ReSHUpes to Success:

What does it take to succeed at Sacred Heart University? Inside this edition of the Prologue is a compilation of memories and achievements in the form of a cookbook. The theme, “ReSHUpes to Success,” embodies the spirit of Sacred Heart’s goal to lead the way to success for all SHU students. The introduction pages to each section break down the specific characteristics it takes to succeed in the various areas of life at SHU. With inspirations from the Prologue Staff Alumni, the cookbook was able to be made into a reality. The process of turning the original brainstorm into a full-fledged book called for extreme amounts of hard work, but with the support from Ashleigh Betso, the Co-editor of Prologue, Amy Ricci and Steve Russo, the cookbook became a success. There were many ingredients that helped you become a successful SHU Student, whether it be the friends you made along the way, the helping hands of any professor, the encouraging smiles from the staff
members or your family who stood beside you. Other ingredients may be the lessons you’ve learned on the field, in your classrooms as you trudged through tough classes, in organizations you put your heart into, or with your roommates. It is with these memories and experiences that will propel you towards your aspirations outside of SHU and help you flourish as a person. In years from now, these captured moments in time will bring back the memories of your college life as a SHU student. My wish is that you hold true to yourself and always bring your Sacred Heart success with you in all your endeavors.

~Erin McGunnigle
Editor-in-Chief
Prologue, 2011-2012
DEDICATION:

Throughout our time here at Sacred Heart University, we have met many professors, and made relationships with our favorite faculty, but we seldom stop and pay homage to those that work tirelessly day in and day out to ensure our quality of life at SHU.

Being a senior here at SHU, comes with two well-known and highly anticipated privileges: Senior Pub Nights and Senior Week; yet, few know the amount of hard work that goes into these events. Therefore, the Class of 2012 would like to dedicate the 2011-2012 yearbook to a person who assists with these events and many other aspects of campus.

Although the average student may have never had a conversation with Mike Moylan, the vast majority of those working and learning here at SHU are affected by the work that he does. As the Director of the Student Union, Mike Moylan is responsible for services that we use on a daily basis; such as the SHU Card, Hawley Lounge, and the SHUttle system.

On top of his day to day duties, which better our campus as a whole, Mike Moylan is also instrumental in the lives of seniors. Although you may not know it, he works tirelessly behind the scenes to make our senior specific events unforgettable. He meets with us personally prior to every
Mike Moylan

Sr. Pub Night to ensure that all of the details are in order and takes the time to be present at these events, even when this means forgoing personal time. His help and guidance prior to these events, makes for smooth evenings that unify the Senior class.

In addition, Moylan devotes his time and effort to implement the layout for Commencement Ball and Family Dinner Dance during Senior Week. It is because of his leadership, direction, and eye for perfection that the tent is able to serve such a high volume of students and families as they celebrate their achievements throughout their four years at SHU!

He once explained that his job is to make our university feel like home for the students. Knowing this is the place we call home for four years, it is his goal to make it as comfortable as possible for us. His dedication to the student body is exemplary, and without him, the luxuries that many people find at Sacred Heart would be missing. It is the honor and pleasure of the Class of 2012 to dedicate the 2011-2012 yearbook to an unsung hero that keeps Sacred Heart running, the Director of the Student Union, Mike Moylan. Thank you for all you do!

- Annie Roumie, Class of 2012 President
LETTER FROM 2012

Good afternoon! It is an honor to stand before faculty, staff, administration, President Petillo, the Board of Trustees, distinguished guests, family, friends and most importantly my fellow graduates of the Class of 2012. I would like to take a moment to wish a Happy Mother’s Day to all of the inspirational and encouraging moms with us today. I can imagine that as a parent, there is no better way to spend today – we hope that you are proud of all of our hard work and we appreciate all that you have done to support us through our endeavors.

Now, to my classmates. Congratulations! It doesn’t seem that long ago that we walked onto this campus as freshmen – some of us eager while others timid - but however we felt, we were all in the same boat; we were all beginning a new chapter of our lives.

From that point, we would make our own choices that guided our lives here at Sacred Heart – the possibilities seemed endless. I look out at all of you and am overcome by a sea of bright colored cords and sashes which represent the paths we have each decided to take. I see those who have joined Greek Life, those who have held leadership positions, those who have studied abroad, as well as those who have achieved academic excellence. Not to mention others who have played Division I, Club or intramural sports, those who have played a role in the play, or sang in the chorus, or played in the band. This array of color is a true testament to the unique experiences we have each had.

Yet, given these differences we sit here together on the 13th day of May 2012 and are in the same boat – similar to the first days of freshman year. We all wear the same black cap and gown, which signifies the major events we
shared together as a class. Together, we have experienced the inauguration of a new president, the opening of the Chapel of the Holy Spirit and the McMahon Student Commons, senior pub nights, senior week, and most importantly we share today, our commencement.

Today, regardless of your college experiences, is the last page, the last paragraph, the last few words of a chapter – a chapter that many will title, “The Best 4 Years of My Life.” Today, we are surrounded by our families and closest friends as we become graduates of Sacred Heart University – the place that has become a home away from home. Tomorrow starts a new chapter. Where will you go? What will you do? Who will you become? It is my greatest hope that your time here at SHU has given you the opportunity to grow, not only to grow academically but socially, and that you have developed the tools you need to write your own story of success, fortune and love.

I encourage you to go out into the world and make the most out of every opportunity that you are given. But more importantly, as you begin your next chapter as Sacred Heart University Alumni, there is one thing I ask of you – wherever you go, don’t go with all of your heart – rather go with all of your Sacred Heart.

Now it is my pleasure to lead my fellow graduates in the turning of the tassel, a tradition set forth by previous class presidents. Will the Class of 2012 please rise. Raise your right hand. Grasp your tassel. Move your tassel from right to left. Release your tassel.

Congratulations, you are now Alumni of Sacred Heart University!

- Annie Rouque, Class of 2012 President
Inauguration
New ReSHUpes

Throughout the 2011-2012 school year, renovations and new buildings around the campus were successfully completed. With fervent anticipation from the students, the Ryan Matura Library was refurbished, the Pioneer Park Softball Stadium was created and the Linda E. McMahon Commons was revealed. A rededication ceremony of the Ryan Matura Library took place on November 2, 2011 to officially introduce the revamped space to University members and the general public. Students were thrilled with the downstairs cafe, new desks and new workspaces. The groundbreaking of the softball field started in November and the opening day was held on April 18. But it was on Friday, April 13th when friends, students and faculty stood under the 46,000 square-foot building to finally experience the well anticipated Student Commons that really had the campus buzzing. Named in honor of Linda E. McMahon, trustee and longtime friend of the University, the Commons is now proudly apart of the Sacred Heart campus.
Sacred Heart University hosted "A Conversation with Brian Cashman and Theo Epstein" as part of the Student Affairs Lecture Series on January 31st. Brian Cashman, senior vice-president and general manager of the New York Yankees, and Theo Epstein, former general manager of the Boston Red Sox and current president of Baseball Operations for the Chicago Cubs, talked with Steve Berthiaume, host of ESPN's Baseball Tonight and moderator of the event. Avid fans excitedly filled the Edgerton to hear the lively and exciting discussion.
As part of the 2011-2012 Student Affairs Lecture Series, Sacred Heart University welcomed Eugene Robinson and Tucker Carlson in "A View from Left to Right: The 2012 Presidential Election." The speakers, along with moderator Dr. Gary Rose, were joined by a full house in the University Commons on Wednesday, February 22. After a heated debate, students took the opportunity to have any questions of theirs to be answered by both Robinson and Carlson.
FEATuRES:

1. Cup of School Spirit
2. Teaspoons of Creativity
3. Pint of High Energy
4. Tablespoons of Involvement
5. Dash of Excitement
6. Pounds of Fun
7. Cups of Inspiration
Students started off the year right and made their way down to the dining hall on Friday, September 16th to enjoy another Big Red BBQ! Those who came to the event decked out in red or SHU attire helped spread everyone's Pioneer spirit. While snacking on juicy burgers, hot dogs and cotton candy, students and the rest of the SHU community hung out with Big Red for the afternoon. It was a good time shared by all as they posed for photos with their friends and Big Red himself.
On September 24th, Sacred Heart Alumni reunited with faculty, staff, and students and made their way up to the football field. In the midst of protruding foam fingers, coonskin caps galore and Big Red posing at each bleacher step, the stage was set for another entertaining homecoming. With the buzzing bleachers filled, body and face paint applied, and the routines and cheers in tact, our football team proudly ascended onto the field. The overwhelming sense of community reverberated through every spectator, unique to each but encompassing all with pride and unity. Professors and staff blended in with the rest of the students in the sea of red and white. The collective force of all who attended made our campus come alive with enthusiasm and excitement. With an ending score of 24-21, the Pioneers did not disappoint. Sacred Heart successfully beat their Dartmouth counterpart. The victorious team was ecstatic to share their first win of the season with everyone in the stands on Homecoming weekend.
Annual Student
In honor of the Presidential Inauguration, Sacred Heart University hosted a Student Gala on September 22nd, 2011. The North Parking Lot was turned into a dance hall for the crowd to enjoy. President Petillo individually greeted everyone who came into the splendid tent, welcoming them to the wonderful Gala event. The appetizers, music, seating areas and dance floor made the night fun and entertaining. Students especially enjoyed joining the band, Big Shot, on stage to sing a long for the audience and dancing to "Don't Stop Believing." It was a fantastic first Gala with President Petillo!
In late October, families of Sacred Heart students embraced the activities Family Weekend had to offer. A fun filled 80's Dance Party kicked off the weekend on Friday. On Saturday, everyone enjoyed the Haunted Tailgate and all that came with it. With kettle corn in hand, they had to find their way through the scary Haunted Maze. After face painting and lunch, they made their way to the football game against Monmouth. Later, the Women of "Wicked" put on a spectacular performance for everyone. The weekend proved itself to be a "Wicked Good Time."
On September 9, students hit the Pitt Center, Jersey style! For maximum excitement, the gym was transformed into a dance club for the night. Fans of the hit reality TV show, Jersey Shore, could be spotted around the floor with their excited smiles and look-a-like outfits and hairstyles. Sacred Heart's cheerleading team was overjoyed when they got to meet and pose for pictures with Pauly D. A huge welcome accompanied Pauly D when it was time for him to make his way out to the DJ booth. Pumping his fist to the pounding music, everyone started to dance the night away!
After having Kid Cudi in the spring of 2011 and a dance party with Pauly D in the fall, the students of Sacred Heart anticipated another amazing performer to come their way for the 2012 spring concert. Of course Sacred Heart delivered once again as Amy Ricci sent out the email announcing Wiz Khalifa's upcoming performance. In preparation, students were getting groups of friends together for ticket sales, brushing up on Khalifa's song lyrics and updating their statuses on Twitter and Facebook about his arrival. With summer in the air, students anxiously waited in line outside the Pitt Center for the doors to open on April 28th, 2012. Once inside, everyone enjoyed the opening act performed by Super Mash Bros. Dancing began, cheering continued and thoughts about finals week quickly slipped away. Finally the time came for Wiz Khalifa to appear and for the crowd to erupt into tumultuous applause. It proved to be yet another awesome night in the Pitt Center!
Greek Life See-Saw-A-Thon

For the first time, Greek Life hosted a 24 hour fundraiser starting on November 30th. Students from all fraternities and sororities were in the University Common Auditorium riding five see-saws to raise money to build a new playground at the Six to Six Interdistrict Magnet school. Besides the see-saws, a variety of activities were held, including life size games like Operation, a movie and popcorn, Zumba and Hip Hop Aerobics. Students from the Six to Six school even came for a visit. This event was extremely successful as it raised over $10,000.
After months of hard work, the Habitat for Humanity house at 554 Jane St. in Bridgeport was officially dedicated on Sunday, November 27. The new owners were able to move in by December. The Sacred Heart University Chapter of Habitat for Humanity was established in 1994. It assists with the local Bridgeport affiliate in constructing homes, raising funds, and increasing awareness of housing issues in the community. This group host events on the SHU campus, such as Sleep Outs, building sheds and gingerbread house creations during the holidays.
In mid November, our Sacred Heart Community came together in the Chapel of the Holy Spirit for the annual Interfaith Thanksgiving Prayer Service. Various departments and organizations donated a cornucopia of food for the St. Charles Food Pantry in Bridgeport, CT. The food was brought to the altar followed by a moving prayer service for all who attended. The prayers centered around the importance of family, friends, community and the blessing of God's love. Student volunteers packed up the donations and loaded them onto vans for delivery to St. Charles Food Pantry.
On December 5th, the SHU community gathered in the Chapel of the Holy Spirit for our Annual Christmas Tree Lighting Ceremony. The Christmas Tree Lighting was also a part of the series of events within the Student Events Team's Winter Week. Everyone was able to enjoy singing Christmas Carols as they were beautifully led by the Choir. At the conclusion, Father Jerry offered the crowd a blessing. Each year, this ceremony is able to spur Christmas cheer throughout the campus even with the hustle and bustle of Finals week and winter break in sight.
A much needed break for students during winter Finals could be found in the form of Late Night Breakfast. Residential Life proudly puts on this event for students to crawl out of the library and the classrooms they’ve been in for days on end and enjoy a delicious breakfast with their friends, roommates and study groups. Served by Residential and Student Life, RSA and faculty members, these students sit back and relax as their plates are loaded with pancakes, potatoes and bacon. Orange juice and the well needed coffee is endlessly poured, making it a night enjoyed by all who come out!
'Say Yes To Education'

Members from the Global Communications Academy visited our campus on October 7th, led by tour guides including Brian Harrison and Charles Marcelin. Say Yes to Education, Inc. is a national, non-profit education foundation dedicated to increasing high school and college graduation rates for our nation's urban youth.

Park City Sweep

SHU volunteers from Sacred Heart University rolled back their sleeves to help with Groundwork Bridgeport's Park City Sweep on November 5, 2011. From raking and planting to lifting and digging, these volunteers were able to clean the park up nice!
Walk A Mile In Their Shoes

Did You Know?

In August 2011, 170 cyclists helped fund the Bridgeport Rescue Mission's walk-a-thon to help the homeless.

Walk A Mile
In Their Shoes
Bridgeport Rescue Mission's walk-a-thon to help the homeless.

Walk A Mile
In Their Shoes
Bridgeport Rescue Mission's walk-a-thon to help the homeless.

Bridgeport Rescue Mission
Serving the hungry, homeless, and addicted throughout Fairfield County.

On September 10, over 250 people walked a mile together on campus to benefit the Bridgeport Rescue Mission. The walkers' pledges helped fund the Mission's operations. Additionally, the walkers learned about homelessness from the creative depictions that were set up along the mile loop. Assistant Director of Volunteer Programs Maura Cook says, "I think the student representation at the walk is a testament to our valuable partnership, and we are so pleased to be a part of such an important event."
As the never ending snow fell to the ground, students trudged their way to the Pitt center on January 21st to attend Pack the Pitt. This Student Government sponsored event was a hit! There were spectacular performances from the SHU Hoops team, the dance team routines, free giveaways and games with Big Red. Mia James, our student government president, was especially impressed by the outcome of the day. She says, "Pack the Pitt 2012 was a true depiction of SHU spirit. We had a huge snow storm and we were worried no one would come but we were so wrong. The stands were packed to support our teams!"
On Friday, October 14th, students and faculty celebrated the start to the 2011-2012 basketball season. The C&C Music Factory pumped up the crowd with their amazing live performance. Everyone especially enjoyed when they sang "Everybody Dance Now." Big Red of course joined in during the entertaining songs. Full of great music and laughter, everyone left the Pitt smiling and ready for a great season! This annual event helps celebrate the potential our teams possess and lets us support them even before their first big game.
Its Semi Formal time again! In the fall, the junior class board was excited to announce the theme as Winter Wonderland, pumping everyone up for the fun night ahead of them. On December 2nd, Student Government presented the students with yet another unforgettable night! Couples and friends made their way onto the dance floor and never turned back. Only stopping to eat the delicious food, everyone danced the night away! Full of flashes from the countless cameras, laughter from the students, and music from the stereos, the room vibrated with joy as the close to another semester was right around the corner. Knowing that it was their last one, the seniors made it their mission to top their past Semi Formals and successfully made it one they would never forget!
Political Science students visited the State Capitol in Hartford on October 5th, 2011. Once they got there, they proudly presented Governor Dannel Malloy and several Senators and State House Representatives with pocket-size copies of the US and CT Constitutions. These special copies were recently published by Sacred Heart University in honor of Constitution Day. The students enjoyed their opportunity to have a look around the Capitol and see the treasures within for themselves.
Once the SMU Band found out they would be taking a trip to Ireland, January 9th could not come fast enough. From January 9th to the 16th, the Band traveled through Ireland for their first-ever international tour. In the capitol of Dublin and the beautiful city of Dingle, the group performed five different concerts and various local ensembles. The unforgettable trip proved to be an amazing experience for all those who attended.
On March 24th, Sacred Heart hosted its annual Relay for Life event! This 12-hour long event brings together so many students with one cause in mind, making Relay for Life one of the biggest fundraisers on campus. With club members, fellow athletes, roommates and Greek Life friends, Relay teams are created all over campus. These teams help raise money by walking, running, jogging, and even dancing laps to aid cancer research. From setting up and breaking down, to pledging, walking and painting the campus purple, the student body participates with enthusiasm and dedication. Making the whole day possible were the Relay chairs under Brian Harrison, this year’s Student Events Team Community Service Chair. With the packed booths around the gym, the baked goods quickly disappearing and the bounce house and endless games of volleyball in full motion, the night was as successful as everyone hoped it would be! This event has the ability to bring us out of our daily lives as students and to remind us of the importance of living every day to its fullest. The overall atmosphere of the night impacts each of us on personal levels, simultaneously connecting us all to one another in unimaginable ways.
Theatre Fest

Sacred Heart offers an impressive array of arts programs where students thrive in the Edgerton Theatre with their musical, theatrical and dramatic talents. Their impeccable skill keeps the campus highly entertained and always excited for more. Students are able to put on acts themselves as they write, produce and act their scripts independently. Showcasing their talents is done through numerous events throughout the year, including Theatre Fest. These were held on November 11th and 12th for those to enjoy.
The play is set in late 19th century Germany and centers around teenagers coming into their sexuality without being properly educated by adults. The character’s sexual oppression leads to hard consequences, many of which surprise the audience. Freshman Samantha Wolman played the lead female role of Wendla, a confused young girl who falls in love with a childhood friend, played by senior Jon Vasey.
Here, There...
The highly anticipated Mr. SHU Event was held in the Edgerton Theatre on Friday, April 27th. The contestants showcased unique talents in pursuit of becoming the next Mr. SHU. Senior Eddie Kennedy, Senior Brian Beatty, Senior C.J. Fleck, Junior Rob Reichenbach, Junior Sherrod Williamson, Sophomore Allen Tedaldi, and Freshman Ryan Corupi all took part in the rigorous talent show contest. The event was opened by a video the contestants were featured in showing their hard work and preparation that went on behind the scenes. After, the contestants competed in individual rounds full of guitar playing, acting, magic tricks, dance moves and comedy. It was Eddie Kennedy's spoof on the video "Here it Goes Again" by OK Go that eventually led him to being crowned the 2012 Mr. SHU. The complicated dance moves and synchronization on the treadmills will never be forgotten.
Campus Life Leadership Awards
Student Life presents the Campus Life Leadership Awards! Wrapping up another successful year, this award ceremony recognizes students and faculty members who went above and beyond throughout the 2011-2012 school year. Leadership spoof videos on departments featuring Student Life, the Factory, Public Safety, and Residential Life kicked off the ceremony. After the laughter in the audience died down, the Theatre Arts Program performed a number from this year's musical, leading up to the presentation of the first award. From athletes and work study students, to Greek Life and organization members, awards were proudly given out and excitedly received. With the last Final Four awards received, it was time for everyone to enjoy the elegant refreshments awaiting them outside the theatre. With proud smiles on their faces, winners shared hugs with the friends surrounding them, and thanking the faculty for acknowledging their hard work and dedication.
SPORTS:

Ingredients:
4 Pounds of Perseverance
1 Cup of Passion
3 Tablespoons of Hard Work
2 Quarts of Competition

Method:
For best results, blend these ingredients until you get a golden hue.
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The hardworking football team had their first victory on September 24th when the Pioneers defeated tough opponent Dartmouth to the cheers of an applauding homecoming crowd. Before the impressive homecoming game, Senior Justin Embler (Cinnaminson, NJ) was named National Defensive Lineman Performer of the Week by the College Football Performance Awards on September 19th. In early October, the Sacred Heart Pioneer football team defeated long-time rival, the Central Connecticut State University Blue Devils. This was an extremely proud moment for the Pioneers. On October 15, the Pioneers continued their success as they posted a Division I record of sixty points versus Saint Francis from Pennsylvania, as well as completely shattering the Sacred Heart football program record for most yards with five hundred and eighty eight yards. Towards the end of the season, the Pioneers ended with a bang when 3 Pioneers, Chris Mandas (Mission Viejo, CA), Chris Rogers (Cazenovia, NY) and Senior Justin Embler (Cinnaminson, NJ) were selected to be a part of the NEC All-Conference team.
The Sacred Heart University Cheerleading team had a fantastic season. The team had many first place finishes in the spring. On March 2nd, the team defeated Eastern Connecticut at the Spirit Fest One Day Fun Day Competition. They did extremely well and were very proud when they won the Western Connecticut American International in the All-Girl cheer division on March 3rd held by East Haven High School. They finished the season at the New England College Championships hosted by the NECA. The team finished 3rd in their division out of over seventy five teams that competed in Rhode Island. Some other exciting activities include the CIAC Cheerleading State Championship Exhibition on March 9th and 10th. They also took part in the American Liver Foundation’s annual 5k walk for a fifth consecutive year. The annual event has become a tradition for the SHU cheerleaders to show their support for liver wellness. The event was held September 18th along a five mile course in Stamford. Overall they had a terrific season and show great promise for the upcoming seasons.
The Pioneers Swim team had an extremely successful season opener on October 17th. Freshman Malvina Reinhold took two top-five finishes in the season opener. She placed third in the 100 yard Breaststroke, an event where the majority of the top-ten was Sacred Heart swimmers, with a time of 1:08.50. Reinhold also took fifth in the 100 yard Freestyle, swimming it in just 56.50. On the weekend of November 19th, the swim team grabbed four first place finishes at Assumption. At Siena on December 10th, the team did well in the relay events. They picked up the first and second place spots in the 200 yard Freestyle Relay. The foursome anchored by Junior Meghan Bailey (Walpole, Mass.), finished in 1:48.47. The next group anchored by junior Emily Nunes (Seekonk, Mass.) finished less than two seconds later. The Pioneers also placed second in the 200 yard Medley Relay finishing in 1:56.38. The swimming team will continue to have success in the pool for many seasons to come.
The Sacred Heart Pioneers Men's Fencing team had an extremely successful 2012 season. The impressive team was ranked as number nine in college fencing. On Saturday, September 5th, the Fencing team earned many accolades. These awards included the NEIFC men's team title, the foil squad title, the saber squad title, and for the third successive season, they won the Silvio Vitale Cup. Junior Stuart Holmes (Centereach, NY) won the individual foil championship, and Senior Marty Williams (Plainfield, NJ) won the individual saber championship. The Pioneers did so well, the team even qualified to have the maximum number of representatives from a single team at the NCAA regionals. The Fencing program placed 16th at the NCAA championship with outstanding performances from Stuart Holmes and Marty Williams.
The Pioneer Women's Fencing Team had a great start to their season in the Vassar Invitational, where they had wins against Drew University, Hunter College, CCNY and Yeshiva University. In November, they defeated Wellesley College, Boston University, Brandeis University, University of New Hampshire and MIT during the first Northeast Fencing conference. The team was ranked as number sixteen in the College Fencing 360 Coaches poll. The Sacred Heart Women's fencing team qualified the maximum number of fencers for the NCAA regionals. These qualifiers included: Sophomore, Jayme Smith (Ridgefield, CT), Sophomore, Natalie Rossetti (Guilford, CT), Freshman, Megan Floyd (Media, PA), Junior, Colleen Mason (Waterford, CT) and Freshman, Nikki Price (Seekonk, MA) in epee, and Junior, Elena Tringa (Garden City, NY) and Junior, Lauren Cebello (Clinton, NJ) in saber. This skilled team will continue their success in years to come.
The Sacred Heart Pioneers notched their first dual match win of 2011 and their first Northeast Conference win of the year beating St. Francis (NY) 6-1 on Saturday April 9th at Yale's indoor courts. Senior Kirill Kasayanov also earned a spot on the NEC Singles All-Conference first team at the #1 flight and was named to the NEC Doubles All-Conference second team with junior teammate Chadd Sullo (Orange, CT). Sullo and senior Chris Ujkic (Mattituck, NY) garnered All-NEC second team honors in singles. Joining Kasayanov on the singles first team was senior Cole Conrad (Fairfield, CT) at #6 flight. Conrad also earned NEC Doubles All-Conference first team honors with senior teammate Nick Mazzarese (Stonington, CT) at the #5 flight. Rounding out the Pioneers all-conference honorees are senior Michael Syer (Oakville, Ontario) and Ujkic who were named to the double second team. During the weekend of February 27th the pioneers grabbed two wins against Siena and Saint Peter's. They continued their winning streak when they faced off and beat the Hartford Hawks on April 6th.
On February 26th, the Pioneer Women's Tennis team had a 6-1 victory over Siena. They also started their annual spring trip to Florida with a win over Northeast Conference member Robert Morris. In their third consecutive victory, the Pioneers defeated South Dakota State. Freshman Nicole Rydzewski (Maspeth, NY) was named the spring's first Northeast Conference Women's Tennis Player and Rookie of the Month Award winner. March 20th marked an exciting win against St. Peters. In an exciting match against Fairfield University, the Pioneers were victorious with a score of 45. In another exciting turn of events, the pioneers continued their success on April 5th when they prevailed over LIU Brooklyn.

The very next day, the pioneers defeated the Hartford Hawks effortlessly with a score of 6-1. The team made it to the NEC semis when they defeated Robert Morris. They had a great season and much more is expected from this talented team in the future.
The Sacred Heart Pioneer's Men's Soccer team started off their season very well with a victory against Robert Morris on September 20. They set the precedent for an impressive season. Then on October 14 the Pioneers defeated Mount St. Mary's with a score of 1-0. Less than a week later with an exciting penalty kick play from Junior, Marcello Castro (Panama, Brazil), the pioneers were victorious against longtime rival Monmouth on October 16. The team's October 23rd victory against Central Connecticut State University continued the team's sixth straight victory of the season. This was an especially impressive victory considering CCSU had first place standing. The next exciting part of this stunning season was when the Pioneers defeated Bryant on November 6, 2011 and earned the title of number one seed in the NEC tournament. Junior, Marcello Castro (Panama, Brazil) was named both Northeast Conference Men's Soccer Player of the Year and Defensive Player of the Year. He was also named to the All-NEC First Team with SHU Goalie Alex Falt (Ottawa, ON), while midfielder Edwin Victor (Bridgeport, CT) made the All-NEC Second Team.
The Sacred Heart Pioneers Women's Soccer team started off their season strongly when in one of their first games they defeated University of Maine, with a score of 4-3 on September 2nd. On September 16th the Pioneers were victorious against Manhattan College. Less than a week later on September 18th the Pioneers dealt the Brown Bears their first loss of the season. In the Northeast Conference opener of the season, the Pioneers were victorious against Quinnipiac. The Pioneers collected a win over the Bryant University Bulldogs on October 9th. They also prevailed over Fairleigh Dickinson on October 14th with a score of 4-1. The team had a shutout against Wagner on October 21. Four Pioneers were named to All-Conference teams. Junior Jen Mulvey (Manalapan, N.J.) was named to All-Northeast Conference first team. Sophomore Alyssa Brandolino (East Northport, N.Y.) was named to the All-Northeast Conference second team. Jillian Picinich (Belmont, Conn.) and Kristin Verette (Saugus, Mass.) made the NEC All Rookie Team.
Junior Justin Swidowski (Cinnaminson, NJ) and Junior Shane Gibson (Killingly, CT) lead the Pioneers to the season opening win over Hartford, with a score of 70-50. On November 15th the Pioneers defeated Stony Brook with an impressive score of 74-63. They opened the Northeast Conference slate with a 68-55 defeat at Quinnipiac. This was the end of a five game losing streak against the Bobcats. The Pioneers power past Lafayette on December 11th. Ten days later, on December 21st, Junior Shane Gibson (Killingly, CT) scored his 1000th Point in a game against Boston College. Junior Shane Gibson (Killingly, CT) was named to the 2012 All-Northeast Conference first team on Tuesday, February 28th. He also earned a spot on the 2012 Lou Henson All America team. The last win of the Pioneers successful season was on January 21st against the Central Connecticut State University Blue Devils. This was an exciting win with a final score of 62-61. The Pioneers will continue to make Sacred Heart University proud as time goes on after this successful season.
The Sacred Heart Pioneers Women's Basketball team prevailed against Siena in the season opener with a score of 62-45. On November 22, the Pioneers were victorious against Colgate with a 21 point run and a score of 78-51. The Pioneers picked up their first Northeast Conference win with an impressive score of 53-40 against the CCSU Blue Devils. They defeated Central Connecticut State University again on January 21, 2012 to remain unbeaten at home at this point in their season. Senior Cailan Taylor (Overland Park, Kan.) got her 1000th rebound on January 23 against Quinnipiac. Senior Cailan Taylor was also named to Capital One Academic All District Team for the 2nd straight year in a row. On February 27th the Pioneers had an exciting overtime win which clinched their fourth NEC regular season title against Robert Morris. The highlight of the season was on March 18th when the Pioneers faced off against Georgia Tech in the NCAA tournament. The highlight of the season was making it to the NCAA tournament and playing against Georgia Tech. The Pioneers finished with a strong season and have a promising future for seasons to come.
On February 25th, with the help of all four seniors, the Sacred Heart Men's Ice Hockey team beat the Army Black Knights in a solid 5 - 3 win. Eric Delong (Oakville, MB) hit the puck with a perfect far-post pass for a one-timer and the game-tying goal at 4:07, as Matt Gingera scored the second Pioneer goal on assists from Drew George (Regina, SK) and Chad Filteau (Regina, SK), giving the Pioneers a 2-1 lead with 1:59 remaining in the first period on the 100th point of his career. On February 24th, both Matt Gingera and Eric Delong scored twice, helping lead the Sacred Heart Men's Hockey team to a 5 - 3 victory over Army Saturday night in the regular season finale to complete a weekend sweep of the Black Knights. With the support of their entire team and coaches, the Men's Ice Hockey team had a successful year.
On January 3rd, the Sacred Heart Women's Hockey team scored 4-1 against Wesleyan in the consolation game of the Codfish Bowl, hosted by UMass-Boston. The Sacred Heart Women's Hockey team earned a tie and a win in a two-game series on the road against the University of Southern Maine Huskies, skating to a 1-1 tie, before winning 4-1 on January 10th. On January 27th the Pioneers outshot the Rams 12-4 in the final period to seal a 6-4 victory. The Sacred Heart Women's Hockey team completed a weekend sweep of the University of Rhode Island Rams with a 6-3 victory on January 28th, at the Wonderland of Ice.
On March 31st, the SHU Men's Volleyball team defeated Rutgers-Newark, 3-1, in an EIVA clash inside the William H. Pitt Center to snap the Pioneers' 11-game losing streak. Bradley Borsay (Richmond, RI) hammered down 15 kills, including one on match point, to pace the SHU offense in the victory. Nick Hunt (Uniondale, NY) also reached double figures with 12 kills while freshman setter John Lutjen (Smithtown, NY) totaled 42 assists. On February 11th, there was a 5-set event that took over two hours; the Sacred Heart Men's Volleyball team came back from a 2-1 deficit to defeat the George Mason Patriots at the Pitt Center. Nick Hunt (Uniondale, NY) racked up a match high 23 kills while Enzo Mackenzie (Rio de Janeiro, Brazil) and Bradley Borsay (Richmond, RI) notched 15 and 10 kills, respectively. The SHU defense played well in the win. They had a fairly successful season and show much promise for the future.
The Sacred Heart Women's Volleyball Team to their first win of the season over Holy Cross 3-0 in the first game of the Beanpot Classic, on August 24th. The Sacred Heart Women's Volleyball Team's 3-0 defeat of Dartmouth in Game 4 of the 2012 SHU Hampton Inn Shelton Invitational, which occurred on September 8th. On November 19th, the Sacred Heart Pioneers Women Volleyball team battled their way to a spot in Sunday's Northeast Conference Championship Match with a hard fought 3-1 win over Central Connecticut State at Long Island’s Wellness Center. On November 20th, claimed the 2011 Northeast Conference Championship with a dramatic 5-1 victory over Long Island. This gave them a ticket to the NCAA tournament. They played very well against Stanford but were unable to come out with a win. The Women's volleyball team will continue to make Sacred Heart proud.
The Sacred Heart Field Hockey team opened their 2012 season on August 24th scoring three second half goals to come away with a 3-1 win over visiting Towson University on Campus Field.

Senior Kate Boyd (Nottingham, NH) scored twice to rally the Pioneers back from down 1-0 for the win. On September 2nd, the Sacred Heart Field Hockey team improved to 2-1 on the season with a come-from-behind 2-1 win at Holy Cross. September 3rd was successful when freshman Liz Bergman (Blandon, PA) scored with about a minute left in double overtime against Harvard, lifting the Sacred Heart Field Hockey team to a second come-from-behind 2-1 win. Freshman Liz Bergman was also named Rookie of the week in the first week in September.

September 14th, Sarah Bergman (Blandon, PA) scored two second half goals, including the game-winner on a penalty stroke, to lead the Sacred Heart Pioneers to their third straight victory with a 2-1 come-from-behind win against the UC Davis Aggies at Campus Field.
The Pioneer varsity 8+ team took fourth in the conclusive race of the day, on April 14th. The Pioneers had 15 rowers compete at the event with 13 bringing home a medal at the Spring Metropolitan Regatta on May 2nd. Sacred Heart had an excellent showing winning a silver medal in the women's varsity 4 and a bronze medal in the women's varsity 8 races. The NCAA announced their Public Recognition Awards with the Sacred Heart's rowing teams being recognized for their academic achievements on May 18th.
The Pioneer track team started their indoor season with great strength. The Men had their 14th successive Collegiate Track Conference Relay victory team title, in December. The women had their 15th consecutive Collegiate Track Conference Relay victory team title. Seniors Athalia and Chantal Smith (New Britain, CT) won first places in the Women's Weight Throw Relay. Sophomore Britney Lane (Greenwich, NY) and Jeremy Rosado (Brooklyn, NY) were both honored as Northeast Conference Women's and Men's track athletes of the week for their performances during the CTC relay. The week of December 10, Senior Ashley Matakevich (Stratford, CT) qualified for the ECAC championships for her hard work in both the triple jump and the long jump during the Harvard Open. After only two weeks the Track and Field team had received 7 NEC awards. The New England championships ended the track season with the men placing 7th and the women placing 2nd.
The Sacred Heart Pioneer Softball team had a great start at the Rebel Spring games during the week of March 12. They defeated Holy Cross, Detroit, South Dakota and Bucknell. Junior Nicole Sidor (West Vancouver, BC) was named the Northeast Conference pitcher of the week. They continued to collect victories when they faced off against both Coppin State and Mount St. Mary's.

Another well-earned win came against long-time Sacred Heart rival Fairfield University on April 12.

On April 25th the Pioneers defeated the Stony Brook Sea wolves in a close game with a score of 8-7. Junior Nicole Sidor (West Vancouver, BC) tied the all-time single season Homerun Mark. A special highlight of the season was the opening of the new pioneer park.

As a mark of the accomplishments of the season, sophomore Jade Bowins (Frederick MD) and Junior Nicole Sidor (West Vancouver, BC) both earned a spot on the 2012 All-Northeast Conference Second Team.
Sacred Heart Pioneers baseball team had their first win of the season against Pittsburgh on March 6th. The Pioneers defeated the Central Connecticut State University Blue Devils during the conference opener on March 16th. On March 23 the team had an impressive double victory against St. Mary's. On April 23, Nick Leininger was named Northeast Conference Pitcher of the week. On May 12 the Pioneers defeated Monmouth and earned their place in the Northeast Conference tournament. During an impressive season junior, John Murphy (Seymour, CT) and sophomore Dan Perez (Seymour, CT) both earned All-Northeast Conference baseball honors. On May 18, the pioneers defeated Monmouth and made it to the Northeast Conference Championship. For the second consecutive year the Sacred Heart Pioneers won the Northeast Conference Championship. This was the culmination of an extremely successful season.
The first win of the season came for the Sacred Heart Pioneers Lacrosse Team on February 26th. This was an exciting win for the team against longtime rivals, the Marist Red Foxes. The Pioneers then went on a winning streak defeating both Mercer and Manhattan during the month of March. During the beginning of April, the Pioneers started the beginning of the North East Conference with a strong victory against the Wagner Seahawks. Freshman Tim Caton (East Rochester, New York) was named the North East Conference Rookie of the Year by the coaches within the conference. Freshman Mike Mawdsley (Innisfil, Ont.) was named the Offensive MVP by the coaches of the team. Senior Zach Frank (Islip Terrace, New York) was named the Pioneer’s Defensive MVP. The lacrosse team has had an eventful season and will continue to grow into their talents and strengths in the upcoming seasons.
On March 2nd, Junior Kaitlin Rochler’s (Wading River, NY) six goals led the Pioneers to a 20-13 win over Niagara. On March 23rd, the Pioneers were victorious in NEC Opener, 22-8 Over LIU Brooklyn. The Sacred Heart women’s lacrosse team expunged a 7-5 halftime discrepancy with seven second half goals on their way to a 2-0 start to Northeast Conference play, beating Wagner 12-10 on March 25th. SHU improved to 4-7 and 32 in the Northeast Conference with the win against Robert Morris on April 5th. On April 17th Sacred Heart ended a PA Road Swing with 14-11 win over Saint Francis. SHU clinched a NEC Tourney Berth and a #1 Seed with a 10-9 win over CCSU on April 22nd.
The Sacred Heart Men's Golf Team opened the 2012 spring season playing at the Lonnie Barton invitational at The Club at Savannah Harbor hosted by LIU Brooklyn. They finished second at this event. On April 7th, the Pioneers finished fifth at the 2012 New England Championship. The team finished with a team score of 620 over the two day, 36-hole event. During another successful match for the Golf team on April 15th, junior Joshua Salah (Gloucester, MA) took home the individual title at the Rhody invitational at the Green Valley Country Club. Salah led the Pioneers to a second place finish at the event. On May 15th, Salah was named the 2012 NEC Golfer of the Year after a stellar third year in which he posted five top-10 finishes over the course of the season. Salah along with senior, Leopoldo Garcia (Guaynabo, Puerto Rico) were named to the All-NEC first team.
Women's Golf

The Sacred Heart Pioneers Women's Golf Team started off their season on a great note. The Pioneers finished in eighth place in the Spider Spring Invitational held at Richmond University on March 27th. Sacred Heart finished ahead of all but one of their Northeast Conference rivals in the team competition trailing Central Connecticut State by just one stroke in the final standings.

The Sacred Heart women's golf team traveled to West Hartford on April 27th to participate in the Hartford Women's Invitational held at the Rockledge Country Club. The Pioneers finished in fourth place out of six teams, posting a two-round score of 656 at the Rockledge Country Club. On April 28th, Pioneers held on to third after Day Two of NEC Championships. They had a successful season and showed great promise.

This team will continue to make Sacred Heart proud in their future seasons to come.
Pioneer Women’s Bowling has had a terrific season. The #3 SHU women’s bowling team compiled a 10-5 record and finished in third place among elite competition at the Kutztown Invitational on January 29th which, was one of the most competitive tournaments of the season. Number two in the state, the pioneers finished the Northeast Conference regular season in second place. On March 5th, Sacred Heart defeated the number one team, Fairleigh Dickinson, to claim the Northeast Conference Championship. Jackie Carbonetto (Blauvelt, N.Y.) of the Sacred Heart Women’s Bowling Team finished second in the 2012 North Pointe Junior Gold Championship presented by Brunswick. The second-place finish cemented Carbonetto’s spot on Junior Team USA 2013, a lifelong goal for the First Team All-American. This team shows exceptional promise for the coming seasons, the Pioneers will make Sacred Heart proud.
A pair of Pioneers qualified for the IHSA Western Regional Finals, which was held on March 11th at Mount Holyoke College at 12 pm. Six more Pioneers qualified for the IHSA Hunt Seat Regional Finals, to be held on March 31st at Connecticut College. Senior Adrianna Dattoli (Woodcliff Lake, NJ) and sophomore Ailie Bucens (East Moriches, NY) qualified in the Novice Fences and Intermediate Flat events. Sophomore Arielle Pagano (West Islip, NY) qualified in the Walk/Trot/Canter event. The Sacred Heart University equestrian western team was in action on Saturday, February 11th, competing in two competitions at Mount Holyoke College in South Hadley, MA. Sacred Heart finished first in the show receiving the Reserve Champion High Point Team award.

Pioneers took on South Dakota State and Compete in Zone 2, Region 5 IHSA Competition on February 19th. The Pioneers finished in third place for the competition with 31 points. The Pioneers showed great promise and will continue to do well in their upcoming seasons.
CLUB SPORTS:

RESHUPE

INGREDIENTS:
3 Pounds of Teamwork
5 Pints of Enthusiasm
4 Teaspoons of Persistence
1 Dash of Competition

METHOD:
Combine these ingredients together for a sweet mixture.
CLUB SPORTS:

RESHUPE

INGREDIENTS:
3 POUNDS OF TEAMWORK
5 PINTS OF ENTHUSIASM
4 TEASPOONS OF PERSISTENCE
1 DASH OF COMPETITION

METHOD:
COMBINE THESE INGREDIENTS TOGETHER FOR A SWEET MIXTURE.
Bowling

Dance Team
Figure Skating

Gymnastics
Ice Hockey

Field Hockey
Men's Lacrosse

Sailing
Volleyball

Weightlifting
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*Sacred Heart University*
*W.R.F.C.*
*NCBA*
Sacred Heart

W.R.F.C.
CLUBS:

3 Cups of Organization
2 Ladles of leadership
4 Teaspoons of Dedication
Topped with delegation

Mix well for an extra zest-y taste!
American Sign Language

The American Sign Language Club exposes sign language to the SHU community and surrounding area. Students can learn sign language and the club can assist those taking the American Sign Language course.

Ballroom Dance

In the Ballroom Dance Club, members participate and lead activities. They enjoy learning the Waltz, Fox Trot, Triple Swing, Single Swing, Salsa, Merengue, and Tango.
Best Buddies

Top- Amanda Baillargeon, Shannon Epaky, Elizabeth Depron, Kellie Mason, Kristen Buckley
Bottom- Brittany Robotti, Kimberly Kerney, Brooke Celembo, Alyssa Baldauf, Sarah Burkart, Kristina Valentino, Tori Gardner

Biology Club

Top- John Courville, Jessica Atkinson, Corianna Mascena, Andrea Baronc, Jessica Openehav, Matthew Le
Bottom- Samantha Kee, Megan Lynch, Danielle Burkart, Nicole DeiGreco, Justine Amejo, Danielle Gallagher
Business Administration

Top: Melissa Poli, Rob Reichenbach, Michelle Marchese
Bottom: Silvestro Accettullo, Nicole Senstoen, Caroline Van Wart

Criminal Justice

Rebecca De Celle, Tyler Durham
Italian Club

Top- Kenneth Giordano, Danielle Langlois, Francesca Varriale, Victoria Pacher
Bottom- Christina Ciffo, Alyssa Santos, Michelle Grocendia, Joseph Randazzo

La Hispanidad

Top- Jeffrey Kim, Brent Middleton, Gregorio Castellano, Megan Pathoomvah, Annmarie Goyzustia, Jaclyn Fable, Kristen Scallano, Micky Amphonedia, Sherrod Williamson
Bottom- MichaelDiese, Mauricio A. Vallejo Jr., Justin Cardo, Jenny Loun, Artza Negron, Juan Rayees, Jessica Baldizon, Jennifer Valle
Peace By Justice

Top: Alinda Yu, Lindsey Holinko, Shawnee Zyskowski, Brent Middleton, John Courville, Ross Breton, Kelly Nielsen, Lindsey Hemmel

Bottom: Mary St. Thomas, Elizabeth Maestrocola, Matthew Cole, Samantha Fasanello, Kevin Hees, Margaret Borchardt

Not Pictured: Trevor Kelly, Eliesha Phette, Mary St. Thomas

Pre-Physical Therapy

Top: Caroline Bertram, Emily Calabrese, Garrett Wadsworth, Charlie Brunckhorst, Brian Wadsworth, Megan Hubert, Danielle Beier

Bottom: Sarah Wallis, Annalee Hurley, Michela Piersanti, Kaitlyn O'Gara, Nicole Fiorino, Nicole Riggo
Rotaract

Top - Nicole Thou, Nora Geller, Brent Middleton, Gregorio Castellano, Jennifer Valle, Christina Joerg
Bottom - Heather Farnell, Katie Nichole, Jessica Baldjonz, Sophia Toromanidou, Cassie Maiz
Not Pictured - Christine Loceri, Kelly Moulton, Anita Negron

SHU Force

Executive Board: Erika Petillo, Ali Kowalsick, Ariana Morrow, Jess Foley, Meg Guerzen, Christine Loceri
Student Evente Team

Top: Erin McGunigle, Brian Harrison, Kelly Taylor, Emily Cordero, Ashley Whelan
Bottom: Laura Berey, Sarah Tully, Colleen Greffey, Adriana Rocco

Sports Management

Top: Maddie List, Matthew Graziano, Octavia Pierce, Martin Horak
Bottom: Richard Wendel Jr, Nicholas Stephan, Del Roccio, Jamie Barnakian,
        Micky Amphonedara, Paul Guarino
Student Government E-Board

Top: Kieran McGinl, Michael Garurato, Collen Caffey, Annia Rouzi, Andrew Scottish, Mike Wright
Bottom: Katie Gallagher, Lauren Kail, Sara Burkhead, Mia James

ACADEMIC CLUBS
- Accounting Club
- American Chemical Society
- American Medical Student Association
- Biology Club
- Business Admin Management
- Computer Science
- Criminal Justice Club
- English Club
- Exercise Science Club
- Finance and Economics
- Health Science Club
- History Club
- Math Club
- Pre Occupational Therapy
- Pre-Physical Therapy
- Psychology Club
- Social Work Club
- Student Athletic Training Organization
- Student Nurses Association
- Sports Management
- Student Investment Team
- Media Clubs
- Pioneer Magazine
- Shu Box Channel 3
- The Pulse

MULTICULTURAL CLUBS
- Gay/Straight Alliance
- Italian Club
- La HISPANIDAD
- Umoja

RECREATIONAL/SOCIAL CLUBS
- American Sign Language
- Ballroom Dance Club
- SHU Force
- College Democrats
- College Republicans
- Fashion Club
- Heart Attack
- National Residence Hall Honorary
- Students Today, Alumni Tomorrow
- Service Clubs
- Active Minds
- Best Buddies
- Are You Autism Aware?
- Habitat for Humanity
- One Campaign
- Peace by Justice
- Rotaract Club
Funny Club

Biology Club

La Hispanidad

Sports Management
Pictures

Boot Buddies

SHU Force

Student Events Team
GREEK LIFE:

Ingredients:
3 Pounds of Friendship
4 Cups of Respect
2 Teaspoons of Charity
Lightly sprinkle the top with Creativity

Method:
Mix ingredients thoroughly
Pre-Heat the oven to 375 degrees
Set aside to cool and enjoy this splendid dessert!
GREEK LIFE:

Ingredients:
3 Pounds of Friendship
4 Cups of Respect
2 Teaspoons of Charity
Lightly sprinkle the top with Creativity

Method:
Mix ingredients thoroughly
Pre-Heat the oven to 375 degrees
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2012 EXECUTIVE BOARD

President - Laura Bercy
Secretary - Sara McGee
Recruitment Chair - Nicole Cottleman

Vice President - Lizzy Bennett
New Member Educator - Ariana Pappas

Treasurer - Meaghan Duval
Personnel Chair - Haley Turner
Panhellenic Delegate - Amanda Marano
2012 EXECUTIVE BOARD

President - Rebecca Benjamin
VP of Member Educator - Rochelle Graveline
VP of Operations - Theresa Manley
VP of Standards - Meghan Holmes
VP of Community Service - Kristine Holmes
VP of Public Relations - Victoria Catuogno

VP of Membership - Brooke Hadfield
Treasurer - Kristen Sciliano
Secretary - Alexa Ameo

KAPPA DELTA
KAPPA PHI

2012 EXECUTIVE BOARD
President - Gina Malatesta
Vice President - Amanda Carilli
Secretary - Gianna Allen
Treasurer - Jackie Bruno
Sargeant at Arms - Samantha Mentore
New Member Educator - Jennifer Porti
Philanthropy Chair - Andrea Coronis

PanCan Funds Raised 2,500
2010
2012 Executive Board

Archon - Jillian Fortunato
Vice Archon - Kristin Tusa
Member-at-Large - Alexandra Galan
Secretary I - Alicia Fiset
Sisterhood Development - Kimberly Kuhfahl
Treasurer - Gwen Burdige
Secretary II - Cara Cahill
Membership Recruitment - Amanda Stuart
THETA PHI ALPHA

2012 EXECUTIVE BOARD
President - Sarah Burkart  Vice President - Ashley Morton
Parliamentarian - Mia James  Recording Secretary - Stephanie Walters
Corresponding Secretary - Lauren Bonistalli
Treasurer - Erin Puschak
Pledge Sister Educator - Taylor Filanowski
Recruitment Chair - Nicole Mieczkowski
OMEGA PHI KAPPA

2012 EXECUTIVE BOARD

President - Steve Rubin
Notary - Craig DeCeasre
Sargent at Arms - Louis Montes

Vice President - CJ Bazzille
Bursar - Eugene Pedroli
Historian - Corey Grant
SENIORS

RESHUPE

5 CUPS OF NOSTALGIA
3 TEASPOONS OF PRIDE
4 QUARTS OF ACCOMPLISHMENT,
TOPPED WITH INSPIRATION

METHOD:
STIR THIS MIX UNTIL BLENDED
TO PERFECTION!
SENIORS

RESHUPE

5 CUPS OF NOSTALGIA
3 TEASPOONS OF PRIDE
4 QUARTS OF ACCOMPLISHMENT,
TOPPED WITH INSPIRATION

METHOD:
STIR THIS MIX UNTIL BLENDED
TO PERFECTION!
Senior Messages

Dear Jenna
You have grown up to be such a bright and amazing woman. Words can't express how proud we are of you! Forever you will be our little girl.
We love you, Mom & Dad

Jenna Angelucci

Time has passed by quickly, Baby Gina! You have accomplished so much in four years, had fun, worked very hard, and never lost sight of your goals! We know your true spirit of giving and helping others will benefit you greatly in your nursing career. We are so proud & love you very much! Mom & Dad

Gina Belfiore

Dear Samantha, Four years have gone by so fast! You are a very determined young lady and always make us proud. We love you very much, you are a very special daughter and big sister.
Mom, Dad, Sabrina & Julie

Samantha Cappelli

Nicole
Congratulations
We are so proud of you, graduating a semester early, on the Dean's list and continuing with your graduate studies. We wish you success, love and happiness. You're a very special daughter.
Love Mom and Daddy, XOXO

Nicole Cole

Marc,
We are so proud of you. You've worked very hard to achieve your goals, and we wish you a wonderful and successful life. With love,
Mom, Dad, Grandma, and Raeanne xo xo

To Our Dearest Daughter Kelsey,
Congratulations! We are so proud of you and all that you have accomplished! Live, Love, Laugh! Never forget who you are!
All our love, Mom, Dad, Lindsey and Scott

Mark Gratta

Kelsey Hanley

Congratulations Andrea!
We are so proud of you and wish you continued success in the future.
Love, Mom, Dad and Leanne

Andrea Hogan

As you explore and develop your unique talents, remain humble, and realize that your extraordinary abilities are gifts from God. Know that the most important possessions in life are honesty, integrity, and the desire to make a difference. We are very proud of you.
Congratulations, Ellie! - Mom & Dad

Ellie Kowal

Alex, With profound respect and admiration, we have watched you create the foundation of your future. Your passion will enable you to succeed at whatever you put your mind to.
All our love,
Mom & Dad

Alex Stange

Rock Anthony Tate, Jr.: #8 in football,
#45 in lacrosse
and #1 in our hearts!
God has blessed you in your life at SHU. We are so proud of your accomplishments.
Love, Dad, Mom and Linda xo

Rock Tate

Our dearest daughter Tiffany,
Our best wishes for you is a lifetime of happiness and fulfillment. May all of your dreams come true!
We are very proud of you.
Love Mom and Dad

Tiffanymarie Toro

Zak,
Your years at SHU have provided you with many wonderful friendships and remembrances of your time together. We have never-ending support for all you do or believe in. Congrats!
Love, M, S&E

Zachary Turner
MARIA,
YOU ARE AN INSPIRATION WITH YOUR GOD GIVEN TALENT. MAY HE ALWAYS BE YOUR GUIDE IN YOUR JOURNEY THROUGH LIFE.
LOVE, YOUR FAMILY.

DEAREST SAMANTHA,
YOU HAVE ACCOMPLISHED A MAJOR MILESTONE IN YOUR LIFE. YOU HAVE MADE US SO PROUD OF THE INDIVIDUAL YOU HAVE BECOME AND WE KNOW THAT YOU WILL BE VERY SUCCESSFUL. COOKIE, GO AFTER YOUR DREAMS... YOU DESERVE THEM ALL. CONGRATULATIONS!
LOVE, MOM, DAD, MARK AND FLUFFY TOO

OUR BEAUTIFUL DAUGHTER IS A COLLEGE GRADUATE AND DAD, MOM AND MICHAEL COULDN'T BE PROUDER. THIS IS AN INCREDIBLE ACCOMPLISHMENT AND WE ARE SO HAPPY TO BE ABLE TO SHARE IT WITH YOU. WE LOVE YOU ALWAYS.

CONGRATULATIONS, PAT!
WE ARE SO PROUD OF YOU! YOU FILL OUR HEARTS WITH LOVE & BRING JOY & LAUGHTER INTO OUR LIVES. WE WISH YOU A LIFETIME OF HAPPINESS, LOVE, MUCH SUCCESS & Fulfillment. OUR LOVE, ADmiration & Support are with you always. WE love you very much!
LOVE, MOM, DAD, JAMES, Tom & Nick xoxo

DEAR JACK,
WE ARE ALL SO PROUD OF YOU! OUR WISH FOR YOU IS A LIFETIME OF HAPPINESS, HEALTH AND AN ENDLESS SUPPLY OF SKITTLES.
LOVE ALWAYS,
Mom, Dad, Mike, Chris, Cal, Cat, "B", Anna, Denis

CONGRATULATIONS CHRIS!
CHERISH YOUR SHU EXPERIENCES & ACHIEVEMENTS AND WELCOME YOUR FUTURE. STAY THE SAME GREAT PERSON YOU’VE ALWAYS BEEN. WE ARE PROUD TO BE YOUR FAMILY & WISH YOU SUCCESS IN ALL THAT LIES AHEAD.
"WHEREEVER YOU GO, GO WITH ALL YOUR HEART" ~ Confucius
LOVE,
Dad, Mom & Brendan

SWEET ARIEL
KINDNESS WILL OPEN DOORS, LOVE WILL LIGHT YOUR WAY, BELIEVING MAKES MIRACLES HAPPEN.
WE ARE SO PROUD OF WHO YOU ARE!!! WITH ALL OUR HEARTS, WE LOVE YOU MORE THAN ANYTHING!

MOMMY AND LEA

DEAR MEAGAN,
WE ARE SO PROUD OF YOU.
ALWAYS STAY TRUE TO YOURSELF & FOLLOW YOUR HEART. CONTINUE TO WORK HARD AND MAY ALL YOUR DREAMS COME TRUE.
YOU ARE AN AMAZING YOUNG WOMAN. THE FUTURE IS YOURS, LIVE IT TO THE FULLEST. THE BEST IS YET TO COME. WE LOVE YOU SO VERY MUCH.
LOVE
Mom, Dad, Bobby & Maureen

CONGRATULATIONS RYAN!!
WE ARE SO VERY PROUD OF YOU.
LOVE, Mom, Dad, Jake & Tyler xoxoxo

RYAN URSO
Graduation Ceremony
Main Ingredients

Editors:
Erin McGunnigle- Editor-in-Chief
Ashleigh Betso- Assistant Editor
Sean Elliott- Photo Editor
Emerald McGunnigle- Graphic Designer

Advisor:
Amy Ricci

Photography Contributors:
Tracy Deer-Mirek
Bill Peterson
Club Sports Office
Funda Alp

Special Thanks:
Steve Russo and Balfour Publishing
Mark Kinney and Herff Jones Photography
Thank you Steve Russo and Amy for all your support and help!