Two Thousand Five Prologue Sacred Heart University
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"What is past is prologue"
~ William Shakespeare

There is a Season

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One of the most recognized faces around Sacred Heart University, Tom Wuestkamp is the reason that so many students feel at home and grow to love the university. Once an undergraduate student, then a graduate assistant, Tom is currently in his fourth year as Coordinator of Student Activities. Tom’s love for the students and the Sacred Heart community is evident in the way he conducts his work on campus and makes every individual feel well taken care of. Since his door is always open to students and parents, and he has guided the Class of 2005 since their first moment as Sacred Heart undergraduates, the 2004-2005 Prologue Yearbook is dedicated to the wise and effervescent Tom Wuestkamp.
Plants coming to life.
People emerging from shells.
The sun makes us bloom.
September 1st
North Hall Opens

September 7th
Fall Semester Begins

September 15th
Residence Halls Renamed

October 20th
Mock Accident

October 2nd
Homecoming

A Year in the Life of SHU

November 2nd
Presidential Elect
May 15th
Class of 2005 Graduation

May 11th
Senior Week Begins

April 29th
Greek Weekend Begins

April 27th
Campus Life Leadership

April 13th
Mr. SHU is Crowned

April 2nd
Pope John Paul II Passes Away

January 18th
Spring Semester Begins

February 19th
Pack the Pitt

Features
The 2004-2005 academic year brought not only a little extra something to Sacred Heart University’s underclassmen in the form of North Hall (with its very own gym), but it also brought a little extra to the entire SHU community in the form of a brand new coffee house. Holy Grounds, as it was so creatively named with pun intended, opened its doors at 9:00 PM on September 8, 2004. That particular Wednesday night was the first of which SHU students were able to visit the new addition to campus activities, aside from the Outpost Pub, Hawley Lounge, and Pitt Center, and see what it had to offer.

Those who went to the opening of Holy Grounds were the first to take in its warm, inviting ambiance and enjoy free rounds of various flavored iced coffees and sandwiches. On a regular day, one can stroll in and buy, hot beverages plus muffins, breakfast dessert cakes, and even ice cream. Entertainment was also provided for the first visitors to Holy Grounds by Supergush. This two-man band supplied the perfect acoustic sound for the café’s special night. Customers of this contemporary coffee shop have a variety of seating to choose from, including cushioned booths, chrome-finished tables and chairs, and comfortable sofas to lounge around in.

The end of opening night was not the end of the fun at Holy Grounds. Throughout future semesters at SHU, students can look forward to such coffee accompaniment as acoustic bands, book club gatherings, and poetry readings. Holy Grounds Café enjoyed a successful opening as one of Sacred Heart’s top on-campus hangouts. The cafe is definitely a place where the SHU community has and will continue to enjoy all it has to offer.

By: Courtney Gotshall
Students relax in the hub's calming environment, enjoying some new drinks. The band Superpush came to Holy Grounds to play acoustic folk, ending with some tunes.

Photo by: Olia Yelner

Olia Yelner sits drinking one of the many coffee drinks that the hub offers, often filled withー-

Photo by: Courtney Gotshall

Dean Wedik and Amy Rice visit while at Holy Grounds on the opposite end of the hub.
Features
The Wrath of Nature: Tsunami
By Rob Pescatore

The towns were quiet and people went about their normal lives until December 26, 2004. That was when the tsunami, a large wave, hit parts of Southern Asia and Eastern Africa. It devastated Sri Lanka, India, Maldives, Indonesia, and Thailand. The tsunami resulted from an earthquake that occurred on the West Coast of Indonesia. Hundreds of thousands of people were affected as over 300,000, were killed with many more missing, likely to never be seen again. On that fatal day, countless dreams and memories were swept out to sea.

Not to deter from the tragic loss of lives that afternoon, millions of dollars worth of property damage also wrecked havoc on the unsuspecting countries. However, the help of many wonderful individuals, organizations, and countries counteracted the loss with financial aid, supplies, food, and domestic aid. Advertisements featuring Presidents George Bush Sr. and Bill Clinton appealed to the American public for donations. Habitat for Humanity also assisted in rebuilding homes in the destroyed regions. Even a seven-year-old gave his Christmas money to the Red Cross to help the relief effort. The generous outpouring of support was considered greater than that during the tragedies of September 11, 2001.

In such a time, many Sacred Heart students responded with heartfelt concern. The question proposed to them was, "What we can do as a University or otherwise to help the victims of the tsunami?"

Sean Coyle, a junior, stated, "Sacred Heart could hold events such as comedy shows and/or concerts and use money raised from entrance fees to help victims of the tsunami disaster. We could send a portion of the money made from the things we buy at the University such as books, food, and all money made from parking violations to help. Finally, tables could be set up around the school just to accept money from anyone who wants to donate."

The true generosity and motivation of SHU students was apparent by the outpouring of ideas and fundraisers campus wide. Amazing results come from those who pull together and as a University community, Sacred Heart has that same ability. We have helped victims of major tragedies before, and we will continue to do so in future times. Though we hope we will never have to see such tragic times again.

Many have wondered what the world can do to prevent another horrific disaster such as this one from happening again. Unfortunately, though, it was concluded there is no way to stop a tsunami. The only prevention method that is feasible is to incorporate warning systems deep in the ocean that could provide people with a small block of time to flee as far as possible from the shoreline.

<<Men clean up debris left by the tsunami in India. Photo by ~ The Associated Press

Features 13
Being in Connecticut, Sacred Heart University is a school in a state which borders both New York and Massachusetts. This makes for excellent weekend plans for the Pioneers, but also for some serious debating during baseball season. Home to the Yankees (and yes, the Mets, for all of you Mets fans out there), New York also boast a good majority of Sacred Heart students. Boston, Massachusetts, home of the Red Sox, sends a good share of its high school graduates to Sacred Heart as well. Around the time of the 2004 World Series, the halls of Sacred Heart were patches of red and blue, rival colors this time around in the world of baseball. Flik was full of avid fans as it offered viewing to any students who wanted to watch the game together. Even painted faces went to school every morning. Nighttime club meetings were left deserted as fans couldn't miss a moment of the excitement. The Yankees played to prolong their record and the Red Sox fought to defeat a so-called curse on their team since 1918. When all was said and done, the Red Sox fans had something to cheer about. It was the first time their favorite team had won in decades. For the Yankees fans, the battle for their team to stay on top isn't over and now they have something to prove. For Sacred Heart, next fall could bring about another clash of the titans, or perhaps different team colors will be spotted throughout the halls.
Red Sox vs. Yankees

World Series 2004

Dave Brede and Helen Dunk faced off with some Yankees fans.
Photo by ~ Courtney Gotshall

Christine Giblin shows off her Red Sox team spirit.
Photo by ~ Christine Giblin

Erin Bimbo, Lauren Padian, and Adam Pellecchia stepped up to cheer on their team.
Photo by ~ Courtney Gotshall

Elizabeth Tangerenie and Mary Elizabeth Shaheen are friends despite their differences.
Contributed photo
Welcome Days

The academic careers of Sacred Heart’s Class of 2008 started during the beautiful weather of Welcome Days 2004. The residential freshmen were able to move into their new homes, while commuter students got to know each other and their new surroundings. Upperclassmen helped freshmen move into their small and cozy living spaces for the year, while parents unloaded personal belongings and said goodbye to their children. Newly registered freshmen were ecstatic about embarking on their new journey.

Residential Life Assistants and other organizations, such as athletes and band members who were already on campus, were on hand to help anxious freshmen get adjusted. Welcoming balloons were everywhere and families surrounded the freshmen dorms in anticipation. It was the start of a great year, with freshmen meeting new, life-long friends and starting a new life away from home. Before long, the freshmen dorms were busy and bustling with life as students settled in and started their college careers. Autumn and the start of what could be the best four years to come were in the air.
Sunsational Saturday
Hosted during one of the first weekends back at school, Sunsational Saturday aimed to entertain resident students before the pressures of class and extracurriculars set in.

Photo by ~ Courtney Gotshall

Student Life 19
Kendall spoke to the crowd about about relationships and her time being on Road Rules. Instead of a tell-all gossip fest that could very well have been the whole reason for the visit, both Kendall and Shane came with purposeful speeches.

The evening began with a speech by Shane. His main issues were compassion and diversity. As a homosexual, Shane wanted to share his experience of coming out with the students. He stressed the point that homosexuality is not a choice made by an individual; he “didn’t choose to be gay.” He encouraged all students to be open-minded and accepting of diversity.

After completing their prepared speeches, Shane and Kendall spoke a bit about the show behind the scenes, as well as the Real World/ Road Rules Challenges that take place after the end of the regular seasons. On being on Road Rules, Shane said, “What I learned on this show was that I was the one holding the stereotypes, not the people who were creating them for me.” Kendall recalled, “We were very vulnerable at the beginning; we were all alone and forced to start new friendships.”

Shane shared an important message with the audience taken from what he learned during his time on Road Rules. He said, “Use college as a learning experience to seek things outside the box. You can learn more from someone who is different from yourself.”
Alcohol Awareness Week ~ Mock Accident
Fairfield firefighters break into a car with the jaws of life to demonstrate the dangers of drinking and driving.
During the events of the annual Alcohol Awareness week students learned about and experienced situations in which alcohol poses threats and dangers.
*Photo by ~ Mark Stanczak*
Bowling For Soup

Lead singer Jaret sings Britney Spears song as a tribute to a fellow Jive label star.

Photo by ~ Olia Yelner

The band poses for good photos after finishing an interview with Spectrum and Prologue members.

Photo by ~ Courtney Gotshall

Bassist Erik concentrates on a never-before-heard song. A SHU-preview!

Photo by ~ Olia Yelner

Bowling for Soup performs their hit “Girls Aloud the Bad Guys Want” to the delights of the audience.

Photo by ~ Olia Yelner

By:
Olia Yelner

What is bowling for soup? Is it something you can do in the kitchen? Is it a Steve Martin routine? Perhaps it's any one of those things... but to Sacred Heart, it's a the band that played here during the fall semester. The student body described them as extremely talented, not to mention friendly, and most of all a funny band. On stage they wowed students with hits like "1985" and "Girl All the Bad Guys Want," the radio favorites. Backstage, they couldn't stop making fun of each other and regaling the staff of Prologue with stories from the early days of the band and various punk-rock tours. They went into quite a bit of detail, all of which was hysterically funny, if less than appropriate for publication. You can know this though: they prefer goldfish in their soup. That's right goldfish. Can anyone get anymore avant-garde with snack foods?

The audience got a taste of the lead-singer's sense of humor when he launched into a long explanation of the politics of Jive Records, Bowling for Soup's connection to Britney Spears. (Aside from being on the same label, there really isn't one.) And, finally, his interpretation of "...Hit Me Baby One More Time", which by the way was no worse than the original.

After listening to the band complain about the smell of cauliflower, I can say one thing: go out and buy their albums, because those are cool guys and they deserve your money.
Homecoming is about more than football; it's about friends getting together to share memories and tailgate. Photo by ~ Mark Stanc

The Junior class shows its animalistic nature with a festive design and roaring school-spirit. Photo by ~ Mark Stanc

"...and your little dog too." Proof positive that EVERYONE is a Pioneer fan. Photo by ~ Mark Stanc

Enthusiastic students march in the parade through the campus. Photo by ~ Mark Stanc

Homecoming is about more than football; it's about friends getting together to share memories and tailgate.

To begin the rush of excitement for Homecoming 2004, the weekend started off with an early morning 5K fun run and fitness walk, followed by a parade which was littered with floats from various organizations on campus as well as a performance from the Sacred Heart University marching band.

Besides being able to host great tailgating parties, the students at Sacred Heart also proved to be avid football fans. Hundreds of students attended the game with painted faces, red and gray clothing, and their school spirit. SHU defeated Wagner University at the game that afternoon and the roar from the crowd could be heard across campus. Such a tremendous win came as a shock to the pioneers which made the pioneer victory that much sweeter!

Towards the end of the evening an alumni mass was held in the university chapel while on the other end of campus at the Pitt Center a wine and cheese reception was held for the International Alumni. A third party was held at Captain's Cove in Bridgeport for the class of 1999's fifth year reunion. Without a doubt, Homecoming Weekend 2004 was a complete success. While alumni were able to relive their college days on that exciting afternoon, family members were able to experience the fun and excitement the SHU students live everyday.

It was a great time to catch up with old classmates, show the utmost of school spirit and prove that Sacred Heart University really is a home to come back to.
Homecoming Weekend
The Homecoming Parade rages through the streets of Sacred Heart with students, faculty and alumni taking part in the festivities.

Photo by ~ Mark Stanczak
Inaugural Trip

Every four years an event takes place that no American would want to miss; and for political science students and enthusiasts, it’s a dream come true. The Presidential Inauguration trip hosted by Dr. Gary Rose is a once-in-a-lifetime experience that is both exciting and educational.

As is tradition for this trip, the students took part in a moonlight tour of Washington monuments, which although taking place in freezing temperatures proved to be historically appealing and beautiful. The next day, Jim Phillips, a political scientist and Middle East Analyst from the Heritage Foundation gave a speech on Middle East Policy before the students were welcomed by the streets of Georgetown for dinner, shopping and entertainment.

Before entering the inauguration, the audience waited in several multi-thousand person lines. While waiting, Sacred Heart students got a good glimpse of former President Bill Clinton in his escorted SUV. After hearing George W. Bush’s plans for the next four years as well as seeing him sworn in, the group headed to the high-security inaugural parade down Pennsylvania Avenue.

The ride home was filled with phone calls from local newspapers and excited chatter of who got interviewed by reporters from CNN as well as other TV channels. Although a first inaugural trip for most students and the sixth for Dr. Rose, everyone agreed that this historic inauguration was a memorable experience.
Distinguished Speakers
Reverend Al Sharpton ignited Sacred Heart University with a fiery speech against social apathy and societal injustices.

Photo by ~ Olia Yelner
When students come to SHU as residents, not only are they embarking on their college journey in a whole new living arrangement, but they are also away from their families for the first time, for a long time.

Siblings Weekend, an annual event here at Sacred Heart, allows students the opportunity to share their new lifestyle with their brothers and sisters. SHU residents are allowed to bring their siblings on campus for a whole weekend full of fun, excitement, and bonding.

This year, Siblings Weekend was held on Friday, April 8th, through Sunday, April 10th. The theme for this year's event was based on the PIXAR movie, *The Incredibles*. Some of the fun planned for the weekend included a viewing of the movie, *The Incredibles*, and a carnival out on the lawn and patio outside of FLIK. SHU carnivals are famous around campus for their inflatable games, tattoo and caricature artists, and great food, and this one was no different.

When it was time for the siblings to go home, they may have known they were going to miss their hosts, but at least they left comforted that their big brother or sister was okay, and having more fun than they could have imagined at Sacred Heart.
By: Courtney Gotshall

SHU Idol

For those who watch American Idol at home, Kelly, Ruben, Clay, and Fantasia, have become household names. This year, Bo Bice and Carrie Underwood had been added to the list, among others. The fact that the show is a national hit hints that there is something special about it. The key to the program is that it allows people who have talent to rise up from wherever they are from, and get into the game alongside the big names and talent that are already out on the Billboard charts.

While those names aren't a part of this roster, Sacred Heart puts on its very own version of the show, called SHU Idol, run by the IRC. Students here are given a chance to step up and challenge each other in a singing competition like the well-known TV show. This year, taking the places of Randy Jackson, Paula Abdul, and Simon Cowell, (the well-known American Idol judges) were Theresa Duffy, Professor Michaels, and last year's SHU Idol winner, Lindsay Bussa.

The competition took place in three rounds, happening throughout the fall semester and early spring semester. Before the end, the top eight contestants were able to show off their talent and even to sing "The Star Spangled Banner" collaboratively. Out of all of the contestants, the final four competitors were Sophia Cruz, John Rea, Shannon Kinney, and Frances Bundy. In the end, freshman Sophia Cruz won over the crowd and judges and was declared this year's SHU Idol.

One of the finalists sings her heart out to the delight of the audience.
Photo by Michaela Martone

Joe Rea quietly waits for his turn to show off his voice.
Photo by Michaela Martone

A SHU Idol contestant performs for a gathered crowd during the final stage of the contest.
Photo by Michaela Martone

SHU Idol contestants line up on stage and wait for audience reactions.
Photo by Michaela Martone
Student Life
Students study outside of Seton Hall before the stress of final exams takes its toll.

Photo by ~ Davor Photography
The 2005 Mr. SHU competition was one of the most anticipated campus events in the spring semester. The competition is not only a fantastic way to spend an evening but it also signifies that the school year is coming to an end.

The show for the night featured contestants Jon Cretella, John Fullivene, Mike Galdieri, Mike Hannon, Alex Kantarelis, Shaun Mitchell, Dave Morson, Frank Pistecchia, and Jamin Riddick. Some creative entrances included a spoof on the Austin Powers films by Jon Cretella, as well as taking the "big pimpin'" approach and strolling through in style by Dave Morson.

Next, the audience was bedazzled by the guys dancing skills with their rendition of "Moulin Rouge," decked out in colorful feather boas, black chinos, and white t-shirts. Then, was the tantalizing swimwear portion of the competition. There were thrills for many with the various array of fashions dawned by our contestants. From itty-bitty Speedos to women's bikinis, they all looked great and provided some comic relief. One of the best performances in this event was Frank Pistecchia jumping rope while in his scantily clad swimsuit.

Making it into the top five were Riddick, Pistecchia, Mitchell, Kantarelis, Hannon, each having to answer a question at random, trying to persuade the judges. After announcing the winner of Mr. Congeniality, the 2005 Mr. SHU was crowned. Frank Pistecchia was announced the winner for 2005 and the crowd exploded in applause.

Frank was joined on stage by his fraternity brothers and was lifted on their shoulders. This was a picture perfect moment to a great competition.
Spring Concert

Every year, Sacred Heart brings a well-known entertainer to perform for its community in the spring. Past visitors have included 3 Doors Down, Vertical Horizon, Ludacris, and Dave Chappelle, among others. This past April, SHU welcomed Chris Carrabba of Dashboard Confessional.

What made this concert extra exciting to all who were involved was that this was an acoustic performance. Therefore, Carrabba was the only member of Dashboard Confessional to come and play. Also, Carrabba’s own family came to Sacred Heart to watch the show, a treat that made the night extra special. Many tickets were sold to SHU students as well as others from the surrounding public, which made for a large audience. Hardcore fans were even found waiting in line in the wee hours of the morning, waiting through the rain, to ensure a great spot during the show.

When it was time for the concert, the lead singer of Dashboard Confessional did not let down his true fans who could be found front and center singing along to every song he played. And, Carrabba did not let the crowd down, as he was sure to play the well-known song from the Spiderman 2 movie, “Vindicated.” All in all, this acoustic concert was a great time for those who went. The experience was more intimate compared to past performances. The fans of Dashboard who found themselves in the audience won’t forget the night anytime soon.
The Campus Life Leadership Awards is a special annual event. Not only for faculty and staff of Sacred Heart, but also for the students. It is the night that a few names are picked out of the rest to stand out for their accomplishments in this school community. It does not mean that all others' acts go unnoticed, but it allows faculty, staff, and students, a chance to publicly declare their recognition of the accomplishments of their peers. It is the People’s Choice Awards of Sacred Heart University.

This year, on April 27, the 13th Annual CLLA were held in the Pitt Center and had a variety of entertainment to go along with the actual awards ceremony. There was a breath-taking performance by the SHU Dance Team, a “Year in Review” video, and a musical selection by 4 Heart Harmony led by Dr. John Michniewicz.

This year, some of the recipients included: James Castonguay for the Dr. Marian Calabrese Outstanding Faculty Member Award, John “Pops” Downer for Outstanding Staff, Charles Bennedium for Outstanding Administrator, and Amy Ricci for Outstanding Graduate Assistant. Also, Pioneer Awards went to Shaun Mitchell, Class of 2008; James Daly, Class of 2007; Mike Johnson, Class of 2006; and Ray Mencio, Class of 2005. Jen Arthur won the Doug Bohn “Unsung Hero” Award, and Maria Carpanzano won the John Croffy Outstanding Leader Award. Many more members of the SHU community were honored that evening and the reveal of the yearbook dedication this year was announced to a very pleasantly surprised, but deserving, Tom Wuestkamp.
Active adventures
Running on the beach of life.
Savor this time now.

Summer 47
SHU KnitWits

For all students, faculty, and staff that want to help out children in shelters and children whose families have been affected by an HIV-AIDS crisis, Knit Wits is a group for you.

Knit Wits started out in September 2003, and the group makes hats, scarves, mittens, and fleece scarves for children in shelters or children who have been affected by HIV-AIDS.

Dr. Calabrese is a professor in the English department and is also one of the first members of Knit Wits says, “This group started with three ‘non-knitters.’ By the time I was hospitalized in December 2003 our numbers had grown to 12.”

Faculty and staff carried on the group while Dr. Calabrese was unable to attend the meetings. “The interest was so high that we had to create a Monday and Tuesday night group.”

Knit Wits continue to meet on Mondays and Tuesdays from 6:30 p.m. to 8 p.m. in the Campus Ministry Center. Dr. Calabrese runs the Monday night meetings, and AbbieMarie Joseph leads the Tuesday night group.

Knit Wits crochets and knits with a “each one teach one” philosophy which allows people in the group to learn from one another. The Knit Wits group encourages anyone who come to the meeting. Knit skills aren’t required for this group.

“Sharing stories, grapes and Fatty Bones round out our evening,” said Dr. Calabrese. “We’re expanding our ministry” this year by adding healing shawls for women with cancer to our repertoire.”

By: Lindsy Brophy
SHU Players

Front Row: Jennie Briggs, Holly Finneran, Megan Bagley, Christine Fahey, Lindsay allele, Liz Mordecai.

Second Row: Alex Kantarelis, Mackenzie ray, Elise Valerio, Amy Chase, Brittany poole, Jennifer Pureell, Helen Dunk, Rick lKinnon.

Third Row: Jacob Arrihambault, Michael aloney, Guy Savage, Mike Johnson, Kennethatts, Chris Lavoie, Matt Libassi, Tom Tyrelli, Justin Schiavone, Stephanie owless, Donna Palumbo, Daniel Marra.

Jack Row: Karina Ramkaiawan, Jessica artley, Sara Lizzo.

SHU Elite

Front Row: Katie Delaporta, Sarah ereras, Caitlyn Conley, Christine nanno, Meaghan McGinness.

Second Row: Brittany Hoole, Alexa unferti, Jessica Rosselli, Maria napanzano, Megan Grabel, Diana nth.

UMOJA

Front Row: Calvinanson Jr., Nikkole Dye, Kathleen Beaubrun, karlene Pressoir, Sarah menard.

Second Row: Marc ylor, Charnette orter, Stacy Mayers, sper Saunders, Marsha ice, Taneisha Caintave.

Clubs 49
SHU PLAYERS

SHU players are one of the most productive and recognized groups on campus. Working hard all year to produce several perpetually highly acclaimed plays, the members provide a great service to the entire Sacred Heart community in the form of excellent entertainment.

One of the play highlights of 2004 included the performances of the cast of "The Man Who Came to Dinner." In the play, Guy Savage portrays a wealthy but lonely (and ever so cranky) old man, who fakes an injury to stay with a family, and drive them insane.

In the spring semester, A Night Of One Acts showed off a talented cast, with three short plays. Dan Hooks, Justin Schiavone and Megan Bagley taught the audience the meaning of what it is to be trapped in "A Philadelphia," an uproarious play directed by Katherine Ariano. That same night, Samuel Bolles and Katie Duratti starred in "Sure Thing," directed by Matthew Libussi about a couple trying to make a connection, over and over again.

Concluding the night was the longest of the three one acts, called Black Comedy, which was directed by Mike Johnson. The play chronicled the hilarious outcome of a meeting between a dishonest starving artist and his girlfriend's strict father. Alex Kantarelis, in the role of the artist Brindsley Miller made the audience erupt with laughter time after time again as he tried to juggle his nightly potential client and his two girl friends played by Holly Finneran and Brittany Horl. The group put on other plays including "The Dining Room", a series of situations revolving around, you guessed it, a dining room table. For the actors and directors of SHU players, college is only the beginning, undoubtedly their talents will land more SHUperstars on the big screen or on Broadway.

By Olia Yelner
NRHH

Front Row: Candice Giordano, Theresa Duffy, Victoria Pezzulo, Kaitlin Brownridge, Jennifer Arthur.
Second Row: Sarah Hinnendael, Mike Smith, Kacy J. Lansing, Willie Geddish.
Third Row: James Dolan, Dan Yngstron, Jessica Boy, Maria Valdivieso, Patrick Ayusch, Jon Bassi, Erin Ferrantino, Ashley Newton.

RA Council

Front Row: Lauren Kwolek, John Alliveri, Kacy J. Lansing
Second Row: Rory Colford, Willie Geddish, Dawn Doucette

Social Work Club

Front Row: Jen McCollgan, Erika Reinis, Kathleen Conger, Karen Smith, Faith Bailey
Second Row: Sacha Merswell, Amy Cardinale, Caroline Tanski, Allison Decht, Maggie Sandoval, Ann Kopec, Maureen Bell
International Festival
First year student Merlin Perez shows off her Cuban heritage at the annual International Festival held in the fall to honor multi-culturalism and national pride.
Photo by: Olia Yelner
Cubs

Clubs 53
Independent Music Club members gather for a photo after the meeting.
Photo submitted by Dana Cannizzaro

One of the many local bands brought to the Sacred Heart campus through the efforts of IMC
Photo submitted by Dana Cannizzaro

Dana Cannizzaro and Karina Ramkalawan are proud of the success of their most recent show.
Photo submitted by Dana Cannizzaro

INDEPENDENT MUSIC CLUB

Sometimes music lovers just want to share their favorite bands, show off their own musical talent, or just hang out together and talk knowing there is this similar interest between them. Aside from band, chorus and individual lessons, Sacred Heart now also has The Independent Music Club.

Started to give those who like music not in the mainstream a place to share their finds. The Independent Music Club grew to have a fairly large membership. With lots of help from Alex Kantarelis, founder, and WHRT, the laid-back club had near-regular meetings and put on some great shows featuring up and coming bands. This format is a great opportunity for the club members to learn about local talent as well as for the bands who play to spread the word about their music, get new fans, and even raise a little money sometimes.

Some of the bands that were able to play, this past year included: Verse, The Distance, The Wrong Side, and Have Heart, which all have hardcore sounds; and Third to None, Twilight City Fracture, Jetlag Generation, StillHaven, ALateDesign, and ActaNon-Ven.

all bands that are likened to "Underoath" and "Taking Back Sunday" according to Kantarelis.

Members of the Independent Music Club were encouraged to bring CDs and concert information of local bands to meetings so there could be a variety of talent to choose from for each show. With such a great opportunity now available, hopefully the club will continue to benefit students and local talent.

By: Courtney Gots
**Gamma Omega Delta**

**Front Row:** Teresa Capalbo, Stacey Lyons, Michael Sheveland, Rui Rainho, Valerie Burns

**Pi Sigma Alpha**

**Front Row:** Ian Mason, Willie Bedish, Kevin Doran.
**Second Row:** Valerie Burns, Rosemary Gould, Teresa Capalbo, Oline Yelner, Rebecca Millet, Louis D’Amarino.

**Prologue**

**Front Row:** Cintrece Brown, Oline Yelner.
**Second Row:** Dave Brede, Teri Errico.
**Third Row:** Erin Bimbo, Michaela Martone, Rob Pescatore, Cara Franze, Courtney Gotshall.

**Clubs 55**
With two major concerts in the 2004-2005 school year, the concert committee (or more accurately, two concert committees) had to work twice as hard to pull off successful shows. Although Dashboard Confessional and Bowling For Soup required different amounts of work, both committees pulled off successful shows.

Members of the committee were responsible for all of the logistics of putting on a successful show. Planning started months ahead of time. They searched for a popular, yet affordable act and signed the contract for the performer. Then ticket sales chairmen worked overtime to sell tickets to SHU students and the surrounding community. This turned out to be a greater task than imagined. Poor college students have a hard time dishing out $15 for a ticket, but somehow, organized and persistent team members achieved high sales.

Before the show, committee members were responsible for making performers feel as comfortable as possible. For Bowling For Soup, the committee set up a private dressing room in the lower level of the Pitt Center. Amenities included all-you-can-eat snacks, as well as drinks and a television. Committee members responsible for taking care of the band were well rewarded with kindness.

Upon Dashboard Confessional requests, the concert committee kept a watchful eye as the singer rehearsed and kept hundreds of screaming fans, some who had driven for many miles camped since 4 AM at bay. Committee members also used their previous expertise to operate stage lights from the back of the Pitt Center.

By: Olia Yelner
Criminal Justice Club

Front Row: Jamemane Hilling, Anthony Montalbano, Tiffany Willsaw.

Second Row: Leslie Hartman, Michael Accetta, Nicholas Zuzolo, Natalie DiDonna, Katie Delaporta, Danielle O'Mara, Brittany Taylor, Anthony Savo.

MSA

Front Row: Pat Connolly, Greg Appello, Nick Kelly, Kris Inghaviroj.

Second Row: Joe Sanginario, Heather Fogarty, Ashleigh Bepko, Eicke Cutler, Joe Diguglielmo, prof. Gregory Golda

Third Row: Joe Finis, Chris aber, Nick Brown

Pre-Law Club

Front Row: Rebecca Millet, Teresa Capalbo, Natalie DiDonna, Sarah Koi B., Nick Passalacqua.
The Man Who Came to Dinner
Guy Savage, Allison Pohorylo and Bridget Steckis
star in a play about a fickle and unwanted
houseguest.
*Photo by: Olia Yelner*
International Fashion Show
International students and their peers wore ethnic as well as traditional clothing, including formal wear and swimsuits during the fashion show, whose proceeds were for charity.

*Photo by ~ Mark Stanczak*
Olia Yelner and Courtney Gotshall hold up signs for TV cameras at an early morning concert. 
Photo submitted by ~Olia Yelner

In Nashville, the Prologue and Spectrum staff lived in this luxurious hotel. 
Photo by ~Courtney Gotshall

Spectrum editors Pat Scalisi, Jill Tomasz and Kelly Ryan toured Nashville downtown. 
Photo by ~Danya Jimenez

Representing The Spectrum and The Prologue, 11 editors headed to Nashville, 
Tennessee to attend Music City USA's 83rd Annual National College Media Convention. 

Participants had the opportunity to attend over 300 learning sessions, workshops, 
a trade show, vendors, roundtables, student media displays, career fair, and even get 
involved with many networking opportunities. The Convention is the largest annual 
event for colleges and more than 2,500 student journalists, broadcasters, media 
advisers and others all attended from the United States, Canada, and other countries.

Over the course of the five days, the students attended sessions that each 
individual was able to choose, ranging from magazines, to newspapers, to 
yearbook, broadcasting and photography. Not only were the students mingling with experts in their fields, but they also got to meet students from other schools with similar interests.

Later in the week, the female students on the trip got a glimpse of 
celebrities when they woke up at 4 a.m. to attend a live Good Morning America 
taping about a block from their hotel. The girls obtained spots right in front of 
stage to get a closer look at Diane Sawyer and Robin Roberts as well as Shania Twain.

After spending seven and 
half hours in the airport, the students arrived back safely with a mind full of memories, inspiration, and fresh ideas.

By: Kayla O'B
**Dance Team**

*Front Row*: Jen Paquette, Alisa O'Palenick, Lliana Luciani, Michelle Bassi, Liz Carr, Jamie LeBoeuf, Emily Coffey, Lindsay Jakowski, Jeni Comisso, Patricia Casey.  
*Second Row*: Nicole Engle, Jen Giordano, Anna Gray, Jessica MacConaghy, Nicole Vahhetti, Johane Joas, Nicole Alimena, A'Lyse Thomas, Dayna DiBiasi, Marissa Flanagan.  

**Men's Rugby**

*Front Row*: Paul Harnett, Matt Henry, Eric Blum, James Kenny, url Yacoub, Josh St. Ours.  
*Third Row*: Mark Weber, Rus Edwards, Sword Shaw, Mike Money, John Nugent II, William Camararo, Matt Bauer, Jim Daly, Jim Ebring.

**Women's Rugby**

*Front Row*: Amanda Neto, Meghan Pelletier, Kim Fedman.  
*Second Row*: Kristina Fierro, Pamela Manns, Allison Dalcell, Natalie Tiberas.  
*Third Row*: Justine Gronovost, Chrissy Sheridan, Maggie Cunningham, Erin Fallon.

**Clubs 63**
Ballroom dance members practice the waltz.  
Photo submitted by ~ Maureen Bell

Ballroom Dance Club advisor Frances Collazo poses with club members.  
Photo submitted by ~ Maureen Bell

Ballroom dancers practice while Michael Stavola walks around and corrects their steps.  
Photo submitted by ~ Maureen Bell

The Ballroom Dance Club was restarted in the fall of 2003 after a multiple year hiatus. In the 2004-2005 school year, thanks to the help of several dedicated members, the club worked hard at recruitment, which resulted in about 70 active club members, both men and women.  

Maureen Bell, the organizer and president works alongside treasurer, Donna Palumbo who takes care of the fundraising to help pay for lessons. Lessons take place weekly, at 8pm in the Aerobics Room at the Pitt Center. Ballroom Dance club was lucky enough to secure a professional ballroom instructor, Michael Stavola, who owns the Arthur Murray's Studio in Southport. Lessons are open to all students, the majority of whom had no dance experience before joining the club. Types of dances that are taught include: merengue, salsa, cha-cha, hustle, waltz, foxtrot, rumba, tango, and swing.  

Michael Stavola has been generous enough to open up his studio to club members on Friday nights for their dance parties and during the week for group lessons to attend for free. Club members also takes trips to the CT Ballroom Dance Event several times a semester.  

Ballroom Dance Club is not only a unique experience on campus, but it is a great way for students who would otherwise never learn to dance, to become a little more cultured and worldly. Since everyone is welcome, it is also a great way to build self-esteem and to meet new people in a casual setting.

By: Maureen Bell and Oliya Yeln
**Art Club**

*Front Row:* Sarah Jacques, Amy Moore, Danielle Seide, Danae Kline, Michele Parente, Eric Blum  

**Psychology Club**

*Front Row:* Sarah Turbert, Sarah Kolb, David Tirpak.  
*Second Row:* Brianna Fava, Nicole Falco.

**Spectrum**

*Front Row:* Danya Jimenez, Nick Kelly, Kelly Ryan, Pat Scalisi.  
*Second Row:* Jenn Motisi, Colleen Mitrano, Jill Tomasz, Nadia Korovesi, Bill Silvestri
Senior Social Work Club members enjoy a night out. ~ Maureen Bell

Pre-Med students listen actively to advise from club advisor Dr. Calabrese.

Photo submitted by ~ Marian Calabrese

Italian Club members hold a fundraiser to benefit the many events sponsored by the club.

Photo submitted by ~ Olia Yelner

**SHU CLUBS**

**Literati**

**Front Row:** Chris Crutchfield, Amy Chase, Dana Cannizzaro, Karina Ramkalawan.

**Back Row:** Dave Brede, Mark Stanczak, Matt Robinson
Debate Society

Front Row: Louis D’Amarino, Mike Gardner, Daniel Marra.
Second Row: Linda Assante, Sean Amoruso, Michael Maloney, Mike Johnson, Kimberly Cegelka, Chris Trimarchi, Jacob Archambault.

College Democrats

Front Row: Jason Swist, Michael Mastri, Willie Geddish.
Second Row: Brenna Kellenher, Jennifer Paquette, Julie Chouinard.
Third Row: Michael Ames, Natalie DiDonna, Elizabeth Bubbico, Rebecca Millet, Ian Mason.

College Republicans

Front Row: Kelly Edgar, Sarah Hendrie, Kelly Walsh.
Back Row: Ryan Fahy, Jeff Barrett, Joseph Churla.
While most college students chose Cancun and Daytona Beach as their spring break destinations, a delegation of 9 students plus 6 faculty and family members journeyed elsewhere. At 3:00 a.m. on March 3, 2005, all fifteen boarded a plane to El Salvador, Central America.

What was their purpose? Well, it wasn't for a vacation in 90 degree weather. They wanted to help. They wanted to experience another culture. They wanted to be selfless. And in today's world, it is hard to find any act of selflessness, as there is easily gratification in traveling to another country to help others. But this was no ordinary country. This was a third world country, located much closer to the equator than New England.

The accommodations were not terrible, having the advances of running water, electricity and a roof, but beyond those walls, life was a challenge. The students visited “Cooperativas,” other communities near Tierra Blanca where they stayed. The trips were made in the back of a pick-up truck and the drive was indescribable on the country's dirt roads with the sight of fields and mountains, volcanoes and wild animals roaming the streets. The visits with the co-ops, however, were often harder as the delegates listened to regales of personal struggles, wars and poverty, simply surviving, and untimely deaths. Every day, the delegates left with a little more awareness they had never known back in the United States.

At noon on Friday, the delegation boarded a plane back to the states and while many were excited to return home to the luxury they learned to live without for a week, many were sad to leave the world they had embraced for a week. The world they had grown to love with people they made unforgetable connections. But thankfully, they will always have their memories—and the rolls of film each in case they ever forget!

By: Teresa Errico
**Italian Club**

**Front Row:** Christopher Baldi, Michael Guttadaro, Nicholas Cucci, Salvatore Liistro.  
**Second Row:** Vittorio Faricelli, Matt Cassidy, Benjamin Sollodato, Pat Kitson, Vinny Dell'orgo, Carla Babuini, Erica Bouteiller.  
**Third Row:** Ashley Bonora, Dana Cannizzaro, Liz McDonough, Diana Bramante, Andrea Occhipinti, Laura Cascio, Gina Baldi, Leah Artese.

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**Outing Club**

**Front Row:** Michael Bibbo, Cori Hanson, Courtney Hodell, Erick Erk.  
**Second Row:** Kailey Mott, Kate Lyn McAllister, Cassandra Andrade.  
**Third Row:** Jaclyn Gabriel, Jeff Blaisdell (Advisor), Dawn Doucette, Nicholas Zuzolo, Ryan Dunn.

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**Best Buddies**

Amber Noviello, Alexandra Volpe, Catheryn Lozinak, Kristin Tweed.

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**Clubs 69**
The Defense Line relaxes during a half-time.

Dave Morson runs to try to help his teammates. Photo by ~ Athletics Dept.

Ed Pricolo keeps the "hogs skin" from the opposition. Photo by ~ Athletics Dept.

Dan Ammel pays close attention at the start of a quarter. Photo by ~ Athletics Dept.

Terrence White hunts for the football during this fierce game. Photo by ~ Athletics Dept.

Shaun Hunte hopes to win this game. Photo by ~ Athletics Dept.
When looking back at the 2004-2005 Pioneer Football season the one word any fan would most use to describe the season can be found in the schools name: Heart. While finishing the season overall at 6-4, and 3-4 in the conference the team still managed to place Mike Scott and Pricolo on the 1-All-AmericaTeam honorablemention kick returned James Wright.

While it was clear that they did not always win, it was just as clear that they always had the will to win. Most of their losses were not one sided. They were close games that were fought hard until the end. Running back Jason Payne and Quarterback Tyler Arciaga of the Pioneers' were a major part of offensive success. were not a team but they always when it came to heart.

By: Courtney Gotshall

The team listens to a pep-talk during the homecoming game.
Photo by ~ Davor Photography
Stickhandling Genius

The team gathers after an awards ceremony. Photo by ~ Athletics Dept.

Danielle Curcio shows off her field hockey skills. Photo by ~ Athletics Dept.

Marie Aiello heads towards the goal to the dismay of the chaser. Photo by ~ Athletics Dept.

Nicole Falco high fives her teammates. Photo by ~ Athletics Dept.

Kristen Van Buskirk keeps the opposition on their toes. Photo by ~ Athletics Dept.

Becky Ford keeps the ball from the other team. Photo by ~ Athletics Dept.
The 2004-2005 Field Hockey season was definitely an exciting one for the Pioneers. Every now and then, the team would have a rocky time, falling to the likes of Yale, Hofstra, and Fairfield. However, not unlike any team from SHU, these Pioneers pulled together when it really counted to show teams like Robert Morris, Quinnipiac, and Siena, just who they should fear in the league.

Before the Pioneers pulled together as many events: a youth camp and Shooting clinic in April, Field Hockey Camp in June, were a few members of this not only to Sacred Heart were honored in the league.

season was complete, the a very talented team to host in January, a Goaltending and the STX Revolution Team accolades aside, there year’s team who stood out but also to the NEC and Freshman Jenn Howley was named Sacred Heart’s Athlete of the Week and NEC’s Field Hockey Rookie of the Week, and later, NEC’s Field Hockey Rookie of the Year. Also, sophomore Becky Ford was a SHU Athlete of the Week and sophomore midfielder Colleen Carney, according to the Sacred Heart athletics website, “was selected to the 2004 STX/NFHCA Division I All-Region team for the Mid-East Region.” Furthermore, eight players from this year’s team were chosen to be on the NFHCA/National Academic Squad for having excellent scores both on the field and in the classroom: senior Danielle Curcio, Ashley Sarah Yeaton, and freshmen and Jenn Howley.

Of all the announcements regarding this team, however, the best was that the girls went down to Australia in July for the Eastern University Games and proudly brought the Gold back to SHU!

By: Courtney Gotshall

Front Row: Danielle Vasely, Katie Bohren, Jenna McLane, Jenn Howley, Christy Bobe, Colleen Carney
Middle Row: Chris Blais, Marie Aiello, Andi Coiro, Nicole Falco, Becky Ford, Robyn Breer, Jackie Ferraro, Ashley Russell, Leah Stoehr, Erika Vargas
Back Row: Jeannie Ann Walls, Kristen Van Buskirk, Bryna Bailey, Erik Francisco, Sarah Yeaton, Ashley Del Greco, Danielle Curcio, Erin Kelly
Setting up for the goal!
Photo by ~
Danya Jimenez

Meagan Riemer playing forward.
Photo by ~
Danya Jimenez

Orlagh Cullen dribbling around her opponent.
Photo by ~
Danya Jimenez

SHU in scoring position
Photo by ~
Danya Jimenez

A fight for possession.
Photo by ~
Danya Jimenez

Making the pass.
Photo by ~
Danya Jimenez
While this season wasn’t perfect for the Pioneer women’s soccer team, there were some great accomplishments made by the team. Losses ended up going on the scoreboard against teams like Yale, Siena, and Fairleigh Dickinson, while some wins were earned when put up against the likes of Wagner, Monmouth, and Robert Morris.

Unfortunately, were unable to make NCAA Women’s Soccer Tournament. However, aside from were some individual earned throughout the Nathalie Urbas was the SHU Pioneers unable to make it into the 2004 NCAA Women’s Soccer Tournament. game action, there and team honors season as well. Senior named a SHU Athlete of the Week, Christel Kalweit was named an NEC Women’s Soccer Player of the Week, and junior Orlagh Cullen and sophomore Randie Quaglia were both named to the All-NEC second team.

With head coach Joe Barroso having earned his 100th career victory this season, he will be adding on more to that number as he moves on to coach the SHU men’s soccer team. Kim Banner will take over as head coach of the women’s soccer team. Kim previously worked alongside Barroso and years. Previously, Kim helped get the Championship in the finals in more recent years.

By: Courtney Cotshall

Ashleigh Bepko plays keep-away while heading towards scoring. Photo by - Athletics Dept.
Defense goes a long way.
Photo by ~
Danya Jimenez

Ricarti Mendes running up along the side.
Photo by ~
Danya Jimenez

Ricarti Mendes striking a pose during a SHU victory.
Photo by ~
Danya Jimenez

SHU setting up for the final goal.
Photo by ~
Danya Jimenez

Victory cheers through the crowd!
Photo by ~
Danya Jimenez

Making the assist.
Photo by ~
Danya Jimenez
**SCORE BOARD**

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>9/1/2004</td>
<td>Hartford</td>
<td>L, 4-0</td>
</tr>
<tr>
<td>9/5/2004</td>
<td>Central Connecticut</td>
<td>L, 5-4</td>
</tr>
<tr>
<td>9/10/2004</td>
<td>Jacksonville</td>
<td>L, 4-1</td>
</tr>
<tr>
<td>9/12/2004</td>
<td>UNC-Wilmington</td>
<td>L, 3-0</td>
</tr>
<tr>
<td>9/14/2004</td>
<td>Holy Cross</td>
<td>L, 2-1</td>
</tr>
<tr>
<td>9/17/2004</td>
<td>Maine</td>
<td>W, 2-1</td>
</tr>
<tr>
<td>9/22/2004</td>
<td>Stony Brook</td>
<td>L, 1-0</td>
</tr>
<tr>
<td>10/1/2004</td>
<td>Quinnipiac</td>
<td>L, 3-0</td>
</tr>
<tr>
<td>10/8/2004</td>
<td>Long Island</td>
<td>T, 2-2</td>
</tr>
<tr>
<td>10/10/2004</td>
<td>St. Francis (NY)</td>
<td>L, 4-3</td>
</tr>
<tr>
<td>10/15/2004</td>
<td>Monmouth</td>
<td>L, 1-0</td>
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<tr>
<td>10/17/2004</td>
<td>Mount St. Mary’s</td>
<td>L, 1-0</td>
</tr>
<tr>
<td>10/20/2004</td>
<td>Yale</td>
<td>L, 7-0</td>
</tr>
<tr>
<td>10/23/2004</td>
<td>Fairleigh Dickinson</td>
<td>L, 3-0</td>
</tr>
<tr>
<td>11/5/2004</td>
<td>St. Francis (PA)</td>
<td>L, 2-1</td>
</tr>
<tr>
<td>11/7/2004</td>
<td>Robert Morris</td>
<td>L, 2-0</td>
</tr>
</tbody>
</table>

It was a rough season for the members of the SHU men’s soccer team. Not only did the team suffer many losses in playing, but they also bid farewell to their coach Joe McGuigan who stepped down in retirement from his position as the team’s coach and handed the reigns over to coming to Sacred Heart and playing McGuigan coached team into Division I years and saw the standing. losses, McGuigan got playing hard until the end of the season. Just like other teams, the men’s soccer team earned individual honors for extraordinary play in their sport. Freshman center-back Dan North was named NEC Rookie of the Week and sophomore midfielder Ricarti Mendes was honored with a second team All-NEC selection.

The men’s a bit defeated but get skills they have built McGuigan. It will anyone’s guess as to be when Barroso tries his coaching techniques with the Pioneer’s men’s soccer team.

By: Courtney Gotshall

Team members sit on the sidelines and get ready to join the game. Photo by – Athletics Dept.
Sprinting to Win

SHU Women race ahead of the pack.
Photo by Athletics Dept.

Kaitlyn Clark shows that SHU does it best!
Photo by Athletics Dept.

Robert Howard leads the SHU pack in style.
Photo by Athletics Dept.

SHU Men run as a team during a tough meet.
Photo by Athletics Dept.

Katie Duffy seems unfazed by a long run.
Photo by Athletics Dept.

Teresa Howard races towards victory.
Photo by Athletics Dept.
## SCORE BOARD

### Men's Team

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>9/11/2004</td>
<td>Fordham</td>
<td>9th / 17 Teams</td>
</tr>
<tr>
<td>9/24/2004</td>
<td>Quinnipiac</td>
<td>9th / 13 Teams</td>
</tr>
<tr>
<td>10/2/2004</td>
<td>Fairfield Univ.</td>
<td>5th / 7 Teams</td>
</tr>
<tr>
<td>10/23/2004</td>
<td>Collegiate Champ.</td>
<td>No Team Score</td>
</tr>
<tr>
<td>10/30/2004</td>
<td>NE Conf. Champ.</td>
<td>10th / 11 Teams</td>
</tr>
<tr>
<td>11/13/2004</td>
<td>NCAA Regionals</td>
<td>31st / 37 Teams</td>
</tr>
<tr>
<td>11/20/2004</td>
<td>IC4A/ECAC Champ.</td>
<td>No Team Score</td>
</tr>
</tbody>
</table>

### Women's Team

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>9/11/2004</td>
<td>Fordham</td>
<td>8th / 16 Teams</td>
</tr>
<tr>
<td>9/24/2004</td>
<td>Quinnipiac</td>
<td>5th / 12 Teams</td>
</tr>
<tr>
<td>10/2/2004</td>
<td>Fairfield Univ.</td>
<td>1st / 6 Teams</td>
</tr>
<tr>
<td>10/9/2004</td>
<td>New England Champ.</td>
<td>24th / 45 Teams</td>
</tr>
<tr>
<td>10/23/2004</td>
<td>Collegiate Champ.</td>
<td>2nd / 9 Teams</td>
</tr>
<tr>
<td>10/30/2004</td>
<td>NE Conf. Champ.</td>
<td>4th / 12 Teams</td>
</tr>
<tr>
<td>11/13/2004</td>
<td>NCAA Regionals</td>
<td>22nd / 35 Teams</td>
</tr>
<tr>
<td>11/20/2004</td>
<td>IC4A/ECAC Champ.</td>
<td>No Team Score</td>
</tr>
</tbody>
</table>

The men and women of SHU's cross country teams had a competitive season this year. The challenge was handed right over to them both as the women were chosen to finish third and the men were chosen to end the season in fourth, according to the NEC Coaches Poll.

The women won eighth at the Fordham Invitational, fourth at the Quinnipiac Invitational, and came ninth at the New England Championships. The men won 37th out of 48 teams at the Quinnipiac Invitational, ninth at the Fairfield Invitational, and fifth at the New England Championship.

At the Championships, the women finished 24th out of 45 teams and the men won 37th out of 48 teams. At the Collegiate Track Conference Cross Country Championship, things were a bit different. The women came in second place, but the men only used two of their runners in the competition, as the NEC Championship was nearing. When the Championships were over, the women's team placed fourth and the men's team earned 10th place. Then came the NCAA Northeast Regional Championships. The women got 22nd out of 35 teams while the men won 31st out of 37.

Katie Duffy had a stellar season and was named the NEC Women's Cross Country Athlete of the Year. She won SHU's weekly Student Athlete of the Week. Tyler Arnett stood out as a leading runner for the team the entire season as well. Both teams had their share of players with great skill, which made for quite a successful season.

By: Courtney Gotshall

Erin Kulasewski gets ahead of other teams.

Photo by ~ Athletics Dept.
Bumping On Up

W's Volleyball

Facing the strong competition.
Photo by ~
Danya Jimenez

Charnette Porter ready for anything.
Photo by ~
Danya Jimenez

Scoring on the opposition is team work.
Photo by ~
Danya Jimenez

SHU volleyball girls at home and ready to play.
Photo by ~
Danya Jimenez

Brenda Bailey after a win
Photo by ~
Danya Jimenez

Teammates relieved after a successful victory.
Photo by ~
Danya Jimenez

80 Summer
### SCORE BOARD

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Outcome</th>
</tr>
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<tbody>
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<td>9/3/2004</td>
<td>Long Island</td>
<td>L, 3-1</td>
</tr>
<tr>
<td>9/3/2004</td>
<td>Fordham</td>
<td>L, 3-0</td>
</tr>
<tr>
<td>9/4/2004</td>
<td>Rider</td>
<td>L, 3-1</td>
</tr>
<tr>
<td>9/4/2004</td>
<td>Wagner</td>
<td>L, 3-0</td>
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<td>Lafayette</td>
<td>L, 3-0</td>
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<td>9/11/2004</td>
<td>Fairleigh Dickinson</td>
<td>L, 3-2</td>
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<td>9/11/2004</td>
<td>Howard</td>
<td>L, 3-1</td>
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<td>9/14/2004</td>
<td>Hofstra</td>
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<tr>
<td>9/17/2004</td>
<td>Wofford</td>
<td>L, 3-1</td>
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<td>9/17/2004</td>
<td>Maryland</td>
<td>L, 3-0</td>
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<tr>
<td>9/18/2004</td>
<td>Youngstown State</td>
<td>L, 3-0</td>
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<tr>
<td>9/18/2004</td>
<td>Columbia</td>
<td>L, 3-1</td>
</tr>
<tr>
<td>9/24/2004</td>
<td>Yale</td>
<td>L, 3-1</td>
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<td>9/25/2004</td>
<td>Manhattan</td>
<td>L, 3-0</td>
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<td>9/25/2004</td>
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<td>9/29/2004</td>
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<td>L, 3-0</td>
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<td>10/16/2004</td>
<td>Central Connecticut</td>
<td>L, 3-0</td>
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<td>Wagner</td>
<td>W, 3-2</td>
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<td>Fairleigh Dickinson</td>
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<td>10/29/2004</td>
<td>Providence</td>
<td>L, 3-0</td>
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<td>11/3/2004</td>
<td>Iona</td>
<td>L, 3-0</td>
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<tr>
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<td>Long Island</td>
<td>L, 3-0</td>
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<tr>
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<td>St. Francis (PA)</td>
<td>L, 3-1</td>
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In October 2004, freshman Sarah McMillan was named the Northeast Conference Women’s Volleyball Rookie of the Week. During her first season here at Sacred Heart University, she has helped her team achieve back-to-back NEC wins for the season. A minor set back occurred in late October, however, when a loss against Providence.

Although the women’s team remained strong and pushed forward, they unfortunately dealt with another loss against Iona College. Nonetheless, the women’s team made a strong comeback by their victory over St Francis. Although the rough, especially of November, for a strong and successful season next year.

By: Rob Pescatore

Brenda Bailey and Christine Duffy easily get the ball over the net.

Photo by ~ Athletics Dept.
Setting the Pace

Dan DuVall with a serve.
Photo by ~
Danya Jimenez

A couple of pats on the back after a well-earned victory.
Photo by ~
Danya Jimenez

He has the area covered!
Photo by ~
Danya Jimenez

SHU spiking the ball back to where it belongs.
Photo by ~
Danya Jimenez

Mike Ivers with his game face on.
Photo by ~
Danya Jimenez

Keeping the focus on the game.
Photo by ~
Danya Jimenez
The 2005 men’s volleyball season saw many changes from the start. CJ Emanuelson took over as head coach. Emanuelson came to this position after many years experience in volleyball elsewhere and earning a Master of Arts in Learning degree right here at Sacred Heart. The volleyball team started off the season with nearly a clean slate to start from. A new coach met with seven new players and only a handful returning from the season before. Senior Michael Gardner and graduate student Robert Purslow led the new players as captains.

The new Pioneer volleyball team put up a fight every time, ending the season with a “3-16 overall and 1-10 in the Eastern Intercollegiate Volleyball Association” having won consecutive games. While slow to come, the competitiveness that the SHU volleyball team ended the season having only improved immensely from the start.

By: Courtney Gotshall

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**Score Board**

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<tr>
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<th>Outcome</th>
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<td>Lees McRae</td>
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<td>Juniata</td>
<td>L, 3-0</td>
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<td>New Haven</td>
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<tr>
<td>4/16/2005</td>
<td>Southampton</td>
<td>W, 3-0</td>
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</tbody>
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Brent Monden is determined to score on the other team.

Photo by ~ Athletics Dept.
Basket After Basket

W's Basketball

Defense!
Photo by ~
Danya Jimenez

Allie Bagnell making the shot.
Photo by ~
Danya Jimenez

Dribbling to center court and setting up for an assist.
Photo by ~
Danya Jimenez

Nicolle Rubino
Photo by ~
Danya Jimenez

Kerri Burke
Photo by ~
Danya Jimenez

Amanda Pape dribbling down the court.
Photo by ~
Danya Jimenez
The Pioneer women's basketball team was able to pull off a great season. They kicked off with a win at Yale and from there until the end of the season pulled in wins against teams like Rider University, Mount St. Mary's, Brown, CCSU, St. Francis (NY), Robert Morris, and Fairleigh Dickinson. Other teams put up a bigger fight on the way to the championships, such as University of Kansas, Columbia, Hofstra, and St. Francis (PA). Sometimes, it wasn't an easy win or lose situation like with Quinnipiac. The game against the rival came back to win the second time quarter finals came getting closer to the championship win. Unfortunately, even though the Pioneers won against Robert Morris in their first game against each other, SHU's team lost the semi-final game against this #3 seed team, putting SHU from #2 to #3 and sending Robert Morris into the final game against #1 seeded team, St. Francis (PA). But, being #3 in the league is nothing to sneeze at. The Pioneers worked hard for this great season.

Individually the Pioneers were NEC poll, sophomore named All-NEC in giving her a great Also given honors were sophomore was named Sacred Heart Athlete of the Week twice, just as Pape was once later in the season. Pape was also named Choice Hotels NEC Player of the Week and she was named to the All-NEC First Team.

By: Courtney Gotshall

Front Row: Lisa Moray, Kerri Burke, Nicolle Rubino, Amanda Pape, Mary Rush, Allie Bagnell
Back Row: Team manager Kristin Kenny, Assistant Coach Ashley Kohl, Assistant Coach Jen Curran, Assistant Coach Ebony Hollingsworth, Colleen White, Mikara Cimmino, Joceyln Kelly, Colleen Duggan, Jasmine Walker, Head Coach Ed Swanson, Assistant Coach Heather Kappes, Trainer Aaron Gee
The team huddles before a game.
Photo by ~
Athletics Dept.

Jarred Fry is prepared for a lay-up.
Photo by ~
Athletics Dept.

Mike Parker dribbles towards victory.
Photo by ~
Athletics Dept.

Kibwe Trim waits for his team mates to pass him the ball.
Photo by ~
Athletics Dept.

Drew Shubik runs past any opposition towards the basket.
Photo by ~
Athletics Dept.

Eugene Pettway in the process of leading his team to victory.
Photo by ~
Athletics Dept.
The 2004-2005 season did not display SHU men's basketball team's best abilities. However, it was not all bad news for these Pioneers. There were certain teams that proved to put up a fight against SHU, including: Albany, Lehigh, Penn State, and Columbia. However, others were those against the Monmouth, and Long Island University.

Regardless of team up and downs, talented athletes who only be part of a team but use their individual skills too. In particular this season, sophomore guard Jarrid Frye was a Sacred Heart University Student-Athlete of the Week, and sophomore Joey Henley was named to the All-NFC Second Team. One of highlights of the fight the Pioneers put up for placement in the NEC. In January, the first-place team, exciting game of close calls the Pioneers pulled ahead and won the game against the top team. It was games like this one during the season that showed audiences the Pioneer skills.

By: Courtney Gotshall

Joey Henley is getting ready to make a basket.
Photo by ~ Athletics Dept.
Jenna Cataldo, Sarah Turbert and Jessica Felt all smiles after this game.
Photo by ~ Danya Jimenez

Katelin McLaughlin playing strong offense.
Photo by ~ Danya Jimenez

Stephanie Boulay at the goal.
Photo by ~ Danya Jimenez

The girls after a strong first half.
Photo by ~ Danya Jimenez

Julie Wynohradnyk playing defense.
Photo by ~ Danya Jimenez

Erika Sawyer keeps her eyes on the puck.
Photo by ~ Danya Jimenez
## SCORE BOARD

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<th>Outcome</th>
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<td>Robert Morris</td>
<td>L, 8-0; W, 3-1</td>
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<td>Michigan St</td>
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<td>Union College</td>
<td>L, 7-3; L, 7-1</td>
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<td>10/29/2004</td>
<td>Vermont</td>
<td>L, 8-0</td>
</tr>
<tr>
<td>11/5/2004</td>
<td>Rhode Island</td>
<td>W, 3-0; W, 7-0</td>
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<tr>
<td>11/12/2004</td>
<td>St. Anselms</td>
<td>L, 1-0; L, 2-0</td>
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<td>11/17/2004</td>
<td>Holy Cross</td>
<td>W, 3-2</td>
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<td>11/19/2004</td>
<td>Neumann</td>
<td>T, 3-3; L, 6-3</td>
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<td>12/4/2004</td>
<td>Rhode Island</td>
<td>W, 3-0</td>
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<td>12/7/2004</td>
<td>Connecticut College</td>
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<td>Saint Michaels</td>
<td>W, 7-1; W, 5-1</td>
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<td>R.P.I.</td>
<td>L, 4-2</td>
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<td>Salve Regina</td>
<td>W, 6-0</td>
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<td>Holy Cross</td>
<td>L, 4-2</td>
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<tr>
<td></td>
<td>Saint Michal’s</td>
<td>W, 9-2</td>
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The SHU women’s ice hockey team shouldn’t be disappointed in their losses of the season. A fight was put up all season and they managed to pull away with a good share of wins, even though it wasn’t a perfect season.

Some teams were tougher than others to go up against, like for example, Vermont, Union, the University of Maine, and Hamilton. Other teams however, got a taste of what the hockey team are capable of, like Michigan State, Holy Cross, Connecticut College, and St. Michael’s.

Certain teammates stood out in the season for individual achievement within the team. Sophomore Michelle Panella and freshman Katelin McLaughlin and were each named a SHU Student-Athlete of the Week for their outstanding activity on the ice.

However, the Pioneers used every teammate in their efforts throughout the season and even were able to have a little fun between actual games. Before winter break, the women split up into teams of five or six and a goaltender. This, they called the Pioneer squad tournament, and this tournament, the small other four on four. The Michelle Panella, Ashley Jenna Cataldo, Sarah and Sarah Perry, came champions of the Pioneer Pride Holiday Cup.

Next season is sure to bring more excitement for the Pioneers in the NEC and maybe even another Pioneer Pride game.

By: Courtney Gotshall

Shannon Murphy shows the strength of SHU women’s ice hockey. Photo by ~ Athletics Dept.
M's Ice Hockey

Goal Oriented

Pierre-Luc O'Brien prepared for anything.
Photo by ~
Danya Jimenez

Some serious defense takes place.
Photo by ~
Danya Jimenez

Noel Henck shoots the puck across the ice to score.
Photo by ~
Danya Jimenez

There is never a shortage of action on the ice.
Photo by ~
Danya Jimenez

Alexandre Parent looking out for the puck.
Photo by ~
Danya Jimenez

Sacred Hearts looks to win the game.
Photo by ~
Danya Jimenez
Like all athletic teams at Sacred Heart, the Men's Ice Hockey team is one made up of strongly skilled individual players. Like only a few teams, this season's men's hockey team allowed its parts to shine brighter than their sum. The team managed to pull together some tight wins throughout the season against the likes of Quinnipiac and American International; had some losses against St. Cloud and Massachusetts; and had some continuous up and down season battles with teams Holy Cross and Bentley.

Individually, a good majority of players were honored for their and even off the ice. Starting off the season, O'Brien was twice-Individually, a from this season's team accomplishments on player of the week; Scott Marchesi was from UCONN, Canisius, for some examples.

the good majority of players were named Atlantic Hockey freshman defenseman named Atlantic Hockey rookie of the week and freshman Alexandre Parent won this honor twice; and senior captain Garrett Larson and senior goaltender Kevin LaPointe were each a Sacred Heart Student-Athlete of the Week. Also, four Pioneers were given conference honors for their extraordinary play throughout the season:

Finally, at the end of the season, a huge honor was given to the Pioneers when 18 players from the team were named to the All-Academic Team, many teams and called a number not earned by "league high". Some of were honored with this Nick Kary, who took Nicl Kary on the Atlantic Scholar-Athlete award point average of 3.94; with "a league-best grade of 3.60" also, juniors Erik Roos and senior Garrett Larson and senior goaltender Kevin LaPointe were each a Sacred Heart Student-Athlete of the Week. Also, four Pioneers were given conference honors for their extraordinary play throughout the season:

The season ended with a treat, a visit by Scotty Bowman, who spoke at the annual awards banquet. Bowman is an NHL "coaching legend and ten-time Stanley Cup winner".

By: Courtney Gotshall

First Row: Kevin LaPointe, Ryan Bremner, Barclay Folk, Assistant Coach Lou Santini, Head Coach Shaun Hannah, Garrett Larson, Noel Henck, Jason Smith

Second Row: Head Athletic Trainer Julie Alexander, Henry Gargiulo, Rocco Molinaro, Peter Ferraro, Brad Holland, Chris Connerty, Todd Spencer, Kalen Wright, Bernie Chmel, Andrew Billingshurst, Peter Giaretis, Erik Roos, Faculty Mentor Dr. John Raney, Fred "Fredster" Ward


Athletics 91
Pinning the Competition

Mike Arone wrestles with all of his might.
Photo by ~ Athletics Dept.

SHU wrestlers have the opposition where they want them.
Photo by ~ Athletics Dept.

Taking a breather between matches.
Photo by ~ Athletics Dept.

Declan Josephson is a force to be reckoned with on the mat.
Photo by ~ Athletics Dept.

Wrestling full of Heart.
Photo by ~ Athletics Dept.

Trying to relax after a match.
Photo by ~ Athletics Dept.
The Pioneer wrestling season began on a positive, hopeful outlook, and ended up being full of ups and downs, including losses against Hofstra, Rutgers, and the Army and wins including those versus Wagner, Harvard, and American University.

There were multiple tournaments throughout the season also. The Pioneers against American to the University Chattanooga and University during Collegiate Duals. Further on in the season, the Pioneers stood at sixth place Athletic Association Championships when three individual wrestlers from the team, sophomore Payam Zarrinpour, sophomore Sherwood Fendryk, and junior Kyle McCarthy, went on to the semi-finals. At the end of the CAA, the SHU wrestling team finished in fifth place, and Zarrinpour, Fendryk, and McCarthy went on to the NCAA Division Championship.

At the end of the season, Coach Seras, in his third year of coaching at SHU, was honored Bubb Coaching Excellence Award by the National Wrestling Coaches Association. He was also named the 2004 Greco-Roman Coach of the Year by USA Wrestling.

By: Courtney Gotshall

Greg Cappello wears out his opponent.
Photo by ~ Athletics Dept.
Fielding the Opposition

A graceful and agile performance.
Photo by ~
Athletics Dept.

Jumping hurdles for the win.
Photo by ~
Athletics Dept.

Gregg Curley jumping for glory.
Photo by ~
Athletics Dept.

SHU runners heat up the race.
Photo by ~
Athletics Dept.

Working past the pain to win.
Photo by ~
Athletics Dept.

Robert Howard gets ready to race ahead of the others.
Photo by ~
Athletics Dept.
The men's and women's track and field teams began this season continuing to plow through the competition at the Collegiate Track Conference Relays. For the men's and women's teams, this competition has gone to the Pioneers for seven and eight consecutive years, respectively. The teams continued to do extremely well and it was an award-winning year for many of the teammates.

Lasher won three NEC Indoor Track and Field Athlete of the Week awards, a SHU Student Athlete of the Week award, two Field Awards, and the Most Valuable Performer Award. Melissa Kostan won Outstanding Field Athlete of the Week award. Freshman Arman Dixon was named NEC Indoor Track & Field Rookie of the Week three times, SHU Student Athlete of the Week, and NEC Indoor Track & Field Athlete of the Week. Also, at the NEC Track Championship, Dixon was named Most Valuable Performer and Rookie of the Meet and he also earned a Track Athlete of the Week Award. Freshman Marsha Locke was named Field Rookie of the Week. Also, Jamie Kilis won NEC Track & Field Athlete of the Week Awards, and an NEC Indoor Track & Field Award. Senior Gregg Curley won an NEC Track & Field Athlete of the Week Award, and freshman Scott Giordano won an NEC Track & Field Rookie of the Week Award.

By: Courtney Gotshall

Track and fielders get together to celebrate after a meet.
Photo by - Athletics Dept.
Pitching Towards Victory

Sacred Heart at bat. Photo by - Athletics Dept.

Ready for a fastball. Photo by - Athletics Dept.

Danielle Mellin gets ready to pitch a no-hitter. Photo by - Athletics Dept.

Congratulations are due after a good game. Photo by - Athletics Dept.

Tiffanie Cross-Monzo hoping to out an opponent. Photo by - Athletics Dept.

Brittany Uno busy in the game. Photo by - Athletics Dept.
A busy season faced the SHU softball team this year. Starting off with losses in the first two games against Niagara and UMBC, the Pioneers knew they had to work hard to defeat their opponents, and they did. Winning a doubleheader against Mount St. Mary's and doubleheaders against Iona, Quinnipiac, Fairleigh Dickinson, Monmouth, and Stony Brook, and CCSU, the Pioneers were able to show the league what they were made of. Some teams, however, like those from Hartford, Long Island, and Wagner, did not give up so easily. Regardless of any losses, the SHU Pioneers played well throughout a challenging season.

Not unlike other Pioneer teams, some softball team players earned skills this season. Freshman pitcher Megan Spehar was named SHU Student-Athlete of the Week, and Tiffanie Cross-Monzo was All-Conference.

By: Courtney Gotshall

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<th>Outcome</th>
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<td>Robert Morris</td>
<td>L, 8-0; L, 7-2</td>
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</table>

Waiting to see some action in the field.
Photo by ~ Athletics Dept.
Catching Opponents Off Guard

Chris Aldrich's throw is on fire.
Photo by ~ Athletics Dept.

Ryan Nemcek ours an opponent.
Photo by ~ Athletics Dept.

Dan Garcia hitting a homerun.
Photo by ~ Athletics Dept.

Jay Monti waits for the action to come his way.
Photo by ~ Athletics Dept.

Chris Vartuli hits and get ready to run the bases.
Photo by ~ Athletics Dept.

Tim Lantz waits for the ball.
Photo by ~ Athletics Dept.
The Pioneer baseball team got off to a slightly rocky start this season, but managed to have an overall great one. When it wasn't down-pouring rain, the Pioneers were working hard. Losses against teams like Yale, Hofstra, and Manhattan, didn’t stop the Pioneers from winning against the likes of St. Francis (NY), Fairleigh Dickinson, and NY Tech. Eventually, it was time for the NEC Tournament and the seed won over #3 Monmouth Hawks to get past the first game, however, was end for the Pioneers against Quinnipiac Monmouth in an elimination game to figure out who would be in the championship game. Unfortunately, the Pioneers lost the game to the Monmouth Hawks and SHU was out of the tournament, as Monmouth went on to play Quinnipiac.

This season also brought forth some honors. Coach Giaquinto won his 300th game this season. Also, Jay Monti was named of the Week and also of the Week, junior was named SHU the Week. Also, at Giaquinto was named NEC Coach of the Year, Monti was named NEC Pitcher of the Year, and joining Monti on the All-NEC first team was fellow pitcher, Aldrich.

By: Courtney Gotshall

Anthony Diaz hitting like an All-Star.
Photo by ~ Athletics Dept.
Winning Heart

W's LACROSSE

JoAnn Montesarchio runs towards the goal.
Photo by ~ Athletics Dept.

Natalie Smith keeps the ball away from the opposition.
Photo by ~ Athletics Dept.

Brianna Bubeck runs to score with all her might.
Photo by ~ Athletics Dept.

Lindsay Travis is great at keeping the other team guessing her next move.
Photo by ~ Athletics Dept.

Maurenn Hohn catches the ball from her teammate.
Photo by ~ Athletics Dept.

Jamie Pettit watches the action on the other side of the field.
Photo by ~ Athletics Dept.
This season’s women’s lacrosse team, led by coach Laura Korutz, chose to end the season on a good note. With a win-lose ratio of 10-6, the Pioneers managed to put up a good fight against all competitors. Some of the greatest wins of this year include a 10-1 win against St. Francis and a 15-2 win against Robert Morris. New Hampshire and Monmouth put up the season, but did not manage to break the team’s spirit.

Some of the notable events from this season include that senior JoAnn Montesarchio of Cortlandt Manor, NY, and sophomore Brianna Bubeck of Bethlehem, NY, were both given All-Northeast Conference Women’s Lacrosse honors. The girls won first team and second team, respectively. Montesarchio was chosen for “leading Sacred Heart in points (51), goals (38), assists (13), ground balls (38), and caused turnovers (24)” and for placing "among the league leaders in points, goals, assists, and (3)." Bubeck was “in the top ten in points (43) and goals (33).” Junior Jessica McDonough chosen to be captains for next season.

Compiled by: Courtney Gotshall

The women of lacrosse get together after a game.
Photo by ~ Athletics Dept.
Crossing Into The Winners' Circle

M's LACROSSE

Jeff Monaco getting ready for a pass.
Photo by Athletics Dept.

Chris Rosas hoping to win the game.
Photo by Athletics Dept.

Tommy Latronica runs to score for his team.
Photo by Athletics Dept.

Blake Reardon goes head to head with an opponent.
Photo by Athletics Dept.

Ed Kitt gets ready to get into the game.
Photo by Athletics Dept.

Christian Lynch determines his strategy.
Photo by Athletics Dept.
The Men’s Lacrosse team did not have an undemanding season. The team worked together to start off with a winning record of 4-1. There was some trouble mid-season, however, when a losing streak threatened to bring them down. However with such talented players including, but not limited to, senior Christian Lynch of Northport, NY, who scored five goals in one game; junior Kiel Adams of the Pioneers in goals in only second in assists, home wins from the last two games.

This year’s team was made up of a group of incredibly talented athletes. Some of the year’s awards went to: juniors Matthew Robideau of Massena, NY, and Kiel Adams for being named to the All-Colonial Athletic Association Men’s Lacrosse First Team; freshman Tony Tanzi of Mahopac, NY, and Billy Fuchs for Merrick, NY, for being picked for the All-Rookie team. Tanzi also won SHU’s Rookie of the Year award. In the Pioneer standing, Robideau also won the offensive MVP award; junior Thomas NY, chosen as captain of incredibly talented athletes. Some of the awards went to: juniors Matthew Robideau of Massena, NY, and Kiel Adams for being named to the All-Colonial Athletic Association Men’s Lacrosse First Team; freshman Tony Tanzi of Mahopac, NY, and Billy Fuchs for Merrick, NY, for being picked for the All-Rookie team. Tanzi also won SHU’s Rookie of the Year award. In the Pioneer standing, Robideau also won the offensive MVP award; junior Thomas Hind of Farmingdale, NY, chosen as captain of the team’s methane. Senior Blake MN, won the “Ground Player. Senior Blake MN, won the “Ground Defensive Reardon of St. Michael, Ball” award, having had 82 grounders this season. Senior Chris Rosas of Glenelg, MD, won the “Coach’s Award” and senior Jeff Monaco of Carmel, NY, won the “Heart Award”.

Compiled by: Courtney Gotshall

Dana White runs to assist his team. Photo by ~ Athletics Dept.
Love-ing Heart

W's TENNIS

Pam Pillo watches her opponent's every move.
Photo by Athletics Dept.

Katelyn Kittredge scores on her rivals.
Photo by Athletics Dept.

A fierce look means the game belongs to SHU.
Photo by Athletics Dept.

Watching the serve for the win.
Photo by Athletics Dept.

Darcy Shoop gets ready to serve.
Photo by Athletics Dept.

Ready for anything on the court.
Photo by Athletics Dept.
It was nothing but an up and down season for the SHU women's tennis team. From the beginning of the season, it was certain the rest would be full of wins and losses alike. Some of the season’s losses were to Marist, Siena, Stony Brook, Hofstra, James Madison, Albany, and Quinnipiac. Most wins were over Wagner-twice, St. Peter’s, Holy Cross, Rhode Island, Providence, and Hartford.

In October, second place finish Women’s Tennis seven teams. Then in the men’s team, the traveled to Florida. Unfortunately, the matches, one to James to St. Cloud State.

However, individually, junior Lauren Galatie and sophomore Pam Pillo won their singles matches, and junior Darcy Shoop along with Jessica Schnell won a doubles match together. The SHU women’s tennis team also made it into the semifinals of the NEC Championship, but lost to Long Island.

Each teammate brought her own to the team and certain plays earned special honors for some. Katelyn Kittredge and Lissa Von Brecht were NEC Women’s the Week, and Darcy Pam Pillo were NEC of the Week. Galatie times and Pillo won it Sacred Heart’s Athlete too. When the NEC and all-conference season, Pam Pillo was spot and “the Pioneers captured second team plaudits at the #3 flight with the pairing of senior Kittredge and Von Brecht”, according to the SHU athletics website.

By: Courtney Gotshall

Katelyn Kittredge is on top of her game.

Photo by ~ Athletics Dept.
Servin' Up a Storm

M's Tennis

Peter George makes the game look easy.
Photo by ~ Athletics Dept.

Alex Kantarelis executing his best moves on the court.
Photo by ~ Athletics Dept.

Jared Dye shows off his skills.
Photo by ~ Athletics Dept.

Kevin Guidiciietro is ready to pounce on the ball.
Photo by ~ Athletics Dept.

Joe Merendino before a match.
Photo by ~ Athletics Dept.

Serving for the win.
Photo by ~ Athletics Dept.
This tennis season was nothing but a challenge for the men’s team. With the season results peppered with both wins and losses, it only speaks highly of the competitive team.

After losing matches versus Siena, Stony Brook, and Hofstra, and winning matches against Wagner, St. Peter’s, and Holy Cross, the Pioneers tried matches during a stint three dual matches, the team, there were individually, got a singles win at Peter George got a win at #2 singles. Also, sophomore Kevin Guidiciptetra and junior Kevin Teague won a double.

Coming back from Florida, the Pioneers won against Wagner, Monmouth, St. Francis, Fordham, and Fairleigh Dickinson twice, losing only to Quinnipiac and making it into the NEC semifinals. The team lost the semifinals but wins were earned by George and Guidiciptetra.

After season’s end, six of the Pioneer men’s tennis team earned All-NEC Year honors. George earned second team honors for singles play and senior Alex Kantarelis along with George earned second team honors for doubles play.

By: Courtney Gotshall

Mark Maleri looks like a pro on the court.
Photo by ~ Athletics Dept.
Diving In Head First

Doing laps to come out champions.
Photo by ~ Athletics Dept.

Relaxing after a tiring swim.
Photo by ~ Athletics Dept.

Cheering for the rest of the team!
Photo by ~ Athletics Dept.

Sacred Heart is first in.
Photo by ~ Athletics Dept.

Watching the competition
Photo by ~ Athletics Dept.

Ready to dive in.
Photo by ~ Athletics Dept.
One could say the swim team had a rough season this year. For team wins, the numbers are minimal, but for individual accomplishments, everyone can see how strong the team really was.

For every single meet lost, there were numerous player accolades earned. Some examples include: sophomore diver Elizabeth Schweitzer had won competition for the second on the 1 meter; Morgan had beat two the 200 and 400 meter meet against Iona; Eikeseth won first place in the 1000 Freestyle and the 100 Butterfly and won second place in the 500 Freestyle and junior captain Brianne Ryan finished fourth in the 500 Freestyle, thus winning a lifetime best score, during the meet against C.W. Post. nine season-best times were earned by teammates including Eikeseth, Ryan, Morgan, Angela Koenig, Karen Gandley, and Bethany Mengler, during the Fairfield University Swimming and Diving Championships, the prove their skills in With help from the talented individuals' SHU’s team swam away with the 9th place honors.

By: Courtney Gotshall
The men's gold team before a game.
Photo by ~ Athletics Dept.

SHU golfers look like Tiger Woods on the course.
Photo by ~ Athletics Dept.

Walking to the net hole.
Photo by ~ Athletics Dept.

Teeing off.
Photo by ~ Athletics Dept.

Some members of the men's bowling team.
Photo by ~ Athletics Dept.

The rest of the men's bowling team after a game.
Photo by ~ Athletics Dept.
At Sacred Heart University there are many sports teams that are drawn around campus. All the athletes wear their jackets or sweats to show they are part of a team. One team that is not very well known is the SHU Women’s Bowling team. The women are lead by head coach Becky Kregling and two assistant coaches Steve Peloquin and Justin Koonz, as well as the three senior team captains, Nicole Peloquin, Erin Gore and Carolyn Rich. The team is composed of ten other girls; four sophomores and five freshmen: Alex Soldano, Chrissy Raimann, Noel Ocasil, Jaime Stagg, and Alexia Lanzo, and were team captain next last year. The team competed in Baton Rouge and placed first in the tournament. The women’s bowling team also has the honor of being the only SHU team to travel to nationals this year, held in Orlando, Florida.

Sacred Heart came in 2nd place in the national points for each game with 4 other teams. Ultimately, SHU Farleigh Dickenson the latter along with University, St. Peters College compete for the conference title. There are many other Women’s Bowling competes, some that rank near the top in the nation. Overall, the Sacred Heart Women’s Bowling team is one of the top teams in the nation and produces great results so now that you know who we are, come support us next year!

By Danielle Lanza
Horsin' Around

Winding down after a competition.
Photo by ~
Athletics Dept.

Getting ready to gallop.
Photo by ~
Athletics Dept.

Trotting around.
Photo by ~
Athletics Dept.

Lined up at the starting line.
Photo by ~
Athletics Dept.

Riding tall and feeling proud, this SHU equestrian is ready to win.
Photo by ~
Athletics Dept.

One of the stars of the team.
Photo by ~
Athletics Dept.
The SHU Equestrian team had a very successful season this year. Starting it off with St. Joseph College Horse Show, where the team as a whole made it to an 8th place finish and individual wins in three classes. Following this, the team finished in a tie for fifth place at the Hofstra University/Regional Alumni Association Horse Show. Continuing the success and good placement, the Pioneers finished second at the annual Stony Brook University Intercollegiate Horse Show. At the 28th Annual Molloy College Horse Show, the Pioneers finished in fifth place. After the Molloy College Intercollegiate Horse Show, Jessica Reynolds made it into the Zone 3, Region 1 Championship Horse Show, which SHU hosted for the second consecutive year.

All of that action was in the fall semester. However, the spring brought forth a continuation of strength in skill from the Pioneers. The second half of the season started off with a second place finish at the Yale University show. The Yale show also earned Kate Janczak a spot in the post-season. Reynolds for Open Flat and Open Intermediate Flat, and Coppola for Open Flat, and Open Intermediate Flat, and Coppola for Open Flat and Open Intermediate Flat. Janczak earned her spot in the sport when she qualified for the IHSA Nationals Championships, being only the second rider to earn that honor. At the end of the season, the Pioneers took home eighth place overall at the Varsity Equestrian National Championship Horse Show, ironically, the same placing they started with at the beginning of the season.

By: Courtney Gotshall

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**SCORE BOARD**

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>10/10/04</td>
<td>St. Joseph (NY)</td>
<td>8th place</td>
</tr>
<tr>
<td>10/17/04</td>
<td>Hofstra</td>
<td>5th of 11</td>
</tr>
<tr>
<td>10/31/04</td>
<td>Stony Brook</td>
<td>2nd Place</td>
</tr>
<tr>
<td>11/6/04</td>
<td>Molloy College</td>
<td>No Score</td>
</tr>
<tr>
<td>11/14/04</td>
<td>Connecticut Tri-Host</td>
<td>5th Place</td>
</tr>
<tr>
<td>1/27/05</td>
<td>Yale University</td>
<td>2nd Place</td>
</tr>
<tr>
<td>2/20/05</td>
<td>Molloy College</td>
<td>No Score</td>
</tr>
<tr>
<td>4/2/05</td>
<td>Zone 3, Region 1 Championship Show</td>
<td></td>
</tr>
<tr>
<td>4/9/05</td>
<td>Zone 3 Championships</td>
<td></td>
</tr>
<tr>
<td>4/15/05</td>
<td>Varsity Equestrian Championships</td>
<td></td>
</tr>
<tr>
<td>4/16/05</td>
<td>Varsity Equestrian Championship Show</td>
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</tr>
<tr>
<td>5/8/05</td>
<td>IHSA Nationals Championships</td>
<td></td>
</tr>
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</table>

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Equestrian members and a happy horse after a competition. Photo by ~ Athletics Dept.
It's all Fun And Games

The team's personal cheering section.
Photo by ~
Athletics Dept.

On Guard!
Photo by ~
Athletics Dept.

Agility is one of the most important talents in a match.
Photo by ~
Athletics Dept.

Sacred Heart showing off fencing abilities.
Photo by ~
Athletics Dept.

Getting ready to lunge.
Photo by ~
Athletics Dept.

Fielding the opposition
Photo by ~
Athletics Dept.
The 2004-2005 academic year brought a new treat to the athletics department here at Sacred Heart. This time around, students could join the fencing team. This sport, one of great concentration and agility, has been around longer than most other sports. Freshman fencer Jake Archambault of Woonsocket, RI, mentioned that it “used to be used as a means of settling disputes among nobility.” Recognized black mesh face masks objects, the fencing information on the used in this sport are events: foil, epee, and deals with electronic fair judgment as to who was “stabbed” first. As for the practicing involved, the fencing team works out just like some of the other teams on campus. Five days a week, the members stretch, do laps and practice their footwork. However, as most, if not all, of the team members will mention, fencing is as much a mental sport as it is a physical one. And, in its very first year, all of the practicing and focus paid off and the fencing team experienced a great season.

Members of team included:
- Mathew Laudicina of men’s captain Adam NY, sophomore Lucas PA, senior and women’s
- David Berkwits of Trumbull, sophomore Elisabeth Mordecai of Bethany, junior Christie Zeleznik of Long Valley, NJ, and junior Earl Gendron of Quinebaug.

By Travis Flynn and Courtney Gotshall

<table>
<thead>
<tr>
<th>Date</th>
<th>Opponent</th>
<th>Outcome/Time</th>
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<td>Boston College</td>
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<td>NYU</td>
<td>L, 23-4</td>
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<tr>
<td>2/15/05</td>
<td>Vassar at NYU</td>
<td>L, 18-9</td>
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<tr>
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<td>W, 20-7</td>
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<td>3/5/05</td>
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<td>No Score</td>
</tr>
<tr>
<td>3/17/05</td>
<td>NCAA Championship</td>
<td>No Score</td>
</tr>
</tbody>
</table>

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<tr>
<th>Date</th>
<th>Opponent</th>
<th>Outcome</th>
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<td>11/13/04</td>
<td>Wellesley College</td>
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<td>2/15/05</td>
<td>NYU</td>
<td>L, 17-7</td>
</tr>
<tr>
<td>2/15/05</td>
<td>Vassar at NYU</td>
<td>L, 16-11</td>
</tr>
<tr>
<td>2/20/05</td>
<td>New Jersey Inst. of Tech.</td>
<td>L, 17-8</td>
</tr>
<tr>
<td>2/19/05</td>
<td>New England Champ.</td>
<td>No Score</td>
</tr>
<tr>
<td>3/5/05</td>
<td>NCAA Regionals</td>
<td>No Score</td>
</tr>
<tr>
<td>3/17/05</td>
<td>NCAA Championship</td>
<td>No Score</td>
</tr>
</tbody>
</table>
Nature retreats in itself quietly, for soon the snow will appear.
Every year before school begins the elected members of Student Government take a trip to Camp Jewell in Colebrook, Connecticut for four days of making memories and friends. More importantly than that however, the group members learn teambuilding skills by participating in team exercises.

Camp Jewell's facilities include multiple high ropes courses, indoor and outdoor climbing walls, many low ropes elements, and Sacred Heart takes advantage of all of them. In addition to the team-building exercises, students take advantage of Triangle lake and the beautiful view of the Berkshire mountains. There is also time to roast marshmallows and share stories, and to make friends based on something more than leadership experience. The YMCA sponsored camp boasts that it "encourages the development of the character values of caring, honesty, respect and responsibility." This is an accurate statement and the entire Sacred Heart community benefited from the camp's amenities.

After camp, student government members come back full of new ideas and with new networking connections. More than a few days of fun, the experiences of Camp Jewell benefit all of the students at Sacred Heart, because their Student Government is working for them as a united team.

By: Olia Yelner
Vice President of the Council of Clubs and Organizations Beth Coyne walks across a tight-rope with minimal support.

Photo Contributed by ~ Meredith Morris

Student Government members pose for an edge-of-the-woods photo during a break from group activities.

Photo Contributed by ~ Meredith Morris

David Macala, Beth Coyne and Tina Shah roast marshmallows after a long day of learning team building exercises.

Photo Contributed by ~ Meredith Morris

David Macala scales a wall commando-style.

Photo Contributed by ~ Meredith Morris

Student Government and CCO members take turns offering team support on a large log.

Photo Contributed by ~ Meredith Morris
Student Government members listen intently to a speech about motivation.

Photo by ~ Tom Wuestkamp

Members of the class of 2006 pose during a winter semi-formal.

Photo submitted by ~ Tom Wuestkamp
Class of 2005
Front Row: Kristen Fritsch, Shannon Kinney, Danielle Bachini, Maria Stillo, Jessica Fortin.
Back Row: Mike Hougasan, Teri Jacob, Gina Scalise, Todd Dixon, Danae Kline, Ray Mencio.

Class of 2006
Front Row: Diana Smith, Jenna Molloy, Amy Nardone, Lisa Matarazzo.
Student Government members take a break from their hard work with a trophy cat.
Photo by ~ Tom Wuestkamp

Student Events Team

Front Row: Lisa Beaucar, Kelly Imhof, Kelly Linskey, Jaelyn Hines.
Back Row: Rob Gilmore, Rachel Brophy, Vincent Wynne, Jessica Fortin, Mike Hougasion.
Class of 2007
Front Row: Valerie Bellegarde, Frank D'Errico, Monica Concha, Jillian Hoxsie, Dom D'Errico
Back Row: Johanna Prentki, Laura Ives, Christina Piazza, Jim Daly, Erin Maurer, Rob Rood, Shea McPartland

Class of 2008
Front Row: Kelly Linskey, Janelle Watson
Middle Row: Shaun Mitchell, Amanda DeMatteis, Matt Papugno, Kristine Sisco
Back Row: Amy Ricci, Katelyn McCallister, Lauren Pigninelli, Justin Schiavonne, Vickie Moreira, Amanda Palmieri

Student Government 123
Meredith Morris is all smiles about her encounter with Ace from the Real World.  
Photo by ~ Mark Stanczak

Ace and Sacred Heart students hoping to be cast on the next Real World.  
Photo by ~ Mark Stanczak

Student Government members dance the night away at the winter semi-formal.  
Photo submitted by ~ Tom Wuestkamp
Student Government Executive Board

Front Row: Ray Mencio, Dave Macala, Todd Dixon.
Back Row: Jessica Fortin, Beth Coyne, Amanda DeMatteis, Danielle Bachini, Amy Deschenes, Jenna Molloy, Monica Concha, Jillian Hoffman.

Senate

Front Row: Mike Hougasian, Danae Kline, Todd Dixon, Teri Jacob, Jim Daly.

Student Government 125
February 2005 marked a spectacular event at Sacred Heart University, in which the entire Pitt Center was filled with enthusiastic, energetic students for the annual "Pack the Pitt." The Pitt Center held a huge number of Sacred Heart students who gathered together to support the women's basketball team as they beat Long Island University that night, 65 to 28. Sacred Heart's band, dance team, and ever-smiling cheerleaders were present at this event, cheering on SHU basketball until the very last seconds of the game. This game in particular stands out from the others throughout the season because during Pack the Pitt, Sacred Heart is televised live on Metro TV. Pack the Pitt is just one of the many events held on campus at Sacred Heart that show how enthusiastic our students are about SHU's sports teams as droves turn out in support.

By: Cara Franze
Dancers ignite the crowd and get energy flowing with a hip-hop inspired dance routine.
Photo by ~ Mark Stanczak

Band members get the crowd going with peppy songs that are just right for Pack the Pitt.
Photo by ~ Mark Stanczak

Cheerleaders do difficult but mesmerizing routines for an enthusiastic crowd.
Photo by ~ Mark Stanczak

Members of SHU Zoo and the audience stand up and applaud as the women’s basketball team beats Long Island University.
Photo by ~ Mark Stanczak

Sacred Heart University Dance Team takes the floor for a well-choreographed and energy-filled dance routine.
Photo by ~ Mark Stanczak
College Republican Nick Silivanch adamantly argues his point during a debate.  
*Photo by ~ Courtney Gotshall*
The College Democrats getting ready to debate the College Republicans in one of two debates.

The year 2005 was an outstanding year for politics, which culminated in a controversial election with the highest voter turnout in history. Endless debates about who is worthy of being the next President, who had more noteworthy military service and who is a “flip-flopper” took place on TV, on college campuses and in the workplace. All of this served as fodder for political scientists and students of politics.

The Sacred Heart Community also engaged in discussion, with the College Democrats and Republicans facing off in two campus-wide debates. The Political Science department hosted many speakers including a Secret Service agent who spoke candidly about guarding President Bush as well as being assigned to protect Barbara Bush while she was at Yale.

In one of the most unique presentations on campus, Agent Kent McCarthy showed students many devices used by the Secret Service as well as videos of real training sessions conducted in a secret location.

Faculty also gathered for a roundtable discussion of the situation in Iraq, called “Iraq: Past, Present and Future.” Several departments including Political Science, Religious Studies, Chemistry and others were represented by professors with personal and professional knowledge of the area. The controversial and well-known politician and activist Reverend Al Sharpton made an appearance at Sacred Heart as well, drawing a large crowd and media.

Most noteworthy, was the involvement and attitude of the students, who rushed to vote and to join campus political groups. The College Republicans for example, enjoyed a membership rate that numbered over 100. On both sides of the political spectrum, students got and stayed involved throughout the course of the election and remained interested in government after.

Photo by ~ Olia Yelner

Secret Service Agent Kent McCarthy demonstrates an indestructible suit issued to all agents.

Photo by ~ Olia Yelner

The Catholics in Politics shed some light on Catholic thought in a political world.

Photo by ~ David Brede

By Olia Yelner
A student works on an art project in the Oakview Art Building.
Photo submitted by ~ Courtney Gotshall
This year Prologue chose to highlight the Art & Design Department of Sacred Heart University because of its talented staff and students, yet mysterious nature. The little known Oakview location has remained a mystery to many students of Sacred Heart, except for those who have had the opportunity to take a classes, or complete a major or minor in the art department.

What the students of Art & Design have discovered, though, is an incredibly talented faculty and a worthwhile learning experience. These students, like the students in most departments at Sacred Heart, have the opportunity to work with professionals who exude a wide array of knowledge and experience in the many Art & Design fields. Students can take classes in drawing, painting, illustration and graphic design. For beginners, or those looking to satisfy an elective requirement, classes like Basic Drawing can be educational and fun, but less than relaxing, since students really learn to draw, not doodle like they did in high school art class. Students work with charcoal to create negative space, which is harder than it sounds, and move on to draw still-life.

The art department also offers students a chance to see their art displayed at student exhibits. Exhibits not only help students appreciate the work of their peers, but they also serve as great resume and portfolio building tools.

Even the building itself has an artistic vibe. With open ceilings and wide halls, as well as large windows in every room, the design of Oakview allows a certain creativity to be born. Student and faculty art work covers the walls like a high-class gallery. By Courtney Gotshall and Olia Yelner
Study Abroad
Travel the World

Dr. Gradie and Joe Pelosi in the Sierra Nevadas in Granada
Photo submitted by – Melissa Valentino
Studying abroad gives students a chance to not only to learn about a culture, but also to discover things about themselves that are possible only in a different part of the world. Study abroad programs are conducted in Australia, Ireland, Spain and Italy and range from several weeks to a full semester.

The Summer program in Grenada, Spain is run from The Modern Language Center at the University of Granada, which is located in the central district of the city. It is housed in a sixteenth-century palace restored in 1992 for teaching purposes. There, most students spend their time learning Spanish and Spanish culture and traveling the Iberian Peninsula.

The program in Dingle, Ireland offers impromptu Irish musical sessions, Celtic festival celebrations, visits to archaeological sites, as well as engaging in storytelling, traditional music and set dancing. Student have enjoyed trips to the Great Blasket Islands, the Ring of Kerry, Cork, Limerick, Clare, and Dublin. In addition to studying, never-ending array of leisure pursuits: horseback riding, diving, golf, cinema, sailing, hill climbing, windsurfing, and even swimming with dolphins are also available.

In Italy, students study at the American University of Rome, which overlooks the historical center and is located on top of the Janiculum, Rome's highest hill. The campus includes a four-story villa which houses student lounges, classrooms, and art studios, as well as an adjacent newly renovated building that houses the library, computer laboratories, faculty offices, and additional classrooms.

In the Australian Outback, students have a choice of two campuses at the University of Notre Dame. The Fremantle campus offers students the chance to explore various cultures and traditions, both European and Indigenous. Nearby beaches, sporting facilities, and cultural events combine with the advantage of department stores, specialty shops and markets, all within walking distance.

Compiled from Sacred Heart resources by Olia Yelner

Academics 133
Stidents and faculty were moved to tears while hearing this speaker is describe the atrocities of the Holocaust.

Photo by ~ Cara Franze
Not only does Sacred Heart University allow students to get an excellent education within a classroom environment, but it makes sure to have great extras throughout the year. Aside from the many fun activities students can be involved in throughout each year, Sacred Heart provides its community as well as the surrounding area with opportunities to listen to guests who’ve come to share their expertise about a certain subject.

The 2004-2005 school year brought numerous knowledgeable visitors to Sacred Heart. The long list included such speakers as who spoke about topics like Catholicism, race, politics and other social issues. One such speaker was Sidney Callahan, a Christian/Catholic moral author who talked about reconciling one’s beliefs with a skeptical worldview. Dan Duval, who comes every year to speak on the dangers of drug and alcohol abuse, gave an impressive autobiographically powered speech. David Shipler, a former New York Times correspondent, author and Pulitzer Prize winner for his work Arab and Jew: Wounded Spirits in a Promised Land spoke about race relations.

A conference on women’s body image which included supermodel Emme, Vogue cover Aly Dunne, author Deborah Santana and spurred weeks of discussion on health and eating disorders. One of the most recognized speakers was Reverend Al Sharpton, who spoke of fighting for social justice and remedying social apathy. The list goes on and every year, the Sacred Heart Community is lucky to get a chance to listen in on these and other wonderfully talented speakers.

By Courtney Gotshall
ESL Department

Front Row: Angelo Capinera, Rosemary G. Lague, Rejeanne Caggiano, Rose Cartiglia Hernandez.
Library Staff

Front Row: Dennis Benamati, Renata Cioffi, Lylah Franco, Sachi Spohn, Xiaohua Li.
Second Row: Xiaping Zhang, Debbie Guerra, Nancy Delvecchio, Kim Macomber,
Mary-Ellen Bowmen, Gail Marcello, Bonnie Figgatt, Kathy Giotsas.
Winter wonderland
cold snow sitting silently
warm friends and loved ones.
Midnight Breakfast
Students take a break from the stress of studying for finals by gathering for an event that they look forward to every semester. Who can resist friends and pancakes in the middle of the night, and more importantly during finals?

Photo by: Rory Colford
Many students were anxious to return to the school year to see their friends, continue their social life, and gain more knowledge and experience. However, this year students also had another aspect to look forward to. Christian Witness Commons, consisting of three buildings, is the newest edition to Sacred Heart University. “Students have difficulty understanding that they are not apartments. They are suites,” says Director of Residential Life Allen Machielson. Each building has three floors containing private suite style living areas, and Resident Assistants and Buildings and Grounds are still permitted to key into each suite.

Students were amazed at the quality of the new building. “After seeing other college dormitories, I feel like we live in a hotel,” said Quinn Shaw, a junior from Millbrook, NY. Everything from the bathrooms to the study lounge and common areas are luxurious, spacious, and in great condition.

The excellence does not stop at the suites. On the bottom floor of building one there is a fitness center and the Holy Grounds Café. The fitness center is smaller than the Pitt Center, but is still sufficient for a good workout. There are numerous weight machines, cardio equipment, and a spinning room. The fitness area, along with the rest of CWC, is equipped with modern technology, including Wireless connection throughout the buildings, several

Suite-mates study in a dorm room before spring semester finals. Photo by ~ Cintrece Brown

A resident relaxes in her dorm room before her roommate returns from class. Photo by ~ Cintrece Brown

Monica Concha and her friend use the commons area of Christian Witness Commons to work on a project. Photo by ~ Cintrece Brown
plasma televisions and sound systems.

Holy Grounds Café sells a variety of beverages, from coffee to tea and smoothies. The café also provides entertainment on many occasions throughout each month. “Music Mondays” have different bands play beginning at 9:30 p.m. Other activities planned for September include singer Jay Hansen, “Lost in Translation” for movie night, a book discussion of “The DaVinci Code”, poetry nights, and open mic nights. Whether you are looking for something fun to do, spend quality time with your friends, or just sit back and relax, the Holy Grounds Café is the place to be.

The opening of Christian Witness Commons was a huge success. On Thursday, September 2, 2004 many students, faculty, and staff members gathered around the new building for the ceremony. Dr. Cernera and a trustee did the cutting of the ribbon that lead to a grand tour of the private suites, study lounges, fitness center, and the Holy Grounds Café, all of which lived up to the expectations.

Christian Witness Commons is not only a place to further academics, but to enjoy social life. And it was definitely worth the wait and anticipation.

By: Sarah Decker
Commuting can be a difficult experience in college, but the Sacred Heart community embraces commuters and provides a multitude of opportunities to allow them to make friends and be a full part of the university. Commuter Life sponsors a monthly free breakfast for commuters and residents to enjoy while on break from class. This offers commuters a chance to mingle and get to know their classmates.

Commuters, although missing out on the dormitory experience, gain a lot of other experiences that residents are not privy to. For example, many commuters hold full-time jobs or help to care for siblings and other family members. Furthermore, many non-traditional students are commuters who juggle a family with children, as well as a house, spouse, and job, while attaining a degree.

Unfortunately, this year commuter organization, such as the Commuter Council, have not enjoyed the prosperity that they have in the past. Increased amount...
e of school-work, a large television in Hawley Lounge, and a need to hold a job stopped many commuters from joining the on-campus organization. On the bright side, many commuters were involved in other activities and clubs, and they were recognized at the Campus Life Leadership Awards. Robert Peseatore, a junior commuter from Trumbull won the award for Commuter of the Year for his involvement in Commuter Council, Prologue, the concert committee as well as others. Many more others went without an award, but participated in clubs like SHU Force, and Student Senate while others worked in the Student Union and represented SHU as Orientation Leaders.

As always, parking issues continue to be a running joke for commuters, by they prosper even in the face of adversity, like a very busy parking lot.

By: Olia Yelner

Courtney Gotshall and Stan Podsolowski bond and reflect on the past four years at Sacred Heart. Photo by ~ Olia Yelner
Rededication

With the completion of the newest addition to the school, North Hall, came an innovative idea in the process of naming the building. By giving recognition to those individuals who are the mainstays of Catholic education: Saint Augustine, Thomas Aquinas, and Teresa of Avila, as well as many other significant figures, there also comes a better understanding of the principles Sacred Heart strives to provide to all of its students. Due to the change in names, there were separate ceremonies for each residence hall, during which the building was formally blessed.

Anthony J. C ererra, the President of Sacred Heart University, stated, “We have chosen this year to name our residence halls after people who have made significant contributions to the Catholic Intellectual Tradition. These women and men lay and religious, traditional and contemporary role models have greatly contributed to the spiritual, intellectual, and ethical life we value here. By re-naming our residence halls today, we are announcing a time of renewed commitment to quality in all areas of the university: academic excellence, holistic human development, leadership; spiritual growth and service to others as we carry forward, develop and promote the Catholic Intellectual Tradition.”

The buildings on Jefferson Hill, now know as Scholars
Commons, have been renamed. Buildings one, two, three and four will now be known as Augustine Hall, Thomas Aquinas Hall, Teresa of Avila Hall and John Henry Newman Hall, respectively. Freshman dorms South Hall and West Hall will become Elizabeth Ann Seton Hall and Thomas Merton Hall.

East Hall will be known as Angelo Roncalli Hall.

Buildings one through three at Sacred Heart’s newest addition, Christian Witness Commons (formerly North Hall), will become Jean Donovan Hall, Oscar Romero, and Dorothy Day Hall.

Some of the individuals among those being recognized are modern supporters of Catholic intellectual tradition. St. Elizabeth Ann Seton, for example, is credited with beginning the American Catholic school system, and Dorothy Day started the Catholic Worker movement.

In reference, these individuals stand as icons to members of Sacred Heart University, and will be a daily reminder of the origins and ideals the University upholds.

It is hoped that these new names will further contribute to the higher education the university offers to all of its students, as well as serve as a reminder of the school’s basis of foundation.

By Courtney Piliero

Dr. Anthony Cernera delivers a speech about the importance of keeping Catholic tradition alive. Photo by Olia Yelner
For the official kickoff to the new year long “Peace and Justice Series,” the Office of Residential Life and Housing Services hosted an event at the University Commons on Monday, Oct. 25, with keynote speaker Marion Blumenthal Lazan who narrated her childhood survival story during World War II. Blumenthal Lazan began her story with a compelling statement that would set the tone for the remainder of her account: “Mine is a story that Anne Frank might have told, if she had survived.

She then proceeded to tell of her story, which started off during Nazi Germany, at the time when Jews were starting to become heavily segregated from the rest of the population via strict restrictions such as not being allowed to go to public places including swimming pools, theaters, and schools. This stark separation was also emphasized by the stamping of the letter “J” onto identity cards and passports in order for Nazi authorities to keep track of the Jewish families living in the country.

Blumenthal Lazan recounted how she vividly remembered “Kristallnacht” or “Crystal Night” on Nov. 9, 1938 when Nazis coordinated a series of attacks on Jewish people and their property throughout Germany and German controlled lands. That night, she said with a slight tremor in her voice, her father was abducted by the SS only to be returned 10 days later.

Most of her narrative was a dramatic description of her time in the notorious prison camp of Bergen-Belsen in Germany where upon arrival, she was pulled and dragged out of the cattle cars as Germans shouted and threatened her. She then went on to describe the crude conditions in which she lived during her stay at the camp, cramped into barracks with six hundred people constructed to hold only one hundred. Each bed was shared by two people, at times strange although she was lucky enough to have been paired with her mother.

One of the most chilling sights she remembered was that of seeing wagons filled with what she thought at the time was wood; only to later realize that the wagon instead contained countless “dead naked bodies, thrown one on top of the other.”
For years she survived on one meager piece of bread per week, and recalled with melancholy how on her birthday her mother had given her a piece of bread that she had purposely saved from the week before.

Jessica Schnell said, “I was shocked when she told us about her birthday present, we really take what we have for granted.”

Certainly, the most compelling part of the story came when Mrs. Blumenthal told of her personal survival methods, which included an imaginative game that she invented which would provide her with comfort and which would later become the title of her book “Four Perfect Pebbles, a Holocaust Story.”

This pastime consisted in her recurring quest to find four identical pebbles which each represented each member of her family present at the camp. In her words, “It was a game based on superstition that became very important to me, if I could find four pebbles of the same form and shape it would mean that all four members of my family would be safe, and later admitted that, “Well, sometimes I cheated in order to find all four pebbles,” but this and other games were what allowed her to never lose faith.

At the end of her story, Blumenthal Lazan asked the audience to, “Please, please share my story or any of the Holocaust stories that you read or hear about, share them with your friends and share them with your relatives,” as she reminded the students that they were among the last generation of people capable of hearing a direct account of the tragedy which occurred during World War II and that it would hopefully help to prevent the hatred and destruction from reoccurring.

As freshman Marielle DiBella said, “The holocaust was one of the worst things ever to happen in the recorded history of the world. It was genocide on an unfathomable level.”

Blumenthal Lazan left the students with one poignant quote by the British statesman and philosopher Edmund Burke: “The only thing necessary for the triumph of evil is for good people to do nothing.”

By Umberto Torricelli
Nu Epsilon Omega's Jillian Hoffman chows down during the whip cream eating contest. Photo contributed by Erin Bimbo

Frank Pistecchia, Jamie Conglise, Michele Heuberger, Monica Concha, and Frank D’Errico unite in Hawley Lounge after a long day of competition. Photo contributed by Erin Bimbo

Front Row: Allison Vigada, Christine Pini, Cortney Barbato, Jennifer Gates, Kelly Stern
Second Row: Allison Whilborg, Ellen Doherty, Jamie Conglise, Jennifer Cleveland, Maggie Miello, Jillian Hoffman, Michele Heuberger, Kristin Shelley
Third Row: Patricia O’hagan, Katherine Savarese, Stefanie Gable, Kaitlin Foshay, Chastity Fullone, Tiffany Mercado, Megan Dutcher, Stephanie Dunn, Patricia Casey

Front Row: Dion Daniels, Greg Maurice, Dean Brown, David Morson
This year the Greek Olympics were not only three days filled with competition, but also the continuation of a bond that helps to preserve Greek unity. Although participants came from all walks of Greek life, the weekend was organized and conducted by junior Josh Sedlock of Alpha Sigma Psi and Delta Phi Kappa senior Jessica Kaloyanides.

At midnight on Friday the festivities began with the campus-wide Greek Scavenger Hunt. Saturday morning the Greeks competed in athletic events such as kickball games. The weekend continued with competitive displays in relay races, tug of war, and Greek-life trivia. The final outcome was decided by the winner of the egg toss competition. The brothers of Lambda Sigma Phi, although short-staffed, came out to be the Champions of the Greek Olympics for the second consecutive year.

By: Erin Bimbo
This year Greek Life experienced its first Deferred Rush process. The reintroduction of Gamma Rho to the Rush process made Greek Life history. The ten Greek organizations were led by Rush co-chairs, seniors Maggie Miello of Nu Epsilon Omega and Daniel Kristan of Alpha Sigma Psi. Dan and Maggie reorganized and executed Greek Rush with open minds and optimistic attitudes.

Informal Rush was conducted during the Fall 2004 semester when freshmen were able to research Greek organizations and plan to pledge one of them. Also in the Fall, Greek Life was able to experiment with its longest recruitment time period. The organizations took this opportunity to hold on-campus events showcasing their unique fraternal bonds to Sacred Heart.

The hard work paid off for Greeks. During the Spring 2005 semester formal Rush kicked off with the traditional Around the World event, and concluded with the infamous Flik Rush Party. The year was deemed a success as retention rates during pledging were the highest in years.

By: Erin Bimbo
The sisters of Beta Delta Phi come together during Meet the Sororities night.
Photo contributed by ~ Erin Bimbo

Rush Chairs, Dan Kristan and Maggie Miello with Greek Advisor Jane Sanders during Rush.
Photo contributed by ~ Erin Bimbo

Front Row: Allison Vigada, Christine Pini, Cortney Barbato, Jennifer Gates, Kelly Stern
Second Row: Allison Wihlborg, Ellen Doherty, Jamie Congilose, Jennifer Cleveland, Maggie Miello, Jillian Hoffman, Michele Heuberger, Kristin Shelley
Third Row: Patricia O'hagan, Katherine Savarese, Stefanie Gable, Kaitlin Foshay, Chastity Fullone, Tiffany Mercado, Megan Dutcher, Stephanie Dunn, Patricia Casey

Front Row: Genelle Rougier, Stephanie Murphy, Aisha Lubin, Monica Concha, Kathleen Beaubrun, Jade James.

Greek Life 153
Aisha Lubin and Dion Daniels enjoy the Omega Phi Kappa step show.
Photo contributed by Erin Bimbo

The brothers of Omega Phi Kappa in costume at Delta Phi Kappa Halloween Party.
Photo contributed by Erin Bimbo

GREEK EVENTS

Front Row: Maria Stillo, Meghan Kelley, Joanie Dunn, Nicole Fiorentino, Shannon Kinney, Gina Scalise
Second Row: Kelly Dandorph, Danica Lalli, Amy Nardone, Megan Houlihan, Jenna Molloy, Rachel Brophy, Rory Colford, Stephanie Gantomasso, Christie Vlad

Front Row: Matt Lindberg, Rob Kirsch, Craig Di Stefano, Ryan C. Beans.
Second Row: Jon Cretella, Guy Savage, Dave Lind, Nick Brown, Jay Corrar, Matt Reilly.
The 2004-2005 academic school year was a successful year for Sacred Heart’s Greek Life organizations, especially for the sisters of Beta Delta Phi Sorority, who celebrated their 40th Anniversary in the fall semester of 2004. Before you could blink your eye, it seemed that there was a new event being held on campus by a fraternity or sorority.

Alpha Sigma Psi and Kappa Phi sponsored the Lip Sync contest, Kappa Phi also held their Valentine’s Crush Party. The sisters of Delta Phi Kappa hosted their annual Halloween Party. Nu Epsilon Omega hosted Singled Out, a parody of the former MTV hit show. Members from a variety of Greek organizations came together for the Greek Service Auction which raised money for the upcoming Greek Week events. Finally, the brothers of Omega Phi Kappa showcased their talent in a Step Show that brought down the house.

By: Erin Bimbo
All Greek Organizations have causes and community service endeavors incorporated into them. This year Greek Life proudly portrayed their dedication to ten unique and sentimental philanthropic works.

In 2004 the sisters of Beta Delta Phi instituted their 1st Annual Breast Cancer Conference to educate Sacred Heart and the surrounding community as well as conducted the Pink Ribbon Project and Y-Me which raised countless dollars for Breast Cancer Awareness. The sisters of Nu Epsilon Omega held a captivating vigil on Suicide Awareness, raised money with the Yellow Ribbon Project and held a Suicide Awareness Walk. Alpha Sigma Psi continued to improve the domestic conditions of inner city Bridgeport, while tackling such issues as child abuse and poverty, especially during their CAP (Child Advocacy Program) Week activities. Phi Omega Tau helped support AIDS Awareness, the sisters of Zeta Iota Lambda helped the Special Olympics in their efforts to create Handicap Awareness, Delta Phi Kappa continued their efforts helping the women of Bridgeport. Kappa Phi also tackled the welfare of the community, and Sigma Delta Chi continued to strengthen the environment by planting trees in the area. The brothers of Lambda Sigma Phi held their annual vigil to raise Sexual Abuse and Date Rape Awareness. The brothers of Omega Phi Kappa put together a special effort to aid the victims of the Tsunami.

Each organization, in their own way, is clearly dedicated to better Sacred Heart University and its surrounding community.

By: Erin Bimbo

Photo contributed by Erin Bimbo

Zeta Iota Lambda's Maria Stillo and Amy Nardone supporting their cause for handicap awareness.

Photo contributed by Erin Bimbo

Fraternity associates strut their stuff on stage in front of an excited audience.

Photo contributed by Erin Bimbo
Dan Kristan and Kristian Finneran representing Beta Delta Phi as their Greek Weekend King and Queen.

Kappa Phi’s Meredith Alagno and Lauren Stabile enjoying the rides at the Greek Weekend Carnival.

The sisters of Zeta Iota Lambda party as a group with DJs from the ever-popular KC 101.

Photo contributed by ~ Erin Bimbo
Another first for Greek Life this year was the production of Greek Week in association with the Student Events Team. This extension of the former Greek Weekend provided events week long for Sacred Heart. The Greek Life members who coordinated the week were Alpha Sigma Psi junior, Josh Sedlock, Zeta Iota Lambda senior Maria Stillo, Delta Phi Kappa senior Jessica Kaloyanides, Nu Epsilon Omega senior Amanda Bridgett, and senior Thomas Wolf of Alpha Sigma Psi.

On Monday April 25th, Ace from MTV’s The Real World visited SHU to speak about life after reality TV. Keeping with tradition, Skit Night was held on Friday, April 29th. For the fourth consecutive year the brothers of Alpha Sigma Psi took first place with their Skit entitled Not Another Alpha Movie. Second place was awarded to the brothers of Omega Phi Kappa and third place to the sisters of Zeta Iota Lambda. The King and Queen Ceremony took place during skit night. Senior, and vice president of Greek Life, Jillian Hoffman from Nu Epsilon Omega was crowned Queen and her King was senior and co-rush chairman Daniel Kristan of Alpha Sigma Psi.

Saturday morning the Greeks got together to celebrate each others’ accomplishments at the 4th Annual Greek Life Awards Banquet held at the Trumbull Marriott. Announced were the recipients of the Campus Life Leadership Awards for Greek Life. The sisters of Delta Phi Kappa were awarded Organization of the Year for their accomplishments as eight strong women. Jillian Hoffman was awarded Greek Female of the Year and Daniel Kristan, Greek Male. Greek Week concluded with the Carnival on Sunday filled with food, rides, and games.

By: Erin Bimbo
On November 9th, four coach buses lined up outside Public Safety waiting to take the senior class to Mohegan Sun Resort Casino in Uncasville, CT. Excited and eager to start the year off on an amazing note, seniors raced to their assigned buses. They did not want to waste any time. It was finally their turn. If the rumors were true, the night was sure to bring great food, fun, and memories that would last a lifetime.

The Class of 2005 has heard stories from past seniors about the Casino Trip and all the fun it brings. Now it was time for them to experience it for themselves.

The buses were filled to capacity and movies were provided to keep the overanxious seniors occupied. Unfortunately for the students on bus #4, one by one, the TVs went blank. Forced to provide their own entertainment, the seniors listened to the radio and sang their favorite songs, karaoke style. Jason Chudoba took it upon himself to get his classmates in the mood by giving them Native American nicknames since, after all, Mohegan Sun was created by the Mohegan Tribe of Connecticut. He dubbed himself “Mighty Lion.” Eric Bimbo was named “Sweeping Willow” and Lauren Walsh was “Leaping Fawn.” After what seemed like forever, the buses finally pulled off the highway. Right before the eyes of the eager seniors stood the great Mohegan Sun Casino.

As they entered the casino, the seniors were handed their food vouchers and a complimentary scratch off game ticket. Groups of friends gathered in the lobby to discuss their plans of attack. Some decided to use their vouchers and eat at the buffets first, while others went straight to the slot machines and poker tables. The buffet had every type of food a hungry senior could want, but some chose not to use the voucher because they had the
hearts set on Johnny Rocket's, an All-American 50's diner. After filling their stomachs with the delicious food, it was time to hit the machines, tables, and dance floor.

While some seniors only put in a quarter every time the cocktail waitress came around to make it look like they were playing in order to receive the complimentary drinks, others frequented the ATM in hopes that the more money they played, the bigger the reward. Some decided not to gamble at all. They spent their money in the upscale shopping boutiques or just hung out with their friends at the numerous bars and dance clubs. It appeared that despite the activity chosen, every senior had an amazing time.

As all good things must, however, the night sadly had come to an end. The seniors were exhausted after the fun-filled trip and most of them slept the entire ride back to Sacred Heart. It was definitely a night to remember. Senior, Kristian Inneran summed up the experience, "I won some money, lost even more, but I was able to hang out with all my friends. All in all, it was a great way to celebrate our senior year."

By: Erin Bimbo

Chris Belluz tries his luck at video poker. Photo submitted by ~ Dan McNamara

Kristi Migne, Julie Lucarelli, and Rachel Dibenedetto enjoy a festive drink at Big Bubba's BBQ. Photo submitted by ~ Kristi Migne

A group of students take a break from the tables and slots to check out New England nature...oh wait...still at the Casino. Photo submitted by ~ Shannon Kinney

Students relax after a fancy dinner at one of the many casino restaurants. Photo submitted by ~ Molly Kennedy
The Senior Mystery Trip is an event that most seniors look forward to from their freshman year. It is the night when a bar somewhere in the surrounding area is closed down to the public and open only to Sacred Heart University seniors for the night. The “mystery” of the trip is which bar has been chosen. That does not get revealed into the buses pull into the chosen bar’s parking lot.

This year, after waiting and waiting and waiting excited seniors found themselves at Hula Hanks in Stamford, CT. The excitement of suspense was only elevated when this bar was revealed, after driving for 30 minutes. The Class of 2005 found themselves amidst a Hawaiian hideaway, complete with surfboard and palm tree motif. The warmth of the tropics, even in a bar, was a nice change from the bitter cold of February. Even the drinks themselves had a tropical taste to them, what with the daiquiris with names like “Mermaid” served in Hula Hank fishbowls. The waiters and waitresses added to the tropical and carefree theme by swinging from large swings suspended from the ceiling.

As soon as the class was let in the door, the fun began. Some students funneled to the upstairs bar, where they found the night’s DJ, appetizer drink specials and a balcony overlooking the downstairs. Some went straight in and to the bar and or to enjoy sitting in the booths, complete with TVs in them, which were showing the Baywatch movie for the night. The more adventurous seniors, both male and female hopped on the man
Courtney Gotshall and Olia Yelner get into the spirit of the tropics with some spirits in fishbowls. Photo by ~ Michael Haynes

Girls dance on the bar- Coyote Uglystyle. Photo submitted by ~ Jessica Fortin

Upstairs, students enjoy Hula Hanks’ signature drinks and mini buffet. Photo submitted by ~ Jessica Fortin

Beth Coyne enjoys a booth seat at the lower bar. Photo submitted by ~ Jessica Fortin

For all students, no matter where they found themselves, there was bound to be a good time. The music was playing, the bartenders were serving and swinging away and The Class of 2005 was drinking, dancing, and simply enjoying each other’s company. The Senior Mystery Trip may have had its suspense, but it was no surprise that The Class of 2005 had a great night out.

By: Courtney Gotshall
Students enjoy free food and the company of their friends at The Thirsty Turtle.
Photo by Erin Bimbo

Guy Savage and Donna Palumbo at the Thirsty Turtle.
Photo by Brittany Hoole

The sisters of Beta have fun together for one of the last times at Sacred Heart.
Photo by Erin Bimbo

The only thing that is better than drink specials is drink specials with good friends.
Photo by Erin Bimbo

The more daring students get up and dance on the bar.
Photo by Erin Bimbo
Students climb the rock wall at Holiday Hill.
Photo by - Brittanyt Hoole

A sign welcomes Sacred Heart students to a day of fun.
Photo by ^ Jenn Falcone

Mary Ryan takes a break from rowing to enjoy the scenery on the lake.
Photo by ~ Jenn Falcone

Students participate in one of the many events during the day, here a team struggles to become tug-of-war champions.
Photo by ~Jenn Falcone
This couple seems tired by the end of the evening after spending the night dancing and mingling.  
Photo by Erin Bimbo

Samantha Couture, Sarah Hendrie and Brittany Hoole waiting for the bus to the Playwright.  
Photo submitted by Brittany Hoole

Students share a “quiet” table at the Playwright Pub  
Photo submitted by Erin Bimbo

David Morson has an excellent time laughing at a joke from his classmate.  
Photo by Erin Bimbo

Good friends share a hug in front of the camera.  
Photo by Erin Bimbo
Seniors woke up on the morning of Friday, May 13, to go to the Mahogany Room for some champagne. Well, not just champagne. There were Belgian waffles, omelets, and orange juice, among other things too. After two days of celebration, it is customary for the graduating seniors at some point during Senior Week to join each other for the Champagne Brunch.

Both the 10:00 AM and 11:00 AM crowds were treated to a showing of the senior video, a compilation of photos and memories put together by and for the Class of 2005. Another special part of the morning was a speech made by Tom Wuestkamp, the Prologue dedication honoree. In it, he spoke about the Class of 2005 being the first class he worked with in his current position at Sacred Heart, thus making the dedication this year extra meaningful.

When the breakfast came to an end, students did not leave empty handed. All seniors who went got to bring home the glass “Class of 2005” champagne flute they used. It was a great morning shared by the seniors, and seemingly, a halfway point during the Senior Week festivities.

By Courtney Gotshall

Students wish each other luck at graduation and in the future during the toast.
Photo by ~ Jenn Falcone

Tom Wuestkamp gives a short speech as recipient of the yearbook dedication.
Photo by ~ Meredith Morris

Courtney Gotshall, Olia Yelner and Jenn Falcone represent the Prologue during the Class of 2005 toast.
Photo by ~ Meredith Morris
Students show off their formal attire underneath the Surf Club balcony.
Photo by ~ Davor Photography

A group of students wait for the main course to be served.
Photo by ~ Davor Photography

Kelly Johnson and her date are exhausted from mingling and dancing.
Photo by ~ Davor Photography

This group knows how to have fun in their color-coordinated dresses.
Photo by ~ Davor Photography
The Class of 2005 was up for a very special evening the night of Friday, May 13, 2005. This year, the Senior Commencement Ball was held at the elegant Surf Club in New Rochelle, New York. As the sun went down, partygoers arrived in style at the event to find a driveway lined with waterfalls and lights and a lit rooftop, just a hint of the ambiance set for the night. This evening was one of the last hurrahs together before graduation two days later.

Gowns in all colors and tuxedos—also in all colors—stepped foot in the waterfront venue to be faced with a flowing staircase, perfect for posing on for photos. The ballroom with its massive chandeliers was constantly full of seniors mingling, dancing, eating, drinking, and simply, having fun. Dinner included a starter salad, a delicious pasta and cheese dish, an entrée with chicken, beef, and vegetables, and a dessert of cake and coffee. However, not everyone got to eat everything due to the lines at the bar and the packed dance floor. Further on, the patio was always bustling with those eating hors d’oeuvres at the beginning of the evening as well as those getting some air and a drink throughout the night.

By: Courtney Gotshall

Students take a break from dancing to say hello to the camera.
Photo by ~ Davor Photography

Students pause on the dance floor while the DJ plays the latest music.
Photo by ~ Davor Photography

Sue Haar waits for her food while the party rages on.
Photo by ~ Davor Photography
Families toast to luck in the future.
Photo by ~ Davor Photography

Friends take a break from dancing and being with their families to enjoy blush wine.
Photo by ~ Davor Photography

Caroline Tanski makes her parents proud the night before graduation.
Photo by ~ Davor Photography

Girlfriends and their mothers show-off their family resemblance.
Photo by ~ Davor Photography
Sacred Heart has always allowed its students to include their families in many events throughout the year. Aside from Family Weekend and Sibling's Weekend, the seniors also get to include their family in Senior Week at the Family Dinner Dance.

This year, the dance did not let down the music-inspired theme of Seniorpalooza. Seniors and their families were welcomed into the Pitt Center to see a giant fabric painting of music "greats" including Eric Clapton, Mick Jagger, Jimi Hendrix, and Bono. This was hung behind the stage where a band was playing dinner and dance music and a DJ was on hand for some classics-the Conga, and the more recent Cha-Cha Slide-among them.

Hors d'oeuvres, a sprawling buffet style dinner, and a small smorgasbord of desserts were the chosen foods of the evening. There was at least something for everyone to enjoy. The semi-formal night was relaxing for all and was a great segue into the next day, the culmination of the hard work of the Class of 2005 and the pride of their families, graduation day.

By Courtney Gotshall

Families show that they know how to have a good time.
Photo by ~ Davor Photography

Kim Picone and Tommasina Galeotafiore are closer than ever by the end of senior week.
Photo by ~ Davor Photography

Families take to the dance floor as the band plays favorite oldies.
Photo by ~ Davor Photography
Stephanie Ablamsky  
Graphic Design

Jessica Albrecht  
Marketing

Heidi Aqel  
Psychology/Religious Studies

Montana Aubrey  
Business Administration/Marketing

Stephen Acciardo  
Sports Management

Marie Aiello  
Nursing

Meredith Alagno  
Marketing

Nancy Alario  
Business Administration

Michael Alfieri  
Criminal Justice

Lauren Allyn  
Mathematics

Daniel Alvarez  
Criminal Justice

Sarah Amato  
Criminal Justice

Federico Arias-carballo  
International Business/Finance

Dinah Arvanitidis  
Accounting

James Ashworth  
English

Lisa Attina  
English

Meredith Alagno  
Marketing

Nancy Alario  
Business Administration

Daniel Alvarez  
Criminal Justice

Lisa Attina  
English

Justin Baigert  
Computer Science
Bryna Bailey
Exercise Science

Faith Bailey
Social Work

Aarya Baker
Psychology

Krystle Balanlayos
International Business

Alexis Baldwin
Business Administration

Cristina Baptista
English

Cortney Barbato
Media Studies

William Bassett
Criminal Justice

Cheryl Beaulieu
Athletic Training

Jared Bell
Criminal Justice

Maureen Bell
Social Work

Christopher Belluz
Finance/
Business Administration

Ashleigh Bepko
Media Studies

Joseph Bernstein
Finance/
Sports Management

Annemarie Berry
Human Movement

Stephanie Bessery
Exercise Science

Amanda Bettis
Graphic Design

Erin Bimbo
Accounting

Christine Bobe
Finance/
Business Management

Jennifer Bole
Nursing

Seniors 173
Daniel Dalzin  
Psychology

Kelly Dandorph  
Psychology

Shawn Day  
Psychology

Incoronata De Carlo  
Psychology

Amanda Deguisepppe  
Psychology

Melissa Delaurentis  
English

Thomas Denninger  
Exercise Science

Kristina Derita  
Psychology

Patrick Devine  
Communications

Teressa Diaz-hennessey  
Media Studies

Rachel Dibenedetto  
Psychology

Kelly Dietz  
Media Studies

John Distefano  
Philosophy

Todd Dixon  
Accounting

Cristylee Dohert  
General Studies

James Dolan  
Psychology

Christopher Domurad  
Computer Science

Jaclyn Donatelli  
Art

Erin Donohue  
Business Administration

Brian Donovan  
Criminal Justice
Lauri Fernandez  
Psychology

Laura M. Ferrer  
Business Administration

Andrew Field  
Computer Science

Kristian Finneran  
History

John Fitzgerald  
Exercise Science

Joseph Fiumano  
Political Science

Tamara Flanagan  
Business

Christopher Fleming  
Biology

Siobhan Fogarty  
Criminal Justice

Bryan Fogle  
Media Studies

Barclay Folk  
Marketing

Kyle Folmsbee  
Accounting

Jessica Fortin  
Communication/Technology

Shayla Fortin  
Business Management

Jillian Frey  
Business Management

Kristen Fritsch  
Business Management

Joseph Gagliardi  
Criminal Justice

Tommasina Galeotafiore  
Psychology

Michelle Galesi  
Psychology

Ashley Galla  
English

Winter
Jason Healy  
Business Management

Ryan Heath  
Business Administration

Allison Hecht  
Social Work

Jonathan Henchy  
Finance

Noel Henck  
Finance

Sarah Hendrie  
Nursing

Erin Herits  
Psychology

Clarixa Hernandez  
Psychology

Steven Hernandez  
Accounting

Amanda Hillman  
Psychology

Jillian Hoffman  
Sports Management

Brittany Hoole  
English

Jonathan Horvath  
Chemistry

Michael Hougasian  
History

Terressa Howard  
Psychology

Katherine Hudson  
Psychology

Lauren Humphrey  
Psychology

Andrew Irrera  
Psychology

Rebecca Irving  
Psychology

Katrina Irwin  
Business Management

Seniors 183
Jacqueline Notti  
Psychology

Thomas Novello  
Business Management

Elizabeth O'Connor  
Psychology

Neil O'Malley  
Sports Management

Kevin O'Sullivan  
Sports Management

Alisa Opalenick  
Business Administration/Finance

Lauren Padian  
Computer Science

Donna Palumbo  
Media Studies

Jennifer Paquette  
Political Science

Matthew Pare  
Business Management

Daniel Parella  
Exercise Science

Michele Parente  
Art

William Pasnau  
Biology/Chemistry

Rachel Pastore  
Psychology

Nicole Peloquin  
Psychology

Melissa Perry  
Graphic Design

Mike Peshler  
Sports Management

Anthony Petrella  
Business Management

Hayley Petrillo  
Nursing

Jennifer Petrocelli  
Business Management
Jamie Pettit  Psychology
Victoria Pezzulo  Art
Michael Philbin  Business Administration
Kimberly Picone  Communications Technology
Christine Pini  English

Stanislaw Podsadowski  Political Science
Alison Pohorylo  Media Studies
Megan Pompey  Media Studies
Felice Porcaro  Studio Art
Peter Pryschlak  Exercise Science

Kevin Quiambao  Computer Science/Information Technology
Aileen Quinn  Psychology
Rui Rainho  Criminal Justice
Amy Raposeiro  Psychology
Jenna Rappaport  Business Management

Tiffany Rathbauer  Exercise Science
Hassan Reda  Business Management/Finance
Matthew Reilly  Business Management/Marketing
Erika Reinis  Social Work
Frederick Revis  Business Administration
Renee Tomaselli  
Psychology

Jill Tomasz  
Media Studies

Alan Tomczykowski  
Exercise Science

Richard Tomczykowski  
Finance

Adam Tornabene  
Business Management

Lindsay Travis  
History

Sarah Travis  
Psychology

Kibwe Trim  
Computer Science

Melinda Tsacas  
Psychology

Michael Tuorto  
Human Movement

Marissa Ulsamer  
Exercise Science

Jasmine Urbas  
English

Nathalie Urbas  
Exercise Science

Melissa Valentino  
Mathematics/  
Spanish

Jaime Vanbuskirk  
Psychology

Christopher Vanvynck  
Finance

Michael Vecchione  
Exercise Science

Joseph Vicidomino  
Business Management

Mirella Villa  
Computer Science

Jennifer Volpe  
Chemistry

Seniors 195
Marie Eiello
Our Precious Marie, how very proud we are of all you have accomplished. You are a very special young lady. Never change, always be the happy, energetic, beautiful and fun loving person you have been and you will have a lifetime of happiness, success and fulfillment. Never stop reaching for the stars. We all love you very much.

Mom, Dad, Gina,

Dinah Arvanitis
Dearest Dinah, You have blossomed suddenly. You’re a lovely, intelligent, thoughtful, caring woman. With all these assets you can only succeed and prosper. With all my love and admiration.

Mom

Danielle Bachini
Congratulations Danielle! Your four years at Sacred Heart have flown by so quickly. Your accomplishments continue to amaze us and make us feel so proud. You are ready to take the next step toward a bright future. You are a very special young woman, and we wish you a lifetime of happiness. As you follow your dreams, remember that we will always be there for you with our support and love.

Love,

Mom, Dad and Michael

Justin Baigert
Justin, Your accomplishments have been many. Remember your past—believe in yourself. Have faith in your life as we have had faith in you. Congratulations. Love always and forever,

Mom and Dad

Krystle Balanayos
Krystle,

Congratulations! You’re the kind of person who can turn dreams into reality. With your perseverance and hard work, you really make us proud. May you shine even more and always follow that dream.

Love,

Mom, Dad, Cyrus, Tita Guing

Alexis Baldwin
To My Wonderful Daughter Alexis, I hope you are as proud of your accomplishments as I am of you, and that whatever you do in life, brings you happiness.

Love,

Mom

Cheryl Beaulieu
Cheryl, Congratulations, and wishes of continued success. Athletic trainer, EMT, Cross-Country, Indoor Track, Track & Field, beauty pageant winner, “Miss Connecticut Intercontinental 2002”, co-owner and instructor of Beaulieu Ballet School. Lots of Love,

Mom, Dad, and Jacqueline Renee would be so proud of you.

Jared Bell
Jared, We are so proud of all that you have accomplished and the man you have become. We pray that the days ahead be as special as you are. We love you so very much.

Love,

Mom, Dad, Jeff, and Jeremy

Krystle Balanayos
Krystle,

Congratulations Tink,

Keep following your dreams. We’re so proud of you, and believe in you.

Love,

Peter, Wendy, John, Michael and Nana

Amanda E. Bettis
Dear Amanda, You have touched our hearts with so much joy and happiness.

We are so proud of you and all of your accomplishments.

Congratulations on your graduation. May God bless you with your hearts desire. All our love:

Mom, Dad, Emily, Jeff, Matt and Auntie Betty

Erin Bimbo
Dearest Erin, What an amazing journey and an extraordinary accomplishment!! We recognize and appreciate all the hard work that it has taken to reach this moment (and, we hope lots of fun and happy memories). Erin, remember to always follow your dreams. Nothing is impossible if you work hard, believe in your talents, and have the courage of your convictions. Your two #1 fans will always be cheering you on. You are our MVP, and we are so very proud of you!!!!!!!!! With love,

Mom & Dad

Amanda L. Bettis
Congratulations on a job well done. You have made us so proud. We love you so much and hope all your dreams come true.

With all our love, Mom, Dad, and Katie

Kathleen M. Busam
Katie.. Bazzle...

Kathleen Mary,

On February 22, 1983 we were surprised with a tiny bundle of joy...twins!!! You have surprised, delighted and filled us with pride ever since. May God continue to bless you with love, health and success.

Love always,

Dad and Mom

Lisa Caffrey
Dear Lisa,

Well done! Congratulations to you and your Class of 2005!

All Our Love,

Mom, Dad, Paul, Alana and Rachel

Angela Camilleri
Dear Angela,

As you complete your journey at SHU, we have watched you grow from a girl into a vibrant young woman. Your spirit and determination have made us proud. Always carry this spirit with you.

Love,

Mom, Dad, and Stephen

Seniors 197
TERESA CAPALBO
Dearest Teresa,
You are so many things to different people, a daughter, as sister, a niece, a God-daughter, but we all have ONE WISH, making it the biggest ever-Good Luck in all you do-We’re so PROUD of you! Wishing you a lifetime of happiness and fulfillment-May all your dreams come true!
Love,
Your Family

ELIZABETH CARR
Elizabeth,
You have accomplished so much in your four years at Sacred Heart. You put your heart into everything you do, and it shows. We love you and we are all very proud of you. Congratulations!
Love,
Mom, Dad, Tommy, and Christopher

JONATHAN CASTRO
Dear Jonathan,
We are so very proud of you. Congratulations in all your hard work and effort.
Love,
Mom, Dad, Jaclyn and Daniel

CHRISTINE CATALDO
Christine, “Our Sweetie”
We are so proud of you. You are your own person. Always believe in yourself. Let your voice be heard and your talents known. Go after your dreams and keep reaching for the stars and ultimately they will be yours!
Love you,
Mom and Dad

WILLIAM J. CAVAGNARO II
William Joseph II,
May the road rise to meet you, with the wind always at your back, and may God forever hold you in the palm of his hand. Well done my son!
Xoxox Love,
Mom

ELIZABETH CHASE
To Our “Princess Elizabeth,”
Your Royal Highness is heartily congratulated and much admired! You have done very well and are the pride of the realm! May God Bless you today and always. Numbers 6:24-26
Love,
Mom and Dad

JULIE RENEE CHOUDARD
Julie Renee,
You amaze us with your creativity and unique style. We wish you a peaceful world, great health, happiness and success. Stay true to yourself and be good to others. With much love and great pride,
Mum, Dad, and Josh

ROBERT CIAFFAGLIONE
Congratulations Rob,
We are so proud of you and all that you have accomplished! We wish you much love, happiness and success in the future! Believe in yourself and all your dreams will come true!
All our love,
Mom and Dad

KRISTIN CLARK
To Kristen with love,
Go for your dreams and reach for the stars. You can accomplish wonderful things because you are wonderful.
Love,
Aunt Marybeth and Uncle Phil

ELVIN COLON
Elvin,
We could not be more proud of you and your accomplishments all these years. We know that you will succeed in everything you set your mind to. May all your dreams come true. We love you...
Mom, Dad and Yasmin

JENE COMMISSO
Way to go Jene! You are one of a kind! Thank you for being such a special daughter and allowing us to share many proud moments with you. We wish you happiness, success, and all life has to offer.

LORI CORINI
To My Sister Lori Corini,
Congratulations! It’s hard to believe that my little sister is graduating college. Good luck with grad school. We’re all so proud of you.
Love,
Jon

KRISTIN CORSINO
Kristin,
Full of life, full of energy. Use your special qualities and go into the world, making differences. Keep us close and know we are always with you.
Love,
Mom, Dad, Annie, Mike, and Casey

ERICA CUDINA
To Our Dearest Daughter Erica,
We are so proud of all your accomplishments in college, onto greater challenges. The best is yet to come. We love you so much.
Mom and Dad

LEE JOHN CUTRONE
Dear Lee,
As you live each day, may you do your part to make one difference...To touch one heart...And through each day, may it be your goal...to encourage one mind and inspire one soul...
Love you,
Mom, Dad and your family

MICHAEL CUTURANO
Dear Michael,
Congratulations, we are all so proud of you! Be successful, but most important keep smiling and be happy.
Love,
Mom, Russ and Christopher
MAUREEN DALEY
Dear Mosey,
You are and always have been a treasure. May all your hopes and dreams come true.
We love you,
Mom, Dad, Jim, Carrie, Katie, and Dave.

KELLY DANDORPH
Dear Kelly,
We are proud of you and all you have accomplished. We hope you are very happy in whatever you choose to do in the future and we will stand behind you all the way.
Love,
Dad, Margaret and Chris

KIMBERLY EDWARDS
Dear Kimmy,
You’ve always made us so proud to be your parents. Be strong, be happy, and remember that we've always loved you best!!
Love ya,
Mom and Dad
P.S. Isn’t this better than a post-it note?

TERESA ERRICO
Dear Teri,
Dreams do come true and you are one of ours. Reach out and grab a couple of stars. They are yours for the taking.
Love you most,
Mom and Dad

THOMAS FALCONE
Thomas,
You have grown into a very special young man. What you have accomplished in 4 years in and out of school is remarkable. We are so proud of you! Your hard work and dedication has given you the foundation to build a lifetime of success. Focus on your dreams, dreams do come true...we had you!
Love,
Mom, Dad and Chrissy

JOHN FALLIVENE
Dear John,
You have given us many special memories...and we look forward to sharing many more. We love you so much and are so proud of all you have accomplished.
Love,
Mom, Dad and David

KRISTEN DYBUS
Dearest Kristen,
Congratulations on your achievement. With all of your best wishes for a bright and happy future.
Love,
Mom, Dad and Keith

KELLY DIETZ
Kelly,
You are our shining star and have always made us very proud. We wish you tons of luck and happiness in the future.
Love,
Honey Buns, Dad and Mike

ERIN DUFFY
Dear Erin,
We are very proud of your accomplishments. Continued success in graduate school. We love you!
Mom, Dad and Sean

CHRISTIAN FARRINGTON
Dear Christian,
We wish you happiness and success in your future endeavors. Reach for the stars.
Love,
Mom, Dad, and Family

LAURI FERNANDEZ
Lauri,
Our best wishes to you in all that you do. We are so proud of you!
Love,
Mom and Dad

JOSEPH FIUMANO
Joseph,
You are our hero! You have taken the disciplines you learned in wrestling into life. Remember, there are no mountains high enough that can’t be climbed. We love you very much.
Mom and Dad

TAMARA FLANAGAN
Congratulations Tamara!
Another great accomplishment! Keep using the gifts God has given you!
Love and respect always,
Mom and Dad

SIOBHAN FOGARTY
Siobhan,
We are proud of all you have accomplished and the woman you have become. We pray you will continue to be guided to make the right choices that will bring you a lifetime of happiness.
Love,
Mom and Dad

BRYAN FOGLER
Our Dearest Bryan,
You will never know how proud you have made us! We love you very much!
All our love,
Mom and Pop

KRISTEN FRITSCH
Kristen,
We have watched you grow into a beautiful young woman with high ideals and a loving, caring personality. We’re so very proud of you and all your accomplishments. May God bless and protect you always.
Love,
Mom and Dad

MICHELLE GALESI
To my wonderful daughter Michelle,
You have shown us that you are not only a wonderful person, but also kind, caring, and capable of doing whatever you put your mind to. Your entire family could not be more proud of you.
Love,
Daddio
ASHLEY GALLA
Dearest Ashley,
With your firecracker spirit and your star-spangled smile, your future stretches out before you, and we wish you love and success in everything you do.
Love,
Mom, Dad, Holly, Joe, Luke, Connor, Courtney and Brittany

PETER GALLAGHER
Congratulations Peter! You continue to make us so proud of you. You are a great son and we wish you continued happiness and health.
All Our Love,
Mom and Dad

MICHAEL J. GARBARINO
My Dearest Michael,
Son, you are a blessing and have always made us proud. Your kindness, generous spirit, and exceptional talents are a wonderful gift to all who know and love you. As you travel through life with its many challenges and joys remember that “Faith,” “Love,” and “Happiness” will always be your companions, followed closely by “Success” in everything you do.
With all my love always,
Mom

Dear Michael,
Our sincerest congratulations and best wishes to you on your graduation! May all your dreams come true...
With love always,
Grand Mere, Aunt Mary, Uncle Fred, and Cousin Andrew

MICHAEL R. GARDNER
Michael,
We are so very proud of the wonderful man you have become. We wish you a future filled with possibilities and great happiness. May the Lord keep you in the palm of His hand.
Love,
Dad, Mom, Danny, Tom, and David

DANIEL S. GEIGER
Daniel,
We are so proud of you. Keep believing in yourself. There is nothing you can’t do.
Love,
Mom and Dad

SARAH B. GIVEN
Dear Sarah,
Although the road to your higher education may have been a rocky one, your perseverance has paved the way to a true head start for the future. Your college education will be one of the high lights in a prosperous and rewarding life. The future is yours to live. You should be as proud of yourself as we are of you!!
Love,
Aunt Jo and Uncle Kev

MEREDITH GLAVIN
Dear Meri,
We are truly so proud of you and all you have accomplished. You have brought so much joy to our family. Our wish for you is a future full of love and happiness.
Love,
Mom, Dad, Ryan and Grant

RYAN GLEASON
Dear Ryan,
Success is never final and failure never fatal. It’s courage that counts. Promise only what you can deliver. Than deliver more than you promise.
Love,
Mom and Dad

COURTNEY GOTSHALL
Courtney,
You are already successful because of who you are and that success will continue because of your hard work. We are extremely proud of you. Remember to follow your heart!
Love,
Mom, Dad, Alex, Eric and Klaudia

FRANCIS HACKETT
Francis,
I can’t say thank you enough for being the best. I love you and you means the world to me. I’m the luckiest person to have a brother like you.
Congratulations! I’m so proud of you, best of luck.
Love always,
Antoinette

Francis,
Congratulations! May all your dreams come true.
Love,
Mom

MICHAEL HANNON
Dear Mike,
Thank you for always making the grade, for always running a good race, and for being a terrific son! We are so proud of you!
Love always,
Mom and Dad

MATTHEW HARRACK
Matt,
The last four years have been filled with many challenges. You’ve faced them all with unbelievable courage and strength. Now you’ve become a very special man. And your loving family is very proud of you.
Congratulations!
Mom, Dad, Jen, and Barb

CHERYLANNE HARRINGTON
Dear Cheryl,
Congratulations! We are very proud of your wonderful accomplishments. Wishing you an abundance of success and happiness in your future endeavors. Reach for the stars!!!
Love forever and always,
Mom, Dad, Shane and Arlene

MICHAEL W. HAYNES
Congratulations to our Michael upon your graduation with Honors, no less. We’re all so proud of you. May all your future endeavors be as successful.
Love,
Dad, Leah, Craig, and Uncle Kevin

ALEXANDRIA HAZIPETROS
Dear Alexandria,
From an outgoing adorable little girl you have grown into an outstanding beautiful young woman. Congratulations on your achievements. We will never forget this day and how proud you have made us. We love you with all our hearts and wish for you a lifetime filled with much success and happiness.
We Love You,
Mommy, Daddy, Danielle and Petro

JASON HEALY
To My Son Jason,
Congratulations for these special moments, warm memories, and happiness you so deserve. May your future bring you pleasure as your past has brought to me. I’m so proud of all your accomplishments.
Love, Mom
ALLISON B. HECHT
Dear Allison,
We are so proud of you. We hope your dreams come true and your life is full of happiness. Congratulations! We love you...  
Mom, Dad and Brittany

JONATHAN HENCHY
Congratulations Jonathan!
May your life be filled with joy and happiness. Remember to follow your heart and it will lead you in the right direction. Good luck in the future!  
Love,
Mom, Dad, and Danielle

AMANDA HILLMAN
Dearest Amanda,
We knew you could do it and we are so proud of you! We send our best wishes and prayers for a wonderful future. All our love.  
Mom and Dad

JILLIAN HOFFMAN
Dearest Jillian,
We are so proud of your accomplishments! Keep chasing your dreams! We love you.  
Mom and Dad

DAN HOOKS
Dear Dan,
Congratulations, we are very proud of you! Keep reaching for the stars, they're yours for the taking. Wishing you and the Class of 2005 the very best.  
Love,
Mom and Dad

BRITTANY HOOLE
Congratulations Brittany,
It has been a joy watching you grow from a sweet little girl into a beautiful, strong, young woman. We are so proud of all that you have achieved. Wishing you all of the happiness a lifetime can bring...  
Love,
Mom, Dad, Mike and Brandon

KATIE HUDSON
Congratulations Katie and the Class of 2005.
Your hard work and determination amazes us. We are very proud of you. God Bless You and may he always guide you in the right direction throughout your life.  
Love,
Mom & Dad, your family, friends and Lucie

REBECCA IRVING
Dear Becky,
Congratulations! You dreamed the dream. Your determination, dedication, hard work and belief in yourself has allowed you to achieve your dream. We're all so proud of you!  
Love,
Mom, Dad, Kelly, Michael, Tara, Snoopy, Maggy and Murphy

JEAN JASTREMSKI
Dearest Jean,
Congratulations! We are so proud of you. We love you...  
Mom and Dad forever!

MATTHEW KATALINAS
Dear Matthew,
You have always made your own path, accomplished things your own way, following no one's lead but your own. Continue to follow your own dreams. We are so proud of you.  
Love,
Dad, Mom, Joshua and Shawn

MOLLY KENNEDY
Princess Molly,
You did it in four. Congratulations!  
Love,
Mom and Dad

JENNIFER KINLEN
Dear Jen,
When you were born, we held you in our arms, smiling—not being able to take our eyes off you. And now, we look at you today and see not only a beautiful daughter, but a beautiful person. We are so proud of all that you have accomplished and all that you have become. We are so proud of all that you have accomplished and all that you have become.
Always remember that God will be at your side to help you guide you every step of the way and know that we will always be here for you. We will love you always.  
Love,
Mom, Dad, Chris & Dana

KATELYN KITTREDGE
Katelyn,
May your collegiate success serve as a foundation for life's achievements. Always keep your beautiful smile!  
Love,
Mom and Dad

ANGELA M. KOENIG
Dear Angela, a Great Swimmer,
Best wishes for your future endeavors, be a beacon for our youth.  
Love,
Mom, Dad, Liz, Jack, and Alice

JEANNETTE R. KOZIEL
Dear Jeannette,
We love you for all of the things that make you who you are. You've always been our pride and joy, our bright and shining star!  
Love,
Mom and Dad

DANIEL A. KRISTAN
Dear Dan,
Proudly we have watched you achieve and grow as a person these past four years! May God continue to bless you. With Love,  
Mom, Dad, Andrew and Matt

KACY LANSING
Hi Kacy,
Remember freshmen year and saying goodbye? Where has the time gone? You are starting another chapter in your life and no matter which path you choose, you will succeed. We are VERY proud. Love you always.  
Mom and Dad

SALVATERE LIISTRO
uguri,
Fortuna! We love you and are so proud.  
Mom, Dad and Stefano

MATTHEW LINDBERG
Dear Matt,
I love you and I'm so proud of you. Always remember Jeremiah 29:11, "For I know the plans I have for you," says the Lord. "They are plans for good and not disaster, to give you a future and a hope."  
Love,
Mom and Jamie

JULIANA M. LUCIANI
Dear Juliana,
We are very proud of you and all you have accomplished. May life only bring you the “very” best, and may your memories at SHU be always in your heart! Congratulations!  
Love always,
Mom, Dad and Amalia
JULIE LUCARELLI  
My little bunny Julie  
We all love you truly  
You always stand out from the crowd  
You have made us all so very proud  
Your future will always be sunny and bright  
Your beautiful Mom from above providing the light.

LINDSAY LUKOWSKI  
Dear Linda,  
Congratulations! We are extremely proud of you! May today be the beginning of a new quest in your life. May you meet and conquer challenges that face you with the same determination and fortitude that you have demonstrated throughout your life.

BRIDGET A. MADDEN  
Our Dearest Bridgie,  
May God continue to bless you. May he grant you a life filled with unending love, happiness and joy. May all your dreams come true.

VANESSA MARIACHER  
Vanessa,  
"Muh, I had a koala steak...after I ate it I felt like a teddy bear." Keep on laughing, you can't graduate from your family!

ELIZABETH MARO  
Dear Beth,  
May your heart be always filled with laughter and love, and may your steps be guided by dancing angels.

ERIN J. MARSTON  
Erin,  
Once you decided to take the leap, it was clear that winners are made from those who never quit. We admire your dedication, commitment, and many hours of hard work in achieving your goal. "If you don't know where you're going, any road can take you there. But once you know, then it takes hard work and perseverance." —Robert Kraft, Owner New England Patriots

COURTNEY L. MASONE  
Dear Courtney,  
Congratulations on your graduation. Cherish the memories you've made, and we wish you more dreams come true.

DANIEL MCNAMARA  
Dear Dan,  
With joy in our hearts we celebrate this day with you, and always will be here for you. Wherever you are and whatever you do...

MICHELLE MEANEY  
Dearest Michelle,  
Reach for the highest, strive for the best. May all your dreams come true!

RAYMOND MENCIO III  
Dear Raymond,  
We are very proud of the choices you've made that enabled you to obtain this remarkable achievement. We are certain that you will continue to be so very successful. Can you say Saratoga? Can you say...?

Jennifer,  
We are so proud of you and your accomplishments. You are a beautiful, smart, talented woman. Life will take you on an amazing journey. Pursue your dreams, follow your heart and be happy. We will always be there to love and support you.

ANGELA M. MERCER  
Dear Angela,  
We are so proud of you! May you always know peace, love, and happiness. We love you bigger than the universe and that stuff! Congratulations! With love forever and always.

VINCENT MIALA  
To Our Wonderful Son Vincent Damian,  
We wish you a life full of health and happiness. May all your dreams come true. We love you.

MAGDALEAN MIELLO  
Dear Magdalen,  
We are so very proud of you and all of your accomplishments! We love you and wish you all the best in everything you strive for. Congratulations to you and the entire class of 2005!

KRISTI MIGNER  
Dear Kristi,  
What you continue to accomplish has brightened and touched our lives. We always speak of you with pride and fondness. We wish you happiness and success.

KEITH MITCHELL  
Keith,  
We have been as proud as any parents could be of your progress every step of the way in life! We encourage you to embrace our pride to foster a life of dreams of your choosing! Our Love and Best Wishes Always,

MAGGIE MOLLANO  
Dear Maggie,  
We are so proud of you. It's a blessing having you as our daughter. We wish you great success in your life. We will always love you!

CHRISTINE MOLICA  
Dearest Christine,  
We are so proud of you. It's a blessing having you as our daughter. We wish you great success in your life. We will always love you!

JASON MORLEY  
Jay,  
We are all so proud of the person you have become, and what you have achieved. May your dreams continue to come true...

Lots of Love,  
Mom, Dad, Tom and Catey
MEAGHAN M. MULLANE
Meg,
We are very proud of you! Your hard work has paid off. Always follow your heart and your dreams will come true. The world awaits...
Love,
Mom, Dad, and Jamers

STEPHANIE JOY MURPHY
Dear Stephanie,
Our wish for you is a lifetime of happiness. May all of your dreams come true.
Love,
Mom and Dad

DANIELLE NACLERIO
Dear Danielle,
We have tried to be your guiding light and you have turned out to be our shining star. May all your dreams come true.
Love,
Mom, Dad & Raymond

TIMOTHY NELSON
Dear Tim,
We are so proud of you! Congratulations to you and then entire class of 2005! We love you very much and wish you all the best.
Love,
Mom, Dad, Sarah, Craig and Sandy

JOSH NETO
Dear Josh,
We are so proud of you! May your life be filled with love, health, happiness and prosperity. We love you and wish you the very best in everything you do. God bless you.
Love,
Mom, Dad, Amanda, and Grandma

THOMAS NOVELLO
To Our Very Special Son Tommy,
We are so proud of you on your graduation. We wish that all your dreams come true.
Love,
You, Dad, Mom, Jaclyn and Nick

JACQUELINE A. NOTTI
Jackie,
You are the love of our lives. You are more than we could have ever wished for. May God bless you as you continue pursuing your dreams. All our love!

ALISA O'PALENCICK
Alisa,
We are so very proud of you. Continue to reach for the stars and follow your dreams. Your talent, energy and commitment will lead you to tomorrow and the promise of what you will become. We will always be there for you.
Love,
Mom and Dad

LAUREN PADIAN
Congratulations to Our Dearest Lauren,
We are so very proud of the young women you have become. Always believe in yourself, remember we love you and support you in all that you do.
Love,
Mom and Dad

DONNA PALUMBO
Dear Donna,
Congratulations on your graduation! We're proud of your accomplishments and hope you've enjoyed your years at SHU. May you look back with fond memories and look forward to a happy and successful future.
Love,
Mom, Dad, Michelle, and Chrissy

MATTHEW Z. PARE
Matt!
Good raising your hand! We are so proud of you. We admire your determination in everything you so... You're the best! God Bless...
Love,
Mom, Dad, Bubby & Stub

MELISSA A. PERRY
Our Dearest Melissa,
May all your dreams come true. You are a shining star.
Love,
Mom and Kevin

MIKE PEHLER
Dear Mike,
Congratulations! We're very proud of you. We wish you happiness and success in all your future endeavors.
Love,
You, Dad, Mom and Steve

MICHAEL PHILBIN
Dear Mike,
We can't begin to tell you how proud we are of what you have accomplished. We wish you health, happiness and good fortune. May God always walk by your side.
Love always,
Dad, Mom, Nicole, Chris & Kim

KIMBERLY PICONE
Congratulations Kim!
We are so proud of you. You are our shining Starr!
Lots of love,
Mommy, Daddy, Jaime and Sara

AILEEN QUINN
Dear Aileen,
God has blessed us with the gift of you... a wonderfully talented and joy filled daughter. We are so proud of all your accomplishments. We wish you a lifetime of love and happiness as you begin your career and share your enthusiasm, joy, and special gifts and talents with those whom you will meet and work with. May all of your fondest dreams come true. We love you forever.
Love always.
Mom and Dad

JENNA LOUISE RAPPAPORT
Our Dearest Jenna,
You have made us all so proud. Our wish for you is happiness and fulfillment. May all your dreams come true.
Love,
Mom, Dad, and James

TIFFANY RATHBAUER
Dearest Tiffany,
Congratulations Sweetheart-your dreams have become wonderful achievements! We wish you continued success as you pursue your Doctorate. May God Bless you always with happiness and love.
Love,
Mom, Dad, Tom and Steve

ERIKA REINIS
Dear Erika,
You have made us so proud! Week up the good work! Congratulations! Lots of love and kisses,
Mom, Dad, and Joe

A LISON K. RILEY
For Allie,
Believe in your dreams. Believe in yourself. Believe that you are loves.
Believe that you make a difference. We believe in you.
With all our love,
Mom and Dad

Seniors 203
NICOLE RIVERA
Our Dearest Nicole,
We are so very proud of you. Our wish for you is a lifetime of happiness and fulfillment. May all your dreams come true...
Love,
Mom, Dad, Jason and Maya

KRISTEN ROWSELL
To Our Beautiful Kristen (Binky Blue),
Congratulations on your graduation from SHU. We are and always have been so proud of you, “our great Blondini.” Your generous heart will bring you success in whatever you do and that smile of yours brightens everyone’s day. Good luck in grad school and welcome home!!
Love,
Mom, Dad, Jamie, Matt, Schley and Bailey

JOHN RUSSO
JJ,
Good luck in the real world. We are very proud of you. We know you can obtain anything in life as long as you stay focused. P.S. The party’s over!
Love,
Dad and Diane

PETER M. SANTO
Dear Peter,
You have always been a source of joy and happiness to us. Now as you graduate from college and take the next exciting steps in your life, we are so proud of the man you have become! We love you so much, Congratulations!
Mom, Dad and Derek

NICK SAVINO
Here’s to you, Nick! With fond memories of the past, pride in the present, and out heartfelt wishes for an extraordinary future. Thank you for all that is uniquely you. Congratulations! Love always,
Mom and Dad

ALLISON SCARFI
Dear Allison,
Congratulations on your wonderful accomplishments. We are so proud of you. May you experience happiness and fulfillment in all that you do.
Love,
Mom, Dad, and Matt

ADELINE SCIBELLI
Adeline,
We are so proud of you. Your accomplishments are the key to a future. Your motivation, dedication and hard work have been and will continue to be your path for success. We wish you a life of happiness and fulfillment.
Love,
Your Family

NATALIA A. SEPULVEDA
Dearest Natalia,
This is a moment of happiness for us. We hope for you a complete success in your life. May all of your dreams and expectations come true. God bless you.
Mom and Dad

STEPHANIE SHEWCHUK
Dearest Stephanie,
Congratulations on your graduation from Sacred Heart University. We are so proud of you and all your accomplishments. We wish you a lifetime of happiness and fulfillment of all your dreams.
Love,
Mom and Dad

CHARLES SLIGER
Dear Beanie,
Guess you think you’re all grown up now. Congratulations and may all your dreams come true!! But you’ll always be the Baby to us!
Love,
Mom, Dad, Tommy, Sean, Keith, Karolyn, Ryan and Gram

BENJAMIN SOCCODATO
Benjamin Dearest,
We have watched you become a caring, compassionate man. You are focused, driven and ambitious. You have brought much pride and joy to your family.
Love,
Mom

BENJAMIN STEUDTE
Dear Benjamin,
Congratulations, we are so proud of you! Follow your dreams! We love you very much!
Love,
Mom, Dad and Jennifer

KATARZYNA SZPYT
Dear Kasia,
It looks like only yesterday that you were that little girl. Now you’re all grown up and even more beautiful. We all want you to know how very proud we are of you. May you always have the best in life and enjoy it to the fullest. Congratulations and God bless you always. We love you!
Love,
Mom, Dad, Peter, Adam, and Nanny

CHRISTOPHER TELESCA
Dear Chris,
Our wish for you is continued success, happiness, and the fulfillment of your dreams.
Love,
Mom and Dad

KIBWE TRIM
Dear Kibwe,
In everything you’ve pursued, you’ve excelled, both in sports and academia. You’ve made me very proud to be your uncle. Now the rest of your life begins. Live!
All our love,
Uncle Winston and Aunt Holley

RENEE TOMASELLI
Dear Renee,
May your future be bright with the kind of happiness you’ve given to us throughout your life. Congratulations to the entire class of 2005!
Love,
Mom, Dad, Dee and Nana

SARAH TRAVIS
Sarah,
We have watched you grow from our princess into the successful young woman you are today. Congratulations on achieving this goal in your life. We are all very proud of you and love you lots!
Love,
Mom, Dad, Erin & Brian

JASMINE URBAS
Dear Jasmine,
We are so proud of you! Congratulations for all your commitment and dedication. We love you very much and wish you all the best.
Love,
Mom and Dad

NATHALIE URBAS
Dear Nathalie,
We are so proud of you! Congratulations for all your commitment and dedication. We love you very much and wish you all the best.
Love,
Mom and Dad
JOSEPH VICIDOMINO
Congratulations Joey!
This is only the beginning. We are so very proud of your accomplishments. May all your goals and dreams come true.
Love,
Mom and Dad

GARRETT J. WERNICKI
Our Dearest Son Garrett,
You have made us so proud. May all your dreams in life come true...
Love,
Mom and Dad

COLLEEN WHITE
Dear Colleen,
We wish you happiness and fulfillment. May all your dreams come true.
Love,
Mom, Danielle, and Caitlin

KERI WILSON
Congratulations Keri,
We are all very proud of you. Continue to follow your dreams and keep reaching for the stars.
Love always,
Mom, Dad, Jamie, Nan, and Pup

CAROLYN WHITE
Congratulations to our Sunshine Girl! We are terribly proud of you and all that you have accomplished.
Love and Hugs,
Mom, Dad, Kelly, Greg, Christine, Abby and Harry

WAYNE WOLCOTT
Wayne,
You are the reason parents have children. You have never faltered on your ambitions and dreams. We are so very proud of you, great brother. Good luck in the future.
Love,
Mom, Dad, and Kristen

OLIA YELNER
Dear Olia,
Congratulations!
May every success be yours,
May all your wishes be accomplished
May all your dreams come true
And may good luck always be with you!
We are so proud of you and love you very much!
Mom, Dad, Grandma, Grandpa

KELLY ANNE ZULLO
Our Dearest Kelly,
Congratulations! We wish you a happy and successful future. You have made us very proud parents. Always remember, our love is forever...
Mom, Dad & Joe
Graduates congregate outside the Pitt Center after graduation.
Photo by ~ Davor Photography

A tribute to the reason this man and his classmates are graduating college.
Photo by ~ Davor Photography

Graduates listen to Dr. Cernera wish them well in the future.
Photo by ~ Davor Photography

Soon to be graduates listen as their friends are called to receive their diplomas.
Photo by ~ Davor Photography
Graduates walk in the processional to get onto the football field.
Photo by ~ Davor Photography

Political Science student Teresa Capalbo gets ready to walk on stage.
Photo by ~ Davor Photography

Students and professors hug for the last time.
Photo by ~ Davor Photography

Graduates are excited about receiving their diplomas.
Photo by ~ Davor Photography
Writing this note has been one of the hardest things I have had to do during my time at Sacred Heart University. Writing this means that it's all over...the good times and the difficult times, they are all treasured times. When I read letters from previous editors, I never could imagine how difficult a task writing one is; perhaps more difficult than the rest of the book, because this letter really marks the end. Even now I can't believe that four years are over; I still remember the first time I walked through the halls of SHU and into the Prologue office. I remember the start and end of each year, and I know that you do too, hopefully in part through the pages of this book. Although this is the end for me and the Class of 2005, at the risk of sounding cliche, it is also a beginning.

This book could not have been made without the help of the staff and editors as well as all of the generous people who submitted their own photos and helped with information along the way. Thank you Tom Wuestkamp, this book is for you, but I could not have done it without you. Courtney Gotshall and Cara Franze, you deserve a huge "thank you" for all of your hard work during the year and even after graduation. Although it's over now, knowing both of you has made me a better person and I could not have wished for better Assistant and Photo Editors. Thank you to the entire Sacred Heart University Community, including students, staff, professors and administrators; this really is a family. Of course I could never forget two members of that family, my parents, without whom nothing would be possible.

The end of this letter means that it's time to move on and to let someone else take over and lead this publication to even higher standards and achievements. As the theme of this book expresses, time does not stand still, it "turns turn turns." Thank you for the memories, I will never forget you.

Olia Yelner
Prologue 2004-2005 Editor-in-Chief

The Prologue Yearbook was printed by Taylor Publishing in Dallas, TX. The 208 pages were submitted on CD for a press run of 1420. Body and captions are Times Roman. Folios are Papyrus. The colophon is Courier Oblique. Black ink pages in the yearbook were printed on 80# matte finish paper stock and color pages were printed on 100# dull enamel stock. All Photoshop pictures were created by Olia Yelner in Photoshop CS.

The haikus on the season divider pages were written by Olia Yelner and the photos were taken by Prologue staff. The candid photos in the senior message section were contributed by Brittany Hoole and Davor Photography, Inc. Senior portraits were taken on the Sacred Heart campus by Davor Photography, Inc.

Copy for the yearbook was written and edited by the Prologue staff and contributing student writers. Action photographs were taken by Prologue staff and Davor Photography, Inc. All pages were produced on Macintosh computers using Adobe Photoshop CS and Adobe InDesign CS.

This is the thirty-ninth volume of the series of yearbooks created by Sacred Heart University Students.