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## Co-Editors
- Maria Granata
- Andree Moran

## Staff Members
- Kate Karl
- Katy Voldstad
- Lisa Gabriel
- Adrienne Meyer
- Diana Gentile
- Diane Heybruck
- Greg Izzo
- Patty Mastronardi
- Luciana Mastronardi
- Stacy Lorenti
- Danny D'Amato

## Photographers
- Joe Karl
- Chris Roberts
- Tony Giugliano
- Joe Morgado

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**Prologue 1986**

Sacred Heart University
Fairfield, Connecticut
Sacred Heart students are far from ordinary. So an ordinary day at SHU would be considered quite un-ordinary by most. There’s more pizzazz, more intensity, more joy packed into one day at Sacred Heart than most people fit into a year. An ordinary day at SHU consists of studies, games and, most importantly, people. Energetic people who relate, direct, and laugh together to turn the ordinary into the EXTRAordinary.
Climbing to the top with SHU
Everybody has to start somewhere. For most of us that means a trip to the bottom step. Slowly but surely we make our way up each step, stopping occasionally for life's little necessities — food, sleep, and parties. Along the route of our quest to the top we meet the most fascinating people. We study with biology majors, we dance with exciting couples, we do maneuvers with old friends. The trip has its ups and downs, good times and bad. But it all seems worth it when our goal comes into view. A diploma, a championship, a special friend will make any struggles fade. Thanks to Sacred Heart our futures shine the brightest.
Spirit is something that SHU will never lack. It's so strong that you can't help but get caught up in it. If you should ever find yourself sitting alone, it's a sure bet you won't be that way for long. Spirited people seek out others and then the fun begins. Students, teachers, and alumni all come together and a spirit is born that's so alive you can feel it. Not to be denied, the spirit of SHU creeps into your veins until it becomes impossible to hold back any more. All around you the air will be vibrating with the fever of Sacred Heart people and suddenly you're a part of it. Once you've experienced the spirit of SHU all else will pale in comparison.
Some people will go to extremes to get the highest quality. They will travel around the world and pay top dollar in search of it. An easier way might be to just go to Sacred Heart. Nowhere else will such quality time and people be found. SHU’s reputation draws in the new and keeps the regulars coming back for more. It offers distinctive outings and lavish galas sure to stick in your mind for their high rate of quality. Because it’s got so many people who care, SHU is the only place you need to visit if you’re looking for high quality living.
Sacred Heart students bring a special touch to everything they do. In or out of school the SHU touch is one of great power. It brings people together and creates friendships that last long into the future. It makes basketballs swish through hoops and programs flow from computers. The SHU touch reaches out to everyone associated with Sacred Heart and makes them an important part of the community. It is contagious, going from person to person with the touch of a hand, a word of appreciation, a hug. It's easy to see — just look around Sacred Heart. Wherever people are gathered together the SHU touch is in action. Just look at the smiles!
The word classic is one we use to signify an original. The campus at Sacred Heart is full of originals. Every so often you’re looking through the crowd and your eyes settle on someone who has rejected the humdrum idea of careful conformity. This is someone who stands out in a crowd but is not afraid to stand alone. It is someone who breaks the ordinary mold and goes on to create a unique new one. This is someone you won’t be able to forget easily. This someone must go to Sacred Heart. Innovative people go to Innovative schools — Shu is one of them.
After Hours at the Heart
If you think a day at Sacred Heart is exciting you should see it after hours! No matter what the time, day or season, Sacred Heart is in a state of constant activity. We dedicate our after hours to fun and relaxation. Video games, basketball away trips and romance are all activities that fill our free time. After hours are a special time at Sacred Heart because everyone works so hard during the day. The breaks we get are well deserved and SHU students have a special talent for making the most of their free time. Give us a weekend and we'll give you enough fun to fill a lifetime!
The prologue staff proudly dedicates the 1986 yearbook to Coach Dave Bike, and the first time New England NCAA Champions of Sacred Heart University.
Hard work, dedication, team work, determination, character, discipline, more hard work, and a little bit of luck. That was the formula for success for the Sacred Heart University Pioneer Basketball Team, the 1986 National Champions of Division II College Basketball.

For all of the students, alumni, faculty, administration, and fans who follow Sacred Heart basketball, it will be a year always remembered. For it is this team which captured our hearts from game one and brought New England and Sacred Heart its first NCAA National Championship.

It was the culmination of years of effort for head coach Dave Bike. This modest gentleman had quietly assembled a tremendous team that not only was able to win on the court, but won in the classroom. And that is no easy feat. Consider the difficulty in recruiting good ball players when other schools can offer dormitories and field houses. Most ball players dream about playing in the Carrier Dome, Rupp Arena, or Madison Square Garden, but in the SHU BOX? Yet against these odds, Coach Bike, along with his right hand man, Bob Jenkins, sold Sacred Heart University to a group of athletes, and the rest, as they say, is history.

For the team captains, Roger Younger and Joe Jackson, it was a fitting climax to four years of stellar play. Neither were heavily recruited, but both believed in their abilities, and it was this ingredient that made them winners. Younger was a First team All-American and led the pioneers in scoring, free-throw shooting, and assists. Jackson, a walk-on his freshman year, was the first man off the bench, and made a tremendous contribution with his timely scoring and impressive defense, and clutch play. As captains, they led by example both on and off the hard wood. Their leadership and confidence was contagious, and made believers out of the entire squad.

Everyone contributed to the success of the team. There was Kevin Stevens, who played with an injury that would have sidelined most players for the year. Travis Smith rose to the occasion in post-season play. Tony (E-Z) Judkins, who did more than anyone (except himself) expected as a freshman. Keith Johnson, who, after a year layoff, always seemed to be in the right place at the right time. There was the bench: Keith Rado, Jim Regis, Eddie Jurin, Keith Catling, Howie White, all who filled in well when called upon.

The 1986 Pioneers set an example for all of us. Through hard work and persistence, they achieved their ultimate goal to prove that if you strive to be number one, never give up on yourself, and always give your best, you just might make it to the top.

For this reason we proudly dedicate this yearbook to the men who have made the entire Sacred Heart family extremely happy.
“Yes, we carry everything within us, God and Heaven and Hell and Earth and Life and Death and all of history. The externals are simply so many props; everything we need is within us. And we have to take everything that comes: the bad with the good, which does not mean we cannot devote our life to curing the bad. But we must know what motives inspire our struggle and we must begin with ourselves, every day anew.”

AN INTERRUPTED LIFE — The Diaries of Etty Hillesum
In Memorium

Students
Osvaldo Suarez-Torres
Evangeline Fernandes

Faculty/Staff
Dr. Kenneth Stein
Doris Furze

Trustees
Donald McGannan
Alexander Hawley
Martin McDermott