The 2005-2006 Prologue Yearbook proudly is represented by the components of the University shield. Each piece of the shield represents key elements of Sacred Heart’s rich tradition, and as a result represent different elements of this book.

**Bridge:** The bridge placed above the waves of flowing water is an expression of the name of the diocese that encompasses Fairfield County, Connecticut, where Sacred Heart University is located. The bridge represents service, which forges strong bonds of understanding and unity between diverse peoples. It is for this reason the **Campus Life** section is represented by the bridge, as it includes all the activity we as students become involved in whether it be in our local community or out in communities hit hard by poverty and natural disasters.

**Water:** The water in the shield represents the “port” by which new knowledge and ideas energize the scholars who commit themselves to the disciplines of academic inquiry. The **Arts & Features** section of the book is denoted by the water, as it represents many of the ways Sacred Heart students learn outside of the classroom as well as the many activities they devote themselves to.

**Cross:** The Cross of Our Faith above the bridge dignifies the other symbols and identifies the University as a community that celebrates the richness of the Catholic intellectual tradition. Because of all the ways the various clubs and organizations bring Sacred Heart together as a community, the **Clubs & Organizations** section of the book is represented by the Cross.

**Checkered Bar:** The checkered bar suggests the collaborative nature of the learning community in which each individual member contributes to the integrity of the whole. The **Sports** section is marked by the checkered bar because teamwork is represented by the same fundamentals: the individual contributes to the greater being of the team.

**Crescent Moon:** To honor Mary, the Seat of Wisdom, the University shield includes the crescent moon. Because of her wisdom and grace, the **Academics** portion of the book was named for her. It represents many of the teachers and students who devote and dedicate much of their lives to the disciplines they study.

**Diamonds:** The two diamonds are placed in the upper portion of the shield to represent the University's two most precious treasures: Love, the compassion of God as symbolized in the Sacred Heart of Jesus, and Truth, the goal of all scholarly activity. The **Seniors** of the Class of 2006 are represented by these diamonds, because they walk away from the University with the compassion of God as well as a completion of their scholarly activity here. The graduates represent the four years that Sacred Heart spent teaching them exactly what...

...heart is.
heart is...
"Wherever you go, go with all your heart."

-- Confucius
Chip Kennedy was a man with many great qualities. He loved the foodservice business and had worked with Sacred Heart University for 12 years. He came to Sacred Heart University looking for a new challenge in his career. The foodservice over the years grew nicely with Chip’s oversight. He cared about making his customers happy, and he showed it everyday. Chip had many other accounts, but always cared most about Sacred Heart University. He was also a great boss and friend to his employees. He showed he cared about the customers and the employees and that’s not easy when you have over 120 of them.

Chip had two sons, Nick and Mike, whom he loved and spoke about every day of their lives. He was a very devoted father. He lived life for his boys.

He also had a love for martial arts; he was a second degree black belt. He shared his passion for martial arts with his boys. The oldest - Mike - was a black belt by age ten.

The last thing we can do for Chip is to remember him for the great person that he was: funny, outgoing, and always able to bring a smile to your face. He is missed by many people. He will always be a part of Flik and Sacred Heart University.

— Luiza Negron
Determined. Disciplined. Devoted. Dad. that was Chip. He lived his life with a passion. A passion for life, for his sons, for the martial arts, for doing the right thing and for doing things right. People who knew Chip knew there was no cutting corners. You couldn't get away with not giving 100% because he was giving 120%. And if you were afraid, so what? “Let go of the fear,” he said. “Look past it to see what’s underneath and then you’ll be okay.”

But most of all, Chip had a presence. Even though we weren’t living together, he was so present not only in the boys’ lives, but in mine as well - and I am so grateful for that. He had a presence so strong that it will stay with us even when he’s gone. I know he’s watching over his boys. I know they will feel his presence every day because that’s the kind of man he was. And that’s the foundation that he set. A firm foundation based on love and loyalty.

So Mike, Nike, find your passion and live it. Live the life Dad wanted for you. Because you are your father’s sons and it’s in you. He is in you. Let go of your fear and don’t let anything keep you down. Don’t be afraid to do the right thing. And never be afraid to love with all your heart and soul because that’s how Dad loved you, and that is how he taught you how to love. That is a lesson that will last you a thousand lifetimes.

Godspeed, Chip. The angels are waiting for their first Tae Kwon Do lesson. (Don’t forget to bow when you meet them. They might not be black belts yet, but they are angels.) Kiyup!

-- Lisa Kennedy

“He lived life for his boys ..”

“Let go of your fear and don’t let anything keep you down.”
Eric Hernandez
NYPD

Long before he was the NYPD's first victim of friendly-fire in over a decade, and before he was the heart and soul of the NYPD football team, even before he entered the police force as a wide-eyed college grad with everything to prove... Eric Hernandez from White Plains, N.Y., was a Sacred Heart student and athlete, one who attempted to make a difference in everything he partook in.

While a student at SHU, he played football from 1999-2002 and was a member of the 2001 1-AA Mid-Major National Champions that finished a perfect 11-0.

Mark Nofri was a member of the coaching staff while Hernandez played football for SHU. He remembers that becoming a cop was not always a dream of Hernandez's, but he is not surprised at the path chosen by his former running back/punt returner.

"The profession he chose represents the kind of person that he was," Nofri said.

Sacred Heart Athletic Director Don Cook also knew Hernandez from his football years. He knew him as a record-setting running back and member of one of SHU Football's all-time great teams. He also knew Hernandez as a tough competitor who did his best in every aspect of his life.

"Eric was a hard worker who took pride in his best effort," Sacred Heart Athletic Director Donald Cook said. "He loved football, he loved Sacred Heart, and he loved life."

But on Jan. 28, Hernandez was involved in a heartbreaking case of mistaken identity in the wrong place at the wrong time, leaving him in very critical condition in St. Barnabas Hospital in N.Y. Surgeons amputated his lower right leg in efforts to help save his life, but the battle was lost when Eric passed away on Wednesday, February 8, 2006.

"I'm in complete disbelief," said former teammate Ron St. Juste, Stamford. "Last time we spoke I told him good luck about joining the force, so it was shocking turning on the news and seeing his face."

Fellow classmates have fond things to say about the always-smiling "Ebonz", as he was nicknamed at SHU.

"Ebonz (Eric) was extremely friendly. No matter who you were, he would talk to you," said former teammate Zak Kepner, senior, Largo, Fla. "He was tough and never complained."

"Eric was a dedicated person on and off the field. Every day he went out and gave 100 percent, a strong competitor that never backed down," said St. Juste.

Cook also remembers Hernandez's work ethic, his determination and his strength of character.

While at Sacred Heart, "he always tried to do his best," Nofri said. "He wanted to be perfect in all things. He worked hard, striving for perfection, in every aspect I can think of: the weight room, on the field, as a person, with his volunteer work and the way he cared about his teammates. He loved being around the guys, and his teammates respected him and liked him back. He was a very personable kid."

Coaches and teammates together drew a picture of Hernandez as a constant source of energy, as an excellent teammate and a powerful competitor. Almost everyone who met Hernandez came away with a positive impression.

It was that same passion and drive Eric put into his career. "Officer Hernandez was a young and vibrant police officer dedicated to serving the people of New York City. His death weighs heavily on our hearts and minds," said Mayor Bloomberg of New York City.

"His valiant struggle was emblematic of the grit and determination he demonstrated as a police officer and as an athlete," said Police Commissioner Raymond W. Kelly. "He fought courageously to the very end, and he will be missed by us all."

In loving memory, Sacred Heart has set up the Eric Hernandez Scholarship Fund. His name will never be forgotten here in the halls of our University.

-- Brad Holland, Kayla O'Brien,
Dr. Kevin Blount, Assistant Professor of Mathematics since 2002, passed away Tuesday, May 30, 2006 from complications following a stroke. He was a top student at the University of Florida, where he earned a Bachelor of Science degree in 1981 and a Master of Science degree in 1987. Professor Blount received his Doctorate in Mathematics from Vanderbilt University in 1999, with a dissertation on “The Structure of Residuated Lattices.” He came to Sacred Heart University from Boston College, and he had also taught in Nashville, Atlanta and Gainesville, Florida.

While his professional research interests were Universal Algebra and Lattice Theory, he was a man of many passions. Highly skilled in computer use, he had also studied French, German, Russian, Spanish and Mandarin Chinese. Kevin’s personal website listed his entire collection of CDs and videos. The latter included cinema classics from around the world— and just about anything Woody Allen has ever made. The website’s many photographs range from essays of his trips to China and Japan to shots of his 16-year-old cat, Tim-Tim.

Kevin leaves behind his wife of six years, Xiaoyo Blount.

Professor Kevin Blount was by far an outstanding mathematician and teacher. His concern and compassion for his students made him an outstanding advisor in the Freshman Advising Program. His desire was to instill in his students an appreciation for the beauty of mathematics and its importance in everyday life. His unique sense of humor added joy to our everyday lives.

As Dean Paolini wrote: “Kevin will always be remembered as a very gentle man; a man of integrity, good will and good humor. He was truly a man for others. He will be dearly missed.”

—Rose Marie Kinik
Chair, Mathematics Department

In April of 2005, Dr. Blount, an avid tennis player, took on the task of starting an Intramural Tennis Tournament on campus. In its first year, 27 players (students, staff and faculty) participated in playing Men’s or Women’s Singles as well as Doubles. In addition, Kevin set up a web page to track results and standings. Again this past April, Kevin along with help from the Intramural staff, set out to start the 2nd Annual Tennis Tournament and this year the participation nearly doubled as 53 players participated. This annual event that continues to grow in popularity and success will now be renamed the Dr. Kevin Blount Intramural Tennis Tournament and will be held each Spring semester in recognition of his efforts.
2006 was a year of many changes at SHU as our University continued to expand and grow. It was only befitting, then, that our features section be represented by the water in the school shield. The water symbolizes the "port" by which new knowledge and ideas energize the students here at Sacred Heart University. With so many events found on campus, learning here never stops.
September is a very special time for college bound teenagers. It is the start of a better future and the start of freedom that comes with being in college.

It's early morning on September 4, 2006 and you are driving on the Merritt Parkway heading toward your destiny that is Sacred Heart University. A feeling of nervousness mixed with tension and fear manifest in the body, while the sound of spinning tires race for exit 47. You realize the hundreds of people surrounding you, taking their luggage and hauling it into the residence halls of Seton, Merton, or Roncalli.

With a goodbye to family and friends later, you are officially a college freshman; on your own and ready to take on the world, or at least Flik food. For the nearly 900 incoming freshman this year, that is what September fourth was all about.

It can be a terrifying experience for some, and a liberating experience for others. College usually means the first time for teenagers to move out of the homes and into the real world without mom and dad by their side.

The college experience for Sacred Heart students actually starts back in June when the accepted students partake in the University's orientation program that is run by the Student Life Department. We've all been through it, as it gives us a taste of what college life is like with an overnight stay and an endless amount of info sessions that turn out to be really helpful and informative.

"I wanted to enlighten upcoming students about the great things SHU has to offer," said Joshua Sedlock, the VP of Greek Life on campus, who was an Orientation Leader this past summer, and who helped the freshmen matriculate on campus.

Ray Mencio, Graduate Assistant in Student Life, is in charge of the orientation program, and the First Year Experience. The orientation program gives the faculty and administration a good feel for the upcoming students including the size and major demographics of the class.

"There were 899 freshmen coming in during Orientation but that number goes up and down within the first two weeks of school," said Mencio. "Of the 899 students, somewhere around 42 percent of the students are from Long Island."

The overall response among the freshmen is an enthusiastic thumbs up. The first couple of days are always the hardest for students. Having to endure 75 minute classes (maybe more), food that does not exactly remind them of home, and finding the right niche of friends are just some of the tasks that freshmen face within the first week of classes.

"I just want to do everything, you know? It's so great here," said Emily Wagner, a freshman from Norwich.

Even commuters are feeling the joy of the college experience. Dan Shpak is a local resident who commutes to SHU and plans on getting involved with the Commuter Council.

"I feel really welcome on campus. I'm here all day and I go home at night. I love it," said Shpak.

All across the board, Sacred Heart University seems to be a very warm and welcoming place for all new college students, starting with orientation and continuing through Welcome Days and beyond. Residents and commuters alike seem to be experiencing the love that is freedom and the experience that is college.

-- Shaun Mitchell
Sometimes the biggest Pioneer fans are none other than the parents and siblings of our Sacred Heart family. Every year, SHU hosts a weekend devoted entirely to our students’ families. This year on October 21st-23rd, the theme “Start Spreading the News,” hosted entertainment ranging from a carriage ride through the campus, our very own circus, and a hypnotist that certainly made “believers” out of our relatives. Our Pioneer families also went on to cheer our football team in a battle against Stonybrook for a 21-14 win, and topped off the weekend with Sunday mass the following day.
At a special event on Wednesday, January 25, Dr. Anthony J. Cernera, president of Sacred Heart University announced that the University's College of Business will be named for the legendary former Chairman and CEO of the General Electric Company: John F. Welch, Jr.

Identified throughout the world of business simply as "Jack," he was associated with GE for an incredible 41 years. Fortune magazine has called him the Manager of the Century, and BusinessWeek dubbed him, "One of the greatest innovators of the past 75 years."

As part of his commitment to the University, Mr. Welch has volunteered to be actively involved with the John F. Welch College of Business through ongoing advice and guidance. He will assist the College as it continues its mission of providing students access to a top-quality education and preparation for careers in business. Further, he is providing the largest gift in the University's history to assist students in financial need and to foster faculty development and research.

Dr. Cernera pointed out that Mr. Welch's decision to lend his name and support to the College of Business is a truly transforming moment for Sacred Heart University. He expressed the "immense gratitude of the entire University community" for Mr. Welch's personal endorsement of the University's mission of providing superior educational opportunities so that students can make a very positive difference in our society.

Mr. Welch noted that "I see myself in many of the Sacred Heart University students, and I strongly support the University's mission of providing them access to a top-notch education. While I was at GE, I watched Sacred Heart University's tremendous growth. The job that has been done there is just phenomenal. The University is poised for greatness, and I want to be part of the next phase of its transformation and growth."

In the 20 years that Mr. Welch led GE, the neighboring institutions developed a close working relationship, and scores of SHU alumni are now employed there. Last May, Mr. Welch addressed a standing-room-only audience of more than a thousand people at the University.

During his tenure at GE, Jack Welch became famous for recruiting and developing executive talent. He insisted that globalization had changed his company into one that searched the world, "not just to sell or to source, but to find intellectual capital - the world's best talents and greatest ideas." His new partnership with Sacred Heart is a clear endorsement of the College's core mission: to attract the best and the brightest, and to help prepare them for participation - and leadership - in the changing world of business.
Dr. Cernera noted that Mr. Welch was “attracted and energized by Sacred Heart’s very deliberate mix of theoretical learning and its practical applications. Our Business faculty includes scholars with academic and corporate connections around the world as well as business practitioners of the first rank. And our students have numerous – and growing – opportunities to meet with and learn from the area’s business and community leaders.

“I know that Jack is particularly impressed with Sacred Heart’s mission of providing opportunity and access to students who are like himself: men and women of ordinary circumstances who possess extraordinary drive and potential. This new affiliation will ensure that Sacred Heart University will be there for generations to come to provide that environment and opportunity.

“Business students across the globe know and study Jack Welch. Clearly, he could have chosen to partner with any institution of higher education in the world. He chose Sacred Heart because he recognizes in us enduring principles that lead to successful business practitioners and successful human beings.”

John Francis Welch was born in Salem, Massachusetts, and is a graduate of the University of Massachusetts. He earned his master’s and doctoral degrees in Chemical Engineering from the University of Illinois, joining the General Electric Company in 1960. A little over 20 years later, he became the youngest CEO in GE’s history. During the next two decades, he made the corporation into a global powerhouse, and his leadership style has been analyzed and imitated the world over. During his tenure, GE’s market capitalization increased by $400 billion, making it the most valuable corporation in the world. Now a sought-after consultant to businesses across the globe, as well as a best-selling author, Mr. Welch is the principal of a consulting firm known as Jack Welch, LLC.

Dr. Cernera pointed out that Sacred Heart University “has been providing business education since 1965. That’s just two years after our founding. Today, 28 percent of our undergraduates major in Business, and more than a third of the bachelor’s degrees we awarded last May were in that discipline. With hundreds of men and women in its MBA programs, here and in Luxembourg, Sacred Heart is one of the state’s largest graduate business schools. Surrounded by more than 50 of the nation’s largest corporations – not to mention GE, whose headquarters is just a mile down the road – the University is ideally situated for business education.”

The John F. Welch College of Business will be one of four distinct and independently managed colleges at Sacred Heart University. The others are the College of Arts and Sciences, the College of Education and Health Professions, and University College, which serves working men and women with a variety of innovative programs.

The second-largest Catholic university in New England, Sacred Heart enrolls more than 5,600 men and women in undergraduate, master’s, and doctoral-level coursework. For nearly 15 years, it has offered its MBA program in Luxembourg, in the heart of the European Union. Recent innovations include the establishment of a second European campus, on the west coast of Ireland, and the creation of the new Center for Strategic Planning for Not-for-Profit Organizations. The latter engages MBA students in guiding the efforts of area non-profit agencies as part of their capstone course of studies.

The University continues to earn widespread recognition. It made the top tier in U.S. News & World Report’s listing of Best Universities in the North. Intel recently ranked Sacred Heart 11th in its assessment of the “Most Unwired Campuses in America” — those schools, that is, that provide the academic community with exceptional wireless connectivity. And the Princeton Review selected SHU for inclusion in its 2006 edition of Best Northeastern Colleges. In addition, for an unprecedented 12th year, Sacred Heart University earned statewide honors for its volunteer service efforts.

From its inception, Sacred Heart Univ was a pioneer since it was the first Catholic university in America designed to be led and staffed by lay people. Today more than half the Catholic colleges in the United States follow that model. The new John F. Welch College of Business is a major milestone in the University’s continuing growth and development.
You have been invited to join a group.

http://sacredheart.facebook.com

Forget about meeting new people on campus, these days students are using online directories to make new friends. They call it “friending on facebook.”

The days of looking up a fellow student in the phonebook are behind us. Students are using the internet in a new way to stay in touch and meet new people.

Last year a new phenomenon washed over the life of college students. Facebook became a highly popular “online directory that connects people through social networks at school,” states Facebook’s homepage.

“I started Facebook because all of my friends were,” said Maegan Warner, sophomore, Alford, Mass. “Everyone was talking about ‘friending on facebook,’ so I wanted to see what it was all about.”

Facebook’s online directory allows users to fill out a profile of personal information which includes everything from email or mailing addresses, part time jobs, favorite books and movies, and multiple pictures.

Once registered, users can search through their school’s facebook network for users who have similar interests, attended the same high school, or enjoy the same movies.

It is also possible to search for users “globally”, or outside their particular school network. However, these profiles cannot be viewed until they have been added to the user’s “Friends” list.

This online directory became so popular that the majority of Sacred Heart’s students can be found with a facebook profile. A quick browse of the site determined that 2,046 females and 1,334 males from all four classes as well as grad students and alumni make up the SHU facebook network.

With more than 3,000 of Sacred Heart’s students using the site, opportunities to meet people are endless. The Facebook website boasts that the directory can be used to “look up people at your school, see how people know each other, [and] find people in your classes…”

Students say that Facebook has made getting in touch with classmates easier. “I used it the other night because I needed help with an assignment, so I looked up one of the people in my class and was able to get in touch with them,” said Warner.

Facebook became so popular in its first year of use that its creators developed a second facebook for high school students as well.

While the majority of Sacred Heart’s students have a Facebook profile, there are a select few who refuse to join.

“I don’t need to measure my life with how many ‘buddies’ I have,” said Rob Roy, junior, Douglas, Mass. Roy is also a He Said/She Said columnist for the Spectrum.

Online directories have been growing in popularity and one directory common on campus is Myspace.com. Users do not have to be part of any school before joining.

The Myspace directory is open to all users, and the site clearly states that “you can disclose as much or as little information about yourself as you want.”

The profiles on Myspace are similar to facebook. However, Myspace allows room for much personalization, with the ability to change backgrounds, fonts, blogs, and more.

The world of online directories and networking is quickly becoming the more popular way to make friends and meet new people. Myspace.com tells users that “by building your personal network, you can start expanding your circle of friends exponentially.”

With more than 3,000 SHU students on TheFacebook and nearly 2,000 SHU students on Myspace, the days of looking people up in the phonebook are disappearing.

-- Ashley Winseck

Message from the University
All students should use caution as to what they are putting on their profiles, you never know who could be looking at them.
FM OBSESSION
Over 8% of SHU students claim to “LOVE” Family Guy in their Facebook profiles.

IT'S COMPLICATED
8% of SHU males are in complicated relationships.

SHU PREFERENCES TO CRUSH
89% more Sacred Heart students listen to DMB than Green Day.

389 STOOGES
On average, 389 SHU students poke one another daily.

WHAT'S YOUR VIEW?
2% of SHU females hold liberal political views compared to 10% of SHU males.

THE RING
3% of SHU females are engaged.

ROMANCE VS. COMEDY
55% more SHU students voted for The Notebook as their favorite movie over Old School.

FACEBOOK FACTS
These students are not your typical liberal arts or science majors.

Jeff Leblanc

"Wherever it goes it goes. There's a line you're going to reach where you're going to say 'is this going to be a hobby, or am I going to do something with it?""

If you are one of the many students who frequents the Holy Grounds cafe in Christian Witness Commons, chances are you have heard one of Jeff Leblanc's performances. His voice, which mixes his own style with those comparable to John Mayer, has drawn the attention of several fans throughout the Fairfield and Long Island areas.

"Music has always been a major part of my life," Jeff comments. And so it has. From grammar school till his senior year of high school, Jeff played the clarinet as well as dabbled with the drums. During the summer of 2003, after a John Mayer and Counting Crows concert at Jones Beach, Jeff first got the inspiration to learn how to play the guitar. "When I saw [John Mayer] in concert, that's when the connection was made and I realized that's what I wanted to do."

As to writing his own music, Jeff is taking his time and making sure he composes something he can really feel proud of and claim to be uniquely his. "I can't put a stamp on it and say hurry up. It can't be rushed. I'm leaning towards writing about the past couple of times I've gone home. It's weird because I feel every time you go home one more person has changed, and you start to find out who your real friends are."

Spoken like your typical college student, with an above average art.
Sacred Hearts very first male SHU F.O.R.C.E. dancer, Carlos Pena, shows amazing talent in all areas of his life. He currently lives in Washington Heights, New York. He grew up in NY as well as in the Dominican Republic, where he spent six years of his childhood.

He didn't start break-dancing until he was a sophomore in high school. Carlos couldn't practice as much as he wanted to but kept a routine of practicing every weekend consistently. His friends, Prune and Mikey. They helped get him started on the right foot and often practiced with him from 7 until 2 or 3 in the morning. Everything was self-taught. Throughout his High School career Carlos was more of an athlete than a dancer; dancing was more of a pastime for him rather than as an outlet to express himself.

Now however, all that has changed. Carlos is now one of the main choreographers in SHU F.O.R.C.E. He was not only the only guy to dance with the club, but is actually the first guy who tried out for the group and made it. For their recital, Pena helped choreograph “Touch It” with Paul Herman, a Sacred Heart alumni and former Mr. SHU.

Although balancing athletics, school AND being the first male dancer to ever hit SHU is a slightly daunting task, Carlos handles it just fine.
homecoming

With friends, family, and alumni reunited to watch the 53-45 win against Saint Francis, this year's homecoming continued on the SHU tradition.

Over the weekend, the Sacred Heart community welcomed back alumni to join in celebrating homecoming weekend with current students and parents.

North Lot was crowded with tailgaters and Pioneer fans. The Pioneers beat St. Francis 53-45, which allowed for even more celebration.

"Winning on homecoming," said Jeff Perry, a Pioneer offensive lineman from Syracuse, N.Y., "makes the day better for all the alumni and all the students."

Homecoming is a chance to see old friends and reconnect with the alma mater. In addition it is designed to foster and enhance Sacred Heart University pride.

"It was great seeing all my old friends," said Matt Nemeth, 2005 Alumni from Denville, N.J., "and good to see that most of them were doing well."

Prior to the tailgating festivities and the football game, an alumni awards brunch was held in the morning.

The awards brunch is for those alumni who have demonstrated a commitment to excellence in their daily lives.

They use their knowledge, professional skills, creative talents and humanistic strengths to make a difference in their communities and a positive impact on many individual lives.

After the awards ceremony took place, refreshments and light snacks were served in the alumni tent near the William Pitt Center.

Senior Dave Lind from Livingston, N.J. said, "It was nice to take a break from the cold and come into the Alumni tent."

"There were ten times more people this year than last year," said Arnie Craven, a sophomore from Suffield. "I felt like all of SHU was in North Lot. I saw people there that had graduated 3 or 4 years ago, it was amazing."

-- Nina Blair Wales
SHU football scores a win over Saint Francis, 53 to 45.

Watching as their team closes the day with a win.

Hundreds of SHU students, families and alumni come to cheer on the Pioneers.

SHU cheerleaders show their support.
“Educating the mind without educating the heart is no education at all.”
--Aristotle

Photographs by Linda Russo
"Time passes and it tells us what we're left with....

...we become the things we do.” -- Third Eye Blind
Students willingly nominate fellow classmates for the highly anticipated and extremely amusing, Mr. SHU competition. Once nominated, the 10 contestants compete pageant style for the glorious title of Mr. SHU. The competitors are then narrowed down to the final five, who then participate in a question and answer section and then the scores are tallied.

This year’s competition had a huge turn out, students started lining up around 9 p.m. and doors opened soon after. Several of the competitors had huge cheering sections usually consisting of friends and for some, fraternity brothers.

The competition began with videos introducing the contestants and creating a stir in the crowd. The crowd waited anxiously for each contestant to burst through the theater doors and to see if their crazy stunt would top the previous.

Adam Slater, whose heart felt poem and Disney monologues, weren’t enough to win, was named the second runner up. Steve Young’s love for his mom and tight dance moves made it clear that he didn’t pirouette close enough to the judge’s hearts as he thought and was named first runner up.

There was silence and it was tough to tell whether the audience or the guys were more on edge. The winner, Bryan “B-Holla” Smith, was announced and the crowd went nuts as did his fraternity brother who joined him on stage to jump for joy.

--Kate Brindisi
The SHU Idol contest kicked off its finale with a special performance by the entire group of semi-finalists who made it to the end. The four finalists were then announced.

The theatre was packed with students waiting to see their fellow classmates sing and work the crowd for the title of SHU Idol. The final four were Mike Johnson, Ian Straghter, Erica Rico, and Jackie Stephens.

After all the contestants had performed their songs and got feedback from the judges, ballots were handed out to the audience members to choose their winner. SHU F.O.R.C.E. then took the stage for a special performance that got the entire audience moving.

After the dancers cleared the stage and the audience settled down, a special announcement was made. SHU Idol winner from last year's competition, and this year's student judge, Sophia Cruz took the stage and surprised the audience with a performance.

The ballots were collected, counted, and tallied. The audience settled down as the final four were called on stage. They nervously awaited the announcement of the final two.

Mike Johnson and Erica Rico had secured the most votes and now stood waiting to hear the final verdict. A hush fell over the crowd and the winner was announced, by two votes Mike Johnson had won 2006's SHU Idol Competition.

--Kate Brindisi
“It wasn’t about the tackle.
It was about what I accomplished.”

Rudy! Rudy! Rudy!

On Wednesday February 2nd, Rudy came to SHU and gave an inspirational speech on living your dream and not giving up no matter what gets in your way.

“Rudy” the movie was a true story about a boy who was told that he could never accomplish anything and would never make it at the college level, especially not at the University of Notre Dame. Regardless, Rudy knew he could do it so he packed his bags, went to South Bend and accomplished his dream. He made the football team, and even got to play in one game. He eventually graduated with a degree from Notre Dame.

Normally, people attribute Rudy’s image as that of Sean Austin who played Rudy in the movie. Reuttiger’s first words upon entering the theater were “No I am not the hobbit.” He told a few stories about how he can walk anywhere and no one knows who he is, but if Sean Austin walks in a room someone will yell out Rudy.

He doesn’t mind that people do not recognize him, he just wants people to know his story and use it as an example to show that if they have a dream they should live it and not listen to anyone that says you can’t.

Reuttiger explained why he went through with it and did not let anyone get in his way. One day, he simply thought to himself, “Why not me - why can’t I go to Notre Dame and play football??” So he stuck with the saying, “Just go get it.” If you have a dream you can live it, you just need to leave out the gossip and the bad thoughts and you can accomplish anything.

He added that in order to live your dream you need courage, determination, hope and most importantly be able to visualize what you are going to do then do it.

Despite years of learning disabilities and struggles, when he got to junior college, no one cared what he got on his SAT’s or what his GPA in high school was; everyone was equal. He was no longer considered the “dumb kid” that he had been taunted with for years. He looked up to God and was very religious; that was one of the reasons he chose Notre Dame. When he was younger, he and his family would all sit together and watch the Notre Dame games.

When playing football, a lot of people hated Rudy and were sick of coaches telling them to play more like Reuttiger. If he got knocked down he would get up and go at it again. Teammates would blindside him, but he would still get up and say good hit. No matter if it was football, school, or work, he would never give up and accomplish what he was set out to do. He had to take the insurance test four times in order to pass. He just never gave up.

After the speech was over, people were permitted to ask questions. One student asked, “What was it like when you made that tackle?”

His answer was perfect. “It wasn’t about that tackle, it was about what I accomplished.”

A woman asked him why did he go through with it all, and why didn’t he listen to people when they said he couldn’t do it. He simply replied that he had a lot of anger inside of him from people telling him he couldn’t do it and used that anger in a positive way to prove everyone wrong. His speech moved everyone that listened and he accomplished what he was set out to do.

By listening to his speech and his story about his life, you have to think to yourself, “If this man faced all the odds, and was able to overcome them, then I can do it too.” --Robert Purtle
Barber explains his mother as a “phenomenal woman, she only wanted to provide for us. Perseverance, and family, that was my mother.”

Barber was born premature and suffered from febrile seizures as a toddler.

“I had to fight, persevere, and be determined. I had to work as hard as I could,” said Barber.

“Tiki taught me to strive to be the best. He had a passion, we all have to be passionate or else we fail, and it will hurt our souls,” said Joe Dellaposta, a senior, Shirley, N.Y. “He taught me that there is never a reason to give up.”

Barber was told he could never play contact sports. But he used the fierce determination passed on to him by his mother, a breast cancer survivor and single parent, to shine both academically and athletically.

“Our biggest power is not being football players. It is being an influence,” said Barber.

He excelled at the University of Virginia’s McIntire School of Commerce while becoming a star of the university’s football team.

Barber spoke not only about his path to an amazing NFL career, but also about responsibility and accountability.

“Build relationships. Having the trust and belief that when you talk to people they can trust you, that is the best advice I can give,” said Barber.

He stressed the importance of teamwork, determination, and humility in creating success in life or in business.

He ended the speech by asking the audience if they would participate in the conversation.

The questions ranged from his job, to his cars, and even his family. He is proud of where he came from and is approachable, and very intelligent.

In the press conference before the speech, Barber explained his expectations after retiring.

“I have been able to advance my interest with Fox News,” said Barber.

The final advice he gave was to take your education seriously, it will sustain you, give you purpose and meaning,” he said.

Play proud today. Go Giants. –Adam Kagdis
A LOOK AT THE EVENTS OF THE 2005-2006 SCHOOL YEAR

HEADLINES

Hurricane Katrina ~ August 29th: Hurricane Katrina, a category 4 storm, pounds the Gulf Coast, killing more than 80 people and leaving millions without power. By August 30th, New Orleans is submerged under water. The death toll is in the thousands, and officials call the disaster the worst natural disaster in US history.

Same-Sex Marriage ~ September 6th: California legalizes same sex marriage.

Iraq War ~ September 10th: The war in Iraq rages on. US and Iraqi troops launch an offensive. About 11,000 soldiers attack insurgents in the northern city of Tal Afar.

Tyco Executives Sentenced ~ September 19th: L. Dennis Kozlowski, former CEO of Tyco, and Mark Swartz, former chief financial officer, are both sentenced to 8 1/2 years in prison for bilking the company out of $600 million in a stock-fraud scheme.

Iraqis Vote on Constitution ~ October 25th: Millions of Iraqi voters head to the polls to vote on a constitution.

Major League Baseball to Change Drug Rules ~ November 15th: The players association agrees to suspend players who fail a test for steroids 50 games for the first offense, 100 games for the second, and for life for a third failure.

New Yorkers Stranded by Strike ~ December 19th: As talks between the Metropolitan Transportation Authority and the Transport Workers Union break down, the union declares a general strike. A Brooklyn Supreme court judge calls the strike illegal and fines the union $1 million for each day of the strike. On December 22nd, the strike ends, to the relief of millions of commuters.

Explosion Traps Miners in West Virginia ~ January 2nd: Tallmansville mine, owned by International Coal Group, leaves 13 workers trapped 260 feet underground. On January 4th, after a report that 12 of the miners had been found alive, officials from the International Coal Group announce that all but one died.

New Treatment for Cancer Increases Life Expectancy ~ January 5th: A report in the New England Journal of Medicine says that women with advanced ovarian cancer can expect to live up to 16 months longer when cancer drugs are administered directly into their abdomens.

Vice President Shoots Friend During Hunting Expedition ~ February 11th: Dick Cheney accidentally showers Texas lawyer Harry Whittington with as many as 200 pellets while hunting for quail.

Olympic Games Open ~ February 10th: The XX Olympic Winter Games open in Turin, Italy.

South Dakota Bans Most Abortions ~ March 6th: Challenging Roe v. Wade, the 1973 Supreme court decision that legalized the procedure, Gov. Michael Rounds signs measure that outlaws all abortions, except when they are necessary to save a woman's life.

Scientists Find Evidence of Water on a Saturn Moon ~ March 10th: Journal Science reports that the spacecraft Cassini has taken pictures of what look like water geysers on Enceladus.

Hussein is Charged with Genocide ~ April 4th: Iraqi court says former Iraqi president and six other defendants tried to wipe out Iraq’s Kurdish population in 1988. More than 50,000 people were killed in the military campaign that destroyed about 2,000 villages.

Germany to Allow Access to Holocaust Archives ~ April 18th: In a policy reversal, the German government announces that it will agree to allow historians and researchers to access up to 50 million documents containing information on Holocaust victims.

Senate Compromises on Immigration ~ April 5th: A bipartisan deal says illegal immigrants who have lived in the U.S. for five or more years could eventually become citizens if they paid back taxes, learned English, and continued to work.

Enron Executives Are Convicted ~ May 25th: Kenneth Lay and Jeffrey Skilling, former chief executives of Enron, are found guilty of fraud and conspiracy by a Houston jury.

New England Flooded by Record Rains ~ May 16th: Nearly 13 inches of rain fall over eight days in much of New England, causing the region’s worst flooding in 70 years.
Sacred Heart University students enjoy the Winter Semi-Formal Dinner Dance every year. It's a nice break from classes and studying. It is a fun time to dance, eat great food, and spend time with friends.
10 things never ever to do while at shu

10. "Never take a bath in the private bathrooms in the freshman dorms."
   -- Jenna Molloy Class of 2006

9. "Never go to the back kitchen of Flik. The front part already freaks me out."
   -- Christine Iwerks Class of 2009

8. "Never drive to school with five minutes to spare and try to park in North."

7. "Never go streaking through the quad because the rugby team might not appreciate it."
   -- Tyler Arnett Class of 2006

6. "Never cheer for a SHU athlete that has an obsessive sideline lover."

5. "Never ever try to sneak past the swipe lady at the Pitt."
   -- Katie Duffy Class of 2007

4. "Never get caught eating food in the library by the lurking librarian."

3. "Never laugh at public safety for giving you a ticket for going through a stop sign."

2. "Never tell your professor you are too sick for class so you can play in a pool/xbox tournament in Hawley Lounge... and have him walk in just in time to see you win."

1. "Never take life too seriously; too many laughs and memories here."
   -- Kurt Mcloud Class of 2006
With 32 varsity teams, including seventeen women's programs and fifteen men's, as well as five junior varsity teams, Sacred Heart has one of the most diverse athletics programs of any private institution in New England. Since we elevated our varsity teams to the NCAA Division 1 level in September of 1999, we have experienced tremendous growth in all of our programs.

The 2005-2006 seasons produced champions across the board. With Women's Basketball, Women's Cross Country, Field Hockey, and Baseball all NEC Champions, Sacred Heart found itself at the top of the ranks and more than ready to continue its climb to greatness.
2005

9/3 Holy Cross L 56-21
9/10 Marist L 22-20
9/17 Iona Win 38-14
10/1 Wagner L 26-14
10/8 Monmouth L 45-14
10/15 Albany L 21-7
10/22 Stony Brook Win 21-14
10/29: St Francis (PA) Win 53-45
11/5: Cent. Connecticut L 24-17
11/11: Robert Morris Win 27-20

Did you know? Sacred Heart football began in 1992 with a 5-4 record. "It was evident that the Pioneers were not a team of big-name threats, but instead a team of solid football players with heart." --1992 Prologue

Football
Strength of heart
...keeping that mind state of **being the best** will separate us from other teams and will put us at the top of all those teams in our league.” -- Jason Payne

Senior Leadership Pushes **Pioneers** in '05 Season

Brian Fitzsimmons

The checks in the win column may not have been that plentiful, but the times Ed Pricolo made Campus Field rise to their feet in amazement after an exciting play were. The senior running back from Johnston, Rhode Island used his monstrous strength and incredible athleticism to gain a total of 1135 yards, to go along with finding the end zone 14 times.

In his memorable career here at Sacred Heart University, he shattered the schools all time rushing record and touchdown mark. On October 29 of the 2005 campaign, Pricolo stomped on St. Francis on Homecoming Day by tallying 235 yards of offense and ran in an even more eye popping five touchdowns, in a 53-45 home victory.

When talking about the game, Pricolo chimed, “It was my favorite memory this past season because I felt like no one could touchme.”

The school’s best running back ever also wasn’t hesitant to show his love for the game. “I am very happy with what I accomplished. Now that it’s over I can really appreciate what it all means. I had to overcome a lot after dislocating my hip as a sophomore, so to get a chance to get back on the field and play like it meant everything was exciting,” stated Pricolo.

“My favorite memory during my whole career at SHU was the Homecoming last year against Wagner. We finally pulled it out in overtime and I had over 230 yards rushing.”

However, Pricolo wasn’t the only piece of the puzzle which made this talented bunch operate. Junior quarterback Tyler Arciaga transferred from UNLV hoping to find a starting job where he could produce and help a talented squad execute. He did just that, as he threw for an impressive 2394 yards, and connected with his receivers 17 times. His 56.7 completion percentage was quite efficient, since five Pioneers caught at least 23 passes in the season.

The team was forced to hurdle the biggest obstacle of the season, when they found out their number one receiver Joey Henley would miss the rest of the campaign due to injury. Enter, Corey Bundy. Bundy was a seldom used sophomore wide out, and when Henley went down it was his time to step in. It’s now safe to say he will be a dominant threat next season, since he can improve on his 755 yards and eight scores.

Aside from Pricolo, fellow senior captains Andy Grant and Dave Mihalov stood out both on the field and on the sidelines, and their senior guidance will be sorely missed. Senior Bryan Butterworth, became a huge part of the offense and was one of Arciaga’s favorite targets in the open field. Defensive back Justin Mucci, fullback Bryan Shalvey, kicker David Wahlen, lineman Xavier Sanchez and defensive back Zak Kepner also contributed with key roles throughout the season and their careers wearing the red uniforms.

The Pioneers, who were 4-6 in 2005, will have a lot of their core returning next season, and a big role will have to be played by Jason Payne. Payne ran as the backup tailback in his freshmen year, and with Pricolo getting all the carries, Payne moved to cornerback, and will have to possibly switch again to tailback for 2006. Wide out Alvin Franklin, linebackers Jon Corto and Rolando Garcia, Arciaga and Henley will all be back for next season.

The fact that the Pioneers are thinking about 2006 already shows that their will to win is far superior to many. “I would never consider any year a disappointment; it shows me as well as the rest of the team, what we have to improve for next year’s season,” said Payne. “It’s one thing to think about what should be done, but actually going out and getting it done is different. As a team going out every game and playing at such a high level of intensity and keeping that mind state of the best will separate us from other teams and will put us at the top of all those teams in our league.”
Did you know? Freshman forward Jason Tessitore and freshman defenseman Anthony Anzevul were each named to the All-NEC first team while freshman goaltender Matthew Jones was named to the All-Conference second team.

M Soccer

Kick it up
Guided by first year head coach Joe Barroso, men's soccer achieved the second biggest single season turnaround in Northeast Conference history, notching 15 points in nine games via a 4-2-3 record. The 14 point improvement (0-8-1 in 2004) earned Sacred Heart the fourth and final spot in the NEC playoffs. The team lost to top-seeded Monmouth 2-1 in double overtime in its first ever NEC playoff appearance.

Six freshmen stepped into starting roles from the outset of the season: goalkeeper Matthew Jones (Stoke-on-Trent, England), defender Anthony Anzevui (Newcastle, England), defender Jonatan Allback (Gothenburg, Sweden), defender David Backman (Gothenburg, Sweden), midfielder/striker Luke Gagliardi (North Branford), and striker Jason Tessitore (Ansonia).

Anzevui and Tessitore were named to the All-NEC first team while Jones was named to the second. Jones was also named to NSCAA All-New England second team. His 459 minute shutout streak helped the team to string together late season NEC victories versus St. Francis-New York, Long Island, Fairleigh Dickinson, and Quinnipiac. Tessitore led the team with eight goals, which placed him third on the NEC scoring chart.

Five seniors made key contributions: defender Glenn Wilken (Ridgefield), midfielder Tony Allegro (Enfield), midfielder Nick Loyd (Plymouth, MN), midfielder Neal Shapiro (Vernon, NJ), and midfielder/striker Gustavo Netto (Sao Paulo, Brazil). Wilken led the team with three assists; Allegro picked up two assists; Loyd tallied two goals and two assists; Shapiro finished second on the team with three goals; Netto recorded two goals and one assist.

Sophomore midfielder Dan North (Scunthorpe, England), freshman midfielder Patrick Spanningher (Horsham, PA), sophomore midfielder Raphael Rezende (Greenwich), sophomore midfielder Brice Victor (Bridgeport), freshman forward Dan Reid (Naugatuck), freshman defender Michael Attanasio (Rocky Hill), and junior midfielder Anthony Connors also logged critical minutes.

Pioneers make first ever NEC playoff appearance.
UI Soccer

Keeping the goal in mind

"This year's team has the most talent I've seen here at SHU..." -- Coach Kim Banner

Pioneer soccer holds strong while fighting injury
Lisa Burbige

The season started out with a road trip to Orono, Maine. With nine newcomers, we were still getting to know each other both on and off the field. The Maine trip is definitely a good way to open up the season. This was the first time we spent a considerable time together as a team. During the trip we worked out our kinks and played as a team which definitely set us up for a good performance against the number 13th rank Boston College. We did some great things this year, including beating Brown University for the first time in our program's history. We came out on fire in the first few games of the conference, beating both Fairleigh Dickinson and Quinnipiac at home. We then faced our long term rivals, Central Connecticut State University and lost a tough one to them. Katie Leahy recorded 4 shots and the lone goal for us for the game. The next game we took the trip to Pennsylvania to face Robert Morris and Saint Francis. For the weekend, Erica Rico recorded 2 goals with Orlagh Cullen assisting on both. The weekend we faced Mount Saint Mary's and Monmouth was a crucial one for the team. This was the weekend we officially became one of the teams to enter the 2005 conference tournament. Coming back from being injured for six games, Lisa Nowakowski headed an Orlagh Cullen corner kick past the outstretched keeper, putting us on the board in the 13th minute. We faced CCSU for the 4th straight year in post season play. Both teams played their hearts out in what seemed to be an even match until the 58th minute when CCSU scored. Unfortunately we were unable to put one away.

"This year's team has the most talent I've seen here at SHU, unfortunately due to injuries we weren't able to show it."

says head Coach Kim Banner.

Four girls on our team walked away with individual awards at the conference banquet. Freshman Janice Rodriguez led the pack earning Rookie of the Year and 2nd team all NEC. Rodriguez played a key role in helping our team shutout three conference opponents. Junior Lisa Burbige was the sole pioneer to earn 1st team all NEC. She amassed a total of 16 points with 6 goals and 4 assists, ranking 8th in the league in scoring and 10th in goals. Rounding off the awards with 2nd team all NEC were seniors Katie Leahy and Orlagh Cullen. Katie Leahy tickled the twine 7 times this season and recorded a total of 15 points. Orlagh Cullen had an impressive year recording a total of 10 assists ranking 1st in the league. Another key ingredient to our offense was senior Erica Rico who due to injury was unable to play in the last 3 games of the season. She came in 3rd in the league with both points and goals recording 8 goals and 4 assists for a total of 20 points. Senior Megan Sullivan played in nine games for us this year and was part of the defensive unit that only allowed 9 goals during conference play. All four of our seniors will be truly missed both on and off the field.
Did you know? 1991 was the inaugural season for the Lady Pioneer’s Soccer Team, which started with only a 1-13 record. Sixteen years later, the women’s soccer team has made tremendous leaps and bounds.
NEC Champs
Field Hockey
1, 2, 3... champions

Did you know? Awards for this season were given to: Colleen Carney (2nd Team All-Conference, 2nd Team All-American in Mideast Region), Del Grego (NEC Player of the week, 2nd Team All-Conference, NEC All-Tournament, NEC Tournament MVP), Eye (Two time NEC Rookie of Week; NEC All-Tournament), Ford (2nd Team All-Conference), McLane (NEC All-Tournament).
“Never underestimate the heart of a champion.”

Kristen McIntire ('09)

Twenty-two champions came together that day to start off an unforgettable season. Pre-season practices were a challenge for all of us, but no matter what happened, you could always hear a resounding “Champions!” coming from the turf field between the hours of 11 and 1 each day. The term was ingrained in our heads from the very beginning.

The season was off to a rocky start, with a disappointing 0-7 record. Our team did not let this keep us down. Everyone else was looking down on us, but we were looking for something more. We wanted a trophy to hold high in the air. The only thing we needed to do was dig deeper, and find the heart of a champion within each one of us. We found it individually, but together we became champions. Together we ran out onto Rider’s field on a bitter cold day hugging each other and celebrating. Together we traveled all the way to Richmond and made history. As Rudy Tomjanovich once said, “Never underestimate the heart of a champion.” Everyone in the NEC learned this from Sacred Heart field hockey the hard way; they underestimated us, and we proved them wrong.

Season Review

No doubt it was a rough start. Expectations were high. We just won gold medals in Australia. We had an extra week of playing together in the summer. We were ready to go.

Was it the disappointment of the first game, first loss? Did we just expect too much? Did we not train hard enough? Who knows. The first seven games were a mystery. Almost not worth talking about in comparison to the next 15 games.

In the last two-thirds of the season we had some major success and left the funk behind: 7 Shutouts, out-scored our opponents 38-19, 7 game winning streak, NEC Champions, NCAA Play-in Game. What a journey!

So what did we learn? Sometimes you have to take a couple steps back before you can take a giant leap forward. Walk away from this season with a sense of accomplishment and a hunger for more. Focus on things that are within your control. You determine how hard you’re going to work. You will overcome anything because you know how to now.
### 2005

#### MEN
- **9/10** Fordham Invite 10th/17 Teams
- **9/17** St. Francis (PA) Invite 10th/12 Teams
- **10/1** Fairfield Invite 3rd/5 Teams
- **10/8** New England Championships 41st/47 Teams
- **10/15** Fairfield University Mini Meet 3rd/4 Teams
- **10/29** NEC Championship 9th/11 Teams
- **11/12** NCAA Regionals 31st/37 Teams
- **10/29**: IC4A/ECAC 17th/22 Teams

#### WOMEN
- **9/10**: Fordham 9th/19 Teams
- **9/17**: St. Francis (PA) Invite 2nd/12 Teams
- **10/1**: Fairfield Invite 1st/5 Teams
- **10/8**: New England Championships 9th/44 Teams
- **10/15**: Fairfield University Mini Meet 3rd/3 Teams
- **10/29**: NEC Championship 1st/11 Teams
- **11/12**: NCAA Regionals 21st/38 Teams
- **10/29**: IC4A/ECAC 3rd/22 Teams

---

**Did you know?** Freshmen Luis German and Kathleen Henry were named NEC Rookies of the Week in September. Both would continue on to place outstanding performances for the Pioneers.

---

**Cross Country**

"Run with hope in your heart and dreams in your head." -- Emil Zatopek
Women Cross Country brings home NEC Championship title while Men grow in strength

Sacred Heart University’s Men’s Cross Country had a good season. With the addition of a couple of freshmen they were able to complete a team. Unfortunately, they weren’t as lucky as the women to have their strength in numbers; they had to bring their best to every meet in order to do their best because one person having a bad day meant a bad day for the team. With only ten men, the team did very well during their season. They finished 3rd at both the Fairfield Invitational and the Fairfield University Mini Meet and finished 9th at the Northeast Conference Championship. Tyler Arnett feels that the team “really came together at the end of the year for Regionals and IC4As. We had our best races at those last two meets and we were happy with how the season ended.”

Women’s Cross Country started out placing 9th out of 19 teams at their first meet of the season, the Fordham Invitational. This placed them higher then the year before. They continued their improvements by placing 9th over their 24th place finish in 2004 at the New England Cross Country Championships in October. Their most renowned results are from the Northeast Conference Championship meet, placing first out of eleven teams where they tied with Quinnipiac for the win. This caused the women’s team to set a new record this year—winning their first Cross Country NEC Championship title. To help gain this title junior Kathleen Duffy placed 4th, freshman Kathleen Henry placed 5th, senior Erin Kulasewski placed 9th, senior Jenna Pisani placed 16th, junior Anne Duffy placed 17th, senior Kaitlin Clark placed 30th and senior Ann Regan placed 31st. The first three finishers on the team were named All-Conference. Kathleen Henry was named Rookie of the Year and because of the overall team improvement from the year before Coach Morrison was named Coach of the Year.

When asked about how the results of the first few meets put confidence in herself and her team Pisani said, “The first meet, in particular, is an indicator of how well we, as individuals, trained over the summer for the upcoming season—not how well the season would turn out overall. When many of our returning athletes ran faster then they had at that meet the year prior, it helped to instill faith in ourselves and our training. With each meet thereafter we pulled together as a team and encouraged each other to work toward that top ten spot for conference.”

Kathleen Duffy expressed everyone’s feelings for the sport in her own way by saying, “The team was my top priority, with running being my boyfriend—we have the normal disagreements but in the end I still love him.” Henry reflected, “This was a rewarding season full of fun times, friendship, new experiences, a lot of hard work, thousands of miles, and lasting memories.” And according to Clark, “We were tough, we were strong, we were fast, we wanted it more, and we made it happen.”

--Meghan Polis
<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>9/7</td>
<td>Holy Cross</td>
<td>L 3-0</td>
</tr>
<tr>
<td>9/28</td>
<td>Hartford</td>
<td>L 3-2</td>
</tr>
<tr>
<td>10/1</td>
<td>Dartmouth</td>
<td>L 3-0</td>
</tr>
<tr>
<td>10/1</td>
<td>Harvard</td>
<td>L 3-0</td>
</tr>
<tr>
<td>10/5</td>
<td>Quinnipiac</td>
<td>Win 3-1</td>
</tr>
<tr>
<td>10/12</td>
<td>Providence</td>
<td>L 3-0</td>
</tr>
<tr>
<td>10/15</td>
<td>Central Connecticut</td>
<td>L 3-0</td>
</tr>
<tr>
<td>10/22</td>
<td>Robert Morris</td>
<td>L 3-0</td>
</tr>
<tr>
<td>10/29</td>
<td>Manhattan</td>
<td>L 3-1</td>
</tr>
<tr>
<td>11/1</td>
<td>Long Island</td>
<td>L 3-0</td>
</tr>
<tr>
<td>11/5</td>
<td>Wagner</td>
<td>L 3-1</td>
</tr>
<tr>
<td>11/6</td>
<td>Fairleigh Dickinson</td>
<td>L 3-0</td>
</tr>
<tr>
<td>11/10</td>
<td>Army</td>
<td>L 3-0</td>
</tr>
<tr>
<td>11/13</td>
<td>St. Francis</td>
<td>Win 3-0</td>
</tr>
<tr>
<td>11/19</td>
<td>NEC Tournament vs CCSU</td>
<td>L 3-0</td>
</tr>
</tbody>
</table>

**Did you know?** 1984 was the first year SHU Women's Volleyball posted a strong showing with a 12-17 ledger since it started at Sacred Heart. Since then, the Pioneer women have consistently continued to grow in strength and numbers.

**W Volleyball**

Setting it Up
Pioneers record three new individual records

Get out the eraser and pencil; the record books were rewritten this 2005-2006 season! Three individual records were established, while twelve different categories were realigned to make room for those moving up the ladder.

To cap off the season, the team qualified for its first trip to the Northeast Conference Tournament. The Pioneers traveled to host Long Island University on November 19th - 20th as the number five seed, where they faced fourth seed Central Conn. State. The Pioneers fell in three to close out the season, but the team had proven not only to its fans and competitors, but also to themselves, that they were out to win. A new standard was established.

Senior co-captain Michelle Clarke led the team in assists and completed her career with 2,932 assists, 749 digs and 90 aces. She posted seven double-doubles (assists & digs) in 2005. Clarke notched a career high of 60 assists vs. Gardner-Webb on September 17th and finished the 2005 season second on the team in digs with 271.

Senior Heather Brooks finished 2005 ranked 2nd on the team with 246 kills, which places her fifth in the program’s record book for kills in a season. She established a new program record for blocks in a season with 73 and was selected to the all-tournament teams at the Sacred Heart Invite and Providence Tournament.

Junior co-captain Brenda Bailey was named to the 2005 Fall Northeast Conference Academic Honor Roll. Bailey led all players in 2005 with 294 kills and 34 aces, and was 3rd amongst her teammates with 209 digs. Bailey achieved a double-double six times in 2005, and reached double digits in kills 13 times this season.

Junior co-captain Charnette Porter pounded a season high 14 kills in the win over Quinnipiac on October 5th. Porter put up a wall against St. Peter’s at the Sacred Heart Invite on September 24th, tallying 9 blocks (8 BS, 1 BA), which is shared with Bailey in second place for most blocks in a match. Christine Duffy solidified her position on the outside, recording five double-doubles, 11 double-digit kill matches and six double digit dig matches. Freshman Katie Thomas found her niche on the team in the back row as she recorded 373 digs - a program season record. She recorded ten double digit dig matches this season.

Twelve players return to the team in 2006-2007 with loads of experience and an eye on a return trip to the Northeast Conference Tournament. Coach McGreevy says, “The 2005 season was exciting and a great start for bigger and better success in the future.”
Pioneer men push through difficult season

The Pioneer Men’s Volleyball team closed a rough season with a 2-17 record overall and a 2-10 mark in EIVA play. They continued to push forward despite a difficult and challenging season, especially with the aid of senior John Breen. In their first match win against the Brewers, Breen had 27 kills while freshman Barry Smith added 19 kills in their 3-2 win at Kenyon Hall.

The 2005-2006 team will be saying goodbye to seniors Mike Ivers, John Breen, and Alex Catani. The goal in mind for the remaining teammates is clearly to keep pushing forward as they have done in the past. With the team already having undergone a rebuilding process, there is plenty of optimism for the future.
<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/14</td>
<td>Endicott L</td>
<td>3-2</td>
</tr>
<tr>
<td>1/25</td>
<td>Springfield College</td>
<td>3-0</td>
</tr>
<tr>
<td>2/1</td>
<td>Stevens Tech</td>
<td>3-1</td>
</tr>
<tr>
<td>2/2</td>
<td>NYU</td>
<td>3-0</td>
</tr>
<tr>
<td>2/11</td>
<td>Rutgers</td>
<td>3-0</td>
</tr>
<tr>
<td>2/15</td>
<td>New Haven</td>
<td>3-0</td>
</tr>
<tr>
<td>2/22</td>
<td>NJIT</td>
<td>3-0</td>
</tr>
<tr>
<td>2/24</td>
<td>Rivier</td>
<td>3-1</td>
</tr>
<tr>
<td>3/4</td>
<td>Harvard</td>
<td>3-0</td>
</tr>
<tr>
<td>3/8</td>
<td>NJIT</td>
<td>3-1</td>
</tr>
<tr>
<td>3/9</td>
<td>New Haven</td>
<td>3-2</td>
</tr>
<tr>
<td>3/15</td>
<td>Harvard</td>
<td>3-0</td>
</tr>
<tr>
<td>3/17</td>
<td>Vassar Win</td>
<td>3-2</td>
</tr>
<tr>
<td>3/21</td>
<td>Springfield College</td>
<td>3-2</td>
</tr>
<tr>
<td>3/25</td>
<td>Stevens Tech</td>
<td>3-0</td>
</tr>
<tr>
<td>3/27</td>
<td>East Stroudsburg</td>
<td>3-1</td>
</tr>
<tr>
<td>4/4</td>
<td>Vassar Win</td>
<td>3-0</td>
</tr>
<tr>
<td>4/7</td>
<td>East Stroudsburg</td>
<td>3-0</td>
</tr>
<tr>
<td>4/8</td>
<td>St. Francis (PA)</td>
<td>3-1</td>
</tr>
<tr>
<td>Date</td>
<td>Opponent</td>
<td>Score</td>
</tr>
<tr>
<td>--------</td>
<td>-------------------</td>
<td>-----------</td>
</tr>
<tr>
<td>11/18</td>
<td>Providence</td>
<td>Win 65-49</td>
</tr>
<tr>
<td>11/22</td>
<td>Hofstra</td>
<td>L 83-50</td>
</tr>
<tr>
<td>11/27</td>
<td>Syracuse</td>
<td>Win 84-57</td>
</tr>
<tr>
<td>12/1</td>
<td>Yale</td>
<td>Win 74-51</td>
</tr>
<tr>
<td>12/7</td>
<td>St. Francis (NY)</td>
<td>Win 69-51</td>
</tr>
<tr>
<td>12/10</td>
<td>St. Francis (PA)</td>
<td>Win 89-52</td>
</tr>
<tr>
<td>12/17</td>
<td>Iona</td>
<td>Win 79-78</td>
</tr>
<tr>
<td>12/20</td>
<td>Ohio State</td>
<td>L 84-40</td>
</tr>
<tr>
<td>12/29</td>
<td>Rider</td>
<td>Win 83-49</td>
</tr>
<tr>
<td>1/2</td>
<td>St. Peter's</td>
<td>Win 82-54</td>
</tr>
<tr>
<td>1/4</td>
<td>Central Connecticut</td>
<td>Win 65-40</td>
</tr>
<tr>
<td>1/7</td>
<td>Wagner</td>
<td>Win 85-48</td>
</tr>
<tr>
<td>1/9</td>
<td>Columbia</td>
<td>Win 96-85</td>
</tr>
<tr>
<td>1/14</td>
<td>Wagner</td>
<td>Win 67-56</td>
</tr>
<tr>
<td>1/16</td>
<td>Mount St. Mary's</td>
<td>Win 91-64</td>
</tr>
<tr>
<td>1/21</td>
<td>St. Francis (PA)</td>
<td>Win 64-51</td>
</tr>
<tr>
<td>1/23</td>
<td>Robert Morris</td>
<td>Win 78-59</td>
</tr>
<tr>
<td>1/25</td>
<td>Fairleigh Dickinson</td>
<td>Win 76-55</td>
</tr>
<tr>
<td>1/30</td>
<td>Long Island</td>
<td>L 68-63</td>
</tr>
<tr>
<td>2/4</td>
<td>Quinnipiac</td>
<td>L 68-46</td>
</tr>
<tr>
<td>2/6</td>
<td>Long Island</td>
<td>Win 69-43</td>
</tr>
<tr>
<td>2/11</td>
<td>St. Francis (NY)</td>
<td>Win 63-62</td>
</tr>
<tr>
<td>2/13</td>
<td>Mount St. Mary's</td>
<td>Win 83-68</td>
</tr>
<tr>
<td>2/18</td>
<td>Central Connecticut</td>
<td>Win 65-47</td>
</tr>
<tr>
<td>2/20</td>
<td>Fairleigh Dickinson</td>
<td>Win 84-44</td>
</tr>
<tr>
<td>2/25</td>
<td>Quinnipiac</td>
<td>Win 87-64</td>
</tr>
<tr>
<td>2/28</td>
<td>Monmouth</td>
<td>Win 64-63</td>
</tr>
<tr>
<td>3/4</td>
<td>Fairleigh Dickinson</td>
<td>Win 83-55</td>
</tr>
<tr>
<td>3/7</td>
<td>Long Island</td>
<td>Win 64-50</td>
</tr>
<tr>
<td>3/11</td>
<td>Quinnipiac</td>
<td>Win 69-65</td>
</tr>
<tr>
<td>3/19</td>
<td>Maryland</td>
<td>L 95-54</td>
</tr>
</tbody>
</table>
The Sacred Heart University women's basketball team posted a season for the record books, finishing 2005-06 with a school record 26-5 mark, their first Northeast Conference Championship and a trip to the NCAA Tournament.

The Pioneers finished first in the NEC after a 16-2 regular season, also a school record mark that gave them their first-ever regular season league title and the top-seed in the conference tournament. SHU earned the right to host every tournament game they played in, a huge edge after a 12-0 mark during the year in the William H. Pitt Center. SHU opened the NEC Tournament with an 83-55 win over the #8 seed Fairleigh Dickinson to set up a match-up with #5 seed Long Island in the semifinals. The Pioneers posted a 64-50 win advancing to their first-ever title game. In front of a school-record crowd of 1,406, for the third time this season the Pioneers set a new women's attendance mark, Sacred Heart came away with a 69-65 win over rival Quinnipiac to secure the automatic bid to the NCAA Tournament.

SHU was sent to Penn State University to face the #3 ranked and eventual National Champion Maryland Terrapins in the opening round of the NCAA Tournament, marking the Pioneers debut in the field of 64.

The Pioneers were led all season by the outstanding play of their starting five with junior Amanda Pape leading the way by earning the NEC Player of the Year Award. Pape led the conference in scoring at 17.9 points per game to go along with 7.3 rebounds, 101 steals and 101 assists. Graduating senior Nicolle Rubino finished the year averaging 12.0 points with 86 steals and 64 assists. Junior Kerri Burke led the team from the point guard position with 139 assists and fellow junior Jasmine Walker was the Pioneer's presence in the post with 12.1 points and 9.1 rebounds per game.

*experienced. battle-tested. energetic. hungry.*
"We must play with the heart and desire that we are capable of."

--Coach David Bike

---

2005

11/14: Puerto Rico Mayaguez Win 93-52
11/19: Rhode Island L 56-50
11/21: University at Albany Win 63-61
11/25: Harvard L 75-72
11/28: Yale L 72-67
11/30: Columbia L 61-59
12/3: Boston College L 77-66
12/5: Army Win 76-62
12/7: Lehigh Win 66-55
12/10: St. Francis (PA) Win 74-72
12/18: Monmouth L 73-64
1/2: University of Miami L 63-57
1/7: Wagner Win 61-50
1/9: Central Connecticut State Win 74-71
1/12: Mount St. Mary’s L 78-69
1/14: Wagner L 70-62
1/19: Robert Morris Win 73-60
1/21: St. Francis (PA) Win 65-64
1/23: Fairleigh Dickinson L 81-73
1/26: Long Island University L 63-60
2/2: Quinnipiac L 72-68
2/4: Long Island University L 80-65
2/9: Mount St. Mary’s Win 57-54
2/11: St. Francis (NY) L 62-58
2/16: Fairleigh Dickinson L 85-76
2/18: Central Connecticut State L 73-56
2/21: St. Francis (NY) Win 81-73
2/25: Quinnipiac L 71-65
3/2: Central Connecticut (NEC Tournament Quarter-Final) L 86-68
MSG airing, trip to NEC’s highlight ’05-’06 campaign
Brian Fitzsimmons

This season, the Pioneer men displayed hard work, perseverance, and excitement since they met one of their many goals.

The 2005-2006 season didn’t start off in the Pioneers favor since all-conference forward Joey Henley suffered a season ending injury while on the football field. Losing a 12 point, 8 rebound bulldog down in the post wasn’t one of the intangibles Sacred Heart was hoping for, but without this obstacle the determined squad’s perseverance wouldn’t have been as exuberant.

Every single member on the roster made up of two seniors, three juniors, five sophomores, and one freshman contributed greatly and stepped up their game as asked by head coach Dave Bike.

The biggest impact came from senior Kibwe Trim, who owned the inside, the boards, his opponents, and even the Pioneer fans who packed the Pitt Center.

The San Juan, Trinidad native finished the campaign averaging 19.2 points and 8.6 rebounds per game was named as the Northeast Conference/Valley National Bank Scholar-Athlete of the year. His scoring average was good enough to lead the league, and his 14 double-doubles were also second to none. His .618 field goal percentage was ranked third in the NEC and ninth nationally. He leaves Sacred Heart as the University’s all-time leader in rebounds with 642 and second in points with 1,237. His 55.6 career shooting percentage also ranks on top.

Juniors Jarrid Frye and Tavio Hobson were the other two floor leaders next to Trim and they were usually the reason why the Pioneers were playing well at any given stretch. Frye averaged 16.1 points and 6.5 rebounds per game while Hobson averaged a team-high 4.1 assists per contest.

One of the biggest highlights about this past season was their televised home game against Farleigh Dickinson University on MSG network. Though underdogs at the time, coach Bike had more positive thoughts prior to the game. “Sometimes there is not much difference in winning and losing,” said Bike. “We must play with the heart and desire that we are capable of and that is necessary in order to defeat a team like them.”

That same heart and desire came out as the season ended, even during the losing streak, simply because of perseverance. A key injury and an unfavorable streak with terrible timing could have doomed the Pioneers, but didn’t.

From the opening tip to the final buzzer in Central Connecticut State, the Sacred Heart hoops team played hard, but they weren’t always rewarded in the win column. They ended the year riding an undesirable 2-8 skid, but still qualified for the league playoffs.

Sophomores Drew Shubik, Luke Granato and Brice Brooks contributed greatly throughout the season and make for a great foundation for the next two seasons.

It was quite an accomplishment to bounce from their 2004-2005 season of only four wins to making the tournament without Henley, but their long term goal to winning the NEC crown still looms.

It has been suggested that perseverance is one of the biggest keys to winning a championship, and if that’s the case, there are many exciting times to come on the Pitt Center hardwood.
Did you know? Freshman Gina Arnone (Bridgewater, NJ) has been named an NCAA Division I Statistical Champion for goals per game for the 2005-06 season. Arnone led the Pioneers in scoring, tallying 23 goals in 24 games, averaging 0.96 goals per game, the best mark in the country. She also added 19 assists for a total of 42 points on the season.

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>10/1</td>
<td>Vermont</td>
<td>T 3-3</td>
</tr>
<tr>
<td>10/8</td>
<td>Rensselaer</td>
<td>L 4-0</td>
</tr>
<tr>
<td>10/9</td>
<td>Rensselaer</td>
<td>L 11-1</td>
</tr>
<tr>
<td>10/28</td>
<td>U. Of Maine</td>
<td>L 12-1</td>
</tr>
<tr>
<td>10/29</td>
<td>U. Of Maine</td>
<td>L 8-1</td>
</tr>
<tr>
<td>11/4</td>
<td>Union College</td>
<td>L 7-2</td>
</tr>
<tr>
<td>11/5</td>
<td>Union College</td>
<td>L 6-3</td>
</tr>
<tr>
<td>11/11</td>
<td>Neumann</td>
<td>L 5-3</td>
</tr>
<tr>
<td>11/12</td>
<td>Neumann</td>
<td>T 3-3</td>
</tr>
<tr>
<td>11/15</td>
<td>Holy Cross</td>
<td>Win 5-3</td>
</tr>
<tr>
<td>11/18</td>
<td>Hamilton</td>
<td>Win 7-2</td>
</tr>
<tr>
<td>11/19</td>
<td>Hamilton</td>
<td>L 4-3</td>
</tr>
<tr>
<td>12/2</td>
<td>Saint Anselm</td>
<td>Win 4-2</td>
</tr>
<tr>
<td>12/4</td>
<td>Boston University</td>
<td>L 7-2</td>
</tr>
<tr>
<td>12/7</td>
<td>Connecticut College</td>
<td>T 1-1</td>
</tr>
<tr>
<td>1/10</td>
<td>Saint Michaels</td>
<td>Win 6-1</td>
</tr>
<tr>
<td>1/11</td>
<td>Saint Michaels</td>
<td>Win 11-1</td>
</tr>
<tr>
<td>1/13</td>
<td>Holy Cross</td>
<td>Win 7-1</td>
</tr>
<tr>
<td>1/20</td>
<td>Southern Maine</td>
<td>Win 5-0</td>
</tr>
<tr>
<td>1/24</td>
<td>Wesleyan</td>
<td>Win 4-2</td>
</tr>
<tr>
<td>1/31</td>
<td>Saint Anselm</td>
<td>L 3-2</td>
</tr>
<tr>
<td>2/3</td>
<td>Rensselaer</td>
<td>L 2-0</td>
</tr>
<tr>
<td>2/4</td>
<td>Rensselaer</td>
<td>L 6-0</td>
</tr>
<tr>
<td>2/11</td>
<td>Colby</td>
<td>L 5-1</td>
</tr>
<tr>
<td>2/11</td>
<td>Colby</td>
<td>L 4-2</td>
</tr>
<tr>
<td>2/17</td>
<td>Robert Morris</td>
<td>L 3-1</td>
</tr>
<tr>
<td>2/18</td>
<td>Robert Morris</td>
<td>L 7-3</td>
</tr>
<tr>
<td>2/25</td>
<td>Saint Michaels</td>
<td>Win 12-0</td>
</tr>
<tr>
<td>2/26</td>
<td>Saint Anselm</td>
<td>Win 2-1</td>
</tr>
</tbody>
</table>

W Ice Hockey

Action on the ice
"This was a year that this whole group of players and coaches could be proud of."

Thomas O’Malley
Erica Petrosky

The 2005 – 2006 Sacred Heart Women’s hockey season started off with a huge game against the University of Vermont which resulted in a tie. There was a lot of anticipation to begin the year, every thing pointed in the direction of the team having a successful season. With the return of a seasoned veteran squad, plus the addition of a very talented freshman class coming in, this was hopefully the year where they would shine.

Game 1 against the University of Vermont ended in a tie, but it pretty much told the story of what this team was all about. The Pioneers had played the Hockey East Vermont Catamounts 3 times during the past couple of years and came close only once. They left Burlington, VT that night convinced that the year ahead had loads of promise.

As the season progressed, the Pioneers began to beat teams that had defeated them in the past and also closed the gap on some of their nationally ranked foes. Another highlight game was the December battle against St. Anselm, they were a team that had defeated the pioneers in all of its previous meetings. That night the Pioneers were ready to end that streak. Sacred Heart came out of the 1st period with a 1 to nothing lead on a goal scored by freshman defense woman Kristina Feltz her 3rd goal of the season. The second period had a whirlwind of scoring as the Pioneers scored 3 goals in a 9 minute span. The scoring started with Michelle Panella’s 9th goal of the season, followed shortly thereafter with Gina Arnone adding her 10th of the year, and then closing out the scoring was Alexis Dedousis, notching her 1st collegiate goal of her career. The Pioneers went on to win that game 4 to 2.

A week later, the team went into the Christmas break with its best record since moving to Division 1. Following Christmas break the Pioneers went on a tear and went 7 and 1 through the month of January, including a 7 to 1 win over interstate rival Holy Cross. Katelin McLaughlin had 3 goals and 2 assists to lead all scorers during the game. Gina Arnone had 2 goals, 15th of the season and 2 assists, followed by Allie Gillman scoring her 2nd goal of the season and Maria LaScala scoring her first career collegiate goal of her career.

The Lady Pioneers faced some rival division 1 teams during the month of February which helped them prepare for the season ending tournament.

So now the E.C.A.C Open Tournament was upon them. The Pioneers were seeded number 1, which matched them up against the St. Michaels Saints. That game was a solid win for the Pioneers which propelled them into a showdown with St. Anselm College. The 2 teams had split the season series and now it was all on the line for the coveted championship trophy. Just as the season began, the Pioneers were totally in the zone and played a solid game from the drop of the first puck till the siren sounded at the end of the game. Jessica Felt got the Pioneers on the board just 6:52 into the game, scoring an unassisted goal, her 6th goal of the season to give the Pioneers a 1 to nothing lead. Then with 4:30 left in the 1st period Michelle Panella scored the eventual game winner on assists from Gina Arnone and Katelin McLaughlin. Both teams played hard and had scoring chances during the remainder of the game. Stephanie Boulay had an exceptional game stopping 32 of St. Anselm’s 33 shots on net. They scored in the waning minutes of the game on one of their 9 power play opportunities. Stephanie Boulay was totally in the zone having one of the finest games of her collegiate career, thus earning her the Most Valuable Player of the tournament.

The Pioneers were the E.C.A.C Open Tournament Champions and what had started out as a promising season did just that. This was a year that this whole group of players and coaches could be proud of. The best part about it all was how this team worked hard, played hard and grew together. It was awesome!

The seniors Jane Auxier, Sarah Turburt, Nicole Farrell, and Jessica Felt, were instrumental in helping guide the program during all of their 4 years at Sacred Heart University. They have now knowing that they had a huge part in making this program what it is today. It was only fitting that the seniors leave on a winning note, they earned it. The team made major inroads and earned respect on the national level, that is only done by everyone working together. This was just the start of many great seasons to come!
The Sacred Heart University men’s Ice Hockey team finished with a record of 22-12-2, the most wins in school history.

The Sacred Heart University men’s ice hockey team finished the 2005-06 season with a record of 22-12-2, the most wins in school history. The Pioneers finished in third place in Atlantic Hockey and qualified for the playoffs for the tenth straight year.

The Pioneer attack was led by its top line, anchored by junior assistant captain Pierre-Luc O’Brien. He scored a team high 19 goals, along with 31 assists, for 50 points. O’Brien set new school records for most points and assists in a season. Flanking O’Brien on one wing was sophomore Alexandre Parent, who scored 11 goals and added 27 assists on the year for a total of 38 points. On O’Brien’s other side was Atlantic Hockey Rookie of the year, freshman Be-; Trapp. Trapp was second on the team in scoring with 16 goals and 27 assists for 43 points. O’Brien’s play garnered him All-Conference first team honors while Parent was named to the second team.

The Pioneers second line is anchored by senior assistant captain Rocco Molinaro. One of the best face-off men in the conference, Molinaro also provided an offensive spark, tallying 12 goals and 17 assists.

The Pioneers defense corps was led by senior captain Noel Henck. He was joined by the Pioneers best offensive defenseman, senior Bernie Chmiel, along with junior Kalen Wright, sophomore Scott Marchesi and heavy hitting junior Todd Spencer. Chmiel was an offensive spark on the power play, tallying seven goals and 15 assists.

Junior Jason Smith took over the number one netminder’s duties this year following the graduation of Kevin LaPointe. Smith posted an 18-11-1 record with a 2.24 goals against average, the best of any Pioneer goaltender in school history. He also had an .927 save percentage. Smith also had one shutout to his credit. His 18 wins are the most in a single season by any Pioneer goaltender in Sacred Heart history.

The Pioneers welcomed seven freshman this season and several of them are making an immediate impact. In addition to the play of Trapp, Eric Giosa and Kyle Tyll have each seen significant time up front for the Pioneers. Giosa scored two goals in the Pioneers win over Bentley on January 3rd. Tyll and defensemen Dave Grimson each scored their first markers against Brown. Goaltender Stefan Drew got his first career victory against RIT, and his first shutout against Army on February 4th.
2006

10/14 Union College L 5-2
10/28 Canisius Win 3-0
10/29 Canisius Win 5-3
11/4 Bentley T 1-1
11/5 Bentley L 2-1
11/11 American International Win 6-4
11/12 American International Win 8-1
11/18 Mercyhurst Win 4-2
11/19 Mercyhurst L 3-1
11/27 Rochester Institute of Technology Win 8-5
11/29 Army Win 4-2
12/2 Rensselaer Polytech Win 4-3
12/4 Army L 2-1
12/8 UConn L 2-1
12/9 UConn L 3-1
12/21 Brown (PC Holiday Tournament) Win 4-1
12/22 Providence (PC Holiday Tournament) L 5-2
1/3 Bentley Win 4-1
1/6 Holy Cross Win 3-1
1/7 Holy Cross L 3-2
1/13 Canisius Win 4-1
1/14 Canisius Win 3-1
1/20 Dartmouth L 4-2
1/21 Bentley Win 4-2
1/27 Mercyhurst Win 4-1
1/28 Mercyhurst Win 2-1
2/3 Army L 4-0
2/4 Army Win 3-0
2/17 American International Win 4-1
2/18 American International T 2-2
2/24 Holy Cross Win 4-3
2/25 Holy Cross Win 5-2
3/3 UConn Win 8-3
3/4 UConn L 4-3
3/11 UConn (Atlantic Hockey Quarterfinals) L 4-1
Wrestling
Pinning the Competition

Did you know? Both Payam Zarrinpour and Chris Davis were in the NCAA Championships. Even though both were defeated, Payam and Chris both return next year. Payam Zarrinpour finishes the season with a career record of 95-28, and will certainly hit the 100 win mark next year.
The Sacred Heart University wrestling program finished another strong season behind leadership of Coach Andy Seras, placing 5th at the CAA Conference Championship in Philadelphia, PA, and sending two wrestlers to the NCAA Championships in Oklahoma City, OK. The team finished 6-12 in dual meets with notable wins over powerhouses Rutgers and Boston University. This season they came home with strong finishes at tournaments with 8th place at Cornell’s Body Bar Invitational, 1st place at the Ted Reese Invitational, and finishing 21st of the over fifty top level schools at the Midlands Championship.

Junior Payam Zarrinpour qualified for the NCAA’s for the third straight year by winning the CAA Championship at 285 pounds. He ended his junior career with a respectal 34-7 record, but had a disappointing showing at nationals, going 1-2 and missing All-American honors again. Zarrinpour commented, “I had a good season but I didn’t have the results I expected. We have a good team and if we continue to work hard and build on another, we can have a strong showing next year both as a team and individually.” Sacred Heart’s Chris Davis also qualified for the nationals with his second place finish at the conference tournament. Davis finished the season at 26-14 after going 0-2 at NCAA’s. On that Coach Seras remarked, “I am frustrated that the program could not pick up its first ever All-American. At the same time, I am so proud of the hard work and effort that Chris and Payam showed.”

The pioneer’s Senior Captain, Kyle McCarthy failed to qualify for the NCAA’s this year after a 1-0 loss to Rider’s Zech Cuniff in the semi-finals of the conference tournament. Kyle had an outstanding season going 18-11 but was disappointed by not making a second trip to nationals. “This season was one with many peaks and valleys, but it was successful over all. A moment I’ll never forget was when Sherwood clinched the overtime win against Boston University’s Justin Blumenthal, giving us a final team score of 22-20. Until this year, we have not beaten Boston University while I’ve wrestled for Sacred Heart,” said McCarthy.

Junior Captain Sherwood Hendryk had positive as well as negative feelings on the year after a 3rd place finish at the Conference Championships and a final record of 26-12. Sherwood mentions that, “I had high expectations going into this year for the team and myself, and felt that we fell a little short. Through the season I learned a lot about myself and my team members. Next year, I hope I can take that experience and continue as a team captain to push everyone to the level we need to be at to compete nationally. It’ll be my senior year and I’d really like to go to the big show again with a few team members.”

Overall head coach, Andy Seras was pleased with the team’s performance and looks with high aspirations to the future. “The team is looking more competitive than ever, with deeper, tougher and better athletes. We expect to continue our climb up the national ladder with strong performances next season,” said Seras. The team loses only one starter due to graduation and expects to return strong for the coming season.
Did you know? Several athletes were named to the all conference team for the Pioneers. Evan Lasher, Katie Duffy, Kathleen Henry, and sophomore Jamie Kilis were the four to be named to the team.

**Track & Field**

Sprinting ahead
The Sacred Heart University Men’s and Women’s Track team had a season that was full of great performances and athletes exceeding expectations.

The teams started off the year with a clean sweep at the CTC Relay Carnival held at Southern Connecticut University. The winter season saw more success for the team as the men’s team placed first for the second straight year at Boston University and placed third at The John Covert Classic held at Lehigh University.

At the NEC Indoor Championship, the women came out strong, finishing 5th with strong performances. Junior Katie Duffy and Kathleen Henry finished in 3rd and 4th, respectively, in the Women’s 5000m run. Also helping the women was junior Melissa Koston, who finished second in the high jump. The men finished in 8th place, with scoring performances from sophomore Arman Dixon, who placed second in the long jump and from sophomore Scott Giordano, who scored in three events, including a 4th place finish in the 200m dash.

The Outdoor season started off with strong performances from both the men and women. At the midpoint of the season, both teams took first in the CTC Outdoor meet. The Outdoor Season was highlighted mostly by the performances of senior Evan Lasher. Lasher broke his records in the shot put and discus numerous times and had a strong showing at the NEC Championship meet. Lasher finished first in both the shot-put and discus events to win MVP of the meet and lead the men to a 6th place finish. The men also had good performances on the track at the NEC championship from freshman Luis German who finished fifth overall in the 1500m run and a third place finish from junior Alonzo Meek in the 110m high hurdles.

For the women, who also finished in 6th place, Katie Duffy placed first overall in the Steeplechase and Kathleen Henry finished second overall in the 10,000m run. Sophomore Jamie Kilis led the Pioneers in points in the meet, finishing second in the high jump, fifth in the discus, and seventh in the javelin. Captains Jessica Mugavero and Amanda Lee helped the 4x1 to finish in 8th out of 11 teams with Melissa Kostan and Stephanie Oberheim. Mugavero, Lee, and Kostan also joined with Maureen Mosher in the 4x100 relay for another 8th place finish.

The season overall was filled with great moments that will fuel both teams to improve next season and beyond.
2006

3/5 Providence (Rebel Games) L 1-0
3/5 Tennessee State (Rebel Games) L 4-0
3/6 IPFW (Rebel Games) L 5-1
3/6 LaSalle (Rebel Games) Win 3-0
3/8 St. Bonaventure L 4-3
3/8 Valparaiso (Rebel Games) Win 4-3
3/10 Holy Cross (Rebel Games) L 2-1
3/10 Yale (Rebel Games) L 3-2
3/11 Eastern Illinois (Rebel Games) Win 2-0
3/11 Butler (Rebel Games) Win 4-3
3/16 East Carolina L 6-0
3/16 East Carolina L 3-0
3/18 Charlotte L 8-3
3/18 Charlotte L 3-2
3/24 Niagara (UMBC Tournament) L 7-3
3/24 UMBC (UMBC Tournament) L 8-0
3/25 Brown (UMBC Tournament) L 4-3
3/25 St. Francis, NY (UMBC Tournament) Win 4-3
3/26 St. Francis, NY (UMBC Tournament) Win 10-1
3/26 Niagara (UMBC Tournament) L 10-2
3/28 Boston College L 6-0
3/28 Boston College L 6-1
3/29 Boston University L 7-2
3/29 Boston University L 3-0
3/31 LIU L 9-0
3/31 LIU L 9-2
4/1 Iona L 3-2
4/1 Iona Win 6-0
4/2 Iona L 4-3
4/2 Yale Win 6-5
4/6 Hartford L 7-3
4/6 Hartford L 7-6
4/9 St. Francis, NY Win 8-0
4/9 St. Francis, NY Win 6-2
4/10 Mount St. Mary's L 2-1
4/10 Mount St. Mary's L 1-0
4/14 Central Connecticut Win 11-2
4/14 Central Connecticut Win 7-2
4/15 Quinnipiac L 1-0
4/15 Quinnipiac L 3-1
4/18 Monmouth L 5-4
4/18 Monmouth L 2-0
4/6 Fairleigh Dickinson L 1-0
4/6 Fairleigh Dickinson Win 9-0
4/30 Wagner L 2-1
4/30 Wagner Win 2-0
4/15 Robert Morris L 4-0
4/15 Robert Morris L 3-2
Rookies help pave the way for the lady Pioneers

The Pioneer softball team finished the season with a 14-34 overall record and a 6-12 mark in Northeast Conference play. After starting the season at the Rebel Games in Florida, the team made trips to Boston, North Carolina and Maryland before returning north to open their home schedule. The conference season saw the Pioneers fight until the final few weekends to make the playoffs but fall just short.

The shining light in the Pioneer season was the performance of the freshmen players. With four starting on a regular basis, three of the top four hitters on the team were rookies. Second baseman Amanda Bradley led the team with a .294 average and 14 RBI. Ashley McDonough led the team in RBI with 19, hits, 44, and runs scored with 26, while posting a .284 batting average. Rookie first baseman Amanda Bradley posted a .277 average, adding 16 RBI.

On the mound, senior Chrissy DeMott led the way with a 2.81 ERA and eight complete games. DeMott tossed a no-hitter on March 6th against LaSalle to earn the Pioneers first win of the year. Sophomore Megan Spehar posted a team high six wins with a 3.56 ERA. She led the team with 93.2 innings pitched and 87 strikeouts.

Although the Pioneer softball squad fell short of their goal of making the playoffs in 2006, the team experienced a year of growth. The Pioneers will look to build on this year and will continue their quest for a postseason berth in 2007.
2006

3/4 Lehigh L 6-4
3/5 Penn State L 17-2
3/5 Michigan State L 8-2
3/7 Pittsburgh L 16-6
3/8 Boston College L 8-7
3/8 Saint Joseph's (PA) L 8-6
3/9 Rollins College L 16-9
3/10 Saint Joseph's (PA) L 7-6
3/10 Saint Joseph's (PA) L 16-9
3/11 Pittsburgh L 10-5
3/12 Saint Joseph's (PA) L 16-9

4/18 Manhattan Win 14-9
4/24 Mount St. Mary's L 3-2
4/24 Mount St. Mary's Win 1-0
4/26 Bridgewater L 11-9
4/29 Monmouth Win 3-2
4/29 Monmouth L 7-0
4/30 Monmouth Win 5-4
5/6 Central Connecticut State Win 1-0

5/11 Central Connecticut State L 4-0
5/12 Central Connecticut State L 10-8
5/10 Manhattan L 9-3
5/12 William & Mary L 8-4
5/12 William & Mary L 7-4
5/19 Fairfield Dickinson Win 9-6
5/20 Fairfield Dickinson Win 9-4
5/25 Fairfield Dickinson Win 10-5
5/26 NEC vs. Cent. Conn. Win 7-5
5/27 NEC Championship vs Central Conn. Win 10-5

6/3 Georgia (NCAA Regional) L 4-3
6/3 Jacksonville (NCAA Regional) L 4-3

Baseball Champions

NEC Champs
"My guys have a lot to be proud of, especially an NEC Championship... We are actually the first male sport from Sacred Heart to go to a regional." -- Head Coach Nick Giaquinto

The Sacred Heart University men’s baseball team had a very impressive season for 2006. They ended the season with a record of 26-30, the best record since turning Division 1 in 2000.

Junior pitcher Jay Monti struck out a Central Connecticut batter with the tying runs on base in the ninth inning to give Sacred Heart baseball a 10-8 win over the #1 seeded Blue Devils and give the Pioneers their first ever Northeast Conference baseball championship. The Pioneers finished the NEC Tournament winners of eight straight games. Monti, the Pioneer ace of all year, was called on for his first relief appearance of the season in the championship game. Bobby McKee, who hit .400 in the tournament and drove in five runs, was named the NEC Tournament MVP. Monti, pitcher Chris Aldrich and Hanson were all named to the All-Tournament team.

Sacred Heart was sent to the Georgia Regional in the NCAA’s, where they faced top-seeded University of Georgia in the opener in Athens. The Pioneers were blanked in the opening game and had to face Jacksonville University in the second round. A homer by senior Dan Garcia in the eighth and an RBI single by McKee got the Pioneers within a run, but they fell to the Dolphins 4-3 and were eliminated.

This has been the first time Sacred Heart University has qualified for the Division I baseball playoffs. The Pioneers did appear in five NCAA Division II Regionals, and twice made the NCAA Division II World Series (1976 and 1992).

Sophomore Jeff Hanson led the Pioneers in hitting, finishing with a strong .351 average. He also led the team in doubles, homers, and RBI. Senior Dave Kaloyanides also had the best year of his career, finishing with a .316 average and a team-high 13 stolen bases.

“My guys have a lot to be proud of, especially an NEC Championship,” said Pioneer head coach Nick Giaquinto. “We fought hard in the NCAA’s, and I’m just proud of my guys. We are actually the first male sport (from Sacred Heart) to go to an NCAA regional. We had our women’s basketball team go this year, women’s soccer went a couple years ago, and field hockey went this year too.”

With a season such as this under their belts, the Pioneers have nothing but bright successes and an extremely optimistic future ahead of them. The loss of some key seniors, however, will be surely missed.

“IT WAS A HARD-FOUGHT CONTEST.”
"We have more talent, more speed, and more depth then we ever had." -- Coach Laura Cook

For the Sacred Heart women's lacrosse team 2006 was all about finding a successful mix of experienced, savvy upperclassmen and talented newcomers that could lead them back to a spot at the NEC tournament, which they successfully were able to achieve.

The Pioneer attack had to replace the loss of last year's leading scorer Joanne Montesarchio with a heralded group of talented upperclassmen led by junior Brianna Bubeck. The defense was led by co-captains Jessica McDonough and Candice Celebre along with Junior Liz Fritz. "Defensively, we are much approved," stated the head coach. "Jessica McDonough and Liz Fritz are two shutdown defenders. Liz is an extremely strong defender and Jessica has the best footwork of anyone I've seen play in our conference."

The Pioneer women advanced to the Northeast Conference Championship game with a 12-9 victory over third-seed Quinnipiac University led by three goals from Heather Gureckis. Gureckis led a balanced attack each which four players collected three points and the Pioneers held off any rally attempts by the Bobcats to secure them a spot in their first-ever NEC title game.

They went on to lose against Monmouth 10-5 in the championship game, but they played only as true champions would. With an 8-10 record overall and 8-2 record in the NEC, the Pioneer women came out of a season they could truly be proud of.
<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/25</td>
<td>Brown L 14-4</td>
<td></td>
</tr>
<tr>
<td>2/28</td>
<td>Marist L 12-8</td>
<td></td>
</tr>
<tr>
<td>3/2</td>
<td>Davidson L 17-8</td>
<td></td>
</tr>
<tr>
<td>3/6</td>
<td>Holy Cross L 11-4</td>
<td></td>
</tr>
<tr>
<td>3/14</td>
<td>Stonybrook L 20-5</td>
<td></td>
</tr>
<tr>
<td>3/19</td>
<td>Manhattan L 13-6</td>
<td></td>
</tr>
<tr>
<td>3/22</td>
<td>Villanova L 8-5</td>
<td></td>
</tr>
<tr>
<td>3/26</td>
<td>Long Island Win 10-8</td>
<td></td>
</tr>
<tr>
<td>3/28</td>
<td>Lehigh L 11-10</td>
<td></td>
</tr>
<tr>
<td>3/31</td>
<td>Wagner Win 17-8</td>
<td></td>
</tr>
<tr>
<td>4/7</td>
<td>Mount St. Mary's Win17-8</td>
<td></td>
</tr>
<tr>
<td>4/9</td>
<td>Monmouth L 15-8</td>
<td></td>
</tr>
<tr>
<td>4/13</td>
<td>Robert Morris Win 11-8</td>
<td></td>
</tr>
<tr>
<td>4/15</td>
<td>St. Francis (PA) Win 13-7</td>
<td></td>
</tr>
<tr>
<td>4/21</td>
<td>Quinnipiac Win 12-5</td>
<td></td>
</tr>
<tr>
<td>4/28</td>
<td>Central Connecticut Win 19-10</td>
<td></td>
</tr>
<tr>
<td>5/5</td>
<td>Quinnipiac (nec tournament) Win 12-9</td>
<td></td>
</tr>
<tr>
<td>5/7</td>
<td>Monmouth (nec tournament) L 10-0</td>
<td></td>
</tr>
</tbody>
</table>

**Did you know?** 1991 was the inaugural season for the Lady Pioneer’s Soccer Team, which started with only a 1-13 record. Sixteen years later, the women’s soccer team has made tremendous leaps and bounds.
M Lacrosse fighting for the win

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>2/25</td>
<td>Colgate</td>
<td>L 12-10</td>
</tr>
<tr>
<td>3/4</td>
<td>Manhattan</td>
<td>L 6-5</td>
</tr>
<tr>
<td>3/10</td>
<td>Air Force</td>
<td>L 11-9</td>
</tr>
<tr>
<td>3/12</td>
<td>Denver</td>
<td>L 10-6</td>
</tr>
<tr>
<td>3/18</td>
<td>Binghamton</td>
<td>L 10-8</td>
</tr>
<tr>
<td>3/21</td>
<td>UMass</td>
<td>L 17-9</td>
</tr>
<tr>
<td>3/25</td>
<td>Robert Morris</td>
<td>Win 15-9</td>
</tr>
<tr>
<td>4/1</td>
<td>Villanova</td>
<td>L 15-7</td>
</tr>
<tr>
<td>4/5</td>
<td>Hofstra</td>
<td>L 19-8</td>
</tr>
<tr>
<td>4/8</td>
<td>Delaware</td>
<td>Win 9-8</td>
</tr>
<tr>
<td>4/15</td>
<td>Drexel</td>
<td>L 18-6</td>
</tr>
<tr>
<td>4/18</td>
<td>Maryland</td>
<td>L 18-2</td>
</tr>
<tr>
<td>4/22</td>
<td>Towson</td>
<td>L 14-5</td>
</tr>
<tr>
<td>4/26</td>
<td>Hartford</td>
<td>L 18-9</td>
</tr>
</tbody>
</table>
This year’s Offensive Most Valuable Player was midfielder Matt Robideau (Massena, NY), a team captain this season and the recipient of the Offensive MVP award the last three seasons. Robideau was second on the club in scoring this year with 26 points on 18 goals and eight assists. He was second in the Colonial Athletic Association with six man-up goals on the year. He finished his career with 101 points, 11th on the Sacred Heart all-time list. He scored 67 goals with 34 assists, 10th on both the career goals scored and assists lists.

Chad Clark (Camillus, NY) was awarded the team’s Most Valuable Defensive Player award. Also a team captain this season, Clark started all 14 games defensively and led the team with 51 ground balls and 18 caused turnovers. His stellar defensive play earned him a spot on the 2006 All-CAA Second Team. Clark was also the winner of this season’s “Coach’s Award”.

This season’s Rookie of the Year award went to freshman midfielder Bobby Karl (Clifton Park, NY) who finished the year with 24 points, fourth on the team. Karl scored eight goals and passed out 11 assists, second on the team. He won two CAA Rookie of the Week awards during the season and finished the season earning a spot on the All-CAA Rookie Team.

Tanzi earned the team’s “Ground Ball” award after registering 41 grounders from his midfield position. He also had eight goals, seven assists and won 32 of 86 face-offs on the year.

Kirch and Healy were the recipients of this year’s “Heart Award” was is given each season to the Pioneer who puts forth maximum effort every day both on and off the field.

The New England Intercollegiate Lacrosse Association announced the participants for the annual East-West Senior All-Star Game and three Sacred Heart Pioneers have made the cut. Seniors Matthew Robideau (Massena, NY), Chad Clark (Camillus, NY) and Kiel Adams (Rome, NY) will play for the West Team this Friday, June 2nd at Tufts University.

Robideau finished his Pioneer career 10th on the school’s all-time scoring list with 101 points. He registered 67 goals with 34 assists in his four-year career, also putting him 10th on both the career goals and assists lists. He was second on the club in scoring this season with 26 points on 18 goals and eight assists. He finished second in the Colonial Athletic Association rankings with six man-up goals on the year.

Clark turned in an all-conference senior season, starting all 14 games defensively for the Pioneers. He led the team with 51 ground balls and had 18 caused turnovers over the course of the season. His stellar play on a young defensive unit earned him a spot on the All-CAA second team.

Adams rounded out an impressive two-years at Sacred Heart by leading the team in scoring with 27 points and goals scored with 23. Adams led the Pioneers in goals his junior year with 22. After transferring in to SHU for his junior and senior seasons, Adams finished with a two-year total of 45 goals, 13 assists and 58 points. He had six man-up goals and notched a pair of game-winners this season.
2005

9/28 MONMOUTH Win 7-0
2/25 HOLY CROSS Win 7-0
3/6 GRAND STATE VALLEY L 0-7
3/7 MT. SAINT MARY's Win 4-3
3/9 ROBERT MORRIS Win 7-0
3/10 JAMES MADISON L 6-1
  3/18 ALBANY L 6-1
3/23: RHODE ISLAND L 4-3
3/24: HARTFORD Win 7-0
3/27: CONNECTICUT L 6-1
  3/29: Siena L 4-3
4/2: LONG ISLAND L 4-3
4/6: STONY BROOK L 6-1
4/12: PROVIDENCE Win 4-3
4/13: QUINNIPAC U. L 7-0
4/18: MARIST L 6-1
4/21: ROBERT MORRIS Win 4-0
4/23: LONG ISLAND L 4-1

W Tennis
Serving some love
SHU Tennis proves its remarkable strength in 05-06 season

The women's tennis team had another successful year in 2005-2006, highlighted by the Pioneers capturing their first New England Collegiate Tournament title last October. Sacred Heart defeated seven other schools to win its first New Englands, outscoring schools such as Providence College, Fairfield University, Holy Cross and the University of Rhode Island in the process. Junior Pam Pillo and freshmen Laura Murillo won the second and third singles title at the New Englands respectively and the Pioneer first doubles team of Pillo and senior Lauren Galatie won the first doubles championship.

Sacred Heart posted a 9-11 overall dual match record and posted a conference record of 5-3 while reaching the Northeast Conference semifinals for the third consecutive year. The Pioneers also had great success off the court, posting a team GPA above 3.2 and was named for the fifth consecutive year an Intercollegiate Tennis Association (ITA) Division I All Academic team. Earning ITA Scholar-Athlete honors was Lauren Galatie who graduated earning the honor each of her four years at SHU, junior Pam Pillo who picked up her third straight honor and first-timers Jessica Schnell, Laura Murillo, Mandy Finkelstein and Alicia Myck.
<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Result</th>
</tr>
</thead>
<tbody>
<tr>
<td>9/11</td>
<td>Fairfield U Double Festival</td>
<td>No Score</td>
</tr>
<tr>
<td>10/5</td>
<td>Siena</td>
<td>L 7-0</td>
</tr>
<tr>
<td>10/7</td>
<td>Monmouth</td>
<td>Win 5-2</td>
</tr>
<tr>
<td>10/15</td>
<td>Quinnipiac Invitational</td>
<td>No Score</td>
</tr>
<tr>
<td>2/5</td>
<td>Holy Cross</td>
<td>L 4-3</td>
</tr>
<tr>
<td>3/6</td>
<td>Grand Valley State</td>
<td>L 7-0</td>
</tr>
<tr>
<td>3/7</td>
<td>Mount St. Mary's</td>
<td>L 7-0</td>
</tr>
<tr>
<td>3/9</td>
<td>Robert Morris</td>
<td>L 6-1</td>
</tr>
<tr>
<td>3/10</td>
<td>Saint Peter's</td>
<td>L 5-2</td>
</tr>
<tr>
<td>3/24</td>
<td>Hartford</td>
<td>Win 5-2</td>
</tr>
<tr>
<td>3/27</td>
<td>Connecticut</td>
<td>L 6-1</td>
</tr>
<tr>
<td>3/30</td>
<td>Rhode Island</td>
<td>L 7-0</td>
</tr>
<tr>
<td>4/1</td>
<td>Wagner</td>
<td>Win 6-1</td>
</tr>
<tr>
<td>4/9</td>
<td>Fairleigh Dickinson</td>
<td>L 7-0</td>
</tr>
<tr>
<td>4/12</td>
<td>New Hampshire</td>
<td>L 5-2</td>
</tr>
<tr>
<td>4/13</td>
<td>Quinnipiac</td>
<td>L 7-0</td>
</tr>
<tr>
<td>4/21</td>
<td>Mount St. Mary's</td>
<td>L 4-0</td>
</tr>
</tbody>
</table>
The Pioneer Men’s Tennis Team posted a 3-12 season as they were unfortunately plagued with multiple injuries throughout the season. They came together, however, on April 1st and got back into the win column by posting a 6-1 win over visiting Wagner College in a Northeast Conference dual match-up. The Pioneers swept through all six singles matches to post the 6-1 victory, starting at the top with Peter George posting a 6-4, 6-4 win over Stevie Johnson at #1. Chris McDonnell won his #2 singles match 6-2, 6-0 over Adam Amster followed by Kevin Guidicietro producing a 6-2, 6-3 win over Branden Scalvzzo at #3. Rounding out singles play was Bryan Rodgers, 6-1, 6-2 over Scotty Chamberlain at #4 and Kevin Teague 6-1, 6-1 at #5 over Will Schuller. SHU won the #6 singles match by default.

Earlier that season, the Pioneer men had defeated the University of Hartford with a 5-2 win. They scored the doubles point with wins at #2 and #3 led by Joe Merendino and Chris McDonnell with an 8-2 win in the second flight. McDonnell led the singles charge with a 6-1, 6-1 win over Nate Reich at #3. Also earning singles wins was Guidicietro at #4, 6-3, 6-3 and Rodgers at #5, 6-1, 6-1.

Despite the losses, the men’s team proved to have the talent to post wins regardless of the many injuries they endured.
The success of the fall sports program has turned many heads, not only for attendees here at school, but also for future athletic recruits.

The women’s field hockey team and women’s cross country both won Northeast Conference championships, with cross country sharing the title with Quinnipiac. Women’s and men’s soccer both made the NEC playoffs, and women’s tennis won the New England Championship in October.

Has the fall sports program here at Sacred Heart met, or even exceeded, expectations coming into the season?

“Basically our goal is to do well in the conference and come out over .500,” Kim Callicoat, one of the senior associate athletic directors, said. “To have two NEC tournament champions is great.”

The SHU athletic program has been so successful, as a matter of fact, that it stands in first place in women’s sports, and second place overall, in the Commissioner’s Cup standings, which is a measuring stick for a school’s entire sports program within the NEC.

“It’s phenomenal that just about every team this fall made it to some form of the playoffs,” Callicoat

at Sacred Heart has probably been the most success­ful since our move up to Division One in 1999.”

Katie Duffy, a recent recipient of SHU’s Enterprise Athlete of the Week award, has been a steady leader for women’s cross country. The team this year had a couple strong motivations for winning.

“This year we were all very dedicated and knew that an NEC championship was possible, and we wanted it so bad, we worked extra hard for it,” Duffy, a sophomore from Monroe, said. “We wanted all of our 12-mile runs and early morning Saturday practices to pay off, and they did.”

Men’s soccer had one of its strongest seasons in Sacred Heart history, as it made the postseason for the first time ever. After an eight game unbeaten streak late in the season, the Pioneers fell to top seeded Monmouth in overtime of the NEC playoffs.

In addition to a revamped backfield, the strong play of freshman forward Jason Tessitore of Ansonia and freshman goalkeeper Mathew Jones of Newcastle, England provided a constant backbone to a deep and talented squad.

Women’s soccer had a winning season as well, and finished at a strong 5-3-1 in NEC play, before being ousted by Central Connecticut in the playoffs. The team was led by the strong play of senior forward Erica Rico of Cranston, R.I., senior midfielder Orlagh Cullen of Offaly, Ireland, junior midfielder Lisa Burbige of Babylon, N.Y., and junior goalkeeper Ashley Mocarski of Stratford.

Field hockey made an incredible turn-around this fall, after starting the season 0-7. The team went on a surge for the rest of the way, propelling itself all the way to a victory over Rider in the NEC championship game.

Freshman Forward Carisa Eye of Nesconset, N.Y., junior midfielder Colleen Carney of Yorktown Heights, N.Y., and junior forward Becky Ford of Salem, N.H. formed the core of a unit that seemed on the brink of collapse, but salvaged the season with a comeback for the record books.

Although the football team struggled this season a bit more than usual, the team’s overall record of 5-6 does not begin to explain the amount of talent the Pioneers have on both offense and defense. The main problem the team experienced was having both its offense and

Due to the successful season, school’s recruiting power and name carries more weight than it use to in the recent past, according to Lucy Cox, an assistant athletic director specializing in academic support.

“At the Division One level, athletes want to able to compete in the tournament. When the recruits see that we’ve been making the playoffs, and have the chance to reach the NCAA championships for some of the sports, it definitely catches many future athletes’ attention,” Cox said.

One of Sacred Heart’s greatest attributes is to provide a great role model for the student athlete. In other words, academics is always prioritized over athletics, and the university takes a very proactive role in making sure the school’s student athletes are receiving the help they need with their work.

There tends to be a perception among the college sports world that many athletes “get it easy” in the classroom, because the respective colleges value their athletic talents to such a high degree. Sacred Heart University, however, doesn’t believe in the idea of special treatment.

“We want our student athlete to be successful, hands down. We try to nurture our athletes, not enable them,” Cox said.

Sacred Heart has always had a very high graduation rate and GPAs among top colleges around the country. Notably, the women’s tennis team’s GPA was recently recognized as one of the highest in the nation.

The combination of success, both on the field as well as academically, has been earning Sacred Heart respect from other schools and recruits alike.

--Oliver Kranichfeld
Sacred Heart seniors rowed their final collegiate races Sunday at the Mid-Atlantic Collegiate Crew Championships in Fairfax County, Virginia. In a mixed state of bliss and melancholy, Casey Lyth, Desiree Johnston, Erin Nash and Angelica McKessy relished their moments on the course and then bid their team farewell. Graduate-student Alison Daly also exhausted her eligibility this day after coxing SHU’s novice 4+ to silver in an eleven-boat fleet.

Fine weather, successful results and vast parental support made this regatta a fitting end to the seniors’ careers. The team’s smaller boats fared better in overall racing, netting three silvers for the day.

Freshman Ashley Steams raced in the Women’s Single Scull event. After only a handful of practices in the most challenging boat of all—the single—Ashley rowed the 2000m course in 10:26.7, following in second place behind R. Morris with a time of 9:35.4.

Sophomore Caitlin Rousseau and junior Caroline Picknally teamed up again in the Women’s Pairs race, winning silver. The pair finished 2 seconds behind first place, John Hopkins and well ahead the rest of the competitors: SUNY Maritime, R. Morris, Maryland and St John’s.

Sacred Heart’s Varsity 4+, with junior Ladouceur and three seniors Lyth, Johnston and Nash, achieved its goal of qualifying for the grand final. Battling with Catholic for third place, the Pioneer V4+ dug in—finishing 3 seconds ahead of Catholic, earning a lane for SHU in the grand final where they place fifth behind: Penn State, Carnegie Mellon, Wentworth and George Mason.

Grad Student coxswain Ali Daly led her Novice 4+ crew (Amy Dion, Kristina Dolan, Katie Schlosser and Jillian Crisci) to a second place finish in their heat, placing second to R. Morris and ahead of JHU, St John’s and Wentworth. In the final, the Sacred Heart Novice 4+ placed second to powerful Penn State with third place UMW only 2 seconds behind in third, followed by R. Morris in fourth, JHU in fifth and Catholic in sixth.

The Pioneer Novice 8+ crew (Jessica Roberts, Erika Spadofora, Lilah Rossi, Katherine Irizzary, Elizabeth Willmott, Ann Marie Vecchiollo, Mallory Berko, Emily Keogler and coxswain Ali Daly) finished fourth in their petite final behind first place American, GMU and Penn State.

In the Varsity 8+ Division 1 final, Sacred Heart (Caitlin Rousseau, Caroline Picknally, Ivanna Williams, Jessica McCarthy, Ashley Steams, Alycia Noeth, Melissa Allen and Angelica McKessy) placed fourth behind first place winner George Mason University followed by UMW in second, and Loyola in third. Senior rower Desiree Johnston coxed her first race—which also happened to be her last collegiate race—when a hot-boat situation prevented coxswain Ali Daly from competing in this event.
Equestrian leaps of faith

2006

10/09 St. Joseph Horse Show 1st
10/16 Fairfield University 5th
10/23 Hofstra/Zone 2, Region 4 Alumni Horse Show 5th
10/30 Stony Brook University 6th
11/06 Molloy College 5th
11/13 Columbia University ---
2/26 Yale University ---
3/26 CW Post ---
4/02 Zone 2, Region 4 Championships
4/20 Varsity Equestrian Championship L 737-657
The women's equestrian team opened the 2005-2006 season with a tie for first at the St. Joseph (NY) Horse Show. The combination of an experienced returning roster, coupled with a talented group of newcomers and an unprecedented level of roster depth, all contributed to the win.

Junior equestrian rider Lauren Pierce qualified for her second career IHSA post-season appearance for the 2006 season. With a 3rd place showing in Open Fences, Pierce surpassed the requisite 28 points to qualify for the season ending competition. Pierce joins teammates Sara Spagna, Nicole Lay and team co-captains Ashley Coppola and Kelly McGovern at the April 2nd competition.

Pierce last competed at Regionals during her freshman campaign, in Intermediate Fences. There, she finished as the 2004 Zone 3, Region 1 Reserve Champion and moved on to compete at the Zone 3 Championship Horse Show.

Five members of the 2005-2006 Sacred Heart Equestrian Team, along with the coaching staff, traveled to Albuquerque, New Mexico to compete in the Fifth Annual Varsity Equestrian National Championships. The team was one of twelve teams selected to contest this event, being hosted by New Mexico State at the New Mexico State Fair Grounds.
The Pioneer Women’s Golf Team has much to be proud of for a year of tremendous growth and success. With captains Kathleen Cummings and Ashleigh O’Rourke, the Pioneer women were determined to have a solid year. They opened their season with the Dartmouth Women’s Invitational where they finished 14th out of 17 teams. Sophomore Patricia Heyes led the Pioneers with a day one score of 83, shooting a 42 on the front nine and 41 on the back. SHU’s other golfers were freshman Katherine Wolpert with an 87, fellow freshman Joanne Martorana with an 89, junior Ashleigh O’Rourke with a 90 and junior Kathleen Cummings with a 92. Day two saw Heyes finishing with a two-round score of 174, Martorana with 176, Cummings with 179, Wolpert with a 183 and O’Rourke with a 187.

The women pressed on to finish first at both the Princeton Invitational and Monmouth Invitational, with several close seconds at others. They placed 7th overall at the NEC Championship in Orlando, Florida on April 30th held at the Disney’s par-72 Lake Buena Vista Golf Course. The Pioneers were led by freshman Jennifer Tierney who finished tied for 13th overall with a two-day score of 169. Jillian Nery finished 26th with a two round score of 182. Sacred Heart had a team finished score of 718 (367-351).

With a team consisting of seasoned players as well as several new faces, 2007 looks more promising than ever.
The Pioneer Men’s Golf Team marked another year of growth. They kicked off the season at the Dartmouth Invitational at the Hanover Country Club Monday afternoon, finishing 9th among 12 teams. Sophomore Tom Campbell was the Pioneers top-golfer with a 54 hole score of 232. Campbell fired a 77 and 72 on Sunday but came back with an 83 on Monday to fall out of the top-10 and finish tied for 21st. Freshman Matthew Belizze, competing in his first collegiate event, finished tied for 25th with a combined score of 234. Belizze shot a pair of 76 rounds on day one and hit 82 on Monday.

The Pioneer men finished 6th out of 12 teams the following week at the Central Connecticut Invitational, which then led to a 4th place standing out of 5 teams at the Quinnipiac Bobcat Invitational.

Shortly thereafter at the ECAC Championship, Campbell finished second at the Tunxis Plantation Golf Course in Farmington, Connecticut to help the Pioneers finish 10th overall out of 10 teams. Campbell finished day one with an even-par 72 that left him tied for ninth in the overall individual standings. Campbell came back on day two and fired a four-under 68, four strokes off the low score of the day and five back of the tournament leader. Freshman Matthew Belizze shot 78 on day two and finished with a two round score of 150 (72-78).

The men’s golf team went on to finish sixth overall at the 2006 Northeast Conference Championship at Disney Palm Golf Course in Orlando, Florida on May 7th, 2006. The Pioneers finished with a team score of 626.

For the Pioneers, junior Ryan Leahey finished tied for sixth overall with a 151 over the two day event. Leahey shot a 76 on day one and came back with a 75 on day two on the 6,802 yard, par 72 course. He was followed by Campbell in 15th with a 155 (79-76), Belizze in 20th with a 157 (79-78) and freshman Mark Metcalf in 34st with a 163 (74-89).
baseball, basketball, bowling, crosscountry, fencing, football, golf, icehockey, lacrosse, soccer, tennis, track&field, volleyball, wrestling, equestrian, rowing, softball, swimming.

baseball, basketball, bowling, crosscountry, fencing, football, golf, icehockey, lacrosse, soccer, tennis, track&field, volleyball, wrestling, equestrian, rowing, softball, swimming.

baseball, basketball, bowling, crosscountry, fencing, football, golf, icehockey, lacrosse, soccer, tennis, track&field, volleyball, wrestling, equestrian, rowing, softball, swimming.

baseball, basketball, bowling, crosscountry, fencing, football, golf, icehockey, lacrosse, soccer, tennis, track&field, volleyball, wrestling, equestrian, rowing, softball, swimming.

baseball, basketball, bowling, crosscountry, fencing, football, golf, icehockey, lacrosse, soccer, tennis, track&field, volleyball, wrestling, equestrian, rowing, softball, swimming.

baseball, basketball, bowling, crosscountry, fencing, football, golf, icehockey, lacrosse, soccer, tennis, track&field, volleyball, wrestling, equestrian, rowing, softball, swimming.

baseball, basketball, bowling, crosscountry, fencing, football, golf, icehockey, lacrosse, soccer, tennis, track&field, volleyball, wrestling, equestrian, rowing, softball, swimming.

baseball, basketball, bowling, crosscountry, fencing, football, golf, icehockey, lacrosse, soccer, tennis, track&field, volleyball, wrestling, equestrian, rowing, softball, swimming.

baseball, basketball, bowling, crosscountry, fencing, football, golf, icehockey, lacrosse, soccer, tennis, track&field, volleyball, wrestling, equestrian, rowing, softball, swimming.

baseball, basketball, bowling, crosscountry, fencing, football, golf, icehockey, lacrosse, soccer, tennis, track&field, volleyball, wrestling, equestrian, rowing, softball, swimming.

baseball, basketball, bowling, crosscountry, fencing, football, golf, icehockey, lacrosse, soccer, tennis, track&field, volleyball, wrestling, equestrian, rowing, softball, swimming.

baseball, basketball, bowling, crosscountry, fencing, football, golf, icehockey, lacrosse, soccer, tennis, track&field, volleyball, wrestling, equestrian, rowing, softball, swimming.

baseball, basketball, bowling, crosscountry, fencing, football, golf, icehockey, lacrosse, soccer, tennis, track&field, volleyball, wrestling, equestrian, rowing, softball, swimming.

baseball, basketball, bowling, crosscountry, fencing, football, golf, icehockey, lacrosse, soccer, tennis, track&field, volleyball, wrestling, equestrian, rowing, softball, swimming.

baseball, basketball, bowling, crosscountry, fencing, football, golf, icehockey, lacrosse, soccer, tennis, track&field, volleyball, wrestling, equestrian, rowing, softball, swimming.

baseball, basketball, bowling, crosscountry, fencing, football, golf, icehockey, lacrosse, soccer, tennis, track&field, volleyball, wrestling, equestrian, rowing, softball, swimming.

2006 Athletes
From the College of Arts & Sciences students conducting groundbreaking research to the John F. Welch College of Business students creating award-winning campaigns in national competitions, to the College of Education and Health Professions students making an impact in at-risk communities, Sacred Heart has always promoted an atmosphere of learning both in and out of the classroom. 2006 was no different as there were some of the most remarkable student/teacher contributions ever to have been seen on campus.
Dr. Calabrese: A True Pioneer at Heart

want you to see the world through the lens of this course.” “Culture and context.” “Take 15 minutes every day to do something just for you, because you’re the only you you’ve got.” If you walked into a classroom at SHU this past semester and heard one of these mantras, there is only one professor who could have been teaching: Dr. Marian Calabrese. After teaching at Sacred Heart for the last 39 years, Dr. Calabrese hung up her chalk at the end of the Fall 2005 semester, leaving behind a legacy the likes of which will not be seen for quite some time.

Dr. Calabrese began her career at SHU teaching Freshman Communications classes. She went on to become the director of the Freshman Program for 11 years. Dr. Calabrese’s team taught numerous classes such as Native American Literature and Images of the Holocaust. She also created and taught the upper level communications courses Interpersonal Communications and Nonverbal Communications. Dr. Calabrese and Dr. Carol Schofield of the Biology department (who also retired this Fall) worked together to create the Pre-Medical Program here at SHU, successfully combining elements of both the Arts and the Sciences.

Dr. Calabrese used her students’ ideas to provide the framework for her courses because she wanted them to feel involved in their coursework. According to Dr. Calabrese: “I love to invite students in to plan projects, curriculum, and the final. If students own part of the course, they will enjoy it more.” She wanted her students to feel that the classroom was a safe place where they could explore and make mistakes in a non-threatening environment. Dr. Calabrese believed that “an atmosphere of trust makes it exciting. It allows students to take risks.”

But Dr. Calabrese’s accolades go far beyond the classroom. She was involved in many of our community outreach programs here at SHU. Dr. Calabrese enthusiastically participated in Habitat for Humanity workdays and Read-Alouds in the Bridgeport schools. By starting Knit Wits, Dr. Calabrese brought together students and faculty to knit hats and mittens for the people of Bridgeport and healing shawls for cancer patients. Dr. Calabrese provided Christmas cards for student clubs and organizations to write to soldiers overseas and organized their delivery in time for the holidays.

If you didn’t see Dr. Calabrese sawing or knitting, you probably spotted her cheering on the Pioneers at an athletic event or sitting in the audience at a play. Dr. Calabrese believed in recognizing and celebrating students’ achievements outside of the classroom. She understood that there is a world outside the classroom that is an equally important part of a student’s college experience. Her dedication to her students’ activities made Dr. Calabrese a beloved professor here at SHU.

By showing that she cared about her students’ careers both inside and outside the classroom, Dr. Calabrese touched the life of everyone she met. Having to sum up her 39 years at Sacred Heart University in a few paragraphs does a great disservice to the incredible impact she left. Even the phrase “sum up” is inappropriate, because it implies that it is possible to fully express the extent to which Dr. Calabrese made SHU a greater place to live and learn.

By Lindsay Halle
In general, Sacred Heart students are known for being hardworking and charitable. Some members of the student body, however, reach far beyond the expectations of a normal college student. They set themselves apart from others by making contributions to the university that greatly benefit others. Justin Gage is one of these individuals who has helped to better the college experience for his fellow students as well as future students of Sacred Heart. It is for his involvement that he is recognized.

Justin is a Student Government Senator for the Class of 2006, and a member of the Academics Committee. Justin felt that it was important to give more recognition to the academic achievements of SHU students. He wanted those who made the Dean’s List to receive more attention than the simple postcard that was mailed home to them. More importantly, Justin and his fellow committee members sought to add more academic honor society chapters to the university. There are approximately thirty different major programs at Sacred Heart, and eleven of those programs had existing national honor society chapters at the start of the 2005 school year. Political Science, Psychology, and English are among the majors with existing chapters. The Academics Committee put into motion the process of gaining acceptance into a chapter for Computer Science majors and an honor society for academically excelling freshmen. Many pages of paperwork later, Justin’s hard work paid off as he was able to start the chapter for Computer Science at the school as well as gain the university’s acceptance into Phi Eta Sigma, the honor society for excelling first year students. In addition, Biology, Math, and Social Work are possible majors that may gain national honor society chapters at SHU in the near future. The committee strives to continue the work from this year to extend to as many majors as possible.

Justin himself has excelled academically throughout his four years at SHU. He double majored in Computer Science and Political Science, and has made the Dean’s List every semester. He is a member of Pi Sigma Alpha (Political Science Honor Society), Phi Sigma Iota (International Foreign Language Honor Society), and Delta Epsilon Sigma (Honor Society for colleges and universities with a Catholic tradition). He has held a full-time internship and a part-time job with General Electric, allowing him to gain experience in the field of information technology, and has been offered a position in GE’s Information Management Leadership Program, beginning in July 2006. He has accepted the position, and will be starting at GE in Connecticut after graduation. The job gives Justin the opportunity to change positions every six months for two years, and will potentially require him to move to different areas of the country.

Students like Justin should be commended for their outstanding work and commitment. We wish Justin the best of luck in the future, and can say with confidence that he will continue to succeed! The SHU community is grateful for his dedication to the University and his contributions to further the growth and success of Sacred Heart. -- Denise Lendino
Sacred Heart University has always been most nobly commended for its remarkable faculty. With the inception of the John W. Welch College of Business this year, such recognition surely must be noted to the one group of faculty in particular that compose it. For Business students, these individuals represent the lifeline of their education.

Dr. Ana Cristina Micu
Dr. Anca Cristina Micu is Assistant Professor of Marketing. Dr. Micu’s interest is in the area of marketing communications with focus on new media. Her interests are reflected in both her teaching and research. Dr. Micu has previously taught at the University of Missouri-Columbia. Her Strategic Communication Research class was among the first classes at the University of Missouri to be part of the Series on Academic Transformation. Dr. Micu’s research is in the areas of persuasion, news and advertising synergies, consumer processing of electronic communication, targeting in the online environment, and permission-based e-mail marketing.

Dr. Bhasin Balbir
Dr. Ako Doffou
Prof. John Gerlach
Dr. Andra Gumbus

Dr. Benoit Boyer
Dr. Benoit N. Boyer, Professor of Accounting, received his Ph.D. from the University of California in Los Angeles (UCLA). He is currently the Chair of the Accounting Department. He has been the Chair of the Department since 1997, and was also the founding Dean of the College of Business. His teaching experience includes, Financial Accounting and Managerial Accounting. Dr. Boyer is the author of numerous journal articles and made many presentations at conferences.
Dr. Peter Maresco
Dr. Peter A. Maresco is Clinical Assistant Professor at the John F. Welch College of Business. He holds a Ph.D. from Walden University, an M.A. Corporate and Political Communication from Fairfield University and a B.A. in History from the University of Charleston in West Virginia. Dr. Maresco is involved with various community organizations including the boards of the University of Bridgeport, the Visiting Nurses Association of Fairfield County and the Connecticut Grand Opera. Dr. Maresco is actively involved in writing for the profession with 5 peer reviewed journal articles accepted for publication, 5 book reviews published as well as various contributions to books and articles ready for publication.
Seniors Todd Jensen and Christos Dimos' research on stress was rewarded best presentation in class at the 2005 Eastern Colleges Science Conference at Central Connecticut State University.

During the 2004-2005 school year Christos Dimos and myself participated in the Biology Department’s undergraduate research program. Our Mentor for the project was Dr. Shannon Brightman, past chair of the biology department. Our research used a soil amoeba called Dictyostelium discoideum. This organism has been widely researched for its implications in cellular communication and response to stress. Our research began by learning how to culture and preserve these organisms. After perfecting our skills our research began on a gene called HS8A found in the organism's DNA. The gene of interest in this study codes for a protein that may be expressed during stress and development. Since this cell is eukaryotic like our cells the response may be able to explain our body's response to stress as well. In order to study the attributes of this gene it was interrupted with an antibiotic resistance gene. This made it possible to compare normal amoebas with amoebas that had lost the function of this gene.

My study included development experiments in which the organism’s development was monitored every 4 hours for 36 hours in order to detect any changes in the cycle when the gene was interrupted. Once the experiment was concluded it was found that this gene could have an implication in development since the cycle was lagging when the HS8A gene was interrupted.

Christos' study included heat shock/cell survival experiments in which the organisms were incubated at 30°C for 6 hours. After being heat shocked the percent survival of the normal and knock out amoebas were compared by utilizing a MTT assay. The results of the assay showed that the normal amoebas exhibited greater percent survival than knock out. Thus, implicating (at the time) that the HAS88 heat shock gene can help to increase cell survival but more trials must be done.

The hard work we both put into this project was handsomely rewarded upon presenting our research at the 2005 Eastern Colleges Science Conference at Central Connecticut State University. Each of us presented for 30 minutes on our particular area of research. Our research at the end of the conference was rewarded best presentation in its class. This could not have been possible without the teamwork between Christos and myself as well as the support given by Dr. Brightman.

-Written by Todd Jensen
I remember taking the bus to Piazza Venezia, which is right in front of Victorio Emmanuelle. As we were riding the bus, I felt like the classic tourist, clutching my bag and gazing out the window in awe. I would glance at the Romans on the bus talking to each other, reading the paper, playing with their phones. I thought to myself: *How can they take this view for granted... look what we’re passing! There’s ancient history everywhere.* I took this above picture during our day of sightseeing and I still come back to it every so often just to look. After being here for a few months I realized how blessed I am that Sacred Heart gave me this opportunity to study in such an amazing place.

Yet, as I thought about it, I realized that I was that unobservant bus passenger back home. I am from Concord, Massachusetts. Everyday I walk by Louisa May Alcott’s house, I swim in Walden Pond in the summer, and I walk the streets that Paul Revere rode down on his midnight ride. I take it for granted every day. I know now when I come home I am going to have a greater appreciation of who I am and where I am from. This experience has opened up my eyes to so many new things, including the person I am.

-- Liz Orlando
We are having a great time touring Rome. It is absolutely gorgeous here and it seems like we never run out of new things to see -- St. Peter's Basilica, the Vatican Museums, the Piazza Navona, the Trevi Fountain, Spanish Steps, Castel Sant'Angelo, the Vittorio Emanuelle monument, etc. Rome is an absolutely gorgeous city, and the four of us wish we could stay here forever! We love experiencing the culture, the language, and of course the food is unbelievable! The people here are wonderful; so friendly and always trying to practice their English. We even got to go to Torino for the Winter Olympics and to Sicily for Carnivale. For spring break, we went to Dublin, Paris and Barcelona - three places in ten days. It was a lot of fun, despite the weather being a bit cold. We look forward to the remaining moments we have here in Rome."

--Charity Bishop
IRELAND
Study Abroad
SPAIN
AUSTRALIA

“The World is a book, and those who travel read more than just one page.”

-- ST. AUGUSTINE
Senior Daniel Lo Verde shares the experiences of several members of Sacred Heart's Athletic Training Program, which is known for being one of the most challenging majors here. Members of the program not only have to be extremely diligent in their education and studies, but also must be completely devoted to the field they have chosen to pursue. This is their story.
Another school year is gone and another class has graduated. I am writing to you to tell you all about your awesome athletic training program and it’s graduates. The athletic training program has seen a lot of changes this year. Gail Sampdperl stepped down as the program director to pursue her PhD from Fordham; but don’t worry she’ll still be around as the new “clinical professor.” Taking her place as the interim program director is Tim Speicher, former assistant professor of athletic training. Jodi Oullette has joined the program finishing her first year as the new professor of the evaluation class; and Carrie Silkman finished her first year as our new clinical coordinator.

Unfortunately the AT program suffered the loss of an amazing senior class. Nicole Brunnoholzl worked as both a lifeguard and swim instructor for almost all of her years at Sacred Heart. She will remain in Connecticut next year to take the athletic training position at Bassik High School and also at Pro Care Physical Therapy. Courtney Civitano (ATC) our SATO President won the outstanding senior award this year and will be taking the athletic training GA position at LIU next year to get her masters of science. Ashley Heartwell (ATC) spent a lot of her time at SHU as a member of Beta Delta Phi and will be headed to Nichols College in Dudley MA for her MBA in sports management. Ashley and Courtney were also the co-recipients of the prestigious 2005-2006 Student Athletic Trainer of the Year Award; which was presented in May at the annual athletics banquet.

Dana Jusino (ATC) after playing four years of softball for SHU will be taking the athletic training GA position at Providence College in Rhode Island to get her masters of education in counseling. Another four year SHU athlete, Dan Salvaggio (ATC) played football for the Pioneers, he currently works as an athletic trainer at Copake H.S. in Long Island and will be pursuing medical school. The last of the four year SHU athletes is Kaityin Clark who was a middle distance runner on this year’s conference champion track team. She will be returning to SHU for her masters of science in biology. Lorna Rodriguez graduated with a dual major of athletic training and exercise science. Next year she will be attending Southern Connecticut State University for her master’s degree in exercise science. Melissa Bodzinski (ATC) was one of only a few of the AT seniors to pass all three parts of her certification exam the first time through. She was accepted to George Washington University where she will be in the fall obtaining her doctoral degree in physical therapy.

Matthew Costa (ATC) joins Melissa in passing his boards the first time around. Matt was elected by his peers as the Vice President for the Student Athletic Training Organization (SATO) and participated in such events as the MS walk and countless others. Matt will be the new GA at the Pitt Center as he will be returning to SHU for another three years for his doctoral degree in physical therapy. In fact Matt is just one of a whole bunch of returning AT students, all entering the physical therapy doctoral program (DPT). Keith Sobkowiak also returning for the DPT worked as an athletic trainer for the 2006 NEC Conference Champion Women’s Basketball team. He was also the main contributor of a dominant intramural dynasty winning four championship rings. The third member of the DPT class of 2009 is Michael Moschella. Originally a transfer student from American International College, Mike found a home in the AT department where he was an active member of SATO and participated in such events as the MS walk.

Meghan Hyde (ATC) was an involved and well respected member of the AT program where she worked with the SHU sports teams such as the Men’s Ice Hockey team and was a participant of the St. Baldrick’s Foundation fund raiser. After passing her boards the first time through; Meghan will return in the fall for her DPT. I know what you’re thinking; “how many of these AT kids are coming back?” Well actually… two more!! Leanne Kacsur (ATC) is also coming back. Leanne was the recipient of the Gold Medal of Academic Excellence for the AT program and the MVP award. She also spent a great deal of time performing for SHU FORCE, and was inducted into three national honor societies.

Last but most certainly not least is Katie Singer (ATC). Katie was an RA for many years at SHU as well as a member of SHU FORCE with Leanne. She was also a double major; athletic training and exercise science and will enter the doctoral PT program with her classmates in the fall. Katie however, is distinct among her classmates because she has left the athletic training program with a truly unique gift. Her gift will last for decades and be a sought after prize for all future AT students. Through Katie’s hard work and devotion she made 2006 the inception year of Sacred Heart University’s very own chapter of Iota Tau Alpha. ITA is the National Honor Society for Athletic Training Students, which until now, did not exist at SHU. The name translates as “We heal those who contend for the prize.” The stringent and inflexible induction criteria set forth by Katie ranks ITA among the most difficult honor societies to get into in all of Sacred Heart. These criteria far exceed ITA’s national standards, placing Sacred Heart’s Chapter amongst the top chapters in the country. The inaugural class will be inducted this fall 2006 and includes only three inductees; Leanne Kacsur, Daniel Salvaggio, and myself. This contribution is a true testament to Katie’s selfless, innovative and pioneering personality. This landmark addition to Sacred Heart University leaves all SHU AT students; past, present and future indebted to Katie and her efforts.

Well Sacred Heart, that about does it. What a year for the AT program huh? As for me, I am happily working as certified and licensed athletic trainer at Peak Performance Physical Therapy in Lynbrook NY and will also be the athletic trainer at Lynbrook High School on Long Island. So that’s it… from the whole athletic training program we would like to say goodbye Sacred Heart… thanks for the memories.

Forever your faithful alum,
Daniel Lo Verde   ATC, LAT
The cross found in our school shield "dignifies the other symbols and identifies the University as a community that celebrates the richness of the Catholic intellectual tradition." Through the clubs and organizations present at SHU, several students have found ways to contribute not only to their community, but to themselves in the process; whether it be pledging for a particular greek organization or volunteering countless hours aiding victims of Hurricane Katrina. Whether it be through dance, music, athletics, or academics, there is a club suitable for every individual here at Sacred Heart.


The Executive Board: The Executive Board is the top of the umbrella in student government. Each individual on the board is in charge of a different area of the student government. This board has the final student decision on issues with the University. Their main job is to serve the students and address their concerns to the administration. Not only do they address students' issues, they also play a large role in maintaining school spirit and tradition on campus.

From Left: Dominic D'Errico, Matt Telvi, Kurt Mcloud, Amanda DeMatteis, Josh Sedlock, Amy Nardone, Vincent Wynne III, Jenna Malloy, James Daly, Matt Ricci, Jason Guberman-Pfeffer.
OUR MISSION
- To listen to the students and articulate views regarding student-related concerns to faculty, staff and administration.
- To promote the social, physical, intellectual, career, emotional and spiritual interests of individual students by providing services that meet otherwise unfulfilled student needs.
- To establish representative systems which embrace all facets of co-curricular and extracurricular campus life.
- To provide significant opportunities for the development of leadership, as well as the fostering of community responsibilities among the student body.

message from the president

Student Government’s main job on campus is to serve the student body and create an enjoyable atmosphere for all. Our Student Government came into this school year with a very experienced group. The main goal this year was to set new standards and break records of previous years. Jim Daly, Student Government President led the way in his goal of increasing school spirit on campus. Along with his talented Executive Board, records started breaking across the board. During the freshmen elections in September, the student government helped record the largest freshmen vote ever. This was just the start of a successful year.

The Student Government reached out to the SHU community by performing a Mock Accident to prevent students from driving drunk. Vin Wynne and the Student Events continued the record breaking year by having the largest club on campus, 210 members! The school spirit started coming out as Jenna Molloy and the CCO helped break the overall attendance at a SHU football game. Our Sophomore class provided the students with midnight volleyball and kickball tournaments. The Junior class were in charge of our winter semi-formal, the Snow Ball. This event again broke all other attendance records. The freshman class led a strong campaign in “Get Shoed” to help raise money for charity. SHU’s SG continued breaking records with Pack the Pitt during a Men’s and Women’s Basketball double header. The overall attendance for both teams were shattered this day.

Another event that the Student Government helped work on was the “Stop the Raid on Financial Aid” event. Working with other Universities across Connecticut, they persuaded many of Connecticut’s top legislatures. They also joined forces with Quinnipiac, UCONN, and other schools to help reestablish the Connecticut Student Association to help bridge the gap between each school. President Jim Daly also held a Fireside Chat with Dr. Cernera to inform the student body about the upcoming master plan of the University. The Senior Class continued providing entertainment to the soon-to-be graduates during the Senior Pub Nights and Senior week. While Doing all this the organization also kept track of the Student Activity Budget.

Jim Daly
Student Government President
The Class of 2006 was hard at work since the early summer months where they diligently volunteered their time to run the flea markets located in North Lot in an attempt to raise enough funds for the Senior Class Trip. Their entire year was spent volunteering at numerous events on campus as well as devoting many long hours in preparation for the senior events.

A huge Class of 2007 event occurred on April 3: Mr. SHU, which is possibly one of the most popular and anticipated events on campus. Packing the Edgerton Theatre, Mr. SHU attracts the students, faculty and staff to enjoy a comedic evening of the quest to determine the most charming and talented man at SHU.

The Class of 2008 has definitely had a busy year and plans to further their success within the student body as well as the class as a whole. President Amanda DeMatteis, along with the Class of 2008 board has busily organized events such as the Kickball Tournament, as well as the raffling off of a $100 American Express Gift Check.

The Class of 2009 has definitely proven themselves campus-wide. The Freshwear sales, where freshman can buy clothes to represent their class spirit have definitely been a success. The Class of 2009 has also organized a recycling program, as well as fundraisers on campus such as “You got Shu’ed.”
message from the 2006 class president

To my classmates and friends,

I have never had four years of my life fly by so quickly. It seems like only yesterday we were moving into South and West Hall, saying “good-bye” to our loved ones and welcoming new people and a new adventure here at Sacred Heart University.

Now having graduated, I cannot help but to look back fondly on the past four years here at Sacred Heart and the experiences we’ve shared together. Experiences that we will carry with us for the rest of our lives. Each one of us has left a footprint on each other’s heart, an impression that will be a constant reminder of the time we’ve spent together learning and growing. Even though most of us have only spent four years together – which may not seem that long – we have become a family, and our home will forever be at Sacred Heart University.

I hope that each and every one of you have gotten the most out of your time spent here and will be able to take everything you’ve received from Sacred Heart and begin the next chapter of your life. And even though we’ve all graduated from college and the next step will be our careers, remember that the learning never ends. Approach each new experience and chapter in your life with an open mind and an open heart. However, never forget where you came from and who you have been.

Congratulations on becoming Sacred Heart University’s newest alumni and know what an honor that really is. I wish you all the best of luck in all that you may do in life, and in my heart of hearts I hope we all do meet again on the roads of life, wherever that may lead us.

-- Amy E. Nardone
Class of 2006 President
Mock Accident

Alcohol Awareness Week presented SHU students with a first hand look at what happens when students drink and drive. Nothing is as powerful as seeing it right before you.

"Class Ring"
Mothers Against Drunk Driving.

Close by the door he paused to stand, as he took the class ring off her hand. All who were watching didn’t dare speak as a silent tear ran down his cheek.

All through his mind, memories ran of the times they laughed and walked hand in hand. But now her eyes looked very cold, he’d never have her again, never to hold.

All were silent as he bent down near to whisper "I love you" in her ear. In touching her face he started to cry; he put on his class ring and wanted to die.

And just as the wind began to blow, they lowered her casket into the snow. This is what happens to those alive, when friends let friends drink and drive.

Above: Students look on as their fellow friends enact a fatal car accident due to the effects of drinking.
Left: Student is taken from the wreck on a stretcher.

heart is knowing to say "No"
The Student Government Student Events Team hosted the 2006 Spring Concert featuring the Black Eyed Peas on Wednesday, April 26th at the William H. Pitt center. The concert was just one of the many that made up the 2006 Honda Civic Tour that featured the Black Eyed Peas promoting their multi-platinum album “Monkey Business.” Made up of Will.i.am, Apl.de.ap, Taboo, and of course Fergie, the hip-hop/R&B musicians have become very successful in the past few years with hit after hit including the 2003’s Elephunk album that sold 7.5 million albums worldwide and won them four Grammy nominations and one Grammy award. Songs like “Don’t Phunk With My Heart” and “My Humps” were just a few of the songs featured at the concert.

In addition to the BEP, SHU also hosted The Pussycat Dolls and Flipside who opened the concert. The Pussycat Dolls, made up of six beautiful and talented women, went platinum in January of 2006 with their album PCD that featured the hit song “Don’t Cha.”

Director of Student Activities Tom Wuestkamp, who was one of the people working behind the scenes to make this live concert possible, said, “It’s great to be able to give the students a show they got excited about. The challenges were trying to please everyone because everyone has different tastes.”

With triumphant success (and a line of thousands extending throughout campus), the 2006 Spring Concert definitely ranks at the top of Sacred Heart’s most attended events.
The presence of Greek Life on campus is strong. Over 200 students participate in one of the four fraternities or five sororities on campus. Each member of Sacred Heart University’s Greek Community is committed to a specific social awareness cause that his/her organization is devoted to. That commitment is demonstrated by the various philanthropic events and community service projects completed by Greek Life members each semester.
**Alpha Sigma Psi**
- Locally Founded: 1999
- Colors: Yellow & Black
- Motto: "Begin with Respect, End with Dignity."

**Sigma Delta Chi**
- Locally Founded: 1994
- Colors: Green, Black & White
- Motto: "Blood is thicker than water."

**Omega Phi Kappa**
- Locally Founded: 1995
- Colors: Cream & Burgundy
- Motto: "Unity and diversity leads to knowledge."

---

**Brotherhood Fraternities**
Fraternities

Alpha Sigma Psi

In the Spring of 1999, on February 17th, Alpha Sigma Psi was founded by 18 young men. They were a group of gentlemen, diverse in personalities, looking to bring a new perspective to Greek life. They wanted to make a difference, by being different. Holding them tightly together were their virtues and beliefs in brotherhood. They continue to live each day by their motto: “Begin with Respect, End with Dignity.”

Alpha Sigma Psi’s main objective is to improve the domestic community of inner-city Bridgeport. With this as their defining purpose, they are able to tackle such issues as Poverty and Child Abuse. As they grow, they hope to take on other issues contributing to improvements within Bridgeport.

Along with taking on Inner-city Bridgeport, Alpha Sigma Psi puts a lot of effort into Sacred Heart and its community. Events here on campus are another main area to which they focus on. The brothers of Alpha Sigma Psi consider themselves a tight family brought together and strengthened by their strong beliefs of brotherhood and unity. “With Self-respect, Respect for others, Loyalty, Honor, and a Tight Family, all things are possible.”

Omega Phi Kappa

Omega Phi Kappa was founded by 16 Distinguished Gentlemen hoping to make a significant impact at Sacred Heart University and the surrounding communities; allowing for their ideas to be openly expressed.

This organization is defined by its purpose: To promote a solid understanding of brotherhood through their motto; “Unity and diversity leads to knowledge,” realizing that although we are different, we are all one. Omega Phi Kappa Fraternity practices this purpose by reaching out to young men of all ethnic and racial backgrounds, giving them the chance to get acquainted, involved and share their ideas. In promoting brotherhood, the brothers of Omega Phi Kappa will help new students to succeed academically and socially at this University; to increase their exposure and awareness of diversity; to assist in developing healthy relationships; and to act as well defined representatives within the Sacred Heart University community.

The men of this brotherhood focus on their involvement with the children of the greater Bridgeport area; for they are the “future.” Specifically, volunteering their services to the Winthrop After-School Program, focusing on personal development and sharing their talents with the less fortunate youth of the surrounding area.

Sigma Delta Chi

Sigma Delta Chi was founded by 14 dedicated men who sought to preserve a social atmosphere at Sacred Heart University. In this everlasting brotherhood, each person plays a crucial part to the founding history and its accomplishments in the growing fraternity.

Though some organizations pride themselves on achievement, or even their current or past record of events, the brothers of Sigma Delta Chi understand and acknowledge the importance of being accepted and helping the SHU community, as well as the local community. One of their main goals is to preserve our natural surroundings and resources. One of their many accomplishments has been helping to clean the grounds of the area schools in Bridgeport and in turn planting trees to help the schools look more commendable. Several of the brothers further support this goal by involving themselves in Habitat for Humanity.

The brothers of Sigma Delta Chi place an extreme emphasis on the ideals and purposes of brotherhood, principles, trust and the collective memories among themselves. This close-knit fraternity can be understood from recognition attributed to Alumni brother, Jason Cosimano, who stated, “SANGUE EPI DU Doppio Dell AQUA.” This phrase represents that the brothers of this organization believe that “Blood is Thicker Than Water.”
Sororities
Sisterhood

Beta Delta Phi
Locally Founded: 1964
Colors: Blue & Gold
Flower: Yellow Rose

Kappa Phi
Locally Founded: 1993
Colors: Purple & Gray
Mascot: Ladybug
Motto: “Do or Die.”

Phi Omega Tau
Locally Founded: 1994
Colors: Cranberry, Hunter Green & Gray
Flower: Sunflower
Symbol: Crescent Moon
Motto: “Where we go one, we go all.”
Zeta Iota Lambda
Locally Founded: 2003
Colors: Pink, Blue & White
Flower: White Jasmine
Motto: “A smile to warm, a hand to hold, a friend forever.”

Nu Epsilon Omega
Locally Founded: 1978
Colors: Pink, Blue & White
Flower: White Jasmine
Motto: “What does not kill me only makes me stronger!”

Delta Phi Kappa
Locally Founded: 1995
Colors: Burgundy & Cream
Flower: Rose
Mascot: Butterfly
Gem: Pearl
Motto: “To Live, To Learn, To Grow.”
**Beta Delta Phi**

Beta Delta Phi Sorority, founded in 1964, is the oldest active organization at Sacred Heart University. The purpose of Beta Delta Phi is to assist Sacred Heart academically, socially, and religiously, although, sisterhood and togetherness are their main goals. These goals are not only attained by community-based projects, but also through social events.

Each year, the sisters of Beta Delta Phi raise money for the Y-Me National Breast Cancer Organization and the Susan G. Komen Breast Cancer Foundation. The sisters are dedicated to their cause in raising awareness for breast cancer. One of the sorority's major fund-raisers includes the Pink Ribbon Project in which the entire SHU community shows their support.

The sisters of Beta Delta Phi Sorority can always be seen taking part in many of Sacred Heart University's events. The sisters enjoy their annual Christmas party as well as their spring banquet. The spring banquet is Beta's most beloved tradition. Not only is it a time when the new officers are inducted, but it is also a time for sister superlatives: recognizing the Best Sister and Best New Sister of the Year.

**Delta Phi Kappa**

Delta Phi Kappa is a local sorority based at Sacred Heart University in Fairfield, CT. On February 23, 1995, 19 proud, strong, women united together to establish one common goal which focused on creating Delta Phi Kappa Sorority. The founding sisters recognized the need to serve the women within the nearby community of Bridgeport, Connecticut. The women of Delta Phi Kappa have dedicated their time and efforts to the mission statement which provides guidance and support for young women within the community through social, educational, and career empowerment. Over the years, with their actions in community service, they exemplified the virtues that are outlined in their motto, "To Learn, To Teach, To Grow." In March of 2006, 14 women began to successfully begin the reactivation process, which in turn began the strengthening of Delta Phi Kappa on campus once more.

**Kappa Phi**

Sixteen women who played an instrumental role in the sorority's origin founded Kappa Phi Sorority in 1993. This group of women worked diligently to get the organization off the ground. It has had a strong positive impact on campus, as well as in the community ever since.

Kappa Phi's motto is friendship and sisterhood and "Do or Die". Their philanthropy is working with the underprivileged in surrounding communities to help better their environment. They have completed a great amount of community service in the greater Bridgeport area. The sisters take pride in the numerous community service projects that they are involved in, as well as their social involvement on campus. The sisters of Kappa Phi Sorority take most pride in the close relationships they share with one another as well as their relationship with their Brother Fraternity, Sigma Delta Chi.
**Phi Omega Tau**

In the spring of 1994, a group of friends came to a consensus about the idea of starting their own sorority with their own identity. They wanted to form an organization based on their own set of beliefs. The sisters of Phi Omega Tau believe that they have something very different to offer.

Phi Omega Tau’s main objective is AIDS Awareness. Realizing that AIDS is one of the most dangerous killers of our time, especially among people of our age, the sisters feel very strongly about this issue. The women of Phi Omega Tau are working hard to ensure that they do all in their power to educate and inform people about this deadly epidemic, while helping those who have been infected with the virus.

The sisters of Phi Omega Tau truly exemplify their motto, “Where we go one, we go all.” You’ll never see a sister who isn’t surrounded by other sisters. In the spring of 2005, Phi Omega Tau was awarded “Most Dedicated to Cause” as reward for an extremely successful AIDS awareness week and an AIDS walk on campus that helped to raise money for the Elizabeth Glaser Foundation.

**Zeta Iota Lambda**

Twelve women came together to form a lasting bond resulting from the tragedy of September 11, 2001 to form Zeta Iota Lambda Sorority. Many of these women were personally affected by the tragedy and, as a result, wanted to form a Greek Life organization that would instill compassion within Greek Life and the University community. The Sisters of Zeta Iota Lambda reach out to handicapped and disabled individuals at Sacred Heart and in the surrounding area, as well as work toward increasing Disability Awareness on campus. The Sisters aim to better the physical handicap accessibility aspects of the campus and work closely with the Learning Center.

This group also aids those with disabilities outside the SHU community through working extensively with the Special Olympics and the Kennedy Center. Zeta Iota Lambda’s motto is “A smile to warm, a hand to hold, a friend forever” which reflects their sisterhood as well as their dedication to their cause. This organization was a CT State Nominee for Outstanding Community Service in 2003, and was also recognized by the University for their Service. The Sisters take pride in their extreme devotion to their cause and truly enjoy the community service projects they participate in.

**Nu Epsilon Omega**

Nu Epsilon Omega was founded in 1978 by 12 young women who wished to foster “new concepts and ideas” about sorority and college life.

What is a sorority and what does it do? It is “chiefly (a) social club or society for University women.” (p. 471, Collins Compact Dictionary). A sorority is designed to provide an opportunity to create life long bonds and relationships. However, that is not all that Nu Epsilon Omega is all about. Nu Epsilon Omega was established as a service organization dedicated to reaching out and improving the quality of life within the Sacred Heart community and also the greater community. The sorority works very hard to promote their two causes of Domestic Violence Prevention and Suicide Awareness, and has been recognized for their efforts with Campus Life, Greek Life, and State-Wide awards. In 1999, after a brief hiatus, this organization was re-activated by 21 women, who brought their own “concepts and ideas” to Nu Epsilon Omega while maintaining its many years of tradition. They share a deep respect for each other, for their philanthropies, and exemplify their motto - “What does not kill me only makes me stronger!”
heart is involvement
SHU Elite

SHU Elite is the club that represents Gymnastics for the Sacred Heart community. They work together to help each other progress in the art while having some fun at the same time.

International Club

Sacred Heart welcomes students from around the world, including countries such as Japan, Canada, Bermuda, Italy, and Ireland. The International Club is one way students get involved on campus to celebrate the diversity of their cultures.

Student Nurses

The Student Nurses Association (SNA) is a national organization designed specifically for nursing students. The board acts as a liaison between students and faculty as well as organizes events both on and off campus. These events help to promote the development of skills, standards and ethics that are needed to become a responsible member of the nursing professions.
HISTORY Club

The Department of History offers all history majors, minors, and any student interests in history the opportunity to get involved in special activities. This club offers the chance to watch videos together, go on field trips to local historical sites and museums, and sponsor special lectures.

CRIMINAL JUSTICE Club

The Criminal Justice Club offers club meetings, guest speakers, lectures, field trips, and information on career opportunities in this field for all criminal justice majors.
The establishment of the History Club has been a work in progress since the spring semester of 2008. Professor Thomas Curran worked with students through the fall of 2005, finally gaining approval for the club over this year’s winter break. “All the other majors had clubs and history didn’t. So we felt that this would be a great opportunity for history majors and those just interested in history to get together and really get involved on campus and have fun,” said History Club President, Michelle Baillargeon, Senior, Voluntown, Connecticut.

After countless Monday night meetings and planning events, the 16-member club finally started partaking in activities around campus. The newly established History Club held its first fundraiser during the first week of April; a raffle to win one of two movie baskets.

Along with Vice President Kaitlyn Botsford, Secretary Amanda McLaughlin, Treasurer Lauren Daniels, and CCO representative Mariel Palombo, Baillargeon has been expanding the horizons of the History Club. Long-term goals include creating more field trip opportunities for students. “Aside from providing SHU students with extracurricular opportunities to pursue their passion for history, many of the things the club does involve supporting the Department of History,” he added.

As departments continue to grow, new clubs continue to be established, and more students continue to become involved, the future of the university is looking bright. “Keep your eyes open. A great deal is happening at SHU that promises to be of great benefit to all of us,” said Curran. -- Courtney Kohloff
Habitat for Humanity is known for building simple, affordable homes in low income areas to further develop disadvantaged communities. SHU has been a large part of making this possible in areas of lower Fairfield County.

“We have the oldest campus chapter in Fairfield County. One of the best things about the campus chapter is that we work so closely with the local affiliate Habitat for Humanity of Coastal Fairfield County in the Bridgeport and Stratford areas,” said Phyllis Machledt, advisor to Habitat for Humanity SHU campus chapter.

“Habitat really grew quickly on campus in 1985,” said Machledt. “It is a very community based organization. If you go to the East Side of Bridgeport, you can see easily 40-45 houses that have been built in that neighborhood in the last few years. It really makes a difference in the community because they all work together and the concept is to build a community and not just a house. We have built 109 houses so far in total,” said Machledt.

Habitat has meetings every Wednesday at 5:30 p.m. in the UC wing. They dedicate Saturday mornings and afternoons to the actual work and building time, where they go to the site and complete the tasks of the day. — Ashley Bonora
DEBATE Society

The Debate Society seeks to better a person's logical argumentation and public speaking abilities through parliamentary debate to promote interest and debate competition. Competitions are all over the Northeast as well as the country. The team has competed as far away as Australia, California, and Scotland. Back Row: Peter Boller, Daniel J. Marra III, Mike J. Johnson, Mike J. Maloney. Front Row: Sara Coro, Emily Thorn, Rachel Rusnak, Mary McGoldrick

IRC

The Inter Resident Council (IRC) strives to achieve a sense of community between the residence halls both on and off campus and to promote school/hall spirit. In addition, IRC offers an open forum where all are welcome to voice their concerns about residential issues. IRC sponsors many of the Campus Wide Events, and promotes active involvement and campus integration to accomplish their goals. IRC Leaders: Dan Yngstrom, Tiffany Willshaw & Jon Bassi

DANCE Team

MARTIAL ARTS Club


PRE Law

This club works to educate students interested in the field of law. They bring speakers to campus and hold roundtable discussions to help educate the Student Body about the field. Back Row: Nick Passalacqua, Leslie Hartman, Vincent Contino, Stephen C. Winter. Front Row: Melissa Bonanno, Floyd McIntyre & Natalie DiDonna.

MOCK Trial

Nick Passalacqua, Natalie DiDonna & Vincent Contino.
Since winning the Club of the Year Award in its first year on campus, SHU F.O.R.C.E. has made a name for itself around campus. Beginning with nineteen girls, the group now has over 40 members and they put on a show for their third annual recital.

The recital displayed a variety of dance numbers including jazz, tap, hip-hop, lyrical, and even a special performance by SHU Elite. The girls practiced every Thursday and all day on Sundays to come together to put on a great show. From the Alumni dance to the crowd pleasing 80s mix, the diversity and the hard work was quite apparent.

"There was a lot of pressure this year because this was our first year with a new president, but we stepped it up, and I can honestly say this is our best year," said Katrina Torres, junior from East Hartford.

This year was also an exciting year for F.O.R.C.E. because they had their first official male member of the group. Sophomore, Carlos Pena, from Washington Heights, N.Y. is not the only guy to dance with the club, but is actually the first guy who tried out for the group and made it. Pena helped choreograph "Touch It" with Paul Herman, a Sacred Heart alumni and former Mr. SHU.

Sophomores Amanda Johnson and Ashley Greco dazzled the crowd with their "Newsies/Chicago" tap duet. The "Call On Me/80's mix" had the crowd dancing in their seats and very entertained.

The Alumni dance had some familiar faces and was a very well done performance. Former president, Samantha Couture, Lana Barnes, Sarah Hendrie, Maria Crapanzano and Dawn Doucette reminded the audience of who they were.

The seniors were not forgotten either. The graduating members did their "Senior Dance" as a send off. "I feel the recital was one of the best we've had, said Jenna D'Agostino, a senior from Stamford. "There was much more diversity. I am really sad to be leaving F.O.R.C.E. because it was a huge part of my life and I enjoyed every minute of it." -- Valerie Bellegarde
Sacred Heart welcomed third and fourth graders from different local schools—Winthrop, Marin and Bryant—to participate in "Young at (Sacred) Heart," the university's first-on-campus active learning volunteer project.

Promoting artistic, educational, and athletic appreciation, this fun and educational event day took place Friday, April 15 from 11 to 2 p.m., an initiative by the Universities Mentor Program; about 200 children from the three Bridgeport elementary schools attended the event.

The purpose of hosting this event was to "introduce children at a very young age to the university and to the possibility of attending college in their futures; and to get Sacred Heart University freshman involved in the community service," explained Director of Service Learning and Volunteer Program, Phyllis Machledt. Although this volunteer experience was open to the entire campus, the day was designed entirely to provide freshmen with the opportunity to experience self-learning.

To engage the children in various academic subjects, they participated in active learning sessions, including a hands-on reptile activity run by the Amphibian and Reptile club. The children attended a variety of sessions run by clubs, organizations and student groups such as: the basketball, hockey, volleyball and track teams, ARC, the science ambassadors, the library staff reading and discussion activity, Greek life, Residential Life and many more.

Freshmen as well as upperclassmen contributed in many different ways - some where "buddies" (acting as guides) spent the day with a group of children taking them to each of their sessions; some ran sessions for the kids; some helped with lunch and clean-up. The children really enjoyed spring arts and craft bracelet-making with University freshmen; and a resident Hall director even led a spelling bee contest, and a healthy habits presentation. Lunch was provided by the University and each of the teachers where given a selection of books to bring back to their classes.

Cindy Egloff, student mentor at SHU added, "The best way to measure the success of the day was to look at all of the smiling faces of both the Sacred Heart students and the children. As one of the children told their buddy, 'Sacred Heart rocks.' I look forward to our Second annual Young at Sacred Heart Day."

-- Diana Muniz
The purpose of the Sacred Heart University Chapter of Habitat for Humanity is to assist with the local Bridgeport affiliate in constructing homes, raising funds, and increasing awareness of housing issues in the community.

SHU Players

The SHU Players are an innovative and multi-talented group of students dedicated to producing entertaining, quality theatrical productions at SHU. The SHU Players also develop productions exploring issues facing students.

Student Ambassadors

Student Ambassadors are current students who know all about Sacred Heart University—our history, culture, and up-to-the minute news and events on campus. They are the "eyes and ears" of the University.
Ball Room Dance

The purpose of this club is to help students develop confidence, grace, and knowledge of rhythm and dance. Students will participate in lead/follow activities and learn to Waltz, Fox Trot, Triple Swing, Single Swing, Salsa, Meringue, and Tango. Back Row: Noah Lewis, Kathryn Danner, Samantha Bell, Jana Novakova, Josh, Erica Bouteiller. Front Row: Heather Fumiaatti, Jeremy Harlan, Leanne Kacsur, Monica Loalza.

Kappa Kappa Psi
Band National Honor Society.

Literati Club

Members: Bridgt Steckis, Matt Robinson, Tommy Sands, Diana Muniz, Dr. Sandra Young, Brad Holland, Karina Ramkalawan, Dave Brede and Dana Cannizarro.
Each Student has 7 days a week, 24 hours a day .......... 168 hrs

Allocate 15 hours a week for class plus 2 hours of study for each hour of class ........................................ 45 hrs

A good night’s sleep (7 hours spent per night) .................. 49 hrs

Two hours a day for personal needs (eating, doing laundry, showering, answering mail, banking, etc.) ........................................... 14 hrs

A good exercise program ............................................. 7 hrs

A good social life: 3 events a week, 4 hours an event (movies, parties, going to a game, concerts, etc) .................. 12 hrs

For SHU students who choose to work part-time, the most they will work is 20 hours a week ........................................ 20 hrs

Grand Total .......................................................... 147 hrs

That leaves 21 hours a week to serve on a committee, run for student government, become active in hall council, or participate in any of the other activities that make up campus life.
91.5 WHRT is open to all students to learn basic radio production skills. From hosting shows and broadcasting school events, WHRT provides a diverse experience in radio broadcasting.

WOMEN'S Rugby

Women's rugby works together as a team on and off the field. Experience is not required, but you must be able to focus. The season begins in the fall, and continues throughout the Spring with a few scheduled tournaments. There are approximately six games per semester.
The Student Events Team is responsible for programming events each week for the entire SHU community. SET is composed of eight committees. They sponsor much of the entertainment for the SHU residents and commuters. Events range from BINGO, the spring concert, bands, lectures, films, theme weeks, and much more.

The Spectrum provides the weekly University newspaper. They are responsible for establishing and maintaining an atmosphere of free and responsible discussion on campus. The paper is a means for bringing student concerns to the attention of the faculty and in aiding the students in formulating opinions on various issues.
campus

L I F E
From the performing arts to the service-oriented organizations on campus, SHU students continue to devote themselves not only to their talents, but to service. As thousands upon thousands of individuals from the deadly hurricanes were displaced and left homeless, many SHU students came to the rescue. Several even traveled abroad to give aid to the poor. It was only befitting that we represented the following pages with the bridge within our shield, which represents the service that forges strong bonds of understanding and unity between diverse constituencies.
The Pioneer Marching Band is a 70+ member band that performs at various campus events throughout the year. Home football performances are the bulk of the season schedule, with High School Exhibitions during the season as well. The Marching Band occasionally takes part in various parades around the Tri-State Area. Past parade performances have been the Columbus Day and St. Patrick's Day Parades in New York City, the St. Patrick's Day Parade in Boston, MA and the Stamford Thanksgiving Day Parade in Stamford, CT.

2005-2006 was the busiest year in the history of the Pioneer Marching and Pep Bands. The bands traveled more than 5,000 miles performing, and representing Sacred Heart up and down the East coast. After two weeks of preseason training, the Marching Band was ready for the upcoming football season. The band pumped up the home crowds at halftime with the exhilarating show “Latin Fire.” The Marching Band also toured Pennsylvania twice, being a featured performer at two of the largest HS marching band competitions on the east coast. The Marching Band marched in the Greenwich Village Halloween Parade for a crowd of over 1 million, and performed in Walt Disney World, marching down Main Street USA in the “Happiest Place on Earth.”

The Pioneer Pep Band -“The Beast of the Northeast” - played and cheered at Women’s and Men’s Basketball and Men’s Ice Hockey games. By debuting the hits “Sweet Caroline” and the Hartford Whalers theme song “Brass Bonanza,” the Pep Band helped Pack the Pitt with fans. The Pep Band also supported the Men’s Ice Hockey team’s fundraiser for the St. Baldrick’s Foundation with the “I Need More Cowbell” raffle. The winner, Dr. Marion Calabrese, won the chance to play cowbell with the band at a women’s basketball game. The Pep Band was excited to travel with the teams to all of the basketball and ice hockey tournament games, including traveling with the Women’s Basketball team to the NCAA tournament at Penn State.

2005-2006 Shows

Show 1
“Latin Fire”
“Estancia”
“Malaguena”

Show 2
“Disney’s Fantasmic”
“Part 1: Mickey the Sorcerer”
“Part 2: Princess Medley”
“Part 3: Finale”
Concert Choir: The 2006 choir ensemble was designed to perform a wide variety of great choral repertoire. Especially geared to be a rewarding experience, the choir focused on interesting and exciting music from a number of musical styles and periods. The choir was invited to sing and perform at University events, and sung at both the Christmas and Spring concert events.

Four Heart Harmony: This is the University's smallest chamber choir. It was designed for those with background and experience in singing and choral music. The repertoire included a capella, jazz, pop, show tunes, multicultural and classical choral repertoire. Participants performed in concerts and events both on and off campus. Members are experienced choral singers and the ensemble is open by interview and vocal audition each semester.
**Liturgical Choir:** A group of committed singers and instrumentalists who rehearsed and provided music for the Sunday 8:00 PM liturgy. A wide variety of uplifting music in contemporary, up-tempo as well as some traditional styles was offered in the spirit of prayer. The choir's goal was to enhance the liturgy and encourage participation of all in attendance, and in 2006 it succeeded that goal!

**Convocation Choir:** A group of more than 60 talented students, faculty, and staff members who provided music for the major academic convocations and liturgical celebrations throughout the year (such as the Mass of the Holy Spirit, the Interfaith Thanksgiving Service, and the Commencement Mass).
Eighteen Sacred Heart students boarded a plane in early March 2006. Accompanied by 3 advisors, these students set out to aide Habitat for Humanity in Tuscaloosa, Alabama, in building a home. Instead of working on just one house however, the SHU students worked on two houses in two different stages. The task in the first house was to apply sheet rock to all the ceilings and walls. This was new for SHU Habitat because the local Bridgeport Chapter that we work with has professionals do the sheet rocking. In the second house SHU undertook the job of applying the wood flooring. The week was organized by Kaitlin Gerberville (President of SHU Habitat) and Shane Dolan (Vice President of SHU Habitat), who spent many hours arranging flight plans and what we would be doing on our off time. By the end of the week we had not only accomplished working with Habitat for Humanity of Tuscaloosa, Alabama, but had also gained friendships that will last a lifetime that were born through hard work and commitment.
Three hurricanes, Katrina, Rita and Wilma flattened thousands of homes and structures from Texas to Florida in one of the most dangerous years in decades. Six months later and there is still wreckage everywhere you look. We are under no illusions- while we and thousands of other college students gladly spent our spring breaks in the service of our friends on the gulf we know there is still much more to be done.
While many students chose to bask in the warm sunshine of faraway paradise beaches, these Sacred Heart Univ. students decided to pour their sweat, time, and hearts into helping the poor of El Salvador. This is

Photos & Captions by Sarah Delgrosso

**PLAYING “FUTBOL” WITH THE LOCAL KIDS OF SAN HILARIO.**

*From top left:* Sheena Mendez, Stefanie Gable, Melanie Gilmore, Laura Kelly, Allison DeNisco, Kylie Wood, Jon DeRosa, Tim Spath, Tommy Campbell

*Bottom from left:* Sarah DelGrosso, Pam Manns

**WE PAINTED DOORS AND WINDOWS AT THE COMMUNITY CENTER IN SAN HILARIO. WE ALSO PUT A ROOF ON IT. AFTERWARDS, WE HAD TO WASH THE PAINT OFF IN GASOLINE! WE SMELLED GREAT; JUST DON'T LIGHT A MATCH NEAR US!**

*From left:* Sarah DelGrosso, Kylie Wood, Stefanie Gable, Angela Moylan

**MORNING TRAFFIC JAM - WHICH CONSISTED OF CATTLE!**

**SHOVELING SAND FROM THE BOTTOM OF A RIVER BED. WE THEN SIFTED IT & MIXED IT TO MAKE CEMENT.**
WE HAD LUNCH UNDER A SHADY AREA WITH A GROUP OF FARMERS. THEY TOLD US ABOUT THE HARDSHIPS THEY ENDURE WHILE LIVING IN EL SALVADOR.

From top left: Prof. Terry Neu, Laura Kelly, Sarah DelGrosso, Allison DeNisco, Tommy Campbell, Melanie Gilmore, Jon DeRosa, Angela Moylan, & Mike Moylan. Bottom left: Sheena Mendez, Tim Spath, Kylie Wood, Pam Manns, & Stefanie Gable

WE LEARNED ABOUT THE LIFE OF ARCHBISHOP OSCAR ROMERO. WE WERE ABLE TO SEE THE CHURCH THAT HE WAS ASSASSINATED IN, AND HEAR STORIES FROM PEOPLE WHO KNEW HIM.

AT THE “CENTRO HISTORICO MONSEÑOR ROMERO,” THIS WAS WHERE ROMERO STAYED WHILE HE WAS VISITING THE CHURCH HE WAS EVENTUALLY ASSASSINATED IN.

From left: Tim Spath, Jon DeRosa, Allison DeNisco, Kylie Wood, Sarah DelGrosso, Sheena Mendez, and Laura Kelly

THE BEACH! IT WAS BEAUTIFUL, ALTHOUGH WE ALL WERE SUNBURNED Afterwards (WITH THE SUNSCREEN ON!).
Ten SHU students and 2 advisors framed an entire 3 bedroom house in 5 days working with Cape Fear Habitat for Humanity, 9 students from Providence College, and the future homeowner. For the fourth year in a row, SHU students started with the deck on the foundation on Monday and ended on Friday with the roof on the home with doors and windows in place. Led by Mike Mosher and Elizabeth Bangs, who were making their 4th trip to NC, the students used their skills gained at Bridgeport Habitat to build the house in record time. They also enjoyed an afternoon and evening of sightseeing in Washington, DC and several trips to the beach and downtown Wilmington after work. Local churches and Habitat members rolled out the Southern hospitality with meals and activities to make everyone feel welcome. All of the SHU participants left Wilmington with a great sense of accomplishment, having built a Habitat house in a week!
If I started over I know I would choose
The same joy each step of the way
That fought me and taught me
Friends never say Goodbye.
-Elton John
Our shield's diamonds represent SHU's "two most precious treasures": Love and Truth. As Seniors, we have come to love the friendships we know will last long after our days here are gone, and searched for many truths; truths about life, learning, growing, and even ourselves. Although we have much to take with us and even more to look forward to, these past few years will forever be immortalized in our memories as the absolute best time of our lives.
Although many students voiced their opinions out against the new wristband policy, when 233 of them were polled, as many as 68% supported the idea. I know some thought it would scare people away, but it didn’t seem to change the amount of people that showed up each time,” commented one senior. “Ultimately it came down to just wanting to be with your friends.”

When the same 233 students were polled asking them to name what they would keep or change about the pub nights, the majority (52%) of them replied that they would keep the awesome prizes (gift cards, TVs, CDs) that the pub would give away, while 23% said to ditch the “Senior Only” status of the senior pub nights. “The nights that you could have everyone 21 were the best,” reported one student.

DID YOU KNOW? The old Senior Pub used to be located in the Mahogany Room. The old closed window is still there today.
pub night
Mystery Trip

Hula Hanks

Heart is being with friends
Our senior year had already been filled with endless nights out at some of our favorite places, but Hula Hanks was the real start - the precursor to our Senior Week, and a celebration of our amazing four years here.

Maybe it was the anticipation of not knowing initially where we were going, but the Mystery Trip night started out differently. This time, we weren't just "going out to party." This time, we knew it was the beginning of the end of our college nights. When the buses first pulled up to Hula Hanks (and not the Playwright or Toad's as so many had thought), we knew it was going to be a great night. - J.M.

The Class of 2006 was mystified throughout these past few weeks as the curious seniors awaited the location of their well-deserved Senior Mystery Trip.

Although the location was not revealed until the students actually arrived at the scene, the anticipation is what made the trip that much more exciting.

This year the senior class went to Hula Hanks in New Haven. Students lined up outside of Public Safety at 7:45 p.m. and took the short trip to New Haven.

At the beginning of the trip, all of the excited seniors packed the provided activity buses and took the long awaited ride to the mystery location that left at 8 o'clock at night. With a bigger turnout than last year, the ride there was definitely a trip in itself.

An admission of $10 included food throughout the night, transportation to and from the mystery trip and drink specials. Considering the extremely cheap admission and all of what was offered, the seniors were definitely in for a treat.

"I had a great time. I expected a big bar but I didn't expect it to be that nice. All of the seniors came together. It was a great time," said Mark Paradis, Goffstown, and N.H.

Mystery trips in the past have included bars such as Hula Hanks, Thirsty Turtle and the Brickyard, so there were definitely expectations to live up to.

All in all, the seniors of the Class of 2006 had a long deserved surprise waiting for them. The anticipation and curiosity was definitely worth the wait and all of the attending students had a night to remember.

-- Courtney Kolhoff
Spring Break for SHU students is typically not a time to relax - it's a time to party! For the fortunate many that did not have to remain at school for sports or work, spring break consisted of vacations to exotic islands such as those in Hawaii, or sizzling hot cities like Miami and Las Vegas. Typically the traditional spots for college students are Cancun, Acapulco, and South Padre, but this year they traveled to a variety of other places such as Jamaica and Puerto Rico. Others opted to spend time nearby in the Hamptons. The week for most was unforgettable, being this vacation was one of the last the seniors would have with their classmates before entering the "real world."
It feels like just yesterday the senior class was entering South and West (now Merton and Seton, although we probably will never call them so). Those were the days when we had no worries just yet about what we were going to do after college, nor any other legitimate worry for that matter. The only issues we had on our mind were how we were going to get up for those wonderfully early morning 8AMs, what time the SHuttle was going to run to the mall, and getting to Flik before it closed for the night. Aside from that, we had four years of college before us, which seemed like a good long time.

Like all good times, however, it came and went rather quickly. Now, standing before South Hall with bags packed for a four night’s stay, the stark realization that this was the last time we would ever stay in these dormitories hit. Walking up the winding staircase (a whole six floors if you were one of the fortunate ones to get to the top floor), we are reminded of the dozens of memories and times we ran down them to get to class, practice and Flik, or the multitudes of hours we spent going down them during early morning fire alarms. We remember them being littered with clutter from busy weekends, and pools of water when the third floor flooded. Although they are now immaculately clean after the freshmen left, these images are still fresh in our minds as if our own freshman year was just a day ago.

We approach our rooms, except this time there no longer are our name tags written on construction paper displayed on the door. We enter empty rooms that we are permitted to stay and actually drink alcohol in for the next few evenings. This time there won’t be any RAs doing room checks or knocking on the doors after quiet hours to silence us.

Planned for us are trips to Toads and Mohegan Sun, the Commencement Ball, and the Family Dinner Dance. There is also, of course, the commencement ceremonies.

However, as much as we are excited for the many events planned for this Senior Week, a part of us reminisces in the past - a part of us that still won’t admit some of the best years of our lives are over.
What better place to kick off the senior week festivities than a venue that has been a center for partying with the stars since 1975. According to their web site, virtually every major touring act has appeared on Toad's Place's stage in the past twenty years - including the Rolling Stones.

The Sacred Heart 2006 Class Board immediately sprung at the chance to book Toad's after much positive feedback from the senior class. After unpacking the necessities for our next four nights in Seton Hall, we loaded the buses that drove us northbound into New Haven to begin the commencement festivities.
There was only one way to describe Mohegan Sun: FUN. SHU Seniors definitely received the full VIP treatment for the night. Arriving around 10:30, the seniors received two vouchers - one for a free ten dollar spin on the wheel of fortune, and another for food. After signing some waivers, it was off to Ultra 88, the hip club specifically decked out for us. For the next four hours we could run about the casino and do whatever we felt like. Many students hung out at the club while others decided to test their “luck”. Most of us had already been to a casino prior to this senior week, but being surrounded by so many of your great friends made the experience all the better. Regardless of whether the games were wins or losses, we all had an amazingly great time, and that’s all that counts.

-- Chris Larsen
a night with the STARS

STARS

Friday
May 12th

Omni New Haven Hotel
Just four years ago we had painstakingly picked out our ball gowns and tuxedos for our senior prom. Now, with time having flown by faster than we could ever imagine, we stood before the Omni New Haven Hotel entrance with date or friend in hand for our final ball ever as a student. This last “prom” however, was somewhat different. Not only were we different people than we had been during those formative high school years, the atmosphere surrounding us had changed. We were now entitled to carry a drink, or two, in hand. We didn’t crown a queen or king, because all of us were “stars” that night. We also didn’t have the promise of another senior ball ahead of us, but we were certain to make sure we remembered this one.

And so we celebrated throughout the night the ending of our undergraduate career with good food, beverages, music and unbelievable friends - the way all good things should end.

Commencement Ball
2006
"You have brains in your head. You have feet in your shoes. You can steer yourself in any direction you choose. You're on your own. And you know what you know. You are the guy who'll decide where to go." -- Dr. Seuss

"Go confidently in the direction of your dreams. Live the life you have imagined." -- Henry David Thoreau

"There is a good reason they call these ceremonies 'commencement exercises'. Graduation is not the end, it's the beginning." -- Orrin Hatch
```
When you leave here, don’t forget why you came.” – Unknown
```

```
“All successful men and women are big dreamers. They imagine what their future could be, ideal in every respect, and then they work every day toward their distant vision, that goal or purpose.” – Brian Tracy
```
senior year memories

“Don’t live down to expectations. Go out there and do something remarkable.”
— Wendy Wasserstein

"Try not to become a person of success, but a person of value." -- Albert Einstein

“You are educated. Your certification is in your degree. You may think of it as the ticket to the good life. Let me ask you to think of an alternative. Think of it as your ticket to change the world.”
--- Tom Brokaw
"My father always told me, 'Find a job you love and you'll never have to work a day in your life.'" -- Jim Fox

"The future belongs to those who believe in the beauty of their dreams." -- Eleanor Roosevelt

“Our biggest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness, that most frightens us. We ask ourselves, ‘Who am I to be - brilliant, gorgeous, talented, fabulous?’ Actually, who are you not to be? You are a child of God. Your playing small does not serve the world. There is nothing enlightened about shrinking so that other people won't feel insecure around you. We are all meant to shine, as children do. We were born to make manifest the glory of God that is within us. It is not just in some of us; it is in everyone. And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others.” -- Marianne Williamson/Coach Carter (2005)
Commencement

Sunday, May 14, 2006
senior year memories
"It was good to be a student in these early years in the beginning. It was a time to set standards and traditions which would become as much a part of Sacred Heart as the concrete arcade that runs along the front of the building, a time when initiative and energy were the norm. The University will begin again, of course, with every new freshman, and our name of PROLOGUE suggests the continual beginning that is inherent though paradoxical in every commencement. But with the graduation of the first class, a special time has ended. There is yet much work to be done, but it will be work not quite the same. Someone else has said it for us, speaking to his own time and place -- someone who like the young John Kennedy also passed from the great stage of history in our own early days: 'Now this is not the end; nor is it the beginning of the end; but it is, perhaps, the end of the beginning.'

The 1967 Senior class paved the way with SHU's first ever commencement ceremony.
On March 1, 2006 Sacred Heart University senior center Kibwe Trim was named a 2005-2006 ESPN The Magazine Academic All-American, as selected by the College Sports Information Directors of America (CoSIDA). Trim joins athletes from Notre Dame, Stanford, West Virginia and Mercer as the five Division I players across the country named to the first team.

"To be recognized for my academic success as well as what I’ve done on the court is awesome," Trim says. "Where I grew up basketball was always the second option so you always had to work hard in the classroom, too. I am really excited about receiving this honor."

He notched his 1000th career point on January 12 at Mount St. Mary’s, becoming the 26th player in school history to do that, but just the second to accomplish it all at the Division I level. In that game, he also collected his 500th career rebound. He now has 1,268 career points, the second highest SHU total in Division I play, and 521 career rebounds, a SHU Division I record.

Trim has helped the Pioneers to their second NEC appearance since joining the league in 1999.
Most students know that they can go to an RA, a Residential Advisor, when they have questions or problems, but many don’t stop to think about what this title really means.

RAs have a very important role in residential halls and the school community in general. They are trained to be mediators, sources of information, problem-solvers, and basically Jacks-of-all-trades.

Being chosen to be an RA is no easy task. The process includes a three-day-long interview made up of information sessions and fun team-work-type activities. The actual training is two weeks long. Applications are available in Residential Life at the first floor of the Roncalli Hall.

Students’ reasons for becoming RAs include a desire to enhance their experience in their chosen career field such as Social Work, to wanting to become more involved in the community, basic financial needs, or simply enjoying helping others.

One of the benefits of being an RA is the scholarships that they are entitled to that pays for a good portion of the housing and board fees and the free parking. The fact that it’s a great resume builder is always a plus. “I became an RA because I was a commuter and it was one of the only ways to pay for my housing fees and I wanted to get more involved on campus.” said Marlene Pressoir.

“Often Residents don’t understand that we aren’t writing them up because we want to, but because it’s a part of our job, and in order to keep that job, we must enforce the rules of the university,” said Pressoir.

Many RAs feel that students in general have many misconceptions about them.

“The worst part of being an RA is when people only see you as a disciplinarian. The job involves so much more than breaking up parties and documenting rooms,” said CWC RA Jennifer Arthur, senior, Trumbull.

Another obstacle that RAs need to overcome is how much they feel their role restricts them from doing what they want. “I feel that, right now, the worst part about being an RA is being a 21 year old senior in a freshman dorm. Because it is a freshman dorm there are more restrictions than in upperclassman dorms and since RAs are expected to live by the same rules as our residents, I feel that my senior year is being restricted.” said Bernard.

According to most of those interviewed though, being an RA is a worthwhile experience with more positives than negatives. Apparently it adds a challenging twist to the college experience.

-- Ariane Rasmussen
Senior Top 10 Movies

1. Wedding Crashers
2. The Notebook
3. Old School
4. Boondock Saints
5. Anchorman
6. Fight Club
7. Dirty Dancing
8. Blow
9. Goodfellas
10. Scarface

We polled, you answered.
Senior Top 10 Television Shows

1. Family Guy
2. Grey's Anatomy
3. Friends
4. The OC
5. Sex and the City
6. 24
7. One Tree Hill
8. Desperate Housewives
9. Sopranos
10. House
Susan Gabriele
Psychology

Justin Gage
Computer Science

Joseph Gallucci
Business Administration

Stephanie Gantomasso
Psychology

Michael Garassino
Business Administration

William Giddish
Political Science

Veronica Genao
Business Administration

Earl Gendron
Computer Science

Peter Giatrelis
Business Administration

Ryan Gibson
Business Administration

Christina Gildna
Political Science

Robert Gill
Computer Science

Melissa Gigvanniello
Mathematics

Jake Giuliano
Business Administration

Amanda Gorecki
Chemistry

Andrew Gould
Political Science

Megan Grabel
Exercise Science

Heather Graham
Spanish

Andrew Grant
Criminal Justice

Gail Greenan
Sociology
Senior Pub Night

Senior Week

Senior Pub Night

Kate Gruber
Psychology

Nicole Guilbert
Business Administration

Ricardo Guzman
Political Science

Haley Hall
Political Science

Katie Hall
English

Deana Hannigan
Nursing

Coralia Hanson
Nursing

Thomas Harper
Criminal Justice

Anna Harris
Psychology

Siobhan Hart-Kelly
Psychology

Ashley Hartwell
Athletic Training

Ashley Hebert
Finance
Kimberly Heins  
Psychology

James Henderson  
Business Marketing

Kenneth Herbert  
Computer Science

Melissa Hernandez  
Chemistry

Brian Hildgenbrandt  
Psychology

Kelsey Hill  
Accounting

Jaclyn Hines  
Business Administration

Shannon Hines  
Political Science

Courtney Hodell  
Business Administration

Joseph Hoenigmann  
Finance

Robert Howard  
Finance

Erin Hughes  
Psychology

Jillian Hunter  
Biology

Meghan Hyde  
Athletic Training

Caitlin Iapicco  
Psychology

Ugonna Ijeoma  
Biology

Kelly Imhof  
Psychology

Todd Jensen  
Biology

Danya Jimenez  
Media Studies

Johane Joas  
Biology
"Once upon a time...
There was a tavern; where we used to raise a glass or two.
Remember how we laughed away the hours,
And dreamed of all the great things we would do.
Those were the days my friend
We thought they would never end.
We'd sing and dance forever and a day
We lived the life we choose and fight
and never lose.
For we were young and sure to have our way.

Then the busy years went rushing by us
Lost our starry notions on the way,
If by chance I would see you in the tavern,
We would smile at one another and we would say...
Those were the days my friend
We thought they would never end.

Just tonight I stood before the tavern
Nothing seemed the way it used to be.
Through the door there came familiar laughter
I saw your face and heard you call my name.
Oh my friend we're older but no wiser.

Those were the days that filled our lives with hopes and dreams.
The people we met and the memories we shared are what made our lives so special
we touched each other remembering never to cry good-bye.

Casual warmth generated among us as we sifted friendship from those joyous days;
color them gone.
Our song is over Those were the days.

--Bob Lupinacci, Prologue 1975
senior Top 10 music

2006

1. DMB

2. Jack Johnson

3. Fall Out Boy

4. OAR

5. Dashboard Confessinals

6. Taking Back Sunday

7. Sublime

8. Coldplay

9. Green Day

10. Brand New

Luisa Marin
Business Administration

Daniel Marra
Business Administration

Stephen Marsden
Information Technology

Amanda Martin
Psychology

Shannon Martin
Psychology

Nadia Martino
Sociology

Justin Martorano
Sports Management

Ian Mason
Political Science

Lisa Matarazzo
Physical Therapy

Kristy Anne Matesic
Psychology

Drew Matsen
Exercise Science

Erin Maurer
English
The Dean's List has graced its presence throughout the Sacred Heart University campus and all of the hard working students have finally been recognized for their achievement. Each semester a list of students, whose GPA is 3.5 or higher, is compiled by each academic department. The list of highly intelligent students is then joined with the other students that have made the cut from the other departments, ending with one list of very lucky students: The Dean's List.

Whether you have made the list or not, each student admitted to Sacred Heart University has been noticed for their amazing academic ability.

The students that make up the Dean's List however, have proven themselves the extra step and are only .5 percent from that “perfect” 4.0 GPA.

While the list is compiled of seniors, juniors, sophomores and freshmen, this semester, the seniors dominated. Taking up the space of almost a whole page of student names, 66 percent of the senior class made the Dean’s List, which in numeric numbers translates to 352 total.

-- Courtney Kolhoff
The function of the university is not simply to teach bread winning, or to furnish teachers for the public schools or to be a center of polite society; it is, above all, to be the organ of that fine adjustment between life and the growing knowledge of life, an adjustment, which forms the secret of civilization,” W.E.B. DuBois.

DuBois’ words should be weighing heavily on many seniors here at SHU who will be crossing that very threshold this coming Mother’s Day. For some looking forward to graduate school it is just the beginning of another scholastic venture. Many others, however, are taking a sigh of relief; four years of unpredictable and unavoidable situations topped with hours of work and class each day, finally coming to an end.

“To be completely honest, I am excited to move on. I’ve experienced so many good things in my time, but I could not see myself going directly back to school. I want to get into my field and see where I stand. I think I owe it to myself to try something new,” said Ryan Magovern, senior, Belmar, N.J.

Doing something new doesn’t necessarily mean changing everything. Justin Gage, senior, Computer and Political Science major, plans on sticking around the Fairfield area after graduation.

“I’ve been accepted into the Information Management Leadership Program (IMLP) at GE Commercial Finance, which is a two-year IT training program. I’m very excited to start, but at the same time it will be tough to leave school since I’ve enjoyed it here so much. I will most likely still be in the area so hopefully I’ll be able to stop in every once in a while,” said Gage, senior, South Burlington, V.T.

A new journey begins for graduates. Some are looking for jobs, while others are continuing on to graduate school.

“My life at SHU has been a roller coaster of emotions, although the good times have always outlasted the bad. The friends I have made will stay in my heart forever, if not right next to me like I hope. I realize that a degree is a vital part of furthering any career, but it’s the people who have made my time here worth it,” said Elizabeth VonBrecht, senior, Foreside, Maine.

“Never regret. When times are good, it’s wonderful. When times are bad, it’s just experience,” said VonBrecht.

-- Scott Wagner
Michael Pento  
*Business Administration*

Joseph Pereira  
*Business Administration*

Robert Pescatore Jr.  
*Computer Science*

Andrea Picco  
*Psychology*

Nicole Pinto  
*Business Administration*

Jenna Pisani  
*Biology*

Derek Platt  
*Business Marketing*

Brianna Plonsky  
*Psychology*

Matthew Policastro  
*Graphic Design*

Jennifer Postiglione  
*Psychology*

James Preto  
*Criminal Justice*

Edward Pricolo  
*Finance*

Justine Pronovost  
*Psychology*

Robert Quijano  
*Information Technology*

Kerri Quinn  
*Finance*

Kristi Radomski  
*Psychology*

Karina Ramkalawan  
*Philosophy*

Cassandra Raphael  
*Political Science*

Shanna Rasmussen  
*Media Studies*

Anderson Rawlins  
*Psychology*
Dean Roumbakis
Exercise Science

Nicolle Rubino
Psychology

Linda Russo
Psychology

Joshua Rutigliano
Business Administration

John Ruzicka
Sports Management

Danielle Sacchi
Psychology

Aneta Sak
Psychology

Viola Sallaku
Business Management

Daniel Salvaggio
Athletic Training

Xavier Sanchez
Accounting

Joyanna Sanmarco
Exercise Science

Christopher Santucci
Business Administration

Jasper Saunders
Graphic Design

Jowan Sayfadeen
Political Science

John Schindelar
Communication技艺

Jason Schmiedel
Graphic Art

Kristine Schneller
Business Marketing

Ashley Sebas
Nursing

Joshua Sedlock
Psychology

Stacy Seibert
Nursing
1984 was the year most Seniors from the 2006 graduating class were born. Here is an excerpt from the 1984 SHU yearbook on what life was like here during the year of our birth.

1984 brought with it many trials, tribulations, and trends. We shared in our country's tears and laughter, our failure and success, and our growth and learning.

We entered college during an election year with Jimmy Carter and Victor President Reagan; we graduate college during another election year with Reverend Jesse Jackson, Gary Hart, Walter Mondale, and "the lone-republican" President Reagan.

We were moved by the courage of our wounded neighbors in Beirut and lived in fear for our fighting men overseas.

We were inspired by the strength and dedication of our Olympic Champions such as Bill Johnson, Debbie Armstrong, Phil Mahre, and Scott Hamilton. We laughed with Eddie Murphy at the movies, danced with Jackson at mixers and skit night, and read with George Orwell in class and at home in 1984.

M-TV brought us breakdancers and flashdancers, and some dancers that words simply couldn't describe.

"Where's the beef?" became the punchline of the year and we found the beef when miniskirts made the top 10 in the fashion world.

We raffled away our life savings, pawned our family jewels, and practically risked our lives for the cabbage patch doll.

And so we have seen the trials of politics, the tribulations of battle - on the athletic field as well as the battle field, and the trends of stage and screen; all of which have served to open our eyes, touch our hearts, and shape our lives in ways that are unique to each of us.

--- Michelle Schiappa
Prologue 1984
James Accostaci

Emerson said: “By persisting in your path, though you forfeit the little, you gain the great.” Dobson said: “Great beginnings are not as important as the way one finishes.” Churchill said: “If you’re going through hell, keep going.” We couldn’t be prouder of your persistence and years of hard work! Love, Mom and Dad

Amy Addil

Congratulations, Amy! We are so proud of you and what you have achieved. You are a beautiful, bright, confident, caring young woman ready to make a difference. Have fun. Be happy! May God bless you, keep you safe, and guide you on your journey through life. All our love, Dad and Mom.

Michael Alcide

Dear Michael, Congratulations on all your academic accomplishments. We are truly proud of your hard work and dedication to school and to the air force. We wish you much love and success in all you choose to do. Love Mom, Dad, Matthew, Gina, and Tim.

Nicole M. Alimena

Nicole, we are very proud of you. Continue your wonderful journey by embracing change as an opportunity for understanding and growth. Always remember that throughout your life, the one constant that you can be assured of is our love. Mom and Dad, Samantha and Matthew.
James Amodeo

To Jimmy, find confidence within your heart and let it be your guide. Strive even harder towards your dreams and they won’t be denied. Congratulations on your accomplishments. We are very proud of you. Love Mom, Dad and Frankie.

Sean P. Amoruso

Dear Sean Pat, we are very proud of you because you overcame so many obstacles to reach your goals. We wish you a lifetime of happiness and success. Love Mom, Dad and Amanda

Elizabeth Armstrong

Liz, we are very proud of you. You have exceeded our expectations. We marvel at your imagination, knowledge, and determination. Thank you for being a great and loving daughter. You have fulfilled our lives. Love Mom and Dad.

Christopher Arsi

Christopher, wishing you a lifetime of happiness, love and success... For whatever special challenges you face in life trust you will always find the best in everyday... Believe in yourself. Believe in your deep inner strength... Believe in your faith, it will help show you the way... Never stop following your dreams... Our Deepest Love Always, Dad, Mom, Bryan, Curtis, Vincent and Luke.

Jennifer Arthur

Dear Jennifer, congratulations on your many accomplishments. We wish you a lifetime of happiness and success. We are so proud of the woman that you have become- caring and wise, beautiful and kind. Love, Mom, Dad, Chris and Toby.

Richard Barrett

Congratulations Richard, we are so proud of you. Believe in yourself and make all your dreams come true. May God bless you and guide you always. All our love always and forever, Mom, Dad, Colleen and Brian.

Kathryn J. Barry

Congratulations to our precious Kathryn. We’re so proud of you! We believe in you, keep believing in yourself.... Love Dad, Mom, Krissy and Craig.

Jessica A. Behr

Congratulations to our daughter Jessica Behr. We are very proud of you and all your accomplishments these past 4 years. We wish you happiness, health, prosperity and love. We love you, Mom and Dad.

Gina Bellavia

To our Gina, your achievements have exceeded all of our expectations. We wish you continued success in law school. With love from Mom, Dad and Victoria.

Pamela Bernardo

Dear Pam, We are so very proud of you. May all your dreams come true... Love, Joanie, Dad and B.J.

Patrick Bogusch

Dearest Patrick. “Achievement doesn’t come from what we do, but from who we are”. Congratulations on who you are! Love, Mom, Dad, Andrew and Katie.

Kaitlin Brownridge

Dear Kait, May God bless you with health and happiness on this special day and always. Love Mom and Dad.

Rebecca Cameron

Dear Becky, “You are educated. Your certification is in your degree. You may think of it as the ticket to the good life. Let me ask you to think of an alternative. Think of it as your ticket to change the world.” – Tom Brokaw. Know that we are so very proud of you. Use this opportunity well, to create the life that you have dreaming about. It’s our hope that all your dreams come true. Love Dad, Donna, Patrick and Tucker.
Lisa Camilleri

Dear Lisa, We wish you a lifetime of success and happiness. May every one of your dreams come true. Congratulations! Love Mom and Dad.

Anna Maria Casarella

Our daughter Anna Maria, congratulations on your acceptance on entering the Graduate Education Program. Our wish for you is a lifetime of happiness and fulfillment. May all your dreams come true... You deserve it. God Bless 4 ever, love, Mommy and Papa, sister Elisabetta and brother.

Andrea Casazza

Andrea, Congratulations! You have worked hard to reach your goal. You Did It! We are very proud of you. Always be your best, be true to yourself, and follow your heart. We all love you. Love Mom, Dad, Michelle, Lucille, Gene, and Lily.

Erin F. Casey

Our daughter Erin, you have the brightest future ahead of you. We know you’ll succeed at whatever you do. With all our love, Mom and Dad.

Candice Celebre

Our dearest Candice, Our College Graduate! Congratulations! Daddy and I are proud of you and all your accomplishments. Enjoy this moment and the next phase of your journey! Our wish for you is a lifetime of happiness and fulfillment. May all your dreams come true.... Love Mom and Dad.

Gabriella K. Cerasi

Gabriella, you are our greatest treasure. We are ever proud of you. As you meet life’s challenges: “[W]e hope you dance.” We love you always, Mommy and Daddy.
Our dear Courtney, We wish you a lifetime of happiness and success as you embark on new horizons. May all your desires be achieved. We are very proud of your achievements. All our love, Mom and Dad.

Vincent J. Contino

Congratulations on all your accomplishments! May your strong will and love of life bring you continued success, dreams fulfilled, and above all — happiness. Remember always how much you are loved; and always stay . . . "forever young!" With Great Pride and Love ~ Mom, Dad, Michelle, Noelle, + Steven.

Joseph Costa

Dear Joseph, You have always brought such joy to our lives. We wish you a lifetime of health, happiness and success. Love Mom and Dad.

Sean Coyle

You are the sunshine of our lives, Sean. You bring us joy, happiness and love. Use the gifts God gave you to bring this joy to all those you meet in life. Love Mom, Dad and Cuddles.

Jenna D’Agostino

Dear Jenna, We are so very proud of you and all that you have accomplished. We wish you much love, an abundance of happiness and success in all your endeavors. Love Always, Mom and Dad and Junior.

Allison G. Dalzell

Reach high, for stars lie hidden in your soul. Dig deep, for every dream precedes the goal. With pride and love, Mom, Dad and your sisters.
Katherine Delaporta

The silver friend knows your present and the gold friend knows of your past dirt and glories. Once in a blue moon there’s someone who knows it all, someone who knows and accepts you unconditionally, someone who’s there for life. “Jill McCorkle”. Kad, you are the best sister anyone could ask for. I am so proud of you. Love you, Sara.

Katherine Delaporta

Katie- There are no words to tell you how proud we are of you. Wherever life takes you, follow your dreams. Stay as you are- full of spirit and determination. Most of all- Be happy! Love Mom and Dad.

Katherine Delaporta

We are so proud of you. Your future begins now. Stay sweet. Hugs and kiss, Grandma and Grandpa.

Alan DelFavero

Dear Alan, we are so proud of all your honors and achievements. We know that your future will be successful and you will conquer any obstacles that come your way. Love to our 2006 graduate. Dad, Mom, and Aunt Linda.

Renee DePascale

To our beautiful girl Renee, Our wish for you is to be happy, so be yourself Renee, an original is always better than a copy. Live the life you have imagined. Love, Mom, Dad and Richy.

Natalie DiDonna

Dear Natalie, We are very proud of you today and all your dedication to learning. You are special and talented. Wishing you a bright and happy future. Always in our hearts, Mom and Dad.
Eric DiMiceli

Dearest Eric, We love you and are so proud of all your accomplishments. We wish you good luck and a successful future in everything you do. Love Mom, Dad, Michael and Nicole.

Lauren Downie

Lauren, you are a beautiful person and a wonderful daughter. We are proud of how hard you have worked to get where you are. May your future be brighter than you ever dreamed it could be. Love Mom, Dad, and Kaitlyn.

Derek G. Dreyer

Our dearest Derek, congratulations! We all wish you a lifetime of health, happiness and success. May all your dreams come true. All our love, Mom, Dad, Alissa, Joey and Jordan.

Patrick Eannotti Jr

P.J., we have always been so proud of you! We admire your strength, courage, set of values and the desire to be the best that you can be. We wish you success and unlimited happiness. God Bless You. Love Mom and Dad.

Christine Fahey

Dearest Christine, we love you very much and are so very proud of you. You have grown into a beautiful loving and intelligent young woman. May you always find peace of heart and soul. Our wish for you is a lifetime of love, happiness, health, and fulfillment. All our love forever and always, Dad, Mom and Lauren.

Nicole Farrellly

Nicole, we are very proud of all your accomplishments. Making Dean’s List and playing Women’s Ice Hockey. You were a joy to watch. You can do anything you put your mind to. We love you, Mom and Dad.
Ian Ferrara

Ian, we are very proud of you and your success. May your educational experience give you the strength to challenge yourself wherever life takes you. Best of everything, God bless you. Love and peace, Dad and Fran.

Danielle M. Forenza

Dear Danielle, we are so proud of you. Your hard work will pay off threefold! Our wish for you is “Health, Wealth, and much Happiness!” With love, Mom, Michael, Michael, Tommy, Little Michael and your new nephew!

Danielle Forenza

Our dearest Danielle, congratulations on your graduation. We had no doubt that you would do well. We are so very proud of you. Love Dad and Pop-Pop.

Jennifer Fratta

Our dearest Jenn, how proud we are of you and all your accomplishments. You truly are a loving and respectful daughter and one remarkable woman! Love you always, Mom and Dad.

Jennifer Fratta

Dear Jenn, I am tremendously proud of what you’ve done and where you’re going. I wish you the best of luck as you begin this new chapter in your life. Congratulations and good luck! Love Ant.

Joseph Gallucci

Dear Joey, we are so proud of all your achievements, and of the young man you have become. May you find Happiness and Success in the future. Love always, Mom and Dad.
Andrew J. Gould

Dear Andrew: We are blessed to have you as a son and brother. You are a man of great strength, character and love and we wish you much success in your future. We are very proud of you and we love you so much. Mom, Dad, Rick and Kerry.

Megan Grabel

Congratulations on your graduation. You have grown into a beautiful woman both inside and out. We are very proud of you and hope all your dreams for the future come true. Love Mom and Dad.

Nicole Guilbert

Nicole- May your future be filled with all the best life has to offer. Believe in your dreams! We're so proud of you!! Love, Mom, Warren, Ashley and Chris.

Ricardo E. Guzman

Dear Ricardo, we are all so proud of your recent achievement, good luck and best wishes on your future endeavors. We love you so very much... Love Mom, Dad and Chino.

Coralia Hanson

Way to go Cori! We are so proud of you. The best is yet to come. Love Mom, Dad and John.

Tom Harper

Tom, congratulations! Another milestone. They become greater and greater and that goes along with our love and pride for you. Thank you for being you. All our love forever, Mom and Artie.

Tom Harper

Tom, I am so proud of you. YAMEL, only you will know. I believe you do. Your new journey begins. I know that you will succeed in all that you do. Never forget your priorities, stay focused, LOL, Mom.
Dearest daughter, this moment in time is of a great emotion in our lives and to see you walk down in your graduation and to see that four years have gone by and now you are on the way to achieve your goals. There is no doubt in our minds that God will allow you to fulfill your dreams. You have our blessing and unconditional love. Dad, Mom, Sister and nephew.

Dear Meghan, it’s hard to believe that you are graduating. You have done a wonderful job. As you embark on the next chapter in your life; we wish you all the luck in the world, and a lifetime of happiness. May all your dreams come true. Love Mom and Dad.

Son, you have proven your ability to be successful. Follow your dreams for they will bring you happiness, self fulfillment and prosperity. Remember those that love you and treasure those that will grow to value you. We are proud of you and love you!

Congratulations Michele, you did it! We are so proud of you. We all wish you success and happiness in your future. Love, Jason, Tammy, Madison, Karen and Andrew.

Congratulations Michele- I am so proud of you. Remember if you can dream it, you can become it. Reach for the stars. Love, Mom.

Dear Ollie, congrads! You have what it takes and the heart to go with it! Our love follows you wherever life leads you. Love Mom, Dad, Bram, Chuw and Kaiser.
Erin Jean Kulasewski

Congratulations to our sweet Erin Jean! We've witnessed the long hours and late nights of studying! We admire your dedication and perseverance. You continue to astound us with your determination and self-motivation. Your reward will be your future and your ability to look back on your achievements with pride. We are delighted by your love and so proud of your successes! Love Dad, Mom, Mike and Sara.

Caitlin J. Lapicco

Caitlin- You have been made so uniquely, designed so specifically, that there is not one other person on earth exactly like you. May your creativity and individuality flourish wherever life takes you. Butterfly Kisses- Love always, Mom, Dad and Roger.

Christoffer Larsen

Chris- From that first trip on the Merritt, you proved that Sacred Heart was the place for you- We hope that the memories of your 4 (5!) years will be unforgettable... Love, Mom and Dad.

Matthew Looney

Dear Matt, congratulations and... May the road rise to meet you. May the wind be always at your back. May the sun shine upon your face. May the rains fall soft upon your fields and until we meet again, may the Lord hold you in the palm of His hand, Irish Blessing). Love, Mom, Dad and Kate.

Daniel LoVerde

Congratulations Daniel LoVerde! In some ways, this is an ending- a celebration of so many accomplishments. In other ways, it is just a beginning- of hopes and dreams yet to be fulfilled. As always, we are so proud of you! All our love- Mom, Dad and Michael.
Ryan Magovern
Ryan, happy are those who dream dreams and are ready to pay the price to make them come true. Suenens. Congratulations! Love, Dad, Mom and Elley.

Jill Cara Marano
To our wonderful daughter/sister Jill... We wish you all the love and happiness that life can offer. We're so very proud of you. WE HOPE YOU DANCE! All our love, Dad, Mom, John, Kevin and Demi.

Justin Martorano
Our dear son Justin, you have overcome so many obstacles, we are so proud of you. Love Mom and Dad.

Lisa Matarazzo
Lisa, we are so proud of your dedication and hard work. Your enthusiasm for life is infectious and we are so proud of all your accomplishments. Follow your dreams and your heart and you will achieve great things. We love you. Love Mom, Dad, Stacey and Gaby.

Jess McCann
Dear Jess, may your journey through life be filled with love and grace. And don’t let anyone ever tell you that you are anything less than beautiful. We are so proud of you! Love, Mo and Dad.

Sarah E. Meltzer
Dear Sarah, congratulations on your outstanding achievements at SHU. As proud parents, we couldn’t be happier for you. We wish you much success and happiness as you move on to graduate school. All our love, Mom and Dad.
Dearest Jenna Eleanor, be happy, be healthy, be blessed and remember when you get the choice to sit out or dance... Dance! Love Mommy, Chuck, Justine and Joelle.

Michael Moloney

Dear Michael, it seems like yesterday you were just a little boy. You have grown into such a fine young man. You have accomplished so much and your ambition is amazing. We know you will not stop here- This is just the beginning. Keep striving, the future holds such promise for you. You have the ability to become anything you want. You have brought us such joy and happiness and we are so proud of you. We love you so much. Love, Mom, Dad and Erin.

Rita Morales

Dear Rita, congratulations on all you've achieved. We are very proud of you. Love Mom, Dad, Natalie, Katherine and Grandmothers.

Mike Mosher

Mike- Why are there so many songs about rainbows? Follow your dreams even if it takes you somewhere over the rainbow. We are so proud of you and we love you very much. Love Mom, Dad, Dave and Tom.

Nicole Moudis

Our dearest Nicole, congratulations on your graduation. We are so proud of you. May all your dreams come true. Love, Mom, Dad and Alyssa.

Angelo Muscat

Our son Angelo, you made us proud. May all your dreams and wishes come true. Love Mom and Dad.
Dear Stephanie, we are very proud of all you have accomplished! Congratulations! With all our love, Mom and Dad.

Stephanie Neubauer

To our beautiful daughter Stephanie, we are so very proud of you and all of your accomplishments. May all your dreams come true… Congratulations! Love, Mom and Dad.

Ashley Newton

Dear Ashley: You’re the reason today is such a special day—So, take a moment to enjoy and celebrate yourself for all you’ve accomplished and for the beautiful person you’ve become! Love Always, Mom.

Lynnae Marie Nizzardo

Dear Lynnae, our wish for you is a lifetime of love, health and happiness. May all of your hopes and dreams come true… Love Mom, Dad, Shane and Cody.

Christina M. Onderdonk

Chrissy, you successfully completed one more step on the stairway of life, done again in a way to make us extremely proud. Our hopes and thoughts are with you now as you approach your next step towards a lifetime of success. Love, Mom and Dad.

John Palazzo

Dearest John, you are the shining light in our eyes. We are so proud of your hard work, determination and success. May you always have the happiness you have brought us. We love you forever, Mom and Dad.
**Peter Pavone**

Dear Peter, congratulations! We are very proud of all your achievements. May God bless your future with happiness, love, good health and success. All our love, Mom, Dad, Deanna and Stephanie.

**Joe Pereina**

Joey, you have achieved so much; continue to do the important things in life with love and commitment. Success and happiness will follow. I am so very proud of you. May all your dreams come true. M.

**Andrea Picco**

Our dearest Andrea, we are so proud of your determination and accomplishments. You will be an inspiring educator. We wish you happiness in your future, and may all your dreams come true. Love, Mom, Dad, Christina and Nat.

**Brianna B. Plesky**

Dear Brianna, I am so proud of you! Keep on dreaming! Love, Mom.

**Karina Ram Kalawan**

My precious Karina... This day is one of my dreams for you. A stepping stone to things you are capable of. May God bless you with a successful, happy and fulfilled future. Love Mummy, Dads, Damien, Aaron, Richie, Tristan and Pappy.

**Anderson Rawlins**

Congratulations Anderson! We are very proud of you and all your accomplishments. Believe in yourself, believe in your dreams because... Life holds endless possibilities for you. Love always, Mom, Dad and Shawn.
Ann K. Regan
Dearest Ann, our Duchess of Pace: Congratulations on four great years and one great N.E.C. day in Loretto, PA... May the road always rise up to meet you. Love, Mom, Dad and Erin.

Erica Rico
Erica, you have made us proud with all that you have accomplished. May God continue to bless you, as he already has. Love, Mom and Dad, Andrew, Natalie, Jerry and Jackie.

Nicole Righetti
Dearest Nicole, shoot for the moon. Even if you miss, you land among the stars. Our wish for you is a lifetime of happiness and fulfillment. May all your dreams come true... You’ve made us very proud. Love, Mom, Dad and Stephanie.

Josh Rutigliano
Josh, our son, our world. Thank you for making us proud to be your parents. You will be a successful person in whatever you do because who knows you better than us. We wish you simply the best that life has to offer. Know how much you are loved. Mom, Dad and Brenden.

Danielle M. Sacchi
Danielle- Sail on silver girl- sail on by. Your time has come to shine- all your dreams are on their way. See how they shine... Congratulations... We are so proud of you...

Kristine Schneller
Congratulations Kristine. We’re very proud of you and what you have accomplished. We believe in you and wish you the very best in all your choices for the future. Love from your biggest fans, Mom and Dad.
Xavier F. Sanchez

Xavier: From the day you were born, we have been proud of you! We have seen you grow into a responsible, caring, committed young man. You have not allowed anything to stop you from reaching your dreams and goals. You have worked hard these past four years and were able to juggle assignments and football without neglecting your role as a son. Remember, graduation is not the end of your dreams it's the beginning. We love you unconditional and we are proud of you. Love, Mom, Dad, Gaby, Bertito, Cindy and Chanel. “Que Dios te bendiga.”

Kelly Stritmater

My Kelly- my little one. Follow your heart- follow your dreams. Love will guide you- Love will surround you. Love is you... I love you!!! Mommy.

Jeffrey Talbot

Dear Jeff, there’s so much we can say about your accomplishments and the person you are. We cannot say it better than you make us proud. Wishing you a lifetime of happiness and success... Love Mom and Dad.

John Schindelar

Dear John, you did it and you earned it! We are so proud of you! Always remember, work hard and you will fly high and reach the stars! Love always, Mom, Dad and Jennifer.

Ashley Sebas

Dear Ashley, our little girl, we are all so proud of you. You had a goal and you accomplished it. Follow your dreams. Love, Pete, Mom and Jennifer.

Katie Vieira

Katie, we are so very proud of you! We hope that all your dreams and wishes come true! Love Mama, Chrissie and Eric.

Jennifer Sherman

Congratulations Jen. As always, we are proud of you. Your kind heart and sharp mind will lead the way to a bright future (now that you’ve conquered ASP.NET!) Rock on! Love- Mom, Dad, Michelle and the “Pippos”.

Andrew Waylett

Andrew, life’s main regrets are those things that you don’t pursue; so keep those few. Go out and find your bliss. Good luck dude! Love, Dad.

Katie Smith

Congratulations Mike on your many accomplishments. We are so proud of the man you have become. Wishing you happiness, love and success. Love Mom and Dad.
My four years at Sacred Heart ended as quickly as they came, and I still can’t believe that it is all over. The memories that I made here are irreplaceable, just as the people I have met are unforgettable. The four years flew by faster than I and most of the graduates could realize, despite everyone’s warnings that they would quickly pass by. Now, writing my final goodbye and thinking back on the years, I can honestly say I had the absolute best time of my life.

I joined the yearbook staff my Senior year in an attempt to have Sacred Heart’s rapid growth reflected in its first full-color yearbook. I had no idea just what was in store for me. The amount of work, sweat, long hours, and “technical difficulties” that are presented in producing a publication of this magnitude are tremendous. In the long run, however, I feel all the perseverance, determination, and motivation paid off.

This book could not have been done without the constant aid and support of both my staff and editors as well as Tom Wuestkamp, who have helped the creation of this year’s Prologue more than is mentionable. I cannot express enough gratitude for Jane Sanders as well, who was always available with a quick last minute photograph. Another big thank-you is needed for the technology department and Rob Trenske who had to aid us with the several bugs and crashes our computers endured throughout the year. Kaycee Spadaro was one of the most consistent volunteers on staff who dedicated her own long hours both throughout the school year and over the summer, as well as Leah Gallagher whom without our first Fundraising group would not have been formed. These girls put so much time and energy into this book that I cannot thank them enough! Last, but certainly not least, our publisher Steve Russo has put everything he has into making sure this book succeeded, and I cannot thank him enough!

It is now time to turn this publication over to a new editor and another year. Although the years will continue on and our University will continue to grow, the past four years for the Class of 2006 will always be remembered as our time. Goodbye, Sacred Heart, and thanks for the amazing ride.

Jessica Mugavero
2006 Editor In Chief

COLOPHON

The 2006 Prologue, Volume 40 was printed by four color process on 100 pound enamel stock. A thousand copies of the 208 page edition were submitted as source files on CD and printed by Taylor Publishing Company in Dallas, Texas. 650 copies were individually mailed to seniors and the remaining copies were distributed on a first-come, first-serve basis. Pages were created on four iMac computers using the Adobe Creative Suite2.

The endsheets are printed on uncoated white stock on four color process. The cover is a four color lithocote with two foil stamps. It is covered with a matte lamination and coated with a gloss varnish. The cover board is a 160 pt. tempered binder’s board.

All copy was written by Jessica Mugavero, Christoffer Larsen and contributing Prologue writers. Fonts used were Times New Roman, Zapfino, Trajan Pro, Myriad Pro Light Condensed, Helvetica, Caflisch Script Pro and Arial. Action photographs were taken by Gene Gumbs, Rob Trenske, Davor Photgraphy and the Prologue staff.
2006 PROLOGUE STAFF

Editor in Chief: Jessica Mugavero
Assistant Editor: Christoffer Larsen
Photography Editor: Mary Kinney
Fundraising Chair: Leah Gallagher

Photographers
Alex Bente
Gretchen Frey
Linda Russo
Dominique Valenti
Eric Blum
Jeneen Garcia
Laura Stenger
Janelle Watson

Copywriters
Ashley Bonora
Brian Fitzsimmons
Denise Lendino
Kate Brindisi
Lindsay Halle
Meghan Polis

Contributors
Michael Barrett
Todd Jensen
Liz Orlando
Charity Bishop
Daniel Lo Verde
Rob Pescatore

Fundraising
Krstal Engelse
Till Maranaro
Erin Casey
Kaycee Spadaro
heart is... SHU