Butkevicus takes office

By Jason A. Dalrymple
Editor-in-Chief

In a unanimous nomination and decision by the Executive Board, Senate, and class officers, senior John Butkevicus has been elected President of Student Government. Junior Shannon Pons has also been elected to fill the role of Executive Vice-President.

"It didn't really hit me until this weekend when I saw some of the problems we were faced with," said Butkevicus. "People already started calling me 'Mr. President.'"

Pons was also honored at the nomination and election to his position, and looks forward to serving the student body.

"We're going to start with priority one and then keep chipping away," said Pons.

Priority one to the new officials is a serious review of the Constitution. Both Butkevicus and Pons agree that provisions need to be made to take into account the events surrounding the recent removal of former President Lloyd F. Scott and former Executive Vice-President Sandra Martinez before it happens again.

Dean of Students Kevin P. Kelly is impressed with the initiative taken by both students.

"I think John is a good person and a good leader. He wants to do a few things well instead of many things with half an effort," he said. "They both have this wonderful vision of what needs to be done."

See Leaders, page 3

Richardson to speak

By Kevin Carroll
Assistant Sports Editor

On Feb. 8, African American civil rights speaker Judy Richardson will be appearing in the University Theater at 8:00 p.m.

Richardson, who has helped advance the civil rights movement for the past 30 years, is speaking about her many experiences in the movement. She was the associate producer of the T.V. show "Eyes on the Prize," and co-produced a documentary on Malcolm X called "Make Is Plain."

She has been touring the country for the last couple of years," said Enza Chiarello, chair of lecture programming at the University. "She is a great speaker and should be very interesting to listen to."

In 1968, Richardson and other civil rights activists organized the DRUM and SPEAR book store in Washington, D.C., which soon became the largest African American bookstore serving not just the students, but the community at large.

See Richardson, page 2

Liver and onions, eh? Find the secrets to happiness...page 4

Men's spikers undefeated, go to 4-0...page 16

Inside...

SHU theatre opens 1995 with diverse selection...page 13

Staples captures Camelot

By Flora Goodloe
Aas. News Editor

What began as meetings for lunch and conversation eventually resulted in conception of a book on Arthurian literature.

Dr. Roberta Lynne Staples, associate professor of English at Sacred Heart proudly joins rank of lecturers with several other Sacred Heart professors who have authored books.

"I'm more than thrilled about the book," said Staples. "It's my first-born and I'm indeed very proud of it."

Staples, a scholar in Arthurian literature, and last year's recipient of the university's Teaching Excellence and Campus Leadership Award, marked her publishing debut with The Company of Camelot, published by Greenwood Press.

A co-author of the book is Dr. Charlotte Spivack, an English professor at University of Massachusetts at Amherst.

"Charlotte was my mentor when I was in graduate school," said Staples, "and we have since become friends and colleagues."

See Camelot, page 2

By Ayoma Perera and Jason Calabrese

The Service Learning Center is organizing a panel discussion on service learning in Hawley Lounge on Feb. 7 at 1:40 p.m.

Developing out of the school's 30,000 Hours Project, service learning made headway this year due to a grant of $22,000 from the Council of Independent Colleges, "to see if we could make it happen at the University," said Phyllis Machledt, the service learning coordinator.

"This panel discussion is a cooperative effort between the faculty, community and students," said Machledt. Panel members include, Dr. Ralph Corrigan, who has two classes working on service learning projects, and three students with considerable experience in community projects.

"This year Sacred Heart will join several other schools such as Stanford, University of Pennsylvania and Bentley College in the endeavor to help the various communities succeed," added Machledt.

"The agencies that are chosen are the ones that are within a community that is not well known to the students involved so that it becomes a learning experience," she added.

"At the end of the program," said Machledt, "students must submit a reflection piece on their experience in their selected community, describing how it changed their lives and what they learned from the community."

Machledt added, "I don't want the students to do something that I would not do myself."

Professor Camille Reale's "Business Communications 221"

See Panel, page 3

Dr. Roberta Lynne Staples, co-author of The Company of Camelot

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Highest rate in freshman retention in four years

The rate of freshman retention for last semester was the highest it has been in four years. With rough figures available, Dean of Fresmen, Michael Bozzone, stated that the retention rate is expected to be 92%. Dean Bozzone sees this increase as a direct result of the Freshman Seminar program. Not all student who leave transfer to other schools. The figures include those students dismissed for disciplinary action, academic reasons and financial reasons.

The freshman retention rate has grown from 85% in 1990.

Richardson: civil minded speaker

Continued from page 1

Richardson, a professor of psychology at the University of New Hampshire, said she found Keith to be an extraordinarily gifted student, who is sensitive and caring. "He has already studied Japanese attitudes and will study the attitudes of Americans on this issue," said Kiff.

Professor Higuchi explained that habitual tension of the body inhibits the body's ability to sense. "Our bodies have a kind of tension that we are not aware of and we become so accustomed to it that it numbs our sensory organs," said Higuchi.

Higuchi believes that this response is a habitual tension and that awareness of it through the practice of giving and receiving touch the tension is reduced.

Mr. Higuchi comes to Sacred Heart from the university's sister college in Fukushima-City, Japan. He has been a member of the faculty at Sacred no Seibo since 1975.

Higuchi has numerous publications and has been a leader in the field of psychology and counseling in Japan. He is a Fullbright student as Boston University where he earned his Master's degree. He is married and has three children; a daughter in her last year of high school and two sons studying art at universities in Japan.

Camelot: legends and histories revealed

Continued from page 1

The legendary Lancelot is not only Washington, D.C. but universes all over the country. In 1982 she began working with Dr. Benjamin Chavis, director of the Union Institute of Social Justice. "Miss Richardson (while working for Dr. Chavis) was responsible for public relations and research in the organization," Chiarello added. "Some of the things she did for the movement were numerous freedom rides she arranged stretching from New York to Alabama."

"I think her presentation should be very informative," said Eric Meyer, a second year student from Carl Place, Long Island. "She has led a very interesting life." Richardson lectures nationally and has appeared on programs like ABC's "Night Line" and CBS's "NightWatch."

For more information, students should stop by Student Activities located in Hawley Lounge.
Proven program meets opposition

By Todd Yardis
Contributing Writer

Sacred Heart University is considering offering its first ever doctoral program, a Doctor of Science degree in Leadership Studies. The program, however, is far from final approval.

The interdisciplinary program, if it becomes a reality, will draw from several academic fields, including education, computer and information science, and management and marketing.

The proposal has met with considerable criticism from the faculty at the University, which voiced concern over many issues. The most fundamental of these issues is the general idea of a Leadership Studies program. They are asking, “What major is that?”

The doctoral program was designed to meet the goals of the University’s Strategic Plan for 1994-1999, which calls for the establishment of new and distinctive academic programs. But, according to the faculty, such a study was never done for Leadership Studies, and the program is not new or distinctive.

The proposal was developed by a graduate studies committee chaired by Dean of Graduate and Continuing Education, Dr. James Farmer. Dr. Farmer was unavailable for comment at this time.

The proposal obtained states that the goal of the program is “the graduation of reflective leaders from a variety of disciplines who are capable of making significant contributions to their disciplinary fields.” The proposal specifically states that the program is designed for “health care professionals, teachers or school administrators, and business professionals seeking to improve their leadership skills.”

According to faculty members, they were offered no opportunity to provide feedback to the proposal. Faculty were given a copy of the proposal only with instructions to provide a list of possible instructors.

Dr. Alfredo Tufano, an associate professor of education at Sacred Heart, feels that if the faculty had been given a chance to look at the proposal, they would have had some problems with it. “This program is not new or distinctive. The University of Bridgeport, the University of Hartford, and UCONN all offer similar programs,” Dr. Tufano states.

The wide range of the program has also come under fire. Dr. Tufano says, “Leadership Studies is not rooted in any academic discipline. Any doctoral program should be rooted in an academic field, not in the Continuing Education Department. It has no academic basis.”

The proposal which lists the fall of 1995 as the target starting date, is far from being implemented. Though it has been submitted to the Connecticut Department of Higher Education, it has been forwarded to them for their input and reaction. The program must first be approved by the Faculty Senate, where one faculty member promises, “it will be met with major opposition.”

Leaders: short-term goals getting set

Continued from page 1

In addition to jumping on the issues, both Butkevicius and Pons offered to forfeit their stipends to help pay the remaining phone bill in an effort to re-open the Student Government Office.

“I am overwhelmed and impressed by the initiative this gesture shows,” said Kelly.

“One goal is to get back the respect we lost,” added Pons. “It’s our hope to get organized and past recent issues.”

“We need to get the chain of command going,” said Burkevicius. “We need to target students already involved with Student Government who know the system and the Constitution well.”

Once organization is re-established in the office, Butkevicius and Pons plan to move on to other student issues, such as library services and the sexual education policy.

“There’s a great deal of work that needs to be done,” said Pons. “If some people won’t take the initiative, some of us may have to take a little more on our shoulders.”

Panel: set to discuss cooperation

Continued from page 1

course makes involvement in community projects mandatory. Students choose from 10 different projects, ranging from the Discovery or Barnum Museums, to Merion House, Salvation Army, Mercy Learning Center, or the Special Olympics.

Dr. Marion Calabrese, an English professor at Sacred Heart, was involved in the Service Learning program last year with her Oral Interpretation of Literature class.

“I felt that it was a tremendous success and both Whirlwind Elementary and SHU students felt the same way,” she said.

Donna Steoehr, a sophomore English major from West Milford, NJ said, “Working at the Mercy Learning Center is going to be a self-educational experience for me. To reach those people will be my incentive.”

“I think it’s a good way to get involved in the community,” added Stoehr. “A lot of people should go out and take an active role in any of the projects.”

Off-Campus News Briefs

Compiled from CPS reports

Professor’s Mystery Package Prompts Bomb Scare

WILLIAMSBURG, Va.—Carl Moody couldn’t think of any reason why someone would want to blow him up, but the economics professor at the College of William and Mary wasn’t about to take any chances.

With news reports of the death of Thomas Mosser, the New Jersey advertising executive killed by an alleged serial bomber still fresh in his memory, Moody decided to take precautions when he received a box in the mail on Tuesday, Dec. 20.

Moody’s package, like Mosser’s, was well-wrapped and contained too much postage. And since law officials believe that the bomber targets college professors and people tied to the computer industry, Moody, who occasionally writes articles for computer magazines, could easily envision himself as the next victim.

So after discussing the brown paper package, which had the return address of an unfamiliar couple in Las Vegas, with some of his colleagues, Moody decided to call the campus police. After they failed to reach the couple in Vegas, campus police called the Virginia State Police, who told them to evacuate the four-story building immediately.

The State Police bomb squad arrived shortly but couldn’t determine what was inside the package when they X-rayed it. Instead of moving the package out doors, the bomb squad used a device to blow it open in Moody’s office, safely detonating the mechanism from outside Morton Hall.

After a small bang, the bomb squad went into the building to check out the contents of the package. Instead of a bomb, they found a tattered, black tuxedo jacket and a matching pair of pants.

Moody’s tuxedo was a Christmas gift from his wife. He was supposed to wear it to an upcoming wedding, but now he says he’ll have to rent one like most of the other guests.

A Smoke, But No Fire?

ATLANTA—Men who smoke are 50 percent more likely to suffer from impotence than non-smokers, according to a new study from the Centers for Disease Control and Prevention.

The study was based on a survey of U.S. Army veterans between the ages of 31 and 49. Of the 4,462 males surveyed, 1,162 said they never smoked, 1,292 said they were former smokers, and 2,008 said they smoked regularly.

Of the non-smokers, 2.2 percent said they were impotent while 3.7 percent of the current smokers said they suffered from impotence as well. While former smokers reported the least cases of impotence (2 percent), researchers say that the gap between the former smokers and non-smokers is statistically insignificant.

Although smokers suffer from impotency 68 percent more often than non-smokers, the difference actually ends up being 50 percent when other factors such as drug abuse, race, age and vascular disease are taken into account, according to the CDCP’s Dr. David Mannino.

While Mannino said that the study does not explain why smoking leads to increased impotence, he added that earlier research has linked smoking to vascular disease, which is a common cause of impotence.

CDCP officials said that the actual rate of impotence could be even higher because of the reluctance of some participants to reveal their sexual disfunctions.
Getting off on the right foot

You know, there are some people who would say that the age of chivalry has been gone for some time, that there are no heroes anymore save those who are getting multi-million dollar salaries to play boyhood dreams turned reality.

Well, they’re wrong. Some modern-day heroes are the ones we least expect to find.

Upon their ascension to office, both the new Student Government President and Vice-President sacrificed their stipends in order to have the Student Government office re-opened to the student body.

John Butkevics and Shannon Pons have shown what it means to have pride in this University. While the rest of us scramble to scrape up as much aid from the University as we can, these two young men have willingly given the little bit they deserve for the greater good of the community as a whole.

We commend you, Mr Butkevics and Mr. Pons. May future heroes-to-be and good-doers look to your actions now and over the next few weeks as a shining example of sacrifice.

Liver and onions, eh?

By Jason A. Dalrymple  
Editor-in-Chief

I’ve noticed a new tendency in myself since the New Year. No one else has mentioned it, so I’m not sure if it’s obvious.

Over the last few weeks I’ve lent myself towards brooding more than normal. I don’t mean brooding in a negative sense, so that’s the wrong word. Pensive

now that’s the word to tip your hat to, as Emily Dickinson would have said.

Fortunately, I do know two things: what I’ve been thinking about and why I started thinking about it so much.

It started over the break, while I was at home. I didn’t do too much but watch TV, play with my dad’s computer, and pet the cat (she really loves attention; in fact, I think she’s dependent on a warm lap and a smiling face for comfort). But it wasn’t the cat that got on my nerves, it was my father.

I can see him reading this now, groaning, because we talked about what I could and couldn’t say about him. Don’t worry dad, your secrets are safe with me. He’s a typical dad, except he’s a single parent struggling in a world that has forgotten his existence.

He gets by, though, not on anything spectacular, but rather enjoying what most of us would call simple pleasures, like having someone to cuddle up with at night; that’s a false sense of comfort. But I discovered that my father holds the wisdom that in some way may start to save the world.

We got to talking one night about how society is so uptight these days. Back and forth we talked about worrying about small things: one of us saying one thing and the other taking off on the point the other raised.

But, then, suddenly, we hit it. Or rather, hit it us.

Suddenly, the talk shifted to the difference between my father’s generation and mine. He carefully explained to me that he didn’t have half of the worries growing up as I do in terms of human relationships.

He pointed to things like sexual harassment, discrimination, date rape, and the strong lack of identity our generation has to deal with.

Then he made the point. He said “Liver and onions.”

The one thread each problem needs in order to function is communication. When a society stops communicating, as ours has, we become tense and snap at each other.

We have become a people scared of being alone, of potentially having someone to cuddle up with at night, that’s a false sense of intimacy. At night, that’s the wrong word. Pensive.

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Meet the SHU Quality Team

By Dan Horn
Special Correspondent

Surely you’ve seen our Quality SHU boxes around campus; maybe you’ve slapped a suggestion box on your desk. Hey, why not? (Your name and address were included), you have even received a response from us. But do you honestly read your suggestions? Are you familiar with the fact that “quality” is discussed in every business meeting at every university and corporation?

In October 1993, Dr. Cernera appointed a Quality Team to develop long-range plans that address quality on campus and take immediate steps to improve campus

Yes, cows. There are cows everywhere. We saw cows in the desert, we saw cows in the mountains, we saw cows on the highway, and we saw cows in the swamps. We saw big cows, we saw little cows, we saw brown cows, we saw white cows, you get the point.

However, I am sad to report that armadillos don’t really exist. I know this because the only armadillo we thought we saw turned out to be a plastic bottle blowing wildly in the wrong direction in the passing lane of US Route 40 at about 1 o’clock in the morning. The Texas state troopers were in fact armadillos in the area, but I don’t believe them.

That wasn’t the only time we were fooled into thinking we saw an exotic animal. We saw a panther that turned out to be a dog, a rattlesnake that turned out to be an eagle that turned out to be a falcon, and a coyote that turned out to be a fox which then turned out to really be another dog.

However, we did finally see a real cow. Along with a dead porcupine, a chinchilla, and 2 Texas state troopers. State troopers? Yes, we were pulled over in Texas for “failing to signal and touching the white line.” In other words, for having Connecticut cat places.

It was just a routine pullover until...

“We’d like to search yer car for drugs, boyz, with yert consent.” I do not know what would happen if we failed to consent, so we said, “Sure.” I’ve never had a drug or snorted a drug in my life, so I wasn’t worried... too much.

Then a third trooper drove up with a big, hairy-looking dog (probably named “Killer”) which proceeded to climb into the car—stepping right on my maps and Zacys Salsa Doritos—and sniff around for illegal substances. Then my travel partner J.P. said, out loud, “I just got that for a snack of that dirty laundry.”

So we next day we were bailed out of jail... no, just kidding of course. Actually, one of the troopers even chuckled at the joke. And then we scampered so hard that we both got bloody noses and con-

I am not joking anymore. I only got us convictions. Fine group of men, those Texas state troopers. I learned a lot on this journey. I learned to always return a “Hello” to a dirty-looking hairy man in Albuquerque at 2 a.m. I learned that Fried Okra looks just like a scallop and doesn’t taste much different, but that Slimy Okra is... well... slimy. In fact, I learned what okra is—it’s a cousin to the cotton plant (this fact was practically yelled to us by a local after J.P. suggested that we try okra as a form of zucchini).

I learned that there’s a lot to learn in America, but nothing more important than that I am damn lucky to live in a country where I can travel freely without worrying about being beat up by government police, about getting grilled about my papers every time I want to cross a border, about which group is fighting which and what battle I may get caught in if I go to the wrong place.

I saw things I had never seen before. I had never seen more stars and darkness than in the Arizona night sky, never a more magnificent desert than the New Mexico desert horizon, never a more blue sky than the blue that times the California Pacific, never more white perfection than the snows that top the mountains of Tennessee.

And I got it all for the small price of a couple hundred gallons of gas, a few hotels, some good local food, and, of course, smiling at the Texas police.

REST OF THE EDITORIAL

LOSS OF STATUS NOT A RACE-BASED DECISION

To The Editor:

A semester of ineffectiveness by former Student Government President Lloyd F. Scott, accompanied by a $3,300 telephone bill, and he believes that the color of his skin necessitated his removal from office. Before Mr. Scott stood any further scrutiny, he should consider who he wished to consult into office. Yes, it was me. Me, and the majority of my white friends who so despised your color with a need to see cows. Cows? Yes, cows. There are cows every where, and I believe that the color of the sky...-

“Are you familiar with the fact that there will be a map of the California Pacific, never...” that’s what we do. Clearly we were against you. Our services, think of customer ser-

“Sure, I want to cross a border, about which group is fighting which and what battle I may get caught in if I go to the wrong place. I got it all for the small price of a couple hundred gallons of gas, a few hotels, some good local food, and, of course, smiling at the Texas police.”

Naturally, I am upset by the

This democracy, that’s how it works. Unfortunately, you are unable to grasp this, and insist that it is an issue of color.

Lloyd Scott believes that his abuse of the Student Government office does not affect his ability to lead. Is a leader, then, exonerated from his actions, and immune to existing laws because he holds a position of authority? My upbringing has led me to believe that additional re-

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And I got it all for the small price of a couple hundred gallons of gas, a few hotels, some good local food, and, of course, smiling at the Texas police.
To the Editor:

A financial aid mess has been going on at Sacred Heart University for some time now. The thing I would like to see changed about SHU would be the way that they handle Financial Aid. The way they run that department is just unreal. They are constantly telling me that I owe them an obscene amount of money or they tell me that they are missing important documentation. I do not know if the computers are malfunctioning or what is going on in that place.

I went up to see them to get a refund I had been paid up for the fall semester and how much aid I was receiving for a while. When I went down to Student Accounts, they showed me one of the checks sent was lost or not even recorded by their office. I just do not understand how they handle those affairs.

I really do not want to go through four years of this mess. I am paying good money, so that I really do not want to go through four years of this mess. I am paying good money, so that this does not happen, but it does anyway.

Sincerely,
Matt Helm

More letters to the Editor...

SHU FEASTERS TAKE LIFE FOR GRANTED

To the Editor:

I would like to know why students at Sacred Heart University seem to think that they are not responsible for the trays that they use and messes that they make at any of their meals during the course of the day!

How many people know about the guest speaker from Yale University who was supposed to eat dinner in our Dining Hall? There were no empty tables available so the students that invited him to speak cleaned off the tables themselves. Apologizing for the messiness, one mentioned that we, at SHU, haven't grabbed on to the concept of self-bussing trays. The guest made mention to the fact that the rest of the world has.

I would like to know why students at Sacred Heart University seem to think that they are not responsible for the trays that they use and messes that they make at any of their meals during the course of the day!

How many people know about the guest speaker from Yale University who was supposed to eat dinner in our Dining Hall? There were no empty tables available so the students that invited him to speak cleaned off the tables themselves. Apologizing for the messiness, one mentioned that we, at SHU, haven't grabbed on to the concept of self-bussing trays. The guest made mention to the fact that the rest of the world has.

To learn more about how it works, write Adopt-a-Parish, Harry Hosey Director, P.O. Box 111, Old Hickory, TN 37138. Their phone number is (615) 847-8922. Send them your parish's name, address and phone number.

Twenty-seven percent of Haitian children die before age five. Seventy percent of children are malnourished! Life expectancy is 54 percent. Infant mortality rate is 123 per 1000 births. There is one doctor for every 50,000 people. They have 80 percent illiteracy, are 73 percent rural, 80 percent Catholic and their per capita income is $3 a day.

After taking care of the monthly food and/or medical needs by check, I ask please, that you if rubber basketballs wear out faster than leather ones if used only outdoors.

God bless you!

Joy Graves

Haitians becoming beyond a third world people

To the Editor:

The heroic Haitians, all 6.8 million, for years have need the poorest people in the Western Hemisphere. Since the U.N. embargo, they have become a Fourth World country!

Fr. Lawrence Bohnen began the Adopt-a-Parish program. He's been working in Haiti since 1971.

In this program, the adopting parish sends money via checks to the adopted parish, in order to buy food and/or medical supplies or what their own pastor sees as their biggest needs.

To learn more about how it works, write Adopt-a-Parish, Harry Hosey Director, P.O. Box 111, Old Hickory, TN 37138. Their phone number is (615) 847-8922. Send them your parish's name, address and phone number.

WELCOME 10:30 - 2:00
LUNCH 10:30 - 2:00
BREAKFAST 7:30 - 10:00
SNACK 7:30 - 2:00
PM SNACK 7:30 - 11:00
EVENINGS CLOSED
SATURDAY & SUNDAY
BRUNCH 10:30 - 2:00
DINNER 4:30 - 7:30
PM SNACK 7:30 - 11:00
SATURDAY & SUNDAY
SATURDAY 7:00 P.M. - 7:30 P.M.
SUNDAY CLOSED
THE DINING HALL
WILL NOW BE OPEN
MONDAY THROUGH FRIDAY
FROM 2:00 P.M. - 4:00 P.M.
FOR
DELI, GRILL, PIZZA, SALAD
AND MORE...

University of New Hampshire has put her fork in one bin, knife in another, spoon in yet another, glasses in a separate spot, plus they have to remove all the trash from their trays. If they don't? they can be fined any amount of money. Perhaps that is what we need to do...charge money to the tuition bill. Wouldn't mom and/or dad be surprised to see more money they have to pay because their son or daughter was too lazy to bus their tray.

If students go out the way they came into the Dining Hall, they would have to go by the bussing area. It takes a few minutes to get up, walk over and put their tray down. What's the big deal?

Joy Graves

FINANCIAL AID CONFUSED?

To the Editor:

I have been going to Sacred Heart University for some time now. The thing I would like to see changed about SHU would be the way that they handle Financial Aid. The way they run that department is just unreal. They are constantly telling me that I owe an obscene amount of money or they tell me that they are missing important documentation. I do not know if the computers are malfunctioning or what is going on in that place.

I went up to see them to get a signature, so I could register for spring classes, and they tell me I owe about six hundred dollars for the fall still. I could not believe this. I had been paid up for the fall for a while. When I went down to Student Accounts, they showed me how much aid I was receiving against the amount owed and I was all even. I was so scared that one of the checks sent was lost or used and not even recorded by their office. I just do not understand how they handle those affairs.

I really do not want to go through five years of this mess. I am paying good money, so that this does not happen, but it does anyway.

Sincerely,
Matt Helm

The Dining Hall
WILL NOW BE OPEN
MONDAY THROUGH FRIDAY
FROM 2:00PM - 4:00 PM
FOR
DELI, GRILL, PIZZA, SALAD
AND MORE...

The Faculty Lounge Cafe
MONDAY - FRIDAY
BREAKFAST 7:30 - 10:30
LUNCH 10:30 - 2:00
DINNER 4:30 - 7:30
PM SNACK 7:30 - 11:00
SATURDAY & SUNDAY
BRUNCH 10:30 - 2:00
DINNER 4:30 - 7:30
PM SNACK 7:30 - 11:00
SATURDAY & SUNDAY
SATURDAY 7:00 P.M. - 7:30 P.M.
SUNDAY CLOSED

The Faculty Lounge Cafe
MONDAY - FRIDAY
BREAKFAST 7:30 - 10:30
LUNCH CLOSED
DINNER 4:00 - 7:30
EVENINGS CLOSED

FOODS NOT UNABLE TO PUT HER FORK IN ONE BIN, KNIFE IN ANOTHER, SPOON IN YET ANOTHER, GLASSES IN A SEPARATE SPOT, PLUS THEY HAVE TO REMOVE ALL THE TRASH FROM THEIR TRAYS. IF THEY DON'T? THEY CAN BE FINED ANY AMOUNT OF MONEY. PERHAPS THAT IS WHAT WE NEED TO DO...CHARGE MONEY TO THE TUITION BILL. WOULDN'T MOM AND/OR DAD BE SURPRISED TO SEE MORE MONEY THEY HAVE TO PAY BECAUSE THEIR SON OR DAUGHTER WAS TOO LAZY TO BUS THEIR TRAY.

If students go out the way they came into the Dining Hall, they would have to go by the bussing area. It takes a few minutes to get up, walk over and put their tray down. What's the big deal?

Joy Graves

The Faculty Lounge Cafe
MONDAY - FRIDAY
BREAKFAST 7:30 - 10:30
LUNCH CLOSED
DINNER 4:00 - 7:30
EVENINGS CLOSED
SATURDAY & SUNDAY
SATURDAY 7:00 P.M. - 7:30 P.M.
SUNDAY CLOSED

Mary Rita Crowe (former gym teacher and retired Scout leader)

P.S. The Haitian kids' favorite American basketball players are Charles Barkley and Michael Jordan. We hope Haitian kids will grow up, at least some of them, to play pro basketball on a team in a league near your area!
**Comics Page**

**Calvin and Hobbes**

**Spectrum**

**Calvin and Hobbes**

**Peek Pressure At McDonalds...**

**The Grepl**

By Chris Bellamy

**Dave**

By David Miller

**Calvin and Hobbes**

By Bill Watterson

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**Valentines Day is Coming... $1...**

STOP BY THE SPEC-TRUM TO PLACE YOUR AD...
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<th>Sundays</th>
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Dr.’s Hours are
Tues. & Fri. 3 - 5pm in the Health Center
Being there when a friend really needs you

By Theresa Hickey
Staff Writer

Just before winter break, my roommate and I dropped her off at the hospital. She is an hysterical friend who had been coping with a destructive relationship. She, a sophomore, responded by going through periods of despair and rage where at any moment she might laugh or cry. As her friends, we tried to be as supportive as possible but we were frustrated because we did not know the best course of action. As sociable beings, humans need to have friends. These special people do not only serve as companions but as shoulders to cry on. Sometimes though friends do not have all the answers.

When she's not dealing with date rape, attempted suicide, drug or alcohol abuse and eating disorders are problems that are required. Victims who trust friends with such traumas sometimes ask them to keep a secret. This may sound harsh, but keeping quiet about these kinds of secrets could do more harm than good.

Sol Gordon, author of Is There Anything I Can Do?, says that sometimes being a friend is risk- ing the friendship. Deb Barton, director of counseling, agrees. "Helping is not ignoring the problem.

Friends need to take risks when it comes to being supportive. One such risk involves getting help for a friend in need. At St. John's, there is a counseling center where counselors have been trained to deal with certain circumstances. Debbie Bartun said that many students bring their friends to her office.

Another resource is a residential assistant. These trained assistants have received special training in methods to help people who have to deal with their problems.

"The residential assistants are not here to police the students, but to help them," says Barton. Resident students continue approaching residential assistants on their floor with their problems as well as other friends. This type of group support is comforting and allows the best solution to result.

Sometimes being a responsible friend requires risking the relationship in order to help pals in a crisis.

By Gina Norelli
Staff Writer

If you were to see Shinobu Yamaguchi browsing through items at the Trumbull Shopping Park, you probably wouldn't be surprised. She loves to spend her free time taking in a bit of American culture which only recently has become a major part of her life.

Perhaps a major reason that she loves to shop in the U.S.A. is because things are much cheaper here in her homeland of Japan.

"In Japan everything is very expensive. Eighteen dollars to see a movie, a hundred and sixty dollars to buy a movie. Pencils are two dollars," says Shinobu.

Shinobu is one of about forty Japanese exchange students currently at Sacred Heart University, but she is the only one who is currently attending all women's college called Fukuoka Johakun in Fukuoka, Japan.

At twenty year old sophomore, Shinobu has short, straight black hair often tied back with a pony tail holder. Her clear, porcelain skin and dark brown eyes complement her face. What she wears depends on what clothes she chooses to put on; sometimes she wears Japanese outfits, other times she wears her clothes she bought in the United States.

The first two characteristics someone might notice about Shinobu upon meeting her is her sweet personality and innocent, unassuming aura. Her impressive grasp of the English language and the size of her vocabulary may also get attention. She easily puts others at ease and is eager to talk to friends as well as people she does not know well.

A friend describes her as "a fun, enthusiastic young person who is always willing to learn." Shinobu feels Japan differs greatly from the United States in many aspects. She says, "In Japan, men are considered higher. They have more power. Women have to obey and they are shy. Here, men and women are on the same level."

One of the first differences she noticed about life in the United States was when Americans take showers.

"In Japan, most people take a shower at night. Here they take showers in the morning. I was surprised," says Shinobu.

An amusing difference between Japanese and American culture is the comparison of how food such as apples are eaten. The Japanese do not just pick up an apple and eat it as we do.

Instead the apples go through careful preparation. They are peeled, cut twice, the seeds are taken out, they are cut again, cooked, then eaten. "I couldn't help but laugh as Shinobu drew a careful diagram of the exact way that apple is cut, not forgetting a single step."

The Japanese alphabets differ greatly from the Roman letter alphabet. Instead of having one alphabet, the Japanese use three. The first and second alphabets, called kanji and hiragana, have about fifty characters each. The third, called katakana, has more letters than can be counted.

Shinobu describes how she first entered the states was facing potential discrimination towards her from Americans. For example, a Japanese friend of hers was in an elevator in West Hall and an American guy shouted at her for being Asian.

Shinobu does not let the ignorance upset her. "I thought it was stupid. In my mind, I heard that. Some people look at the Japanese, find them funny, but that's okay," she says. "I don't care right now. My roommate, an American, cheers me up."

Shinobu was devastated when she learned about the recent earthquake in Japan which claimed numerous lives of fellow citizens. She had just returned to school from her Christmas vacation when the earthquake struck. She heard about it while watching the news on television.

"I wanted to go back to Japan because I wanted to know more information about it. It is very terrible...unbelievable," she says.

Luckily, the earthquake occurred far away from her city of Fukuoka. Her parents called her immediately to tell her that they were okay. Shinobu has friends living in the vicinity of the earthquake and although she does not know if they survived, she remains optimistic that they are still alive.

Shinobu's family consists of her parents Masaharu and Suzuka, who own a store, and her older sister Masumi, a kindergarten teacher. Her pets are three beautiful cats named Sherry, Pentan and Mikkan (which means orange in Japanese).

She also has a boyfriend, Damian from New York that she met in Japan. She describes meeting him, "I was at a disco and we were dancing. He talked to me first, then we met at a club." "I miss him very much," she adds.

Damian, currently in the Navy, is in Japan until May and then will return to New York. Shinobu looks forward to seeing him again.

Most people can only imagine what it feels like to be so far away from home, living in a foreign environment, faced with the daily challenge of communicating in a different language with those of a different culture.

Such a venture can only be taken very slowly and there is no doubt that Shinobu Yamaguchi is braver than the average person.

"When I came back to the States, I was homesick. I missed my cats. Now I'm okay." Shinobu plans to get her associate in English degree from Sacred Heart and then return to Japan in 1996 to earn her bachelor's degree. She already has a clear view of what she wants to do in the future. "If I stay in Japan, I want to be a broadcaster. If I stay in the United States, I want to be a Japanese teacher."

Shinobu describes how she likes it here. "I like it here!" Brown

The role of a true friend is a hard one to play. Sometimes being a responsible friend requires risking the relationship in order to help pals in a crisis.
S.T.A.R. program successfully takes off

By Joe Collett
Contributing Writer

Students Taking An Active Role, or the S.T.A.R. program, will be starting up again on Feb. 8. This eight week program is headed by director of Student Activities Denise Sutphin.

S.T.A.R., Sacred Heart's leadership and development program, offered for the past four years by Student Activities during the spring semester, has grown from 30 participants to an expected number of 50 this year.

Building self confidence, motivation, conflict resolution, leadership and communication skills are the basic goals of this program.

"I basically want students to interact with each other in all areas of life," states Sutphin.

To enter the S.T.A.R. program, all a student has to do is sign up. There is no G.P.A. requirement. Sutphin says that the student’s G.P.A. should rise after this program, and that the program is only here for the students' benefit.

Another coordinator of the program, Al Precourt, believes that the S.T.A.R. program can expand a student’s abilities. “Abilities that weren’t there before, or that were just not used could be expanded and strengthened,” he adds.

S.T.A.R.’s hour-long sessions meet once a week for eight weeks. During each session students are broken up into groups with a faculty member leading each group. Whatever the topic is for the week, ideas are discussed in a workshop atmosphere within the group. Input is received at both ends.

Proof of this program’s success can be seen when meeting former participants. Senior criminal justice major Maria Puopolo experienced very positive results.

"I think that I am better able to deal with problems and conflicts with other people because of the improvement of my communication skills," she says.

The S.T.A.R. program includes students from all backgrounds and all around the country. Getting them to talk and learn from each other is the beginning point for the other skills that develop later.

Council of Clubs and Organizations

The C.C.O. is having a meeting on Tuesday, Feb. 7 at 1:45 p.m. in N 201. All club representatives please attend.

Quilt for A.I.D.S. project

A group of students and faculty who make quilts for people with A.I.D.S. now meets Tuesdays at 7:30 p.m. in the West Hall Great Room. For more information, please contact Dr. Marian Calabrese in the English Department or Robyn Ferguson in the Student Government office.

Revival of Polish Club

There is a meeting on Wednesday, Feb. 8 at 5:30 p.m. in N 103-A about reviving the Polish Club at SHU. The club is open to full time and part time students who appreciate Polish culture. For more information, please contact Bob Katarsky at X4316.

Campus Ministry cookie sale

Campus Ministry members working with Girl Scouts are taking sale orders for cookies between 3 and 5 p.m. tomorrow in the Residence Halls. Boxes are $3.00 each. Money must be given with order.

Join this out!

FEBRUARY 7TH AND 8TH
From 11:00 am to 3 pm
Outside the Faculty Lounge

$10.00 Deposit!!!
TAKE ADVANTAGE OF OUR $39.00 PER MONTH CREDIT CARD PLAN!!

Don’t miss out on these offers!!

New men’s rings featuring Athletic Panels!!

New women’s designs!!

$40 OFF ALL 10K GOLD

$80 OFF 14K GOLD

$150 OFF 18K GOLD
New spunk in hardcore funk

By Jonathan McCarthy
Associate Editor

Over the past couple of years, there have been many arguments over what is alternative, what is pop music and what is good. Throughout the changing times, one genre has managed to stay true to form: Hardcore. This genre successfully expanded to include hip-hop and its origins can be traced back to early punk. The Spudmonsters, a unique hardcore band that incorporates experimental sounds and unique techniques, are defiantly expanding the horizon of the genre.

First featured on a compilation by Metal Blade Records, The Spudmonsters quickly built up an underground fan base and also became known as one of the most outrageous live acts. They were finally signed in 1992 by Massacre Records and Stop The Madness, a 26 track Digipak, is their first release.

The album includes a cover of "Ace Of Spades" by Motorhead which features Billy Graziadei and Evan Seinfeld of Biohazard as well as Bobby Gustafson, formerly of Overkill. Other highlights of the Digipak is a hip-hop version of the title track "Stop The Madness," which features a Cypress Hill type loop backed with funky bass and the lyrics of Don Frose. Other highlights include "Garbage Day," "Repo Man," influenced by the movie of the same name, and "Preppy Peckemecks."

What The Spudmonsters lack in talent they make up for with experimentation. It is rare to find a hardcore band willing to try just about anything. Bassist Steve Swanson and drummer Eric Matthews seem at some time inseparable.

Look for The Spudmonsters in upcoming months as they tour with hardcore heavyweights Overdose and Skrew and then later this year as a part of the New Titans On The Block Tour. A new full length album No Guarantees is due out in March.

SHU art faculty to display talent

By Bethany Treffs
Contributing Writer

The Gallery of Contemporary Art at Sacred Heart University will be sponsoring a Faculty Art Exhibition Feb. 5 through Mar. 2, with an opening reception at the gallery Mon., Feb. 6 from 4-7 p.m.

The exhibition will include an assortment of works from several faculty members of the Sacred Heart Art Department, including Ruth Baxter, Diana Browne, Jack de Graffenreid, Steven DiGiovanni, Ted Gutswa, Janet Luongo, Judith Randall and Virginia Zie.

Luongo, guest lecturer for this event, will deliver an interpretive reading of her recently completed novel Dreaming For My Life on Wed., Feb. 8 at 7 p.m.

"I wish we could entice a lot of students to come in and look at the works of the faculty," said Sophia Gevas, director of the gallery. Gevas remarked that "sometimes the gallery intimidates people," causing students to shy away from many exhibits.

"By holding the opening on Monday night, the gallery hopes to include more of the University community," she added.

Assistant professor of art Jack de Graffenreid feels that it is "important for students to see what the faculty is doing." A creator of works that he hopes "make people think," de Graffenreid encourages students to view the exhibition. He stressed the importance of "diversification" in students' interests, citing art as a good medium for discovering and expressing various messages and emotions.

Senior Patrick Sullivan, president of the Art Club, believes the Faculty Art Exhibition is a "good way to show off the department."

"Giving students an opportunity to examine the various styles and techniques of the instructors at Sacred Heart may help stir up a more broadened interest in art," Sullivan said.

According to Virginia Zie, professor of art, the Faculty Art Exhibition promises to treat viewers to an array of artistic creations that will surprise not only the students, but other art department faculty members.

"The works are new to the faculty as well as to the students," said Zie. Faculty members are often unaware of extra-curricular projects within the department, she explained.
Diverse season for Theatre

The Sacred Heart Theatre has several productions and concerts planned for the spring semester. The first is a musical review, "Side By Side By Sondheim." The Sondheim revue opened Jan. 27 at the Sacred Heart Theatre. The show features hits from such Broadway musicals as "Fiddler on the Roof," "West Side Story," "Everything's Coming Up Roses," and "Let Us Entertain You." The Sondheim revue runs for three more performances, Feb. 3 through 5. The show features hits from such Sondheim revues as "Merrily We Roll Along," "Assassins," and "Sunday in the Park with George." The show runs through Feb. 19.

The Sacred Heart Theatre also presents a plethora of roles ranging from Quixote in "Man of La Mancha," to Proteus in "A Funny Thing Happened On the Way to the Forum," to Captain Hook in "Peter Pan." The Sacred Heart Theatre promises to be as rich and diverse as it is entertaining. Based on past selections presented by the Center for the Arts this semester's shows should be a disappointment to no one. For tickets and more information on any of these shows, contact the Theatre Box Office at 374-2777.

Audiences Speechless

By Melissa Bruno

Although there are several love stories that just opened in the movie theatres, there is one out there that has snagged around a little longer. It's the story of two very different people who find love can endure all.

Speechless, starring Geena Davis (Thelma and Louise) and Michael Keaton (Batman), closely resembles the true-life story of the 1992 Presidential campaign love affair between Mary Matalin and James Carville. Both Davis and Keaton are speechwriters in a campaign. The problem is that the opposition. They continue their affair, with the task of keeping their professional life quiet.

This becomes quite a problem, since they find comfort and solace in each other amidst a hectic campaign. Each cares about the other, but can they trust each other? They ask themselves this question more than once. Although the plot is a bit weak, the acting makes up for it. Davis and Keaton seem an unlikely pair, but they work well together. Their big revelation scene is one of the best in the movie.

Adding to the chaos is Keaton's ex-wife, who he is working with, and Davis' ex-flame, who gets a job working on her campaign staff to get her back. Bonnie Bedalia and Christopher Reeves portray the ex' with finesse. Too bad that writer Rob Reiner didn't give them more to say or do. They end up lost in the political shuffle.

Basically, the movie is a typical love story with a twist. There are great fight scenes, as well as great love scenes. Davis and Keaton seem to have had a good time making this film, and the viewer should have just as good a time watching it. A must see for couples who don't always see eye-to-eye.

The movie was directed by Ron Underwood and produced by Renny Harlin and Geena Davis.

A & E Briefs

Compiled by Melissa Bruno

Death Defying Acts in Stamford

Opening on Feb. 7 at the Rich Forum in Stamford, "Death Defying Acts," is the world premiere of a documentary film, short plays by Woody Allen, David Mamet and Elaine May. Each deals with the topic of morality with a twist. The show runs through Feb. 19. Showtimes are Tues. through Fri. at 8 p.m., Sat. at 3 & 8:30 p.m. and Sun. at 3 & 7:30 p.m.

Tickets are $50, $45, $40 and $35 and are available at the Box Office, (203) 325-4466.

Kathleen Battle performs at Palace Theatre

In celebration of Black History Month, renowned vocalist Kathleen Battle will perform at the Palace Theatre in Stamford on Wed., Feb. 8 at 8 p.m. "An Evening with Kathleen Battle Performing Spirituals and the Music of Duke Ellington" will also feature Cyrus Chestnut, James Carter and Ira Coleman.

Tickets are $100, $65, $50 and $35. They are available at the Box Office, (203) 325-4466.

Area Hot Spots

The Globe, Norwalk
Sat., Feb. 4 - Helmet, all ages
Rockwell's, Bpt.
College/Ladies Night - Thursdays
Renaissance, Westport
Prize giveaways - Thursdays
The Frog Pond, Stratford
College Night - Tuesdays
Women: Continued from page 16

would walk away the losers, after putting in a hard nights work. It's hard to blame officials for losing a game, but in crunch time the refs had no trouble finding their whistles as they would use it all up for 17 points. The refs had no trouble finding their whistles, missing what seemed like a marathon three to two and isolated into four-way matches that determined the distribution of fifty bonus points for each team defeated. The team averaged an impressive 191. A team high game of 1029 also contributed to a record breaking outing for the ladies. Jen Swanson averaged 208 with a high game of 279. Alyssa Foster averaged 193 scoring a high set of 642. The women traveled to two back-to-back tournaments over the break. They fought their way to the top of the standings several times during the Atlantic City Invitational. In the end they were sixth in a field of twenty-five. All of the teams that finished ahead of SHU, including Eric C.C., Indiana State and Morehead State were ranked in the top ten of this year's IBM power ranking where the ladies placed seventeenth. A high series of the year, 1940, was rolled in Atlantic City and Jen Swanson averaged 194.

Women bowlers ranked 17th in the nation

Cori Waldheim
Staff Writer

The women of the Sacred Heart bowling team have the potential to pummel the competition from all over the continental United States, but in the past few weeks they have been faced with numerous problems including: student interest, finances, eligibility, injuries and academic excursions. These hindrances have left the women with a squad numbering five.

Over the past few months the ladies of this close knit group have been competing in locations including St. Louis, Rhode Island, New Jersey and Pennsylvania. The first required the team to fly to St. Louis, Missouri where they competed against thirty-two of the nation's best in the National Collegiate Match Games. The format consisted of nine matches bowled in a two day span. The scoring was broken down from thirty-two teams and isolated into four-way matches that determined the distribution of fifty bonus points for each team defeated. The team averaged an impressive 191. A team high game of 1029 also contributed to a record breaking outing for the ladies. Jen Swanson averaged 208 with a high game of 279. Alyssa Foster averaged 193 scoring a high set of 642. The women traveled to two back-to-back tournaments over the break. They fought their way to the top of the standings several times during the Atlantic City Invitational. In the end they were sixth in a field of twenty-five. All of the teams that finished ahead of SHU, including Eric C.C., Indiana State and Morehead State were ranked in the top ten of this year's IBM power ranking where the ladies placed seventeenth. A high series of the year, 1940, was rolled in Atlantic City and Jen Swanson averaged 194.

Keglers second in the Classic Division

Cori Waldheim
Staff Writer

While Connecticut hasn't seen more than a few inches of snow all winter, Minnesota and by a simple twist of fate the men of the Sacred Heart bowling team found themselves trenching through it after the biggest tournament of the year. This deuter happened during a layover on their flight home from the National Collegiate Team Match Games in St. Louis, Missouri.

The qualifier included 64 of the top men's teams in the nation. The SHU bowlers finished in eleventh behind neighbors St. John's and Bryant College. Junior Chad Autore held the team high average of 227 for eleven games and was followed by Mike Morrissey(221), Joe Tomko(214), Mark Taylor(211) and Chris Pepice(211). Mr. Pepice also threw a perfect game of 300 at the match.

The men's A team finished in sixth place out of 40 or more teams. Chris Mauro averaged 210 for the squad.

In the Turnersville Brunswick Showdown the men were third after three games and ended up just missing the cut. Chris Pepice and Chad Autore topped the A-team for average. With Soup Campbell rolling a 699 series including a high game of 276.

The men's B team was led by Joe Tomko and Rob Califano.

While this past week the men competed at their home house of Circle Lanes at the second to last installment of the Intercollegiate Conference Tournament. The latest standings have the men in the Metro Division in first place leading Bryant and St. John's. The guys in the Classic Division are just points out of first behind St. John's.

The Conference finals will be held in Syosset, NY next weekend where the men will hopefully clinch both divisions.
Sports Schedule

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Icemen drop two

SHU hockey team captain John Yackmack takes a breather in a recent game. Yackmack had a goal and assist in SHU's 6-2 loss to Skidmore on Sunday.

The Pioneer hockey team has been having a rough time lately. They've lost their last two games and with a tough New Hampshire College team coming this weekend things could get worse.

The first game, against Norwich, ended with a score of 6-3. The first period finished with no score. All of SHU's goals were scored in the second period. The first goal, was scored at 5:15 by Anthony Kowalski and assisted by Brian Riva and Silvestro. Norwich scored their two more goals in the third period, defeating SHU. Goalie Bill Sawyer had a good game recording twenty four saves.

On Sunday, the team traveled up to Skidmore, NY. They lost to them for the second time this season, with a score of 6-2. Aaron Feust scored a goal, assisted by Tony Yackmack and Brian Riva. Yackmack also had a goal in the game, assisted by Brian Riva and John Chepren.

Goalie Art DeGaetano played most of the first period. He had 18 saves. With 4:33 left in the first, Bill Sawyer took over the goal tending chores. He had a phenomenal 41 saves in the game. Defenseman Chris Baker commented on the team's efforts lately referring to the team as a "Night and day team." He feels when they play really well, they are one of the best teams in the league, but when they are bad, they are really bad.

This weekend, SHU meets up with New Hampshire College at Milford on Saturday. SHU has never played this team before.

On Sunday night, the team once again meets up with the Fairleigh Stags. They lost to them in their first meeting of the season, but if last year's pattern holds true, this time will be different. Transportation is available through the Activities office.

Yack delivers on and off the ice

Kevin Carroll
Assistant Sports Editor

The SHU Pioneer ice hockey team is off to a start on their second season and though still in its infancy the program shows a lot of promise.

One player who consistently plays his heart out every game is Captain John Yackmack. From Kittanning, Pa. Yackmack's hockey hero while growing up was Troy Ison who played for the Pittsburgh Penguins. Yackmack played high school hockey at Armstrong Central, where he was captain as well. He then moved on to prep school at Avon Old Farms where ex-coach Peter Downey saw him play and recruited him.

"I came to Sacred Heart because of Downey. I knew he was a good coach," said Yackmack. "But Coach Glynn and I still have the same coach to captain relationship and I get along well with him.

This year's team seems to be coming together better and play better. I hope to help Yackmack and the rest of the icemen.

"It is a lot easier playing this year because the players are more comfortable with each other. One year really makes a difference."

Kevin Carroll

A psychology major Yackmack hopes to continue to play hockey as long as he can. If not however he would like to always stay in a field related to hockey, such as sports psychology. He currently holds a 3.0 GPA and plays for theethyl Penguins. Yackmack has gone up for Yackmack and the rest of the icemen.

"I came to Sacred Heart because of Downey. I knew he was a good coach," said Yackmack. "He told me he wanted me to help him build the program at SHU."

In the first year Yackmack was selected captain and was named The ECAC South Rookie of the Year. That year Yackmack scored 9 goals during the season as well as having a team high 15 assists for a total of 24 points. He also had Sacred Heart's single game record of four assists.

"Game in and Game out he (Yackmack) gives it his all," said Chris O'Brien a second year defenseman from Gloucester, Ma.

In year two, however, Downey is gone and coach John Glynn has taken over. "It was tough to lose Downey. After all, he was the one who brought me here," explains Yackmack. "But Coach Glynn and I still have the same coach to captain relationship and I get along well with him.

This year's team seems to be coming together better and play better. I hope to help Yackmack and the rest of the icemen.

"It is a lot easier playing this year because the players are more comfortable with each other. One year really makes a difference."

Kevin Carroll

February 2, 1995

SHU Spectrum - 15
Pioneer spiker Paul Uhranawski goes up for the kill against the Macchia look on in a preseason practice. The hard work has paid off, as the spikers carry a 4-0 record into Ramapo tonight.

The Pioneers face off with the LeMoyne College this Sunday in the SHUbox at 4 p.m. College basketball may just be the most unpredictable sport in the NCAA. After a disappointing season last year, things looked bleak for the Pioneers this season. A fast start seemed to put last year's season behind the cagers, but now the team faces a uphill battle to obtain a home play-off berth.

Earlier in the season the Pioneers fell to LeMoyne by six markers. For the Pioneers to turn the tables on LeMoyne, they must stop the scoring of guard Mike Monassano. Monassano is averaging 24 points a game with guard Adam Stockwell is putting in 18.

Last year the Pioneers posted a disappointing 11 and 16 season. This season they find themselves at respectable 8 and 8 overall, but are only 2 and 6 in the NECC.

"We have put ourselves in a hole as far as the conference play-offs are concerned," noted sophomore guard Joe Doyle.

Lady hoopsters bring electricity to the gym

Matt Bronson
Staff Writer

Deadline Wednesday January 25, 1995. The place: "The SHUbox." The story, the school at the end of Park Ave., The University of Bridgeport, is visiting for a game of roundball against our Lady Pioneers. The stage was set for a big game between these two conference rivals.

From a fans perspective it was a good game to watch, both teams were playing hard throughout the entire game, but in every game one team has to win and the other walks away a loser.

Beth Huber had the hot hand again for SHU as she managed to hit for 19, shooting over 50% from the floor. Denise Schatz looked like she watched a Kevin McChale highlight film as she played a good game down in the paint, dropping in a dozen points, and pulling down 7 boards. Sarah Solinsky put in a good showing against her old school netting 8 points and handling out 6 assists, not to mention an elbow or two.

But on this night the Pioneers need to come out and played with intensity, on our level,

What’s next for the team? On Tuesday, they faced City College of New York in Manhattan. SHU won 3-0, 15-9, 15-10 and 15-13. The next game is tonight at Ramapo College in New Jersey.

"We have to win six of our next eight conference games to even think about hosting a first round conference play-off game."

Guard Johnny Burke and captain Mike Kimee are Doyle this Sunday in the SHUbox at 4 p.m. The Pioneers face LeMoyne, who out rebounded the Pioneers, 42-36. Johnson continues to be the Pioneers' man, ending the week with 20 points against Bridgeport and 21 against New Hampshire (both Pioneers losses). Burke and Brian Johnson should be able to dominate the interior for the Pioneers, something they couldn’t do against the University of Bridgeport, who out rebounded the Pioneers, 42-36.

Johnson continues to be the most unpredictable sport in the NCAA. After a disappointing season last year, things looked bleak for the Pioneers this season. A fast start seemed to put last year's season behind the cagers, but now the team faces a uphill battle to obtain a home play-off berth.

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"We have put ourselves in a hole as far as the conference play-offs are concerned," noted sophomore guard Joe Doyle.

Men's basketball must come up big

By Melissa Bruno
A & E Editor

We came out and played with intensity, on our level,

The outlook for the upcoming games was summed up by sophomore weak side hitter Matt Pendleton, who said, "Last year's loss to Ramapo was a disappointment but we are looking to redeem ourselves, and we'd like to continue our winning ways against Jersey City."