp, Tom Wuestkamp, Kristine Schiebel, Allison Maddaloni

Student Nurses Association

Front Row: Lauren Pagerino, Colleen Mehan, Kim Sousa, Kendra Laptik
Back Row: Sara Alla, Kristen Hennessey, Melissa Allen, Carrie Nielsen, Jennifer Homa
Rick McKinnon, Margaret Mete and Helen Adams sing “Triplets,” a song about three infants who are tired of being compared to each other.—photo by Heidi Booth

While a song is playing, members of WHRT prepare for the next song they will play for the students passing by in the hallway.—photo by Lynae Daling

UMOJA African-American Organization

Front: Yvette Brownridge, Shandra Fraser, Brandon Graham, Arethea McBean, Marsha Whyte
Middle: Jesse White, Shasky Charles, Grace Mukupa, Wadner Auguste, Karim Herosman, Keysha Whitaker, Chris Applewhite
Back: Jillian Elliott, Steven Bernardin, Dawn Storey, Emoliere Williams, Stephen Dickerson

WHRT

Front Row: Karen Manson, Lisa Pio
Back Row: Greg Notta, Phil Tartaglia
The Outing Club sponsored an exciting trip to go whitewater rafting up north.

Jose Ng, member of the International Club, sets up for one of the many activities fairs.—photo by Heather Pulsifer

The Student Life office sponsors a S.T.A.R. leadership program that students attend to enhance their leadership qualities. They participate in icebreakers, listen to guest speakers and a little Chicken Soup for the Soul, among other activities.—photo by Heather Pulsifer

Cheryl Moore and Ari Aristied, work behind the scenes as the Media Club puts on a show.—photo by Heather Pulsifer
The Class of 2001 wanted to add something new to student life this year. They came up with "Mr. SHU," a male competition similar to a typical "Miss America" pageant. The men competed in several categories: a swim suit portion, talent, formal wear, and a final question demonstrating creativity and intelligence under pressure, just like the popular beauty contests.

The eight men who volunteered to participate initially entered the stage performing a group dance to a remix of songs from Grease. Each participant wore a white t-shirt and shades, as the 'T-Birds' wore in the movie. This was their first chance to show their stuff. And what a fantastic job they did!

The swimsuit and talent portions were the crowd's favorites. Every contestant seemed to show a side that no one had ever seen. Carl Sturino came out on stage in a women's bikini with "Mr. SHU" painted on his body. Dennis Wuestkamp had borrowed a women's Pioneer swim suit for the occasion, and was also a huge hit.

Two contestants displayed cultural dance as their talent. Dan Gorton and Victor Sanchez, both with assistance from female partners, exhibited Latin and Salsa dance moves. The audience had seen Sanchez dance once before at the International Fashion Show. Yet, Gorton displayed, for the first time, his amateur talent which he learned by taking lessons with Sacred Heart's Ballroom Dance club.

The highlight of the evening was in the talent portion of the competition, which kept the audience roaring with laughter. Tom McCabe and Dennis Wuestkamp teamed up to recreate the famous dance to "I've Had the Time of My Life" from the hit movie Dirty Dancing. With Wuestkamp as 'Johnny' and McCabe as 'Baby', the final scene came to life right before our eyes. Not only did they nail every step, but they also performed the final lift at the end of the song.

After displaying all portions of talent and style, the three finalists were chosen by judges Hank Parkinson, Mike Moylan, and Denise Sutphin. Carl Sturino placed third and Tom McCabe second. Dennis Wuestkamp won first place and took home the crown naming him 1999 "Mr. SHU." All three finalists received gift certificates to Red Lobster, flowers, and numerous "beauty supplies" to maintain their good looks.

Overall, the night was filled with many laughs and a time that words cannot quite describe. The Class of 2001 did a fabulous job starting a tradition that, hopefully, will continue indefinitely.
For his talent, 'Dr. Carl Sturino', pumps up the crowd performing his self-written rap song. — photo by Lynne Darling

The men take their final stance before the three finalists are announced. — photo by Lynne Darling

Tom McCabe and Dennis Wuestcamp show off their flirty dancing skills performing the last scene to the popular movie. — photo by Lynne Darling

Victor Sanchez twirls his partner around during a Latin dance. — photo by Lynne Darling
Greek Life is a subject that is dear to the hearts of many brothers and sisters at SHU. However, it is also a subject that is almost impossible to describe in words. Whatever the brothers and sisters say could never live up to what is in their hearts.

Deciding to become a member is a major decision and involves a large amount of dedication. Greek Life offers positive influences on the lives of all its members and the SHU community. Too many people think that Greek Life is a joke, believing that fraternities and sororities are just a group of friends that wear Greek Letters.

Being in a fraternity or sorority is much more than a group of friends with nothing better to do than forming a group. In reality, they are groups of individuals that share deep bonds with one another, participate in community service, and portray the "family" that the Sacred Heart community tries to live by.

Greek Life is very involved in the surrounding community. Every Greek Organization has a particular cause to which they devote much time and effort. The specific causes that are supported by the Greek Organizations are Aids Awareness (Phi Omega Tau), Date Rape Awareness (Lambda Sigma Phi), Breast Cancer Awareness (Beta Delta Phi), Environmental Awareness (Sigma Delta Chi), improving the lives of the youth in the Bridgeport area (Omega Phi Kappa and Delta Phi Kappa), improving domestic conditions in Bridgeport (Alpha Sigma Psi), and combating hunger in Bridgeport (Kappa Phi). The total amount of service hours performed by the Greek Organizations totaled more than 2000 hours this year.

Besides supporting individual causes, fraternities and sororities also sponsor many events on campus. Their hope is to provide entertainment for the entire SHU community, while at the same time, show their camaraderie.
Front Row: Matthew Aiello, Jamie Vaccarino, Robert Husted, Doug Costanzo, Thomas Egan, Terrence Lacey, Neil Paparazzo, Jeff Murray, Jonathan McShane, Michael LaBrake  
Back Row: Mike Robel, Mark Letizia, Joel Paul, Jeremy Bell, Dennis Bartley, Chris Economy, DJ Dymond

Front Row: Kevin Joyce, Chris Bryant, Timothy Mulvey, Eric Dion, Dan Foley, Gil Lefort  
Back Row: Dwayne Davis, Ismaelito Lopez, Adam Tweedie, Kevin Gunn, Andrew Gentzow, George Santiago, Mark Ungeheuer, Keith Markey, Jay McClearn, David Brown, Matthew Arundale

Front Row: Allison Maddaloni, Lynn Obracanik, Elizabeth Tangney, Amanda Massey, Tara Bowler, Katie Meyer, Sheila Higler, Lisa Milin, Danielle Pannese  
Back Row: Dantia D'Ambrosio, Gail-Sue Capone, Bridget Flynn, Jen Basson, Kelly Ryder

Sigma Delta Chi

Lamda Sigma Phi

Kappa Phi
The annual skit night, held on April 30th, was a huge success this year. It was the last event before the Greek semi-formal and all of the students were ready to have a good time. The crowd filled up the theater and was very receptive to the numerous performances. In addition to the Greek organizations, there were skits by the Class of 2002, who performed 'SHU Creek' and SET who performed their rendition of the 1980s game show, Double Dare.

The collection of acts ran for almost three hours. It included a variety of performances ranging from comedy and parody to touching sentimental acts. The judges were graduate assistants: Mike Moylan, Patrick Connelly, Stacy Valentine, Amy Ham and Karen Manson. They had their hands full in making the decision on the winners.

The award given for best comedy was won by Lambda Sigma Phi for their performance of 'T.V. Dinner.' They reenacted several television shows and commercials, and topped off their performance with the first showing of the 'SHU Sitters.'

Best drama was taken home by Delta Phi Kappa. The women staged a rivalry between two Greek Life organizations, who eventually came together, showing the benefits of "togetherness in Greek Life."

The award for best performance overall was handed to Alpha Sigma Psi. Their performance was comical, and displayed a parody of rapper Vanilla Ice, a dancer using glow sticks and an act imitating the Village People. Their performance was MC'd by the "President of the United States," Bill Clinton.

All the performers did an excellent job in preparing their skits for the evening, and the comedian/M.C. held the audience's attention during intermissions. He even made a cameo appearance in one skit, adding to the humor and fun of skit night.

While skit night is an annual event put on by Greek Life and SET, it is never the same. Each year, clubs and organizations get just a little more creative. And that's what skit night is all about!
Alpha Sigma Psi offers their rendition of the Village People in their award winning skit.

The Dance Team strikes a pose.

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photo by Heidi Booth

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photo by Heidi Booth
Standing full of pride, newly elected members of Student Government are sworn into office each year. “I do solemnly affirm my commitment to faithfully execute the office of (name of office) and will, to the best of my ability, fulfill the responsibilities identified in the Constitution of the Sacred Heart University Student Government, so help me God.” Many students have taken this oath in attempting to uphold the University mission statement, while at the same time representing their peers.

Although those in office make their own choice to run, it is ultimately up to the student body to choose who is elected. In addition to the majority vote and election speech, there is much more to being elected a member of Student Government.

Nussair Habboush, a Senator for the Class of 2000, wanted to get involved in Student Government because he wanted to help the campus. He wanted his voice to be heard in order to better help the University and he is making a difference. He spent the year involved with a project to better the Freshman Seminar class to make it more useful to the students discussing more relevant issues. Also, being a Political Science major, he thought Student Government would look good on his resume.

Our Pioneer Student Government consists of four types of members: Student Government President, Executive Vice-Presidents, Class Officers, and Class Senators. According to the Clubs & Organizations handbook, their role is to “promote the social, physical, intellectual, career, emotional and spiritual interests” of the Sacred Heart community.

Besides, representing the ideal political student, all members must maintain high academic standing, as well as an excellent disciplinary record. If at any time during the academic year an officer falls below a 2.00 G.P.A. or is subject to disciplinary probation, their position may be taken away.

Every officer is extremely well rounded and dedicated to their position. Unfortunately, they are sometimes misinterpreted by the student body. Gia Vacca, Vice-President of the Finance Board states, “People just don’t know how to utilize us. Most students don’t know exactly why we are here. We are here to help the students make the first step for changes that they think would better help the University. All of the Executive Board meetings are always open for anyone to come in. All students can come to the meeting and voice their concerns and questions, regardless if they are a member or not.”

While the faces in the Student Government office change every year, one thing remains the same. Each officer possess a drive to make Sacred Heart University a stronger, more close-knit community. And that is something that should be applauded by all.
Student Government President, Tom McCabe, has been actively involved in Sacred Heart University's community for the past four years. Holding positions of Freshman class President, Sophomore class Senator, Student Government Judicial Review Board Chairman, and finally, Student Government President, McCabe has always played a significant role in the students' lives.

Tom's interest in Student Government stems from his desire to represent students' concerns while making a difference in the community. Within his four years in office, he has assisted in the installment of lights in the quad as well as blue lights throughout the campus. This was done to make the university as safe as possible for the student body. Furthermore, Tom has contributed in the planning of the first State of the University Address, as well as the revision of the Student Government Constitution.

McCabe has plans to attend law school after graduation. Yet, before he leaves the Sacred Heart University community, he wants to remind our students that "anything in life is possible as long as you work hard and dream!"

President of the Class of 1999, Marianne Cardo, has helped make a significant impact on this year's graduating class. But how and why did she take on such a demanding position?

Marianne's past Student Government experience helped her in her expertise at SHU. She was a class representative for three years in high school. She continued her Student Government involvement in her college career as Sophomore class Secretary and Junior class Vice President before being elected Senior class President.

Cardo has accomplished much in her three years of involvement in Student Government at SHU. She won the National Collegiate Student Government Award, helped build a playground to better the community of El Salvador, and worked with her officers to increase the budget for the Senior Week events. Cardo says her main purpose for joining Student Government was to "give back to the community."

Marianne will be attending law school after graduation and hopes to establish a career in Entertainment Law.

By Michelle Pender
Class of 1999

Front Row: Holly Burk, Marianne Cardo, Kelly Reo, Tom McCabe
Back Row: Heather Pulsifer, Jennifer Jacques, Jennifer Dunphy, Albert Precourt II, Virginia Paradis

Class of 2000

Front Row: Jennifer McGovern, Amy Macauley, Amy Ham
Back Row: Laura Christy, Theresa Forget, Jason Slattery, Jennifer Rodi, Amy Gallerani

Class of 2001

Front Row: Gabe Goodine, Hunter McIntosh
Back Row: Tom Wuestkamp, Audrey Marrone, Kelly Gordon, Jen Foisy, Hank Parkinson

Class of 2002

Front Row: Rob Husted, Victor Postemski, Keith Markey
Back Row: Karen Manson, Courtney Proctor, Michelle Barretta, Keri Blair, Maria Loizides

Finance Board

Front Row: Victor Postemski, Glia-Marie Vacca, Kelly Gordon
Back Row: Amy Ham, Mike Acevedo, Heather Pulsifer, Dwayne Davis

Greek Council Review Board

Front Row: George Santiago, Michael Acevedo, Stephen Dickerson, John Coffin, Mark Littiza
Back Row: Angela Strumaglia, Tara Bowler, Kimberly Rossi, Becky Williams, Karen Manson
We the People...

Members of Student Government swing from the trees during their retreat before school starts and the work begins.—photos by Hank Parkinson

During Pioneer Weekend, the Student Government members show their school spirit at the bonfire wearing Sacred Heart apparel.—photo by Marianne Fennell
Freshmen
Terror

South Hall, completed in 1993, has housed five classes of freshman. It has seen its share of damage, vandalism, and many other problems. In the past, there have been floods, microwaves flying out of windows, fire drills, and stolen computers. This year, the dilemmas have been no available phone lines, no lounges, and little to no chance of having less than three people in a room and South Hall is still nothing less than exciting.

South Hall's problems this year have stemmed from the increased number of first year students that were accepted to the University. The school was forced to convert every lounge into bedrooms, limiting the space where students could study. The elimination of community rooms forced students to spend more time in their rooms, which eventually caused another issue.

"People are always on America On-Line with their computers, so I can never get a line out to call my boys from home," complained freshman T.J. Granata. Because the first year students were unable to use the overloaded Sacred Heart e-mail, they were forced to resort to America On-Line. Consequently, this tied up phone lines, creating a difficulty in making off campus phone calls.

Of course, on the other side of everything negative, is something positive. After getting over the initial shock of living with two other people in a relatively small room, students are able to appreciate each other. R.A. Kathleen Donato stated, "Sure, there were complaints about the overcrowded living conditions at first, but most people actually liked the idea of triples after they got to know their roommates."

Overall, it was a typical year, filled with the usual "freshmen terror" that keeps the R.A's on their toes. Although there seems to be overcrowding and lack of private space, South Hall has forced students to learn to live with one another. This, along with the lifetime friendships that are made, is the most valuable lesson that a Sacred Heart student learns. It is a lesson that is taught in South Hall each year.

Hall Council
Front Row: Kathleen Donato, Heidi-Sue Zommer, Julie Torpey
Middle 1: Dana Fusco, Alicia Henderson
Middle 2: Lester Sutton, Cheryl Janus, Gia-Marie Vacca

Megan Matthews takes a break from studying at her desk. Having her computer and printer right in front of her makes homework easy! —photo by Heather Pulsifer
This is proof to Brian Marshall's and Joe Polani's moms that they did study in college.—
photo by Heather Palsier

Adam Greene relaxes as he chats with friends about plans for the weekend.—photo by Heather Palsier
When residents are asked what they will remember most about West Hall, the answers seem to be the same. Nearly every student recalls the nights spent outside in the cold after a false fire alarm had been pulled. Another common memory is the amount of damage done throughout the building. And who could forget the damage bills? Yet, even with all of the problems that occurred throughout the year, residents have been pleased with the lifestyle in West Hall.

According to Public Safety, fire alarms that go off in the dorm rooms are not cause for a complete evacuation. However, there were many nights that over six hundred residents were forced to wait outside for the fire department to inspect the building. What were the causes of many of these evacuations? Sadly, they were intentionally pulled alarms or from bags of popcorn left to catch fire in various microwaves.

West Hall has also seen its share of damage this year. Much of the vandalism occurred in bathrooms, elevators, and kitchens. During the first semester alone, over $20,000 of damages were reported. Because students are not getting caught for their destructive actions, every student is responsible for paying the damage bill. While Tom Wuestkamp doesn't mind paying some of the bill, he says that the university "goes to extremes in some cases."

Georgette Evans, on the other hand, was outraged by the bill. "It is ridiculous," says Evans. "Why should we pay for what other people did?"

So, why are students still content with West Hall with all of these inconveniences? Angela Paulone loves her living arrangement. "It is so easy to meet new people," she says. Residents range from freshman to seniors, making it possible for students to live with various types of people. Regardless of the reasons for living there, despite the evacuations and damage bills, West Hall is full of memories for everyone that has been able to call it their home.
Katie Kokoszka has the right idea. Why sit at your desk when you could study on a bean bag? —photo by Heather Pulsifer

Michael Toto, Michael Boyajian, and Edward Civitano strike a pose as they leave West Hall. —photo by Heather Pulsifer
Living Together

Jefferson Hill, called J-Hill to most people on campus, home to over 300 Sacred Heart students, has become one of the more popular housing spots for juniors and seniors. The three-bedroom apartments, which were originally intended to house sophomores, has recently become more appealing to the older SHU students. This is primarily because of the convenience of being on campus.

"I am an athlete, so it is just better for me to live at J-Hill," stated junior, volleyball player, Trisha Moore. "It is easier for me to go to class and practice," added Moore who lives with six other juniors.

Jefferson Hill has become so popular that many sophomores have decided to cram eight or nine students into an apartment rather than move to Park Ridge or Taft.

"I love it at The Hill," says Andrea Hubbard, a sophomore. "I get to live with all my girls, instead of breaking up into smaller apartments away from campus."

The Pitt Center seems to be another factor in staying on campus for some students. Senior Don Saladino stated, "It is so easy for me to just take my protein shake and then walk to the gym, rather than drive like 15 minutes from Avalon." Saladino, who has lived at J-Hill for three years, also stated that another key point to living in his apartment is that he can wake up ten minutes before class and still be on time.

"The only thing I hate is, even though we are all 21, we cannot drink in our apartment," added Saladino. While there are "wet" apartments in off campus houses, those over 21 forfeit this opportunity by living at J-Hill.

Senior, resident assistant, Michelle Day has also lived at J-Hill for three years. Two of those years she has been an R.A. there. "I am going to miss J-Hill when I graduate," said Day. "I have had so many good times here. It is like an apartment version of South Hall because everyone lives within walking distance of each other."
Trying to relax, but his roommates will not leave him alone.—
photo by Michelle Chiarello

Ready to head out for the evening, Bill Balsewicz, Brian Moyer, Andrea Hubbard, Cassandra Canavan, Kerry Mazzeo, Kim Bilik, Tricia Costanzo, Tim Johnson, and Meghan Stone gathered in the guys apartment.
—photo by Michelle Chiarello
Classes, Fun & Friendship

There are approximately 800 commuters at Sacred Heart, which is about one third of the population. Community life as a commuter may be difficult at first, but becomes easier when students get to know each other. Sacred Heart offers programs such as the free, bi-weekly commuter breakfasts where all commuters are invited to get to know one another.

Lisa Fiorillo, from Monroe, said, "At first I thought it might be hard to get to know people. Once I met the three greatest guys at Sacred Heart (Brian Falkowski, Chris Farrugio, and Jeremy Staub), I knew this was the school for me. There are a variety of events for commuters to attend, which gets us to come to campus for more than just classes."

Gabriel Falzarano stated, "Last year I lived on campus. This year I have commuted from my hometown of Stratford, and I do not feel any less a part of the Sacred Heart community. If you look at it from my point of view, there are a number of off campus houses located in Bridgeport and Trumbull, such as Taft and Avalon. My commute is only about five minutes longer. After sophomore year most people live off campus anyway." Gabe later added, "Living on campus did not give me the luxury of my mom's lasagna."

Hank Parkinson is the advisor of Commuter Council. Along with the three Commuter Assistants, Irene McDonald, T.J. Moore and Carlos Rivera, they lead this organization that is designed to reach commuters and to make Sacred Heart a better place for them. The Commuter Council also offers a raffle for parking each semester. Two spots are offered for commuters to get prime parking spots right outside of Public Safety.

Next year, Sacred Heart is looking to make lockers available for commuter students during the day. Commuter Council has also offered a proposal to start having events held in Hawley Lounge.

Being a commuter at Sacred Heart University is no different than being a student living on campus. The events are offered to all and the students are very accepting in this fine community.
Irene McDonald watches the first practice of the basketball season during Midnight Madness.—photo by Heather Pulsifer

Early first semester, the commuters spent a little time outside getting to know each other.—photo by Heather Pulsifer

During commuter orientation, the boys throw the ball around during a quick game of basketball behind West Hall.—photo by Hank Parkinson
The Legacy will Live On

Gross, disgusting, and absolutely the most outrageous group that has ever lived at Park Ridge.

These are the words that explain the guys in Townhouse One. The young men who have lived in this apartment this year have based their entire year on having the best time they could possibly have, while excelling in academics, entertaining, and serving as a nuisance to the fellow residents of Park Ridge.

Whether it be singing while playing the guitar and drums, outside in the snow building a 14 foot snowman with a carrot nose, or just relaxing outside on the patio, the gentlemen of this Park Ridge establishment have always been up for making a scene at any time of day.

The men who lived in Townhouse One and are to be thanked for creating the memories are as follows: Adam Dawson, David Crowley, Christopher Lear, Todd David, Mark Signore, Bill Hanley, Christopher Cirri, Gerry Joseph, and Jonathan Desrosier. And who could forget Andreas, Nick, and our little friend, Ethan.

Unfortunately, the year has come to an end and we have enjoyed ourselves, but at least we have the memories that will live on. These men had so much fun this year and are ready for more excitement next year when most of the men return to Park Ridge once again. We are sure looking forward to another great year!
Residents pull their furniture out onto the parking during the barbecue to enjoy the sunshine and relax.

photo by Lou Monaco
Walking through the halls of Taft Commons there is a feeling of comfort and friendship. The students who live there have created special bonds between each other. Everyone is open to meeting new people. Students leave their doors open for friends to stop by, allowing for better communication and community building. The bonds are also created because the community is small compared to the other resident halls. Taft Commons is the furthest hall off campus which gives the residents a common ground to start a friendship. Sophomore Beble Burns says, "Taft is just a big happy family. Everyone gets along with everyone!"

Students at Taft also reach out to the surrounding community and are very welcome to others. Gill Lefort, who moved into the Taft second semester, said it was one of the best moves he could have made. "The people I met and the atmosphere of Taft was one a person can experience for themselves. Words cannot describe!"

Their Christmas celebration included a Bridgeport family who couldn't afford to have Christmas themselves — Taft donated a decorated tree and presents to them. Their Christmas was very special mostly because of the warm hearts of the people who live at Taft.

Hall Council is a very important part of the Taft Community. The students at Taft have been involved in various activities ranging from a Serv-a-thon in Boston, MA, to making Taft into a Haunted House for the children of Bridgeport during Halloween. Other activities they participated in were Habitat for Humanity projects, a walk for Breast Cancer, Christmas caroling in Bridgeport, a Read-a-loud for school kids in Bridgeport, Midnight Breakfast, and a car drive that raised 108 cans for a soup kitchen.

While doing all of this community work the students also like to have fun together. There was an auction held to raise money for future events Taft would sponsor. The residents auctioned off their skills, ranging from baking an apple pie to doing laundry. There are many other events that go on at Taft that allow for the community to come closer together.

The RA's run programs that are well attended. The residents visit each other's apartments frequently because everyone's door is open and starting a pick up games of football on a Saturday afternoon is not uncommon. Taft community can only be described as unique. "Living at Taft has been a rewarding experience. The memories, volunteer experience, and friends will never be forgotten," says Tracie Cavanaugh. The special bonds, the community service, and the memories puts Taft community into its own special category of resident halls.

**Hall Council**


**R.A. Staff**

Ryan Szpila, Chris Szpila, Gabe Goodine, Jeanine Szamreta, Lauren Wickiewicz, Jason Reynolds.
Leann Larson, Maria Peneda, Jen Evan, Tracie Cavanaugh, Amanda Astrella listen as Kelly Chamberlain relays the events of her day at the Hot Chocolate social to meet the new RA, Jeannine Szamreta.—photo by Heidi Booth

Katerina Kritikos and Meghann Raspallo decorate their Taft apartment for Halloween with the help of Tony Simao.—photo by Heidi Booth
One of the finest residential housing facilities that Sacred Heart University provides is Avalon Gates in nearby Trumbull. Avalon Gates offers two, four, and six person apartments that are fully furnished by This End Up. In addition, each apartment is equipped with a washer, dryer, a kitchen with dishwasher, and plenty of closet space. If kept clean, all the apartments possess the "class" rarely seen in college living. In fact, it is likely that few students will be able to afford such luxury immediately after graduation.

Not only does Avalon have a wonderful living space, but it offers a variety of other accommodations similar to an exclusive apartment complex. There is a center with a small gym, indoor basketball and racquetball courts. Outside there is a pool, full basketball and volleyball courts, and a barbecue facility. With a supermarket, movie theater, and Dunkin Donuts nearby, one does not have to stray far from home to live well. Michelle Pirozzi, a senior from Queens said, "I transferred back here this semester and I was worried about where I was going to live. When I found out I was living at Avalon I was happy. When I saw what Avalon looked like, I was thrilled."

Another aspect unique to Avalon Gates is the bonds formed between the Sacred Heart students and their more established neighbors. This is a real neighborhood. It is not uncommon to drive through Avalon and see children playing kick ball or riding their bikes.

Senior, Jill DiMaggio from Staten Island, New York sums up the best about Avalon Gates stating, "Living at Avalon is great. I have my friends close by, my own parking spot, and the chance to get a taste of living independently in a place where families are being raised."

Avalon is a place where two worlds collide. The result is a unique community that is both young, and old, student and worker, friends and families.
Erica Piscatella, Meredith Berz, Michelle Pender, Nicole Bishop, Amy Rogers, Kerryann O'Callaghan, Jill DiMaggio, Stelia Bogan and Jeremy Staub gather together to hang out before going out for the night. — photo by Nicole Bishop

Garfield Thomas, Vincent Marano, and Nick Kramer take a break from studying to pose for a picture in their apartment at Avalon Gates. — photo by Nicole Bishop
Sacred Heart University students proved that they are not only interested in improving their minds, but their bodies as well. The William Pitt Center, which celebrated its one-year anniversary this year, has attracted many students. The new addition allows students to give their bodies a workout and their minds a rest from academic affairs. "With my work load as a P.T. major, the gym gives me the time that I need to unwind," stated Owen Reilly. Whether it be lifting weights, jogging on the treadmill, or throwing punches in the Tae Bo classes, the gym seemed like the place to be this year.

"No matter what time of day you went, it always seemed to be packed," stated graduate student, Scott Cameron. "There used to be the crowd who would show up to fulfill New Year's resolutions or to get diesel for Spring Break, but this year, it was consistently crowded in the gym," he added.

A huge reason for the gym rush was the addition of Tae Bo to the cardiovascular regimen. The combination of aerobics and kick-boxing created by martial arts expert, Billy Blanks, attracted so many Sacred Heart students that they were forced to sign up for the classes ahead of time in order to get in.

"I never got to do Tae Bo because every time I want there was a line out the door," said Jen Ciccone, an RA at Park Ridge. However, this did not stop the fifty-plus participants who filled the aerobics for almost every class.

Overall, it seemed that the 1998-1999 academic year was filled with hard working students both in the classroom and the weight room. This year's fitness craze helped create a healthier, happier and more fit population at Sacred Heart.
Lisa Grassi leads everyone through a vigorous Tae Bo workout.—photo by Heidi Booth

Gail Sinner gives us a right punch showing everyone not to mess with her.—photo by Heidi Booth

Flex Those Muscles

Everyone enjoys going to the gym after a hard day spent in class to burn off some steam. These guys are taking a time out from their workout to show their muscles.

- photos by Heidi Booth and Myra Pierce

Student Life 65
Pioneer Weekend '98 was kicked off on September 18 with a barbecue. It was then followed by the annual Pep Rally and bonfire. The students enthusiastically gathered throughout the day to prepare the football team for their first official game of the season against Wagner College.

The procession to the Pep Rally was one that had never been seen at Sacred Heart University. The members of Student Government rode on a float they decorated themselves, throwing out candy to students. Many students from South and West Halls began to follow the float up to the field. The march ended at the Pitt Center. Excitement continued as S.E.T. warmly welcomed everyone, including the cheerleaders, and dance team. The band performed and the D.J. introduced the football team, SHU's Pioneers.

The bonfire immediately followed in South Lot where the night finally ended. Our students danced to the music played by D.J., Carlos Rivera, a commuter student. The Class of 2000 provided S'mores for all to enjoy. Jessica Nieradka spoke of the evening with a smile, "I definitely wasn't here my first three years at SHU, so it really makes me feel good to see so many students involved in an event on campus on a Friday night!"

Finally, the weekend concluded with the Pioneer football game on the Pitt Center turf. The turnout was excellent and there was more spirit and support than ever before. "Overall, this year was the most successful," said Brandi Blevins of SET. "The first year students really made a difference. They were the most spirited of all the classes and made a huge impact on the success of the weekend."

Dancing to the music, John Wool, Senator for the Class of '99, cooks S'mores for all to enjoy.—photo by Marianne Cardo

Michael Dutton, Vice-President for the Student Events Team, has his hands full getting ready for the bonfire.—photo by Marianne Cardo
Flik food services sponsored the barbecue that began the festivities on Friday evening. The students found the sunglasses and frisbees very useful.

Senior football player, Terrence Washington, dribbles up to the basket during the pep rally festivities.— photo by Heather Pulsifer

Michael Lalanne gets caught red-handed stealing one of Flik's 6" subs.— photo by Heather Pulsifer

(photo by Heather Pulsifer)
On the Catwalk

The Class of 1999 sponsored the annual Boxer Short contest at Pub Night on October 14, 1998 in the Outpost. With the help of SET, the senior class had a fantastic turnout. SHU students from all classes competed in the spotlight for the ‘best buns under the boxers.’

Each year, more females strut their stuff on the catwalk, and this year they took two of the three top spots. Sheila Bogan, a senior, received a $50 prize for third place, while Shawn Reynolds, a sophomore took home $75 for second place. Allison Maddalon and Katie Meyer, both sophomore Kappa Phi sorority sisters, teamed up to take first place, after taking off quite a bit. Maddalon and Meyer decided to give it another shot in '98. They spotted the posters for Boxer Night just one day prior to the event and managed to pull off a prize-winning performance, dancing to “It’s Raining Men” by The Weather Girls. The ladies came on stage with umbrellas in hand, ready to storm the crowd and they definitely caused a thunderous reaction! Their act was anything but predictable and was number one in the eyes of the audience and judges.

Increasing publicity and awareness of Boxer Night already has students thinking about next year. “I hope to see the contest around for many years to come,” says Maddalon, “I would love to enter again!”

“Winning the money made the event well worth the embarrassment,” said Sheila Bogan.

Kappa Phi sisters Allison Maddalon and Katie Meyer get ready for the rain.—photo by Heidi Booth

CCO President Ted Miller steps up to bat. Where is his uniform?—photo by Heidi Booth
Junior Eric Dion thinks about baring it all to the audience, but decides some things are better kept covered. —photo by Heidi Booth

The girls ham it up as they dance to the Macarena. —photo by Heidi Booth

Reynolds Unwraps

Shawn Reynolds does a strip tease for the girls in the front row to capture the second place win.

— photos by Lynne Darling
Midnight Madness

The Clock Struck Twelve

This year's Midnight Madness was a big success! When the clock struck twelve on October 16, 1998, Sacred Heart University Men's and Women's Basketball teams had their first official practice, according to NCAA Basketball Association rules. This year's turnout was better than ever. There was more enthusiasm, better prizes and more student involvement.

The grand prize for this year's half court shot was a free trip. Peter DeLeary, a senior, stated, "I remember being a freshman and sinking the shot from half court. Of course, it wasn't a free trip at the time. It was a sweat shirt from the bookstore!" The traditional Slam Dunk Competition also took place. Louis Frye, a co-captain of the 1997-1998 team said, "Andrew Hunter did a good job in the competition this year, taking first place." Frye won the competition last year. Kevin Clifford, a senior from New York, added, "This year's turnout was amazing. It was great for the program!"

Midnight Madness is not only an event that hosts the Pioneer and Lady Pioneer Basketball team's first official team practice. It is an event where the band, dance team, cheerleaders, and volunteers from the audience combine in one night to show their support for the home team. Oh yes! Sacred Heart University is rising to the top, and Midnight Madness was a good taste of what is in store for the Sacred Heart University student body.

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"It was fun, it was a chance to find out who all the basketball players are and to see how much school spirit SHU has," Lynne Darling.

What great team spirit as the teams are being announced.—photo by Heather Pulsifer

Members of the SHU student body cheer on the Pioneers.—photo by Heather Pulsifer
Change of Course

After cheering for the basketball team, Amy Foster felt ready to make the move to basketball player herself.

The basketball team has its own Michael Jordan in the making.—photo by Heather Pulsifer

Dan Sannito, a member of the marching band pumps up the crowd with a fight song.—photo by Heather Pulsifer

- photos by Heather Pulsifer
International Coffeehouse Series

The Flavor Of Culture

The International Coffeehouse Series is a collection of events designed to provide ongoing opportunities for the university community to take part in the world culture through an entertaining, coffeehouse format. High quality, authentic cultural presentations, refreshments - native to the country highlighted - like gourmet coffee and teas, international snacks and desserts, and an opportunity to meet students from the country, are the draw of this program.

Currently in its third year, the series has successfully drawn a mixture of American and International students, faculty, staff and people from surrounding towns. This program promotes “hands-on” culture through interesting, interactive performances. Audience members are often called to the stage to test their skill on unfamiliar instruments, like African drums or Peruvian panpipes, or to learn a new dance step, right alongside the performers themselves. There is a wide range of presentations which have included bands, solo performances, storytelling, puppetry, cooking demonstrations, and traditional dances.

We make every effort to include a program which represents each part of the world. Overall, the series reflects a different set of cultures every year. Understanding that many of our students are drawn to certain programs because of their natural curiosity in their own heritage, cultures/countries like Ireland, the Caribbean, England, and countries in West Africa have been presented more than once. Contained within the series is a mini-series of “American Coffeehouses” is designed to enlighten the community about America’s cultural influences and regional differences.

To encourage students to stop and take advantage of this program, students are not charged an entrance fee. Instead, sponsorship by several university offices, student organizations, individual sponsors, corporate sponsors, and general admission help pay for the costs incurred from each program. Promotional items like latte mugs with our logo and website are sold at each program to generate additional funds.

Performers at the African Coffeehouse play handmade instruments and perform various Africa songs.—photo by Heidi Booth

Virginia (Nia) Paridis congratulates her younger sister who performed native Greek dances.—photo by Heather Pulsifer
The members of Mestizo Manta prepare to perform at the Peruvian Coffeehouse on September 10th.

Native Style

Georg Grassmueck, Paula Morales, and Jose Ng enjoy traditional Peruvian snacks and coffees.—photo by Heather Pulsifer

Young Filipino dancers prepare for their presentation.—photo by Heather Pulsifer

photos by Heather Pulsifer
The Spirit Of Christmas

I often get caught up in my day planner, as I believe many students do. There is so much to do and so little time to do it. Between classes, extra-curricular activities, work and friends it is a wonder that one can make time to help others. Here at Sacred Heart, as busy as students are, there is a community of people dedicated to making life better for others, giving of their time and their hearts. This genuine love and sense of giving was no more evident than during this years Winter Wonderland, December 2-13, and especially at the Helping Hands Christmas Party. The week also included pictures with Santa Claus in the cafeteria, for students who still believe in Old Saint Nick. The annual winter semi-formal was held at the Stamford Westin, while the annual tree lighting ceremony lit up the campus with holiday cheer. In addition there was a trip to New York City to see the tree, Winter Wonderland Bingo, hypnotist Jim Spinnato, the musician John Akers, and several viewings of this summer’s hit *Armageddon*.

Helping Hands was founded by Hank Parkinson, a G.A. at SHU. The club is dedicated to raising money to provide less fortunate children with a Christmas celebration complete with Santa, cookies, presents, and of course Holiday Spirit!

The Helping Hands committee was formed in September, with 35 members who worked until December 5 (the party date) by raising money from corporations and Santa Claus and the children dance to the music while playing musical chairs.—photo by Heidi Booth

the Sacred Heart Community. This year Helping Hands raised in excess of four thousand dollars.

The committee invited a group of children to the all day party. The children gave a wish list and members buy one item of clothing and one toy for each child. Next, the old gym was decorated and for the party where numerous clubs/organizations and volunteers provided arts and crafts booths to keep the children busy.

Finally, the party date arrived, and the gym looked like a Winter Wonderland. Slowly, the children and family members filled the gym and the festivities began. After lunch Santa Claus, assisted by Helping Hands members, handed out presents. As the day drew to a close, children’s laughter and Christmas carols filled the old gym, while words of thanks and excitement over new gifts filled the air. Until next year, may the spirit of Christmas, loving and giving, find its way into our hearts and our calendars.
Helping Others

Clubs at Sacred Heart showed their Christmas spirit as they helped out with the Helping Hands Party.

Santa Claus hands out Christmas ornaments provided by SET at the Christmas Tree Lighting.

Emily Leaver, Jessica Tidtyn, Alyssa Weber, and Danielle Moreau smile for the camera while they take a break from dancing.

- photos by Heidi Booth
Nights Of Laughs

It's 9:30... 9:50... 10:10...

Where to now? While some students go home after late classes, other students' evenings are just beginning. Four nights a week, every Pioneer has the opportunity to unwind at the Outpost Pub. The room that is typically referred to as the dining hall is transformed into what the Sacred Heart community commonly refers to as the 'Pub.' Wednesday through Saturday evenings, students are invited to attend and participate in the numerous events that SET sponsors. BINGO, The Comedy Club, Game Shows, Singled Out, Talent Shows, a variety of Ska Bands, and a Video Dance Party are among the various events that are scheduled each year. Senior Don Vinci said, "I enjoy going to the pub because it has a good variety of entertainment."

While the Pub does serve alcohol to those of age, it also gives people who are not twenty-one a chance to experience and participate in the fun. Junior Marisa Pirozzi stated, "I am not twenty-one, but going to the Outpost is always a good time."

But what about the fact that Sacred Heart University is known for having a dry campus? Many students ask about this policy. According to Patrick Connelly, Assistant Director of Student Life for Operations, the university is considered dry because alcohol is not allowed in any of the on-campus residential halls, regardless of age. The Outpost has a business liquor license, giving them the right to legally serve alcohol in the dining hall during Pub Nights.

Whether students choose to attend Pub Nights for the entertainment or the inexpensive drinks, it is certain that they have a good time. Not only is there free entry, but there are many opportunities to win prizes and trips. Jimmy Woods and Kathleen Donato, along with Gil Lefort and Heidi Zommer won a trip to see Beauty And The Beast in New York City during the Pub's version of Singled Out. There are also monetary prizes and smaller give-a-ways for functions such as BINGO and the talent show.

Whatever the reason for attending, regardless of age, the Pub brings many nights of laughter and memories that are forever cherished.
Spark of Talent

Katie Meyer and Liz Mangione sing their "Studio 54" as they take home first place in the talent show.
It can be difficult for students to meet people outside of their residential halls and classrooms. For January 28-30, the Resident Hall Association designed a weekend full of sports and activities in order to give students the chance to meet new people on campus. RHA also hoped these activities would promote a sense of community among all of the residential halls.

Each of the five residential halls put together teams to represent them in different events that occurred throughout the weekend. Each team gained points simply for participating in an event. Extra points were awarded to the teams that finished in first, second, and third place. At each event, there was also a point given to the team with the most spirit. At the end of the weekend, the points were totaled for each hall, and the winner was determined.

Before the competition began, one could see the different teams trying to scare their opponents. The night before the competition, the Avalon Bees Invaded Taft Commons and left their calling card, cut-outs of bees. It was the beginning of the war between Avalon and Taft for the Winter Weekend Trophy.

The weekend events kicked off on Thursday night with a scavenger hunt in the pub. Teams from each hall ran around campus trying to gather as many of their listed items as possible. After the initial hunt, teams had to perform a cheer they picked up along the way.

Friday nights festivities began at the Pitt Center with four on four basketball. After the basketball competition was decided, teams gathered in the West Hall Great Room to take part in the Wacky Relays. Each floor in West Hall hosted a different event for team members to work their way through. The teams participated in a variety of events from wheelbarrow racing to passing life savers on toothpicks from person to person.

The competition finished up with three events on Saturday. In the morning, tempers flared during flag football on the J-Hill field. The competition was more friendly during frozen floor hockey in the garage at Taft. The weekend’s competition ended with a game of soccer in the snow on the fields of J-Hill. After a long, competitive weekend, teams gathered in the Mahoghany Room for hot chocolate and the presentation of the trophy.

Avalon Gates came out on top, but all of the halls gave it their best shot. The weekend was a success and everyone had a great time. “I thought Winter Weekend was a lot of fun and it helped to build community within the halls and within the entire university,” said Michelle Friedrich of Taft Commons. A little competition and a lot of fun is what Winter Weekend was all about.
Wacky Relays

The South Hall team, manoeuvres their way through the maze of events in West Hall during Winter Weekend.
A Month Of History

In the midst of the chilling winter, the Student Life Office worked hard to plan a successful Black History Month in February. Grace Lim, Asst. Director of Student Life for International Programs, says, "It is important to remember that Black History Month isn't just to celebrate African Americans, but to celebrate American culture as a whole. It should be a springboard for the rest of the year, to be constantly thinking about our culture." Never before has Black History Month been showcased like this year. There were many programs that students and faculty could participate in. Among the most popular were the Opening Ceremonies on February 3rd, the African American coffeehouse, the lecture honoring Dr. Martin Luther King entitled "Visions, Voices and Violence: A Message From the Mountaintop," the World Religion Forum, and the Black History Jeopardy game in the Pub.

The month kicked off with Opening Ceremonies, featuring Senator Margaret Morton, the first African-American woman elected to the State House of representatives. Following tradition, Rev. James Morton of the First Baptist Church of Stratford delivered the Governor's proclamation. He is also the son of Sen. Morton and a highly respected community leader.

Once the proclamation was finished, Briana Farrar, daughter of Asst. Director of the Pitt Center, Cam, presented a beautiful ballet solo. Professor Brian Perkins brought the ceremony to a close by reciting a piece from Martin Luther King's most famous speech that began with the infamous "I Have a Dream!" Perkins voice was felt by all as he mimicked King's voice to perfection. People left the ceremony feeling inspired and excited about the month to come.

The World Religion Forum, sponsored by the International Club, brought representatives from four major religions of the world together. These religions included Christianity, Islam, Judaism, and Buddhism. They answered questions regarding the role churches play in improving race relations throughout the world. Although many individuals believe that religion sometimes separates people in regard to race relations, this definitely is not the case. Each representative agreed that these religions work hard to bring the different races of the world together.

The last event of the month took place on February 25th. In the spirit of Black History Month, the Student Union and the Jefferson Hill R.A. staff sponsored the trivia game Jeopardy. Nine teams of two students each participated in the game this year. Many questions focused on popular African American sports figures such as Muhammad Ali, black inventors such as Eli Whitney, and other random history facts.

Every person who played won a donated prize. Michael Dutton and Stephen McCabe took first prize. They won free tickets to the Mighty Mighty Bosstones concert and a gift certificate to J.C. Hilary's. Dutton said, "We were prepared to win. We studied African American History facts on the internet!"

More people and organizations have taken part in this program than ever before. Everyone in the university helped promote it, as well as community sponsors including People's Bank and St. Vincent's Hospital. Black History Month has always been a university event, but has never been this elaborate. This is an important time of year when everyone can learn something about the African American culture. Not only was the month informative, but it was also a lot of fun.
A Diverse World

Black History Month showcased many speakers who talked about their experiences in dealing with diversity.

- photos by Heather Pulsifer

Jen McGovern, the Vanna White of Black History Month Jeopardy.—photo by Heather Pulsifer

Sara Steinmecker keeps track of the scores for each team of Jeopardy contestants.—photo by Heather Pulsifer

- photos by Heather Pulsifer
Bosstones Concert

A Night To Remember

Before entering the Pitt Center, you stood in line for an hour in the freezing cold. Once inside, you had to go through a metal detector as you approached the basketball court. Is good ol' fashioned basketball not what it used to be? No! The Bosstones were in town!

After delaying the concert in February due to a snowstorm, the Mighty Mighty Bosstones finally took to the stage on Friday, March 19, 1999. The band personally selected the cover bands, Clowns for Progress and The Shods, also from Boston, Massachusetts for their opening acts.

With an estimated 2,500 people in attendance, this was SET's most successful concert. The Bosstones did an incredible job of catering to an audience ranging in age from three to fifty years old. They certainly knew how to work the crowd.

While there were signs prohibiting body surfing and moshing, the crowd could not be stopped. SET, however, was prepared for the worst and were ready with crowd control. They were more than pleased with the way everything came together.

Contributing to the success of the concert was the rescheduled concert date which fell during Siblings' Weekend. Many students were able to purchase additional tickets for their family members to join in the fun.

The Mighty Mighty Bosstones have an incredible amount of fans and were followed to SHU by people from all over the Connecticut area. Tickets were sold on the web and brought in audience members from other states as well.

After the show, the Bosstones signed posters and autographs, welcomed the crowd up on stage, and most importantly, had a blast with their fans. Great things can happen when Boston meets Fairfield!
The lead singer, Dickie Barrow, takes some time at the end of the concert to sign autographs for some loyal fans.—photo by Heather Pulsifer

As the band member begins to play, the crowd goes wild.—photo by Heather Pulsifer

Opening Acts

Two cover bands, Clowns for Progress and The Shods performed in front of the crowd before the Bosstones made their appearance.

― photos by Heather Pulsifer
We all remember being glued to our television sets when The Real World and Road Rules first premiered on MTV. Some of us even dreamed of being selected for an upcoming series. But, did we ever think about how real these shows truly were? On Tuesday, November 17, 1998, Sacred Heart University students were able to ask as many questions about these shows as they wanted.

Our Student Events Team thought it would be interesting to invite two participants from The Real World and Road Rules to the SHU theater this year. We all remember Heather B. from the first Real World based out of New York City and John from Road Rules #5. Meeting each other for the first time, they sat on stage for one hour and answered all of the questions that our students had.

Many students asked if the shows are truly as real as they appear. Both Heather and John agreed that while the people were not actors, some of the issues and "confessions" were a bit stretched out (courtesy of the talented editors on both sets). For example, you may remember Heather and Kevin getting along very well. The truth is, according to Heather, the two of them probably got along the least out of everyone. The editors wanted them to be extremely close because they came from the same background.

Similarly, John said that the editors on the Road Rules set also changed things around a bit. They often manipulated what was said in the confessional recordings. One of the most common manipulations occurred when a person used the word "love." "Someone could be talking about loving their dog," said John, "and it turns up to be they're in love with some girl!"

While The Real World and Road Rules had their similarities, they also had their differences. One of the largest differences was the use of cameras in the house versus a Winnebago. The Real World's bathroom was off limits to the cameras, so many secrets were told behind closed doors. Although they always had microphones on, Heather recalled playing tricks on the audio crew. One of the funniest practical jokes she played on them was when she flushed her microphone down the toilet and ran off with Julie for the day. The crew had no idea where they were going, so the girls finally enjoyed a day by themselves.

Road Rules had another set of rules. Every room in the Winnebago had a camera in it. Yes, this included the bathroom and bedrooms. Cameras were even hidden in some of the beds. This crew did not want to miss a thing.

So, while both shows appear to be very "real," we never know when we are being fooled. Heather did leave Sacred Heart with one piece of advice: next time you are watching a confession of one of The Real World members, see if they're wearing the same outfit they started their story with when they're finished. Maybe you can catch one of the editors' tricks!
Sean Sasser Lecture

Sean Sasser came to SHU during AIDS Awareness Week to discuss his feelings about living with AIDS.

Heather takes a minute to take a picture with SEI members who helped out with the lecture.—photo by Heather Pulsifer

Heather talks about living in a house with six strangers and the experience she had.—photo by Marianne Fennell

photos by Heather Pulsifer
very fall many parents travel to Sacred Heart University to spend some quality time with their children who attend SHU. This year Parents' Weekend was held October 23-25. A Swingtime Cafe featuring the Brooklyn Bums from Brooklyn kicked it off. The dining hall was packed with about 200 students and parents ready to dance.

Saturday was filled with many activities. It began with a breakfast with Dr. Cernera in the Pitt Center. During the afternoon, a football game against Central Connecticut got everyone in the Sacred Heart spirit. After the game, there was a Tailgate Party at the Pitt Center and hot air balloon rides at the Jefferson Hill field. These activities provided everyone with something fun to do outside. The weekend closed with the Parent/Dinner Dance, "In the Mood", during the evening and a brunch the next morning. Parents' Weekend gives parents a chance to see what goes on at SHU on the weekends and to see what their kids do for fun. They get to meet all of the people, friends and faculty, that they hear about over the phone and sample the food that is so often explained about. Freshman, Danielle Moreau said, "It was nice to have a campus full of activity and sharing the fun with our parents helped make it special."

Siblings' Weekend, March 19-21, was also a major event at SHU. It gave siblings a firsthand experience of the college life that their sisters and brothers always talk about.

The weekend had a circus theme, and kicked off with a Mighty Mighty Bosstones concert. On Saturday, a carnival was put on by the Student Events Team. There were animals and clowns and games. The kids really seemed to enjoy themselves. More events continued into the evening with a showing of Disney's "A Bug's Life", laser tag and bingo. The kids had a wonderful time and can't wait to return again next year to have some more fun!

The Brooklyn Bums play for the parents and students to help kick off Parents' Weekend. —photo by Heidi Booth

On the gorgeous Saturday afternoon, a family enjoys a picnic on the field after the football game.—photo by Heather Pulsifer
Abra Cadabra! A magician at Parents’ Weekend attempts to cut off someone’s head.—photo by Heidi Booth

Students and their siblings get to spend quality time together during the annual Siblings Weekend.

- photos by Heather Pulsifer
Fun Times In The Pub

Students are constantly looking for something to do on campus besides academic work. What better way to relax after classes than to attend the many Pub Nights that SET sponsors. This spring there were many nights of dancing, music and of course, fun.

One of the Pub Nights boasting the largest turnout was the Irish Pub Night that the Class of '99 co-sponsored. An Irish duo performed many popular songs from Ireland that the students knew and loved. Everyone sang along and enjoyed St. Patrick's Day the way it should be done: in good Irish spirit.

The cover band, Sole (formerly known as Funhouse), was also a huge success. The dining hall was full of students ready to dance and sing along to a variety of songs from the 80s and 90s.

Comedy clubs were also a large part of the many spring Pub Nights. Comedians such as Michael Aronin, Kathy Walker and Butch Bradley called for crowd participation and resulted in a large turnout.

Aronin spent much of his time on stage doing impersonations, while Bradley focused on the audience. Tom Wuestkamp seemed to be the target of Bradley's act. "I was sitting in the front row all dressed up in a shirt and tie," said Wuestkamp, "so he referred to me as a boring guy and picked on me throughout the show." Being the good sport that he is, Tom laughed along just like the rest of the audience.

Spring Pub Nights were a perfect way to unwind after a rigorous day of classes this year. There was always something for everyone. And having events such as these on campus offered something for those individuals without transportation to travel elsewhere.
It’s All About Song

Pub Nights are all about music. Sacred Heart students show their talent. The Outpost provides “real” entertainment as well.

Maegan Haynes is all decked out at the Mardi Gras celebration.—photo by Heidi Booth

Melissa Hopkins, Colleen Meehan, and Kendra Laptik celebrate the luck of the Irish on St. Patrick’s Day.—photo by Heather Pulsifer

photos by Heather Pulsifer and Heidi Booth
A Week of Fun In The Sun

This year's Spring Week was sponsored by SET. The official kick off was Friday, April 23 with Funhouse, a cover band from New York. Funhouse is a popular band around the area that plays hit songs. Unfortunately, the turnout was not all that SET had expected. This was the first and last event of the week that had a disappointing turnout.

The rest of the week had events centering around “The Great Get Away” theme. A very successful trip to Six Flags Great Adventure theme park took place on Saturday. This was the most popular event of the week. Students spent the day in Jackson, New Jersey riding the roller coasters, playing games, and having a wonderful time with friends.

SET tried something new with “Inflatable Island” on Monday evening. Set up on the lawn across from South Hall, this event surpassed SET's expectations. After classes, many students walked over to either climb on the inflated plastic wall or sumo-wrestle in blowup suits against friends. Surprisingly, because this event did so well, it will most likely become an annual activity at Sacred Heart in the future.

The “Down Town Drive-In” also kept the campus alive throughout the week. Students bundled themselves in blankets outside by the patio to view National Lampoon's Vacation and Top Gun. It was a chance for the entire student body to sit back and unwind.

Overall, the entire week was a huge success. Although the disappointing cancellation of Casino Night, Spring Week was packed with many fun events to keep students more than content. "The whole week turned out close to perfect," commented SET member, Brandi Blevins. "We worked really hard and are thrilled at how everything turned out." With upcoming finals, the entire week was truly a ‘Great Get Away’, not to mention a great time!
Inflatable Fun

One of the best and funniest events during the week was the inflatable activities which included velcro races, mountaiin climbing and sumo wrestling.

Maureen Conerty wonders how they are going to raise the screen for the drive-in event.— photo by Heidi Booth

A movie just isn't right without popcorn. Angela Paulone gladly supplies the moviegoers.— photo by Tom Wuestkamp

photos by Tom Wuestkamp
In an effort to raise money for El Salvador, the delegation held a fund-raiser "Kiss the Pig. The individual elected to kiss the pig was James Barquinero, Vice President of Enrollment Planning and Student Affairs.—photo by Heather Pulsifer

During Alcohol Awareness Week, Ted Miller plays the role of a drunk driver and must face the consequences of his actions.—photo by Heather Pulsifer

Brian Raudenbush is the center of Elizabeth Mangione and Sharon Piscione’s attention at the Greek Semi-Formal.

Members of SHU’s ice hockey team proudly display the university’s banner at the Columbus Day Parade in New York City.—photo by Hank Parkinson
The marching band makes their way past St. Patrick's Cathedral during the St. Patrick's Day Parade in New York.—photo by Hank Parkinson

Contestants at the Murder Mystery read their clues as they head into the Mahogany room.—photo by Heidi Booth

The Many Facets of SHU
A sampling of the events in which SHU participates: Columbus Day Parade, International Festival, Campus Life Leadership Awards and the Senior Flea Market.

—photos by Heather Pulsifer, Heidi Booth and Hank Parkinson
Athletics
Dennis Wuestkamp and Lou Monaco have been members of the football team since the fall of 1995. As kickers shuffled in and out, Dennis and Lou remained on the team, with Dennis kicking off and Lou handling field goals and extra points. These two individuals have two different sides they show at SHU. They exemplify the model student - one whose interests are academic, athletic and service oriented. They share a love of football and find enough time in the day for many other activities. Lou has been an R.A. for three years. After being discovered singing in the cafeteria by Sister Margaret, Lou is now a soloist in the mass choir. Lou also announces hockey games and occasionally takes photos for the yearbook staff. Lou said that Sacred Heart fulfilled his needs when he was looking at colleges. 'He wanted college to be more than playing a sport.' Dennis is also just as involved. He has been a Student Ambassador for four years, being appointed co-chairman of the Student Ambassador club this year. During the summer, he was an orientation leader. He is also the women's swim team manager. He finds all of these activities very rewarding. One experience that will stay with him involves all three activities. He met a girl while giving a campus tour. She was placed in his orientation group and now he manages her on the swim team. 'It was really nice to see a student come full circle,' Dennis said. These two men have showed that football and sports do not have to be all encompassing. There are other activities outside of athletics that have proved rewarding and if someone chooses to be involved in many activities it is possible to make the time.

by Jessica Nieradka

A Sacred Heart defense man makes an awesome tackle to keep Wagner from scoring.


The Pioneers stop Wagner's #4 dead in his tracks.
Kiheme Cowan breaks through the opposition only to be stopped by his teammate.

Brandon Graham takes a knee on the sideline to regroup. —photo by Heather Pulsifer

Sacred Heart is the leader of the pack, as Kenny Howshan takes off downfield.

All About Soul

S o they didn't have a winning season, but they did have soul. With a season containing eight Division I games, the two wins against St. Francis and Bryant are something to be proud of.

Coach Tom Radulski and captains Greg Nota, Tony Palazzi, and Lester Sutton all contributed the positive reinforcement that helped the men through a challenging season. From pep talks on the sidelines before the start of each game, to the prayers at the end, the captains set an example of true sportsmanship.

The team was overflowing with talent, but first year students, Kiheme Cowan and Brandon Graham, were two athletes that stood out the most. These men played a vital role on the field as running backs and were highly respected by teammates, as well as students and faculty. “They filled a void this year,” said Nota. “And being freshmen, they'll only get better every year”.

Aside from athletic talent, Cowan and Graham had the positive attitudes that carried the team through the difficult times. “Hard work makes good things happen,” said Graham. And good things did happen for the Pioneers this season. The men stayed focused and determined as a team and because of this, were better this season than ever before.

The 1998 season was a building year for the Sacred Heart University Football team. It was a year to prepare for next year’s complete Division I season. Although the team will lose many seniors, they have the talent and soul to stay strong in 1999.
Field Hockey

After a drive down the field, SHU makes a great defensive move to stop the ball.

Amy Levasseur sprints up to the ball trying to beat her opponent.

The defense gathers under the goal, ready to charge the ball on a penalty play.
Beating All Odds

The Sacred Heart Field Hockey team definitely left its mark this season. Despite the odds they were faced with as they competed for the first time in Division I, they triumphantly ended up sharing the Northeast Conference title with Quinnipiac College. The women finished the season with an overall record of 9-6 and 6-2 in the Northeast Conference.

The team got off to a rough start with a beginning record of 0-3, but made an amazing comeback after coach Harriet Barbaresi rearranged the positions on the field. This proved very beneficial to the team and made them virtually unstoppable.

Sophomore Ginny Capicchioni was a great contributor to the success of the team. She had 132 saves in 13 games, and a saved percentage of .910 for the season. Capicchioni allowed only three goals in the season’s last eight games and was named NECCs Player of the Week twice in 1998. She is a phenomenal player who has “All-American potential,” according to Coach Barbaresi.

With no graduating seniors on the team, the women will be back stronger than ever for the 1999 season.

Sophomore Maggie Rivet makes a quick move to keep the ball in play.

Jennifer Scheideler, a junior, makes a great attempt to gain possession of the ball while her opponent travels down the field.

Back Row: Coach Harriet Barbaresi, Susan Duffy, Heather Gabriell, Susan Perkins, Stacey Fitzgerald, Laura Jurkowski, Jeanne Williams, Sandy Canavan, Andrea Hubbard, Maggie Rivet, Carrie Wimsow, Ginny Capicchioni 

Middle Row: Kathy Reilly, Kasey Beavers, Kristin Lee, Kathy Fortin, Amy Levasser, Chrsissy Stevens, Alexis Mangan, Lauren Pacello, Ashley Anderson 

Front Row: Diane Lieber, Lauren Wiggins, Nicki Brocchi, Jessica Wager, Jen Scheideler
Sacred Heart's Tamim Bteiddini, goes vertical to stop his opponent from gaining control.

Front Row: Benji Rodriguez, Jeff Lord, Brian McGrath, Garfield Thomas, Jeff Thibault, Jim Schmidt, Behle Burns  Back Row: Rob Loud, Coach Joe McGuigan, Jeff Brousseau, Eric Kuntzinger, Victor Sanchez, Miguel Teixeira, Temin Bteiddini, Javier Ortiz, Matt Radkovich, Nuno Dos Santos

The goalie, after making a save, attempts to kick the ball upfield.
Making The Move

This year, the Sacred Heart Men's Soccer team joined the highest level of Division II, now participating in the New England Collegiate Conference (NECC). Amongst the many players giving their all are captains and seniors, Carfield Thomas, Jeff Thibault, Brian McCrath, as well as sophomore, Jim Schmidt. The captains of the Pioneer Soccer team did their best in keeping the team together through the rough season. They finished with a record of 0-18, but played some of the most difficult teams in the league, such as Assumption College, Bryant College, and Stoneybrook. Although the team did not play as well as they had hoped, they did show amazing individual talent.

Just as the Pioneers began to lose spirit, sophomore forward Jeff Lord received the first goal of the season in a game against C. W. Post on October 7, 1998. Senior goalie Scott Gibbons must also be recognized for registering fifteen saves in the first three games.

Fifteen year coach Joe McGuigann is trying to prepare the team for a nearing boost to Division I. He received "coach of the year" three times in the NECC and has won more than 100 games during his tenure. It is in his highest interest to lead this team to a victorious season next year as they enter the Division I conference in the NECC.
Women's Soccer

Michelle Majeski looks for her teammate as she dribbles the ball towards the goal.

Meghan Langevin gets the ball and hurries to get away from her opponent.

As Corey Smith accepts a pass, Michelle Majeski looks to help her.
History in the Making

Jen Fallon, a 1996 graduate of Sacred Heart, coached this year's Women's Soccer team to a 8-8-1 record, posting 8 wins and 3 losses in Division II. The highlight of the season was the Lady Pioneers' 60th win in history.

This year's team was led by captains Sarah Hannah, a senior, and junior Francis Moore. The team's leaders were not the only players to step up this season. Goalie Carlin Guarneri, often overlooked, finished with a 1.2 goals against average and seven shutouts. These stats earned her the title of NECC defensive player of the year and a place on the second team all-region. Coach Fallon said, "She is one of the best goal keepers in New England." Elena Rosero, SHU's leading scorer with 15 points (7 goals, 1 assist) also made NECC first team, while Michelle Majeski received honorable mention. This was the first time that any women's soccer player from SHU had received first team placement.

The Lady Pioneers concluded their season by reaching the division championships, in which Elena Rosero scored both goals. Although they did not win, the team had a remarkable season. Coach Fallon feels that this young team will be even more competitive next year, as they move into a season completely in the Division I.

Front Row: Darcie Britner, Elena Rosero, Cathy Collins, Carlin Guarneri, Lisette Mercado, Katie Kemmitt, Michelle Majeski Middle Row: Sue Simmons, Laura Desio, Meghan Langevin, Melissa Heine, Denise Eisenberger, Kristen Walker, Jessica York, Rebekah Heard, Amy Reohr Back Row: Asst. Coach Sarah Donroe, Trainer Tracy Balf, Sarah Hanna, Corrie Smith, Jenn Higgins, Amy Macauley, Frances Moore, Linda Ferencko, Peggy Feldt, Danielle Vesce, Coach Jen Fallon

Carlin Guarneri tries to save the ball from going into the net.
The team congratulates Elena Rosaro after making a great play.
Cross Country

Men's Cross Country Team
Back Row: Greg Kyrutschenko, Ryan Peters, Patrick Murphy, Brian McGrath, Brian Williams, Edward Mahoney, John Sakowich, Nicholas Dmytrow, John Morash, Lance Hirschfeld
Front Row: Daniel Morrell, Richard Brancaleone, Adam Reynolds, Richard Janocko, Christopher Eaton, Christopher Ciparelli, Brian Wrinkle, Robert Alfheim
Missing from Photo: Peter Pereira, Andrew Erhartic, Coach Christian Morrison

Women's Cross Country Team
Back Row: Coach Christian Morrison, Melissa Hensley, Michelle Wesolowski, Kyla Mulvey, Bethany Vendituoli, Maria DeBonis, Lisa DeBurgo, Heather Heath, Heidi Cheever, Kimberly Almeida, Amy Gallerani, Emily Greenough
Front Row: Luanne Centrella, Heather Stockton, Sara Doyle, Elizabeth Lento, Tara Ward, Julie Stubbs, Jennifer McGovern, Shandra Fraser, Danielle Revell

Heather Stockton keeps up a great pace.

The men's team relaxes before lining up for the beginning of the race.

Ed Njai aggressively pushes towards the finish line with the competition well behind him.
The 1998 year proved to be an extremely successful season for the Women's Cross Country team. They put together a 75-30 record before competing in the ECAC Championships. Three athletes received honors for their performance throughout the season. Sophomore, Heather Stockton was inducted as a member of the First Team All-New England Collegiate Conference (NECC). Junior, Michelle Wesolowski, and freshman Kimberly Almeida, were added to the Second Team All-NECC. Headed by their captain, Lisa DeBurgo, the women dominated Division I and II teams, finishing first at the Fairfield University Invitational. They also repeated last year's first place victory at the Connecticut Intercollegiate Championship.

The Men's Cross Country team also took a giant leap forward with a combined record of 65-46-1. The men exhibited excellent team performance as well as individual strength and talent. The team was led by Coach Christian Morrison, who was named Collegiate Track Conference (CTC) Men's "Coach of the Year." Captains Rick Janocko, Brian "Ace" Williams, and Chris Eaton were among the top athletes who assisted the team, for the first time in SHU's history, to a first place finish at the CTC Championship. The men also took home second place in the Division I invitational meet at Wagner College. The squad, led by talented upperclassmen and promising freshmen, had an excellent season in 1998 and is expected to produce the same type of team in 1999.
Sacred Heart junior Justin Gregory is the only male on the SHU Equestrian team. Gregory, from Fairfield, CT, is very supportive of other team members. He has taken time out of his busy schedule to offer advice to his teammates during practice time. Gregory was also the leading point scorer and recently represented SHU at the Nationals where he placed 8th in fences. Yet, Justin's involvement in the world of riding does not end with the SHU equestrian team.

Gregory is also a member of the International Intercollegiate Equestrian Association (IIIEA), an organization that has provided him with opportunities to ride in many countries. Justin has traveled to places such as Tubingen, Germany, where he placed 4th overall. He also competed in Munich, Germany, where he placed 5th overall. Justin placed first in his debut at the Holland's Nations Cup this year.

Gregory has also done a fine job of combining his love of horses with his academic life. He is a Business Management major and has used his knowledge of both business and horses to start a business. He is now the proud owner of Foxridge Farms where he gives riding lessons, maintains the barn and grounds and shows his horses in weekend competitions. Justin Gregory has certainly done an outstanding job representing SHU and the USA.

by Lynne Darling
Keith Zdrojowy practices his en garde position.—photo by Lynne Darling

Teammates engage during a fencing bout. Each time a fencer touches their opponent, a point is scored.—photo by Lynne Darling
The Mers Rugby team, though not part of NECC, plays a regular season in the fall as part of the MET Union. The team plays organized games in the tri-state and Long Island area, including schools like: Vassar College, Marist College, Rutgers University, Hofstra University and Manhattan College.

This sport first began at Rugby School of England in 1823, when William Webb Ellis picked up a soccer ball in his hands and ran with it. After the creation of Rugby, Cambridge University was the first school to begin playing it. In 1871, the first Rugby Union was founded in London and firm rules were established.

Rugby spread across the globe and in the U.S. it emerged on the West Coast. A few changes were made to the rules - in 1880 the scrum was replaced by a line of scrimimage. In 1905, harsh photographs of a game were published between Pennsylvania and Sarthmore and President Roosevelt insisted on lowering the brutality of the game. In 1906 the rules of rugby died in the U.S. and American football was born.

Everywhere else in the world, the game flourished. In the 1960s rugby reappeared in the U.S., especially on the college campus. The members who play the game like it because it is a game where many can play and escape the rigid discipline and professionalism of many college sports. Every year, the game becomes more popular and more fun.

—http://blaise.anderson.edu

by Myra Pierce
Blood, Sweat & Tears

The Quad is not only a convenient area for a casual game of Frisby on a nice day, but also acts as a playing field for one of SHU's athletic teams. The men's rugby team uses the quad regularly in practice and training. They play their home games on the field at Jefferson Hill.

The men's rugby team is headed by Coach Erik Bakl, a SHU graduate of 1997. The team finished with a 3-5 season record. It was a rough year for the men, having graduated seven players last year. However, the team worked very hard and finished fourth seed heading into the playoffs. Although they lost 10-7 against Rutgers University, the men played with much passion for the sport. The Captains, Mike Dobosz and Ryan Marion pushed the team through the fall season games, tournaments and spring season scrimmages. The highlight of the season is the big northeast "Beast of the East" tournament that takes place at the end of the spring semester in Providence, Rhode Island. It is the last game for the senior members every year. It is a vigorous, emotional and exciting send off.

This year the team says good-bye to a long list of seniors: Brian Raudenbush, Mike Dobosz, Ryan Marion, David Vitti, Brian Bognanno, Anthony Tedesco, Anthony Rocco, Ryan Kelleher and Ron Favor. With so many players graduating, the remaining members will have to work very hard in the upcoming season, but they are hoping for a smooth recovery in the upcoming year.

As a club sport, the rugby team is involved in community service in the area, specifically organizing the blood drives that take place on campus. Twice a year the team, headed by president David Vitti holds the blood drives to benefit the community.

Brian Raudenbush said, "We played very well! A lot of new guys came out and we proved ourselves in this rebuilding year!" Hopefully the new guys will lead the team to another well played season next year.
Women’s Tennis

Senior, Sarah Molloy plans out a strategy for her next play.

Kelly Quinn, a junior, serves a powerful left hand shot.
The Woman’s Tennis team, headed by coach Mike Guastelle and assistant coaches Mike Sonido and Harry Wischel, had the best season in Sacred Heart University’s history this year with a record of 7-4. The team also owes much of its success to captain and graduating senior Sarah Molloy. Sarah has helped a great deal with the leadership and organization throughout the season and had an exceptional year as an individual athlete.

Molloy came out strong at the Quinnipiac College Q-Open where she made it to the finals with her partner, Meghan O’Connell. The women represented the strength of the team in their outstanding doubles play. Although they lost the finals, much can be said about the team’s accomplishments. “This is Sacred Heart’s best record ever for tennis. It couldn’t have happened without the commitment and dedication of the whole team,” says Molloy.

As a whole, the Women’s Tennis team is extremely talented. They won sixty-five percent of all the doubles matches this season, and fought hard for the record that they deserved. This year’s team, the largest that Sacred Heart has ever seen, worked phenomenally together. And with Molloy being the only senior on the court, it looks as if the season will be just as promising next year!

Using a strong forehand, Jessica Magri, a sophomore, fires the ball back over the net.

Patricia Dacey, sprints up to the net in order to volley the ball back over to her opponent from Iona.
Men's Tennis

Christopher Duwart has perfect form as he serves to his opponent.

Tony Cabana gets ready to receive the return hit from his opponent.

Just four years after the inception of a men's tennis team at Sacred Heart University, it has recruited a solid team of fifteen players. This is a significant increase from the original team of just six men. While growing at such a quick pace, the team had a difficult time adjusting to the Division I competition, but showed a great deal of potential that will carry them into next year.

The season started with a week of training in Hilton Head Island, North Carolina during spring break in early March. The Pioneers scrimmaged against Division I, II, and III teams from across the country. After returning to Connecticut, the men began their regular season of competition.

The team, lead by head coach Mike Guastelle, played well at many of their matches. Key victories for the Pioneers were against tough Division I schools such as Monmouth, Iona, and Holy Cross. Solid performers who contributed to the teams’ success were Jeff Bricker, Chris Duwart, and senior co-captains Jason Havelka and Tony Cabana.

The Pioneers finished fourth out of five teams at the NECC Championships that were held at Sacred Heart University. SHU sent single players Jason Havelka, Chris Duwart, Tony Cabana and Eric Rosenberger, as well as the second doubles team, Jason Havelka and Jeff Bricker to the semi-finals. While the players did not place, they did play extremely competitive matches.

At the Metro Collegiate Tennis Championships the team played well once again. Chris Duwart made it to the semifinals for the second time this season.

The team ended their season with a final record of 6-13. According to Coach Guastelle, the men finished where they were expected. Moving to Division I was an incredible challenge for the Pioneers this year. While they did not have a winning season, they did show talent and determination.
Men's Volleyball

A diving save from Tom Czupinski gives his teammates another opportunity to make the kill.

Mike Ferrari watches his opponents in order to plan his defensive strategy.

Matt Vetro attempts to spike the ball past the blockers.
The men's volleyball team, headed by Coach Scott Garter, was one of the top teams on the East Coast this season. They finished with an 18-11 overall record and placed second in their conference with a record of 4-1. The team also placed first in two of the four tournaments they competed in this season.

Their first tournament win was in the Western New England Tournament. There they successfully defeated Jersey City State College, D'Youville College and Western New England College. Their second tournament win was at Stevens Institute of Technology, where they posted wins against Stevens Institute of Technology, Polytechnic Institute and the State University at Old Westbury. Brian Cotte stated, "The team entered the tournament with a positive outlook, and expected to come out on top. It was all a matter of following through with our expectations."

The team's move to Division I next year will have little effect on the team. The men changed conferences two years ago, making this their second season competing in the multi-divisional Odenal Conference. In this conference, the Pioneers competed against the top Division I, II and III teams along the East Coast. Due to a lack of funding, they were not able to make the move to a full Division I schedule. Thus, the team will be competing in the same conference next year, while possibly adding a few more schools to their schedule.

Brian Cotte, Matthew Vetro, and team captain Tom Czapinski were the vital players this year. Vetro was among the top players this season. He was ranked ninth in the NCAA Division I and II standings. Vetro was also a key hitter for the team as well as a primary passer. Tom Czapinski was also an asset to the team with his passing abilities. "We could always count on Tom for stability with his passing, which allowed for the rest of the team to do their jobs," remarked Coach Carter. Brian Cotte was the setter for the team and ran most of the offense. Cotte always made sure that the open hitter was able to get the set for the kill. His success as a setter was due to the excellent passing from the rest of the team. As a result, the Pioneers were ranked first among the NCAA Divisions I and II teams in hitting percentage.

The men have high expectations for next year. Although the sole senior Tom Czapinski is graduating, there are two recruits ready to take over. Cotte expressed his outlook for next season by stating, "All we can do is improve."
A lady pioneer sets the ball for the hitters.

Marcie Polopek serves the ball hoping to set up a score for the team.

Back Row: Alyssa Weber, Lauren Vihachoff, Amanda Ayres, Kate Sammon, Marcie Polopek, Coach Scott, Carter Front Row: Stephanie Chell, Noreen Hillin, Trisha Moore, Jen Mancuso

Jen Mancuso and Amanda Ayres play great defense as they both jump up to block the ball.

Marcie Polopek serves the ball hoping to set up a score for the team.
Sacred Heart University's women's volleyball team had the best season in the history of the sport this year. The team began the transition into Division I while continuing to play Division II teams. The ladies ended the season with an overall record of 10-17. Although it was not a winning season, statistically the volleyball team soared.

Junior middle hitter, Tricia Moore from Lindenhurst, New York, proved to play her best! She was named to the All NECC second team, and led the team in kills per game as well as hitting percentage. In addition, Moore was ranked 9th nationally in Division II with her record of 4.7 kills per game, and 14th nationally with a .401 record of percentages of kills. Moore attributed her success to Coach Scott Carter saying, "He recruited me from my highschool and taught me everything I know."

Scheduling seemed to be the biggest problem the volleyball team faced. It was scheduled that the team play the Division I teams at the beginning of the season, and the Division II teams at the end. As freshman setter Katie Sammon put it, "We clicked toward the end of the season." The women felt that if they would have been able to play Division I teams toward the end of the season they would have had a better record.

Coach Carter was very pleased with his team this year and looks forward to next year's line up. Overall, the women's volleyball team had a very successful season with much individual, as well as team improvement.
SHU players congratulate each other after a well played game.

William Demetriades wins possession of the ball as the referee sets the puck in play again.

As the opponent closes in on him, Tony Tedesco tries to pass the puck.
The First Step

It is said that a journey of a thousand miles begins with a single step. For the Sacred Heart men's ice hockey team, the road to success began this season with their first full Division I schedule.

The Pioneers entered the Metro Atlantic Athletic Association this season, facing top university teams such as Holy Cross, Quinnipiac, and the University of Connecticut. While they did not have a winning season, they were able to get the feel for Division I competition. With the guidance of head coach Shaun Hannah, the men were able to produce a record of 7-20-1.

SHU was led by sophomore, Eric Drake. Drake, a Holt, Michigan native, led the team's scoring with seven goals and twenty assists. The highlight for the Pioneers was sweeping the season series against crosstown rival, Fairfield University, for the second straight year.

Alexis Jutras-Binet was kept busy in goal position, but was up to the task. Several newcomers, such as Ed Bourget and Lloyd Marks, contributed heavily to the team. They will continue to work towards making the Pioneers a stronger force in the upcoming season.

Front Row: Jillian Lefort (Athletic Trainer), Brian Skehan, William Demetriades, Barry Antoine, Neil Welch, Coach Shawn Hannah, Derek Young, Stephen Gauvin, Tcho Caulker, Alexis Jutras-Binet

Middle Row: Fred Ward (Manager), Mark Esposito, Eric Drake, Gil Lefort, Brian Lafo, Brian Walachy, Manuel Molina, Peter McKae, Tom LaPointe, Wes Henricksen, Jay Reed, Julie Glode (Athletic Trainer)

Back Row: Paul Adimando, Ed Bourget, Jeff Gaurino, Chris Mokos, Daniel Borgia, Chris Ferrazzoli, Dave Cilberto, Lloyd Marks

The goalie, Alexis Jutras-Binet, tries to make a save as he sees the puck head his way.

Peter McRae looks on anxiously as his teammates are stuck near the goal fighting for a point.
Kerri Blair tries to gain possession of the ball at the start of the period.

Front Row: Melinda Blevins, Emily Zyko, Keri Blair, Anna Alveari, Kimberly Derleth, Christine Walby, Nicole Lemieux, Sarah Hanna
Middle Row: Jill Murgia, Lauren Wiggins, Kristin Lee, Sarah Bergin, Kimberly Abrahams, Lori Hendra, Jaime Stimets, Michelle Marella, Jennifer Appleton, Kristine Raab, Head Coach Trina Bourget
Back Row: Kelly Opdenaker, Assistant Coach Aaron Foust, Assistant Coach Bill Sawyer, Sue Gencarelli, Equipment Manager Fred Ward, Assistant Coach Sara Cross

Nicole Lemieux fights hard to get the puck away from her opponent.
Making a Great Impression

It didn't take long for Sacred Heart's women's ice hockey team to make an impression on opponents this season. After just four years of competition, the Lady Pioneers have accumulated an overall record of 32-14-4. Led by Head Coach Trina Bourget, the team holds the best winning percentage among all of SHU's 33 varsity sports.

This season may have been the best so far for the young program. The Pioneers finished second in both their league and the Eastern College Athletic Conference.

Leading this season's 12-3-3 record squad was senior All-America Sarah Hanna. Hanna, who holds most school scoring records, set the scoring pace again with 16 goals and 13 assists.

Although Hanna's departure will hurt the Pioneers, they have plenty of talent to fill the gap. Freshman Kim Abrahams finished second in team scoring with 12 goals and 12 assists. Following her was junior Lauren Wiggins with 12 goals and 10 assists.

Opponents were frequently frustrated when trying to fire shots into the Pioneers' net. Freshman Kim Derleth often deflected the puck with ease. As a member of ECAC's All-Tournament team, Derleth recorded 329 saves and posted a .948 save percentage.

Since Sarah Hanna is the only player leaving the roster this season, Sacred Heart University will send its best squad ever to the ice in the 1999-2000 season.
Captains Dave Fesco and John Randazzo were major contributors to the team this year. Both have displayed incredible individual talent, as well as the ability to guide their team through a very successful and competitive season.

Dave Fesco, of South Hadley, Massachusetts, is known for his skill as a forward on the court. He made 573 rebounds in his career of 108 games, 90 of which he started. Fesco led the Pioneers with 6.4 rebounds, and averaged 13.5 points per game. His career shooting percentage was .483.

One of Fesco's biggest accomplishments this season was scoring his 1000th career point during the game on February 17th against Bridgeport University. He has also been named to the 1998-99 Swish Magazine Pre-Season Division II Dream Team, as well as being named to the NECC First-Team All-Conference.

John Randazzo, of Oceanside, New York, was also a contributing factor to the success of the team. He has played in 93 games, 50 as a starter. After battling many injuries his Freshman and Sophomore years, Randazzo came back with a vicious drive to play. He scored an amazing 827 points within his last two seasons. Over half of those points came from the 3-point territory.

Randazzo finished second in the conference with 17.6 points per game and received the Conference Player of the Week honors twice in his career. He was named to the NECC Second Team All-Conference in the 1998-99 season and became the 27th member of SHU's "1,000-point-club". He scored his 1000th point immediately after his friend and teammate, Dave Fesco did in the game against Bridgeport. Fesco and Randazzo each have different strengths and talents. Yet, this is what made them so unstoppable this season.

by Michelle Pender
Traveling to New Heights

The Men's Basketball team, led by Coach David Bike and assistant coaches Kevin Phillips, Mitch Oliver and Keith Bike, experienced many changes this season. This season marked the final year competing at the Division II level. Because it will be very difficult transition to a full Division I schedule next year, the team played games against nine D-I schools this year. Along with the regular season, the team played against such teams like Harvard, Cleveland State, Holy Cross and even traveled as far as Las Vegas, Nevada to play UNLV.

The team only won one game against their Division I opponents but the experience gave them good exposure to the level of ball they will be competing against. Coach Bike is hopeful about the upcoming years. “I hope the team learned from this year’s experience and that the team recognizes the tough competition they will face in the future.”

All nine of the Division I games were away games played at the very beginning of the basketball season. This did not give the team much time to prepare, but it did give them an edge to their regular season play. The team finished with a 10-8 conference record. According to Coach Bike “the team seems more intense in the post-season practicing.” The returning players are already taking next years season very seriously.

Michael Sandy maneuvers around the Franklin Pierce defense.

David Pesko aggressively heads towards the basket.

Front Row: Manager Ronald Gibson, Kevin Clifford, Mindaugas Lydeka, Tim Welch, Jim Reeves, Trainer Brian Lorber Middle Row: Asst. Coach Mitch Oliver, Asst. Coach Kevin Phillips, Michael Sandy, Kurt Reis, Shawn Jones, Andrew Hunter, Coach Dave Bike Back Row: John Randazzo, David Pesko
Women's Basketball

Heather Yablonski looks for her teammates to make a clean pass.

Jessica Bresnahan looks to pass to a teammate while staying in bounds.

During a practice at the Pett Center, Head Coach Ed Swanson explains the next drill. —photo by Heather Pulsifer

Leslie Newhard fights for a rebound over Franklin Pierce.
The 1998-1999 Women's Basketball team survived the transition to Division I this season. With the addition of several talented freshman, the team showed hope for a successful future, despite the impending loss of seniors, Jessica Bresnahan, Jennifer Rimpkus, and Shannon Walsh at the end of the season.

The team finished their season with an overall 15-12 record, but managed to take third in their NECC conference with a 12-6 record, winning a nail-biter at the buzzer in their final home game. "It wasn't the most consistent season, but we beat some big teams," stated captain Jessica Bresnahan.

Bresnahan finished her final season in a Pioneer uniform with her name in the record books for several statistics. She finished as Sacred Heart's all-time leader in steals with 214 and steals-per-season with 75. Bresnahan also finished third all-time with 329 assists and tenth in scoring with 844 points.

Another star this season was freshman Leslie Newhard. She came through in clutch situations, scoring the winning two points in the final game. Newhard led the team in scoring in ten games this season, averaging 14.1 points per game. Newhard gives hope that the team's success at the Division I level will not diminish with the loss of the departing seniors.

"I'll miss playing on this team, but I wish them luck in the future," said Shannon Walsh. "They'll need it, with their competition improving at the D-I level," Walsh concluded. The Lady Pioneers were ineligible for post-season play this year because of the transition to Division I, but will look to improve their record and consistency for the 1999-2000 season.
Men's Lacrosse

Goalie, Pete Occhipinti makes a great save to prevent SUNY at Albany from scoring.

The team celebrates their first goal of the home game against Albany State.
The men's lacrosse team had an outstanding first season in Division I. Under the leadership of Coach, Tom Mariano, and Captains Ray Gogarty, Chris Lukowski, Mark Letizia, Brian Wolchok and Chris Spatterella, the Pioneers finished with a division record of 7-6.

Entering Division I meant faster games and higher standards for the team. The Pioneers played against teams such as SUNY Albany, Boston College, Syracuse University and Yale. Throughout all of these games, the men proved that they were Division I material. Senior attackman, Chris Lukowski led the team in earned points with 24 goals and 14 assists. He also moved into second place on Sacred Heart's all-time career scoring list with 174 points. While proud of his accomplishments, Lukowski remains humble stating, "It's an honor, but I didn't do it all on my own." Ray Gogarty, also an attacker, tied Lukowski with 32 goals and 6 assists. The key defenseman was Brian Wolchok, who exhibited his talent in every game.

Along with hard work and dedication, the players displayed a great deal of support for each other and treated each team member with respect. This was the factor that led to the team's very successful season. Senior, Adam Lagnese said of captain, Chris Lukowski, ""Luke" has always displayed his leadership qualities on the field. He is always aware of the offense around him. It was great to play with him because he knew what being a teammate was all about."

After playing their first official Division I season, the men were more than pleased with their performance. They went into their first game playing strong against Vermont and ended the season with 13-11 win against Holy Cross. And as long as the recruiting remains as successful as it has been in the past, we can look forward to another exciting season in the year 2000.
Women’s Lacrosse

Laura Mack snags a pass from one of her teammates.


Cara Munch outruns the Wagner College defense in an attempt to score and put the Lady Pioneers ahead.

Julie Pandolfo heads to the goal.
Going the Distance

Wherever Tara Fisher and Ginny Capicchioni go, winning and awards seem to follow. Fisher, the first-year coach of Sacred Heart's 6-8 women's lacrosse team, was named the Northeast Conference's Coach of the Year after guiding her team to the NEC tournament in its first season in the league. Capicchioni, a sophomore from Oradell, N.J., earned a spot on the All-Conference team.

As an undergraduate, Fisher was a member of SHU's first women's lacrosse team in 1993. During her senior season, 1996, the Pioneers captured the Eastern College Athletic Conference Division II title. Graduation didn't separate Fisher from the team. In 1997, she returned as an assistant coach and was elevated to the head position last fall.

Senior captain Jen Smith of Conway, N.H., said that Fisher deserved the award, citing her uncanny ability to instruct players. "She relates to her players so well," Smith said. "She makes sure that everyone knows exactly what she is saying."

Jill Corrigan, a junior from Miller Place, N.Y., said that Fisher is devoted to the team. "She played here and now she's the coach. She wants to bring this team a step up," Corrigan said.

The credit for earning the tournament bid lies not just with the coach but also in large measure to Capicchioni's play. Capicchioni earned a spot on the NEC's All-Conference team by posting a .593 save percentage and averaging 17 saves per game.

It's not the first time that Capicchioni earned praise from the conference. Last fall, she was named to the All-Conference team as a goalie for SHU's NEC champion field hockey squad.

Corrigan said that Capicchioni acts as the team's sparkplug. "She keeps us motivated, she pumps us up," Corrigan said. "She controls the defense." According to Smith, Capicchioni was noticed by many associated with the game. "Refs would always come up to me and ask, 'who's your goalie? She's an excellent player.'"

Corrigan said that the Pioneers earned the tournament bid by catching some teams off-guard. "We played our hearts out," Corrigan said. "Some of the teams we played had unbelievable lacrosse players. It's amazing that we got as far as we did."

Corrigan said that losing to the University of Maryland-Baltimore County 19-6 in the first round of the tournament did little to dampen the Pioneers' spirits. "It's unfortunate that we had to lose, but we were happy to get as far as we did," she said.
Nicole Dorsa rounds the bases and heads in for a SHU score.

Christine Vigliotti throws the ball back to the pitcher's mound after an out.
The batter takes her stance and thinks 'home run.'

The pitcher winds up for a perfect strike.

A Pioneer makes a throw to home to keep the opponent from scoring.
Don Saladino catches a fly ball hit to right field to end the inning.

Shawn Stillway catches the ball after the Owls batter swings and misses.

Front Row: Ryan Brennan, Michael Delpape, Matthew Thode, Victor Rinaldi, Richard LaVacca, Robert Noonan, Timothy Batoh, Joseph La Rocca, Richard Ferrigno

Rich LaVacca reaches and hits the ball.
The team warms up before the game begins.
Matthew Lemanczyk watches his pitch cross the plate.
Joseph La Rocca trots down the third base line and scores a run for the Pioneers.

No Place Like Home

This year the baseball team entered a new realm, both figuratively and literally. The team moved to a schedule against mostly D-I schools and also moved to a new home at Harbor Yard, ballpark of the minor league Bridgeport Bluefish.

This year's squad led by Head Coach Nick Glaqulnto and Captain Don Saladino ended the season with a record of 17-31. Highlights of the year included big wins against D-I teams: Chicago State, Bucknell University, St. Francis College, CW Post University and Long Island University as well as D-II standout wins against University of New Haven and Adelphi University.

These wins wouldn't have been possible without several standout players: pitcher Dave Rosso, who posted .346, 5.05 ERA and a 3-6 record; Matt Lemancyk who slammed his way to two new school records with 65 hits and 34 stolen bases, Rich LaVacca, who posted .342, with 64 hits and a team high 39 RBIs, Brian Brouckhurst with 59 hits and 36 RBIs and the teams only senior member, Don Saladino who posted .328 with 58 hits and 36 RBIs.

A new home also aided the SHU baseball team this season. Coach Glaqulnto stated that the move to Harbor Yard was "a tremendous boost to the season." The venue can hold up to 5,300 spectators and is one of the finest minor league stadiums in the country. This certainly provided the players with a great atmosphere to play ball. Steve Schoenfeld at the Bluefish Public Relations office stated that the Bluefish are "glad to have SHU playing here."

With great play and a beautiful stadium to call home, SHU looks to place in one of the top four slots at next years D-I Conference Championships.
Early in the morning, the team has to carry the boats to the water to begin practice. — photo by Beth Lescoe

Men's Crew Team

*Front Row: Doug Costanzo, Terrence Lacey, Joel Paul*  *Middle Row: Christopher Titcomb, Dennis Salotti, Diego Velez, Joseph Cox*  *Back Row: Anthony Albanese, Steven Giardino, David Brown*

Women's Crew Team

*Front Row: Amber De Gray, Melissa Bergman, Holly Burk*  *Middle One: Joelle Constantino, Cheryl Sykier, Angela Vernice, Bethany Lescoe*  *Middle Two: Isabel Shadell, Ashley Baril, Jennifer Voskov, Dawn Zimba*  *Back Row: Heidi Booth, Katherine Maloney, Meghan Hurley*
Rowing in the Regattas

The Crew team has taken Sacred Heart athletics to a new level - sea level that is. This year, over thirty students put in many long hours building up the team like never before. The Pioneers practiced on the Saugatuck River under the supervision and guidance of Head Coach James Mangan and Assistant Coach Gunther Briettes. Both men have coached winning national teams and have turned Sacred Heart's inexperienced rowers into a competitive team.

The men's and women's teams attended several regattas (races) this year. The Dad Vail, the Manhattan Invitational Regatta, and the Bill Braxton Memorial Regatta were among the many that SHU participated in. Throughout the season, both teams competed against some of the top crews in the country. Toward the end of the season, all the hard work paid off. The women's open eight received silver medals in the Sugarman Cup Regatta on their Westport home river.

The teams have truly gone through a year of tremendous development. Through dedication and spirit, the racing times and techniques of all the members have reached an all time high. "I have definitely seen a dramatic increase in the team's ability. It has come very far and I have a lot of confidence in the team for future years," states captain, Melissa Bergman.

Both men's and women's teams will retain most of their members next year. However, they will have to say good-bye to senior Holly Burk. With a rigorous recruit campaign, the team is in high hopes for a strong crew next year.
Women's Bowling

Andrea Gardner prepares mentally to roll a strike!—photo by Heidi Booth


Christine Anania studies the ball as it heads towards the pins.—photo by Heidi Booth
Most students on campus are not aware that there is a Women's Bowling team at Sacred Heart University. Not only is there a Women's Bowling team, but they are also very competitive.

Their season began with a first place finish at the Keystone Quaker Classic in Pennsylvania. The women remained successful, placing first in three tournaments and finishing the season seventh in their conference.

The Women's Bowling team, headed by coach, Becky Kreglin, won a bid to the National Bowling Championship in Wichita, Kansas by placing fourth in the Brunswick Coca-Cola Las Vegas Invitational. This was the team's fifth consecutive trip to the national tournament. Their highest finish was third place in the 1998-1999 tournament.

This year was a different experience for the team since the tournament had a new format. Junior, Kristy Newman stated, "The new format made the competition more exciting than in the past." It encouraged team unity and ensured that the best team won, not the team with the best bowler. Freshman Alexis Lepore said, "The tournament was exciting and a great experience for myself and the team."

Christine Anania and Adrienne Oshman were vital to the team's success this year. They held the two highest averages for the season with 200 and 199 pins per game, respectively. Christine Anania also qualified for the National ACU-I tournament in Syracuse.

The Lady Pioneers will be competing under the NCAA guidelines next year and hope to include more tournaments to their busy schedule. Junior, Christine Anania said, "This season was not our best, but I hope that we will be able to improve on it next year."
Martial Arts

Alex Kawashima shows off for the camera by doing a jump kick over the head of Brian Polovoy. - photo by Heather Pulsifer

Georgette Evans practices her hand movements. — photo by Heather Pulsifer

Front Row: Alex Kawashima  Middle Row: Jeremy Tigano, Brian Polovoy, Bobby Pelis  Back Row: Rita Bivona, Danielle Fournier, Georgette Evans

Alex Kawashima shows how flexible he is by doing a spile kick. — photo by Heather Pulsifer
Perhaps one of the most unusual athletic teams at Sacred Heart is the martial arts team. This team is just one more example of the diversity in sports at the university.

The martial arts team, headed by Coach Kevin Yee, practices twice a week at the Pitt Center. Yee has trained in the arts since he was a child and had much knowledge to offer his athletes. This was proven by their successful season.

The team typically competes in two or three tournaments a year. In the 1999 season, they placed third in a tournament in Princeton, N.J. “They generally do very well in all of their competitions,” said Coach Yee.

The martial arts are divided into two teams: A and B, according to the different skill level. The members of the team are very diverse in regard to the level of experience they bring to the sport. Many join with no previous martial arts training but they learn quickly with a little desire and a lot of dedication,” said Yee of his team. These members play on one team while the more experienced compete on a more advanced level.

Despite the differences in skill level the teams works together and are completely unified in their practices. All the members contribute equally to each others skills and hard work. Sophomore, Danielle Fournier elaborated on this aspect of the sport. “There is really an incredible bond within the team. We all cheer each other on and are always very supportive of everyone.”

Overall, the team had a very successful season. While they did not compete in many tournaments, they did do well in those they attended. Members who had no prior experience in the arts were able to excel in a new and exciting sport, while those with experience continued to polish their skills. These talented individuals will return for an even better season next year.
One of the players on the Women's Ice Hockey team out-skates her defender and looks to score.

Senior John Randazzo, co-captain of the Men's Basketball team, looks to pass the ball to an open teammate.

The catcher for the Softball team stretches to catch a wild pitch.
Wes Moore of the Merk Volleyball team tries to spike the ball past the defense.

Darcie Britner looks to steal the ball from her opponent during one of the soccer teams winning games.

Meghan Warrack tries to get the feel of what it is like to be a sprinter in the blocks before the start of the track meet. — photo by Jennifer McGovern

Adam Lagnese looks to score on his defender during the Merk Lacrosse game against Albany.

Kharme Cowan receives the kickoff to start the football game.
Swimming & Wrestling

Charles Hartman takes down his opponent.

The team smiles as they swim by under the water.—photo by Lynne Darling

SHU works to get the opponent down to the mat.

And they're off!! The competitors at the swim meet dive in to start the race.—photo by Lynne Darling
This winter Sacred Heart formed its first Wrestling team with Coach Brian Reardon leading the way. Reardon was named Head Coach this August after leaving Trinity College where he was assistant wrestling coach. The 1998-99 team ended their season with a 3-18 record, but Reardon said, "Despite this year's record, the team really pulled together through some tough times and played very hard, learning from each match." All tournaments were against Division II and III teams in preparation for a Division I entrance next year.

Sophomore Shawn Reynolds of Berlin, CT, won his first tournament in the 165 pound weight class against Bridgewater University. He led the team in other victories and helped his teammates by teaching them what he has learned from his past experience. Also contributing this season with a great record was Senior Charles Hartman, who helped the team beat the U.S. Merchant Academy at the end of the season. As the only senior on the team, he shined, and was an inspiration to the other players.

Toward the end of this year's season Andy Sarris was hired. He was a two time Olympian on the U.S. Wrestling Team in 1988 and 1992. He said, "This team seems to have learned a lot from each match and each other. I am glad to see such progress in a first year team."

The 1998-99 season was not only the first competing season for the Sacred Heart University's Swim Team but this year also marked the first year as a varsity team in Division I. The swim team was originally organized as a club in 1996 and has quickly worked its way to becoming an important part of SHU sports. The team finished the season with a 6-5 record, that not only impressed the team members, but other colleges as well. Senior, Dana Westing of Nashua, NH, said, "As a first year, Division I team, we had an excellent season."

Swim Coach, Pam St. Martin entered this year with much enthusiasm and excitement which helped lead the team to a victorious season. "It was a hard year, with many obstacles, but we pulled together throughout the season, and I am very pleased with the team," said Martin.

The season opened with a victory at Bridgeport University with Sacred Heart competing against Eastern Connecticut State College, beating them 121-73. Another highlight of the season took place during Christmas break. The team traveled to Florida and competed against 52 other Division I teams in a beach swim. They placed an impressive 12th in the meet!

Sophomore, Patricia Welch, freshman, Kristen Gieason, freshmen, Patria Saums, seniors Colleen and Carrie Demirgian, and Dana Westing helped the team maintain a positive attitude and a winning record. With this being the first year as an organized swim team, Sacred Heart's future should continue to be a positive one.

Swim Team

Front Row: Colleen Demirgian, Dana Westing, Carrie Demirgian
Middle Row: Robyn Ostapow, Janine Favuzza, Danielle Vitulli, Jennifer Kane, Kristen Gieason, Cynthia Sellerberg
Back Row: Jr. Coach Dave Despirito, Meghan Kavanagh, Eileen Flynn, Agatha Wygodzi, Patricia Saums, Patricia Welch, Martine Laprime, Kelly Bennett, Kristy Barra, Head Coach Pam St. Martin

Wrestling Team

Back Row: Coach Jeremy Kelly, Shawn Reynolds, Greg Ruggiero, Charles Hartman, Dustin Cook, Coach Brain Reardon
Front Row: Thomas Doty, Salvatore Maimone, Mark Charny
Cheerleading & Dance Team

The SHU dancers perform for the crowd during the first football game of the season.

SHU's cheerleaders perform a throw to invigorate the audience. —Photo by Heather Pulisfer

The Dance Team shows their coordination and togetherness during a half time performance.
Pumping Up the Crowd

Halftime shows aren't just about going to the concession stand anymore. The cheerleaders lead the fans in support at every home football and basketball game. This year's squad was led by coach Cheryll Cooney and captains Jen Foisy and Melissa Williams.

While everyone was enjoying summer break, the women on the cheering squad were getting a head start on their season. In August, the SHU cheerleaders attended a camp at Rutgers University. It was a great experience for the team. They got to see many impressive squads, getting them psyched up for their own upcoming season. They did well at the camp but realized that being an all girls squad made it difficult to compete with other squads that had male members. The cheerleaders were led by coach Cheryll Cooney. She has a lot of experience that was beneficial to the squad. She had previously coached a nationally ranked highschool team and currently works with Brookfield Highschool.

Unfortunately, the cheerleaders did not get a chance to see much outside of Sacred Heart this year. Due to the transition into Division I, the women could not do any traveling. As the transition continues, they hope to be able to support their teams away games.

The squad is continually improving. It has been growing in size which is a tremendous help. With no graduating seniors, improvement is definitely something to look for at next year's halftime shows.

As the cheerleaders head off the field, the crowd is entertained by the 13 members of the dance team. The women this year were very busy and could be seen performing at football and basketball games, as well as open houses and the pep rally.

The girls are led by coach Lisa Grassi, who took over the coaching position in the middle of the year. Lisa is a graduate of SHU and brings much experience to the team. She was founder of the dance team while an undergraduate here and also has experience in cheerleading and gymnastics. Currently, Lisa teaches Tae Bo and aero-bics.

Unfortunately, many people do not see the hard work that goes into training. They simply see them as "dancers" despite all their efforts. The team has come a long way. This year it was common to see the dance team proudly strutting their stuff at countless school events.

The team competes mainly in New England Collegiate tournaments. While competitions are a highlight of their season, performances at Sacred Heart games have really been responsible for the strong development of the team as a sport. They have made it a point to be seen and heard and the SHU community has responded with support and recognition.

The highlight of their season was on February 28th. The team gained the first place win at the New England College Competition at Southern Connecticut State University. This was the third time they have competed, placing forth and sixth in the past two years.

Throughout the season the girls have had strong leadership in their captains, Jocelyn Lebel, a senior, and juniors Monica Grassi and Laura Klein. All three have been a wonderful inspiration to the team. Mid season, when the girls went through a change of coaches, they were true leaders and kept the team together. Much of the success as far as being a strong team is attributed to these three guiding lights.

All of the development is very exciting for the team. They are a true demonstration that hard work and dedication pays off. The team must say good-bye to graduating seniors, Jocelyn Lebel and Colleen Shaw but hopes to continue on its driving path into next year.

Cheerleading Team
Front Row: Jolinda Wnuk, Kelly Ryder, Jennifer Bisson, Melissa Williams, Michelle Martins Back Row: Joy Simeone, Kelly Tedesco, Jennifer Foisy, Amy Foster, Denise Fusano, Kristy Santioanni, Kimberly Rich, Faedra Bernier, Marissa Ugalde, Kristine Schiebel

Dance Team
Front Row: Laura Klein, Jocelyn Lebel, Monica Grassi Middle Row: Stephanie Pizigelli, Elizabeth Tangney, Colleen McDermott, Jaime Ouellette, Erica Lucas Back Row: Diana Palmisano, Melissa Willingham, Courtney Baris, Andrea Lail, Laura Palmisano
Graduates
Dean Michael Bozzone
Everyone Knows his Name

Caring and warm, hard-working and dedicated, sincere and very friendly. These were the kind words that were used to describe Dean Michael Bozzone by the members of the Class of 1999. These are the qualities that shine from this man every day of the school year. He always has a bright smile when running throughout the halls and is always willing to help anyone who needs his assistance.

These characteristics make Dean Bozzone a very special person within the Sacred Heart community. There is another quality that has imprinted the hearts of the graduating class. It is his amazing ability to make each individual that crosses his path feel so special and important that the Class of 1999 will remember.

“Dean Bozzone is the kind of person who you like to see in the halls. He seems to remember everyone's name and makes it a point to say hello and ask you how your day is going. He really cares about the students,” says Jennifer Jacques.

With so many students attending Sacred Heart University, he still tries to get to know each and every one of them. It must be a very difficult task to look at each student that he meets and call them by name. The personalized 'hellos' and 'how are you's' has impacted the lives of so many students within the senior class.

Mr. Michael Bozzone is Dean of Freshman, but has not given up his love for teaching. He is also an Adjunct Associate Professor of English. He teaches Freshman Seminar and English 011, 012, and 101 depending on the semester. He has embraced his position by providing help and support to the students in each facet of their academic lives. Whether it be advice during Freshman Seminar, help with grammar during office hours for English class or questions with scheduling during registration, he has made an effort to help each student whenever he could.

Meredith Betz, a senior who was a student in his English class freshman year said, “He truly cares about the needs of the students and has their best interests at heart. He offers countless hours of guidance and support long after freshman year. He is a personable and warm man who still addresses me by my first name and friendly smile three years after having class with him.”

Dean Bozzone exhibits love and dedication for his job by doing more than what his position calls for. He truly wants to get to know each student that walks into his office. Four years later as our class graduates, the students in the Class of 1999 remember the dedication he has shown to us. And in turn, we wish to dedicate this book to him as an expression of our gratitude of his service to us.
Dean Bozzone alone at work in the office, which is a rare moment considering he spends most of his time with students.—photo by Lynne Darling

Dean Bozzone maintains his academic work by teaching Freshmen English. This allows him to deepen his relationship with the students he oversees as Dean of Freshmen.—photo by Lynne Darling

Senior Class President Marianne Cardo and Editor-in-Chief of the Prologue, Myra Pierce present Dean Bozzone with the Senior Dedication at the Campus Life Leadership Awards.—photo by Heather Pulsifer

Dean Bozzone and Professor Richard Grigg look on as a speech is delivered during Freshmen Convocation.—photo by Heather Pulsifer
1999 Graduates

...into the jungle they go!!!

The countdown begins, with 99 Days till graduation. Soon to be graduates celebrate with friends at The Corner Pocket—photos by Heather Pulsifer.

Richard Abate Jr.
Bus. Admin.—Management

Jessica Accomando
Psychology

Tanya Acosta
Business Administration

Lisa Acquafredda
Business Administration
Megan Acquino  
Business Administration

Maria Adamo  
Nursing

Eric Adams  
Biology

Luisa Afonso  
Psychology

Sara Alia  
Nursing

Melissa Allen  
Nursing

Janae Alva  
Psychology

Elina Alves  
Finance

Jennifer Anaclerio  
Mathematics

Gina Anacone  
Chemistry

Jessica Andrillo  
Psychology

Tania Arduini  
Bus. Admin.—Management

Patricia Armusewicz  
Nursing

Michael Babinski  
Media Studies

Karen Bagley  
Spanish/Political Science

Yvonne Baker  
English
Martha Bakes  
Psychology

Tracy Balf  
Psychology

Jennifer Barnum  
Psychology

Cyrus Bartolome  
Philosophy

Paula Batista  
Mathematics

Jennifer M. Bay  
History

Randy Bell  
Business Administration

Brandon Bennett  
Criminal Justice

Christina Bertini  
Psychology

Amanda Bertorelli  
Sociology

Meredith Betz  
Art—Illustration

Karyn Bieglecki  
Biology

Nicole Bishop  
Media Studies

Elizabeth Bitel  
History

Sheila Bogan  
Psychology

Brian Bognanno  
Mathematics
Eric Mola
Bus. Admin.—Marketing

Sarah Molloy
History

Louis Monaco
History

Daniel Mondiello
Biology

Melissa Mons
History

Marissa Moore
Biology

Maria-Paula Morales
Business Administration

Aaron Morey
Biology

John Morris
Psychology

Cara Munch
Psychology

Emily Murphy
Biology

Michele Murzak
Psychology

Sohella Najafzadeh
Business Administration

Yutaka Namioka
Art—Graphic Design

Julie Nevero
Media Studies

Annie Nguyen
Computer Science
Sandra Purcell  
Bus. Admin.—Marketing

Danny Rainho  
Bus. Admin./Finance

John Randazzo  
Business Administration

Brian Raudenbush  
Chemistry

Heather Ray  
Nursing

Jason Reed  
Bus. Admin.—Marketing

Owen Reilly  
Psychology

Christopher Reinhart  
Media Studies

Brian Rembisz  
History

Jennifer Renko  
Psychology

Kelly Reo  
Political Science

Jason Reynolds  
Biology

Peter Reynolds  
Criminal Justice

Brian Richardson  
Business Administration

Elizabeth Riley  
Social Work

Mayra Rios  
Criminal Justice
Deborah Vella
Psychology

Christine Vigliotti
Criminal Justice

Kathryn Vigue
Psychology

Kristin Visconti
Psychology

David Vitti
Bus. Admin.—Management

Kelly Volduro
Business Administration

Carolyn Volpe
Media Studies

Shannon Walsh
Criminal Justice

Lisa Wantroba
Media Studies

Jaime Waring
Media Studies

Meghan Warnock
Mathematics

Terrence Washington
Criminal Justice

Seth Welland
Criminal Justice

Neil Welch
Criminal Justice

Dawn Werner
History

Dana Westing
Business Administration
Maureen Briere, Matthew Salvatore, Corie Caccese, and Jason Stark gather to reminisce about the old times.—photo by Heather Pulsifer

Jason Havelka pours the next round of free drinks for his friends.—photo by Heather Pulsifer

Jennifer Rimkus, Melissa Mons, and Lisa DeBurgo take a break from dancing.—photo by Heather Pulsifer

Michele Murzak, Kaitlyn Flavin and Christine Vigliotti celebrate a well played game of pool.—photo by Heather Pulsifer
We knew why we were on the bus, but had no idea where it was taking us. The mystery was part of the fun! On Tuesday, February 9, the Class of 1999 celebrated '99 Days, the traditional countdown to graduation.

Everyone lined up in front of Public Safety awaiting the start of this mystery trip, "Where are we going?" was the question everyone had to ask. Driving through Bridgeport, onto Route 95, and ultimately ending up in Milford, we still had no idea where the night would take us. "I was curious," said Jenn Hofmann, "almost too curious."

At last, we arrived at our destination. Hidden in what first appeared to be a shopping plaza was The Corner Pocket. For the next five hours, everyone talked about old times, played darts and pool, and danced the night away.

The best part of the evening was that students were able to talk to people they never got the chance to become close friends with over their four years at Sacred Heart University. The normal groups of friends that had always stuck together seemed to part for the night. If nothing else, '99 Days brought new friendships and a lot of laughs.

As the night came to a close, no one wanted to leave. Finally, the last bus was ready to depart and the remaining seniors were forced to return to SHU. T-shirts were handed out as a memory of the good times had at The Corner Pocket, and the senior class was left with 98 days until they forever parted.

Don Saladino has only a couple more pool balls to knock into the pockets before he wins the game. The Corner Pocket had a whole room of pool tables so that everyone could have a chance to play a game if they wanted. — photo by Heather Pulsifer
Before the band takes the stage, everyone reminisces about the past year over food and drink.
—photo by Hank Parkinson

The Kick-off Party at Shenanigan's was a time to spend with friends.
—photo by Hank Parkinson

John Wool and Marianne Car talk about the night with Michael Acevedo, Jennifer Rodi and Priscilla Moose, the underclassmen who volunteered to help with the event.
—photo by Hank Parkinson

Jennifer Sullivan, Jill DiMaggio, Eric Mola and Nicole Bishop take a break from dancing.
—photo by Hank Parkinson
Senior Week 1999 kicked off at Shenanigan's Bar in Norwalk, and the event certainly started the week with a bang. Seniors piled onto buses for a thirty minute ride that would take them to their "Wild Rumpus".

Upon entering the bar, seniors were greeted by the perfect celebratory atmosphere. The lights were low, music blared, food could be found on every counter top, and plenty of beverages were available. It was the perfect party and the Class of 1999 enjoyed every moment.

An hour later, Pete Moss and the Fertilizers, a cover band from Long Island, took to the stage. They played until close, singing songs by Prodigy, John Mellencamp, Tool, and Billy Joel. They even belted out an old time favorite, Sweet Caroline to the crowds delight. Everywhere on the dance floor someone was swinging or spinning.

But, the real action was at the bar and pool tables where over food, drinks, and games friends reminisced about years spent together, and planned for future reunions.

Kick-off 1999 was a bonafide hit. Calls of "This rounds on me" (courtesy of open bar), and "What a great time it's been" were common place. As everyone piled onto the buses for the return to South Hall, it was obvious that Shenanigan's had been a great start to a week of celebration that will forever be remembered by all who attended.

The Class of 1999 dances the night away to the many different songs played by the cover band Pete Moss and the Fertilizers.—photo by Hank Parkinson

The Class of 1999 dances the night away to the many different songs played by the cover band Pete Moss and the Fertilizers.—photo by Hank Parkinson
The patio offered a breathtaking view of the valley, as well as plenty of room for everyone to sit down and eat or just relax. — photo by Hank Parkinson

Everyone was well fed with all-you-can-eat hamburgers, hot dogs, tacos and nachos all day long. — photo by Hank Parkinson

After a quick game of tennis, Ardel Santa Teresa stops to talk to James Milne and Frank Todaro to decide what to do next. — photo by Heather Pulsifer

A memory from spring break - playing volleyball in the soft sand under the bright sunshine! — photo by Hank Parkinson
Day two of Senior Week was held at the Holiday Hill resort in Cheshire, CT. Whether a person just wanted to relax and take it easy or spend the day running around, there was something for everyone. For the athlete, there were many fields and courts to play volleyball, softball, miniature-golf and basketball at one’s leisure. If a person felt the competitive drive, the afternoon offered tournaments in basketball, softball and beach volleyball. The graduates could also compete against each other on the lake in the canoe race.

The events drawing the biggest crowds were the ones the graduates often played in elementary school. These contests included a water-balloon toss and an egg toss. The winners received ribbons to take back as a memento of the childish and hilarious games. For those who wanted more of a relaxed atmosphere, there was pool-side lounging and a lake which offered paddleboats and rowboats for the students to ride. “Our favorite part of the day was the boat ride,” agreed Mike Lepage and Seth Weiland.

As the sun set, the activities moved inside the pavilion where the Holiday Hill staff had many more events waiting for the Class of 1999. The evening events lasted until 11:00 p.m. Limbo contests, games of Simon Says and Musical Chairs, a D.J. with plenty of great music as well as a comedian kept everyone busy. Many people enjoyed these events even better than the daytime activities. “I liked playing musical chairs and Simon Says because it brought me back to my youth,” recalled Nick Kramer.

Comedian/Magician, Charles Hayden, gave the evening some comic relief from the hot, activity-filled day, with his act, “Magical World of Comedy.” His whole show was geared towards the daily activities of college life. The funniest part of his performance was when he made a shot of Old English whiskey appear from underneath a cloth. After realizing he was in front of a college’ crowd, he lifted up the cloth once more and displayed a mug of ice cold beer for his “assistant” to enjoy while watching the rest of the show. After the performance, the D.J. played until it was time to board the buses home. The last two hours of music allowed the celebrants to enjoy the remainder of their second day dancing with friends.

The Holiday Hill trip received excellent reviews from the class who claimed that the resort did not limit them to only a couple of activities. For the nine hour day, there was so much to do. Nicole Bishop summed it up best when she stated, “It had something for everyone.”

After dark, the activities take the class back to their childhood. A competitive game of ‘Simon Says’ gets everyone inside the pavilion laughing. —photo by Heather Pulsifer
Watching her friends play in the softball tournament, Julie Nevero sits back and relaxes for a while. —photo by Heather Pulsifer

For a small fee, Tom McCabe and Randy Bell horseback ride around the park. —photo by Heather Pulsifer

One of the favorite activities of the day was the canoe and paddleboat rides and races on the lake. —photo by Heather Pulsifer

Meghan Warnock and Jess Brennan cheer on everyone involved in the evening festivities. —photo by Heather Pulsifer
A basketball tournament in the afternoon gives everyone the opportunity to spend some time working-out in the sunshine. —photo by Hank Parkinson

Almost everyone at Holiday Hill wanted to participate in the water balloon toss. There was only one couple who walked away without getting soaked. —photo by Heather Pulitizer

Limbo boy, Brian Bognanno impresses everyone with his flexibility. —photo by Heather Pulitizer
Friends put two small tables together in order to sit together during the brunch.—photo by Hank Parkinson

Bethany Yanosy and Nathan Risley enjoy each others company over breakfast.—photo by Hank Parkinson

David Vitti, Timothy Cooke, Mike Rooney, Tim Doyle and Peter Korukas cannot wait for the food to be served.—photo by Hank Parkinson

Noreen O'Brien, Jennifer Smith and Roxanne Gregson listen to the toasts offered the graduates of the Class of 1999.—photo by Hank Parkinson
After a long day and night at Holiday Hill, some graduates found it difficult to get up for the Champagne Brunch at 11:00 a.m. on Friday morning. For those who did not make it, they missed a really great time. The Mahogany Room was transformed into an elegant hall filled with balloons, theme based centerpieces, and little stuffed animal souvenirs based on characters from *Where the Wild Things Are* for all attendees.

Soon to be graduates, dressed in their ‘Sunday Best’ attire, gathered at the tables with their friends and sat down for the festivities which included a few wishes from Dean Bozzone, Father Michael and Dr. Cernera. Dean Bozzone, to whom the Class of 1999 dedicated the yearbook, offered several words of encouragement for the future endeavors of the graduates. He even referred to *Travels with Charlie*, which drew a few laughs from the crowd. For those who have forgotten, this was the novel the incoming students had to read for Freshmen Seminar four years ago. Father Michael then offered a hopeful prayer and Dr. Cernera spoke of his wishes for the graduates future - one filled with love and happiness. He then led a toast to the Graduates of 1999, with everyone raising their glasses to salute each other. A buffet brunch catered by Flak followed, along with a singing of the Alma Mater.

Following brunch, the senior video yearbook was unveiled. Pictures and sentimental music filled the room. Everyone sat back and watched as photos of the four years flashed onto the large screen. For about an hour the photos drew comments from the crowd. The Class of 1999 could be seen laughing or even crying over a forgotten memory.

Slowly the event came to a close as the video yearbook came to an end. Students filtered out either to head back to bed or to prepare for the Ball later that evening. The Champagne Brunch was a wonderful way to start off the morning.
Johane Metellus and Danielle Galarnica are happy to be graduating on Sunday. They do not have a care in the world.

Brandon Bennett and Kai Blackwood look great in their evening attire.

Kevin Clifford, Ralph Fatigate and Nicholas Kramer spend some time bonding while they take a break from dancing.

Kerrie Darress and a guest talk while dancing to a great tune.
The Wild Masquerade

On Friday night of Senior Week the Class of 1999 got dressed to impress for the Commencement Ball at Santé's Manor in Milford, Connecticut. Tuxedos and beautiful gowns outfitted the soon-to-be graduates and showed a classy side that was not always seen on a regular basis during their four years at Sacred Heart University.

Everyone came ready to enjoy the last "formal" that they would ever attend at Sacred Heart University. Boutonnieres and corsages could be seen on wrists and lapels. The nonstop flashes of cameras were seen going off all night long. This assured everyone that the essence of the night would be captured, allowing them to forever treasure the moments of one of their last nights together.

The evening began with a cocktail hour and great conversation. After everyone arrived dinner was served. The graduates and their dates dined on their choice of chicken, roast beef or a vegetarian pasta dish. It was a delicious meal and provided the participants with the energy they needed to dance the night away.

Slow tunes, classic favorites, and new dance jams provided by Rent-a-D.J. kept the dance floor pumping until the last shuttle was called to take everyone home. The smiles on everyone's faces expressed the great time they were having. The Class of '99 enjoyed the evening by heeding the words of Prince and "Partying like it was 1999!"
Students and faculty receive the Eucharist. The ceremony was held on the field so family and friends could participate in the mass.

Louis Monaco leads the chorus in "Thy Word," the most popular song during the Sunday evening mass ceremony.

Mayra Rios shares the sign of peace with her friends and brothers at the last mass of the school year. Mitch Elgarico, Justin Venech, and Dr. McAllister sing in the chorus as Sister Margaret Pallister plays the music on the piano.
A
ter a week of fun and celebra-
tion, the Graduation Mass was
a relaxing and beautiful cer-
emony for the graduates of 1999,
their families and friends. Rev. T.
Michael McLernon led the mass and
was assisted by Rev. Msgr. Gregory
M. Smith, Rev. Msgr. James F. Cox,
and Deacon Edward D. Hendricks.
Several Sacred Heart students also
assisted in the ceremony with read-
ings, prayers and speeches. The
graduation mass was the beginning of
an exciting weekend and the first cer-
emony in which family and friends
could take part.

The attendance at the warm, sunny
afternoon mass held on the football
field was extraordinary. And how else
could we celebrate the ceremony but
in true Sacred Heart University style.
The wonderful echo of song, led by
Class of '99 member, Louis Monaco,
created a mass environment to which
Sacred Heart University students are
accustomed.

Communion was distributed by sev-
eral members of the Sacred Heart
community including Dr. Anthony
Cernera, Dr. Donna Dodge and sev-
eral Eucharist ministers from the
Class of '99. A reflection, delivered
by Dennis Wuestkamp, gave reference
to the song 'Thy Word' by Amy Grant,
which had become a favorite at the
9:00 p.m. Sunday masses. Wuestkamp explained the importance
of the song and stated that, "God
shines the light on the paths that we
choose," through our college careers
and beyond.

Overall, the mass was a sentiment-
tal, heartwarming celebration. The
graduates and their families and
friends got a chance to prepare their
hearts and minds for the following
day's commencement exercises. Cam-
pus Ministry did an excellent job in the
preparation and performance of
the commencement mass. For the
last time, the Class of 1999 joined
together in prayer.
Kelly Reo, along with Jen Dunphy, Nia Pandis and Tom McCabe, lead the graduates in moving the tassels to the left - the Class of 1999 officially graduates!

Dr. Cernera proudly presents the graduates their degrees, complimenting each and every person who walked across the stage.

After stepping off the stage, each graduate got to thank the professors that taught them in their major and in turn, the professors congratulated them on a job well done.

Sacred Heart University shows how important family is by allowing this graduate's son to present the diploma to her.
Four years of education, $80,000 and countless memories came to an end on May 23, 1999. The senior class celebrated their commencement as the last class of the century with an indoor ceremony due to the inclement weather.

Undergraduates, graduate students, members of Sacred Heart University’s Luxembourg program, parents, friends and family members came together to celebrate the memorable occasion held in the William H. Pitt Center.

Some graduates headed out into the work field, others prepared to continue their education and still others were unsure of the road ahead of them. However, one thing that was clear was that this stage of their lives was coming to a close.

The ceremony went well considering the unexpected weather. Dolores E. Cross, Ph.D spoke to the graduates about her experiences in the “real world” in efforts to give some last minute preparation for what they might encounter. Cross is the first female president of Morris Brown College in Atlanta, which was founded in the late nineteenth century by former slaves. She has lived a life fighting many prejudices and reminded the class of the importance of equality. More importantly, she spoke about never giving up and fighting for what we believe is right.

Finally, class president, Marianne Cardo, addressed her fellow graduates with a heartwarming speech. She reminded the class of ‘99 to look back on their memories with a smile, rather than with tears or sadness. Cardo congratulated them and wished them the best of luck in the future.

Overall, the ceremony was a beautiful end to the graduates’ years at Sacred Heart University, honoring their accomplishments and congratulating them on a job well done.

The ceremony was filled with so much happiness! Everyone was excited to complete their college career and receive their degree. These two students could not wait until they got to their seats to congratulate each other!
During the Graduation Mass, the students enjoy the sunshine while singing a hymn.

Graduation is a time for smiles. This graduate is happy to finally get her degree and begin her career.

Tara Deenihan and Kristen Hennessey relax in the sun as they take in the view from the paddleboat. — photo by Heather Pulsifer

The graduates and their dates had a great time during the Commencement Ball dancing the night away.
Jennifer Kasubinski addresses the crowd during the Graduation Mass.

Sarah Wiedeman and Victoria DuRe are having a great time on the dance floor during the Commencement Ball at Santisk Manor.

Peter Konakas gets a little crazy and makes Ron Faver fall out of the canoe during the boat race at Holiday Hill.
# A Final Thought
...to the 1999 Graduates

<table>
<thead>
<tr>
<th>Lisa Lee Acquafredda</th>
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<tbody>
<tr>
<td><strong>You did it!! We’re so proud of the person you have become. When times got tough you held on and showed us what you were made of. Now get a job!! And never never lose your great sense of humor. We love you, Ma, Dad and Nicole</strong></td>
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<tr>
<th>Sara Elizabeth Alia</th>
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<tbody>
<tr>
<td><strong>Dear Sara Elizabeth, Senior year is finally here, and your graduation is near. Realize how proud we are. Always love and strive to go far! Love, Mom, Dad and Andrew</strong></td>
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<tr>
<th>Janae Alva</th>
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<tr>
<td><strong>Congratulations to a very special young woman. Remember success takes time, devotion and sometimes a little disappointment. With your beautiful smile and caring ways, you can make your dreams come true. Don’t forget, those you hold closest to your heart are only a phone call away. Love, Mom, Dad, Joelle, Michael, Gramps and Nona</strong></td>
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<tr>
<th>Gina Anacone</th>
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<tr>
<td><strong>Our Dearest Gina, From the moment we held you in our arms we knew you were special and destined for great things. You possess great qualities—A love of life, a love of family and a smile that radiates when you enter a room. May God bless you all of your life as he has blessed us with you. Our wish for you is a wonderful life filled with love and happiness. Continue to follow your heart, never stop reaching for the stars, hold onto those dreams—make them a reality. With all our love, Mom, Dad and Michael</strong></td>
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<th>Patricia Jean Armusewicz</th>
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<td><strong>Dearest P.J., We wish for you everything in your life that is wonderful. You have worked so hard to become what you wanted to be, a nurse. You are fulfilling all of our dreams. Love you, Mom and Dad</strong></td>
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<tr>
<th>Karen Bagley</th>
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<tr>
<td><strong>KB, We are so proud of you! Good luck in all you do. Success will follow you wherever your dreams take you! Te queremos! Mom, Dad, Gram, Tom, Deb, Jim and Tyler</strong></td>
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<th>Brandon Bennett</th>
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<tr>
<td><strong>To Brandon with love and congratulations from Mom and Nana. Commitment is what transforms dreams into reality! We are so proud of your commitment and accomplishments. Our best wishes for happiness and continued success in the future.</strong></td>
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<tr>
<th>Christina Bertini</th>
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<tr>
<td><strong>Dear Cri, We wish you many healthy, happy, and successful years ahead! You’ve made us very proud!! We love you lots, Dad, Mom and Jen</strong></td>
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<th>Meredith Betz</th>
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<td><strong>Dear Meredith-Congratulations on your college graduation. Your hard work and successes these last four years will make any avenue you choose to follow much more attainable. We’re thrilled that you had such a great experience and we’re very proud of you. Love, Dad and Nancy</strong></td>
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<tr>
<th>Brian P. Bognanno</th>
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<tr>
<td><strong>To a Special Son, You’ve always made us very proud. May your life be filled with laughter and joy. Continue to reach for the stars. Love, Mom and Dad</strong></td>
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<th>Tara Lynn Bryden</th>
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<tr>
<td><strong>Dear Tara, Our congratulations and admiration as you graduate. “Cherish your visions; cherish your ideals . . .” We cherish you, your sensitivity towards others, your laughter and love of life. Continue to grow as a person and live life to the fullest. Our love, Mom, Dad, Karen and Reilly</strong></td>
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<td>Bob Buckley</td>
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<td>Tony Cabana</td>
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<td>Amy Beth Cameron</td>
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<td>Gail-Sue Capone</td>
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<td>Marianne Cardo</td>
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<td>Michelle Chiarello</td>
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<td>Timothy Cooke</td>
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<td>Michael P. Cuddy</td>
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<td>Kenneth N. Davidson Jr.</td>
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<td>Mary E. Davis</td>
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<td>Tara Siobhan Deenihan</td>
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<td>Jill DiMaggio</td>
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<td>Brian R. Falkowski</td>
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<td>Kristen A. Ferguson</td>
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<td>Kaitlyn M. Flavin</td>
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<td>Bridget E. Flynn</td>
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<td>Michelle Fobert</td>
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<td>Andrea L. Gardner</td>
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<td>Laurie A. Gendron</td>
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<td>Scott Michael Glibowski</td>
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<td>Gina Gomez</td>
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<td>Andrew Gootman</td>
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<td>Roxanne Gregson</td>
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<td>Jason Paul Havelka</td>
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<td>Kristen Jean Hennessey</td>
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<tr>
<td>Margaret (Meg) Hoffman</td>
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</table>
Elizabeth J. Hyer
Dear Sweet Elizabeth, Our heart is filled with pride and joy. Keep your love, laughter, and determination always. Our wish for you is a lifetime of happiness and fulfillment. May all your dreams come true.
Love, Mom and Dad

Richard Janocko
Dear Rick, Words cannot express how proud I am of you. Embrace life—enjoy the good times and greet obstacles with determination, for each one surmounted is a strength gained. Thank you for many sweet memories. I love you.
Mom

John Lee Johnson
J.L.J., JR. Our Blessed Son, whose smile like the rising sun, mind is a tape recorder, eyes seeing beyond years. Be thankful to be blessed with Sacred Heart knowledge; Always remember that God blessed you through college. John - our gift.
Love, Mom and Dad

Kimberly Jong Kelley
Kim, You fill my heart and soul with love, great pride, and inspiration. Your dedication and winning smile assure a full measure of success, happiness, and the realization of dreams you can only imagine. I LOVE YOU.
Mom

Danna M. Kennedy
Danna, On your graduation day our dreams have come true. We owe it all to you. May God be with you and continue to bless you in your future endeavors.
Love, Mom and Dad

Peter Korakas
To Our Son, Job Well Done. We are very proud of you. Keep the faith, love, and laughter always. You know we are always here for you. Our wish for you is a lifetime of happiness and fulfillment. Good luck with your future plans.
Love, Mom and Dad

Nicholas Kramer
To Our Nicholas, Congratulations on all your accomplishments. May you have many more. Our wish for you is a life full of happiness and success. May all of your dreams come true. We are very proud and blessed to have a son like you.
Love, Mom and Dad

Jennifer LaBonte
Dear Jenn, We want you to know how proud we are of you, not only because of everything you've accomplished, but because you are such a caring and responsible daughter and sister. Your positive attitude has helped you to achieve all your goals.
We wish you a life filled with happiness. We love you!
Mom, Dad, Jeffrey and Jared

Adam Paul Lagnese
May the angel on your shoulder always guide you towards your goals in life. You've always been the heartbeat of our home. We are very proud of you.
Love you, Mom and Dad

Michael Lalanne
Michael, Congratulations on your graduation. Words cannot adequately express how proud we are of you. You have achieved many accomplishments. You are special and we love you very much. May your future be filled with love, joy, happiness, good health, and much success.
All our love, Mom, Dad and Michelle

Chantal Lambert
To Our Daughter Chantal, Words could not express how proud we are as your parents. Your hard work and dedication has made us very proud.
May all your achievements and accomplishments bring you happiness and success.
Love, Mom and Dad

Gena Laplante
Gena, Congratulations, we are so proud of you. You have brought happiness and joy to our lives. We wish you continued success on your voyage through life.
Love, Mom, Dad and Heather

Jocelyn Ann Lebel
Jocelyn, Your destiny is a matter of choices. We are all very proud of your choices and successes. May you experience many more with our blessings and love.
Congratulations, Your loving family

Jocelyn Ann Lebel
We're all so proud of how hard you have worked and the goals you have accomplished. May God bless you always.
We love you, Ken, Maureen, Kevin, Marianne and Chris Pawl

MaryEllen Leen
MaryEllen, This day signifies a very special accomplishment, a milestone in achieving your dream. We are proud of you and wish you continued success as a student and teacher.
Love, Mom, Dad, Tom, Barbara and Kelley
<table>
<thead>
<tr>
<th>Name</th>
<th>Message</th>
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<tbody>
<tr>
<td>Jillian Lee Lefort</td>
<td>Miss Jillian, Our wish for you is a lifetime of happiness and fulfillment. May all your dreams come true. We are very proud of you and all you have achieved. We love you. Mom and Dad</td>
</tr>
<tr>
<td>Erin Ann Lozano</td>
<td>To Erin, You have been and still are a ray of sunshine in my life. Thank you for your laughter and love. May you continue on life's journey with the same enthusiasm and faith that you have shown your family. Best wishes as you move on. Love, Mom</td>
</tr>
<tr>
<td>Erin Ann Lozano</td>
<td>To Erin, (Our favorite “little sister”) Congratulations as you graduate!! Go for it!!! Love, Jim, Mary, Sharon, John, Michael, Gary, Wendy, Lynne, Bill, Lisa and Dennis</td>
</tr>
<tr>
<td>Erin Ann Lozano</td>
<td>To Aunt Erin, We love you. Love, Nick, Joey, Christopher, Kasey, Mackenzie, Andrea, Sarah, Taylor, Connor, Brendan, William, Nicholas, Ryan, Dennis, and Leah</td>
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<tr>
<td>Jennifer Joan Mancuso</td>
<td>Jen, Remember life is a journey and you are only at the beginning. Make the most of it, we know you will. All our love, Mom, Dad, Jimmy and Johnny</td>
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<tr>
<td>Catherine R. Mackesy</td>
<td>Dear Kate, Our pride in you is constantly growing. Congratulations on your graduation. Our wish for you is health, happiness, and success. May all your dreams and hopes be realized. Love, Mom and Dad</td>
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<td>Vincent M. Marano</td>
<td>Dear Vincent, Congratulations on taking a big step on learning’s never ending road. You’ve made us very proud. May your future be bright and rewarding, and along the way, always remember to do the right thing... Love, Mom, Dad, and Michelle</td>
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<td>Joseph A. Marrone III</td>
<td>Congratulations Joe on your achievements. We are all so proud! Always knew you could do it! We know the future will bring only the best. Lots of love, Mom, Dad, and Lulu</td>
</tr>
<tr>
<td>Virginia McLevy</td>
<td>Mom, Everyday you amaze and inspire us! Congratulations on achieving your dream! We're so proud of you! Love, Beau, Jennifer and Josh</td>
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<tr>
<td>Tom McCabe</td>
<td>Dear Tom, We wish you all you are wishing for in life. We also wish you health, happiness, and success in whatever you choose to do. We are so proud of you. Love, Mom, Dad, and Stephen</td>
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<td>Colleen M. McDermott</td>
<td>Dearest Colleen, We are all so very proud of you. We stand together in our love for you and your accomplishment. Love, Dad, Tina, Grace Anne, Fred, and of course your Mom</td>
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<tr>
<td>Brian C. McGrath</td>
<td>Brian, We are very proud of all your accomplishments. We love you and wish you the best of luck, happiness, and health in all you do. Thanks for all the memories. Congratulations on your graduation. Love, Mom, Dad, and Allison</td>
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<td>Christine Maursky</td>
<td>Dear Cookie, We’re proud of you! We know you’ll do great things. Don’t sweat the small stuff, and it’s all small stuff. You’re super! We love you. Mom, Dad, Jenn, and Jason</td>
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<td>Sarah Molloy</td>
<td>Dear Sarah, We know you will succeed in anything you do! May you always be the cheerful and outgoing person you are today. Congratulations on a job well done. We are very proud of you. Love, Mom and Dad</td>
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<tr>
<td>Louis Monaco III</td>
<td>Louis, We are so proud of the young man you have become. Remember always that “joy comes not through possessions or ownership, but through a wise and loving heart.” Love, Mom and Dad</td>
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<td>Melissa Mons</td>
<td>Jessica Nieradka</td>
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<td>Melissa, We are so proud to be your parents. You are such a loving, caring, and special person. May all of your dreams come true. God’s blessings. With love, Mom and Dad</td>
<td>Jessica, Laughter, Tears, Love, Memories, Spirituality, Dreams, Convictions, Peaks, Valleys, Accomplishments, Prayer, Faith in Jesus. Life the journey. Congratulations! Love always, Mom and Dad</td>
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<tr>
<th>Noreen A. O’Brien</th>
<th>Jocelynn Tara O’Brien</th>
<th>Kerryann O’Callaghan</th>
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<tr>
<td>Dear Noreen, With love, faith, and plenty of laughter (plus a little Irish humor) your dreams and ours will come true. We are very proud! Remember who you are! Love, Mom and Family</td>
<td>Dearest Jocelynn and Class of 1999, Celebrate! Our wish for your life is to create a lasting passion: live with intention, revel your radiance, experience inner peace and love. Forever love, Mom, Dad and Alison</td>
<td>Dear Kerryann, Life’s lessons have been your best teacher, watch out for swinging doors. Love, laughter, happiness, and success is our life’s wish for you. All our love, Mom and Dad</td>
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<tr>
<th>Marie Oge</th>
<th>Donna Marie Papaleo</th>
<th>Virginia Paridis</th>
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<td>I am so proud of my daughter, and I do believe she will make it in life.</td>
<td>Dear Donna, We are proud of all you are and all you do. May the future hold much happiness for you. We love you always. Love, Mom and Dad</td>
<td>To Our Nia, We wish you happiness and success in your life. May all your dreams come true. Always remember how much we love you! Love, Mom, Dad, Maria, Stacy, Julia and Miro</td>
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<tr>
<th>Christopher Anthony Pawl</th>
<th>Michelle E. Pender</th>
<th>Angela Perkins</th>
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<tr>
<td>May the Blessings of each day be the blessings you need most. Love, Dad, Mom, Kevin and Mariannne</td>
<td>Our Dearest Michelle, As you walk down the aisle to receive your diploma, remember how much you are loved, and how very proud we are of you. May you achieve your goals and may all your dreams come true. Love, Mom and Dad</td>
<td>Dear Angela, We are so proud of all the expectations you have so much more than met, and all of your accomplishments. Love you always, Dad, Jim, Mike and Jeff</td>
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<th>Bridget Piccirillo</th>
<th>Bridget Piccirillo</th>
<th>Myra E. Pierce</th>
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<tr>
<td>Dear Bridget, I’m so proud of you! You have worked very hard for this accomplishment. My wish for you is a lifetime of happiness and fulfillment. Thank you for being my daughter. Love, Mom</td>
<td>Dear Bridget, I’m so proud of you! I’ll always be there for you. I love you very much. Love, Jason</td>
<td>Myra, We are so very proud of you and all you’ve accomplished. You’ve grown into a beautiful and loving young lady. We wish you a lifetime of love, good health, and happiness. May all of your dreams come true. We love you very much! Love, Mom, Norm and Mandi</td>
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<td>Erica M. Piscatella</td>
<td>Dearest Erica, We’re so proud of you. You have brought your light into our lives for 21 years. Now go out and set the whole world on fire! All our love, Mom and Ed</td>
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<tr>
<td>Heather Pulsifer</td>
<td>Dear Heather, Words alone cannot express how proud we are of you. You are now ready for life’s challenges, enjoy what the world has to offer. Best to you always. Love, Dad, Janice, John and Jamie</td>
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<td>Heather Ray</td>
<td>You have reached your first major goal with the realization that all you wish for is attainable. Follow your dreams. Love, Mom and Dad</td>
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<td>Owen Daniel Reilly</td>
<td>Dan (Owen), You have been given an incredible gift of faith, to be able to be there for others and to touch their lives. You have reached another milestone on your journey. Always know how blessed we feel to have you as our son. We love you, Mom and Dad</td>
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<td>Chris Reinhart</td>
<td>Dear Chris, Congratulations! We are so proud of you and wish you a lifetime of fulfillment. May all your dreams come true. All our love, Mom and Dad</td>
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<td>Peter Reynolds</td>
<td>“Special” is a word used to describe something one-of-a-kind, like a hug or a sunset. “Special” applies to something precious which can never be replaced. “Special” is the word that best describes you! Love, Mom and Dad</td>
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<td>Mayra M. Rios</td>
<td>Mayra, 3/25 a blessed day, an angel above came our way. All barriers surpassed with love and faith, the stars at your reach for you to take. God’s mission’s not over, you wait and see, how your dreams and your life he’ll bless generously. Orgullosos de ti! Todo Nuestro Amor, Your Family</td>
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<td>Jonathan Errol Roberto</td>
<td>Dear Jon, From the minute you arrived, you were very special to us—We always carry you in our thoughts and hearts. Our wish always for you is happiness and a life full of love. May all your dreams happen for you. Love, Mom and Dad</td>
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<td>Michael J. Rooney</td>
<td>Michael, Congratulations on a great accomplishment. We are so proud of you. May all your dreams come true. Love Dad, Mum, and Kathleen</td>
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<td>Diana Saccente</td>
<td>Dear Diana, You’ve always set your goals to achieve your personal best in all you do; college was no different. You love life, its simple pleasures and the finer gifts it offers. Continue to reach for the stars, knowing that our love will believe and support you. Love, Mom and Dad</td>
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<td>Don Saladino</td>
<td>Dear Don, Always keep your spirit and enthusiasm for life. “You are the best.” May your future be filled with health, happiness, and love always, and may all of your dreams come true! God bless you. All our love, Mom and Dad</td>
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<td>Daniel Scali</td>
<td>Dan, Both of us are so proud of your achievements. May every door you open bring you success and peace in your life. Love, Mom and Dad</td>
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<tr>
<td>Patricia Sellerberg</td>
<td>Dearest Patricia, May you never lose faith and always find happiness and love. We pray that all your dreams come true. You have made us so proud. Love, Mom and Dad</td>
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<td>Lisa C. Sleeper</td>
<td>Congratulations Lisa!! Your road to success was not easy, but you never gave up. We are so proud of you. Remember: “Hold fast to dreams, For if dreams die, Life is a broken-winged bird, That cannot fly.” (Langston Hughes). Love, Mom and Dad</td>
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198. Final Thoughts
Heather L. Spedden
Our Dearest Heather, You have accomplished so much, and this is only the beginning. With God's help, you can succeed in all that you truly desire. Our love for you, and all your success is limitless. -Mom and Dad

Philip F. Tartaglia
To Our Son Philip, We are very proud of you! May God bless you with health and happiness as you continue your life's journey. All our love, Mom, Dad and Annemarie

Arden Chemari M. Santa Teresa
My Dear Ardel, It gives me so much pride and happiness that you sailed through four years of college smoothly. Your sisters and I wish you continued success in all your undertakings and a lifetime of joy and peace. Love Mom, Mary, Joy and Grace

Susan Thomas
Dear Susan, May your future be filled with happiness and joy. May all your dreams come true. Love, Mom and Dad

Jamie Vaccarino
To Jamie, The man who decides what he wants to achieve and works 'til his dreams all come true, the man who will alter his course when he must and bravely begin something new, the man who's determined to make his world better, who's willing to learn and to LEAD, and finally the man who keeps trying and doing his best is the man who knows how to succeed. Jamie, you know how much WE LOVE YOU. NOW, WE DARE YOU!! Love and Success, Mom and Dad

Laura M. Vardzik
Laura Michelle My Belle, The longest journey starts with the first step. Graduation marks your second greatest step. We were there to catch you on your “first” step, now it's time for you to go solo! Love, D.O.M and D.O.D

Deborah M. Vella
To Our Loving Daughter Debbie, We wish you all the happiness and luck with your future. You will succeed if you have faith in yourself and your dreams. All our love, Mom and Dad

Kathryn Elizabeth Vigue
I am so proud of you, my dearest Katie! You are not ending your education, you are at the commencement of the rest of your life. May you continue to learn in your journey through life. Each day is a gift make the most of each one! Loving you forever and always! Mom XO

Kristin Visconti
Dear Kris, We are so very proud of you and what you have been able to accomplish at SHU. May all of your dreams come true. Love, Mom, Dad and Mike

Doreen Walsh
To Doreen, At long last, graduation day is here. We are so proud of you especially today. We wish you all the success and happiness you so rightly deserve. Love, Mom and Dad

Lisa Ann Wantroba
Our Dearest Lisa, We are so very proud of you. May all of your dreams come true. Our wish for you is a life filled with lots of love, luck, and happiness. All our love forever, Mom and Dad

Meghan Mary Warnock
These four years were certainly complex. Yet, in the final analysis you overcame all hurdles as you leaped into the pit. You reached great highs, and now you must jump into your future. We love you and all your considerable accomplishments. Mom, Dad, Tim and Kevin

Neil Joseph Welch
Neil, Wishing you a life of happiness and success! Love, Mom, Dad, Jay, Patricia and Robert (and Buster!)

Brian Wolchok
Dear Brian, The words cannot express how proud we are of you. Our wish for you is that you achieve everything in life you so deserve. You worked hard to get where you are. Congratulations. Love you, Mom, Dad and Chris
Dear Dennis, Congratulations on four great years at Sacred Heart. You made a dream come true—we are really proud of you. Love, Dad, Mom, Tracey, Tom and Chewy.

Dearest Heidi, Your smile and the love you give so freely makes you an extra special person. Be proud and strong, and all your dreams will come true. Love, Dad, Mom and Ed.

A Note of Thanks...

I would like to express my deepest gratitude to the staff of the 1999 Prologue, "A Tale of Two SHU's." As a group we decided in September to take on so much to make this book original, fresh and better than ever. It was ultimately your decision to put captions in to explain the photos, to write interesting and in-depth stories that the Sacred Heart community would like to read, to take more creative photos and to make sure the book covered as many people as possible as to encompass the campus as a whole. We put very high expectations on ourselves and is made evident on each page of this book.

When I look back on the making of this book and the great efforts that were made, I feel a great sense of pride for having had the opportunity to work with such a wonderful group of individuals.

Finally, I would like to recognize Jessica Nieradka, Assistant Editor, for her patience and assistance; Heather Pulsifer, Photography Editor, for sharing her talents as a photographer and for her encouragement to the photo staff to push them to see so many different angles and Michelle Pender, Copy Editor, for her unending contributions to the book. Without their guidance, leadership ability and perseverance we would have never been able to accomplish what we did.

I would also like to thank Hank Parkinson, Al Precourt II and Steve Russo from Taylor Publishing for their unending support. I am so grateful for your help!

Good Luck and Best Wishes to the millennium staff!

With love,

Myra Pierce
Editor-in-Chief, Prologue

The staff would also like to thank the following:

Myra Pierce
Doug Bohn & Office
Registrar's Office
Dr. Anthony Cernera
Sr. Margaret Palliser
Father Michael McLernon
Dr. Rawlin Fairbaugh
Dr. John Roney
All Athletic Coaches
Buildings & Grounds
Maintenance
Dean Bozzone
Eric Zwikel
Dr. Lucjan Orlowski
Dr. Michelle Loris
Phyllis Machledt
Campus Ministry
Marvin McNeil & SHU Bands
University Relations
Eleanor Biggs
International Club
Student Government
SET

Tom Wuestkamp
Caitlin Hurley
Admissions
Doug Knowe
Nicki Mikowski
Career Services
Marianne Cardo
Jaime Mercaldi
Jen McGovern
Mike Dutton
Michelle Chiarello
Michelle Day
Kerri Darress
Mailroom & Print Shop Staff
Patrick Connelly
Spectrum Staff
Matt Duda
Flik International
Vimala George
Athletic Information Office
Megan Keefe
Matt Bucci
Chris Cirri

Grace Lim
Nicole Bishop
Hank Parkinson
All photographed Faculty
All photographed Clubs & Organizations
Public Safety
Residential Life
Cathy Raynis
Katrina Coakley
Student Union
Student Activities
Pam Barnum
Al Precourt II
Allie Dubose
Denise Sutphin
Michael Moylan
Karen Manson
Steve Russo & Taylor Publishing
Michael Sawchuck & Thornton Studios
Bookstore Staff
Biology Department
**All others who have not been listed