New Faces, Old Memories;
The Dreams of Tomorrow;
Illusions;
Stained Glass;
Dazed and Confused;
United Together;
Recapturing the Year;
Friendships;
Impressions;
Until the Sun Goes Down;
The Darkest Night Before the Dawn;
Tears Fall Like Rain;
Laughs and Cries;
Escaping from Loneliness;
Time for Changes;
Remembering Special Times;
Just for the Moment.

By Karen Wallenta
Ambitious (am-bish'ës) adj. A strong desire to achieve something; an object or goal strongly desired; a desire to achieve a particular end; will to succeed. [Lat. ambire]

The embarkment into college is not a minor occurrence after one graduates from High School. It is a major stepping stone which will lead to greater opportunities once finished with one's course of study. Sacred Heart is comprised of not only new high school graduates, but also a substantial number of adults. All of SHU's students, varied as they may be, are striving to achieve their own separate goals under a unified roof, paving a path that will help guide them through life's needs, wants, and desires.

A quality education is a long-term commitment - one that requires direction and ambition to determine where one wants it to take him/her. William Rose Benet wrote, "The end in the beginning! And I believe, my friend, that wisdom worth the winning, thus won, outshines the end." A college degree is not and end in itself, but rather the means to a very fulfilling and exciting future, something which will improve one's quality of life, opening many doors that would otherwise be closed.
Collegiate (ke-le'-jit) adj. Of, relating to, or comprising of a college; designed for or characteristic of college students. [Lat. collegium]

As a college student, numerous and heavy demands are placed on your time. Your course work, which includes reading textbook chapters, completing assignments, studying for exams and writing papers, competes with part time jobs and social as well as recreational tasks. Each demands your valuable time. Often college may seem like a balancing or juggling act in which you are trying to do everything well. One of the best ways to handle the demands and pressures of college life is to become more efficient — to work smarter, not harder.
Dedication  (ded-i-ka-shen) n. To become committed to as a goal or way of life; to set apart for a special purpose; to inscribe; to commit oneself fully; devote.  
[Lat. dedicare]

Being part of Sacred Heart University means more than just being committed to schoolwork. SHU provides a chance to meet new people, a challenge to the mind, and a great learning atmosphere. Since Sacred Heart is a commuter school, not much time is spent with those friends who do not live locally. But the time that is spent with friends is done laughing, catching up on the day’s events and helping one another. One of the most significant ways students come to know one another is through participation in the clubs and organizations on campus. It is inevitable that a family environment emerges from students’ involvement and dedication to their particular clubs and organizations to which they belong. Many of the students who become involved with events spend a great amount of time contributing ideas which will encourage other students to participate in these events, thus enriching college life for all.
HONORABLE

RESPONSIBLE

DEVOTION
Encouragement (en-kur'ij-ment) n. To inspire to continue on a chosen course; impart courage or confidence to; embolden; hearten; to give support to; foster.
[Fr. encourager]

Each and every teacher at Sacred Heart University takes great pride in what he/she does best — teach. Class lectures are structured to challenge the student beyond basic information given in text books. The classroom transforms into an arena which fosters the development of creativity and knowledge. Much of what students become is a direct result of the commitment from their teachers.

Teachers have a special talent for recognizing a student's abilities, abilities that students themselves are unaware of, and encouraging them to realize their fullest potential. For this reason a teacher plays a vital role in a student's growth. They serve as role models; friends; confidants; and disciplinarians. It is obvious why most students credit much of their success to their teachers.
Enthusiasm  (en-thoo’ze-az’em) n. Great or fervent interest or excitement; a cause of keen or lively interest; a strong excitement of feeling something inspiring.  
[Gk. enthousiamos]

Give me a P  
Give me an I  
Give me an O  
Give me an N  
Give me an E  
Give me an E  
Give me an R  
Give me an S  
What does it spell? PIONEERS!!! The students of SHU devoted much of their time and energy to boost school spirit. With their undying enthusiasm they cheered on the crowd and the teams through victories as well as defeats. Students who attended SHU activities could often be seen wearing the colors of red and white cheering on the whole team and their favorite players. Spirit is the ability to experience the thrill of victory and the agony of defeat while maintaining a level of pride to be a Pioneer fan that is unparalleled by anyone or anything else.
FANATICISM

ZEAL

EXCITEMENT
Prestigious (pre-stij'ēz) n. Prominence or influential status achieved through success, renown, or wealth; the power to command admiration in a group; coveted status.
[Lat. praestigiae]

As we come to the end of our time at SHU we value our success based upon academic grades and growth in individual personalities. We have matured into reputable citizens with ideas that will make a significant difference in society. We are proud to say our college experience was acquired from Sacred Heart University.

Our pride is derived from many sources. The faculty and administration are first and foremost. Their individual pride in their work, and the growth and success of the students as a result of their efforts, causes the students to be proud of themselves and their school. In addition to the faculty and administration, our athletic teams have brought us prestige through their determination to be #1. The 1989-90 Men's Baseball team won the ECAC tournament in Massachusetts, which has not been won by SHU since 1976. They also competed and placed 2nd in the NCAA tournament for the first time in thirteen years. There's no greater feeling than being able to say that you are part of a winning team.

Our feeling of pride is enhanced when others recognize our growth and success. Our parents and employers now turn to us for important advice and decisions in our homes and work places. We credit this and many other accomplishments in our lives to our years spent at Sacred Heart, which has proven year after year to be a very prestigious university.
Unique (yoo-nek') adj. Being the only one of its kind; being without an equal equivalent; unparalleled. [Lat. unicus]

Each of us is unique in our own special way: no two students are alike. Ages vary from teenagers to adults, all of whom seek to continue their education in order to fulfill their dreams and receive a degree. Also, individuals display and acquire their own unique personality by the way they present themselves. For example, some of these students can often be found wearing casual clothing, such as jeans, a tee shirt, sneakers and sweats; meanwhile other students prefer to wear plaid, argyle socks, Izod shirts and docksiders; and still others remain to be seen in sophisticated attire such as a suit and tie, dresses, hats and high heel shoes.

While SHU students are clearly diverse externally, internally each varies in individual aspirations, aspirations of hopes and expectations which brought them to Sacred Heart. The University has a variety of majors to pursue depending upon the individual’s interests. They range from Accounting to medical fields such as Respiratory Therapy and Nursing.

Many SHU students choose to further their education in professional and graduate schools, while others put their skills to work as an entrepreneur or by working for someone else. Sacred Heart is definitely a melting pot of personalities and abilities, both of which enhance the beauty of the word UNIQUE.
DEDICATION

To give, yet not expect to receive. To always want the best for others, yet never selfishly. To bring sunshine and happiness to everyone he sees. To always have a kind word to say, always impartially. There’s only one person this can be, and that is Mr. C. For these reasons and more, Mr. Alvin T. Clinkscales is our 1990 Prologue Dedicatee.

Mr. Alvin T. Clinkscales is a man of great sensitivity and integrity; someone whom all can look up to, and not because of his height. He gives so much to so many people, he has been an inspiration to countless others, and still continues to motivate each new person he meets.

Mr. C., a man dedicated to Sacred Heart University, has been on the campus for many years, even prior to SHU’s occupation of it. He was a teacher, basketball coach, and assistant principle at Notre Dame High School when it was located on what is now Pioneer territory.

His role on campus has varied over the years. In 1972 he became the Financial Aid Director of Sacred Heart, making college possible for many who had little hope of affording it. Financial Aid involves numerous complex federal government rules and regulations, the kind that require an interpreter to understand them. He was able to master the system to benefit SHU’s students. Many of SHU’s graduates would have never made it through if it weren’t for his dedication and determination to assure that everyone had the same opportunity to receive a college education. After several years as Financial Aid Director, Mr. C. now serves as Assistant Vice President for Minority and Community Affairs.

Even with responsibilities as great as he has held, he has managed to find time for others, both at home and at work. Mr. Clinkscales’ wife is also very accomplished. She was awarded a national teaching award as one of the country’s top teachers. Together they’ve raised three successful children. Keith is a graduate of Harvard graduate school; Norma is a 1990 graduate of Howard University, Washington; and Eric is a student at Sacred Heart. Mr. C. has a natural ability to compel others to realize their fullest potential.

Two people on campus who credit much of their success to Mr. Clinkscales are Julie Savino, Financial Aid Director, and Dave Bike, Director of Athletics and SHU Basketball Coach. Julie started working for Mr. C. as a SHU work study student in 1975. In 1979 she became his Assistant Financial Aid Director, and in 1984, his Associate Financial Aid Director. Julie is very proud to tell people how she acquired her expertise in financial aid and her ability to work with each student, handling their individual problems and special circum-
Mr. Alvin T. Clinkscales

stences. "I consider myself very lucky to have learned from and been taught by Alvin. I wouldn't know half of what I do if he hadn't given me the opportunity and ability to do it. He took me under his wing and then set me loose, but he was always there for guidance, as he still is."

Like Julie, Dave Bike attributes much of his success to Mr. Clinkscales' encouragement and caring, beginning when Dave was a student at Notre Dame High School, and Mr. C. was his basketball coach. Although Mr. C. has never had the official title of a SHU basketball coach, he's always been involved with the team. He follows them closely, attends games, and is always available for advice whenever Dave asks. "He's always there for me when the going gets tough. He's a fine role model for many. He was for me." The basketball team is fortunate to have a man like Alvin Clinkscales. He was an All American basketball player for the University of Bridgeport. You can find his name in the University of Bridgeport Hall of Fame. He was also the first U.B. basketball player to become a Harlem Globetrotter.

Not only is the basketball team fortunate, but also the entire SHU community. It is very rare to have the opportunity to meet a person who befriends everyone he encounters; someone who can bring a smile to the saddest of faces. Activities Director Tom Kelly notes that Mr. Clinkscales is always a presence on campus and that he has always exemplified what SHU is all about — to him the students are #1. No truer words have ever been spoken. It isn't often that we meet such genuinely caring people. For those of you whose lives he has touched, you know how special he is. For those who don't know him yet, you can find him in N116, the halls, the cafeteria, or at any SHU event. Your lives will only be enriched from knowing him. Thanks, Mr. C., for everything.
IN MEMORY OF:

Students
Verna Lund
Lisa Dedrick

Administration & Faculty

Bette Pinder
Ed Maccioce
Robert B. Morrissey
V.P. Wystrak
Arlene Denyes

"Helped are those who find something in Creation to admire each and every hour. Their days will overflow with beauty and the darkest dungeons will offer gifts."

"Helped are those who are content to be themselves, they will never lack mystery in their lives and the joys of self-discovery will be constant."

Taken From:
The Temple of My Familiar, by Alice Walker
COMMITMENT.

When the school year began, each teacher had only one primary goal: To educate. When one thinks of teaching, one may think of assigning homework and giving grades. These are things teachers do, but they are not actually teaching. Teaching is the process of helping others gain knowledge, giving instructions in skills and helping others to learn by providing experiences and demonstrations. The most important thing that each teacher at SHU emphasises is that we, the students, be proud of who and what we are and that we should let our true feelings show through.

"Desire is the key to motivation, but it's the determination and commitment to an unrelenting pursuit of your goal — a commitment to excellence — that will enable you to attain the success you seek."

Mario Andretti
Office of the President

Dr. Kristen Wenzel
Executive Assistant

Dr. Anthony Genera
President

Finance and Business/Administration

Ed Carrick
Director of Human Resources

Dr. Paul Madonna
V.P. of Finance and Administration

Ken Siegel
Manager of Human Resources

Marion Warne
Assistant Manager of Human Resources

Sofi Kapadia
Manager of Benefits
Finance and Business/Administration

Bob Black
Controller

Jay Guastella
Bursar

Gerry Thennes
Cashier

Toni Michaud
Director of Payroll

Nancy Whitmore
Supervisor of Accts. Payable

Frank Hultvagner
Director of Administration

Adrienne Toner
Purchasing and Contracts

Sophia Gevas
Director of Plohn Art Gallery

Vinny Mangiacopra
Director of Computer Systems

Frank Matthews
Director of Mail Services

Fred Sailer
Business Manager of Theater

Administration
Administration

Institutional Advancement

Ginny Apple
Director of Public Relations

George Chappa
V.P. Institutional Advancement

Laurie Bellico
Director of Alumni Relations

Drew Gagner
Director of Annual Giving

Virginia Harris
Director of Grants

Jo-Ann Tilghman
Coordinator of Special Events
Public Affairs

William Kennedy
V.P. for Public Affairs

John Gerlach
Director of Center for Policy Issues

Academic and Provost Office

Mary Ellen Jukoaki
Assistant V.P. for Instruction

Dr. Lucjan Orlowski
Acting Provost and Academic V.P.

Doug Bohn
Assistant V.P. and Registrar

Nancy Sidoti
Assistant Registrar

Administration
Administration

Academic and Provost Office

Caryl Rice-Ehelt
Upward Bound Program

Al Goodson
Coordinator of Student Academic Support Services

Alvin Clinkscales
Special Assistant and Minority and Community Affairs

Dorothy Kijanka
University Librarian

Ed Donato
Assoc. Dean for Continuing Education

James Brady
Asst. Dean for Lifelong Learning

Patricia Aquila
Undergrad. Counselor

Richard Farmer
Dean of Graduates and Continuing Ed.

Mitchell Holmes
Grad. Recruiter
Admissions and Enrollment Planning

Suzanne Young
Assistant Director of Admissions

Linda Beluk
Associate Director of Admissions

Jim Barquinero
Dean of Admissions and Enrollment Planning

Howard White
Admissions Counselor

Karen Pagliuco
Admissions Counselor

Ethel Zahornacky
Financial Aid Officer

Julie Savino
Director of Financial Aid

Administration
Administration

Student Services

Mike Bozzone
Dean of Students

Henry Krell
V.P. for Student Services

Joe McGuigan
Assistant Director of Activities

Tom Kelly
Director of Activities

Margaret Farrell
Director of Women's Center

George Lombardi
WSHU Radio Station

Paul McCormick
Director of Security
Student Services Cont.

Lynn DeRobertis
Director of Health Services

Father William Sangiovanni
Director of Campus Ministry

Sister Anne Louise Nadeau
Campus Ministry and Counselor

Chyai Mulberg
Drug Prevention Coordinator
Alfred Tufano  
Education

Marian Calabrese  
English

Ralph Corrigan  
English

David Curtis  
English

Angela De Pace  
Fritz

English

Sidney Gottlieb  
English

Piotr Gzowski  
English

Michelle Loris  
English

Robin McAllister  
English

Claude McNeal  
English

Judith Miller  
English

Mariann Russell  
English

Roberta Staples  
English

John Mahar  
History

Paul Siff  
History

Darryl Aubrey  
Management

Douglas Campbell  
Management

Shashi Date'  
Management

Rawlin Fairbaugh  
Management

Nancy Frydman  
Management
We apologize to those faculty members whose photographs we did not have:

**Accounting:**
- Lawrence
- Mammon
- Joseph Sladek

**Art:**
- John de Graffenried

**Biology:**
- Rosemary Green
- Carol Schofield

**Computer Science:**
- Allana Adams
- Mary Ann Robbert
- Carol Trifiliats

**Criminal Justice:**
- Dominick Sacco

**Econ/Finance:**

**Education:**
- Marjorie Krubiner
- Lois Libby
- Edward Murray
- Thomas Pepe
- Barbara Tulley
- Scott Willison

**English:**
- Pauline Yatrakis

**History:**
- Thomas Curran
- Matthew Magda

**Management:**
- Charles Reed

**Mathematics:**
- R.A. Devilliers
- Estelle Kochavi
- Jean Sells

**Nursing:**
- Anne Barker
- Carolyn Humphrey

**Philosophy:**
- Betty Daror

**Media Studies:**
- Donald Coonley

**Social Work:**
- Elaine Davis

**Sociology:**
- Gerald Reid

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**Philosophy:**
- Betty Daror

**Media Studies:**
- Donald Coonley

**Social Work:**
- Elaine Davis

**Sociology:**
- Gerald Reid
COMPETITION.

Do you have a favorite sport? Is it basketball or baseball? Do you like volleyball or softball? What about soccer? When you become active in any sporting activity, you develop strength, quickness, endurance, and skill. The road to success is hard work, dedication and a determination that whether you win or lose, you have applied the best of yourself to the task at hand. Perhaps one of the most important lessons an athlete can learn is sportsmanship.

"The ultimate victory in competition is derived from the inner satisfaction of knowing that you have done your best and that you have gotten the most out of what you had to give."

Howard Cosell

CONTENTS

- Men's Baseball .......... 34
- Men's Basketball .......... 36
- Women's Basketball .......... 40
- Cheerleading .......... 42
- Women's Softball .......... 43
- Men's Soccer .......... 46
- Men's Volleyball .......... 48
- Women's Volleyball .......... 50
Baseball Team Records

Historic Season

The 1990 Sacred Heart University baseball team turned in its best season ever as the Pioneers registered a record-shattering performance with 30 victories against only 15 defeats while finishing second to New Haven in the NCAA Division II Northeast Regionals. It was indeed a special way to celebrate the Silver Anniversary 25th season of baseball at Sacred Heart.

In only his second season at the helm of the Pioneers, Nick Giaquinto guided SHU into the NCAA regionals for only the second time in school history and the first time in 14 years. The 30 victories eclipsed the previous high of 23 set by the 1985 squad.

Sacred Heart received an at-large bid into the 24-team NCAA field and defeated Northeast-10 champion Merrimack 10-6 in the first round of the three-team Northeast Regional hosted by UNH in West Haven. The Pioneers then split a pair of games with the second-ranked Chargers (losing 9-0 and winning 8-7) before a tough 3-1 setback in the "if" game. SHU fell one win short of making it to the Division II World Series for the first time since the 1976 combine played in Springfield, IL.

Giaquinto's club solidified its at-large spot in the NCAA event by capturing the ECAC Division II Baseball Championship in an undefeated fashion with decisions over Mercy (9-1, host Lowell) and eventual North Atlantic Regional winner Philadelphia Textile 4-2.

Giaquinto's charges accomplished all this while playing a demanding schedule against the nation's best Division II teams. Although SHU dropped two games to top-ranked Atlantic Division during a southern tour trip to Savannah, GA, they did manage to take two out of five games against second-ranked New England Collegiate Conference rival New Haven. The Pioneers, who finished 12th-rated in the last NCAA poll, beat 13th-ranked Merrimack and split games with Central Missouri and Quinnipiac (who were both rated 14 at different times). Eight of the 15 losses came against five of the top 15 teams in the country.

After returning from their southern trip with a 4-6 record, the Pioneers got untracked and were 13-2 up north, including a school-record 12 straight wins. Giaquinto had his club playing its best ball of the season down the stretch as SHU won 17 of its final 21 games. The Pioneers were second to New Haven (13-1) in the final NECC standings with a 11-3 record, the most wins in league play for the Pioneers.

Junior pitcher Rich Licuri (13-2, 2.81 ERA) became the third Pioneer to earn All-America honors and the first ever to be chosen for the 1st team. The smooth-throwing righty was also honored as the NECC Player of the Year and the ECAC and Northeast District Pitcher of the Year.

The Troubll, CT, native established Sacred Heart season records for innings pitched (109), victories (13), appearances (20), and strikeouts (103) as well as career marks for wins (22), appearances (45) and strikeouts (244).

Giaquinto was pleased with the efforts of a pitching staff that was able to lower its ERA more than 2.5 runs a game to 3.45, the lowest team ERA in 12 seasons. The staff also posted a record five shutouts, four of them by Licuri, and set another school record for strikeouts in a season (270).

Seniors Pete Frankovitch (8-3, 4.44, 75 inn.) and Dave Wilson (3-4, 2.95, 61 inn.) along with junior Jose Escobar (5-3, 3.46, 39 inn.) and sophomore Tim Ward (2-1, 2.62, 34 inn.) also played major roles in the improvement. What made the improvement even more impressive was that Giaquinto lost the services of junior college All-American Mike Bennett, who missed the entire spring because of pre-season arm surgery.

Offensively senior rightfielder Craig Feinstein showed the way, leading the team in batting (.370), RBI (32), home runs (9) total bases (71), walks (31) and slugging percentage (.559). Feinstein also earned postseason honors as he was selected First Team All-NECC and All Northeast District. The Pioneers sported a .289 team batting average and established new school records for hits (407), walks (184) and strikeouts (193).

June catcher/DH Pat Yarasavich (328), junior shortstop Kevin GIl (316), senior DH Mark Lambert (319), senior first baseman Dave Garthwait (310), and Escobar (297) all turned in productive seasons at the plate.

Gill set SHU records for at-bats (158) while leading the squad in runs (38), hits (50), triples (2) and stolen bases (15). Yarasavich and Escobar shared the team lead in doubles with nine.

Escobar turned in a stellar effort in the Northeast Regionals, earning MVP honors with a .400 (6-for-15) batting average with three doubles and three RBI. He also pitched in three games (winning two), allowing only one earned run and seven hits in 11.7 innings with 11 strikeouts and four walks in addition to catching three games.

Sophomore outfielder Jim Bruno (268) and freshman second baseman Scott Schilling (262) also turned in fine seasons.
Cagers Finish 15-14
(5-9 NECC, 6th Place)

It was the 25th anniversary season for the Sacred Heart University basketball team but it was not the type of season that has come to be expected of the Pioneers. The defending NCAA New England Regional champs started off well enough at 6-1 but went 9-13 the rest of the way to finish 15-14 and 5-9 (sixth place) in the New England Collegiate Conference. It marked the most defeats (14) suffered by a Sacred Heart team, as well as the most losses in NECC play.

The 1989-90 Pioneers did have the distinction of recording Sacred Heart's 500th basketball victory against third-seeded Franklin Pierce 73-65 in the first round of the NECC playoffs. They also won their first SHU Holiday Classic crown since 1985 with a 116-104 overtime victory over St. Rose.

It was a season marked by close outcomes. The Pioneers, whose storied tradition includes a national title, eight NCAA appearances in 10 years and four NECC crowns, played in a New England record seven overtime games SHU lost four of them, including a 95-87 loss to eventual NECC champ New Hampshire College in the semifinals of the league tournament.

Coach Dave Bike concluded his 12th season with a 260-109 (.705) career record and was honored with the Doggie Julian Award, which is presented by the New England College Basketball Coaches Association for outstanding service.

"We got what we deserved this year," Bike said. "You can't work hard for two weeks of the season. We probable went as far as we deserved to, and I hope that we learn a lesson from it."

Co-captain Sean Williams, a senior forward, completed his four-year career 16th on SHU's all-time scoring list with 1,385 points. He earned the Joe Griffiths Memorial MVP Award while leading the Pioneers in rebounding (8.9, second best in the NECC) and assists (5.5). The efforts of Williams, the lone senior on the squad, went somewhat unnoticed as he was extremely effective down the stretch, averaging 16 points and 13.3 rebounds over the last 13 games of the season.

Junior forward Todd Williams moved into 18th place on SHU's all-time list with 1,327 career points. Despite arthroscopic surgery midway through the season, he averaged 19.3 points and 7.4 rebounds while leading the team in both FG% (.522) and FT% (.742). He earned first-team All-NECC honors, NABC All-District, NABC Honorable Mention All-America and ECAC Second Team honors. A career high 40-point outburst came against Stonehill. He also turned in a remarkable 25-point, 18-rebound effort against St. Rose just 10 days after his surgery.

After joining the team 13 games into the season freshman guard Darrin Robinson turned in an outstanding campaign. The 6-2 sharpshooter from Bridgeport, CT, reached double figures in all 17 games in which he appeared with a season high 34 against Adelphi. He earned NECC Rookie of the Year honors with 22.7 points and outing and led the team in 3-pointers made (33) and 3-point percentage (.427, 33-of-69).
Men's Basketball

Front Row: Lincoln Boulanger, Kevin Phillips, Todd Williams, Sean Williams (captain), Phil Howard, Tim Stackhouse, Milt Pettway. Standing: Ed Swanson (assistant coach), Barry McLeod (assistant coach), Bob Jenkins (assistant coach), Dave Bike (head coach), Lionel Coleman, Rob Dubose, Rich Percudani, Demuzla Bryant, Mike Weild (trainer), Wilmer Quarles (manager), Dave Schmidt (manager).
Women's Basketball

Women's B-Ball in Review:
(4-21, 1-13 NECC 8th Place)

"It was a tough season and wasn't what we expected," was what head coach Adolph Ellis had to say about the 1989-90 Sacred Heart University women's basketball team's 4-21 record, including a 1-13 ledger in the New England Collegiate Conference.

While the final record was a bit disappointing, the effort of 5-10 junior forward Diane Nicholls (Reseda, CA) certainly was not. Nicholls was simply outstanding as she rewrote the Pioneer record book with seven new records, including five new season records and two career marks. Nicholls, who has 1,189 career points and is just five points shy of overtaking Kelley Gray (1,193 from 1983-87) as the all-time scoring leader, set career marks in Free Throws Made (359) and Best FG Percentage (.491), .415-.845. She also set season records for Most Points (599), Highest Average (23.9 ppg), Free Throws Made (171), Field Goals Made (214) and FG% (.527, 214-406).

Nicholls led the NECC in scoring and was 10th nationally (23.9), was second in rebounding (8.9) and third in FG% (.527). Freshman guard Kim Filia (Shelton, CT) turned in a productive freshman season as she was second behind Nicholls in scoring and fifths in the NECC (16.2). Filia also finished fourth in FT% (.792) and fifth in 3-pointers made (38).

Other NECC leaders were freshman Karen Bell (8th in rebounding at 8.1) and sophomore Tisha Johnson (5th in assists at 4.8). Sophomore Elaine Agosti (11.2) was also a valuable member of the squad.

The Pioneers did gain valuable experience and should be a very experienced combine next year as there were no seniors on the team and Ellis should return the entire squad.
From Left: Adolph Ellis (head coach), Maria Myers, Elaine Agosti, Karen Bell, Dee Smith, Jennifer Dankulich, Diane Nicholls (captain), Kim Filla, Julia Rembert, Tish Johnson, Thomas Adams (manager).
1989-1990 SHU Cheerleaders
Jennifer DeFelice (captain), Robert Novotony (captain), Michelle Marcoux, Amy Madison, Kristine Rosati, Christina Brunetti, Eileen Malines, Darice Little, Kelly Milton, Evelyn Martinez, Denise Daly, Margaret "Peggie" Francis (head coach), Terri Tolson (assistant coach).
The Sacred Heart University softball team completed another successful season with a 38-5-1 record while competing in its seventh NCAA Division II post-season tournament and capturing its fifth New England Collegiate Conference Championship.

The Pioneers earned an automatic bid into the NCAA tourney with an unblemished 14-0 record in NECC action. Under second-year Head Coach Bippy Luckie, the Pioneers took a 35-game unbeaten string and a 30-game win streak into the NCAA Northeast Regionals hosted by Bloomsburg University (PA). But the Pioneers saw those marks abruptly halted when they suffered back-to-back losses to AIC 3-2 and Bloomsburg 8-2.

Senior first baseman Pam Wallace (Kensington, CT), senior pitcher Pauline Madrid (Pacoima, CA), and sensational freshman outfielder Michelle Palmer (Norwalk, CT) earned All-American honors, upping the number of Sacred Heart softball players to have earned All-American status to eleven. That group has combined for a total of 19 All-American selections.

Wallace capped a stellar four-year career by being selected to the All-America first team with a .329 batting average and 30 RBI, while Madrid and Palmer were second team selections.

Madrid was once again the workhorse of the staff with a fine 22-3 record and a .52 ERA in 160.7 innings of work. Madrid, who was also a second-team choice her sophomore year, posted 11 shutouts and three no-hitters, while being selected the NECC Pitcher of the Year.

In only her first season of college action, Palmer posted some impressive numbers, leading the Pioneers in batting (.484), hits (62), and stolen bases (19-of-20), a SHU season and career record. Her many other awards, included the NECC Rookie of the Year honor.

It was also an outstanding season for the Pioneers as a team. It set six new school records for batting average (.327), homers (31), runs scored (290), doubles (63), total bases (578), and slugging percentage (.472).

In addition to the three All-America selections, five Pioneers were selected to the Northeast Region team and eight received All-NECC honors.

Senior shortstop Alecia Stephenson (Vancouver, B.C.) and senior pitcher/outfield Vicki Kennedy (Port Jefferson, NY) also turned in record shattering seasons. Stephenson (.360) established new season records for doubles (14) and extra base hits (24), and career marks for at-bats (597), hits (182), doubles (40), extra base hits (71) and total bases (308). Ironically all of those marks were, except for career at-bats, previously held by Coach Luckie.
Women's Softball Team: Elizabeth Luckie (head coach), Ed Macciocca (assistant coach), Pam London (assistant coach), Tisha Johnson, Pauline Madrid, Tracy Augustine, Michelle Palmer, April Ertl, Donna Charchenko, April King, Chris Kanuch, Diane Nicholls, Lori Bogue, Vicki Kennedy, Pam Wallace, Maria Cavaliere, Alecia Stephenson.
Men's Soccer

Pioneer Booters Finish 9-9-1 (2-4-1 NECC)

The 1989 Sacred Heart University men's soccer team closed out the books on one of the most successful seasons in the school's history as Joe McGuigan's booters finished 9-9-1 overall and 2-4-1 (6th place in the rugged New England Collegiate Conference).

It was only the fourth time in 24 years that SHU was able to win as many as nine games (10 in 1971 and '82 and nine in McGuigan's first season in '84) and was the best record since '84 (10-7-1).

"We're not rebuilding anymore," said McGuigan. "We've got the team we really want and now it's a matter of adding the finishing touches. This is the best team talent-wise that we've ever had and I'm very pleased the way we finished out the year."

Despite missing seven full games and parts of three others with a nagging ankle injury, sophomore Caniel DosSantos (Montevideo, Uruguay) nevertheless managed to earn first-team All-NECC honors with seven goals and three assists (17 points). Senior sweeper Al Gustave (St. Lucia) also turned in an outstanding season and was selected All-NECC second team.

With DosSantos sidelined, junior Carlos Oliveira (Sao Paulo, Brazil) picked up most of the scoring slack and led the team with nine goals and three assists (21 points). Freshman Marco Sanchez (Danbury, CT) had a stellar first year and followed Oliveira with eight goals and three assists (19 points).

McGuigan praised the work of senior goalie and tri-captain Andy Galimi (Norwalk, CT) who closed out a stellar four-year career with a 1.6 goals against average in 13 games.

"We could have done better but there's no room for errors in this conference. We were able to control the action considerably but foolish mistakes cost us. That will have to be corrected if we're going to progress to the next level."

The Pioneers lose only three seniors (Galimi, John Gentile, and Gustave) next year and the outlook is once again promising. The Pioneers did face a demanding schedule with four of the losses coming to nationally ranked teams at the time New Hampshire College (1st and eventual Division II NCAA Champion), Mercy (6th), Franklin Pierce (8th), and Southern Connecticut (17th).
Men's Soccer
Men's Volleyball

Team Tallies 4-12 Record

The 1990 Sacred Heart University's men's volleyball team turned in a 4-12 record under third-year coach Joe McGuigan.

The Pioneers were an extremely young and inexperienced squad with only one senior (co-captain Craig Ulmer), four sophomores and three freshman on the eight-man roster.

"Although we were inexperienced we did show that we do have the potential to turn into a good team in the very near future," McGuigan said. "We still need some more depth but overall the outlook is very promising."

Freshman Michael Ghajar was a pleasant surprise on the floor as the freshman from Rasmasqua, Lebanon was the team's best overall performer according to McGuigan.

Li Poeng, a sophomore from Bridgeport, was also impressive for the Pioneers in his first year of volleyball on the competitive level.

Sophomore Dave Wahnquist of Fairfield proved to be the foundation of the team.

Ulmer provided the maturity and experience and his services will sorely be missed next season.

Freshman Steve Lizotte (Huntington) and Mike Been (Fairfield) along with sophomores Ricardo Cuevas (Santiago, Chile) and Mike Ciszewski (Fairfield) rounded out the squad.

It was the third straight losing season for Pioneers in which they were 11-38 after four consecutive winning campaigns from 1983-1987 when WHU compiled a 68-34 record. In nine seasons the Pioneers have an overall record of 84-89 (485).
Sacred Heart University's 1989 women's volleyball team turned in a highly satisfactory 19-14 record and a third-place finish in the New England Collegiate Conference. Coach Elizabeth "Bippy" Luckie parlayed six returning players and several newcomers into a winning combination.

Co-captain Diane Nicholls, a senior from Reseda, California, who also excels in softball and basketball, was instrumental in the Lady Pioneers' strong showing and earned first-team all-star honors in the conference.

Co-captain and senior Vicki Kennedy (Port Jefferson, NY), juniors Donna Charchenko (Milford, CT), April King (Gresham, Ore), sophomores Maria Meyers (East Haven, CT) and Jennifer Dankulich (Bridgeport, CT) and freshman Maroa Cavaliere (Stamford, CT) were other standouts.

A strong finish, in which the team won eight of its final 12 matches, offered considerable promise for the future. In the NECC Tournament held at the University of New Haven, SHU captured three of four matches on the final day to nail down third place.
Women's Volleyball
The officers of each class, including that of the IFSC and International Students, worked closely with Tom Kelly to organize and present to the student body events such as the Back to Classes Party, Harvest Weekend and Springfest. Each member on the staff devoted much of their time and effort to make the events that occurred during the '89-'90 academic year a success for students and faculty alike. All the events were memorable — full of fun and excitement for all.

"Quality is never an accident; it is always the result of high intention, sincere effort, intelligent direction and skillful execution; it represents the wise choice of many alternatives."

Willa A. Foster
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### Special Events Calendar

- **March 11**: Outdoors Club trip to Daytona Beach, FL
- **April 15**: EASTER SUNDAY
- **April 18**: THE GREAT DEBATE
- **April 22**: MEET THE CANDIDATES DAY
- **May 5**: Last Day Of Classes Party
- **May 6**: Graduation Party
- **May 13**: Senior Mass and Awards Ceremony
- **May 20**: Memorial Day
- **May 27**: Memorial Day
Wednesday
May 16
Comedy
Night
Tree House
Comedy Club
8:00 p.m.
Must be 21+
Seniors $5.00
SHU students $10.00
Non $15.00

The Last Day
of Classes
Party
Food and Soda
Free to all SHU Students
Non Students $15.00
Be There!!

Friday, April 27
Pinecrest CC
3-11 ULTRA

Spectrum Reminds
Students To Vote

Springfest Weekend
Friday, April 6
Skit Nite and
King-Queen Competition Pinecrest Country Club
8 p.m. Auditorium
$3 students / $4 general

Saturday, April 7
Semi Formal
Buffet Dinner, Cash Bar
Music by ULTRA

Special Events Calendar 57
Back to Classes Party

The first social event of the year was the Back-to-Classes Party at Pinecrest Country Club in Shelton held on September 22. Despite the threatening weather of Hurricane Hugo, over 375 SHU students turned out to get the year started off with a bang. The celebration began at 5:00pm and the partiers wasted no time at all. Soon the dance floor was filled with students getting down to the sounds of ULTRA. Hungry folks feasted on the all-you-can-eat barbecue. By the time the evening wound down, the happy attenders knew a great year was in store.
Blizzard of Bucks

October 12, 1989 was the date for the Blizzard of Bucks held in the SHU cafeteria. Sponsored by Student Government under the direction of Rob Cottle it was a chance for students to have fun and win some money. Congratulations to Sue Chop and Denise Stabler who were the big winners of the evening.
Christmas Semi-Formal

Sacred Heart has a rich tradition which is reflected in the popularity of our annual events. One of the most eagerly anticipated functions every year is the Christmas Semi-Formal, held this year on Friday, December 15, 1990, hosted by the Class of 1991, the Semi-Formal was held at Ottavio's in the Days Inn in Bridgeport.

Just as the guests were beginning to arrive, snow began to fall quite heavily, but the Sacred Heart faithful were optimistic as usual. Instead of worrying about the possibility of hazardous road conditions, the students and their guests just let the snow get them into the Christmas spirit.

Inside the happy party-goers feasted on a delicious buffet dinner and then got down to business dancing long into the night to the sounds of DJ ULTRA. By the time the evening was over, the snow had stopped, the roads were clear, and everyone got home safely. Over 200 Sacred Heart students and their guests thoroughly enjoyed the last social event of the fall semester.
Valentine’s Semi-Formal

In the heart of winter, when all is cold outside, is Valentine’s Day, when everyone is warm inside. Cupid’s arrow attempted to unite the hearts of many on February 16, 1990 at the annual Valentine’s Semi-Formal Dance. Sponsored by the International Students Club, over 200 students, guests, and staff flocked to the Ramada Inn, Stratford to share an enchanting evening.

Surrounded by red and white balloons, guests enjoyed a buffet meal and dancing to the sounds of Ultra. There were even prizes for those struck by Cupid’s arrow. Sharon Miller and Mike DeCesare were awarded $50 for being voted Best Couple. Whether accompanied by a friend or a sweetheart, warm friendly feelings were shared.
TEST

and Queens

Outdoors Club
Cathy Molloy
Mark Verespy

Pi Sigma Phi
Robin Pohtanszky
Dave Steeves

Sigma Tau Omega
Liz Guilmette
John Bilski

Spectrum
Funda Alp
Andy Madison

La Hispanidad
Nancy Chavez
Andres Ayala

UJAMMAA
Lisa Savoid
Wayne Leon

Young Democrats
Jodi Thomas
Matt Harlow

POYSAAN
Chris Tesoriero
Mike Federici

Presidental Gold Key
Patti Servilla
Brad VanGemert

Baseball
Laurel Hollo
Pete Yarasavich

Womens Basketball
Diane Nichols
William Adams

Nu Epsilon Omega
Debbie Dietz
Don Peters

Prologue Yearbook
Billie Anne Bleeks
Pete Nikolis

Sigma Psi Delta
Sue Fisher
Jay Sabatino

Student Ambassadors
Cheryl Pierne
Leo Caterino

Student Government
Marina DiGiorgio
Phil Howard

Special Events 71
Gamma
Chi
Zeta
Nu Epsilon Omega
Sigma Tau Omega
Delta Phi

2nd — Sigma Tau Omega
Springfest Semi-Formal

The climax of Springfest Weekend was the annual Springfest Semi-Formal, held at Pinecrest Country Club on April 7, 1990. Over 200 students and their guests turned out for the event, which included the customary buffet dinner, soda bar, and a cash bar for those old enough to drink. Music was provided by the enthusiastic Dave Licursi with Ultria, and the partiers danced long into the evening. The highlight of the evening was the traditional awards presentation to the winners of the King and Queen competition. The new King and Queen of Springfest were Rob Cottle and Robin Pothanszky. The most popular weekend of the school year was a great success.
The Last Day of Classes Party was held on May 4th at Pinecrest Country Club in Shelton. About 400 students and friends showed up to celebrate the end of the school year. Food, drinks, and music were supplied and the students made use of them as they enjoyed their evening. Socializing and dancing were the main events, however, some tried to get a softball game together and more fun and good times were had than success with organizing a game. Students happily partied all evening and seemed hesitant to leave when the time came to say goodbye.
It was the goal of almost every organization on the campus of SHU. In fact, most organizations could not survive without some means of earning money, as dues alone usually did not cover the necessary expenses of most clubs. As a means of earning money, organizations held raffles, an Italian Festa, numerous taco sales, a flea market, a rock concert, along with many other unmentioned events. While not all organizations held such functions to be profitable, they nevertheless furthered their success through their willingness to help others within and outside Fairfield County.

**CONTENTS**

<table>
<thead>
<tr>
<th>Organization</th>
<th>Page</th>
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<tbody>
<tr>
<td>Class of 1990</td>
<td>88</td>
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<td>Class of 1991</td>
<td>89</td>
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<td>90</td>
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<td>91</td>
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<td>Student Government</td>
<td>92</td>
</tr>
<tr>
<td>Debate Society</td>
<td>93</td>
</tr>
<tr>
<td>Accounting</td>
<td>94</td>
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<tr>
<td>Art</td>
<td>94</td>
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<td>95</td>
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<td>95</td>
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<tr>
<td>Historical Simulation</td>
<td>96</td>
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<tr>
<td>Gamma Omega Delta</td>
<td>97</td>
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<td>Poysaan</td>
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<td>Psychology</td>
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<td>Karate</td>
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<td>Outdoors</td>
<td>109</td>
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<td>Students Offering Support</td>
<td>110</td>
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</table>
Leaving A Positive Impression

Behind the leadership of Jen Lee, the Class of 1990 devoted much of their time to the students at SHU. Activities that contributed to the success of '90 included various flea markets, the Christmas Semi-Formal, and the infamous Senior Week. The Class of 1990 would like to thank the seniors and the university for their support and hopes they have left a positive impression on SHU.
Class of 1991

President
Linda Manna
Vice-President
Tricia Churma
Secretary
Marina DiGiorgio
Treasurer
AnnMarie Melissano
Adviser
Tom Kelly

Class Officers: Linda Manna, Tricia Churma, AnnMarie Melissano, Marina DiGiorgio
President
Cathy Swenson
Vice-President
Ivan Mikolic
Secretary
Phil Howard
Treasurer
Tracy Lynch
Adviser
Tom Kelly

Class of 1992

Class Officers: Phil Howard, Cathy Swenson, Ivan Mikolic, Tracy Lynch

Organizations
For the first few days, freshmen could be seen wandering in the halls. Some would get to class late while others who were totally lost decided not to go to class at all. As the year proceeded, the freshmen became involved in clubs, activities and sports. The Class of '93 influenced many SHU students as well as the university itself. Two major activities that contributed to the freshman class included a Phone-athon and the first rock concert which became the largest grossing fundraiser ever for a freshman class.

**President**
Vinnie Macchio

**Vice-President**
Gino Cozza

**Secretary**
Lincoln Boulanger

**Treasurer**
Denise Hewitt

**Adviser**
Tom Kelly
Making a Difference

The 22 individuals that comprise Student Government form the governing body that represents the full-time students. Each representative serves as a link between Student Government and SHU students. Operating from a $90,000.00 activity fund, they sponsor such student events as campus activities, club events, the newspaper and the yearbook. Through active leadership, Student Government defines and resolves emerging policy issues that affect all SHU students.
A Winning Team

The Debating Society was founded by Dr. Thomas Melady in 1983 with the central mission to foster personal development among students and to represent the University in regional, national and international debate competition. The Debate team faced highly competitive teams from Fordham, Yale and Princeton and also traveled to the World Debate tournament in Glasgow, Scotland. Membership criteria includes commitment, honorable conduct, GPA of 2.0 or better and a flexible schedule. Overall, the SHU Debate Society is an organization committed to personal development and excellence in collegiate debating.
Knowing Their Debits From Credits

The Accounting Club provides students with access to accounting oriented activities and enables them to better understand the accounting field. Periodically, students have the opportunity to listen to guest speakers from the public and private sectors, and also to make trips to various institutions involved with accounting.

First Row (L-R): Darlene Fririhio, Joseph Gillick, Lynn Francucci, Colleen Wynn
Second Row (L-R): Anthony DiCocco, Vincent Lugo, Maria Afonso, John Uhrynowski, Tracey Phelan, Leo Catterino Missing: Karen Bronson

Artistic Talent

The Art Club brings together students with artistic promise and an interest in the beauty of art. Activities include trips to New York, area art shows and exhibits. They also organize the annual student art show, which enables students to display their photographs and art work.

First Row (L-R): Denise Stabler, Mary Dyr, Debbie Distl
Second Row (L-R): Mike Denysenko, Susan Chop, Jack DeGraf

President
Susan Chop
Vice-President
Mike Denysenko
Secretary
Lucy Lacapra
Treasurer
Denise Stabler
Adviser
Mr. Jack DeGraf

President
Joseph Gillick
Vice-President
Colleen Wynn
Secretary
Karen Bronson
Treasurer
Darlene Fririhio
Adviser
Mr. Robert Kelly
The Melting Pot

The International Students Club originated in 1985. The main goal of this organization is to provide a feeling of friendship, combat loneliness and the difficulties of social adjustment by allowing students from all countries to meet and share in cultural events. The members accompanied Campus Ministry to the Boys Village, a home for underprivileged boys. The two organizations together brought toys, books and gifts for each child. The International Students would like to thank Michael Bozzone, Hank Krell, Tom Kelly and Laura Ress who helped the Club become a successful organization.

Promoting Democracy

The Sacred Heart Young Democratic Club was founded in 1978. The organization was created to promote democracy and to represent students interested in the Democratic Party. In the Fall of 1990, this organization visited Providence College to see Senator Edward Kennedy speak and hosted Congressman Bruce Morrison as a guest speaker on campus.
**Hands Across America**

Historical Simulation Society was founded on September 20, 1989. Activities that have contributed to their success include live political group simulations, monthly historical game tournaments and weekly meetings. In only their second year in existence, Historical Society will host a national game convention "Crusades Go" on October 6 & 7, 1990 at SHU. Game simulation clubs from all over the U.S will be attending this two-day event. May the best club win!

---

**Historical Simulation Society**

President
Paul Denhup
Vice-President
John Lopez
Secretary
Jon Oldham
Treasurer
Christine Tesoriero
Adviser
Mr. John Kikoski

---

Sacred Heart University
Historical Simulation Society
"Making History Fun"
Growing Together as One

The Campus Ministry Club was established in the Fall of '89 and was recognized as Gamma Omega Delta in January of 1990. This organization helps to better society and unify the students at SHU. Gamma has held fund raisers to raise money for terminally ill children, alcohol and drug abuse individuals, orphans and the homeless. While the members of Gamma Omega Delta reach out to serious problems of this type, they are able to grow together and form lasting friendships.

President
Darlene Mendler
Vice-President
Lisa Pavia
Secretary
Carol Smith
Treasurer
Dave Wahnquist

First Row (L-R): Darlene Mendler, Lisa Pavia, David Wahnquist
Second Row (L-R): Eryl Cregmuss, Jayne McCaugheen-Carucci, Luis Chero, Sheryl Novak, Karen Ng
Third Row (L-R): David Delbro, David Jossigna, Gregory Arellano
Fourth Row (L-R): Elijah Finley, Jr., Rob Kovaec, Lucy Vecenio, Ray Colon, Jr., William Adams
Missing: Carol Smith, Christine Mendler, Dave Kiley, Mary Ellen Czernzer
Helping Others

Peers Offering Youth Substance Abuse Awareness Network also known as Poysaan was founded in October of 1988. The purpose of this organization is based upon volunteering their services and programs to the community. Examples of such include presentations on stress management, community skills, dysfunctional families and alcohol and drug addiction. Poysaan has been used in a Presidential report sent to Washington, D.C. from the Mayors Office in Stamford. Evidently, Poysaan educates the community and individuals themselves through their knowledge and presentations with regard to certain topics.

POYSAAN

Peers offering Youth Substance Abuse Awareness Network
Viva
L'Italiano

Founded in 1963, the colors of red, white and green represent that of the Italian Club. Having grown in size and respectability, this particular organization is mostly recognized for their annual Italian Festa. Other activities that have contributed to the Italian Club's success include trips to New York, Atlantic City and Wildwood and also participating in Fashion Expo '90 with the International Club. To raise Xmas spirits, the 32 members, not all of which are Italian, put on a Xmas party for the elderly at the Dinan Center and donated food to the poor. Viva L'Italiano.

President
Phyllis DiCocco
Vice-President
Sharon Miller
Secretary
Joseph Vivirito
Treasurer
Leo Catterino
Adviser
Professor Fierie
Appreciation of One's Culture

Ujamma is the Swahili word for cooperation. One of the goals of Ujamma, the SHU Black Heritage Association, is to develop an awareness and an appreciation for black history and culture. This is achieved through lectures, forums, and panel discussions which treat sensitive urban problems whose solutions require the cooperation of all.
Amigos Para Siempre

La Hispanidad was recognized as a club at SHU in 1967. The main purpose of this organization is to unite those hispanics who attend SHU with their surrounding community. Activities that have contributed to La Hispanidad's success within the 1989-1990 academic year include numerous taco sales and sponsoring a trip to Puerto Rico. Also, this organization has contributed clothing as well as canned goods to charitable organizations throughout Fairfield County. The bonds of friendship that exists between each member will last forever.
Striving for Success

Presidential Gold Key members serve a majority of functions with Sacred Heart and the surrounding community. Activities that have contributed to Gold Key's success include the 1990 State Legislative Outlook Forum, Passover Sedar, Scholarship Dinner, Founders Day Reception and many others. Overall, Presidential Gold Key members serve as hosts or hostesses on a volunteer basis, making sure each event in which their organization participates is a success.
President
John Bordeaux
Vice-President
Mike Federici
Secretary
Terri Reinsch
Treasurer
Leo Catterino
Adviser
Karen Pagliuco
Howard White

A Step Above the Rest

The Student Ambassador Association was formed in 1990 to assist the admissions office in their recruiting efforts. The duties of each member include giving tours to prospective students and their families, to provide support during open house and other admission functions representing SHU. The general purpose of this organization is to collectively combine a group of students to serve as para-professionals to the admissions office.
The Spectrum newspaper won two awards this year given by the 1990 American Scholastic Press Association. They competed against 2,000 other schools and placed first in merit and overall competition, and another first place for outstanding news photography.

It's no surprise that they're winning awards. Each year the editors and staff work hard to make each Spectrum issue better than their previous one. The students have come to anticipate the Spectrum's publication every Thursday. The demand is so great that they publish 2,000 copies and distribute them schoolwide.

Producing a newspaper isn't merely serious news writing. The Spectrum staff has managed to incorporate some fun into their paper. On April 1, they publish the Spectacle, which will hopefully become an annual event. Also on the staff are two student cartoonists, Brian Isaac-Quirt, and Steve Gonza-Gonza Adventures.

The Spectrum provides the SHU community with news, editorial columns, cartoons, surveys and much, much more.

Editor-in-Chief . . . Alice Chaves
Associate Editor . . . Funda Alp
News Editor . . . . . . . . . . . . . Joan Hardy
Photo Editor . . . . . . . . . . . . . Michael Champagne
Sports Editor . . . . . . . . . . . . . Andy Madison
Arts Editor . . . . . . . . . . . . . Drew Cucuzza
Copy Editor . . . . . . . . . . . . . Anna DiCocca
Contributing Editor . . . . . . . . Joann Mariani
Advertising Manager . . . . . . . . Don Purdy
Business Manager . . . . . . . Adela Rosati
Columnist . . . . . . . . . . . . . Matt Harlow
Faculty Advisor . . . . . . . Ralph Corrigan
Staff: Lori Bogue, Gerri Bucci, Chris Conway, Christine Cosenza, Rick Ferris, Catherine Gingerella, Steve Gonza, Angie Ioannou, Brian Esac, Amy Madison, Christa Mancuso, Lynne Roberts, Renee Shalvis.
SHU Still a Bad Students

Policies and Surpluses

Security Beef- Stresses More

Graduation

Brenda Starr

When asked to comment on their resi-
cancellation, Student Government vice
President A.J. Ciesielski implored,
"Good. Let's cut the 390 p

and the ceremo-
ies and get right to

business - the celebration.

Ciesielski is only a sophomore,
but a social planner.

"What a relief. Do you know how
two...?"

"It's all right."

"What a relief. Do you know how
two...?"

"It's all right."

"What a relief. Do you know how
two...?"

"It's all right."

"What a relief. Do you know how
two...?"

"It's all right."

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two...?"

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two...?"

"It's all right."

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two...?"

"It's all right."

"What a relief. Do you know how
two...?"

"It's all right."

"What a relief. Do you know how
One of the Finest

Founded in 1978, Lambda Alpha Pi, otherwise known as the Paralegal Club exists to educate, guide and aide the future graduates of the paralegal program as to the scope of their profession. The Paralegal Club holds meetings, workshops and seminars on topics such as foreclosures and equal employment. To this day, the reputation of the legal program at SHU is recognized as one of the finest in Connecticut.

HAVE YOU HUGGED YOUR PARALEGAL TODAY?
President
Chris Prokop
Vice-President
Rob Kovacs
Secretary
Stacia Reitano
Treasurer
Ann Verses
Adviser
Ed Malin

Mind Games?

Founded in 1986, the purpose of the Psychology Club is to acquaint psychology majors with the functions of the department, work with faculty, and to develop a kinship which is useful academically and socially. The Psychology Club conducted a Billy Joel concert ticket raffle, computer dating service and held bake sales. This club projects a pleasurable atmosphere which enables both students and faculty to interact amicably.
Unification of Mind and Body

The conditioning of the mind and body to be at peace with one’s self and one’s environment is the purpose of Isshin Ryu, otherwise known as the Karate Club. Classes meet three times a week and students can go to as many workouts as their schedule permits. The Karate Club participated in two health fairs in which they presented demonstrations of self-defense techniques. Karate enables one to strengthen the mind, increase self-confidence and reach boundaries never before thought possible.

President
Carmela Sense
Adviser
Mr. Ralph Corrigan
Mr. Sid Bottlieb

First Row (L-R): Pat Arszyla, Chris Prokop, Joseph Flucher, Peggy Locke, Rob Snyder, Ralph Corrigan, Chris Persson, Bill Ryan, Karen Brighindi, Jerry Podany
Second Row (L-R): Dwain Perkins, Sal Bongiorno, Ivan Potje, Linda Moutinho, Tom Whitmore, Brenna Corrigan, Maria Hvizdo
The Great Outdoors

The Outdoors Club was formed four years ago by a group of students interested in the great outdoors and within a year became the largest club on campus. The Club's activities range from skiing to camping and "having fun in the sun" down at Daytona Beach. Everyone is welcome to join the club and become involved in its fun-loving atmosphere.

Adviser
Joe McGuigan
"Student clubs and organizations are central to the vitality of SHU. They perform the important task of socializing new students by bringing them into the loop of activity. Clubs are truly the "engines of student life". We must continue to encourage organizations and maintain an atmosphere in which they can innovate and experiment. When each club and organization is at their best, SHU is at its best."

John Bordeau
President
Student Government

Far Away
is only a matter of miles,
not feelings.
Distance cannot dim a memory
or take away warm thoughts
and concern for a friend.
But you will never be far away in
the feelings of love,
Respectability and encouragement
that will always exist
between you, my friend and I.

Karen Wallenta
Continuing Education

A Word From the President:

The Continuing Education Council was formed to act as a liaison between continuing education students and the university, to provide representation of part-time students in university affairs, and to promote and sponsor activities of interest and/or need to part-time students to further expand the night-life at SHU.

The goals of the Continuing Education Council are to give part-time students a stronger identity with the university and an enriched academic life, to represent part-time students in all aspects of university matters and events that pertain to them, and to provide a forum for matters of concern and interest to part-time students. In addition, members of the Council represent part-time students on the University Senate; the Convocation Committee; the Strategic Planning Committee; and various other committees. In addition to rewarding scholarships and assisting in the funding of various organizations on SHU campus, the Council also sponsors activities such as: bus trips, lectures and dances.

COUNCIL

Lisa Bronowicz, President
Gary Rudis, Treasurer
Joyce Pilotto-Iulo, Secretary
Margaret Farrell, Advisor
Violette Barasch, Coordinator
Alumni Association

From The Director:

When students graduate from Sacred Heart University, they automatically become members of the Alumni Association. Currently serving over 10,000 members, the Association's ongoing objective is to offer programs and activities that enable alumni to continue to build their relationship with SHU. Alumni are welcome to use campus services such as Career Planning and Placement and the library, and to attend campus lectures, seminars, and athletic and theatre events.

Each year a member of the graduating class is elected to serve on the Alumni Board of Directors. Robert Cottle was elected to serve for the Class of '90.

Laurie Bellico

1989-90 Alumni Highlights

Bus Trip to Shea Stadium — June
Alumni Cruise — August
Ice Cream Cart Sponsorship at Freshman Orientation — September
Bus Trip to Roosevelt Flea Market — September
Class Agent Reception — November
Alumni Homecoming — February
Alumni Phonathon — February, March
First President's Alumni Breakfast — April
Senior Challenge Night — April
First Alumni Golf Tournament — June

First step to a beautiful day at Oronoque Golf Course. Golfers registered with alumni volunteer Tracy Beseschek, '88 and Julie Savino, '79.

Good friends and alumni volunteers Fred Palmieri '85, newlyweds Dan D'Amato '86 and Kate Karl D'Amato '87, and Stacey Lorunti Sass '87 during the alumni cruise.
A special thanks to the 1990 Senior Challenge chairman: Jennifer Lee, R, and Rob Cottle, L. Over 45 seniors pledged to support the University’s Annual Fund over the next five years.

The three men to have coached Sacred Heart University basketball were united at the University’s 25th anniversary salute to the program. From left: Current head coach and Director of Athletics Dave Bike, Don Feeley, and Ed Hall.

Relaxing on Mr. Lucky's upper deck, President Connera and Director of Alumni Relations, Laurie Bellico '88, enjoy this first-time August event for 210 SHU alumni and friends.

First Alumni Golf Tournament — Mr. Alvin Clinkscales winner of "Best Dressed Golfer" award!

Coming aboard Mr. Lucky for the alumni cruise are KJ Marini '86 and Mark Jardin '87.
COMRADESHIP.

The close bonds of friendship that exist between that of a fraternity and sorority are unlike that of anything else. They sponsor parties open to the entire student body, are active participants in student life, support worthy causes and many other notable accomplishments. While all fraternities and sororities are not the same, they all strive for one common goal: Fellowship.

"It's a funny thing about life: If you refuse to accept anything but the very best you will very often get it.”
W. somerset Maugham

<table>
<thead>
<tr>
<th>CONTENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Beta Delta Phi</td>
</tr>
<tr>
<td>Sigma Tau Omega</td>
</tr>
<tr>
<td>Nu Epsilon Omega</td>
</tr>
<tr>
<td>Gamma Chi Zeta</td>
</tr>
<tr>
<td>Pi Sigma Phi</td>
</tr>
<tr>
<td>Sigma Psi Delta</td>
</tr>
<tr>
<td>Candids</td>
</tr>
<tr>
<td>IFSC</td>
</tr>
</tbody>
</table>
Beta Delta Phi

Beta Delta Phi was founded in 1964 and is one of the oldest sororities on campus. The sorority celebrated its 25th year of existence at Hillandale Country Club. Over 200 sisters attended the banquet including several of the founders. The annual Christmas crafts bazaar was held to benefit the Appalachia drive sponsored by their brother fraternity Sigma Tau Omega. The crafts, ornaments, and Christmas decorations are handmade by the sisters. During the holiday season the sorority visited Boys Village and Lord Chamberlain to sing Christmas carols and donate gifts. A canned food drive was sponsored for the needy of Fairfield County as well as an annual donation to Sloan Kettering Cancer Society. Beta Delta Phi also continued to support a child in Thailand. This year Beta was represented by six queens in the King/Queen competition and had two places. The sorority also placed first in the skit night competition. To close the year the sorority holds a banquet to install new officers and each sister is recognized for her achievements throughout the year. This year we are grateful to have acquired seven new sisters who we would like to thank for their contributions. Beta Delta Phi sorority would like to wish the best of luck to our graduating sisters Lori-Jo McEwan and Debbi Medika.

President:
Michele Rybnick
Vice-President:
Linda Manna
Recording Secretary:
Debbi Medika
Corresponding Secretary:
Lori-Jo McEwan
Treasurer:
Marina DiGiorgio

Members: Joe Bellardinelli, John Bilski, Art Carrano, Mitchel Clare, Anthony Finelli, Paul Molnar, Pete Nikolis, Steve Pazmandi, Dave Steeves, Ron Texiera, and Mark Verespy.

Sigma Tau Omega, also known as the Stentorians, was founded in 1968. This year Sigma Tau continued their traditional Appalachia Drive. The Drive takes place during the fall semester during which the brothers collect clothing and money from churches throughout Fairfield County. All of the goods collected are put in storage until the Christmas break when they drive to Kentucky and personally donate what they have collected throughout the semester. In order to carry on traditions, the associate brothers pledging the fraternity must also actively participate in the drive. Each brother willingly puts in a lot of time and effort in order to make their annual drive a successful one. This year Sigma Tau participated in their annual football game with Gamma Chi Zeta and were once again victorious. During Springfest Sigma Tau was represented by four Kings in the King/Queen competition. The fraternity also placed second in the skit night competition. Throughout the school year Sigma Tau has held parties open to the whole student body as well as a Christmas party for their sister sorority Beta Delta Phi. Sigma Tau Omega would like to congratulate their graduating brothers and wish them luck in the future.
Nu Epsilon Omega

Nu Epsilon Omega continued its twelve years of service to the University and community during 1989 and 1990. The sisters participated in numerous charities including supporting the Mary Glen Home for Unwed Mothers and helping a family whose mother has AIDS with Christmas gifts and supplements throughout the year. The sisters also sponsored a paper drive to benefit a young girl injured in the July 1989 Connecticut tornado, and sent several shipments of clothing and household goods to the Bridgeport Emergency Shelter for battered women and their children. Nu Epsilon had two picnics and several social functions with Gamma Chi Zeta, our brother fraternity, who are the best brothers a sorority could ask for. The entire sorority wishes the Class of 1990 happiness and success.
Active Brothers: Don Peters, Rocco Camera, Chris Bailey, Rob Cottle, Hector Natera, Dan O'Connell, Craig Reeves, Dan Wiesenfeld.

Gamma Chi Zeta was founded in 1983 by more than twenty young men who saw the need for a new and innovative fraternity. The brothers continue to support their motto “Unity through individuality”. The brothers uphold this ideal by participating in events as diversified as basketball away weekends, caravans to concerts, ski trips, excursions to New York City, Spring Break in Daytona, and of course, parties open to the entire student body. The brothers’ busy schedules also include sports, quarters, chandeliers, traveling up and down the river and helping out their respective communities as much as possible. This past year Gamma Chi Zeta welcomed five new brothers to the organization and urge interested students to join them in their ideal to “Continue to innovate, take one more step, and always open one more door”.

Gamma Chi Zeta
Pi Sigma Phi

Pi Sigma Phi, the oldest active sorority on campus, was founded in 1963, originally known as the Prophelian Society, which stands for "good friends". Pi currently lists over 600 alumni, some of whom are still contributing to the sorority. Pi Sigma Phi is a social service organization dedicated to sisterhood and to the promotion of academic excellence. The sisters involve themselves in various activities both on and off campus. Pi Sigma Phi contributes to and supports Red Cross, the American Lung Association, Mary Knoll Missionaries and the International Wildlife Coalition. This past year the sisters of Pi volunteered their time and effort to help with the Multiple Sclerosis (MS) Down to the Sound Bike Tour, at Sherwood Island. We are also proud that the president of our sorority, Robin Pothanszky, was awarded the honor of being chosen Springfest Queen. We, the sisters of Pi extend our heartfelt wishes for success and happiness to you, the graduating Class of 1990.

President:
Robin Pothanszky
Vice President:
Kathy Bartram
Secretary:
Michele Langivin
Treasurer:
Amy Burtasso

Front Row (L-R): Maresa Musante, Peg Muller, Back Row (L-R): Michele Langivin, Audrey Kuintze, Kathy Bartram, Tammi Patches, Robin Pothanszky, Mary Ellen Foisey, Amy Burtasso.
Back Row (L-R): Jeff Root, Scott Appleby, Jim Bruno, Jay Sabatino, Jack Ross, Todd Ross

Sigma Psi Delta, the oldest and largest active fraternity at Sacred Heart University had an excellent year. The Spi Deltans welcomed in 18 new brothers. They also re-designed their jerseys into a new, modern design. During the Christmas season, the Sigma Psi brothers raised money and bought Christmas gifts for AIDS children. During the year the brothers became big brothers to a troop of Boy Scouts, ran a Blood Bank, and gave support to Sacred Heart's athletic teams. Sigma Psi continues to remain dedicated to the social well-being of its members, SHU, and the community.

Sigma Psi Delta
Top left: You can call me Brad or you can call me "Studly." Top right: Debbie sporting the shades. Second from top on left: Robin putting in some hours in Activities. Second from top on right: Sigma Phi Delta chilling on the patio. Third from top on left: Paul catching some SHU news. Third from top on right: Gamma guys on the run. Bottom left: Rob caught in the act. Bottom right: Dean Bozzone with the Beta girls. He’s no dummy!
The Inter-Fraternity/Sorority Council consists of two representatives from each fraternity and sorority. This council meets once every two weeks to discuss and relate activities involved with greek life on campus. This council helps to keep close ties and friendships between other fraternities and sororities. The IFSC participated in charitable work such as sponsoring a coat drive in the fall semester. In the spring semester the IFSC plays an important role in student activities by planning the entire Springfest Weekend which consists of the King and Queen Competition, Skit Competition, and the Springfest Semi-Formal. The members of the IFSC must select judges for each of the competitions. Other preparations include ordering flowers, arranging stage times and choosing a host and hostess. To conclude the year the IFSC plans a greek picnic held at Sherwood Island. This picnic allows all the greeks to come together, share friendships, and party all day. President — Debbi Medika, Vice-President — Joe Belardanelli, Treasurer — Liz Guilmette, Secretary — Cathy Pickney.
One may often wonder what kind of people could have the ability to produce a 224 page yearbook. The answer — talented, dedicated, and creative people. It’s an incredible responsibility that each staff member accepts when committing him/herself to producing an object which holds so much value to so many people. It requires long hours of work, tremendous concentration, and painstaking attention to every little detail, all to assure that a quality yearbook is published for the student body to cherish and the faculty and administration to display with pride.

Organization was desperately needed with the new, largely inexperienced staff that began the year. Tom Kelly played a major role in bringing the staff together. As for the staff, let it suffice to say that no two of them were alike. While this momentous book was being constructed, the Prologue staff found time to get to know each other and become friends. When the finished product is distributed, the staff will soon forget the headaches that accompanied the construction of Today; Tomorrow; Forever and praise themselves for a job well done. The meaning of organization and teamwork, and the experience of working on a major publication are qualities that each staff member will take with pride.

Cheryl Pierne
Co-Editor

Kristen Wittmer
Co-Editor

Karen Wallenta
Assistant Editor

“For all of your hard work and dedication, thank you.”

The Editors
1990 Senior Award for Dedication to the yearbook and staff.

1990 Senior Award for Outstanding Service as a staff photographer.

Above: Left photo: Karen Wallenta
Right: Tony DiCocco.

"Special photography technician, A.K.A. Agnew, at your service."

"I wonder if she thinks I'm cute."

"Teamwork!"

"If you could only see why she's smiling."
Challenges,

"Oh my God karen! That's your dream guy?"

Accomplishment,

"Why did I let Tom talk me into taking the administration photos?"

and Fun!

"Tom, you're so wonderful."

"Okay guys, who brought the film?"
From Left to Right:

1st Row: Billie Ann Bleeks—Faculty pictures, Leo Catterino—Club and Candid photos, Kim DeSanty—Sports.


3rd Row: Debbie Distinti—Administration and Faculty photos, Angie Ioannou—Special photography technician, Tom Kelly—Advisor.

A DAY IN THE LIFE OF A COLLEGE STUDENT
Monday

Chapter 2

Sections 2-1, 2, + 3

Concentrate 2-4

EXAMINES TOTAL CHARACTER
- STRUCTURE - EXTERNAL (MORPHOLOGY); INTERNAL
- FUNCTIONS (PROCESS) - CHEMICAL COMPO OF DNA

 taxonomy

Phylum Chordata - We belong

b) Class Mammalia - Man

unique produce hair

Class \\
Order \\
Family \\
Genus \\
Species
Tuesday
3-28-90

History of Photography:

1. Niepce - 1826?
   - First photo: 8 hours exposure

2. Daguerre - 1839
   - Discovered type: Copper plate, 20 min. (2 min 1840)

3. Why?
   - Psychology: boats, death, something of you
that would live
   - On back: preserve images

4. Daguerreotype
   - 1850's
   - Exposed on plate
   - One picture per plate
   - Darkroom: processing
   - Visible negative

5. George Eastman
   - 1880's
   - "High Risk" photos
   - Invented Kodak, 3 images
   - Mailed camera with film

6. Eastman: he developed film, put in new roll, mail back
   to person
Weaving industry was 1st to be mechanized 
mass produced through technology.

(died 1832)

Presume over pains:

as poetry: democratic

persons are rational and enlightened 
their own interests: calculate 
advantages and disadvantages.

3) In pursuit of an advantage one 
improves

4) Christ: interferes w/ business 

''he himself -- fair.''

Sacred Heart University
Wednesday

Introduction to the Law of Contracts

The University of Contracts

A tool by which people establish rules to govern a particular business or relationship. It is a device by which expectatio

Contract

Contract

A contract is a legal agreement between two or more person

1. Assent
2. Legal
3. Consid
4. Observe
5. Consistency in special rules governing the type of agreement involved

134 Student Life
Resources, Environmental Degradation, Pollution

Bill 1989 1859 2.5 billion

Rain bairn's life-support systems resources be treated

\[ \text{Doubling time} = \frac{100}{\% \text{ growth rate}} \]

\[ \text{Doubling time} = \frac{100}{10\%} = 7 \text{ years} \]

Less Developed Countries (marked) -

Industries, high oil funds/person

Moderate

Located in Africa, Asia, Latin America

40 billion people

World's minerals and energy resources

Ex. China + India

Doubling time 49 years 32 years
Thursday

Conservative: 3) Incorporation to put 3) Incorporation to put on 
behind bars to make 

Struggles to put on a face and feel true. Feel like I feel done with the regime.

vs. Procedural Rights.

Substantive

(ask what is criminal)

Theory vs. Practice

Of innocence - automatically

If innocent, conviction overturned.

Beyond a reasonable doubt.

Springfest

1988, a city of light.

"I never thought I'd see the day I'd be able to vote."

136  Student Life
STATE HAS TO PROVE

COMMISSION

MIND (DID NOT HAVE

OMINGCE

CASE DON'T NEED

THOUGHT (MENS REA)

BIG HAVE GROSS NEGLIGENCE

USED IN PRELIMINARY CRIMES (NO MENS REA)

IN ORDER TO BE GUILTY

ACT MUST HAVE A GUILTY

BIG NO MENS REA - CRIMES

AS SEVERE AS THOSE FOR OTHER CRIMES
Judge-made law is not made by judges. It is a question of statute.

Objective is specific to case, not necessarily to precedent.

Alcohol level: legally drunk and claim test. Good as use for determination.

Hook at

Student Life 141
Sunday

INTENTIONAL TORTS

TORT LAW

BEACH OF LAW THAT DEALS WITH

INTENTIONAL

DAMAGE

PROSECUTOR

INTERFERES WITH THE SOCIETY

INTEREST OF THE PUBLIC

NOT INTENT

PROSECUTOR

DEFENDANT

RESPONISI

INTERESTS LIKE REASON

INTENT

DISTINGUISHED FROM OTHERS BY

PRESENCE OF VOLUNTARY INTENT TO BEING ABOUT

RESULTS LAW DOESN'T SANCTION. DOESN'T

NECESSARILY MEAN EMOTION OR DESIRE TO HARM.
Classification of Contracts

- One formed by the words of the parties, either oral or written.

- An agreement - defined as a communication of the assent of the parties expressing an intention to enter into some legal relationship.

- Describes a particular type of action sounding in tort, and describing symptoms of the relationship.

Is whether an act would be performed in such actions.

- Contract (colloquially known as another word for law) - attempt to be

- Parties did not agree to contract, which must be a contract.

- Involves payment; if not, then consider.

- The sudden death of a patient in the hospital due to the doctors not recognizing the condition.

- Court to recognize (must be)

- Right or unjust enrichment retained by benefited party.

- Unfair legal recourse for the "victim" of benefit.
A Day
In the Life
Of
A College Student
REFLECTION

Everyone at some point in their life takes the time to reflect back on their past. Your past is so vitally important because it is the past which has determined the present. In any reflection you hold good and bad memories. The bad memories may consist of certain regrets or wishing that you had done things differently. But the good memories hold so much more meaning and value to the formulation of who you are today.

Your survey of all your good memories will lead you to memories of good friends, family, teachers, and events which all served as major contributors to your life. It’s good to reflect upon these people and events because they will infinitely remain a part of who and what you are. It’s even better if you can turn to these influential people and say, "Thanks for being an important part of my life." None of us lives autonomously; each of us has someone attributable to our present existence. Just as others have touched your life, so too will you influence another’s.

“For all sad words of tongue or pen,
The saddest are these: ‘It might have been!’”

John Greenleaf Whittier
What are your ambitions?

"My main ambition is to decide what I want my major to be and make lots of money with it."
Ruth Doyle, Freshman

"I have learned that whatever I want is obtainable, and that success is just a question of motivation. I feel SHU has been a valuable part of my progress toward my goals."
Mike Maiem, Senior
I really enjoy Sacred Heart as it has opened many doors for me in order to have a successful life. I hope to follow my dreams in athletics and play in the major leagues.

Richard Licursi, Junior

My ambitions are to follow my dreams of getting a college education that will provide me with a secure future.

Tim Stackhouse, Sophomore

Sacred Heart has let me become a well-rounded, compassionate person with a desire to be the best I can be. My future goals are to become a corporate president and to lead a happy, healthy family life.

Brad Van Gemert, Senior

Since I've been here I've realized that SHU is a great school. My main ambition is to do the very best I can.

Sheri Helmes, Freshman
How do you feel SHU is collegiate?

It’s fairly competitive compared to other colleges around CT. and it has highly qualified professors.
Steve Taylor, Senior

Because SHU is a smaller college, the teachers here are much more personal and friendly.
William Duenges, Sophomore

As a commuter college SHU has a lot to offer with regard to clubs and student activities; whereas, other commuter schools don’t have the varity that SHU has.
Mark Burlinson, Senior
As a commuter school it does a fantastic job serving the needs of both the full and part time students.

John Niski, Junior

As a transfer student from Southern Ct. State Univ., I feel SHU is as good as any other school.

Kim Slavin, Freshman

With all the upcoming changes here, I hope SHU will become even more competitive in the future.

William McKiernan, Freshman
How does SHU promote dedication?

"The single thing that impressed me most as a student was the absolute dedication on the part of the faculty. They managed to project an image of caring, compassion, and genuine concern regarding my development as a student and a person.

Ed Donahue, Professor of Psychology
Alumni-Class of 1975"

"The teachers and faculty at SHU are willing to help you as much as you're willing to help yourself. They're helping me to give 100% in my coursework and on the court.

Darrin Robinson, Sophomore"
"The dedication of the faculty has helped me to succeed in my courses to meet the goal I am striving toward."

Jessie Bell, Junior

"I'm dedicated to the school and the sorority, Pi Sigma Phi. Everybody here is really helpful, both the students and the teachers."

Amy Bertasso, Junior

"The dedication of the faculty has inspired me in my goals to become a moving force in the business world."

Darren Moore, Junior

"I'm a product of Sacred Heart and I believe in the Univ. We have the best kids in the world who aren't afraid to work for what they want. I am part of the Student Services Division and I am dedicated to the students."

Tom Kelly, Student Activities Director
Alumni-Class of 1983
Who has encouraged you?

"Nancy Frydman was always there to talk to during times of trouble. She gave advice and reasons to be hopeful."
Karen Rapoport, Senior

"During a tough period Dr. Calabrese talked me into sticking it out and staying in school."
Rob Kovacs, Junior

"Cathy Santossio (Work Shop Skills Center) guided me through my last two years of studies. She was my mentor whom I looked up to and respected. Thanks Cathy."
Mina DiSora, Junior
Diana Mrotek pointed me in the right direction and took a concern in my personal life. Also, Ms. Maryann Volovcin. Her knowledge of the business world was something that could never be read in a text.

David Licursi, Senior

Ms. MaryAnn Volovcin made an impact on my life. She told me I could make money by using by personality. She gave me direction as to how the business world works. Also, Dr. Roberta Staples was my inspiration in the English program.

David Brunetto, Senior

Dr. Weinstein encouraged me to go for the things I wanted. His confidence in me helped me develop confidence in myself. His friendship and advice made my 2 years at Sacred Heart rewarding.

Billie Anne Bleeks, Senior
How is enthusiasm displayed at SHU?

By being involved in clubs and sports students grow together to help one another.
Tony Mitri, Sophomore

I see enthusiasm displayed by the students who get involved in various school activities, both on and off campus.
Don Peters, Sophomore

Enthusiasm is displayed at all Sacred Heart sports. For example, at the basketball games the stands are usually filled with fans rooting for SHU.
Patricia Rodriguez, Freshman
I always see students talking and having a good time in the cafe. People seem to be happy to be here and it's nice to see this.
Rich Kuroghlian, Senior

Sacred Heart students have a lot of enthusiasm. Freshmen elections were vigorously contested, and attendance at games is high.
Kathleen Olsen, Freshman

At SHU home basketball games, all of our fans cheer loudly, always drowning out the opponent's fans. This enthusiasm makes the SHU-Box a tough place for another school to compete.
Andy Cable, Senior
What makes SHU a prestigious university?

"I feel the size of Sacred Heart is what makes it prestigious. The teachers have the opportunity to know each individual student and make them feel important."

Tricia Churma, Junior

"The learning environment which includes a small, yet effective, university with dedicated professors who care."

Maurice Lara, senior
The importance of Sacred Heart is not only the student relationships, but also those relationships formed with teachers and faculty. The bonds they establish go beyond friendship. They unite into one family.

Diane Martino, Senior

I feel that the athletic programs at Sacred Heart are very prestigious. Sacred Heart has a long tradition of great athletic teams.

Mark Lambert, Senior

Sacred Heart is traditionally known for being a small school with very warm people and a good academic curriculum.

Phil Howard, Sophomore

I believe SHU's teachers make this school prestigious. At Sacred Heart one is known as an individual, not by their student I.D. #. The teachers are personal and always know their students by their first names.

Sharon Miller, Junior
What is unique about SHU?

"The start of Gamma Omega Delta, which is otherwise known as Campus Ministry and focuses on social service, would not have been able to get started up with such ease on another campus."
Lisa Pavia, Junior

"The caliber of our faculty is probably the most important point, especially in the Communications program."
Catherine Santossio, Senior
"It's easy to get to know everyone. You never forget a face."
Chris Donnells, Freshman

"The friendly atmosphere created by the students."
Cathy Swenson, Sophomore

"Teachers you have taken only one class with know who you are four years later."
Catherine Gingerella, Junior

"I think that the college life here has a family sense as opposed to other colleges."
Edgar Gutierrez, Graduate Program
January 7—13, 1990 over 40 Sacred Heart students hit the slopes of Killington, Vermont for 5 full days of skiing. The trip was sponsored by the Outdoors Club and turned out to be a huge success. Skiing was great! The temperature was in the 30’s most of the time - skiing is much better if you’re not freezing to death.

Off the slopes, life in the Wiffletree Condotminiurns was eventful. One lucky unit had two girls serving up gourmet meals such as homemade lasagna, a picnic lunch, and even an option of wine. Then there were the guys... They had their dishwasher overflow when one of them put liquid detergent on the dishes in addition to regular powder detergent. Consequently, they won the award for the cleanest kitchen floor.

Some of the students organized a “Best” list. Here is a sample of some of the “Bents”:

Best Skier — Cathy Molloy

Mogul Monger — Rob Cottle (he went over the monguls on his rear).

Most Improved Skiers — Rob Cottle and Chandra Lynam

If you like wind blowing through your hair, cool air in your face, high places, and having fun with friends then join the Outdoors Club next year for skiing.
Thousands of college students flocked from all over the United States to Daytona Beach, Florida for Spring Break '90, and 38 of those students were from none other than Sacred Heart. Although the group was a minute fraction of the total mass, their presence only added to the overall excitement of the week.

The trip was organized by Jennifer Lee, President of the Outdoors Club which sponsored the annual getaway. SHU students traveled by bus to Daytona Beach and the Reef Motel became home for the week of March 9 to March 18. Once there, the SHU clan shed their winter clothing to hit the beach for Fun in the Sun.

MTV broadcast daily from the beach presenting popular music artists and hosting various contests allowing contestants to “take it off and show it off”. And that they did! Girls fashioned skimpy bikinis and guys flexed their muscles, all sporting deep, dark, golden tans for everyone to admire. Off the beach students partied nightly at various clubs in Daytona.

Wherever the SHU clan traveled, their impact was felt. The official “SHU Spring Break '90” chant resounded in the air. One could walk through Daytona and hear students from other colleges echoing the infamous SHU “woo-woo” chant. Who would believe such a small group could make such an impact on a large spectrum of people? Never underestimate the spirit of the SHU clan, a group dedicated to peace, not violence (that is, after Timmy Gallo finished with them).
Lei'd Back. David Brunetto and David Licursi enjoy a break from Spring Break.

"My shirt may be wet, but at least it doesn't have sail boats on it."

FUN — FUN — FUN!!! The SHU clan gathers for a picture in front of the pool before heading to the beach.

Living it up on Daytona Beach. Fun was the operative word for this group of Sacred Heart students as they gather on the beach.

All the way from Miami, it's Don Johnson. In a photo shoot Don Johnson (really SHU's own David Brunetto) embraces Christine DeRosa.
TODAY we caught you looking like this. TOMORROW you will regret it.
FOREVER it will be immortalized in your yearbook for all your friends to look back on.
The Italian Club sponsored a weekend excursion to Wildwood, N.J., August 10-12. The trip was open to Italian Club members, as well as the entire SHU community.

There wasn't much hope for good beach weather due to the dreary forecasts and torrential downpours on the drive down. To everyone's delight, the sun was shining upon arrival in Wildwood and remained so for the entire weekend. Before venturing out into Wildwood, the first item on the agenda was to check into the rooms at the Calypso Hotel. Once settled, the Wildwood weekenders embarked on their activities.

With the Boardwalk, rides, beach, and night clubs there was plenty to keep everyone busy. The beaches were beautiful, not to mention the people on them. A big attraction were the monstrous water rides overlooking the ocean. The night clubs were plentiful to say the least. Each had different theme nights planned and all were open until 5 a.m. Everyone literally danced 'til sunrise.

Sunday came and ended the weekend's fun. By this time though, everyone was ready to return home for relaxation. It was definitely a weekend of fun with good friends.
"It's a rough life on the beach, but someone's got to do it."

"Eat your heart out girls." Karen Wallenta with two adoring admirers, Tony DiCocco and friend.

Dave Rosario, A.K.A The Rooster, gives Phyllis DiCocco her suntan oil.

"Girls prefer muscles." "No, they like a good sense of humor." "You're both wrong. They prefer the sweet, helpless type."

"C'mon guys, this spot is perfect."

Living it up on Wildwood's beach.

CAN'T TOUCH THIS!!
***SPECIAL REPORT***

The infamous SHU cafeteria announces a new gourmet menu for students and faculty alike. Some of the delicacies you can sample include: The SHU muffin; pizza; baked potatoes topped with broccoli and cheese or just cheese; a salad bar; soup de jour; sausage and pepper grinders; fresh chicken salad complete with seasonings; their taco salad will have you saying, "olé!" apple crisp; cold cut sandwiches and smooth and creamy low-fat yogurt (which comes in a variety of flavors).

To satisfy that thirst, we offer a variety of soft and fruit drinks, herb teas, regular or decaffeinated coffee; hot chocolate with whipped cream and The King of Water — PERRIER!

We hope that this new menu will stimulate your tastebuds and satisfy your appetite.

We now return you to Who's Killing the Great Chef's of SHU, already in progress.
May 19, 1990 U.S. Senator John Kerry (D-Mass)
Commencement speaker for the 24th graduating class of SHU was awarded a degree of Doctor of Laws, honoris causa. Senator Kerry told the graduates, “Take a risk with your private imagination. We all can make a difference.”

Photo: (L-R) Senator Kerry chats with President Cervone.
October 26, 1989
Connecticut Governor William A. O'Neill was the recipient of the Center for Policy Issues annual Award for Leadership.
Photo: (L-R) President Anthony J. Correra, Governor O'Neill and the Most Rev. Edward M. Egan, Bishop of Bridgeport and chairman of the SHU Board of Trustees.

April 5, 1990
Reverend Raymond E. Brown, S.S. was the recipient of the third annual Walter W. Curtis Lecture. His subject: "The Passion Narratives of the Gospels." Heralded by Time magazine as "probably the premier Catholic Scripture Scholar in the United States."
Photo: Father Raymond Brown.
March 23, 1990 Connecticut Congressman John G. Rowland (R-5th Dist.), a Republican gubernatorial candidate, participated in an Open Forum sponsored by the Center for Policy Issues, one of a series of special events held to mark CP's 10th year anniversary.

Photo: Congressman Rowland, with the help of SHU student Jodi Thomas, displays a graphic of state bureaucracy he'd trim if elected governor.


Photo: (L-R) Donald A. Browne, chief state's attorney for Fairfield County; President Cenere; George McGovern; John Barbeau, president of the Student Government; William Kennedy, Vice President for Public Affairs.
May 17, 1990 Archbishop of San Salvador, His Excellency Arturo Rivera Damas. Honored by the University with a special convocation for his strong support of human rights. He was awarded a degree of Doctor of Humane Letters, honoris causa.

Photo: Archbishop Rivera Damas receives the academic hood from the Most Rev. Edward M. Egan of Bridgeport and chairman of the SHU Board of Trustees.
FESTIVE.

Anticipation and tension raced through the halls as the 1989-1990 year came to an end. Seniors were getting ready to move out to a new and different life. Every year this happens — the seniors move on and the juniors take their place. Not only did the seniors look forward to the events Senior Week '90 had to offer, but also the whole student body and faculty envisioned a fun-filled week. The memories the Senior Class created for each and every person who attended Senior Week '90 will be cherished forever.

"No one ever attains very eminent success by simply doing what is required of him; it is the amount and excellence of what is over and above the required, that determines the greatness of ultimate distinction."

Charles Kendall Adams

<table>
<thead>
<tr>
<th>CONTENTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Senior Mass .............. 174</td>
</tr>
<tr>
<td>Boppers .................. 176</td>
</tr>
<tr>
<td>Booze Cruise .............. 180</td>
</tr>
<tr>
<td>Treehouse ................ 184</td>
</tr>
<tr>
<td>Senior Banquet .......... 188</td>
</tr>
<tr>
<td>Holiday Hill ............. 192</td>
</tr>
<tr>
<td>Graduation ............... 196</td>
</tr>
</tbody>
</table>
SUNDAY: Mass and Awards Ceremony

May 13, 1990. The first event of Senior Week was the traditional Sunday Mass as the Seniors and their families came together to worship and celebrate. The day was also special because it was Mother's Day, and the Senior Class officers presented a red rose to all Moms who were in attendance. As usual, Father Bill Sangiovanni and Sister Anne-Louise Nadeau put together a beautiful Mass.

Immediately following was the Awards Ceremony and buffet dinner, hosted by Brad VanGemert and Gerri Bucci. Many campus organizations honored their graduating seniors for their leadership, service and dedication. Senior Class President Jennifer Lee concluded the ceremony with a speech thanking all those who had helped the Senior Class.

Chairpersons Mayra Medina and Maria Xavier worked hard and it paid off as Senior Week got off to a great start.
Monday: Boppers

May 14, 1990. The fun began with the annual Club Extravaganza, held for the second consecutive year at Boppers in New Haven. The event was a great success as over 200 Seniors and friends filled the night club to celebrate Sacred Heart Style. The happy partiers quickly filled the dance floor and boogied non-stop to a wide array of songs.

Meanwhile, a delicious hot and cold buffet was being served for those who had worked up an appetite. Under the lights, students danced their way through The Alley Cat, The Hokey Pokey, The Limbo, The Chicken Dance, hula-hooping, Simon Says, and of course the Electric Slide. SHU dancers also performed to Boppers own renditions of "Whose Making Love", "Stroke It", and "Soul Man". Near the end of the evening those on the dance floor followed Rob Cottle and AJ Ciesielewski's lead in doing SHU's traditional YMCA. Club Extravaganza 1990 was certainly a night to remember.

Chairpersons Mike Bozzone and Rob Cottle did a terrific job in providing an enthusiastic Senior Week ending.
TUESDAY: Cruise

May 15, 1990. For the eighth consecutive year, Cruise-goers came to New Haven Harbor for the traditional Tuesday night event of Senior Week. A beautiful spring evening and calm seas provided the perfect setting for another fun-filled night as the Liberty Belle hoisted its anchor and set sail. Over 170 Seniors and their guests were on board for this exciting voyage.

There was plenty of action throughout the ship. Down below, folks lined up at the bar, and the hungry passengers devoured four six-foot subs. On the upper deck, the dancers were going at a frantic pace to the sounds of ULTRA. Meanwhile, couples searched for a quiet corner for a romantic interlude as Sacred Heart's version of the Love Boat chugged through the Sound.

Suddenly, the weather started getting rough; the tiny ship was tossed! If not for the courage of the fearless SHU...just kidding. Chairmen Rod Clingman, Brad VanGemert, and John DeVito did a fine job as Cruise Directors for this memorable event.
WEDNESDAY: Treehouse

One of the best and most enjoyable ways to relieve stress is through laughter. Taking finals, preparing for graduation, and interviewing for jobs are all stressful events seniors deal with. To be able to laugh in the midst of all this stress, to look confusion and adversity in the face and laugh is to maintain one's sanity.

Approximately 75 SHU students attended Comedy Night, held on May 16, 1990, at the Treehouse Comedy Club. Several comedians entertained students as they laughed all night long. Some of the comedians included some of SHU’s students in their acts, of course only to completely humiliate them in front of their friends. Following the show there was a taco bar for everyone to feast upon. Congratulations go to Gerri Bucci, Pete Follino, and Pete Reed for a successful evening. As one senior described it, "The night was EXCELLENT!"
THURSDAY: Banquet

May 17, 1990. Oronoque Country Club was the setting for the annual Senior Banquet, the highlight of Senior Week. Chairpersons Jennifer Lee, Rich Kuroghlian, and Pete Nikolis attended to every detail in providing a first-class event.

The evening began at 8:00pm as the guests were treated to a delicious variety of hot and cold hors d’oeuvres. Next came a fabulous five-course meal featuring the guest’s choice of baked stuffed chicken, stuffed shrimp, or filet mignon. An open bar was available throughout the evening to satisfy the thirsts of the students who were busy dancing to the lively sounds of the New York City Swing Band. For a change of pace, DJ ULTRA provided a different beat during breaks and for the last hour as the fun continued long into the evening.

While the Senior Banquet was only “One Moment in Time”, it will be long-remembered by the Seniors as their last formal gathering as Sacred Heart students.
FRIDAY: Picnic

May 18, 1990. As usual the Senior Picnic was the perfect conclusion to all the fun-filled events of Senior Week that lead to graduation. Once again students traveled to Cheshire to spend the day at Holiday Hill for unlimited food, drink, sports, and dancing. There's something for everyone at Holiday Hill. Students participated in everything from musical chairs, egg toss, tug-of-war, volleyball, and basketball to badminton, swimming, canoeing, tennis, horseback riding and dancing. Some SHU guys even played a game of softball against Greater New Haven Technical School and they are now known as The Bayside News Bears. The Sacred Heart contingent proved once again that their energy, enthusiasm and spirit never fades as they made the most of the last event of Senior Week.

Chairpersons Darlene Frithio and Lynn Francoco brought a beautifully sunny day to Cheshire for the Senior Picnic. As the Seniors look back reflecting on their years at Sacred Heart one thing is certain: their time at SHS was something to be cherished, long remembered and the friendships made here would last a lifetime.
Saturday: Graduation

Sacred Heart University's twenty-fourth commencement exercises were held on Saturday, May 19th at 10am. It was a beautiful, sunny day as the moment seniors had long awaited had finally arrived. As the happy graduates walked onstage to receive their diplomas, there were hearty cheers from their proud families. The commencement address was delivered by Senator John Kerry from Massachusetts. Finally, senior class president Jennifer Lee addressed the graduates and led them in the traditional turning of the tassel.
GRADUATION.

Should seniors laugh or cry? Graduation means never having to register for classes or to eat in the infamous SHU cafeteria again. It also means saying goodbye to friends and a familiar routine. To students graduation represents various things. To some it is adulthood; to others it represents independence — the freedom to come and go as one chooses; and still others see it as an opportunity to get a job associated with their major field of study. It means taking responsibility for one's own actions and putting aside familiar college ways. New responsibilities, friendships and pressures face the graduating seniors, but they will always remember SHU sporting events, away weekends, frat parties, and Spring Break. SHU is as much a part of the seniors as they are of SHU and will remain a part of them for the rest of their lives. So, no matter how one looks at graduation, with eagerness or anxiety, it is sure to be a step which not only has taken a great deal of time and effort, but a step that will never be forgotten.

"To dream anything that you want to dream. That is the beauty of the human mind. To do anything that you want to do. That is the strength of the human will. To trust yourself to test your limits. That is the courage to succeed."

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We, the editors, apologize for any errors in spelling and/or omissions. A special apology goes to Munaza Selyn for the incorrect placement of her photograph. Due to the nature of the error, it was too complicated to correct. Please accept our sincerest apologies.
How do you say goodbye?
Without a sigh, a cry,
Our memories are our tie.
There is no pure goodbye.

Love you all, Stascia Reitano
1990 Graduate, Sacred Heart University
Our goal for the 1990 Prologue was to create a professional book that would be uncomparable to any previous Sacred Heart yearbook and to serve as a complete snapshot of the entire 1989-90 school year. Recognizing that a yearbook is the main object from which students remember their college years, some of the best years of our lives, we embarked on a mission to fulfill your expectations. We’ve meticulously scrutinized every element included in the book, reconstructing the traditional layout of it. Due to the nature of the extensive planning involved we faced a major issue — time. As editors we decided to sacrifice the deadlines to assure that you would ultimately receive a quality book that you so rightly deserve. We’ve put our hearts and souls into this book to give you something you can cherish for years to come. If there is even one element of this book that you can hold dearly as a precious memory, we’ve succeeded. We sincerely apologize for the delay, but we honestly feel it is well worth the wait, as we hope you will too.

Sincerely,
Cheryl A. Pierre
Co-Editor

A major publication cannot be put together successfully without the generous help of a lot of people. We are grateful to those individuals who unselfishly contributed their time and efforts to the 1990 Prologue, for without their help we could never have completed the book.

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David Brunnetto-For also donating the use of your Spring Break pictures.
Regina Reilly-For donating pictures from the Killington ski trip.
Sharon Miller-For donating pictures from the Italian Club's Wildwood trip.
Brad VanGemert-For taking wonderful pictures for us.
Mary Fico-For always helping with whatever needed to be done and never complaining once.

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Dr. Gary Rose-For being a kind and understanding neighbor when we got a little loud.

To all of those people listed above, and others we may have forgotten, Thank You. Your help means so much to us.

Clubs and Organizations — 1.) To those who showed enough interest to have their group photographs taken, we appreciate it. 2.) To those who had to have their photos taken more than once, we also appreciate your understanding. 3.) To those whose group photographs are not featured in this book due to film developing problems, we apologize.
We shall not travel by the road we make:
   Ere day by day the sound of many feet
Is heard upon the stones that now we break,
We shall be come to where the cross-roads meet.

   For us the heat by day, the cold by night,
The inch-slow progress, and the heavy load,
And death at last to close the long grim fight
With man and beast and stone; for them the Road.

For them the shade of trees that now we plant,
The safe, smooth journey and the final goal,
   Yea, birthright in the land of covenant-
   For us day-labor, travail of the soul.

And yet the road is ours as never theirs!
   Is not one joy on us alone bestowed?
   For us the Master-Joy, O Pioneers-
We shall not travel, but we make the Road.

This poem was taken from The Book of Poetry, British Poets, Volume IX. The author is unknown.
Dear Graduate,

Congratulations and welcome! Graduation day is one you will remember for years to come and, like photographs in your college yearbook, it will be a memory to cherish for all time.

Like these memories, we cherish you and would like to welcome you into Sacred Heart University's extended family as a member of the Alumni Association. A university is only as good as its people and, with the conferral of your degree, we hope that Sacred Heart University always will be a part of you.

The Office of Alumni Affairs will be inviting you to participate in many events at your alma mater. For us, the next decade will bring many changes and we would like you to be a part of that change.

I look forward to seeing you in the future. May God bless you as you begin a new chapter in your life.

With best wishes, I am,

Sincerely yours,

Anthony J. Cenera

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