A Journey in Time
Prologue 2001
Volume XXXV

Sacred Heart University
5151 Park Avenue
Fairfield, CT 06432
With a little help from Nick Piccalo, Steve Patno manages to keep the ball away from Heather Stockton and Luanne Centrella during flag football.

-Photo by Taryn Mahoney

Eny Chay shows off an evening gown during the International Fashion Show.

-Photo by Lynne Darling
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The 2001 Prologue is Dedicated To...

Phyllis Machledt

By: Julie Ferro and Tom Wuestkamp

Only one name comes to mind for someone who has gone above and beyond their job description here at Sacred Heart. That name is Phyllis Machledt. As the Director of Service Learning, she is constantly implementing new programs, such as Curtis Week on campus. She started this program as a sequel to Community Connections to help integrate students with ongoing issues in Bridgeport. Phyllis yearns to bridge the gap between the "rich" and the "poor".

When one looks into Phyllis' tiny office, it is clearly stated that she is a very busy lady. Papers are stacked high, shelves are stuffed to the brim, while books, pictures, maps and albums are scattered about. Phyllis is so busy organizing community service activities that she doesn't have time to organize papers.

Phyllis helps students find the place they belong, or where they are best able to use their talents through community service. She integrates work-study and community service jobs with elementary schools in Bridgeport. Phyllis takes students into the classroom to tutor or be a classroom assistant, to work as an after school helper, or to engage in read alouds. Phyllis saw a need for help in the school systems, and decided to take action.

Phyllis has a heart for the underprivileged. She organizes soup kitchens, conferences, and the thirty-hour famine. Phyllis never backs down, and always discusses issues that no one wants to touch, such as poverty, inadequate housing, homelessness, and educational system defects. There are many social and economical injustices that go on while we blindly walk through our comfortable lives. Phyllis merely wants to open the eyes of the blind to this world, and by working with others, show them we can make a difference. "Every little bit counts" is one of her favorite encouragements, and is something she often emphasizes.

Phyllis has brought the community of Bridgeport into the school, bringing with it a greater awareness, appreciation, and most importantly, a call to take action to make a difference in the world around us.

"It is largely her influence that has been part of the foundation for my decision to go to Asia through the Peace Corps after graduation in May," states Angela Bowden. Phyllis is always willing to lend a hand, offer advice, and start something new. She doesn't do it for glory or fame. She does it because she has a heart for others. Phyllis is a great role model for the students of Sacred Heart University.
Other Nominees
Dr. Carol Batt

Dean Larry Wielk

Jocelyn Novella

Don Cook

Phyllis stands with Habitat for Humanity, and the house they built.

Phyllis is busy at work in her tiny office. - photo by Bill Woodruff
"The Choice of Two Paths"
By: Robert Frost

Two roads diverged in a yellow wood,
And sorry I could not travel both
And be one traveler, long I stood,
And looked down as far as I could
To where it bent in the undergrowth;

Then took the other, as just as fair,
And having perhaps the better claim,
Because it was grassy and wanted wear;
Though as for that the passing there
Had worn them really about the same,

And in both that morning equally lay
In leaves no step had trodden black.
Oh, I kept the first for another day!
Yet knowing how way leads on to way,
I doubted if I should ever come back.

I shall be telling this with a sigh
Somewhere ages and ages hence:
Two roads diverged in a wood, and I—
I took the one less traveled by,
And that has made all the difference.
My Journey

A Letter from the Editor

By: Julie Ferro

When I first took on the task of becoming Editor-in-Chief of the Prologue, I had many ideas I wanted to implement into the book. As time went on, some of the ideas remained, and can be found on these very pages of which you, the Sacred Heart University community, are about to view. Others, were just a passing thought.

A Journey in Time is the theme of this year’s book. The original meaning was to signify the journey or path we all take through our lives, and more importantly, our college careers. At times, we may deviate from this path, but after all, we are all traveling along the same long and winding road to reach our destination, whatever it may be. This is the road we follow for the rest of our lives.

For myself, this theme has a different, more personal meaning. This journey represents one year, my year as Editor. During my journey, I have experienced more life skills than I could ever imagine. It’s difficult to be a leader amongst your peers, and knowing when to draw the line between work and friendship. I have learned that it takes an extreme amount of respect, determination, praise and strong will. I have also learned that communication and delegation is an asset that we all possess, and can never be used overzealously.

Just as ideas flowed in and out of the office as a passing thought, the amount of time and effort that has been compiled to create this book is immeasurable. I hope all of you, Sacred Heart, can one day realize your journey, or at least part of it, and I hope it is as wonderful and as unforgettable as my journey here has been.
Clubs and Organizations

Taking a Detour

Sacred Heart University offers many clubs and organizations for students to partake in. The clubs on this campus give students a chance to expand and broaden their horizons and to make a difference on campus as well as in the surrounding community.

Clubs and organizations exist to reach a wide range of interests fitting the needs of the student body. If a club does not exist on campus, students are given the opportunity to create one.

Besides making a difference, students are taught valuable lessons which they can use for the rest of their lives. The most important lesson is the team effort and dedication that are needed in order for a club to function.

Julie Ferro
Student Government is the backbone of Sacred Heart, and encompasses all aspects of student life. It is composed of eight areas.

The Senate voices student concerns to the higher authorities on campus. It deals with issues such as parking, public safety, maintenance of the campus, and registration.

Greek Council brings all fraternities and sororities together. Their main goal is Rush, which is at the beginning of each semester. They also sponsor Greek Weekend and the Carnival.

The Council of Clubs and Organizations (CCO) makes sure all clubs are taking an active role in the SHU community. Each club must sponsor or co-sponsor an event and do fundraisers in order to keep their allotted budget. CCO also requires that all clubs participate in Open Houses to make incoming students aware of the activities available at SHU.

The Finance Board allocates funds taken from the Student Activities fee and distributes them to all the clubs and organizations. This money must be allocated fairly, and strict regulations apply for the good of the entire student body.

The Student Events Team (SET) is responsible for organizing events each week for the community. These events include BINGO, the spring concert, lectures, movies, comedians, Spring Week, and Christmas Week. It is composed of six committees to entertain both residents and commuters.

Student Government also places close watch on all the classes. These class officers monitor their fellow classmates and prepare them for their future at SHU. They must also successfully complete the goals set forth each year for their given class.

All in all, Student Government is for the betterment of Sacred Heart University. They are always looking for students to help and come up with creative ideas. So, the next time you rattle off a list of complaints about SHU, join Student Government and take an active approach at SHU.
Well, it has been an incredible year. Being a part of Student Government has been an amazing experience. Working with such dedicated and selfless people has been quite an honor. Your Student Government members have worked long and hard to make your year fun, exciting, and eventful. Your concerns and issues have been the heart of many meetings. As for the Sacred Heart University Student Executive Board, I have nothing but heartfelt gratitude and undying friendship. Through many tough decisions and difficult issues, the board has come through with flying colors. Some of my proudest moments have been shared with many of my fellow Executive Board members, i.e.: Camp Jewell, The Mock Accident, SOTUA, Community Service Projects, Elections, and the successful execution of all their events. It has been an honor and a pleasure to be a part of such an unbelievable team. I would like to thank all of Student Government for making this year one to remember and wish you all good luck in the future. I would also like to take this opportunity to invite and encourage all those that wish to better themselves as well as this University to become a part of Sacred Heart University’s Student Government. I promise that you won’t be disappointed, and hopefully your experience will be as wonderful as mine and many others.

Vimala George
Student Government President
The Class of 2001 had an amazing final year here at Sacred Heart University. The Class Officers started their year last summer with one goal in mind: booking the perfect Senior Week. The work began June 11, 2000 with the first major responsibility: the first Flea Market. This, along with ten other Flea Markets, the coordination of Midterm Baskets, and other projects helped the Class to plan one of the most extravagant Senior Weeks to hit SHU ever.

In addition to fundraising, the Class Officers worked to bring an array of different events to the Seniors. There was a kick-off Barbeque in September, a trip to Foxwoods, eight Pub Nights, and the event that marked the beginning of the end...2001 Hours. It was an extremely busy year, but it was well worth it because the Officers knew that they were doing everything they could to make the year the best that it could be for their fellow classmates. It was a year that many enjoyed and few will ever forget.

Eric Devine answers Becky Barnum's question. - photo by Alex Tomas

Tom Wuestkamp was the Master of Ceremonies.

photo by Jen Witte

Janna Beth Short, Becky Barnum, Caitlin Hurley, Carlos Rivera, Tom Wuestkamp, Farheen Shah, Pete Hahn, Bill Tarinelli, Dana Fusco, Lisa Cefalonii, Heather Brande

The class officers share a moment together.
Continuing
The Dream

The Class of 2002 is still continuing on its journey toward a destiny we are now building. As a class, we have come a long way since our first year here at SHU. This year, we have welcomed new members to our board, as well as a new advisor, Kelly McGill, to our team.

The big event for the Junior Class is traditionally the Winter Semi-Formal. The Class of 2002 presented the "Snowball" at Villa Blanca on December 9, 2000. It was hard work, and much dedication was needed, but the event was an extreme success. Community Service has been a main focus this spring with tables during the Easter Egg Hunt, a Big Brother Big Sister campus party, Habitat for Humanity, food drives, and basket donations.

The Class of 2002, along with the Class of 2003 and the Spectrum put together an awards publication for Unsung Professors. Based on suggestions from the student body, profiles of these Professors appear in the weekly edition of the Spectrum.

The Class Officers took pleasure in serving the members of 2002, and has hoped that the journey so far has been all the class has hoped for. The officers look to make this last year the journey we have all dreamed it would be. We thank you for your support and encouragement.

Back Row: Jessica Silva, Jen Coughlin, Debbie Fedele, Jaime Caffrey Front Row: Laurie Nagy, Kerl Blair, Courtney Proctor
We, the Class of 2003 are committed to broadening, deepening, and developing ourselves, not only as individuals, but also as members of our community.

We have undertaken an awesome responsibility by being elected officers of the Class of 2003. This privilege instills in us a sense of pride, which creates respect; an attitude visible in both our volunteerism and participation on campus.

This year, the Class of 2003 has carried out all of its goals with an unprecedented amount of enthusiasm. Some things that we have done this year are: the launching of SHU’s first ever class web site. We have participated in numerous community service projects. We have also sponsored such events as “The Blizzard of Bucks,” and the East Hall Christmas Party.

The Class of 2003 officers have made a commitment to every member of the class to settle for nothing less than the best. From a class comprised of only a few members last year, we have transformed our tiny group into a powerhouse team of dedicated and motivated people, working towards the same goal.

Remember that we are all here for each other and that we are, above anything else, a team comprised of individual efforts. Before we know it our time here at SHU will be up, so let’s make the most of every opportunity we have while paving the roads to our future!
A Memorable First Year

The Class of 2004 had an outstanding first year experience with Student Government. We have all had a great time and enjoyed every minute of our experiences. We kicked off the year with a fundraiser at the Family Weekend, which featured many prizes from various restaurants and businesses. Other fundraisers that we held were a bake sale and candy-grams.

The Class of 2004 had a great time providing events for the Sacred Heart University community, such as Open Mic Night, and Hot and Spicy Wing Night, featuring Karaoke. We also held entertainment and a raffle at the SHU Block Party. In addition, we raised money at Thanksgiving to provide dinner for four families, and also raised money to donate food to St. Luke's food pantry. Overall, this year has been all that we had hoped for. We would like to thank Sacred Heart University for a memorable first year.

By: Sean Hatch
Entering the World of Greek Life

By: Michelle Barretta and Bill Woodruff

Made up of over two hundred members, Greek Life is one of Sacred Heart University's largest organizations seconded only by athletics. Comprised of nine unique organizations, each adds their own element and personality to Greek Life. While each brotherhood and sisterhood is different, the members of each organization make up one very special family. Each organization successfully completed at least two hundred hours of community service this year, and as a whole, completed over three thousand hours of community service. Members of Sacred Heart's Greek Life pride themselves on being well-rounded individuals; involved in not only their respective organizations, but also a variety of other clubs, organizations and athletic teams.

Members of Greek Life will tell you that they are filled with pride every time they put on their letters. Greek letters symbolize hard work and dedication during the initiation process as well as the love and respect for the brothers or sisters of that organization. No matter what set of letters a person wears, a deep meaning and love is held inside each individual member. The letters represent a drive for personal betterment and the desire to make the world a better place.

Greek Life finds a sense of pride in providing a number of events and services for the student population to enjoy. Some of these activities and services include pub nights, sports days, scavenger hunts, the

Above right: Members of Greek Life visit the keg of root beer at the first annual toga party.
Right: Some of the sisters of Phi Omega Tau take a break from the rush party to pose for a picture.
Above: Brad Carson represents Lambda at the Greek auction.

Continued on p. 18
ΑΣΨ

Front Row: Albert Tecce, Robert Konover, Mathew Cuevas, Stephan Callari, Michael Lunetta, Brett Wallace, Middle Row: Javier Ortiz, Scott Urbanati, Rahul Shaw, Eric Divine, Michael Dipetro, Michael Kelly, Chris Anato, Alex Tomas, Back Row: Brian Wilbur, Charles Sousa, Kris Baffi, Nicholas Mazza, Craig Poulos, Andres Restrepo, Randall Dammers, Robert Blackburn, RJ Lavole, Joe Borgia, Kraig Hunter, Justin Vescovi, Chris Stapleton, Frank Torchia, Bill Weiss

ΒΔΦ

Front row: Tracie Cavanaugh, Melissa Martin, Heather Burton, Jennifer Slimeondis, Christina Kelly, Samantha Kelly, Carrie Curran, Middle row: Jesica Silva, Paula McComish, Vimala George, Nancy Monaco, Sarah Mytych, Nicole Rizzo, Suzanne Tryvin, Back Row: Nicole Flynn, Melissa Bellino, Shara Secondo, Samantha Beavdoin, Jenn Holcomb, Stacy Servideo, Dena Delindo, Katie Bryant, Theresa Drew

ΔΦΚ

Front Row: Aja Smiley, Tracy Nagle, Jessica Pelletier, Angela Stramaglia, Dawn Story, Tara Cangemi, Yvette Brown Ridge, Adrienne Stoddard, Back Row: Lillie Orellana, Marjorie Petit, Christina Domenech, Jeanne Sampson, Nakisha Grant, Renee Saez, Eliza Fuelle
blue light system, awareness vigils, safe walk and countless other events on this campus.

As the campus changes, Greek Life changes with it working to better the Sacred Heart community. This year, a new rush, the process by which prospective initiates choose the organization to which they are going to pledge, was run by a group of ten individuals under the name Gamma Rho. The Gamma Rho's hid their affiliations until the rush party in order to help the rushees make a more educated choice as to which organization they would join. Gamma Rho was comprised of one representative from each organization as well as two co-chairs Scott Urbiniatti and Amy Foster.

As with every year Greek Life wound down to the grand finale of Greek Weekend. Each year, Greek Life, as well as the rest of campus participates in a weekend of skits, dancing and celebration of all the hard work Greek Life has put forth this year. From skit night, to the king and queen competition, to the Greek Carnival and everything in between, a good time was had by all.

Greek Life is an integral part of Sacred Heart's campus. The dedication and pride of its members has made this year one of the best ever. From the first annual toga party to the Greek auction, the Greeks have managed to step it up, becoming one of the most active and successful groups here at Sacred Heart.

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All Greek Life Photography by: Ryan Greenfeld, Bill Woodruff, Taryn Mahoney, Julie Ferro, Sharon Power

Upper right: Amy Foster and Marl Laduca Of New Epsilon Omega at Delta Phi Kappa's Halloween Ball.
Right: The guys of Sigma Delta Chi caught with their pants down at the Greek Life group photos. Above: Lisa Casinelli Of Kappa Phi at Alphas lip sync.
K Φ

Front Row: Lauren Pacello, Kelly Ryder, Allison Maddolini, Lisa Milin, Jennifer Blisson, Julie Crudele, Back Row: Tara Bowler, Sheila Hilger, Kimmy Thiemann, Danielle Panesse, Jaime Ouellette, Elizabeth Tangney, Lisa Casindl

Λ Σ Φ

Front Row: Dan Foley, Sean Campbell, Brian Murphy, Nick Battaglia, Matt Arundale, Jay Gamsby, Garret Fox, Geoff Rick, Back Row: Bill Woodruff, Tim Mulvy, Keith markey, Steve Brine, Mike Prykuta, Dave Brown, Chris Kennedy, Ryan Cusland, Bill Borelli, Steve Disorbo, Matt Hales

N E Ω

Front Row: Molly Brennan, Kathy Rielly, Amy Foster, Cheryl Janus, Jen Pascoa, Katie Dowling, Middle row: Heidi Hagerstrom, Jessica Andrade, Danielle Panagos, Katie Semelerath, Dana Fusco, Nicole Hendrickson, Dana Mohrman, Kristen Engle, Back Row: Lauren Gabriel, Diana Maquiera, Katelyn Cassidy, Rachel Condon, Marl LoDuca, Chrissie Green, Erin Courtney, Stephanie Lombardo, Michelle Barretta, Chanele Chekan, Tania Maselli, Kelly Lavin, Siobhan O'Hagan

Greek Life
Well-rounded Greeks are Integral Part of SHU Culture

Far right: Dave Brown ties a pink ribbon onto the wire sculpture at Beta's candlelight vigil.
Right: Garrett Fox and Laurie Nagy give us a smile because they are now associate members of Greek Life at this year's rush party.
Below: Associates Of Beta Delta Phi show us just how cool a penguin can be.

Right: Brett Wallace of Alpha Sigma Psi at one of the many candlelight vigils sponsored by Greek Life.
Above: Jeanne Sampson Of Delta Phi Kappa takes a break from the Fall rush party to tell us how excited she is to start pledging.
Ω Φ Κ


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Σ Δ Χ

*Front Row:* Tim Dymond, Garrett Wernicka, Sergio Fortini, Frank Fasano, Chris Potanas, Brian Sullivan, *Middle row:* Chris economy, Andrew Permeace, Vinnie Jacaruso, DJ Dymond, Jeremy Bell, Kevin Scanlon, Howie Kent, *Back row:* Mike Lubert, Mike Yaremko, Don Pump, Doug Costanza, Tom Loyd, Mike Brinna, Joel Paul, Behle Burns, Dean Demori
Dancing into Finals

Although the Sacred Heart University Dance Team has only existed since the spring of 1994, its members have made quite an impact on this campus, especially this year. The team of 15 talented young women, led by senior captains, Diana and Laura Palmisano, support all athletic events and is a well-respected organization at this university.

During the year, the Dance Team has various responsibilities to carry out. They help promote school spirit at all home football and basketball games, as well as performing their half-time dance.

The 2000-2001 school year has been one of many exciting events and great accomplishments. The team also qualified to compete in two regional competitions. One took place on February 24th at Quinnipiac University where the team placed an impressive second place behind in-state rival, University of Connecticut by a mere two points. The other is the National Dance Alliance (NDA) Big Apple Classic, in New York City.

The culminating event for the dance team is the NDA National Competition in Daytona Beach Florida. For the second year in a row the team will travel to compete against the best dancers in the country. In April 2001, the team placed tenth among twenty-four teams.

In preparing for these exciting events, the team commits over 12 hours of their time a week to a rigorous practice schedule, making the Dance Team one of the hardest working groups on campus. The team improves each year and expects the same for the upcoming fall semester. All of its members can proudly say that they are a part of one of the most highly recognized and talented teams at Sacred Heart University.


Snapping their fingers, the girls keep the beat.

-Photo by Lynne Darling
Jaime Ouellette shows her moves on the field.  
- photo by Lynne Darling

The Dance Team is "Jumpin' Jumpin'.  
- photo by Lynne Darling

The girls pose in a number one position, recognizing the status of the football team.  
- photo by Lynne Darling
The Queens of Heart

By: Ann Little

Last year the Sacred Heart University Women’s Rugby team celebrated its rebirth and the adoption of a new team name the “Queens of Heart.” With unwavering dedication by its players, the squad doubled in size and made its presence known on campus. At Midnight Madness, dressed in decorated tee shirts, rugby shorts and bandanas to match, the ladies walked out victoriously with the most spirit and balance in the dizzy bat races. Later, in the fall semester, the Queens were named club of the month by C.C.O. and finished their fall season third in their division. This year the Queens of Heart are saddened to lose three irreplaceable teammates and friends. Tricia Costanzo, on team since her freshman year and Captain two years in a row, constantly reminded the girls that the reason any of them plays is to have a good time. She led through mutual respect and was an excellent teacher for younger players in all aspects of college life. Kathy Reilly, joining the Queens from Varsity Field Hockey in her junior year, quickly became a “big sister” to all the girls, being easy to admire and look up to. Playing in the pack, she picked up the nickname “Assassin” from her aggressive playing style on the field as much as off. Erin Healy, joining the Queens from Women’s Basketball in her junior year, was dubbed instantly the angel of the team for her compassionate and genuine nature. Her dependability extended on and off the field with constant motivation and support.

The Queens of Heart wish these women the best of luck in all their endeavors, they will not be forgotten and have a permanent place in all our hearts. Whatever new heights the team reaches, it could not have been done without them.

Back Row: Kathy Reilly, Daniela Catanese, Meagan Walsh, Megan Houlihan, Kristy Baker, Erin Healy, Meredith Laparle, Eileen Gillian, Kathleen Sideleau, Jen Mark
Middle Row: Melissa Demetrio, Denise Fuzle, Gail Sinner Front Row: Maureen McNamara, Danielle Panagos, Tricia Costanzo, Ann Little, Jeanine Amato, Mary Beth Morrissey, Brook Tonelli

Denise Fuzle runs with the ball away from an opposing team member. - photo by Lynne Darby
Sacred Heart assists their fellow teammate in attaining the ball.  -photo by Lynne Darling
Keeping their Momentum

By: Steve McCabe

Once again, the men's rugby team had an extremely successful season, continuing on in the winning tradition that they are known for. For the second year in a row, the X-Men had a pre-season in which they practiced nine hours a day to prepare for the season.

They started their season with a disappointing 10-5 loss to Columbia in front of an enthusiastic home crowd. But that would be the last time that they would taste defeat in their regular season.

The X-Men won their next six games to finish off their regular season at a record of 6-1. They outscored their opponents by an amazing score of 113-5. Their two biggest victories came against Hofstra and Bard, winning by scores of 30-0 and 51-0, respectively.

The team then traveled to the Metropolitan New York Conference Tournament at Rutgers University, where they played back-to-back games. Their first game was against a tough Montclair team, with momentum switching back and forth throughout the game. The X-Men proved to be the better team, scoring late in the game to ensure the 12-5 victory and earning them a spot in the Conference Championship Game against their old rival Columbia.

This was a tough game for the X-Men but they fought their way to the very end. Unfortunately, history repeated itself and Columbia once again was victorious, winning by the score of 16-0.

Their success in their Conference Tournament earned the X-Men a spot in the Northeast Regional Tournament with the #8 seat in the Northeast. At this tournament, they faced the #1 seat Yale. Yale was just too much to handle and the X-Men's season came to an end that day. Overall, it was a successful season and they look forward to next season when they will hopefully advance further and ultimately find themselves playing in the National Championship Tournament.
Sacred Heart makes a breakthrough in order to score.

Some teamwork is needed to capture the ball.

The men tackle each other to see who will get the ball first.
Cafe Chemistry

By: Shannon McCann

SHU's chapter of the American Chemical Society, is a group made of students from many different majors, not just chemistry. The main goal of the ACS is to make people in the community aware of the chemistry that is in our everyday lives. In October, SHU's chapter was honored with the "Outstanding Chapter" award for the fifth year in a row.

National Chemistry Week took place from November 4th-11th. Students were able to learn a little more about "Kitchen Chemistry." The goal was to show that chemistry is all around us, and during this week people looked at how it related to food, cooking, and the kitchen. The biggest hit of the week was when the ACS group made ice cream in the cafeteria by using Liquid Nitrogen. Students watched in amazement as one of the ACS members, poured the liquid nitrogen from a big drum into the bowl of ingredients and the end result was delicious ice cream. The ACS group also placed molecular formula labels on all of the salt shakers throughout the cafeteria, which said NaCl, in order to show people what chemicals they were placing on their foods.

This year the group traveled to San Diego, California in the beginning of April. At the convention some students presented research projects they had been working on over the past year. Also, the student affiliates together presented a poster, "Cafe Chemistry", which displayed the activities, community service, and fundraising they had been working on over the past year. During the week the group also had a chance to walk around and talk with others about their research to see what is happening in the world of chemistry.

This club is simply meant for people who have a curiosity about science, and want to learn and teach others just how much fun it can truly be.
Shannon McCann stirs the ice cream while Dr. Farber pours the liquid nitrogen in. -photo by Bill Woodruff

Elizabeth Mangione stands by her research poster during her presentation in California. -photo by Shannon McCann

Joy Simeone and Elizabeth Mangione watch as Vimala George performs the silver in a bottle chem demo. -photo by Shannon McCann
Musical Talents

By: Lana Barnes

Walk by the band room at SHU and you’ll hear music of all types floating out. The marching band, pep band, jazz band, and concert band, as well as private lessons always fill the room with beautiful music. Along with the bands, there is the Colorguard and Winterguard.

Marching Band blew their horns to such songs as “Kashmir,” “Black Dog” and “Stairway to Heaven.” Along with the Colorguard they performed at home football games and various pep rallies. They also traveled to high schools in CT and NY to show off their style in competitions. On St. Patrick’s Day, Band Director, Marvin McNeill, and Drum Major, Krista Metrinko, led the band and guard to Boston where they represented SHU in the annual parade.

Pep Band consists of highly spirited members of the band who cheer on the basketball and ice hockey teams at home games. They are the ones playing their hearts out to “pep” up the teams. The groups were asked by the Women’s basketball team this year to attend NEC Division I Tournament in New Jersey.

The Jazz Ensemble is another musical group that is offered to students. A serious effort is made to promote the growth and performance of jazz and related styles of music. They have been known to perform at pub nights and also in the East Hall lounge.

Concert band is considered a class at SHU and is open to all musically inclined students. This year the members are playing selections such as “The Lord of the Dance,” “Battle Hymn of the Republic,” and “Songs of Earth, Water, Fire and Sky.” Their year culminates with a concert in May for the entire SHU community.

The newest addition to the bands program is Winterguard. It is the integration of flags, wooden rifles, metal sabres, props and other interesting things to portray a theme or story to the audience. Thirteen girls, some of which have never had colorguard experience before, form the performance ensemble “Divine Terpsichore.” Their show is performed to the song “Happy Workers,” by Tori Amos from the movie “Toys.”

It doesn’t matter whether you can play a note or spin a flag. This program welcomes all that would like to join.

The talented members of the Winterguard practice for hours each day to get ready for their competition. -photo by Bill Woodruff

Lea Greco twirls her baton in front of the band during the half time show. -photo by Lynne Darling
The Winterguard gets ready to start a flag feature. -photo by Bill Woodruff

Lana Banes pops out of the box and waves to the audience. -photo by Bill Woodruff

The Marching Band and Colorguard await instructions from the drum major. -photo by Lynne Darling
A New Outlook

By: Keith Zdrojowy & Lee-Ann Galli

Although the story begins a few years back, with the humble beginnings of a student theatre club at SHU, this year alone has been full of more ups and downs than expected. Not only would the Players put on their best attended show to date, but also suffered the pains of being relocated.

Fall 2000 brought more than just excited Players back, but a brand new group of enthusiastic and talented freshmen. Richard McKinnon directed Don Nigro’s comical “Robin Hood” which included five scenes, musical numbers, political critiques and also the biggest audience at a student theatre production for Players’ to date.

The fall semester also saw the Players continuing their work within the community. Supporting the causes of other organizations, the Players helped out producing community awareness plays. In conjunction with Lambda Sigma Phi and their fight against date rape, the Players performed a powerful play called “Drawing the Shades”. Also, in support of Alcohol Awareness Week they performed monologues entitled, “Last Call” and for AIDS Awareness Week they did “Car Pool”.

During Christmas the Players performed, “How SHU Stole Christmas”. The show was entirely directed and produced by students. This was the last show the Players performed in the SHU Theatre.

Returning from winter break, the Players were ready to start work in their new home, Curtis Hall Community Room. Then, on Friday, January 26, 2001, Christopher Martin Bowley died at the age of 28 from pneumonia that had taken over his body. He was an amazingly talented, driving force behind the Players, and had encouraged, inspired, and supported many, if not all the SHU Players in their efforts. His sudden death struck a major blow to the Players. Forging ahead, the Players soon converted the Community Room into a black box theatre. The first show to appear in what is now unofficially called the Bowley-Newman Theatre was “Love, Lust, and Room Service” on February 24, 2001.

The cast and staff of Robin Hood. -photo by Bill Woodruff

A character from the play looks into the crystal ball in hopes of seeing into Robin Hood’s future. -photo by Bill Woodruff
The jester must not be as funny as she looks.

- photo by Bill Woodruff

The entire cast of Robin Hood looks in amazement at something in the sky.

- photo by Bill Woodruff

Robin Hood duels with another character. Who will win?

- photo by Bill Woodruff
Teaching Our Future

By: Rebecca Heath and Eric Penney

SHUSIFE is a Sacred Heart University chapter of an international organization called SIFE (Students in Free Enterprise). Founded in spring of 1999, this program has over 30 members dedicated to helping the Bridgeport community by incorporating business education and the principles of the free enterprise system. For the 2000-2001 school year, SHUSIFE has completed seven projects affecting over 500 members of the community, most of whom are children. Their accomplishments were presented in Hartford, CT at the SIFE Regional Competition where they were awarded 2 of the top honors, Regional Champions and Rookies of the Year. The group also qualified for the National Competition in Kansas City, MO.

This year SHUSIFE students as a whole, contributed over 2400 hours of their time to help make SHUSIFE a success. Their first prize winning project, Ad Affiliation 2001, focused on students from Bassick High School in Bridgeport. The goal of this project was for students to create an advertising campaign for three non-profit organizations in Bridgeport. SHUSIFE members taught the students the basic principles of advertising and how to apply them to the non-profits involved. These students learned how to use practical and real marketing skills.

The Resume Workshop project concentrated on preparing students at Bassick High School for entrance into the working world. SHUSIFE developed a three-phase program centered on obtaining first time employment without a college education. Other projects that were completed were the John Winthrop Soccer fundraising program, Proper Credit Use, Bridgeport Contract, and Seaview Avenue economic development project.

SHUSIFE is comprised of a greatly diverse and unique group of students, faculty, and business leaders. SHUSIFE’s advisor, Dr. Bridget Lyons, has been the most valuable asset and resource to the program. Co-founders and current Co-chairs of SHUSIFE are Carmine Perri and Eric Penney.

The members of SHUSIFE 2000-2001 - photo by Bill Woodruff

The SHUSIFE competition presenters smile for the camera. - photo by Bill Woodruff

Dr. Bridget Lyons is a teacher, friend and SHUSIFE’s Sam Walton Fellow - photo by Bill Woodruff
Colleen Brockmann convincing people to sign up and learn about credit | photo by Bill Woodruff

Eric Penney teaching at Bassik High about advertising | photo by Bill Woodruff

SHUSPE's competition is over...Let's eat! | photo by Bill Woodruff
Strengthening
the Bond

By: April Borgia

The Founding of our Heidi L. Rendahl NRHH Chapter began back in 1993, when Graduate Assistant, Heidi L. Rendahl, noticed that our Residential Life program was small and just starting. Heidi took the initiative and affiliated Sacred Heart University with NACURH (National Affiliation of College University Resident Halls) for the first time. It was not until 1994 that Sacred Heart University attended its first conference in NEACURH (North Eastern Affiliation of Colleges and University Resident Halls) region. After the first conference, current members wanted to know how to start the NRHH (National Residence Hall Honorary) chapter at Sacred Heart University.

The first selection process was handled by Heidi Rendahl, Laila Patino and Al Precourt (our current NRHH advisor) who devised a way to select the top 1% of those active within our Resident Halls. There was a couple of really dedicated members to this organization who along with the support of the advisors were able to program, attend conferences and submit “Of the Month”. NRHH has been around for six and a half years with the hope it will grow in conjunction with our Residential Life Program.

Throughout our growing pains, we have made many accomplishments that have affected the residence of Sacred Heart University. For starters, NRHH co-sponsored a Dance-a-Thon with IRC and UMOJA. We also won a Social Program of the month for December for the “Midnight Breakfast”. This year we decided to open our doors and try something new. Sacred Heart University has become the host site for the NRHH Presidents sub-transitional regional conference which was to be held in April.

NRHH was awarded the recipient of the regional “NRHH Building Block Chapter of the Year Award” through the region of NEACURH. This award was given to current members of Sacred Heart’s NRHH chapter for all of their improvements this past year.
After the ceremony, the newly formed NRHEI socialized amongst each other.

This year, new inductees included Becky Barnum, Tom Wuestkamp, Danielle Moreau, Sara Steinecker and Karyn Slisson.
Spreading the Word

By: Brian Corasaniti, Justin Lear, & Shannon McCann

Sacred Heart University has three media clubs on campus. The Spectrum Newspaper, WHRT Radio Station, and the Prologue Yearbook.

The Spectrum is the student run newspaper. Their philosophy as a newspaper is to publish the most important stories that effect the lives of SHU students. Be it positive or negative, the Spectrum strives to give the fairest coverage of the issues that directly impact the student body.

Some of these issues covered over the years have ranged from the first construction of on-campus housing, the hiring of Dr. Cermera as SHUS president, to the drive-by shooting at Parkbridge in 1997. This year they covered events like the installation of Bishop Edward Lort as fourth bishop of Bridgeport and the faculty’s attempt to form a union.

The Spectrum also serves as a voice box for those who want to have their opinions heard by the university community. The editorial pages are a way to encourage a wider debate about on campus issues.

Their role is to keep the readers of the publication informed and up to date about the major issues SHU is facing. Doing this, they are helping to raise the level of discussion around campus and that is what any good newspaper should do.

WHRT is the campus student run radio station. The station gives students the opportunity to get involved with an aspect of media which allows them to be heard through music and word.

Throughout the past year, WHRT has taken great strides as a radio station. With the addition of a new soundboard, computer, and other various equipment additions, WHRT believes the station can only get better. In the past year, WHRT has co-sponsored events including Sigma-palooza and the WHRT pub night.

Even though WHRT may seem small, what the station possesses is an opportunity to be something huge. With the help of everyone from the university WHRT will attain its goals and make the University proud.

Located in the little tiny office across from the Mahogany Room is where students work many long hours to put together SHUS yearbook. Prologue has continued to strive for excellence by representing the entire campus community in a yearly publication which is handed out to the students in the Fall. This hardcover book is dedicated to preserving Sacred Heart’s history for years to come.

Every Fall members of the staff attend the National College Media Convention where the students are able to attend different seminars about running a yearbook staff effectively and also seminars on how to enhance the upcoming book.

The goal of the Prologue and its staff is to provide the campus community with a comprehensive cataloguing of activities, academics, sports, and many other events which have occurred throughout the academic year. The staff tries to work together as a team to create the highest quality product that our university can be proud of.

Keith Zdrojowy takes a break in between tracks during his afternoon show. -photo by Jen Wittke
Get involved in one of the many Clubs and Organizations at SHU

**Academic Clubs**
- Accounting Club
- American Chemical Society
- Art Club
- Athletic Training Club
- Biology Club
- Computer Science Club
- Criminal Justice Club
- Economics & Finance Club
- Education Club
- Paralegal Club
- Pre-Occupational Therapy Club
- Pre-Physical Therapy Club
- Psychology Club
- Social Work Club
- Student Nurses Association

**Media Clubs**
- Media Studies Association
- Prologue Yearbook
- Spectrum Newspaper
- WHRT Radio Station

**Multicultural Groups**
- Caribbean Club
- Gay-Straight Alliance
- International Club
- Circolo Italiano
- La Hispanidad

**Performance Groups**
- Dance Team
- Pioneer Band Council
- SHU Players

**Recreational Clubs**
- Ballroom Dance Club
- Billiards Club
- Debate Society
- Environmental Club
- Men's Rugby
- Outing Club
- SHU Martial Arts
- Ski & Snowboard Club
- Women's Rugby

**Residential/Commuter Life**
- Hall/Commuter Councils
- National Residence Hall Honorary
- Residential Hall Association

**Service Groups**
- Circle K
- Habitat for Humanity
- P.E.A.C.E.
- Student Ambassadors

*Chris Economy tries out the new soundboard during his radio show.*
*Photo by Jen Wittek*

*Luanna Centrella tries to get her work done before the upcoming deadline.*
*Photo by Bill Woodruff*

*Mary Burbach and Andrea Koursares work on their layouts on the computer.*
*Photo by Bill Woodruff*
These two students are ready to hit the beach during the annual international Fashion Show.
- photo by Lynne Darling

Free Food! It must be Midnight Breakfast.
- photo by Bill Woodruff

Friendship makes the heart grow fonder.

Ed Njai and friends toast to another great year at SHU.
A SMU student models clothes from her native country at the International Fashion Show. - photo by Lynne Darling

These girls play the role of Christmas elves at the Helping Hands party. - photo by Bill Woodruff

During the Wacky Olympics, Steve McCabe and partner have to pass a life saver to each other.
Andy Erfurtz wins the Mr. SHU competition with his amazing hula hoop talents. - photo by Alex Tomas

Vic Postemski and Brandi Blevins chase one another on the tricycles for Shu-vivor. - photo by Kelly McGill

Jesse Saltmarsh and Marla DeBonis pose for a picture at the Winter Semi- Formal.

This Shu-vivor contestant tries to take the competition by eating as much watermelon as possible. - photo by Kelly McGill
During Skit Night, these sisters show off their creative moves. - photo by Julie Ferro

A group of students build a snowman during Winter Olympics.

To be a true Survivor, one must have many skills. - photo by Kelly McGill
The Black History Month celebration allows Nalara Azpirl to learn some new dance moves. - photo by Jen Wilke

Strength and Endurance allows this SHU student to show off his abilities.

This wrestler shows his support for the basketball teams. - photo by Alex Tomas

The Outpost staff wishes everyone a Happy Holiday.
John Higgins is not afraid to bare it all during the Mr. SHU competition. - photo by Alex Tomas

Jaime Caffrey attends a meeting in the ATM Conference Room. - photo by Kelly McGill

Marcus Kabore and Dr. Cerena pose for a photo at the Discovery Dinner.
The Spring Semi-formal is a time for students to let loose and have some fun. - photo by Kelly McGill

Victor Sanchez and Randy Pelkisson are ready for a night on the town. - photo by Lynne Darling

The sisters of Nu Epsilon Omega throw a holiday party.
Shu-sivor contestants pose for a late night photo. - photo by Kelly McGill

The RA's serve up some food at Midnight Breakfast. - photo by Bill Woodruff

Lambda Sigma Phi performs at Skit Night. - photo by Julie Ferro
As with any other University, student life is a big part of SHU. The majority of students live in campus dorms or apartment buildings, either on or off campus. Students are encouraged to participate in the various programs sponsored by their RA's and Hall Council.

There are many other activities that take place on campus. Most are sponsored by SET. Whether it is listening to a guest speaker, or crowding into the Outpost to see Boxer Short Night, there is something for everyone.

Student Life is about community and social surrounding. No matter where students are on campus, in a classroom, a dorm room, the Outpost, or Hawley Lounge, they are given the chance to get involved and become a part of the SHU community.

Julie Ferro
The kitchen on each floor provides students with a place to cook instead of always going to FLIK.

-Photo by Matt Park

Midterms can really stress students out, so they need to find some way to free their minds.

-Photo by Matt Park

Back Row: Nick Picciano, Karyn Sisson, Michelle Hutter, Frank Fasano, Pete Pereira, Laurie Homan, Mike Stanley, John Eacobacci, Cinnamon Green Middle Row: Dawn Storey, Anthony Reynolds, Debbie Dietzel Front Row: Taryn Mahoney, Dana Fusco

These girls enjoy a relaxing night with some pizza and soda. -Photo by Matt Park
If you're looking for rest, go to West. However, if you're looking for the dorm with a good sense of community, come to South. It may have a reputation for being the louder of the two freshman dorms, but it can appropriately be termed the "Social Dorm." Activities are often held, people are always awake and hanging out with friends never ends.

In recent years, South Hall has often been the winner of Community Competitions, because something is always happening. Neighbors visit each other, have movie nights, and just relax. Junior Michelle Scavone, an RA on the sixth floor, lived in South Hall her freshman year. "In my opinion, South Hall has always been a great place to live. If you're a first-year student living on campus, the dorm gives you a sense of community and makes you feel welcome." A freshman residing in South Hall can easily adjust to college life.

The Hall sponsors several events throughout the year. Floor meetings are held monthly, in order to organize activities such as holiday and birthday parties. Residents' birthdays are celebrated and also provide an opportunity for socializing. On Halloween, a party was held. Each floor did something different, like trick-or-treating and decorating hallways. Perhaps the most successful though, was the Haunted House on the third floor. Students arranged the hallway, so that others could visit the floor and get into the Halloween Spirit. Saturday nights also often mean pizza. The IRC orders pizza and sells slices for a dollar to hungry residents. These numerous events are enjoyed and appreciated by many.

Although South Hall residents may be exhausted at times, they don't seem to mind. The fatigue is a result of new friendships, fun, and laughs.
Beth Morrissey says hello to everyone who stops by to chat.

Lauren Drew and Rhiannon Amor show us their terrific smiles.

- photo by Gail Sinner

Back Row: Michelle Hubbard, Tom Ferguson, Gail Sinner, Nicole King, Ed Njai, Meghan Kavanaugh Front Row: Margaret Giuliano, Frank Torschla, Jen Jackson, Alice Walker, Jeff Tyner

Denise Bertolotti and Jamie Bell smile for the camera. - photo by Gail Sinner
West is the Best

By: Kara Brady

The smaller of the two freshman dorms, West Hall provides a decent place to live with distinct characteristics that its inhabitants could not miss. Towering over the academic building and right next to its mate, South Hall, West is six floors of students who are getting the hang of college life. Throughout all of its ups and downs, West Hall's resident assistants (RAs) deal with the craziness and keep everyone in order.

A common place to go and relax with your friends is the West Hall Great Room, located on the first floor. This spacious room is filled with couches, chairs, tables, a big screen TV, and always has people hanging out there. This room is used for many things, such as holding meetings or activities, sometimes the RAs put on dances, auctions, or other events for the freshmen. When it comes time for a big game, the Great Room is packed with fans and sports fanatics voicing their support or frustrations. The Great Room is a nice place to loosen up and socialize.

Anyone who lives in West Hall knows all of its little characteristics. The elevators are a common thing to discuss, whether they are broken, making funny noises, or just too slow. Whenever you enter West Hall you hear a variety of different things, such as blasting stereos, screaming girls, angry guys yelling at the game on TV, and the unmistakable chimes of AOL instant messenger. Some of these noises continue late into the night, which makes sleeping hard at times.

Outside the hall you always run into a familiar face, whether they are relieving stress by having a cigarette or just hanging out. Sometimes students are playing basketball behind the dorms, making a good amount of noise, and having a good time. Whenever you go you will find someone, so West is the place to be as a first year student.
Kaylan Schultz and Mialy Shrady get together to celebrate Christmas at the party held in the lounge.
-Photo by Alex Tomas

Students were able to get free massages during the Christmas party held downstairs in the lounge.
-Photo by Alex Tomas

Back Row: Matt Snyder, Cheryl Janus, Raul Shaw, Kelly Thurber, Kyle Audette (R11D) Front Row: Meredith Laparle, Sara Steinmecker, Natalie Cote, Craig Hand, Maria DeBonis

Instead of studying, David Appleton chooses to catch up with his friends and tries to make plans for the weekend.
-Photo by Alex Tomas
Ten Story Wonder

By: Sara Steinmecker

Look up there, but be careful not hurt your neck. Someone is waving from the tenth floor of East Hall. Ever imagine seeing Long Island from East Hall, well it is possible. Maybe that is why some students chose to live in this dorm or maybe it was for other reasons. There is “Mini-Flik,” a big screen television, and couches on the first floor lounge. Some students even have the ability to get homework done in one of the classrooms on the first or second floor, which is always an added plus for some.

East Hall consists of ten floors with the first two occupied between Residential Life and the Business department. The remainder of the building is the wild and wacky sophomore class. East Hall has forty-seven residents on each floor with twenty-four residents living on each side. In each half, there contains a study lounge, common area, laundry room, kitchen, and two bathrooms. These extra features allow the students to have extra space to hang out so they are not always having to be confined to their rooms. Some residents like to call East Hall “lockdown” because the only way into each half of a floor is if you live there and have the key. Otherwise you have to find someone to let you in. Speakers are located outside each half, but for some reason most students do not like to use them so propping the doors always seems to be the better way to go.

Programs, such as Alcohol Awareness, floor dinners, trick-or-treating for children, and Penny Wars were just a few out of the many events hosted by the Hall Council and RAs.

Overall, since East Hall only opened last year it remains Sacred Heart’s newest dorm and the main option for living for the sophomore class.
Lee-Ann Galli makes plans for the night, while her Monopoly friend tries to listen in.

-Photo by Linda Cleet

Kelly Bennett takes a two-second break from studying for an exam she has in the morning.

-Photo by Linda Cleet

George Cirosi jumps in for a quick shower before starting another day here at SHU.

-Photo by Christina Rinaldi

Back Row: Eric Devine, Katrina Stopper, Jeannine Szumreta
Front Row: Becky Barnum, Jesse White, Shannon Reed (RYD)

Above: Good buddies, Nick Asaro and Andy Williams get ready to head out for a fun filled evening.

-Photo by Linda Cleet
Down The Hill

By: Kelly Meyers

don the road from the Pitt Center, setback from the rest of the campus are the apartments known as Jefferson Hill or J-Hill. The J-Hill apartments are filled with seniors, juniors, and sophomore honor students. Noise, midnight fire alarms, and waiting for an elevator are not characteristic of this small community. In fact the silence is usually only broken when the marching band or men's lacrosse team practices on the field facing buildings 3 and 4. Very few problems arise for the residents, except for the occasional change getting stuck in the washer or their key not working.

New to J-Hill this year is the conversion of storage areas, allowing for more practical use for the students. In building 3, the area was converted to a study lounge. Junior, Nicole Acquafredda remarks, “During midterms it was great to get away from the apartment without having to go to the library to study.” In the beginning of February, Building 2 opened a recreation area with a pool table being the highlight. The recreation room is for those students who want to meet new people or just to hang out with their roommates. There were no new conversions to Building 4 because it houses the RHD and RA office.

The Resident Assistants of J-Hill provide activities and entertainment for the residents. Thursday Night Dry was held to promote alcohol awareness. The refreshments for the evening were “mocktails” or non-alcoholic drinks. Junior RA of J-Hill building 3, Katrina Stopper, cooked a 10 lb. turkey, while others residents contributed pies and bread for a Thanksgiving dinner. To ease the tension of the stressed and overworked, a Massage Night provided techniques and a free rub down for those who participated. With these and many other activities, there is always something happening at J-Hill.
Tracey Burns gets ready for a night of studying in her apartment.  -photo by Shannon McCann

Dana DeGennaro, Meghan Hurley, and Alycia Beliveau prepare for the snowball fight.  -photo by Shannon McCann

Chantal Jansen, Amy Kameka, Jessica Conde, and Shannon McCann get ready to go out for an evening of fun.  -photo by Tracey Burns

Row:  Mike Koosa, Bill Tarinelli, Mark Thomas (R.H.D.), Tina Shah Front Row:  Jessie Blake, Jen Pascoa, Tara Cangemi  Missing:  Denise Farina

Jeremy Tigano joins in on the snowball fight people were having in the back parking lot.  -photo by Shannon McCann
Living at the Ridge

By: Shannon McCann

Living off campus is an entirely different experience of college life. Parkridge is just one of two places where students can still live in campus housing, while enjoying a little more freedom by being away from the campus. So, this year’s residents said good-bye to the nice air conditioned dorms and apartments on campus and moved into what they refer to as “The Ridge.” Under the leadership of RHD, Mark Tera-Thomas, and other Resident Assistants proved to be a community filled with a lot of fun and exciting experiences enjoyed by all. Junior Tracy Burns stated, “I enjoy being able to go home for the day and get away from the busy campus, and feel like I am out living on my own.”

To kick the year off right, the Parkridge RA staff hosted a summer barbecue to welcome this year’s residents. Everyone laughed and got to know their new neighbors while listening to the music of a local band, Jive Bone. In October, the RA staff held a Halloween party for the Bridgeport students in a mentoring program. During Winter Weekend, Parkridge sponsored the Tug-O-War contest and also some of the residents participated in other activities hosted throughout the weekend.

Everyone living at Parkridge knows of Public Safety Officer, Hardgrove. He is the one who is checking parking stickers and keeping the level of problems down to a minimum. A major issue for the residents at the beginning of the year was the lack of parking spaces for the abundance of students living here. Even with JCC parking, there was still not enough space to accommodate all that was needed. However, after a few weeks, SHU was able to resolve this problem by receiving more spaces from the JCC.

As a community, everyone pulled together to make this one of the best years ever living at the ridge.
Jonathan London and Kyle St. George step outside to get some fresh air. -photo by Luanne Centrella

Janine Farinella, Kelly Gordon, Erin Rice, Cathleen Brogan, and Meghan Langevin get together for Easter Dinner. -photo by Luanne Centrella

Back Row: Shawn Reynolds, April Borgia, Steve Pallazola, Danielle Moreau, Luanne Centrella Front Row: Shara Secondo, Kelly Betts

Christina Pratt and Sara Defrancesco look up from the computer to take a picture. -photo by Luanne Centrella
Living at Avalon Gates certainly has its advantages. Students are given the opportunity, if the housing process is in their favor, to live in either a four or six-person apartment. Each apartment comes with 2-3 parking spaces, a balcony, washer and dryer, and if you’re really lucky, a loft or a fireplace.

This year, students occupy buildings 2, 3, 5, 7, 8, 10, and 11. The students are currently under the guidance of six RA’s, and RHD Kelly Betts, a former RA at SHU. Kelly took over at the beginning of the second semester when RHD Jeff Bansiaik decided to leave Avalon.

The beginning of the year started off in full swing. A welcome back cookout was organized, and a Hall Council was formed. The council then organized another cookout for the residents, and raffled off two gift certificates to FYE and Stop & Shop. The Hall Council also organized a field day for the kids of families who live at Avalon. During Christmas Week, they also decorated a tree for IRC, and organized a table at Helping Hands.

Throughout the year, there have been various events planned at Avalon for its residents. There was a basketball shootout, a movie night, career night, and a cooking contest.

Living at Avalon isn’t always as good as it sounds. This year, students were subjected to their cars being vandalized. Most cars just had their windows smashed in, but some people had their stereos ripped out as well. In all, thirty cars were damaged.

Avalon definitely does have its advantages. Where else can you find a round the clock guard, and a clubhouse with a gym and a swimming pool. All in all Avalon really is Home Sweet Home.
Danielle, Paul D'Angelo, and Joe Britz stop to hang out in the hall before heading back to their hotel room.  
*photo by Luanne Centrella*

Fritz McPherson attempts to dial up his computer to the internet from the hotel so he can check his e-mail.  
*photo by Luanne Centrella*

Craig Hand takes advantage of the empty workout room at the hotel instead of going to the crowded Pitt Center.  
*photo by Luanne Centrella*
Do Not Disturb

By: Shara Secondo & Luanne Centrella

At the beginning of the 2000-2001 school year, a number of students found that they would be calling the AmeriSuites and Ramada of Shelton home... temporarily. About 100 students were placed in the temporary housing until Sacred Heart found openings on campus for them. Although living in the AmeriSuites or the Ramada wasn't the ideal situation residents wanted to live in, yet somehow they managed. The residents were able to enjoy the luxuries of the hotels, getting use of free breakfasts, free cable, a double bed, a heated indoor pool, and of course maid service weekly. Although the hotels were about 10 miles away from campus, the residents were still able to create a sense of community. Along with the three RAs out at the hotels, the residents came together for programs and began to get to know one another. The "Hotel Dwellers", as they came to be known, were able to make this intricate situation work. With minimal problems, and the great residents, hotel living wasn't all that bad.

The hotel community included not only the residents but the hotel staff and the shuttle drivers who became an integrated dynamic in the lives of these residents. They were the link to school because the residents weren't on campus. They were not only the residents transportation, but their companions: someone to talk to on the often long rides in rush hour traffic on the Merritt. Hotel housing was a situation that the residents will never forget, it was a rewarding and growing experience. By the end of the Fall semester, the residents were all placed back into campus housing.
Commuters enjoy one of the many activities the council has planned. -photo by Kelly McGill

Commumrs enjoy one of the many activities the council has planned. -photo by Kelly McGill

The Commuter Council holds a weekly meeting. -photo by Kelly McGill

Back Row: Kelly Fitzgerald, Chris Barr, Cristina Pereira, Jill Ahearn, Christian Plenkowa  Front Row: Tenequa Wright, Sarah Back, Vivian Comacho

Last minute studying is often done in the Mahogany Room. -photo by Kelly McGill
Driver's Wanted

By: Mary Burbach

A student living on campus may not believe that commuters do exactly what their title states - commute. It seems as though commuters travel to the University, attend classes, and then return home again, leaving the campus activities to the residents of Sacred Heart. However, thanks to Commuter Life, going home is not the only option for students who travel to classes on a daily basis.

Commuter Life, headed by President Jill Ahearn, advisor Kelly Fitzgerald, and other council members, assures that commuters are involved in campus life. There are numerous students who do not reside in campus housing. Therefore, there is a need to provide information to those who do not have access to the campus at all times.

A monthly newsletter is published and sent to the homes of every commuter. The newsletter is comprised of a list of activities on campus as well as planned events for commuters only. The bulletin also includes a commuter of the month and events happening off campus, in the surrounding area of Fairfield.

Tickets are raffled off for parking spots in front of the school and membership drives are held to attract new commuters. However, some commuters prefer to associate with on-campus residents. The commuter assistants did most of the programming of events, even though the council was inactive for most of the year. Sarah Buck, a freshman commuter, had an easy and pleasant transition to college. Sarah stated, "Commuter Life has been a big help in adjusting to Sacred Heart. I am thankful to have met so many new friends."

Becoming accustomed to college life can be difficult, and even more so if one does not live on campus. Commuter Life provides the non-residents with an opportunity to make new friends and participate in events both on and off campus.
Brett Wallace helps out the OIs by blasting his music in the halls to wake up students in the morning.

Members of the class of 2004 enjoy sitting outdoors to have lunch on the patio.

This orientation group stands in front of I'mk before they begin a day of fun events that the OIs have planned for them.

Donna O'Neill, Suzanne Neglia, and Kristy Ruggiero try and relax in the lounge of East all before registering for their fall classes.
n early June, the Student Life Staff, along with the 2000 Orientation Leaders gave a challenge to the class. This year's theme was Mission: Anything's Possible. Their missions, should they choose to accept it, were to attend one of the four Orientations that were taking place between June 2, and June 13, 2000.

The students were led by a well-trained group of Orientation Leaders who came a few days early to help prepare them for the jam-packed days. The day started bright and early with Registration in the Pitt Center. Student Government President, Vimala George, stated, "It was exciting to not only see the enthusiasm on their faces, but to know that these students were

the future leaders of our school."

To many, the rest of this process flew by, but some of the most memorable highlights included the OL skit (a portrayal of Saved by the Bell comes to SHU) and the Q&A session with the Ols. The main form of entertainment included the Psychic Madman, immediately followed by a dance.

Parents had their share of highlights for the day as well. There was not a dry eye in the house after Sr. Anne's presentation, "From the Parents Perspective." She walked through the past 18 years of their sons or daughters' life and assured them that their children would survive at SHU.

The next day, the Class of 2004 woke up to an exciting human alarm clock, or in other words, the Orientation Leaders yelling and screaming while carrying an extremely large radio. Veteran OL Janna Beth Short commented, "Some people were upset, but believe it or not, some of the students actually enjoyed it!" They had four sessions to go to, one of those being Class Registration.

The process ended with a BBQ presented by FLIK. This was the last chance to ask any final questions to the Ols and to say their good-byes toward newly formed friendships. They all left awaiting the calm before the storm that they would experience in September.
Pioneer Weekend
Showing their Spirit

The Women's Rugby team jumps with enthusiasm. *photo by Bill Woodruff*

"I thought the whole weekend went well. At the Pep Rally there was a legitimate 750 people there. The stands were packed and people got into it. At the football game, I had never seen the campus field so crowded. To beat an overtime game made the whole weekend just perfect," said Mark Adzigian, the director of Marketing who helped organize the Pioneer Weekend Pep Rally. Pioneer Weekend, sponsored by SET, was September 15-17th. The annual parade from South Lot up the hill to the Pitt Center kicked off the events of the weekend. The Pioneer Marching Band did a great job of exciting the fans. SET and Bucky distributed mini footballs and pom poms to the crowd in South Lot, while the band led the parade of students to the field.

At the Pep Rally, each of the fall sports teams were announced, along with the head coaches from each team. Field Hockey Head Coach, Tara Jelley, and Football Head Coach, Jim Fleming, represented the men's and women's sports teams. Mike DiPietro and Gaetano Marra Jr. were the Masters of Ceremonies for the pep rally that evening. In addition, the band, cheerleaders, and dance team each took to the spotlight for a performance. Some lucky audience members were able to bring home t-shirts thrown into the crowd by the dance team.

The crowd stands up to cheer as the fall sport teams are being introduced. *photo by Bill Woodruff*

Saturday was another victorious day for the football team. 3,174 fans, an all-time record, cheered as Sacred Heart Football destroyed Central Connecticut State University with a 34-6 score.
Travis Lore, Tony Reale, Matt Boyer, and Brandon Westfield get involved as they cheer for the athletic teams. -photo by Bill Woodruff

Bucky hugs Jessica Magri before going back onto the court. -photo by Bill Woodruff

The cheerleaders wave their pom-poms from the sidelines, providing the rally with a lot of spirit. -photo by Bill Woodruff

The football team huddles together to get psyched for the big game. -photo by Bill Woodruff
Bucky, Tom Pesce, and Mike DiPietro discuss the night's events. - photo by Alex Tomas

Justin James shows the crowd what he's got during the Slam Dunk Contest. - photo by Alex Tomas

The cheerleaders show their support for the sports teams. - photo by Alex Tomas

Mary Beth Morrissey of the Women's Rugby team brings the crowd a snack. - photo by Alex Tomas
On the night of Friday, the 13th, under the light of the full moon, students gathered in the lobby of the Pitt Center, awaiting the beginning of the night's festivities. How appropriate for Midnight Madness to fall on one of the most mysterious and mystical nights of the year. The enchanting aura that flows with the light enhanced the excitement and spirit of the students.

Upon entering the gym, students received basketball beach balls, pom poms, and raffle tickets. The first 250 people entering received T-shirts to commemorate the evening. The raffle tickets were used throughout the evening to select students for the free-throw contests. Unfortunately, no one won the grand prizes, but everyone who participated received a very nice consolation prize of an expensive watch. Cheerleaders threw candy and Sacred Heart University T-shirts into the crowd.

Clubs, athletes, and organizations added to the festivities in their own unique ways. Banners were hung on the walls; artistically representing classes and clubs. The Dance Team's banner was chosen as the winner from the reaction of the crowd. Dressed in T-shirts of their own design, the Women's Rugby Team proved to be the club with the most spirit of the night. Later on in the evening, they went on to defeat the Dance Team in the dizzy bat race, and one of their members won ten pizzas donated from Sergio's. Everyone ended up a winner when Mary Beth Morrissey dispersed her pizzas out to the crowd. The Swim Team dressed in their bathing suits, and the wrestlers in togas added even more elements to the excitement of the crowd.

The night climaxed at the stroke of midnight. Seniors and coaches of the winter sports were called out by name to be acknowledged by the crowd, followed by the Men's and Women's Basketball teams. Before the close of the evening, the crowd had a sneak preview of what talents the Men's and Women's basketball teams has in store for this season.
Show Choir
Musical Talents at Work

This year Sacred Heart University developed a new program called Show Choir. Show Choir is under the direction of Dr. Patricia Smith from the Music Department here on campus. This group encompassed rigorous singing and dancing, instructed by choreographers from New York.

The group practices almost everyday to perfect their routines so they would be ready to perform and show the SHU community what they can do.

The program this year began in October and ended in a spectacular finale in May. The theme of the show was “Made in the USA” and included a wide range of songs from decades of the 20th century.

The show began with pictures of soldiers, wars, immigrants, “the olden days” and more. When the curtains opened, a scene of immigrants came out on stage to Neil Diamond’s “Coming to America.” The 20’s kicked in with a flapper dance called “Everybody Loves My Baby.” From there, the show went on, uninterrupted through the decades, with other songs such as “Sing, Sing, Sing,” “Boogie Woogie Bugle Boy,” “Jail House Rock,” “And When I Die,” “Imagine,” “The Hustle,” “Turn the Beat Around,” “Why Haven’t I Heard From You,” and “Bye Bye Bye.”

Not only were there spectacular songs, but the dancing expressed energy and fun. A main goal, which was accomplished, was getting the crowd alive and excited.

Besides their annual shows, the Show Choir also performed in this year’s Skit Night which was held during Greek Weekend. This gave the group a chance to show off their talents to a large portion of the student body. The crowd cheered and cheered as the group exited off-stage after their wonderful routine was completed.

The Sacred Heart University community can look forward to another wonderful show next year. Entitled “A Tribute to the Tonys,” the Show Choir will continue to grow in number and talent. More dancing will be along the way to entertain the crowds. The Show Choir has become a major group on the SHU campus that everyone must check out.
Besides singing and dancing, this group also did some interesting lifts on stage.  

_The Show Choir waits for the music to begin so they can start their routine._

.photo by Alex Tomas

The group performs with high energy in front of the crowded room.  

.photo by Alex Tomas

The Show Choir had a chance to perform at this year's Skit Night during Greek Weekend.

.photo by Julie Ferro
Bethany Rinaldi proudly displays her creative side. *photo by Lynne Darling*

Jeanne Sampson shows off her artistic ability. *photo by Lynne Darling*

The pumpkins line up to display themselves at the end of the day. *photo by Lynne Darling*

Students had a chance to get their fortune told during the psychic fair. *photo by Lynne Darling*
Harvest Weekend

Murder on the Menu

The last weekend in October wrapped up with Harvest Weekend. The weekend kicked off with the Student Events Team showing "Scary Movie" in the Schine and giving out free popcorn. A dance was also co-sponsored with MOJA, NRHH, and IRC. Pumpkin carving followed the movie on Friday night. Students enjoyed painting and carving both funny and scary faces on their pumpkins.

On Saturday, the annual psychic fair took place. Students were given the opportunity to have their fortunes told by one of the many psychics. They used tarot cards and numerology to tell the future of Sacred Heart students. The Murder Mystery Dinner was held on Friday night, in the Mahogany Room. The evening began with a buffet-style dinner. Students and faculty alike filled their plates with food prepared by Flik. To add to the atmosphere, Mud Pies in cauldrons were used as centerpieces. Yellow crime tape was used to give the feeling of a murder scene with black cloths on the dinner tables. A troupe of actors put on a great performance about an old man who was making his will. His relatives and friends were all after his money. Each character played an important role, and several of them were "murdered." It was up to the audience to figure out who committed the murders, and from there, guess how it happened. Students then submitted their guesses at the end of the last skit and responses were read out loud at the conclusion of the dinner.

Sunday was the trip to Salem, Massachusetts. Students took several buses to the historical town. They were given a tour of the museums as well as free time to browse the many shops in Salem. All events were sponsored by SFT. Its members worked diligently to make the weekend a success. All in all, it was a fun-filled weekend with lots of "Scary" events to see.
On November 15th, the Sacred Heart University Community piled into the Outpost for what has now become the annual Boxer Short Contest Night. Sponsored by the Class of 2001 the event has gained more and more popularity around campus, and this year the contest attracted the largest crowds. Many students were turned away at the door because the Outpost had filled its maximum capacity. This however, didn't stop many people from standing out on the FLIK patio hoping to catch a glance at the contestants. Those who were able to get into the Outpost for the contest were in for a treat.

The Boxer Short Night saw many new contestants, all willing to strip down to their briefs for a chance at some cash. Unlike the contestants of the past, this year seemed to be a group effort. More people chose to participate in the contest as a group, rather than as individuals going solo. Many of Sacred Heart's fraternities and sororities joined in the contest, as well as, many of their associates. Those who didn't get up on the stage to compete for the money didn't hesitate to show their support for their classmates in the competition.

In the end, the group who won was the Associates of Alpha Sigma Psi. Their performance consisted of the song 10 Little Indians. Taking home the second place prize was Dana Fusco and Jeannine Szamreta. For their act they did the Hamster Dance. Both dressed in orange with cowboy hats. Jeannine and Dana stated, "We never thought that we would do it, but we just got up on the stage and had a good time."

Phi Omega Tau used whipped cream in their performance to grab the audiences' attention and third place.
These girls are all smiles as they begin their performance.
-Photo by Taryn Mahoney

Mike Irons pulls down Adam Croce's pants to reveal his snazzy boxers for the show. -photo by Carrie Hills

Michelle Contino and Jen Hurtado swing each other around during the Square dancing portion of their show. -photo by Carrie Hills

Lambda Sigma Phi associates wait for the music to begin. -photo by Taryn Mahoney
Students dance the night away at the annual Christmas semi-formal. *photo by Sara Steinecker*

Visiting the holiday coffeehouse is always a good way to relieve stress. *photo by Jen Wittke*

The children at Helping Hands learn how to make candy cane reindeers. *photo by Bill Woodruff*
Christmas Week
The Spirit of the Season

It's the most wonderful time of the year for both students and faculty members as Christmas draws near. On November 30th, the Student Events Team kicked off Christmas Week with the annual Christmas tree lighting. A blessing was offered by Father Bob Malone and carols soon followed. The freshmen spirit competition added to the cheer, as they competed in the spirit-half of the contest. The groups, dressed as presents and reindeer, gave out candy canes and got the crowd involved in the singing. The tree lighting was held outside in front of Hawley Lounge. Each individual in attendance received a free pair of gloves with the theme of the week printed on them. Bingo followed the outdoor activities. Prizes were given out in Christmas stockings, and the winners received surprises such as Godiva chocolates and gift certificates.

Other exciting events held during the week included a trip to New York City to see a taping of the Ricki Lake show. They sat in the audience and enjoyed the talk show. Junior Lori Filocamo said, "It was a really great experience. It is more fun in person than watching her on television."

Also, any last minute Christmas shoppers had an opportunity to participate in the bus trip to the Palisades Mall. In addition to the trips offered, acoustic singer and guitarist, Dave Binder performed in the Mahogany Room. Binder sang his own renditions of popular songs. Towards the end of the week, SET hosted Family Feud. Students of SHU were surveyed and their answers were used in the game. Numerous teams battled against each other, playing elimination rounds until only two teams remained. From there, the last two teams competed in the final round on stage. Michelle Everett served as hostess of the show. Cash prizes were awarded to the winning team. A Mystery Event hosted by the SET executive board ended Christmas week. They held a game of Cops and Robbers. Prizes were given out to the winners of the event.
January 24th through January 26th, Sacred Heart was not only invited to a winter storm, but also SHU's annual Winter Weekend blew onto campus. The Office of Residential Life sponsored its annual war between the residents' halls. The focus of the weekend is to get participation from campus residents and get them involved to build communities in each hall.

Each hall sponsors an event during the weekend, and each is responsible to get a team together to compete in the events. This year, Winter Weekend kicked off with a Scavenger Hunt around the main campus, sponsored by South Hall. Other activities included Wacky Relays sponsored by West Hall, and a basketball shootout sponsored by Jefferson Hall. On the last day of the Weekend, the competitions included Flag Football sponsored by Avalon Gates, Tug-of-War put on by Parkridge, and Ultimate Frisbee sponsored by East Hall.

Athletic ability is not the only thing that can help the halls. Each hall is also graded on team spirit and can receive points for members of the halls that come out to the events to cheer for their halls. This year, Coca Cola sponsored a half-time event at the Sacred Heart University Women's Basketball game and gave away a bicycle. At the basketball game, each hall was awarded points for posters that they designed and for the hall spirit that they displayed.

At the end of the Weekend, South Hall was able to pull off a second straight win, returning the trophy to South for another year. East Hall was this year's runner up.

Despite the snow and the cold, Winter Weekend was a success. Look out for next year when South fights to return the cup and the rest of the halls try to take the cup to their home.
One of the indoor events was the Wacky Relay. Here, students compete in the Four-legged race. -photo by Taryn Mahoney

Jesse White blocks Marvin Royal to carry the football down the field. -photo by Luanne Centrella

Students take a break from Ultimate Frisbee to show their spirit. -photo by Taryn Mahoney

After participating in the outdoor activities, many students headed indoors to stay warm. -photo by Taryn Mahoney
Adam Leonard and his sister enjoy activities that were set up in the Old Gym. *photo by Kelly McGill*

Students and their siblings got to battle it out in the Sumo Wrestling ring. *photo by Kelly McGill*

Inflatable fun games were set up for students and their siblings to enjoy. *photo by Kelly McGill*

Students and their families got to spend some time together outside on the campus. *photo by Jen Wittke*
Every year, one of the traditions at SHU is to invite the families of the students here at different times to show them the campus, and allow bonding time between them. Once in the fall at Family Weekend, and again in the spring at Sibling’s Weekend.

Family Weekend is a time when the families get to come visit their child’s new home and get a first hand view of what is really going on in their child’s new lives. This year’s theme was “On With the Show,” events included, a dinner social, a comedian, a big football game, a tailgating party, and even a wine and cheese reception.

There was record attendance at the football game this weekend. Students and their families packed the stands to cheer for their men. The Pioneers were victorious over Albany.

Siblings Weekend shows siblings what college life is all about, and makes them feel like part of the campus community. Approximately 125 siblings came for the weekend. The theme was “SHU Let the Dogs Out.”

Friday night kicked off with a “Blues Clues” scavenger hunt and then the “Astro-nomical” Mike Super Magic and Illusion Show.

Saturday began with cartoons in Hawley Lounge. Then later in the day siblings had the opportunity to attend the carnival. About twenty clubs and organizations on campus set-up booths in the Old Gym. Saturday evening siblings gathered in the cafeteria to play BINGO and win gift certificates and other prizes. After that, Paul Plays it All, performed in the Old Gym. He rollerbladed around the gym singing and playing different instruments. He also had a marshmallow hitting contest. When Paul finished, free pizza was offered to those who attended the event.

Sunday ended the weekend with brunch, mass, and the movie of the weekend. This movie was, “102 Dalmatians” which played in the Schine throughout the entire weekend. Each guest on campus received a dalmatian dog dressed in an aviator costume as the giveaway for the weekend.

Both weekends proved to be a success on campus for both the families and the students.
Black History Month
Educating the Mind

For some, February means Groundhog Day and perhaps even the start of warmer weather. For many however, February means the celebration of Black History Month. At SHU, Black History Month is celebrated with a wide variety of events. Activities such as an African American Coffeehouse and Black History Month Jeopardy were held.

The month of February started off with opening ceremonies. It was the commencement of Black History Month, where t-shirts were given out and speakers came to talk about Black History. Singing and dancing were also a part of the event that kicked off the month.

Some other activities enjoyed by the students included a dance sponsored by UMOJA and the sorority Delta Phi Kappa. Many danced the night away, while others came to socialize. In addition to the dance, SHU students visited the Bridgeport elementary school several times during the month. They went for read alouds, in which they read to the younger students.

There was also a poetry reading night, where students shared pieces they had written. This event proved to be very successful and was revered by many. At the African American Coffeehouse, beverages and snacks were served. A group composed of three men and two women came to perform. The men played several different types of instruments while the women danced. Their symbolic performance told a story to those in attendance.

Although all of the events held during Black History Month were enjoyable, perhaps the most talked about was speaker Herman Boone. The movie, Remember the Titans, is based on the life and experiences of Boone. He was one of the most famous speakers of the year, and his lecture was attended by many.

Freshman Michelle Everett stated, "UMOJA worked hard to fit as much as they could into one month. They did an outstanding job with all the events they participated in." Black History Month was full of activities both large and small, but everything was a success.
Many were impressed by speaker Herman Boone. Boone, who teaches students across the country, spoke about racial discrimination. - photo by Kelly McGill

The musicians provided great entertainment for those who attended the African American Coffeehouse. - photo by Jen Wiltke

President of UMOJA, Marvin Royal, spoke at Opening Ceremonies. - photo by Jen Wiltke

The director leads the choir in a song during Opening Ceremonies. - photo by Jen Wiltke

Activities
Students await the start of the Vigil.  ~photo by Bill Woodruff

Brothers of Lambda Sigma Phi attended the Candlelight Vigil, along with the other Greek Organizations.  ~photo by Bill Woodruff

Graduate Assistant Kelly Fitzgerald led the students in the Candlelight Vigil.  ~photo by Bill Woodruff

Students acted out a skit at the AIDS Awareness Luncheon.  ~photo by Bill Woodruff
Aids Awareness Week

"Many Infected, All Affected"

In the United States last year, one out of every four reported new HIV infections occurred in a person under the age of 22 years old. "Many Infected, All Affected", was this year's AIDS Awareness Week theme. This week was held from February 18-25th. Student Activities Graduate Assistant, Kelly Fitzgerald, and sisters of Phi Omega Tau worked diligently to prepare for the week's events. Other faculty, staff, and students helped out as well during the week. The objective of this week is to inform students and faculty about the disease and to give statistics concerning AIDS. Students were encouraged to wear their red ribbons throughout the week to show their support for the fight against this disease.

Phi Omega Tau passed out pamphlets and red ribbons in the cafeteria throughout the week. Denise Tiberio and Katrina Coakley held a book discussion luncheon in the Mahogany Room titled "What Looks Like Crazy on an Ordinary Day." Both students and faculty attended this informative event.

The Senior Class also became involved sponsoring a book drive. Students could either bring a book or a donation of a dollar which would contribute to the purchase of more books. Students collected them on Senior Pub Night. The books were donated to a children's hospital, where they are high in demand.

Student Government dressed in black clothing on Wednesday to represent those who are affected by or who died from the disease. On Thursday, Phi Omega Tau and the Gay/Straight Alliance hosted Family Feud. The questions were based upon information related to AIDS Awareness Week and the winners received cash prizes.

Giveaways, such as t-shirts and key chains, were handed out at different events throughout the week. The week ended with Sunday evening's mass and a candlelight vigil preceding it.

AIDS Awareness Week proved to be a very educational week at SHU. Students and faculty had a chance to learn the facts about this illness which is the sixth leading cause of death among people between the ages of 15 and 24 years old in the United States.
This year Sacred Heart students and people from the surrounding communities were able to celebrate St. Patrick's Day a little differently at the annual spring concert held in the Pitt Center on campus. People stood in line for hours awaiting admittance into the Pitt Center where they were able to see an incredible rock performance from 3 Doors Down along with opening acts Oleander and Fuel. Tickets had been on sale for this great event through Sacred Heart University as well as at select Strawberries and Coconuts Music Stores. By the time the night of the concert came around the tickets were sold out and they had to turn some people away.

The reason for such a great turn-out for this year's spring concert may have been because, 3 Doors Down and Fuel have made a huge name for themselves by being on the radio and on MTV, where their songs have climbed to the top of the charts. People of all ages enjoy listening to these new songs that were becoming so popular. 3 Doors Down is most known for their top 5 hit "Kryptonite." Oleander on the other hand is just now making a name for themselves in the music world, but it will not take long for them to become just as well known as the other two bands.

A lot of planning went into getting these bands to come and perform here at Sacred Heart University. Since August the Student Events Team had been working very hard to make sure this night was a huge success. Staff and students had to design and set-up the stage, they had to work to fulfill all of the bands' every need off stage.

Walking around the concert there was a wide variety of people dancing to the tunes of these bands in the audience. Everyone was having fun and enjoying the loud music. There were more non-SHU students that attended this event than SHU students did. As the night progressed the fans got more and more into the music as people began singing and dancing to the tunes. Some students even began to crowd surf on top of the audience.

The night was a huge hit for the fans that attended the event. People walked away humming the tunes to their favorite songs.
Fuel gave an amazing stage show at this year's concert. -photo by Luanne Centrella

Guitarist from Oleander plays a riff for the crowd. -photo by Luanne Centrella

Fuel bass guitar player jams along with the music of his band. -photo by Luanne Centrella

Lead singer from Fuel tries to get the audience to sing along with him. -photo by Luanne Centrella
Third place winner John Coffin impressed the ladies during the swimsuit competition.

-photo by Jen Wittke

Eric Devine strips down to a hula skirt during the swimsuit portion of the show.

-photo by Alex Tomas

As part of the tradition, the contestants performed a dance routine together.

-photo by Alex Tomas

Chris Tompkins' talent was performing a Britney Spears song.

-photo by Alex Tomas
The annual Mr. SHU competition took place on April 4, 2001. The show began with a short video documenting previous years' competitions and winners. This year's host, Tom Wuestkamp, introduced the nine 2001 contestants, who finally arrived on stage to perform a group dance, where they showed off their muscles with a few poses, as well as their dancing skills.

Bodies ready for the beach strutted across the stage in the swimwear part of the competition, which included such humorous highlights as John Higgins' brief reenactment of a scene from "Scary Movie."

The audience was very entertained during the talent competition. Both John Higgins and Brandon Graham read personal poems that they had written. Eric Devine performed a classic magic trick by making a dollar bill disappear and then reappear. An acoustic version of Incubus' "Pardon Me" spread through the auditorium as Andy Erhartic sang for his talent. Chris Tompkins hilariously imitated Britney Spears wearing a blond wig, leather pants, and a tank top while dancing to one of her popular singles. Other talents included John Coffin playing the bagpipes and Edgar Palacios dancing.

The formal wear portion followed the talent acts. Each contestant walked across the stage escorted by the lady of his choice dressed in tuxedos. Immediately after showing off how well they could all dress up for a formal event, the nine contestants were narrowed down to five. This now smaller group each answered random questions. Eric Devine won the newly added Viewer's Choice award.

All nine contestants walked back on the stage to hear the winners of the competition. Last year's Mr. SHU, Victor Sanchez, helped Tom present the awards. John Coffin won third place, Brandon Graham won second, and finally Andy Erhartic took the first place award and was crowned Mr. SHU for 2001. The evening proved to be another entertaining event for all those who attended.
SHU-vivor was the talk of SHU as the spring semester drew to a close. This 42 hour event included a group of 30 students who slept in the quad with no outside contact or luxuries. It was a true test of an individual's ability to outwit, outlast, and outplay. This event was clearly a spin-off of the actual reality show "Survivor."

The weekend kicked off with a two hour scavenger hunt by the two tribes. This was crucial because the reward at the end was a large crate that contained essentials to be used throughout the weekend. After that the tribes began to engage in their very long weekend.

Other events included brain challenges, eating grasshoppers, bobbing for goldfish, and standing in a pool of ice water at a frigid six in the morning. Tribal councils were held often to help eliminate people. This crucial moment decided who had it in them to last the entire weekend.

The Shuwumbas proved to be the dominant tribe as the Shucacores slowly lost event after event and team member after team member. The merging of the tribes then showed that the dominant team would wipe away the remainder of the opposing team.

Of course you cannot have a game like this without deviousness and most importantly alliances. Some alliances were obvious and were voted out quickly, but the best of them all was the alliance between a member of Shuacore and a member of Shuwumba. They plotted before the game to manipulate their way all the way to the final round despite the fact that they were placed in different tribes. In the end Will Figueroa and Chris Eaton had successfully reached their goal and went one on one to the last event. It was a mind and physical challenge all in one. It was the two individuals ability to stand one foot fully balanced until the other person gives in.

After nearly 25 excruciating minutes, Chris Eaton surrendered, making Will Figueroa the FINAL SHU-VIVOR. He walked away with $1,000 in cash awarded by SET.

This event will go down as a Sacred Heart memory never to be forgotten and may even be repeated for many years to come.
Tribe members take a break before they begin their next challenge.

- photo by Luanne Centrella

Chris Easton shows us his talented way of eating the watermelon.

- photo by Luanne Centrella

Vinny Lawrence tries to pedal his way through the course.

- photo by Luanne Centrella

Tribal council was held to see who will be the next one voted out of the quad.

- photo by Luanne Centrella
Just how many things can he balance at once? -photo by Jen Wittke

SHU student tries to catch as much money as he can in a short time period inside the machine.
-photo by Jen Wittke

Who will win this contest during the Blizzard of Bucks? -photo by Jen Wittke

This student shows us just how difficult it is to get dressed while wearing boxing gloves.
-photo by Jen Wittke
Spring Week
A Week of Fun

This year's Spring Week was hot, hot, hot. Survivor kicked off the week with a variety of events sponsored by the Student Events Team. Survivor started on Friday and ended Sunday morning with a barbecue and a $1,000 cash prize for the winner.

On Monday, the Student Events Team hosted a drive-in movie outside South and West Hall. "Bring It On" and "Meet the Parents" got students out of their rooms to enjoy a nice evening out on the lawn.

Tuesday evening was a much dirtier event with chocolate pudding wrestling on the lawn. Students wrestled each other in a tub of pudding, which eventually led to slipping and sliding on the tarp. After wrestling was over, the Class of 2003 and the Outpost Pub sponsored Blizzard of Bucks, where students could win up to $500.

Wednesday night was the traditional luau co-sponsored by Alpha Sigma Psi and the Student Events Team. FIJK hosted a barbecue while students played on the inflatables outside on the lawn. Choices ranged from human bowling to jousting to Sumo wrestling. Around 9 p.m. free food was given out to all the students while a band from Boston, Angry Salad, gave a performance on the patio. "It was a lot of fun and the band was good," said junior Jen Parker.

Thursday ended the week with the Campus Life Leadership Awards and afterwards "Hot, Hot, Hot BINGO". Prizes ranged from DVD players to gift certificates. The grand prize was plane tickets for two to Cancun. "I have never seen BINGO this crowded before," said sophomore Alison Fiddner, who won the DVD player. To cool the BINGO players off, ice cream sundaes were served.

Overall, the week went well and was enjoyable. Students who attended the events received red t-shirts and chili pepper stress balls. It was the perfect way to end the last official week of school, and a nice introduction to Greek Weekend.

By: Sara Steinbecker
Greek Weekend
“The Campus That Never Sleeps”

At the end of every school year, members of Greek Life come together to host Greek Weekend on campus. This year’s weekend was titled “The Campus That Never Sleeps!” It kicked off Friday, May 4th with the annual King and Queen Competition and Skit Night “Way off Broadway.” Sixty clubs and organizations selected Kings and Queens for this year’s competition. The skits began with a performance by the Show Choir and the Dance Team. Each fraternity and sorority performed a skit, as well as the Men’s Rugby Team. The theatre was filled to capacity as the audience laughed and even cried. Phi Omega Tau who performed “The Final Thought” won for Best Comedy. Best Drama was presented to Beta Delta Phi for their performance of “True Colors.” The overall winner for the evening who received the highest score was Alpha Sigma Psi for their performance of “SHU Weekend Update.” Each of the groups received prize money.

On Saturday, May 5th, Greek Life presented “The Countdown to the Crown” Spring semi-formal in the Pitt Center. The gym was transformed into a New Year’s Eve style formal with balloons, bubbles, noisemakers, confetti, and party favors at each table. Everyone enjoyed the evening dancing to the DJ and celebrating the end of another great year. When the clock hit midnight, the new King and Queen were announced. This year’s King was Edgar Palacios who represented Delta Phi Kappa and the Queen was Vimala George who represented Beta Delta Phi. First runner up for King was Gil Lefort, and first runner up for queen was Dana Fusco. Eric Devine was the second runner up for King and Jessica Pelletier was second runner up for Queen. Every winner received a plaque.

Greek Weekend ended with the “Coney Island” Carnival on the patio and in South Lot. With over ten rides and inflatables, everyone enjoyed the fun filled day. Give-a-ways were distributed throughout the day, as well as free ice cream, fried dough, cotton candy, popcorn, and drinks. There was a DJ and a performance by the band “Renata.” All in all, the weekend was a complete success!
Lauren Virhrachoff and Javier Ortiz blow bubbles in celebrations.  -photo by Kelly McGill

One of the brothers from Alpha cools himself off while performing on stage.  -photo by Julie Ferro

The sisters from Delta Phi Kappa defend their colors of sisterhood.  -photo by Julie Ferro

Wax hand-molding was a hit during this year's carnival.  -photo by Alex Tomas
Sacred Heart University is now in full swing as a part of Division I. This was best demonstrated by our Football Team, who held a remarkable record this year. Every team has their moments of glory as well as difficult times they must endure.

Being an athlete takes much more than physical ability. It also takes pride and dedication in yourself, your team, and your school. Sacred Heart athletes are able to demonstrate this very well.

Seasons may come and go, but the efforts put forth by our athletic teams will eventually become a building block for years to come.

Julie Ferro
Date | Opponent | Result
--- | --- | ---
9/2/00 | Assumption College | W, 55-21
9/9/00 | Bryant College | W, 19-15
9/16/00 | Central Conn State* | W, 34-6
9/22/00 | St. John's Univ.* | W, 27-6
9/30/00 | Monmouth Univ.* | W, 13-7
10/14/00 | Univ. of Stony Brook* | W, 23-6
10/21/00 | Univ. at Albany* | W, 35-28
10/28/00 | Iona College | W, 42-6
11/4/00 | Robert Morris College* | L, 20-31
11/11/00 | St. Francis College (PA)* | W, 20-0
11/18/00 | Wagner College | W, 22-20

* NEC Conference Games
Bold indicates Home Games

Road to Victory

By: Lynne Darling

Win, win, win, that is what the Sacred Heart football team did this season. The team won all, but one of their games. The crowds grew, spirits were high and the scoreboard put us ahead throughout most of the season. Perhaps this year’s most valuable person was the new head coach of the football team, Jim Fleming.

Fleming is the former Villanova University defensive coordinator. Fleming came to Sacred Heart with a plan for recruiting. He brought in more players from different areas of the country than most students who come to the University for academics. According to linebacker Jayson Jarret, “There are new recruits, but we still have a lot of players from last year’s team, this coach is just better suited to deal with the personalities of the players.”

This year we heard names like Kiheime Cowan, Kayode Mayowa, Marvin Royal, and Chris Wilkinson over the loud speaker at the games. Junior, Kiheime Cowan is noted to be the third ranked on the Sacred Heart all-time rushing list. Kayode Mayowa, a sophomore, from Providence, RI, led the school in tackles with 94. Mayowa was also a recipient of the title of Northeast Conference Defensive Player of the Week. Junior Marvin Royal participated this season showing how a running back does things. Royal was featured in the November 20th edition of Sports Illustrated. In one game this year, senior Chris Wilkinson totaled 1,000 receiving yards. These are just a few of the names that made up one of the best teams in Sacred Heart football history.

The attendance at the games and the mood toward the team increased between the 1999 and 2000 season. Junior, Christina Pratt said, “I didn’t go to any games in the ’99 season, but this year when I came back to school everyone was talking about how good the team was doing, so I went to most of their home games.” Tara Gerber stated, “I was really impressed that the football team ended up second in the conference, considering their past.” Football player, Jayson Jarret stated, “Last year everyone expected us to lose, now everyone expects us to win.” Jarret also stated that he didn’t feel that the expectation to win put any additional pressure on the team. Overall, everyone at SHU will be looking forward to next season and hopefully winning the 2001 conference.
Command on the Field

By Michelle Peneda

The 2000-2001 Men's soccer team, now in its second year of Division I competition, showed growth and improvement this season. This year's team finished with an overall record 1-12-4, which included a Northeast Conference (NEC) record of 1-6-3. The team played against forceful NEC Conference opponents including Quinnipiac University, Mount St. Mary's College, Robert Morris College, Central Connecticut State and Long Island University.

Head Coach, Joe McGuigan, a soccer legend, led the team in his 17th season at SHU. "We are still a young team with the main nucleus being the sophomore class." The team was comprised of 5 freshmen, 10 sophomores, 7 juniors, and 5 seniors. Sophomore, Jorge DeSousa played midfield and contributed his key offensive moves to the season.

DeSousa felt that "each game the team improved and our experience will lead us to the Northeast Conference playoffs next year and hopefully beyond."

Senior captains Jimmy Schmidt, sweeper, and Chad Allegro, midfielder led this year's team mainly comprised of freshmen and sophomores. Strong offensive players Rodrigo Nunes, center half back, and Alex DeFaria, striker, joined the team from Brazil. Other impact players Gustavo Reaes, goaltender, and transfers Matt Christiansen and Jorge DeSousa contributed much to the team's success this season. Overall, Coach McGuigan says, "The team played well this season and shows a great deal of promise for the coming years."

The ball gets bounced off of the players heads during the game. - photo by Michelle Peneda

The team tries to block the ball from going into the net. - photo by Michelle Peneda

Igor Gupskyi faces off for the ball against LIU. - photo by Michelle Peneda

Franco Cartiera tries to stop his opponent from moving farther down the field. - photo by Michelle Peneda
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*Northeast Conference (NEC) game
Bold indicates Home Games

Alex DeFarla drives the ball in to score a goal for SHU.  *photo by Michelle Peneda*

SHU attempts to get the ball away from the other team's players.  *photo by Michelle Peneda*
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** Governor's Cup (Albany, NY)
* Northeast Conference game
Bold indicates Home Games
Striving to the Top

By: Shannon McCann

Running onto the campus field these Lady Pioneers proved to be serious contenders in the Northeastern Conference this year. Entering into their second season as a Division I competitors, these girls had to go through many changes at the beginning of the year. The team was under the direction of a familiar face, Head Coach Joseph Baross, who joined the program again for a second time this year. After losing seven seniors from last year, the team had to rely on the returning players and ten new freshman talents to carry them to victory.

Even through these challenges the girls proved they had what it took to play against some of the top schools in their division such as Monmouth University and Central Connecticut State University. These ladies showed improvement during their second Division I season, ending with an overall record of 6-8-4, and posted a record of 3-4-3 in their Northeast Conference games. Six of their games went into overtime and four of those games ended in a scoreless game after double overtime. As a whole, the team demonstrated great skill in their games against Long Island University, St. Francis College, and UMBC.

Another great success for the team this year was when freshman goalkeeper Leslie Knosig from Millburn, New Jersey received the Honorable Northeast Conference Women’s Soccer “Rookie of the Week” for October 2nd. She proved that she had what it took to stand up against the toughest of competitors by not allowing any goals to be scored during her first two starts at the collegiate level. Also, Knosig and sophomore forward Paula Pineda-Nicolas from Vigo, Spain were named to the second team all conference.

Senior captains Elena Rosero and Corrie Smith led the team showing heart for this sport. They both came onto the field every time with a constant goal of winning set in their minds, and trying to spread it onto each and every team member. During each game, the players’ intensity was always great, everyone was always on their toes cheering the team on. Smith stated, “We had a pretty good season...We beat two of the top four teams in our conference, and tied another, so all in all we had a pretty good year, they are going to only get better in the future.” These Lady Pioneers are looking forward to the years ahead of them, as they try to improve their record year after year.

Danielle Vesce and Linda Ferenc Rode for their last away match. photo by Elena Rosero

Renee Trovillion tries to block her opponent from getting the ball. photo by Elena Rosero

Athletics

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This year was a brand new year for the women’s field hockey team with the addition of a new coach, Tara Jelley, from the National Olympic Field Hockey Team. Coach Tara Jelley led her team to a third place finish in the Northeast Conference regular season. This particular season had a competitive edge to it with games against schools such as Brown, Wake Forest, Yale, Hofstra, and Quinnipiac University.

Players that were all over the field and key to the game this year were Ginny Capicchioni, Ashley Anderson, and Angela Yuhas. Ginny Capicchioni was named NEC Player of the Week. Also freshmen, Melissa Smith and Julie Messenger, added depth to the team. Both received Rookie of the Week honors throughout the field hockey season.

Next year, Sacred Heart will have another addition to the team. They have recently hired Christine Blais as an assistant coach. Jelley said, “We are very excited about having Blais as an assistant coach. I think she will be a valuable addition to our program and to the University.”

All in all, the team finished 6-13 overall last season, and was tied for third in the Northeast Conference final standings. Freshman player, Liz Dumas, said, “The experience I had this year with this team was a great one and I will never forget that. It has also helped out a lot with the adjustment for my freshman year.” The team looks forward to making next year a winning season for themselves and maybe going as far as attaining a conference championship.
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*Northeast Conference (NEC) game
Bold indicates Home Games

Ashley Anderson steals the ball from her opponent. *photo by Chrissy Stevens*
Front Row: Jacqueline Beaulieu, Almee Clark, Sabrina Kenny, Suzanne D'Angelo, Patricia Goodreau, Christina Mendoza, Erin Roche Middle Row: Suzanne Neglia, Alisha Somero, Rebecca Warren, Emily Marks, Mandi Orrick, Diane Alsensor, Meghan O'Connor, Sara Tashner, Sara Introvigne, Colleen Cotter Back Row: Coach Christian Morrison, Ernest Moss, Katherine Wrinkle, Kristen Wegrocki, Heather Stockton (captain), Julie Stubb, Kimberly Almelda (captain), Kristina Plourde, Mary Rustico, Sara Doyle, Assistant Coach Edward Mahoney, Emily Greenough

Front Row: Ernest Moss, Paul Herman, Chris Claparelli, Edward Njai (captain), Will Figueroa, Josh Slack, Andy Erhartic, Brian Wrinkle, Emily Greenough Back Row: Coach Christian Morrison, Matt Uzenski, Chris Eaton (captain), Joe Zilah, Andrew Reno, Pat Murphy, John Morash, Nick Whalen, Assistant Coach Ed Mahoney

Kicking it in, Ed Njai and John Morash push it in to the end.  "photo by Luanne Centrella"
Going the Distance

By: Luanne Centrella

Entering their second year in Division I sports, the men's and women's Cross Country teams showed many schools that they plan to be tough competition. As Christian Morrison began his sixth year as Head Coach, he was joined by first-year Assistant Coach Ed Mahoney. With the addition of 16 freshmen to the women's team and 7 freshmen to the men's, the teams were able to grow in number, as well as, in depth.

Lead by co-captains, Heather Stockton and Kim Almeida, the women's team enjoyed quite a successful season. The women continued their tradition finishing strong and placing well within the conference. Their accomplishments include placing first in the Fairfield University Invitational, as well as, placing first in the Collegiate Track Conference. Losing seven runners due to graduation, the team still saw the return of other talented women. The team was young, but the determination of the team gave them ability to compete with other respected teams in the Conference. The women were led by four top runners. Senior Heather Stockton, Freshmen Katie Wrinkle, Sophomore Suzy D'Angelo, and Freshmen Christina Mendoza provided a strong season for the women's team. Wrinkle was named all NEC, as well as, NEC Athlete of the Week twice, for all her success this year.

The men's team was able to finish the season with a good base for the future of Men's Cross Country at Sacred Heart. Led by Senior Co-Captains Christopher Eaton and Edward Njai, the men enjoyed some success in the 2000-2001 season. The men finished a respectable third in the Fairfield University Invitational. The team continued their hard work and was able to finish fourth in the Collegiate Track Conference later in the season. The men's top runners for the season were Senior Christopher Eaton, Junior Chris Ciparelli, and Freshmen William Figueroa. Ciparelli made a spot for himself in the Sacred Heart University Cross Country record books in the 2000 season. He broke the record set in 1997 by completing a five-mile Cross Country course in 26:05.

All in all both the men's and women's Cross Country teams proved they had what it took to compete with many of the top schools in the area. They are looking to improve their records with every year that goes by.
Success on the Court

By: Shannon McCann

Under the direction of head coach Scott Carter, and assistant coach Craig Boston this year's team had a great season. The team gained five strong freshmen to add to the group.

The highlight of this season was winning the NJ City College Invitational Tournament, defeating Roger Williams University which clinched a division title for SHU, losing close matches to the 13th ranked team in the country, Concordia College and also to the Scottish National Team.

Key players for the team included outside hitters Josh Swan and Brian Quinn, Setter Craig Pickney and Libero Michael Maziarz. The final team record was 25-6 overall, 7-1 in the EIVA Odeneal Division. In the conference the team placed 9th overall, and 1st within their division.

Josh Swan and Brian Quinn were named to the All-Tournament Team at the NJ City Invitational Tournament. Josh was also named to the All-Tournament Team at the South Hampton College Tournament.

Assistant coach Craig Boston says, "We had a very successful season. We accomplished our team goals of winning the Odeneal Division of the EIVA Conference, breaking the school record for most wins in a single season. We are the only team in the Athletic Department to go to the NCAA National Tournament since becoming a Division I Institute. We are the most successful team throughout the 1990s and that tradition will continue for years to come."

Graduating only one senior this year, Michael Ferrari, this team is looking forward to another exciting year on the court.
SHU takes a turn at serving the ball.
-Photo by Luanne Centrella

Team members work together to continue their winning streak.
-Photo by Luanne Centrella

Everyone jumps in anticipation for the ball to go over the net.
-Photo by Luanne Centrella
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* NEC Conference Games
Bold indicates Home Games

The team anxiously awaits the start of the game. - photo by Lynne Darling
Jump, Set, Spike It

By: Julie Ferro

This year the women's volleyball team ended their season with a record of 6-24 overall. The team is currently under the direction of head coach, Scott Carter, who has been with the team for six seasons. During this time, the team has and continues to improve as they are now in the Division I level. The team captains for the 2000-2001 season are senior, Noreen Hillin, and junior, Kate Sammon.

During the season, they competed in the Division I Northeast Conference, as well as the Ivy and Big League. These leagues are comprised of teams in the East Coast's top Division I conferences.

Competing with big names such as Harvard, Seton Hall, Dartmouth, and Quinnipiac, the team worked together to succeed. Playing against their Northeast rival Wagner College, the ladies defeated Wagner in three games. The team was aided by Amanda Ayers, who helped defeat Wagner with nine kills. Freshman Meghan Eaton and Kathryn Westmacott also greatly contributed. Quinnipiac gave Sacred Heart some competition and a good game. SHU was able to win the first game, but Quinnipiac answered right back with a win. For the third and final game, both teams struggled a long battle but Quinnipiac prevailed. Kate Sammon led the team that day with 35 assists.

All and all these girls were able to combine their determination to win along with their athletic ability to have a great season.
United Together

By: Justin James

This past season the basketball team united together on the foundation of starting the season with a new and improved team, to match a new coaching staff. The transition from DII to DI was not easy, and the coaching staff needed all the help they could get.

Composed of mostly freshman, this season was a learning experience not taken lightly. The efforts under the guidance and leadership of Head Coach Dave Bike were rewarded with wins over Holy Cross and St. Francis (NY). Even though things didn't turn out the way everyone expected them to, the team's will to succeed lead to a positive outcome. The seasonal statistics were not labeled successful by many, being that these men only won 7 games out of 28. But, they won more than twice as many games as they did last year. The seven wins received were considered a huge success to the team.

The team began a ten game losing streak of disappointment to begin the season, which withered team members' spirits toward future accomplishments. All the necessary steps were taken to prepare the team for this year's season, but the lack of experience hindered the team.

Coach Bike aided greatly in making this team hungry for wins when some were virtually on the borderline of giving up. In the midst of the majority of the players feeling sorry for themselves, the coach made everyone feel proud of what they were and the opportunity that was before them. With the majority of the wins coming at the end of the season, it is safe to say that the team is now on the right track to a great season that is ahead of them.
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*NEC Conference Games
Bold Indicates Home Games

First Row: Justin James, Christopher Hairfield, Jannik Tuffel, Tim Welch, Kurt Ries, Chris Assel, Omar Wellington
Second Row: Terrence Kirker, Dave Bike (Head Coach), Michael Sandy, Zachary Spivey, Marling Madrig, Marjus Kovaliukas, Max Yokono, Andrew Hunter, Keith Bike, Johnny Kidd, Ron Gibson

Marjus Kovaliukas looks for assistance from his teammates as LIU tries to steal the ball from him.
<table>
<thead>
<tr>
<th>Date</th>
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</table>

*NEC Conference Games, Bold Indicates Home Games

The team rallies together for a moment of prayer.


Freshman Kate Maher looks for assistance from her fellow teammates.
Making Their Mark

By: Brooke Kelly

The season outlook was bright in October for the SHU Women’s Basketball team. After coming off of a 14-14 season and an appearance in the Northeast Conference tournament, the thirteen girls were ready to play again under the leadership of senior captains Abby Crotty and Heather Coonradt. The sophomore class made up the bulk of the team, boasting six players, two of which were injured. There were four new faces this year, including the Pioneers’ first ever international player, Kate Maher from Ireland.

Highlight games of the season were against Wagner, Morgan State, CCSU, and LIU. The ladies avenged three Wagner losses from last year. SHU returned the favor this year, beating them unmercifully 67-46 in their opening conference bout. Freshman Ashley Kohl was the hero against Morgan State in the Lasalle Tournament when she hit a three pointer at the buzzer to give the Pioneers the win, 67-66. The CCSU game came down to a pair of overtime foul shots with no time left by sophomore Ashley Durmer to clinch the win, 74-73. In the final game of the season against LIU, SHU was victorious 78-64. This game was particularly important, because SHU had to win in order to make the playoffs. Senior Heather Coonradt led the charge, scoring a career high 23 points.

The team and individuals had several noteworthy achievements throughout the course of the season. Midway through, the Pioneers were ranked 20th in the country in scoring defense, holding opponents at an average of 58.9 points per game. Brooke Rutnik finished first in the conference in blocked shots. Ashley Durmer was fourth in the conference in 3-point field goals. Leslie Newhard was ranked 8th in free throw percentage. Tara Brady was ranked 11th in the field goal percentage. Senior Abby Crotty had the highest assist to turnover ratio at 2.16, with 43 assists and only 22 turnovers. She has led in this category every year since she was a freshman.

All in all, the 2000-2001 season marked an improvement over the past year as they finished 15-14 and tied for third in the conference; however this young team was disappointed by the outcome of not winning the conference. They will miss the loss of their two seniors, but will return with the intent of going further next year!
Difficult Competition
By: Sara Steinecker

The 2000-2001 Men's Ice Hockey Team finished 11-10-5 in the MAAC Conference and 14-12-5 overall for the season. This was going to be the most competitive schedule the men have seen, especially with out-of-conference matchups. One of the most emotional times this season for the Men's Ice Hockey Team was their 5-3 win over Cornell University. This year's team was led by junior captain, Peter McRae and junior assistant captain Lloyd Marks, along with three seniors, five juniors, fourteen sophomores, and three freshmen. Head coach Shaun Hannah finished his fifth year with the team along with the assistance from Jade Kersey and Jeff Ottenbreit.

Many of the players received awards and recognitions for their playing. Sophomore goalie Eddie Fehri was named second-team All MAAC. He is second in the nation and first in the MAAC in save percentage, with a 0.931 mark. He was also named the ITECH/MAAC Player of the Week and Goalie of the Week for his record saves during the season. Seniors Ed Bourget and Eric Drake were also named to the MAAC team.

Prior to face-off at their last home game, the three graduating seniors, Alexis Jural-Binet, Eric Drake, and Ed Bourget, were recognized for their leadership and commitment over the past four years on the hockey team during Senior Night. The team made it to the MAAC quarterfinals but lost to Iona. With only three seniors graduating, the Men's Ice Hockey team is looking toward winning the MAAC next year and having the opportunity to make it to the NCAA tournament next year.
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*NEC Conference Games, Bold Indicates Home Games.


Sophomore Paul Sposito catches sight of the loose puck and takes off.
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* NEC Conference Games  
Bold indicates Home Games


Sarah Bergin flies into the goal trying to score.

Kristin Dudenbostel corners the opposing team.
Success on the Ice

By: Kristin Lee

When the students of the Class of 2001 were freshmen, the Women's Ice Hockey team included some members who had never skated or played the sport before. A year later, they joined the ECAC Division III league and have reached the playoffs every year since.

This year's squad, under the direction of first-year Head Coach Michael Barrett, was no exception to this successful history, posting an 11-8-2 (10-6-2 ECAC) record. Grabbing a last minute playoff spot, the Pioneers advanced to the quarter-finals for the third straight year, before losing to conference powerhouse Middlebury College.

Leading the team in scoring this year were sophomore Rori Jean and freshman Annie Katz, who tallied 23 points apiece for the Pioneers. Senior Sarah Bergin was a close second in scoring with 22 points. Bergin was named second-team All-American by the American Hockey Coaches Association as well as first-team All-ECAC by the League's head coaches. Also recognized by the ECAC was freshman defender Rhiannon Amor, who was named to the ECAC All-Rookie team.

Junior goalie Kim Derleth was once again a key player between the pipes for the Pioneers. She had 370 saves in the season and posted a 0.914 save percentage. Also helping out at the net was freshman Taryn Catania, who stopped 154 shots with a save percentage of 0.901.

Despite the loss of four seniors, the Pioneers should be a force to be reckoned with again next season. They will be looking to leave their mark on the conference as they compete in the ECAC Division III for their final season. They will make the jump to Division I for the 2002-2003 season.
Playing With Heart

By: Chantal Jansen

The men's and women's tennis team had many of the same familiar faces this year as well as plenty of new ones. With another season at Division I, there were new challenges and old ones alike. You would think it would be an obstacle to coach both teams with so many players, but with Coach Michael Fuastelle's seventh year here, he was able to handle the challenge.

During Spring Break both teams traveled down to Hilton Head Island, South Carolina to play. The women's team did well with a record of 4-2. The highlight of the trip was beating UNC-Pembroke. The men were in a tough spot playing such teams as Creighton, Temple, and UNC-Wilmington. Freshman Pat Darragh states, "We played top competition down there, most teams make easy scheduling down on spring break, but we made our challenging. We did this so we could better prepare ourselves."

The rest of the season went well for both teams. The women ended with their best record in history, 10-15. At practice everyone gave it their all and played with heart during matches. There was not only tennis being played, there were friendships being made as well. "Playing tennis at SHU is more than just being part of the team, it's being part of a family. We experience our ups and downs, but we are always there to build each other up," says Senior Jessica Magri. With Coach Fuastelle and the girls there for each other's support, the team made it through yet another season, and looks forward to the next.

The rest of the season for the men was exciting as usual. Playing up to their caliber and with all their effort it paid off; they ended up fifth out of 11 teams, with a record of 8-14. "It was a season of many highs and lows, victories and defeats, we have learned from the defeats and they will help us to succeed as a team in the future," says Senior Nick Asaro. This year has been different from other years because of the large number of players that are a part of the men's team. Everyone was able to focus on tennis and play their heart out no matter what the circumstances were.

Everyone had gained something from this year, and it will help them on and off the court in the future. For the next season they hope for more of the same success they had this season, and the continuation of improvements. "LET'S GO FEET!"
This SHU player is tired after a long match.

Jessica Magri returns the ball with a powerful stroke.
This player is ready to beat her opponent.

Determination is the key to Tennis.
Back Row: Coach Jeff Burtka, Colleen Murphy, Meghan Dodd, Isabel Shadell, Jenn Voskov, Emily Swain, Meghan Hurley Middle Row: Kate Trindall, Lindsey Frank, Danielle Dyer, Ula Wojcik Front Row: Kate Davignon, Joelle Constantino, Anne Brodnitzki

Back Row: Coach Jeff Natress, Linda Coumba, Chris Kelly, Rob Purslow, Sal Randazzo, Jay Calzolari, Mike Kohiba, Matt Wamsley Front Row: Rich Guanagna, Joel Paul, Dan Morell

Coxswain Ula Wojcik and Meghan Hurley carry the boat down out of the boathouse.
Gaining Speed

By: Meghan Hurley

The Men's and Women's Crew teams have been expanding and have become more developed each year. Practicing on the Housatonic River in the fall and the spring, and vigorously working out in the gym for winter training, has caused both teams to become stronger, faster, and more disciplined.

First year men's head coach and Rutgers University graduate, Jeff Nattress, has stepped up to guide the men's team to improvement in skill, strength, and technique. With a generally novice team, there has been a lot of room to improve. "Despite the addition of a new coach, and six first year rowers, the team had a great year, and I think that we are only going to get better as time goes on," declares men's captain and second year rower, Dan Morrell. This progress can be seen in the skill and effort put forth by the team during practices and races, which even led them to place second in this spring's Fairfield Invitational Regatta. "This year, the men's team has been met with some setbacks due to injuries and school conflicts, but I'm very proud and impressed with my guys," says Nattress. "They all realize that it will take time to gain speed and experience, but all are working very hard to get to that next level."

The women's team has also stepped up to become a strong competitor in college rowing. Under the guidance of second year head coach Jeffery Burtka, the women's team has been working hard for the spring season. "When I first came to SHU, I didn't even know what crew was," states first year rower Kate Davignon. "Our coach manages to keep us motivated, and with the determination we all have, I know we are going to have a good season." They have participated in races such as the Yale Invitational, Metropolitan Championships, and are enthusiastically training for the Dad Vail Regatta in Philadelphia, Pennsylvania, where they will compete with some of the top crews in the country. With only one graduating senior, Joelle Constantino, the team will have a lot of returning talent for next year. "We've increased the intensity of practice this year, and I've definitely seen the results," says Burtka. "The women who rowed last year are much faster on the ergs and on the water this year. We also have a good group of novices who have made an important contribution to our success. I'm looking forward to seeing how fast we will be in the spring."

The Women's Team carries the boat down to the water before the race. - photo by Meghan Hurley

The crew team practices on the water. - photo by Meghan Hurley
A Competitive Edge

By: Luanne Centrella

The Sacred Heart University Men's Lacrosse team finished their 2000-2001 season off with as much enthusiasm as they started off with. With eleven freshmen on the team, the men worked hard to establish themselves in the MAAC Conference. The Sacred Heart Lacrosse team was able to finish third in the Conference with a final and impressive record of 8-8. Fifth year Head Coach, Tom Mariano, directed his team with the help of Assistant Coaches Andrew DeCicco, Jon Basti, and Doug Steele.

The men competed against many tough Division I Teams. In the team's game against Lafayette, they proved that they had what it takes to be competitive. Many of the players stepped up to help the team, and lead them to a successful season. Steve Grabow, Mike Robel, TJ Hutmacher, Paul Lyons and Mike Levchenko were all key players during the season, and were vital to the team's success. Players such as Paul Lyons, Erick Perez and Mike Levchenko earned a great accomplishment. They ended their season by receiving All-MAAC honors.

This year the team will graduate four seniors, Craig Kelly, Kevin McCraine, Jim Kelly and Mike Brady. However, there are a number of young and talented players returning next year. In combination with all the knowledge they gained this year and the talent of new players for next year, it will be a great season. In order to work as a team, individuals must come together as friends. With that in mind, the Men's Lacrosse team can now look forward to a promising season both on and off the field.

Seniors Craig Kelly, Kevin McCraine, Jim Kelly and Mike Brady stand with their parents during Senior Day.

A SHU player must decide which way to run so his opponent won't get the ball.

The ball is passed to another teammate before the opponent has a chance to steal it away.
Sacred Heart makes a breakthrough to score a goal.

A SHU player runs down the field to help his team out.

Sacred Heart is determined to keep possession of the ball.

The opposing team tries to keep SHU from scoring a goal.
Ginny Capiocchioni prepares to block her opponents from scoring.

The team starters huddle for one last time before the start of their final game.

Graduating Seniors Ginny Capiocchioni, Morgan Futch, Laura Mack, and Jeanne Williams stand with their parents during Senior Day.

Laura Mack heads to the goal to score a point for her team.

Morgan Futch tries to get the ball before her opponent has a chance to.
Taking Over

By: Laura Mack

This spring, the Women's Lacrosse team, coached by Laura Korutz and assisted by Keri Remington, finished their season with a 10-4 record. This year they failed to clinch a spot in the NEC tournament for the first time in three years.

This season, the team was led by Sacred Heart's best line of defense, co-captain Ginny Capicchioni. Capicchioni closed out her brilliant career in goal by being named to the all-NEC team for the third consecutive season.

Morgan Futch was a big asset to the team, causing twenty turnovers this season alone. At the end of her career she accumulated a total of sixty-eight ground balls. She also proved to be a great offensive threat.

Another loss will be defensive end Jeanne Williams. Williams ended her career with a total of forty-four ground balls. Junior Denise Farina and sophomore Terri Blum and Tara Antonetti were also a huge part of the reason that SHU finished their season ranked first in the NEC in team goalkeeping.

On the offensive end, co-captain Laura Mack ended her career with a total of 136 points. She was tied with freshman Christina Macchia as Sacred Heart's leading goal scorer this season. She finished the season fifth in the NEC scoring.

This year's team was possibly the most talented team the Pioneers have ever seen. All in all, the Lady Pioneers are definitely up and coming, so be prepared to watch them take over the field next season.

This is what SHU Lacrosse is all about.

Jeanne Williams tries to decide what she should do next.

Christina Macchia runs with excitement onto the field to begin her last game as a freshman.
A Winning Streak

By: Shannon McCann

Not having a baseball field on campus may make people think that we do not have a baseball team at Sacred Heart. This is not true, in fact we have a team who had one of their best seasons ever. Head Coach Nick Giaquinto began his 13th year as coach of the Sacred Heart University Baseball team. 1999 UMass grad Seth Kaplan came back this year for his second year to help the team as the Assistant Coach.

The team has four graduating seniors and one grad student on the team. Each of these players had a vital role in the success the team saw over the season. Before school began they did a lot of recruiting for the team and this year they had ten new freshman faces on the team who also aided in the teams success.

The highlight games of this years season included winning fourteen of the last eighteen games they played including eight of the ten conference games. Key players for these games included, outfielder Matt Lemanczyk, Brian Brunckhorst, pitcher Dave Rosso, and pitcher Eric Bushor.

Matt Lemanczyk received All NEC and All New England recognition this year, and Brian Brunckhorst received 2nd team All NEC recognition.

The final team record was 22-23, to which ten of the games won were non conference wins. In the conference they ended the season 12-10 ending up in sixth place.

Overall Giaquinto said, "We had our winnigest season since 1996. After a strong second half of the season everyone is anticipating a shot at the conference title next season."
The coach gives last minute strategies to the pitcher and catcher.

Behind the scenes at the dugout.

The hitter swings at the ball.
Michele Walker throws the ball to first base to get the runner out.

Catcher Karyn Fortier tries to grab the ball to prevent her opponent from scoring a run.

Both catcher and umpire get ready for the throw from the pitcher.

Shannon Bailey waits for the ball to come her way so she can make a perfect play.

This player prepares herself for her turn up at bat.
Young Talents

By: Shannon McCann

After showing great success at the Division II level, Sacred Heart University's Softball players have continued to prove they have what it takes to compete with top teams in the Division I level. The team is coached by Elizabeth Luckie who has been coaching the women to victory since 1989.

Going into the start of the season the women were prepared to battle for the top spot in the Northeast Conference (NEC). With an influx of new talent and a solid core of returning players, these women worked hard to have a successful season. The 2001 team consists of only five upperclassmen (two seniors and three juniors). The remainder, seven sophomores, nine freshmen, and one junior transfer. Coach Luckie states, "We have a lot of talent to choose from. They may be young, but we will put the best nine on the field."

Senior co-captains Ann Snellinger and Karyn Fortier helped to lead the team through their successful season. Snellinger was seen in both left field and in the pitching circle this season. Fortier showed her leadership behind the plate as the team's starting catcher.

This being only their second season as a Division I team, the Pioneers won 19 games, which is nine more games than they won during their inaugural season. Every player puts in great efforts during every game they play to make this season a successful one.
Breaking Records

By: Luanne Centrella

As the men’s Indoor and Outdoor Track team entered their second year in the North East Conference, they turned out record breaking seasons. With a talented freshman class of 16 members, the team was now complete and underway for a great season. For the fourth straight year in a row the men’s track team won the Collegiate Track Conference Indoor Carnival Relay.

Runners like Shamir Drew, John Sakowich, Adam Reynolds, Sal Cataldo, and Paul Herman, along with thrower, Mike Stanley all broke indoor school records for their events. The men continued their success into the spring outdoor season. They finished second at the CTC meet.

The Sacred Heart Men’s Track team also broke several records for the Outdoor season. John Sakowich set school records in the 200, 400, and 800 meters. While Mike Stanley broke the school record in the hammer throw. Records were also broken in the 4x400 meters and the 4x100 meters.

Along with the broken records, many members of the team earned different titles. The 4x400 meters relay team containing Cataldo, Herman, Dean Hanafin and Sakowich placed 4th in the NEC meet. Senior Mike Benedetto placed 7th in the triple jump at New England’s, to make All-New England.

According to Coach Christian Morrison, “Our top athlete, Mike Benedetto was injured all year, but it was nice to see him come back to place at New England’s in his final meet. John Sakowich had a tremendous season, and with the way out relay teams performed we’re looking forward to next year.”

Andy Erhardt takes the lead. - photo by Luanne Centrella

Mike Benedetto gives it his all in the triple jump. - photo by Luanne Centrella

A SHU high jumper clears the bar. - photo by Luanne Centrella
Brian Wrinkles leaps over the steeple chase to clear the water. - photo by Luanne Centrella

Hurdler Pat Murphy leaves his competitors behind. - photo by Luanne Centrella

John Sakowich tries to pass his competitors. - photo by Luanne Centrella
These SHU runners take care of the competition. by Luanne Centrella

Sara Tasbar shows that she is a first place runner. - photo by Luanne Centrella

Vaulter Lauren Drew makes the height. - by Luanne Centrella

Heather Stockton has a great day for her steeple chase race. - photo by Luanne Centrella

Michele Shawah jumps over the hurdles to qualify for the finals. - by Luanne Centrella
Continuing Tradition

By: Luanne Centrella

The Sacred Heart University Women’s Track Team continued its tradition of excellence in its short history. For the 5th year in a row the women won the CTC Indoor Relay Carnival. They also won the Wesleyan Invitational. Many of the 29 freshman joining the team provided impressive performances with record breaking times.

Freshmen Sara Tasber, Colleen Cotter, Emily Marks, Katie Wrinkle and Christina Mendoza all provided standout performances, while veterans continued to challenge the competition. Senior Co-captains Heather Stockton and Michele Shawah finished off their senior years and track careers as competitive as they had competed in their four years.

Head Coach Christian Morrison stated, “It was great to see Heather Stockton and Michele Shawah finish out their careers by making All-New England and helping the team win a 4th consecutive CTC outdoor title. This team has plenty of young talent coming along, so the future looks bright.”

The women set many school records this 2000-2001 season and earned many titles. Many of the women earned All-Team CTC honors. Other team members earned NEC recognition for their performances.

Tasber and Wrinkle both qualified for the U.S Junior National. Wrinkle finished 4th in the steeplechase to earned USATF “All-American”. This makes her the first track and field All-American in school history.
A Bright Future

By: Trish Welch

In only its third year as a Division I varsity team, the Women's Swim Team concluded the season on a high note, posting dual meet wins over Canisius College and North Carolina A&T. The Lady Pioneers also finished 6th amongst a strong field of teams at the NEC Championships.

Ken Pierson, who entered his second year as head coach, was impressed with how the team remained positive during their grueling meet schedule. Pierson stated, "It was a tough schedule, especially during the first half of the season, but the girls remained upbeat and never gave up, and it showed when it came time for the championships."

The Lady Pioneers traveled to the International Swimming Hall of Fame Pool in Ft. Lauderdale, FL during winter break to train for the second half of the season. Patricia Welch, the senior captain, believed that the training trip was a crucial turning point in this season. Welch added that, "Because the season stretches from September to the middle of February, by the time December rolled around, we were all in need of a change. Training in Florida allowed the team to refocus on our individual and team goals, as well as get some extra yardage just in time for the end of the season."

The training tip proved successful due to the high placements and fast swims the Lady Pioneers posted at the NEC Championships. Patricia Saums, a junior, finished an impressive 4th at the NEC Championships in the 100-yard backstroke. Christine DePierro, a freshman, also finished the season off well. DePierro registered the 6th fastest time in the NEC Conference in the 100-yard freestyle. DePierro also qualified for the ECACs in the 1000-yard freestyle.

With Welch being the lone senior to graduate, the women's swim team will be a seasoned team next year, with nine veteran juniors leading the way. Swimmers to watch out for are sprinters Kimberly Gradale, Kelly Bennett, and Cynthia Sellerberg, as well as butterfliers Robyn Ostapow and Danielle Vitulli. Patricia Saums and Jennifer Kane are also strong contenders in the middle distance events. Martine Laprine in the backstroke events and Agatha Wygodzki in the individual medley are also expected to swim well.

With the strong junior class, other competitive swimmers, and great attitudes from sophomore Carrie Crum and freshmen Christine DePierro and Katie Dervan, the future of the women's swim team is sure to be a bright one.

Martine Laprine, Jen Kane, and Aggie Wygodzki relax by the pool. -photo by Trish Welch

Cynthia Sellerberg, Robyn Ostapow, Trish Welch, and Laurie Hohman get ready to head home smiling after their competition.
The girls get excited after winning their competition. *photo by Trish Welch*

The girls show their spirit for SHU during the Midnight Madness pep rally. *photo by Trish Welch*

A few of the junior girls sit with graduating senior Trish Welch at the end of her last competition at SHU.
The graduating seniors, Amy Foster, Jen Folsy, and Kristine Schiebel pose with their trophy they just won.

*First Row:* Megan Havens, Becky Williams, Stacey D'Amico, Kristin Driscoll, Michelle Mertes, Melissa Longo, Sarah Cain, Sara Delaporta, Jaime Sweeney, Kolby Driscoll  *Second Row:* Melissa Bellino, Allison Guarnieri, Kristin Arnold, Jolinda Wnuk, Beth Winchester, Kristine Schiebel, Jen Folsy, Amy Foster, Denise Cosentino, Stacey Jackson

The cheerleaders try to get the crowd involved to help the Pioneer men with the game.  *-photo by Lynne Darling*

The girls show off one of their stunts during the game.  "-photo by Lynne Darling"
Making Strides

By: Kristine Schiebel

The Sacred Heart University Cheerleaders have made strides this year that were thought almost impossible in years past. This year's 2000-2001 cheerleading squad participated in their very first competition.

The season began in August with new coach, Kelly Tedesco, SHU alumnus, leading the way through three successful seasons. "We finally have someone who believed in us and knew where the program was coming from and where it needed to go," said Senior, Jennifer Foisy. After overcoming the obstacles of practice space and lack of appropriate equipment the team managed to put all things aside and make history as the first cheerleading competition team ever at SHU! Not only was it the first competition, but the girls brought home a first place trophy giving them the title of New England Champions. After seven months of hard work the team came out on top during their intense three minute routine. Sacred Heart University also experienced another "first" this year by qualifying to compete in the National Competition in Daytona Florida in April. Yes, the one seen on TV.

The strong freshman talent made the plans of the seven returning team members possible to carry out. Many of these girls, upon coming to SHU, found themselves disappointed in the cheerleading program. Everyone pledged an unspoken promise to leave the team better than they found it. The reactions they received from the crowd at All New England helps fulfill that pledge, making it better than when some of the seniors first started out four years ago. With the strong bond that this team has formed and the risks stunt groups were willing to take, SHU's presence on the blue competition mat cannot be matched. Junior Captains Stacey D'Amico and Jolinda Wnuk have the opportunity to carry out a new SHU tradition taking next years team to the All New England competition to defend their title.

The pep rally and Midnight Madness are only a taste of the girls capabilities. In the future, check this team out at their games and at their competitions for awesome performances by this group of girls.

The girls spell out Sacred Heart for the crowd. -photo by Lynne Darling

Jolinda Wnuk cheers after the football team scored a touchdown. -photo by Lynne Darling
Tremendous Powerhouse

By: Luanne Centrella

In its second year as a Division I sports team, the Wrestling team enjoyed many wins this season. Under the supervision of Head Coach Brian Reardon, and assistant coaches Andy Seras and Alex Leki, the team showed that they are a program to watch out for. Senior co-captains Shawn Reynolds and Greg Ruggerio have both been members of the team since its beginnings. Shawn Reynolds states, "In three years, we have gone from a powerless program to a powerhouse."

The 36-member team defeated many nationally recognized wrestling teams. SHU faced off against teams such as Boston College and Binghamton State. The teams’ most impressive win was against Boston University. Sacred Heart University also made a good showing at the Sunshine Open, a national meet in Florida over Spring Break. Members of the team were able to finish in places third, fourth, and fifth.

Members of the team that led the Pioneers to such success included freshman Rob Belville, and sophomores Anthony Reynolds and Jason Cucolo. This year’s team was comprised of 19 freshman, and only had three seniors on the team.

After completing the 2000-2001 season, the team placed fourth in the region, the East Coast Wrestling Association. Shawn Reynolds, Anthony Reynolds, and Jason Cucolo were named Academic All-American. The program only seems to be drastically accelerating and is on the rise to tremendous national recognition. In the next few years, the SHU Wrestling program should prove that they are a strong program and one not to take lightly.
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*Northeast Conference (NEC) game
Bold indicates Home Games

Rob Belville performs a single leg takedown on his opponent.

Greg Ruggiero struggles with his opponent to gain an advantage.
Tara Gerber takes a deep breath before beginning her event.
photo by Lynne Darling

First Row: Melissa Flood, Nicole Finn, Allison Keck, Christina Pratt, Kristine Brackenridge, Lauren Winkenwerder, Andrea Musto. Second Row: Sara DeFrancesco, Meghan Burke, Marcella Falco, Stephanie bimbbaum, Cate Masterson, Marianne Fenell, Nicole Souza. Third Row: Nicole Fieschel (Head Coach), Jessica Gehrlein, Crystal Cassetori, Carolina Kronqvist, Tara Gerber, Amanda Damour, Janel Lowrance, Alysia Cantelmo (Assistant Coach)

Kristine Brackenridge, Nicole Fieschel, Nicole Souza, and Christina Pratt all pose with Poe the horse. -photo by Lynne Darling

Meghan Burke stands proud with her horse after a great show. -photo by Lynne Darling
Galloping Forward

By: Allison Keck

An emerging NCAA sport this year, the Sacred Heart University Equestrian team was once again coached by Nicole Fischel, with the help from Alysia Cantelmo, an alumni SHU Equestrian team member. The team roster this year included nine freshmen, two transfer students, and sixteen returning team members. The team also had the help of four captains, Christina Pratt, Cate Masterson, Krista Kartalis, and Marianne Fennell. These captains put a lot of time and effort into making the team a success.

With early morning drives to Long Island for horse shows and long trips back to SHU, the team did really well overall this year, and cheered each other on one hundred percent. Finishing fourth for the season, the girls put forth a lot to finish well against other competitive colleges. Celli Falco placed second in the High Point Rider standings out of thirty-two other riders who had qualified from other schools for the year. This year, the SHU Equestrian Team hosted regionals at Lion Hill Farm in Easton, CT. The team qualified ten of its riders this season for regionals.

This year the team is saying goodbye to six of its senior team riders, who will be sadly missed. Replacing these members will be difficult, but the team will be able to grow and become a better team than before, as new faces will soon be appearing. The future captains and seniors will lead the team to a winning and successful season for next year and years to come.

Jessica Gehlein trots her horse around the course. -photo by Lynne Darling

Senior Allison Keck leads her horse towards the next jump on the course. -photo by Lynne Darling

Nicole Souza prepares herself for her upcoming event. -photo by Lynne Darling
Our journey here has ended. It is now time for all seniors to say goodbye to our time here at Sacred Heart University. We have made many friends here, so we must cherish these friends and memories forever.

The contributions we have made as a class will never be forgotten. They will be stored in the archives of this University for years to come. We have left a strong foundation for the students who will eventually follow in our footsteps.

As alumni of the University, we will always be welcome on campus. Go forth now and take what has been handed to you in order to reach your final destination.

Julie Ferro
Friends, Laughter, and Fun

By: Becky Barnum & Heather Brande

On Thursday, November 30th the Class of 2001 ventured off on a coach bus to Foxwoods Casino to celebrate 2001 Days 'Til Graduation. Seniors had six hours to socialize, celebrate, and try their luck at gambling. Some students, who did not want to gamble, went off to the club to dance the night away. Others spent the night feeding quarters into the slot machines and placing bets on tables hoping to win the big bucks. Brandi Blevins said, “I do not mind that I lost because I got to spend some quality time with my friends.” At the end of the night everyone agreed whether they won or lost, it was a lot of fun.

The celebration continued on Monday, February 26th with the 2001 Hours 'Til Graduation Mystery Trip. As the bus drove down Park Avenue, seniors got excited thinking that they were going to a fun filled night at the Sports Page. Although there were several disappointed seniors when the bus passed the Page, the majority continued trying to guess the mystery location. There was a constant shouting of names of local bars, but the actual location came as a surprise to most of the Senior Class.

When the bus stopped at the Corner Pocket, in Milford, the students quickly scurried off the bus to get inside the bar. The location catered to both drinkers and non-drinkers, offering pool, karaoke, and a number of giveaways. People were not bored for a moment. They were too busy singing, dancing, and socializing all night long. The setting was perfect for a night of celebrating with classmates. Vimala George states, “Tonight was a great way to kick-off the countdown to graduation.”

All in all both nights were a chance for the senior class to celebrate their four years of hard work here in college. Both of the Countdowns to Graduation were just a small taste of what Senior Week would be about, leaving it up to the imagination of the Senior Class to determine what to make of it.
Countdown to Graduation

Hungry seniors get a bite to eat before hitting the casinos.

Tracie Cavanaugh and Amanda Astrella take time out for a photo.

Nikki Madzar and Audrey Marrone say cheese for the camera.

Lisa Cefalonii enjoys a game of pool.

November 30, 2000
February 26, 2001
2001 Graduates

Tune into these Seniors...

Meghan Kavanagh, Jennifer Jackson, Jeff Banisak, Joelle Constantine, and Rita Bivona enjoy time together during pub night. -photo by Luanne Centrella

TJ Moore and Andrea Linder enjoy a drink while socializing in the pub one night. -photo by Jen Jackson

Danielle Fournier, Emily Greenough, and Sara DeFrancesco share a few laughs and have a drink at Senior Pub Night. -photo by Jen Jackson

Noel Lang, Carlin Guarnieri, and Anthony Guarnieri show off their free cups they got during Senior Pub Night. -photo by Jen Jackson
Eddie Njal, RA in West Hall shows off his nicely decorated room. -photo by Gail Sinner

Kathy Relly, Amy Foster, Angela Vernice, Karen Fallon, and Krista Rosa all cannot wait to party and dance the night away at the Semi Formal. -photo by Sara Stelnecker

Paula Pineda-Nicolas and Jennifer Jackson show us how happy they are to be graduating this year. -photo by Luanne Centrella

Brian Shehey, Melissa Greenhalgh, Adam Dawson, and Heather Kohler all crowd around the table for a picture. -photo by Jen Jackson

Dana Fusco, Heather Brande, Caitlin Hurley, and Rebecca Barnum all show off their dress for the Christmas Semi Formal. -photo by Sara Stelnecker
Amanda L. Damour  
Art - Graphic Design

Janet A. Daniele  
Biology

Francesca G. Davi  
Psychology

Adam J. Dawson  
Sociology

Maria K. Debonis  
Psychology

Sara Defrancesco  
Psychology

Laura E. Desio  
Psychology, Pol. Science

Christine Dimick  
Biology

Bryan P. Dionne  
Finance

Jacek Drabczynski  
Finance

Eric P. Drake  
Political Science

Ivan Drazek  
Human Movement

Shawn Dumas  
Biology

Sara E. Dupee  
Psychology

Shalika K. Eaddy  
Political Science

Christopher P. Eaton  
Human Movement
Cheriel Gordon  
Finance

Kelly A. Gordon  
Bus. Admin.-Marketing

Melissa A. Greenhalgh  
English

Emily B. Greenough  
Biology

Justin Gregory  
Business Administration

Jeffrey J. Guarino  
Business Administration

Carlin A. Guarneri  
Art - Graphic Design

Peter J. Hahn  
Psychology

Sheetal Hallur  
Biology

William A. Hanley  
Business Administration

Darlene A. Harris  
Psychology

Erin Healy  
Psychology

Jessica E. Heideman  
Psychology

Kelly A. Henderson  
Psychology

Kristen A. Henderson  
Biology

Karim G. Herdsman  
Finance

Seniors  
160
To lead off the series of events that were about to occur in the days ahead, Senior Week 2001 kicked off on May 16, 2001 at Alchemy in New Haven. The excited seniors couldn’t board the buses fast enough for a night of music, food, dancing, socializing and most importantly, free drinks. After finals week and the “Smackdown” meeting given by Residential Life and Student Activities, the seniors were ready to celebrate, especially after the long lines they had to wait in to obtain their tickets for the upcoming events.

As the buses unloaded and the seniors were allowed in, students couldn’t get to the bar fast enough to begin their five day celebration. Many grabbed two drinks to ensure that their hands were never without a drink. A few students decided to hit the dance floor early in the night, while others preferred to sit and socialize with old friends, some of whom they hadn’t seen in the past few years.

Finally the food came out, and there was a mad dash to stand in line. Seniors were filling up their plates so quickly, it seemed the cooks couldn’t keep up with their hungry guests. It felt like hours until the empty trays could be replaced.

As the night went on, most people headed to the dance floor, but some just enjoyed sitting outside on the patio, catching up on old memories.

Before the seniors realized it, the night was over, and they were boarding the buses back to SHU...only to continue the party in South Hall.

The class officers are glad the night was a complete success. - photo by Kelly McGill

Cheers to a night of endless fun. - photo by Kelly McGill

Can’t find your friends? Bet they’re at the bar. - photo by Kelly McGill

April Borgia stops to smile for the camera. - photo by Kelly McGill
Kick-off Party

Students dance the night away. - photo by Kelly McGill

Jesse White and Ali Silverio pose for a picture. - photo by Kelly McGill

John Coffin and friends remember memories from the old days. - photo by Kelly McGill

Sara DeFrancesco and Andy Etharlic share a friendly hug. - photo by Kelly McGill

May 17, 2001
Survivor on Location

By: Julie Ferro

Thursday hosted two events for the seniors. In the morning was the Survivor Pig Roast. The patio was transformed to look like a deserted island. Flik prepared some roasted pork, along with a pig churning off to the side of the grill. There was also barbeque chicken, fried clam strips, clam chowder, grilled vegetables, and watermelon for the hungry seniors to enjoy at their leisure.

At three o’clock, students anxiously awaited to board the buses for Holiday Hill. An hour later, the buses finally arrived. When they reached their destination, the seniors stood in line again to eat. This time they chose from hot dogs, hamburgers, nachos, baked ziti, salad, chicken wings, and corn on the cob. There was also a variety of pasta and potato salads, soft drinks, beer and wine.

After dinner, seniors had free reign of the complex. They participated in activities such as basketball, baseball, horse-shoes, mini golf, volleyball, badminton, paddleboats, kayaks, and canoes. There were also many organized activities such as an egg toss, water balloon toss, a game show, and a ping pong tournament. Beer Pong and Cups were also popular contests Seniors decided to play.

Even though the rain held off for the day, it was still chilly outside, but a few students jumped in the pool. Instead, there was a DJ with dancing to keep them occupied. As the clock struck twelve, it was time to board the buses after a long day of fun and exciting events.

Before sitting down, one last stop is made at the drink coolers. - photo by Kelly McGill

The girls relax and save their energy for Holiday Hill. - photo by Kelly McGill

Finally! We thought the buses would never get here. - photo by Joe Winter
Pig Roast/Holiday Hill

Leopard Blankets and tiki torches were set up to make the pig roast authentic. -photo by Kelly McGill

Does Tom Wuestkamp ever put that camera down? - photo by Kelly McGill

Students sit and enjoy the delicious buffet at Holiday Hill. - photo by Joe Winter

Gigi Lefort is one of the few that attempted to go swimming. - photo by Joe Winter

May 17, 2001

Senior Week
Students ran to the boats to see who would be next to race. - photo by Al Precourt

Dana Fusco and Angela Vernice share some memories at the Pig Roast. - photo by Kelly McGill

The balloon toss has officially begun. - photo by Julie Ferro

Students were instructed how to toss the balloon to their partner. - photo by Julie Ferro

Students gathered along the beach to watch the canoe races. - photo by Al Precourt
May 17, 2001

The teams are tied. Who will break away first?
- photo by Al Precourt

Matt Boyer is determined not to give up the ball.
- photo by Joe Winter

Students sit and relax on the balcony.
- photo by Joe Winter

Quick someone help! Students overboard!
- photo by Al Precourt
Good morning, Seniors

By: Julie Ferro and Luanne Centrela

At eleven o'clock on Friday, May 18, 2001, the senior class gathered in the Mahogany Room for a buffet style brunch. The Seniors piled food onto their plates then sat quietly at their tables to hear from the Yearbook Dedication Honoree. At each place setting was a key chain souvenir for all seniors.

Once the seniors had settled down and had almost finished eating, Class of 2001 President, Tom Wuestkamp, and Prologue Editor, Julie Ferro, introduced this year's Prologue Yearbook dedication, Phyllis Machledt. Phyllis gave the Class of 2001 words of encouragement and stated how proud she was of our class because of all the community service we had completed. She stated that she was honored that the Class of 2001, in particular, recognized her, since this was the class that gave the most volunteer hours over their four years. She reminded us that it was members of our class that made events like Curtis Week and Habitat for Humanity so successful. The microphone was then handed over to Student Government President, Vimala George, who led the class in a champagne toast. The Seniors raised their glasses and toasted to each other, their accomplishments, and to their futures.

When it was all over, some seniors stayed to socialize and reminisce about old times, while others hurried off to get their hair and nails done, along with last minute errands before the Commencement Ball that evening.
Champagne Brunch

The Mahogany Room is filled as hungry seniors gather to eat.
- photo by Kelly McGill

Tom Wuestkamp and Julie Ferro introduce Phyllis Machledt.
- photo by Kelly McGill

These students stop eating for a photo opportunity.
- photo by Kelly McGill

Karen Fallon, Tracy Taylor and Jen Crawley share a laugh together.
- photo by Kelly McGill

May 18, 2001
An Evening with the Stars

By: Julie Ferro and Luanne Centrella

On Friday, May 18, 2001 at Anthony's Oceanside in New Haven, CT, the annual Commencement Ball took place. This was the last time that seniors could celebrate as an entire class. It was also the first time that week for non-seniors and for non-SHU students to celebrate in the Seniors' accomplishments. While some students decided to drive to the event with their guests. Over four hundred seniors and their guests boarded school buses for the last time in their formal attire for a night of dinner and dancing.

Upon arriving, cocktails and hors d'oeuvres were served, and it was a time for seniors to take memorable photos. Dinner consisted of a buffet with many dishes to choose from, while desert was a plate of assorted cookies and pastries at each table. At each place setting was a picture frame for the seniors and their guests as a remembrance of the night.

After dinner, the long awaited senior video had its debut. All seniors gathered on the dance floor, on the staircases surrounding the dance floor and on chairs, while a combination of laughter and tears accompanied the memories of the past four years. When it was all over, the real celebration began. Since everyone was already on the dance floor, they just stayed there to dance the night away.

As the night came to an end, the students boarded the buses to take them back to Sacred Heart. It was definitely an evening to remember.
Commencement Ball

By the end of the night, the dance floor was packed.
- photo by Kelly McGill

These two girls managed to clear the dance floor.
- photo by Kelly McGill

The seniors of Kappa Phi pose for one last group picture.
- photo by Kelly McGill

Jen Poisey and friend are nothing but smiles for the camera.
- photo by Kelly McGill

May 18, 2001
These boys couldn’t wait to have their picture taken. - photo by Kelly McGill

Audrey Marrone and Mike Ferrari enjoy friendly conversation. - photo by Kelly McGill

This table makes sure everyone is included in the picture. - photo by Kelly McGill

Another table crowds in for a photo opportunity. - photo by Kelly McGill
Every dance has to have a formal photo taken. - photo by Kelly McGill

Diana and Laura Palmisano pose with their dates - photo by Kelly McGill

Amanda Astrella and Dan Gorton share a quiet moment together. - photo by Kelly McGill

May 18, 2001
A New Beginning

By: Janet Daniele

On May 20, 2001, Sacred Heart University held its 35th Commencement Ceremony. The ceremony began when approximately 1,200 graduates entered the football field.

Vice President for Academic Affairs, Thomas Forget, began the ceremony with words of welcome. Angela Bowden, a member of the graduating class then gave the Invocation.

This year's salutatorian was Paul Sideleau. Michele Evans received the highest academic award, class Valedictorian. Jose Feliciano and Sister Elena Jaramillo were both presented with Honorary degrees of Doctor of Humane Letters.

The commencement address was given by the Most Reverend William Lori. Bishop Lori was chosen to give the address because only a short time ago, he was named the fourth Bishop of Bridgeport at a mass held at Sacred Heart University.

President Anthony J. Cernera was the first to congratulate the graduates as they received their diplomas. Tears of happiness and success filled the eyes of the graduates. The moment they had been waiting for had arrived.

Senior Class President, Tom Wuestkamp, ended the ceremony with a quote Dr. Cernera addressed the class with four years ago. “The three things that one must do at college is, have fun, study hard, and fall in love.” Each graduate has done these things in their own special way, allowing them to embark on the wonderful journey of life.
Commencement

The graduating class waits to be seated. - photo by Kelly McGill

Sheila Hilger wasn't the only one to cry. - photo by Kelly McGill

Sister Elena Jaramillo received an honorary degree. - photo by Kelly McGill

Tara Cangemi searches for her name. - photo by Kelly McGill

May 20, 2001
Jose Feliciano waits to receive his honorary degree. - photo by Kelly McGill

Paul Sideleau shares a few words with the class. - photo by Kelly McGill

Tom Wuestkamp leads the class in the turning of the tassel. - photo by Kelly McGill

Students anxiously wait to receive their diploma. - photo by Kelly McGill

The class waits for the turning of the tassel. - photo by Kelly McGill
May 20, 2001
### Anthony T. Albanese
Dear Anthony, Congratulations on a great four years. We are all very proud of you. Much love, happiness and success in the future. Mom, Dad, Gran, Pop, Laura, the brothers Alb, Aunts, Uncles and cousins.

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### William J. Balsewicz III
"With arms wide open...We stand in awe of the man that you've become. If we had just one wish...We hope you understand that you can take this life...And hold it by the hand. And you can greet the world...With arms wide open." (CREED) Love, Mom and Dad

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### Brian A. Barnes
Brian - For the past four years we have seen our youngest son grow into quite a young man. We are very happy you have chosen a profession that shows your talents and that you are happy with. We are both very proud. Love, Mom and Dad

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### Michael J. Benedetto
Mike - All of us are so proud of you. We all wish you success in everything you do in life. Love, Mom, Dad and the Family

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### Diana L. Bishop
Dear Diana, Over the rainbow and into the 21st century dreams that you dare to dream will come true. Have hope, be kind and helpful, just be lovable. All our Love, Mom, Dad, Grammy and Linda

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### Jennifer Bisson
My dearest Jen, My wish for you is for good health and happiness. May all your dreams come true. I love you very much - Mom

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### Jesse R. Blake
We are proud that you have achieved your goals. We once told you never to give up on your dreams, believe in yourself and work hard. We believed in you and knew that you had the ability to follow and achieve your dreams. Love, Mom and Dad

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### Edward H. Bourget Jr.
Dearest Ed, Step into the future secure in the knowledge of our unending and unconditional love. Congratulations on your achievements. Mom and Dad

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### Jill A. Burns
Dearest Jill, Congratulations! We are very proud of you. Best wishes in your nursing career and may God bless you always. Love you, Dad, Mom and Tammy
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<tr>
<th>Name</th>
<th>Message</th>
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<tbody>
<tr>
<td><strong>Victoria L. Busam</strong></td>
<td>To our Vicky. Our wish for you is a lifetime of happiness and fulfillment. May all of your dreams come true. We are very proud of you. We love you. Love, Mom and Dad</td>
</tr>
<tr>
<td><strong>Todd M. Casazza</strong></td>
<td>Todd...What you have accomplished cannot be described in words. Be proud of yourself. Let your knowledge guide you through the great world that awaits you. I hope you have health, happiness, and success forever...Love, Dad</td>
</tr>
<tr>
<td><strong>Todd M. Casazza</strong></td>
<td>Dear Todd, Congratulations! I am so proud of you and all that you have accomplished. You have a bright future with endless possibilities. Take time to celebrate! Love always, Mom</td>
</tr>
<tr>
<td><strong>Todd M. Casazza</strong></td>
<td>Todd, I'm very proud of you. Proud of the decisions you've made and the way you've really made things work. I hope the success you've had in college (and business!) will continue throughout the rest of your life. Love, Dave</td>
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<tr>
<td><strong>Todd M. Casazza</strong></td>
<td>Dear Todd, Congratulations on your graduation. You are our hero! Love, Margot and Max</td>
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<td><strong>Todd M. Casazza</strong></td>
<td>Todd, You did it! I am so proud of you. I know you will continue to excel out in the world of work and challenge. Good Luck and God Bless You. Love, Nana</td>
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<td><strong>Luanne Centrella</strong></td>
<td>Dear Luanne, Congratulations, we are proud of your accomplishments and the person you've become. Love, Mom, Dad, Nicole and Michelle</td>
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<td><strong>Christopher Cirri</strong></td>
<td>Christopher, May your life be full of success, good fortune and happiness. Congratulations! Love, Mom, Dad, Mike, Holly and Anthony</td>
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<td><strong>Matthew Contino</strong></td>
<td>Dear Matthew, May you have success and fulfillment in the path you have chosen. You have truly been our &quot;gift of God.&quot; Love, Mom and Dad</td>
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<td><strong>Heather Coonradt</strong></td>
<td>Our Dear Heather, We are very proud of you and all your accomplishments. Live your life with happiness and love, and just remember, &quot;work hard and good things will come.&quot; We love you dearly, Mom, Dad and Mike</td>
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<td><strong>Lindsey Cooper</strong></td>
<td>Z, You are our shining star. From the day you were born, we have known that you were special and precious. We wish you a lifetime of joy, happiness and everything you want it to be! You've made us so very proud! All our love, Mom, Dad and Nate</td>
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<td><strong>Janet Daniele</strong></td>
<td>Dear Daughter, I am so proud of you. You took the hardest classes and you made it. Go for the highest. You will make your dreams come true. I'm so proud to be your mom. Love, Mom</td>
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<td><strong>Adam Dawson</strong></td>
<td><strong>Sara De Francesco</strong></td>
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<td>Congratulations Adam. We are so proud of your accomplishment and your striving to be the person you want to be. You are your Father's son. Love, Mom and Family.</td>
<td>The start to your success is to get your BS. Congratulations, lots of luck &amp; best of love to the greatest person. Love, Mom, Dad, Linda, Dennis, Corie and Grandma.</td>
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<tr>
<th><strong>Karen Fallon</strong></th>
<th><strong>Julie Ferro</strong></th>
<th><strong>Daniel Foley</strong></th>
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<tr>
<td>Karen, A parent's dream is for their child's success - our dream has come true. May your future be happy, but just remember there must be clouds before a rainbow. Believe in yourself and you will always be successful! Love, Mom and Dad</td>
<td>Dear Julie, You have completed the initial phase of your college education. Take this opportunity to expand your horizons to the best of your ability. The journey you are about to embark on will take you in directions that you cannot foresee. Enjoy the ride! We Love You, Mom and Dad.</td>
<td>Daniel, We are so proud of you. Your smile and personality will open many doors for you. May God continue to bless you with health, love, happiness and a lifetime of dreams. All Our Love, Mom, Dad, Scott and Grandma.</td>
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<tr>
<th><strong>Erica Forrest</strong></th>
<th><strong>Dana Fusco</strong></th>
<th><strong>Danielle Futch</strong></th>
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<tr>
<td>Erica, May all of your dreams come true. You have made all of us very proud. Love, Mom, Dad and the rest of the Family</td>
<td>Dearest Dana, You have always made us proud of your hard work and accomplishments. We pray that life will offer you the best of everything. Peace-Love-Happiness. Keep Smiling! Love Always, Mom, Dad and Andrea.</td>
<td>Dearest Morgan, May you carry your beautiful smile throughout life and experience only that which makes you smile... With Love, Your Family.</td>
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<tr>
<th><strong>Michelle Gaeta</strong></th>
<th><strong>Tara Gerber</strong></th>
<th><strong>Steven Giardino</strong></th>
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<tr>
<td>Dear Michelle, We wish you a happy, healthy and successful life. Love, Mom and Dad</td>
<td>Dear Tara, There aren't enough words to tell you how proud we are of you! You are a beautiful, smart and a determined young woman ready to enter a world that we hope will provide you with a lifetime of good health, success and happiness! We will always be there for you! Love, Mom and Dad.</td>
<td>Steven, You are our pride and joy. Always keep your good sense of humor and a smile on your face. However far you travel, no matter where you are, our love is always with you. Love, Mom, Dad, Peter, Mike, Dan, Amanda and Chris.</td>
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<td><strong>Kelly Gordon</strong></td>
<td><strong>Melissa Greenhalgh</strong></td>
<td><strong>Carlin Guarneri</strong></td>
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<td>Dearest Kelly, We are so proud of the lovely young woman our “precious girl” has become. We wish for you a lifetime filled with as much happiness as you’ve already given us. All Our love, Mom and Dad</td>
<td>Congratulations to Melissa, all of her roommates and Class of 2001! All the best in the future. We wish you all love, health, success and much happiness always. The Greenhalgh Family</td>
<td>Dearest Carlin, You accomplished great things, then did your best to make your dreams come true. You have earned this success, and you should be filled with pride, satisfaction and all the happiness you deserve. Love Always, Grandpa</td>
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<tr>
<th><strong>Carlin Guarneri</strong></th>
<th><strong>Peter Hahn</strong></th>
<th><strong>Noreen Hillin</strong></th>
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<td>Carlin, We are so proud of all your athletic and scholastic accomplishments while at SHU. You have always been blessed with unique talents and abilities, and you have used those gifts well! You’ve taken nothing for granted; rather, you have worked hard on the field and in the classroom to prepare for a challenging future. Just as important as the lessons that you’ve learned from sports and college, are the ways that you’ve grown as a person. As you celebrate this milestone in your life and look towards a new horizon, never forget what has brought you this far. Remember the love of your family and friends. Remember your own sacrifice and hard work. You have so much to be thankful for and so much to look forward to! May today mark the beginning of many new joys and accomplishments... and a continuation of all the good things that you already have achieved. We love you so very much, Mom, Dad and Anthony</td>
<td>Our Dearest Peter, Be proud of how far you have come and have faith in how far you can go. Love, Mom and Dad</td>
<td>Dear Noreen, To our baby girl! Congratulations. We are so proud of you. We wish you the best that life has to offer. Go get 'em! There is a bright future ahead of you. Be happy in your career. Love, Mom and Dad</td>
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<th><strong>Andrea Hubbard</strong></th>
<th><strong>Julie Hutchinson</strong></th>
<th><strong>Jennifer Jackson</strong></th>
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<tr>
<td>Andrea, We are so very proud of you. A lifetime of happiness is wished for you. May all of your dreams come true. Love, Mom, Dad and Alan</td>
<td>To Julie - You have grown into a very special young lady. You are everything we could ever hope for in a daughter. We are so proud of you and your accomplishments. We wish you a bright and successful future - full of happiness, health and dreams come true! Love Always, Mom and Dad</td>
<td>Dearest Jen, On behalf of your entire family, we congratulate you! We wish you every success for your future! Love, Mommy, Dad, Becca and Samantha</td>
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<td>Cheryl Janus</td>
<td>Megan Joseph</td>
<td>Vincent Kampf</td>
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<td>Precious Cheryl. As you graduate may success, happiness and fulfillment follow you down the path of life. May God’s wisdom help you to respond to an ever changing world with the knowledge you have learned at Sacred Heart. Love, Mom, Dad, Nannie and Pop</td>
<td>Our Dearest Megan, Congratulations! We are so proud of you and all that you have accomplished. We wish for you a lifetime of health, happiness, love and success. We love you so much. Love, Mom, Dad, Matthew and Melanie</td>
<td>You did it Vince! Your values, your beliefs, the good times, the difficult times, your laughter, your tears; your friends. All helped you through the past four years and helped you grow into a stronger person. Remember the past, look to the future. Continue to dream. Believe in yourself always! You are special! You can make a difference! We are so proud of you! We love you very much. Mom &amp; Dad</td>
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<tr>
<td>Heather Kohler</td>
<td>Heather Kohler</td>
<td>Michael Koosa</td>
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<td>Heather Marie, First Baptist seems like only yesterday, with yesterday’s tomorrow being today. We are so proud of your accomplishments. Love, Mom and Dad</td>
<td>My Dearest Granddaughter Heather, Congratulations! May all your dreams come true. Love You, Grandma</td>
<td>Mike. We’ve always known you were special. Your dreams will all come true because you are focused and willing to work hard. We love you. We are so proud of you. Love, Mom, Dad, Rob, Jess and Mag</td>
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<tr>
<td>Julie-Anne Kovaleski</td>
<td>Stacey Lariccia</td>
<td>Amy Levasseur</td>
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<tr>
<td>Our Dearest Julie, Wishing you a lifetime of happiness filled with great expectations. Fulfill all your dreams and goals. Love, Mom and Your Entire Family</td>
<td>Our Dearest Stacey. We wish you a lifetime of happiness and fulfillment. We are all so proud of you. May all your dreams come true. Keep up the good work. We all love you. Love, Mom, Dad, Nana, Pa, Bob, Michelle, Ryan, Nicola, KariAnn, E.J., Kaila, C.J. and Jacob</td>
<td>Dear Amy, We are so very proud of you. Our wish to you is health and happiness always. Love, Mom, Dad and Andy</td>
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<td>Jeffrey Lord</td>
<td>Laura Mack</td>
<td>Stephanie Malally</td>
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<tr>
<td>To Our Jeff, You have made us proud on and off the field. Congratulations to you and your classmates. Love You, Mom, Dad, Scott, Suzanne, BethAnn and Steven</td>
<td>Congratulations on taking this giant step on learning’s never-ending road. May your enthusiasm, positive attitude, willingness to work hard and ability to persevere be with you always. We are extremely (you betcha) proud of you. God’s blessing always. Love Forever, Mom and Dad</td>
<td>Dear Steph, We are all so very proud of you. May your future be filled with happiness and all your dreams come true. You are special. Always remember we love you and support you. Love, MaryAnn, Sarga, Grandma and Family</td>
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<td>Elizabeth Mangione</td>
<td>Our Elizabeth Sarah, Our wish for you is all the best life has to offer. We're so proud of you! Love Forever, Mom, Dad, Christopher, Laurie and Matthew</td>
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<tr>
<td>Andres Martinez III</td>
<td>Dear Dre, Dedication, determination and faith are the keys to your success over your college obstacles. Words cannot express how proud we are of your accomplishments. We wish you a future filled with continued success, good fortune and happiness. With All Our Love, Your Family</td>
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<tr>
<td>Kerry Mazzeo</td>
<td>Congratulations Kerry! Your hard work over the last four years have been a joy to Beth and I. Always keep that gorgeous smile and impart upon your future students the valuable lessons you learned at SHU. Love, Dad and Beth</td>
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<tr>
<td>Brian McGrath</td>
<td>Brian, You have accomplished what you set out to do. You've graduated from college. We know the same determination you showed during the past four years is only the prologue to your future success. We love you always. Love, Mom and Dad</td>
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<tr>
<td>Lisa Milin</td>
<td>Dear Lisa, Where have the years gone? You have grown into an independent and wonderful person. Enjoy life and be happy. Love You, Mom, Dad, Tom and Lauren</td>
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<tr>
<td>Agnes Obara</td>
<td>Dear Agnes (Agnieszka), We are very proud of you and your accomplishments. May all your dreams come true and may God bless you with good health, love, and happiness. Thank you for being you! Love Always, Mom, Dad and Lidzia</td>
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<tr>
<td>Diana Oseff</td>
<td>Dear Diana, We wish you much happiness throughout your life. May all your dreams come true...Love, Mom and Dad</td>
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<tr>
<td>Angela Paulone</td>
<td>Angela, Four years went by fast. Hopefully you enjoyed many experiences as you grew in mind and spirit. Yes, we definitely are proud of you, but we knew that since day one. Love, Mom, Dad, Matt and Mike</td>
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<tr>
<td>Timothy Payne</td>
<td>We are so proud of you Tim! Our wish for you is a lifetime of good health and happiness. Work hard and take time to play! Love, Mom, Dad, Stacie and The Whole Family</td>
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<tr>
<td>Eric Penney</td>
<td>Eric, Share your abundant optimism and enthusiasm with others - it's infectious! Love and Best Wishes, Mom and Dad</td>
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<tr>
<td>Susan Perkins</td>
<td>Susan, We are so proud of you. We knew you would accomplish what you set out to do. We wish you the best life has to offer. May all your dreams come true. Love, Mom, Michael and Adam</td>
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<tr>
<td>Jeffery Piassek</td>
<td>Our Boy Jeffrey, You did it. Everyone is very proud of you. Especially your Pop. Wherever you go and whatever you do, your family values and faith will get you there, along with your two special angels on your shoulders. We Love You Forever, Mom and Dad</td>
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**Final Thoughts**
Jeremy Poulin
Jeremy, my son, my friend, believe in yourself, trust your crazy ideas, and you’ll go far. I’m so proud of you! Love, Mom

Katherine Reilly
May your goals always be achieved. May you reach for the stars and always grab the brightest one. We Love You, Mom & Dad

Erin Rice
Dear Erin, We are very proud of you and only ask that you be happy in all the things you do and may all your dreams come true. Love, Mom and Dad

Molly Roy
Molly, Some people see Angels...we were blessed with one. We have watched you spread your wings and touch the lives and hearts of many. Now’s your time to fly and make your dreams come true! Love, Mom and Dad

Kelly Ryder
Dearest Kelly, Words are so inadequate to express our pride. The sky’s the limit sweetheart...may the wind always be beneath your wings...Soar! Love, Mom and Dad

Lauren Sabonjian
Our lovely Lauren, We are so proud of you! We wish you a lifetime of success and happiness! You had the courage to dream your dream and the determination to make that dream come true. Love, Mom and Dad

Carmine Salute
Dear Carmine, Just when we thought we couldn’t be any more proud of you, you prove us wrong again. Love, Dad and Peggy

Kevin Sanders
We are proud of all your accomplishments. Follow your dreams. Be courageous and ambitious in facing the challenges ahead. Remember that wherever life takes you...phone home once in a while. We love you. Dad, Mom, Jackie and Tim

Daniel Sannito
Dear Dan, You have always made us proud by working hard to be successful both in and out of school. Our wish for you is a lifetime of continued success and happiness. Congratulation! Love, Dad, Mom and Nick

Janna Short
Our daughter, sister and friend. Your gentle charm, kindness and loving ways have brought sunlight to our family. You are so competent and have always used your talents to help those around you. We know that you will continue to strive to do your best, help others and walk with God. We are so proud of you and know that life holds happiness and love for you always. We love you. Dad, Mommy, Jeffrey, Jonathan and Willow

Corrie Smith
Nothing is unrealistic if you believe you can do it. Dream your dreams, reach for the stars. We are so proud of all that you have accomplished. We wish you great happiness and fulfillment in all you do. Love, Mom, Dad and Dan
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<tr>
<th><strong>Kelly Smith</strong></th>
<th><strong>Jaime Stimets</strong></th>
<th><strong>Meghan Stone</strong></th>
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<td>Kelly - SMC and SHU. Four years of hard work, determination, stress and happiness have made us very proud of you. Your humor, thoughtfulness, laughter and love fill our hearts. Wishing you much success. Our love is with you always. “Don’t Worry Be Happy!” Love, Mom, Dad and Karen</td>
<td>Dear Jamie, Congratulations on your four successful years at SHU! You have a very bright future and success will follow you always. We wish you all the best! Love, Mom and Dad</td>
<td>Meghan, We are so proud of your hard work and determination. You have grown into a wonderful young adult. We wish you success and happiness as you begin a new journey. Love, Mom and Dad</td>
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<th><strong>Kathleen Swanton</strong></th>
<th><strong>Elizabeth Tangney</strong></th>
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<td>To our baby Kathy, We wish you the best in whatever you do. Congratulations on a job well done! We are all so very proud of you! Maureen, Bob, Michael, Jimmy, Brian, Tommy, Jessica, John, Joanne, Bud, Nick, Jo, Amanda, Sunan, Jim, Margie, Dad, Lorrie, Ken, Steven, Billy, Jonathan, Brian, Leah, Gabrielle, Chris, Jen, David, the other Dan, Cate and of course Mom!!! Love ya</td>
<td>Lovely Liz, You’ve made us proud, as you always do. We love you and wish you all you wish yourself. Mom, Dad, Gen and Chris</td>
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<th><strong>Kimberly Thiemann</strong></th>
<th><strong>Andrea Till</strong></th>
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<td>Dearest Kim, As one door closes, another opens before you - pause briefly at the threshold, reflecting on the memories and friendships at SHU. Open each new door with trust. On your path to success, pursue your dreams, making them a reality. You’ve worked vigorously and with perseverance for this day - your college graduation! You’re a beautiful addition to this world and have become an extraordinary woman. You will discover happiness and success - we’re confident in your ability, self-knowledge and values. We love you dearly and are extremely proud of you. Our love, respect and admiration for you is unconditional. Congratulations Kimmy. God Bless You, Dad, Mom and Jennifer</td>
<td>Our dearest Andrea, Our little girl has grown into a strong and beautiful woman. We are so proud of you. May your future be full of happiness and much success. We love you, Dad and Karen</td>
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<th><strong>Thomas Wuestkamp</strong></th>
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<td>Best of luck Tom. May your future allow all your dreams to come true. Love, Mom, Dad, Tracey, Dennis and Chewy</td>
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**Good Luck To All**
In Memory of Christopher Martin Bowley

August 6, 1972 - January 26, 2001

Heaven's Door
by: Christopher M. Bowley

I've seen it, and it's beautiful
A huge open space, just like I pictured
A wild soft and tender place
I've seen it, and it's beautiful
But only for a short time
Because I was called back
I've seen it, and it's beautiful
And I know I'll see it again
And it will be open to me

But until then, every night
I'll dream of the golden gates
Heaven's door

Do Not Stand at My Grave and Weep
Curt Knox

Do not stand at my grave and weep.
I am not there. I do not sleep.
I am a thousand winds that blow.
I am the diamond glint on snow.
I am the sunlight on ripened grain.
I am the autumn rain.
When you awake in the morning hush,
I am the swift uplifting rush
Of birds circling in flight.
I am the stars that shine at night.
Do not stand at my grave and weep.
I am not there. I do not sleep.

Christopher Bowley and Lee-Ann Galli
The 2001 Prologue Staff would like to thank the following people...

All Athletic Coaches
Ashley Anderson
Becky Barnum
Pam Barnum
Erica Beaulieu
Keri Blair
April Borgia
Angela Bowden
Kara Brady
Heather Brade
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Class of 2001
Brian Corasaniti
All Clubs & Organizations
Lynne Darling
Janet Daniele
Allie Dubose
All Faculty & Staff
Kelly Fitzgerald
Dan Foley
Lee-Ann Galli
Vinela George
Greek Life
Karen Gustelle
Craig Hande
Sean Hatch
Rebecca Heath
Carrie Hills
Meghan Hurley
Justin James
Chantal Jansen
Allision Keck
Brooke Kelly
Caren Orlick Korin & DaVor Studio
Andrea Koutsares
Kristin Lee
Justin Lear
Ann Little
Laura Mack
Taryn Mahoney
Mailroom
Elaine McCauley
Steve McCabe
Kelly McGill
Kelly Meyers
Linda Murphy
Matt Park
Angela Paulone
Michelle Peneda
Eric Penney

Tom Pesce
Al Precourt II
Victoria Primiano
Public Safety
Registrar
Residential Life
Elena Rosero
Steve Russo & Taylor Publishing
Kristine Schiebel
Shara Secondo
Gail Sinner
Bethany Specht
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Sports Information
Student Activities
Bill Tarinelli
Denise Tiberio
Jeremy Tigano
Patricia Welch
Dean Larry Wielk
Joe Winter
Tom Wuestkamp
Keith Zdrojowy

** All others not mentioned**
A Note of Thanks...

I would like to take the opportunity to express my heartfelt appreciation and gratitude to the 2001 Prologue staff. Without the hard work of these individuals, this book would not have been possible. The creativeness they brought into the office was truly remarkable, and because of that, the book was able to flourish into a wonderful archive for the University.

At this time, I would like to thank a few special people. To the Assistant Editor, Shannon McCann and Photography Editor, Bill Woodruff, thank you for all your constant support and ability to work as a team. To our advisor, Kelly McGill, thank you for all your help. You did a wonderful job as a first time advisor, and without you, I would have lost my sanity a long time ago. To Joe Winter, thank you for being the chaperone on our conference. To Steve Russo and Taylor Publishing Company, thank you for keeping our spirits high and being a wonderful asset to our staff. Finally, thank you to Al Precourt and the entire Student Activities staff. Whether it was to proofread our pages or help out at events, your time was truly valuable and most appreciative. I am so grateful for your support.

I would like to close by wishing next year's staff the best of luck. I know you will do a great job. Thank you for making this year a complete success.

Love,
Julie Ferro
Editor-in-Chief, Prologue